

1 **A 22,570-yr record of vegetational and climatic change from**  
2 **Wenhai Lake in the Hengduan Mountains biodiversity**  
3 **hotspot, Yunnan, Southwest China**

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12 **Abstract**

13 The Hengduan Mountains, with their strong altitudinal vegetation zonation, form a  
14 biodiversity hotspot which offers the potential for comparison between sites in order to  
15 understand how this zonation arose and how it has responded to climate change and human  
16 impacts through time. This paper presents a 22,570-yr pollen record of vegetational and  
17 climatic change based on a core 320 cm in depth collected from Wenhai Lake on the Jade  
18 Dragon Snow Mountain, one of the highest peaks in the Hengduan Mountains region of  
19 Yunnan, Southwest China. From 22,570 to 21,140 cal. yr BP, the vegetation was dominated  
20 by broad-leaved forest (comprising mainly *Quercus*, *Betula* and *Castanopsis*), accompanied  
21 by needle-leaved forest (mainly *Pinus* and *Abies*), indicating a rather cold and dry climate  
22 relative to the present followed by cold and wet conditions. In the period between 21,140 and  
23 19,350 cal. yr BP, the vegetation was still dominated by broad-leaved forest and  
24 needle-leaved forest as before but with a notable increase in *Betula* pollen and a sharp  
25 decrease in *Quercus* pollen, implying a relatively cold and dry climate with several  
26 fluctuations in humidity. The period 19,350 to 17,930 cal. yr BP was a transition stage from  
27 broad-leaved forest to needle-leaved forest, with a dramatic decrease in *Quercus* pollen and a  
28 maximum reading for *Abies* pollen, reflecting the coldest and driest climate since 22,570 cal.

30 yr BP. The expansion in needle-leaved forest dominated by *Pinus* and *Abies* (22,570–17,930  
31 cal. yr BP) along with an increase of *Betula* might correspond to the Last Glacial Maximum  
32 (LGM, the start of the LGM perhaps occurred prior to the basal age of the core). Between  
33 17,930 and 9,250 cal. yr BP, needle-leaved forest declined and broad-leaved forest began to  
34 increase at first, suggesting increases in temperature and humidity, while towards the end of  
35 the period, needle-leaved forest expanded and broad-leaved forest shrank, indicating a colder  
36 and drier climate, possibly corresponding to the Younger Dryas. From 9,250 cal. yr BP to the  
37 present, the vegetation has been dominated by needle-leaved forest (comprising mainly *Pinus*,  
38 *Abies* and *Tsuga*), interspersed with broad-leaved *Quercus* and *Betula*, reflecting a significant  
39 decline in humidity from the early to late Holocene. During this period, human activity likely  
40 increased in this region, with impacts on the vegetation such as a distinct decrease in *Pinus*  
41 and *Quercus* pollen and an increase in Polygonaceae pollen in the upper 30 cm of the core.  
42 The marked decline in *Quercus* pollen compared with the early stage of this period, in  
43 particular, in the Wenhai core can be correlated with that observed in the Haligu core  
44 (situated about 2 km away) between 2,400 cal. yr BP and the present.

45

## 46 1 Introduction

47 The Hengduan Mountains are located in the north of the Mountains of Southwest China  
48 biodiversity hotspot, the most biologically diverse temperate ecosystem in the world  
49 (Conservation International, 2008), sandwiched between the Honghe Basin to the east and the  
50 Qinghai-Xizang Plateau to the west. They comprise five main ridge systems characterized by  
51 vertical vegetation zonation and separated by four deep drainage systems, created during the  
52 Himalayan orogeny beginning in the Tertiary Period and continuing into the Quaternary  
53 (Myers et al., 2000; Ying, 2001). The floristic diversity of the region is particularly high: the  
54 Hengduan Mountains are situated in Yunnan Province which, despite covering just 4% of  
55 China's land area, contains c. 15,000 species of higher plants, almost 50% of the country's  
56 total.

57 The marked altitudinal zonation of vegetation in the Hengduan Mountains offers the  
58 potential to compare between sites in order to build up an understanding of how this zonation

59 arose and how it responds, through time, to climate change and human impacts. The Jade  
60 Dragon Snow Mountain (rising to 5,596 m a. s. l.) is one of the highest peaks in the  
61 Hengduan Mountains region, and is particularly appropriate for the study of past and present  
62 diversity using palynological data because it supports a number of natural wetlands and lakes  
63 containing abundant, well-preserved palynomorphs, at a range of altitudes. Thus, sampling of  
64 core sediments from different sites has the potential to generate pollen data relative to both  
65 time and altitude (at a given locality), which will ultimately enable us to estimate changes in  
66 both floristic composition and diversity over time and their response to climatic change.

67 During the past decade, pollen analysis has been employed extensively for understanding  
68 Quaternary vegetation and climate history in China (e.g., Xu et al., 2002; Xiao et al., 2004;  
69 Zhao et al., 2007; Li et al., 2011; An et al., 2013; Cao et al., 2013; Jiang et al., 2013).  
70 However, few such studies have been conducted in the Hengduan Mountains (Jiang et al.,  
71 1998; Shen et al., 2006; Jones et al., 2012; Song et al., 2012; Cook et al., 2013; Xiao et al.,  
72 2014). Previously, we have investigated changing climate and vegetation over the past 9,300  
73 years based on pollen analyses of a core 400 cm in depth from a wetland site at Haligu (3,277  
74 m) on the Jade Dragon Snow Mountain (Song et al., 2012). This paper presents a 22,570-yr  
75 record of vegetational and climatic change from Wenhai Lake, also on the Jade Dragon Snow  
76 Mountain. We aim to use pollen data to develop insights into changing floristic diversity and  
77 to draw inferences about past climate and anthropogenic influences in the region during the  
78 Late Quaternary.

79

## 80 **2 Study area**

81 Wenhai Lake (26°58'59" N, 100°09'54" E), an enclosed ice-scour lake at an altitude of 3,080  
82 m, is located at the southern end of the Jade Dragon Snow Mountain in Yulong County of  
83 Lijiang City, northwestern Yunnan, Southwest China (Fig. 1). It forms part of Lashihai  
84 Swamp Natural Reserve and is approximately 23 km northwest of Lijiang City. The lake has  
85 a surface area of about 0.16 km<sup>2</sup>, with a maximum water depth of c. 4 m. It is hydrologically  
86 recharged by rainfall and glacial melt-water from the surrounded mountains, without river  
87 water inputting into the lake. It is a seasonal lake, receiving abundant rainfall in rainy season

88 (May to October) and less rainfall in dry season (November to April). The outflow is dammed,  
89 with a dam constructed in 2012. Therefore, the source of lake sediment is relatively simple  
90 and stable. This area is a key region linking the Qinghai-Xizang Plateau with the Yungui  
91 Plateau, and also is a boundary region between the Hengduan Mountains area of northwestern  
92 Yunnan and the plateau area of eastern Yunnan. More than a thousand years ago, Wenhai was  
93 an important stop on the ancient “Tea-Horse Road,” a route for trading tea and horses  
94 between inland agricultural and remote nomadic regions (Luo, 2003). Yulong County is  
95 home to several ethnic minority peoples, with the Naxi being most numerous.

