



Restoration increases river metabolism

Hydromorphological restoration stimulates river ecosystem metabolism

Benjamin Kupilas^{*1}, Daniel Hering¹, Armin W. Lorenz¹, Christoph Knuth², Björn Gücker³

¹ Department of Aquatic Ecology, University of Duisburg-Essen, Universitätsstr. 5, D-45141 Essen,

Germany

² Hydrogeology Department, Ruhr-Universität Bochum, Universitätsstr. 150, D-44801 Bochum,

Germany

³ Department of Geosciences, Applied Limnology Laboratory, Campus Tancredo Neves, Federal

University of São João del-Rei, 36301-360 São João del-Rei, MG, Brazil

*** Author of correspondence**

Email: benjamin.kupilas@uni-due.de

Keywords: river restoration, ecosystem function, functional indicators, gross primary production, ecosystem respiration



1 **Abstract**

2 Both, ecosystem structure and functioning determine ecosystem status and are important for the
3 provision of goods and services to society. However, there is a paucity of research that couples
4 functional measures with assessments of ecosystem structure. In mid-sized and large rivers, effects of
5 restoration on key ecosystem processes, such as ecosystem metabolism, have rarely been addressed
6 and remain poorly understood.

7 We compared three reaches of the third-order, gravel-bed river Ruhr in Germany: two reaches restored
8 with moderate (R1) and substantial effort (R2) and one upstream degraded reach (D).

9 Hydromorphology, habitat composition and hydrodynamics were assessed. We estimated gross
10 primary production (GPP) and ecosystem respiration (ER) using the one-station open-channel diel
11 dissolved oxygen change method over a 50-day period at the end of each reach. Values for
12 hydromorphological variables increased with restoration intensity ($D < R1 < R2$). Restored reaches
13 had lower current velocity, higher longitudinal dispersion and larger transient storage zones. However,
14 fractions of median travel time due to transient storage were highest in R1 and lowest in R2, with
15 intermediate values in D. The share of macrophyte cover of total wetted area was highest in R2 and
16 lowest in R1, with intermediate values in D. Station R2 had higher average GPP and ER than R1 and
17 D. The average GPP:ER was significantly higher downstream of restored reaches than of the degraded
18 reach, indicating increased autotrophic processes following restoration. Temporal patterns of ER
19 closely mirrored those of GPP, pointing to the importance of autochthonous production for ecosystem
20 functioning. In conclusion, high reach-scale restoration effort had considerable effects on river
21 hydrodynamics and ecosystem functioning, which were mainly related to massive stands of
22 macrophytes. High rates of metabolism and the occurrence of dense macrophyte stands may increase
23 the assimilation of dissolved nutrients and the sedimentation of particulate nutrients, thereby positively
24 affecting water quality.



25 **1. Introduction**

26 River restoration is a pivotal element of catchment management to counteract anthropogenic
27 degradation and depletion of river health and water resources, and to increase overall biodiversity and
28 ecosystem services provisioning (Bernhardt et al., 2005; Strayer and Dudgeon, 2010). Based on
29 legislative frameworks such as the EU Water Framework Directive (WFD) and the Clean Water Act in
30 the United States, large investments have been made to restore rivers. In Europe, degraded river
31 hydromorphology is considered one of the central impacts to the ecological status of rivers (EEA,
32 2012; Hering et al., 2015). For example, the hydromorphology of about 85% of German rivers is
33 affected to an extent that they fail to reach the ‘good ecological status’ demanded by the WFD (EEA,
34 2012). Accordingly, most restoration projects target the hydromorphological improvement of rivers.
35 The majority of restoration measures is implemented at the reach-scale, covering short river stretches
36 typically of one km or less (Bernhardt et al., 2005; Palmer et al., 2014). A variety of reach-scale
37 measures have been implemented (Lorenz et al., 2012): for instance, restoration activities along
38 mountainous rivers in central Europe mainly targeted re-braiding and widening of streams, leading to
39 greater habitat and hydrodynamic heterogeneity (Jähnig et al., 2009; Poppe et al., 2016). In
40 combination with other characteristics of the river ecosystem – e.g., light, organic matter, nutrient
41 availability, temperature, hydrologic and disturbance regimes – such hydromorphological changes
42 likely affect biological community composition and ecosystem functioning, including ecosystem
43 metabolism (Bernot et al., 2010; Tank et al., 2010).

44 The assessment of restoration effects has mainly focused on responses of aquatic organisms, such as
45 fish (e.g., Roni et al., 2008; Haase et al., 2013; Schmutz et al., 2016), benthic invertebrates (e.g.,
46 Jähnig et al., 2010; Friberg et al., 2014; Verdonschot et al., 2016), and macrophytes (e.g., Lorenz et al.,
47 2012; Ecke et al., 2016). Recently, increasing attention has also been given to the response of
48 floodplain organisms (e.g., Hering et al., 2015; Göthe et al., 2016; Januschke and Verdonschot, 2016),
49 while functional characteristics, i.e. the rates and patterns of ecosystem processes, have rarely been
50 addressed. Ecosystem functions are life-supporting processes that are directly linked to ecosystem
51 services, i.e. the benefits people obtain from the environment (Palmer and Filoso, 2009). Thus, an



52 emerging interest in river restoration research is to incorporate the recovery of ecological functioning
53 (Palmer et al., 2014). However, only few studies have considered the response of river ecosystem
54 functioning and functional metrics to restoration (e.g., Lepori et al., 2005; Bunn et al., 2010; Kupilas et
55 al., 2016). Consequently, the effects of restoration on key ecosystem processes remain poorly
56 understood.

57 Ecosystem metabolism, i.e. the combination of gross primary production (GPP) and ecosystem
58 respiration (ER), is a fundamental ecosystem process in rivers. It measures the production and use of
59 organic matter within a river reach by all biota. Therefore, it provides key information about a river's
60 trophic and energetic base (relative contribution of allochthonous and autochthonous carbon) (Young
61 et al., 2008; Tank et al., 2010; Beaulieu et al., 2013). The majority of stream ecosystem metabolism
62 work investigated natural changes, such as effects of floods and droughts (e.g., Uehlinger, 2000),
63 seasonal or inter-annual changes (e.g., Uehlinger, 2006; Beaulieu et al., 2013), interbiome differences
64 (e.g., Mulholland et al., 2001), or land-use change (e.g., Gücker et al., 2009; Silva-Junior et al., 2014).
65 The majority of these studies focused on smaller streams, while only few studies measured metabolism
66 of larger streams and rivers (e.g., Uehlinger, 2006; Hall et al., 2016). The response of stream
67 metabolism to hydromorphological changes, e.g. through river widening, is almost unknown,
68 especially for larger rivers (but see Colangelo, 2007).

69 The widening of the riverbed enhances habitat complexity and diversity of the river channel and the
70 riparian zone (Jähnig et al., 2010; Januschke et al., 2014; Poppe et al., 2016). Moreover, channel
71 widening also favors macrophytes and other autotrophs through the creation of shallow, slow flowing
72 areas and backwaters (Lorenz et al., 2012). Further, it increases light availability and water
73 temperature, which have been identified as major factors controlling river metabolism, especially
74 primary production (Uehlinger, 2006; Bernot et al., 2010; Tank et al., 2010). Accordingly, these
75 changes potentially lead to enhanced in-stream autotrophic processes.

76 Restoration also increases the retention of allochthonous organic matter (Lepori et al., 2005; Lepori et
77 al., 2006; Flores et al., 2011). Moreover, the reconnection of rivers with their floodplains by creating
78 shallower river profiles and removing bank fixations may enhance inundation frequency, and hence



79 resource transfers from land to water. In combination, these changes can favor heterotrophic activity in
80 the river. Restoration also affects hydrodynamics and surface water-ground water interactions of
81 streams (Becker et al., 2013): for instance, widening of the stream channel reduces flow velocity and
82 the creation of backwaters and pools possibly leads to changes in the size and location of transient
83 storage zones (Becker et al., 2013). Though previous studies revealed an inconsistent relationship
84 between hydrodynamics and metabolism (Beaulieu et al., 2013), increases in transient storage zones
85 potentially enhance ER (Fellows et al., 2001) and nutrient processing (Valett et al., 1996; Gücker and
86 Boëchat, 2004).

87 The objective of this study was to quantify reach-scale restoration effects on hydromorphology, habitat
88 composition and hydrodynamics, as factors potentially affecting river ecosystem function, by
89 comparing three continuous stream reaches (two restored and one upstream non-restored reach) of a
90 mid-sized mountain river in Germany and to determine the corresponding responses of river
91 metabolism. We expected (i) hydromorphological river characteristics, i.e., habitat composition and
92 hydrodynamics to change concomitantly with restoration (e.g. wider and more diverse river channel,
93 and higher abundance of primary producers in restored river reaches compared to the degraded reach,
94 as well as changes in the sizes and locations of transient storage zones). Further, we expected (ii)
95 ecosystem metabolism to respond with increased metabolic rates, i.e. enhanced GPP and ER, mainly
96 as a result of increased abundances of primary producers.

97 **2. Methods**

98 *2.1 Study site*

99 This study was conducted in the upper River Ruhr (Federal State of North Rhine-Westphalia,
100 Germany, Fig. 1, Table 1) a tributary to the Rhine. The third-order Ruhr is a mid-sized mountain river
101 with gravel and cobbles as bed sediments. The catchment area upstream of the study site is 1060 km²,
102 about 64 % of which is forested, 28 % is arable land and pasture, and 8 % is urban area (located
103 mainly in the floodplains). The study site is at an altitude of 153 m a.s.l. and the mean annual
104 discharge was 21.3 m³ s⁻¹ between 2004 and 2009. The Ruhr is draining one of the most densely



105 populated areas of Europe; however, population density of the upstream catchment area is low (135.3
106 inhabitants/km² upstream of the study site). Due to manifold uses, the river's hydromorphology has
107 been largely modified by impoundments, residual flow sections, bank fixation as well as industrial and
108 residential areas in the floodplain. More recently, the hydromorphology of several river sections has
109 been restored.

110 Restoration aimed to establish near-natural hydromorphology and biota. Restoration measures
111 included the widening of the riverbed and the reconnection of the river with its floodplain by creating
112 a shallower river profile and by removing bank fixations. Moreover, the physical stream quality was
113 enhanced by generating secondary channels and islands, adding instream structures, such as woody
114 debris, and creating shallow habitats providing more space for autotrophs (see Appendix S1 in
115 Supporting Information).

116 We separated the restored reach into two reaches of approximately similar lengths (1210 and 1120 m)
117 with obvious differences in morphological stream characteristics due to differing restoration effort
118 (R1: moderate restoration effort and R2: high restoration effort). Briefly, in R2 a larger amount of soil
119 was removed and the costs for the implementation of measures were higher than in R1 (see Appendix
120 S1). In R2 the bank fixation was removed at both shorelines and the river was substantially widened
121 and secondary channels and islands were created, while the removal of bank fixation and widening in
122 R1 mainly focused on one site due to constraints posed by a nearby railroad (see Appendix S1). The
123 restored reaches were compared to a degraded "control-section" of 850 m length located upstream of
124 the restored reaches (D). The degraded reach was characteristic for the channelized state of the River
125 Ruhr upstream of the restoration site, and reflected the conditions of the restored sections prior to
126 restoration: The reach was a monotonous, channelized and narrowed river section with fixed banks
127 and no instream structures. A 650 m-long river section separating the degraded from the restored river
128 reach was excluded from the investigations, as its hydromorphology was deviating due to
129 constructions for canoeing and a bridge. As the three sections were neighboring each other, differences
130 in altitude, slope, discharge and catchment land cover between reaches were negligible.

131 *2.2 Hydromorphology and habitat composition*



132 Physical stream quality was quantified from aerial photos. High-resolution photos of the restored
133 reaches were taken in summer 2013 using a Falcon 8 drone (AscTec, Germany). Aerial photos of the
134 degraded reach from the same year at similar discharge conditions were provided by the Ministry for
135 Climate Protection, Environment, Agriculture, Conservation and Consumer Protection of the State of
136 North Rhine-Westphalia. Photos were analyzed in a geographical information system (ArcGIS 10.2,
137 ESRI). For each reach, we measured the width of the wetted channel every 20 m along cross-sectional
138 transects and calculated mean width and its variation (reach D: n = 42, R1: n = 59, R2: n = 54). For
139 each reach, we recorded thalweg lengths, the area of the wetted stream channel, the floodplain area
140 (defined as bank-full cross-sectional area), and the area covered by islands, woody debris, and aquatic
141 macrophyte stands (Fig. 2). Subsequently, the share of macrophyte stands of the total wetted area was
142 calculated for each reach. Additionally, macrophytes were surveyed according to the German standard
143 method (Schaumburg et al., 2005a; b) in summer 2013. A 100 m reach was investigated by wading
144 through the river in transects every 10 m, and walking along the riverbank (Lorenz et al., 2012). All
145 macrophyte species were recorded and species abundance was estimated following a 5-point scale
146 developed by Kohler (1978), ranging from “1 = very rare” to “5 = abundant, predominant”. The
147 empirical relationship between the values of the 5-point Kohler scale (x) and the actual surface cover
148 of macrophytes (y) is given by the function $y = x^3$ (Kohler and Janauer, 1997; Schaumburg et al.,
149 2004). Using this relationship, we x^3 -transformed the values of the Kohler scale into quantitative
150 estimates of macrophyte cover for the studied 100 m reaches.

