

Sample	Species	Start – years b2k (AD)	End – years b2k (AD)	years	PO	PO (5-year blocks)	Number of samples (5-year blocks)
UAZR-1	PICE	135 (1865 AD)	–14 (2014 AD)	150	50	10	30
UAZR-2	PICE	140 (1860 AD)	–14 (2014 AD)	155	82	17	31
UAZR-3	PICE	165 (1835 AD)	–14 (2014 AD)	180	61	13	36
UAZR-4	PICE	190 (1810 AD)	–14 (2014 AD)	205	32	7	41
FPCR-1	LADE	320 (1680 AD)	–14 (2014 AD)	335	150	30	67
FPCR-3	LADE	155 (1845 AD)	–14 (2014 AD)	170	30	6	34
FPCR-5	LADE	155 (1845 AD)	–14 (2014 AD)	170	45	9	34
FPCR-6	LADE	140 (1860 AD)	–14 (2014 AD)	155	55	11	31
VRR-1	PICE	205 (1795 AD)	–14 (2014 AD)	220	62	13	44
VRR-1–2	PICE	195 (1805 AD)	–14 (2014 AD)	205	77	15	41
VRR-3	PICE	175 (1825 AD)	–14 (2014 AD)	190	12	3	38
VRR-4	PICE	155 (1845 AD)	–14 (2014 AD)	170	49	10	34
VRR-5	PICE	240 (1760 AD)	–14 (2014 AD)	255	13	3	51
VRR-6	LADE	135 (1865 AD)	–14 (2014 AD)	150	6	2	30
VRR-7	LADE	135 (1865 AD)	–14 (2014 AD)	150	13	3	30
VRR-8	LADE	370 (1630 AD)	–14 (2014 AD)	385	27	6	77
VRR-9	LADE	175 (1825 AD)	–14 (2014 AD)	190	25	5	38