

1 **Impact of diurnal temperature fluctuations on larval settlement and growth of**
2 **the reef coral *Pocillopora damicornis***

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23 **Abstract**

24 Diurnal fluctuations in seawater temperature are ubiquitous on tropical reef flats.
25 However, the effects of such dynamic temperature variations on the early stages of
26 corals are poorly understood. In this study, we investigated the responses of larvae and
27 new recruits of *Pocillopora damicornis* to two constant temperature treatments (29
28 and 31 °C), and two diurnally fluctuating treatments (28–31 and 30–33 °C with daily
29 means of 29 and 31 °C, respectively) simulating the 3 °C diel oscillations at 3 m depth
30 on Luhuitou fringing reef (Sanya, China). Results showed that the thermal stress on
31 settlement at 31 °C was almost negated by the fluctuating treatment. Further, neither
32 elevated temperature nor temperature fluctuations caused bleaching responses in
33 recruits, while the maximum excitation pressure over photosystem II (PSII) was
34 reduced under fluctuating temperatures. Although early growth and development were
35 highly stimulated at 31 °C, oscillations of 3 °C had little effects on budding and lateral
36 growth at either mean temperature. Nevertheless, daytime encounters with the
37 maximum temperature of 33 °C in fluctuating 31 °C elicited a notable reduction in
38 calcification compared to constant 31 °C. These results underscore the complexity of
39 the effects caused by diel temperature fluctuations on early stages of corals, and
40 suggest that ecologically relevant temperature variability could buffer warming stress
41 on larval settlement and dampen the positive effects of increased temperatures on
42 coral growth.

43 **Keywords:** temperature, diurnal fluctuation, *Pocillopora damicornis*, settlement,
44 bleaching, calcification, budding

45 **1 Introduction**

46 Scleractinian corals and the reef ecosystems they construct are currently facing
47 environmental changes at unprecedented rates of changes. Of these changes, rising
48 seawater temperature is generally recognized as one of the most immediate and
49 widespread threats (Hoegh-Guldberg, 1999; Hughes et al., 2003). The most
50 conspicuous response of corals to elevated temperatures is to expel their
51 endosymbiotic dinoflagellates and/or photosynthetic pigments, giving the affected
52 colonies a pale appearance, a process known as coral bleaching (Hoegh-Guldberg,
53 1999). Due to the loss of zooxanthellae, bleached corals usually fail to obtain their
54 key metabolic requirements from photosynthetically fixed carbon (Grottoli et al.,
55 2006). As a result, massive mortality of corals has been frequently observed following
56 bleaching, leading to serious decline and impaired ecosystem functionality
57 (Hoegh-Guldberg, 2011; Graham et al., 2006).

58 On average, sea surface temperatures have increased by approximately 0.7 °C since
59 preindustrial times (Feely et al., 2013) and a further increase of 2–3 °C is expected by
60 the end of this century (Bopp et al., 2013), giving rise to increased concerns about
61 effects on corals. The bulk of scientific work addressing the impact of ocean warming
62 on corals has focused on their tolerance and physiological responses to the predicted
63 increases in mean temperature (Stambler, 2010). However, seawater temperatures ~~on~~
64 ~~coral reefs~~ are characterized by ~~striking~~ fluctuations over timescales ranging from
65 minutes to hours to months. Notably, temperature profiles from reef environments
66 typically show diel oscillations of 4–10 °C (Coles, 1997; Dandan et al., 2015;

67 Guadayol et al., 2014; Oliver and Palumbi, 2011; Rivest and Gouhier, 2015). A
68 consistent daily cycle is commonly present, with temperature increasing after sunrise,
69 peaking after noon and then gradually decreasing to the minimum (e.g., Zhang et al.,
70 2013; Putnam and Edmunds, 2011).

71 It has been long established that the performance of organisms, including a diverse
72 range of marine invertebrates, differs between steady and variable thermal conditions
73 ~~of at~~ equivalent mean temperature (Bryars and Havenhand, 2006; Lucas and Costlow,
74 1979; Marshall and McQuaid, 2010; Orcutt and Porter, 1983; Pilditch and Grant, 1999;
75 Sastry, 1979). These studies have demonstrated that temperature fluctuations can
76 either speed up or retard early development and growth, depending upon the mean
77 temperatures and amplitude of the fluctuations. However, few studies have explored
78 this thermodynamic effect on corals which routinely experience temperature
79 oscillations in nature (e.g., Mayfield et al., 2012; Putnam et al., 2010).

80 Recently, our understanding of the physiological responses of corals to diurnally
81 fluctuating temperature has advanced, but results have been variable and even
82 conflicting. For instance, the photo-physiology in larval and adult pocilloporid corals
83 is more ~~suited to the fluctuating than to the constant~~adapted to fluctuating
84 temperatures (Mayfield et al., 2012; Putnam et al., 2010). Conversely, ~~evidence for~~
85 ~~the deleterious effects of diel temperature fluctuations includes the~~ significant
86 reductions in photochemical efficiency, symbiont density and aerobic respiration were
87 found in corals exposed to fluctuating temperatures compared to those in constant
88 temperatures (Putnam and Edmunds, 2011; Putnam and Edmunds, 2008). These

89 contrasting results emphasize a clear need to further explore the impact of diurnally
90 fluctuating temperatures, together with the projected increase in temperature on reef
91 corals.