151 2.3 Hydrodynamics

152 Stream hydrodynamics were estimated using a conservative tracer addition experiment with the
153 fluorescent dye Amidorhodamine G. Across the river width, we injected the dissolved dye in a
154 distance sufficiently upstream to the first study reach to guarantee complete lateral mixing at the first
155 sampling station. Breakthrough curves of the tracer were continuously measured in the main current at
156 the upstream and downstream ends of all three reaches (Fig. 1). Concentration of dye was recorded at
157 a resolution of 10 s at the most upstream and downstream sampling stations using field fluorometers
158 (GGUN-FL24 and GGUN-FL30, Albillia, Switzerland). At the other sampling stations (start and end



159 of each investigated river reach) water samples were taken manually at 2 min intervals. The samples
160 were stored dark and cold in the field and subsequently transported to the hydrogeochemical
161 laboratory of the Ruhr University Bochum. Amidorhodamine G concentrations of water samples were
162 measured with a fluorescence spectrometer (Perkin Elmer LS 45; detection limit of 0.1 ppb) and
163 standard calibration curves prepared from the tracer and river water. Field fluorometers were
164 calibrated prior to experiments with the same standard calibration procedure.

165 Subsequently, we used the one-dimensional solute transport model OTIS-P (Runkel, 1998) to estimate
166 parameters of river hydrodynamics for each reach from the breakthrough curves: advective velocity,
167 longitudinal dispersion, stream channel and storage zone cross-sectional areas, and storage rate. We
168 further calculated fractions of median travel time due to transient storage (F_{med}^{200}) based on the
169 hydrodynamic variables obtained from transport modeling (Runkel, 2002). Additionally, Damköhler
170 numbers were estimated for each reach (Harvey and Wagner, 2000).

171 *2.4 Discharge*

172 Discharge data were provided by the North Rhine-Westphalia State Agency for Nature, Environment
173 and Consumer Protection, Germany (Landesamt für Natur, Umwelt und Verbraucherschutz
174 Nordrhein-Westfalen) for a gauging station situated at the downstream end of the study site. At this
175 station, discharge was constantly recorded at 5-min intervals.

176 *2.5 Ecosystem metabolism*

177 We estimated river dissolved O₂ (DO) metabolism using the “open-channel one-station diel DO
178 change technique” (Odum, 1956; Roberts et al., 2007). We chose this method instead of the two-
179 station technique (Marzolf et al., 1994; Young and Huryn, 1998), as the studied reaches were too short
180 to reliably estimate ecosystem metabolism with the latter method due to high current velocities and
181 low reaeration rates. Reach lengths influencing the one-station diel dissolved O₂ change technique in
182 our study were typically much longer than the experimental reaches, due to high current velocities and
183 low reaeration (>10 km; estimated according to Chapra and Di Torro, 1991). Following methods in
184 Demars et al. (2015), metabolism estimates at the downstream sampling station R2 were only to 35%



185 influenced by the restored river sections, but to 65% by upstream degraded river sections.
186 Accordingly, differences in metabolic rates among sampling stations at the end of restored and
187 impacted experimental reaches as estimated in our study are likely to be much lower than actual
188 differences among the shorter experimental reaches, and should thus be viewed as qualitative
189 indicators of restoration effects, rather than measured metabolic rates of the experimental reaches. The
190 selected method is based on the assumption that changes in DO within a parcel of water traveling
191 downstream can be attributed to metabolism (photosynthesis and respiration) and to gas exchange
192 between water and atmosphere, given that no significant groundwater dilution of river water occurs
193 along the studied river. The change in DO was estimated as the difference between consecutive 5-min
194 readings at one station (Roberts et al., 2007; Beaulieu et al., 2013).

195 In two consecutive field campaigns in summer 2014, DO and water temperature were continuously
196 measured at the downstream ends of the three reaches at 5-min intervals for 50 days. The DO probes
197 with data loggers (O₂-Log3050-Int data logger Driesen + Kern GmbH, Germany) were installed in the
198 thalweg of the river in the middle of the water column. The DO probes were calibrated in water-
199 saturated air prior to measurements. Additionally, probes were cross-calibrated for one hour at a single
200 sampling station in the river before and after the measurements. We used the data of this comparison
201 to correct for residual differences among probes (Gücker et al., 2009). This procedure assured that
202 differences between probes were only due to differences in DO and water temperatures and not to
203 analytical errors. In previous laboratory tests, the probes showed no drift and were thus not corrected
204 for drift during the measurement campaigns (Almeida et al., 2014).

205 In parallel to DO and water temperature, atmospheric pressure was recorded (Hobo U20-001-04;
206 Onset Computer Corporation). We used atmospheric pressure and water temperature data to calculate
207 the oxygen saturation. Reaeration coefficients (K_{oxy}^{20} ; standardized for 20°C) were estimated using the
208 nighttime regression approach (Young and Huryn, 1999). For the downstream stations of all three
209 sampling reaches, we calculated regressions between DO change rates and DO deficits at night (night
210 hours were defined as the period 1 h after sunset to 1 h before sunrise). We only considered significant
211 nighttime regressions ($p < 0.05$). Reaeration coefficients for days without significant regressions were



212 estimated as the average value of the coefficients of the days before and after, as we did not observe
213 K_{oxy}^{20} - discharge relationships in our data (see Appendix S2) that could have been used to estimate
214 K_{oxy}^{20} values for days without reliable estimates. Estimated reaeration coefficients were low and
215 ranged from 5 to 15 d^{-1} in our study (see Appendix S2). Subsequently, we calculated ecosystem
216 respiration (ER) and gross primary production (GPP) as detailed in Roberts, Mulholland & Hill (2007)
217 from the recorded nighttime river water DO deficit and the daytime DO production, respectively,
218 corrected for atmospheric reaeration (see Appendix S3). Metabolic rates obtained by this method
219 closely matched those obtained with the estimator of Reichert et al. (2009). Ground water dilution was
220 not detected, i.e. discharge differences among the investigated river reaches were within the ranges of
221 method uncertainty of discharge measurements, and was thus not considered into our estimates.
222 Metabolism measurements from days at which floating macrophytes accumulated around probes and
223 affected DO measurements were eliminated from the dataset.

224 2.6 Data analysis

225 We used repeated measures ANOVAs and Tukey's HSD post-hoc tests to test for differences in
226 metabolic rates (GPP, ER, NEP, GPP:ER) among sampling stations, comparing daily metabolic rates
227 among reaches. Data recorded at the time of flooding events were omitted from analyses, because
228 metabolic rates were not representative (e.g. no detectable GPP); overall, data of $n = 32$ days were
229 used in the analyses. Repeated measures ANOVAs and Tukey's HSD post-hoc tests were also used to
230 test for differences in water temperature among river reaches. Conventional one-way ANOVA was
231 used to test for differences in river width, comparing the transect measurements performed in the three
232 river reaches. All statistical analyses were conducted in R (R Development Core Team, 2007).

233 3. Results

234 3.1 Hydromorphology and habitat composition

235 Restored river reaches were morphologically more complex and had significantly wider wetted
236 channels (ANOVA and Tukey post-hoc test, $P < 0.05$) and more variable channel width than the
237 degraded reach (Table 2). Furthermore, the restored reaches had larger wetted channel areas,



238 floodplain areas, island areas and patches of woody debris than the degraded river reach (Table 2). The
239 intensively restored reach R2 showed the highest values for hydromorphological variables (Table 2).
240 The share of macrophyte cover of total wetted area was also highest in R2.

241 *3.2 Hydrodynamics*

242 The reaches differed in hydrodynamic parameters: The restored reaches had lower flow velocity and
243 higher longitudinal dispersion, cross-sectional areas of the advective channel, and storage zone cross-
244 sectional areas than the degraded reach (Table 2). Storage rate and fractions of median travel time due
245 to transient storage (F_{med}^{200}) was highest in R1 and lowest in R2, with intermediate values for D (Table
246 2). Damköhler numbers between 0.5 and 5.0 indicated reliable transient storage parameter estimates
247 for the reaches (Harvey and Wagner, 2000; Table 2). Tracer breakthrough curves estimated by
248 transport modelling closely corresponded to measured tracer concentrations (Fig. 3).

249 *3.3 Discharge and water temperature*

250 Mean discharge during the first weeks of measurement was $8.4 \text{ m}^3 \text{ s}^{-1}$. The hydrograph was
251 characterized by a large summer flow peak and two minor peaks during the study period (Fig. 4 a).
252 During the flow peaks discharge rapidly increased 3.5- to 7-fold, relative to the mean flow. Trends in
253 water temperature over time were very similar for the three river reaches and are exemplarily shown
254 for R2 (Fig. 4 b). Overall, restored reaches had higher mean daily water temperatures than the
255 degraded reach, with R2 having higher mean daily water temperatures compared to R1 (repeated
256 measures ANOVA, $P < 0.0001$; and Tukey's HSD post-hoc tests, $P < 0.0005$).

257 *3.4 Ecosystem metabolism*

258 We observed significant effects of reach-scale restoration on metabolic rates estimated at the
259 downstream ends of restored and degraded reaches. The three sampling stations at the downstream
260 ends of the reaches generally exhibited similar metabolism patterns (Fig. 5). Rates of GPP and ER
261 ranged from 2.59 to 13.06 and -4.96 to -17.52 $\text{g O}_2 \text{ m}^{-2} \text{ day}^{-1}$ at sampling station D, from 2.33 to 12.36
262 and -4.04 to -14.02 $\text{g O}_2 \text{ m}^{-2} \text{ day}^{-1}$ at station R1, and from 3.61 to 17.64 and -5.91 to -24.71 $\text{g O}_2 \text{ m}^{-2}$
263 day^{-1} at station R2. Daily rates of GPP were highest shortly before the main summer flow peak at all



264 sampling stations (Fig. 5 a). GPP was not detectable during the summer flow peaks. ER generally
265 mirrored the GPP patterns, but showed distinct peaks at the beginning of the summer flow peak. ER
266 exceeded GPP during all but one day at R1 and two days at R2. Consequently, NEP (net ecosystem
267 production) was negative during most of the measured period, i.e. reaches were heterotrophic (Fig. 5
268 b). The mean GPP:ER ratio ranged from 0.66 to 0.80 across all sampling stations, also indicating that
269 the Ruhr was moderately heterotrophic. General patterns in daily rates of both GPP and ER also
270 seemed to be influenced by flow peaks. GPP and ER were both suppressed immediately following the
271 flooding events. The ensuing recovery patterns for GPP and ER were similar for all investigated
272 sampling stations: depending on magnitude of flow, GPP and ER were suppressed for several days,
273 but steadily returning to pre-disturbance conditions.

274 According to repeated measures ANOVAs of all metabolism estimates excluding those during the
275 flood events ($P < 0.01$; and Tukey's HSD post-hoc tests, $P < 0.005$), sampling station R2 showed
276 significantly higher GPP and ER than the other stations (Fig. 6). The GPP:ER ratio was significantly
277 higher at stations R1 and R2 than at station D. NEP was higher at sampling station R1 than at D.

278 **4. Discussion**

279 Restoration of river hydromorphology usually covers short river stretches of less than one km and is
280 expected to increase the river's habitat and hydrodynamic heterogeneity. Together, these changes may
281 stimulate ecosystem metabolism, i.e. whole-stream rates of GPP and ER, as well as affect the river's
282 metabolic balance. Increases in river metabolism, in turn, may result in increased rates of other
283 ecosystem processes, such as secondary productivity and whole-stream nutrient processing (Fellows et
284 al., 2006; Gücker and Pusch, 2006).

