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The nature of organic carbon in density-fractionated sediments in the Sacramento-San Joaquin River Delta (California)

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Rivers are the primary means by which sediments and carbon are transported from the terrestrial biosphere to the oceans but gaps remain in our understanding of carbon associations from source to sink. Bed sediments from the Sacramento-San Joaquin River Delta (CA) were fractionated according to density and analyzed for sediment mass distribution, elemental (C and N) composition, mineral surface area, and stable carbon and radiocarbon isotope compositions of organic carbon (OC) and fatty acids to evaluate the nature of organic carbon in river sediments. OC was unevenly distributed among density fractions. Mass and TOC were in general concentrated in mesodensity $(1.6-2.0 \text{ and } 2.0-2.5 \text{ g cm}^{-3})$ fractions, comprising $84.0 \pm 1.3 \%$ of total sediment mass and $80.8 \pm 13.3\%$ of total OC (TOC). Low density (< $1.6 \,\mathrm{g\,cm^{-3}}$) material, although rich in OC ($34.0 \pm 2.0\%$ OC) due to woody debris, constituted only $17.3 \pm 12.8\%$ of TOC. High density (> $2.5 \,\mathrm{g\,cm^{-3}}$) organic-poor, mineral material made-up $13.7 \pm 1.4 \,\%$ of sediment mass and 2.0±0.9% of TOC. Stable carbon isotope compositions of sedimentary OC were relatively uniform across bulk and density fractions (δ^{13} C –27.4±0.5%). Radiocarbon content varied from Δ^{14} C values of -382 (radiocarbon age 3800 yr BP) to +94% (modern) indicating a mix of young and pre-aged OC. Fatty acids were used to further constrain the origins of sedimentary OC. Short-chain $n-C_{14}-n-C_{18}$ fatty acids of algal origin were depleted in δ^{13} C (δ^{13} C –37.5 to –35.2‰) but were enriched in δ^{14} C $(\Delta^{14}C > 0)$ compared to long-chain $n-C_{24}-n-C_{28}$ acids of vascular plant origins with

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higher δ^{13} C (-33.0 to -31.0%) but variable Δ^{14} C values (-180 and 61%). These data demonstrate the potentially complex source and age distributions found within river sediments and provide insights about sediment and organic matter supply to the

Sacramento-San Joaquin River Delta.

Rivers are the major conduits of sediment and organic carbon (OC) carried from upland erosional areas to lowland floodplains and estuaries and the coastal ocean (Milliman and Farnsworth, 2011). During transport, sediment grains are eroded, remobilized, winnowed, and redeposited, resulting in the sorting or mixing of material from different sources and with different reactivities and ages (Prahl, 1985; Hedges and Keil, 1995; Bianchi et al., 2007). Hydrodynamic sorting by particle size, shape and density influences transport of particles and associated materials in rivers, estuaries and continental margins. Density, grain size, minerology, and organic carbon characteristics of riverine sediment grains will determine whether they are eroded and transported as suspended or bed load or deposited, and how particles cycle between phases (Jepson et al., 1997; Hassanzadeh, 2012).

Interactions between minerals and OC influence the fate and distribution of organic materials in aquatic environments (Hedges and Keil, 1995). OC associated with mineral grains strongly affects flocculation of suspended particles and the cohesion of bottom sediments. Although data on organic matter-mineral associations in river sediments are limited, evidence from soils and marine sediments shows relationships between OC concentrations and compositions, mineral surface area, physical distributions of OC on minerals, and OC preservation (Keil et al., 1994a, b; Mayer, 1994a; Ransom et al., 1998). Particle size and density are also important characteristics when considering OM composition, reactivity and the fate of soil OC (Hedges and Oades, 1997). OC that is intimately associated with the clay fraction is most extensively altered diagenetically, whereas larger size or higher density mineral fractions are less altered (e.g., Keil et al., 1994a; Bergamaschi et al., 1997; Wakeham et al., 2009). Trends across size and density classes and between different depositional environments show that a small fraction of the OC is present as distinct organic debris, but associations of OC with mineral surfaces are consistent with selective partitioning of OC to mineral surfaces (Keil et al., 1998).

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Chemical analysis of size-sorted sediments has been extensively used to show that compositional differences between grain sizes are related to source, diagenesis and mineralogy (e.g., Keil et al., 1998; Bergamaschi et al., 1997; Dickens et al., 2006). Density fractionation, although much less widely utilized, takes advantage of density differences between organic matter ($\sim 1 \,\mathrm{g\,cm}^{-3}$) and mineral grains ($\sim 2.5 \,\mathrm{g\,cm}^{-3}$), and by isolating organic-mineral aggregates having different organic matter loadings offers a different view of relationships between OC and particle grains. Density fractionation has been used on soils (see review by Hedges and Oades, 1997), has received some attention for marine sediments (e.g., Arnarson and Keil, 2001, 2007; Sampere et al., 2008; Wakeham et al., 2009), but has been rarely been applied to river sediments.

In the few continental margin sediments that have been studied by density fractionation, most of the mass and most of the OC is found in a so-called "mesodensity" fraction, roughly defined operationally as between 1.6 and 2.5 g cm⁻³ (Bock and Mayer, 2000; Arnarson et al., 2001, 2007; Dickens et al., 2006; Wakeham et al., 2009) that is rich in organic-mineral aggregates. Lower density material is largely mineral-free organic detritus, whereas higher density material is mostly organic-poor mineral grains. One goal of the present pilot study was to investigate how OC is distributed among density fractions in river sediments and to compare patterns with distributions in sediments to better understand whether and to what extent redistributions of OC, potentially via hydrodynamic sorting, occur at the river-ocean interface. We determined mass, elemental (C and N), and surface area distributions among density sorted fractions from five bed sediments within the Sacramento-San Joaquin River Delta (hereafter termed the Delta). Stable carbon and radiocarbon isotopic compositions of bulk sediments, density fractions and isolated fatty acids were used to characterize the provenance and age of the OC in these sediments.

