

1 **Impact of diurnal temperature fluctuations on larval settlement and growth of**  
2 **the reef coral *Pocillopora damicornis***

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22

23 **Abstract**

24 Diurnal fluctuations in seawater temperature are ubiquitous on tropical reef flats.  
25 However, the effects of such dynamic temperature variations on the early stages of  
26 corals are poorly understood. In this study, we investigated the responses of larvae and  
27 new recruits of *Pocillopora damicornis* to two constant temperature treatments (29  
28 and 31 °C), and two diurnally fluctuating treatments (28–31 and 30–33 °C with daily  
29 means of 29 and 31 °C, respectively) simulating the 3 °C diel oscillations at 3 m depth  
30 on Luhuitou fringing reef (Sanya, China). Results showed that the thermal stress on  
31 settlement at 31 °C was almost negated by the fluctuating treatment. Further, neither  
32 elevated temperature nor temperature fluctuations caused bleaching responses in  
33 recruits, while the maximum excitation pressure over photosystem II (PSII) was  
34 reduced under fluctuating temperatures. Although early growth and development were  
35 highly stimulated at 31 °C, oscillations of 3 °C had little effects on budding and lateral  
36 growth at either mean temperature. Nevertheless, daytime encounters with the  
37 maximum temperature of 33 °C in fluctuating 31 °C elicited a notable reduction in  
38 calcification compared to constant 31 °C. These results underscore the complexity of  
39 the effects caused by diel temperature fluctuations on early stages of corals, and  
40 suggest that ecologically relevant temperature variability could buffer warming stress  
41 on larval settlement and dampen the positive effects of increased temperatures on  
42 coral growth.

43 **Keywords:** temperature, diurnal fluctuation, *Pocillopora damicornis*, settlement,  
44 bleaching, calcification, budding

## 45 **1 Introduction**

46 Scleractinian corals and the reef ecosystems they construct are currently facing  
47 environmental changes at unprecedented rates of changes. Of these changes, rising  
48 seawater temperature is generally recognized as one of the most immediate and  
49 widespread threats (Hoegh-Guldberg, 1999; Hughes et al., 2003). The most  
50 conspicuous response of corals to elevated temperatures is to expel their  
51 endosymbiotic dinoflagellates and/or photosynthetic pigments, giving the affected  
52 colonies a pale appearance, a process known as coral bleaching (Hoegh-Guldberg,  
53 1999). Due to the loss of zooxanthellae, bleached corals usually fail to obtain their  
54 key metabolic requirements from photosynthetically fixed carbon (Grottoli et al.,  
55 2006). As a result, massive mortality of corals has been frequently observed following  
56 bleaching, leading to serious decline and impaired ecosystem functionality  
57 (Hoegh-Guldberg, 2011; Graham et al., 2006).

58 On average, sea surface temperatures have increased by approximately 0.7 °C since  
59 preindustrial times (Feely et al., 2013) and a further increase of 2–3 °C is expected by  
60 the end of this century (Bopp et al., 2013), giving rise to increased concerns about  
61 effects on corals. The bulk of scientific work addressing the impact of ocean warming  
62 on corals has focused on their tolerance and physiological responses to the predicted  
63 increases in mean temperature (Stambler, 2010). However, seawater temperatures on  
64 coral reefs are characterized by striking fluctuations over timescales ranging from  
65 minutes to hours to months. Notably, temperature profiles from reef environments  
66 typically show diel oscillations of 4–10 °C (Coles, 1997; Dandan et al., 2015;

67 Guadayol et al., 2014; Oliver and Palumbi, 2011; Rivest and Gouhier, 2015). A  
68 consistent daily cycle is commonly present, with temperature increasing after sunrise,  
69 peaking after noon and then gradually decreasing to the minimum (e.g., Zhang et al.,  
70 2013; Putnam and Edmunds, 2011).

71 It has been long established that the performance of organisms, including a diverse  
72 range of marine invertebrates, differs between steady and variable thermal conditions  
73 of equivalent mean temperature (Bryars and Havenhand, 2006; Lucas and Costlow,  
74 1979; Marshall and McQuaid, 2010; Orcutt and Porter, 1983; Pilditch and Grant, 1999;  
75 Sastry, 1979). These studies have demonstrated that temperature fluctuations can  
76 either speed up or retard early development and growth, depending upon the mean  
77 temperatures and amplitude of the fluctuations. However, few studies have explored  
78 this thermodynamic effect on corals which routinely experience temperature  
79 oscillations in nature (e.g., Mayfield et al., 2012; Putnam et al., 2010).

80 Recently, our understanding of the physiological responses of corals to diurnally  
81 fluctuating temperature has advanced, but results have been variable and even  
82 conflicting. For instance, the photo-physiology in larval and adult pocilloporid corals  
83 is more suited to the fluctuating than to the constant temperatures (Mayfield et al.,  
84 2012; Putnam et al., 2010). Conversely, evidence for the deleterious effects of diel  
85 temperature fluctuations includes the significant reductions in photochemical  
86 efficiency, symbiont density and aerobic respiration in corals exposed to fluctuating  
87 temperatures compared to those in constant temperatures (Putnam and Edmunds, 2011;  
88 Putnam and Edmunds, 2008). These contrasting results emphasize a clear need to

89 further explore the impact of diurnally fluctuating temperatures, together with the  
90 projected increase in temperature on reef corals.

91 In the context of global deterioration of coral reefs and climate change, the early  
92 life history stages of corals have drawn increasing attention in recent decades, as they  
93 are more vulnerable to environmental changes than their adult counterparts, and more  
94 importantly, represent a bottleneck for the maintenance of populations (Byrne, 2012;  
95 Keshavmurthy et al., 2014). Successful larval settlement, post-settlement survival and  
96 growth are of paramount importance to population persistence, as well as the recovery  
97 of degraded reefs (Ritson-Williams et al., 2009; Penin and Adjeroud, 2013). Mounting  
98 evidence suggests that ocean warming poses a serious threat to these early processes  
99 (reviewed in Keshavmurthy et al., 2014), but most previous experiments utilized  
100 steady temperature treatments, neglecting the temporal variations of *in situ*  
101 temperature (but see Putnam et al., 2010). To date, there is a paucity of knowledge  
102 regarding the influence of dynamic temperatures on these crucial early stages of reef  
103 corals. The risk imposed by ocean warming on fitness and development of corals can  
104 be best understood by integrating both diel thermocycles and changes in mean  
105 temperature (Boyd et al., 2016).

