Reviews and syntheses: Iron – a driver of nitrogen bioavailability in soils?

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Abstract. An adequate supply of bioavailable nitrogen (N) is critical to soil microbial communities and plants. Over the last decades, research efforts have rarely considered the importance of reactive iron (Fe) minerals in the processes that produce or consume bioavailable N in soils compared to other factors such as soil texture, pH, and organic matter (OM). However, Fe is involved in both enzymatic and non-enzymatic reactions that influence the N cycle. More broadly, reactive Fe minerals restrict soil organic matter (SOM) cycling through sorption processes but also promote SOM decomposition and denitrification in anoxic conditions. By synthesizing available research, we show that Fe plays diverse roles in N bioavailability. Fe affects N bioavailability directly by acting as a sorbent, catalyst, and electron transfer agent or indirectly by promoting certain soil features, such as aggregate formation and stability, which affect N turnover processes. These roles can lead to different outcomes in terms of N bioavailability, depending on environmental conditions such as soil redox shifts during wet–dry cycles. We provide examples of Fe–N interactions and discuss the possible underlying mechanisms, which can be abiotic or microbially mediated. We also discuss how Fe participates in three complex phenomena that influence N bioavailability: priming, the Birch effect, and freeze–thaw cycles. Furthermore, we highlight how Fe–N bioavailability interactions are influenced by global change and identify methodological constraints that hinder the development of a mechanistic understanding of Fe in terms of controlling N bioavailability and highlight the areas of needed research.

1 Introduction

Nitrogen (N) bioavailability is a critical limiting factor for terrestrial ecosystem productivity (Vitousek and Howarth, 1991). The largest pool of N in these ecosystems is found in soils which contain 133–140 Pg of total N globally within the first top 100 cm of soil (Batjes, 1996). A clear description of the factors controlling N bioavailability in soils is needed to design agricultural practices that meet crop demand and mitigate N loss to the environment. A large range of literature exists regarding the effects of soil texture, organic matter (OM), mineral N inputs, pH, moisture, and microbial communities on N mineralization. However, emerging theories on soil organic matter (SOM) dynamics are increasingly emphasizing the role of soil mineralogy (Cotrufo et al., 2013; Lehmann and Kleber, 2015; Blankinship et al., 2018; Daly et al., 2016; Whalen et al., 2022). While these reviews have largely focused on carbon (C) cycling, the role of minerals is rarely considered in N cycling (Jilling et al., 2018). Since C and N cycles are interconnected in soils (Gärdenäs et al., 2011; Feng et al., 2019), they should be regulated by the same factors, including mineralogy type (Wade et al., 2018). Increasing evidence shows that Fe specifically represents a major control over N biological transformations, including mineralization (Wade et al., 2018), nitrification (X. Huang et al., 2016; Han et al., 2018), and denitrification (Wang et al., 2016; Zhu et al., 2014), as well as their abiotic analogous reactions, such as chemo-denitrification (Burger and Venterea, 2011) and Fe-mediated hydroxylamine (NH₂OH) oxidation to nitrous oxide (N₂O) (Bremner et al., 1980). These reac-
The characteristic properties of individual Fe minerals and N compounds and how these properties are influenced by the soil environment likely drive the aforementioned reactions as well. First, Fe exists in a variety of polymorphs (Navrotsky et al., 2008) and is a redox-sensitive element that cycles between Fe(II) and Fe(III) states, as controlled by soil Eh and pH. While Fe(III) promotes N stabilization within mineral associations, Fe(III) mobilization, when it is reduced to Fe(II), can release N into solution. Fe reactivity is also driven by the amount and sign of surface charge, surface topography, particle size, crystallinity (Petridis et al., 2014; Li et al., 2015a), and the presence and type of organic matter (OM) coverage (Kaiser and Zech, 2000a; Kleber et al., 2007; Boland et al., 2014; Henneberry et al., 2016; Daugherty et al., 2017; Gao et al., 2018; Poggenburg et al., 2018).

Second to this, soil N exists predominantly in organic forms (ON), mostly as proteins and peptides and, to a lesser extent, as amino-sugars and nucleic acids (Schulten and Schnitzer, 1997; Kögel-Knabner, 2006; Knicker, 2011). Proteins are intrinsically reactive towards soil minerals due to a number of properties, including hydrophobicity, surface charge distribution, surface area, number and type of functional groups, conformation, and size (Lützow et al., 2006). N from these compounds is generally not directly bioavailable due to molecular size constraints on microbial cell uptake (Schimel and Bennett, 2004). Depolymerization reactions, carried out by the activity of extracellular enzymes, such as peptidases, transform these polymers into soluble, low-molecular-weight organic monomers (e.g., short oligopeptides, amino acids). Recent research shows that the size of amino acids available for mineralization is controlled by peptidase activity but more so by protein availability, both of which are affected by the interactions with Fe minerals. Therefore, Fe may drive gross amino acid production in soils (Noll et al., 2019).