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2.1 Study area and samples

The Sacramento-San Joaquin Delta is part of San Francisco Bay system. The Delta is a complex network of natural and man-made channels and islands, making it one of the 60 largest river deltas in the world, at 1.7×10^5 km² and comprising $\sim 40\%$ of California's land area (Herbold and Moyle, 1989; Jassby and Cloern, 2000; Schoellhamer et al., 2012). As such, it is one of the most highly modified and managed systems in the world (Jassby and Cloern, 2000) and is unique ecologically in North America (Herbold and Moyle, 1989). Precipitation (rainfall and snowmelt) in the Sierra Nevada Mountains contributes most of the freshwater delivered to the Delta, with the Coast Range dividing the water flow between the Sacramento River draining into the northern half of the Central Valley and the San Joaquin River draining into the southern half. The Sacramento and San Joaquin Rivers join in the Delta and flow into northern San Francisco Bay. The Sacramento River contributes 80% of the freshwater delivered to San Francisco Bay and the San Joaquin River adds an additional 15% (Conomos et al., 1985). The Sacramento River presently delivers approximately seven times the sediment load of the San Joaquin River, mostly as suspended sediment, but sediment loads are highly episodic and significant transport of bed load occurs during floods. Sedimentation in reservoirs behind the many dams has reduced overall sediment transport since the 1950's (Wright and Schoellhamer, 2004, 2005). The narrow mouth of the Delta enhances deposition of sediments within the Delta, along the Sacramento River and in Suisun Bay, rather than in the open waters of upper San Francisco Bay.

As part of a preliminary study to investigate relationships between OC and density fractions in river sediments, we sampled bed sediments at five sites in the Sacramento-Jan Joaquin Delta (Fig. 1) system during a low freshwater discharge period in Summer 2005. Average freshwater discharge on the Sacramento River at Freeport ranged from 546.5 to 600.3 m³ s⁻¹ during the sampling period and discharge on the San Joaquin River at Vernalis was 155.7 to 171.3 m³ s⁻¹ (US Geological Survey). The sites

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were chosen to represent different sub-habitats within the Delta (e.g., upper and lower Sacramento River (Elk Slough and Horseshoe Bend, respectively), San Joaquin River (Potato Slough and Venice Cut) and Suisun Marsh (Nurse Slough)). Surface sediments (0–5 cm) were obtained by grab sampling. Elk Slough, Venice Cut and Horseshoe Bend have contemporary sedimentation rates of 1.1, 3.5 and 3.5 cm y⁻¹, respectively (Canuel et al., 2009). Nurse Slough is a tidal slough in Suisun Marsh. Suisun Marsh consists of 240 km² of tidal and managed brackish water wetlands and 120 km² of bays and sloughs and is the largest contiguous estuarine marsh remaining on the west coast of the US, constituting more than 10 % of California's remaining natural wetlands.

2.2 Density fractionation

Sodium metatungstate solutions (Arnarson and Keil, 2001; Wakeham et al., 2009) with densities of 1.6, 2.0, and 2.5 g cm⁻³ were used sequentially to yield four density fractions: < 1.6, 1.6 to 2.0, 2.0 to 2.5 and $> 2.5 \,\mathrm{g\,cm}^{-3}$. These fractions have been used previously (Bock and Mayer, 2000; Arnarson and Keil, 2001, 2007). The fraction of density < 1.6 g cm⁻³ is primarily organic-rich biogenic material, the > 2.5 g cm⁻³ fraction is unaggregated mineral grains, and the middle density fractions are aggregates of organic matter and mineral grains. Roughly 20 g of wet sediment were dispersed in the 1.6 g cm⁻³ solution in 85 mL centrifuge tubes by gentle shaking on a shaker table for 30 min. Gentle shaking rather than sonication was used to minimize disaggregation of macro-aggregates. Following shaking, solutions were centrifuged for 20 min at 20 000 relative centrifugal force. Particles at the surface of the solution were carefully removed by pipet, deposited on a 0.5 µm PTFE membrane filter and washed with distilled water. This process was repeated until no additional low density (< 1.6 g cm⁻³) particles could be recovered (approximately 10 repetitions). The next solution, 2.0 g cm⁻³, was then added and the process repeated. Following each step, the collected particles were rinsed from the PTFE filter into 85 mL centrifuge tubes and washed repeatedly with distilled water to remove any remaining sodium metatungstate. Fractionated sediments were freeze-dried for further analyses.

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Organic carbon (% OC) and total nitrogen (% TN) were measured using a Fisons CHN analyzer (Model EA 1108) (Waterson and Canuel, 2008). Freeze-dried sediments were ground and acidified in pre-combusted silver capsules with 10% high purity HCl to remove inorganic carbon.

2.4 Specific surface area analysis

Specific surface area (SA) of the mineral component of each sediment fraction was measured by nitrogen adsorption using a five-point (Brunauer-Emmett-Teller (BET)) method in a Micromeritics Gemini V surface area analyzer (Waterson and Canuel, 2008). Freeze-dried but unground sediments were heated at 350 °C for 12 h to remove organic matter and then degassed for > 2 h on a Micromeritics Flow Prep 060 degas station at 250 °C to remove water. SA (m² g⁻¹) and carbon:surface area ratios (OC: SA; mgOC m⁻²) were obtained.

Stable carbon isotope analysis

Stable carbon isotope (δ^{13} C) analyses were conducted at the National Ocean Sciences Accelerator Mass Spectrometer (NOSAMS) facility at Woods Hole Oceanographic Institution. Ground and acidified sediment samples were combusted to CO2 at 850 °C for 5h in Vycor tubes. A split of the purified and quantified CO₂ was analyzed for δ^{13} C on a VG Micromass Optima isotope ratio mass spectrometer. The remaining CO₂ was reduced to filamentous carbon (graphite) over either Fe or Co powder and then analyzed for radiocarbon using standard NOSAMS procedures (McNichol et al., 1994; von Reden et al., 1998).

Fatty acids (FA) were isolated from three of the bulk sediments and analyzed for ¹³C and ¹⁴C isotope values. Lipid extracts obtained by accelerated solvent extraction (ASE) using dichloromethane: methanol (9:1) were saponified, and the recovered FA

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3 Results

3.1 Density fractionation

Particles in the 2.0 to 2.5 g cm⁻³ density range dominated four of the studied sediments (Potato Slough, Elk Slough, Venice Cut, and Nurse Slough), constituting \sim 75–80 % of total dry mass (Fig. 2a), with a mean of 73.1 \pm 6.6 %. Considering all five sediments, the 2.0 to 2.5 g cm⁻³ material accounted for between 26.5 and 80.1 % of dry mass or a mean of 63.8 \pm 21.5 % (Fig. 3a). The Horseshoe Bend sediment contained the greatest proportion (\sim 66 %) of mass in the high density fraction, > 2.5 g cm⁻³, whereas only \sim 30 % of total mass was in the 2.0 to 2.5 g cm⁻³ fraction. The lowest density fraction of these sediments, < 1.6 g cm⁻³ material, made-up the smallest proportion of total mass, never more than a few percent (1.6 \pm 1.9 %). The 1.6 to 2.0 g cm⁻³ fractions varied between 4 and 17 % of mass (11.6 \pm 6.1 %), and the heaviest material (> 2.5 g cm⁻³) was generally less than \sim 15 % (13.7 \pm 1.4 %).

