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# Phytoplankton lysis predicts dissolved organic carbon release in marine plankton communities

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Abstract. The relationship between the percent extracellular carbon release (PER) and the specific lysis rates of phytoplankton was examined across a range of communities spanning from highly oligotrophic ones in the subtropical Atlantic Ocean to productive ones in the N. African upwelling and the Southern Ocean. Communities in oligotrophic waters supported high phytoplankton cell lysis rates and low particulate primary production rates but high dissolved primary production and PER. The percent extracellular carbon released increased with increasing lysis rates to reach an asymptote at about 80% PER with specific lysis rates  $> 1.5 d^{-1}$ , observed in the most oligotrophic conditions tested. These results confirm that high phytoplankton mortality in the oligotrophic ocean leads to high PER, accounting for the large fraction of the photosynthetic carbon channelled through bacteria characteristic of oligotrophic marine communities.

## 1 Introduction

Reconciling high bacteria carbon use with estimates of primary production and carbon flow from phytoplankton has remained a challenge for over two decades, particularly for the oligotrophic ocean (Williams, 1984; del Giorgio et al., 1997; del Giorgio and Duarte, 2002). A high flux of phytoplankton carbon through bacteria in oligotrophic waters requires the release of much of phytoplankton production in dissolved form, as supported by reports of high release of dissolved organic carbon in the oligotrophic ocean (Karl et al., 1998; Teira et al., 2001; Morán et al., 2002). A number of factors contribute to DOC release from phytoplankton (Myklestad, 2000), including excretion of DOC (Sharp, 1977), sloppy feeding by zooplankton (Møller et al., 2003), and cell lysis due to viral infections (Wilhelm and Suttle, 1999) or senescence (Myklestad, 2000).

Reports of high dissolved organic carbon release by phytoplankton in the 1980s raised concerns as to the possible role of experimental artefacts in accounting for this observation, as healthy phytoplankton cells, assumed to prevail in natural communities, could not possibly release in dissolved form such high fractions of their primary production (Sharp, 1977). Yet, progress in assessing the status of phytoplankton cells using vital stains has demonstrated a prevalence of dead and decaying cells (e.g. Agustí and Sánchez, 2002; Alonso-Laita and Agustí, 2006; Hayakawa et al., 2008), conducive to high phytoplankton cell lysis and mortality rates in oligotrophic waters (Agustí et al., 1998, 2001; Agustí, 2004; Hayakawa et al., 2008). In contrast, phytoplankton communities in productive ocean regions are characterized by higher cell viability (Alonso-Laita and Agustí, 2006). Hence, high phytoplankton cell mortality and subsequent lysis could account for the high relative dissolved primary production often observed in the oligotrophic ocean compared to more productive waters (Teira et al., 2001; Morán et al., 2002), as suggested by Agustí et al. (1998, 2001). However, the relationship between dissolved primary production and cell lysis rates has not yet been tested.

Here we examine the relationship between the percent extracellular release of dissolved organic carbon and specific phytoplankton cell lysis rates. We examined this relationship across a range of communities spanning from highly oligotrophic ones in the subtropical Atlantic Ocean to productive ones in the NW African upwelling region and the Southern Ocean.

### 2 Methods

Concurrent measurements of dissolved and particulate primary production and cell lysis rates were carried out during two oceanographic cruises on board R/V *Hespérides*: (1) the COCA-2 cruise (19 May–14 June 2003), occupying the transition zone between the northeast coastal upwelling of Africa and the oceanic waters of the North Atlantic at 26° W, where measurements were conducted in a total of 8 stations spanning from highly oligotrophic waters in the subtropical Atlantic gyre to highly productive ones at the N. African coastal upwelling; and (2) the ICEPOS 2005 cruise conducted on board R/V *Hespérides* (2 to 21 February 2006), where measurements were conducted in waters encompassing moderately to highly productive waters along the Antarctic Peninsula.