Therefore, the impact of Fe on N cycling can be significant; thus, our aim here is to review the role of Fe in controlling N bioavailability. To do so, we categorize the processes by which Fe affects OM dynamics into four different categories or roles (Fig. 2). In the sorbent role, OM interacts with Fe(III) through adsorption, co-precipitation, or surface coatings (Eusterhues et al., 2005; Wagai and Mayer, 2007; Lalonde et al., 2012). These associations increase OM storage by decreasing its availability to extracellular enzymes and decomposition processes (Lalonde et al., 2012). In fact, the content of Fe minerals is a major predictor of soil sorptive capacity (Mayes et al., 2012). In the structural role, Fe minerals participate in the formation of soil aggregates (X. W. Zhang et al., 2016) and increase soil structural stability (Barral et al., 1998; Xue et al., 2019). Aggregates can increase OM stability and retention in soils by protecting it from the decomposer community and their enzymes (Van Veen and Kuikman, 1990; Kleber et al., 2021). Moreover, Fe(III) can facilitate the formation of large polymers of OM that promote its stability. Thirdly, Fe’s electron transfer role depends on its oxidation state. Fe(III) serves as a sink of electrons, while Fe(II) functions as a source of electrons. During anoxic periods, dissimilatory Fe(III) reduction can be coupled with the oxidation of OM, which accounts for a significant amount of C loss under anoxic conditions (Rodon and Wetzel, 1996; Dubinsky et al., 2010). This process can release previously adsorbed or coprecipitated C, thereby increasing its susceptibility to degradation. Finally, Fe has a catalysis role, whereby Fe acts as a catalyst for the production of reactive oxygen species (ROSs) that are potent oxidants of OM. This happens through Fenton reactions that are prevalent in various soils such as cultivated soils (Hall and Silver, 2013; Chen et al., 2020), arctic soils (Trusiak et al., 2018) and desert soils (Hall et al., 2012; Georgiou et al., 2015). These reactions are an overlooked but potentially important pathway for OM transformation in soils and sediments and N bioavailability (Lipson et al., 2010; Wang et al., 2017; Trusiak et al., 2018; Merino et al., 2020; Kleber et al., 2021).

While these roles of Fe in controlling C cycling have been studied extensively, their effects on N bioavailability are not well explored. This review seeks to underpin these suggested relationships and provide mechanistic descriptions of how Fe controls N bioavailability in soils. Moreover, we detail how Fe participates in three complex phenomena that influence N bioavailability: priming, the Birch effect, and freeze–thaw cycles. Finally, we explore how Fe–N bioavailability interactions are influenced by global change. This information is needed to construct reliable models with improved predictive power of N cycling in terrestrial ecosystems (Wade et al., 2018) and will offer new possibilities for land management.

2 Roles of Fe in controlling N bioavailability

2.1 Sorbent role

This section aims to elucidate how Fe as a sorbent interacts with both inorganic N (ammonium – NH$_4^+$, nitrate – NO$_3^-$) and ON and how these interactions modulate N bioavailability. The opposite process of sorption, known as desorption, can affect N bioavailability since sorbed N can be released back into the soil solution. By comprehending the dynamics of both the sorption and desorption of N onto and from Fe minerals, we can gain more insights into mechanisms affecting its bioavailability in soils.

2.1.1 ON bioavailability

Soil microbes rely heavily on their ability to access ON and the effectiveness of their extracellular enzymes in breaking it down into assimilable forms. Fe minerals can modulate N bioavailability by controlling both ON accessibility and extracellular-enzyme activity through sorption. Nevertheless,
Figure 1. Schematic representation depicting the different stages of the N cycle in which Fe plays a role. Adapted from Zhu-Barker et al. (2015).

Figure 2. Roles of Fe in N bioavailability.

the outcomes in terms of N bioavailability are variable and depend on several factors, including soil conditions; the interplay between ON, extracellular enzymes, and Fe mineral surfaces; and the potential for desorption to occur. Here, we discuss these intricate interactions which can result in distinct patterns of N bioavailability across soils.

**Does extracellular-enzyme sorption to Fe oxides affect their participation in N mineralization?**

Soil microbes produce various types of extracellular enzymes, including substrate-specific enzymes (e.g., proteases and aminopeptidases) and non-specific oxidative enzymes (e.g., laccase and peroxidase), to acquire N (Caldwell, 2005; Sinsabaugh et al., 2009; Hassan et al., 2013). While the latter enzymes are typically associated with C cycling, their importance for N mineralization has also been demonstrated (Zhu et al., 2014; Kieloaho et al., 2016). Many of these enzymes become adsorbed to Fe minerals when released in soil. The effect of such immobilization on enzyme activities and consequent N bioavailability remains uncertain due to conflicting reports in the literature. Numerous studies have documented a decrease in enzyme activity combined with increased persistence in soil and resistance to proteolysis (Sarkar and Burns, 1984; Gianfreda et al., 1995; Bayan...
et al., 2012; Dippold et al., 2014). Indeed, Fe minerals in-
soils (Kaiser and Zech, 2000b; Dümig et al., 2012; Keiluweit 
minerals, such as ferrihydrite, control the sorption of ON in 
Many studies have demonstrated that poorly crystalline Fe 
organic and organo-mineral interfaces of the model found 
charge stabilization processes. The latter process is parti-
cipates N into the pool of mineral-associated OM (MAOM) 
Leinweber and Schulten, 2000; Keiluweit et al., 2012; 
Swenson et al., 2015; Heckman et al., 2018; Zhao et al., 
During these processes, Fe can form strong chemi-
cal bonds with N-containing moieties; for instance, goethite 
forms a stronger bond with the SOM functional group am-
monia (NH\textsubscript{4}+) than with carboxylate, phosphate, or methyl 
groups (Newcomb et al., 2017). The bond strength between 
N and mineral surfaces varies considerably across differ-
et environments due to differences in binding mechanisms, 
mineral and N properties, soil properties such as pH and ion 
strength, and the presence of antecedent SOM on mineral 
surfaces (Lützow et al., 2006). However, protein may adsorb 
irreversibly to mineral surfaces over a wide range of solution 
pH levels and resist desorption (Hlady and Buijs, 1996; Yu 
et al., 2013); desorption is perceived to be a necessary step 
for extracellular enzymes to proceed with N mineralization. 
Similarly, nucleic acid molecules persist for a long time on 
clay minerals (Yu et al., 2013) and are shielded from degra-
dation.