106 The present study aimed to investigate how the early stages of the reef coral  
107 *Pocillopora damicornis* will be affected by the diurnally oscillatory temperatures,  
108 together with ocean warming. *P. damicornis* is a widely distributed and major  
109 reef-building coral on reef flats in the Indo-Pacific region (Veron, 1993). This species  
110 planulates almost every month and the release of free-swimming and zooxanthellate

111 planula larvae follows a lunar cycle (Fan et al., 2002). Brooded larvae and new  
112 recruits were exposed to two temperature levels (29 and 31 °C) crossed with two  
113 temperatures regimes (constant and 3 °C diel fluctuations). Diurnal patterns of  
114 temperature fluctuations were based on temperature records from our study site,  
115 Luhuitou fringing reef in Sanya, China. Larval condition and juvenile growth after  
116 incubation were assessed to compare their responses to constant and oscillatory  
117 temperatures.

118

## 119 **2 Materials and methods**

### 120 **2.1 Field seawater temperature monitoring**

121 Seawater temperatures at 3 m depth on Luhuitou fringing reef (18°12'N, 109°28'E)  
122 were recorded at 30 min intervals from 2012 to 2016, using Hobo Pendant data  
123 loggers (Onset, USA). The temperature profiles showed large seasonal and diurnal  
124 fluctuations, with a maximum of 33.1 °C and a minimum of 20.3 °C (Fig. S1a). The  
125 mean annual temperature was 27 °C and the mean monthly temperature ranged from  
126 22 to 30.2 °C (Fig. S1b). The diurnal range during summer (June–September) was  
127 between 0.6 and 5.4 °C, with a mean value of 1.76 °C (Fig. S1c). Each day, seawater  
128 temperature began to increase around 08:00, reached the maximum at 13:00, often  
129 remained constant for about two hours, and then gradually decreased (Fig. S1d).

130

## 131 **2.2 Collection and allocation of coral larvae**

132 Eight *P. damicornis* colonies were collected at a depth of 3 m on 20 August 2015.  
133 Colonies were transported to Tropical Marine Biological Research Station, and placed  
134 individually into 20 L flow-through tanks at ambient temperature ( $28.7 \pm 0.5$  °C) under  
135 partially shaded light conditions (noon irradiance,  $\sim 300$   $\mu\text{mol photons m}^{-2} \text{s}^{-1}$ ). The  
136 outflow of each tank was passed through a cup fitted with 180  $\mu\text{m}$  mesh on the bottom  
137 to trap larvae. Larvae released from these colonies were collected at 07:00 on 22  
138 August 2015, pooled and haphazardly assigned to the following two experiments. For  
139 the settlement assays, larvae were introduced to 5.5-cm diameter plastic petri dishes  
140 as described below (see Section 2.4). To test the effects of temperature treatments on  
141 the photo-physiology and growth of recruits, another batch of larvae were transferred  
142 to 10-cm-diameter petri dishes which were left floating in a flow-through tank.  
143 Twenty hours later, 4 dishes with a total of 35–40 newly settled recruits were assigned  
144 to each treatment tank. Only recruits that settled individually and at least 1 cm apart  
145 from others were selected for the experiment in order to avoid possible contact  
146 between recruits during growth. Dishes were rotated daily to avoid the potential  
147 positional effects within each tank.

148

## 149 **2.3 Experimental setup**

150 The 29 °C treatment, corresponding to the ambient temperature at the collection site  
151 of adult *P. damicornis*, was used as the control treatment. The experimental

152 temperature was 2 °C above the ambient and 1 °C above the bleaching threshold for  
153 coral communities on Luhuitou reef (30 °C, Li et al., 2012), and within the range of  
154 projected increases (Bopp et al., 2013). Two temperature regimes, i.e., constant and  
155 fluctuating were set for each temperature level. The pattern and range of temperatures  
156 in the two fluctuating treatments were based on *in situ* records obtained during larval  
157 release of *P. damicornis* (Fig. S1d), and the assumption that the predicted 2 °C  
158 increase in mean temperature would entail a 2 °C shift in the overall temperature  
159 time-course (Burroughs, 2007).

160 Four 40 L tanks were filled with sand-filtered seawater, which was partially  
161 changed (30%) with temperature-equilibrated seawater at 22:00 every day.  
162 Treatments were set using digital temperature regulators (Sieval, TC-05B, China) and  
163 50 W heaters. The seawater was gently aerated and well mixed using submerged  
164 pumps (350 L h<sup>-1</sup>). The water temperature in each tank was recorded with a Hobo  
165 Pendant logger at 15 min intervals throughout the experiment. In the two fluctuating  
166 treatments (Fig. 1), temperatures were programmed to increase from 28/30 °C at  
167 08:00, reach the plateau of 31/33 °C around 13:00 and stabilize for 2 hours. At 15:00,  
168 temperatures were allowed to decrease gradually to 28/30 °C around 22:00 and  
169 remained stable until 09:00 the next morning. Mean ( $\pm$  SD) daily temperature of the  
170 two stable treatments were  $29 \pm 0.2$  and  $30.8 \pm 0.2$  °C, and the mean temperatures of  
171 the two fluctuating treatments were  $28.9 \pm 1.3$  and  $30.7 \pm 1.3$  °C respectively. Salinity  
172 in each tank was checked using an Orion 013010MD conductivity probe twice a day  
173 and remained stable at 33 psu during the experiment.



