

# Upwelling and isolation in oxygen-depleted anticyclonic mode-water eddies and implications for nitrate cycling

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**Abstract.** The temporal evolution of the physical and biogeochemical structure of an oxygen-depleted anticyclonic mode-water eddy is investigated over a two-month period using high-resolution glider and ship data. A weakly stratified eddy core (squared buoyancy frequency  $N^2 \sim 0.1 \cdot 10^{-4} \text{ s}^{-2}$ ) at shallow depth is identified with a horizontal extent of about 70 km and bounded by maxima in  $N^2$ . The upper  $N^2$  maximum ( $3 \cdot 5 \cdot 10^{-4} \text{ s}^{-2}$ ) coincides with the mixed layer base and the lower  $N^2$  maximum ( $0.4 \cdot 10^{-4} \text{ s}^{-2}$ ) is found at about 200 m depth in the eddy centre. The eddy core shows a constant slope in temperature/salinity (T/S) characteristic over the 2 months but an erosion of the core progressively narrows down the T/S range. The eddy minimal oxygen concentrations decreased by about  $5 \mu\text{mol kg}^{-1}$ , confirming earlier estimates of oxygen consumption in these eddies.

Separating the mesoscale and perturbation flow components reveal oscillating velocity finestructure (order 0.1 m/s) underneath the eddy and at its flanks. The velocity finestructure is organized in layers that align with layers in properties (salinity, temperature) but mostly cross through surface of constant density. The largest magnitude in velocity finestructure is seen between the surface and 140 m just outside the maximum mesoscale flow but also in a layer underneath the eddy centre, between 250 to 450 m. For both regions a cyclonic rotation of the velocity finestructure with depth suggests the vertical propagation of near-inertial wave (NIW) energy. Modification of the planetary vorticity by anticyclonic (eddy core) and cyclonic (eddy periphery) relative vorticity is most likely impacting the NIW energy propagation. Below the low oxygen core salt-finger type double diffusive layers are found that align with the velocity finestructure.

Apparent oxygen utilization (AOU) versus dissolved inorganic nitrate ( $\text{NO}_3^-$ ) ratios are about twice as high (16) in the eddy core compared to surrounding waters (8.1). A large  $\text{NO}_3^-$  deficit of 4 to  $6 \mu\text{mol kg}^{-1}$  is determined, rendering denitrification an unlikely explanation. Here it is hypothesized that the differences in local recycling of nitrogen and oxygen, as a result of the eddy dynamics, cause the shift in the AOU: $\text{NO}_3^-$  ratio. High  $\text{NO}_3^-$  and low oxygen waters are eroded by mixing from the eddy core and entrain into the mixed layer. The nitrogen is reintroduced into the core by gravitational settling out of the euphotic zone. The low oxygen water equilibrates in the mixed layer by air/sea gas exchange and does not participate in the gravitational sinking.

## Introduction

Eddies are associated with a wide spectrum of dynamical processes operating on mesoscale (order 100 km) and submesoscale (order of 0.1 to 10 km) horizontal scales, but also down to molecular scale of three-dimensional turbulence (McWilliams 2016). The interaction of these processes creates transport patterns in and around eddies that provoke often very intense biogeochemical and biological feedback such as plankton blooms (Levy et al. 2012, Chelton et al. 2011).

The most simple way is classifying eddies by sense of rotation into cyclonic-rotating and anti-cyclonic rotating eddies (e.g. Chelton et al. 2011, Zhang et al. 2013). However, when considering the vertical stratification of eddies, a third group emerges that shows in a certain depth range a downward displacement of isopycnals towards the eddy centre, as observed in anticyclonic eddies (ACE), but an upward displacement of isopycnals in a depth range above, as observed in cyclonic eddies (CE). Because the depth interval between upward and downward displaced isopycnals creates a volume of homogenous properties, called a “mode”, such hybrid eddies have been called anticyclonic modewater eddies (ACME) or intra-thermocline eddies (McWilliams 1985, D’Asaro 1988, Kostianoy and Belkin 1989, Thomas 2008). Modewater eddies occur not only in the thermocline but also in the deep ocean like for example Mediterranean Outflow lenses (Meddies) in the North Atlantic (Armi and Zenk 1984) or those associated with deep convection processes (e.g. Mediterranean Sea, Testor and Gascard 2006). Schütte et al. (2016a, 2016b) studied eddy occurrence in the thermocline of the tropical eastern North Atlantic considering CEs, ACEs, and ACMEs. They estimated that about 9% of all eddies (20% of all anticyclonic rotating eddies) in the eastern tropical North Atlantic are ACME. Zhang et al. (in press) found modewater eddies in all ocean basins and primarily in the upper 1000 m.

More than a decade ago a dedicated observational program was carried in the Sargasso Sea in the western North Atlantic in order to better understand the physical-biogeochemical interactions in mesoscale eddies. The studies revealed that in ACMEs particularly intense deep chlorophyll-a layers are found which align with a maximum concentrations of diatoms and maximum productivity (McGillicuddy et al. 2007). The high productivity was explained by the “eddy-wind interaction” concept (McGillicuddy et al. 2007; going back to a work from Dewar and Flierl, 1987) based on an Ekman divergence that is generated from the horizontal gradient in wind stress across anticyclonic rotating eddies. While the productivity is evident from observations the concept was questioned (Mahadevan et al. 2008). High-resolution ocean model simulations, comparing runs with or without eddy-wind interaction, reproduced only a marginal impact on ocean productivity (but a strong impact on physics; Eden and Dietze 2009). A tracer release experiment within an ACME revealed a vertical

flux in the order of magnitude (several meters per day) as calculated based on the eddy-wind interaction concept (Ledwell et al. 2008).

Levy et al. (2012) summarized the submesoscale upwelling at fronts in general, not specifically for mesoscale eddies, and the impact on oceanic productivity. A key role is played by the vertical flux of  
5 nutrients into the euphotic zone, either by advection along outcropping isopycnals or by mixing. Moreover, eddies are retention regions (d'Ovidio et al. 2013) and the upwelled nutrients are kept in the eddy and utilized for new production (Condie and Condie, 2016).

In the tropical eastern North Atlantic ACMEs with very low oxygen concentrations in their cores have been observed (Karstensen et al. 2015). The generation of the low oxygen concentrations was linked to  
10 upwelling of nutrients and high productivity in the euphotic zone of the eddy followed by a remineralisation of the sinking organic matter and accompanied by respiration. The temperature and salinity characteristic of the eddy core was found unaltered even after many month of westward propagation of ACMEs indicating a well-isolated core. It was surprising to find a well isolated eddy  
15 core while in parallel enhanced vertical nutrient flux is required to maintain the productivity in the eddy.

A measure for the importance of local rotational effect relative to the Earth rotation is given by the Rossby number defined as  $Ro = \frac{\zeta}{f}$ , and where  $\zeta = \frac{\partial v}{\partial x} - \frac{\partial u}{\partial y}$  is the vertical component of the relative  
vorticity ( $u, v$  are zonal and meridional velocities, respectively) and  $f$  the planetary vorticity. Planetary  
flows have small  $Ro$ , say up to  $\sim 0.2$ , but local rotational effects gain importance with  $Ro$  approaching 1  
20 for example in eddies and fronts.

The horizontal velocity shear of mesoscale eddies create a negative (positive)  $\zeta$  in anticyclonic (cyclonic) rotating eddies. The  $\zeta$  modifies  $f$  to an “effective planetary vorticity” ( $f_{eff} = f + \frac{\zeta}{2}$ ) (Kunze  
1985, Lee and Niller 1998). Negative  $\zeta$  of anticyclonic rotating eddies result in a  $f_{eff} < f$  in their  
cores. In region outward from the maximum swirl velocity of the eddy, towards the surrounding waters,  
25 a positive  $\zeta$  “ridge” is created and where  $f_{eff} > f$  (e.g. Halle and Pinkel, 2003). The local modification of  $f$  has implications for the propagation of near inertial internal waves (NIWs): in the core of an anticyclonic rotating eddy ( $f_{eff} > f$ ) the NIW become superinertial and their vertical propagation speed increase (Kunze et al. 1995). In the ridge region of any anticyclonic rotating eddy the NIW experience a reduction in vertical speed and they may reflect because  $f_{eff} < f$ . Downward propagation  
30 of NIWs may result in an accumulation of wave energy at some critical depth and eventually part of the energy is dissipated by buoyancy release through vertical mixing (Kunze 1985, Kunze et al. 1995, Whitt and Thomas 2013, 2017).

In anticyclonic rotating eddies the downward propagation of wave energy in the  $f_{eff} < f$  region has been observed and modelled (Kunze 1985, Gregg et al. 1986, Lee and Niller 1998, Koszalka et al. 2010, Joyce et al. 2013, Alford et al. 2016). Lee and Niller (1998) simulated the NIW interaction with eddies (ACE, CE, ACME) and found vertical propagation of the NIW energy, the “inertial chimney”. In the case of an ACME with a low squared buoyancy frequency ( $N^2$ ) layer they report on NIW energy accumulating below the eddy core and not inside as seen for ACE. This change in energy accumulation was attributed to the vertical stratification of the ACME, in particular the two  $N^2$  maxima that shield the low stratified eddy core. Kunze et al. (1995) analysed NIW energy propagation in an ACE. Within a critical layer at the inner sides of the ACE and where the  $f_{eff}$  increases  $\geq 1$ , the vertical propagation of NIWs is hampered and energy accumulates, the bulk is being released by turbulent mixing.