Advances in spectroscopic techniques have generated new 
conceptual models of organo-mineral associations, such as 
the zonal structure model of organo-mineral associations, 
which postulates that organic compounds self-organize on 
mineral particle surfaces (Kleber et al., 2007). In this model, 
ampiphilic SOM compounds with N-bearing and oxidized 
functional groups directly interact with mineral surfaces to 
form the contact zone, whereas hydrophobic groups face 
outwards, creating a region of high hydrophobicity, the hy-
drophobic zone. Additional organic molecules attach to this 
zone, forming an outer layer termed the kinetic zone. Multi-
ple recent observations support this model, including (1) the 
preferential enrichment of N-containing moieties on Fe min-
eral surfaces (Kopittke et al., 2018; Possinger et al., 2020); 
(2) the preferential adsorption of N compounds over other or-
ganic compound classes on Fe mineral surfaces (Gao et al., 
2017); and (3) the partial sorption of some organic com-
ounds, including amino acids, to Fe minerals (Ameling 
et al., 2002; Dippold et al., 2014). This model has implica-
tions for N bioavailability because, in contrast to the con-
tact zone, the weakly sorbed N in the kinetic zone likely ex-
changes with soil solution and is more available. Recent re-
search on the chemical composition of C and N at the orga-
organic and organo-mineral interfaces of the model found 
that alkyl C and less N occurred at the former, whereas ox-
idized C and more N occurred at the latter (Possinger et al., 
2020). The authors of this study hypothesized that the pro-
cesses stabilizing C and N at these interfaces are different, 
considering that the association between SOM rich in O/N-
alkyl C and Fe oxides explained the stabilization of O/N-
alkyl C in soils (Schöning et al., 2005). In addition to pro-
tecting a fraction of bioavailable N, Vogel et al. (2014, 2015) 
found that sorption can retard the movement of N in soils,

**Does the sorption of ON to Fe oxides affect their 
bioavailability?**

Many studies have demonstrated that poorly crystalline Fe 
minerals, such as ferrihydrite, control the sorption of ON in 
soils (Kaiser and Zech, 2000b; Dümig et al., 2012; Keiluweit 
et al., 2012; Dippold et al., 2014). Indeed, Fe minerals in-

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thereby increasing N retention by decreasing its accessibility to degradation mechanisms. More insight is needed to advance the understanding of ON bioavailability from organo-mineral associations.

Desorption of ON from Fe minerals

The desorption of ON from Fe-organic associations occurs due to several destabilization mechanisms, including surface displacement by competitive sorption, oxidative and reductive dissolution of Fe minerals (Kleber et al., 2015), and local disequilibrium in soil chemistry. Once released, ON may become accessible to microbial degradation or diffuse into microbial cells. The following is a discussion of the different destabilization mechanisms of Fe-organic associations in soils and factors influencing them:

a. ON desorption by oxidation and reductive dissolution of Fe minerals

The oxidation and the reduction of Fe minerals in response to variations in soil pH and redox conditions can significantly compromise the stability of Fe–organo associations and release Fe and OM into the soil solution as a consequence. In fact, Fe reduction can decrease mineral sorption capacity and release Fe ions, which can lower soil pH, and promote the solubilization of Fe–mineral associations. However, the extent of OM mobilized remains unpredictable due to knowledge gaps related to mechanisms of mineral resistance to reduction and their controlling factors in soils. For instance, short-range-order (SRO) Fe oxides can resist both chemical and microbial reduction due to co-precipitation of Fe with SRO aluminosilicates or physical protection within microaggregates (Henneberry et al., 2012; Shimizu et al., 2013; Eusterhues et al., 2014; Filimonova et al., 2016; Suda and Makino, 2016; Coward et al., 2018; Tamrat et al., 2019). Conversely, Fe oxidation can also solubilize Fe–organo associations by decreasing pH or generating hydroxyl radicals through Fenton chemistry, which oxidize OM abiotically. In addition to these effects, redox alterations to mineral properties can also affect OM cycling. For instance, the transformation of amorphous Fe minerals to more crystalline forms can promote long-term OM stabilization and decrease its turnover rates (Hall et al., 2018) since crystalline forms are more resistant to reduction. Chen et al. (2020) also found that crystalline forms were not associated with C release from Fe associations (Chen et al., 2020).

b. N desorption by local disequilibrium in soil chemistry

OM in soils can be desorbed from mineral surfaces due to the establishment of local disequilibrium conditions. Such conditions result from depletion of dissolved organic matter (DOM) in the soil solution due to microbial uptake, for example, promoting the release of OM from MAOM until DOM concentrations in the soil solution are in equilibrium with sorbed OM. This process is likely affected by the strength of bonds between N and Fe minerals; in fact, interaction forces vary considerably: strong interactions are favored by polyvalent cation bridges and ligand exchange, whereas weak interactions occur by hydrogen bonds or van der Waals forces (Kleber et al., 2015). While the relationship between particular binding mechanisms and N desorption from minerals has not yet been established in real soil conditions, multiple studies in model systems demonstrated that OM bound by ligand exchange was more resistant to desorption than other mechanisms (Wang and Lee, 1993; Gu et al., 1994, 1995; Mikutta et al., 2007). Therefore, it is likely to be less affected by the dynamic-equilibria principle, and less N will be made available (Kleber et al., 2015).

c. N desorption by surface displacement via competitive sorption

ON associated with Fe can be displaced by the input of highly sorptive organic compounds. For instance, Scott and Rothstein (2014) observed that weakly bound, N-rich hydrophilic compounds were easily displaced by stronger binding compounds (e.g., hydrophobic compounds), leading to the downward migration of N to subsurface and mineral horizons.

d. Is desorption of N from organo-mineral associations a prerequisite to N mineralization?

As mentioned earlier, desorption of protein from mineral surfaces is often perceived to be the primary pathway by which ON becomes accessible to microbial degradation (Schimel and Bennett, 2004). However, protein adsorption to Fe minerals is an irreversible process (Rabe et al., 2011), which restricts proteolytic activity. Recently, the direct proteolysis of protein at the mineral surface was investigated, as ferricydrate- and goethite-adsorbed protein was found to be degraded without prior desorption (Tian et al., 2020). Substrate–enzyme complexes were formed directly at the surface of minerals. Together with the zonal structure of organo-mineral associations, this finding challenges the long-standing assumption that Fe minerals impair protein bioavailability through acting as a sorbent. The reader is referred to Keiluweit and Kuyper (2020) for a more expanded discussion of this mechanism (Keiluweit and Kuyper, 2020).

