

1 Diurnal Variation in the Coupling of Photosynthetic 2 Electron Transport and Carbon Fixation in iron-limited 3 Phytoplankton in the NE subarctic Pacific

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11 12 **Abstract**

13 Active chlorophyll *a* fluorescence approaches, including fast repetition rate fluorometry
14 (FRRF), have the potential to provide estimates of phytoplankton primary productivity at
15 unprecedented spatial and temporal resolution. FRRF-derived productivity rates are based on
16 estimates of charge separation at PSII (ETR_{RCII}), which must be converted into ecologically
17 relevant units of carbon fixation. Understanding sources of variability in the coupling of ETR_{RCII}
18 and carbon fixation provides physiological insight into phytoplankton photosynthesis, and is
19 critical for the application of FRRF as a primary productivity measurement tool. In the present
20 study, we simultaneously measured phytoplankton carbon fixation and ETR_{RCII} in the iron-
21 limited NE subarctic Pacific, over the course of a diurnal cycle. We show that rates of ETR_{RCII}
22 are closely tied to the diurnal cycle in light availability, whereas rates of carbon fixation appear
23 to be influenced by endogenous changes in metabolic energy allocation under iron-limited
24 conditions. Unsynchronized diurnal oscillations of the two rates led to 3.5-fold changes in the
25 conversion factor between ETR_{RCII} and carbon fixation (K_c/n_{PSII}). Consequently, diurnal

26 variability in phytoplankton carbon fixation cannot be adequately captured with FRRF
27 approaches if a constant conversion factor is applied. Utilizing several auxiliary
28 photophysiological measurements, we observed that a high conversion factor is associated with
29 conditions of excess light, and correlates with the increased expression of non-photochemical
30 quenching (NPQ) in the pigment antenna, as derived from FRRF measurements. The observed
31 correlation between NPQ and K_c/n_{PSII} , requires further validation, but has the potential to
32 improve estimates of phytoplankton carbon fixation rates from FRRF measurements alone.

33 **1 Introduction**

34 Marine phytoplankton account for ~ 50% of global carbon fixation (Field et al., 1998), and
35 play a key role in Earth's biogeochemical cycles. Understanding the spatial and temporal patterns
36 in marine primary productivity and its response to environmental variability is thus a central
37 oceanographic research question. Traditionally, rates of phytoplankton primary production have
38 been measured using incubation-based assays, tracing the evolution of oxygen or the assimilation
39 of CO₂ (Williams et al., 2008). Over the past two decades, bio-optical approaches based on
40 measurements of active chlorophyll *a* fluorescence (ChlF) yields (Kolber and Falkowski, 1993;
41 Schreiber, 2004) have emerged as an attractive alternative, avoiding artifacts related to bottle
42 containment, and achieving unparalleled spatial and temporal resolution. The method most
43 prominently applied to measure ChlF yields in field assemblages of marine phytoplankton is fast
44 repetition rate fluorometry (FRRF) (Kolber et al., 1998). ChlF yields, as measured by FRRF, can
45 be used to estimate electron transport in photosystem II (ETR_{RCII} , mol e⁻ mol RCII⁻¹ s⁻¹), and
46 these rates can be converted to carbon units based on theoretical calculations. However,
47 empirical comparison of FRRF-derived ETR_{RCII} and carbon fixation data has shown that the
48 derived conversion factor varies significantly with changes in the physiology and taxonomic
49 composition of phytoplankton assemblages (Suggett et al., 2010; Lawrenz et al., 2013).

50 The conversion factor linking ETR_{RCII} and carbon fixation consists of two parameters, the
51 amount of chlorophyll *a* per number of functional PSII reaction centers ($1/n_{PSII}$; mol chl *a* mol
52 RCII⁻¹) and the electron requirement for carbon fixation (K_c ; mol e⁻ mol C⁻¹; note that in most
53 previous studies, this latter parameter has been denoted as $\Phi_{e,C}$). Plasticity in both $1/n_{PSII}$ and K_c

54 can be observed at the physiological and taxonomic level, and is ultimately a function of given
55 environmental conditions.

56 Phytoplankton photosynthesis and downstream metabolic processes exhibit great plasticity
57 and interconnectivity, allowing rapid responses and optimized growth under fluctuating light and
58 nutrient conditions. This physiological regulation influences the coupling between ETR_{RCII} and
59 carbon fixation. For example, energy (ATP) and reducing power (NADPH) from the
60 photosynthetic light reaction can be used directly for the reduction or assimilation of limiting
61 nutrients, rather than for carbon fixation (e.g. Laws, 1991; Myers, 1980), resulting in an
62 increased conversion factor K_c/n_{PSII} . Furthermore, K_c/n_{PSII} has been shown to increase under
63 excess light conditions (Cheah et al., 2011; Corno et al., 2006; Fujiki et al., 2007; Goto et al.,
64 2008; Kaiblinger and Dokulil, 2006; Raateoja, 2004), when the rate of charge separation in RCII
65 can outpace the rate of electron transport along the photosynthetic electron transport chain
66 (ETC). In order to alleviate the ensuing “backpressure”, which can lead to e.g. singlet oxygen
67 formation and photoinhibition, photosynthetic organisms evolved a number of “safety valves”
68 along the ETC (e.g. Niyogi, 2000). Activation of these alternative electron pathways **diverts**
69 **absorbed energy away from the carbon fixation, thus** increasing the conversion factor K_c/n_{PSII} . In
70 a previous study, we showed that low iron concentrations enhanced the effect of excess light,
71 further increasing the conversion factor K_c/n_{PSII} (Schuback et al., 2015).

72 Given the well-established effect of excess light on the coupling of photosynthetic electron
73 transport and carbon fixation, it is likely that the two rates decouple over the course of a diurnal
74 cycle, if excess irradiance is encountered at noon. However, to our knowledge, there are no
75 direct experimental studies of the diurnal changes in the coupling of ETR_{RCII} and carbon fixation
76 in marine phytoplankton.

77 In the present study we simultaneously measured rates of ^{14}C -uptake and ETR_{RCII} in iron-
78 limited phytoplankton assemblages in the NE subarctic Pacific over the course of a 24 hour
79 diurnal cycle. Our results show that the conversion factor K_c/n_{PSII} , derived for in situ irradiances
80 at 5 m depth, varied significantly (by a factor of 3.4) over the diurnal cycle, with most of the
81 variability attributable to changes in K_c . Unless both carbon fixation and ETR_{RCII} are measured
82 and integrated over a whole diurnal cycle (e.g. Suggett et al., 2006), diurnal variability in K_c/n_{PSII}
83 should thus be considered, along with phytoplankton taxonomy and nutrient status (Lawrenz et
84 al., 2013), when deriving regional conversion factors between ETR_{RCII} and carbon fixation.

85 Building on previously published results (Schuback et al., 2015), we show that the magnitude
86 and variability of K_c/n_{PSII} can be correlated to FRRF-based measurements of non-photochemical
87 quenching (NPQ_{NSV}).

88 **2 Methods**

89 **2.1 Study site and water-column hydrography**

90 Field sampling was conducted on board the *CCGS John P. Tully* on June 17th/18th 2014. During
91 the sampling period, the research vessel stayed within 10 km of Ocean Station Papa
92 (OSP), located in iron-limited waters of the NE subarctic Pacific (50 °N, 145 °W)
93 (<https://www.waterproperties.ca/linep/>). We acknowledge that our sampling approach is not truly
94 Lagrangian, and some variability in nutritional status and taxonomic composition of
95 phytoplankton assemblage could have occurred due to water mass advection. However, we
96 expect that surface hydrography and phytoplankton characteristics are sufficiently homogeneous
97 in this oceanic region, such that minor water mass advection would not have significantly
98 influenced primary productivity or photophysiological parameters measured over the diurnal
99 cycle.

100 During our occupation of OSP, we conducted five CTD casts (three casts during the 24 hour
101 diurnal experiment and one each before and after the diurnal sampling) to characterize variability
102 in temperature and salinity depth profiles, from which we derived seawater density using the
103 GSW toolbox in MATLAB (McDougall and Barker, 2011). Mixed layer depth (MLD) was
104 calculated from a density difference criterion ($\Delta\sigma = 0.05 \text{ kg m}^{-3}$). The depth profile of
105 photosynthetically available radiation (PAR, 400-700nm, $\mu\text{mol quantam}^{-2} \text{ s}^{-1}$) through the upper
106 100 m of the water column was obtained using a PAR sensor (Biospherical QSP-400) mounted
107 on the rosette during one of the CTD casts (12:30 local time (LT)). The optical extinction
108 coefficient, k_d (m^{-1}), was calculated as:

$$109 \quad k_d = (\ln E_0 - \ln E_z)/z \quad (1)$$

110 where E_0 is surface irradiance and E_z is irradiance at depth z (m). Surface PAR (E_0^+) was
111 continuously logged (10 min intervals) with a LI-1000 down-welling PAR sensor (LI-COR,
112 USA), mounted in a non-shaded position on the ship's superstructure, at a height of ca 7 m above

113 the sea-surface. Unfortunately, 3 hours of PAR data (14:00-17:00 LT) were lost due to an
114 instrument malfunction. To fill the data gap, we utilized shortwave solar radiation data from a
115 nearby moored surface buoy, operated by the Ocean Climate Stations (OCS) group at Pacific
116 Marine Environmental Laboratory of the National Oceanic and Atmospheric Administration
117 (PMEL-NOAA). All mooring data are available from the NOAA OCS website
118 (<http://www.pmel.noaa.gov/OCS>). We aligned the two sets of irradiance data (ship-based and
119 surface mooring) and extrapolated over the 3 hour gap in order to obtain consistent E_0^+ for the
120 timespan of the diurnal experiment. Surface reflectance was calculated as a function of solar
121 zenith angle following Kirk (2011) using the R package ‘phytools’ (Silsbe, 2015). Subtracting
122 surface reflectance provides PAR just under the air-ocean interface (E_0^-). PAR at 5 m depth
123 (E_{5m}^-) was calculated as $E_{5m}^- = E_0^- \exp(k_d \times 5m)$.

124 Macro-nutrients (P, N, Si) were measured on samples from 2 CTD-rosette casts following the
125 methods outlined in Barwell-Clarke (1996). Additional measurements of surface water (~ 5 m)
126 temperature and salinity were derived from the ship's thermosalinograph (TSG) connected to a
127 continuous seawater supply, and also from the NOAA mooring.

128 **2.2 Sample collection**

129 Seawater samples were collected from the seawater intake system (ca 5 m depth) every 3 hours
130 over a 24 hour period and processed immediately for a variety of physiological assays described
131 below. The resulting dataset consists of 8 time-points (TPs). Local sunrise, solar noon and sunset
132 were at 6:30, 14:40 and 22:50, respectively, resulting in 3 night-time TPs (3:00, 23:00, 0:00) and
133 5 day-time TPs (6:00, 9:00, 12:00, 15:00, 18:00). Samples taken at each TP are summarized in
134 Table 1.

