

1 Sediment phosphorus speciation and mobility under  
2 dynamic redox conditions

3 *Chris T. Parsons*<sup>\*1</sup>, *Fereidoun Rezanezhad*<sup>1</sup>, *David W. O'Connell*<sup>1,2</sup>, *Philippe Van Cappellen*<sup>1</sup>

4 <sup>1</sup>Ecohydrology Research Group and The Water Institute, University of Waterloo, 200 University  
5 Avenue West, Waterloo, Ontario, Canada.

6 <sup>2</sup>Department of Civil, Structural and Environmental Engineering, Trinity College Dublin,  
7 College Green, Museum Building, Dublin 2, Ireland.

8

9 \*Corresponding author: [Chris.Parsons@uwaterloo.ca](mailto:Chris.Parsons@uwaterloo.ca)

10 KEYWORDS: phosphorus, eutrophication, internal loading, redox cycling, bioturbation

11 **ABSTRACT**

12 Anthropogenic nutrient enrichment has caused phosphorus (P) accumulation in many freshwater  
13 sediments, raising concerns that internal loading from legacy P may delay the recovery of  
14 aquatic ecosystems suffering from eutrophication. Benthic recycling of P strongly depends on  
15 the redox regime within surficial sediment. In many shallow environments, redox conditions tend  
16 to be highly dynamic as a result of, among others, bioturbation by macrofauna, root activity,

17 sediment resuspension and seasonal variations in bottom water oxygen (O<sub>2</sub>) concentrations. To  
18 gain insight into the mobility and biogeochemistry of P under fluctuating redox conditions, a  
19 suspension of sediment from a hyper-eutrophic freshwater marsh was exposed to alternating 7-  
20 day periods of purging with air and nitrogen gas (N<sub>2</sub>), for a total duration of 74 days in a  
21 bioreactor system. We present comprehensive data time series of bulk aqueous and solid phase  
22 chemistry, solid phase phosphorus speciation and hydrolytic enzyme activities demonstrating the  
23 mass balanced redistribution of P in sediment during redox cycling. Aqueous phosphate  
24 concentrations remained low (~2.5 μM) under oxic conditions, due to sorption to Iron(III)-  
25 oxyhydroxides. During anoxic periods, once nitrate was depleted, the reductive dissolution of  
26 Iron(III)-oxyhydroxides released P. However, only 4.5% of the released P accumulated in  
27 solution while the rest was redistributed between the MgCl<sub>2</sub> and NaHCO<sub>3</sub> extractable fractions of  
28 the solid phase. Thus, under the short redox fluctuations imposed in the experiments, P  
29 remobilization to the aqueous phase remained relatively limited. Orthophosphate predominated  
30 at all times during the experiment in both the solid and aqueous phase. Combined P monoesters  
31 and diesters accounted for between 9 and 16% of sediment particulate P. Phosphatase activities  
32 up to 2.4 mmol h<sup>-1</sup> kg<sup>-1</sup> indicated the potential for rapid mineralization of organic-P (P<sub>o</sub>), in  
33 particular during periods of aeration when the activity of phosphomonoesterases was 37% higher  
34 than under N<sub>2</sub> sparging. The results emphasize that the magnitude and timing of internal P  
35 loading during periods of anoxia are dependent on both P redistribution within sediments and  
36 bottom water nitrate concentrations.

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39 **Keywords:**

40 <sup>31</sup>P NMR, sequential extractions, coupled biogeochemical cycling, phosphorus, iron, sulfur,  
41 redox oscillation, redox fluctuation, bioreactor, internal loading

42 **INTRODUCTION**

43 It is widely recognized that accelerated eutrophication of freshwater aquatic environments is  
44 caused primarily by anthropogenic increases to dissolved phosphorus (P) concentrations in  
45 surface water (Smith and Schindler, 2009). Rapid cultural eutrophication of oligo or  
46 mesotrophic lacustrine and palustrine systems is often attributed to increased external P loadings  
47 originating in agricultural run-off or waste water treatment plant (WWTP) effluent. The resultant  
48 excessive algal growth negatively impacts aquatic ecosystems and economic activity (Pretty et  
49 al., 2003), as well as increasing the risk of infectious diseases (Chun et al., 2013). Strategies to  
50 mitigate eutrophication have aimed to reduce point source and diffuse external phosphorus  
51 loadings by instituting agricultural best management practices in the surrounding watershed  
52 (McLaughlin and Pike, 2014; Sharpley et al., 1994), limiting P inputs to domestic waste water  
53 (Corazza and Tironi, 2011) and upgrading WWTPs (Mallin et al., 2005). However, internal  
54 loading of P, from sediments to surface water, remains poorly quantified in many systems, and is  
55 often the largest source of error in hydrodynamic and ecological phosphorus models (Kim et al.,  
56 2013). Early diagenesis and mineralogical removal of labile autochthonous organic phosphorus  
57 (P<sub>o</sub>) from solution is a complex process and is poorly understood in highly dynamic systems  
58 despite exerting a strong influence on the magnitude and timing of internal P loading. This is

59 particularly true in shallow lakes and wetlands due to the high sediment surface area to water  
60 column depth ratio (Søndergaard et al., 2003).

61 As policy and infrastructure improvements continue in order to mitigate external P inputs to  
62 aquatic systems, the relative importance of internal P loads from legacy P in sediments to overall  
63 P budgets in eutrophic systems is likely to increase (Reddy et al., 2011).

64 It has been widely demonstrated through laboratory and field investigations, particularly in  
65 seasonally anoxic lakes, that sustained anoxic conditions induced by water column stratification,  
66 typically result in greater P mobility, and correspondingly higher water column P concentrations  
67 (D. Krom and A. Berner, 1981; Einsele, 1936; Hongve, 1997; Katsev et al., 2006; Mortimer,  
68 1941, 1971; Penn et al., 2000). The microbially mediated reductive dissolution of iron(III)  
69 oxyhydroxides or iron(III) phosphate during sustained periods of anoxia at the sediment water  
70 interface (SWI) has long been considered the main mechanism responsible for P release under  
71 anoxic conditions e.g. (Bonneville et al., 2004; Hyacinthe and Van Cappellen, 2004).

72 More recently, considerable microbial polyphosphate accumulation and release in response to  
73 alternating oxic-anoxic conditions at the SWI in lacustrine environments has also been shown to  
74 occur (Gächter et al., 1988; Gächter and Meyer, 1993; Hupfer et al., 2007; Sannigrahi and Ingall,  
75 2005). In some cases this accumulation of polyphosphate by the microbial community may  
76 account for 10% of total phosphorus (Hupfer et al., 2007)

77 However, redox conditions in shallow, heavily bioturbated sediments are more spatially and  
78 temporally variable than in seasonally anoxic lakes (Aller, 1994; Gorham and Boyce, 1989)  
79 resulting in short term redox oscillations even with continuous oxia at the SWI.

80 Additionally, the coupled biogeochemical cycles of other redox sensitive elements such as sulfur  
81 and carbon have been shown to play important and complex roles in phosphorus mobility

82 (Gächter and Müller, 2003; Joshi et al., 2015; O'Connell et al., 2015). For example, high bottom  
83 water sulfate concentrations have been shown to increase aqueous P in sediments by decreasing  
84 the permanent mineralogical removal of P within vivianite [ $\text{Fe}_3(\text{PO}_4)_2(\text{s})$ ] and by decreasing the  
85 abundance of iron(III) oxyhydroxides near to the SWI (Caraco et al., 1989). This is due to the  
86 scavenging of iron during the formation of iron sulfide minerals within sediment during  
87 diagenesis (Gächter and Müller, 2003). Carbon cycling also exerts considerable control over  
88 phosphorus mobility within sediment. The stoichiometry of freshly deposited organic matter  
89 (OM) in eutrophic water bodies approaches that of primary production i.e.  $\sim\text{C}_{106}:\text{N}_{16}:\text{P}$  (Berner,  
90 1977). Appreciable P may therefore be released to the aqueous phase when organic carbon is  
91 mineralized during microbial respiration of oxygen, nitrate, ferric iron or sulfate. In addition to  
92 driving N, Fe and S cycling, mineralization of organic carbon and concomitant P release has, in  
93 some places, been shown to be the primary mechanism controlling phosphorus mobility at the  
94 SWI (Joshi et al., 2015).

95 Core incubations and in-situ flux chambers frequently examine the effects of anoxia on P  
96 mobility from sediments but the effects of repetitive redox oscillations are rarely investigated in  
97 a controlled setting (Frohne et al., 2011; Matisoff et al., 2016; Nürnberg, 1988; Thompson et al.,  
98 2006). Consequently, the cumulative and reversible effects of oxic-anoxic cycling, on P  
99 distribution, speciation and mobility within sediments is poorly understood.

100 The aim of this study is to elucidate the microbial and geochemical mechanisms of in sediment  
101 phosphorus cycling and release associated with commonly occurring short redox fluctuations  
102 (days) in surficial sediments in shallow eutrophic environments. Particularly, we aimed to: 1)  
103 Quantify the redistribution of P between aqueous and mineral sediment pools during fluctuating  
104 redox conditions 2) Determine if the activity of hydrolytic phosphatase enzymes acting on P<sub>o</sub>.

105 were influenced by redox conditions, 3) Assess if the proportions of orthophosphate,  $P_o$ , and  
106 polyphosphate varied systematically with redox conditions and 4) Ascertain if P  
107 mobilization/immobilization mechanisms were reversible or cumulative.

108 We conducted controlled bioreactor experiments using sediment suspensions, designed to  
109 reproduce cyclic redox conditions analogous to those occurring in nature (Aller, .1994, 2004). A  
110 combination of aqueous chemistry, sediment sequential extractions (Ruttenberg, 1992),  $^{31}P$  NMR  
111 spectroscopy (Cade-Menun, 2005) and extra-cellular enzyme assays (Deng et al., 2013) were  
112 used to produce a comprehensive dataset describing bulk chemistry, microbial and mineralogical  
113 controls on P mobility and speciation during redox oscillations.