96 The study area is strongly influenced by the southwest monsoon coming from the Indian  
97 Ocean. Thus the summers are warm and humid and the winters cool and dry. The mean  
98 annual temperature (MAT) and mean annual precipitation (MAP) measured at Lijiang  
99 (situated below the study site at about 2,200 m), are 12.8°C and 935 mm, respectively. About  
100 90% of the annual precipitation falls in summer, between June and October. The warmest  
101 month is July, with a mean temperature of 17.9°C, and the coldest month is January, with a  
102 mean temperature of 5.9°C (Feng et al., 2006).

103 The regional vegetation and climate of the Jade Dragon Snow Mountain area are strongly  
104 related to elevation gradients. At increasing elevations on the mountain slopes, MAT shows a  
105 decreasing trend, while MAP displays a reverse trend. For example, MAT and MAP are  
106 12.6°C and 772 mm, respectively, at 2,393 m, MAT decreases to 5.4 °C and MAP increases  
107 to 1,600 mm at 3,200 m, MAT further decreases to  $-3.3\text{--}4.7^{\circ}\text{C}$  and MAP increases to more  
108 than 2,400 mm at the snow line (4,800 m; He et al., 2000a, 2000b). Four main vegetation  
109 zones can be recognized: Zone 1, semi-humid evergreen broad-leaved forest–pine forest  
110 (about 2,400–3,000 m); Zone 2, needle- and broad-leaved mixed forest- sclerophyllous  
111 evergreen broad-leaved forest (about 3,000–3,300 m); Zone 3, cold-temperate needle-leaved  
112 forest (about 3,300–4,200 m); and Zone 4, alpine heath scrub and meadow (above 4,200 m;  
113 Wu et al., 2006). From our personal observations, the present vegetation around the Wenhai  
114 Lake catchment is dominated by oaks (*Quercus pannosa* Hand.-Mazz) and pines, primarily  
115 *Pinus yunnanensis*, with *P. armandii* Franch at slightly lower elevations and smaller numbers  
116 of *Tsuga dumosa* (D.Don) Eichler and *P. densata* Mast. are also present. Here, the most

117 abundant shrubs are ericaceous, including rhododendron species, especially *Rhododendron*  
118 *mucronatum* (Blume) G. Don, *R. racemosum* Franch., *R. yunnanense* Franch. and *R. delavayi*  
119 Franch., together with *Vaccinium bracteatum* Thunb. and *Pieris formosa* (Wallich) D. Don.  
120 Herbaceous taxa are diverse with some of the most speciose genera being *Anemone*, *Gentiana*,  
121 *Primula* and *Roscoea*. This area is now heavily influenced by human activities, such as  
122 felling of timber and grazing, so some patches are barren of vegetation.

123

### 124 **3 Materials and methods**

#### 125 **3.1 Coring and sampling**

126 A sediment core 320 cm in depth was obtained from Wenhai Lake in January 2005 using a  
127 Russian corer, which consists of a 40 cm long steel chamber (diameter 10 cm) and 1 m long  
128 steel rods. Coring was done in 40 cm overlapping steps (0–40 cm, 40–80 cm, 80–120 cm,  
129 etc.). To avoid contamination, the chamber was cleaned carefully before starting each new  
130 round of coring. The core was labelled in the field, wrapped in plastic foil and placed in  
131 halved PVC tubes. A detailed lithological description of the core is presented in Fig. 2.

132

#### 133 **3.2 Radiocarbon dating**

134 Two samples from the core, at 155 cm and 320 cm in depth, were taken for Accelerator Mass  
135 Spectrometry (AMS) radiocarbon dating, which was performed at the Scottish Universities  
136 Environmental Research Centre (SERC) in Glasgow, Scotland, UK. The  $^{14}\text{C}$  ages are  
137 quoted in conventional years BP (before 1950 AD). Bulk samples from the core were used  
138 because fragments of plant material suitable for analysis were not present. Age calibration  
139 was set up using the calibration curve from Reimer et al. (2004) by means of the calibration  
140 program OxCal v3.10 (Bronk, 2005). Date ranges are cited in calibrated years AD/BC at 95%  
141 probability, with end points rounded to the nearest 10 years (Mook, 1986; Foster et al., 2008).

142

#### 143 **3.3 Pollen analysis**

144 Six surface soil samples near the core were collected for comparison with the preserved  
145 pollen assemblage. Thirty-two samples were taken from the core itself, at 10 cm intervals, for

146 pollen analysis. Thirty grams of each sample were processed by the method of heavy liquid  
147 separation (Moore et al., 1991; Li and Du, 1999) followed by acetolysis (Erdtman, 1960).  
148 Pollen grains and spores were identified using modern pollen slides, palynological literature  
149 and monographs (IBCAS, 1976; IBSCIBCAS, 1982; Wang et al., 1995). All samples yielded  
150 abundant, well-preserved palynomorphs. Pollen samples were examined using a Leica DM  
151 2500 light microscope at a magnification of 400  $\times$  and at least 300 pollen grains and spores  
152 were counted in each sample. Pollen grains and spores were divided into four categories:  
153 trees and shrubs, herbs, pteridophytes and aquatic taxa. Pollen data were expressed as  
154 percentages and graphed using Tilia.Graph, and pollen zones were determined with CONISS  
155 in the Tilia program (Grimm, 1997).

156

## 157 **4 Results**

### 158 **4.1 Chronology**

159 Two AMS radiocarbon dates,  $14,075 \pm 40$  yr BP (17,150–16,350 cal. yr BP) at depth of 155  
160 cm and  $19,075 \pm 50$  yr BP (22,760–22,380 cal. yr BP) at depth of 320 cm, give a relatively  
161 reliable basis for deciphering the vegetation and climate history in and surrounding Wenhai  
162 Lake. The lithology of the entire core is mainly characterized by clay with the exception of  
163 peat deposit at depth of 45–55 cm. Given continuity and stability of sedimentation during the  
164 past 22,570 yr, an age-depth curve in cal. yr B.P., reflecting the sedimentation pattern, can be  
165 constructed for the core (See the supplementary material). Although the age-depth model is  
166 obtained based on two dates, it roughly shows the sedimentation rates are c. 0.1 mm/yr and  
167 0.28 mm/yr for the depths of 0–155 cm and 155–320 cm, respectively. Ages of other depths  
168 are deduced by assuming that the sedimentation rate is constant for the lower and upper  
169 sections of the core, i.e., 9,250 cal. yr BP at 80 cm depth, 17,930 cal. yr BP at 190 cm, 19,350  
170 cal. yr BP at 230 cm, and 21,140 cal. yr BP at 280 cm, which are determined as the timing of  
171 the changes of the pollen zones.