174 Each tank was illuminated by a LED lamp (Maxspect, 10,000K, China) on a 12:12  
175 h light-dark cycle. Light was measured with a Li-Cor 4- $\pi$  quantum sensor below the  
176 water surface. Light intensity was similar in all tanks ( $F_{3, 96} = 0.32$ ,  $P = 0.81$ ),  
177 averaging at  $183 \pm 3 \mu\text{mol photons m}^{-2} \text{ s}^{-1}$  (mean  $\pm$  SE,  $n = 100$ ), which was close to  
178 the irradiance in crevices where coral recruits were found at 3–4 m depths at our study  
179 site (Lei Jiang, unpublished data). Facility and logistical constraints precluded the  
180 replication of treatments, but salinity and light were carefully controlled to eliminate  
181 any possible artefact (Underwood, 1997).

182

#### 183 **2.4 Settlement assay**

184 The settlement experiments were conducted in 5.5-cm-diameter petri dishes on 22  
185 August 2015 and began around 09:00. The crustose coralline algae (CCA),  
186 *Hydrolithon reinboldii*, one of the most abundant CCA species and an effective  
187 settlement cue for larval settlement of *P. damicornis* at our study site, was collected at  
188 2–3 m depths and cut into uniformly sized ( $5 \times 5 \times 3$  mm) chips 4 days before the  
189 settlement experiment. Each dish contained 15 ml seawater and a CCA chip. Fifteen  
190 actively swimming larvae were introduced into each dish, which was then floated in  
191 the treatment tanks to ensure temperature control. Preliminary measurements showed  
192 that the difference in seawater temperature between dishes and tanks was less than  
193  $0.4 \text{ }^\circ\text{C}$ . Four replicate dishes were used for each treatment. Larvae were allowed to  
194 settle for 24 hours, after which settlement success was assessed under a dissecting

195 microscope following the criteria of Heyward and Negri (1999). Larvae were  
196 categorized into four conditions: (i) dead, (ii) swimming, (iii) metamorphosed and  
197 floating in the water, i.e., premature metamorphosis (*sensu* Edmunds et al., 2001), and  
198 (iv) metamorphosed and firmly attached to CCA or dish, i.e., successful settlement.

## 199 **2.5 Chlorophyll fluorescence and bleaching**

200 Twenty 3-day-old recruits were randomly selected and marked in each treatment.  
201 Diving-pulse-amplitude modulation (PAM) fluorometry (Walz, Germany) was used to  
202 measure the maximum quantum yield of PSII ( $F_v/F_m$ ), a proxy for potential  
203 photochemical efficiency of symbionts (Genty et al., 1989). Measurements were  
204 conducted at 05:30 on four consecutive days to allow enough time for dark adaption.  
205 Both the measuring light and gain of PAM settings were adjusted to “7” to give  
206 optimal fluorescence signals.

207 To better assess the photo-physiological performance of symbionts, effective  
208 quantum yield ( $\Delta F/F_m'$ ) was also measured for 15 recruits from each treatment four  
209 times on the last day of the experiment (08:00, 11:00, 14:00, 17:00). The maximum  
210 excitation pressure over PSII ( $Q_m$ ) was calculated using the equation:  $Q_m = 1 -$   
211  $[(\Delta F/F_m' \text{ at } 14:00)/(F_v/F_m)]$  (Iglesias-Prieto et al., 2004).

212 Bleaching response was assessed photographically following Siebeck et al. (2006)  
213 with some modifications. At the end of the experiment, recruits were photographed  
214 with a digital camera under the dissecting microscope and identical illumination (35  
215  $\mu\text{mol photons m}^{-2} \text{ s}^{-1}$ ). The camera was set on manual mode with constant ISO

216 settings (12800). Saturation of each coral picture, a good proxy for symbiont or  
217 chlorophyll density during bleaching, was measured by taking the average value of 30  
218 randomly placed quadrats (100×100 pixels each) on each coral picture using  
219 Photoshop's histogram function (Siebeck et al., 2006). The total chlorophyll/symbiont  
220 content of each recruit was determined by multiplying the mean saturation by surface  
221 area (as measured in Section 2.6 below) to account for differences in the size of  
222 recruits. Bleaching response was quantified as the reduction in chlorophyll/symbiont  
223 content of each recruit relative to the recruit yielding the maximum value.

224

## 225 **2.6 Post-settlement survival and growth**

226 Recruits were checked daily under a dissecting microscope throughout the experiment  
227 and scored as alive or dead based on the presence of polyp tissue. At each census, the  
228 number of living recruits was recorded for each treatment. Digital images of recruits  
229 with scale calibration were also analyzed for lateral growth using ImageJ software  
230 (National Institutes of Health). The number of polyps for each recruit was counted  
231 visually. Juvenile growth was estimated as the rates of change in planar area and  
232 number of new polyps over time (Dufault et al., 2012; Jiang et al., 2015).

233 Calcification was calculated as the dry skeletal weight deposited per day (Dufault et  
234 al., 2012). Tissue of recruits was removed with a water-pick at the end of the  
235 experiment. Skeletons were weighed individually using an ultra-microbalance at an  
236 accuracy of  $\pm 1 \mu\text{g}$ . Furthermore, the temperature coefficient ( $Q_{10}$ ), which is widely

237 used to express the sensitivity of metabolism, development and growth to temperature  
238 changes (Hochachka and Somero, 2002; Howe and Marshall, 2001; Rivist and  
239 Hofmann, 2014), was calculated using the equation:  $Q_{10} = (R_2/R_1)^{10/(T_2-T_1)}$ ,  
240 where R is the growth rate at temperature T2 or T1.  $Q_{10}$  values of enzyme-catalyzed  
241 reactions often double for the 10 °C increase in temperature.

242

## 243 **2.7 Data analyses**

244 Data were tested for homogeneity of variances, using Cochran's test, and normality  
245 was assessed using Q–Q plots. Percent data in settlement assays and budding rates  
246 were square root transformed to meet the requirements of homogeneity of variances.  
247 Larval settlement,  $Q_m$  and growth parameters were compared among treatments using  
248 two-way analyses of variances (ANOVAs) with mean temperature and temperature  
249 variability as fixed factors, each with two levels (29 and 31 °C; constant and  
250 fluctuating regimes). When main effects were significant ( $P < 0.05$ ), planned multiple  
251 comparisons were conducted using Fisher's LSD tests, which are more powerful than  
252 the original ANOVA (Day and Quinn, 1989; Lesser, 2010). Recruits were divided  
253 into 3 categories according to the number of polyps: 1-polyp, (2-4)-polyp and  
254 (5-6)-polyp. A Chi-square test was used to compare the differences in bud formation  
255 among treatments. Survivorship of coral recruits was analyzed using a Kaplan-Meier  
256 (KM) log-rank analysis. Two-way ANOVAs with repeated measures were used to test  
257 for the effects of temperature treatments on  $F_v/F_m$  or  $\Delta F/F_m$  over sampling time points.