The vertical shear of the horizontal velocity that is generated by NIWs can eventually force overturning e.g. which approaching a critical layer (Kunze et al. 1995). The tendency of a stratified water column to become unstable through velocity shear  $S = \sqrt{\left(\frac{\partial u}{\partial z}\right)^2 + \left(\frac{\partial v}{\partial z}\right)^2}$  can be estimated from the gradient Richardson number  $Ri = N^2/S^2$ . A  $Ri < 1/4$  has been found a necessary condition for the shear to overcome the stratification and to generate overturning. However, Whitt et al. (submitted) measured enhanced dissipation was with shear probes along the Gulf Stream front in several regions where NIW shear produced  $Ri < 1$ .

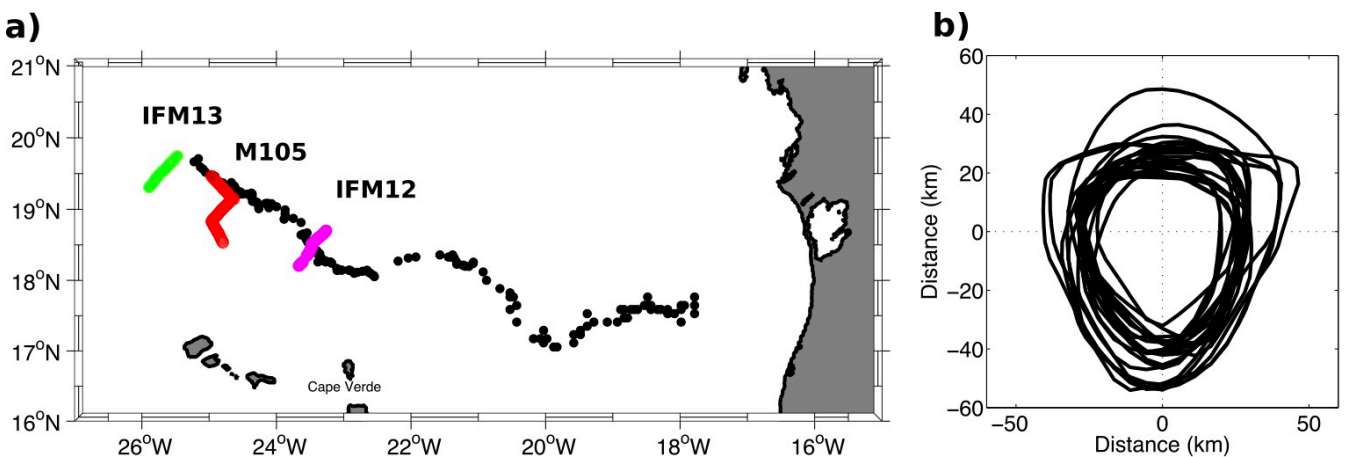
Recent observational studies using microstructure shear probe data report enhanced mixing in a narrow depth range of a local, vertical  $N^2$  maximum, above and below the low stratified ACME core (Sheen et al. 2015, Kawaguchi et al. 2016). By applying a internal wave ray trace model to the  $N^2$  stability profile and vertical shear profile from outside and from inside of an ACME Sheen et al. (2015) could show that only a very limited range of incident angles of internal waves could propagate into the eddy core. Most NIWs encounter a critical layer above and below the eddy, the regions where they observed enhanced mixing. Halle and Pinkel (2003) analysed NIW interaction with eddies (owning a ACME vertical structure) in the Arctic and explained the low internal wave activity in the core as the result of an increase (order of magnitude) in wave group speed caused by low  $N^2$  but which in turn lowering of wave energy density. Krahnemann et al. (2008) reported observations of enhanced NIW energy in the vicinity of a Meddie. For Meddies signatures of thermohaline layering at the eddy periphery have often been observed and occurrence of critical layers identified that support the energy transfer from the mesoscale to the submesoscale (Hua et al. 2013).

In this paper we investigate the hydrography, currents, and biogeochemical characteristic of a low oxygen ACME and its temporal evolution. High-resolution underwater glider and ship data allow us to describe the eddy structure at submesoscale resolution. Characteristics of a low oxygen ACME found in the eastern tropical North Atlantic are provided. The paper is part of a series of publications that report

on different genomic, biological and biogeochemical aspects of this eddy (Löscher et al. 2015, Hauss et al. 2016, Fiedler et al. 2016, Schütte et al. 2016b).

## 2. Data and Methods

Targeted eddy surveys are logistically challenging. Eddy locations can be identified using real-time satellite SLA data. To further differentiate a positive SLA (indicative for anticyclonic rotating eddies) into either an ACE or an ACME the SST anomaly across the eddy was additionally inspected, because ACMEs (ACEs) in the eastern tropical North Atlantic show a cold (warm) SST anomaly (Schütte et al. 2016a, Schütte et al. 2016b). For further evidence, Argo profile data were inspected to detect anomalously low temperature/salinity signatures also indicative of low oxygen ACMEs in the region (Karstensen et al. 2015, Schütte et al. 2016b). In late December 2013 a candidate eddy was identified through this mechanism and in late January 2014 a pre-survey was initiated, making use of autonomous gliders. After confirmation that the candidate eddy was indeed a low oxygen ACME, two ship surveys (ISL\_00314, M105; Fiedler et al. 2016) and further glider surveys followed.



15 *Figure 1: (a) Positions of Glider IFM12 (magenta) and IFM13 (green) surveys and the M105 ship survey (red dots). The Mauritanian Coast is on the east, the Cape Verde Islands in the south. The black dots represent the sea level anomaly (SLA) based estimate of the eddy trajectory (see e.g. Fiedler et al. 2016). (b) Last closed geostrophic contours from SLA analysis during the IFM12 survey projected on the eddy centre.*

### 20 2.1 Glider surveys

Data from the glider IFM12 (2nd deployment) and glider IFM13 (1st deployment) were used in this study (Fig. 1). Glider IFM12 surveyed temperature, salinity, and oxygen to a depth of 500 m as well as chlorophyll-a fluorescence and turbidity to 200 m depth. Glider IFM13 surveyed temperature, salinity, and oxygen to a depth of 700 m as well as chlorophyll-a fluorescence and turbidity to 200 m depth. Glider IFM13 was also equipped with a nitrate sensor that sampled to 700 m depth.

For one full eddy survey of glider IFM12 (Fig. 1) we combined data from February 3<sup>rd</sup> to 5<sup>th</sup> and from February 7<sup>th</sup> to 10<sup>th</sup>, 2014 because, due to technical problems, data were not recorded in between these

periods. Glider IFM13 surveyed one full eddy section from April 3<sup>rd</sup> to 7<sup>th</sup>, 2014. All glider data were internally recorded as a time series along the flight path, while for the analysis the data was linear interpolated onto a regular pressure grid of 1 dbar resolution. For the purposes of this study we consider the originally slanted profiles as vertical profiles.

## 5 2.2 Glider Sensor Calibrations

Both gliders were equipped with a pumped CTD and no evidence for further time lag correction of the conductivity sensor was found. Oxygen was recorded with AADI Aanderaa optodes (model 3830). The optodes were calibrated in reference to SeaBird SBE43 sensors mounted on a regular ship-based CTD, which in turn were calibrated using Winkler titration of water samples (see Hahn et al. 2014).  
10 Considering the full oxygen range an RMS error of  $3 \mu\text{mol kg}^{-1}$  is found. However, for calibrating at the chemically forced  $0 \mu\text{mol kg}^{-1}$  oxygen the RMS error is smaller and about  $1 \mu\text{mol kg}^{-1}$ . The calibration process also removes a large part of the effects of the slow optode response time via a reverse exponential filter (time constants were 21 and 23 seconds for IFM12 and IFM13, respectively). As there remained some spurious difference between down and up profiles we averaged up- and  
15 downcast profiles to further minimize the slow sensor response problem in high gradient regions, particular the mixed layer base. The optical (Wetlabs ECO-PUC) chlorophyll-a fluorescence and turbidity data were not calibrated against bottle sample, only the factory calibration is applied. We subtracted a dark (black tape on sensor) offset value and the data is here given in relative units.

The nitrate ( $\text{NO}_3^-$ ) measurements on glider IFM13 were collected using a Satlantic Deep SUNA sensor.  
20 The SUNA emits light pulses and measures spectra in the ultraviolet range of the electromagnetic spectrum. It derives the  $\text{NO}_3^-$  concentration from the concentration-dependent absorption over a 1 cm long path through the sampled seawater. During the descents of the glider the sensor was programmed to collect bursts of 5 measurements every 20 seconds or about every 4 m in the upper 200 m and every 100 seconds or about every 20 m below 200 m. The sensor had been factory calibrated 8 months prior  
25 to the deployment. The spectral measurements of the SUNA were post-processed using Satlantic's SUNACom software, which implements a temperature and salinity dependent correction to the absorption (Sakamoto et al., 2009). The SUNA sensors' light source is subject to aging which results in an offset  $\text{NO}_3^-$  concentration (Johnson et al., 2013). To determine the resulting offset,  $\text{NO}_3^-$  concentrations measured on bottle samples by the standard wet-chemical method were compared  
30 against the SUNA-based concentrations. The glider recorded profiles close to the CVOO mooring observatory (see Fiedler et al. 2016) at the beginning and end of the mission. These we compared to the mean concentrations of ship samples taken in the vicinity of the CVOO location (Fiedler et al. 2016). In addition we compared glider measurements within the ACME to  $\text{NO}_3^-$  samples from the ship surveys performed during the eddy experiment (see Löscher et al. 2015, Fiedler et al. 2016). The comparison  
35 showed on average no offset ( $0.0 \pm 0.2 \mu\text{mol kg}^{-1}$ ). However, near the surface the bottle measurements

indicated  $\text{NO}_3^-$  concentrations below  $0.2 \mu\text{mol kg}^{-1}$  at CVOO, while the SUNA delivered values of about  $1.8 \mu\text{mol kg}^{-1}$  possibly related to technical problems near the surface. We thus estimate the accuracy of the  $\text{NO}_3^-$  measurements to be better than  $2.5 \mu\text{mol kg}^{-1}$  with a precision of each value of about  $0.5 \mu\text{mol kg}^{-1}$ .