172

173 **4.2 Pollen analysis**

174 **4.2.1 Surface samples**

175 Fifty palynomorphs were identified from the six surface soil samples collected in close  
176 proximity to the core, including 29 families and seven genera of angiosperms, three genera of  
177 gymnosperms, nine families and one genus of pteridophytes, and one genus of alga (See the  
178 supplementary material). The pollen assemblage is dominated by trees and shrubs, at  
179 percentages ranging from 79.5% to 97.0% of the total pollen and spores. *Pinus* pollen  
180 (62.3–87.1%) dominates in all six surface samples, followed by *Abies* (3.3–10.7%), *Quercus*  
181 (0–5.5%) and *Ericaceae* (0–4.1%). Herb pollen is present at low percentages (1.8–4.1%), and  
182 comprises *Artemisia*, other Compositae, Caryophyllaceae, Chenopodiaceae, Convolvulaceae,  
183 Cruciferae, Cyperaceae, Gramineae, Labiatae, Liliaceae and Polygonaceae. Pteridophyte  
184 spores account for 0.3–15.3%, including Athyriaceae, Cyatheaceae, Gymnogrammaceae,  
185 Hymenophyllaceae, Loxogrammaceae, Lygodiaceae, Plagiogyriaceae, Polypodiaceae, *Pteris*  
186 and Sinopteridaceae. Aquatic plants are recorded at low percentages (0–3%), comprising  
187 *Myriophyllum* and *Zygnuma*. This pollen assemblage is consistent with the local vegetation of  
188 the lake basin and the surrounding mountains, reflecting a needle-leaved forest dominated by  
189 *Pinus* and accompanied by some broad-leaved components, e.g. *Quercus* and *Ericaceae*.

190

191 **4.2.2 Pollen diagram zonation and description**

192 Pollen analysis of the core samples shows a high degree of taxonomic diversity. The  
193 palynoflora comprises 83 palynomorphs, which can be identified to 45 families and 13 genera  
194 of angiosperms, one family and seven genera of gymnosperms, 12 families and three genera  
195 of pteridophytes and two genera of algae (See the supplementary material). Some of the  
196 selected palynomorphs extracted from the core are illustrated in the supplementary material.

197 A greater diversity of palynomorphs was recovered from the core samples than from the  
198 surface samples. However, many of the taxa found in the core but missing from surface  
199 samples are not present in the upper part of the core and are no longer present in the  
200 immediate area so do not contribute to the local pollen rain. Examples include *Cedrus*,  
201 *Dacrydium* and *Taxodium* amongst the gymnosperms and the angiosperm taxa *Actinidiaceae*,

202 Anacardiaceae, *Carpinus*, Clethraceae, Flacourtiaceae, Icacinaceae, Juglandaceae,  
203 *Liquidambar*, Myrsinaceae, Palmae and *Tilia*. Some of these taxa have a subtropical  
204 distribution and their closest occurrence to the study site is at much lower elevation near the  
205 Jinsha River or considerably further south in Yunnan. Other taxa such as Araceae, Araliaceae,  
206 Campanulaceae, Caprifoliaceae, Caryophyllaceae and Umbellifereae are present in the  
207 immediate area but are entomophilous plants with relatively lower pollen production which  
208 might be expected to be under-represented in the local pollen rain.

209 A cluster analysis performed using *Tilia* (with CONISS) divided the pollen diagram into  
210 five distinct zones (Fig. 2). Brief descriptions of each zone are as follows.

211

212 **Pollen zone 1 (320–280 cm: 22,570–21,140 cal. yr BP):**

213 This zone is characterized by a dominance of tree and shrub pollen (72.9–81.3%), followed  
214 by herbs (6.3–20%), ferns (4.2–12.5%) and aquatics (0–4.2%). Among the trees and shrubs,  
215 the percentage of broad-leaved elements (42.2–70.8%) is higher than that of conifers  
216 (10.4–33.9%). The trees and shrubs are dominated by the broad-leaved taxa *Quercus*  
217 (20–62.5%, including *Quercus* sp. 1 and sp. 2), *Betula* (1.8–7.6%), *Castanopsis* (0–6.7%) and  
218 the coniferous taxa *Pinus* (6.3–24.4%) and *Abies* (4.2–10.1%). Pollen grains of other  
219 coniferous plants such as *Picea* and *Tsuga*, and broad-leaved plants such as *Corylus*, *Ulmus*  
220 and Ericaceae are also present in minute quantities. Herbs are represented by *Artemisia*  
221 (0–11.5%), coupled with Chenopodiaceae (0–4.4%), Compositae (0–4.4%), Labiatae  
222 (0–4.2%), and Polygonaceae (0–3.7%). Fern taxa include Athyriaceae (3.7–6.7%),  
223 Polypodiaceae (0–4.6%), Gymnogrammaceae (0–4.2%) and *Pteris* (0–2.1%). Two taxa of  
224 aquatic plants, *Myriophyllum* and *Pediastrum*, are recorded, at 0–3.1% and 0–1.0%,  
225 respectively.

226 The pollen assemblages of pollen zone 1 and the surface samples are both dominated by  
227 tree and shrub pollen, represented by 72.9–81.3% and 79.5–97%, respectively. *Quercus*  
228 pollen (20–62.5%) dominates the trees and shrubs of pollen zone 1, followed by *Pinus*, *Abies*,  
229 *Betula* and *Castanopsis*. In contrast, *Pinus* pollen (62.3–87.1%) dominates the trees and

230 shrubs of the surface samples, followed by *Abies*, *Quercus* and Ericaceae. The percentage of  
231 herb pollen is comparatively high in pollen zone 1 (6.3–20%) compared to the surface  
232 samples (1.8–4.1%). Similar percentages of pteridophyte spores (pollen zone 1: 4.2–12.5%,  
233 surface samples: 0.3–15.3%) and aquatics (pollen zone 1: 0–4.2%, surface samples: 0–3%)  
234 are recorded in pollen zone 1 and the surface samples.