2.1.2 Inorganic N bioavailability

Fe plays a crucial role in regulating inorganic N bioavailability in soils, with Fe present in clay minerals being a prominent example of this interconnection. In fact, Fe present in clays accounts for 30%–50% of total Fe in soils and sediments.
ments and can be located in both the octahedral and tetrahe- 
dral sheets of 1 : 1 and 2 : 1 clay minerals or exist as a coating 
on their surfaces (Favre et al., 2006; Stucki, 2013). On the one hand, the reduction of this Fe has been demonstrated 
to enable the abiotic fixation of NH$_4^+$ (Zhang and Scherer, 
2000; Deroo et al., 2021). This occurs through the increasing 
negative charge and cation exchange capacity of clays (Pen-
tráková et al., 2013). In addition, the reductive dissolution 
of coated Fe on clay minerals promotes NH$_4^+$ diffusion into or 
out of clay interlayers (Zhang and Scherer, 2000). After de-
fixation, the fixed NH$_4^+$ pool can serve as a source of bioavail-
able N (Deroo et al., 2021). On the other hand, the oxidation 
of clay’s Fe(II) can be involved in the processes that cause 
the loss of bioavailable N. For instance, Zhao et al. (2013) 
found that the oxidation of Fe(II) present in nontronite causes 
the loss of NO$_3^-$ as dinitrogen (N$_2$) (Zhao et al., 2013). The 
potential importance of such processes in N bioavailability 
should be considered, especially in highly weathered soils 
with high clay content.

2.2 Structural role of Fe in controlling N bioavailability

This section explores the structural role of Fe in regulating 
the availability of N. Two aspects are examined, namely the 
influence of structural Fe in aggregates on N bioavailability 
and the polymerization of ON induced by Fe.

2.2.1 Fe, soil aggregates, and N bioavailability

Fe oxides play a critical role in the formation and the stability 
of microaggregate in soils, ultimately affecting N bioavail-
ability. These oxides serve as nuclei for microaggregate for-
amation and as a binding agent, forming bridges between them 
(Barral et al., 1998; Pronk et al., 2012; Peng et al., 2015; Wei 
et al., 2016). In fact, it was shown that the partial or complete 
removal of mineral-forming components, for example due to 
Fe reduction, can initiate aggregate turnover and destabiliza-
tion (Michalet, 1993; Cornell and Schwertmann, 2003). The 
relative importance of Fe in aggregate stability depends on 
several properties that are expected to affect N bioavail-
ability, such as Fe mineral and SOM content, mineral identity 
and degree of crystallinity, and soil redox conditions. In par-
cular, Fe promotes the formation and stability of aggregates 
in soils with low OM and high Fe content (Barral et al., 1998; 
Wu et al., 2016). Duiker et al. (2003) showed that poorly 
crystalline Fe minerals are more important than crystalline 
minerals for aggregate stabilization (Duiker et al., 2003).

Many studies suggest that Fe-mediated micro-aggregation 
may slow down or suppress N mineralization and stabilize OM. For example, Silva et al. (2015) reported that applying 
Fe-rich biosolids in a tropical-soil chronosequence induced 
rapid formation of microaggregates and significantly increased SOC (Silva et al., 2015). Similarly, Bugeja and 
Castellano (2018) observed a positive correlation between ammonium oxalate-extractable Fe (AmOx-F) and C and N in 

microaggregates, indicating that Fe and microaggregate sta-
bilization are interconnected (Bugeja and Castellano, 2018). 
Mendes et al. (1999) showed that readily mineralizable N levels correlate positively with increased aggregate size in 
soils (Mendes et al., 1999). In addition, numerous studies re-
ported the accumulation of N in microaggregates (Golchin 
et al., 1994; Rodionov et al., 2001). For instance, Wagai 
et al. (2020) observed joint accumulation of OM with a low 
C : N ratio and pedogenic Fe and Al oxides in the meso-
density fractions (1.8–2.4 g cm$^{-3}$) of five soil orders col-
lected from different climate zones. These observations are 
explained by the fact that microaggregate N is relatively 
more persistent than macroaggregate N because microaggre-
gate turnover is relatively slow and not available to micro-
bial degradation, which provides longer-term stabilization of 
OM (Cambardella and Elliott, 1993; Six et al., 2002). We 
also hypothesize that there is another pathway by which Fe-
 promoted aggregation may decrease N mineralization based 
on the information that aggregates of different sizes influence 
microbial community composition, and therefore the activi-
ties of N mineralization enzymes, differently (Muruganan-
dam et al., 2009). Therefore, it will be useful to examine the 
distribution and the activities of these enzymes among soil 
aggregate size classes along a gradient of increasing Fe min-
eral content in soils.

2.2.2 Does Fe-induced ON polymerization increase the recalcitrance of N?

Little is known about Fe (mineral)-induced OM polymeriza-
sion in soils. Some evidence exists that Fe oxides induce both 
C and N polymerization of SOM (Piccolo et al., 2011; Li 
et al., 2012; Johnson et al., 2015; Zou et al., 2020). In a 
long-term organic-fertilization experiment, Yu et al. (2020) 
proposed that the Fe-catalyzed formation of reactive oxy-
gen species (ROSs) allows C monomers to recombine into 
large, recalcitrant C biopolymers through the formation of in-
tramolecular bonds. A similar process was observed by Pic-
ccolo et al. (2011). Similarly, hydrohematite, maghemite, lep-
idocrocite, and hematite can induce the oxidative polymer-
ization of hydroquinone, with rates depending on the type of 
minerals (Huang, 1990). Synthetic ferricydrate and goethite 
were demonstrated to induce peptide bond formation be-
tween aspartate chains (Mattraj and Blanot, 2004), as well as 
the abiotic formation of amino acids from simple organics 
such as pyruvate and glyoxylate (Barge et al., 2019). The en-
vironmental conditions in these experiments were similar to 
those occurring in natural systems, such as in Fe-containing 
sediments (Barge et al., 2019). More studies of abiotic poly-
merization by minerals must be envisaged to understand its 
relevance to N bioavailability in soils.
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**Box 1. Fe-catalyzed Fenton reactions.**