135 **2.3 [chl a] and HPLC**

136 At each TP, duplicate 500 ml samples for [chl a] were filtered onto pre-combusted 25 mm glass
137 fiber filters (Whatman GF/F) using low vacuum pressure (<50 mm Hg), taking care to keep the
138 filters out of direct light. Filters were stored at -20 °C and analyzed following the method of
139 Welschmeyer (1994) within two weeks of collection. At 4 TPs (3:00, 9:00, 15:00, 21:00)
140 duplicate 2.2 L samples for pigment analysis were filtered onto pre-combusted 25 mm GF/F, as
141 above. Filters were blotted dry with absorbent paper, flash frozen in liquid nitrogen and stored at

142 -80 °C until analysis by reverse-phase high pressure liquid chromatography (HPLC) following
143 the method of (Pinckney, 2013). The identified pigments were grouped into photosynthetic
144 carotenoids (PSC), photoprotective carotenoids (PPC) and total chlorophyll (TChl) as outlined in
145 Table 2. Ratios of these pigment groups were used to assess diurnal changes in the extent of light
146 stress experienced by the whole phytoplankton assemblage. Xanthophyll cycling (XC) pigments
147 of chromophytes (diatoxanthin (Dt) and diadinoxanthin (Dd)) as well as xanthophyll cycling
148 pigments of prasinophytes and chlorophytes (violaxanthin (Viol) and zeaxanthin (Zea)) were
149 assessed with regard to their relative abundance ((Dt+Dd)/chl *a* and (Zea+Viol)/chl *a*), and de-
150 epoxidation state ratios (DES, Dt/(Dt+Dd) and Zea/(Zea+Viol). Furthermore, pigment data were
151 used to estimate the relative abundance of different phytoplankton taxa at our sampling site.
152 CHEMTAX analysis was performed using the averaged pigment concentrations from each TP.
153 Analysis was performed essentially as described in Taylor et al. (2013). The initial pigment ratio
154 matrix, specific to North Pacific phytoplankton isolates, was taken from Table 5 in Lee et al.
155 (2011).

156 **2.4 Absorption spectra**

157 Absorption spectra of phytoplankton cellular pigments ($a_{\text{phy}}(\lambda)$) were determined following
158 the quantitative filter technique (QFT) as described in (Mitchell et al., 2002). At each TP,
159 duplicate 1.1 L samples were filtered onto pre-combusted 25 mm GF/F under low vacuum
160 pressure and light, taking care to achieve even sample distribution on the filter. Reference filters
161 were prepared by filtering 1.1 L of Milli-Q water. Filters were carefully placed into 25 mm tissue
162 capsules (Fisher), flash frozen in liquid nitrogen and stored at -80 °C until analysis within 1
163 month of the experiment. Sample filters were analyzed on a Cary BIO-100 dual-beam
164 spectrophotometer (Varian) against reference filters as described in Mitchell et al. (2002).
165 Optical density (OD) was measured from 370-800 nm (1 nm resolution) before and after
166 extraction of pigment with 90% methanol (Kishino et al., 1985) to determine OD of the whole
167 particulate sample and OD of detritus after pigment extraction, respectively. Each sample and
168 blank was analyzed in triplicate, to minimize error associated with instrument measurements.
169 The wavelength-specific phytoplankton pigment absorption spectrum ($a_{\text{phy}}(\lambda)$, m^{-1}) was
170 calculated as:

171
$$a_{phy}(\lambda) = 2.303 \times \left(OD_{sample}(\lambda) - OD_{detrius}(\lambda) \right) \times \frac{A}{V} \times \beta^{-1} \quad (2)$$

172 where 2.303 is the conversion of from base-10 to a natural logarithm, A is the particulate
173 retention area of the filter (m²), V is the volume filtered (m³), and β is the path-length
174 amplification coefficient (4.5; Röttgers and Gehrke, (2012)). To determine chl *a* specific
175 absorption spectra ($a^*_{phy}(\lambda)$, m⁻¹ mg chl *a*⁻¹), values were normalized to corresponding [chl *a*]
176 values. Absorption spectra were used for spectral correction of our rate measurements, as
177 described in detail below.

178 **2.5 FRRF-derived photophysiological parameters and ETR_{RCII}**

179 All FRRF measurements were conducted on a bench top FRRF instrument (Soliense Inc.), as
180 described in Schuback et al. (2015). At each TP, background fluorescence blanks were prepared
181 by gently syringe filtering a small amount of sample through a pre-combusted GF/F. We applied
182 a single turnover (ST) protocol consisting of an excitation sequence (100 flashlets with 1.0 μs
183 length and 2.5 μs interval, 46200 μmol quanta m⁻² s⁻¹ peak power intensity, resulting in a
184 excitation sequence of 250 μs, providing ~5-10 quanta per RCII), followed by a relaxation
185 sequence (50 flashlets with 1.0 μs length and 20 μs interval). Excitation power was provided by
186 an array of eight LEDs at four wavelengths centered on 445 nm, 470 nm, 505 nm, and 530 nm
187 (equal intensity from each wavelength, applied simultaneously). We measured steady state light
188 curves (SSLC), where each sample was exposed to 10 actinic ‘background’ irradiances from 0 to
189 1000 μmol quanta m⁻² s⁻¹, provided at the same four wavelengths. All ChlF yields and
190 parameters described below were derived by an iterative non-linear fitting procedure, applying
191 the four parameter biophysical model of Kolber et al. (1998) to a mean of 20 consecutive ST
192 flashlet sequences using custom software (Z. Kolber). This software accounts for the formation
193 of fluorescence quenching, most likely due to formation of a P680 triplet, which reduces the
194 maximum fluorescence yield attainable during the ST flash by 3-6%. Throughout the SSLC, ST
195 flashlet sequences were measured continuously (1 s interval) and the length of each light step
196 was optimized to allow all derived parameters to reach steady state (ca 3 min). ChlF yields and
197 parameters corresponding to each light level were obtained from the mean of the last three
198 acquisitions at each light level. In this way, we derived the fluorescence yields F_o and F_m (in

199 dark-regulated state) as well as F' and F_m' (in the light regulated state for each light level of the
 200 SSLC). F_o' was calculated as $F_o' = F_o / (F_v / F_m + F_o / F_m')$ (Oxborough and Baker, 1997).

201 The five fluorescence yields F_o , F_m , F' , F_m' and F_o' were used to calculate ChlF parameters,
 202 following Roháček (2002) as described in Schuback et al. (2015). Furthermore, the functional
 203 absorption cross section of PSII, σ_{PSII} ($\times 10^{-20} \text{ m}^2 \text{ RCII}^{-1}$), was derived from the rate of closure of
 204 RCII in the dark-regulated and each light-regulated state (Kolber and Falkowski, 1993; Kolber et
 205 al., 1998). We calculated ETR_{RCII} as:

$$206 \quad ETR_{RCII} = E \times \sigma'_{PSII} \times \frac{F_q'}{F_v'} \times \Phi_{RC} \times 6.022 \times 10^{-3} \quad (3)$$

207 where E ($\mu\text{mol quanta m}^{-2} \text{ s}^{-1}$) is the actinic irradiance at each light level, σ'_{PSII} ($\times 10^{-20} \text{ m}^2 \text{ RCII}^{-1}$)
 208 is the functional absorption cross section of PSII at each light level, and F_q'/F_v' is the quantum
 209 efficiency of photochemical energy conversion in RCII at a given light intensity. The parameter
 210 F_q'/F_v' can also be interpreted as an estimate of the fraction of RCII in the open state, i.e. the
 211 primary stable electron acceptor in the oxidized state (Roháček, 2002). The parameter Φ_{RC} (mol
 212 $e^- \text{ mol photon}^{-1}$) has the constant value of 1, given that for each photon absorbed and delivered to
 213 RCII, one electron is transferred from P_{680} to Q_A (Kolber and Falkowski, 1993). The number
 214 6.022×10^{-3} converts $\mu\text{mol quanta}$ to quanta and 10^{-20} m^2 to m^2 .

215 We additionally calculated ETR_{RCII} using the alternative approach

$$216 \quad ETR_{RCII} = E \times \sigma_{PSII} \times \frac{(F_q'/F_m')}{(F_v'/F_m)} \times \Phi_{RC} \times 6.022 \times 10^{-3} \quad (4)$$

217 Both calculations are equivalent, assuming that non-photochemical quenching processes
 218 affecting ChlF can be adequately accounted for in either the absorption term (Eq. 3) and the
 219 efficiency term (Eq. 4). The difference between ETR_{RCII} values calculated in both ways ($n=71$)
 220 was negligible, ranging from 1 % to 16 % with a mean coefficient of variance of 6 %.

221 The parameter τ (ms) is the time constant of re-oxidation of the primary stable electron
 222 acceptor Q_A and was estimated from the relaxation sequence of the ST protocol. We used values
 223 of τ , estimated for the dark-regulated state at each TP, to derive estimates of the rate of Q_A re-
 224 oxidation ($1/\tau$; ms^{-1}). Non-photochemical quenching (NPQ) at each light level was estimated as
 225 the so-called normalized Stern-Volmer quenching coefficient, $NPQ_{NSV} = (F_m'/F_v') - 1 = F_o'/F_v'$

226 (McKew et al., 2013). This alternative approach to the more common estimate of NPQ ($(F_m -$
227 $F_m')/F_m'$; Bilger and Björkman, 1990) represents the ratio of total non-photochemical energy
228 dissipation in the light-regulated state to the rate constant of photochemistry (McKew et al.,
229 2013).

230 **2.6 Carbon fixation**

231 Rates of carbon fixation were measured as small volume PvsE curves in a custom built
232 photosyntheson as described in Schuback et al. (2015). Briefly, 300 mL water samples were
233 spiked with $\text{NaH}^{14}\text{CO}_3$ (final concentration $0.0185 \text{ MBq mL}^{-1}$, $1942.5 \text{ MBq mL}^{-1}$ specific
234 activity) (Perkin-Elmer). All sample manipulations were conducted under low light. Samples
235 were spiked with tracer within 30 minutes of sampling, mixed gently but thoroughly, and then
236 aliquoted into 20 ml glass scintillation vials and placed into the photosyntheson. The total ^{14}C
237 activity added was determined from three 1 mL aliquots of the spiked sample added to 1 mL of 1
238 M NaOH. Additionally, 3 time-zero samples were taken for each curve by filtering 20 mL
239 immediately after adding the spike. During the incubations, temperature was kept within 1 °C of
240 in situ temperature by circulating water from a water-bath through an aluminum cooling jacket.
241 Each PvsE curve consisted of 11 light levels spanning intensities from 3 to $600 \mu\text{mol quanta m}^{-2}$
242 s^{-1} . Incubations lasted for 3.5 hours and were ended by gentle filtration onto pre-combusted 25
243 mm GF/F filters. Given the length of the incubations and the likely slow growth rate of the iron-
244 limited phytoplankton assemblage sampled, our approach likely reflects a rate closer to net rather
245 than gross primary productivity (e.g. Halsey et al., 2011; Pei and Laws, 2013).

246 Filters were stored in scintillation vials at $-20 \text{ }^\circ\text{C}$ until processing within 1 month of the
247 experiment. During laboratory processing, 500 μL of 3 M HCl was added to each filter and vials
248 were left to degas for >24 hours to eliminate any inorganic ^{14}C remaining in the samples. Ten
249 mL of scintillation cocktail (Scintisafe plus, Fisher) were added to each vial, and vials were then
250 vortexed and left to stand in the dark for >12 hours before analysis on a liquid scintillation
251 counter (Beckman). Disintegrations per minute (DPM) were derived from scintillation counts
252 using a quench curve prepared from commercial ^{14}C standards (Perkin-Elmer). DPM were
253 converted to units of carbon biomass following Knap et al. (Knap et al., 1996).