## 114 **METHODS**

### 115 **Field site and sampling**

116 Surface sediment (0-12 cm), sediment cores (34 cm long, 10 cm diameter), overlying water and  
117 green filamentous algae (GFA) were collected on September 5, 2013 from West Pond in Cootes  
118 Paradise Marsh (43.26979N, 79.92899W) following established guidelines (U.S. EPA, 9/99).  
119 Cootes Paradise is a hyper-eutrophic, coastal freshwater marsh, which drains into Lake Ontario  
120 via Hamilton Harbour (see Figure 1A-1C). The marsh system suffered severe degradation due to  
121 rapid urbanization, population growth and nutrient loadings in the 20<sup>th</sup> century (Chow-Fraser et  
122 al., 1998). West Pond in particular received extremely high external P loads from the Dundas  
123 WWTP for several decades prior to the installation of sand filters in 1987 (Painter et al., 1991).  
124 The addition of sand filters, and other improvements, decreased P loadings from the WWTP  
125 from 45 kg P day<sup>-1</sup> in the early 1970's (Semkin et al., 1976) to 4.5 kg P day<sup>-1</sup> in the 1980s  
126 (Chow-Fraser et al., 1998) and 2.59 kg P day<sup>-1</sup> in 2011 (Routledge, 2012). However, high

127 external P loads resulted in accumulation of legacy P in West Pond sediments with total  
128 phosphorus concentrations reaching  $200 \mu\text{mol g}^{-1}$  by the 1980's (Theysmeyer et al., 1999).  
129 Consequently, dredging was conducted in 1999 in an attempt to remediate the areas most  
130 affected by growth of green filamentous algae (Bowman and Theysmeyer, 2014)

131 Despite these restoration efforts and decreases to the external P load, pervasive growth of GFA  
132 during the summer persists in parts of Cootes Paradise (Figure 1A). Cyanobacteria are not  
133 commonly observed at this location, potentially due to the high N:P ratios often associated with  
134 WWTP which utilize tertiary P removal treatment (Conley et al., 2009; Stumm and Morgan,  
135 1996).

### 136 **Sediment characterization**

137 Sediment cores were sliced every 3 cm, homogenized and characterized with bulk sediment  
138 samples prior to bioreactor experiments. Organic carbon and carbonate depth profiles were  
139 determined by thermo-gravimetric analysis (TGA-Q500, TA Instruments Q500) (Pallasser et al.,  
140 2013). Water content and bulk density ( $\rho_b$ ) of the sliced sediment core were determined  
141 gravimetrically after oven drying (Gardner, 1986). Identification and quantification of crystalline  
142 mineralogy was determined by powder X-ray diffraction (XRD) (Empyrean Diffractometer and  
143 Highscore Plus software Ver. 3.0e PANalytical). The density of benthic macro-invertebrates was  
144 also quantified after sieving two additional 7.5 cm diameter, 18 cm deep cores through 500  $\mu\text{m}$   
145 mesh.

### 146 **Bioreactor experiment and redox oscillation procedure**

147 An initial, concentrated, sediment suspension of approximately  $500 \text{ g L}^{-1}$  (dry weight equivalent)  
148 was prepared from freshly sampled sediment (0-12 cm) and filtered overlying water ( $< 0.45 \mu\text{m}$ ).

149 Surface water was used, rather than distilled water, to provide background ionic strength and  
150 avoid osmotic shock to the microbial community. The concentrated suspension was stirred  
151 vigorously for 5 minutes then passed through a  $< 500 \mu\text{m}$  stainless steel sieve to remove larger  
152 solid organic material and macro-invertebrates. This procedure was repeated until a  
153 homogeneous suspension was achieved. The dry weight was then re-determined, and the sieved  
154 solution was diluted with filtered surface water to a final concentration of  $247 \pm 2 \text{ g L}^{-1}$ . The  
155 resulting suspension was transferred to a bioreactor system (Applikon Biotechnology) after  
156 Thompson et al (2006) and Parsons et al (2013). In addition to affording precise temperature  
157 control and continuous logging of temperature, redox potential ( $E_h$ ) and pH, the system offers  
158 significant advancements over previous designs (Thompson 2006, Guo 2007, Parsons 2013). The  
159  $E_h$ , pH and dissolved oxygen (DO) were measured using a combined autoclavable Mettler  
160 Toledo InPro 3253i/SG open-junction electrode and an AppliSens Low drift polarographic  
161 sensor. The InPro electrode system, using a common reference electrode, was chosen to help  
162 avoid potential interference between two electrodes in close proximity. A multi parameter  
163 transmitter was used to display current pH,  $E_h$  and temperature, to automatically temperature  
164 correct pH values and to adjust measured  $E_h$  to the standard hydrogen electrode (SHE). DO was  
165 calibrated using 100% saturation in air (approximately 0.2905 atm) and 0% saturation in  $\text{N}_2$  at  
166 constant sparging of  $30 \text{ ml min}^{-1}$

167 The suspension was stirred continuously and sparged with  $30 \text{ mL min}^{-1}$  air for 11 days to  
168 equilibrate prior to the redox oscillation procedure. During the 11-day oxic equilibration period,  
169  $\text{CO}_2$  emissions were monitored in the reactor exhaust gas using an IR sensor (Applikon  
170 Biotechnology).



171 Subsequently, redox potential ( $E_h$ ) variation was induced by the modulation of sparging gases  
172 ( $30 \text{ ml min}^{-1}$ ) between  $\text{N}_2:\text{CO}_2$  and  $\text{O}_2:\text{N}_2:\text{CO}_2$ . The suspension was subjected to five cycles of  
173 anoxia (7 days) and oxia (7 days) at constant temperature ( $25^\circ\text{C}$ ) in the dark, while recording  $E_h$ ,  
174 pH, DO and temperature data. The suspension was sampled on days 1, 3, 5 and 7 of each half-  
175 cycle. To separate solid and aqueous components from the sediment suspension, syringe  
176 extracted samples (15 ml) were centrifuged at 5000 rpm for 20 minutes and the supernatant  
177 filtered through  $0.45 \mu\text{m}$  polypropylene membrane filters prior to all aqueous analysis. For  
178 samples taken during anoxic half cycles, centrifugation, filtering and subsampling were  
179 performed in an anoxic glove box ( $\text{N}_2:\text{H}_2$  97:3%,  $\text{O}_2 < 1 \text{ ppmv}$ ). Time periods were chosen to be  
180 representative of short temporal fluctuations to redox conditions experienced by surficial  
181 sediments (Aller, 1994; Nikolausz et al., 2008; Parsons et al., 2013). Similarly, the temperature  
182 and dark conditions were chosen to reflect those measured in surficial sediment during summer  
183 months at the field site. Summer conditions were chosen as this is when maximum bioturbation,  
184 microbial activity and OM input are expected within the sediment. Similar, long-running batch  
185 reactor experiments using soil or sediment have previously experienced a slowdown of metabolic  
186 processes due to depletion of labile organic carbon (Parsons et al., 2013). Therefore, gaseous  
187 carbon and nitrogen losses from the reactor were balanced by the addition of 3 g of freeze dried,  
188 ground, GFA to the suspension at the onset of each anoxic cycle. The amount of algae added was  
189 determined based on  $\text{CO}_2$  production from the reactor during the initial 11 day oxic period.

## 190 **Aqueous phase methods**

191 All reagents used were of analytical grade from Fluka, Sigma-Aldrich or Merck unless stated  
192 otherwise and were prepared with  $18.2 \text{ M}\Omega \text{ cm}^{-1}$  water (Millipore). Total dissolved Na (70),  
193 K(100), Ca(20), Mg(0.5), Mn(1), Fe(3), Al(100), P (2), Si (15) and S (15) concentrations (MDL

194 in  $\mu\text{g L}^{-1}$ , in brackets) were determined by ICP-OES (Thermo Scientific iCAP 6300) after  
195 filtration ( $< 0.45 \mu\text{m}$ ) and acidification with  $\text{HNO}_3$  to  $< \text{pH } 2$ . Matrix-matched standards were  
196 used for all calibrations and NIST validated multi-elemental solutions were used as controls.  
197 SRP concentrations were determined by the molybdenum blue/ascorbic acid method on a LaChat  
198 QuickChem 8500 flow injection analyzer system (*4500-P E: Phosphorus by Ascorbic Acid*,  
199 1992; Murphy and Riley, 1962) (MDL =  $1.2 \mu\text{g P L}^{-1}$ ). DOC was determined using a Shimadzu  
200 TOC-LCPH/CPN analyzer (Shimadzu) following HCl addition ( $< \text{pH } 2$ ) to degas dissolved  
201 inorganic carbon (DIC) (MDL  $71 \mu\text{g C L}^{-1}$ ).

202 Chloride, nitrate, nitrite and sulfate concentrations were measured by ion chromatography using  
203 a Dionex ICS 5000 equipped with a capillary IonPac® AS18 column. Aqueous sulfide was  
204 stabilized with  $20 \mu\text{L } 1\%$  zinc acetate per mL (Pomeroy, 1954) after filtering and determined by  
205 the Cline method (Cline, 1969) (MDL  $0.5 \mu\text{M}$ ).  $\text{Fe}^{2+}_{(\text{aq})}$  was determined by the ferrozine method  
206 immediately after filtering (Stookey, 1970; Viollier et al., 2000) (MDL  $3.8 \mu\text{M}$ ). All aqueous  
207 analyses were conducted in triplicate. The precision and accuracy for all techniques was  $< 5$   
208 RSD% and  $\pm 10\%$  with respect to certified reference materials (where commercially available).

### 209 **Solid phase methods: Phosphorus and Iron Speciation**

210 Phosphorus partitioning within the solid phase in the reactor experiment was evaluated over a  
211 time series by both sequential extractions, using a modification (Baldwin, 1996) of the SEDEX  
212 extraction scheme (Ruttenberg, 1992) and solution  $^{31}\text{P}$  NMR spectroscopy (Cade-Menun, 2005).  
213 The two approaches are complementary;  $^{31}\text{P}$  NMR spectroscopy provides information on the  
214 molecular speciation of phosphorus, while sequential extraction provides information on the  
215 association of the P species with operationally defined solid phase fractions. Therefore the

216 combination of these two methods reveals redistribution of P within the solid phase over time  
217 during oxic-anoxic transitions.

218 The original SEDEX extraction scheme quantifies five different P reservoirs within sediment by  
219 consecutively solubilizing progressively more recalcitrant phases by using extracts of increasing  
220 severity. The reaction mechanisms associated with each extraction step are discussed in detail  
221 within Ruttenberg (1992). A modification of the SEDEX extraction scheme proposed by  
222 Baldwin (1996), used here, incorporates an additional 16 hour, 1M NaHCO<sub>3</sub> step (P<sub>Hum</sub>) after the  
223 P<sub>Ex</sub> step, to differentiate OM associated P which may otherwise be co-extracted during the P<sub>Fe</sub>  
224 step. The pH of the NaHCO<sub>3</sub> extraction step was adjusted to 7.6 to minimize dissolution of  
225 carbonates prior to the P<sub>CFA</sub> extraction step. A total of 15 samples between day 11 and 74 of the  
226 reactor experiment were analyzed in duplicate by sequential extraction. A summary of the full  
227 sequential extraction method used, including target phases, reactants, pH, temperature and  
228 reaction times is provided in Table 1.

