

1 Major constrains of the pelagic food web efficiency in the Mediterranean Sea.
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10

11 ABSTRACT

12 In this study, we analyzed more than 80 dilution experiments carried out at the surface in many
13 Mediterranean sites that covered a wide range of trophic conditions, and in the meso-bathypelagic
14 layers. Our major aim was to test the hypothesis that picoplankton, and particularly heterotrophic
15 prokaryotes, are pivotal in sustaining not only nanoplankton but also microzooplankton energy
16 requirements at all considered trophic states.

17 Our results highlighted as bacterivory was the major pathway of organic carbon in oligotrophic and
18 meso-eutrophic environments. Microzooplankton mostly fed directly or indirectly (through
19 nanoplankton exploitation) on picoplankton. In eutrophied conditions herbivory was the main
20 trophic pathway, however heterotrophic picoplankton represented a not negligible source of carbon.
21 In this condition we assessed the lowest food web efficiency, possibly because of consumers'
22 satiation, which translated in an excess of autotrophic biomass available for export or transfer to
23 higher trophic levels. Food web efficiency was higher in meso-eutrophic and oligotrophic
24 conditions where the major pathway was bacterivory.

25 In the meso-bathypelagic layers we assessed only nanoplankton predation on heterotrophic
26 picoplankton. Also in this case food web efficiency, nevertheless the diluted environment, was
27 relatively high. Nanoplankton seemed able to efficiently exploit the available HP biomass.

28

29 1. INTRODUCTION

30 Food web efficiency is the ratio between the productivity of the highest trophic level and the
31 productivity at the lower trophic levels (e.g. Rand and Stewart, 1998; Berglund *et al.*, 2007). The
32 length of the food web, which characterizes different environments, influences the final amount of
33 transferred biomass: more trophic levels less biomass (and energy) will reach top predators. In the
34 “classic” marine pelagic food web (micro)phytoplankton are the producers, which fuel top predators
35 through zooplankton grazing and fish predation. Since early 80’s (Azam *et al.* 1983) the classic
36 grazing food web was substituted by a more complex model that posed prokaryotes at the base of
37 the food webs.

38 In the photic zone of the oligotrophic systems (i.e. open ocean) picophytoplankton (cyanobacteria
39 and pico-eukarya), together with small autotrophic nanoplankton fix more carbon than
40 microphytoplankton (i.e. diatoms) (e.g. Sommer *et al.*, 2002). The major consumers of picoplankton
41 are heterotrophic nanoplankton (NP; 2-10 μm) and, directly or indirectly, microzooplankton (MZP;
42 10-200 μm) mainly composed by heterotrophic protists and larval stages of metazoans. Grazing of
43 NP and MZP on smaller organisms is critical for the carbon transfer along the trophic food web and
44 for the remineralisation of organic carbon (Sherr and Sherr, 1994). Planktonic communities are also
45 structured by grazing pressure that controls their biomass, diversity (James and Hall, 1998, Lessard
46 and Murrell, 1998), and primary productivity (Burkill *et al.*, 1995; Cotano *et al.*, 1998).

47 In the aphotic zone, despite it accounts for 70% of total seawater volume, food webs are almost
48 unexplored (Nagata *et al.*, 2010). Deep-water communities were generally considered bottom-up
49 controlled because prokaryotes and consumers’ abundance ratio decrease from the surface with a
50 drastic reduction of the grazing pressure. However, prokaryotes are non-random distributed because
51 most of them are attached to sinking particles creating micro-hot spots where prey-predator
52 interactions take place (Azam, 1998; Herndl *et al.*, 2008; Aristegui *et al.*, 2009; Nagata *et al.*, 2010).
53 Furthermore, Aristegui *et al.* (2009) found that the prokaryotes-consumers ratio only halves in
54 meso-bathypelagic zones from the euphotic layers’ ratio, thus reevaluating the significance of
55 grazing. Recently Pachiadaki *et al.* (2014) and Rocke *et al.* (2015) have measured the grazing
56 impact on prokaryotic bathypelagic communities and found that the removal can be more than 30%
57 of the initial standing stock. The relevance of viral-induced mortality is still unclear: Fonda Umani
58 *et al.* (2010) found that on average viral induced mortality of prokaryotes was 4 times less
59 compared to grazing loss, and Parada *et al.* (2007) despite that in the bathypelagic realm virus-host
60 ratio increased by 10-times relative to the surface, suggested that viral induced mortality is not so
61 relevant as expected.

62 The assessment of the predators’ grazing pressure on picoplankton is a key point in order to
63 understand the food web efficiency, not only in the oligotrophic marine systems, but also in the
64 most eutrophicated coastal systems (Sommer *et al.*, 2002). Recently, De Laender *et al.* (2010) using
65 the linear inverse model approach, estimated that in microbial dominated trophic food webs bacteria
66 are four time more important than phytoplankton in the protists’ diet, while in herbivorous
67 dominated food webs the diet of protists consist of similar amounts of bacteria and phytoplankton.

68 To test the hypothesis that picoplankton, and particularly heterotrophic prokaryotes, are pivotal in
69 sustaining not only NP but also MZP energy requirements over a wide range of trophic conditions,

70 we compared the results of more than 80 dilution experiments (Landry and Hassett, 1982) carried
71 out in the entire Mediterranean Sea. Part of these results were already published: Gulf of Trieste
72 (Fonda Umani *et al.*, 2012); bathypelagic experiments during the trans-Mediterranean VECTOR
73 cruise (Fonda Umani *et al.*, 2010); surface experiments during the same cruise (Di Poi *et al.*, 2013)
74 and unpublished results from OBAMA cruise (see the following 2.1 Studied areas).

75 2. MATERIALS AND METHODS

76 2.1. Studied area

77 The Mediterranean Sea is considered an oligotrophic basin due to the scarce pool of nutrients and
78 chlorophyll *a* (Krom *et al.*, 1991; Antoine *et al.*, 1995). Oligotrophy exasperates moving eastwards
79 as remarked by major decreasing gradients of nutrient concentrations (Krom *et al.*, 1993), primary
80 production, autotrophic biomass, export of primary production (Danovaro *et al.*, 1999; Dolan *et al.*,
81 1999; Turley *et al.*, 2000) and chlorophyll concentration (Williams, 1998).

82 On average, the most limiting nutrient is inorganic phosphorus, N:P ratio was found up to 60, while
83 carbon and nitrogen limitations can occur and co-occur and they are influenced by depth (Sala *et al.*
84 *et al.*, 2002; Van Wambeke *et al.*, 2000, 2009). Phosphorus limits the primary production (Berland *et al.*
85 *et al.*, 1984; Thingstad and Rassoulzadegan, 1995, 1999; Thingstad *et al.*, 2005) but while
86 phytoplankton are both N and P limited, picoplanktonic fraction is more sensitive to P limitation
87 (Pitta *et al.*, 2005; Thingstad *et al.*, 2005; Zohary *et al.*, 2005). This depleted condition strongly
88 affects communities that populate the Mediterranean ecosystems whose food webs are mostly
89 microbial-dominated (Wikner and Hagström, 1988; Fogg, 1995).

90 Only few areas of the basin (close to river mouths, upwelling areas) are characterized by eutrophic
91 conditions and present plankton communities where larger autotrophic and heterotrophic organisms
92 become more representative.

93 Experiments were performed at 15 sites spread around the Mediterranean Sea. Specifically, from
94 east to west: Aegean Sea (3 sites), Ionian Sea (3 sites), Otranto strait (1 site), Adriatic Sea (3 sites),
95 Tyrrhenian Sea (1 site), Ligurian Sea (1 site), Balearic Sea (1 site), Alboran Sea (1 site) and Atlantic
96 Ocean (1 site) (Fig. 1).

97 At these sites 82 dilution experiments were set up: 68 carried out at the sub-surface level (0.5 m
98 depth) and 14 carried out in the meso-bathypelagic realm (between 670 m and 3860 m depth).
99 Thirty four surface experiments were designed to assess MZP grazing pressure and 34 to
100 simultaneously assess NP grazing pressure.