92 In the context of global deterioration of coral reefs and climate change, the early
93 life history stages of corals have drawn increasing attention in recent decades, as they
94 are more vulnerable to environmental changes than their adult counterparts, and more
95 importantly, represent a bottleneck for the maintenance of populations (Byrne, 2012;
96 Keshavmurthy et al., 2014). Successful larval settlement, post-settlement survival and
97 growth are of paramount importance to population persistence, as well as the recovery
98 of degraded reefs (Ritson-Williams et al., 2009; Penin and Adjeroud, 2013). Mounting
99 evidence suggests that ocean warming poses a serious threat to these early processes
100 (reviewed in Keshavmurthy et al., 2014), but most previous experiments utilized
101 steady temperature treatments, neglecting the temporal variations of *in situ*
102 temperature (but see Putnam et al., 2010). To date, there is a paucity of knowledge
103 regarding the influence of dynamic temperatures on these crucial early stages of reef
104 corals. The risk imposed by ocean warming on fitness and development of corals can
105 be best understood by integrating both diel thermocycles and changes in mean
106 temperature (Boyd et al., 2016).

107 The present study aimed to investigate how the early stages of the reef coral
108 *Pocillopora damicornis* will be affected by the diurnally oscillatory temperatures,
109 together with ocean warming. *P. damicornis* is a widely distributed and major
110 reef-building coral on reef flats in the Indo-Pacific region (Veron, 1993). This species

111 | planulates almost every month and the release of free-swimming ~~and~~-zooxanthellate
112 | planula larvae follows a lunar cycle (Fan et al., 2002). Brooded larvae and new
113 | recruits were exposed to two temperature levels (29 and 31 °C) crossed with two
114 | temperatures regimes (constant and 3 °C diel fluctuations). Diurnal patterns of
115 | temperature fluctuations were based on temperature records from our study site,
116 | Luhuitou fringing reef in Sanya, China. Larval condition and juvenile growth after
117 | incubation were assessed to compare their responses to constant and oscillatory
118 | temperatures.

119

120 | **2 Materials and methods**

121 | **2.1 Field seawater temperature monitoring**

122 | Seawater temperatures at 3 m depth on Luhuitou fringing reef (18°12'N, 109°28'E)
123 | were recorded at 30 min intervals from 2012 to 2016, using Hobo Pendant data
124 | loggers (Onset, USA). The temperature profiles showed large seasonal and diurnal
125 | fluctuations, with a maximum of 33.1 °C and a minimum of 20.3 °C (Fig. S1a). The
126 | mean annual temperature was 27 °C and the mean monthly temperature ranged from
127 | 22 to 30.2 °C (Fig. S1b). The diurnal range in temperature variation during summer
128 | (June–September) was between 0.6 and 5.4 °C, with a mean value of 1.76 °C (Fig.
129 | S1c). Each day, seawater temperature began to rise at increase around 08:00, reached
130 | the maximum at 13:00, often remained constant for about two hours, and then
131 | gradually decreased (Fig. S1d).

132

133 **2.2 Sampling of corals and Larval collection and allocation of coral larvae**

134 Eight *P. damicornis* colonies were collected at a depth of 3 m on 20 August 2015.

135 Colonies were transported to Tropical Marine Biological Research Station, and placed

136 individually into 20 L flow-through tanks at ambient temperature (28.7 ± 0.5 °C) under

137 partially shaded light conditions (noon irradiance, ~ 300 $\mu\text{mol photons m}^{-2} \text{s}^{-1}$). The

138 outflow of each tank was passed through a cup fitted with 180 μm mesh-net on the

139 bottom to trap larvae. Larvae released from these colonies were collected at 07:00 on

140 22 August 2015; and then pooled. ~~and~~ Two groups of larvae were haphazardly

141 selected for ~~assigned to~~ the following two settlement and recruit experiments,

142 respectively. ~~For the settlement assays, larvae were introduced to 5.5 cm diameter~~

143 ~~plastic petri dishes as described below (see Section 2.4). To test the effects of~~

144 ~~temperature treatments on the photo-physiology and growth of recruits, another batch~~

145 ~~of larvae were transferred to 10 cm diameter petri dishes which were left floating in a~~

146 ~~flow-through tank. Twenty hours later, 4 dishes with a total of 35–40 newly settled~~

147 ~~recruits were assigned to each treatment tank. Only recruits that settled individually~~

148 ~~and at least 1 cm apart from others were selected for the experiment in order to avoid~~

149 ~~possible contact between recruits during growth. Dishes were rotated daily to avoid~~