229 Changes to iron speciation were also evaluated through a time series during the experiment. To  
230 account for surface-sorbed or freshly precipitated Fe, total Fe<sup>2+</sup> production during anoxic half-  
231 cycles was estimated by a partial extraction (1 hour, 0.5N HCl) on sampled suspensions.  
232 Fe<sup>2+</sup>/Fe<sup>3+</sup> ratios were determined in extracts using a modification of the ferrozine method  
233 (Stookey, 1970; Viollier et al., 2000). Additionally, a thermodynamic model was implemented in  
234 PHREEQC (Parkhurst et al., 1999) to assess the saturation index (SI) of various minerals over  
235 time during the reactor experiment using measured pH, temperature, E<sub>h</sub> and concentration data.

## 236 **NaOH-EDTA Extraction and Solution <sup>31</sup>P NMR Spectroscopy**

237 Molecular changes to P speciation were evaluated over a time series by solution <sup>31</sup>P NMR.  
238 Phosphorus was extracted directly from suspension samples (~2 g dry weight equivalent) prior to  
239 <sup>31</sup>P NMR analysis. The method used has been shown to allow quantitative analyses of P<sub>o</sub>  
240 (monoester and diester), polyphosphates and orthophosphate (Amirbahman et al., 2013; Cade-  
241 Menun et al., 2006, p.; Cade-Menun and Preston, 1996; Reitzel et al., 2007; Turner et al.,  
242 2003b). Briefly, Samples were extracted in 25 mL of 0.25 M (NaOH) and Na<sub>2</sub>EDTA (0.05 M) at  
243 ambient laboratory temperature (~22 °C) for 4 hours. Subsequently, the tubes were centrifuged  
244 (3500 rpm for 20 minutes), the supernatant extracted via syringe then neutralized with 2M HCl  
245 to a pH of 7 to avoid the breakdown of polyphosphates during freeze drying (Cade-Menun et al.,  
246 2006). This solution was then filtered to < 0.45 µm. Prior to freeze-drying 1 mL aliquots of each  
247 sample were diluted and analyzed by ICP-OES spectroscopy for Al, Ca, Fe, Mg, Mn and P. The  
248 remaining extracts were frozen at -80 °C and lyophilized for 48 hours. The lyophilized extracts  
249 were re-dissolved in 1.0 ml D<sub>2</sub>O, 0.6 ml 10 M NaOH, and 0.6 ml of the NaOH-EDTA extractant  
250 solution and were allowed to stand for 10 min with occasional vortexing. Samples were  
251 centrifuged for 20 min at 3500 rpm, transferred to 10-mm NMR tubes, and stored at 4 °C before  
252 analysis within 12 hours.

253 Solution <sup>31</sup>P NMR spectra were obtained using a 600-MHz spectrometer equipped with a 10-mm  
254 broadband probe. The NMR parameters were: 90° pulse, 0.68-s acquisition time, 4.32-s pulse  
255 delay, 12 Hz spinning, 20 °C, 2200 to 2900 scans (3-4h) for 0-5cm sediment samples (Cade-  
256 Menun et al., 2010). Phosphorus compounds were identified by their chemical shifts related to an  
257 external orthophosphoric acid standard, with the orthophosphate peak in all spectra standardized  
258 to 6ppm. Peak areas were calculated by integration on spectra processed with 10 and 7-Hz line

259 broadening, using NUTS software (Acorn NMR, Livermore CA, 2000 edition). Peak  
260 assignments were grouped into compounds or groups of specific compound classes if direct  
261 identifications could not be made (Cade-Menun, 2005).

## 262 **Extracellular enzyme assays**

263 Rates of enzymatic hydrolysis of  $P_o$  were estimated through extracellular enzyme activities  
264 (EEA). Degradation rates for phosphomonoesters, phosphodiester and pyrophosphate were  
265 determined fluorometrically through use of the MUF tagged substrates; MUF phosphate (MUP),  
266 Bis(MUF)phosphate (DiMUP, Chem-Impex International), and MUF pyrophosphate, (PYRO-P),  
267 Chem-Impex International) respectively. Additionally MUF  $\beta$ -D-glucopyranoside (MUGb) was  
268 used in order to compare phosphatase enzyme activity to the activity of  $\beta$ -glucosidase (cellulase)  
269 (Dunn et al., 2013). Enzyme activities were determined using a microplate reader (Flexstation3,  
270 Molecular Devices) using a modification of Deng et al (2013). Briefly, 1 g dry weight  
271 equivalent of suspension from the reactor was stirred with 100 mL of 100 mM HEPES buffer at  
272 pH 7.5 in a pyrex dish for 10 minutes at 280 rpm to allow for complete homogenization.  
273 Subsamples (100  $\mu$ L) of the buffered soil suspension were removed during continuous mixing  
274 using a multi-channel pipette and placed into microplate wells, which were loaded into the  
275 microplate reader. Four replicate wells were filled per substrate. Plates were left to equilibrate  
276 at 30 °C for 5 minutes inside the reader before the automatic addition of 100  $\mu$ L of substrate,  
277 resulting in a final substrate concentration of 667  $\mu$ M. Each well was triturated thoroughly  
278 during addition of the substrate. Excitation fluorescence was set at 365 nm. Emission intensity at  
279 450 nm was recorded at 5-minute intervals over a 6-hour period. The effect of fluorescence  
280 quenching was accounted for in each sample by preparing MUF calibration curves in the same  
281 soil suspension as used for the analysis. The limits of detection and quantification were

282 determined to be 1.1  $\mu\text{M}$  and 3.3  $\mu\text{M}$  MUF respectively, equivalent to 1.1  $\mu\text{M}$  of phosphate for  
283 the determination of phosphomonoesterase activities.

## 284 **RESULTS & DISCUSSION**

### 285 **Sediment characterisation and evidence of bioturbation**

286 Characterisation of sediment cores revealed physical and chemical solid phase homogeneity  
287 within the top 10 cm, with a bulk density of  $\sim 1.3 \text{ g cm}^{-3}$ , water content of  $\sim 50\%$  (by weight), OM  
288 of  $\sim 3\%$  and a carbonate of  $\sim 25\%$  (Figure 2B). Between 10 and 15 cm depth increases in bulk  
289 density and decreases to the sediment water content, OM % and carbonate fraction occurred as  
290 soft sediment transitioned to clay.

291 A benthic macroinvertebrate density of approximately 49,500 individuals per  $\text{m}^2$  was  
292 determined, consistent with previously reported values (Pelegri and Blackburn, 1995). The  
293 community (Figure 2A) was dominated by aquatic earthworms (*Tubificidae* 60% and *Branchiura*  
294 *sowerbyii* 8%) which typically feed and mix sediment within the top 5-10 cm (Fisher et al., 1980;  
295 McCall and Fisher, 1980). Other groups identified included *Ceratopogonidae* (No see ums or  
296 biting midges, 22%) including *Sphareomias*, *Probezzia* and *Bezzia*, *Chironomidae* (Midges, 6%)  
297 including *Cryptochironomus* and *Tanypus*, *Nemotoda* (round worms, 4%) and a single *Hyaella*  
298 *azteca* (scud <1%).

299 Bioturbating organisms, such as those identified, have previously been shown to alter  
300 biogeochemical cycling within surface sediments (Hölker et al., 2015). Reported influences  
301 include increased solute fluxes (Furukawa et al., 2001; Matisoff and Wang, 1998), mixing of  
302 solid sediment (Fisher et al., 1980) and bioconveying of sediment particles (Lagauzère et al.,

2009). These processes have been shown to enhance sediment oxygen demand (McCall and Fisher, 1980; Pelegri and Blackburn, 1995), degradation of OM (Aller, 1994), rates of denitrification, transport of contaminants to surface water (Lagauzère et al., 2009), and temporal fluctuation of redox conditions (Aller, 1994). Efficient sediment mixing allows frequent re-oxidation of reduced sediments and therefore regeneration of terminal electron acceptors (TEAs) such as nitrate, ferric iron and sulfate, which often limit mineralisation of OM in sediments underlying hypereutrophic water bodies (Reddy and DeLaune, 2008). Electron donors in the form of fresh autochthonous necromass are also rapidly redistributed vertically within the zone of bioturbation. This environment should therefore support a metabolically diverse, abundant and highly active microbial community (DeAngelis et al., 2010).

Quantitative XRD analysis of the top 12 cm of sediment (Figure 2C) showed close agreement with the carbonate fraction determined by TGA (~25% by TGA vs 27% by XRD) indicating a calcite dominated, carbonate buffered system. The remaining mineral assemblage was dominated by quartz and clay minerals (Illite, 30% and Chamosite, 2%). No pyrite or vivianite was detected by XRD suggesting either their absence or presence in low abundance (<1%) with poorly crystalline structures.

### 319 **Experimental redox oscillation: Aqueous chemistry**

320  $E_h$  within the bioreactor oscillated between +470 and -250 mV (Figure 3) consistent with  $E_h$   
321 ranges of wetland sediments (Nikolausz et al., 2008). A slight pH oscillation was also present  
322 between ~7.4 during anoxic half-cycles ( $N_2$  sparging) and ~7.7 during oxic-half cycles  
323 ( $N_2:O_2:CO_2$  sparging), this variation, shown in Figure 3, is consistent with calcite/dolomite  
324 buffered sediment equilibrating with changing  $p_{CO_2}$  caused by sparging gas composition and  
325 microbial respiration. After the 11-day equilibration, ionic strength of the aqueous phase in the

326 reactor suspension remained at  $\sim 0.025 \pm 0.004$  M for the duration of the experiment. This range  
327 of  $E_h$ /pH conditions and ionic strength is consistent with the range measured within surficial  
328 sediment at the field site and transitions across the thermodynamically predicted stability  
329 boundaries for multiple redox couples e.g.  $\text{MnO}_2/\text{Mn}^{2+}$ ,  $\text{NO}_3^-/\text{NO}_2^-/\text{NH}_4^+$ ,  $\text{Fe}(\text{OH})_3/\text{Fe}^{2+}$ ,  $\text{SO}_4^{2-}/\text{HS}^-$   
330 , during each 14 day redox cycle. The upper  $E_h$  values recorded during oxic cycles are  
331 significantly lower than predicted by the  $\text{O}_2/\text{H}_2\text{O}$  couple (820 mV @ pH 7) but are consistent  
332 with the  $\text{O}_2/\text{H}_2\text{O}_2$  couple (300 mV @ pH 7) which is considered to control electrode measured  $E_h$   
333 under oxic conditions (Stumm and Morgan, 1996).