Emerging research has revealed that ROSs derived from Fe-catalyzed Fenton reactions (Box 1) are implicated in N mineralization. These reactions may involve abiotic or coupled biotic–abiotic processes causing N to mineralize, as explained below. In desert soils, the reaction of light with hematite generates ROSs, which can oxidize amino acids to nitrous oxide (N\(_2\)O) (Georgiou et al., 2015) and N oxide gases (Hall et al., 2012). Compared to soils containing water, desert soils accumulate photo-generated superoxides and peroxidases via complexation of O\(^{-}\) with surface transition metal oxides. When these soils are wetted, the accumulated ROSs are subjected to dismutation and hydrolysis, leading to the generation of HO\(^{•}\) and subsequent OM oxidation. While this mechanism is strictly abiotic, soil microorganisms in diverse ecosystems were found to use Fe-generated HO\(^{•}\) to acquire organic C and N (Diaz et al., 2013; Shah et al., 2016; J. Zhang et al., 2016; Op De Beeck et al., 2018). For instance, a boreal forest fungus (Paxillus involutus) may use radical oxidation to stimulate N mineralization in various ways (Op De Beeck et al., 2018): (1) to liberate NH\(_4^{+}\) from amine groups of proteins, peptides, and amino acids according to mechanisms reviewed in Stadtman and Levine (2003), (2) to facilitate the accessibility of protein N in SOM complexes to proteolytic degradation, and (3) to enhance protein vulnerability to proteolysis and increase the activity of proteolytic enzymes (J. Zhang et al., 2016).

Despite their involvement in N liberation, ROSs may promote the formation of stable and protective Fe-associated OM complexes. In a long-term fertilization experiment conducted by Yu et al. (2020), Fe mobilized by Fenton reactions formed new short-range-order (SRO) Fe minerals, which promoted C and N storage. Moreover, ROSs generated from catalytic reactions involving Fe can also cause enzyme oxidation and subsequent loss of activity (Huang et al., 2013).

**2.3 Catalytic role of Fe in controlling N bioavailability**

Electron transfer to Fe(III) oxides, both biotically or abiotically, is a critical step in many processes favoring the gain or the loss of N from soils and sediments (Sahrawat, 2004; Ding et al., 2014). The ability of Fe(III) minerals to accept electrons, or their reducibility, varies greatly with crystallinity, particle size, solution pH, ambient Fe(II) concentration, the presence of adsorbates, and aggregation level (Rodén, 2004, 2006). Here, we explore relationships between mineral reducibility and anaerobic NH\(_4^{+}\) oxidation associated with Fe reduction (Feammox) and anaerobic OM oxidation to illustrate two examples of N processes that are involved in bioavailable N production and loss. Starting with Feammox, this process occurs mostly in acidic soils and has been estimated to metabolize 7.8–61 kg NH\(_4^{+}\) ha\(^{-1}\) yr\(^{-1}\) in paddy soils, accounting for about 3.9%–31% of N fertilizer loss (Ding et al., 2014). The terminal products of this process are either N\(_2\), NO\(^{-}\), or NO\(^{−}\), with N\(_2\) as the dominant product (Yang et al., 2012). Feammox rates are strongly positively correlated with the concentrations of microbially reducible Fe(III) (Ding et al., 2014; Li et al., 2015b; Ding et al., 2017). A series of incubation studies investigated the effects of different Fe sources on Feammox, and the results demonstrated that only ferrihydrite and goethite, not ferric chloride, lepidocrocite, hematite, or magnetite, served as electron acceptors for Feammox (Huang and Jaffé, 2015, 2018). These observations can be explained by a possible accumulation of free Fe(II), which halted Feammox, or due to the limited ability of Fe reducers in reducing certain minerals (Huang et al., 2014). It is notable that chelates (Park et al., 2009) and electron shuttles (Zhou et al., 2016) can facilitate electron transfer to Fe(III) minerals (Fig. 3), which enhances their reduction rates and related N processes. For instance, the addi-
tion of electron shuttles increased potential N loss by Feammox by 17%–340% compared to no addition (Zhou et al., 2016). Similarly to Feammox, NH$_4^+$ production rates in submerged soils and sediments were found to be strongly correlated with reducible Fe(II) production rates (Sahrawat and Narteh, 2001; Sahrawat, 2004).

The electron-donating capacity of Fe minerals is also involved in N bioavailability. In fact, many Fe(II) species, including soluble Fe(II)- and Fe(III)-bearing minerals such as siderite and magnetite, can act as electron donors (Benz et al., 1998; Chaudhuri et al., 2001) for NO$_3^-$ reduction coupled with Fe oxidation, which promotes the loss of NO$_3^-$ as gases. For denitrification, it was found that N$_2$O emissions from flooded soils with contrasting Fe(II) levels were regulated by Fe(II) electron-donating capacity: the electrons donated reached 16.2% and 32.9% in soils with low and high Fe(II) content, respectively. Soil with high Fe(II) content emitted less N$_2$O and more N$_2$, suggesting an improved denitrification efficiency due to an electron flow which exceeded the demand for N$_2$O production (Wang et al., 2016).