5 All temperature and salinity data are reported in reference to TEOS-10 (IOC et al. 2010) and as such we report absolute salinity ( $S_A$ ) and conservative temperature ( $\Theta$ ). Calculations of relevant properties (e.g. buoyancy frequency, oxygen saturation) were done using the TEOS-10 MATLAB toolbox (McDougall and Barker, 2011). We came across one problem related to the TEOS-10 thermodynamic framework when applied to nonlinear, coherent vortices. Because the vortices transfer properties nearly unaltered  
10 over large distances the application of a regional (observing location) correction for the determination of the  $S_A$  (McDougall et al. 2012) seems questionable. In the case of the surveyed eddy the impact was tested by applying the ion composition correction from  $17^\circ\text{W}$  (eddy origin) and compared that with the correction at the observational position, more than 700 km to the west, and found a salinity difference of little less than  $0.001 \text{ g kg}^{-1}$ .

### 15 **2.3 Ship survey**

Data from two ship surveys have been used, surveying about 6 weeks after the first glider survey (and 3 weeks before the last glider survey) on the same eddy (Fig. 1), R/V Islandia cruise ISL\_00314 performed sampling between the 5<sup>th</sup> and 7<sup>th</sup> March 2014 and R/V Meteor cruise M105 sampled on the 18th and 19th March 2014.. From M105 we make use of the CTD data and the water currents data  
20 recorded with a vessel mounted 75kHz Teledyne RDI Acoustic Doppler Current Profiler (ADCP). The data was recorded in 8 m depth cells and standard processing routines were applied to remove the ship speed and correcting the transducer alignment in the ship's hull. The final data was averaged in 15 min intervals. Only data recorded during steaming (defined as ship speed larger than 6 kn) is used for evaluating the currents structure of the eddy. It should be mentioned that the inner core of the eddy  
25 shows a gap in velocity records, which is caused by very low backscatter particle distribution (size about 1 to 2 cm) (see Hauss et al. 2016 for a more detailed analysis of the backscatter signal including net zooplankton catches). In order to provide a hydrography and oxygen framework for comparing ship currents and glider section data, we interpolated data from 8 deep (>600 m) CTD stations performed during the eddy survey, and estimated oxygen and density distributions across the eddy. Because only a  
30 few stations have been sampled (in the eddy and at the eddy edge) during RV Islandia ISL\_00314 (Fiedler et al. 2016) we use this data only in our  $\text{NO}_3^-$ /oxygen analysis.

More information about other data acquired during M105 and ISL\_00314 in the eddy is given elsewhere (Löscher et al. 2015, Hauss et al. 2016, Fiedler et al. 2016).

### 3. Results and Discussion

#### 3.1 Vertical Eddy Structure and its temporal evolution

In order to compare the vertical structure of the eddy from the three different surveys, all sections were referenced to “kilometre distance from the eddy core” as spatial coordinate, while the “centre” was selected based on visual inspection for the largest vertical extent of the low oxygen core defined by oxygen concentrations below  $40 \mu\text{mol kg}^{-1}$ . In all three sections the core is found in the centre of the eddy (Fig. 2), extending over the depth range from the mixed layer base (50 to 70 m) down to about 200 m depth. The upper and lower boundary aligns with the curvature of isopycnals. Considering the whole section across the eddy it can be seen that towards the centre of the eddy the isopycnals show an upward bending in an upper layer (typically associated with cyclonic rotating eddies) and a downward bending below (associated with anticyclonic rotating eddies) which is characteristic for ACMEs.

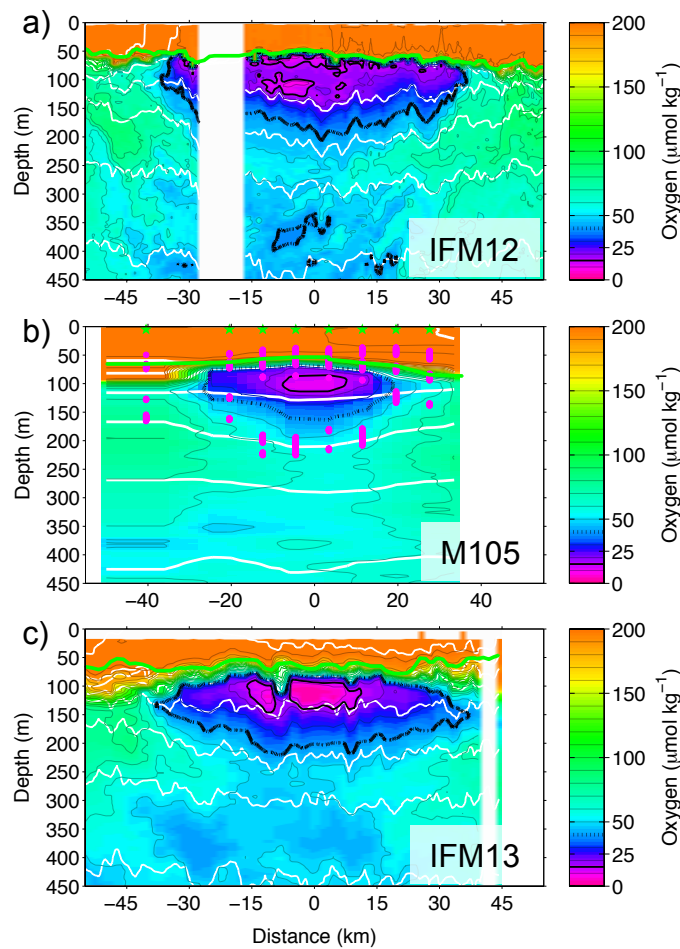


Figure 2: Oxygen distribution from the three eddy surveys (see Figure 1) in reference to distance (0 km is set at a subjectively selected eddy centre): a) Glider IFM12, b) ship M105, and c) glider IFM13. The  $15 \mu\text{mol kg}^{-1}$  ( $40 \mu\text{mol kg}^{-1}$ ) oxygen contour is indicated as a bold (broken) black line, selected density anomaly contours are shown as white lines ( $\Delta\sigma = 0.2 \text{ kg m}^{-3}$ ). The green line indicates the mixed layer base. The oxygen contour in b) was gridded based on the 8 CTD stations (locations indicated by green stars at 0dbar) and mapped to a linear section in latitude, longitude. In b) the magenta dots indicate positions of local  $N^2$  maxima in the CTD profiles.



During the first survey (IFM12), lowest oxygen concentrations of about  $8 \mu\text{mol kg}^{-1}$  were observed in two vertically separated cores at about 80 m and 120 m depth, while in between the two cores, oxygen concentrations increased to about  $15 \mu\text{mol kg}^{-1}$ . About 6 weeks later, during the M105 ship survey, lowest concentrations of about  $5 \mu\text{mol kg}^{-1}$  were observed, centred at about 100 m depth and without a clear double minimum anymore, based on six CTD stations. During the last glider survey (IFM13), another three weeks after the ship survey, the minimum concentrations were  $< 3 \mu\text{mol kg}^{-1}$  and showed in the vertical a single minimum centred at about 120 m. The intensification of the minimum (by about  $5 \mu\text{mol kg}^{-1}$  in 2 months) is assumed here to be a result of continues respiration without balancing lateral/vertical mixing oxygen supply. It is important to note that during the glider survey the eddy performed about one full rotation and hence we expect less impact of the spatial variability in our sampling of the core. Underneath the eddy core, and best seen in the  $40 \mu\text{mol kg}^{-1}$  oxygen contour below 350 m at about 0 km (centre), an increase in oxygen over time is found indicating supply of oxygen from surrounding waters. Comparing the two glider surveys (Fig. 2) a broadening of the gradient zone at the upper boundary of the core is observed. Overall the upper boundary of the core during the first survey aligned tightly with the mixed layer base giving the core the shape of a plan convex lens, while the lens developed into a biconvex shape before the second glider survey (also seen in the ship survey Fig. 2b).

The SLA data analysis for the eddy (see Schütte et al. 2016b for details) suggests a formation in the Mauritanian upwelling region (Fig. 1). The composite of the outermost (“last”) closed geostrophic contour of the eddy (Fig. 1, right), revealed a diameter of about 60 km, which is in accordance with the dimensions of the vertical structures observed from the glider and the ship (Fig. 2 and 3). The eddy core is composed of a fresh and cold (Fig. 3a, b; Fig 4a) water mass that matches the characteristics of South Atlantic Central Water (SACW; Fiedler et al. 2016) and is a typical composition for low oxygen eddies in the eastern tropical North Atlantic (Karstensen et al. 2015, Schütte et al. 2016a, 2016b). The properties confirm that the ACME was formed in the coastal area off Mauritania, as suggested by the SLA analysis (Schütte et al. 2016b; Fig. 1, left). Layering of properties, as seen in oxygen (Fig. 3), is also observed in  $S_A$ , and  $\Theta$  (Fig. 4) underneath the eddy core. In the depth range between 160 to 250 m the layers are aligned with density contours and suggest isopycnal transport processes, while below that depth range, and at the edges of the eddy core the thermohaline intrusions cross density surfaces.