334 Aqueous chemistry data, shown in Figure 3, demonstrate the consumption of TEAs in order of  
335 decreasing nominal energetic yield, coupled to the oxidation of labile OM. Upon physical  
336 removal and consumption of residual oxygen by aerobic respiration, nitrate concentration  
337 decreased in the solution. Decreases to nitrate concentration coincided with peaks of nitrite  
338 concentration within the first hour of oxygen removal, indicative of microbial denitrification.  
339 Subsequent increases to  $\text{Mn}_{(\text{aq})}$ ,  $\text{Fe}^{2+}_{(\text{aq})}$  and  $\text{HS}^{-}_{(\text{aq})}$  imply sequential reduction of  $\text{MnO}_2$ ,  $\text{Fe}(\text{OH})_3$   
340 and  $\text{SO}_4^{2-}$  as more energetically efficient electron acceptors were depleted. Mn (predicted as  $\text{Mn}^{2+}$   
341 by the thermodynamic model) and  $\text{Fe}^{2+}$  were detected in solution earlier within each subsequent  
342 anoxic cycle, however the apparent order of reduction remained consistent across all five redox  
343 cycles ( $\text{O}_2$ ,  $\text{NO}_3^-$ ,  $\text{NO}_2^-$ ,  $\text{MnO}_2$ ,  $\text{Fe}(\text{OH})_3$ ,  $\text{SO}_4^{2-}$ ). The consistent order and relative magnitude of  
344 reduction implies that the main biogeochemical functioning of the sediment suspension did not  
345 change dramatically between cycles during the experiment.

346 Although relatively low concentrations of  $\text{Fe}^{2+}$  (up to  $71 \mu\text{M}$ ) were measured in solution, 0.5 M  
347 HCl extractions revealed that significantly greater  $\text{Fe}^{2+}$  was produced during each anoxic cycle  
348 than was measured in the aqueous phase.  $\text{Fe}^{2+}$  generated by dissimilatory iron reduction has been



349 shown to sorb to mineral surfaces in sediment (Gehin et al., 2007; Klein et al., 2010; Liger et al.,  
350 1999) or precipitate as ferrous carbonate (Jensen et al., 2002), ferrous sulfide or other mixed  
351 ferrous/ferric phases (Rickard and Morse, 2005). The 0.5M HCl extractions targeted this sorbed  
352 or poorly crystalline freshly precipitated  $\text{Fe}^{2+}$ . During each anoxic cycle HCl extractable  $\text{Fe}^{2+}$   
353 concentration increased by 50 to 70  $\mu\text{mol g}^{-1}$ , equivalent to 12.31 to 17.29 mM of iron reduction  
354 within the reactor as a whole. Thus, only 0.63 +/- 0.4% of microbially reduced  $\text{Fe}^{2+}$  was  
355 measureable in solution. The aqueous phase of the reactor was shown to be supersaturated with  
356 respect to mackinawite ( $\text{FeS}$ ), pyrite ( $\text{FeS}_2$ ), vivianite ( $\text{Fe}_3(\text{PO}_4)_2 \cdot 8\text{H}_2\text{O}$ ) and siderite ( $\text{FeCO}_3$ )  
357 during anoxic half-cycles indicating thermodynamic favourability for precipitation of these  
358 minerals. The kinetic constraints on precipitation were not, however, considered. No significant  
359 cumulative change to extractable  $\text{Fe}^{2+}/\text{Fe}^{3+}$  occurred after five full reduction-oxidation cycles,  
360 indicating that solid phase Fe redox cycling was reversible, potentially due to rapid oxidation of  
361 solid  $\text{Fe}^{2+}$  in the presence of  $\text{O}_2$  and carbonate (Caldeira et al., 2010).

362 DOC concentration also fluctuated systematically during oxic-anoxic cycles (Figure 3). Higher  
363 DOC concentrations were measured during anoxic conditions than oxic conditions. DOC may  
364 be replenished by both enzymatic hydrolysis of particulate organic matter (POM) (Vetter et al.,  
365 1998) and desorption of mineral associated OM (Grybos et al., 2009). The addition of algal  
366 matter at the beginning of anoxic cycles resulted in observable sharp peaks of DOC which was  
367 rapidly removed from solution, probably due to a combination of mineralization of labile DOC  
368 to  $\text{HCO}_3^-$  and sorption processes (Chorover and Amistadi, 2001; Grybos et al., 2009). The peak  
369 of DOC supplied by addition of algal matter represented labile DOC, which was readily  
370 mineralized in comparison to the residual DOC, which persisted in the system throughout the  
371 experiment. The differences in residual OM mobility between oxic and anoxic cycles were

372 unlikely due to oxide dissolution as differences to DOC concentration are observed prior to  
373 increases in Mn and Fe concentration in solution. We therefore postulate that solubility changes  
374 to humified DOC were driven by pH changes (Figure 3) between oxic and anoxic conditions  
375 caused by changes in  $p\text{CO}_2$  between oxic and anoxic conditions as previously shown by Grybos  
376 et al in wetland sediments (Grybos et al., 2009).

377 Lowest aqueous phosphorus concentrations ( $\sim 2.5$  to  $3 \mu\text{M}$ ), shown in Figure 4, occurred during  
378 oxic half cycles and increased dramatically during anoxic half cycles to a maximum  
379 concentration of  $50$  to  $60 \mu\text{M}$  per cycle,  $88\%$  of which occurred as SRP. The range of TDP  
380 concentrations within the aqueous phase of the reactor suspension are similar to those reported in  
381 situ at the field site by Mayer et al (2006). The timing of phosphorus release to the aqueous  
382 phase corresponded well with increasing  $\text{Fe}^{2+}_{(\text{aq})}$  concentration. This is reflected in a strong  
383 positive correlation between TDP and Fe concentrations ( $n = 37$ ,  $R^2 = 0.93$ ,  $p < 0.0001$ ).  
384 Increases to aqueous P concentration occurred only after depletion of residual  $\text{O}_2$ ,  $\text{NO}_3^-$  and  $\text{NO}_2^-$ ,  
385 after increases to  $\text{Mn}_{(\text{aq})}$  and before increases to  $\text{HS}^-_{(\text{aq})}$ . The timing of P release is suggestive of an  
386 iron(III)-oxyhydroxide or ferric phosphate control on phosphorus mobility (Bonneville et al.,  
387 2004; Hyacinthe and Van Cappellen, 2004) and indicates that complete nitrate depletion was  
388 required prior to phosphorus release to the aqueous phase.

389 Full tabulated aqueous chemistry data for the experimental time series is provided as supporting  
390 information.

### 391 **Sequential chemical extractions and solid phase P partitioning**

392 The sum of P concentrations from all sequential extraction reservoirs ( $61 \pm 5 \mu\text{mol g}^{-1}$ ) was  
393 consistently within  $10\%$  of a total P extraction ( $57 \pm 4 \mu\text{mol g}^{-1}$ ) indicating acceptable analytical  
394 precision from the sequential extraction procedure. Highest P concentrations were associated

395 with the  $P_{\text{Hum}}$  (~26% of TP) and  $P_{\text{Fe}}$  (~24%) fractions with lower P concentrations in the  $P_{\text{Ex}}$   
396 ~16%,  $P_{\text{CFA}}$  ~15%,  $P_{\text{Detr}}$  ~12% and  $P_{\text{Res}}$  ~7% fractions (Figure 4). The largest variations in P  
397 concentration were observed for  $P_{\text{Fe}}$  and decreased in the order  $P_{\text{Fe}}$  (2.6) >  $P_{\text{Hum}}$  (1.5) >  $P_{\text{Ex}}$  (0.4) >  
398  $P_{\text{Detr}}$  (0.4) >  $P_{\text{Resi}}$  (0.35) >  $P_{\text{CFA}}$  (0.25), where the numbers in brackets are standard deviations  
399 ( $\mu\text{mol g}^{-1}$ ). High variability over time within the  $P_{\text{Fe}}$  and  $P_{\text{Hum}}$  fractions suggests that P was  
400 exchanged to and from these fractions during redox oscillation whereas changes to the  $P_{\text{Ex}}$ ,  $P_{\text{Resi}}$   
401 and  $P_{\text{CFA}}$  fractions were comparatively insignificant (Figure 4).

402 The  $P_{\text{Fe}}$  fraction was the only P pool in which concentration consistently decreased during anoxic  
403 conditions and increased during oxic conditions (Figure 4). When a P mass balance (Figure 5)  
404 was attempted to account for increases to aqueous phosphorus ( $P_{\text{Aq}}$ ) from the iron bound ( $P_{\text{Fe}}$ )  
405 pool during anoxic periods it became evident that only approximately 4.5% of variability  
406 observed in the  $P_{\text{Fe}}$  pool (total  $P_{\text{Fe}}$  variation of up to  $4.5 \mu\text{mol g}^{-1}$  during anoxic periods) was  
407 necessary to account for the changes to inter-cycle  $P_{\text{Aq}}$  concentrations ( $50 \mu\text{M}$ ). The remainder of  
408  $P_{\text{Fe}}$  lost during anoxic cycles appears to be reversibly redistributed to the  $P_{\text{Ex}}$  (~30%) and  $P_{\text{Hum}}$   
409 (~65%) pools which generally increased during anoxic conditions and decreased during oxic  
410 conditions (Figure 4).