101 Experiments were performed on board during two oceanographic cruises: Trans Mediterranean
102 campaign of the VECTOR project, from 28th of May to 28th of June 2007 on board of the R/V
103 Urania and Universitatis (9 sites along a west to east transect); OBAMA cruise of the namesake
104 project, from 24th of March to 06th of April 2011 on board of the R/V Urania, (5 sites between the
105 Northern Ionian Sea and the Southern Adriatic Sea). Details of the sampling are reported in
106 appendix Table A1 and A2. Water samples were seasonally collected at the station C1 (13.710 E,
107 45.701 N, depth of 17 m) in the Gulf of Trieste - Northern Adriatic Sea from autumn 1998 to
108 summer 2005 to set up the dilution experiments that were run under *in situ* simulated conditions at
109 the Laboratory of Marine Biology of Trieste, Italy (now Department of Biological Oceanography,
110 BiO, OGS, Trieste, Italy). A total of 42 experiments were analysed giving a description of the lower
111 part of the pelagic food web in a coastal area during eutrophied, meso-eutrophic and few
112 oligotrophic conditions (for more details see Fonda Umani *et al.*, 2005, 2012).

2.2. Dilution techniques

113
114 *MZP-Dilutions experiment.* Forty-eight liters of pre-screened (<200 µm) seawater collected at the
115 surface layer was diluted with filtered (0.22 µm), particle free sea water from the same sample. Two
116 identical bottle sets (2 L) of four dilutions each were made in the following proportions: 100%
117 (whole sea water), 80%, 50% and 10% in three replicates each. The first set of dilutions (T₀) was
118 immediately fixed with buffered and filtered formaldehyde solution (2% final concentration). The
119 second set of dilution (T₂₄) was incubated at *in situ* temperature for 24 hours on the deck (or on the
120 shore) in 600 L tanks with a circulation of sea-water. Flowing water maintained in movement the
121 bottles that, at any rates, were turned upside each 3 - 4 hours. To estimate *in situ* phytoplankton
122 growth rate several, but not all, incubations were conducted with and without the addition of
123 nutrients (5 µM NaNO₃ and 1µM KH₂PO₄). Differences between the two estimated growth rates
124 were not significant (Wilcoxon test *p*-value = 0.65). At the end of the incubation, the samples were
125 fixed as the initial ones. Samples for MZP and microphytoplankton analyses were conserved in
126 plastic bottles and at ambient temperature, while samples for nanoplankton and picoplankton
127 analyses were conserved in black plastic bottles, stored in the dark and at 4°C, until the laboratory
128 analysis.

129 *NP-Dilutions experiment.* Twelve liters of seawater were collected at the surface and in the meso-
130 bathypelagic layers, pre-filtered immediately through a 200 µm mesh and then filtered through a 10
131 µm mesh to remove larger predators. Sets of dilutions were prepared as for MZP sets in 600 mL
132 bottles. Sets for experiments with meso- and bathypelagic communities were incubated at *in situ*
133 temperature for 24 hours in the dark in a portable fridge. Samples were fixed and stored as
134 described before.

135 Sea water for both MZP and NP dilution experiments (as well for chl *a* assessment) was
136 simultaneously sampled from the same Niskin bottles.

137 Based on the dilution method model of Landry and Hassett (1982) as modified by Landry *et al.*
138 (1995), we computed for several classes of prey (microphytoplankton, nanoplankton, heterotrophic
139 and autotrophic picoplankton): growth factor (µ), mortality factor (g), initial concentration of the
140 prey (C₀),

141 mean concentration of the prey during the experiment [$C_m = \frac{C_0(e^{(\mu-g)t} - 1)}{(\mu - g)t}$] (1),

142 ingestion rate [$I = g \times C_m$] (2),

143 potential production [$P_P = \mu \times C_m$] (3).

2.3. Microscopic analysis and cell to biomass conversion factors

144 *Micro-plankton.* Samples for microphytoplankton and MZP were processed following the Utermöhl
145 method (1958), organisms were enumerated and measured using an inverted optical microscope.
146 Cell numbers of ciliates were corrected multiplying them by 1.56 in order to compensate possible
147 loss of organisms due to the fixation with formaldehyde (Stoecker *et al.*, 1994a, b).
148

149 Taxonomic assignments, standardized geometrical formulas for volume conversion and carbon
150 conversion factor were done following Strathmann (1967) and Smayda (1978) for
151 microphytoplankton, Putt and Stoecker (1989) for MZP (more details in Fonda Umani and Beran,
152 2003 and Fonda Umani *et al.*, 2005).

153 *Nano- and picoplankton.* The assessment of the picoplanktonic and nanoplanktonic fractions was
154 performed according to the Porter and Freig protocol (1980) at the epifluorescence microscope.
155 Aliquots of each sample were stained with a DAPI (4', 6-diamidino-2-phenylindole) solution, 1 μg
156 mL^{-1} final concentration and placed in the dark for 15 minutes. Picoplankton was collected on 0.22
157 μm black polycarbonate filters (Nucleopore, 25 mm) while nanoplankton on 0.8 μm black
158 polycarbonate filters (Nucleopore, 25 mm). The filters were immediately placed on slides between
159 two drops of immersion non fluorescent oil and kept at -20°C in the dark. Counts were made using
160 an epifluorescence microscope at x1000 final magnification; more than 200 cells were counted for
161 each picoplankton and nanoplankton sample. Picoplanktonic samples were counted in triplicates.
162 For the estimation of biomass, nanoplankton was divided into three dimensional classes: 2-3 μm , 3-
163 5 μm and 5-10 μm as reported by Christaki *et al.* (2001).

164 Cell abundance data were converted in biomass by applying the following conversion factors: 20 fg
165 C cell^{-1} for heterotrophic bacteria for surface samples (Ducklow and Carlson 1992) and 10 fg C cell^{-1}
166 for the meso-bathypelagic samples (Reinthal *et al.*, 2006). 200 fg C cell^{-1} for autotrophic
167 bacteria (Caron *et al.*, 1991). The nanoplanktonic organisms were approximated to spheres
168 (diameter equal to the medium value of the belonging dimensional class) in order to multiply their
169 volume for the conversion factor of 183 fg C μm^{-3} (Caron *et al.*, 1995).

170 2.4. Chlorophyll *a*

171 Chlorophyll *a* samples were collected from the same Niskin bottles sampled for the dilution
172 experiments by filtering on board from 1 L up to 5 L of seawater through Whatman GF/F glass-
173 fibre filters (45 mm diameter), the membranes were immediately frozen (-20°C) or stored in liquid
174 nitrogen when available. The pigments extraction was run overnight in the dark at 4°C with 90%
175 acetone from the filter previously homogenized; concentrations were determined with the
176 spectrofluorometer Perkin Elmer LS 50B (450 nm excitation and 665 nm emission wavelengths)
177 measuring the chlorophyll *a* before and after acidification with 2 drops of HCl 1 N (Lorenzen and
178 Jeffrey 1980). The instrument calibration was made using pure Sigma chl *a* standards and
179 computing a linear response for the considered range.

180 2.5. Elaborations

181 The ingestion efficiencies of MZP and NP were calculated for each prey by dividing the ingestion
182 rate by the corresponding preys' potential production estimated respectively in the MZP and NP
183 dilution experiments. Potential production is considered a good proxy for primary production
184 (Calbet and Landry, 2004).

185 The food web efficiency (FWE) was computed as the ratio of the higher trophic level production (in
186 our truncated food web it corresponds to microzooplankton at the surface and nanoplankton in the
187 meso-bathypelagic layers) on the total potential production of the preys (see Berglund *et al.*, 2007).

188 The relations between ingestion rates and available biomasses of each kind of prey were
189 investigated for MZP and NP. The functional responses of the ingestion rates over a wide range of
190 prey concentrations were examined against four common models:

191 Ivlev [$I = \alpha(1 - e^{-bC_0})$] (4),

192 Mayzaud-Poulet [$I = \alpha C_0(1 - e^{-bC_0})$] (5),

193 Holling Type II or Disk Equation [$I = \frac{\alpha C_0}{\beta + C_0}$] (6),

194 Holling Type III [$I = \frac{\alpha C_0^2}{\beta^2 + C_0^2}$] (7),

195 where I and C_0 are ingestion rates and biomasses estimated in each dilution experiment, α and β
196 are constants and represent respectively the maximum rate of ingestion and the rate at which I
197 changes in relation with C_0 . The values for α and β that minimize the residual sum-of-squares in
198 each equation (4, 5, 6 and 7) were computed with the Nonlinear Least Squares function
199 implemented in the *stats* package of R. Only fitting models whose parameters were significant (p -
200 values < 0.05) were considered and compared by the analysis of variance (ANOVA) and by the
201 maximum likelihood to the same data (with the Akaike information criterion – AIC, and the
202 Bayesian information criterion - BIC) to evaluate the fitting quality of the models.

