

1 **A 22,570-yr record of vegetational and climatic change from**
2 **Wenhai Lake in the Hengduan Mountains biodiversity**
3 **hotspot, Yunnan, Southwest China**

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12

13 **Abstract**

14 The Hengduan Mountains, with their strong altitudinal vegetation zonation, form a
15 biodiversity hotspot which offers the potential for comparison between sites in order to
16 understand how this zonation arose and how it has responded to climate change and human
17 impacts through time. This paper presents a 22,570-yr pollen record of vegetational and
18 climatic change based on a core 320 cm in depth collected from Wenhai Lake on the Jade
19 Dragon Snow Mountain, one of the highest peaks in the Hengduan Mountains region of
20 Yunnan, Southwest China. From 22,570 to 21,140 cal. yr BP, the vegetation was dominated
21 by broad-leaved forest (comprising mainly *Quercus*, *Betula* and *Castanopsis*), accompanied
22 by needle-leaved forest (mainly *Pinus* and *Abies*), indicating a rather cold and dry climate
23 relative to the present followed by cold and wet conditions. In the period between 21,140 and
24 19,350 cal. yr BP, the vegetation was still dominated by broad-leaved forest and
25 needle-leaved forest as before but with a notable increase in *Betula* pollen and a sharp
26 decrease in *Quercus* pollen, implying a relatively cold and dry climate with several
27 fluctuations in humidity. The period 19,350 to 17,930 cal. yr BP was a transition stage from
28 broad-leaved forest to needle-leaved forest, with a dramatic decrease in *Quercus* pollen and a
29 maximum reading for *Abies* pollen, reflecting the coldest and driest climate since 22,570 cal.

30 yr BP. The expansion in needle-leaved forest dominated by *Pinus* and *Abies* (22,570–17,930
31 cal. yr BP) along with an increase of *Betula* might correspond to the Last Glacial Maximum
32 (LGM, the start of the LGM perhaps occurred prior to the basal age of the core). Between
33 17,930 and 9,250 cal. yr BP, needle-leaved forest declined and broad-leaved forest began to
34 increase at first, suggesting increases in temperature and humidity, while towards the end of
35 the period, needle-leaved forest expanded and broad-leaved forest shrank, indicating a colder
36 and drier climate, possibly corresponding to the Younger Dryas. From 9,250 cal. yr BP to the
37 present, the vegetation has been dominated by needle-leaved forest (comprising mainly *Pinus*,
38 *Abies* and *Tsuga*), interspersed with broad-leaved *Quercus* and *Betula*, reflecting a significant
39 decline in humidity from the early to late Holocene. During this period, human activity likely
40 increased in this region, with impacts on the vegetation such as a distinct decrease in *Pinus*
41 and *Quercus* pollen and an increase in Polygonaceae pollen in the upper 30 cm of the core.
42 The marked decline in *Quercus* pollen compared with the early stage of this period, in
43 particular, in the Wenhai core can be correlated with that observed in the Haligu core
44 (situated about 2 km away) between 2,400 cal. yr BP and the present.

45

46 **1 Introduction**

47 The Hengduan Mountains are located in the north of the Mountains of Southwest China
48 biodiversity hotspot, the most biologically diverse temperate ecosystem in the world
49 (Conservation International, 2008), sandwiched between the Honghe Basin to the east and the
50 Qinghai-Xizang Plateau to the west. They comprise five main ridge systems characterized by
51 vertical vegetation zonation and separated by four deep drainage systems, created during the
52 Himalayan orogeny beginning in the Tertiary Period and continuing into the Quaternary
53 (Myers et al., 2000; Ying, 2001). The floristic diversity of the region is particularly high: the
54 Hengduan Mountains are situated in Yunnan Province which, despite covering just 4% of
55 China's land area, contains c. 15,000 species of higher plants, almost 50% of the country's
56 total.

57 The marked altitudinal zonation of vegetation in the Hengduan Mountains offers the
58 potential to compare between sites in order to build up an understanding of how this zonation

59 arose and how it responds, through time, to climate change and human impacts. The Jade
60 Dragon Snow Mountain (rising to 5,596 m a. s. l.) is one of the highest peaks in the
61 Hengduan Mountains region, and is particularly appropriate for the study of past and present
62 diversity using palynological data because it supports a number of natural wetlands and lakes
63 containing abundant, well-preserved palynomorphs, at a range of altitudes. Thus, sampling of
64 core sediments from different sites has the potential to generate pollen data relative to both
65 time and altitude (at a given locality), which will ultimately enable us to estimate changes in
66 both floristic composition and diversity over time and their response to climatic change.

67 During the past decade, pollen analysis has been employed extensively for understanding
68 Quaternary vegetation and climate history in China (e.g., Xu et al., 2002; Xiao et al., 2004;
69 Zhao et al., 2007; Li et al., 2011; An et al., 2013; Cao et al., 2013; Jiang et al., 2013).
70 However, few such studies have been conducted in the Hengduan Mountains (Jiang et al.,
71 1998; Shen et al., 2006; Jones et al., 2012; Song et al., 2012; Cook et al., 2013; Xiao et al.,
72 2014). Previously, we have investigated changing climate and vegetation over the past 9,300
73 years based on pollen analyses of a core 400 cm in depth from a wetland site at Haligu (3,277
74 m) on the Jade Dragon Snow Mountain (Song et al., 2012). This paper presents a 22,570-yr
75 record of vegetational and climatic change from Wenhai Lake (3,080 m), also on the Jade
76 Dragon Snow Mountain. We aim to use pollen data to develop insights into changing floristic
77 diversity and to draw inferences about past climate and anthropogenic influences in the
78 region during the Late Quaternary.