285 *4.1 Hydromorphological characteristics*

286 Recent monitoring and evaluation of restoration projects report positive effects on hydromorphology
287 and habitat composition (Jähnig et al., 2009; Jähnig et al., 2010; Poppe et al., 2016). Similarly, we
288 found greater habitat complexity of restored reaches, as indicated by wider and more diverse river
289 channels. The reach with the highest restoration effort (R2), was characterized by the highest values



290 and heterogeneity of hydromorphological variables; this suggests that restoration effort is indeed
291 crucial for restoration success. According to Lorenz et al. (2012), the success of restoration in mid-
292 sized to larger rivers can also be indicated by increased cover, abundance and diversity of macrophytes
293 as they benefit from more natural and diverse substrate, and the variability in flow. Consequently, the
294 higher share of macrophyte cover of total wetted area in R2 also highlighted the higher morphological
295 quality of this reach.

296 Changes in hydromorphology and habitat composition influenced hydrodynamics: we observed lower
297 current velocity, higher longitudinal dispersion and larger transient storage zones in the restored
298 reaches. This corresponds with the larger river width and wetted channel area, and the increased
299 abundance of morphological features such as woody debris, islands and macrophyte patches.

300 However, F_{med}^{200} , i.e. the relative importance of transient storage for whole-stream hydrodynamics,
301 was highest in R1 and lowest in R2, with intermediate values for D. Accordingly, there appeared to be
302 an inverse relationship between F_{med}^{200} and the share of macrophyte cover of total wetted area, which
303 was highest in R2 and lowest in R1, with intermediate values in D. These findings suggest that the
304 dense stands of macrophytes in R2 particularly altered stream hydrodynamics: macrophyte patches
305 built large surface transient storage areas and potentially changed the locations of transient storage
306 zones from the hyporheic zone to the surface water column. Macrophyte fields in R2 may have even
307 been so dense that large parts of them were representing hydrodynamic dead zones. A similar effect
308 was found in streams restored by implementing steering structures to enhance stream quality: the
309 restored reaches were dominated by surface transient storage exchange (Becker et al., 2013).
310 Furthermore, the sedimentation of fine sediment within dense macrophyte stands may further decrease
311 exchange with the hyporheic zone.

312 *4.2 Functional characteristics*

313 Metabolism was measured over a 50-day period to obtain representative data, allowing for
314 comparisons among sampling stations. Furthermore, this time series allowed for the analysis of
315 environmental variability, such as flow peaks. The results were obtained for the summer period, i.e.
316 the time of maximum biomass, which is also relevant for the WFD compliant sampling period (e.g.,



317 Haase et al., 2004; Schaumburg et al., 2004; EFI+ CONSORTIUM, 2009). Therefore, results obtained
318 in this study are directly comparable to the river status derived from biological assessment.

319 In general, the three sampling stations showed similar patterns in metabolism, as our one-station
320 metabolism approach measured a long upstream river section in addition to the experimental reaches.
321 Rates of ER mirrored those of GPP, suggesting that autotrophic respiration largely drove temporal
322 patterns in ER, despite an overall ratio of $GPP:ER < 1$ and a slightly negative NEP during most of the
323 measurement period. Similar patterns were found in streams in the US (Beaulieu et al., 2013; Hall et
324 al., 2016). The average GPP:ER ratio was significantly higher downstream of the restored reaches in
325 our study (0.77 and 0.80, respectively) than downstream of the degraded reach (0.66), indicating an
326 increase in autotrophic processes following restoration. The only moderate heterotrophic state of the
327 river together with ER closely tracking GPP indicated the importance of autochthonous production for
328 the metabolism. This is further supported by the comparison of pre- and post-peak flow ER (Fig. 5).
329 McTammany et al. (2003) suggested that higher inputs of allochthonous material may occur after
330 flooding events, subsequently supporting high rates of ER. In line with this, we expected high rates of
331 ER during the last third of the sampling period, especially in restored reaches with a potentially high
332 POM trapping efficiency. However, ER was lower compared to pre-flow peak conditions, with ER
333 still mirroring GPP, thus indicating the coupling of autochthonous production with ER even after
334 floods. This implies that restoration (reconnection of river and floodplain) did not increase resource
335 transfer into the channel to such an extent that it influenced river metabolism.

336 We observed significantly higher GPP and ER at station R2 compared to the other stations.
337 Metabolism of R1 did not markedly differ from D, corresponding with consistently higher values of
338 hydromorphological variables in R2 only. Given the previously discussed importance of
339 autochthonous production for the metabolism, habitat enhancement supporting the growth of
340 macrophytes is likely the cause for higher GPP and ER in R2. Consequently, only high restoration
341 effort bringing a restored reach close to reference conditions led to pronounced effects on ecosystem
342 metabolism. Restoration effects were mainly related to the growth of aquatic macrophytes, which
343 formed dense stands that augmented ecosystem metabolism. We acknowledge that metabolism was



344 measured during summer, i.e. the time of maximum biomass of aquatic macrophytes. Therefore, high
345 GPP and ER measured in this campaign might be restricted to this season and effects will be lower
346 during winter times when macrophyte abundance will be low.

347 Ecosystem metabolism of the sampling stations at the restored reaches was expected to be at similar
348 levels to those of natural rivers reported in the literature. Therefore, we compared GPP and ER of our
349 sampling stations to those of rivers comparable in size (discharge between 5 - 50 m³ s⁻¹; see Appendix
350 S4, S5). GPP and ER estimated in this study were among the highest values reported for similar sized
351 rivers; especially those of the sampling station R2. However, there is a tremendous variability in
352 ecosystem metabolism among natural river reaches in the literature (see Appendix S4, S5).

353 Considering the limited knowledge about natural geographical gradients in river metabolism, it was
354 not possible to assess if values obtained for restored reaches indicate natural conditions in a broader
355 geographic context. In future analyses of restoration effects on fluvial metabolism, local reference
356 conditions should therefore be assessed whenever possible.

357 Our experimental reaches reflected typical spatial scales on which restoration measures are
358 implemented. However, these reaches were too short to feasibly use the two-station diel DO change
359 method (see 2.5). Accordingly, we used the one-station approach to assess reach-scale restoration
360 effects on ecosystem metabolism of longer river sections (>10 km). Following methods in Demars et
361 al. (2015), we evaluated to which extent our metabolism estimates reflected the restored river sections.
362 Measurements at sampling station R1 and R2 were only to 16% and 24%, respectively, influenced by
363 the restored experimental reaches directly upstream. However, station R2 was to 35% influenced by
364 the combined reaches R1+R2, and thus to 65% by upstream degraded river sections. Despite this
365 mismatch between lengths of river reaches evaluated and reaches exclusively affected by restoration,
366 we found significant effects of reach-scale restoration on whole-river metabolism. Interestingly, our
367 study therefore also shows that high restoration effort in short river reaches (1 to 2 km) had
368 considerable effects on total whole-river metabolic rates of river stretches exceeding the length of the
369 actually restored reaches (>10 km). Thus, the restoration of short river reaches to near-natural
370 conditions may have positive effects on downstream river sections regarding diel DO variability and



371 carbon spiraling. High rates of metabolism and the occurrence of dense macrophyte stands in restored
372 river reaches may also increase the assimilation of dissolved nutrients (Fellows et al., 2006; Gücker et
373 al., 2006) and the sedimentation of particulate nutrients (Schulz and Gücker, 2005), thereby positively
374 affecting water quality.

375 *4.3 Recommendations for restoration monitoring*

376 For most regions and river types, data is missing indicate metabolic rates of good, moderate or poor
377 river conditions. However, based on data from mainly small streams, Young et al. (2008) proposed a
378 useful framework to assess functional stream health using GPP, ER, NEP and GPP:ER. Consequently,
379 metabolic rates for different river types should be surveyed to allow the incorporation of ecosystem
380 metabolism of mid-sized and large rivers as functional indicator in this framework. Our study stresses
381 the benefits of metabolism as a functional indicator complementing the monitoring of restoration
382 projects (compare Young et al., 2008; Bunn et al., 2010): Temporally high-resolution and automated
383 monitoring, that integrates biotic and abiotic variables over time and across habitats may increase our
384 understanding of the effects of river restoration and might help identifying initial changes after
385 restoration. Incorporating functional indicators into monitoring programs may enable a more holistic
386 assessment of river ecosystems and elucidate responses to restoration (and also impairment), which
387 may be related to ecosystem structure and function.

388 **Acknowledgements**

389 We thank D. Dangel, K. Gees, M. Gies, A. Gieswein, K. Kakouei, B. Rieth, L. Rothe, C. Sondermann,
390 M. Sondermann, and colleagues from the Ruhr University Bochum for their help during the tracer
391 experiment. We thank L. Wenning and J. Herold for their assistance in many of our field trips, R.
392 Dietz and D. Hammerschmidt for supporting our research, and the NZO GmbH for providing aerial
393 photos. We thank B. Demars for helpful comments on a previous version of this manuscript. We also
394 gratefully acknowledge a PhD fellowship of the German Environment Foundation (Deutsche
395 Bundesstiftung Umwelt, DBU) to B.K. and a productivity grant by the Brazilian National Council for
396 Scientific and Technological Development (CNPq 302280/2015-4) to B.G.. This study was financially



397 supported by the EU-funded project REFORM (Restoring rivers FOR effective catchment
398 Management), European Union's Seventh Programme for research, technological development and
399 demonstration under Grant Agreement No. 282656.



400 **References**

- 401 Almeida, G.H., Boëchat, I.G., and Gücker, B.: Assessment of stream ecosystem health based on
402 oxygen metabolism: Which sensor to use? *Ecological Engineering*, 69, 134–138, 2014.
- 403 Beaulieu, J.J., Arango, C.P., Balz, D.A., and Shuster W.D.: Continuous monitoring reveals multiple
404 controls on ecosystem metabolism in a suburban stream. *Freshwater Biology*, 58, 918–937,
405 2013.
- 406 Becker, J.F., Endreny, T.A., and Robinson, J.D.: Natural channel design impacts on reach-scale
407 transient storage. *Ecological Engineering*, 57, 380–392, 2013.
- 408 Bernhardt, E.S., Palmer, M.A., Allan, J.D., Alexander, G., Barnas, K., Brooks, S. et al.: Ecology -
409 synthesizing US river restoration efforts. *Science*, 308, 636–637, 2005.
- 410 Bernot, M.J., Sobota, D.J., Hall, R.O., Mulholland, P.J., Dodds, W.K., Webster, J.R. et al.: Inter-
411 regional comparison of land-use effects on stream metabolism. *Freshwater Biology*, 55, 1874–
412 1890, 2010.
- 413 Bunn, S.E., Abal, E.G., Smith, M.J., Choy, S.C., Fellows, C.S., Harch, B.D. et al.: Integration of
414 science and monitoring of river ecosystem health to guide investments in catchment protection
415 and rehabilitation. *Freshwater Biology*, 55, 223–240, 2010.
- 416 Chapra, S.C. and Di Toro, D.M.: Delta method for estimating primary production, respiration, and
417 reaeration in streams. *Journal of Environmental Engineering*, 117, 640–655, 1991.
- 418 Colangelo, D.J.: Response of river metabolism to restoration of flow in the Kissimmee River, Florida,
419 U.S.A. *Freshwater Biology*, 52, 459–470, 2007.
- 420 Demars, B. O. L., Thompson, J., and Manson, J. R.: Stream metabolism and the open diel oxygen
421 method: Principles, practice, and perspectives. *Limnology and Oceanography-Methods*, 13,
422 356–374, 2015.



- 423 Ecke, F., Hellsten, S., Köhler, J., Lorenz, A.W., Rääpysjärvi, J., Scheunig, S. et al.: The response of
424 hydrophyte growth forms and plant strategies to river restoration. *Hydrobiologia*, 769, 41-54,
425 2016.
- 426 EEA (European Environment Agency): European Waters – Assessment of Status and Pressures. EEA
427 Report No. 8, EEA, Copenhagen. 96 pp., 2012.
- 428 EFI+ CONSORTIUM: Manual for the application of the new European Fish Index – EFI+. A fish-
429 based method to assess the ecological status of European running waters in support of the
430 Water Framework Directive. <http://efi-plus.boku.ac.at/software/doc/EFI%2bManual.pdf>, 2009.
- 431 Fellows, C.S., Valett, H.M., and Dahm, C.N.: Whole-stream metabolism in two montane streams:
432 Contribution of the hyporheic zone. *Limnology and Oceanography*, 46, 523–531, 2001.
- 433 Fellows, C.S., Valett, H.M., Dahm, C.N., Mulholland, P.J., and Thomas, S.A.: Coupling nutrient
434 uptake and energy flow in headwater streams. *Ecosystems*, 9, 788-804, 2006.
- 435 Flores, L., Larranaga, A., Díez, J., and Elosegi, A.: Experimental wood addition in streams: effects on
436 organic matter storage and breakdown. *Freshwater Biology*, 56, 2156–2167, 2011.
- 437 Friberg, N., Baattrup-Pedersen, A., Kristensen, E.A., Kronvang, B., Larsen, S.E., Pedersen, M.L. et
438 al.: The Gelsa River Restoration Revisited: community persistence of the macroinvertebrate
439 community over an 11-year period. *Ecological Engineering*, 66, 150–157, 2014.
- 440 Göthe, E., Timmermann, A., Januschke, K., and Baattrup-Pedersen, A.: Structural and functional
441 responses of floodplain vegetation to stream ecosystem restoration. *Hydrobiologia*, 769, 79-
442 92, 2016.
- 443 Gücker, B. and Boëchat, I.G.: Stream morphology controls ammonium retention in tropical
444 headwaters. *Ecology*, 85, 2818–2827, 2004.