254 **2.7 Spectral correction and curve-fitting**

255 To account for differences in the spectral distribution of LEDs used in photosynthetron and
 256 FRRF instrument, all rates were divided by a spectral correction factor (SCF).

$$257 \quad \text{SCF} = \frac{\sum_{400}^{700} a_{\text{phy}}^*(\lambda) E_{\text{in situ}}(\lambda) \sum_{400}^{700} E_{\text{LED}}(\lambda)}{\sum_{400}^{700} a_{\text{phy}}^*(\lambda) E_{\text{LED}}(\lambda) \sum_{400}^{700} E_{\text{in situ}}(\lambda)} \quad (5)$$

258 where $a_{\text{phy}}^*(\lambda)$ (m^{-1}) is the [chl *a*] specific phytoplankton pigment absorption spectrum
 259 determined for each TP as described above, E_{LED} is the spectral distribution of the LEDs used in
 260 photosynthetron or FRRF, and $E_{\text{in situ}}$ is the spectral distribution of sunlight at 5 m depth. We
 261 estimated the in situ spectral distribution of PAR at 5 m depth following Stomp et al., 2007 as

$$262 \quad E(\lambda, z) = E_0(\lambda) \exp(-[K_w(\lambda) + K_{GT}(\lambda) + K_{PH}(\lambda)]z). \quad (6)$$

263 Here, $E_0(\lambda)$ is the spectral distribution of incident sunlight and $K_w(\lambda)$ (m^{-1}) is the absorption
 264 by pure water (Pope and Fry, 1997). $K_{GT}(\lambda)$ (m^{-1}) is the absorption by dissolved and particulate
 265 organic matter, estimated as $K_w(\lambda) = K_{GT}(440) \exp(-S(\lambda - 440))$, assuming that
 266 $K_{GT}(440) = 0.003 \text{ m}^{-1}$, a typical value of clear open ocean water (Morel et al., 2007), and $S = 0.017$
 267 nm^{-1} (Kirk, 2010). Values for $K_{PH}(\lambda)$ (m^{-1}) were taken from the absorption spectra measured
 268 using the filter pad technique as described above.

269 After spectral correction, carbon fixation and ETR_{RCII} data were plotted against irradiance
 270 and fit to the exponential model of Webb et al. (1974) using a non-linear least squares regression
 271 procedure in MATLAB. For the carbon fixation data, an intercept parameter was added to force
 272 the regression through the origin and provide a good fit in the linear part of the P vs E curve
 273 (Arrigo et al., 2010; Suggett et al., 2001). For both rates of productivity, we derived the light
 274 saturated maximum rate P_{max} ($P_{\text{max}}\text{-ETR}_{\text{RCII}}$ and $P_{\text{max}}\text{-C}$), the light utilization efficiency α ($\alpha\text{-}$
 275 ETR_{RCII} and $\alpha\text{-C}$), and the light saturation point $E_k = P_{\text{max}}/\alpha$. When photoinhibition was observed
 276 at high irradiances, the data-points were excluded from the fitting procedure.

277 **2.8 Derivation of conversion factor**

278 The conversion factor linking ETR_{RCII} ($\text{mol e}^- \text{ mol RCII}^{-1} \text{ s}^{-1}$) and carbon fixation (mol C mol
 279 $\text{chl } a^{-1} \text{ s}^{-1}$), was derived as described in Schuback et al. (2015);

$$280 \quad \frac{\text{ETR}_{\text{RCII}} (\text{mol e}^- \text{ mol RCII}^{-1} \text{ s}^{-1})}{\text{C-fixation} (\text{mol C mol chl } a^{-1} \text{ s}^{-1})} = \mathbf{K}_c \left(\frac{\text{mol e}^-}{\text{mol C}} \right) \times \mathbf{1} / \mathbf{n}_{\text{PSII}} \left(\frac{\text{mol chl } a}{\text{mol RCII}} \right) \quad (6)$$

281 In this approach, the conversion factor between the two rates accounts for changes in chl *a*
282 functionally associated with each RCII ($1/n_{\text{PSII}}$, mol chl *a* mol RCII⁻¹), as well as variability in
283 the number of charge separations in RCII per CO₂ assimilated (K_c , mol e⁻ mol C⁻¹). Reported
284 values for K_c range from 1.15 – 54.2 mol e⁻ mol C⁻¹ (Lawrenz et al., 2013) and 200 – 950 mol chl
285 *a* mol RCII⁻¹ for $1/n_{\text{PSII}}$ (Suggett et al., 2010). Consequently, values of K_c/n_{PSII} could be expected
286 to range from 230 – 51490 mol e⁻ mol C⁻¹ mol chl *a* mol RCII⁻¹.

287 Based on the measured light dependence of carbon fixation and ETR_{RCII} for each sample, we
288 were able to derive the light dependency of the conversion factor K_c/n_{PSII} at each TP.
289 Additionally, we used α and P_{max} values from the ETR_{RCII} and ¹⁴C PvsE curves to derive the
290 conversion factor under sub-saturating and saturating light conditions, respectively.

291 **2.9 Relative changes in $1/n_{\text{PSII}}$**

292 Combining two unknown variables (K_c and $1/n_{\text{PSII}}$) into one conversion factor, as described
293 above, limits our ability to physiologically interpret observed changes in the coupling of carbon
294 fixation and photosynthetic electron transport. An approach to estimate values of $1/n_{\text{PSII}}$ directly
295 from FRRF measurements has recently been developed by Oxborough et al. (2012). This
296 approach relies on the assumption that the ratio of the rate constants of photochemistry (k_p) and
297 fluorescence (k_f) stay within a narrow range. This assumption is invalidated under conditions of
298 iron limitation, where k_p decreases while k_f increases (e.g. Vassiliev et al., 1995), likely due to
299 the expression of light harvesting complexes that are energetically decoupled from RCII
300 (Behrenfeld and Milligan, 2013; Schrader et al., 2011). Consequently, the approach of
301 Oxborough et al. (2012) cannot be used to compare samples over a range of iron limiting
302 conditions.

303 In the current diurnal study, it is likely that the degree of iron limitation experienced by the
304 phytoplankton assemblage stayed relatively constant during our short sampling period, such that
305 k_p/k_f values would have remained within a narrow range. For this reason, we applied a simplified
306 version of the Oxborough et al. (2012) approach to our data, allowing us to estimate relative
307 diurnal changes in $1/n_{\text{PSII}}$, and, by deduction K_c . In the original approach by Oxborough et al.
308 (2012), changes in F_o/σ_{PSII} , measured in the dark-regulated state, are multiplied by an
309 instrument specific calibration factor (K_R) to derive absolute values of [RCII]. Lacking this
310 instrument specific calibration factor K_R , we were not able to derive absolute values for [RCII]

311 (and in turn $1/n_{\text{PSII}}$). However, since K_R is presumed to be constant, we used F_o/σ_{PSII} measured in
312 the dark regulated state at each TP to derive an estimate of relative [RCII] values. These relative
313 [RCII] values were then normalized to [chl *a*] to estimate diurnal changes in $1/n_{\text{PSII}}$, which were,
314 in turn, used to estimate relative diurnal changes in K_c from measurements of K_c/n_{PSII} .

315 **3 Results**

316 **3.1 Physical and chemical characteristics of the water-column during the** 317 **experiment**

318 During the sampling period, the upper water-column at OSP was stratified, with a well-defined
319 mixed layer of 33 ± 2 m. As expected for iron-limited waters, excess macronutrients were
320 present in the mixed layer and concentrations did not vary over the course of our sampling (2
321 casts, 3:30 and 12:30 local time; $N = 9.1 \pm 0.00 \mu\text{mol L}^{-1}$, $P = 0.98 \pm 0.01 \mu\text{mol L}^{-1}$, and $\text{Si} =$
322 $14.5 \pm 0.51 \mu\text{mol L}^{-1}$). Chlorophyll *a* concentrations were homogeneously distributed throughout
323 the mixed layer ($0.26 \pm 0.03 \text{ mg m}^{-3}$; 8 depths sampled on 1 cast at 12:30 local time), while
324 temperature was nearly invariant ($10.4 \pm 0.07 \text{ }^\circ\text{C}$) during our sampling period. Total daily
325 incident PAR dose over the 24 h period (E_0^+) was $31.94 \text{ mol quanta m}^{-2}$, with a noon maximum
326 of $1,162 \mu\text{mol quanta m}^{-2} \text{ s}^{-1}$. The water column light extinction coefficient, k_d , was 0.07 m^{-1} ,
327 which is a value typical for the open ocean (Kirk, 2010). The photic zone (defined as the 0.1%
328 light level) extended below the mixed layer depth at all TPs, apart from the nighttime TP (TPs 1,
329 7 and 8).

330 **3.2 Phytoplankton community composition**

331 CHEMTAX analysis of the pigment data suggested that the phytoplankton assemblage at the
332 sampling location was highly diverse, consisting of approximately 3% diatoms, 2%
333 dinoflagellates, 15% prymnesiophytes, 12% chlorophytes, 16% prasinophytes, 14%
334 cryptophytes, 15% pelagophytes and 23% cyanobacteria.

335 **3.3 Diurnal changes in rates of carbon fixation and ETR_{RCII}**

336 Over the course of the diurnal cycle, we observed significant changes in the P_{vsE} curves for
337 carbon fixation and ETR_{RCII} (Fig. 1). However, the two rates, and their light dependency, did not

338 change in parallel (Fig. 1). As a consequence, we observed significant changes in magnitude and
339 light dependency of the derived conversion factor K_c/n_{PSII} . At all TP, K_c/n_{PSII} increased with
340 increasing light (Fig. 1). The maximum, light-saturated value of K_c/n_{PSII} as well as the slope of
341 the light dependent increase was highest in the afternoon, with maximum K_c/n_{PSII} values (>9000
342 $\text{mol e}^- \text{mol C}^{-1} \text{mol chl } a \text{ mol RCII}^{-1}$) observed (Fig. 1).

343 From the P_{vsE} curves shown in Fig. 1 we derived the photosynthetic parameters P_{max} and α for
344 both ETR_{RCII} and carbon fixation (Fig. 2c-f). Over the diurnal cycle, the P_{max} - ETR_{RCII} changed
345 by a factor of 3.2 and closely followed the incident irradiance (Fig. 2c), with peak values
346 observed around solar noon. In contrast, P_{max} -C was highest in the early morning and then
347 steadily declined over the course of the day, changing by a factor of 2.5 over the diurnal cycle
348 (Fig. 2e). The conversion factor K_c/n_{PSII} , derived for light saturated photosynthesis (P_{max} -
349 ETR_{RCII}/P_{max} -C), exhibited high values and a pronounced diurnal cycle, varying by a factor of 2.9
350 (Fig. 2g). Minimum values of K_c/n_{PSII} were observed early in the morning, while maximum
351 values were observed during the afternoon.

352 The light use efficiency per incident quanta under sub-saturating light conditions, α , showed
353 similar patterns to P_{max} for both ETR_{RCII} and carbon fixation (Fig. 2). Values for α - ETR_{RCII}
354 peaked during the late morning and then declined during the afternoon and into the evening (Fig.
355 2d). In contrast, α -C was highest before sunrise and steadily decreased throughout the day (Fig.
356 2f). Over the course of the diurnal cycle, α - ETR_{RCII} changed by a factor of 1.9 while α -C
357 changed by a factor of 3.1. As with P_{max} , the conversion factor K_c/n_{PSII} derived for α , varied
358 strongly (2.4 fold) over the diurnal cycle and showed maximum values during the afternoon, in
359 conjunction with the highest incident PAR levels (Fig. 2h). At all TP, the conversion factor
360 K_c/n_{PSII} was higher during light saturated photosynthesis (P_{max}) than under conditions of light
361 limitation (α) (Fig. 2g and 2h, note different scale of y-axis).