203 3. RESULTS

204 3.1. Surface experiments

205 Figure 2 shows the biomass of all primary producers and the chlorophyll *a* values assessed at the
206 surface per each sampling event. We arbitrarily divided the increasing biomass values into three
207 major groups: the first one with values for total autotrophic fraction < 6.44 $\mu\text{g C L}^{-1}$ that we consider
208 representative of oligotrophic conditions (mean chl *a* 0.22 mg L^{-1}); the second one that can be
209 consider meso-eutrophic with an autotrophic total carbon < 61.93 $\mu\text{g C L}^{-1}$ and mean chl *a* of 0.60
210 mg L^{-1} and the last one which can be considered very eutrophic (or eutrophied) with biomass
211 largely exceeding 100 $\mu\text{g C L}^{-1}$ and mean chl *a* of 2.60 mg L^{-1} . Groups presented significant
212 differences among them (one-way Kruskal–Wallis test was highly significant, *p*-value < 0.0001).

213 Total biomass was made up by micro-zooplankton (MZP), micro-phytoplankton (MPP), nano-
214 plankton (NP), heterotrophic picoplankton (HP) and autotrophic picoplankton (AP). In oligotrophic
215 conditions total biomass was mostly composed by NP and HP, on average 27.4% and 46.8%
216 respectively. In meso-eutrophic conditions mean total biomass was almost equally composed by
217 MPP for 28.8%, HP for 33.7% and AP for 21.1%. MPP dominated in eutrophied conditions where
218 it reached 91.1% of the total biomass.

219 Considering only preys' biomass for microzooplanktonic consumers (HP, AP, NP, MPP), in
220 oligotrophic and meso-eutrophic conditions NP and picoplankton constituted on average almost
221 80% of total biomass and picoplankton alone more than 60%. MPP represented only a small
222 fraction and mainly because of the presence of small organisms other than diatoms. In eutrophied
223 conditions, MPP accounted from 78 to 98% of total preys' biomass and it was mainly constituted by
224 diatoms.

225 When the biomass of the preys increased the equitability (computed with Jaccard index) of MZP
226 major taxa decreased and few species became dominant: in 4 cases they were non-loricate ciliates,
227 in 2 cases Tintinnids (*Stenosemella ventricosa* and *S. nivalis*) and in 1 case another species of
228 protists.

229 The overview of MZP ingestion rates per each dilution experiment highlights as the daily amount of
230 carbon ingested increased according to the trophic level (Fig. 3). In oligotrophic conditions NP and
231 HP mainly supported MZP, whose ingestion rates ranged from 0.77 to 16.72 $\mu\text{g C L}^{-1} \text{d}^{-1}$ and from
232 1.19 and 23.86 $\mu\text{g C L}^{-1} \text{d}^{-1}$, respectively. In meso-eutrophic situations picoplankton suffered the
233 highest mortality rates with an average of 29.12 $\mu\text{g C L}^{-1} \text{d}^{-1}$ for HP and 8.31 $\mu\text{g C L}^{-1} \text{d}^{-1}$ for AP.
234 MZP ingestion on NP was detected in 7 cases out of 11 and ranged from 0.79 to 4.68 $\mu\text{g C L}^{-1} \text{d}^{-1}$
235 while MPP ingestion occurred within a range from 3.38 to 36.93 $\mu\text{g C L}^{-1} \text{d}^{-1}$. In eutrophied
236 conditions grazing rates on MPP were the highest ones ranging from 59.15 to 182.11 $\mu\text{g C L}^{-1} \text{d}^{-1}$
237 followed by ingestion rates on HP (1.47 - 66.90 $\mu\text{g C L}^{-1} \text{d}^{-1}$), NP (0.58 - 7.43 $\mu\text{g C L}^{-1} \text{d}^{-1}$) and AP
238 (0.14 - 5.59 $\mu\text{g C L}^{-1} \text{d}^{-1}$).

239 NP potential ingestion rates (Fig. 4) increased with prey availability from oligotrophic to meso-
240 eutrophic conditions while values decreased in eutrophied conditions. HP represented always the
241 most exploited preys with mean ingestion rates of 5.30, 23.41 and 14.80 $\mu\text{g C L}^{-1} \text{d}^{-1}$ respectively;

242 ingestion rates for AP on average ranged from $1.87 \mu\text{g C L}^{-1} \text{d}^{-1}$ in oligotrophic state to $9.69 \mu\text{g C L}^{-1}$
243 d^{-1} in meso-eutrophic and $0.36 \mu\text{g C L}^{-1} \text{d}^{-1}$ in eutrophied conditions.

244 Total MZP ingestion efficiencies (as the ratio between Ingestion (I) and Potential Production (PP)
245 on total preys) for each dilution experiments are reported in Figure 5a. In the graph we reported also
246 the bisector, which indicates a 1:1 ratio. In oligotrophic and meso-eutrophic conditions the ratio was
247 very close to the balance between I and PP. In eutrophied conditions there is a prevalence of PP
248 over I, with the exception of two points that correspond to February 2001 and August 2000
249 experiments. These experiments were carried out at the end of a diatom bloom.

250 Total NP ingestion efficiency is reported in Figure 5b with the indication of the bisector. As a
251 general rule PP overcomes I rates or the ratio was very close to 1, with the relevant exceptions of
252 four meso-eutrophic points and one in oligotrophic conditions.

253 Among the functional response models tested to describe how MZP ingestion rates increase with
254 the availability of prey biomasses only Holling Type III and Ivlev models gave significant fittings
255 with the available dataset and only for HP, MPP and NP. Figure 6a shown Type III functional
256 responses indicating a possible lower threshold and a likely upper saturation threshold for HP, MPP
257 and NP; only for MPP the Ivlev model suggested solely a saturation threshold. Comparing Type III
258 and Ivlev fitting models for MPP, no clear differences emerged (ANOVA not significant, AIC
259 respectively 199.8 and 199.3, BIC respectively 203.3 and 202.7). The two significant fitting models
260 for MZP grazing on MPP made us confident to suggest an upper mean threshold value of $196.5 \mu\text{g C L}^{-1} \text{d}^{-1}$
261 $\text{C L}^{-1} \text{d}^{-1}$ (Type III $\alpha = 184 \mu\text{g C L}^{-1} \text{d}^{-1}$, Ivlev $\alpha = 209 \mu\text{g C L}^{-1} \text{d}^{-1}$).

262 For NP we detected significant functional response only for HP described by Holling Type III and
263 Ivlev models (Fig. 6b); the comparison between them raised no significant differences with ANOVA
264 while Type III reached slightly better scores for AIC (189.5 versus 191.5 of Ivlev) and for BIC
265 (193.7 versus 195.7 of Ivlev) criterions.

266 3.2. Meso-bathypelagic experiments

267 Figure 7a reports HP biomasses estimated in the dilution experiments carried out in the meso- and
268 bathypelagic layers where HP represented the only available prey for NP. Biomasses generally
269 varied from 0.14 to $0.97 \mu\text{g C L}^{-1}$ with the exception of two mesopelagic stations with relatively
270 high values of $6.45 \mu\text{g C L}^{-1}$ and $7.24 \mu\text{g C L}^{-1}$. The mean biomass for NP was $0.37 \mu\text{g C L}^{-1}$ with a
271 standard deviation of $\pm 0.31 \mu\text{g C L}^{-1}$, and it did not increase were high prey biomass were
272 encountered. NP ingestion rates ranged between 0.05 and $3.2 \mu\text{g C L}^{-1} \text{d}^{-1}$ with the exception of two
273 mesopelagic values (13.29 and $16.74 \mu\text{g C L}^{-1} \text{d}^{-1}$) that correspond to the exceptionally high HP
274 biomass.

275 NP ingestion efficiency was generally low (Fig. 7b), and particularly at low PP values. At high PP
276 ingestion exceeded PP in two mesopelagic experiments, the two characterized by high stock
277 biomass; while in the most bathypelagic experiments (VIERA) PP largely overcame ingestion.

278 NP ingestion rates increased accordingly to HP biomass increase (Fig. 7c) and only Holling Type
279 III functional response significantly fitted the scatterplot.