150 ~~the potential positional effects within each tank.~~

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151

152 2.3 Experimental setup

153 The two temperature regimes, constant and fluctuating, were set for the target
154 temperature levels of 29 °C and 31 °C each. The later temperature value 29 °C
155 treatment, corresponding to the ambient temperature at the collection site of adult *P.*
156 *damicornis*, was used as the control treatment. The experimental temperature was
157 2 °C above the ambient and 1 °C above the bleaching threshold for coral communities
158 on Luhuitou reef (30 °C, Li et al., 2012), and within the range of projected increases
159 (Bopp et al., 2013). ~~Two temperature regimes, i.e., constant and fluctuating were set~~
160 ~~for each temperature level.~~ The pattern and range of temperatures in the two
161 fluctuating treatments were based on *in situ* records obtained during larval release of *P.*
162 *damicornis* (Fig. S1d), and the assumption that the predicted 2 °C increase in mean
163 temperature would entail a 2 °C shift in the overall temperature time-course
164 (Burroughs, 2007). The 29 °C treatment, corresponding to the ambient temperature at
165 the collection site of adult *P. damicornis*, was used as the control treatment.
166 All incubations were carried out in Four 40 L tanks which were filled with
167 sand-filtered seawater, ~~which.~~ Seawater in each tank was partially changed (30%)
168 with temperature-equilibrated seawater at 22:00 every day. Temperature
169 regimes ~~Treatments~~ were set using digital temperature regulators (Sieval, TC-05B,
170 China) and 50 W heaters. The seawater was gently aerated and well mixed using
171 submerged pumps (350 L h⁻¹). The water temperature in each tank was recorded with
172 a Hobo Pendant logger at 15 min intervals throughout the experiment. In the two
173 fluctuating treatments (Fig. 1), temperatures were programmed to increase from

174 28/30 °C at 08:00, reach the plateau of 31/33 °C around 13:00 and stabilize for 2
175 hours. At 15:00, temperatures were allowed to decrease gradually to 28/30 °C around
176 22:00 and remained stable until 09:00 the next morning. Mean (\pm SD) daily
177 temperature of the two stable treatments were 29 ± 0.2 and 30.8 ± 0.2 °C, and the
178 mean temperatures of the two fluctuating treatments were 28.9 ± 1.3 and $30.7 \pm$
179 1.3 °C respectively. Salinity in each tank was checked using an Orion 013010MD
180 conductivity probe twice a day and remained stable at 33 psu during the experiment.

181 Each tank was illuminated by a LED lamp (Maxspect, 10,000K, China) on a 12:12
182 h light-dark cycle. Light was measured with a Li-Cor 4- π quantum sensor below the
183 water surface. Light intensity was similar in all tanks ($F_{3, 96} = 0.32$, $P = 0.81$),
184 averaging at 183 ± 3 $\mu\text{mol photons m}^{-2} \text{ s}^{-1}$ (mean \pm SE, $n = 100$), which was close to
185 the irradiance in crevices where coral recruits were found at 3–4 m depths at our study
186 site (Lei Jiang, unpublished data). Facility and logistical constraints precluded the
187 replication of treatments, but salinity and light were carefully controlled to eliminate
188 any possible artefact (Underwood, 1997).

189

190 **2.4 Larval Settlement assay**

191 To explore the impact of temperature treatments on larval settlement, 240 larvae were
192 randomly selected for the settlement experiments ~~were~~. Settlement assays were
193 conducted in 5.5-cm-diameter petri dishes on 22 August 2015 and began starting at
194 around 09:00. The crustose coralline algae (CCA), *Hydrolithon reinboldii*, one of the

195 most abundant CCA species and an effective settlement cue for larval settlement of *P.*
196 *damicornis* at our study site, was collected at 2–3 m depths and cut into uniformly
197 sized (5 × 5 × 3 mm) chips 4 days before the settlement experiment. Each dish
198 contained 15 ml seawater and a CCA chip. Fifteen actively swimming larvae were
199 introduced into each dish, which was then floated and partially (80%) submerged in
200 seawater in the treatment tanks to ensure temperature control. Preliminary
201 measurements showed that the difference in seawater temperature between dishes and
202 tanks was less than 0.4 °C. Four replicate dishes were used for each treatment. Larvae
203 were allowed to settle for 24 hours, after which settlement success was assessed under
204 a dissecting microscope following the criteria of Heyward and Negri (1999). Larvae
205 were categorized into four conditions: (i) dead, (ii) swimming, (iii) metamorphosed
206 and floating in the water, i.e., premature metamorphosis (*sensu* Edmunds et al., 2001),
207 and (iv) metamorphosed and firmly attached to CCA or dish, i.e., successful
208 settlement.

209

210 **2.5 Chlorophyll fluorescence and bleaching Recruit experiment**

211 To test the effects of temperature treatments on the photophysiology, growth and
212 survival of recruits, a second batch of larvae were transferred to 10-cm-diameter petri
213 dishes which were left floating in a flow-through tank at ambient temperature. Twenty
214 hours later, 4 dishes with a total of 30–35 newly settled recruits were assigned to each
215 treatment tank and placed at the bottom of treatment tanks. Only recruits that settled

216 individually and at least 1 cm apart from others were use for the experiment in order
217 to avoid possible contact between recruits during growth. Dishes were rotated daily to
218 avoid the potential positional effects within each tank.