411 According to Ruttenberg (1992) the  $P_{\text{Ex}}$  fraction corresponds to P mobilised via the formation of  
412  $\text{MgPO}_4^-$  complexes and(or) mass action displacement by  $\text{Cl}^-$ . It is therefore considered that  
413  $\text{MgCl}_2$  effectively extracts P loosely associated with mineral surfaces. However, Ruttenberg  
414 (1992) also demonstrated that plankton were efficiently extracted by  $\text{MgCl}_2$  as well as ~25% of P  
415 associated with biogenic  $\text{CaCO}_3$ . Consequently, it is likely that P associated with microbial  
416 biomass,  $\text{CaCO}_3$ , and other loosely sorbed P contributed to the  $P_{\text{Ex}}$  fraction. Slight increases to  $P_{\text{Ex}}$   
417 concentration during anoxic periods and corresponding decreases during oxic periods likely

418 reflect the combination of two processes 1) equilibration between P surface complexes and  
419 aqueous P species due to fluctuating aqueous concentrations which were consistently higher  
420 during anoxic periods (Olsen and Watanabe, 1957) and 2) pH driven sorption/desorption as pH  
421 was consistently slightly higher during aerobic periods (Figure 3) favouring desorption from  
422 mineral surfaces including illite which comprised 30% of the crystalline mineralogical fraction  
423 (Figure 2C) (Manning, 1996).

424 The NaHCO<sub>3</sub> extraction step was originally added to the SEDEX method to target OM  
425 associated P, which would otherwise be liberated during the P<sub>Fe</sub> extraction step (Baldwin, 1996).  
426 Baldwin noted a brown coloration in P<sub>Hum</sub> extracts and that absorbance at 250 nm was positively  
427 correlated with SRP. Absorbance at 254 nm has been shown to be indicative of aromatic OM,  
428 commonly associated with humic substances (Weishaar et al., 2003). A light brown color was  
429 also present in the NaHCO<sub>3</sub> extracts recovered during this experiment despite comparatively low  
430 sediment OM content (Figure 2B). Absorbance spectra for these extracts were not determined.

431 Li et al (2015) have recently demonstrated that the SEDEX P<sub>Fe</sub> extraction step co-extracted P  
432 associated with fine iron oxide-OM complexes when a prior NaHCO<sub>3</sub> step was not incorporated.  
433 However, Li et al (2015) also suggested that these complexes may be more recalcitrant than pure  
434 minerals. Iron was present within the P<sub>Hum</sub> extract at concentrations between 18 and 25 μmol g<sup>-1</sup>  
435 however, the original speciation of this iron is prior to extraction is unknown. Chemically similar  
436 extractions used in soil sciences such as Hedley's extraction (0.5 M NaHCO<sub>3</sub>, pH 8.5, 16 hours)  
437 and the Olsen-P test (0.5M NaHCO<sub>3</sub>, pH 8.5, 30 minutes) have been shown to extract Mg and Ca  
438 phosphates as well as some organic P (Hedley et al., 1982; Olsen et al., 1954). Approximately  
439 2/3 of P extracted within P<sub>Hum</sub> was present as SRP suggesting that ~1/3 of this fraction may be P<sub>o</sub>  
440 species. The pH of the NaHCO<sub>3</sub> extract used here was adjusted to 7.6 to minimize the dissolution

441 of Mg and Ca phosphates prior to the  $P_{\text{CFA}}$  extraction. Despite this, 30 to 44  $\mu\text{mol g}^{-1}$  of Ca was  
442 extracted within the  $P_{\text{Hum}}$  fraction. The origin of the extracted Ca is, however, unknown and may  
443 have been complexed with OM or part of labile Ca-phosphates. It is still expected that the  
444 majority of Ca-phosphate minerals were quantified as part of the  $P_{\text{CFA}}$  or  $P_{\text{Detri}}$  extractions which  
445 included  $\sim 500$  to  $700$  and  $\sim 50$  to  $70 \mu\text{mol Ca g}^{-1}$  respectively.

446 Humic acids are known to compete with orthophosphate for surface binding sites on various  
447 minerals including goethite (Sibanda and Young, 1986) and poorly ordered Fe-oxides in the  
448 short term (Gerke, 1993). However, sorption of natural OM to freshly precipitated Fe oxides may  
449 increase the long term sorption capacity of ferric oxides towards P by decreasing  
450 recrystallization over time (Gerke, 1993) and through the formation of OM-Fe-P complexes  
451 (Gerke, 1993). Although previous studies have provided evidence for ternary complexes between  
452 ferric iron, OM and phosphate (Kizewski et al., 2010b) there is currently no direct spectroscopic  
453 evidence for the existence of mixed OM-Fe(III)-phosphate complexes in natural waters.  
454 Identification of such complexes in natural environments is inherently challenging due to the  
455 complexity of natural geochemical matrices (Kizewski et al., 2010a). Recent studies have  
456 however successfully investigated the structure of synthetic OM-Fe(III)-phosphate complexes  
457 (Kizewski et al., 2010a) and similar OM-Fe(III)-arsenate complexes spectroscopically (Mikutta  
458 and Kretzschmar, 2011; Sharma et al., 2010). These studies suggest that similar and perhaps  
459 more complex heterogeneous ternary complexes are also likely to be present in natural  
460 freshwater environments (Kizewski et al., 2010a). This suggestion is also supported by the  
461 observation that more than 80% of soluble P in some natural waters is associated with high  
462 molecular weight OM (Gerke, 2010). As spectroscopic characterization of the P associated with  
463 the  $P_{\text{Hum}}$  fraction was not performed in this study, the  $P_{\text{Hum}}$  pool is considered to represent a

464 variety of OM associated P in addition to small amounts of P from labile Ca-phosphate minerals.  
465 OM associated P extracted within this fraction is likely coordinated with ferric iron (18 to 25  
466  $\mu\text{mol Fe g}^{-1}$  coextracted), Ca (30 to 44  $\mu\text{mol Ca g}^{-1}$  coextracted) or Al (0.8 to 1.5  $\mu\text{mol Al g}^{-1}$   
467 coextracted). These metals may, in-turn, be associated with various mineral surfaces within the  
468 sediment.

469 Sequential extraction data demonstrate that the  $P_{\text{Hum}}$  fraction is the dominant P fraction in all  
470 samples analysed, which highlights the significance of this fraction. P mass balance also suggests  
471 that reversible re-partitioning between this and the  $P_{\text{Fe}}$  fraction occurs during redox condition  
472 changes. As the exact chemical nature of the  $P_{\text{Hum}}$  fraction is not known, interpretation of  
473 concentration changes over time are challenging. Speculatively, increases to the  $P_{\text{Hum}}$  fraction  
474 under anoxic conditions may be due to the release of occluded OM-metal-P complexes within  
475 iron(III) oxyhydroxides during reductive dissolution or simply re-equilibration of solid phase  
476 OM-metal-P complexes with increased aqueous P.

477 We consider that the majority of P extracted within the  $P_{\text{Fe}}$  fraction was co-precipitated with  
478 iron(III)-oxyhydroxides which were reductively dissolved by dithionite during the extraction  
479 (Ruttenberg, 1992). This interpretation is supported by the relatively high concentrations of iron  
480 extracted within the  $P_{\text{Fe}}$  fraction (72 to 91  $\mu\text{mol Fe g}^{-1}$ ). Aqueous  $\text{Fe}^{2+}$  produced during this  
481 extraction is subsequently chelated by citrate and therefore solubility of Fe and P is maintained.  
482 The bicarbonate component functions as a pH buffer to ensure maximum preservation of apatite  
483 and  $\text{CaCO}_3$  bound P during this reaction step (Ruttenberg, 1992).

484 Neither the  $P_{\text{CFA}}$ ,  $P_{\text{Detri}}$  nor  $P_{\text{Resi}}$  fractions varied systematically between oxic and anoxic  
485 conditions, or changed consistently during the course of the experiment, suggesting their  
486 comparative stability during short periods of redox fluctuation this is supported by calculated

487 saturation indices (SI) for hydroxyapatite, which remained between +0.86 and +6.24 for the  
488 duration of the experiment.

489 The P contribution from individual algal additions ( $\sim 1.5 \mu\text{mol P g}^{-1}$ ) was relatively small  
490 compared to total P in the reactor ( $61 \mu\text{mol P g}^{-1}$ ) and within the margin of analytical error  
491 associated with solid extractions. Additionally, no single fraction shows a clear increase over the  
492 course of the experiment, therefore quantification of the redistribution of P added with algal  
493 additions is not possible.

494 Full tabulated solid phase chemistry data for the experimental time series is provided as  
495 supporting information.

#### 496 **Fe:P ratios**

497 Sequential extraction data, shown in Figure 4, aqueous chemistry data shown in Figure 3, and the  
498 correlation between aqueous Fe and P ( $n = 37$ ,  $R^2 = 0.93$ ,  $p < 0.0001$ ) all suggest that P released  
499 to solution under anoxic conditions originated in the  $P_{\text{Fe}}$  pool. Although the maximum molar  
500 ratio for phosphate incorporation within ferric oxides has been shown to be 2:1 (Fe:P) (Thibault  
501 et al., 2009), it has been suggested that much higher solid Fe:P of 15 (Jensen et al., 1992) to >20  
502 (Phillips et al., 1994) maybe necessary to control phosphorus mobility under oxic conditions.  
503 Results from bioreactor experiments suggest that phosphorus is retained in the solid phase under  
504 oxic conditions at total Fe:P ratios of just 4.1:1, potentially due to the association of P with other  
505 solid sedimentary pools, particularly  $P_{\text{Hum}}$ . Fe:P ratios below the stoichiometric limitation of 2:1,  
506 measured in the aqueous phase (1.5 to 1.9), during anoxic conditions are therefore likely due to  
507 the removal of  $\text{Fe}^{2+}$  from solution by secondary sorption and precipitation processes, subsequent  
508 to reductive dissolution. Probable secondary  $\text{Fe}^{2+}$  removal processes include the formation of  
509 amorphous FeS (SI of up to +2.27 for mackinawite) (Rickard and Morse, 2005) and sorption of

510  $\text{Fe}^{2+}$  to clays (Gehin et al., 2007; Klein et al., 2010). This is supported by increases to  $\text{Fe}^{2+}/\text{Fe}^{3+}$   
511 ratios in the 0.5 M HCl extractable fraction during anoxic conditions. Frequent rapid reoxidation  
512 of ferrous sulfide due to air sparging in the reactor experiment, and extensive bioturbation in-  
513 situ, likely prevents formation of more recalcitrant and slow forming iron sulfide minerals such  
514 as pyrite, despite strong thermodynamic favourability for pyrite formation (SI up to +13.13)  
515 (Caldeira et al., 2010; Peiffer et al., 2015). This is consistent with the results of XRD analysis,  
516 which did not identify pyrite (Figure 2C). A similar effect has been previously demonstrated in  
517 lake sediments (Gächter and Müller, 2003).