280 3.3. C-flux models

281 Mean values of biomasses and ingestion rates of all considered preys and predators were used to
282 produce models of trophic carbon pathways for the three trophic conditions described at the surface
283 and in the meso-bathypelagic zones (Fig. 8). In eutrophied conditions, MZP grazed mostly on MPP
284 (mean ingestion $119.60 \mu\text{g C L}^{-1} \text{d}^{-1}$, mean MPP biomass $326.94 \mu\text{g C L}^{-1}$) and on HP (mean
285 ingestion $18.24 \mu\text{g C L}^{-1} \text{d}^{-1}$, mean biomass $17.78 \mu\text{g C L}^{-1}$) while NP fed almost uniquely on HP
286 (mean ingestion $14.80 \mu\text{g C L}^{-1} \text{d}^{-1}$). In this case we can hypothesise that the excess of MPP, not
287 grazed at the surface, can be exploited by larger consumers (mesozooplankton) or exported toward
288 the bottom in a mean amount of $23.15 \mu\text{g C L}^{-1} \text{d}^{-1}$; it has to be kept in mind that ingestion rates of
289 MZP and NP were the maximum potential rates for these consumers since in the natural contest
290 they are actively grazed by higher trophic level consumers. In meso-eutrophic conditions, MZP
291 principally grazed on HP (mean ingestion $32.35 \mu\text{g C L}^{-1} \text{d}^{-1}$, mean biomass $22.50 \mu\text{g C L}^{-1}$), while
292 on MPP and AP ingestion rates were lower ($13.24 \mu\text{g C L}^{-1} \text{d}^{-1}$ and $9.23 \mu\text{g C L}^{-1} \text{d}^{-1}$, on mean
293 biomasses of $19.27 \mu\text{g C L}^{-1}$ and $14.09 \mu\text{g C L}^{-1}$, respectively). NP intensely exploited HP ($23.41 \mu\text{g C L}^{-1} \text{d}^{-1}$)
294 and the contribution of AP was also significant ($9.69 \mu\text{g C L}^{-1} \text{d}^{-1}$). In oligotrophy, MZP
295 grazed mostly on HP ($8.98 \mu\text{g C L}^{-1} \text{d}^{-1}$ on mean biomass of $8.43 \mu\text{g C L}^{-1}$) and secondarily on NP
296 ($4.98 \mu\text{g C L}^{-1} \text{d}^{-1}$ on a mean biomass of $4.94 \mu\text{g C L}^{-1}$). NP grazed more on HP ($5.30 \mu\text{g C L}^{-1} \text{d}^{-1}$)
297 than on AP ($1.87 \mu\text{g C L}^{-1} \text{d}^{-1}$).

298 In the meso - and bathypelagic layers, NP could graze only on HP with mean ingestion rate of 3.09
299 $\mu\text{g C L}^{-1} \text{d}^{-1}$ on a mean biomass of $1.33 \mu\text{g C L}^{-1}$.

300 As average, in the surface experiments food web efficiency as the ratio between production at the
301 higher level and production of all preys increased from oligotrophic to meso-eutrophic scenarios,
302 respectively 0.03 and 0.10, and decreased in eutrophied conditions (0.01). In the meso-bathypelagic
303 domain the food web efficiency computed considering NP as top predators was 0.13.

304 4. DISCUSSION

305 Our results highlighted that picoplankton, and particularly HP were grazed by both NP and MZP in
306 the surface experiments in all trophic conditions. We are aware that results of MZP dilution
307 experiments include the effect of viral lysis (Parada, 2007; Fonda Umani *et al.*, 2010; Di Pol *et al.*,
308 2013) and the mortality due to NP predation (e.g. Stoecker *et al.*, 2013). To partially solve this latter
309 problem we performed parallel experiments to estimate the predation of NP alone. We can expect
310 three different models of interaction: i) only NP graze on picoplankton, therefore the ingestion rates
311 calculated in NP experiments are the same obtained in the MZP experiments; ii) MZP grazing on
312 NP reduces the ingestion calculated for NP alone; iii) MZP directly feed on picoplankton, and
313 consequently ingestion rates obtained for MZP experiments are higher than for NP experiments
314 (Fonda Umani and Beran, 2003). In most of the cases we detected higher ingestion rates in MZP
315 experiments in respect to NP experiments. In particular, in eutrophied conditions we observed a
316 direct impact of MZP on HP in >80% of experiments. At any rate, MZP always relied on
317 picoplankton biomass through grazing on NP that is the majority of the cases in meso-eutrophic
318 conditions.

319 The contribution of picoplankton in the MZP diet, aspect that is seldom investigated, was noticeable
320 particularly in meso-eutrophic and oligotrophic conditions where HP resulted the most affected
321 stock. Ingestion rates on HP were higher than on MPP, NP and AP; solely in few experiments NP
322 and AP contributions to MZP diet were higher than the HP one. In eutrophied condition, the highest
323 MZP mean ingestion rates were detected on MPP that represented more than 80% of the MZP mean
324 daily diet, although the grazing pressure affecting HP stock was not negligible since they cover
325 almost 14% of MZP diet.

326 Ingestion efficiency of the consumers can be expressed as the ratio between ingestion and potential
327 production rates of preys. This comparison, with some precautions as suggested by Cáceres *et al.*
328 (2013), could be a proxy for the carbon balance of the system thus suggesting the carrying capacity
329 for higher trophic levels. MZP ingestion efficiency in oligotrophic and meso-eutrophic conditions
330 was close to the 1:1 ratio, indicating a good balance between production and consumption. In
331 eutrophied conditions PP in most of the cases overcome the ingestion, thus justifying the possible
332 export. The cases in which I exceeded PP corresponded to the end of diatom blooms therefore
333 indicating the role of top down control in removing the previously produced biomass.

334 Although composed essentially of picoplankton, the NP potential daily diet was targeted on HP -
335 the prokaryotic fraction offering the highest available biomass - especially in oligotrophic and
336 meso-eutrophic conditions where their contribution exceeded 80%.

337 NP ingestion efficiency was equal or lower to 1 indicating a general prevalence of production over
338 ingestion. The few recorded cases of ingestion exceeding potential production were no more
339 observed in the parallel MZP experiments, suggesting that the potential high ingestion rates of NP
340 were reduced by MZP grazing over NP.

341 In the meso- and bathypelagic layers biomasses of MZP, NP and HP were lower than at the surface
342 and values fell within ranges proposed by Nagata *et al.* (2010), and references therein. At two
343 mesopelagic stations, HP biomass was comparable with those found at the surface in oligotrophic
344 conditions, although the biomass of NP did not parallel this increase. The higher biomasses might

345 suggest an input from the above euphotic layers, which enhanced HP production before our
346 sampling (Hansell and Ducklow, 2003). In these two cases, the low NP biomass that did not match
347 the prey increase might point out to a delay or slowness in the NP growth. On the other hand HP
348 potential production had already dropped at lower levels, indicating the end of the possible previous
349 input. Recently Pernice *et al.* (2014) found that over all oceans the ratio of eukaryotes (thus NP)-
350 prokaryotes biomasses was constantly lower in the mesopelagic rather than in bathypelagic layers.

351 Despite the mean biomass of HP in meso- and bathypelagic layers was 6 to 16% of the surface
352 biomass, the ingestion rates was from 13 to 58% of the surface ones, suggesting a strong feeding
353 adaptation of NP in high diluted-prey conditions as reported by Cho *et al.* (2000) in the East China
354 Sea and recently by Pachiadaki *et al.* (2014) for the eastern Mediterranean Sea and by Rocke *et al.*
355 (2015) for the North Atlantic Deep Water and the Antarctic Intermediate Water. All of them used
356 fluorescently-labelled prokaryote tracing techniques that have been shown to produce comparable
357 but lower results in respect to those obtained in dilution experiments (Vaqué *et al.*, 1994)

358 Surface food web efficiency reflected the ingestion efficiencies estimated for each experiments
359 being higher in oligotrophic and meso-eutrophic conditions where we observed a fully exploitation
360 of prey potential production. Conversely, in the eutrophied conditions a large part of the new
361 produced biomass was inefficiently exploited, thus leaving resources for upper level consumers or
362 for export toward the bottom. Our results confirmed the hypothesis of Sommer *et al.* (2002) on the
363 decrease of food web efficiency in eutrophied conditions.

364 In the meso-bathypelagic layers we could assess food web efficiency only considering
365 nanoplankton as top predator. Also in this case food web efficiency, nevertheless the diluted
366 environment, was relatively high. Nanoplankton seemed able to efficiently exploit all available HP
367 biomass.