219 Twenty 3-day-old recruits were randomly selected and marked in each treatment.

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220 Diving-pulse-amplitude modulation (PAM) fluorometry (Walz, Germany) was used to
221 measure the maximum quantum yield of PSII (F_v/F_m), a proxy for potential
222 photochemical efficiency of symbionts (Genty et al., 1989). Measurements were
223 conducted at 05:30 on four consecutive days to allow enough time for dark adaption.
224 Both the measuring light and gain of PAM settings were adjusted to “7” to give
225 optimal fluorescence signals.

226 To better assess the photo-physiological performance of symbionts, effective
227 quantum yield ($\Delta F/F_m'$) was also measured for 15 recruits from each treatment four
228 times on the last day of the experiment (08:00, 11:00, 14:00, 17:00). The maximum
229 excitation pressure over PSII (Q_m) was calculated using the equation: $Q_m = 1 -$
230 $[(\Delta F/F_m' \text{ at } 14:00)/(F_v/F_m)]$ (Iglesias-Prieto et al., 2004).

231 Bleaching response was assessed photographically following Siebeck et al. (2006)
232 with some modifications. At the end of the experiment, recruits were photographed
233 with a digital camera under the dissecting microscope and identical illumination (35
234 $\mu\text{mol photons m}^{-2} \text{ s}^{-1}$). The camera was set on manual mode with constant ISO
235 settings (12800). Saturation of each coral picture, a good proxy for symbiont or
236 chlorophyll density during bleaching, was measured by taking the average value of 30
237 randomly placed quadrats (100×100 pixels each) on each coral picture using

238 Photoshop's histogram function (Siebeck et al., 2006). The total chlorophyll/symbiont
239 content of each recruit was determined by multiplying the mean saturation by surface
240 area (as measured ~~in Section 2.6~~ below) to account for differences in the size of
241 recruits. Bleaching response was quantified as the reduction in chlorophyll/symbiont
242 content of each recruit relative to the recruit yielding the maximum value.

243

244 **2.6 Post-settlement survival and growth**

245 Recruits were checked daily under a dissecting microscope throughout the
246 experiment and scored as alive or dead based on the presence of polyp tissue. At each
247 census, the number of living recruits was recorded for each treatment. Digital images
248 of recruits with scale calibration were also analyzed for lateral growth using ImageJ
249 software (National Institutes of Health). The number of polyps for each recruit was
250 counted visually. Juvenile growth was estimated as the rates of change in planar area
251 and number of new polyps over time (Dufault et al., 2012; Jiang et al., 2015).

252 Calcification was calculated as the dry skeletal weight deposited per day (Dufault et
253 al., 2012). Tissue of recruits was removed with a water-pick at the end of the
254 experiment. Skeletons were weighed individually using an ultra-microbalance at an
255 accuracy of $\pm 1 \mu\text{g}$. Furthermore, the temperature coefficient (Q_{10}), which is widely
256 used to express the sensitivity of metabolism, development and growth to temperature
257 changes (Hochachka and Somero, 2002; Howe and Marshall, 2001; Rivest and
258 Hofmann, 2014), was calculated using the equation: $Q_{10} = (R_2/R_1)^{10/(T_2-T_1)}$,

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259 where R is the growth rate at temperature T2 or T1. Q_{10} values of enzyme-catalyzed
260 reactions often double ~~for the~~with a 10 °C increase in temperature.

261

262 **2.7.6 Data analyses**

263 Data were tested for homogeneity of variances, using Cochran's test, and normality
264 was assessed using Q-Q plots. Percent data in settlement assays and budding rates
265 were square root transformed to meet the requirements of homogeneity of variances.
266 Larval settlement, Q_m and growth parameters were compared among treatments using
267 two-way analyses of variances (ANOVAs) with mean temperature and temperature
268 variability as fixed factors, each with two levels (29 and 31 °C; constant and
269 fluctuating regimes). When main effects were significant ($P < 0.05$), planned multiple
270 comparisons were conducted using Fisher's LSD tests, which are more powerful than
271 the original ANOVA (Day and Quinn, 1989; Lesser, 2010). Recruits were divided
272 into 3 categories according to the number of polyps: 1-polyp, (2-4)-polyp and
273 (5-6)-polyp. A Chi-square test was used to compare the differences in bud formation
274 among treatments. Survivorship of coral recruits was analyzed using a Kaplan-Meier
275 (KM) log-rank analysis. Two-way ANOVAs with repeated measures were used to test
276 for the effects of temperature treatments on F_v/F_m or $\Delta F/F_m$ over sampling time points.
277 All statistical analyses were performed with STATISTICA version 12.0 (Statsoft).

278

279 **3 Results**

280 3.1 Larval settlement

281 ~~During the settlement assays, larval~~ mortality was only observed in the constant
282 31 °C treatment ~~during the settlement assay~~ (Fig. 2a). In all treatments, between 35
283 and 60% of larvae metamorphosed whilst in a free-floating polyp state (Fig. S2), and
284 between 2.5 and 15% were swimming actively (Fig. 2b). Although the differences in
285 these percentages among treatments were not significant (Table S1), there were more
286 metamorphosed and floating larvae in the constant 31 °C treatment than in other
287 treatments. Settlement was significantly affected by elevated temperature— and
288 marginally affected by the interaction between temperature level and regime (Table
289 S1-). Specifically, percent settlement was similar between the two temperature
290 regimes at 29 °C, but differed between the constant and fluctuating treatments at
291 31 °C. The settlement rate at fluctuating 31 °C was comparable to that in the control
292 treatment and significantly higher than that in the constant 31 °C treatment (Fig. 2c,
293 Table S2-).