235

236 **Pollen zone 2 (280–230 cm: 21,140–19,350 cal. yr BP):**

237 In this zone, two distinct characteristics are observed: firstly a sharp increase in the aquatic  
238 pollen percentage, reaching a maximum (16.7%) for the entire profile at a depth of 270 cm,  
239 which is attributed to the prevalence of *Myriophyllum* and *Pediastrum*. Secondly, trees and  
240 shrubs continue to dominate in this zone. The percentage of trees and shrubs ranges from  
241 52.3% to 79.6%. As in pollen zone 1, broad-leaved trees (34.4–65.2%) still occupy a higher  
242 percentage than conifers (8.6–45.2%). Among the conifers, it should be noted that *Pinus*  
243 pollen reaches its lowest value (2.1%) for the whole profile at a depth of 230 cm.  
244 Broad-leaved trees, i.e. *Quercus* (4.1–56.5%), *Betula* (3.4–13.7%), *Castanopsis* (0–8.5%) and  
245 *Corylus* (0–6.3%), together with herbaceous taxa, i.e. *Artemisia* (0–12.8%) and Polygonaceae  
246 (2.2–6.9%), continue to play an important role in this zone. In addition, some new  
247 broad-leaved elements, *Alnus*, *Carpinus*, Actinidaceae, *Ilex*, Leguminosae, *Tilia*, Cruciferae  
248 and Plantaginaceae, are found sporadically for the first time. The percentage of fern spores  
249 (1.3–13.8%) remains at almost the same level as in pollen zone 1. Athyriaceae spores show a  
250 slight increase (up to 10.9%), but Gymnogrammaceae (0–0.4%), Polypodiaceae (0–1.1%)  
251 and *Pteris* (0–1.1%) display minor decreases.

252 Tree and shrub pollen dominates the pollen assemblages of both pollen zone 2 and the  
253 surface samples, but its percentage in pollen zone 2 (52.3–79.6%) is lower than in the surface  
254 samples (79.5–97%). *Quercus* pollen dominates the trees and shrubs of pollen zone 2  
255 (4.1–56.5%), compared to the dominance of *Pinus* pollen (62.3–87.1%) in the surface  
256 samples. The percentages of herb pollen (pollen zone 2: 2.2–21.2%, surface samples:  
257 1.8–4.1%) and aquatics (pollen zone 2: 4.1–16.7%, surface samples: 0–3%) are  
258 comparatively high in pollen zone 2 compared to the surface samples. Pteridophyte spores

259 account for 1.3–13.8% and 0.3–15.3%, respectively, in pollen zone 2 and the surface samples.

260

261 **Pollen zone 3 (230–190 cm: 19,350–17,930 cal. yr BP):**

262 In this zone, tree and shrub pollen maintains a dominant status (79.7–92.2%), followed by  
263 herbs (5.2–13.7%), ferns (0.7–7.1%) and aquatics (0–5.8%). The percentage of trees and  
264 shrubs reaches its highest value (92.2%) of the profile, at a depth of 200 cm. The conifers  
265 (28.4–66.8%) show a higher percentage than broad-leaved trees (19–51.4%). *Pinus*  
266 (19.2–50.0%) and *Abies* (9.0–43.4%) pollen shows a sharp increase, and *Abies* pollen in  
267 particular maintains a peak value (43.4%) throughout the profile. The broad-leaved trees  
268 *Quercus* (9.5–31.1%) and *Betula* (1.3–9.6%), and herbaceous *Artemisia* (0–11.2%), also play  
269 an important role. The ferns are dominated by Athyriaceae, ranging from 0.2% to 7.1%. Six  
270 other types of ferns, i.e. Polypodiaceae, Selaginellaceae, Sinopteridaceae, Hymenophyllaceae,  
271 *Pteris* and Lygodiaceae, occur at low percentages, less than 2%. The prevalence of  
272 *Myriophyllum* (0–2.8%) and *Pediastrum* (0–5.8%) declines sharply and one new aquatic  
273 taxon, Potamogetonaceae, appears in this zone at a low percentage (0–0.1%).

274 The percentage of tree and shrub pollen in pollen zone 3 (79.7–92.2%) is more similar  
275 than the previous zones to that of the surface samples (79.5–97%). As in the surface samples,  
276 *Pinus* pollen dominates in pollen zone 3, followed by *Abies* and *Quercus*. The percentages of  
277 herb pollen (pollen zone 3: 5.2–13.7%, surface samples: 1.8–4.1%) and aquatics (pollen zone  
278 3: 0–5.8%, surface samples: 0–3%) in pollen zone 3 are higher than in the surface samples.  
279 However, a comparatively lower percentage of pteridophyte spores is recorded in pollen zone  
280 3 (0.7–7.1%) than in the surface samples (0.3–15.3%).

281

282 **Pollen zone 4 (190–80 cm: 17,930– 9,250 cal. yr BP):**

283 Tree and shrub pollen dominates in this zone (75.8–90.4%). Herbs rank second (7.5–18.4%),  
284 followed by ferns (0–12.1%) and aquatics (0–4%). Coniferous *Pinus* (12.6–46.9%) and *Abies*  
285 (1.8–30.3%), and broad-leaved *Quercus* (9.1–37.8%) and *Betula* (0–13.5%) are the dominant  
286 elements of trees and shrubs. Additionally, three other coniferous taxa, *Picea*, *Tsuga* and

287 Taxodiaceae, and 28 broad-leaved tree species including *Corylus*, *Castanopsis*, *Liquidambar*  
288 and *Myrsinaceae* are recorded at low percentages. Herbs are represented by *Artemisia*  
289 (0–9.9%), *Labiatae* (0–6.1%) and *Polygonaceae* (0.4–4.7%), accompanied by  
290 *Chenopodiaceae*, *Cyperaceae*, *Plantaginaceae* and *Gramineae* in minute quantities. Nine types  
291 of ferns are found in this zone, among which *Athyriaceae* and *Polypodiaceae* possess  
292 relatively high percentages of 0–12.1% and 0–2.2%, respectively. Three aquatic plants occur:  
293 *Myriophyllum* (0–3.7%), *Pediastrum* (0–0.6%), and *Zygnema* (0–0.2%).

294 Tree and shrub pollen maintains a dominant status in pollen zone 4 (75.8–90.4%) and in  
295 the surface samples (79.5–97%). *Pinus* pollen dominates the pollen assemblage of pollen  
296 zone 4 (12.6–46.9%), but its percentage is much lower than in the surface samples  
297 (62.3–87.1%). The percentages of *Quercus* (pollen zone 4: 9.1–37.8%, surface samples:  
298 0–5.5%) and *Abies* pollen (pollen zone 4: 1.8–30.3%, surface samples: 3.3–10.7%) in pollen  
299 zone 4 are generally higher than in the surface samples. A comparatively higher percentage of  
300 herb pollen is documented in pollen zone 4 (7.5–18.4%) relative to the surface samples  
301 (1.8–4.1%). Pteridophyte spores (pollen zone 4: 0–12%, surface samples: 0.3–15.3%) and  
302 aquatics (pollen zone 4: 0–4%, surface samples: 0–3%) occur in similar percentages in pollen  
303 zone 4 and the surface samples.