### 518 **Hydrolytic enzyme activities**

519 The activities of model phosphomonoesterases, phosphodiesterases and pyrophosphatase were  
520 found to be systematically higher under oxic conditions compared to anoxic conditions by 37%  
521 ( $p < 0.005$ ), 8% (not significant) and 24% ( $p = 0.08$ ) respectively (Figure 6B).  
522 Phosphomonoesterases were found to have the highest activities despite the inherent  
523 overestimation of phosphodiesterase activities when using MUF tagged substrates (Sirová et al.,  
524 2013). The opposite trend was observed for glycopyranoside, part of the cellulose degradation  
525 pathway (Dunn et al., 2013), which showed consistently higher activity (69%  $p = <0.05$ ) under  
526 anoxic conditions (Figure 6B). The different trends exhibited by cellulose and phosphatase  
527 enzymes, indicate that changes in activity were not universal but specific to enzyme function.  
528 Phosphomonoesterase activities obtained in the current study (1.76 to 2.4  $\text{mmol h}^{-1} \text{kg}^{-1}$ ) are  
529 similar to those previously reported in wetland sediments (Kang and Freeman, 1999) and suggest  
530 the capacity for rapid hydrolysis of  $\text{P}_o$  species in necromass. Lowering of the water table in  
531 wetlands has previously been shown to increase the activity of phosphatase enzymes and the  
532 hydrolysis of  $\text{P}_o$  species (Song et al., 2007). However, water table fluctuation results in



533 concomitant changes to moisture content and redox conditions which prevents isolation of the  
534 causal variable in field investigations (Rezanezhad et al., 2014). Therefore, this is to the best of  
535 our knowledge, the first direct demonstration of phosphatase activity changes in response to  
536 changing redox conditions. We postulate that under anoxic conditions when phosphorus  
537 availability in the aqueous phase is high, production of extracellular phosphatase enzymes by the  
538 microbial community is down regulated. Conversely, when bioavailable phosphorus is removed  
539 from solution under oxic conditions, extracellular phosphatase production is up regulated in  
540 response. Adjustments to enzyme production in response to changes in phosphate availability  
541 must occur on short timescales (hours/days) for such trends to be observable during the  
542 bioreactor experiment. An inverse relationship between phosphatase activities and phosphate  
543 concentration, has previously been shown spatially in wetlands by Kang and Freeman (1999) but  
544 to our knowledge never temporally in sediments.

#### 545 **<sup>31</sup>P NMR**

546 Results from <sup>31</sup>P NMR analyses (Figure 6A) show that the majority of phosphorus was present in  
547 the solid phase as ortho-phosphate (84-91%) with 4-8% monoester P, 3-8% diester P and <1%  
548 phosphonates and polyphosphates with no clear trend in relative abundance emerging during the  
549 experiment. The NaOH-EDTA extraction resulted in a recovery of ~27% of TP, which is  
550 comparable to previous studies with carbonate buffered soils and sediments (Hansen et al., 2004;  
551 Turner et al., 2003a). Alpha and beta glycerophosphates are commonly identified in monoester  
552 spectral regions and have been demonstrated to be products of diesters degraded during analysis  
553 (Doolette et al., 2009; Jørgensen et al., 2015; Paraskova et al., 2015). As no glycerophosphates  
554 were identified in any of the analysed samples, recalculation of monoester/diester ratios was not  
555 performed. A higher mean monoester/diester ratio (2.31) was found in reduced samples than

556 oxidised samples (0.97) a statistically significant difference ( $p=0.04$ ). This difference could  
557 indicate that monoester P was either less efficiently extracted under oxic conditions due to  
558 sorption to metal oxides or that monoesterase/diesterase activity decreased under anoxic  
559 conditions, which is consistent with enzymatic activity assays (Figure 6B). Total  $P_o$  determined  
560 by  $^{31}\text{P}$  NMR varied between 9 and 16% over time compared to 5 to 11% in the  $P_{\text{resi}}$  from  
561 sequential extractions, indicating that not all  $P_o$  was extracted in the  $P_{\text{resi}}$  fraction, which is  
562 commonly referred to as the organic-P fraction. We postulate that the remaining  $\sim 5\%$  of total  
563 phosphorus, identified as  $P_o$  by  $^{31}\text{P}$  NMR was extracted during previous steps in the sequential  
564 extraction scheme, particularly  $\text{MgCl}_2$ , which has been shown to efficiently extract P associated  
565 with microbial biomass (Ruttenberg, 1992) and  $\text{NaHCO}_3$ . The relative activities of phosphatase  
566 enzymes appear to correlate with the relative abundances of  $P_o$  species identified by  $^{31}\text{P}$  NMR  
567 e.g. Monoesters > Diesters > Pyro-P.

568 Significant polyphosphate (> 1%) was not detected by  $^{31}\text{P}$  NMR during experiments. Previous  
569 studies focusing on WWTP tertiary treatment for phosphate removal suggest that redox  
570 oscillating conditions promote intracellular poly-P accumulation during aerobic conditions to be  
571 used as an energy store under anoxic conditions in order to uptake short chain fatty acids (SCFA)  
572 in the absence of an electron acceptor (Hupfer et al., 2007; Wentzel et al., 1991). Phosphate  
573 uptake during aerobic conditions therefore requires P availability in excess of what is required  
574 for growth and maintenance of the microbial community. However, phosphate availability under  
575 aerobic conditions is limited by sorption and coprecipitation with iron oxides, assuming  
576 sufficient Fe:P, despite high total phosphorus concentration in sediment. The P requirements by  
577 the microbial community are also likely to be high during the transition to aerobic conditions due  
578 to the availability of  $\text{O}_2$  as an energetically efficient electron acceptor and fermentation products

579 (SCFA), further decreasing the probability of polyphosphate accumulation. Additionally,  
580 polyphosphate accumulation and release has shown to be inhibited by denitrification and sulfate  
581 reduction due to competition for SCFA (Kortstee et al., 1994; Yamamoto-Ikemoto et al., 1994).

## 582 **IMPLICATIONS**

583 Our controlled laboratory simulation of highly dynamic redox conditions in eutrophic sediment  
584 demonstrates the importance of multiple coupled elemental cycles (C, N, Fe, S, P) when  
585 determining internal P loading potential and timing. Our results demonstrate that neither aqueous  
586 or solid phase Fe:P ratios or even solid phase  $P_{Fe}$  quantification are good predictors of potential P  
587 release to the water column under anoxic conditions, due to extensive reversible redistribution of  
588 both reduced Fe and associated P within the solid phase. We show that 99.4% of reduced Fe and  
589 95.5% of  $P_{Fe}$  are not released to the aqueous phase upon Fe reduction but reversibly redistributed  
590 within the solid phase upon short periods of iron reduction. Additionally, the apparent  
591 requirement for complete nitrate depletion prior to anoxia-promoted P release to the aqueous  
592 phase has potential implications for water bodies where significant iron bound legacy P is  
593 present within sediments. Our results suggest that decreasing  $NO_3^-$  concentrations in external  
594 loads, while ostensibly ecologically beneficial, may, in some cases, increase the frequency and  
595 magnitude of internal P loading during short periods of anoxia. In P limited systems, the  
596 apparent ecological benefits of decreased  $NO_3^-$  may be offset by increased P release and  
597 eutrophication. However, numerous additional processes exist in natural systems, which were  
598 not simulated during our reactor experiment and may influence internal loading mechanisms.  
599 Finally, we demonstrate that oscillatory redox conditions, even in sediments with diverse and  
600 active microbial communities, do not necessarily result in accumulation of polyphosphate, due to

601 mineralogical phosphate immobilization and scavenging of SCFA by anaerobic heterotrophic  
602 respiration.

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### 612 **Abbreviations**

613 Green filamentous algae; GFA, waste water treatment plants; WWTP, sediment-water interface;  
614 SWI, dissolved organic carbon; DOC, organic phosphorus species; P<sub>o</sub>, soluble reactive  
615 phosphorus; SRP, Inductively Coupled Plasma Optical Emission Spectrometry; ICP-OES,  
616 organic matter; OM, powder X-ray diffraction; XRD, dissolved reactive phosphorus; DRP,  
617 Method detection limit; MDL, non-purgeable organic carbon; NPOC, total dissolved  
618 phosphorus; TDP, dissolved inorganic carbon; DIC, relative standard deviation; RSD%, 4-  
619 methylumbelliferyl; MUF, 4-Methylumbelliferyl phosphate; MUP, Bis(4-  
620 methylumbelliferyl)phosphate; DiMUP, and 4-Methylumbelliferyl pyrophosphate; PYRO-P, 4-

621 Methylumbelliferyl beta-D-glucopyranoside; MUGb, thermo-gravimetric analysis; TGA,  
622 terminal electron acceptors; TEAs, particulate organic matter; POM, total phosphorus; TP.