The measurements were conducted using surface (5 m depth) communities, sampled using 12 L GO-FLO-like Niskin bottles (i.e. with external closing mechanisms) attached to a Rosette sampling system. Dissolved and particulate production were quantified using <sup>14</sup>C additions (Steeman-Nielsen, 1952). Two dark and two light 125 mL polycarbonate bottles were filled and inoculated with different amounts of NaH<sup>14</sup>CO<sub>3</sub> (range 10 to 80  $\mu$ Ci) depending on the productivity of the waters. The bottles were incubated for 6 h on deck at in situ temperature in a controlled-temperature bath and using neutral screens to adjust for in situ irradiance.

After the incubation period, sample bottles were placed in dark plastic bags until filtration. Two aliquots of 5 mL were sampled and placed in 20 mL scintillation vials for determination of total labelled organic carbon (TOC). Liquid samples (TOC) were acidified with 100 µL of HCl 10 % and were shaken overnight. Then 20 mL of Packard Ultima Gold XR scintillation cocktail were added. The remaining volume of the original sample was filtered through 0.22 µm cellulose membrane filters for determination of the total labelled organic carbon (POC >  $0.22 \,\mu$ m) retained in the filters, as use of glass fibre filters has been reported to overestimate particulate primary production (Karl et al., 1998). Ideally, this fraction is expected to include all photosynthetically produced particulate organic carbon contained in algal biomass plus the bacterial POC (particle organic carbon) resulting from bacterial uptake of DOC released by algae as well as any bacterial biomass ingested by micrograzers. Filters were fumed with concentrated HCl (37%) to remove inorganic carbon for a minimum of 12 h before addition of 10 mL of Packard Ultima Gold XR scintillation cocktail. Radioactivity was measured after 24 h on board in a EG&G/WALLAC 1414-001 winspectral liquid scintillation counter.

Samples of 200 mL were filtered through Whatman GF/F filters to estimate total chlorophyll *a* concentration (chl *a*). Chl *a* was measured fluorometrically using a Turner Designs fluorometer, in 90% acetone extracts of filters preserved frozen following Parsons et al. (1984).

Specific phytoplankton cell lysis rates were estimated from the quantification of the dissolved esterase activity (DEA), measured in triplicate using the spectrofluorometric technique described by van Boekel et al. (1992) as modified by Agustí et al. (1998) and Agustí and Duarte (2000). In short, 5 mL water samples were filtered through a 0.45 µm Millipore Millex filter, and 50 µL of Ethylenediaminetetraacetic acid (EDTA) and 50 µL of fluorescein diacetate (FDA, Sigma Chemical) were added to the samples (to a final concentration of 0.02 and 0.2 mM, respectively) and mixed in a vortex mixer. After incubating the samples for 1 h at 20 °C, the fluorescence emission was measured immediately in a Shimadzu RF-5000 spectrofluorometer at 451 and 510 nm excitation and emission (10 nm bandwidth) wavelengths, respectively. Fluorescein production (nmol fluorescein liter<sup>-1</sup> h<sup>-1</sup>) was calculated using a standard calibration curve obtained by measuring the fluorescence of a range of fluorescein (Sigma Chemical) solutions (3-2000 nmol fluorescein liter $^{-1}$  of filtered seawater). The initial particulate esterase activity (PEA) was calculated from the measured chl a concentration using PEA to chl a ratios derived from phytoplankton cultures (Agustí et al., 1998; Agustí and Duarte, 2002). A ratio of PEA to chl a of  $224 \pm 83$ (Mean  $\pm$  SE) nmol Fluoresceine h<sup>-1</sup> mg<sup>-1</sup>chl *a* was used for the more productive communities in the subtropical NE Atlantic (stations sampled in the Canary Current and the upwelling regions) and the Bransfield Strait (Agustí and Duarte, 2002). A ratio of PEA/chl a ratio of  $377 \pm 101$  nmol fluoresceine  $h^{-1}$  mg<sup>-1</sup> chl *a*, derived from the PEA of picophytoplankton cultures (Prochlorococcus marina, Synechococcus sp. (strain #1), Synechococcus sp. (strain #2), and, Chlorella marina), was used for the communities in the most oligotrophic area (subtropical gyre, Table 1).