79

80 **2 Study area**

81 Wenhai Lake (26°58'59" N, 100°09'54" E) is located at the southern end of the Jade Dragon
82 Snow Mountain in Yulong County of Lijiang City, northwestern Yunnan, Southwest China
83 (Fig. 1). It forms part of Lashihai Swamp Natural Reserve and is about 23 km northwest of
84 Lijiang City. This area is a key region linking the Qinghai-Xizang Plateau with the Yungui
85 Plateau, and also is a boundary region between the Hengduan Mountains area of northwestern
86 Yunnan and the plateau area of eastern Yunnan. More than a thousand years ago, Wenhai was
87 an important stop on the ancient "Tea-Horse Road," a route for trading tea and horses

88 between inland agricultural and remote nomadic regions (Luo, 2003). Yulong County is
89 home to several ethnic minority peoples, with the Naxi being most numerous. Wenhai Lake is
90 an open lake surrounded by high mountains, covering an area of about 0.16 km². It is a
91 seasonal lake fed mainly by rainfall and glacial melt-water from the nearby mountains.

92 The study area is strongly influenced by the southwest monsoon coming from the Indian
93 Ocean. Thus the summers are warm and humid and the winters cool and dry. The mean
94 annual temperature (MAT) and mean annual precipitation (MAP) measured at Lijiang
95 (situated below the study site at about 2,200 m), are 12.8°C and 935 mm, respectively. About
96 90% of the annual precipitation falls in summer, between June and October. The warmest
97 month is July, with a mean temperature of 17.9°C, and the coldest month is January, with a
98 mean temperature of 5.9°C (Feng et al., 2006).

99 The regional vegetation and climate of the Jade Dragon Snow Mountain area are strongly
100 related to elevation gradients. At increasing elevations on the mountain slopes, MAT shows a
101 decreasing trend, while MAP displays a reverse trend. For example, MAT and MAP are
102 12.6°C and 772 mm, respectively, at 2,393 m, MAT decreases to 5.4 °C and MAP increases
103 to 1,600 mm at 3,200 m, MAT further decreases to -3.3~-4.7°C and MAP increases to more
104 than 2,400 mm at the snow line (4,800 m; He et al., 2000a, 2000b). Four main vegetation
105 zones can be recognized: Zone 1, semi-humid evergreen broad-leaved forest-pine forest
106 (about 2,400-3,000 m); Zone 2, needle- and broad-leaved mixed forest- sclerophyllous
107 evergreen broad-leaved forest (about 3,000-3,300 m); Zone 3, cold-temperate needle-leaved
108 forest (about 3,300-4,200 m); and Zone 4, alpine heath scrub and meadow (above 4,200 m;
109 Wu et al., 2006). From our personal observations, the present vegetation around the Wenhai
110 Lake catchment is dominated by oaks (*Quercus pannosa* Hand.-Mazz) and pines, primarily
111 *Pinus yunnanensis*, with *P. armandii* Franch at slightly lower elevations and smaller numbers
112 of *Tsuga dumosa* (D.Don) Eichler and *P. densata* Mast. are also present. Here, the most
113 abundant shrubs are ericaceous, including rhododendron species, especially *Rhododendron*
114 *mucronatum* (Blume) G. Don, *R. racemosum* Franch., *R. yunnanense* Franch. and *R. delaveyi*
115 Franch., together with *Vaccinium bracteatum* Thunb. and *Pieris formosa* (Wallich) D.Don.
116 Herbaceous taxa are diverse with some of the most speciose genera being *Anemone*, *Gentiana*,

117 *Primula* and *Roscoea*. This area is now heavily influenced by human activities, such as
118 felling of timber and grazing, so some patches are barren of vegetation.

119

120 **3 Materials and methods**

121 **3.1 Coring and sampling**

122 A sediment core 320 cm in depth was obtained from Wenhai Lake in January 2005 using a
123 Russian corer, which consists of a 40 cm long steel chamber (diameter 10 cm) and 1 m long
124 steel rods. Coring was done in 40 cm overlapping steps (0–40 cm, 40–80 cm, 80–120 cm,
125 etc.). To avoid contamination, the chamber was cleaned carefully before starting each new
126 round of coring. The core was labelled in the field, wrapped in plastic foil and placed in
127 halved PVC tubes. A detailed lithological description of the core is presented in Fig. 2.

128

129 **3.2 Radiocarbon dating**

130 Two samples from the core, at 155 cm and 320 cm in depth, were taken for Accelerator Mass
131 Spectrometry (AMS) radiocarbon dating, which was performed at the Scottish Universities
132 Environmental Research Centre (SUERC) in Glasgow, Scotland, UK. The ¹⁴C ages are
133 quoted in conventional years BP (before 1950 AD). Bulk samples from the core were used
134 because fragments of plant material suitable for analysis were not present. Age calibration
135 was set up using the calibration curve from Reimer et al. (2004) by means of the calibration
136 program OxCal v3.10 (Bronk, 2005). Date ranges are cited in calibrated years AD/BC at 95%
137 probability, with end points rounded to the nearest 10 years (Mook, 1986; Foster et al., 2008).

138

139 **3.3 Pollen analysis**

140 Six surface soil samples near the core were collected for comparison with the preserved
141 pollen assemblage. Thirty-two samples were taken from the core itself, at 10 cm intervals, for
142 pollen analysis. Thirty grams of each sample were processed by the method of heavy liquid
143 separation (Moore et al., 1991; Li and Du, 1999) followed by acetolysis (Erdtman, 1960).
144 Pollen grains and spores were identified using modern pollen slides, palynological literature
145 and monographs (IBCAS, 1976; IBSCIBCAS, 1982; Wang et al., 1995). All samples yielded

146 abundant, well-preserved palynomorphs. Pollen samples were examined using a Leica DM
147 2500 light microscope at a magnification of $400\times$ and at least 300 pollen grains and spores
148 were counted in each sample. Pollen grains and spores were divided into four categories:
149 trees and shrubs, herbs, pteridophytes and aquatic taxa. Pollen data were expressed as
150 percentages and graphed using Tilia.Graph, and pollen zones were determined with CONISS
151 in the Tilia program (Grimm, 1997).