304

#### 305 **Pollen zone 5 (80–0 cm: 9,250 cal. yr BP – present):**

306 This zone is dominated by tree and shrub pollen (47–84.2%), followed by herbs (4.9–37.4%),  
307 ferns (7.8–24.8%) and aquatics (0–3%). The pollen percentage of conifers (31.3–79.9%) is  
308 higher than that of broad-leaved trees (4.3–37.6%). From the beginning to the end of this  
309 zone, *Pinus* (14–56.8%) shows a decrease then increases sharply, while *Quercus* (1–29.1%)  
310 and *Betula* (0–7.4%) show a decreasing trend, and *Abies* (7.4–27.2%) an increasing one.  
311 *Tsuga* (1.1–7.5%) reaches its highest percentage in this zone. Pollen of other trees and shrubs  
312 such as *Picea*, *Alnus*, *Corylus*, *Carpinus*, *Ericaceae*, *Anacardiaceae*, *Dipsacaceae*,  
313 *Flacourtiaceae* and *Meliaceae* are found in some samples, at percentages of less than 1%.  
314 Herbs are characterized by a distinct decrease in *Artemisia* (0–3.4%) and an increase in  
315 *Polygonaceae* (2–20.8%) and *Labiatae* (0.7–15.4%). Among the fern spores, *Polypodiaceae*

316 (4.5–17.9%) shows a remarkable increase and Athyriaceae (0–6.3%) a notable decrease. The  
317 percentage of aquatics changes little compared to pollen zone 4, but *Myriophyllum* disappears  
318 in this zone. Thus only two types are recorded, *Pediastrum* (0–0.6%) and *Zygnema* (0–3%).

319 Tree and shrub pollen dominates the pollen assemblages of both pollen zone 5 and the  
320 surface samples, represented by 47–84.2% and 79.5–97%, respectively, among which *Pinus*,  
321 *Abies*, and *Quercus* are the dominant taxa. The percentages of herb pollen (pollen zone 5:  
322 4.9–37.4%, surface samples: 1.8–4.1%) and pteridophyte spores (pollen zone 5: 7.8–24.8%,  
323 surface samples: 0.3–15.3%) are generally greater in pollen zone 5 than in the surface  
324 samples. Aquatics occur at the same percentage (0–3%) in pollen zone 5 and the surface  
325 samples.

326

## 327 **5 Discussion and conclusions**

### 328 **5.1 Climatic implications of the principal palynomorphs from Wenhai Lake**

329 The palynoflora found in the Wenhai core includes a large number of potential climate  
330 indicators. For example, *Pinus* is currently distributed below 3,200 m elevation in Southwest  
331 China and is commonly found in slightly warm and moderately dry habitats. *Pinus*  
332 *yunnanensis* Franch., *P. densata* Mast. and *P. armandi* Franch. are the dominant species on  
333 the mountains of northwestern Yunnan (KIBCAS, 1986). *Tsuga* is a cold-tolerant and  
334 hygrophilous conifer, requiring a MAT of 8.4 to 10.5°C and a MAP of about 1,000 mm for  
335 favorable growth in Yunnan (WGYV, 1987). One species, *Tsuga dumosa* (D. Don) Eichler,  
336 and one variety, *T. chinensis* (Franch.) E. Pritz. var. *forrestii* (Downie) Silba are recorded in  
337 northwestern Yunnan (KIBCAS, 1986; Wang et al., 2007). *Abies* is strongly associated with  
338 cold and dry habitats with a MAT of 2–8°C and MAP ca. 600 mm in the mountains of  
339 Southwest China (CCCV, 1980; Jarvis, 1993). Five species, viz. *Abies delavayi* Franch, *A.*  
340 *forrestii* C. Rogers, *A. georgei* Orr, *A. nukiangensis* W. C. Cheng & L. K. Fu, *A. ferreana*  
341 Bordères & Gaussen, and two varieties, *A. ernestii* Rehd. var. *salouenensis* (Borderes et  
342 Gaussen) W. C. Cheng et L. K. Fu, and *A. georgei* Orr var. *smithii* (Viguie et Gaussen) W. C.  
343 Cheng et L. K. Fu, occur in northwestern Yunnan (KIBCAS, 1986). *Betula* is viewed as a  
344 cold- and drought-tolerant element. Eleven species and two varieties occur in Yunnan, among

345 which five species and two varieties grow in Lijiang, including *B. calcicola* (W. W. Smith)  
346 *Hu*, *B. delavayi* Franch, *B. platyphylla* Suk., *B. utilis* D. Don, *B. potaninii* Batal, *B. utilis* D.  
347 Don var. *sinensis* (Franch.) H. Winkl, and *B. delavayi* Franch var. *polyneura* Hu ex. P. C. Li  
348 (KIBCAS, 1991). *Alnus* usually grows on riverbanks or at village margins, in moist temperate  
349 habitats. One species, *A. nepalensis* D. Don is found in northwestern Yunnan (KIBCAS,  
350 1991). Evergreen sclerophyllous *Quercus* displays considerable ecological adaptability, and  
351 can grow in either dry or humid environments. This genus is widely distributed in the fog  
352 zone (with higher humidity, at about 3,100 m) on the Jade Dragon Snow Mountain, where it  
353 forms a montane needle- and broad-leaved mixed forest along with *Tsuga* and *Picea* (WGYV,  
354 1987). From our personal observations, some small *Quercus* trees are present up to about  
355 3,800 m. *Artemisia* is mainly distributed in temperate areas of mid to high latitudes of the  
356 Northern Hemisphere, usually in arid or semi-arid environments (Valles and McArthur,  
357 2001). The genus *Artemisia* is considered an indicator of steppe climate (Erdtman, 1952) and  
358 moderate precipitation (El-Moslimany, 1990). There are 54 species and eight varieties  
359 growing in Yunnan (KIBCAS, 2003a). Cyperaceae is a cosmopolitan family with ca. 5,000  
360 species and 104 genera. Many species of this family commonly grow in wetlands and  
361 surrounding areas, adapted to open and sunny conditions. About 26 genera and 272 species  
362 occur in Yunnan. The high frequency of Cyperaceae pollen may indicate humid conditions  
363 (KIBCAS, 2003b; Sun et al. 2003).