The low oxygen core of the ACME is well separated from the surrounding water through maxima in  $N^2$  (Fig. 3c). The most stable conditions ( $N^2$  about 3 to  $5 \cdot 10^{-4} \text{ s}^{-2}$ ; compare Fig. 4a) are found along the upper boundary of the core and aligned with the mixed layer base (changed from 50 to 70 m between IFM12 and IFM13, respectively).  $\Theta$  ( $S_A$ ) differences across the mixed layer base were large, about 5 to 6 K ( $0.7 - 1.0 \text{ gr kg}^{-1}$ ), but over time the mixed layer base widened from 8 m (glider IFM12 survey) to 16 m (M105 ship) and to 40 m (glider IFM13 survey) (Fig. 4a).

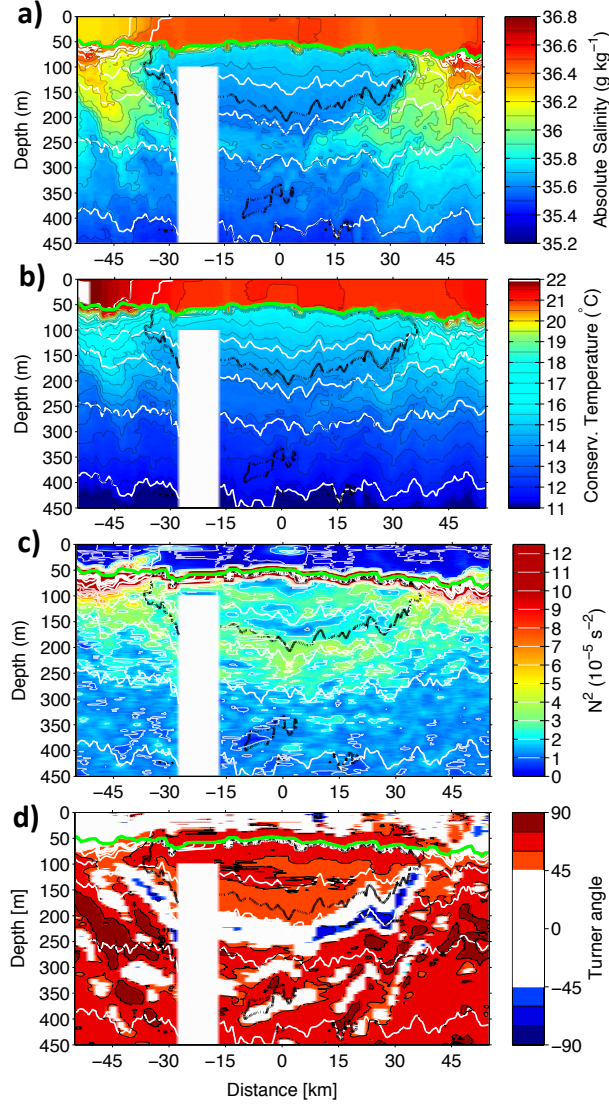


Figure 3: a)  $S_A$ , b)  $\Theta$ , c)  $N^2$ , d) Turner angle (only segments  $|45 \text{ to } 90|$  are shown) from IFM12 survey. The thick black broken line indicates the  $40 \mu\text{mol kg}^{-1}$  oxygen concentration indicating the low oxygen core (see Fig. 2). The green line indicates the mixed layer base. Selected density anomaly contours are shown as white lines ( $\Delta\sigma=0.2 \text{ kg m}^{-3}$ ).

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At the lower side of the ACME the  $N^2$  maximum was an order of magnitude weaker ( $N^2 \sim 4 \cdot 10^{-5} \text{ s}^{-2}$ ) but separates well the eddy core from the surrounding waters. The layering in properties is also seen in alternating patterns in  $N^2$  at the rim and below the eddy. A possible driver for mixing in this region is double diffusion and therefore the stability ratio  $R_\rho = \frac{\alpha^\theta \Theta_z}{\beta^\theta (S_A)_z}$  (McDougall and Barker 2011) was

10 calculated.  $R_\rho$  is the ratio of the vertical (z) gradient in  $\Theta$ , weighted by the thermal expansion coefficient ( $\alpha^\theta$ ), over the vertical (z) gradient in  $S_A$ , weighted by the haline contraction coefficient ( $\beta^\theta$ ) (Fig. 3d). For convenience  $R_\rho$  is converted here to a Turner angle ( $Tu$ ) using the four-quadrant arctangent. For  $Tu$  between  $-45$  to  $-90^\circ$  the stratification is susceptible to salt finger type double

diffusion, while  $Tu +45^\circ$  to  $+90^\circ$  indicate susceptibility for diffusive convection. Regions where most likely double diffusion occurs are found for  $Tu$  close to  $\pm 90^\circ$ .

In the core of the eddy the  $Tu$  indicate a weak salt finger regime ( $Tu$  values close to  $+45^\circ$ ; Fig. 3d), however, no well developed thermohaline gradients exists and thus no enhanced vertical mixing by double diffusion is expected to take place here. In contrast, below the low oxygen core and along the thermohaline layering structures, the  $Tu$  patterns show values within the  $\pm 45^\circ$  to  $\pm 90^\circ$  range, even getting close to  $\pm 90^\circ$ . At both edges ( $\pm 15$  to  $\pm 45$  km) a band of diffusive convection is seen and here is where potentially water of the core exchanges/erodes (see below). The  $Tu$  pattern do not align with the tilting of the isopycnals but cross isopycnals. The thermohaline gradients are most likely created by intrusions of cold and saline SACW from the core, into the surrounding warm and salty water. The core itself shows a  $\Theta/S_A$  characteristic of constant slope over time (Fig. 4c) and indicating weak mixing with surrounding water. The salinity offset between glider IFM12 and IFM13 is about  $-0.01 \text{ gr kg}^{-1}$  which could indicate a weak exchange of the whole core (all densities) with surrounding water, but also is close to the expected accuracy of the salinity data. What clearly is evident is a shrinking of the core  $\Theta/S_A$  range from  $15.7^\circ\text{C}/13.7^\circ\text{C}$  to  $15.2^\circ\text{C}/13.9^\circ\text{C}$ .

At the edge region of the eddy (Fig. 4e to g) the mixed layer base is wider and the gradient is less sharp (Fig. 4e) when compared with the centre of the eddy (Fig. 4a). No low  $N^2$  core and thus not double  $N^2$  maxima are found, but just one (much weaker  $N^2 \sim 10^{-4} \text{ s}^{-2}$ ) at the mixed layer base (Fig. 4 f) is found, at least for the ship (M105) and the second glider survey (IFM13). Overall the  $N^2$  maxima are located deeper in the water column. The  $\Theta/S_A$  diagram (Fig. 4g) shows more of the characteristic of the surrounding waters but thermohaline intrusions for temperatures below  $13.8^\circ\text{C}$  which have a water mass core moving along isopycnals.

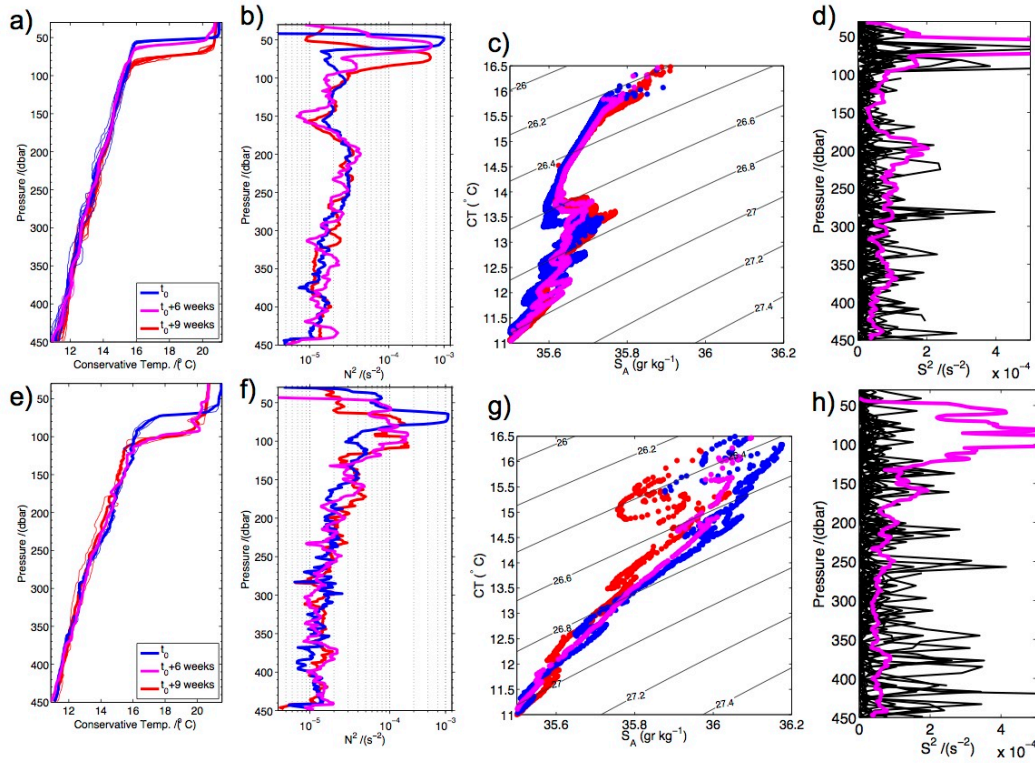


Figure 4: Eddy centre profiles for (a)  $\Theta$  and (b) buoyancy frequency  $N^2$ , the (c)  $\Theta/S_A$  diagram, and (d) vertical shear of horizontal velocities ( $S$ ) squared. (e-h) as (a-d) but for selected profiles at the edge of the eddy. In (d) and (h) the magenta line indicates the magnitude of  $S^2$  required to overcome the local stability ( $4 \cdot N^2$ ).