152

153 **4 Results**

154 **4.1 Chronology**

155 Two AMS radiocarbon dates, $14,075\pm 40$ yr BP (17,150–16,350 cal. yr BP) at depth of 155
156 cm and $19,075\pm 50$ yr BP (22,760–22,380 cal. yr BP) at depth of 320 cm, give a relatively
157 reliable basis for deciphering the vegetation and climate history in and surrounding Wenhai
158 Lake. The sedimentation rates are c. 0.1 mm/yr and 0.28 mm/yr for the depths of 0–155 cm
159 and 155–320 cm, respectively. Ages of other depths are interpolated by assuming that the
160 sedimentation rate is constant between the two dated samples, i.e., 9,250 cal. yr BP at 80 cm
161 depth, 17,930 cal. yr BP at 190 cm, 19,350 cal. yr BP at 230 cm, and 21,140 cal. yr BP at 280
162 cm.

163

164 **4.2 Pollen analysis**

165 **4.2.1 Surface samples**

166 Fifty palynomorphs were identified from the six surface soil samples collected in close
167 proximity to the core, including 29 families and seven genera of angiosperms, three genera of
168 gymnosperms, nine families and one genus of pteridophytes, and one genus of alga (See the
169 supplementary material). The pollen assemblage is dominated by trees and shrubs, at
170 percentages ranging from 79.5% to 97.0% of the total pollen and spores. *Pinus* pollen
171 (62.3–87.1%) dominates in all six surface samples, followed by *Abies* (3.3–10.7%), *Quercus*
172 (0–5.5%) and Ericaceae (0–4.1%), Herb pollen is present at low percentages (1.8–4.1%), and
173 comprises *Artemisia*, other Compositae, Caryophyllaceae, Chenopodiaceae, Convolvulaceae,

174 Cruciferae, Cyperaceae, Gramineae, Labiatae, Liliaceae and Polygonaceae. Pteridophyte
175 spores account for 0.3–15.3%, including Athyriaceae, Cyatheaceae, Gymnogrammaceae,
176 Hymenophyllaceae, Loxogrammaceae, Lygodiaceae, Plagiogyriaceae, Polypodiaceae, *Pteris*
177 and Sinopteridaceae. Aquatic plants are recorded at low percentages (0–3%), comprising
178 *Myriophyllum* and *Zygnema*. This pollen assemblage is consistent with the local vegetation of
179 the lake basin and the surrounding mountains, reflecting a needle-leaved forest dominated by
180 *Pinus* and accompanied by some broad-leaved components, e.g. *Quercus* and Ericaceae.

181

182 **4.2.2 Pollen diagram zonation and description**

183 Pollen analysis of the core samples shows a high degree of taxonomic diversity. The
184 palynoflora comprises 83 palynomorphs, which can be identified to 45 families and 13 genera
185 of angiosperms, one family and seven genera of gymnosperms, 12 families and three genera
186 of pteridophytes and two genera of algae (See the supplementary material). Some of the
187 selected palynomorphs extracted from the core are illustrated in the supplementary material.

188 A greater diversity of palynomorphs was recovered from the core samples than from the
189 surface samples. However, many of the taxa found in the core but missing from surface
190 samples are not present in the upper part of the core and are no longer present in the
191 immediate area so do not contribute to the local pollen rain. Examples include *Cedrus*,
192 *Dacrydium* and *Taxodium* amongst the gymnosperms and the angiosperm taxa Actinidiaceae,
193 Anacardiaceae, *Carpinus*, Clethraceae, Flacourtiaceae, Icacinaceae, Juglandaceae,
194 *Liquidambar*, Myrsinaceae, Palmae and *Tilia*. Some of these taxa have a subtropical
195 distribution and their closest occurrence to the study site is at much lower elevation near the
196 Jinsha River or considerably further south in Yunnan. Other taxa such as Araceae, Araliaceae,
197 Campanulaceae, Caprifoliaceae, Caryophyllaceae and Umbellifereae are present in the
198 immediate area but are entomophilous plants with relatively lower pollen production which
199 might be expected to be under-represented in the local pollen rain.

200 A cluster analysis performed using Tilia (with CONISS) divided the pollen diagram into
201 five distinct zones (Fig. 2). Brief descriptions of each zone are as follows.

202

203 **Pollen zone 1 (320–280 cm: 22,570–21,140 cal. yr BP):**

204 This zone is characterized by a dominance of tree and shrub pollen (72.9–81.3%), followed
205 by herbs (6.3–20%), ferns (4.2–12.5%) and aquatics (0–4.2%). Among the trees and shrubs,
206 the percentage of broad-leaved elements (42.2–70.8%) is higher than that of conifers
207 (10.4–33.9%). The trees and shrubs are dominated by the broad-leaved taxa *Quercus*
208 (20–62.5%, including *Quercus* sp. 1 and sp. 2), *Betula* (1.8–7.6%), *Castanopsis* (0–6.7%) and
209 the coniferous taxa *Pinus* (6.3–24.4%) and *Abies* (4.2–10.1%). Pollen grains of other
210 coniferous plants such as *Picea* and *Tsuga*, and broad-leaved plants such as *Corylus*, *Ulmus*
211 and Ericaceae are also present in minute quantities. Herbs are represented by *Artemisia*
212 (0–11.5%), coupled with Chenopodiaceae (0–4.4%), Compositae (0–4.4%), Labiatae
213 (0–4.2%), and Polygonaceae (0–3.7%). Fern taxa include Athyriaceae (3.7–6.7%),
214 Polypodiaceae (0–4.6%), Gymnogrammaceae (0–4.2%) and *Pteris* (0–2.1%). Two taxa of
215 aquatic plants, *Myriophyllum* and *Pediastrum*, are recorded, at 0–3.1% and 0–1.0%,
216 respectively.