364

## 365 **5.2 Vegetation and climate history at Wenhai**

366 Based on the climatic preferences of the major taxa recovered from the Wenhai core, the  
367 palynological record reveals a detailed history of shifting vegetation and climate change in  
368 this region during the past 22,570 yrs (Fig. 3). From 22,570 to 21,140 cal. yr BP (Pollen zone  
369 1), the vegetation surrounding the lake catchment was dominated by broad-leaved forest  
370 (composed mainly of *Quercus*, *Betula* and *Castanopsis*), accompanied by needle-leaved  
371 forest (mainly *Pinus* and *Abies*). The herbaceous plants *Artemisia*, *Labiatae*, *Compositae* and  
372 *Polygonaceae*, and ferns *Athyriaceae*, *Polypodiaceae*, *Gymnogrammaceae* and *Pteris*, grew  
373 around the lake or under coniferous or broad-leaved trees. This pollen assemblage indicates a  
374 rather cold and dry climate relative to the present followed by cold and wet conditions.

375 Between 21,140 and 19,350 cal. yr BP (Pollen zone 2), the vegetation was dominated by  
376 broad-leaved forest and needle-leaved forest as before, with a notable increase in *Betula*  
377 pollen and a sharp decrease in *Quercus* pollen, reflecting a relatively cold and dry climate  
378 with several fluctuations in humidity during this period. From 19,350 to 17,930 cal. yr BP  
379 (Pollen zone 3), the coniferous trees *Pinus* and *Abies* showed a distinct increase, with *Abies*  
380 especially reaching its maximum proportion during this period. In contrast, broad-leaved  
381 *Quercus* displayed a remarkable decrease compared to the previous stage. This pollen  
382 assemblage suggests a transition from broad-leaved forest to needle-leaved forest, pointing to  
383 the coldest and driest climate conditions since 22,570 cal. yr BP. In the period from 22,570 to  
384 17,930 cal. yr BP, needle-leaved forest dominated by *Pinus* and *Abies* gradually expanded  
385 and reached a maximum extent, and at the same time, the extent of *Betula* increased. This  
386 period might correspond to the cold Last Glacial Maximum (LGM). However, the exact start  
387 and end dates of the LGM in Southwest China has been the subject of much debate. For  
388 example, Chen et al. (2014) reported that the LGM occurred between 29,200 and 17,600 cal.  
389 yr BP, based on the expansion and maximum extent of cold-temperature coniferous forest  
390 (mainly *Abies/Picea*) in the Xingyun Lake catchment of central Yunnan. Long et al. (1991)  
391 identified that the LGM occurred from 30,000 to 15,000 yr BP, with coverage of conifer and  
392 broad-leaved mixed forest in the Qiliu Lake catchment of central Yunnan. Jiang et al. (2001)  
393 concluded that the LGM occurred from 33,000 to 16,000 yr BP, with vegetation comprising  
394 montane mixed coniferous and broad-leaved forest and sclerophyllous evergreen oaks in the  
395 Heqing Basin of northwestern Yunnan. Thus, previous palynological records from Yunnan  
396 tend to provide broader estimates for the LGM. In the present paper, because the basal age of  
397 the Wenhai core reaches only to 22,570 cal. yr BP, we cannot deduce the date of the start of  
398 the LGM, which perhaps occurred prior to the inferred basal age, as evidenced by the  
399 relatively low pollen sum compared with pollen zones 4 and 5. Between 17,930 and 9,250 cal.  
400 yr BP (Pollen zone 4), coniferous forest and broad-leaved forest began to decline and increase,  
401 respectively, until 140 cm depth of the core, reflecting increases in temperature and humidity  
402 relative to pollen zone 3. From 140 cm to 110 cm, coniferous forest expanded, but  
403 broad-leaved forest gradually shrank, which indicates colder and drier climate conditions,  
404 likely corresponding to the Younger Dryas cold event (YD). The YD is also recorded by other

405 studies in Yunnan. For example, Shen et al. (2006) pointed to the relatively cold period of  
406 12,950 to 11,750 cal. yr BP as the YD, based on the dominance of *Betula* and deciduous oaks  
407 in the Erhai Lake catchment. Xiao et al. (2014) identified a relatively cold phase between  
408 12,230 and 11,510 cal. yr BP, based on the dominance of open alpine meadow around Tiancai  
409 Lake. From 9,250 cal. yr BP to the present day (Pollen zone 5), *Pinus* underwent a process of  
410 decrease at the depth of 50–80 cm (from 38.1% to 14%), increase from 30 to 50 cm (from 14%  
411 to 56.8%, this shows a trend consistent with the Haligu core between 4,000–2,400 cal. yr BP),  
412 and decrease again at 0–30 cm (from 56.8% to 14.5%), while *Tsuga* displays an opposite  
413 trend. *Abies* shows a distinct increase during this period. *Quercus* increased at the beginning  
414 of the stage, then decreased after that. This pollen assemblage indicates that needle-leaved  
415 forest (comprising mainly *Pinus*, *Abies* and *Tsuga*) dominated the areas surrounding Wenhai  
416 Lake during the Holocene, interspersed with broad-leaved elements (mainly *Quercus* and  
417 *Betula*), reflecting a significant decline in humidity from the early to late Holocene, which  
418 might be related to a strong Asian summer monsoon over Southwest China during the early  
419 Holocene and a reduced monsoon intensity in the mid-late Holocene (Dykoski et al., 2005;  
420 Kramer et al., 2010).

421

422 **5.3 Palynological signals of human activity detected in the Wenhai core**

423 Based on pollen and other evidence, human influences on postglacial vegetation have been  
424 inferred in Europe and North America (e.g., Brugam, 1978; H irons and Edwards, 1986; Smith  
425 and Cloutman, 1988; Russell et al., 1993; Parker et al., 2002), as well in China (e.g., An et al.,  
426 2002; He et al., 2002; Xu et al., 2002; Song et al., 2012). The present authors have previously  
427 published another palynological investigation within the Hengduan Mountains (Song et al.,  
428 2012). The altitude of the previous study site, Haligu, is 3,277 m, where there is no current  
429 human settlement. The present study area, about 2 km far from Haligu, is close to a Naxi  
430 ethnic minority settlement at Wenhai village. Moreover, Wenhai was an important stop on the  
431 ancient “Tea-Horse Road” (Luo, 2003), making it likely that a wide variety of cultivated  
432 plants were introduced into the agricultural system around the lake, as evidenced by an  
433 ethnobotanical survey of traditional edible plants (including 45 cultivated plants) used by Naxi

434 people in Wenhai village (Zhang et al., 2013).