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951

952 **Tables**

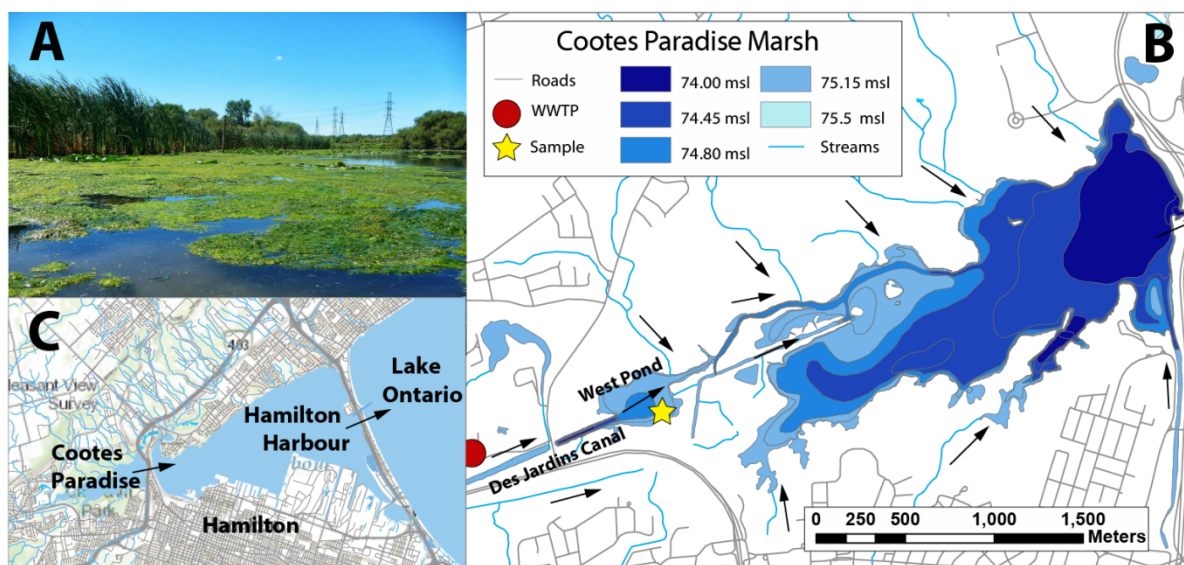
Step	Extractant	Conditions	Target phase
1a	1M MgCl <sub>2</sub>	pH 8 for 2 hours @ 25°C	Exchangeable or Loosely sorbed P (P <sub>Ex</sub> )
1b	1M MgCl <sub>2</sub>	pH 8 for 2 hours @ 25°C	
1c	18.2 MΩ cm <sup>-1</sup> H <sub>2</sub> O	2 hours @ 25°C	
2a	1M NaHCO <sub>3</sub>	pH 7.6 for 16 hours @ 25°C	Organic associated P (P <sub>Hum</sub> )
2b	1M NaHCO <sub>3</sub>	pH 7.6 for 2 hours @ 25°C	
2c	1M NaHCO <sub>3</sub>	pH 7.6 for 2 hours @ 25°C	
2d	1M NaHCO <sub>3</sub>	pH 7.6 for 2 hours @ 25°C	
2e	1M MgCl <sub>2</sub>	pH 8 for 2 hours @ 25°C	
3a	0.3 M Na <sub>3</sub> -citrate with 1M NaHCO <sub>3</sub> with 1.125g of Na-ditionite (CDB)	pH 7.6 for 8 hours @ 25°C	Fe-bound P (P <sub>Fe</sub> )
3b	CDB	pH 7.6 for 2 hours @ 25°C	
3c	1M MgCl <sub>2</sub>	pH 8 for 2 hours @ 25°C	
4a	1M Na-acetate with acetic acid	pH 4 for 6 hours @ 25°C	Authigenic carbonate fluorapatite plus biogenic apatite plus CaCO <sub>3</sub> -bound P (P <sub>CFA</sub> )
4b	1M Na-acetate with acetic acid	pH 4 for 2 hours @ 25°C	
4c	1M MgCl <sub>2</sub>	pH 8 for 2 hours @ 25°C	
5	1M HCl	16 hours @ 25°C	Detrital Apatite plus other inorganic-P (P <sub>Detri</sub> )

6	1M HCl	16 hours after ashing at 550°C @ 25°C	Residual/Organic-P ( $P_{Resi}$ )
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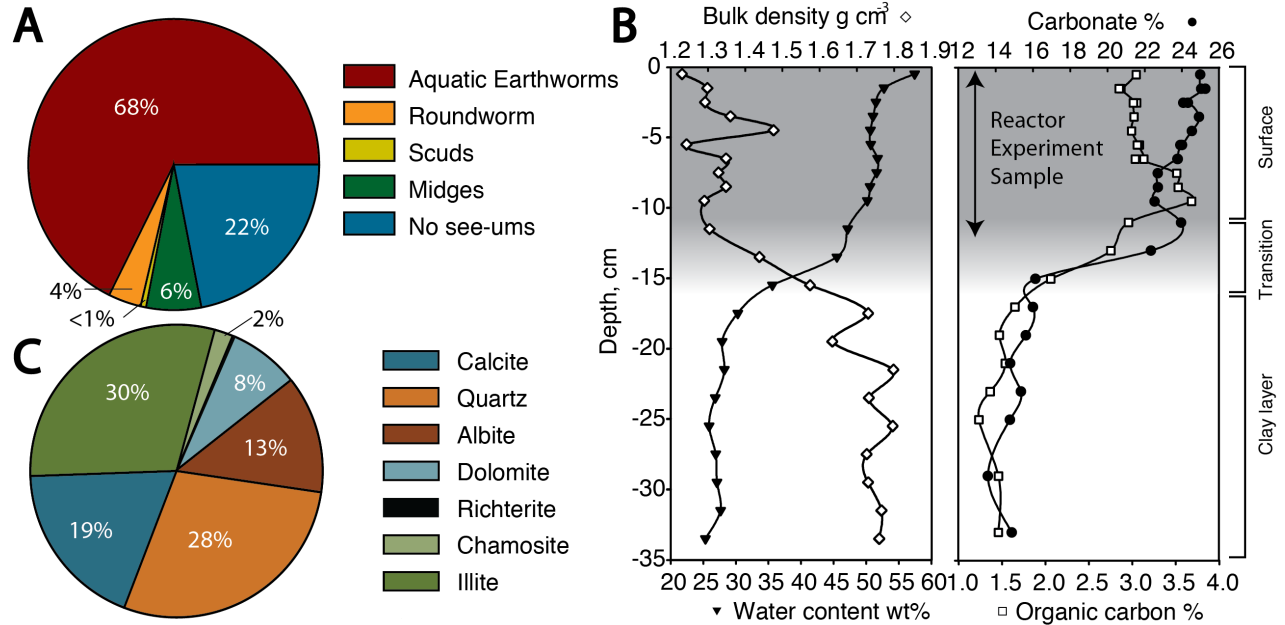
954 *Table 1: Summary of the modified SEDEX sequential extraction protocol used on*  
 955 *solid samples taken over a time series during the reactor experiment. Results of*  
 956 *this extraction are shown in Figure 4.*

957 **Figures**

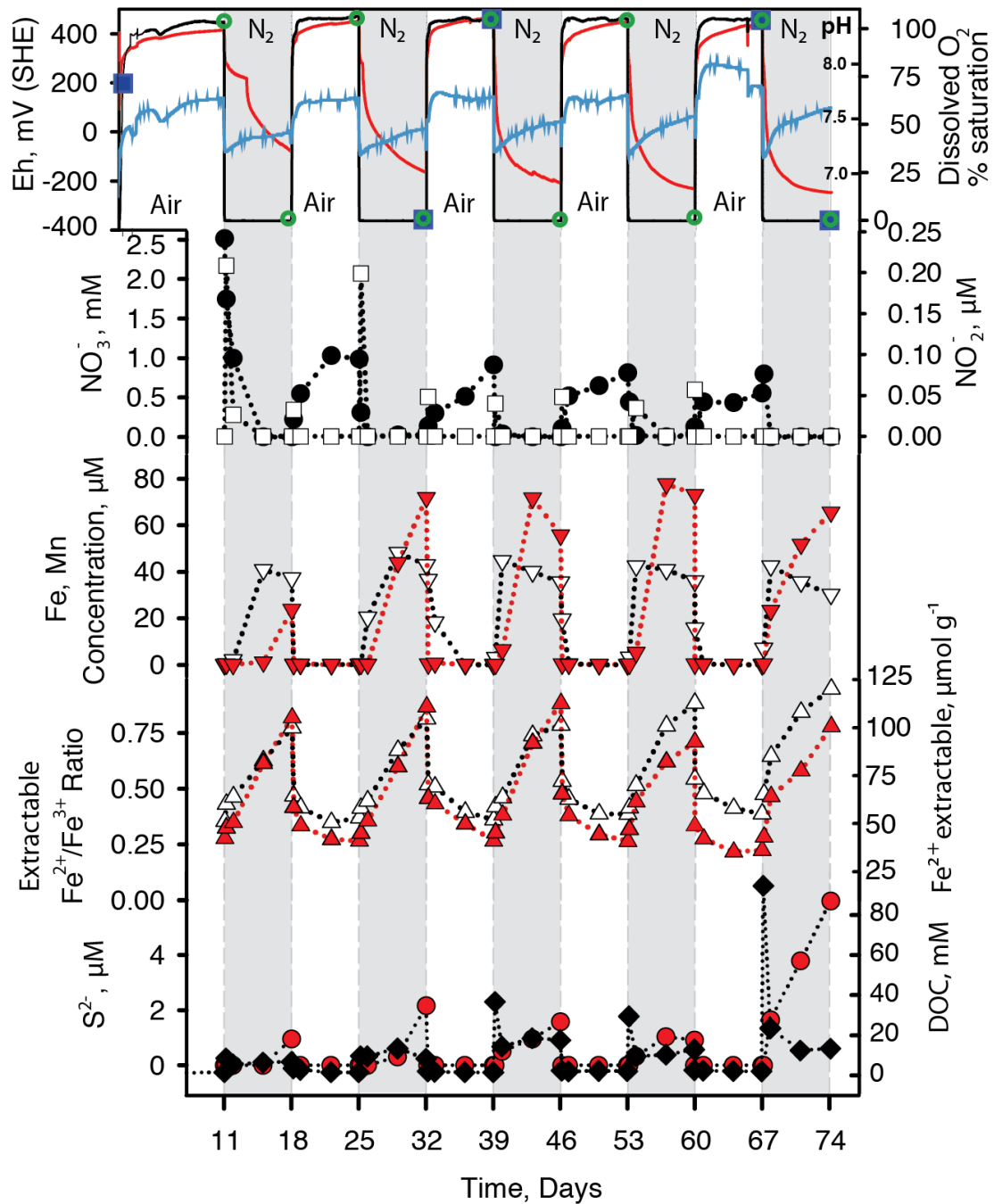


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959 *Figure 1: A) Photograph of the sampling location taken on the day of sampling*  
 960 *illustrating the abundance of green filamentous algae. B) Map of Cootes Paradise*  
 961 *and West Pond showing the sampling location, local hydrological network and the*  
 962 *King Street Waste Water Treatment plant in Dundas. Color represents area*  
 963 *covered by surface water at different water levels (msl= meters above sea level)*  
 964 *C) Overview map showing the hydrological connection between Cootes Paradise,*  
 965 *Hamilton Harbour and Lake Ontario.*



966  
 967 *Figure 2: a) Proportions of bioturbating macro invertebrates identified in the top*  
 968 *18 cm b) Depth profiles of sampled sediment, water content weight % (inverted*  
 969 *black triangles), bulk density (white diamonds) OM % (white squares), carbonate*  
 970 *% (black circles) c) Mineralogical composition of sediments from the zone of*  
 971 *bioturbation determined by XRD (top 12 cm).*



972

973 *Figure 3: Aqueous chemistry and iron extraction data with time during reactor*

974 *experiments: Solid red line = Eh, solid black line = DO, solid blue line = pH, full*