5

The ADCP zonal velocity data from the M105 ship survey show a baroclinic, anticyclonic rotating flow, with a maximum swirl velocity of about  $0.4 \text{ m s}^{-1}$  at about 70 m depth and 30 km distance from the eddy centre (Fig. 5a). The maximum rotation speed (see as an approximation the meridional velocity section 5a) decreases nearly linearly to about  $0.1 \text{ m s}^{-1}$  at 380 m depth. Considering the translation speed of the eddy of  $3$  to  $5 \text{ km day}^{-1}$  (Schütte et al. 2016b,) the nonlinearity parameter  $\alpha$ , relating maximum swirl velocity to the translation speed, is much larger than 1 (about 6.5 to 11 in the depth level of the low oxygen core) and indicates a high coherence of the eddy (Chelton et al. 2011). At the depth of the maximum swirl velocity, and considering the eddy radius of 30 km, a full rotation would take about 5 days but more for the deeper levels.

15 To investigate the flow field we decompose the observed velocity ( $u, v$ ) into a mean ( $\bar{u}, \bar{v}$ ) and a fluctuating part ( $u', v'$ ) by applying a 120 m boxcar filter (longer filter length do not significantly change the results) to the observed profile data (here for the meridional velocity  $v$ , Fig. 5a, b, c):

$$v = \bar{v} + v'$$

The  $\bar{v}$  field is here interpreted as the mesoscale or “subinertia” flow (Fig. 5b) and shows a baroclinic anticyclonic circulation with velocity maximum close to the surface at  $\pm 30 \text{ km}$  in the eddy-relative

coordinates. The fluctuating part ( $v'$ ; Fig. 5c) is dominated by alternating currents with about 80 to 100 m wavelength. This layering of velocity finestructure resembles layering in properties (Fig. 2, 3) and indicate shear, most likely introduced by the propagation of NIWs (Joyce et al. 2013, Halle and Pinkel 2003). Largest  $v'$  currents are found in two regions: (i) in the upper 150 m in the vicinity of the mesoscale velocity maximum at the south-western side of the eddy and (ii) in the 250 to 450 m depth range below the core. We estimated the progressive vector diagram (PVD) of the  $v'$  fluctuating velocity components for the two regions and found cyclonic rotation, indicating the downward vertical energy propagation of NIWs (Leaman and Sanford 1975). However, for the region at the eddy edge (Reg. 1) the levels below 150 m depth show no rotation in the PVD, suggesting that the downward energy propagation does not continue which may suggest either reflecting or dissipation (e.g. Kunze et al. 1995).

From the velocity field the subinertia relative vorticity was calculated and subsequently the  $f_{eff}$  across the eddy (Fig. 5d). Within the core of the anticyclone ( $\zeta < 0$ ) a  $f_{eff} < f$  with  $Ro = -0.7$  between 70 and 150 m is found. At the transition between eddy and surrounding waters  $\zeta$  changes sign and a positive vorticity ridge ( $f_{eff}/f > 1.3$ ) is observed. Likewise, a local increase in  $f_{eff}$  is seen underneath the core in the eddy centre. In both regions large amplitude  $v'$  (Fig. 5c) and  $u'$  (not shown) are observed as well as downward NIW energy propagation (from PVD; Fig. 5e).

An aliasing occurs trough the rotation of the inertial current vector during the survey time. Joyce et al. (2013) in their analysis of mid latitude NIW propagation (inertial period 19 h), applied a back rotation. However, at 19°N the inertial period is 36.7 h and the complete ADCP section was surveyed within 14 h (including station time). Because we primarily interpret station data, the aliasing effect should be small for the M105 data. In contrast, the glider sections took several days and many inertial periods and thus a mixture of time/space variability is mapped in the property fields (Fig. 3, Fig. 4). It is however interesting to note that still the velocity and property layering looks very similar and coherent across the different surveys suggesting that the processes that drive the layering are rather long-lasting over several month.

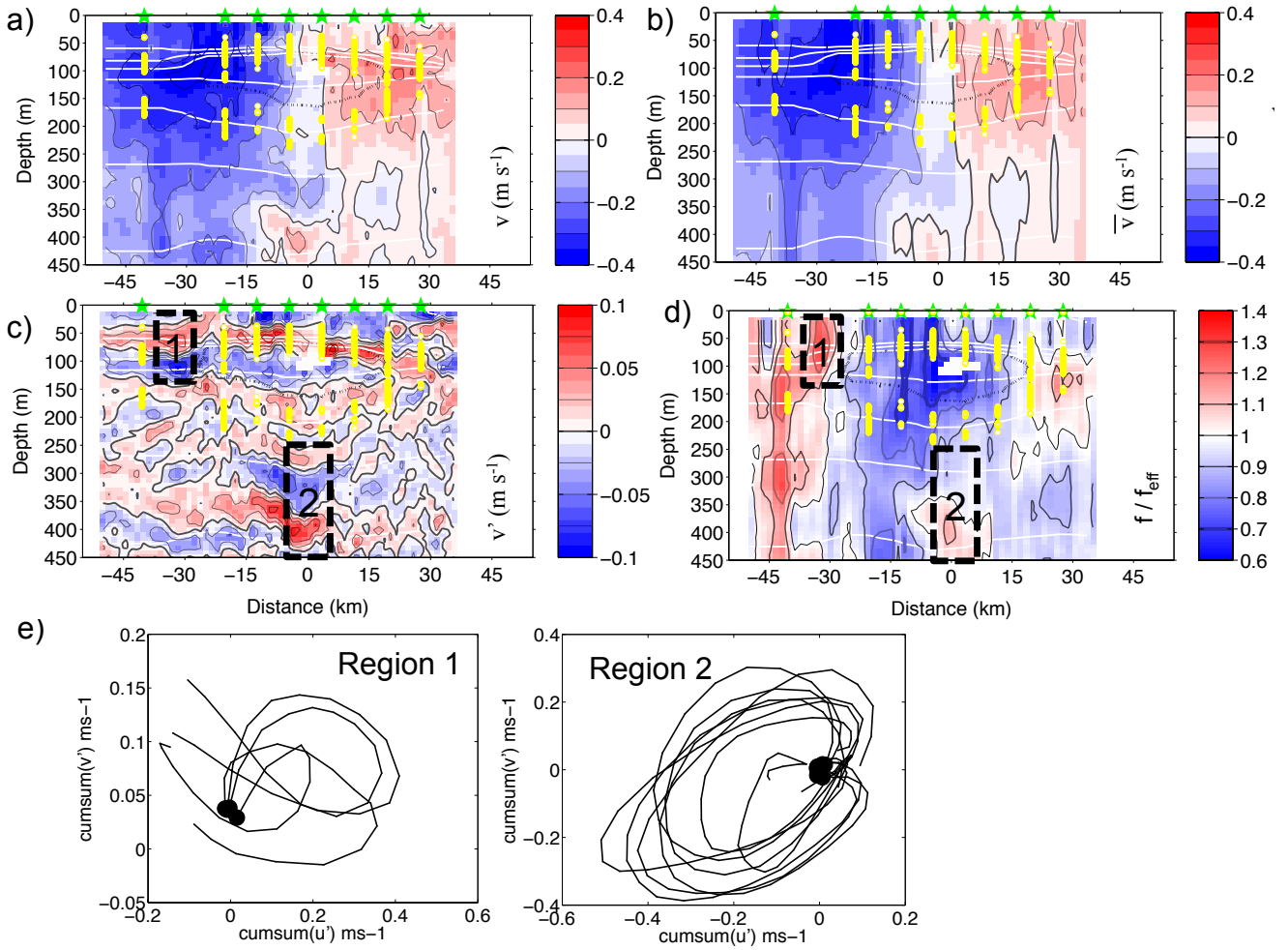


Figure 5: a) observed meridional velocity, b) boxcar filtered meridional velocity (applied over 150 m), c) difference between observed and boxcar filtered velocity. The thick black broken line indicates the  $40 \mu\text{mol kg}^{-1}$  oxygen concentration, white contours are selected density anomaly contours ( $\Delta\sigma=0.2 \text{ kg m}^{-3}$ ) determined by gridding CTD profile data (see green stars at 0 dbar for station positions). The yellow dots indicate the  $N^2$  maximum from CTD profile data. d) Ratio between local Coriolis parameter ( $f$ ) and the effective Coriolis parameter ( $f_{\text{eff}}$ ). e) Progressive vector diagram of  $v'$  for region 1 (250 to 450m depth) and 2 (20 to 140 m) (see c) and d) for locations), black dots marks the shallowest depth

### 3.2 Eddy core isolation and vertical fluxes

10 Karstensen et al. (2015) proposed a concept for the formation of a low oxygen core in shallow ACME in the eastern tropical North Atlantic as a combination of isolating the eddy core against oxygen fluxes (primarily vertical) and high productivity and subsequent respiration of sinking organic material. The concept is in analogy to the formation of dead-zones in coastal and limnic systems and hence the name “dead zone eddies”. The key for high productivity is the transport of nutrients into euphotic zone in the

15 eddy.