294

295 3.2 ~~Chlorophyll fluorescence and bleaching~~Photo-physiology, growth and 296 survival of recruits

297 A significant interaction between time, temperature level and regime was observed for
298 maximum quantum yield F_v/F_m (Table S3-, Fig. 3a). Separation of the results by time
299 showed that F_v/F_m was consistently lower at higher temperatures, but the effect size
300 was small, only amounting to a 3 % decrease (Table S4-). There was also a significant

301 interaction between time, temperature level and temperature regime for effective
302 quantum yield $\Delta F/F_m'$ (~~Table S3~~). Further separate analyses revealed that both
303 temperature increase and fluctuations had strong effects except at 08:00 (Table S4),
304 with lower $\Delta F/F_m'$ at elevated temperature and higher $\Delta F/F_m'$ under fluctuating
305 conditions (Fig. 3b).

306 Q_m , the maximum excitation pressure, was not influenced by elevated temperature
307 (Table S5). However, it was considerably reduced under fluctuating regimes (Fig. 3c,
308 Table S5). Recruits at 31 °C exhibited a paler appearance than those at 29 °C, as
309 evidenced by the reduction in saturation and increase in brightness (Fig. S3). However,
310 bleaching index which accounts for differences in recruit size, was unaffected by
311 temperature level, regime, or their interaction (Fig. 3d, Table S5).

312 ~~3.3 Growth, survival and Q_{10}~~

313 The budding state of recruits differed significantly among treatments (Chi-square
314 test, $\chi^2 = 19.4$, $df = 6$, $P = 0.004$). Seven days after settlement, approximately 70% of
315 recruits at 31 °C produced at least one bud, compared to less than 50% of recruits at
316 29 °C (Fig. 4a). Budding rates at 31 °C were more than twice those at 29 °C (Fig. 4b,
317 Table ~~S6S5~~). No significant differences between the constant and fluctuating regimes
318 were observed at either temperature (~~Table S6~~).

319 Lateral growth rates increased significantly with elevated temperature, but were
320 not affected by temperature fluctuations (Fig. 4c, Table ~~S6S5~~). The skeletal weight
321 deposited each day was 56% higher at 31 °C than at 29 °C (Table ~~S8S5~~). The effects

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322 of temperature fluctuations on calcification ~~were dependent~~depended on the mean
323 temperature (Fig. 4d), ~~although even though~~ the interaction between temperature level
324 and regime was not statistically significant (Table ~~S6S5~~). ~~At~~ at 29 °C, the fluctuating
325 ~~regime/treatment~~ had no discernible effect on calcification, while in the fluctuating
326 regime with a mean temperature of ~~at~~ 31 °C ~~it caused~~ a significant reduction (20%) in
327 calcification was observed when compared to the constant 31 °C regime (Table
328 ~~S7S6~~).

329 Survival of recruits remained >86% in all treatments after 7 days, with the highest
330 and lowest values at 31 °C (97%) and 29 °C (86%), respectively. Survivorship did not
331 vary significantly across treatments ($\chi^2 = 4.49$, $df = 3$, $P = 0.21$, Fig. 5), although it
332 was 6–13% higher at elevated temperature. For juvenile *P. damicornis*, lateral growth,
333 budding and calcification increased by 1.19-, 1.91- and 1.68-fold respectively
334 between 29 and 31 °C, yielding a Q_{10} of 2.6, 36.8 and 17.8.

335

336 **4 Discussion**

337 **4.1 Larval settlement under elevated and fluctuating temperatures**

338 The pronounced declines in successful settlement at constant 31 °C were consistent
339 with previous findings that reported the effects of thermal stress (>30 °C) on coral
340 larval settlement (Humanes et al., 2016; Randall and Szmant, 2009). Interestingly,
341 transient exposure to 33 °C in variable conditions did not produce the same negative
342 effect on larval settlement as constant exposure to 31 °C; on the contrary, coral larvae

343 experiencing diurnal shifts between 30 and 33 °C settled at a similar rate to those in
344 the control. During daytime exposure to elevated and stressful temperatures, coral
345 larvae may not initiate metamorphosis and settlement because larvae undergoing this
346 complex stage are particularly susceptible to thermal perturbations (Randall and
347 Szmant, 2009), but settlement may proceed as temperature descends to a more
348 tolerable level at night (30 °C in this study). It is likely that the fluctuating
349 temperature conditions could provide some respite for coral larvae, thereby favoring
350 settlement at elevated and fluctuating temperature conditions. More precise
351 assessment of settlement timing was not possible without disturbing larvae, given the
352 use of small petri dishes. Future studies are needed to regularly observe and establish
353 the dynamics of larval behavior under fluctuating temperatures to confirm this
354 hypothesis.