217 The pollen assemblages of pollen zone 1 and the surface samples are both dominated by
218 tree and shrub pollen, represented by 72.9–81.3% and 79.5–97%, respectively. *Quercus*
219 pollen (20–62.5%) dominates the trees and shrubs of pollen zone 1, followed by *Pinus*, *Abies*,
220 *Betula* and *Castanopsis*. In contrast, *Pinus* pollen (62.3–87.1%) dominates the trees and
221 shrubs of the surface samples, followed by *Abies*, *Quercus* and Ericaceae. The percentage of
222 herb pollen is comparatively high in pollen zone 1 (6.3–20%) compared to the surface
223 samples (1.8–4.1%). Similar percentages of pteridophyte spores (pollen zone 1: 4.2–12.5%,
224 surface samples: 0.3–15.3%) and aquatics (pollen zone 1: 0–4.2%, surface samples: 0–3%)
225 are recorded in pollen zone 1 and the surface samples.

226

227 **Pollen zone 2 (280–230 cm: 21,140–19,350 cal. yr BP):**

228 In this zone, two distinct characteristics are observed: firstly a sharp increase in the aquatic
229 pollen percentage, reaching a maximum (16.7%) for the entire profile at a depth of 270 cm,
230 which is attributed to the prevalence of *Myriophyllum* and *Pediastrum*. Secondly, trees and

231 shrubs continue to dominate in this zone. The percentage of trees and shrubs ranges from
232 52.3% to 79.6%. As in pollen zone 1, broad-leaved trees (34.4–65.2%) still occupy a higher
233 percentage than conifers (8.6–45.2%). Among the conifers, it should be noted that *Pinus*
234 pollen reaches its lowest value (2.1%) for the whole profile at a depth of 230 cm.
235 Broad-leaved trees, i.e. *Quercus* (4.1–56.5%), *Betula* (3.4–13.7%), *Castanopsis* (0–8.5%) and
236 *Corylus* (0–6.3%), together with herbaceous taxa, i.e. *Artemisia* (0–12.8%) and Polygonaceae
237 (2.2–6.9%), continue to play an important role in this zone. In addition, some new
238 broad-leaved elements, *Alnus*, *Carpinus*, Actinidaceae, *Ilex*, Leguminosae, *Tilia*, Cruciferae
239 and Plantaginaceae, are found sporadically for the first time. The percentage of fern spores
240 (1.3–13.8%) remains at almost the same level as in pollen zone 1. Athyriaceae spores show a
241 slight increase (up to 10.9%), but Gymnogrammaceae (0–0.4%), Polypodiaceae (0–1.1%)
242 and *Pteris* (0–1.1%) display minor decreases.

243 Tree and shrub pollen dominates the pollen assemblages of both pollen zone 2 and the
244 surface samples, but its percentage in pollen zone 2 (52.3–79.6%) is lower than in the surface
245 samples (79.5–97%). *Quercus* pollen dominates the trees and shrubs of pollen zone 2
246 (4.1–56.5%), compared to the dominance of *Pinus* pollen (62.3–87.1%) in the surface
247 samples. The percentages of herb pollen (pollen zone 2: 2.2–21.2%, surface samples:
248 1.8–4.1%) and aquatics (pollen zone 2: 4.1–16.7%, surface samples: 0–3%) are
249 comparatively high in pollen zone 2 compared to the surface samples. Pteridophyte spores
250 account for 1.3–13.8% and 0.3–15.3%, respectively, in pollen zone 2 and the surface samples.

251

252 **Pollen zone 3 (230–190 cm: 19,350–17,930 cal. yr BP):**

253 In this zone, tree and shrub pollen maintains a dominant status (79.7–92.2%), followed by
254 herbs (5.2–13.7%), ferns (0.7–7.1%) and aquatics (0–5.8%). The percentage of trees and
255 shrubs reaches its highest value (92.2%) of the profile, at a depth of 200 cm. The conifers
256 (28.4–66.8%) show a higher percentage than broad-leaved trees (19–51.4%). *Pinus*
257 (19.2–50.0%) and *Abies* (9.0–43.4%) pollen shows a sharp increase, and *Abies* pollen in
258 particular maintains a peak value (43.4%) throughout the profile. The broad-leaved trees
259 *Quercus* (9.5–31.1%) and *Betula* (1.3–9.6%), and herbaceous *Artemisia* (0–11.2%), also play

260 an important role. The ferns are dominated by Athyriaceae, ranging from 0.2% to 7.1%. Six
261 other types of ferns, i.e. Polypodiaceae, Selaginellaceae, Sinopteridaceae, Hymenophyllaceae,
262 *Pteris* and Lygodiaceae, occur at low percentages, less than 2%. The prevalence of
263 *Myriophyllum* (0–2.8%) and *Pediastrum* (0–5.8%) declines sharply and one new aquatic
264 taxon, Potamogetonaceae, appears in this zone at a low percentage (0–0.1%).

265 The percentage of tree and shrub pollen in pollen zone 3 (79.7–92.2%) is more similar
266 than the previous zones to that of the surface samples (79.5–97%). As in the surface samples,
267 *Pinus* pollen dominates in pollen zone 3, followed by *Abies* and *Quercus*. The percentages of
268 herb pollen (pollen zone 3: 5.2–13.7%, surface samples: 1.8–4.1%) and aquatics (pollen zone
269 3: 0–5.8%, surface samples: 0–3%) in pollen zone 3 are higher than in the surface samples.
270 However, a comparatively lower percentage of pteridophyte spores is recorded in pollen zone
271 3 (0.7–7.1%) than in the surface samples (0.3–15.3%).