435 In the Wenhai core, several observations may be interpreted in terms of increasing  
436 anthropogenic impact in the region. First, *Pinus* and *Quercus* pollen decreased distinctly at  
437 the depth of 0–30 cm, which is probably linked with the fact that local people felled the trees  
438 for house construction or fuel wood. We detected that *Quercus* pollen decreased steadily in  
439 the Haligu core during the period from 2,400 cal. yr BP to the present day and observed  
440 heavy present-day coppicing of *Quercus* for firewood, resulting in much reduced pollen  
441 production. The comparison of both cores may substantiate the existing human impacts in the  
442 region. Second, the occurrence of abundant Labiatae pollen also indicates increasing human  
443 activity. From our personal observation, the Naxi people in Wenhai village currently cultivate  
444 several Labiatae species, including *Perilla frutescens* (L.) Britton and *Mentha* spp. as edible  
445 herbs and for medical utilization. Third, the increase in Polygonaceae pollen (likely to be  
446 *Fagopyrum*) could be an important indicator of human activity in the region, as the Naxi  
447 people continue to plant buckwheat as an important crop today. Although we have no  
448 absolute way to confirm these signals correlated with increased human settlement in the  
449 region, we believe a further ongoing study of two soil pit profiles with high resolution of  
450 dating and sampling from the village of Wenhai will give us even more information about  
451 human activity on the Jade Dragon Snow Mountain.

452

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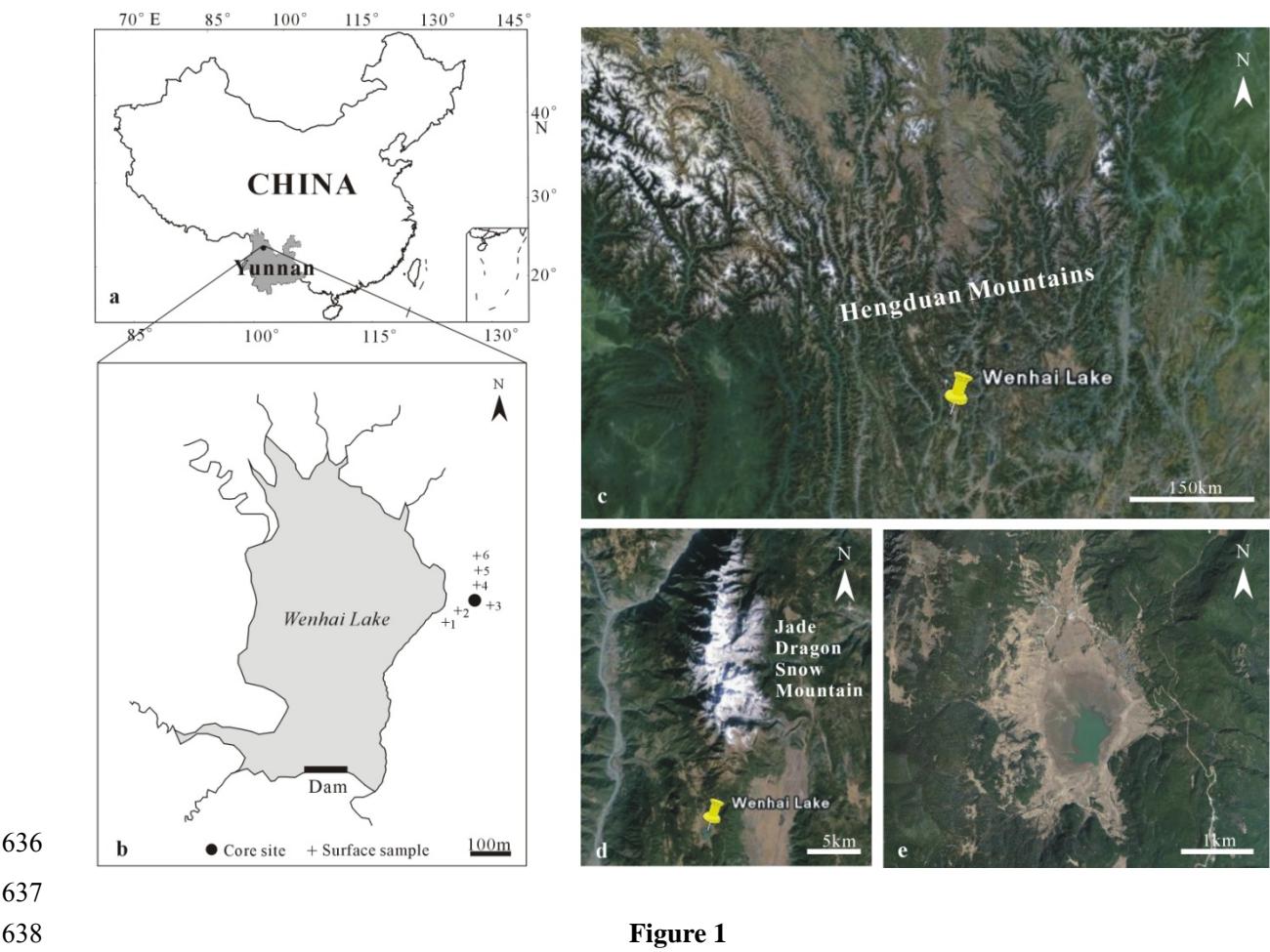
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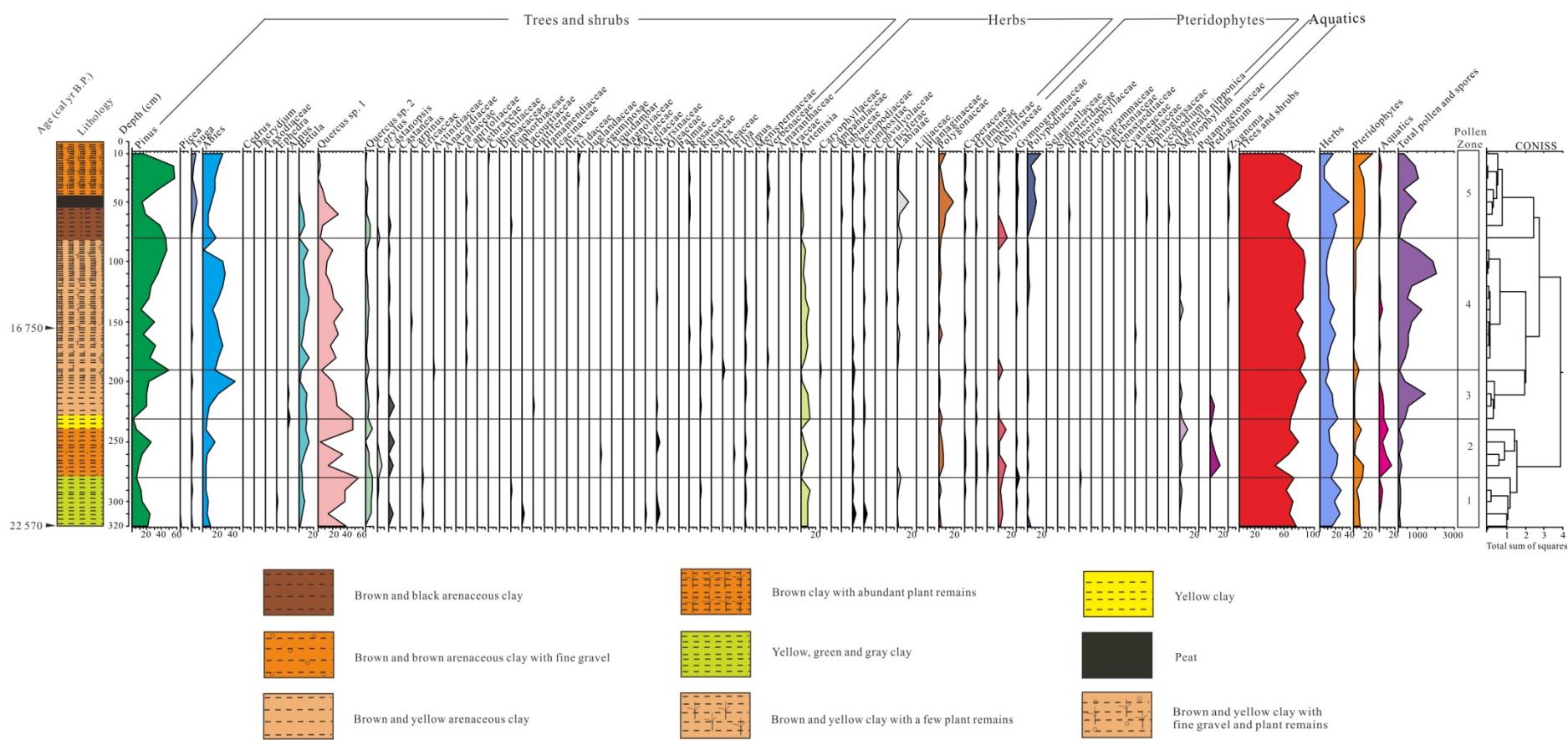
## 628 **Figure legends**