3.2 Elemental compositions

Organic carbon (% OC) of all five bulk, unfractionated sediments ranged from 0.7 % at Horseshoe Bend to 2.9 % at Venice Cut (Fig. 2b); mean 2.0 ± 0.86 % (Fig. 3b). Total nitrogen (% TN) ranged from 0.07 to 0.20 % in bulk sediments (mean 0.15 ± 0.05 %). % OC and % TN were well correlated with one another ($r^2=0.93$). Atomic C:N_(a) ratios ranged between 16.9 in Venice Cut to 11.9 in Elk Slough (Fig. 2c; mean 14.6 ± 2.1 %,

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Fig. 3c). Low density fractions had the highest OC and TN concentrations; highest density fractions had the lowest % OC and % TN. Low density < $1.6\,\mathrm{g\,cm^{-3}}$ material contained between 32 and 37 % OC ($34.0\pm2.1\,\%$) and from 1.5 to $2.7\,\%$ TN ($1.9\pm0.6\,\%$; data not shown). The 1.6 to $2.0\,\mathrm{g\,cm^{-3}}$ material contained $9-15\,\%$ OC ($12.4\pm2.2\,\%$) and $0.7-1.1\,\%$ TN ($0.8\pm0.2\,\%$); the 2.0 to $2.5\,\mathrm{g\,cm^{-3}}$ and > $2.5\,\mathrm{g\,cm^{-3}}$ fractions both contained < $1\,\%$ OC ($0.8\pm2.2\,$ and $0.2\pm0.1\,\%$, respectively) and < $0.1\,\%$ TN ($0.2\pm0.04\,$ and $0.09\pm0.06\,\%$, respectively). C: $N_{(a)}$ ratios thus generally increased with increasing particle density (Figs. 2c and 3c): $24\,\mathrm{for} < 1.6\,\mathrm{g\,cm^{-3}}$, $17\,\mathrm{for}\,2.0\,\mathrm{to}\,2.5\,\mathrm{g\,cm^{-3}}$, $6.7\,\mathrm{for}\,2.0\,\mathrm{to}\,2.5\,\mathrm{g\,cm^{-3}}$ fractions. Low C: $N_{(a)}$ ratios for the > $2.5\,\mathrm{g\,cm^{-3}}$ fractions may be artifacts arising from difficulties in measuring total nitrogen in these organic matter-poor samples or sorption of excess inorganic nitrogen onto these particles.

3.3 Specific Surface Area (SA) and OC: SA ratios

Specific surface areas (SA) of mineral grains in bulk Delta sediments ranged from $\sim 14\,\text{m}^2\,\text{g}^{-1}$ (Horseshoe Bend) to $\sim 34\,\text{m}^2\,\text{g}^{-1}$ (Potato Slough) (Fig. 4a). SA was measured on three density fractions for each sediment, but not on the $< 1.6\,\text{g}\,\text{cm}^{-3}$ fractions because they contained incompletely charred plant fragments, which could confound interpretations. SA decreased with increasing particle density. The 1.6 to $2.0\,\text{g}\,\text{cm}^{-3}$ material had the highest SA of the measured fractions and SA ranged from $\sim 65\,\text{m}^2\,\text{g}^{-1}$ at Horseshoe Bend to $\sim 30\,\text{m}^2\,\text{g}^{-1}$ in Elk Slough. Thus in four out of five cases SA of 1.6 to $2.0\,\text{g}\,\text{cm}^{-3}$ fractions was $\geq 50\,\text{m}^2\,\text{g}^{-1}$. SA's in the 2.0 to $2.5\,\text{g}\,\text{cm}^{-3}$ fractions were $\sim 25-30\,\text{m}^2\,\text{g}^{-1}$, and in the $2.5\,\text{g}\,\text{cm}^{-3}$ fractions were $\sim 5-10\,\text{m}^2\,\text{g}^{-1}$.

Measuring SA allows calculation of an organic carbon: surface area ratio (OC:SA) widely used to express the loading of sedimentary OC onto mineral grains. OC:SA ratios of bulk sediments ranged from $0.68-0.84\,\mathrm{mg}\,\mathrm{OC}\,\mathrm{m}^{-2}$ (mean $0.72\pm0.13\,\mathrm{mg}\,\mathrm{OC}\,\mathrm{m}^{-2}$; Fig. 4b). The $1.6-2.0\,\mathrm{g}\,\mathrm{cm}^{-3}$ fractions consistently had the highest OC:SA ratios (1.6–5.1 mg OC m⁻², Fig. 4b; mean $2.8\pm1.4\,\mathrm{mg}\,\mathrm{OC}\,\mathrm{m}^{-2}$). OC:SA ra-

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tios decreased with density so that for the $> 2.5 \,\mathrm{g\,cm}^{-3}$ fractions OC : SA ranged from $0.21-0.32\,\mathrm{mg}$ OC m^{-2} ($0.26\pm0.04\,\mathrm{mg}$ OC m^{-2}).

3.4 Stable carbon and radiocarbon isotopes

Stable carbon isotope (δ^{13} C) values for bulk OC were relatively uniform and ranged between –27.5 and –26.5% (–27.0 ± 0.5%; Table 1; Fig. 5a). δ^{13} C values for OC in the density fractions of the three fractionated sediments (Elk Slough, Venice Cut, and Nurse Slough) were somewhat more variable, but δ^{13} C values among density fractions were always within ± ~ 1.5% (Fig. 5a, Table 1). δ^{13} C values for density fractions from Elk Slough were lower than those from Venice Cut and Nurse Slough. Low density material tended to have lower δ^{13} C values (~ 1 to 1.5% lower) than higher density fractions.

Radiocarbon compositions were quite variable reflecting a wide range of carbon ages (Fig. 5b). Bulk OC from Elk Slough was modern in age ($\Delta^{14}C + 3.4\%$). [$\Delta^{14}C$ is defined by Stuiver and Pollach (1977) where $\Delta^{14}C$ values ≥ 0 are completely modern OC and reported as "modern". Fraction m, f_m , the fraction of modern (1950 pre-bomb) carbon (where f_m values ≥ 1 are "modern" and f_m values of 0 are ancient carbon containing no measurable ^{14}C) and radiocarbon ages are given in Table 1. Mesodensity (1.6 to $2.0\,\mathrm{g\,cm^{-3}}$ and 2.0 to $2.5\,\mathrm{g\,cm^{-3}}$) fractions from Elk Slough were enriched in ^{14}C ($\Delta^{14}C + 94$ and +89%, respectively) relative to bulk sediment OC, whereas the $> 2.5\,\mathrm{g\,cm^{-3}}$ material was depleted ($\Delta^{14}C - 25\%$ relative to both OC and mesodensity material). In contrast, bulk OC from Venice Cut and Nurse Slough was depleted in ^{14}C ($\Delta^{14}C - 151$ and -161%, respectively), as were the density fractions. In both Venice Cut and Nurse Slough, $> 2.5\,\mathrm{g\,cm^{-3}}$ fractions were highly depleted in ^{14}C ($\Delta^{14}C - 339$ and -382% for Venice Cut and Nurse Slough, respectively), whereas the remaining density fractions and bulk sediment were remarkably uniform (average $\Delta^{14}C$ of $-156 \pm 39\%$).