The production of DEA, needed for the calculation of lysis rates, was derived from the rate of DEA decrease with time measured in experiments conducted on board parallel to sampling in a total of 10 experiments.

The mean ( $\pm$ SE) DEA decay rate obtained was  $0.042 \pm 0.0084 \, h^{-1}$ . The specific phytoplankton cell lysis rate ( $\mu_L$ , d<sup>-1</sup>) was calculated from the decrease in PEA over time (t = 1 d) due to the production of dissolved EA during cell lysis.

$$\mu_{\rm L}({\rm d}^{-1}) = \frac{\ln\left(\frac{{\rm PEA}_t}{{\rm PEA}_0}\right)}{t},\tag{1}$$

where PEA represents the initial particulate esterase activity, estimated as described above, and  $PEA_t$  is the particulate

Region	Station	chl a (µg chl $a L^{-1}$ )	Particulate PP $(\mu g C L^{-1} h^{-1})$	Dissolved PP $(\mu g C L^{-1} h^{-1})$	Specific lysis (d <sup>-1</sup> )	PER (%)
NE Subtropical Atlantic	Canary Current 1	0.45	3.00	2.18	0.102	42.1
	Canary Current 2	0.16	2.16	2.16	0.349	49.9
	Subtropical Gyre 1	0.10	1.89	3.74	0.474	66.4
	Subtropical Gyre 2	0.04	0.72	4.36	0.602	85.8
	Subtropical Gyre 3	0.15	1.83	3.28	0.310	64.2
	Subtropical Gyre 4	0.15	0.62	1.47	1.093	70.3
	Upwelling 1	2.73	21.25	0.06	0.018	0.3
	Upwelling 2	4.27	32.31	0.32	0.003	1.0
	Geometric Mean	0.31	3.02	1.27	0.145	18.6
Antarctic Peninsula	Bransfield Strait 1	1.88	4.58	2.16	0.035	32.1
	Bransfield Strait 2	2.09	6.18	0.72	0.077	10.4
	Bransfield Strait 3	2.19	4.98	1.01	0.090	16.9
	Bransfield Strait 4	2.78	10.44	0.41	0.049	3.8
	Geometric Mean	2.21	6.19	0.90	0.059	12.1

**Table 1.** Chl *a*, particulate and dissolved primary production (PP), specific cell lysis rate  $(day^{-1})$ , and percent extracellular carbon release (PER, %) in the communities tested in the NE subtropical Atlantic and waters off the Antarctic Peninsula.

esterase activity expected after a time interval t in days. PEA was calculated as PEA<sub>0</sub> minus the production of DEA, DEA(Prod). The production of DEA was derived by combining the measured DEA activity with estimates of the rate of loss of the activity of the enzyme calculated in experiments conducted at each station. Because esterases are intracellular enzymes, their release to the medium involves a severe change in ambient conditions (e.g. pH and exposure to oxidizing agents), which explains the general loss of activity of intracellular enzymes when released to seawater (Wetzel, 1991). The experiments consisted of adding commercial esterases (porcine liver esterases, Sigma E-3128) to water samples maintained at in situ temperature. The time series of loss of EA was followed by sampling at increasing time intervals (0, 1, 3, 6, 12, and 24 h) to obtain an exponential decay curve. The exponential rate of DEA decay was calculated from the changes in DEA during time (t, days) by fitting an exponential decay equation. The half-life of EA,  $T\frac{1}{2}$  (d), was then calculated as 0.693/r, where r was the experimentally determined exponential decay rate for EA  $(d^{-1})$ . Under steady state, the production of DEA from PEA through cell lysis (DEA<sub>(Prod)</sub>) should equal  $\frac{1}{2}$  DEA at  $T\frac{1}{2}$  (d), (Agustí et al., 1998).