272

273 **Pollen zone 4 (190–80 cm: 17,930– 9,250 cal. yr BP):**

274 Tree and shrub pollen dominates in this zone (75.8–90.4%). Herbs rank second (7.5–18.4%),
275 followed by ferns (0–12.1%) and aquatics (0–4%). Coniferous *Pinus* (12.6–46.9%) and *Abies*
276 (1.8–30.3%), and broad-leaved *Quercus* (9.1–37.8%) and *Betula* (0–13.5%) are the dominant
277 elements of trees and shrubs. Additionally, three other coniferous taxa, *Picea*, *Tsuga* and
278 Taxodiaceae, and 28 broad-leaved tree species including *Corylus*, *Castanopsis*, *Liquidambar*
279 and Myrsinaceae are recorded at low percentages. Herbs are represented by *Artemisia*
280 (0–9.9%), Labiatae (0–6.1%) and Polygonaceae (0.4–4.7%), accompanied by
281 Chenopodiaceae, Cyperaceae, Plantaginaceae and Gramineae in minute quantities. Nine types
282 of ferns are found in this zone, among which Athyriaceae and Polypodiaceae possess
283 relatively high percentages of 0–12.1% and 0–2.2%, respectively. Three aquatic plants occur:
284 *Myriophyllum* (0–3.7%), *Pediastrum* (0–0.6%), and *Zygnema* (0–0.2%).

285 Tree and shrub pollen maintains a dominant status in pollen zone 4 (75.8–90.4%) and in
286 the surface samples (79.5–97%). *Pinus* pollen dominates the pollen assemblage of pollen
287 zone 4 (12.6–46.9%), but its percentage is much lower than in the surface samples

288 (62.3–87.1%). The percentages of *Quercus* (pollen zone 4: 9.1–37.8%, surface samples:
289 0–5.5%) and *Abies* pollen (pollen zone 4: 1.8–30.3%, surface samples: 3.3–10.7%) in pollen
290 zone 4 are generally higher than in the surface samples. A comparatively higher percentage of
291 herb pollen is documented in pollen zone 4 (7.5–18.4%) relative to the surface samples
292 (1.8–4.1%). Pteridophyte spores (pollen zone 4: 0–12%, surface samples: 0.3–15.3%) and
293 aquatics (pollen zone 4: 0–4%, surface samples: 0–3%) occur in similar percentages in pollen
294 zone 4 and the surface samples.

295

296 **Pollen zone 5 (80–0 cm: 9,250 cal. yr BP – present):**

297 This zone is dominated by tree and shrub pollen (47–84.2%), followed by herbs (4.9–37.4%),
298 ferns (7.8–24.8%) and aquatics (0–3%). The pollen percentage of conifers (31.3–79.9%) is
299 higher than that of broad-leaved trees (4.3–37.6%). From the beginning to the end of this
300 zone, *Pinus* (14–56.8%) shows a decrease then increases sharply, while *Quercus* (1–29.1%)
301 and *Betula* (0–7.4%) show a decreasing trend, and *Abies* (7.4–27.2%) an increasing one.
302 *Tsuga* (1.1–7.5%) reaches its highest percentage in this zone. Pollen of other trees and shrubs
303 such as *Picea*, *Alnus*, *Corylus*, *Carpinus*, Ericaceae, Anacardiaceae, Dipsacaceae,
304 Flacourtiaceae and Meliaceae are found in some samples, at percentages of less than 1%.
305 Herbs are characterized by a distinct decrease in *Artemisia* (0–3.4%) and an increase in
306 Polygonaceae (2–20.8%) and Labiatae (0.7–15.4%). Among the fern spores, Polypodiaceae
307 (4.5–17.9%) shows a remarkable increase and Athyriaceae (0–6.3%) a notable decrease. The
308 percentage of aquatics changes little compared to pollen zone 4, but *Myriophyllum* disappears
309 in this zone. Thus only two types are recorded, *Pediastrum* (0–0.6%) and *Zygnema* (0–3%).

310 Tree and shrub pollen dominates the pollen assemblages of both pollen zone 5 and the
311 surface samples, represented by 47–84.2% and 79.5–97%, respectively, among which *Pinus*,
312 *Abies*, and *Quercus* are the dominant taxa. The percentages of herb pollen (pollen zone 5:
313 4.9–37.4%, surface samples: 1.8–4.1%) and pteridophyte spores (pollen zone 5: 7.8–24.8%,
314 surface samples: 0.3–15.3%) are generally greater in pollen zone 5 than in the surface
315 samples. Aquatics occur at the same percentage (0–3%) in pollen zone 5 and the surface
316 samples.

317

318 **5 Discussion and conclusions**

319 **5.1 Climatic implications of the principal palynomorphs from Wenhai Lake**

320 The palynoflora found in the Wenhai core includes a large number of potential climate
321 indicators. For example, *Pinus* is currently distributed below 3,200 m elevation in Southwest
322 China and is commonly found in slightly warm and moderately dry habitats. *Pinus*
323 *yunnanensis* Franch., *P. densata* Mast. and *P. armandi* Franch. are the dominant species on
324 the mountains of northwestern Yunnan (KIBCAS, 1986). *Tsuga* is a cold-tolerant and
325 hygrophilous conifer, requiring a MAT of 8.4 to 10.5°C and a MAP of about 1,000 mm for
326 favorable growth in Yunnan (WGYV, 1987). One species, *Tsuga dumosa* (D. Don) Eichler,
327 and one variety, *T. chinensis* (Franch.) E. Pritz. var. *forrestii* (Downie) Silba are recorded in
328 northwestern Yunnan (KIBCAS, 1986; Wang et al., 2007). *Abies* is strongly associated with
329 cold and dry habitats with a MAT of 2–8°C and MAP ca. 600 mm in the mountains of
330 Southwest China (CCCV, 1980; Jarvis, 1993). Five species, viz. *Abies delavayi* Franch, *A.*
331 *forrestii* C. Rogers, *A. georgei* Orr, *A. nukiangensis* W. C. Cheng & L. K. Fu, *A. ferreana*
332 Bordères & Gaussen, and two varieties, *A. ernestii* Rehd. var. *salouenensis* (Bordères et
333 Gaussen) W. C. Cheng et L. K. Fu, and *A. georgei* Orr var. *smithii* (Viguie et Gaussen) W. C.
334 Cheng et L. K. Fu, occur in northwestern Yunnan (KIBCAS, 1986). *Betula* is viewed as a
335 cold- and drought-tolerant element. Eleven species and two varieties occur in Yunnan, among
336 which five species and two varieties grow in Lijiang, including *B. calcicola* (W. W. Smith)
337 Hu, *B. delavayi* Franch, *B. platyphylla* Suk., *B. utilis* D. Don, *B. potaninii* Batal, *B. utilis* D.
338 Don var. *sinensis* (Franch.) H. Winkl, and *B. delavayi* Franch var. *polyneura* Hu ex. P. C. Li
339 (KIBCAS, 1991). *Alnus* usually grows on riverbanks or at village margins, in moist temperate
340 habitats. One species, *A. nepalensis* D. Don is found in northwestern Yunnan (KIBCAS,
341 1991). Evergreen sclerophyllous *Quercus* displays considerable ecological adaptability, and
342 can grow in either dry or humid environments. This genus is widely distributed in the fog
343 zone (with higher humidity, at about 3,100 m) on the Jade Dragon Snow Mountain, where it
344 forms a montane needle- and broad-leaved mixed forest along with *Tsuga* and *Picea* (WGYV,
345 1987). From our personal observations, some small *Quercus* trees are present up to about
346 3,800 m. *Artemisia* is mainly distributed in temperate areas of mid to high latitudes of the