629 **Figure 1.** a. The location of Wenhai Lake in northwestern Yunnan, China, b. The position of  
630      core and surface soil samples, c. The location of Wenhai Lake in the Hengduan  
631      Mountains, d. The location of Wenhai Lake on the Jade Dragon Snow Mountain, e.  
632      An enlarged photograph of Wenhai Lake (c, d and e are cited from Google Earth)

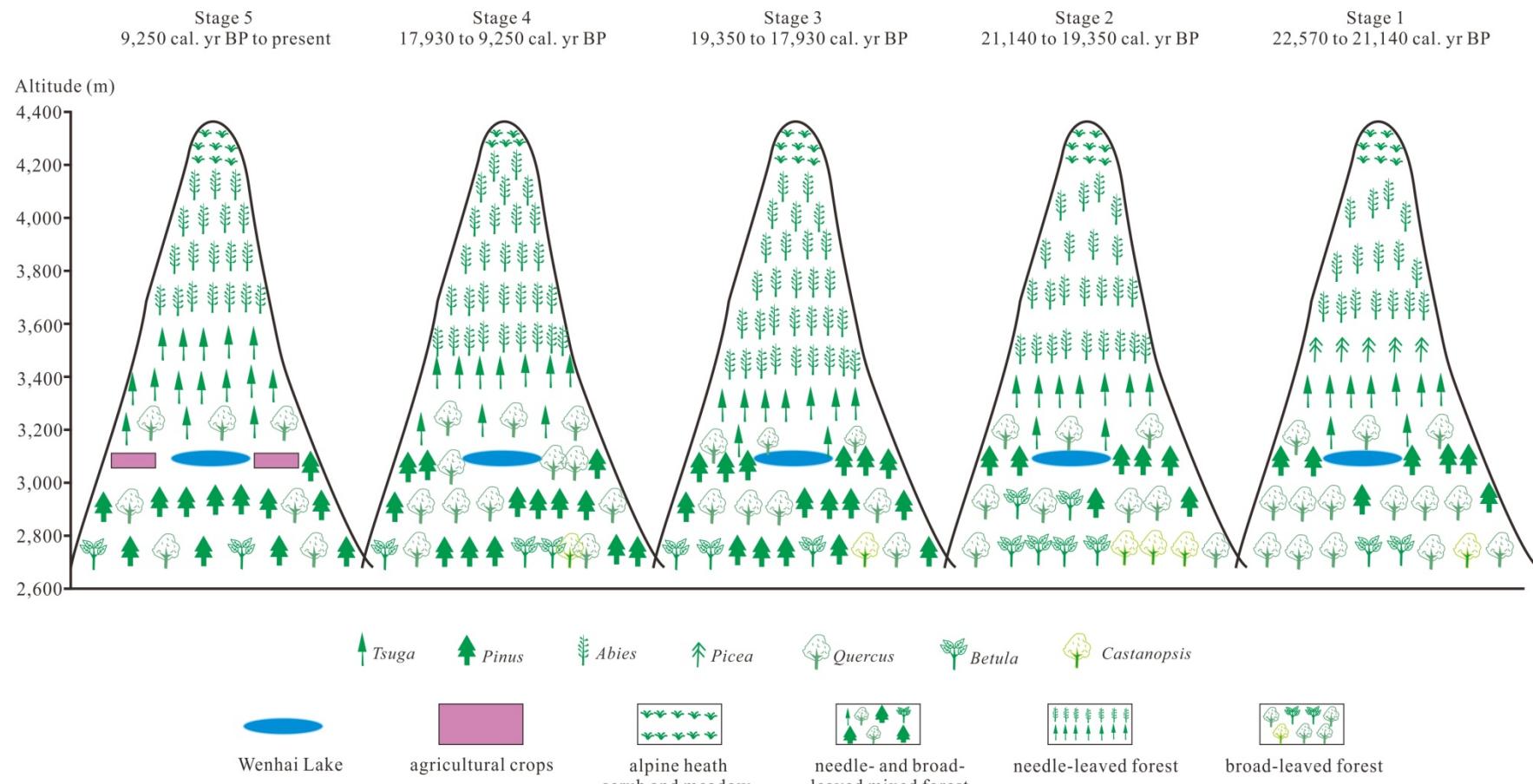
633 **Figure 2.** Pollen percentage diagram from Wenhai Lake, northwestern Yunnan, China

634 **Figure 3.** Schematic diagrams showing vegetation succession over the past 22,570 yrs at  
635      Wenhai





**Figure 2**



**Figure 3**