362 The light saturation point E_k was higher for ETR_{RCII} than for carbon fixation at all TPs
363 (Fig. 3), implying that carbon fixation rates saturated at lower light intensity than ETR_{RCII} . For
364 both, carbon fixation and ETR_{RCII} , P_{max} and α changed roughly in parallel (Fig. 2 c,d and 2 e,f).
365 Consequently, diurnal changes in E_k , derived as P_{max}/α , were relatively small (Fig. 2i).
366 Furthermore, the relatively low values of E_k ($\sim 100 - 150 \mu\text{mol quantam}^{-2} \text{s}^{-1}$) indicate that both,
367 ETR_{RCII} and carbon fixation, were saturated at in situ irradiance levels for most of the day (Fig.
368 2i).

369 Using the P_{vsE} curves measured for both ETR_{RCII} and carbon fixation (Fig. 1), we derived rates
370 corresponding to the in 5 m irradiance levels at each TP (Figs. 3b and 3c). Over the diurnal
371 cycle, these derived in situ rates of ETR_{RCII} changed by a factor of 5.1 (Fig. 3b), closely
372 following changes in ambient irradiance levels (Fig. 3a), with peak values around noon. By
373 comparison, carbon fixation derived for in situ light levels at 5 m depth changed by a factor of
374 1.7 over the period of our sampling (Fig. 3c). The maximum rate of realized carbon fixation at 5
375 m depth ($0.0433 \pm 0.0112 \text{ mol C mol chl } a^{-1} \text{ s}^{-1}$) was reached in the morning, well before the
376 daily irradiance maximum (Figs. 3a and 3c). The derived in situ conversion factor K_c/n_{PSII} varied
377 by a factor of 3.4. Lowest derived values of in situ K_c/n_{PSII} were observed early in the morning
378 after which values increased until reaching a maximum in the afternoon (Fig. 3d).

379 **3.4 Relative changes in $1/n_{PSII}$**

380 Relative values of $1/n_{PSII}$, shown in Fig. 4a, were highest in the early morning, and then
381 declined by 37% through the afternoon, with lowest values observed at midnight (Fig. 4a). *The*
382 *magnitude of diurnal change in $1/n_{PSII}$ was significantly less than the diurnal changes observed*
383 *in K_c/n_{PSII} , which were 2.5 fold at in situ irradiances (Fig. 4b), 1.9 fold at light saturation (P_{max} ;*
384 *Fig. 4c) and 1.4 fold at light limitation (α , Fig. 4d).* We examined K_c -specific variability by
385 normalizing K_c/n_{PSII} estimates to the relative changes in $1/n_{PSII}$. As shown in Fig. 4, the relative
386 changes in K_c showed a diel pattern very similar to that observed for K_c/n_{PSII} at in situ
387 irradiances (Fig. 4b), at light saturation (P_{max} , Fig 4c), and under light limitation (α , Fig. 4d).
388 This indicates that the observed diurnal variability in K_c/n_{PSII} was largely attributable to
389 changes in K_c .

390 **3.5 Photo-regulatory changes**

391 In addition to the apparent diurnal changes in carbon fixation and ETR_{RCII} , we observed strong
392 diurnal oscillations in a number of photophysiological parameters, as well as changes in pigment
393 composition of the phytoplankton assemblage. While higher resolution pigment data would have
394 been desirable, the changes in pigment ratios shown in Fig. 5 indicate that the phytoplankton
395 assemblage sampled from 5 m depth experienced supersaturating light conditions for a
396 substantial part of the day.

397 The ratio of photo-protective carotenoids (PPC) to total pigment (TPig), changed by a factor of
398 1.4 over the diurnal cycle, with lowest values observed at the pre-dawn TP (3:00) and highest in

399 the afternoon (15:00) (Fig. 5a). Similarly, the proportion of xanthophyll cycling (XC) pigments
400 to total chl *a* increased from pre-dawn (3:00) to mid-afternoon (15:00). This increase was
401 observed in XC pigments specific to chromophytes (42% increase in (Dd+Dt)/chl *a*, Fig. 5b) as
402 well as chlorophyte and prasinophyte-specific XC pigments (17% increase in (Zea+Viol)/chl *a*,
403 Fig 5c). Changes in relative abundance of XC pigments indicate that a higher proportion of the
404 pigment pool is dedicated to photoprotection.

405 In addition to changes in XC pigments, we also observed a 2.4-fold increase in the DES ratio
406 (Dt/(Dd+Dt)) of chromophyte algae between 3:00 and 15:00 (Fig. 5b), and a 1.8-fold increase in
407 the DES ratio of chlorophytes and prasinophytes (Zea/(Zea+Viol), Fig. 5c, The changes in the
408 DES ratio are an indicator of the activation of the photoprotective XC process (Brunet et al.,
409 2011). Our results should be considered as conservative estimates of the DES ratios, given the
410 potential for reversal of the high light induced de-epoxidation during sample processing (samples
411 were exposed to low light for approx. 30 – 60 min during sample collection and filtration).
412 Notwithstanding the relatively low temporal resolution of our pigment samples, the observed
413 changes in pigment ratios indicate that the phytoplankton assemblage sampled from 5 m depth
414 experienced super-saturating light conditions for a substantial part of the day.

415 Further evidence for super-saturating light conditions in the mixed layer comes from
416 observations of diurnal changes in PSII-specific photophysiological parameters derived from
417 FRRF measurements (Fig. 6). Values of F_v/F_m , measured in the dark-regulated state, varied from
418 0.12 to 0.32 and showed an inverse relationship to irradiance (Fig. 6a), likely indicating down-
419 regulation or damage of PSII during high irradiance conditions. The parameter $1/\tau$ (ms^{-1}) is an
420 estimate of the rate of electron transfer from the first stable electron acceptor Q_A to the second
421 stable electron acceptor Q_B . Values of $1/\tau$ varied in parallel with available irradiance over the
422 diurnal cycle, changing approximately 3-fold, and indicating faster electron transport
423 downstream of charge separation in RCII during daylight hours (Fig. 6b). Estimates of the
424 expression of non-photochemical quenching, NPQ_{NSV} , at in situ (5 m depth) irradiance levels
425 changed 7.6-fold over the diurnal cycle, with maximum values near the peak of solar irradiance
426 (Fig. 6c). Spectrally corrected values of the functional absorption cross section of PSII, σ'_{PSII} ,
427 also derived for in situ irradiance levels, correlated inversely with irradiance (Fig. 6d). This
428 decrease further confirms the induction of photo-protective mechanisms within the pigment
429 antenna, preventing excess energy from reaching RCII. Photochemical quenching, estimated as

430 F_q'/F_v' , indicates the fraction of RCII in the 'open state', with the primary stable electron
431 acceptor Q_A in the oxidized state (Roháček, 2002). Values of F_q'/F_v' , derived for a reference
432 irradiance value of $500 \mu\text{mol quanta m}^{-2} \text{s}^{-1}$ at all TP (F_q'/F_v' (500)), show significant change
433 over the diurnal cycle, with mid-day values twice as high as those observed during the night (Fig.
434 6e).

435 **4 Discussion**

436 The experimental approach and results presented in this study confirm the hypothesized diurnal
437 variation in the coupling of ETR_{RCII} and carbon fixation under iron-limited conditions.

438 Building on the work of others (Behrenfeld et al., 2004, 2008; Halsey and Jones, 2015) we
439 interpret our results in the context of environmentally driven shifts in cellular energy allocation,
440 which decouple photosynthesis from net growth on diurnal timescales. We speculate that the
441 observed patterns are caused by photophysiological plasticity on a molecular level, which
442 enables phytoplankton to maximize growth while minimizing photodamage under iron-limited
443 conditions.

444 In the following, we first discuss diurnal variation at the level of carbon fixation and put our
445 observations in context with the rich information available from the literature. We then consider
446 the diurnal changes in ETR_{RCII} and the derived conversion factor K_c/n_{PSII} , and discuss the
447 relevance of our results to the development of FRRF-based phytoplankton primary productivity
448 measurements.

449 **4.1 Diurnal changes in carbon fixation**

450 Diurnal variations in the capacity ($P_{\text{max}}\text{-C}$), efficiency ($\alpha\text{-C}$) and realized rates of carbon
451 fixation are characteristic of phytoplankton assemblages in the natural environment, and in
452 laboratory cultures (Bryant et al., 2005; Doblin et al., 2011; Doty and Oguri, 1957; Erga and
453 Skjoldal, 1990; Harding et al., 1981, 1982, 1987; John et al., 2012; MacCaull and Platt, 1977;
454 Prézelin, 1992; Stross et al., 1973; Zhao and Quigg, 2015). The general consensus is that carbon
455 fixation is not passively regulated by the availability of light, but by complex metabolic
456 feedbacks and endogenous circadian rhythms.

457 For example, it has been shown that expression of genes involved in carbon fixation peaks
458 before dawn (Ashworth et al., 2013; Granum et al., 2009), ‘priming’ cells to achieve maximum
459 rates early in the day. High carbon fixation capacities ($P_{\max}\text{-C}$) before sunrise, as observed in our
460 data (Fig. 2e), further confirm endogenous circadian control of this pathway.

461 In our data, $P_{\max}\text{-C}$ and $\alpha\text{-C}$ peaked early in the morning and co-varied over the diurnal cycle
462 (Fig. 2e and 2f). As a result, E_k (which is derived from the ratio of these parameters) remained
463 relatively constant (Fig. 2i). This ‘ E_k -independent’ variability in the photosynthetic parameters
464 $P_{\max}\text{-C}$ and $\alpha\text{-C}$ has long been considered somewhat enigmatic, but is now accepted to be driven
465 by shifts in cellular energy allocation (Behrenfeld et al., 2004, 2008; Bruyant et al., 2005; Halsey
466 and Jones, 2015). In phytoplankton, the fraction of photosynthetically-derived reductant
467 (NADPH) and energy equivalent (ATP) allocated to carbon fixation and net growth as well as
468 the ratio of NADPH:ATP produced are finely tuned to match metabolic demand. Metabolic
469 demand, in turn, is a function of evolved endogenous rhythms and external environmental
470 forcing. As discussed below, the decline in $P_{\max}\text{-C}$ (Fig. 2e), $\alpha\text{-C}$ (Fig. 2f), and realized rates of
471 carbon fixation (Fig. 3c) after a peak in the early morning, are likely due to such shifts in energy
472 allocation, and to the damaging effects of excess light, which accumulate throughout the light-
473 period.

474 **4.2 Diurnal changes in ETR_{RCII} and the conversion factor K_c/n_{PSII}**

475 In contrast to the diurnal cycles of carbon fixation, changes in $P_{\max}\text{-ETR}_{\text{RCII}}$ and $\alpha\text{-ETR}_{\text{RCII}}$
476 followed availability of light more closely, peaking around noon (Fig. 2 c,d). Similarly, realized
477 ETR_{RCII} , derived for in situ irradiances at each TP, correlated more closely to light availability
478 than realized rates of carbon fixation (Fig. 3b). While it has been demonstrated that virtually all
479 stages of photosynthesis exhibit circadian control (Suzuki and Johnson, 2001), our results
480 suggests that ETR_{RCII} responds more directly to changes in light availability than the subsequent
481 conversion of light energy into cellular organic carbon. It is important to note that the
482 accumulation of photo-damage and inhibition over the course of the light-period is likely to
483 impart some level of hysteresis to diurnal changes in ETR_{RCII} . Relative to carbon fixation,
484 however, our results show that ETR_{RCII} is much more closely tied to instantaneous changes in
485 light availability. The resulting decoupling of carbon fixation and photosynthetic electron
486 transport is reflected in the diurnal variability in K_c/n_{PSII} (Figs. 2g, 2h, 3d). Based on our

487 estimates of relative changes in $1/n_{\text{PSII}}$ over the diel cycle (Fig. 4), we conclude that the majority
488 of diurnal variability in K_c/n_{PSII} results from changes in K_c .