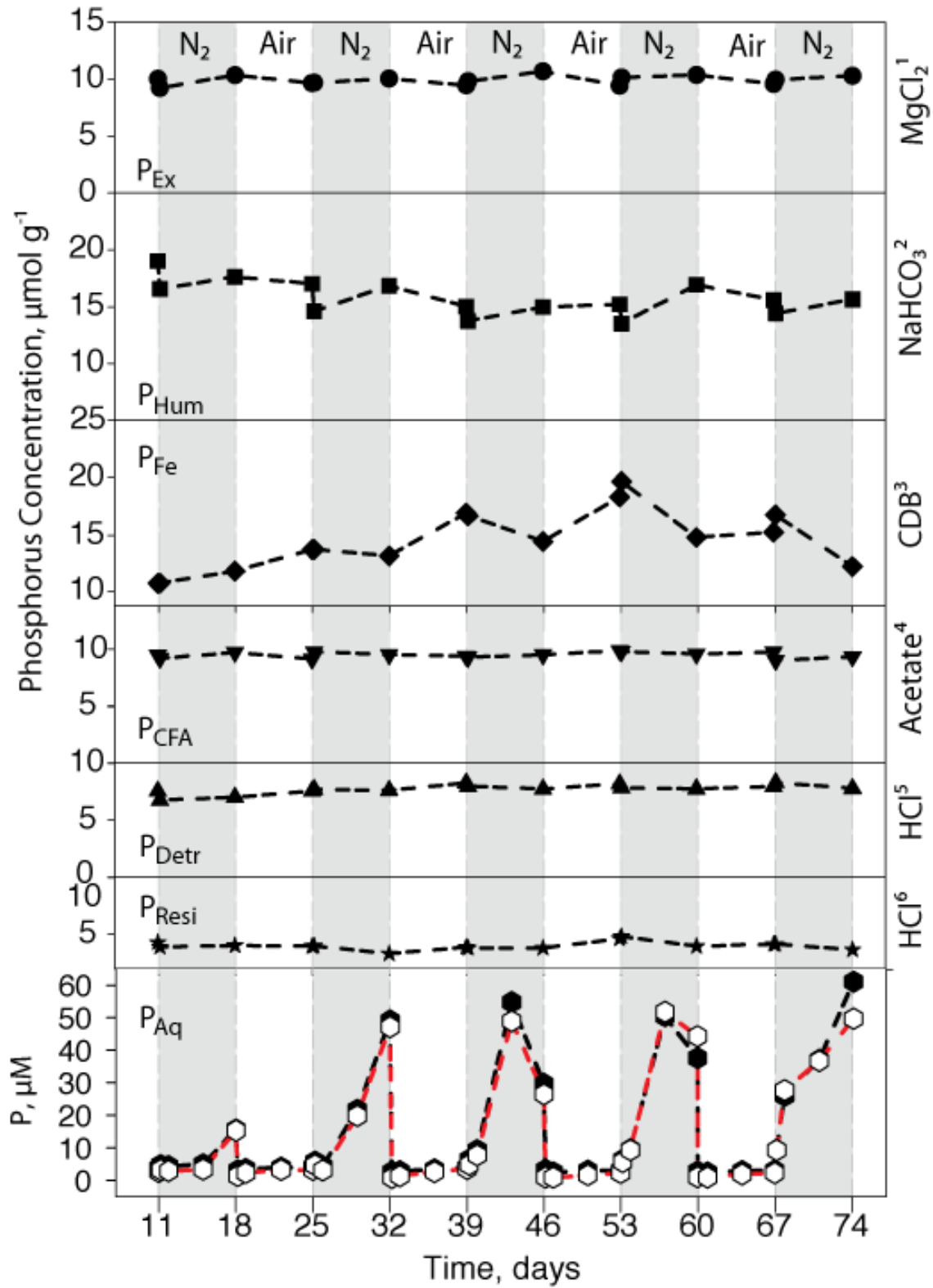
975 *black circles = NO<sub>3</sub><sup>-</sup>, white squares = NO<sub>2</sub><sup>-</sup>, inverted red triangles = Fe<sub>(aq)</sub>, inverted*

976 *white triangles = Mn<sub>(aq)</sub>, red triangles = Fe<sup>2+</sup> 0.5M HCl extractable, white triangles*

977 =  $Fe^{2+}/Fe^{3+}$  ratio in 0.5M HCl extract, red circles =  $S_2^-$ , black diamonds = DOC.

978 Sampling points for  $^{31}P$  NMR and extracellular enzyme assays (EEA) are shown on  
979 the  $E_h$  curve ( $^{31}P$  NMR = open blue squares, EEA = open green circles).



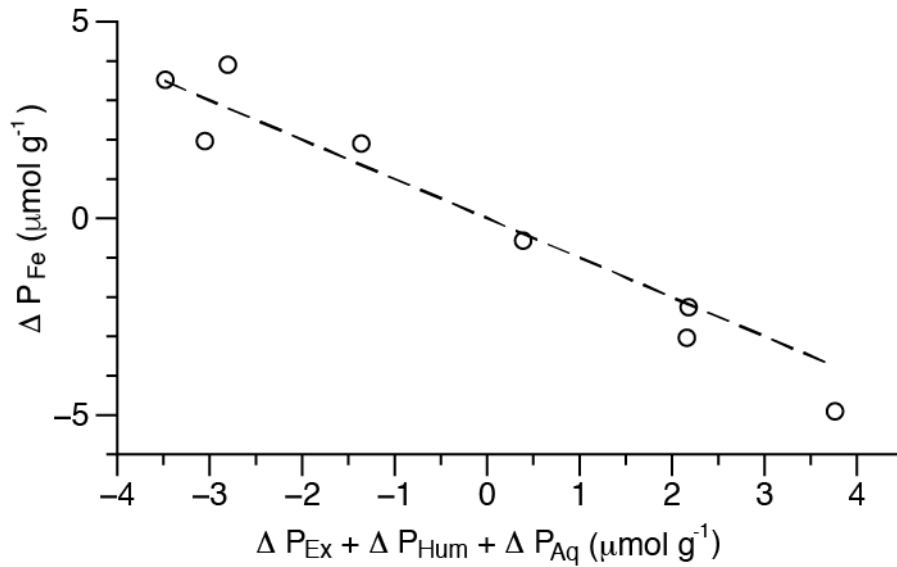


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981 *Figure 4: Aqueous and solid phase phosphorus speciation from sequential*

982 *chemical extractions with time during the reactor experiment. White panels*

983 correspond to time periods with air sparging, grey panels correspond to time  
984 periods with  $N_2:CO_2$  sparging. Black symbols = total P concentration, white  
985 symbols = SRP concentration.



986  
987 *Figure 5: Change in P distribution between the start and end of each oxic and*  
988 *anoxic period (7 day change). Iron-bound P ( $P_{Fe}$ ) appears to be reversibly*  
989 *redistributed to the loosely sorbed ( $P_{Ex}$ ), humic bound ( $P_{Hum}$ ) and aqueous*  
990 *fractions ( $P_{Aq}$ ). The dashed line is 1:1. Linear regression of the data results in an*  
991  *$R^2$  of 0.95, a slope of -1.1 and  $p < 0.0001$ ).*

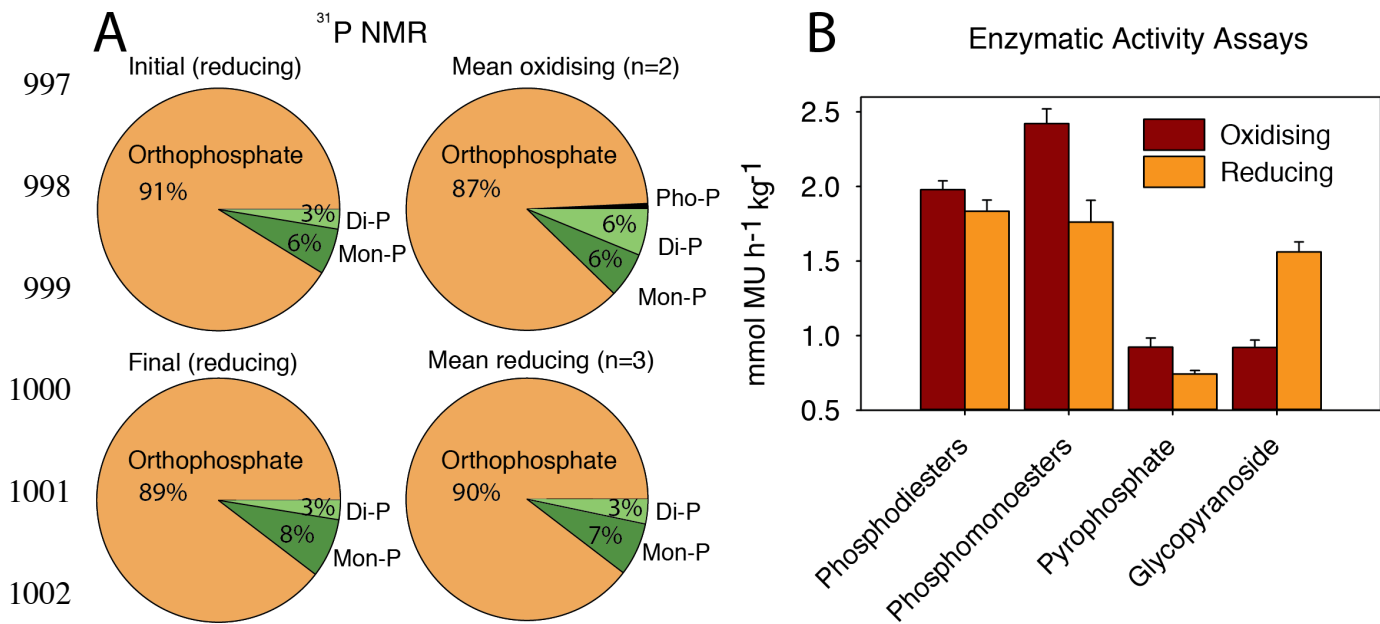
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1003 *Figure 6: A) P speciation determined by <sup>31</sup>P NMR for the initial suspension (top*  
 1004 *left), the final suspension (bottom left), the average of samples from oxic*  
 1005 *conditions n=2 (top right), the average of samples from anoxic conditions n=3*  
 1006 *(bottom right). Pho-P = phosphonates, Di-P = diester-P, Mon-P = monoester-P.*  
 1007 *Polyphosphate was not detected at concentrations >1% in any of the samples*  
 1008 *analyzed. B) Average extracellular enzyme activities under oxic and anoxic*  
 1009 *conditions for MUP, DiMUP, PYRO-P and MUGb (n=5)*

1010