3 Involvement of Fe in soil phenomena that affect N bioavailability

This section is concerned with the role of Fe in the three phenomena that affect N bioavailability in soils: priming, The Birch effect, and freeze–thaw cycles. Priming occurs when new input of labile C influences (positive or negative) the decomposition of native SOM (Kuzyakov et al., 2000). The Birch effect is a short-term pulse in C and N mineralization caused by soil drying and rewetting. The freeze–thaw cycles refer to the alternation between freezing and thawing temperatures in a soil which can liberate decomposable OM and accelerate soil respiration. We offer this perspective to facilitate understanding of the mechanisms by which Fe affects N bioavailability through these three phenomena.

3.1 Priming

3.1.1 Fe-mediated priming in soils under oxidizing conditions

Investigations of the patterns and drivers of priming across both local and broad geographical scales indicate that SOM stabilization mechanisms, including associations with Fe oxides, regulate priming and explain most of its variation (Chen et al., 2019; Jeewani et al., 2021). Positive priming, where new inputs increase SOM mineralization, is negatively related to MAOM concentration due to Fe constraining microbial access of sorbed organics to microbial degradation (Bruun et al., 2010; Porras et al., 2018). In the rhizosphere, plant and microbial exudates can disrupt Fe-organic associations by means of both chemical and biological mechanisms. Chemical mechanisms include stripping Fe from associations through surface complexation, facilitating Fe reduction (Zinder et al., 1986; Keiluweit et al., 2015; Ding et al., 2021) and displacing sorbed organics into the soil solution (Zinder et al., 1986; Keiluweit et al., 2015; Ding et al., 2021). Biological mechanisms stimulate the production of N-acquiring enzymes as microbes are supplied with carbon and energy (Jilling et al., 2018; Yuan et al., 2018; Jiang et al., 2021; Jilling et al., 2021). Such mechanisms enhance positive priming by increasing the accessibility of C and N to microbes and facilitating N mining. However, the susceptibility of Fe-organic associations to these mechanisms varies; for example, ferrihydrite associations are affected by both chemical and biological processes, while goethite associations are more susceptible to chemical processes (Li et al., 2021). Therefore, the ability of microbes and plant communities to trigger specific destabilization mechanisms of the dominant mineral in their environment affects how much N can be made available from mineral associations (Jilling et al., 2018; Li et al., 2021).
Beyond SOM stabilization, Fe oxides may regulate priming by altering microbial community composition and soil C and N content (Heckman et al., 2009; Heckman et al., 2018), potentially by restricting nutrient availability and changing the structural properties of dissolved organic matter (DOM). For instance, the application of goethite to soil limits P and N bioavailability while increasing the aromatic content of water-extractable organic matter (WEOM), which may lower the ratio of fungi to bacteria (Heckman et al., 2012) and alter C and N cycling as a consequence (Silva-Sánchez et al., 2019; Wardle et al., 2004).

3.1.2 Fe-mediated priming in soils under reducing conditions

Recently, Fe-mediated priming in soils under reducing conditions has received growing interest. Dunham-Cheatham et al. (2020) found that glucose application to a soil under anoxic–oxic transition induced a novel type of priming by facilitating the reductive dissolution of Fe(III)–C associations under anoxic conditions followed by a dramatic increase of OC mineralization when oxic conditions were restored (Dunham-Cheatham et al., 2020). Li et al. (2021) found that the roles of Fe in anaerobic OM mineralization can be shifted by microbial biomass C (MBC). In soil with low MBC, both ferrihydrite and goethite protected the added acetate from decomposition through sorption processes. In soil with high MBC, however, goethite acted as an electron acceptor and increased acetate decomposition, whereas ferrihydrite predominantly adsorbed the added substrate. Priming decreased in both low- and high-MBC soils but more so in low-MBC soil (Li et al., 2021). Lecomte et al. (2018) demonstrated that Fe(III)-reducing microorganisms have a competitive advantage of colonizing plant roots in the rhizosphere due to their capacity for providing Fe(II) for plant nutrition in exchange for C-rich exudates and for performing denitrification (Lecomte et al., 2018). These exudates are probably used as a C source in the denitrification process or to destabilize Fe-organic associations and to release sorbed C and N (Dunham-Cheatham et al., 2020). More research into Fe-mediated priming in strictly anoxic soils, or at the oxic–anoxic transition, is needed.

3.2 Birch effect

Although many studies have been done on N mineralization and nitrification (Birch, 1958, 1959, 1960, 1964; Wilson and Baldwin, 2008), the studies on the Birch effect have mainly focused on C. The Birch effect for N was described as a rapid increase in N mineralization rates as an air-dried soil is rewetted. Soil moisture is accompanied by increased NO₃⁻ production. This pattern is likely explained by multiple interacting mechanisms, including the dissolution of organo-mineral bonds, which increases the accessibility of substrates to microbial degradation. In addition, the highly dynamic nature of wet–dry cycles can trigger rapid electron transfer from and to Fe oxides, known as the cryptic Fe cycle, which can affect N bioavailability. During the wet period, Fe(III) oxides can be used as an electron acceptor and can be reduced to Fe(II), which can abiotically react with NO₃⁻ to form NH₃ or with nitrite (NO₂⁻) to form N₂O. This Fe(II) can be converted back to Fe(III) oxides during the dry period, which may sorb OM and protect it against further degradation or generate oxidative radicals through Fenton reactions that break down organics, including N compounds. The cryptic Fe cycle can also induce rapid redox-induced mineral transformations, such as the transformation of amorphous Fe oxides into more crystalline forms, which decreases soil sorption capacity and nutrient retention (Attygalla et al., 2016; Wilmoth et al., 2018; Chen et al., 2020). Therefore, this cryptic Fe cycle will have a varied effect on the role of Fe in controlling N bioavailability over short spatiotemporal scales, which may either increase or decrease bioavailable N. Further research is needed to detangle these interactions.