355 Another possible cause for the higher settlement of larvae in the fluctuating 31 °C
356 treatment may be the brief exposure to extreme temperatures around noon. Previous
357 studies have demonstrated that short-term exposure (minutes to hours) of coral larvae
358 to extremely high temperatures (33-37 °C) significantly enhanced the subsequent
359 settlement at lower temperature, suggesting a strong latent effect (Coles, 1985;
360 Nozawa and Harrison, 2007). Therefore, the 2-hour incubation at 33 °C during the
361 daytime may have exerted a latent and stimulatory effect on settlement at night when
362 the temperature was lower.

363 Metamorphosed and floating larvae, previously noted in corals (Edmunds et al.,
364 2001; Vermeij, 2009; Mizrahi et al., 2014; Richmond, 1985), were more frequent at

365 elevated temperatures. One possible explanation is that premature metamorphosis in
366 coral larvae is a spontaneous response to increased temperatures (Edmunds et al.,
367 2001). The floating polyps, as a result of pelagic metamorphosis, have been shown to
368 have extended longevity, possibly because they can obtain energy from
369 photosynthesis by maternally derived symbionts and heterotrophic feeding using
370 tentacles (Mizrahi et al., 2014; Richmond, 1985). Thus, plasticity of metamorphosis
371 during the dispersive phase could be a strategy for coping with environmental stress in
372 coral larvae, although it remains to be determined whether these floating polyps are
373 capable of settling and contributing to recruitment in natural conditions.

374

375 **4.2 Symbiont responses to elevated and fluctuating temperatures**

376 The reduction in F_v/F_m at 31 °C does not indicate severe damage to the photosynthetic
377 apparatus or chronic photoinhibition, as the values were still within the healthy range
378 (Hill and Ralph, 2005). The fluctuating regime had positive effects on $\Delta F/F_m'$,
379 suggesting a greater light use efficiency to drive photochemical processes. Q_m , an
380 indicator of the excitation pressure over PSII, was reduced in fluctuating treatments,
381 reflecting a stronger competitiveness of photochemical process for reaction centers
382 over nonphotochemical quenching (Iglesias-Prieto et al., 2004). The higher $\Delta F/F_m'$
383 and lowered Q_m under fluctuating conditions suggest that the diel temperature
384 oscillations could relieve heat stress on corals and corroborate previous findings that
385 temperature fluctuations are favorable to the photo-physiology of corals (Mayfield et

386 al., 2012; Putnam et al., 2010). The positive effect of exposure to fluctuating
387 temperatures on these photo-physiological metrics may be associated with the cooling
388 overnight and upregulation of the genes related to photosynthesis (Mayfield et al.,
389 2012).

390 In contrast to the aforementioned studies, Putnam and Edmunds (2008) found that
391 when incubated at fluctuating temperatures (26–32 °C), F_v/F_m of *P. meandrina* and
392 *Porites rus* nubbins were depressed by ~20% compared to those maintained at a
393 constant temperature of 28 °C. These contrasting results may be due to
394 methodological differences. Our study and Mayfield et al. (2012) mimicked natural
395 temperature fluctuations by progressively modulating temperatures over time,
396 whereas Putnam and Edmunds (2008) directly transferred corals from low to high
397 temperature in the morning and vice versa at night. This approach could cause instant
398 heat-shock and prolonged exposure to extreme temperatures, thereby exaggerating the
399 stressful effects of diurnal thermal fluctuations.

400 Although juvenile *P. damicornis* at 31 °C exhibited apparent paling appearance
401 compared to those in 29 °C, loss of symbionts and bleaching were not indicated, as
402 the faster lateral growth at 31 °C suggests that the paling is instead the result of
403 pigment dilution due to a larger surface area. This outcome contrasts with previous
404 work showing the sensitivity of endosymbionts within coral recruits to elevated
405 temperatures (Anlauf et al., 2011; Inoue et al., 2012). The lack of bleaching response
406 to elevated temperatures in the current study may be linked to the symbiont type. *P.*
407 *damicornis* predominantly harbored *Symbiodinium* clade D in Luhuitou (Zhou, 2011),

408 which has been found to be particularly thermally tolerant. In addition, the difference
409 in treatment duration could also partially explain these contrasting sensitivities. Albeit
410 ecologically relevant, the exposure duration in this study was much shorter than
411 previous studies (Anlauf et al., 2011; Inoue et al., 2012), therefore resulting in less
412 cumulative stress. It is possible that a longer exposure time may cause similar
413 bleaching responses to those found by other studies.

414 Further, daytime exposure to high temperatures in fluctuating treatments did not
415 induce significant symbiont loss in juvenile *P. damicornis*. This observation is in stark
416 contrast to the observations of Putnam and Edmunds (2011) on adult corals. That
417 study found that ephemeral exposure to 30 °C at noon in fluctuating conditions (26–
418 30 °C) elicited a 45% reduction in symbiont density of adult *P. meandrina* compared
419 to corals at the steady 28 °C treatment, a larger effect than that was elicited by
420 continuous exposure to 30 °C (36%). The flat structure of juvenile corals has been
421 suggested to provide a higher mass transfer capacity to remove reactive oxygen
422 species than the branching and three-dimensional adults (Loya et al., 2001). Hence,
423 the discrepancy between our results and that of Putnam and Edmunds (2011) may, at
424 least partially, be attributed to the morphology-specific difference in thermal tolerance
425 of juvenile and adult corals.