258 All statistical analyses were performed with STATISTICA version 12.0 (Statsoft).

259

## 260 **3 Results**

### 261 **3.1 Larval settlement**

262 Larval mortality was only observed in the constant 31 °C treatment during the  
263 settlement assay (Fig. 2a). In all treatments, between 35 and 60% of larvae  
264 metamorphosed whilst in a free-floating polyp state (Fig. S2), and between 2.5 and 15%  
265 were swimming actively (Fig. 2b). Although the differences in these percentages  
266 among treatments were not significant (Table S1), there were more metamorphosed  
267 and floating larvae in the constant 31 °C treatment than in other treatments.  
268 Settlement was significantly affected by elevated temperature and marginally  
269 affected by the interaction between temperature level and regime (Table S1.).  
270 Specifically, percent settlement was similar between the two temperature regimes at  
271 29 °C, but differed between the constant and fluctuating treatments at 31 °C. The  
272 settlement rate at fluctuating 31 °C was comparable to that in the control treatment  
273 and significantly higher than that in the constant 31 °C treatment (Fig. 2c, Table S2.).

274

### 275 **3.2 Chlorophyll fluorescence and bleaching**

276 A significant interaction between time, temperature level and regime was observed for  
277 maximum quantum yield  $F_v/F_m$  (Table S3., Fig. 3a). Separation of the results by time

278 showed that  $F_v/F_m$  was consistently lower at higher temperatures, but the effect size  
279 was small, only amounting to a 3 % decrease (Table S4.). There was also a significant  
280 interaction between time, temperature level and temperature regime for effective  
281 quantum yield  $\Delta F/F_m'$  ( Table S3.). Further separate analyses revealed that both  
282 temperature increase and fluctuations had strong effects except at 08:00 (Table S4.),  
283 with lower  $\Delta F/F_m'$  at elevated temperature and higher  $\Delta F/F_m'$  under fluctuating  
284 conditions (Fig. 3b).

285  $Q_m$ , the maximum excitation pressure, was not influenced by elevated temperature  
286 (Table S5.). However, it was considerably reduced under fluctuating regimes (Fig. 3c,  
287 Table S5.). Recruits at 31 °C exhibited a paler appearance than those at 29 °C, as  
288 evidenced by the reduction in saturation and increase in brightness (Fig. S3). However,  
289 bleaching index which accounts for differences in recruit size, was unaffected by  
290 temperature level, regime, or their interaction (Fig. 3d, Table S5.)

### 291 **3.3 Growth, survival and $Q_{10}$**

292 The budding state of recruits differed significantly among treatments (Chi-square test,  
293  $\chi^2 = 19.4$ ,  $df = 6$ ,  $P = 0.004$ ). Seven days after settlement, approximately 70% of  
294 recruits at 31 °C produced at least one bud, compared to less than 50% of recruits at  
295 29 °C (Fig. 4a). Budding rates at 31 °C were more than twice those at 29 °C (Fig. 4b,  
296 Table S6.). No significant differences between the constant and fluctuating regimes  
297 were observed at either temperature (Table S6.).

298 Lateral growth rates increased significantly with elevated temperature , but were

299 not affected by temperature fluctuations (Fig. 4c, Table S6.). The skeletal weight  
300 deposited each day was 56% higher at 31 °C than at 29 °C (Table S8.). The effects of  
301 temperature fluctuations on calcification were dependent on the mean temperature  
302 (Fig. 4d), although the interaction between temperature level and regime was not  
303 statistically significant (Table S6.). At 29 °C, the fluctuating treatment had no  
304 discernible effect on calcification, while at 31 °C it caused a significant reduction  
305 (20%) in calcification compared to the constant regime (Table S7.).

306 Survival of recruits remained >86% in all treatments after 7 days, with the highest  
307 and lowest values at 31 °C (97%) and 29 °C (86%), respectively. Survivorship did not  
308 vary significantly across treatments ( $\chi^2 = 4.49$ ,  $df = 3$ ,  $P = 0.21$ , Fig. 5), although it  
309 was 6–13% higher at elevated temperature. For juvenile *P. damicornis*, lateral growth,  
310 budding and calcification increased by 1.19-, 1.91- and 1.68-fold respectively  
311 between 29 and 31 °C, yielding a  $Q_{10}$  of 2.6, 36.8 and 17.8.

312

## 313 **4 Discussion**

### 314 **4.1 Larval settlement under elevated and fluctuating temperatures**

315 The pronounced declines in successful settlement at constant 31 °C were consistent  
316 with previous findings that reported the effects of thermal stress (>30 °C) on coral  
317 larval settlement (Humanes et al., 2016; Randall and Szmant, 2009). Interestingly,  
318 transient exposure to 33 °C in variable conditions did not produce the same negative  
319 effect on larval settlement as constant exposure to 31 °C; on the contrary, coral larvae

320 experiencing diurnal shifts between 30 and 33 °C settled at a similar rate to those in  
321 the control. During daytime exposure to elevated and stressful temperatures, coral  
322 larvae may not initiate metamorphosis and settlement because larvae undergoing this  
323 complex stage are particularly susceptible to thermal perturbations (Randall and  
324 Szmant, 2009), but settlement may proceed as temperature descends to a more  
325 tolerable level at night (30 °C in this study). It is likely that the fluctuating  
326 temperature conditions could provide some respite for coral larvae, thereby favoring  
327 settlement at elevated and fluctuating temperature conditions. More precise  
328 assessment of settlement timing was not possible without disturbing larvae, given the  
329 use of small petri dishes. Future studies are needed to regularly observe and establish  
330 the dynamics of larval behavior under fluctuating temperatures to confirm this  
331 hypothesis.