- 445 Gücker, B., Boëchat, I.G., and Giani, A.: Impacts of agricultural land use on ecosystem structure and
446 whole-stream metabolism of tropical Cerrado streams. *Freshwater Biology*, 54, 2069–2085,
447 2009.
- 448 Gücker, B., Brauns, M. and Pusch, M.T.: Effects of wastewater treatment plant discharge on
449 ecosystem structure and function of lowland streams. *Journal of the North American*
450 *Benthological Society*, 25, 313-329, 2006.
- 451 Gücker, B. and Pusch, M.T.: Regulation of nutrient uptake in eutrophic lowland streams. *Limnology*
452 *and Oceanography*, 51, 1443-1453, 2006.
- 453 Haase, P., Lohse, S., Pauls, S., Schindehütte, K., Sundermann, A., Rolauffs, P. et al.: Assessing
454 streams in Germany with benthic invertebrates: development of a practical standardised
455 protocol for macroinvertebrate sampling and sorting. *Limnologica*, 34, 349–365, 2004.
- 456 Haase, P., Hering, D., Jähnig, S.C., Lorenz, A.W., and Sundermann, A.: The impact of
457 hydromorphological restoration on river ecological status: A comparison of fish, benthic
458 invertebrates, and macrophytes. *Hydrobiologia*, 704, 475–488, 2013.
- 459 Hall, R.O., Tank, J.L., Baker, M.A., Rosi-Marshall, E.J., and Hotchkiss, E.R.: Metabolism, Gas
460 Exchange, and Carbon Spiraling in Rivers. *Ecosystems*, 19, 73-86, 2016.
- 461 Harvey, J.V. and Wagner, B.J.: Quantifying hydrologic interaction between streams and their
462 subsurface hyporheic zones. In: *Streams and Ground Waters* (Eds J.B. Jones & P.J.
463 Mulholland), pp. 3–44. Academic Press, San Diego, CA, 2000.
- 464 Hering, D., Aroviita, J., Baattrup-Pedersen, A., Brabec, K., Buijse, T., Ecke, F. et al.: Contrasting the
465 roles of section length and instream habitat enhancement for river restoration success: a field
466 study on 20 European restoration projects. *Journal of Applied Ecology*, 50, 97–106, 2015.
- 467 Jähnig, S.C., Brunzel, S., Gacek, S., Lorenz, A.W., and Hering, D.: Effects of re-braiding measures on
468 hydromorphology, floodplain vegetation, ground beetles and benthic invertebrates in mountain
469 rivers. *Journal of Applied Ecology*, 46, 406 – 416, 2009.



- 470 Jähnig, S.C., Brabec, K., Buffagni, A., Erba, S., Lorenz, A.W., Ofenböck, T. et al.: A comparative
471 analysis of restoration measures and their effects on hydromorphology and benthic
472 invertebrates in 26 central and southern European rivers. *Journal of Applied Ecology*, 47, 671–
473 680, 2010.
- 474 Januschke, K., Jähnig, S.C., Lorenz, A.W., and Hering, D.: Mountain river restoration measures and
475 their success(ion): effects on river morphology, local species pool, and functional composition
476 of three organism groups. *Ecological Indicators*, 38, 243–255, 2014.
- 477 Januschke, K. and Verdonshot, R.C.M.: Effects of river restoration on riparian ground beetles
478 (Coleoptera: Carabidae) in Europe. *Hydrobiologia*, 769, 93-104, 2016.
- 479 Kohler, A.: Methoden der Kartierung von Flora und Vegetation von Süßwasserbiotopen. *Landschaft
480 und Stadt*, 10, 73–85, 1978.
- 481 Kohler, A. and Janauer, G.: Zur Methodik der Untersuchung von aquatischen Makrophyten in
482 Fließgewässern. In: *Handbuch Angewandte Limnologie* (Eds C. Steinberg, H. Bernhardt & H.
483 Klapper), pp. 1–22. ecomed Verlagsgesellschaft, Landsberg, 1997.
- 484 Kupilas, B., Friberg, N., McKie, B.G., Jochmann, M.A., Lorenz, A.W., and Hering, D.: River
485 restoration and the trophic structure of benthic invertebrate communities across 16 European
486 restoration projects. *Hydrobiologia*, 769, 105-120, 2016.
- 487 Lepori, F., Palm, D., and Malmqvist, B.: Effects of stream restoration on ecosystem functioning:
488 detritus retentiveness and decomposition. *Journal of Applied Ecology*, 42, 228–238, 2005.
- 489 Lepori, F., Gaul, D., Palm, D., and Malmqvist, B.: Food-web responses to restoration of channel
490 heterogeneity in boreal streams. *Canadian Journal of Fisheries and Aquatic Sciences*, 63,
491 2478–2486, 2006.
- 492 Lorenz, A.W., Korte, T., Sundermann, A., Januschke, K., and Haase, P.: Macrophytes respond to
493 reach-scale river restorations. *Journal of Applied Ecology*, 49, 202–212, 2012.



- 494 Marzolf, E.R., Mulholland, P.J., and Steinman, A.D.: Improvements to the diurnal upstream-
495 downstream dissolved-oxygen change technique for determining whole stream metabolism in
496 small streams. *Canadian Journal of Fisheries and Aquatic Sciences*, 51, 1591–1599, 1994.
- 497 McTammany, M.E., Webster, J.R., Benfield, E.F., and Neatrour, M.A.: Longitudinal patterns of
498 metabolism in a southern Appalachian river. *Journal of the North American Benthological*
499 *Society*, 22, 359–370, 2003.
- 500 Mulholland, P.J., Fellows, C.S., Tank, J.L., Grimm, N.B., Webster, J.R., Hamilton, S.K. et al.: Inter-
501 biome comparison of factors controlling stream metabolism. *Freshwater Biology*, 46, 1503–
502 1517, 2001.
- 503 Odum, H.T.: Primary production in flowing waters. *Limnology and Oceanography*, 2, 102–117, 1956.
- 504 Palmer, M.A., and Filoso, S.: Restoration of ecosystem services for environmental markets. *Science*,
505 325, 575–576, 2009.
- 506 Palmer, M.A., Hondula, K.L., and Koch, B.J.: Ecological restoration of streams and rivers: shifting
507 strategies and shifting goals. *Annual Review of Ecology, Evolution, and Systematics*, 45, 247–
508 269, 2014.
- 509 Poppe, M., Kail, J., Aroviita, J., Stelmaszczyk, M., Giełczewski, M., and Muhar, S.: Assessing
510 restoration effects on hydromorphology in European mid-sized rivers by key
511 hydromorphological parameters. *Hydrobiologia*, 769, 21–40, 2016.
- 512 Reichert, P., Uehlinger, U., and Acuña, V.: Estimating stream metabolism from oxygen
513 concentrations: effect of spatial heterogeneity. *Journal of Geophysical Research:*
514 *Biogeosciences*, 114(G3), 2009.
- 515 R Development Core Team: R: A language and environment for statistical computing. R Foundation
516 for Statistical Computing, Vienna, Austria. <http://www.R-project.org>, 2007.



- 517 Roberts, B.J., Mulholland, P.J., and Hill, W.R.: Multiple scales of temporal variability in ecosystem
518 metabolism rates: results from 2 years of continuous monitoring in a forested headwater
519 stream. *Ecosystems*, 10, 588–606, 2007.
- 520 Roni, P., Hanson, K., and Beechie, T.: Global review of the physical and biological effectiveness of
521 stream habitat rehabilitation techniques. *North American Journal of Fisheries Management*,
522 28, 856–890, 2008.
- 523 Runkel, R.L.: One-dimensional transport with inflow and storage (OTIS): A solute transport model for
524 streams and rivers. US Geological Survey, Water-Resources Investigation Report 98-4018,
525 Denver, CO. <http://co.water.usgs.gov/otis>, 1998.
- 526 Runkel, R.L.: A new metric for determining the importance of transient storage. *Journal of the North
527 American Benthological Society*, 21, 529–543, 2002.
- 528 Schaumburg, J., Schranz, C., Foerster, J., Gutowski, A., Hofmann, G., Meilinger, P. et al.: Ecological
529 classification of macrophytes and phytobenthos for rivers in Germany according to the Water
530 Framework Directive. *Limnologica*, 34, 283–301, 2004.
- 531 Schaumburg, J., Schranz, C., Meilinger, P., Stelzer, D., Hofmann, G., Foerster, J. et al.: Makrophyten
532 und Phytobenthos in Fließgewässern und Seen – Das deutsche Bewertungsverfahren:
533 Entwicklung, Praxistest und Ausblick. *Limnologie aktuell*, 11, 63–75, 2005a.
- 534 Schaumburg, J., Schranz, C., Stelzer, D., Hofmann, G., Gutowski, A., and Foerster, J.: Bundesweiter
535 Test: Bewertungsverfahren „Makrophyten & Phytobenthos“ in Fließgewässern zur Umsetzung
536 der WRRL. Bayerisches Landesamt für Umwelt, München, 2005b.
- 537 Schmutz, S., Jurajda, P., Kaufmann, S., Lorenz, A.W., Muhar, S., Paillex, A. et al.: Response of fish
538 assemblages to hydromorphological restoration in central and northern European rivers.
539 *Hydrobiologia*, 769, 67-78, 2016.
- 540 Schulz, M. and Gücker, B.: Macrophytes increase spatial patchiness of fluvial sedimentary records and
541 effect temporal particulate nutrient storage. *Aquatic Geochemistry*, 11, 89-107, 2005.



- 542 Silva-Junior, E.F., Moulton, T.P., Boëchat, I.G., and Gücker, B.: Leaf decomposition and ecosystem
543 metabolism as functional indicators of land use impacts on tropical streams. *Ecological*
544 *Indicators*, 36, 195–204, 2014.
- 545 Strayer, D.L. and Dudgeon, D.: Freshwater biodiversity conservation: recent progress and future
546 challenges. *Journal of the North American Benthological Society*, 29, 344–358, 2010.
- 547 Tank, J.L., Rosi-Marshall, E.J., Griffiths, N.A., Entekin, S.A., and Stephen, M.L.: A review of
548 allochthonous organic matter dynamics and metabolism in streams. *Journal of the North*
549 *American Benthological Society*, 29, 118–146, 2010.
- 550 Uehlinger, U.: Resistance and resilience of ecosystem metabolism in a flood-prone river system.
551 *Freshwater Biology*, 45, 319–332, 2000.
- 552 Uehlinger, U.: Annual cycle and inter-annual variability of gross primary production and ecosystem
553 respiration in a floodprone river during a 15-year period. *Freshwater Biology*, 51, 938–950,
554 2006.
- 555 Valett, H.M., Morrice, J.A., Dahm, C.N., and Campana, M.E.: Parent lithology, surface-groundwater
556 exchange, and nitrate retention in headwater streams. *Limnology and Oceanography*, 41, 333-
557 345, 1996.
- 558 Verdonschot, R.C.M., Kail, J., McKie, B.G., and Verdonschot, P.F.M.: The role of benthic
559 microhabitats in determining the effects of hydromorphological river restoration on
560 macroinvertebrates. *Hydrobiologia*, 769, 55-66, 2016.
- 561 Young, R.G. and Huryn, A.D.: Comment: improvements to the diurnal upstream–downstream
562 dissolved oxygen change technique for determining whole stream metabolism in small
563 streams. *Canadian Journal of Fisheries and Aquatic Sciences*, 55, 1784–1785, 1998.
- 564 Young, R.G. and Huryn, A.D.: Effects of land use on stream metabolism and organic matter turnover.
565 *Ecological Applications*, 9, 1359-1376, 1999.



566 Young, R.G., Matthaei, C.D., and Townsend, C.R.: Organic matter breakdown and ecosystem
567 metabolism: functional indicators for assessing river ecosystem health. *Journal of the North*
568 *American Benthological Society*, 27, 605–625, 2008.