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Fatty acids (FA) were isolated from bulk (unfractionated) sediments and analyzed for stable carbon and radiocarbon content to help constrain the provenance and age of OC in the sediments. As constituents of many energy storage and structural membrane lipids in organisms, FA feature structural differences between compounds biosynthe-5 sized by algae, bacteria and higher plants that make them biomarkers for elucidating the origins and diagenetic fate of organic matter in sediments (Volkman, 2006; Wakeham et al., 1997). FA distributions in the Delta river sediments were bimodal: short-chain n- C_{14} -n- C_{18} compounds peaking at n- C_{16} and long-chain n- C_{24} -n- C_{28} FA peaking at C_{24} . Short-chain FA had lower δ^{13} C values (-37.5 to -35.2%; Fig. 5c) compared to long-chain FA (-33.0 to -31.0%). FA were significantly depleted in ¹³C relative to total OC reflecting contributions from other organic compounds to OC such as amino acids, carbohydrates and humic substances that are enriched in ¹³C compared to lipids. Short-chain FA in all three fractionated sediments were modern (Δ^{14} C > 0; Fig. 5d). While the radiocarbon age for long-chain FA in Elk Slough was also modern (61 %), Δ¹⁴C values in Venice Cut and Nurse Slough were lower indicating that FA at these locations were older in age (-180 and -80 %, respectively).

Discussion

Particle morphology

Previous studies have shown scanning electron microscopy (SEM) to be valuable for examining particle morphology of density-fractionated sediments (photomicrographs of density fractions are shown in Bock and Mayer, 2000; Arnarson and Keil, 2001, 2007; Wakeham et al., 2009). We do not have SEM images of the density fractions in this study but observations from the previous studies are relevant here. Low density < 1.6 g cm⁻³ fractions typically contain readily identifiable filaments and particles resembling terrestrial wood fragments or aggregates containing plant debris. Aggregates of up to a millimeter in size are common, as well as smaller-sized particles. The

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abundance of plant material in low density material is borne out by the high OC concentrations and, when measured, high lignin concentrations (Sampere et al., 2008; Wakeham et al., 2009; Schreiner et al., 2013). Mesodensity (1.6 to 2.0 and 2.0 to 2.5 g cm⁻³) fractions contain aggregates that survived the density fractionation process, but the size and abundance of aggregates decreases as density increases. The highest density (> 2.5 g cm⁻³) fractions are primarily unaggregated mineral grains, often only a few micrometers in size. Arnarson and Keil (2001) also examined the mineral content of density fractions of a sediment from the oxygen minimum zone off the west coast of Mexico by X-ray photoelectron spectroscopy. Low density and OC-rich material was dominated by clay minerals whereas the high density OC-poor fraction was dominated by quartz and feldspars. It is impossible to rule out some alteration of particle morphology during the fractionation treatment, but Arnarson and Keil (2001) suggest that the degree of sample handling used here does not significantly disrupt the "organic glue" that holds aggregates together. Indeed, Bock and Mayer (2000) had previously proposed that removal of this organic binder, such as by the combustion step used in SA analysis, is required for organic-mineral particles to disaggregate.

4.2 Organic carbon among density fractions

In previous studies, bed sediments of the Lower Sacramento River were found to have a mean OC content of 0.55% (range 0.14–2.1%) and in the lower San Joaquin River a mean OC of 0.68% (0.26–1.38%) (Reed, 2002; Nilsen and Delaney, 2005). The bulk sediments in our study had somewhat higher TOC contents (mean 2.0 \pm 0.9%, range 0.7–2.9%). TOC of the density fractions were lower than bulk sediments for high density fractions (0.8 \pm 0.2% OC for 2.0–2.5 g cm $^{-3}$ and 0.2 \pm 0.07% OC for > 2.5 g cm $^{-3}$ fractions, respectively) and higher for low density fractions (34.0 \pm 2.1% OC for < 1.6 g cm $^{-3}$ and 12.4 \pm 2.1% OC for 1.6–2.0 g cm $^{-3}$ fractions). The 1.6 to 2.0 g cm $^{-3}$ fractions therefore made-up the greatest proportions of TOC (44–65%; mean 53.7 \pm 8.8% of TOC; Figs. 2d and 3d), reflecting the high proportion this density fraction contributed to total sediment mass despite low OC concentrations. The

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2.0 to $2.5\,\mathrm{cm^{-3}}$ fractions contained $13-37\,\%$ of TOC (mean $27.1\pm10.3\,\%$ of TOC). Collectively, mesodensity material (1.6 to $2.0\,\mathrm{g\,cm^{-3}}$ plus 2.0 to $2.5\,\mathrm{g\,cm^{-3}}$ fractions) constituted the highest proportions of TOC, $63-96\,\%$ (mean $80.8\pm13.3\,\%$ of TOC).

This dominance of mesodensity material, in terms of both mass and OC content, is 5 common among river (lower Mississippi River) and coastal sediments (Mississippi Margin, Washington Margin, Mexico Margin) that have been investigated by density fractionation (Bock and Mayer, 2000; Arnarson et al., 2001; Dickens et al., 2006; Wakeham et al., 2009). The Sacramento-San Joaquin Delta sediments therefore were generally consistent with previous studies in coastal regions. The Horseshoe Bend sediment was somewhat different from the other four sediments studied here in that OC-poor high density $> 2.5 \,\mathrm{g\,cm^{-3}}$ material (65 % of mass but only 4 % of TOC) was most abundant, with only 30 % of mass and 37 % of TOC in the mesodensity fractions. This sediment is similar to sediments off the Eel River on the California Margin and in the Colville River Delta in the Alaskan Beaufort Sea where erosive hydrodynamic winnowing leaves behind greater proportions of denser, sandy material (Wakeham et al., 2009; Schreiner et al., 2013). Horseshoe Bend flows along the eastern and southern edges of Decker Island, and is the original Sacramento River channel. Higher density sediments with low OC content at Horseshoe Bend are consistent with hydrodynamic winnowing by Sacramento River flow and/or tidal currents from San Francisco Bay.