We identified three areas in the eddy where we further analysed vertical transport and mixing: (I) the eddy core, bounded by  $N^2$  maxima with a low stratification in between. (II) The layering regime underneath the low oxygen core with alternating velocity shear and density compensated, mainly salt-

finger supporting thermohaline intrusions. (III) The high velocity shear zones at the south-eastern edge of the eddy and underneath the eddy centre. We do not have direct mixing estimates (e.g. microstructure) but analyse the observed  $S^2$ ,  $N^2$  and  $Ri$  from the M105 ship survey data. Selected CTD  $N^2$  profiles from the centre and the edge of the eddy are analysed in combination with ADCP fluctuation velocity ( $u'$ ,  $v'$ ) shear, estimated from 8 m bin data (Fig. 4d, h). To take the high frequency temporal fluctuations in the velocity data into account we show here the velocity shear in the vicinity of the CTD station, considering all ADCP data recorded 30 minutes before until 60 minutes after the CTD station started. Based on the existing (1 dbar)  $N^2$  we calculated a  $S^2$  that satisfied a  $Ri < 1/4$  (magenta line in Fig. 4 d, h).

10 The vertical mixing/transport area I is the core. Here a strong contrast to surrounding water masses, either lateral as well as across the mixed layer base, is seen that clearly shows the isolation of the core (Fig. 4c). Moreover, the low and decreasing oxygen content and the stable  $\Theta/S_A$  characteristic over a period of two months further indicate that during the 2 month period of observational data (Fig. 4). Low mixing in the core of ACMEs has been explained from direct observations before. Our observations do support that high mixing occurs at the  $N^2$  maxima and that the core itself is a low mixing regime. The mixing to take place at the  $N^2$  maximum is seen in a widening and deepening of the gradient zone at the mixed layer base in all sections and even stronger towards the edges of the eddy (Fig. 2, 3, 4a). Sheen et al. (2015) and Kawaguchi et al. (2016) observed enhanced mixing at the  $N^2$  maximum and found wave/wave interaction as a likely process for the mixing. They argued that, because of the  $N^2$  maximum around the core, but also because of the low  $N^2$  in the core, less wave energy can enter the core and mixing in the core is low. Halle and Pinkel (2008) argued that, because of the low  $N^2$  in the core, the NIW energy density was low and hence less energy is available for mixing. The consequence of vertical change from a high to a low mixing zone creates an “erosion” (outward directed mixing) of the core into the mixed layer. The erosion has implications for the oxygen and nutrient cycling as will be discussed below.

The vertical mixing/transport area II is the layering shear regime underneath the eddy (vertical transport area II) It is found that  $Ri$  approaches critical values (1/4) in layers of maximal NIW velocity induced shear and thus may indicate generation of instabilities in these layers. Below the eddy the  $S_A$  gradients (Fig. 3a) do align with the wave crests indicating the impact of intense strain, and thus a periodic intensification of  $S_A$  gradients which in turn could enhance the susceptibility to double diffusive mixing (Fig. 3d). Likewise the  $\Theta/S_A$  diagram show clearly the existence of thermohaline intrusions oriented along isopycnals.

The vertical mixing/transport area III is where high  $v'$  shear is observed (Reg. 1 & Reg. 2 Fig. 5c,d). It is plausible to assume that a large fraction of the NIW energy that impact the eddy originate from wind stress fluctuations (D'Asaro 1985). The NIW energy propagation in the upper layer of the eddy (above

the core) is downward, across the intense  $N^2$  contours/mixed layer base and possibly driving enhanced mixing (e.g. by wave/wave interaction as in Sheen et al. 2015). The  $Ri$  (Fig. 4d, h) indicates that at the mixed layer both, high shear and high  $N^2$  is found. In the eddy core (Fig. 4d)  $N^2$  is low but so is the shear. At the eddy edge ( $\sim -32$  km distance), in the transition between maximum swirl velocity and surrounding ocean, NIW energy is forced to propagate downward (see Fig. 4 b, d) because  $f_{eff}/f > 1$  (Fig. 5b). The  $Ri$  distribution (Fig. 4h) for the M105 ship survey shows that  $N^2$  is too high to be destabilized by the shear, at least at the location where the CTD profile was taken. However, we know that the NIWs have amplitude of more than  $0.1 \text{ m s}^{-1}$  and a vertical scale of about 70 to 90 m (Fig. 4d). This is similar to observations at mid-latitude fronts (e.g. Whitt et al. submitted; Kunze and Sanford 1984) where an inertial radius of about 2 km for a  $0.1 \text{ m s}^{-1}$  has been found and thus such a wave covers a good part of the eddy front. Moreover the magnitude of the fluctuation ( $0.1 \text{ m s}^{-1}$ ) associated with the NIW account for about 25% of maximum swirl velocity and in a region (about  $\sim -32$  km, 50 to 120 m depth). The NIW phase velocity ( $v'$ ) is of similar magnitude as the swirl velocity and thus susceptible for critical layer formation (Kawaguchi et al. 2016). For a Gulf Stream warm core ring, Joyce et al. (2013) found most instabilities and mixing close to surface and where most horizontal shear in the baroclinic current is found (similar to our region 1; Fig. 5c,d). Evidence for vertical mixing to take place in this region is seen in upwelling of nitrate into the mixed layer/euphotic zone at about 100 m depth/distance of about  $-32$  km (see below; Fig. 7b). Underneath the eddy the vertical propagation of superinertial waves across the anticyclonic eddy is seen (Kunze et al. 1995) but into a region where  $f_{eff}/f > 1$  (Reg. 2 in Fig. 5c,d) and where  $Ri$  is getting critical, possibly related to a slowing of the energy propagation.

### 3.3 Nutrient cycling in the eddy

The productivity associated with the ACME requires the upward fluxes of nutrients into the euphotic zone. Schütte et al. (2016b) showed that the low oxygen ACME in the tropical eastern North Atlantic do have productivity maxima (indicated by enhanced ocean colour based Chlorophyll-a estimates) to be more concentrated at the rim of the eddies. This observation suggests that the vertical flux is also concentrated at the rim of the eddy. Indeed, when inspecting the glider section data (Fig. 3) we do find evidence for upwelling being concentrated at the rim, although the mixed layer base is characterized by very stable stratification and large gradients (e.g.  $0.3 \text{ K m}^{-1}$  in temperature). Considering the first glider oxygen section (IFM12, Fig. 2a), the upper of the two separate minima is found very close to the depth of the mixed layer base and indicate that any exchange across the mixed layer by mixing processes must be very small. The amount of particles might be approximated by the turbidity measurement from the glider (Fig. 6a, c). While the first survey had very high turbidity several 10s of meters below the mixed layer base (Fig. 6a), the second glider survey showed much less particle load (Fig. 6c) and indicating



lower productivity across the eddy may be related to a weakening of vertical flux. The fluorescence signal (Fig. 6b,d) indicates the first glider survey (IFM12, Fig. 6b) captured a bloom that occupied the whole mixed layer (note that the periods with low fluorescence align with daylight periods and as such are generated by quenching) and as such intense nutrient supply and productivity. In contrast, the second glider survey (IFM13; Fig. 6d) show a clear subsurface fluorescence maximum (about 10 m above the mixed layer base) indicating that the nutrient supply is primarily concentrated on mixed layer base exchange processes.

In order to interpret the low oxygen concentrations in terms of biogeochemical processes the bulk remineralization of oxygen and nitrate is determined. The apparent oxygen utilization (AOU, Fig. 7a) is defined as the difference between measured oxygen concentration and the oxygen concentration of a water parcel of the given  $\Theta$  and  $S_A$  that is in equilibrium with air (Garcia and Gordon, 1992; 1993). AOU is an approximation for the total oxygen removal since a water parcel left the surface ocean. The low oxygen concentrations in the core of the eddy are equivalent to an AOU of about  $240 \mu\text{mol kg}^{-1}$  (Fig. 7a). Along with high AOU we also find very high  $\text{NO}_3^-$  concentrations with a maximum of about  $30 \mu\text{mol kg}^{-1}$  (Fig. 7b). The corresponding AOU: $\text{NO}_3^-$  ratio outside the core is 8.1 and thus close to the classical 8.625 Redfield ratio (138/16; Redfield et al. 1938). However, in the core an AOU: $\text{NO}_3^-$  ratio of  $>16$  is found.