368 Lastly, testing several functional response models to describe the feeding behaviour of consumers
369 we highlighted as generally grazing activity of MZP (at the surface) and the potential grazing
370 activity of NP (at the surface and in the meso-bathypelagic layers) correlated with the Holling Type
371 III model. Furthermore only MZP on MPP and NP on HP correlated with the Ivlev model. In the
372 sigmoidal curves the low threshold correspond to low ingestion rates that have not paired slight
373 biomass increases. These conditions were detected mainly in oligotrophy and in meso-bathypelagic
374 environments; they might be explained with the dilution of available preys that reduce the prey-
375 consumer encountering rates (Wikner and Hagström, 1991; Pastor, 2008) and that can induce
376 predators to use other food sources (Strom *et al.*, 2000). Our dataset lacks of ingestion rates on
377 bacterial when their biomass is very low so we did not suggest any low threshold for the consumers.
378 The high threshold instead occurs only in eutrophied conditions for MPP, and in all trophic
379 conditions for the other preys. The observed satiation threshold can be interpreted as the result of
380 the individual inability to handle higher prey availability as suggested also by a modelling-approach
381 study of Gentleman and Neuheimer (2008). A possible explanation is a delay in the match of
382 consumers' growth with prey increases. Also these findings need to be tested with larger datasets
383 that include more data from ecosystems characterized by high production and ingestion rates.

384 5. CONCLUSION

385 We are aware of the limit of dilution experiments because they cannot fully represent natural
386 conditions, however they can be used to compare different trophic situations when, as in our case,
387 they are set up following the same protocol.

388 Thus here we proposed some constrains based on the trophic condition of the environment that
389 oriented the carbon flux in those ecosystems:

- 390 • Bacterivory was the major pathway of organic carbon in oligotrophic and meso-eutrophic
391 surface conditions.
- 392 • In eutrophied conditions herbivory was the main trophic pathway. However picoplankton,
393 principally HP, represented a not negligible source of carbon.
- 394 • Food web efficiency was higher in meso-eutrophic and oligotrophic conditions where the
395 major pathway was bacterivory.
- 396 • Low food web efficiency was registered when herbivory was the dominant pathway possibly
397 because of satiation effect, which translate in an excess of autotrophic biomass.
- 398 • In the meso- and bathypelagic layers, NP ingestion rates on HP diminished but not at the
399 same order of magnitude as their biomasses, thus determining a high efficiency of this
400 truncated food web.

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635 7. Appendix A

636 **Table A1 - Sampling sites for surface experiments (at 0.5 m depth).** Experiments were
637 carried out separately for MZP and NP. Coordinates are reported according to Decimal
638 Degrees (DD) system.

Cruise	Station	Sampling date (dd/mm/yyyy)	Long (E)	Lat (N)	Depth (m)	Location
OBAMA	CF_16	02/04/2011	18.181	39.286	1035	Northern Ionian Sea
OBAMA	MS_03A	01/04/2011	18.320	39.330	775	Northern Ionian Sea
OBAMA	O_36	26/03/2011	17.267	41.380	1132	Southern Adriatic Sea
OBAMA	O_37B	27/03/2011	17.336	41.430	1108	Southern Adriatic Sea
VECTOR	V1	06/06/2007	8.000	43.500	2490	Ligurian Sea
VECTOR	V10	22/06/2007	28.323	35.953	3870	Aegean Sea
VECTOR	V2	08/06/2007	12.999	39.500	3570	Tyrrhenian Sea
VECTOR	V3	05/06/2007	6.073	39.314	2850	Sardino-Balearic Sea
VECTOR	V4	01/06/2007	-0.998	36.502	2640	Alboran Sea
VECTOR	V6	14/06/2007	18.000	38.495	3000	Ionian Sea
VECTOR	V7	16/06/2007	20.875	35.135	3200	Aegean Sea
VECTOR	VA	30/05/2007	-8.332	35.000	2776	Atlantic Ocean
VECTOR	VIERA	24/06/2007	26.087	34.412	4760	Aegean Sea
Survey	C1	17/11/1998	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	08/02/1999	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	12/05/1999	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	18/08/1999	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	15/12/1999	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	07/02/2000	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	15/05/2000	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	07/08/2000	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	20/11/2000	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	12/02/2001	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	07/05/2001	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	07/08/2001	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	15/11/2001	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	13/02/2002	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	14/05/2002	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	07/08/2002	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	12/03/2003	13.710	45.701	17	Northern Adriatic Sea

Survey	C1	29/09/2003	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	10/03/2004	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	05/04/2004	13.710	45.701	17	Northern Adriatic Sea
Survey	C1	09/08/2005	13.710	45.701	17	Northern Adriatic Sea

639

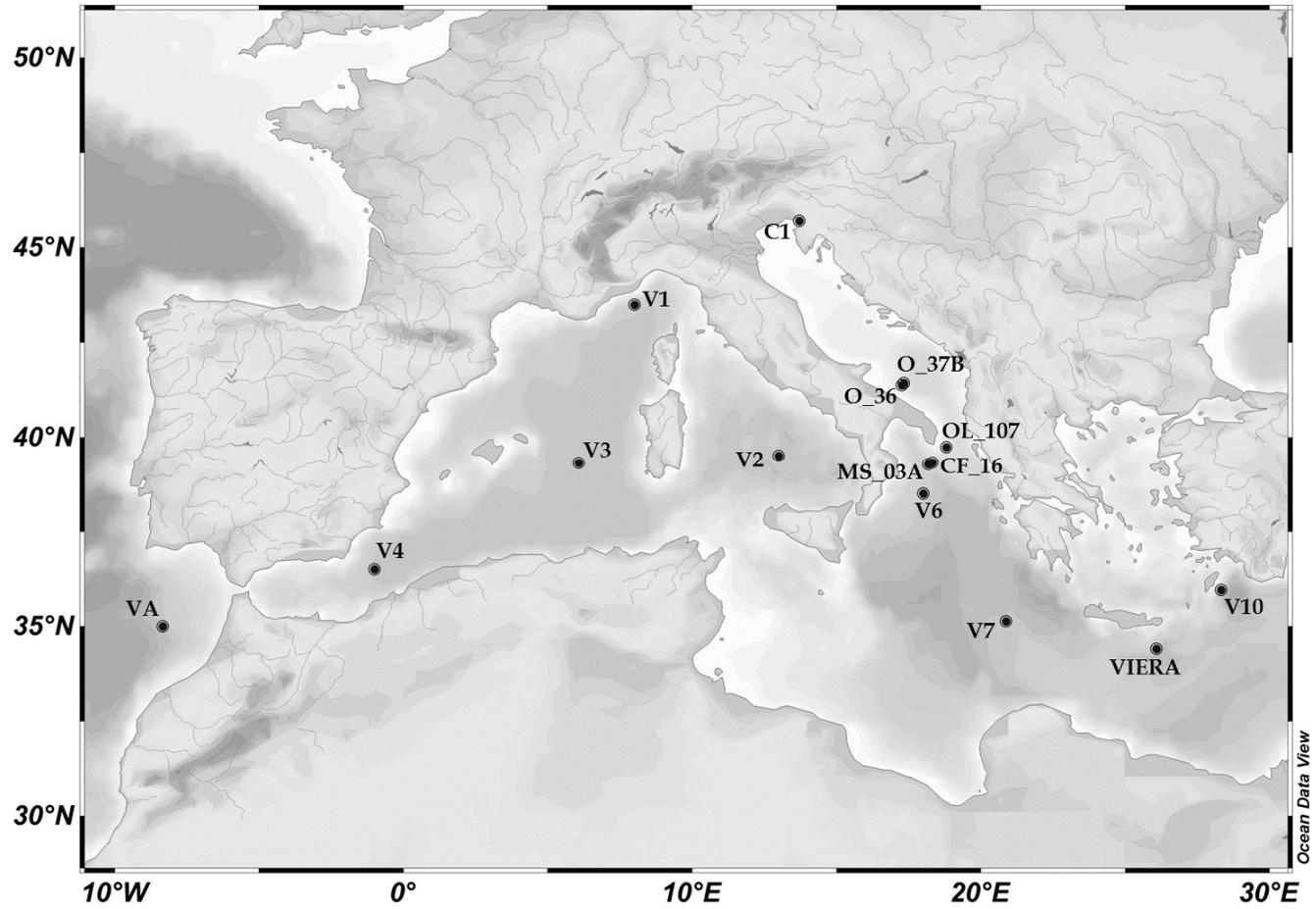
640 **Table A2 - Sampling sites for meso- and bathypelagic experiments (at +5 m from bottom**
641 **depth).** Experiments were carried out only on NP. Coordinates are reported according to
642 Decimal Degrees (DD) system.