489 In our dataset, in situ values for K_c/n_{PSII} ranged from 2700 to 9200 mol e⁻ mol C⁻¹ mol chl *a* mol
490 RCII⁻¹. For a constant $1/n_{\text{PSII}}$ of 500 mol chl *a* mol RCII⁻¹ (Kolber and Falkowski, 1993), the
491 derived K_c ranges from 5-18 mol e⁻ mol C, which is within the range of previously reported
492 values (Lawrenz et al., 2013) and above the theoretical minimum of 4 mol e⁻ mol C. If we take
493 into account the estimated relative changes in $1/n_{\text{PSII}}$ (section 3.4, Fig. 4) we can assume $1/n_{\text{PSII}}$ to
494 decrease from 700 mol chl *a* mol RCII⁻¹ at TP 1 (3:00) to 440 at TP 8 (0:00). This, in turn, can be
495 used to estimate values of K_c to range from 4 mol e⁻ mol C in the morning (TP 2, 6:00) to 13 mol
496 e⁻ mol C⁻¹ in the afternoon (TP 5, 15:00).

497 The large diurnal variability in ETR_{RCII} and carbon fixation and the highly variable K_c/n_{PSII} ,
498 reflect the integrated growth environment experienced by the sampled phytoplankton
499 assemblage. The lowest values of K_c/n_{PSII} were observed early in the morning (Fig. 3d),
500 indicating that much of the energy harvested from sunlight and converted into chemical energy
501 was used directly for carbon fixation. Thereafter, the conversion factor K_c/n_{PSII} increased rapidly,
502 reaching a maximum in the afternoon (Fig. 3d).

503 Diurnal variation in K_c/n_{PSII} can result from a number of interconnected cell physiological
504 mechanisms aimed at re-balancing of energy and/or reductant. Firstly, it is possible that diurnal
505 oscillations in cell metabolism result in changes inorganic carbon respiration and/or excretion. In
506 our 3.5 hours ¹⁴C-uptake experiments, transient organic carbon pools destined for respiration or
507 excretion could have been captured to different extents, affecting the derived conversion factor
508 K_c/n_{PSII} . Changes in cellular energy allocation, controlled in part by endogenous circadian
509 rhythms, could also have affected the conversion factor K_c/n_{PSII} , by re-routing NADPH and ATP
510 generated by the photosynthetic light reaction to processes other than carbon fixation, thus
511 increasing K_c/n_{PSII} . Processes decoupling ETR_{RCII} from carbon fixation include nutrient
512 assimilation (Laws, 1991), carbon concentrating mechanisms (Giordano et al., 2005),
513 photorespiration (Foyer et al., 2009), and malate formation (Halsey and Jones, 2015). Pseudo-
514 cyclic electron transport through the Mehler-ascorbate peroxidase pathway also has the ability to
515 increase the conversion factor K_c/n_{PSII} by allowing ETR_{RCII} to increase without affecting carbon
516 fixation (Miyake and Asada, 2003; Niyogi, 2000). Moreover, processes acting before PSI can
517 decouple ETR_{RCII} and carbon fixation by ‘siphoning’ electrons out of the ETC to alleviate over-

518 reduction under supersaturating light condition. Pseudo-cyclic electron transport through
519 midstream terminal oxidases (Bailey et al., 2008; Mackey et al., 2008), cyclic electron transport
520 around PSII (Feikema et al., 2006; Prasil et al., 1996), and charge recombination in RCII (Vass,
521 2011) could all be important under high mid-day irradiances. These processes would all act to
522 increase ETR_{RCII} without affecting CO_2 -assimilation, thus leading to a higher conversion factor
523 K_c/n_{PSII} .

524 Iron limitation, as experienced by the phytoplankton assemblage we sampled, directly affects
525 the functioning of the ETC, which is rich in iron containing redox-chain components (Raven et
526 al., 1999; Yruela, 2013). It is thus likely that the need for safe dissipation of excess excitation
527 pressure after charge separation in RCII is enhanced under iron limitation (Behrenfeld and
528 Milligan, 2013; Schuback et al., 2015), leading to a greater decoupling of ETR_{RCII} and carbon
529 fixation (Schuback et al., 2015). Pseudo-cyclic electron flow could alleviate over-reduction of
530 the ETC under iron limiting conditions, while also contributing to ATP production (Behrenfeld
531 and Milligan, 2013). The resulting increase in the cellular ATP:NADPH ratio would match the
532 shift in energy demand from growth (higher NADPH requirement) to maintenance (higher ATP
533 requirement), which takes place under nutrient limited growth conditions.

534 While the exact nature and extent of operation of these various pathways and their actual
535 influence on the coupling of ETR_{RCII} and carbon fixation remains to be verified, we suggest that
536 the observed changes in the conversion factor K_c/n_{PSII} over the diurnal cycle reflect the
537 interactions of external phasing of photosynthetic metabolism by the availability of light and
538 internal metabolic rhythms in cell metabolism, which optimize energy allocation and growth
539 under iron-limited conditions.

540 **4.3 Diurnal changes in photophysiology at the level of PSII**

541 In our data, several lines of evidence demonstrate that the phytoplankton assemblage we
542 sampled from 5 m depth experienced supersaturating irradiance during part of the day. A suite of
543 mechanisms was activated to dissipate the excess excitation energy in the pigment antenna,
544 before it could reach RCII. This was indicated by changes in pigment ratios (Fig. 5) and FRRF-
545 derived photophysiological parameters (Fig. 6). The light harvesting antennae of phytoplankton
546 are comprised of both photosynthetic and photoprotective pigments, the relative abundance of
547 which can change in response to irradiance. The ratio $[PPC]/[TPig]$, provides information on the

548 degree of high light acclimation of a mixed phytoplankton assemblage (Brunet et al., 2011). In
549 our data, [PPC]/[TPig] increased during the day (Fig. 5a), indicating that the phytoplankton
550 assemblage experienced and responded to supersaturating irradiance levels. Furthermore,
551 significant changes in the DES ratio of chromophytes ($Dt/(Dt+Dd)$), Fig. 5b), as well as
552 chlorophytes and prasinophytes ($Zea/(Zea+Viol)$), Fig. 5c) illustrate rapid activation of
553 photoprotective energy dissipation in the pigment antenna in response to diurnal changes in
554 irradiance (Brunet et al., 2011).

555 Figure 6 shows pronounced diurnal variability in a number of FRRF derived parameters. Both
556 F_v/F_m (Fig. 6a) and $1/\tau$ (Fig. 6d) were derived for the dark-regulated state at each TP. To reach
557 this dark-regulated state, samples were kept under very low light for a minimum of 30 minutes
558 prior to the measurement. In theory, such low-light incubation allows for oxidation of the ETC
559 and relaxation of all NPQ processes, enabling the measurement of maximum ChlF yields. In
560 practice, however, a fully dark-regulated state cannot be achieved in natural phytoplankton
561 assemblages, where optimal dark-acclimation times can be on the order of hours long (From et
562 al., 2014), and would depend on recent light history and taxonomic composition. Consequently,
563 the interpretation of ChlF yields and parameters in field phytoplankton assemblages should be
564 treated with caution. Notwithstanding these caveats, the FRRF-derived ChlF yields and
565 parameters shown in Fig. 6 show clearly that, at the level of PSII, the sampled phytoplankton
566 assemblage experienced and reacted to excess irradiance.

567 While it is known that nutritional state and taxonomy both strongly influence values of F_v/F_m
568 (Suggett et al., 2009), it is very unlikely that changes in either are responsible for pronounced
569 diurnal cycle of F_v/F_m observed in our data (Fig. 6a). We therefore attribute the mid-day decrease
570 in F_v/F_m to persistent photo-protective changes and photoinhibition in PSII (Öquist et al., 1992),
571 which are likely enhanced under iron limitation (Suzuki, 2002).

572 Processes including the light-induced changes in pigment composition shown in Fig. 5, act to
573 dissipate excess excitation pressure in the pigment antenna, before reaching RCII. These
574 processes also quench ChlF yields, as measured by FRRF. Consequently, so-called non-
575 photochemical quenching (NPQ), as estimated from FRRF measurements, has been widely used
576 as an estimate for photoprotective energy dissipation (Demmig-Adams et al., 2014; Derks et al.,
577 2015). NPQ encompasses a wide variety of mechanisms, all acting to dissipate absorbed light
578 energy as heat before it reaches RCII (e.g. Derks et al., 2015). Following the approach of

579 McKew et al. (2013) we estimated NPQ from FRRF measurements as so-called normalized
580 Stern-Volmer quenching (NPQ_{NSV}). The 7.6-fold change in NPQ_{NSV} , estimated for in situ light
581 availability at 5 m depth (Fig. 6b), confirms that the phytoplankton assemblage sampled
582 experienced, and rapidly reacted to, super-saturating light conditions. The inverse light
583 dependence of the functional absorption cross-section of PSII, σ'_{PSII} , derived for in situ
584 irradiances at each TP (Fig. 6c), provides a further illustration of rapid changes taking place in
585 the pigment antenna to prevent excess excitation energy from reaching RCII.

586 In addition to the protective mechanisms acting in the pigment antenna to prevent charge
587 separation in RCII, photo-protective mechanisms also act after charge separation in RCII
588 (section 4.2). These mechanisms alleviate over-reduction by allowing rapid re-oxidation of the
589 primary stable electron acceptor Q_A . Our data show evidence of the up-regulation of such
590 alternative electron sinks during mid-day. Figure 6d shows a light-dependent increase in $1/\tau$,
591 which provides an estimate of the rate of re-oxidation of the first stable electron acceptor Q_A .
592 Increased $1/\tau$ thus suggests faster electron flow downstream from Q_A , which is consistent with
593 the up-regulation of alternative electron sinks. Further support for this idea comes from diel
594 changes in the estimated fraction of Q_A in the oxidized state (F_q'/F_v'), derived for a reference
595 irradiance of $500 \mu\text{mol quanta m}^{-2} \text{s}^{-1}$ (Fig. 6e). The mid-day increase in the oxidized fraction of
596 Q_A at a constant saturating irradiance of $500 \mu\text{mol quanta m}^{-2} \text{s}^{-1}$ strongly suggests the up-
597 regulation of alternative electron sinks, which most likely serve a photoprotective function
598 (Mackey et al., 2008). Up-regulation of these photo-protective mechanisms, influences the
599 coupling between electron transport and carbon fixation, and thus directly affects the conversion
600 factor K_c/n_{PSII} (see section 4.2).

601 **4.4 Linking K_c/n_{PSII} and NPQ_{NSV}**

602 As discussed above, excess excitation energy leads to the induction of processes preventing
603 energy transfer to RCII, and to processes acting to prevent over-reduction of the ETC after
604 charge separation. NPQ_{NSV} provides an estimate of thermal energy dissipation upstream of RCII,
605 which acts to prevent excess electron transport and over-reduction of the ETC. Down-stream
606 changes in electron flow after charge separation at RCII are reflected in changes in K_c/n_{PSII} ,
607 through the induction of various mechanism, as discussed in the previous section. Following the
608 approach of Schuback et al. (2015), we examined the correlation between the derived conversion

609 factor K_c/n_{PSII} and estimates of NPQ_{NSV} . For this analysis, we used estimates of NPQ_{NSV} for each
610 light level and TP of the FRRF light curves and derived values of K_c/n_{PSII} by extrapolation along
611 the carbon fixation and ETR_{RCII} based P_{vsE} curves. As shown in Fig. 7, we found a strong
612 correlation between these two variables ($R^2 = 0.81$, p -value < 0.0001 , $n = 64$).