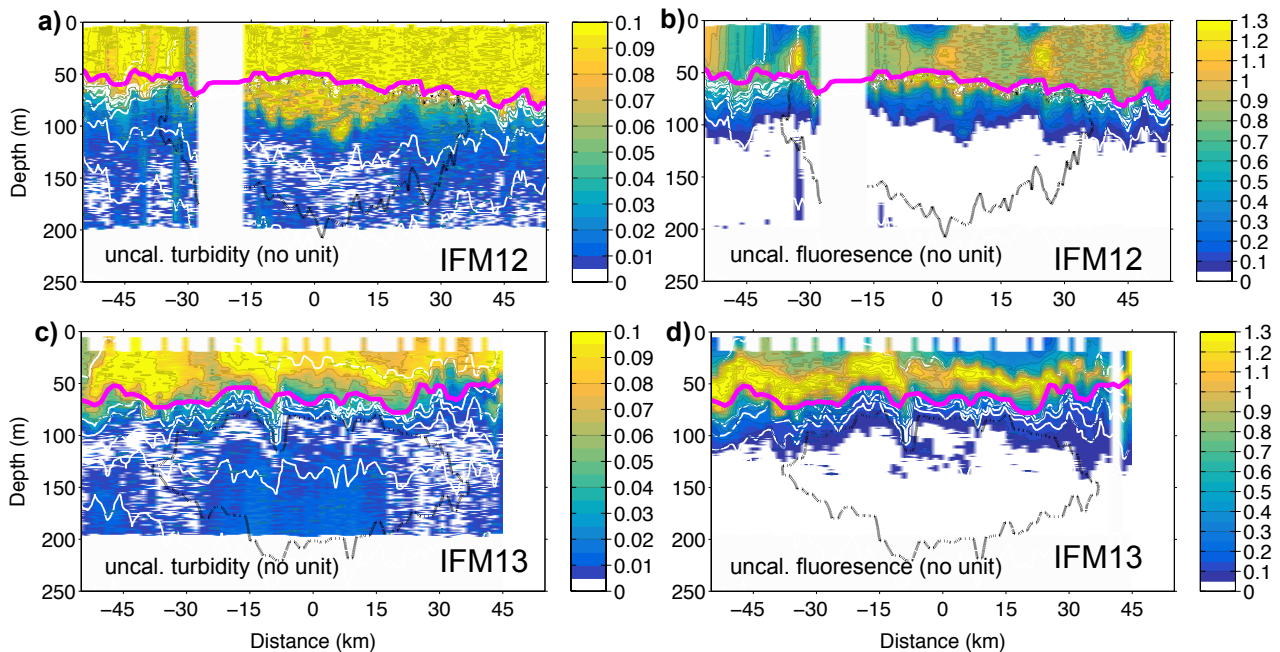


Figure 6: Uncalibrated turbidity (a, c) and chlorophyll-fluorescence (b,d) data from glider IFM12 survey (a, b) and glider IFM13 survey (c, d). The magenta line denoted the base of the mixed layer, the broken black line is the extend of the low oxygen core ( $\text{oxygen} < 40 \mu\text{mol kg}^{-1}$ ).

This high ratio indicates that less  $\text{NO}_3^-$  is released during respiration (AOU increase) than expected for a remineralization process following a Redfieldian stoichiometry. By considering the remineralization

outside the core (Fig. 7c) the respective  $\text{NO}_3^-$  deficit can be estimated to up to 4-6  $\mu\text{mol kg}^{-1}$  for the highest AOU ( $\text{NO}_3^-$ ) observations. By integrating  $\text{NO}_3^-$  and  $\text{NO}_3^-$ -deficit over the core of the low oxygen eddy (defined here as the volume occupied by water with oxygen concentrations  $< 40 \mu\text{mol kg}^{-1}$ ) we obtain an average AOU:  $\text{NO}_3^-$  ratio of about 20:1.

- 5 One way to interpret this deficit is by  $\text{NO}_3^-$  loss through denitrification processes. Loescher et al. (2015) and Grundle et al. (in revision) both found evidence for the onset of denitrification in the core of the ACME discussed here. Oxygen concentrations in the core are very low (about  $3 \mu\text{mol kg}^{-1}$ ) and

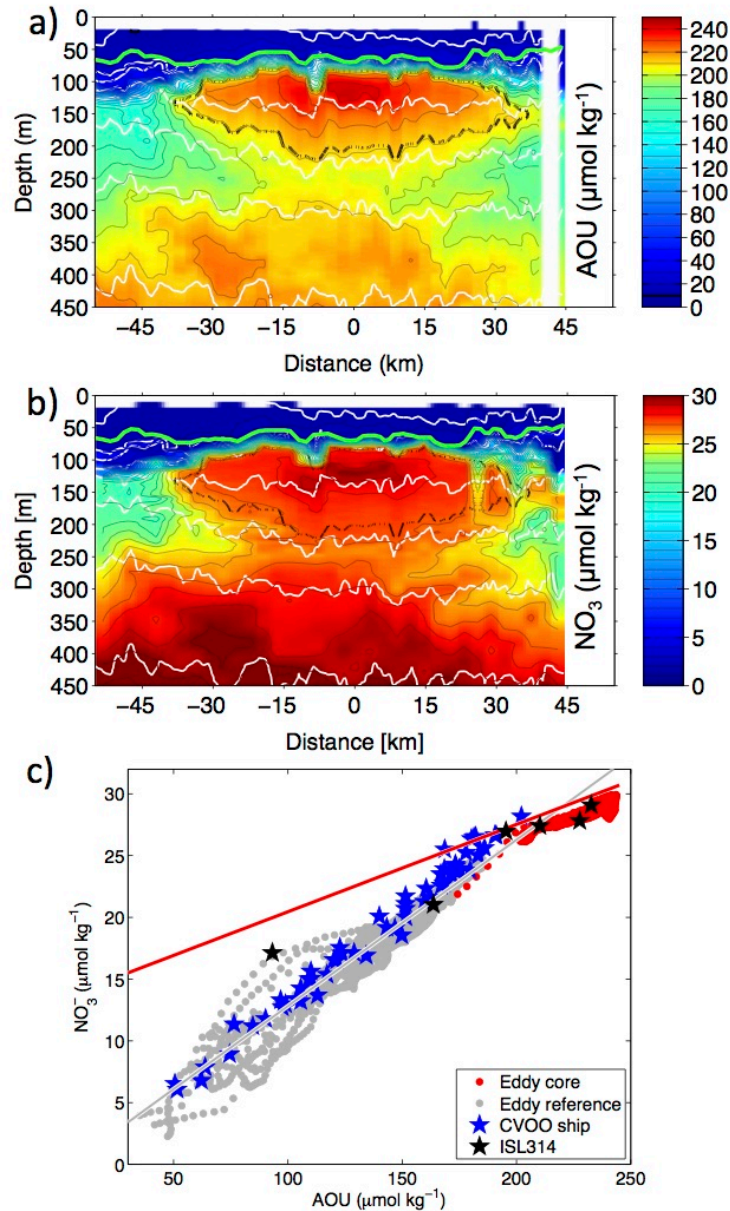


Figure 7: a) AOU and b)  $\text{NO}_3^-$  from glider IFM13 survey. c) AOU versus  $\text{NO}_3^-$  for the depth range 90 to 250 m depth – (red dots) glider IFM13 survey in the low oxygen core, (black dots) IFM13 glider survey close to CVOO, (blue stars) CVOO ship data and (black star) Islandia ISL\_00314 eddy survey (see Fielder et al. 2016 for details on the surveys). Linear best fit to the glider data outside the eddy (grey line; slope 8.77) and inside core (redline; slope 0.56) are shown.

10

denitrification is possible. Evidence for denitrification in the core of the ACME was, however, demonstrated as being important for nitrous oxide ( $\text{N}_2\text{O}$ ) cycling at the nanomolar range (Grundle et al. in revision, Scientific Reports), and not necessarily for overall  $\text{NO}_3^-$  losses, which are measured in the micromolar range. Grundle et al. (in revision, Scientific Reports) showed by relating nitrogen and phosphorous cycling, that in the core of the ACME the  $\text{NO}_3^-$  losses were not detectable at the micromolar range. Thus, while denitrification may have played a minor role in causing the higher than expected AOU: $\text{NO}_3^-$  ratio which we have calculated, it is unlikely that it contributed largely to the loss of 5% of all  $\text{NO}_3^-$  from the eddy as estimated based on the observed AOU: $\text{NO}_3^-$  ratios.

Alternatively, but perhaps not exclusively, the  $\text{NO}_3^-$  recycling within the ACME could be the reason for the  $\text{NO}_3^-$  deficit. A high AOU: $\text{NO}_3^-$  ratio could be explained through a decoupling of  $\text{NO}_3^-$  and oxygen recycling pathways in the eddy and details about the vertical transport pathways of nutrients (erosion of core). Based on the investigation of the possible vertical mixing/transport of nutrients (here  $\text{NO}_3^-$ ) the erosion of the eddy core plays a key role. In this scenario  $\text{NO}_3^-$  molecules are used more than one time for the remineralization/respiration process and therefore the AOU increase without a balanced, in a Redfieldian sense,  $\text{NO}_3^-$  remineralization. Such a decoupling can be conceptualized as follows (Fig. 8, left): consider an upward flux of dissolved  $\text{NO}_3^-$  and oxygen in a given ratio with an amount of water that originates from the low oxygen core. The upward flux partitions when reaching the mixed layer, one part disperses in the open waters outside of the eddy, the other part is kept in the eddy by retention (D'Ovidio et al. 2013). The upwelled  $\text{NO}_3^-$  is utilized by autotrophs for primary production and thereby incorporated into particles as Particulate Organic Nitrogen (PON) while the corresponding oxygen production is re-ventilated by air/sea oxygen flux. The PON sinks out of the mixed layer/euphotic zone and into the core of the eddy where remineralization of organic matter releases quickly some of  $\text{NO}_3^-$  originating from the core waters. In contrast, the upwelling of oxygen-deficient waters will drive an oxygen flux from the atmosphere into the ocean in order to reach chemical equilibrium. But because the stoichiometric equivalent of oxygen is exchanged with the atmosphere and therefore not transported back into the core by gravitational settling of particles, as it is the case for nitrate (via PON), the respiration associated with the remineralization of the recycled nitrate will result in a net increase in AOU.