4.3 Physical character of sediment particles

Sediment transport through the Delta, and deposition in the upper San Francisco Bay estuary, has varied considerably over the past century. The high sediment loads from hydraulic mining during the later 1800s and early 1900s (up to a 9-fold increase over the pre-mining period) have dropped significantly due to water management projects such as dams, levees and bypass channels (Schoellhamer et al., 2012) and adjustment to a regime of decreasing sediment supply during the 20th century (Schoellhamer et al., 2013). Bed sediments in channels of the lower Sacramento River are

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8–50% (mean 19%) fines (< 63 μm) and in the San Joaquin River are 15–79% (mean 48%) fines (Schoellhamer et al., 2012), and as noted above TOC contents are 0.14–2.1%. Larger floods and increased winnowing of fine grains from the bed sediments in the Sacramento River are the probable cause for differences between the two rivers. During large floods, the sand content of bed sediments often approaches 100% in the Sacramento River, whereas during intervals between floods, sediments become finer.

4.4 Specific surface area OC loadings on sediment grains

Sediment grain size, particle shape, density, mineralogy and organic carbon content determine how particles behave in rivers and on coastal margins (Bridge and Bennett, 1992; Dade and Friend, 1998; Hassanzadeh, 2012) and their nutritional value to organisms (Mayer et al., 1993). Specific mineral surface area (SA) of sediment particles is often thought of as an approximate (inverse) proxy for grain size (Horowitz and Elrick, 1987; Keil et al., 1994a; Bergamaschi et al., 1997). In general, as grain size decreases, SA and % OC increase. But this relationship is probably simplistic since surface roughness of mineral particles may cause SA to be considerably higher than predicted by grain size alone (Weiler and Mills, 1965; Mayer, 1994a, b), and SA measured after combustion that may destroy larger organic particles or organic-mineral aggregates likely underepresents the true size of the original aggregates. Inorganic coatings, notably Fe and Mn oxides, also help to cement fine-grained particles into water-stable aggregates of larger size (Horowitz and Elrick, 1987), decreasing effective SA. In the present study, SA was measured on all five bulk sediments and three density fractions of each sediment to evaluate the degree of OC loading (OC:SA) onto different density fractions, analogous to the more common measurements of SA and OC: SA of sediment particles of different grain sizes. SA decreased with increasing particle density (Fig. 4a), suggesting that higher density fractions were characterized by larger particle grain sizes (the < 1.6 g cm⁻³ fractions being exceptions). Higher SA for the intermediate density fractions (e.g., 1-6 to 2.0 g cm⁻³) are similar to previous observations (Arnarson and Keil, 2001, 2007; Wakeham et al., 2009) and might result from

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rough three-dimensional structures of aggregated clay grains (Hodson et al., 1998). In contrast, quartz and feldspar grains that dominate the high-density fractions have low SA.

Organo-mineral associations affect OC reactivity and OC sorbed onto mineral grains 5 is protected from degradation (Mayer, 1999; Hedges and Keil, 1995). Lower OC: SA ratios in deltaic (~ 0.3 mg OC m⁻²) and deep sea sediments (~ 0.15 mg OC m⁻²) indicate desorption or losses of OC from mineral grains due to microbial decomposition whereas higher OC: SA ratios ($\geq 2 \text{ mg OC m}^{-2}$) occur typically in anoxic, marsh, and estuarine sediments where OC is preserved because supply exceeds decomposition (Keil et al., 1997). Among the river sediments discussed here, OC:SA ratios of bulk sediments were relatively invariant, between 0.54 and 0.84 mg OC m⁻², similar to OC loadings in the Amazon and Mississippi Rivers but lower than adjacent marsh and estuary sediments and higher than adjacent continental shelf sediments (Keil et al., 1997; Gordon and Goñi 2004; Waterson and Canuel, 2008). Among density fractions in this study, OC: SA ratios were higher for 1.6 to 2.0 gcm⁻³ fractions than for bulk sediments $(2.75 \pm 1.4 \text{ vs. } 0.72 \pm 0.13 \text{ mg OC m}^{-2}$, respectively) indicating more OC was associated with mineral material. In contrast, OC: SA were lower for the 2.0 to 2.5 and $> 2.5 \,\mathrm{g\,cm}^{-3}$ fractions $(0.31 \pm 0.06 \,\mathrm{vs.}\,0.26 \pm 0.04 \,\mathrm{mg\,OC\,m}^{-2}$, respectively) than bulk sediment, where less OC was associated with mineral phases.

4.5 Provenance of OC in the Sacramento-San Joaquin Delta

Sources of OC to river sediments in the Delta are diverse (Cloern et al., 2002; Canuel, 2001). Autochthonous sources include phytoplankton (80% of annual TOC input), higher aquatic plants (18% of TOC) and benthic macroalgae (<2%); seagrasses and seaweeds are absent (Jassby and Cloern, 2000). Allochthonous contributions from riparian zones within the rivers' watersheds may come from tributaries (81% of TOC), agriculture (11%), tidal marsh export (4%), and wastewater (4%) and urban discharges (1%). Relative contributions of each depend on river flow, which itself is seasonally variable. However, taken together, autochthonous inputs account for only

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about 15% of annual TOC input to the Delta, whereas allochthonous sources dominate at 85%. The Jassby and Cloern (2000) model further indicates that $\sim 90\%$ of TOC supply to Suisun Bay and northern San Francisco Bay is delivered by the Delta rivers, in stark contrast to south San Francisco Bay where $\sim 90\%$ of TOC is autochthonous.

 $C:N_{(a)}$ ratios of bulk sediments confirm the importance of vascular plant OC and minor input of algal material to the Delta river sediments. Among density fractions, increasing $C:N_{(a)}$ ratios with decreasing density point to the importance of vascular plant OC in lower density fractions. Results from a wide-ranging investigation of elemental and isotope compositions of aquatic and terrestrial plants in the Delta system by Cloern et al. (2002) and studies of suspended POM (Canuel, 2001) support this conclusion.