The estimates of lysis rates presented include uncertainty derived from variability in PEA/chl *a* for the individual communities sampled and from contributions of heterotrophs to EA activity. These are, however, likely to be small sources of uncertainty, as Agustí and Duarte (2002) estimated variability in PEA/chl *a* across communities ranging from diatom-dominated to picoplankton-dominated to add 16% uncertainty to lysis rate estimates, and Agustí et al. (1998) calculated heterotroph release of DEA to contribute only 5% of the dissolved esterase activity.

#### **3** Results

The communities investigated ranged broadly in biomass, as indicated by chl *a*, particulate and dissolved primary production rates and percent extracellular release (Table 1). The communities in the subtropical NE Atlantic were more variable than those off the Antarctic Peninsula, as the region sampled in the subtropical NE Atlantic encompasses a gradient from unproductive communities in the oligotrophic gyre to highly productive communities in the upwelling region off the African coast.

Calculated specific cell lysis rates ranged greatly among communities (0.003 to  $1.09 \text{ day}^{-1}$ , Table 1) and tended to be highest in communities in the most oligotrophic waters sampled. Specific cell lysis rates were far more variable in the subtropical NE Atlantic than in the communities sampled off the Antarctic Peninsula, which showed relatively low lysis rates (Table 1). Specific lysis rates were high in communities sampled in the oligotrophic NE subtropical Atlantic gyre and were very low in the waters affected by the upwelling off the NW African coast.

Particulate primary production and lysis rates were negatively correlated (Fig. 1), and the percent extracellular organic carbon release (PER) in the experiments increased strongly with increasing specific cell lysis rates (Fig. 2). The relationship conformed to a Michealis–Menten equation of the following form:

PER (%) = 
$$\frac{100\mu_{\rm L}}{0.275 + \mu_{\rm L}}$$
  
( $R^2 = 0.83, P < 0.001$ ), (2)



Fig. 1. The relationship between phytoplankton lysis rates and particulate primary production in the communities investigated. Error bars represent  $\pm 1$  SE.

where  $\mu_L$  is the specific lysis rate (d<sup>-1</sup>). The relationship indicated that PER reaches an asymptotic value at about 80 % with specific lysis rates in excess of 1.0 day<sup>-1</sup> (Fig. 2).

#### 4 Discussion

Evidence that unproductive plankton communities release a high fraction of the primary production as dissolved organic carbon abounds (Karl et al., 1998; Teira et al., 2001; Morán et al., 2002). Indeed, the release of a high fraction of the phytoplankton primary production as dissolved organic carbon in the oligotrophic ocean plays a pivotal role in explaining the high bacterial carbon use relative to particulate primary production in oligotrophic waters (del Giorgio et al., 1997) and, more broadly, the tight coupling between the microbial food web and primary producers characteristic of the oligotrophic ocean (Azam et al., 1983). Phytoplankton release of dissolved organic carbon results from a number of processes, including exudation of organic carbon (Sharp, 1977), sloppy feeding by zooplankton (Møller et al., 2003), and cell lysis due to viral infections (Wilhelm and Suttle, 1999) or senescence (Myklestad, 2000).

The results presented here indicate that the partitioning of photosynthetic carbon between dissolved and particulate components depends closely upon specific phytoplankton lysis rates. The high average dissolved primary production rates in unproductive communities (> 50% of total primary production, Karl et al., 1998; Teira et al., 2001; Morán et al., 2002) cannot be explained by excretion by healthy cells, as argued in the past (Sharp, 1977). Sharp (1977) showed that healthy cells do not excrete significant amounts of DOC,



Specific Lysis Rate (d<sup>-1</sup>)

**Fig. 2.** The relationship between the mean  $(\pm SE)$  percent extracellular organic carbon release (PER) and the mean  $(\pm SE)$  specific phytoplankton lysis rates in the communities investigated.

consistent with very low (< 10%), extracellular release of organic carbon in the more productive communities investigated here but concluded, following Duursma (1963), that dead or decaying phytoplankton cells must be responsible for high DOC release rates in the oligotrophic ocean. The conclusions could not be tested, since techniques to assess cell viability and lysis rates were not then available.