#### 4 Summary and Conclusion

Here we present a first analysis of the temporal evolution of a low oxygen ACME in the eastern tropical North Atlantic from high-resolution multidisciplinary glider and ship survey data. The low oxygen eddy has a diameter of about 70 to 80 km and a maximum swirl velocity of  $0.4 \text{ m s}^{-1}$  close to the mixed layer base and can be considered typical for the region (Schütte et al. 2016a, 2016b). The eddy originated from the Mauritanian upwelling region (Schütte et al. 2016b; Fiedler et al. 2016) and had a distinct

anomalously fresh and cold water mass in its low oxygen core. The core was located immediately below the mixed layer base (about 70 to 80 m) down to a depth of 200 to 250 m in its centre. The core showed minimum oxygen concentrations of  $8 \mu\text{mol kg}^{-1}$  during the first glider survey (February 2014) and  $3 \mu\text{mol kg}^{-1}$  during the second glider survey, 9 weeks later. Enhanced productivity was estimated for the eddy (Fiedler et al. 2016) implying a vertical flux of nutrient rich waters to the euphotic zone/mixed layer and is seen in high turbidity that reached during the first glider survey more than 50 m into the core (Fig. 6a).

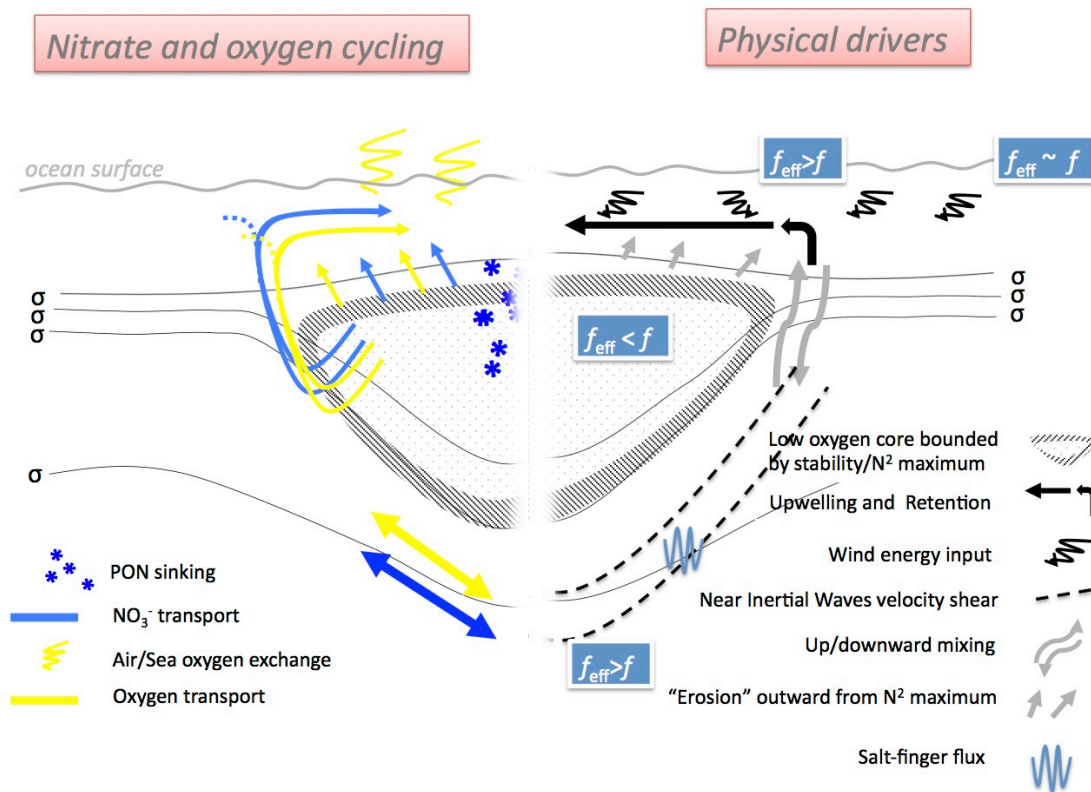


Figure 8: Conceptual view on the biogeochemical (left) and physical (right) processes responsible for creating a low oxygen ACME. The recycling of Nitrate is decoupled from the oxygen cycling through PON. The transport at the flanks and the isolation of the eddy core are linked to the energy propagation of NIW. Vertical flux (upwelling and downwelling) of nutrient rich/low oxygen waters occurs at the boundaries and at the mixed layer base (outward). Eddy retention keeps upwelling waters in the euphotic zone of the eddy. Shear from NIW velocity fluctuations create critical  $Ri$  underneath the eddy core with thermohaline anomalies that favour salt-finger type double diffusion.

15

A concept for the coexistence of an isolated, low oxygen core but surrounded by regions of enhanced mixing in an ACME was derived from analysis of observational data (Fig. 8). The eddy relative vorticity is negative in the core but positive at the transition outward from the swirl velocity maximum into the surrounding water (“positive vorticity ridges”, Halle and Pinkel 2003). Distinct regions with  $f_{eff} < f$  (core) and  $f_{eff} > f$  (transition eddy/surrounding waters) are created by the mesoscale flow.

20

The  $f_{eff}/f$  ratio has consequences on the vertical propagation of near NIW energy, as reported in numerous studies (e.g. Kunze 1985, Kunze et al. 1995, Sheen et al. 2015, Halle and Pinkel 2003). In general in  $f_{eff} < f$  regions internal waves become superinertial and rapidly propagate downward. If these waves now propagate through a region of high vertical stratification ( $N^2$  maxima at the upper and lower boundary of the core) they will have a high energy density while if they propagate through low vertical stratification ( $N^2$  minimum in the core) they have low energy density. Numerical simulations (e.g. Koszalka et al. 2010) and observations (e.g. Sheen et al. 2015) report on high vertical mixing in region with strong stratification (and low mixing in low stratified regions). Our observations show low  $Ri$  at the  $N^2$  maxima which suggests enhanced diapycnal mixing to occur here.

10 When the superinertial waves encounter a  $f_{eff} > f$  region they will undergo a reduction in vertical speed and the waves may eventually reflect (e.g. Halle and Pinkel 2003) or dissipate (Kawaguchi et al. 2016). Indeed we observe critical  $Ri$  and a shear variance maximum in the velocity finestructure in these regions (Fig. 5, Reg. 1 & 2). The “Region 2”, right below the centre of the eddy, coincides with where Lee and Niiler (1998) found a NIW energy maximum from their “inertial chimney” simulations of an ACME. Unfortunately we do not have a CTD profile in “Region 1” in the eddy edge region. Calculating  $Ri$  from the station further away from the eddy core (at about -40 km) no critical  $Ri$  are found (Fig 4, h). However, superinertial waves originating from the core should also reflect and/or dissipate here. Joyce et al. (2013) also derive NIW energy accumulation and a critical layer at the edge of an ACE (Gulf Stream warm core ring) at its mixed layer base. Kroll (1993) found instability at the eddy edge region and expect an erosion of the eddy from a theoretical model.

Across the whole extent of the eddy, but below the low oxygen core, we observe velocity finestructure to align with salt-finger type double diffusion critical ( $Tu$  close to  $90^\circ$ ) thermohaline finestructure. St. Laurent and Schmitt (1999) reported on an enhancement of mixing efficiency from the interaction between velocity shear and salt-finger type thermohaline anomalies.

25 A NIW and shear induced erosion of the core create an upward flux of nutrients (and other substances from the core) and which is supported by the  $\text{NO}_3^-$  observations. Once  $\text{NO}_3^-$  is in the mixed layer the eddy retention (D’Ovidio et al. 2013, Condie and Condie 2016) will trap a fraction of the upwelling waters. The  $\text{AOU}:\text{NO}_3^-$  ratio of the eddy core is altered high (16) when compared with the classical Redfield ratio (8.625) or the background ratio (8.1). We estimated the  $\text{NO}_3^-$  deficit for the eddy which is about 1:20 when referenced to the total  $\text{NO}_3^-$  content. Denitrification is one possible process but the significant nitrate loss of the core seems unrealistic to be explained by denitrification, given the minimal oxygen concentrations are more than  $3 \mu\text{mol kg}^{-1}$ .

We consider it more likely that a local recycling of nitrogen but not oxygen takes place, driven by a combination of eddy dynamics and gravitational sinking. The  $\text{NO}_3^-$  eroded from the core enters the

mixed layer and is incorporated in new production in the eddy euphotic layer. The nitrogen will then re-enters the core via gravitational sinking of PON. Such an isolated core is the rarely observed case of an isolated volume of water in the open ocean and which allows to study fundamental biogeochemical cycling processes in the absence of significant physical transport processes. A number of surprising  
5 biogeochemical cycling processes and ecosystem responses have been reported from the studies on eastern tropical North Atlantic low-oxygen eddies (Löscher et al. 2015, Hauss et al. 2016, Fiedler et al. 2016, Fischer et al. 2016, Schütte et al. 2016b, Grundle et al. in revision, Scientific Reports).

The NIW concept for the dynamical setting of the low oxygen ACME include different internal wave processes and a dynamical representation of ocean mixing – which are not routinely resolved by  
10 numerical models. A strategy for parameterizing these processes is required, for example Schütte et al. (2016b) report an increase in oxygen reduction by as high as  $7 \mu\text{mol kg}^{-1}$  in the depth range of 50 to 150 m (peak reduction is  $16 \mu\text{mol kg}^{-1}$  at 100 m depth) as a results of the high productivity and which is likely of great importance for creating the shallow oxygen minimum of the eastern tropical Atlantic. It has to be mentioned that the erosion processes at the mixed layer base should also operate in CEs and  
15 may explain the high productivity and low oxygen cores in CE in the eastern tropical North Atlantic (see Karstensen et al. 2015).

## 5 Data availability

The glider (IFM12 and IFM13) and shipboard (R/V Meteor expedition M105) data used in this paper are freely available at <https://doi.pangaea.de/10.1594/PANGAEA.860781> (Karstensen et al., 2016).

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