332 Another possible cause for the higher settlement of larvae in the fluctuating 31 °C  
333 treatment may be the brief exposure to extreme temperatures around noon. Previous  
334 studies have demonstrated that short-term exposure (minutes to hours) of coral larvae  
335 to extremely high temperatures (33-37 °C) significantly enhanced the subsequent  
336 settlement at lower temperature, suggesting a strong latent effect (Coles, 1985;  
337 Nozawa and Harrison, 2007). Therefore, the 2-hour incubation at 33 °C during the  
338 daytime may have exerted a latent and stimulatory effect on settlement at night when  
339 the temperature was lower.

340 Metamorphosed and floating larvae, previously noted in corals (Edmunds et al.,  
341 2001; Vermeij, 2009; Mizrahi et al., 2014; Richmond, 1985), were more frequent at



342 elevated temperatures. One possible explanation is that premature metamorphosis in  
343 coral larvae is a spontaneous response to increased temperatures (Edmunds et al.,  
344 2001). The floating polyps, as a result of pelagic metamorphosis, have been shown to  
345 have extended longevity, possibly because they can obtain energy from  
346 photosynthesis by maternally derived symbionts and heterotrophic feeding using  
347 tentacles (Mizrahi et al., 2014; Richmond, 1985). Thus, plasticity of metamorphosis  
348 during the dispersive phase could be a strategy for coping with environmental stress in  
349 coral larvae, although it remains to be determined whether these floating polyps are  
350 capable of settling and contributing to recruitment in natural conditions.

351

#### 352 **4.2 Symbiont responses to elevated and fluctuating temperatures**

353 The reduction in  $F_v/F_m$  at 31 °C does not indicate severe damage to the photosynthetic  
354 apparatus or chronic photoinhibition, as the values were still within the healthy range  
355 (Hill and Ralph, 2005). The fluctuating regime had positive effects on  $\Delta F/F_m'$ ,  
356 suggesting a greater light use efficiency to drive photochemical processes.  $Q_m$ , an  
357 indicator of the excitation pressure over PSII, was reduced in fluctuating treatments,  
358 reflecting a stronger competitiveness of photochemical process for reaction centers  
359 over nonphotochemical quenching (Iglesias-Prieto et al., 2004). The higher  $\Delta F/F_m'$   
360 and lowered  $Q_m$  under fluctuating conditions suggest that the diel temperature  
361 oscillations could relieve heat stress on corals and corroborate previous findings that  
362 temperature fluctuations are favorable to the photo-physiology of corals (Mayfield et

363 al., 2012; Putnam et al., 2010). The positive effect of exposure to fluctuating  
364 temperatures on these photo-physiological metrics may be associated with the cooling  
365 overnight and upregulation of the genes related to photosynthesis (Mayfield et al.,  
366 2012).

367 In contrast to the aforementioned studies, Putnam and Edmunds (2008) found that  
368 when incubated at fluctuating temperatures (26–32 °C),  $F_v/F_m$  of *P. meandrina* and  
369 *Porites rus* nubbins were depressed by ~20% compared to those maintained at a  
370 constant temperature of 28 °C. These contrasting results may be due to  
371 methodological differences. Our study and Mayfield et al. (2012) mimicked natural  
372 temperature fluctuations by progressively modulating temperatures over time,  
373 whereas Putnam and Edmunds (2008) directly transferred corals from low to high  
374 temperature in the morning and vice versa at night. This approach could cause instant  
375 heat-shock and prolonged exposure to extreme temperatures, thereby exaggerating the  
376 stressful effects of diurnal thermal fluctuations.

377 Although juvenile *P. damicornis* at 31 °C exhibited apparent paling appearance  
378 compared to those in 29 °C, loss of symbionts and bleaching were not indicated, as  
379 the faster lateral growth at 31 °C suggests that the paling is instead the result of  
380 pigment dilution due to a larger surface area. This outcome contrasts with previous  
381 work showing the sensitivity of endosymbionts within coral recruits to elevated  
382 temperatures (Anlauf et al., 2011; Inoue et al., 2012). The lack of bleaching response  
383 to elevated temperatures in the current study may be linked to the symbiont type. *P.*  
384 *damicornis* predominantly harbored *Symbiodinium* clade D in Luhuitou (Zhou, 2011),

385 which has been found to be particularly thermally tolerant. In addition, the difference  
386 in treatment duration could also partially explain these contrasting sensitivities. Albeit  
387 ecologically relevant, the exposure duration in this study was much shorter than  
388 previous studies (Anlauf et al., 2011; Inoue et al., 2012), therefore resulting in less  
389 cumulative stress. It is possible that a longer exposure time may cause similar  
390 bleaching responses to those found by other studies.

391 Further, daytime exposure to high temperatures in fluctuating treatments did not  
392 induce significant symbiont loss in juvenile *P. damicornis*. This observation is in stark  
393 contrast to the observations of Putnam and Edmunds (2011) on adult corals. That  
394 study found that ephemeral exposure to 30 °C at noon in fluctuating conditions (26–  
395 30 °C) elicited a 45% reduction in symbiont density of adult *P. meandrina* compared  
396 to corals at the steady 28 °C treatment, a larger effect than that was elicited by  
397 continuous exposure to 30 °C (36%). The flat structure of juvenile corals has been  
398 suggested to provide a higher mass transfer capacity to remove reactive oxygen  
399 species than the branching and three-dimensional adults (Loya et al., 2001). Hence,  
400 the discrepancy between our results and that of Putnam and Edmunds (2011) may, at  
401 least partially, be attributed to the morphology-specific difference in thermal tolerance  
402 of juvenile and adult corals.