Cruise	Station	Sampling date (dd/mm/yyyy)	Long (E)	Lat (N)	Depth (m)	Location
OBAMA	CF_16	26/03/2011	18.181	39.286	1035	Northern Ionian Sea
OBAMA	MS_03A	27/03/2011	18.320	39.330	775	Northern Ionian Sea
OBAMA	O_36	02/04/2011	17.267	41.380	1132	Southern Adriatic Sea
OBAMA	O_37B	01/04/2011	17.336	41.430	1108	Southern Adriatic Sea
OBAMA	OL_107	03/04/2011	18.810	39.741	674	Otranto Channel
VECTOR	V1	30/05/2007	8.000	43.500	2490	Ligurian Sea
VECTOR	V10	01/06/2007	28.323	35.953	3870	Aegean Sea
VECTOR	V2	05/06/2007	12.999	39.500	3570	Tyrrhenian Sea
VECTOR	V3	06/06/2007	6.073	39.314	2850	Sardino-Balearic Sea
VECTOR	V4	08/06/2007	-0.998	36.502	2640	Alboran Sea
VECTOR	V6	14/06/2007	18.000	38.495	3000	Ionian Sea
VECTOR	V7	16/06/2007	20.875	35.135	3200	Aegean Sea
VECTOR	VA	24/06/2007	-8.332	35.000	2776	Atlantic Ocean
VECTOR	VIERA	22/06/2007	26.087	34.412	4760	Aegean Sea

643 Figure captions:

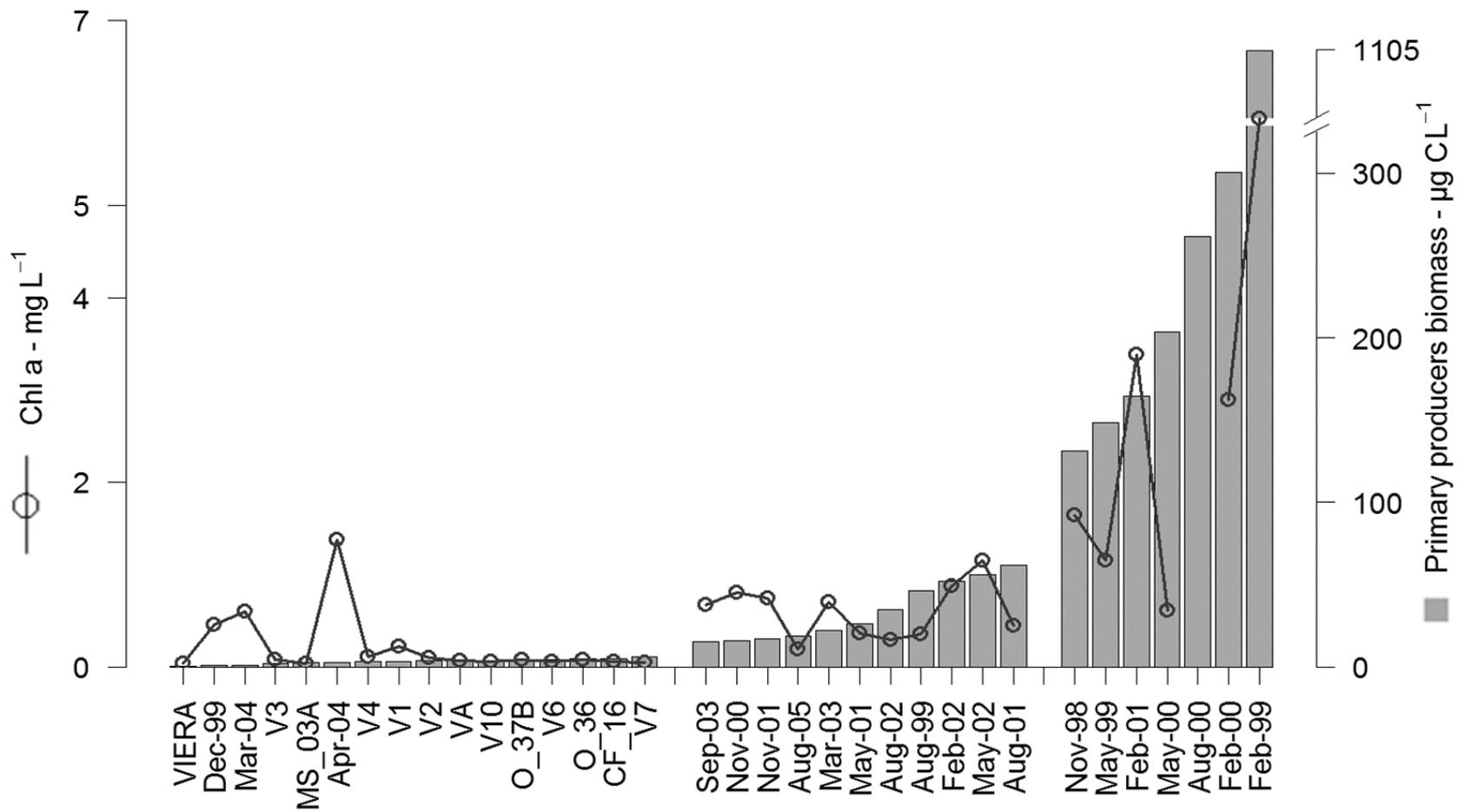
- 644 • Figure 1: Map of the Mediterranean Sea. The sampling sites are located by the blue dots.
- 645 • Figure 2: Primary producers' biomass and chlorophyll *a* distribution in sampling events.
- 646 • Figure 3: Ingestion rates of MZP in the dilution experiments.
- 647 • Figure 4: Ingestion rates of NP in the dilution experiments.
- 648 • Figure 5: comparison of total Ingestion rates versus preys total Potential Production for MZP-targeted
649 dilution experiments (a) and for NP-targeted dilution experiments (b). Solid lines represent graph
650 bisector and thus the 1:1 ratio between I and PP. Dashed lines represent the linear regression for the
651 plotted points, equation and r^2 are reported.
- 652 • Figure 6: Comparison of ingestion rates of MZP with MPP, NP, HP and AP biomasses (a). Comparison
653 of ingestion rates of NP with HP and AP biomasses (b). Reported curves describe functional responses
654 models that provided a significant fitting.
- 655 • Figure 7: a) HP and NP biomasses for all dilution experiments carried out in the meso- and bathypelagic
656 layers. b) Comparison of Ingestion rates with Potential Production among meso- and bathypelagic
657 dilution experiments. c) Ingestion rates over prey biomasses with fitting curve describing the functional
658 response for Holling Type III model.
- 659 • Figure 8: carbon flux models with mean Ingestion rates ($\mu\text{g C L}^{-1}$) of MZP and mean potential Ingestion
660 rates ($\mu\text{g C L}^{-1} \text{ d}^{-1}$) of NP (dashed lines) on considered prey stocks computed at the surface in eutrophied,
661 meso-eutrophic and oligotrophic conditions and in the meso-bathypelagic layers only for NP. In the
662 graph the relative mean biomass ($\mu\text{g C L}^{-1} \text{ d}^{-1}$) for all classes of organisms are reported.