426

427 **4.3 Accelerated early development at elevated temperature**

428 Early development of juvenile *P. damicornis*, including budding, lateral growth and

429 calcification, was accelerated at 31 °C, which is 2 °C above the local long-term
430 summer mean and 1 °C above the local bleaching threshold (Li et al., 2012). Growth
431 stimulation by temperature increase also occurred in a pilot study which showed that
432 lateral growth and budding of *P. damicornis* after two weeks at 31 °C were 10% and
433 41% higher respectively than that of those at 29 °C (Fig. S4). Moreover, recruits with
434 increased growth rates at elevated temperatures showed higher survivorship,
435 consistent with previous field observations that survival in early stages of reef corals
436 was strongly dependent on colony size and growth rates (Babcock and Mundy, 1996;
437 Hughes and Jackson, 1985). In contrast to our study with a tropical coral, a previous
438 study reported that calcification of symbiotic polyps of *Acropora digitifera* in
439 subtropical Okinawa was highest at 29 °C (2 °C above the local summer mean), and
440 was reduced at 31 °C (Inoue et al., 2012).

441 It has been widely accepted that warming is likely to be more deleterious to early
442 stages of tropical corals than subtropical species (Woolsey et al., 2014). Clearly,
443 thermal tolerance of corals ~~is relative to~~depends on the ambient temperature at a
444 particular location. Given the large seasonal temperature fluctuations and ranges in
445 our study site (Fig. S1), it is not surprising that *P. damicornis* grew faster at 31 °C.
446 The positive effects of the 2 °C temperature increase on the early development of *P.*
447 *damicornis* suggest that tropical corals dwelling in thermally dynamic habitats may
448 also have the capacity to modify their thermal limits, thereby enhancing physiological
449 performance and tolerance under increasing temperatures (Clausen and Roth, 1975;
450 Dandan et al., 2015; Schoepf et al., 2015).

451 There are two possible explanations for the increases in growth and development at
452 elevated temperature in our study. Firstly, paling of recruits at elevated temperatures
453 as a result of pigment dilution will enhance their internal light fields, which could
454 bring about 2- to 3-fold increase in symbiont specific productivity (Wangpraseurt et
455 al., 2017), and in turn support skeletal growth and asexual budding. Secondly, since
456 coral calcification is positively correlated with carbon translocation between
457 *Symbiodinium* and the host (Tremblay et al., 2016), the elevated calcification and
458 growth at 31 °C indicates more efficient nutritional exchange, sustaining the
459 metabolic expenditure of faster development. This interpretation is further supported
460 by the excessive deviation of Q_{10} from the kinetic expectations (2–3): this signifies a
461 strong amplifying effect through changes in fundamental biochemical systems along
462 with the acceleration of functional enzyme activities at increased temperatures
463 (Hochachka and Somero, 2002).

464

465 **4.4 Differing effects of temperature fluctuations on growth**

466 | The growth-related processes, including budding, lateral growth and calcification
467 differ in their responses to temperature fluctuations, with calcification being more
468 responsive. The lack of statistically significant effects of temperature fluctuations on
469 budding and lateral growth suggests that either these processes were not affected by
470 fluctuating temperatures, or the length of exposure to the peak temperatures may be
471 not long enough to trigger a detectable effect (Lucas and Costlow, 1979).

472 The impact of fluctuating temperatures on calcification was different at ambient
473 and elevated temperatures: the fluctuating treatment did not affect calcification at
474 29 °C, but resulted in a significant decline at 31 °C. In comparison, prior studies with
475 corals did not find that temperature fluctuations influenced skeletal growth (Mayfield
476 et al., 2012; Putnam and Edmunds, 2011). It is likely that the impact of temperature
477 fluctuations depends critically on whether the temperature range encompasses the
478 maximum thermal limits of the species (Vasseur et al., 2014).

479 The relationship between skeletal growth in corals and temperature is non-linear
480 and characterized by a parabola ~~whose apogee indicated with~~ an optimum and
481 threshold, beyond which the stimulatory impact of temperature will be reversed
482 (Buddemeier et al., 2008; Castillo et al., 2014; Inoue et al., 2012; W rúm et al., 2007).
483 Although the optimal temperature for calcification by *P. damicornis* recruits remains
484 unknown, it is possible that the recruits exposed to the fluctuating 31 °C treatment
485 calcified at a slower rate when the temperature was below 31 °C compared to those in
486 the constant 31 °C. However, given the well-established temperature performance
487 curve for coral calcification (Buddemeier et al., 2008; W rúm et al., 2007), daytime
488 exposure to temperatures above 32 °C would have severely impaired the calcification
489 process, thus leading to an overall decrease in calcification. At least two hypotheses
490 from the literature can help explain this inhibitory effect. First, during the warmest
491 ~~hottest~~ part of a daily temperature cycle, metabolic rates will usually be depressed to
492 improve energy conservation (Marshall and McQuaid, 2010; Putnam and Edmunds,
493 2008; Sastry, 1979). Depression in metabolism and ATP production in this specific