403

#### 404 **4.3 Accelerated early development at elevated temperature**

405 Early development of juvenile *P. damicornis*, including budding, lateral growth and

406 calcification, was accelerated at 31 °C, which is 2 °C above the local long-term  
407 summer mean and 1 °C above the local bleaching threshold (Li et al., 2012). Growth  
408 stimulation by temperature increase also occurred in a pilot study which showed that  
409 lateral growth and budding of *P. damicornis* after two weeks at 31 °C were 10% and  
410 41% higher respectively than that of those at 29 °C (Fig. S4). Moreover, recruits with  
411 increased growth rates at elevated temperatures showed higher survivorship,  
412 consistent with previous field observations that survival in early stages of reef corals  
413 was strongly dependent on colony size and growth rates (Babcock and Mundy, 1996;  
414 Hughes and Jackson, 1985). In contrast to our study with a tropical coral, a previous  
415 study reported that calcification of symbiotic polyps of *Acropora digitifera* in  
416 subtropical Okinawa was highest at 29 °C (2 °C above the local summer mean), and  
417 was reduced at 31 °C (Inoue et al., 2012).

418 It has been widely accepted that warming is likely to be more deleterious to early  
419 stages of tropical corals than subtropical species (Woolsey et al., 2014). Clearly,  
420 thermal tolerance of corals is relative to the ambient temperature at a particular  
421 location. Given the large seasonal temperature fluctuations and ranges in our study  
422 site (Fig. S1), it is not surprising that *P. damicornis* grew faster at 31 °C. The positive  
423 effects of the 2 °C temperature increase on the early development of *P. damicornis*  
424 suggest that tropical corals dwelling in thermally dynamic habitats may also have the  
425 capacity to modify their thermal limits, thereby enhancing physiological performance  
426 and tolerance under increasing temperatures (Clausen and Roth, 1975; Dandan et al.,  
427 2015; Schoepf et al., 2015).

428 There are two possible explanations for the increases in growth and development at  
429 elevated temperature in our study. Firstly, paling of recruits at elevated temperatures  
430 as a result of pigment dilution will enhance their internal light fields, which could  
431 bring about 2- to 3-fold increase in symbiont specific productivity (Wangpraseurt et  
432 al., 2017), and in turn support skeletal growth and asexual budding. Secondly, since  
433 coral calcification is positively correlated with carbon translocation between  
434 *Symbiodinium* and the host (Tremblay et al., 2016), the elevated calcification and  
435 growth at 31 °C indicates more efficient nutritional exchange, sustaining the  
436 metabolic expenditure of faster development. This interpretation is further supported  
437 by the excessive deviation of  $Q_{10}$  from the kinetic expectations (2–3): this signifies a  
438 strong amplifying effect through changes in fundamental biochemical systems along  
439 with the acceleration of functional enzyme activities at increased temperatures  
440 (Hochachka and Somero, 2002).

441

#### 442 **4.4 Differing effects of temperature fluctuations on growth**

443 The growth-related processes, including budding, lateral growth and  
444 calcification differ in their responses to temperature fluctuations, with calcification  
445 being more responsive. The lack of statistically significant effects of temperature  
446 fluctuations on budding and lateral growth suggests that either these processes were  
447 not affected by fluctuating temperatures, or the length of exposure to the peak  
448 temperatures was not be long enough to trigger a detectable effect (Lucas and Costlow,

449 1979).

450 The impact of fluctuating temperatures on calcification was different at ambient  
451 and elevated temperatures: the fluctuating treatment did not affect calcification at  
452 29 °C, but resulted in a significant decline at 31 °C. In comparison, prior studies with  
453 corals did not find that temperature fluctuations influenced skeletal growth (Mayfield  
454 et al., 2012; Putnam and Edmunds, 2011). It is likely that the impact of temperature  
455 fluctuations depends critically on whether the temperature range encompasses the  
456 maximum thermal limits of the species (Vasseur et al., 2014).

457 The relationship between skeletal growth in corals and temperature is non-linear  
458 and characterized by a parabola whose apogee indicated an optimum and threshold,  
459 beyond which the stimulatory impact of temperature will be reversed (Buddemeier et  
460 al., 2008; Castillo et al., 2014; Inoue et al., 2012; W ́rum et al., 2007). Although the  
461 optimal temperature for calcification by *P. damicornis* recruits remains unknown, it is  
462 possible that the recruits exposed to the fluctuating 31 °C treatment calcified at a  
463 slower rate when the temperature was below 31 °C compared to those in the constant  
464 31 °C. However, given the well-established temperature performance curve for coral  
465 calcification (Buddemeier et al., 2008; W ́rum et al., 2007), daytime exposure to  
466 temperatures above 32 °C would have severely impaired the calcification process,  
467 thus leading to an overall decrease in calcification. At least two hypotheses from the  
468 literature can help explain this inhibitory effect. First, during the hottest part of a daily  
469 temperature cycle, metabolic rates will usually be depressed to improve energy  
470 conservation (Marshall and McQuaid, 2010; Putnam and Edmunds, 2008; Sastry,

471 1979). Depression in metabolism and ATP production in this specific “quiescent”  
472 period may impose constraints on daytime calcification, as calcification is  
473 energetically costly, consuming up to 30% of the coral’s energy budget (Allemand et  
474 al., 2011). An alternative and nonexclusive explanation is that daytime exposure to  
475 extreme temperature could disturb the function and/or synthesis of skeletal organic  
476 matrix (OM) within the calcifying medium. The OM has critical roles in calcification  
477 such as calcium binding, providing carbonic anhydrase and the template for crystal  
478 nucleation (Allemand et al., 2011). Daytime temperatures of 33 °C may disrupt the  
479 function of carbonic anhydrases (Graham et al., 2015), thereby severely inhibiting the  
480 conversion of respired CO<sub>2</sub> to bicarbonate for subsequent use in calcification.

481 Further, since the OM itself is also incorporated into the skeleton, the rate of OM  
482 synthesis is a limiting factor for calcification (Puverel et al., 2005; Allemand et al.,  
483 2011). Extreme temperatures may impede the production of OM as it is highly  
484 sensitive and vulnerable to short-term thermal stress (Desalvo et al., 2010; Desalvo et  
485 al., 2008; Maor-Landaw et al., 2014). Although the exact mechanism has not yet been  
486 fully resolved, our study provides evidence that daytime exposure to extreme  
487 temperature in variable thermal conditions adversely affects calcification, and  
488 dampens the stimulation of skeletal growth in *P. damicornis* at elevated temperature.