569

570 **Table 1:** River and study site characteristics

| River characteristics | |
|---|-------------------|
| Catchment size (km ²) | 4485 |
| Stream length (km) | 219 |
| River type | Gravel-bed |
| Stream order | 3 |
| Ecoregion | Central Highlands |
| Study site characteristics | |
| Latitude (N) * | 51.44093 |
| Longitude (E) * | 7.96223 |
| Catchment size (km ²) | 1060 |
| Altitude (m a.s.l.) | 153 |
| Mean annual discharge (m ³ s ⁻¹) | 21.3 |
| Catchment geology | siliceous |
| Restoration length (km) | 2.3 |
| Restoration date | 2007-2009 |
| Main restoration action | riverbed widening |
| pH ** | 8.3 |
| Electric conductance ** (μ S cm ⁻¹) | 340 |
| Total nitrogen ** (mg L ⁻¹) | 2.7 |
| NO ₃ -N ** (mg L ⁻¹) | 2.53 |
| NH ₄ -N ** (mg L ⁻¹) | < 0.1 |
| Total phosphorus ** (mg L ⁻¹) | 0.07 |
| Total organic carbon ** (mg L ⁻¹) | 2.3 |

571 * center of reach

572 ** data from ELWAS-WEB (online information system maintained by The Ministry for Climate Protection, Environment, Agriculture,

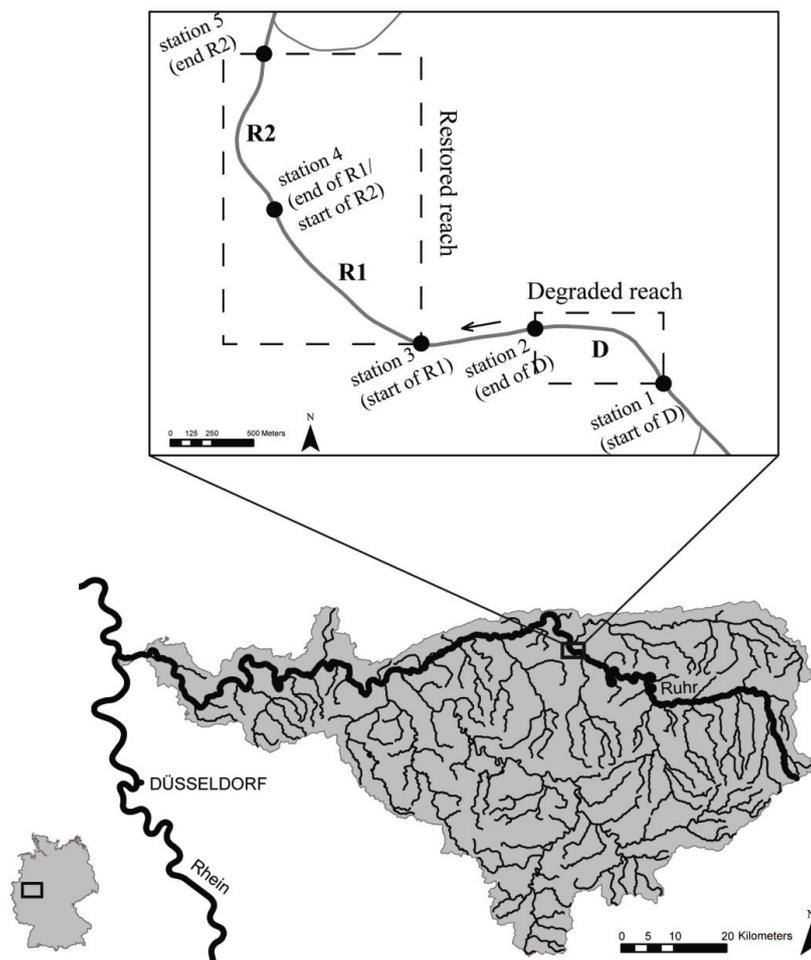
573 Conservation and Consumer Protection of the State of North Rhine-Westphalia; sampling date: 26.6.2012).

574 **Table 2:** Morphological and hydrodynamic characteristics of the investigated river reaches

| Variable | degraded reach (D) | 1. restored reach (R1) | 2. restored reach (R2) |
|---|----------------------|------------------------|------------------------|
| Thalweg length (m) | 850 | 1210 | 1120 |
| Width (m) | 22.5 | 28.2 | 36.6 |
| Width variation * (m) | 3.3 | 6.3 | 10.5 |
| Wetted channel area (m ²) | 19,114 | 34,604 | 41,673 |
| Floodplain area (m ²) | 27,363 | 30,630 | 34,218 |
| Island area (m ²) | 0 | 2,666 | 12,381 |
| Woody debris (m ²) | 0 | 467 | 691 |
| Macrophyte coverage (%) | 4.8 | 1.7 | 19.8 |
| Flow velocity (m s ⁻¹) | 0.95 | 0.8 | 0.47 |
| Longitudinal dispersion, D (m ² s ⁻¹) ** | 0.28 | 0.59 | 10.21 |
| Channel cross-sectional area, A (m ²) ** | 12.11 | 14.96 | 27.05 |
| Storage zone cross-sectional area, A_S (m ²) ** | 2.38 | 4.48 | 3.16 |
| Storage rate, α (s ⁻¹) ** | 4.9×10^{-4} | 7.4×10^{-4} | 2.0×10^{-4} |
| Transient storage, F_{med}^{200} (%) | 1.6 | 3.9 | 0.8 |
| Damköhler number | 2.8 | 4.8 | 4.4 |

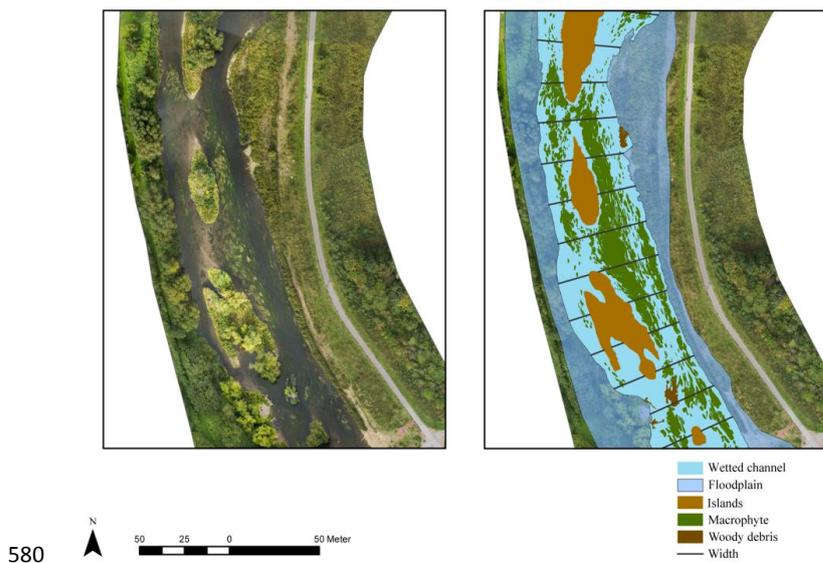
575 * Width variation calculated as standard deviation; degraded: n = 42, restored 1: n = 59, restored 2: n = 54

576 ** Data on hydrodynamic characteristics represent the final parameters obtained by one-dimensional transport modelling using OTIS-P.



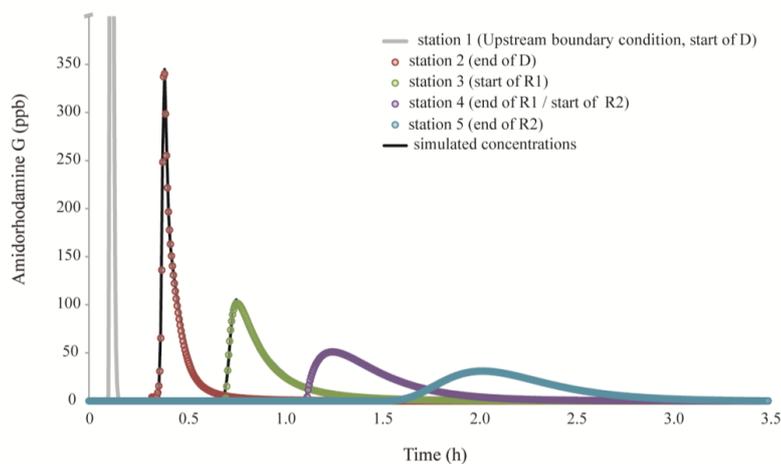
577

578 **Fig. 1:** Location of the study site in the upper catchment of the River Ruhr in Germany. Stations represent start and end of the
579 investigated river reaches (degraded, 1st restored and 2nd restored reach).



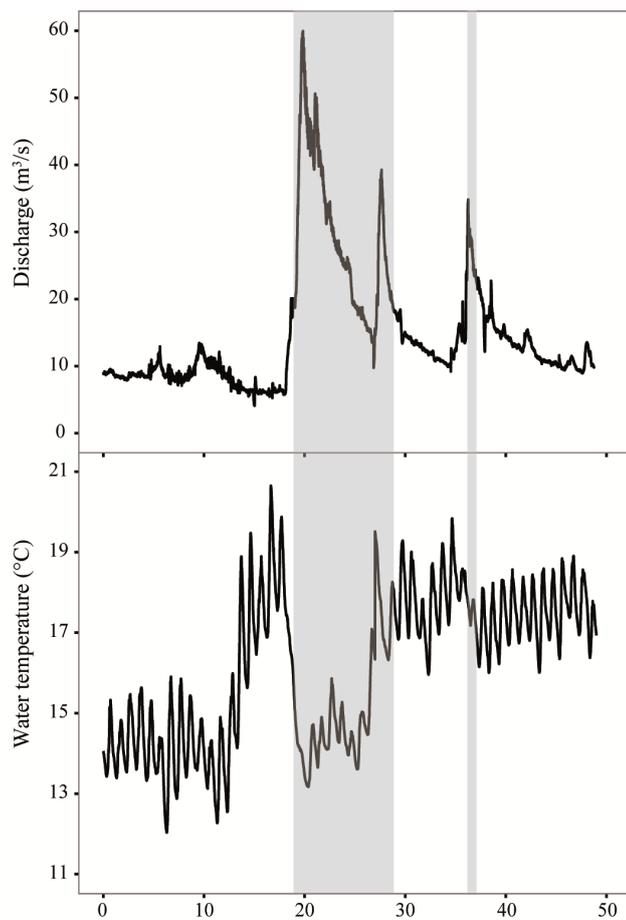
580

581 **Fig. 2:** Analysis of aerial photos. A representative river section of the 2nd restored reach is shown.



582

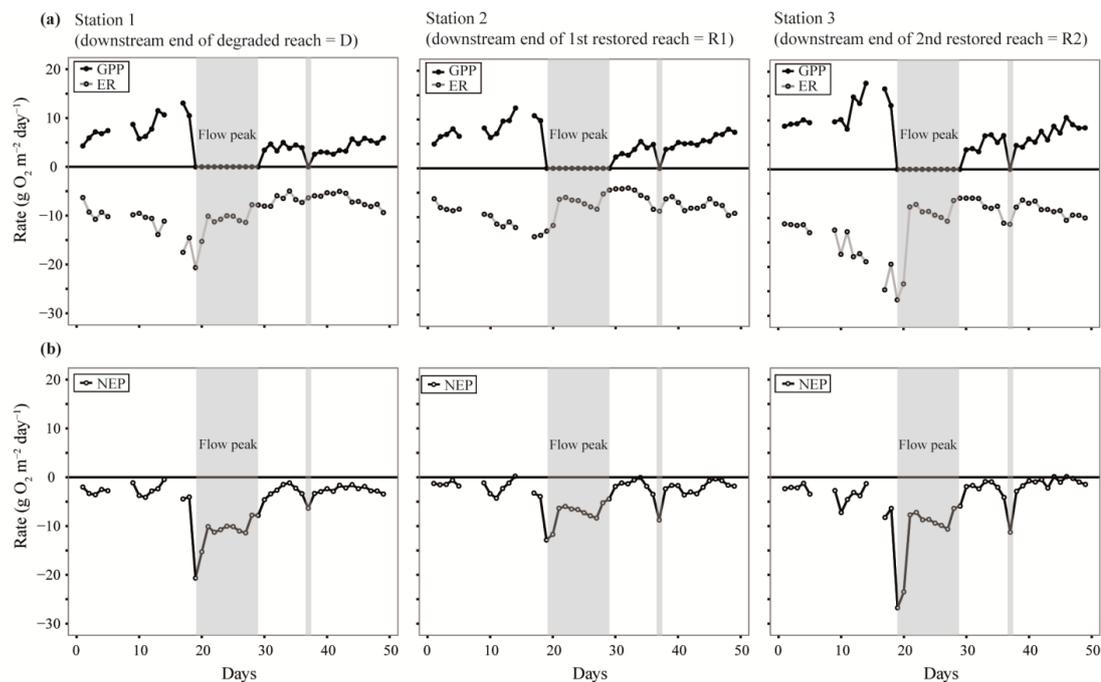
583 **Fig. 3:** Tracer breakthrough curves for the conservative tracer addition experiment in the River Ruhr. Upstream boundary
 584 condition based on concentrations at sampling station 1 (start of degraded reach, D, grey solid line), observed concentrations
 585 at sampling stations 2 (end of degraded reach, empty circles), 3 (start of 1st restored reach, R1, empty squares), 4 (end of 1st
 586 restored reach, start of 2nd restored reach, R2, empty triangles), 5 (end of 2nd restored reach, crosses), and simulated
 587 concentrations based on final parameter estimates with OTIS-P (solid lines).