347 Northern Hemisphere, usually in arid or semi-arid environments (Valles and McArthur,
348 2001). The genus *Artemisia* is considered an indicator of steppe climate (Erdtman, 1952) and
349 moderate precipitation (El-Moslimany, 1990). There are 54 species and eight varieties
350 growing in Yunnan (KIBCAS, 2003a). Cyperaceae is a cosmopolitan family with ca. 5,000
351 species and 104 genera. Many species of this family commonly grow in wetlands and
352 surrounding areas, adapted to open and sunny conditions. About 26 genera and 272 species
353 occur in Yunnan. The high frequency of Cyperaceae pollen may indicate humid conditions
354 (KIBCAS, 2003b; Sun et al. 2003).

355

356 **5.2 Vegetation and climate history at Wenhai**

357 Based on the climatic preferences of the major taxa recovered from the Wenhai core, the
358 palynological record reveals a detailed history of shifting vegetation and climate change in
359 this region during the past 22,570 yrs (Fig. 3). From 22,570 to 21,140 cal. yr BP (Pollen zone
360 1), the vegetation surrounding the lake catchment was dominated by broad-leaved forest
361 (composed mainly of *Quercus*, *Betula* and *Castanopsis*), accompanied by needle-leaved
362 forest (mainly *Pinus* and *Abies*). The herbaceous plants *Artemisia*, Labiatae, Compositae and
363 Polygonaceae, and ferns Athyriaceae, Polypodiaceae, Gymnogrammaceae and *Pteris*, grew
364 around the lake or under coniferous or broad-leaved trees. This pollen assemblage indicates a
365 rather cold and dry climate relative to the present followed by cold and wet conditions.

366 Between 21,140 and 19,350 cal. yr BP (Pollen zone 2), the vegetation was dominated by
367 broad-leaved forest and needle-leaved forest as before, with a notable increase in *Betula*
368 pollen and a sharp decrease in *Quercus* pollen, reflecting a relatively cold and dry climate
369 with several fluctuations in humidity during this period. From 19,350 to 17,930 cal. yr BP
370 (Pollen zone 3), the coniferous trees *Pinus* and *Abies* showed a distinct increase, with *Abies*
371 especially reaching its maximum proportion during this period. In contrast, broad-leaved
372 *Quercus* displayed a remarkable decrease compared to the previous stage. This pollen
373 assemblage suggests a transition from broad-leaved forest to needle-leaved forest, pointing to
374 the coldest and driest climate conditions since 22,570 cal. yr BP. In the period from 22,570 to
375 17,930 cal. yr BP, needle-leaved forest dominated by *Pinus* and *Abies* gradually expanded
376 and reached a maximum extent, and at the same time, the extent of *Betula* increased. This

377 period might correspond to the cold Last Glacial Maximum (LGM). However, the exact start
378 and end dates of the LGM in Southwest China has been the subject of much debate. For
379 example, Chen et al. (2014) reported that the LGM occurred between 29,200 and 17,600 cal.
380 yr BP, based on the expansion and maximum extent of cold-temperature coniferous forest
381 (mainly *Abies/Picea*) in the Xingyun Lake catchment of central Yunnan. Long et al. (1991)
382 identified that the LGM occurred from 30,000 to 15,000 yr BP, with coverage of conifer and
383 broad-leaved mixed forest in the Qilu Lake catchment of central Yunnan. Jiang et al. (2001)
384 concluded that the LGM occurred from 33,000 to 16,000 yr BP, with vegetation comprising
385 montane mixed coniferous and broad-leaved forest and sclerophyllous evergreen oaks in the
386 Heqing Basin of northwestern Yunnan. Thus, previous palynological records from Yunnan
387 tend to provide broader estimates for the LGM. In the present paper, because the basal age of
388 the Wenhai core reaches only to 22,570 cal. yr BP, we cannot deduce the date of the start of
389 the LGM, which perhaps occurred prior to the inferred basal age, as evidenced by the
390 relatively low pollen sum compared with pollen zones 4 and 5. Between 17,930 and 9,250 cal.
391 yr BP (Pollen zone 4), coniferous forest and broad-leaved forest began to decline and increase,
392 respectively, until 140 cm depth of the core, reflecting increases in temperature and humidity
393 relative to pollen zone 3. From 140 cm to 110 cm, coniferous forest expanded, but
394 broad-leaved forest gradually shrank, which indicates colder and drier climate conditions,
395 likely corresponding to the Younger Dryas cold event (YD). The YD is also recorded by other
396 studies in Yunnan. For example, Shen et al. (2006) pointed to the relatively cold period of
397 12,950 to 11,750 cal. yr BP as the YD, based on the dominance of *Betula* and deciduous oaks
398 in the Erhai Lake catchment. Xiao et al. (2014) identified a relatively cold phase between
399 12,230 and 11,510 cal. yr BP, based on the dominance of open alpine meadow around Tiancai
400 Lake. From 9,250 cal. yr BP to the present day (Pollen zone 5), *Pinus* underwent a process of
401 decrease at the depth of 50–80 cm (from 38.1% to 14%), increase from 30 to 50 cm (from 14%
402 to 56.8%, this shows a trend consistent with the Haligu core between 4,000–2,400 cal. yr BP),
403 and decrease again at 0–30 cm (from 56.8% to 14.5%), while *Tsuga* displays an opposite
404 trend. *Abies* shows a distinct increase during this period. *Quercus* increased at the beginning
405 of the stage, then decreased after that. This pollen assemblage indicates that needle-leaved
406 forest (comprising mainly *Pinus*, *Abies* and *Tsuga*) dominated the areas surrounding Wenhai