489

## 490 **5 Conclusions and implications**

491 This study was the first to examine the effects of both increased temperature and daily

492 temperature variability on the early stages of a reef coral. We found that realistic  
493 diurnal temperature fluctuations considerably tempered thermal stress on larval  
494 settlement, and had varied effects on the physiology and early development of *P.*  
495 *damicornis*. Diel oscillations in temperature did not induce bleaching but relieved heat  
496 stress on photo-physiology. Further, temperature fluctuations had no obvious effects  
497 on budding and lateral growth, although two hours' exposure to 33 °C during the  
498 daytime apparently caused a reduction in calcification compared to constant exposure  
499 to 31 °C. Results reported here emphasize the distinction between the effects of  
500 constant and fluctuating temperatures, both for different mean temperatures and on  
501 two successive life stages, and highlight the importance of incorporating diurnal  
502 fluctuations into research on the influence of ocean warming on coral biology.

503 The results of this study suggested that coral larvae subjected to diurnal  
504 temperature variations, especially at increased temperature, exhibit better settlement  
505 competence than those subjected to static thermal treatment. The fluctuating  
506 temperatures were favorable to the photo-physiology of endosymbionts and only had  
507 minor effects on post-settlement development of coral recruits. Therefore, for corals  
508 in highly fluctuating environments, they may have the potential to tolerate and  
509 acclimate to the changing seawater temperatures. These findings may also provide  
510 clues as to how diverse coral communities can persist and thrive in some thermally  
511 variable conditions (Craig et al., 2001; Richards et al., 2015). It is important to note  
512 that this study was technically limited to only one fluctuating amplitude, and the  
513 extent of thermal variance has as much of an impact on fitness as the changes in mean



514 temperature (Vasseur et al., 2014). Given that there is currently still no consensus on  
515 the future temperature variability (Burroughs, 2007), it will be critical to study the  
516 impact of a broad range of thermal variations which corals may fare in a warming  
517 ocean.

518

#### 519 **Data availability**

520 The data associated with the present study is available from the corresponding author  
521 upon request.

522

#### 523 **Author contributions**

524 L. J. and H. H. conceived and designed the experiments; L. J., Y. F. S., and Y. Y. Z.  
525 performed the experiments; X. B. L., L. J. M., J. S. L., X. M. L., G.W. Z., S. L., and P.  
526 Y. Q. contributed analysis and materials. L. J wrote the manuscript with comments  
527 from all co-authors.

528

#### 529 **Competing interests**

530 The authors declare that they have no conflict of interest.

531

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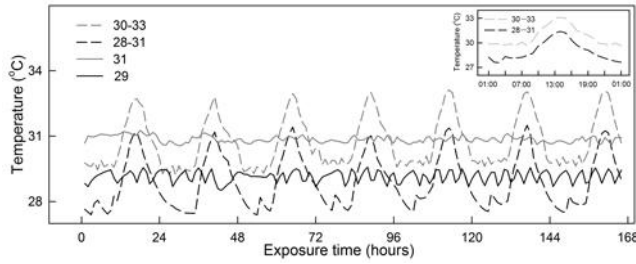
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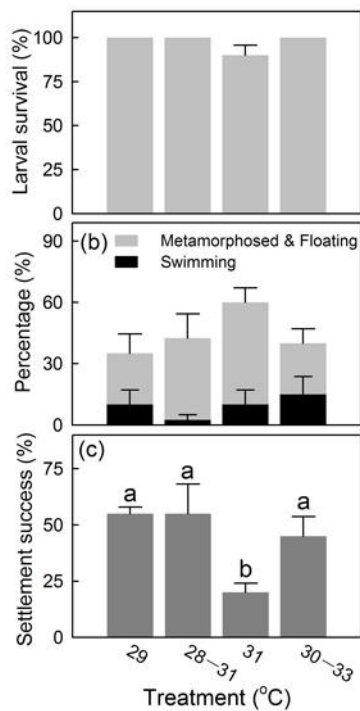
743 **Figures and captions**



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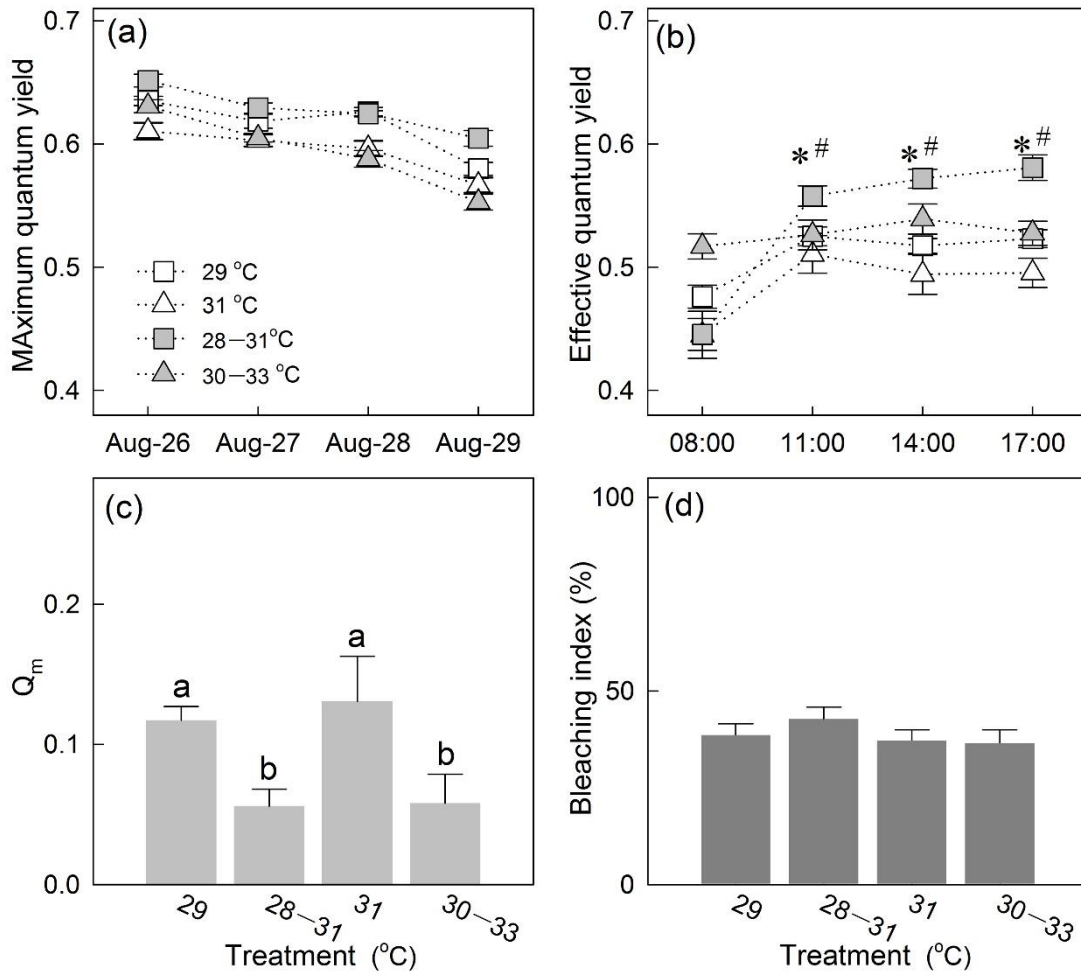
745 **Fig 1.** Temperature profiles for each treatment throughout the experiment. The inset  
 746 shows the one-day temperature trajectory in the two oscillating treatments. Time  
 747 course in fluctuating treatments was: 10 h at minimum temperature; 5 h of upward  
 748 ramping; 2 h at maximum temperature; 7 h of downward ramping (passive).