3.3 Fe in the context of freeze–thaw cycles: the case of permafrost-affected soils

Permafrost-affected soils store large amounts of OC and ON as a result of SOM stabilization due to freezing of SOM and cryoturbation. Along a permafrost soil chronosequence, Joss et al. (2022) found a higher percentage of FeOM in cryoturbated horizons compared to in organic or mineral horizons in soil. Cryoturbation also favors the accumulation of SOM with a high C:N ratio at deeper soil depths (Treat et al., 2016a), which may also be present as associations with Fe minerals or in particulate organic matter. Upon thawing, this tremendous amount of SOC and total N (TN) facilitates high gross N turnover rates by heterotrophic processes. For instance, Treat et al. (2016b) observed increased N availability during long thaw seasons in tundra soils, whereas other authors reported higher N₂O emissions from increased denitrification (Cui et al., 2016; Yang et al., 2016, 2018). This is partly because SOC and SOM, previously trapped in FeOM associations, are released and exposed to microbial degradation (Harden et al., 2012; Gentsch et al., 2015; Mueller et al., 2015; Patzner et al., 2020). In fact, Patzner et al. (2020) found that, along a thaw gradient, the amount of dissolved organic carbon (DOC) increased, as did the abundance of Fe(III)-reducing bacteria which use Fe(III) as a terminal electron acceptor and oxidize OM. The importance of these mechanisms in N destabilization likely depends on the extent to which Fe dissolution contributes to soil OM persistence in redox-dynamic permafrost (Patzner et al., 2020). More investigations of Fe control over N bioavailability in permafrost-affected soils are needed, especially with the recent development pointing out that mineral N cycling is as important as ON cycling in the active layers of these soils (Ramm et al., 2022).

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4 Impact of global change on Fe–N bioavailability interactions

Anticipated future climate scenarios indicate substantial fluctuations in precipitation and temperature patterns, accompanied by increasing levels of atmospheric CO$_2$. These changes, along with alterations in land use, have the potential to significantly impact Fe–N bioavailability interactions in various ways, as detailed below.

4.1 Impact of variability in precipitation and temperature

The extreme variation in precipitation can lead to an increase in the occurrence of the Birch effect and a potential disruption of the dynamic of N availability in soils. Fe plays multiple roles in this process; in drier soils, Fe can protect ON from decomposition through the formation of stable Fe–organic associations. However, the reaction of Fe with light can induce Fenton reactions, leading to ON decomposition (Georgiou et al., 2015). In wetter soil, the destabilization of ON can increase as a result of fluctuations in redox conditions, the potential occurrence of cryptic Fe cycling, and modifications of mineral properties. In addition to precipitation, climate change is causing temperature to rise sharply, leading to extensive thawing of permafrost soils. As a consequence, redox-mediated heterotrophic N turnover processes and the destabilization of Fe–organic associations are expected to increase ON loss from these soils. Furthermore, rising temperatures will increase microbial metabolism, which will subsequently destabilize SOM.

4.2 Impact of elevated atmospheric CO$_2$

The effects of rising atmospheric CO$_2$ concentration (eCO$_2$) levels on Fe–N bioavailability interactions are not well understood. Recent research showed that eCO$_2$ stimulates root and microbial respiration, which can decrease soil redox potential, causing Fe reduction to proceed (Cheng et al., 2010). The production of Fe(II), which increased by 64% under eCO$_2$ treatment, caused substantial losses of NH$_4^+$ via Feamox in a 15-year free-air CO$_2$ enrichment (FACE) study in rice paddy systems. Feamox was mediated by autotrophic anaerobes that may use soil CO$_2$ as a C source to couple anaerobic ammonium oxidation and Fe reduction (C. Xu et al., 2020). eCO$_2$ can also increase the destabilization of mineral-associated organic nitrogen (MAON) via priming as eCO$_2$ increases root biomass and associated exudate production at deeper soil depths, enabling the liberation of a large amount of deep soil N from these associations (Iversen, 2010). This increased turnover of N from MAOM would probably be substantial under future eCO$_2$.

4.3 Impact of land use change

Land use change involving the conversion to agriculture can decrease soil organic N (SON) (Garcia-Oliva et al., 2006). We hypothesize that this decline in SON is influenced by the effects of land use change on Fe cycling. For example, it was observed that the crystallinity of Fe oxides increased when forests were converted to agricultural fields in the southern Piedmont, USA (Li and Richter, 2012). Additionally, Tan et al. (2019) showed that land use change from fallow to paddy soils promoted Fe reduction by decreasing soil pH and increasing the electron-shuttling capacity of SOM (Tan et al., 2019), which may accelerate N turnover through processes such as Feamox. To conclude, global change affects the roles of Fe in N bioavailability, which may in turn affect the balance between Fe-mediated SON destabilization and protection.

5 Synthesis and outlook

Attempts at understanding controls and drivers of N bioavailability, a fundamental soil ecosystem property, often omit the role of Fe minerals. However, the tendency of proteins to associate strongly with minerals and the involvement of the latter in both enzymatic and non-enzymatic reactions that influence the N cycle have motivated this review, which specifically focuses on Fe–N bioavailability interactions (Fig. 4). Including Fe in current models of SOM is challenging because the mechanisms by which Fe controls N storage, stabilization, bioavailability, and loss are complex and remain incompletely understood. This is because the present knowledge is, on the one hand, based on OM–mineral correlations, which is a simplistic approach since correlations tend to be specific for certain soil conditions and types (Wagai et al., 2020; Kleber et al., 2021), and on the other hand, knowledge is impeded by limitations in the analytical framework used to explore these interactions. In this section, we highlight the challenges and opportunities for future research.

5.1 Sorbent role of Fe in controlling N bioavailability

5.1.1 Organic nitrogen

The sorbent role of Fe in controlling N bioavailability is multifaceted. Sorption can protect ON from decomposition by reducing the activity of enzymes and limiting the accessibility of ON to degradation mechanisms. However, a fraction of sorbed ON is bioavailable (Bird et al., 2002; Kleber et al., 2007) or can be made available by processes such as priming or displacement by competitive organics. Thus, the concept of sorptive stabilization of N substrates does not stand as a conclusive explanation for ON persistence in soils and should rather be revisited. In this context, sorption to Fe minerals may impose spatial constraints on the accessibility of ON substances to microbes as sorption can locate ON in physi-
Electron shuttles enhance Fe reduction and NH$_4^+$ oxidation (Feammox) rates.