407 Lake during the Holocene, interspersed with broad-leaved elements (mainly *Quercus* and
408 *Betula*), reflecting a significant decline in humidity from the early to late Holocene, which
409 might be related to a strong Asian summer monsoon over Southwest China during the early
410 Holocene and a reduced monsoon intensity in the mid-late Holocene (Dykoski et al., 2005;
411 Kramer et al., 2010).

412

413 **5.3 Palynological signals of human activity detected in the Wenhai core**

414 Based on pollen and other evidence, human influences on postglacial vegetation have been
415 inferred in Europe and North America (e.g., Brugam, 1978; Hiron and Edwards, 1986; Smith
416 and Cloutman, 1988; Russell et al., 1993; Parker et al., 2002), as well in China (e.g., An et al.,
417 2002; He et al., 2002; Xu et al., 2002; Song et al., 2012). The present authors have previously
418 published another palynological investigation within the Hengduan Mountains (Song et al.,
419 2012). The altitude of the previous study site, Haligu, is 3,277 m, where there is no current
420 human settlement. The present study area (3,080 m), about 2 km far from Haligu, is close to a
421 Naxi ethnic minority settlement at Wenhai village. Moreover, Wenhai was an important stop
422 on the ancient “Tea-Horse Road” (Luo, 2003), making it likely that a wide variety of
423 cultivated plants were introduced into the agricultural system around the lake, as evidenced
424 by an ethnobotanical survey of traditional edible plants (including 45 cultivated plants) used
425 by Naxi people in Wenhai village (Zhang et al., 2013).

426 In the Wenhai core, several observations may be interpreted in terms of increasing
427 anthropogenic impact in the region. First, *Pinus* and *Quercus* pollen decreased distinctly at
428 the depth of 0–30 cm, which is probably linked with the fact that local people felled the trees
429 for house construction or fuel wood. We detected that *Quercus* pollen decreased steadily in
430 the Haligu core during the period from 2,400 cal. yr BP to the present day and observed
431 heavy present-day coppicing of *Quercus* for firewood, resulting in much reduced pollen
432 production. The comparison of both cores may substantiate the existing human impacts in the
433 region. Second, the occurrence of abundant Labiatae pollen also indicates increasing human
434 activity. From our personal observation, the Naxi people in Wenhai village currently cultivate
435 several Labiatae species, including *Perilla frutescens* (L.) Britton and *Mentha* spp. as edible

436 herbs and for medical utilization. Third, the increase in Polygonaceae pollen (likely to be
437 *Fagopyrum*) could be an important indicator of human activity in the region, as the Naxi
438 people continue to plant buckwheat as an important crop today. Although we have no
439 absolute way to confirm these signals correlated with increased human settlement in the
440 region, we believe a further ongoing study of two soil pit profiles with high resolution of
441 dating and sampling from the village of Wenhai will give us even more information about
442 human activity on the Jade Dragon Snow Mountain.

443

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451

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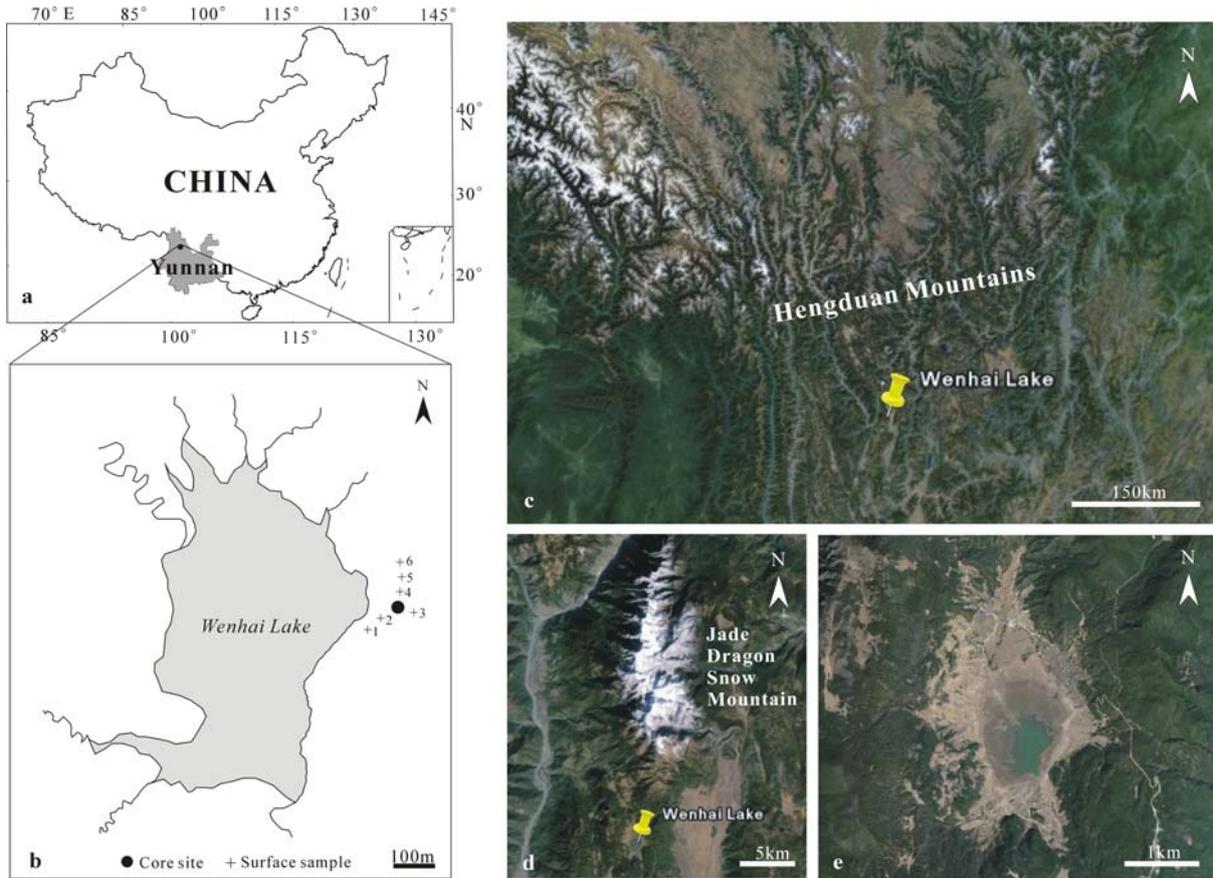
618