588

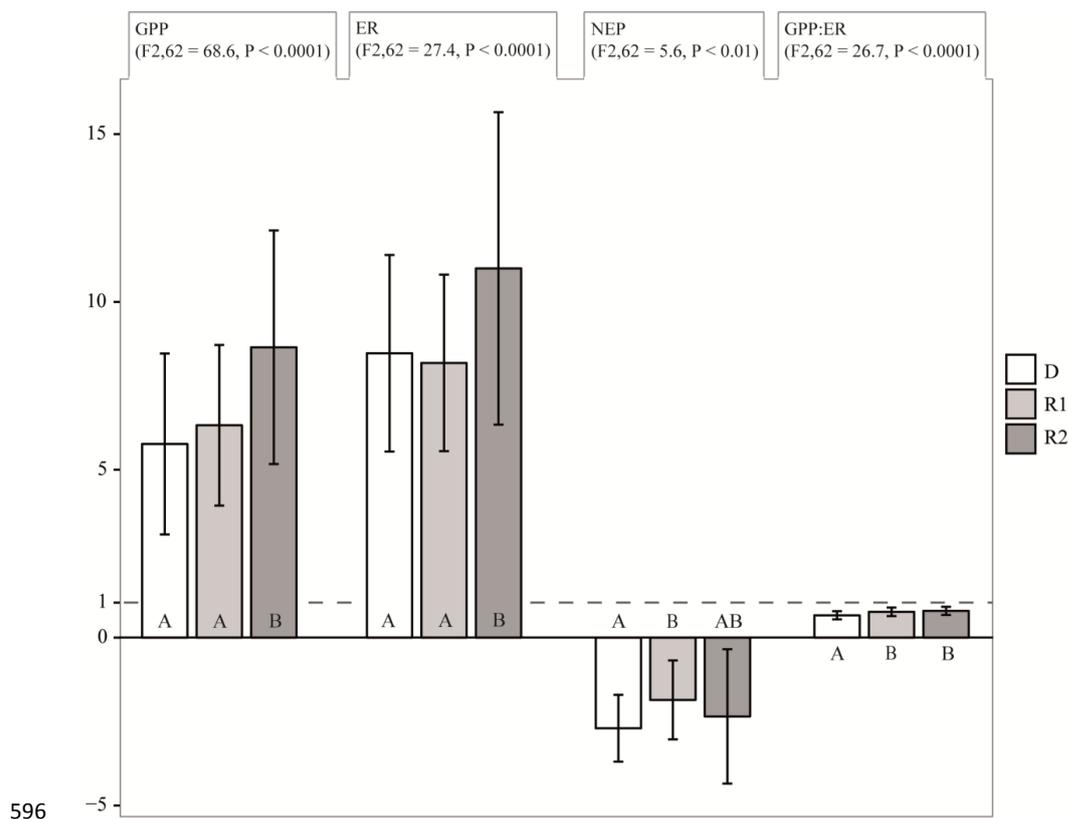
589 **Fig. 4:** (a) discharge and (b) water temperature in the River Ruhr during the study period in summer 2014. Trend in water

590 temperature during study period is exemplarily shown for the 2nd restored reach (R2).



591

592 **Fig. 5:** Daily rates of (a) gross primary production (GPP: positive values, black line) and ecosystem respiration (ER: negative
593 values, grey lines) and (b) net ecosystem production (NEP) measured at the downstream ends of the investigated reaches
594 (degraded = D; 1st restored = R1; 2nd restored = R2) of River Ruhr in summer 2014. Vertical grey bars indicate peak flow
595 events.



596
 597 **Fig. 6:** Mean GPP, ER, NEP and GPP:ER ± 1SD of the sampling stations (D = station at the downstream end of the degraded
 598 reach, R1 = station at the end of 1st restored reach, R2 = station at the end of the 2nd restored reach). Results of repeated
 599 measures ANOVA in parentheses. Significant differences among stations (Tukey's HSD, $P < 0.05$) are indicated by different
 600 uppercase letters. Data of days during flow peaks were omitted from the analyses.



Appendix S1: Information about restoration activities and restored reaches

The restored reaches (R1 and R2) were compared to an upstream degraded “control-section”. We selected the degraded reach (D) to be characteristic for the channelized state of the River Ruhr, and to reflect the conditions of the restored reaches prior to restoration (Fig. S1, S2). Accordingly, the hydromorphology of the degraded reach had been largely modified by channelization and bank fixation, resulting in lower physical stream quality (e.g. smaller wetted channel width, no islands and no accumulations of woody debris).

Restoration involved the widening of the riverbed and the reconnection of the river with its floodplain by creating a shallower river profile and by removing bank fixations. Furthermore, secondary channels and island were generated, instream structures - such as woody debris - were added and shallow habitats were created, potentially providing more space for autotrophs (Fig. S3, S4, S5, S6, S7, S8). The restored reaches differed in restoration effort (R1: moderate restoration effort and R2: high restoration effort). Briefly, R2 represented higher effort than R1 due to larger soil moving activities and higher costs for measures implemented (Table S1). Moreover, differences in restoration effort were obvious from measures implemented along the two reaches: In R1, removal of bank fixation and widening of the riverbed mainly focused on one (right) shoreline only, while the other (left) shoreline remained fixed due to railroad constrains (Fig. S7). On the contrary, R2 was substantially widened, bank fixation was removed at both shorelines and islands were created along the reach (Fig. S8). The differences between the restored reaches are further described by measurement results presented in our study (Table 2).

Table S1: Restoration costs and soil moving activities indicating differences in restoration effort between R1 and R2

| Reach | Costs (€) | Soil excavation (m ³) | Soil shifting (m ³) |
|-------|--------------|--------------------------------------|------------------------------------|
| R1 | 1,400,000 | 44,000 | 15,000 |
| R2 | 1,930,000 | 61,000 | 18,000 |

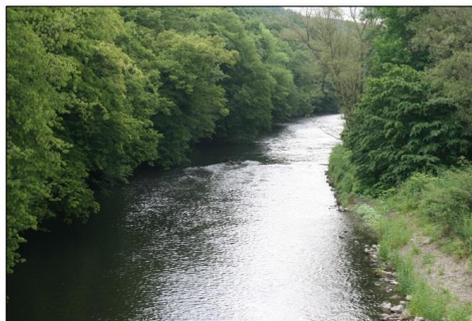


Fig. S1: Photo of the upstream degraded „control-section“ (D) (photo by A. Lorenz).



Fig. S2: Conditions of restored reaches prior to restoration (photo by A. Lorenz).



Fig. S3: Photo of the 1st restored reach (R1) (photo by B. Kupilas).



Fig. S4: Photo of the 1st restored reach (R1) (photo by B. Kupilas).



Fig. S5: Photo of the 2nd restored reach (R2) (photo by B. Kupilas).



Fig. S6: Photo of the 2nd restored reach (R2) (photo by B. Kupilas).

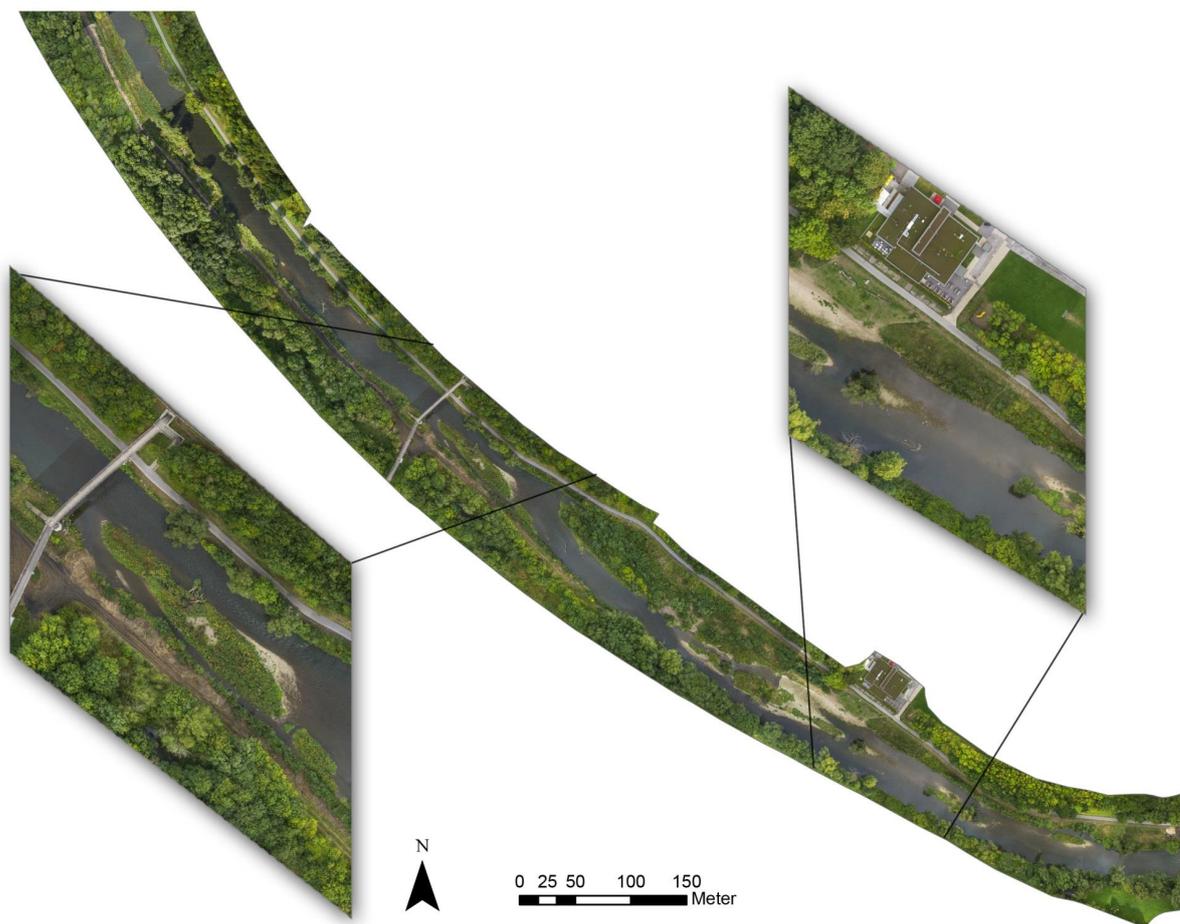


Fig. S7: 1st restored reach (R1) (photo by NZO GmbH, Germany).