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750

751 **Fig 2.** Percentage of *P. damicornis* larvae that (a) survived, (b) metamorphosed while  
 752 floating and remained pear-shaped, and (c) successfully settled after 24 h exposure to  
 753 temperature treatments. Error bars represent 1SEM. Different letters denote  
 754 significant differences between treatments.



755

756 **Fig 3.** Photo-physiology and bleaching of *P. damicornis* recruits under constant and

757 fluctuating conditions of two temperatures (29 and 31 °C). (a)  $F_v/F_m$  over four

758 consecutive days, (b)  $\Delta F/F_m'$  throughout the last day of the experiment, (c)  $Q_m$  and (d)

759 bleaching rates. Error bars represent 1SEM. Asterisks and hashes indicate significant

760 effects of temperature increase and fluctuations at a specific time, respectively.

761 Different letters represent significant differences between treatments.

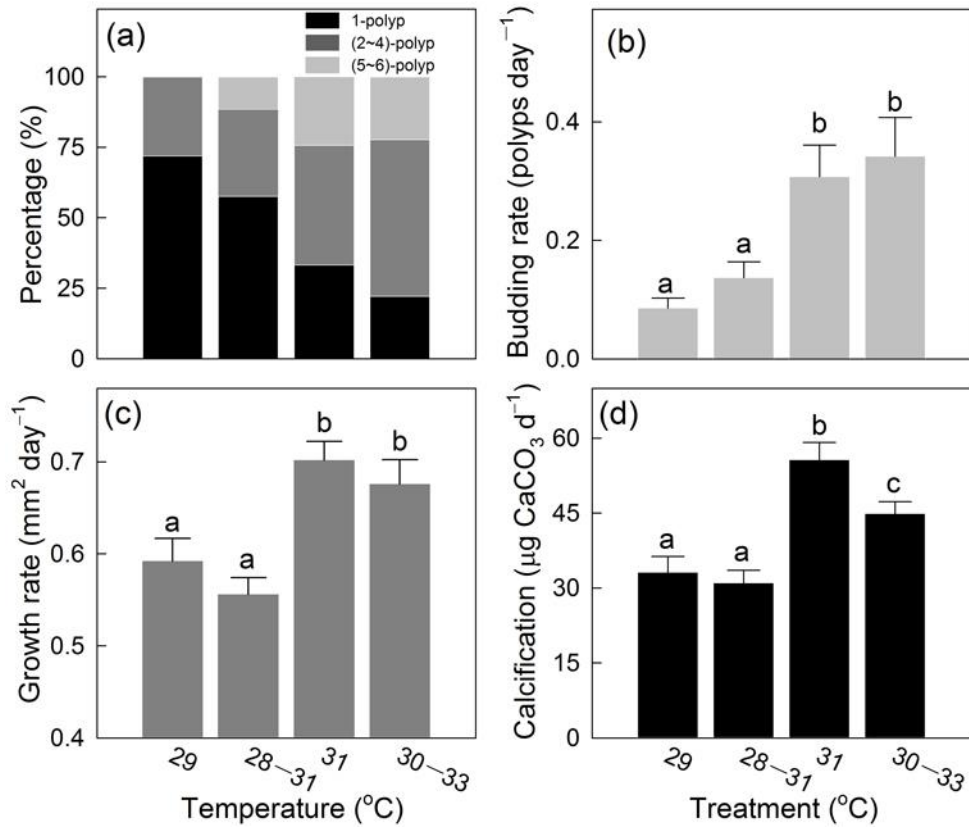
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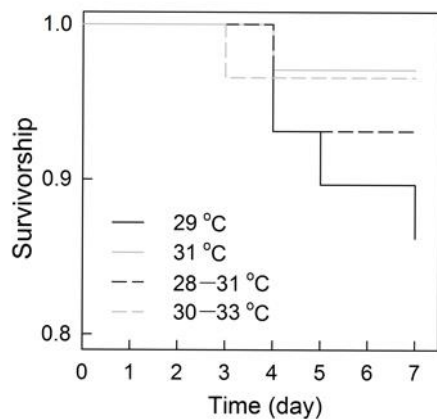
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766

767 **Fig 4.** (a) Budding state, (b) polyp formation rate, (c) lateral growth and (d)  
 768 calcification of *P. damicornis* recruits under constant and fluctuating conditions of  
 769 two temperatures (29 and 31 °C). Error bars represent 1SEM. Different letters denote  
 770 significant differences between treatments.



771

772 **Fig 5.** Survivorship of *P. damicornis* recruits estimated using Kaplan-Meier analysis in  
 773 each treatment over the 7-day experiment.