613 As described in detail in Schuback et al. (2015), the observed empirical correlation between
614 K_c/n_{PSII} and NPQ_{NSV} can be rationalized in terms of photophysiological mechanisms, acting to
615 dissipate excess excitation energy both upstream and downstream of charge separation in RCII.
616 The dissipation of excess excitation energy as thermal energy before reaching RCII, estimated as
617 NPQ_{NSV} , prevents excess electron transport and over-reduction of the ETC. After the initial
618 charge separation in RCII, excess electron transport and over-reduction of the ETC can be
619 alleviated by a number of alternative electron pathways; the up-regulation of which will increase
620 K_c/n_{PSII} (e.g. Bailey et al., 2008; Cardol et al., 2011; Laureau et al., 2013; Mackey et al., 2008;
621 McDonald et al., 2011; Niyogi, 2000; Streb et al., 2005; Vass, 2011; Zehr and Kudela, 2009).
622 Thus, both NPQ_{NSV} and K_c/n_{PSII} respond strongly to excess excitation pressure, providing a
623 possible mechanistic interpretation for their correlation. In fact, a positive feedback loop exists
624 between energy dissipation in the antenna and photosynthetic control in the ETC, because
625 alternative electron pathways enhance the trans-membrane ΔpH , which triggers several
626 components of NPQ (Nawrocki et al., 2015). The correlation between NPQ_{NSV} and K_c/n_{PSII} is
627 likely to be especially strong under iron limiting conditions, due to the enhancement of energy
628 dissipation mechanisms when the functioning of the ETC is comprised by the availability of iron
629 (Schuback et al. 2015).

630 While a correlation between NPQ_{NSV} and K_c/n_{PSII} has important implications for the derivation
631 of carbon-based primary productivity rates from FRRF measurements, the correlation can be
632 confounded by ambiguity and inherent biases in the derivation of all involved parameters. For
633 example, while the correlations between NPQ_{NSV} and K_c/n_{PSII} in the present, as well as our
634 previously published dataset (Schuback et al., 2015), are strong, their regression slopes differ.
635 The observed discrepancy could be explained in several ways. Firstly, data in our previous study
636 were not corrected for spectral differences between the FRRF instrument, the ^{14}C -uptake
637 experiments and in situ light. As a consequence, absolute values of the derived conversion factor
638 were likely over-estimated. Furthermore, data presented in Schuback et al. (2015) included
639 phytoplankton assemblages sampled over a range of iron-limited and iron-replete conditions.

640 The resulting variability in phytoplankton growth rates influence the balance between net and
641 gross carbon fixation captured in 3 hour ^{14}C -uptake experiments (Halsey et al., 2011; Milligan et
642 al., 2015; Pei and Laws, 2013), and affect the derived conversion factor K_c/n_{PSII} .

643 More generally, significant uncertainty remains in the estimation of ETR_{RCII} from ChlF yields,
644 particularly if the theoretical biophysical models are applied to mixed phytoplankton
645 assemblages containing species with contrasting photosynthetic architectures and photo-
646 physiological characteristics. Inherent biases and potential systematic errors in the derivation of
647 ETR_{RCII} will inevitably affect the derived conversion factor K_c/n_{PSII} . Similarly, it remains unclear
648 if the quenching of ChlF yields, used to derive NPQ, correlate linearly with increases in thermal
649 energy dissipation in the pigment antenna (Derks et al., 2015). Ultimately, larger datasets,
650 spanning multiple oceanic regions and phytoplankton assemblages of contrasting taxonomic
651 composition and physiological state are needed to further investigate the correlation between
652 NPQ_{NSV} and K_c/n_{PSII} .

653 **5 Conclusion**

654 The lure of FRRF instruments lies in their potential for autonomous, instantaneous data
655 acquisition at high temporal and spatial resolution. However, uncertainty in the conversion
656 factor needed to convert rates of ETR_{RCII} into ecologically relevant rates of carbon fixation
657 remains a significant challenge. Through a suite of photo-physiological data and ancillary
658 measurements, our results provide some insight into the potential mechanistic causes leading to
659 an uncoupling of ETR_{RCII} and carbon fixation over diurnal cycles in iron-limited phytoplankton
660 assemblages. Beyond providing improved methods to estimate phytoplankton carbon fixation
661 rates, information on magnitude and variability of the conversion factor linking ETR_{RCII} and
662 carbon fixation allows a better mechanistic understanding of how phytoplankton harvest and
663 allocate light energy in response to environmental conditions. Our mechanistic understanding of
664 these processes is crucial for the modeling and prediction of patterns in marine primary
665 productivity in the face of climate-dependent changes in oceanic ecosystems.

666 More generally, it is important to consider that the dynamics of marine productivity over
667 long time-scales are ultimately controlled by interactions among biological and physical
668 processes that have strong diurnal components. Several recent studies suggest a previously

669 under-appreciated importance of closely coupled diurnal oscillations as the underlying
670 mechanisms of ecosystem stability in open ocean food webs (Ottesen et al., 2014; Ribalet et al.,
671 2015). Our results show strong diurnal variability in photophysiology and cell metabolism of
672 mixed phytoplankton assemblages. These physiological processes likely influence the phasing
673 and periodicity of higher trophic level processes, and may ultimately contribute to conveying
674 stability to the system.

675

676 **Acknowledgements**

677 The authors thank Marie Robert and the scientific and coast guard crews on board *CCGS*
678 *John P. Tully* during Line-P 2014-18. We would further like to thank Z. Kolber for assistance
679 with the FRRF instrument and C. Hoppe and D. Semeniuk for their critical reading of earlier
680 versions of the manuscript. We furthermore thank three anonymous reviewers for their insightful
681 comments and suggestions.

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259 **Tables and Figures**

260 **Table 1: Parameters measured at each time-point during the diurnal experiment.**

Time Point	1	2	3	4	5	6	7	8
Local time	3:00	6:00	9:00	12:00	15:00	18:00	21:00	0:00
[chl _a]	x	x	x	x	x	x	x	x
HPLC	x		x		x		x	
Absorption Spectra	x	x	x	x	x	x	x	x
FRRF measurements	x	x	x	x	x	x	x	x
¹⁴ C-uptake	x	x	x	x	x	x	x	x

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263 **Table 2: Phytoplankton pigments used for the derivation of diagnostic pigment**

264 **ratios.** Pigments identified from HPLC analysis were chlorophyll *c*₃ (Chl *c*₃), chlorophyll *c*₁*c*₂

265 (Chl *c*₁*c*₂), 19'butanoyloxyfucoxanthin (19'ButFuc), fucoxanthin (Fuco),

266 19'hexanoyloxyfucoxanthin (19'HexFuc), 9'cis-neoxanthin (Neo), prasinoxanthin (Prasino),

267 violaxanthin (Viola), diadinoxanthin (Dd), alloxanthin (Allox), diatoxanthin (Dt), lutein,

268 zeaxanthin (Zea), chlorophyll *b* (Chl *b*), chlorophyll *a* allomer (Chl *a* allomer), chlorophyll *a* +

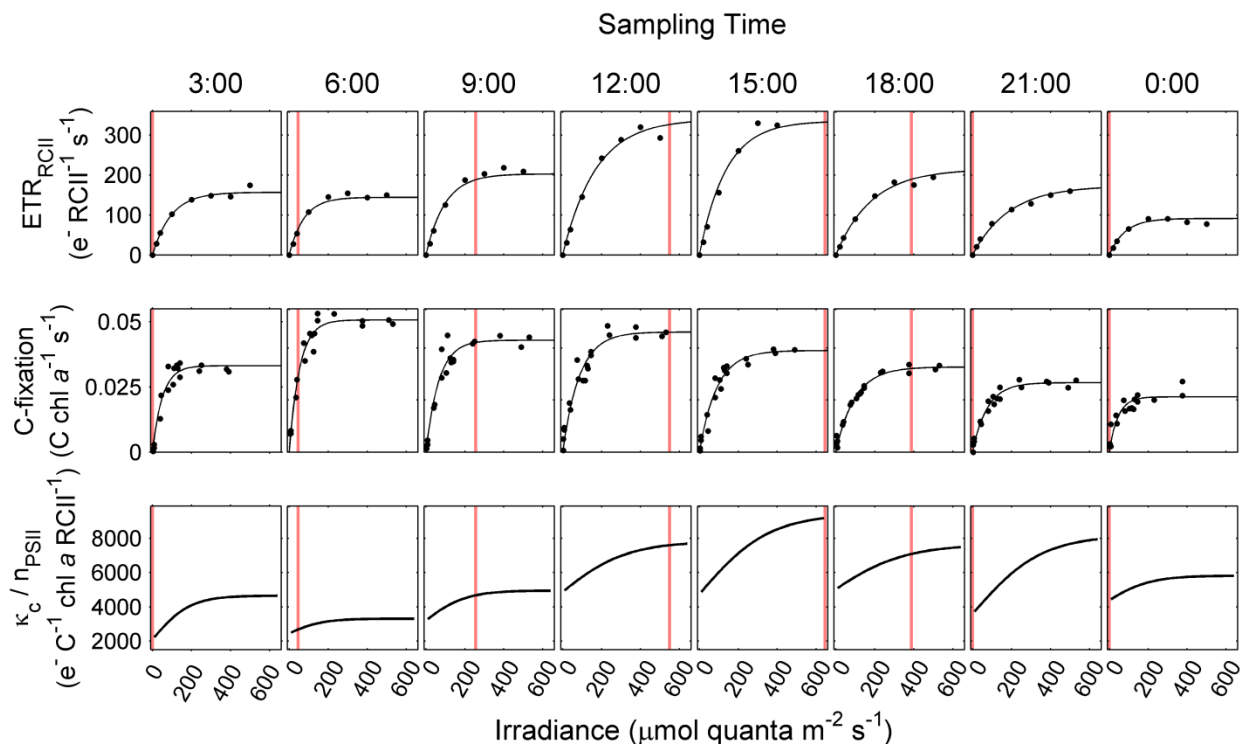
269 divinyl chlorophyll *a* (Chl *a*), chlorophyll *a*' (Chl *a* prime), α carotene (α carot), β carotene (β

270 carot).