619 **Figure legends**

620 **Figure 1.** a. The location of Wenhai Lake in northwestern Yunnan, China, b. The position of
621 core and surface soil samples, c. The location of Wenhai Lake in the Hengduan
622 Mountains, d. The location of Wenhai Lake on the Jade Dragon Snow Mountain, e.
623 An enlarged photograph of Wenhai Lake (c, d and e are cited from Google Earth)

624 **Figure 2.** Pollen percentage diagram from Wenhai Lake, northwestern Yunnan, China

625 **Figure 3.** Inferred vegetation succession over the past 22,570 yrs at Wenhai

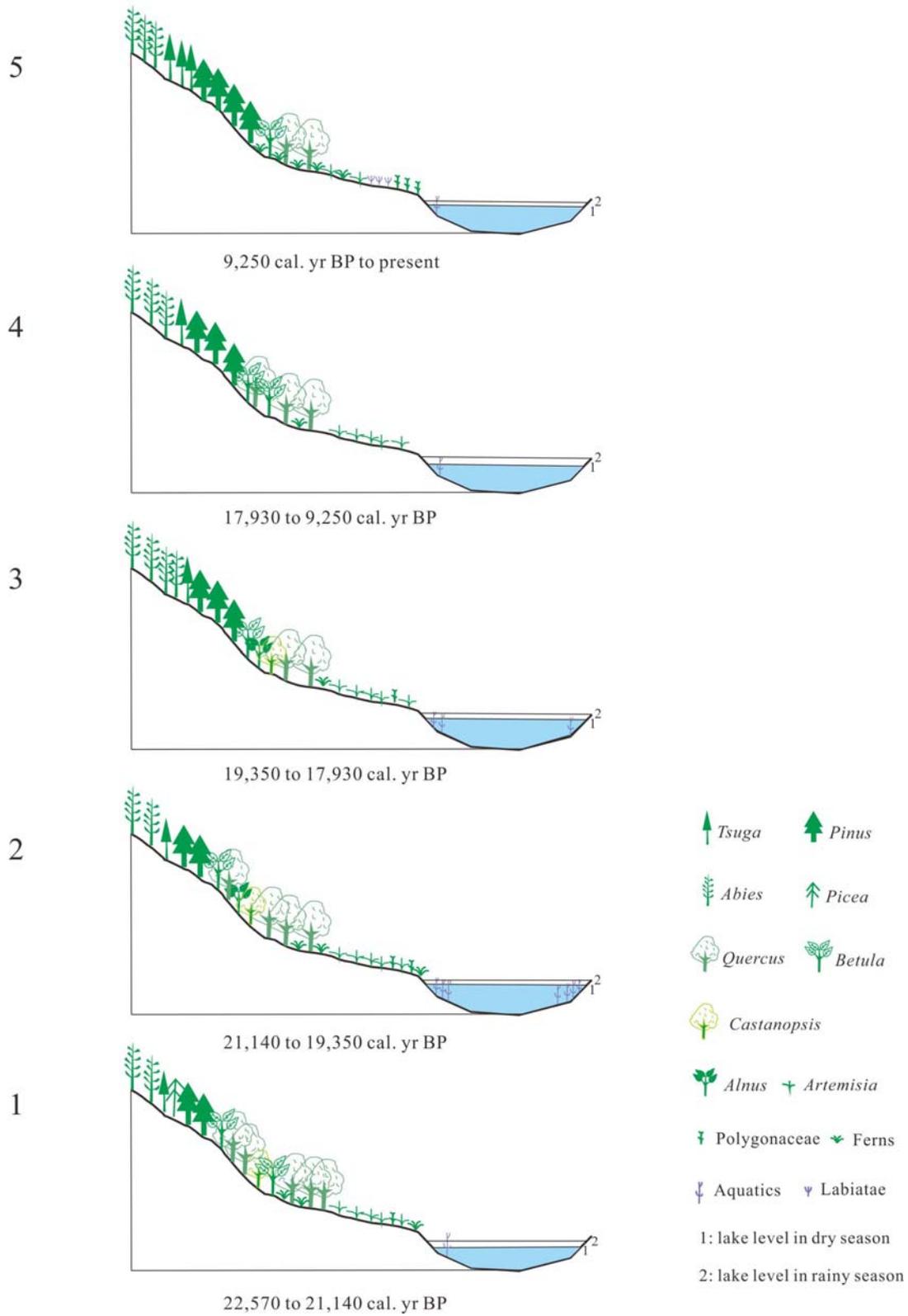


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627
628

Figure 1

Stage

Vegetation succession



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634
635

Figure 3