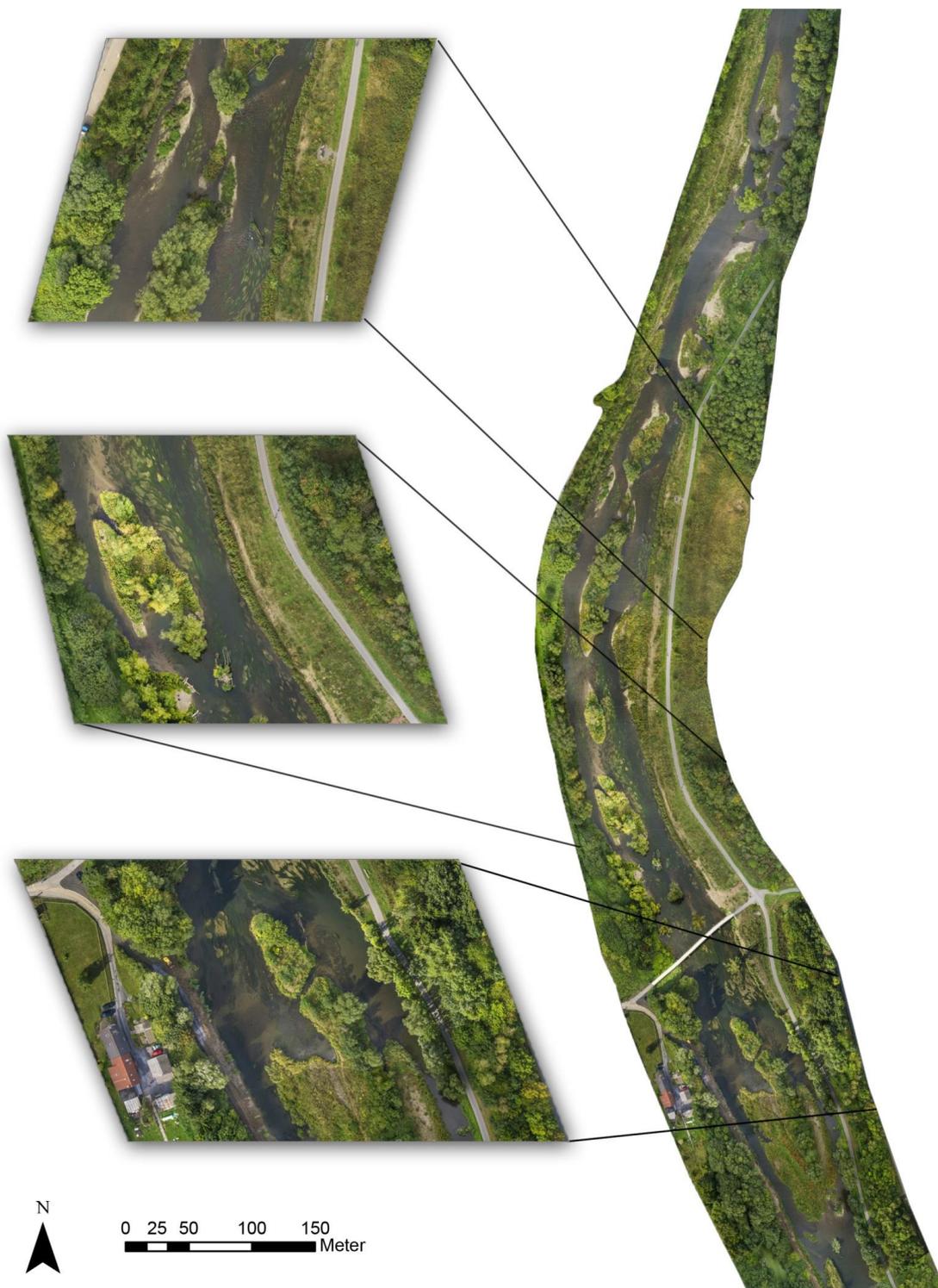
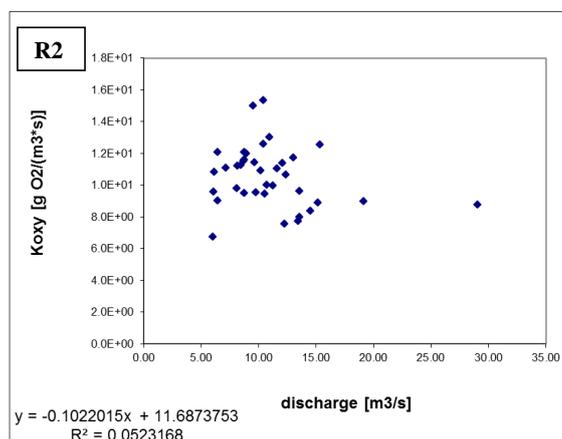
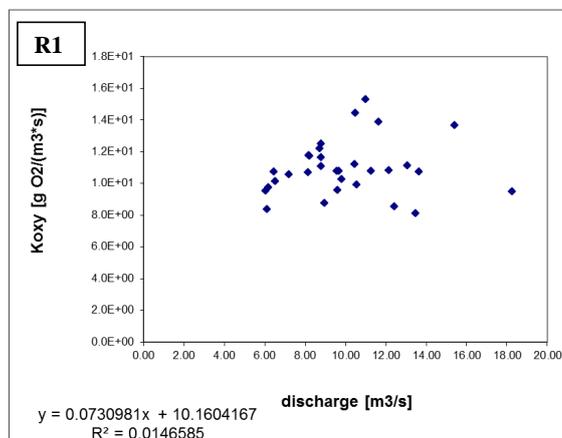
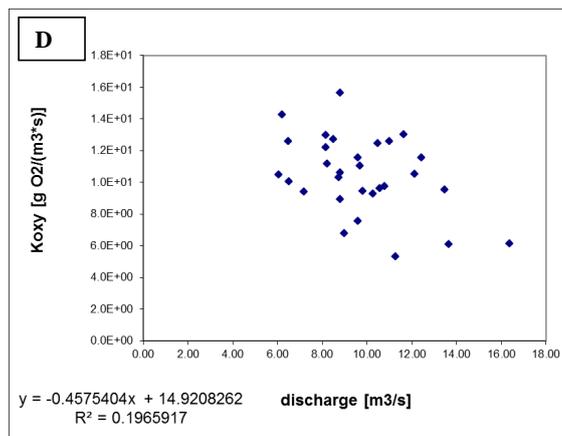


Fig. S8: 2nd restored reach (R2) (photo by NZO GmbH, Germany).



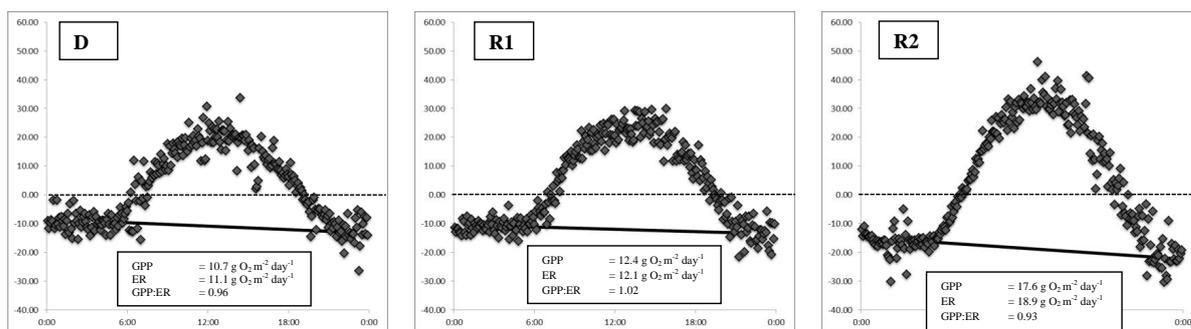
Appendix S2: K_{oxy}^{20} - discharge relationships for stations in D, R1 and R2.

All regressions with $P > 0.05$

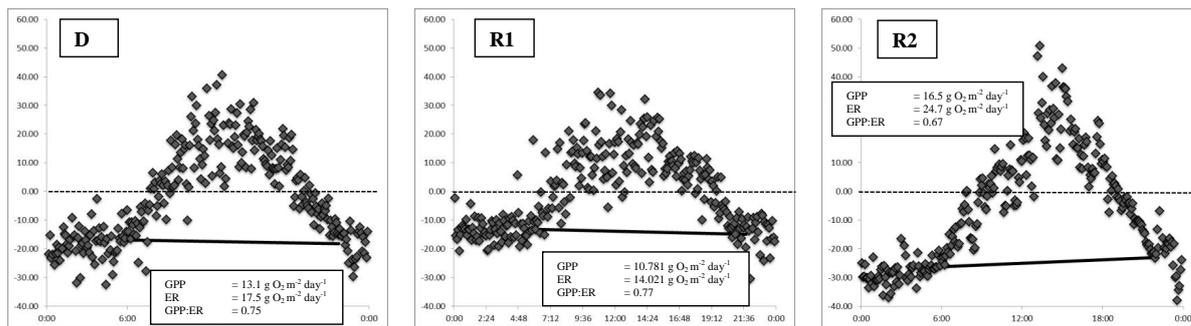




Appendix S3: Diurnal patterns of ecosystem metabolism in the sampling stations at D, R1 and R2 for days on which GPP and ER were among the highest respectively lowest rates measured

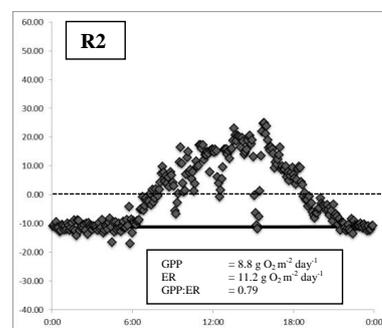
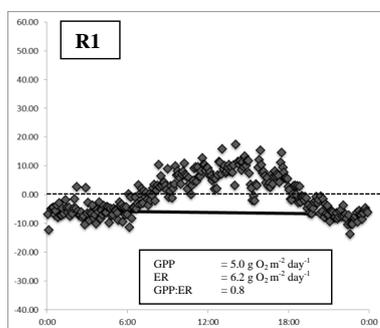
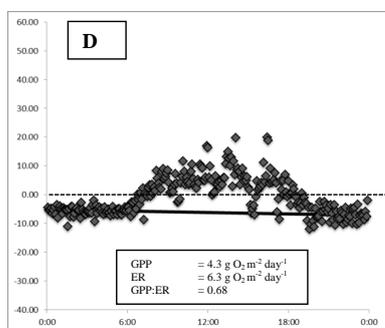


Day 17

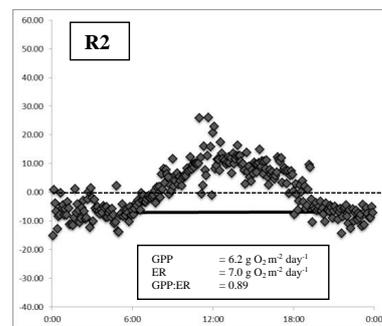
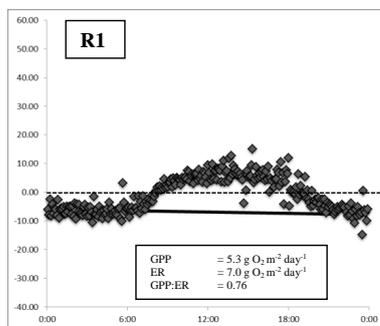
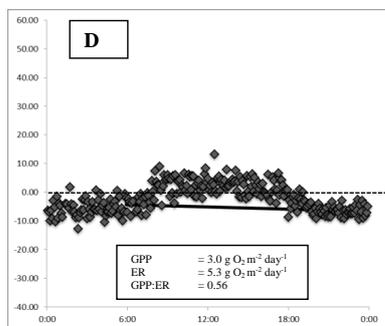




Day 1



Day 40





Appendix S4: Comparison of metabolic rates estimated in our study with literature data

GPP and ER estimated in this study were among the highest values reported for similar sized rivers (discharge between 5 - 50 m³ s⁻¹, Appendix S5); especially those of the sampling station R2. In comparison to other streams, higher GPP and ER were reported for formerly polluted streams with a channelized river course and degraded floodplain in the Basque country (Izagirre et al. 2008); accordingly, a direct comparison to the Ruhr seems inappropriate. Besides size, none of the rivers in our literature review was comparable to the Ruhr regarding the river characteristics: sediment structure, hydromorphology/river state, macrophytes, and geographic region (Appendix S5). Consequently, metabolism reference values from rivers similar to the Ruhr are not available. However, higher GPP and ER after restoration of flow patterns have been reported by Colangelo (2007), supporting our findings of higher metabolic rates following restoration. Of all the rivers for which metabolism has been reported, the channelized river Thur (Uehlinger 2006) is closest to the Ruhr regarding size, sediment, and region. Average GPP and ER reported for the Thur were similar to those of the channelized sampling station D. Thus, relatively low GPP and ER in hydromorphologically altered rivers may be common.

References:

- Colangelo, D.J. (2007) Response of river metabolism to restoration of flow in the Kissimmee River, Florida, U.S.A. *Freshwater Biology*, 52, 459–470. doi:10.1111/j.1365-2427.2006.01707.x.
- Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elozegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. *Journal of the North American Benthological Society*, 27, 252–268. doi: 10.1899/07–022.1.
- Uehlinger, U. (2006) Annual cycle and inter-annual variability of gross primary production and ecosystem respiration in a floodprone river during a 15-year period. *Freshwater Biology*, 51, 938–950. doi: 10.1111/j.1365-2427.2006.01551.x.


