

Reaction	Description
$\text{ATP} \longleftrightarrow \text{ADP} + \text{Polyphosphate}$	Polyphosphate synthesis/degradation
$\text{Polyphosphate} \longleftrightarrow \text{nothing}$	Polyphosphate sink
$\text{Glucose 1-phosphate} \leftarrow \text{phosphate} + \text{H}(+) + \text{glycogen}$	Glycogen degradation
$\text{ADP-glucose} \rightarrow \text{glycogen} + \text{ADP}$	Glycogen synthesis
$\text{Glycogen} \longleftrightarrow \text{nothing}$	Glycogen sink
$(\text{R})\text{-3-hydroxybutanoyl-CoA} \longleftrightarrow \text{CoA} + \text{PHB}$	PHB synthesis/degradation
$\text{PHB} \longleftrightarrow \text{Nothing}$	PHB sink