663 Fig: 1

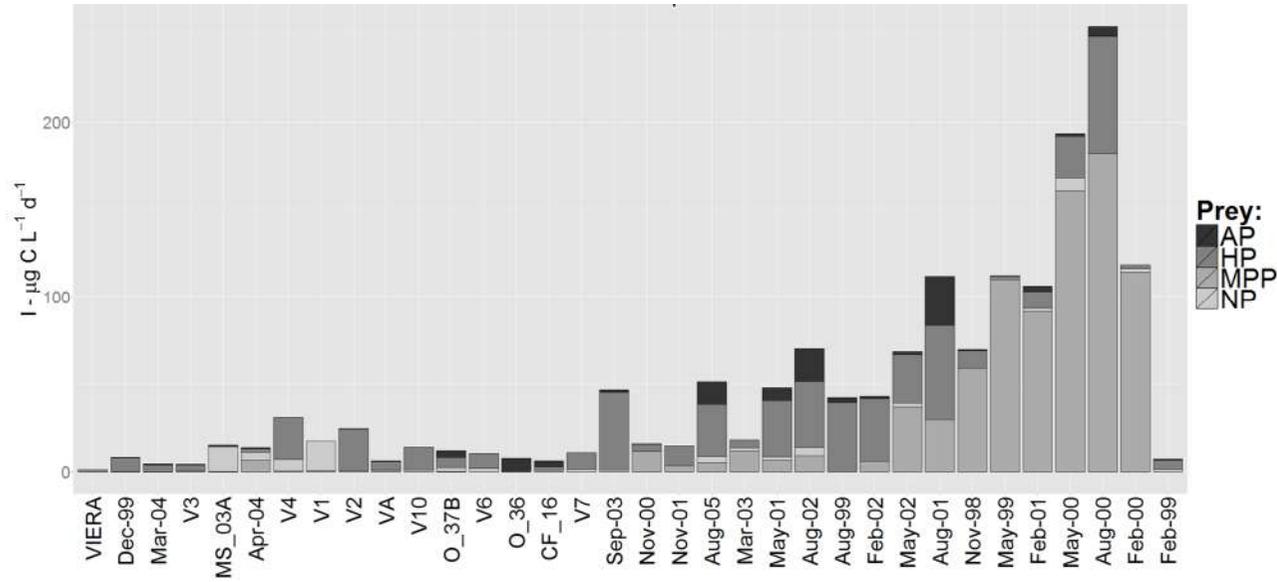


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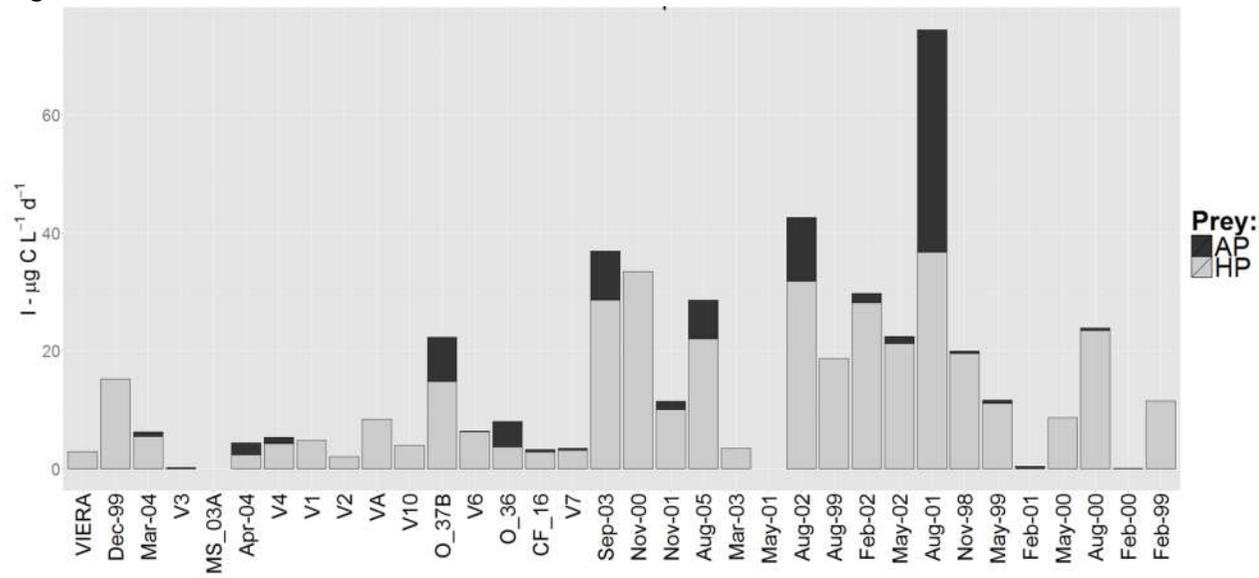
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669 Fig. 3:

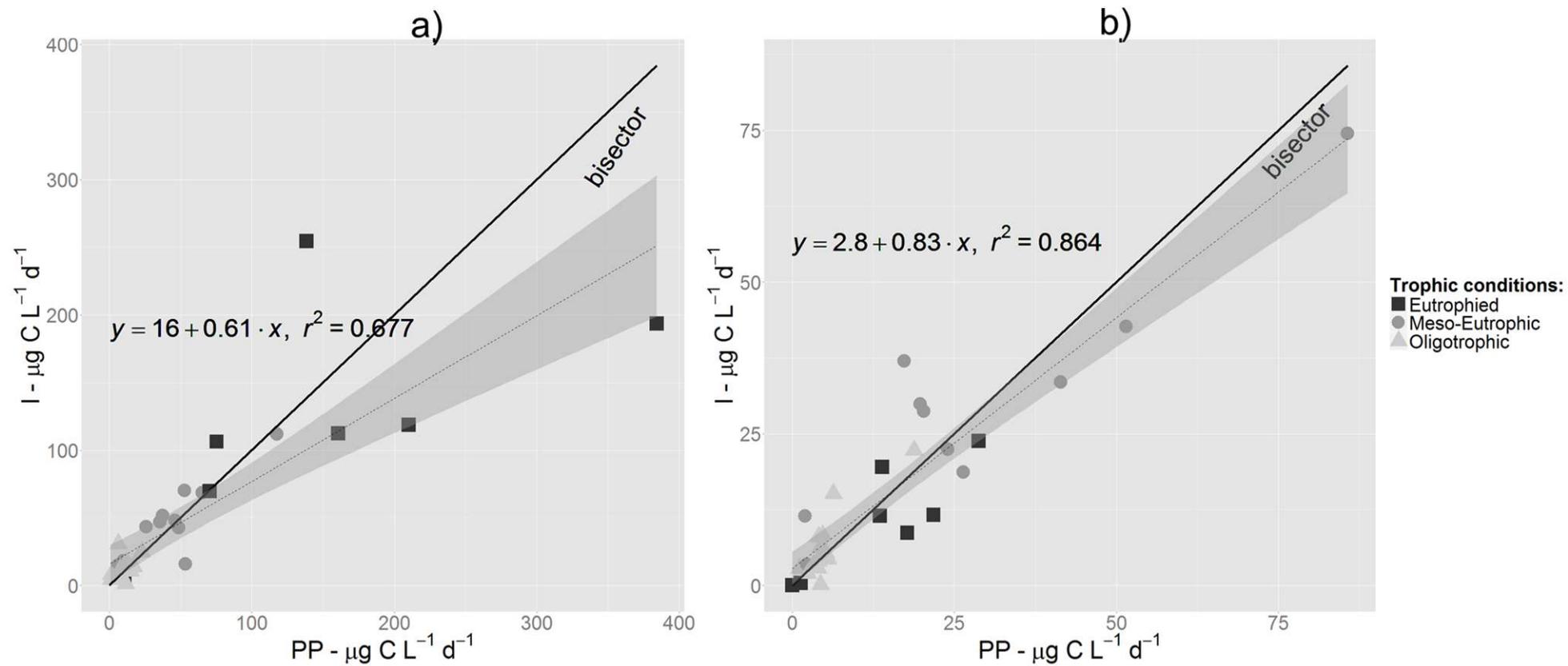


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671 Fig. 4:



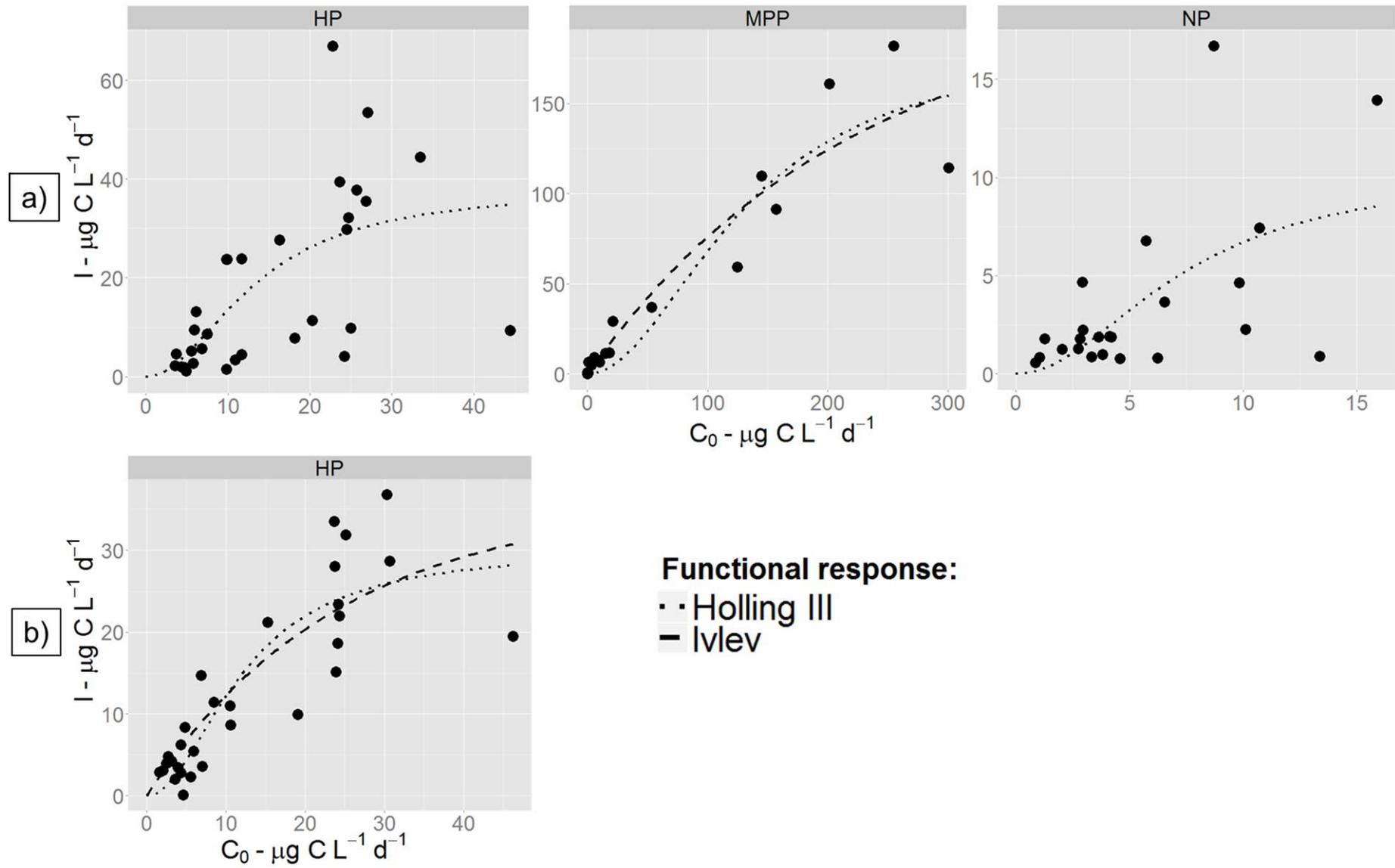
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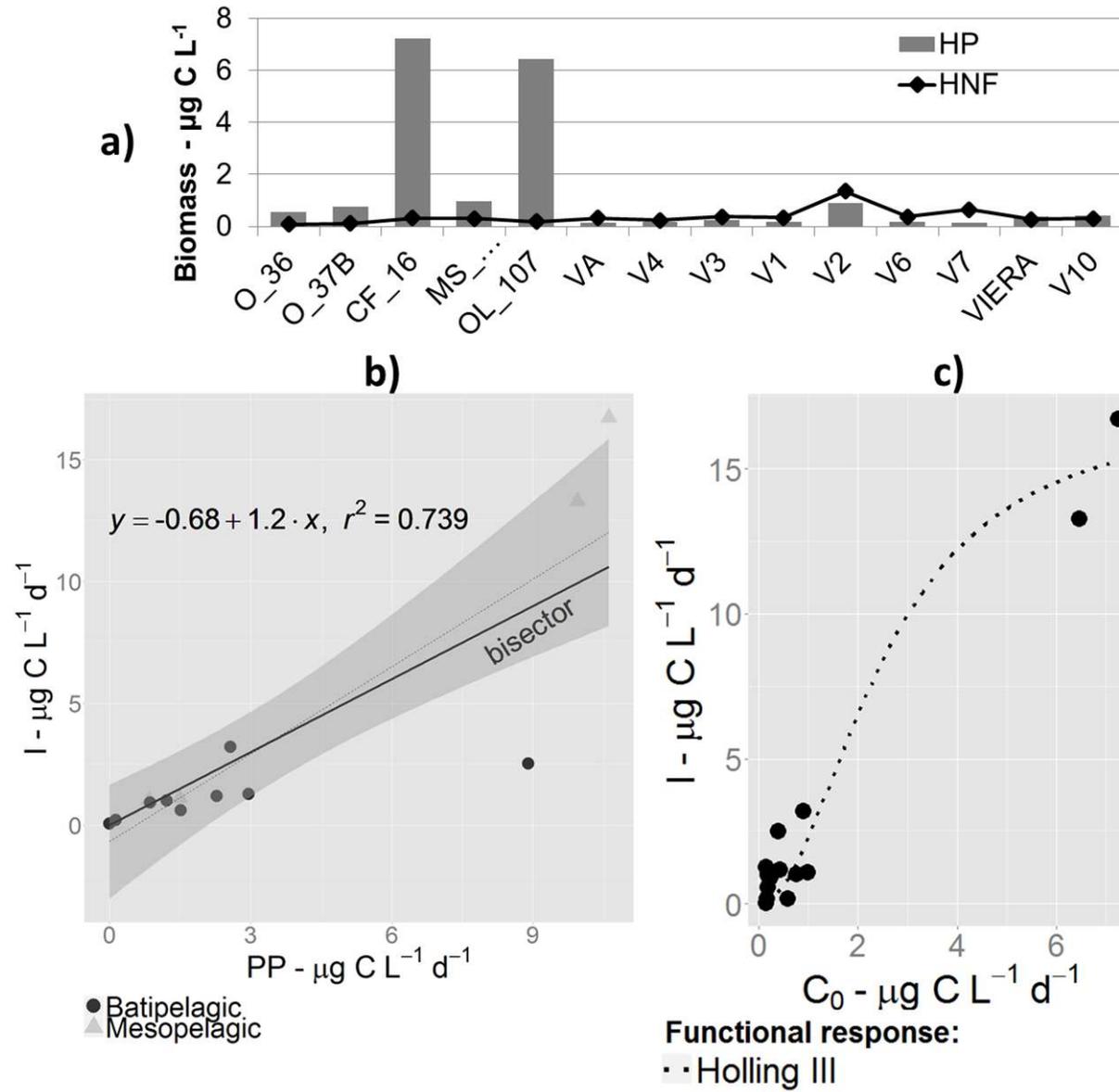
673 Fig. 5:



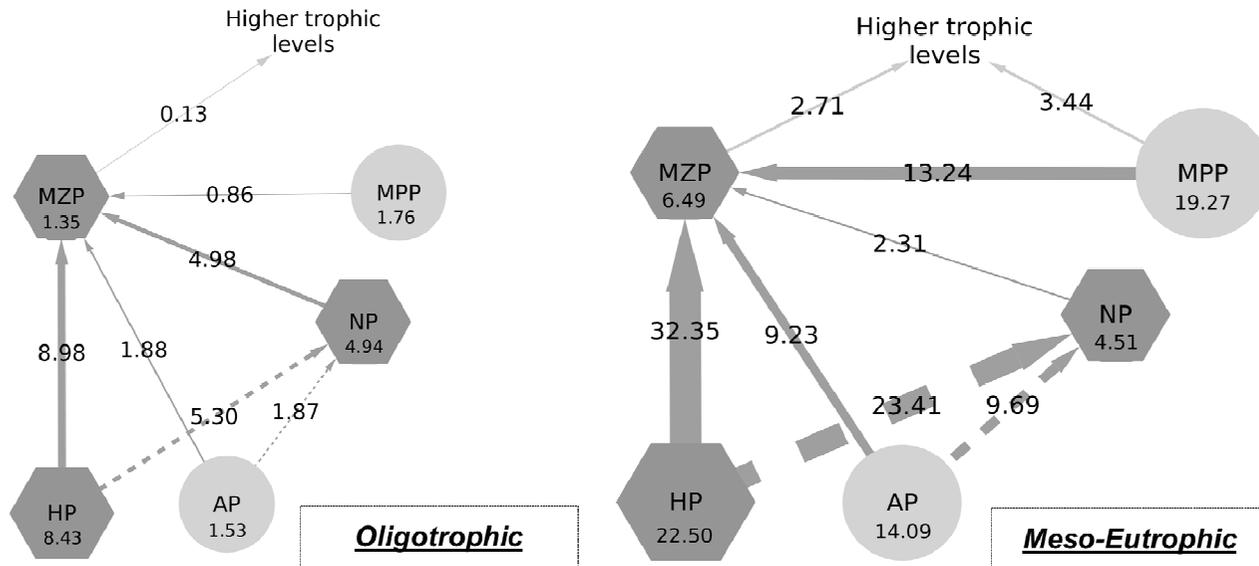
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682 Fig. 8:



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