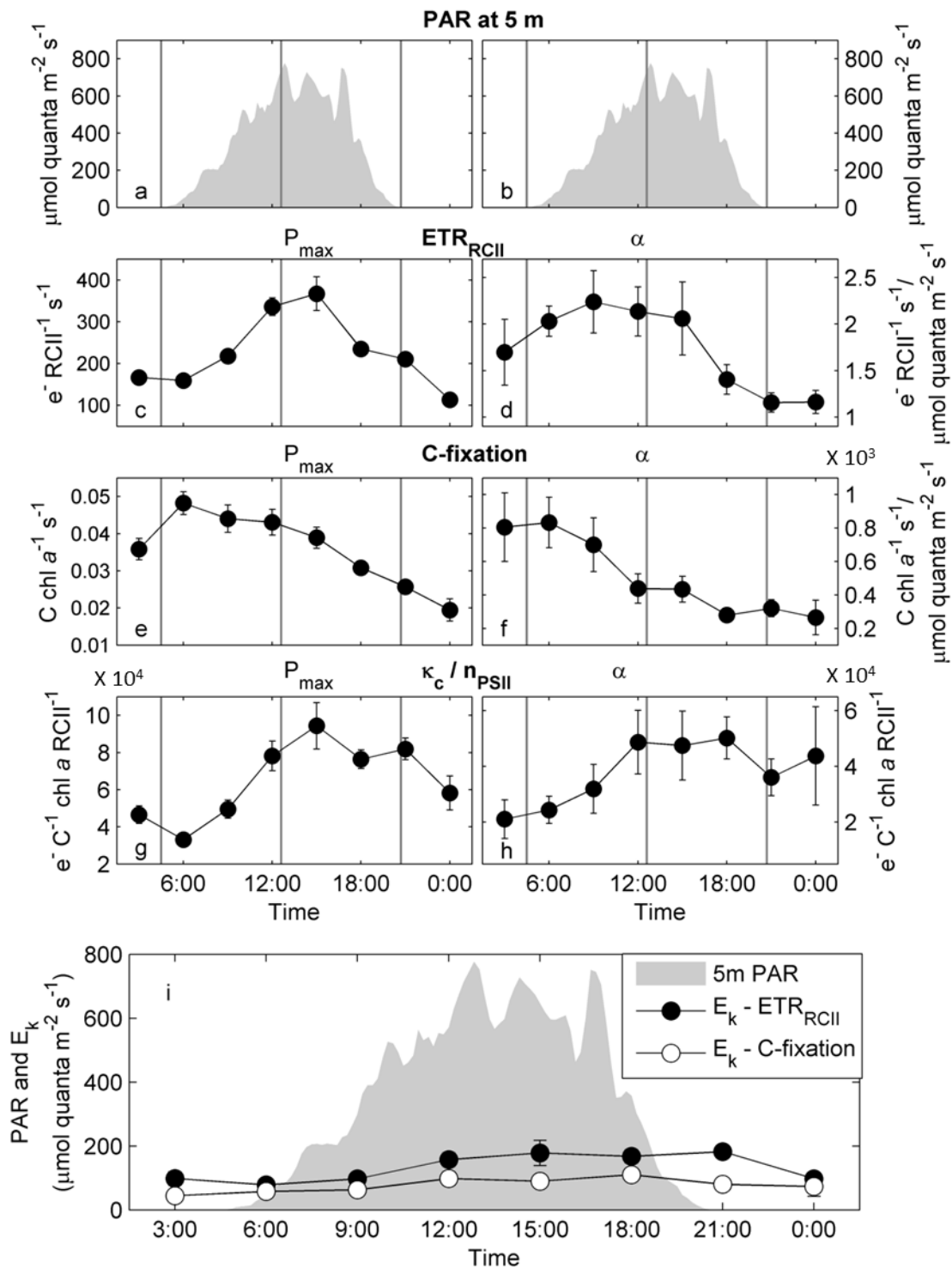
Pigment group	Pigments
Photoprotective carotenoids (PPC)	Neo + Viola + Dd + Allox + Dt + Lutein + Zea + β carot
Photosynthetic carotenoids (PSC)	19'ButFuc + Fuco + 19'HexFuc + Prasino + α carot
Total chlorophyll (Tchl)	Chl <i>c</i> ₃ + Chl <i>c</i> ₁ <i>c</i> ₂ + Chl <i>b</i> + Chl <i>a</i> allomer + Chl <i>a</i> + Chl <i>a</i> prime
Total pigment (TPig)	PPC + PSC + Tchl

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 274 **Figure 1: Diurnal variation in rates and light-dependency of ETR_{RCII} , carbon fixation and**
 275 **the derived conversion factor K_c/n_{PSII} .** *PvsE* curves of ETR_{RCII} ($\text{mol e}^- \text{mol RCII}^{-1} \text{s}^{-1}$) and
 276 carbon fixation ($\text{mol C mol chl } a^{-1} \text{s}^{-1}$) were measured at 3 hour intervals over a 24 hour diurnal
 277 cycle. Data were fit to the exponential model of Webb et al. (1974). The conversion factor
 278 K_c/n_{PSII} ($\text{mol e}^- \text{mol C}^{-1} \text{mol chl } a \text{mol RCII}^{-1}$), and its light dependency, were derived as the
 279 quotient of corresponding values of ETR_{RCII} and carbon fixation. The vertical line on plots
 280 corresponds to in situ PAR values at 5 m depth during sampling for each time-point.
 281



282

283 **Figure 2: Diurnal changes in capacities and efficiencies of $E_{TR_{RCII}}$ and carbon fixation and**

284 **the derived conversion factor K_c/n_{PSII} . The conversion factor K_c/n_{PSII} at light saturation (g) is**

285 **derived from the values in (c) and (e). Similarly, the conversion factor K_c/n_{PSII} under light**

286 limiting conditions (h) is derived from values in (d) and (f). The error in (b), (c), (e), and (f) is
287 the 95% confidence interval of the parameter derived from the fit to data shown in Fig. 1, and the
288 error in (d) and (g) is the propagated error for (b)/(c) and (e)/(f), respectively. PAR at 5 m depth
289 is shown in (a) and (b). The vertical gray lines in panel (a-h) mark sunrise, solar noon and sunset.
290 Panel (i) shows the light saturation parameter E_k for ETR_{RCII} and carbon fixation in relation to in
291 situ light availability.

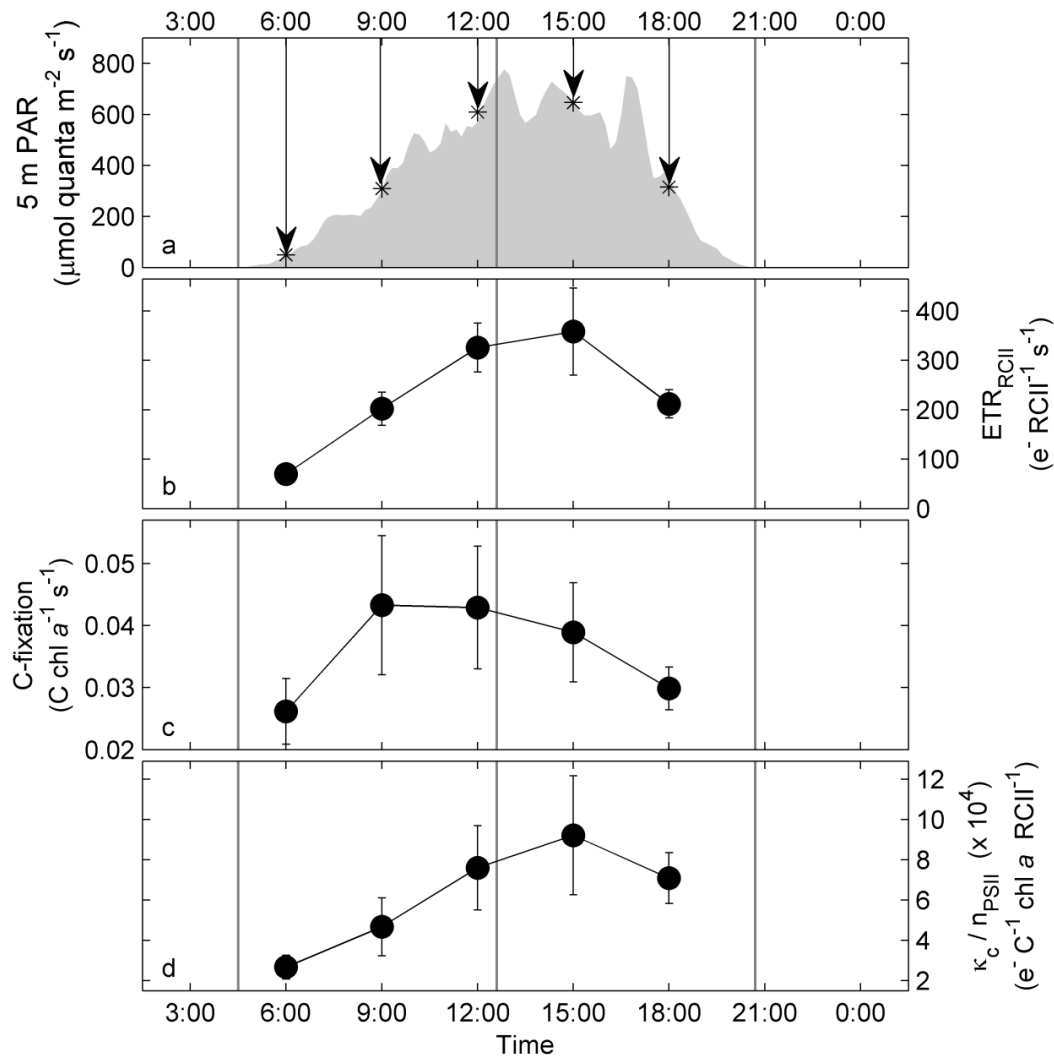
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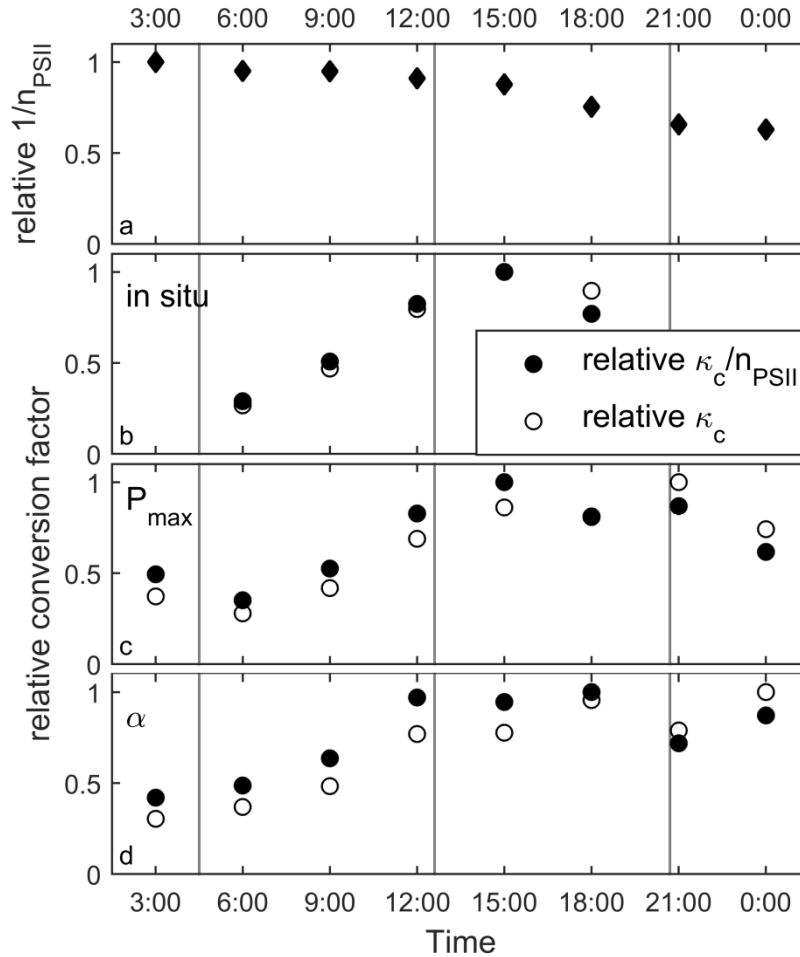
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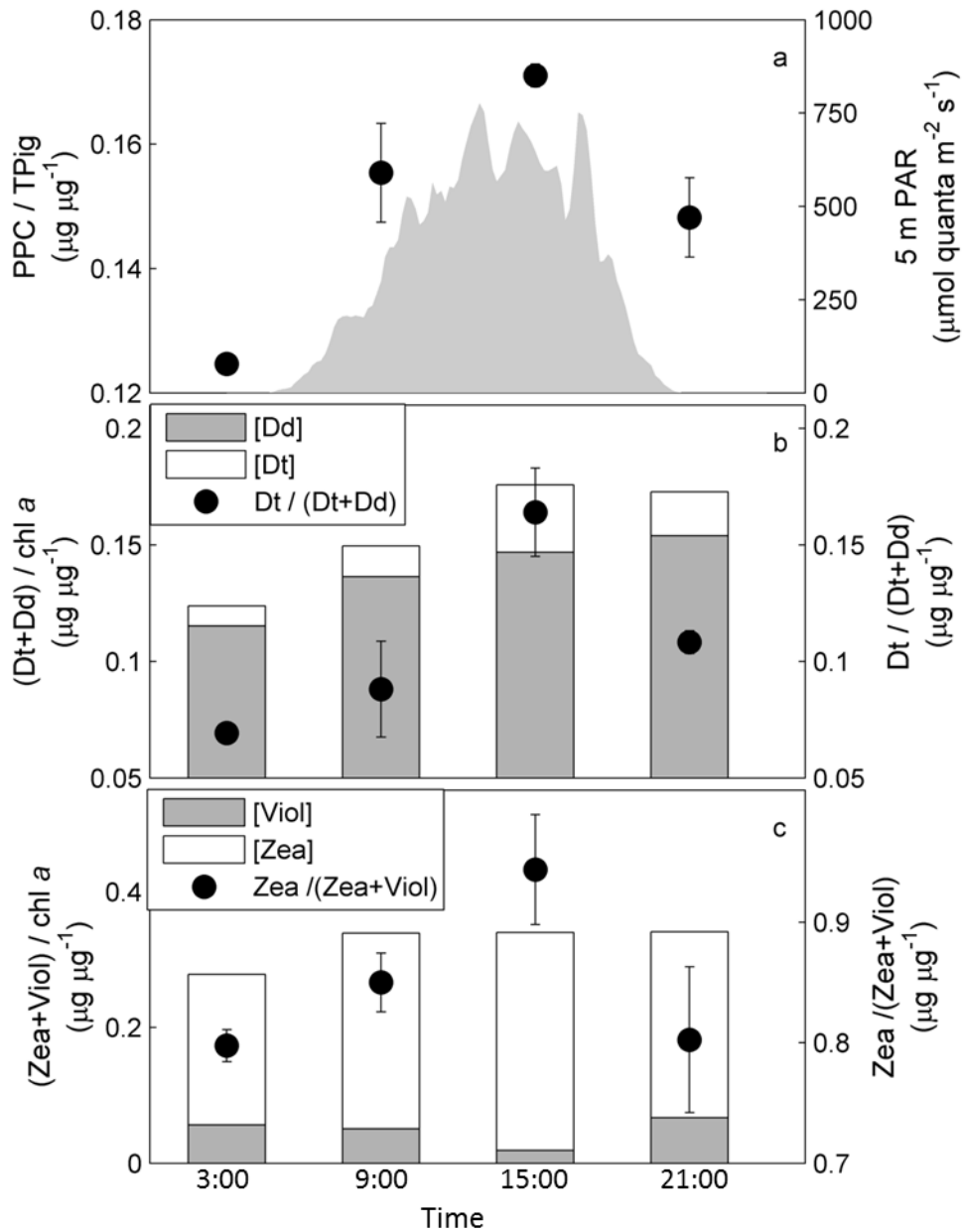