Appendix S5: Comparison with literature data, (a) river characteristics

| Sampled river | River characteristics | | | | | |
|--|--|---|--|--|-----------|-------------------------------------|
| Name, geographic region | Sediment structure | Hydromorphology/river state | Macrophytes | Additional information | Width (m) | Q (m ³ s ⁻¹) |
| Kissimmee River, Florida, USA | Sand | Channelised, restored habitat structure in river channel with continuous flow | Reduced cover of floating and mat forming vegetation | Sub-tropical, low-gradient, blackwater | 15 – 30 | 36.60 |
| Kansas River, Kansas, USA | Sand | Slightly braided, moderately degraded (oxbow wetlands gone, bordered by cropland, no heavy industry or large urban area, some reservoirs) | No macrophytes, diatoms main primary producers | Prairie river, shallow | 75 | 14.36 |
| Omo River, Fuji River Basin, Japan | Cobbles, boulders | Relatively good, degraded water quality due to agricultural land use | Less than 5% cover | Open-canopy lowland stream draining urban and agricultural land | N.a. | 5.12 |
| Aizarnazabal, Basque Country, Spain | Bedrock, cobble | Narrow and steep valleys with short and steep streams, biotic index: excellent | Occasionally, periphyton main primary producer | Humid-oceanic climate, formerly polluted | 22.7 | 6.27 |
| Alegia, Basque Country, Spain | Bedrock, cobble | Narrow and steep valleys with short and steep streams, biotic index: good | Occasionally, periphyton main primary producer | Humid-oceanic climate, formerly polluted | 36.2 | 6.96 |
| Altzola, Basque Country, Spain | Bedrock, cobble | Narrow and steep valleys with short and steep streams, biotic index: poor | Occasionally, periphyton main primary producer | Humid-oceanic climate, formerly polluted | 31.1 | 9.47 |
| Amorebieta, Basque Country, Spain | Bedrock, cobble | Narrow and steep valleys with short and steep streams, biotic index: very poor | Occasionally, periphyton main primary producer | Humid-oceanic climate, formerly polluted | 23.3 | 5.55 |
| Lasarte, Basque Country, Spain | Bedrock, cobble | Narrow and steep valleys with short and steep streams, biotic index: fair | Occasionally, periphyton main primary producer | Humid-oceanic climate, formerly polluted | 46.4 | 22.74 |
| Little Tennessee River, North Carolina, USA | Sand becoming a mix of bedrock, large boulders, and sand | Broad alluvial valley becoming constrained | N.a. | N.a. | N.a. | 12.90 |
| Thur River, Switzerland | Gravel | Channelised with stabilised banks, with reach partly being opened (i.e. removal of bank fixation) | N.a. | Alpine river | 35 | 48.70 |
| Murrumbidgee River, Darling Point, Australia | Clay, silt with sandy bars | Degraded, but not channelized | Very little macrophytes | In an agricultural area | N.a. | 22.00 |
| Daly, Australia | Sand, gravel | Natural, about 5% of the land cleared of natural vegetation, no dams, essentially natural flow, intermittent river | Very little macrophytes | 5th - 7th order, tropical, shallow, clear water, low nutrient concentration, open canopy | N.a. | 24.00 |
| Mitchell River (MCC, upper site), Australia | Sand, bedrock | Continuous run-pool channel morphology | No macrophytes | Dry season sampled, riparian vegetation present | 32 | 27.20 |
| Buffalo Fork, Wyoming, USA | Cobble, gravel/pebble | Natural | No macrophytes | N.a. | 35.2 | 19.10 |
| Green River, Wyoming, USA | Cobble, boulder | Natural | N.a. | Below a dam | 62.5 | 25.50 |
| Salmon River, USA | Cobble, gravel | Natural | No macrophytes | N.a. | 50.5 | 25.90 |
| Tippecanoe River, Indiana, USA | Gravel, pebble with sand and fine sediment | Natural | No macrophytes | N.a. | 50.6 | 19.00 |
| Muskgeon River, Michigan, USA | Sand, silt, clay with gravel and cobbles | Natural | 9% cover | N.a. | 67 | 33.00 |
| Manistee River, Michigan, USA | Sand, silt, clay with gravel and pebble | Natural | 13% cover | N.a. | 52.5 | 36.50 |
| Bear River, Utah, USA | Sand, silt, clay | Natural morphology but hydrologically altered | No macrophytes | N.a. | 37.3 | 16.00 |



| | | | | | | | |
|---------------------------------------|--|----------------------------------|------------|---|--|-------|-------|
| Green River at Ouray, Utah, USA | Sand, silt, clay | Natural | 1% cover | N.a. | | 111.8 | 37.90 |
| Green River at Gray Canyon, Utah, USA | Fine sediments with gravel and cobbles | Natural | < 1% cover | N.a. | | 79.1 | 41.00 |
| Chena1, Alaska, USA | N.a. | Natural flow regime, undeveloped | N.a. | Sub-arctic, clear-water river, upper catchment -undeveloped, lower catchment with urban development | | N.a. | 42.00 |
| Chena2, Alaska, USA | N.a. | Natural flow regime, undeveloped | N.a. | Sub-arctic, clear-water river, upper catchment -undeveloped, lower catchment with urban development | | N.a. | 44.50 |
| Chena3, Alaska, USA | N.a. | Natural flow regime, undeveloped | N.a. | Sub-arctic, clear-water river, upper catchment -undeveloped, lower catchment with urban development | | N.a. | 47.00 |
| Chena4, Alaska, USA | N.a. | Natural flow regime, undeveloped | N.a. | Sub-arctic, clear-water river, upper catchment -undeveloped, lower catchment with urban development | | N.a. | 47.50 |
| Ichetucknee, Florida, USA | N.a. | N.a. | N.a. | N.a. | | N.a. | 8.90 |
| East Fork, Indiana, USA | N.a. | Natural | N.a. | N.a. | | 47.9 | 14.00 |

N.a. = not available



Appendix S5: comparison with literature data, (b) metabolic rates

| Sampled river | Metabolism | | | | Reference |
|--|-------------------------|---|--|--------|---|
| | Name, geographic region | GPP (g O ₂ m ⁻² d ⁻¹) | ER (g O ₂ m ⁻² d ⁻¹) | GPP:ER | |
| Kissimmee River, Florida, USA | 3.95 | -9.44 | 0.42 | -5.49 | Colangelo, D.J. (2007) Response of river metabolism to restoration of flow in the Kissimmee River, Florida, U.S.A. <i>Freshwater Biology</i> , 52, 459–470. |
| Kansas River, Kansas, USA | 8.40 | -12.12 | 0.69 | -3.72 | Dodds, W.K., J.J. Beaulieu, J.J. Eichmiller, J.R. Fischer, N.R. Franssen, D.A. Gudder, A.S. Makinster, M.J. McCarthy, J.N. Murdock, J.M. O'Brien, J.L. Tank & R.W. Sheibley (2008) Nitrogen cycling and metabolism in the thalweg of a prairie river. <i>Journal of Geophysical Research</i> , 113, G04029. |
| Omo River, Fuji River Basin, Japan | 3.83 | -9.13 | 0.42 | -5.30 | Iwata, T., T. Takahashi, F. Kazama et al. (2007) Metabolic balance of streams draining urban and agricultural watersheds in central Japan. <i>Limnology</i> , 8, 243–250. |
| Aizarnazabal, Basque Country, Spain | 11.00 | -17.20 | 0.64 | -6.20 | Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elosegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. <i>Journal of the North American Benthological Society</i> , 27, 252–268. |
| Alegia, Basque Country, Spain | 4.40 | -12.50 | 0.35 | -8.10 | Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elosegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. <i>Journal of the North American Benthological Society</i> , 27, 252–268. |
| Altzola, Basque Country, Spain | 6.40 | -42.60 | 0.15 | -36.20 | Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elosegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. <i>Journal of the North American Benthological Society</i> , 27, 252–268. |
| Amorebieta, Basque Country, Spain | 2.80 | -9.80 | 0.29 | -7.00 | Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elosegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. <i>Journal of the North American Benthological Society</i> , 27, 252–268. |
| Lasarte, Basque Country, Spain | 6.30 | -13.50 | 0.47 | -7.20 | Izagirre, O., U. Agirre, M. Bermejo, J. Pozo & A. Elosegi (2008) Environmental controls of whole-stream metabolism identified from continuous monitoring of Basque streams. <i>Journal of the North American Benthological Society</i> , 27, 252–268. |
| Little Tennessee River, North Carolina, USA | 3.18 | -4.07 | 0.78 | -0.89 | McTammany, M.E., J.R. Webster, E.F. Benfield & M.A. Neatrou (2003) Longitudinal patterns of metabolism in a southern Appalachian river. <i>Journal of the North American Benthological Society</i> , 22, 359–370. |
| Thur River, Switzerland | 5.00 | -6.20 | 0.81 | -1.20 | Uehlinger, U. 2006. Annual cycle and inter-annual variability of gross primary production and ecosystem respiration in a floodprone river during a 15-year period. <i>Freshwater Biology</i> , 51, 938–950. |
| Murrumbidgee River, Darling Point, Australia | 1.71 | -1.90 | 0.90 | -0.19 | Vink, S., M. Bormans, P.W. Ford & N.J. Grigg (2005) Quantifying ecosystem metabolism in the middle reaches of Murrumbidgee River during irrigation flow releases. <i>Marine and Freshwater Research</i> , 56, 227–241. |
| Daly, Australia | 2.90 | -5.34 | 0.54 | -2.44 | Townsend, S.A. & A.V. Padovan (2005) The seasonal accrual and loss of benthic algae (<i>Spirogyra</i>) in the Daly River, an oligotrophic river in tropical Australia. <i>Marine and Freshwater Research</i> , 56, 317–327. |
| Mitchell River (MCC, upper site), Australia | 2.12 | -4.47 | 0.47 | -2.35 | Hunt, R.J., T.D. Jardine, S.K. Hamilton & S.E. Bunn (2012) Temporal and spatial variation in ecosystem metabolism and food web carbon transfer in a wet-dry tropical river. <i>Freshwater Biology</i> , 57, 435–450. |
| Buffalo Fork, Wyoming, USA | 0.80 | -3.40 | 0.24 | -2.60 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Green River, Wyoming, USA | 19.90 | -17.50 | 1.14 | 2.40 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Salmon River, USA | 4.00 | -5.10 | 0.78 | -1.10 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Tippecanoe River, Indiana, USA | 2.60 | -5.30 | 0.49 | -2.70 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Muskegon River, Michigan, USA | 3.00 | -4.80 | 0.63 | -1.80 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Manistee River, Michigan, USA | 3.90 | -4.40 | 0.89 | -0.50 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |
| Bear River, Utah, USA | 1.10 | -1.10 | 1.00 | 0.00 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73–86. |



| | | | | | |
|---------------------------------------|-------|-------|------|-------|--|
| Green River at Ouray, Utah, USA | 1.10 | -1.20 | 0.92 | -0.10 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73-86. |
| Green River at Gray Canyon, Utah, USA | 0.30 | -3.00 | 0.10 | -2.70 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73-86. |
| Chena1, Alaska, USA | 3.25 | -8.95 | 0.36 | -5.70 | Benson, E.R., M.S. Wipfli, J.E. Clapcott & N.F. Hughes (2013) Relationships between ecosystem metabolism, benthic macroinvertebrate densities, and environmental variables in a sub-arctic Alaskan river. <i>Hydrobiologia</i> , 701, 189–207. |
| Chena2, Alaska, USA | 2.25 | -5.80 | 0.39 | -3.55 | Benson, E.R., M.S. Wipfli, J.E. Clapcott & N.F. Hughes (2013) Relationships between ecosystem metabolism, benthic macroinvertebrate densities, and environmental variables in a sub-arctic Alaskan river. <i>Hydrobiologia</i> , 701, 189–207. |
| Chena3, Alaska, USA | 1.85 | -6.10 | 0.30 | -4.25 | Benson, E.R., M.S. Wipfli, J.E. Clapcott & N.F. Hughes (2013) Relationships between ecosystem metabolism, benthic macroinvertebrate densities, and environmental variables in a sub-arctic Alaskan river. <i>Hydrobiologia</i> , 701, 189–207. |
| Chena4, Alaska, USA | 1.95 | -5.90 | 0.33 | -3.95 | Benson, E.R., M.S. Wipfli, J.E. Clapcott & N.F. Hughes (2013) Relationships between ecosystem metabolism, benthic macroinvertebrate densities, and environmental variables in a sub-arctic Alaskan river. <i>Hydrobiologia</i> , 701, 189–207. |
| Ichetucknee, Florida, USA | 10.00 | -8.50 | 1.18 | 1.50 | Heffernan, J.B. & M.J. Cohen (2010) Direct and indirect coupling of primary production and diel nitrate dynamics in a subtropical spring-fed river. <i>Limnol. Oceanogr.</i> , 55, 677–688. |
| East Fork, Indiana, USA | 4.70 | -5.60 | 0.84 | -0.90 | Hall, R.O., J.L. Tank, M.A. Baker, E.J. Rosi-Marshall & E.R. Hotchkiss (2016) Metabolism, Gas Exchange, and Carbon Spiraling in Rivers. <i>Ecosystems</i> , 19, 73-86. |