There was considerable variability in δ^{13} C isotopic composition among the plants analyzed by Cloern et al. (2002) in the Delta, with differences reflecting carbon source and carbon fixation pathway (Hayes, 2001; Pearson, 2010). Among plants fixing carbon dioxide from the atmosphere, C_4 marsh plants had the most positive $\delta^{13}C$ values (~ -17 to -12%) whereas C₃ salt marsh, floating vascular and terrestrial plants had the most negative values (~ -31 to -22%). Aquatic filamentous algae, phytoplankton and submerged vascular plants that utilize dissolved CO₂ had highly variable δ^{13} C values covering most of the range given above, usually depleted in ¹³C compared to marine phototrophs due to different isotope systematics between freshwater and marine systems (Oana and Deevey, 1960). Isotope values for soils within the Delta reflect land use, ranging from $\sim -20\%$ in a corn (C₄) field to (~ -27 to -24%) in an uncultivated grassland (C_3). Since the range of δ^{13} C values in the bulk Delta sediments we analyzed was small ($-27.4 \pm 0.5\%$) and seasonal and species variability is high (Cloern et al., 2002), it is difficult to conclusively infer the dominant OC source, except perhaps to say that inputs from C₄ plants are minor. Nonetheless, the consistently lower values for δ^{13} C in the lower density fractions (Fig. 6a) suggest greater proportions of vascular plant OC in those fractions.

Natural-abundance radiocarbon measurements ($\Delta^{14}C_{OC}$ or fraction modern f_m) add the dimension of "age" to the character of organic matter and help define the residence

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time and redistribution of OC in rivers and estuaries (Raymond and Bauer, 2001a, b; Blair et al., 2003; Griffith et al., 2010; Lu et al., 2014; McIntosh et al., 2015). In our study, radiocarbon ages of OC of bulk and most density fractions at Elk Slough are modern [Δ^{14} C $\geq 0\%$ ($f_{\rm m} \sim 1$)], whereas high density $> 2.5\,{\rm g\,cm}^{-3}$ material is depleted in ¹⁴C reflecting a more aged character (Fig. 6a). OC in Venice Cut and Nurse Slough, however, is considerably more depleted in ¹⁴C. Bulk OC and < 1.6, 1.6 to 2.0, and 2.0 to $2.5\,\mathrm{g\,cm^{-3}}$ fractions are similar in radiocarbon isotope values ($\Delta^{14}\mathrm{C}-247$ to -114%) but high density $> 2.5 \,\mathrm{g\,cm^{-3}}$ fractions are highly $^{14}\mathrm{C}$ depleted ($\Delta^{14}\mathrm{C} - 339$ and -382%, for Venice Cut and Nurse Slough, respectively) and hence the oldest (3300 and 3800 yr BP, respectively). Radiocarbon ages of sediments that are "too old" to reflect deposition of recently-biosynthesized ("young") OC require contributions from "pre-aged" OC from terrestrial soil or fossil (rock) OC (Drenzek et al., 2009; Griffith et al., 2010; Blair and Aller, 2012; Douglas et al., 2014; Galy et al., 2015) and/or anthropogenic (petrogenic or fossil fuel combustion) sources (Mitra et al., 2002; Masiello, 2004). Rivers are an important mechanism for redistributing old terrestrial OC (Raymond and Bauer, 2001b; Masiello and Druffel, 2001; Blair and Aller, 2012). In the Rhine and Meuse Rivers, the Ems-Dollard estuary, and the southern North Sea, ¹³C and ¹⁴C compositions of size fractionated suspended particulate matter showed seasonal variations in a mix of OC sources and that a greater proportion of pre-aged terrestrial material was associated with coarse (> 20 μ m) material (δ^{13} C ~ -26 %; Δ^{14} C ~ -500 %) than fine fractions (δ^{13} C ~ -23%; Δ^{14} C ~ -200%) (Megens et al., 2001, 2002). In the present study, the relatively unimpacted Elk Slough, which lies north of the city of Sacramento, contains mostly recently-biosynthesized OC whereas Venice Cut and Nurse Slough contained higher proportions of older OC. Interestingly, the Nurse Slough site in Suisan Marsh that is little influenced by anthropogenic activities had Δ^{14} C values indicating sources of aged carbon that could reflect erosion or scouring of deeper marsh sediments or mixing with "older" sources from the surrounding watershed. Overall, there is a progression from Δ^{14} C-enriched (young) but δ^{13} C-depleted OC (bulk

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and density fractions) in Elk Slough to generally more Δ^{14} C-depleted (older) and δ^{13} C-enriched OC in Venice Cut and Nurse Slough.

Biomarkers shed additional light on the sources and diagenetic state of river sediment OC. Among the fatty acids analyzed here, short-chain $(n-C_{14}-n-C_{18})$ FA are 5 biosynthesized by all plants but they are major lipids in freshwater microalgae (Cranwell et al., 1988, 1990; Volkman et al., 1998) and freshwater macroalgae (Dembitsky et al., 1993; Rozentsvet et al., 1995, 2002). Long-chain (n-C₂₄-n-C₂₈) FA are components of epicuticular waxes of terrestrial higher plants (Cranwell et al., 1987; Volkman, 2006). FA compound distributions in Delta sediments - a mix of short-chain and longchain compounds - confirm heterogeneous sources. Stable carbon isotope values of FA in Delta sediments were lower than TOC, by ~ 8.1 to 10.4% for the short-chain FA but by ~ 3.6 to 5.5% for the long-chain FA (Fig. 6b). All sites showed the same 13 C trend: $\delta^{13}C_{\text{short FA}} < \delta^{13}C_{\text{long FA}} < \delta^{13}C_{\text{OC}}$. The offset of $\delta^{13}C_{\text{FA}}$ relative to $\delta^{13}C_{\text{OC}}$ reflects the 4-8% isotope fractionation common during autotrophic biosynthesis of acetogenic lipids (in this case FA) vs. primary biomass (here represented by TOC) (Hayes, 2001; Pearson, 2010), but the difference between $\delta^{13}C_{shortFA}$ and $\delta^{13}C_{longFA}$ indicates a source distinction. A higher proportion of seston with low δ^{13} C values (Cloern et al., 2002) may contribute to the ¹³C-depletion of the short-chain FA pool. Radiocarbon values of FA are more complex and $\Delta^{14}C_{short\,FA}$ indicate predominately modern OC while $\Delta^{14}C_{long FA}$ in Venice Cut and Nurse Slough indicate substantial proportions of pre-aged OC (Fig. 6b). Short-chain FA could originate from either aquatic or terrestrial plants; the narrow range of δ^{13} C does not provide a distinction. Long-chain, vascular plant FA likely reflect storage in soils for some time, but probably do not derive from fossil sources since functionalized lipids like FA, though present at low levels, are mostly lost during diagenesis (Rullkötter and Michaelis, 1990; de Leeuw and Largeau, 1993). Our findings are consistent with isotope compositions of FA in bulk sediments from the Eel Margin and in lower Mississippi River and Mississippi Margin sediments (Wakeham et al., 2009) and in the Delaware Estuary (McIntosh et al., 2015). Long-chain FA in Eel sediments had lower ¹³C values compared to short-chain FA (δ^{13} C – 32 % and –25 %,