Assessments of cell status in oligotrophic waters have provided evidence that a large proportion of phytoplankton cells are dead or compromised (Agustí and Sánchez, 2002; Agustí, 2004; Alonso-Laita and Agustí, 2006; Hayakawa et al., 2008), supporting high mortality and lysis rates in oligotrophic waters (Agustí et al., 1998, 2001; Llabrés et al., 2011). The distributions of dead or compromised cells in the communities differ across species. For instance Agustí (2004) reported a niche segregation of Synechococcus and Prochlorococcus, based on the distribution of dead cells, with the former performing better in warm surface waters and the latter in deeper, low light and colder waters. Moreover, the turnover of dead and compromised cells in the community is relatively fast (Marbá et al., 2007). Considerable research has also focused on the drivers of mortality, identifying a broad range of stresses causing mortality, particularly of the apparently more vulnerable picoautotrophs, such as UVB radiation (Llabrés and Agustí, 2006; Agustí and Llabrés, 2007; Llabrés et al., 2010), hydroxyl radicals (Llabrés and Agustí, 2012), viral infections (Suttle et al., 1990), accumulated damages and stresses (Llabrés and Agustí, 2011), nutrient limitation (Berges and Falkowski, 1998), persistent organic pollutants (Echeveste et al., 2010), and even bursts of gamma rays from extrasolar events (Peñate et al., 2010). There has also

been considerable progress in our understanding in the cellular processes conducive to lysis rates (Biddle and Falkowski, 2004).

Cell lysis is, therefore, a major loss process, particularly in the oligotrophic ocean (Agustí and Sánchez, 2002; Agustí, 2004; Alonso-Laita and Agustí, 2006), with rates comparable to grazing losses (Hayakawa et al., 2008). The presence of stable autotroph populations in the oligotrophic ocean implies, therefore, that these populations turn over rapidly, consistent with high gross growth rates reported in the oligotrophic ocean (Vaulot et al., 1995; Vaulot and Marie, 1999).

Observation of high cell lysis rates and a high proportion of dead or compromised autotrophic cells in oligotrophic waters led to the formulation of the hypothesis that phytoplankton cell lysis must be a significant vector for DOC production in the oligotrophic ocean (Agustí et al., 1998, 2001), driving a significant flux of DOC to the microbial food web (Agustí et al., 2001). The relationship between cell lysis rates and dissolved primary production and PER presented here provides strong evidence that the high flux of DOC in unproductive communities, up to 80% of total primary production, is largely driven by cell lysis. Accordingly, particulate primary production declines sharply with lysis rates, as an increasing fraction of primary production is released in dissolved form.

The strong relationship between independently assessed specific phytoplankton cell lysis rates and PER demonstrated here provides, 30 yr later, the answer to the rhetoric question, "Do healthy cells do it?" (Sharp, 1977). The results presented show that the high DOC release rates by phytoplankton in the oligotrophic ocean are not supported by healthy cells but, rather, by dying ones, as suspected long ago (Duursma, 1963). Evidence for high lysis rates (Agustí et al., 1998, 2001; Hayakawa et al., 2008) and a high percentage of dying or compromised cells (Agustí, 2004; Alonso-Laita and Agustí, 2006; Lasternas et al., 2010; Llabrés and Agustí, 2011; Hayakawa et al., 2008) as characteristic properties of phytoplankton communities in the oligotrophic ocean is accumulating in parallel to an increased understanding of the multiple cellular and molecular mechanisms (Bidle et al., 2004) and environmental drivers (Llabrés and Agustí, 2006; Echeveste et al., 2010) responsible for these high mortality rates. Phytoplankton mortality is, therefore, a fundamental process shaping carbon flow in the oligotrophic ocean.

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