Fe affects N bioavailability in soils. This figure does not specify the soil conditions under which an Fe role may proceed.

cally isolated spaces such as micropores, microaggregates, or microdomains of densely arranged clays, which slows down its decomposition and decreases its bioavailability (Kleber et al., 2021).

Research on Fe-meditated ON depolymerization has mostly focused on proteins (Wanek et al., 2010; Noll et al., 2019; Reuter et al., 2020) since proteins alone constitute 60% or more of the N in plant and microbial cells (Fuchs, 1999) and are strongly sorbed to Fe surfaces. However, not all soil- and mineral-associated N is protein. Rather, N exists in a variety of chemical forms, including microbial cell wall compounds. Using Fourier transform infrared spectroscopy (FTIR) and isotope pool dilution (IPD), multiple studies have shown the importance of microbial cell wall depolymerization in the delivery of soil N (Hu et al., 2017, 2018, 2020). In addition, depolymerization of mem-
biotic and biotic pathways, and the contribution of each pathway to N bioavailability remains elusive. Additionally, rates and mechanisms of ROS production from these two pathways are still not known. Such information is particularly important to understand N dynamics in environments conducive to ROS formation, such asoxic or anoxic zones, environments with intense solar radiation, or in boreal forests where fungi use ROS-based mechanisms to access Fe-sorbed N. In contrast to their decomposition role, Yu et al. (2020) found an important role of Fe-mediated ROS production in OM polymerization, which increases the recalcitrance of OM and its resistance to degradation mechanisms (Yu et al., 2020). This finding sheds light on other controls and pathways relevant to N bioavailability. For example, under what conditions can the role of Fe-mediated ROS generation in N bioavailability be shifted from decomposition to protection? And how will this evolve in a changing world where solar radiation is becoming more intense and where the frequencies of extreme events (e.g., droughts, rain) is increasing?

5.4 Electron transfer role of Fe in controlling N bioavailability

The capacity of Fe to act as an electron acceptor and donor can affect bioavailable N loss from soils by processes such as Feammox and denitrification. To further understand these processes, more research is needed on cryptic Fe cycling and on the controls over the oxidation–reduction dynamics of Fe in soil since preservation of oxidized Fe promotes N stabilization within mineral associations. For instance, the effects of added electron shuttles on the extent and the rate of Fe(III) reduction and the associated loss of N via Feammox have been investigated; however, the capacity of SOM and organo-Fe associations to transfer electrons has received less attention (Sposito, 2011; Z. Xu et al., 2020). The characterization and mapping of spatiotemporal redox heterogeneity also deserves attention (Wilmoth, 2021).

5.5 A varied analytical approach is needed to characterize Fe–N interactions

To understand the roles of Fe in controlling N bioavailability, a varied analytical approach must be adopted to enable a more holistic and multidimensional view of these interactions considering all the possible outcomes of Fe reactions on N as driven by the physicochemical and biological characteristics of soil and management. This approach is essential to provide realistic turnover rates of N and to decipher the underlying mechanisms of Fe–N reactions in soil in contrast to the findings of controlled laboratory experiments, which do not represent soil in its complexity and heterogeneity. This approach should also capture variations in the processes of interest at multiple scales and within multiple time dimensions. Here, we present the most common and powerful techniques that can be combined in the framework of this varied approach to understand Fe–N interactions. Note that an extensive list of techniques is out of the scope of this review.

5.5.1 Imaging techniques

Techniques such as synchrotron X-ray absorption spectroscopy (XAS) and synchrotron X-rays allow the identification and the characterization of structural and chemical properties of minerals, as well as their oxidation states. They can also be used to determine the speciation of SON and dissolved organic N (DON), as well as the structural character-
istics of soil, such as pore size and pore connectivity. These information could help, for example, to characterize the fine-scale redox heterogeneity (Wilmoth, 2021) that affects Fe cycling and its interconnection with N bioavailability. In addition, these techniques are used to observe and investigate the 3D structure of organo-Fe minerals in soils. Kleber et al. (2021) called for using them in studies of enzyme activity because they allow the investigation of the natural structure of organo-mineral associations without alteration (Kleber et al., 2021). However, while using advanced imaging techniques reveals information at fine scales, upscaling such data is challenging (Wagai et al., 2020).

5.5.2 Microbial techniques

Microbial techniques provide information on the identity of microbial taxa regulating the soil biogeochemical processes in question. These include techniques such as metatranscriptomics, which can be used to distinguish the biological from the abiotic pathways used to direct redox reactions (Wilmoth, 2021), and metagenomics, which were used recently to explore coupled nutrient interactions, including coupled Fe–N reactions (Ma et al., 2021).

5.5.3 Isotope techniques

Isotopes can be used to determine gross rates and the investigation of the pathways and mechanisms of the processes in question. They can also be used to determine OM pools with varying turnover rates. Stable isotope probing, which is a high-resolution technique, can also be used to trace the microbial uptake of N as affected by Fe minerals, as well as its fate in soil environments.

5.5.4 Molecular-characterization techniques

Molecular-characterization techniques, which include FTIR, allow the identification of different soil organic molecules and the analysis of their bonding mode and strength with minerals.

5.6 Concluding comment

As a final commentary on Fe–N bioavailability interactions, we propose the following questions: how much N can be mobilized by Fe-related mechanisms? What are the controls on these interactions? And how important are certain mechanisms relative to others in securing N bioavailability in the context of global change? Do reactions observed in laboratory settings occur naturally in soils? We also urge the field to develop new methods and techniques, such as those capable of detecting low concentrations of ROSs and their fate in soil environments or the products of mineral-induced OM polymerization.

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