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respectively). In sediments of the Mississippi River/Margin, the opposite was found: long-chain FA had higher δ^{13} C values than short-chain FA (-31 vs. -37%, respectively). However, like the Sacramento-San Joaquin Delta sediments, short-chain FA in both the Eel and Mississippi River/Margin were modern in age (Δ^{14} C +49 and +47 ‰, for Eel and Mississippi, respectively) whereas long-chain FA were older (Δ^{14} C – 109 and -91% for Eel and Mississippi, respectively). This trend is the reverse of that of FA of particulate organic matter in the Delaware River, where short-chain FA were older than long-chain FA, indicating that the riverine algae that are the source of the shortchain FA fix aged dissolved organic carbon (McIntosh et al., 2015). Long-chain FA used to evaluate OC transport from the Himalayan Mountains and Tibetean Plateau through the Ganges-Bramaputra river system were younger ($\Delta^{14}C - 160$ to -3%) than bulk terrestrial biospheric OC (Δ^{14} C – 878 to –63%) (Galy et al., 2008; Galy and Eglinton, 2011).

Modern carbon in river sediments and sediments at river-ocean margin interfaces must derive from recently biosynthesized aquatic or terrestrial plant biomass. Land plants that fix atmospheric CO₂ may have ¹⁴C values that are completely modern due to inclusion of post-bomb carbon. The radiocarbon content of freshwater plants varies depending on the reservoir effect of freshwater dissolved inorganic carbon, either CO₂ or bicarbonate. If old, dissolved inorganic carbon (e.g., bicarbonate leached from carbonate or evaporitic deposits) is present in freshwater systems, reservoir ages may be longer than in marine systems (Broecker and Walton, 1959; Phillipsen, 2013; Lu et al., 2014; McIntosh et al., 2015) and aquatic plants may be ¹⁴C-depleted relative to biomass that fixed atmospheric CO₂. Most old carbon in sediments originates from pre-aged OC remobilized from terrestrial soils or fossil OC from ancient sediments, and much of this export is driven by erosion (e.g., Galy et al., 2015). Soil OC is highly variable in ¹⁴C age depending on soil ecosystem and horizon depth, carbon cycling and residence time, land use, and the proportions of modern and fossil carbon, with ages ranging from modern in litterfall and upper horizons to thousands of years in deeper horizons (Richter et al., 1999; Ewing et al., 2006; Trumbore, 2009). In the case of the

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Delta, surface alluvial soil horizons from grasslands of the Central Valley are modern $(\Delta^{14}C > 0)$ whereas deeper horizons are significantly older $(\Delta^{14}C - 800 \text{ to } -600\%)$ depending on whether or not they have been cultivated (Baisden et al., 2002a, b; Ewing et al., 2006). Soil OC consists of a rapidly cycling (5-20 yr) low density fraction 5 of relatively unaltered vascular plant material and a more abundant but slowly cycling mineral-associated component with a mean residence time > 200 yr (Trumbore et al., 1989; Baisden et al., 2002a, b; Ewing et al., 2006). The lower region of the Delta, at the confluence of the Sacramento and San Joaquin Rivers, also contains large tracts of peat. Bulk densities of the peat range from 0.2-0.7 g cm⁻³ and their radiocarbon contents ranged from -560 to -225% (Ewing et al., 2006; Canuel et al., 2009). Fossil carbon sources include OC remobilized from ancient rocks (kerogen) and black carbon (BC). Kerogen is an amorphous network of degraded, polymerized and crosslinked biomolecules generated during diagenesis (Derenne et al., 1997; de Leeuw and Largeau, 1993; Stankiewicz et al., 2000); BC is a carbon-rich, highly aromatized and heterogeneous material that derives from biomass or fossil fuel combustion and sedimentary metamorphism (where alteration of OC has proceeded beyond the kerogen stage) (Masiello, 2004; Dickens et al., 2004), and thus may have modern (biomass) or fossil (ancient sediment) radiocarbon signatures. In lake and marine sediments (Dickens et al., 2004; Veilleux et al., 2009), BC is concentrated in a < 1.6 g cm⁻³ density fraction. Mitra et al. (2002) estimated that ~ 27 % of the BC load, or up to 25 % of OC, of the Mississippi River is fossil fuel combustion-derived. Because both kerogen and BC are highly refractory with respect to chemical or biological degradation they may cycle between fluvial and sediment/soil environments during their transport through drainage basins, especially in environments characterized by rapid channel migration and flooding (Dunne et al., 1998; Aalto et al., 2003; Blair and Aller, 2012). Most particles in rivers are thought to have spent time in soils, floodplain alluvial deposits or wetlands (Reneau and Dietrich, 1991; Gomez et al., 2003; Leithold et al., 2006; Hoffmann et al., 2009).

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The age of OC in rivers also varies with the nature of the river and its watershed, and consequently with sediment load (e.g., Raymond and Bauer, 2001b; Leithold et al., 2006; Blair et al., 2003). Small rivers (< 10 000 km² watersheds) draining high relief, mountainous (1000-4000 m elevation) areas where thin soils/sedimentary rocks are continuously eroded and there is minimal sediment storage capacity export substantial amounts of old, refractory organic matter. Rivers with lower relief but watersheds that include long-term carbon storage environments such as forests, grasslands, and wetlands can also deliver significant amounts of old OC. In contrast, rivers that integrate large watersheds with diverse geology and land cover/use and with extensive lowland sediment storage areas and floodplains that are dominated by chemical weathering (e.g., the Mississippi-Atchafalaya River System (Gordon and Goñi 2003; Rosenheim et al., 2013) carry generally younger and less degraded OC. Because the Sacramento and San Joaquin Rivers begin as steep-gradient, high energy streams in the Sierra Nevada Mountains but gradually become larger as numerous tributaries join the mainstems, including those from the Coast Range, they become more guiescent as they flow through the Central Valley and a range of OC sources contributes to the observed elemental and isotopic compositions of river sediments in the Delta.

5 Conclusions

Bed sediments in the Sacramento-San Joaquin Rivers contain organic matter unevenly distributed among density fractions, similar to other river and continental margin sediments. In general, mass and TOC are concentrated in mesodensity fractions, whereas both low density material that is rich in woody debris and high density material that is OC-poor mineral grains are relatively unimportant. At the Elk Slough site, OC is mostly derived from contemporary vegetation, but in both Venice Cut in the San Joaquin River and Nurse Slough in Suisan Marsh substantial amounts of pre-aged carbon OC are present, especially in the OC-poor, mineral-rich highest density material. Low river flow, such as during our study period, allows bed sediments to accumulate all density frac-

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tions: low density but coarse-grained material consisting of young discrete plant debris, older mesodensity organic-mineral aggregates, and still older organic-poor high density mineral material. But even under low flow/low turbulence conditions, some hydrodynamic sorting may occur whereby the mesodensity fractions become predominant. Overall, this work identifies differences in the source and age composition of organic matter associated with different sediment density fractions in rivers and reveals some of the complex interactions between organic matter and sediments that arise from watershed, hydrology and hydrodynamic features.