297
 298 **Figure 3: Diurnal changes in ETR_{RCII} , carbon fixation and $\kappa_c / \eta_{\text{PSII}}$ derived for in situ light**
 299 **intensities at 5 m depth.** Diurnal changes in irradiance at 5 m depth (a), with arrows indicating
 300 the PAR value used to derive rates in (b) and (c). Realized rates of ETR_{RCII} (b) and carbon
 301 fixation (c) at each time-point were derived from the P_{vsE} relationship established in Fig. 1. The
 302 error in (b) and (c) is the propagated 95% confidence interval of the parameter P_{vsE} fit
 303 parameters, and the error in (d) is the propagated error from (b)/(c). The vertical gray lines in all
 304 plots mark sunrise, solar noon and sunset.



305

306 Figure 4: Relative changes in the components of the conversion factor K_c/n_{PSII} over the diurnal
 307 cycle. Panel (a) shows diurnal changes in $1/n_{PSII}$ (mol chl *a* mol RCII⁻¹), estimated as
 308 $(F_0/\sigma_{PSII})/[chl\ a]$. These relative values of $1/n_{PSII}$ were then used to derive relative values of K_c
 309 (mol e⁻ mol C⁻¹) from values of K_c/n_{PSII} . This was done for the conversion factor derived for in
 310 situ irradiances at 5 m depth (b), the conversion factor derived for light saturated rates (c) and the
 311 conversion factor for light limited rates (d). All values are scaled to 1 for clarity.

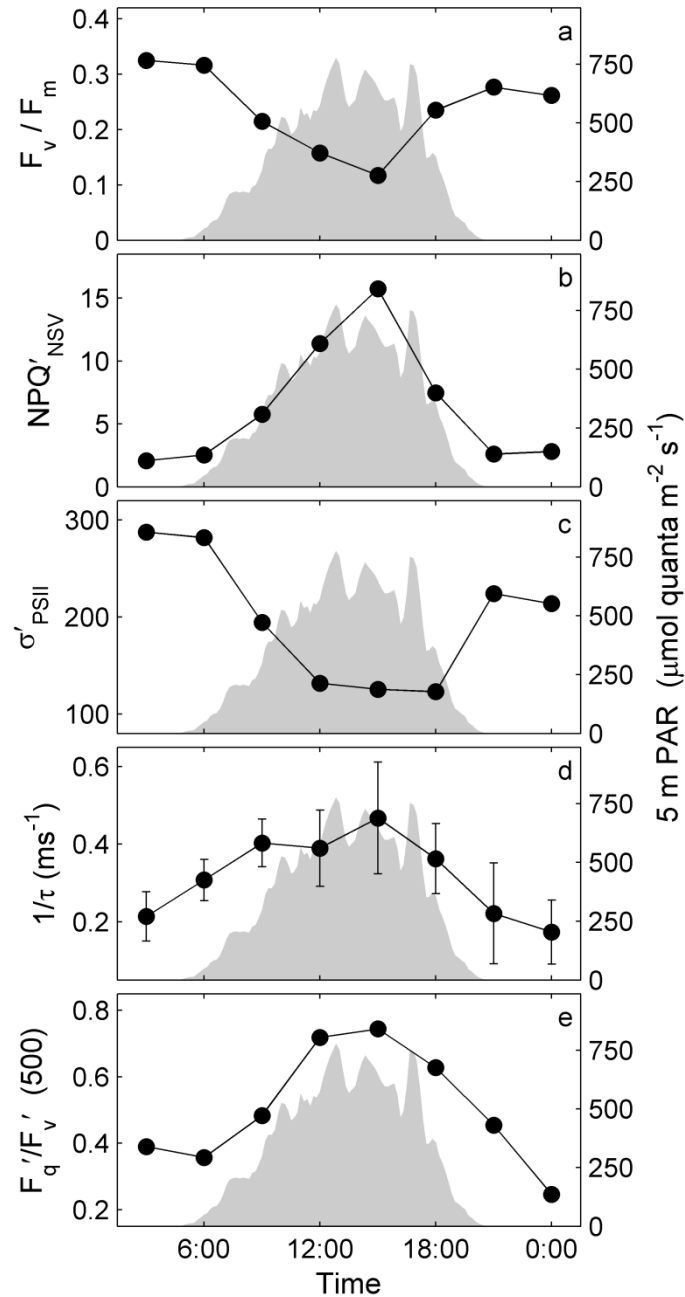


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313 **Figure 5: Diurnal changes in pigment ratios.** Panel (a) shows changes in the abundance of all
 314 photoprotective pigment (PPC), relative to the total pigment present (TPig) at each time-point.
 315 See Table 2 for a definition of pigment groups used to derive these ratios. Panel (b) shows
 316 relative changes in the abundance of the chromophyte xanthophyll cycling pigments Dd and Dt,
 317 normalized to [chl *a*]. Changes in the de-epoxidation state ration (DES ratio = Dt/(Dt+Dd)), also
 318 shown in (b), indicate the extent of active photo-protective energy dissipation through
 319 xanthophyll cycling in the pigment antenna. Similarly, panel (c) shows xanthophyll cycling

320 pigments Viol and Zea, specific to prasinophytes and chlorophytes. Error bars are the range of
321 values from two replicate samples taken at each time-point.

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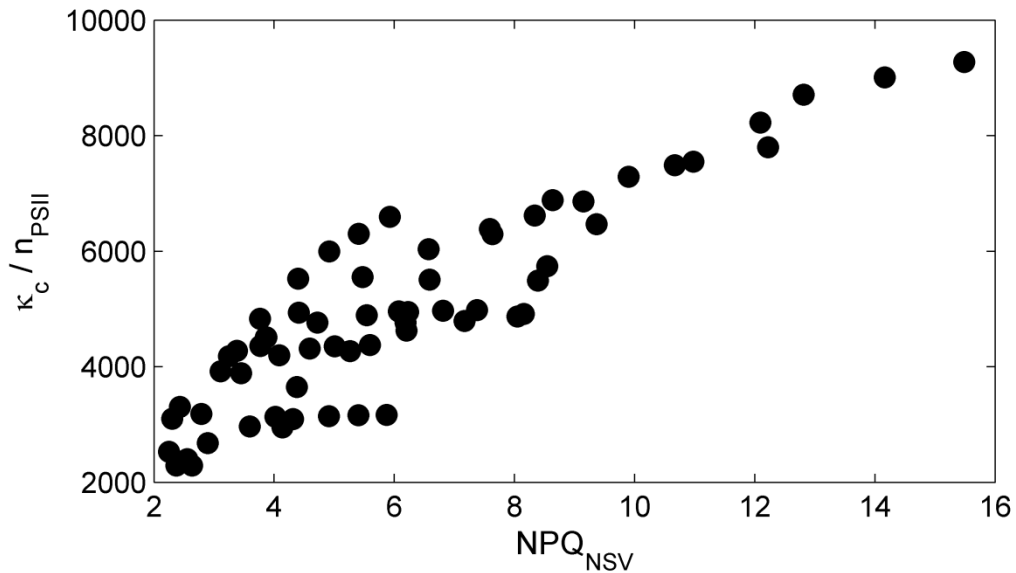


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324 **Figure 6: Diurnal changes in PSII photophysiological parameters derived from FRRF**
325 **measurements.** Panel (a) F_v/F_m in the dark-regulated state at each TP. Panel (b) and (c) show the

326 normalized Stern-Volmer quenching, NPQ_{NSV} , derived as F_o'/F_v' (McKew et al., 2013) and the
 327 functional absorption cross section, σ'_{PSII} , both estimated for in situ light availability at each TP.
 328 Values in (b) and (c) were calculated by extrapolating between values derived for each light step
 329 of the FRRF steady state light curves. Panel (d) shows estimates of the rate of re-oxidation of
 330 Q_A . Panel (e) shows estimates of photochemical quenching (F_q'/F_v'), indicating the fraction of
 331 open RCII (primary stable electron acceptor Q_A oxidized) at a reference irradiance level of 500
 332 $\mu\text{mol quanta m}^{-2}\text{s}^{-1}$.

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334

335 **Figure 7: Correlation between the conversion factor K_c/n_{PSII} and the expression of NPQ_{NSV} .**

336 NPQ_{NSV} was derived as F_o'/F_v' (McKew et al., 2013), for each step of the FRRF light curve at
 337 each TP. Values of K_c/n_{PSII} corresponding to the same light intensities were derived by
 338 extrapolation along the carbon fixation and ETR_{RCII} based P_{vsE} curves.