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Table 1. Stable and radiocarbon isotope data for OC in density fractions, bulk OC and fatty acids for Elk Slough, Venice Cut and Nurse Slough sediments.

	δ ¹³ C (‰)	Δ ¹⁴ C (‰)	f _m	f _m error	Age (yrBP)	Age Error
			Elk Slough			
< 1.6	-28.2	10	1.017	0.0039	modern	
1.6-2.0	-28.2	94	1.101	0.0043	modern	
2.0-2.5	-28.0	89	1.097	0.0034	modern	
> 2.5	-27.4	-25	0.982	0.0042	150	35
bulk	-27.5	3.4	1.010	0.0031	modern	
Short FA	-36.3	91	1.100	0.0072	modern	
Long FA	-33.0	61	1.069	0.0091	modern	
			Venice Cut			
< 1.6	-27.3	-147	0.859	0.0027	1220	25
1.6-2.0	-27.8	-152	0.854	0.0028	1270	25
2.0-2.5	-27.2	-114	0.892	0.0037	920	35
> 2.5	-26.8	-339	0.666	0.0029	3270	35
bulk	-27.1	-151	0.854	0.0037	1260	35
Short FA	-37.5	90	1.099	0.0097	modern	
Long FA	-31.0	-180	0.825	0.0097	1840	100
			Nurse Slough			
< 1.6	-27.3	-247	0.758	0.0029	2230	30
1.6-2.0	-27.1	-135	0.871	0.0027	1110	25
2.0-2.5	-26.9	-144	0.862	0.0033	1190	30
> 2.5	-26.6	-382	0.622	0.0026	3810	30
bulk	-27.1	-161	0.845	0.0032	1350	30
Short FA	-35.2	19	1.027	0.0056	modern	
Long FA	-31.6	-80	0.927	0.0097	915	85

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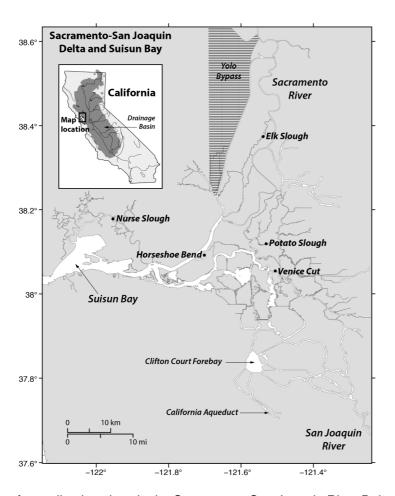


Figure 1. Map of sampling locations in the Sacramento-San Joaquin River Delta.

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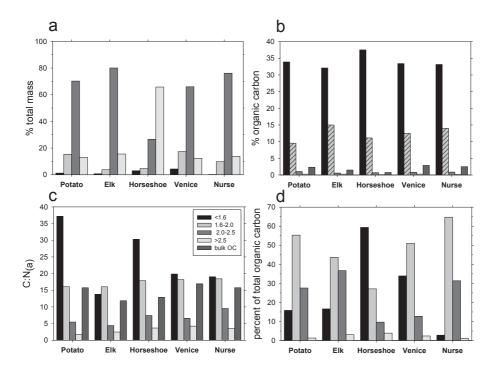


Figure 2. Distributions of (a) mass, (b) organic carbon content, (c) atomic C: N ratio, and (d) percent of total organic carbon for the Delta sediment bulk and density fractions.

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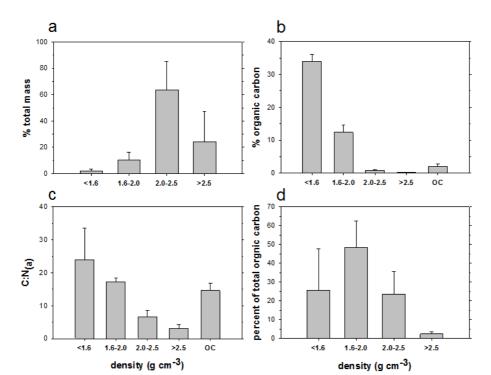


Figure 3. Mean and standard deviations of distributions of **(a)** mass, **(b)** organic carbon content, **(c)** atomic C:N ratio, and **(d)** percent of total organic carbon for each density fractions across the five study sites.

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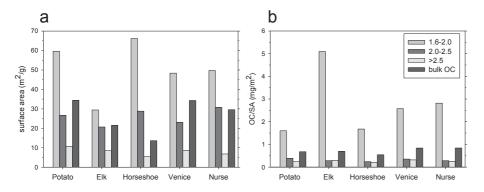


Figure 4. Surface area (SA) (following combustion) **(a)** and organic carbon/surface area ratio (OC/SA) **(b)** for Delta bulk sediment and density fractions.

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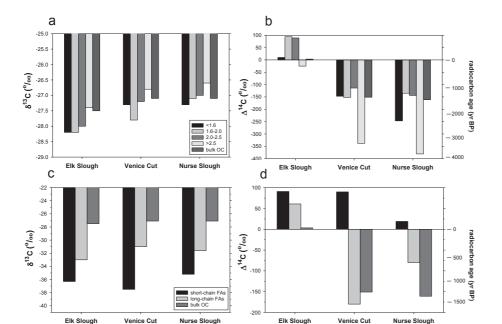


Figure 5. δ^{13} C **(a)** and Δ^{14} C **(b)** values for OC in Delta bulk sediment and density fractions and δ^{13} C **(c)** and Δ^{14} C **(d)** values for fatty acids in bulk sediments.

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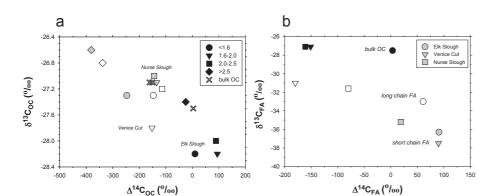


Figure 6. Cross plots of **(a)** δ^{13} C vs. Δ^{14} C for OC in Delta bulk sediment and density fractions: black symbols = Elk Slough; white symbols = Venice Cut; gray symbols = Nurse Slough and **(b)** δ^{13} C vs. Δ^{14} C for fatty acids in bulk sediments: black symbols = bulk OC; white symbols = long chain FA; gray symbols = short chain FA.

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