494 “quiescent” period may impose constraints on daytime calcification, as calcification is
495 energetically costly, consuming up to 30% of the coral’s energy budget (Allemand et
496 al., 2011). An alternative and nonexclusive explanation is that daytime exposure to
497 extreme temperature could disturb the function and/or synthesis of skeletal organic
498 matrix (OM) within the calcifying medium. The OM has critical roles in calcification
499 such as calcium binding, providing carbonic anhydrase and the template for crystal
500 nucleation (Allemand et al., 2011). Daytime temperatures of 33 °C may disrupt the
501 function of carbonic anhydrases (Graham et al., 2015), thereby severely inhibiting the
502 conversion of respired CO₂ to bicarbonate for subsequent use in calcification.

503 Further, since the OM itself is also incorporated into the skeleton, the rate of OM
504 synthesis is a limiting factor for calcification (Puverel et al., 2005; Allemand et al.,
505 2011). Extreme temperatures may impede the production of OM as it is highly
506 sensitive and vulnerable to short-term thermal stress (Desalvo et al., 2010; Desalvo et
507 al., 2008; Maor-Landaw et al., 2014). Although the exact mechanism has not yet been
508 fully resolved, our study provides evidence that daytime exposure to extreme
509 temperature in variable thermal conditions adversely affects calcification, and
510 dampens the stimulation of skeletal growth in *P. damicornis* at elevated temperature.

511

512 **5 Conclusions and implications**

513 This study was the first to examine the effects of both increased temperature and daily
514 temperature variability on the early stages of a reef coral. We found that realistic

515 diurnal temperature fluctuations considerably tempered thermal stress on larval
516 settlement, and had varied effects on the physiology and early development of *P.*
517 *damicornis*. Diel oscillations in temperature did not induce bleaching but relieved heat
518 stress on photo-physiology. Further, temperature fluctuations had no obvious effects
519 on budding and lateral growth, although two hours' exposure to 33 °C during the
520 daytime apparently caused a reduction in calcification compared to constant exposure
521 to 31 °C. Results reported here emphasize the distinction between the effects of
522 constant and fluctuating temperatures, both for different mean temperatures and on
523 two successive life stages, and highlight the importance of incorporating diurnal
524 fluctuations into research on the influence of ocean warming on coral biology.

525 The results of this study suggested that coral larvae subjected to diurnal
526 temperature variations, especially at increased temperature, exhibit better settlement
527 competence than those subjected to static thermal treatment. The fluctuating
528 temperatures were favorable to the photo-physiology of endosymbionts and only had
529 minor effects on post-settlement development of coral recruits. Therefore, ~~for~~ corals
530 in highly fluctuating environments, ~~they~~ may have the potential to tolerate and
531 acclimate to the changing seawater temperatures. These findings may also provide
532 clues as to how diverse coral communities can persist and thrive in some thermally
533 variable conditions (Craig et al., 2001; Richards et al., 2015). It is important to note
534 that this study was technically limited to only one fluctuating amplitude, and the
535 extent of thermal variance has as much of an impact on fitness as the changes in mean
536 temperature (Vasseur et al., 2014). Given that there is currently still no consensus on

537 the future temperature variability (Burroughs, 2007), it will be critical to study the
538 impact of a broad range of thermal variations which corals may fare in a warming
539 ocean.

540

541 **Data availability**

542 The data associated with the present study is available from the corresponding author
543 upon request.

544

545 **Author contributions**

546 L. J. and H. H. conceived and designed the experiments; L. J., Y. F. S., and Y. Y. Z.
547 performed the experiments; X. B. L., L. J. M., J. S. L., X. M. L., G.W. Z., S. L., and P.
548 Y. Q. contributed analysis and materials. L. J wrote the manuscript with comments
549 from all co-authors.

550

551 **Competing interests**

552 The authors declare that they have no conflict of interest.

553

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562

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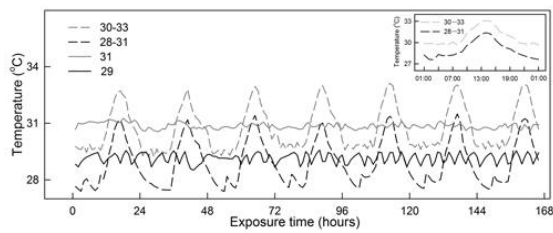
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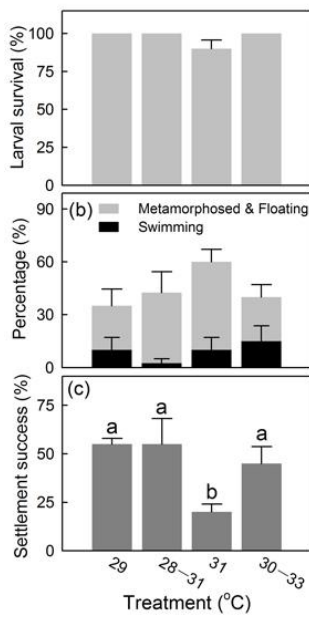
766 **Figures and captions**



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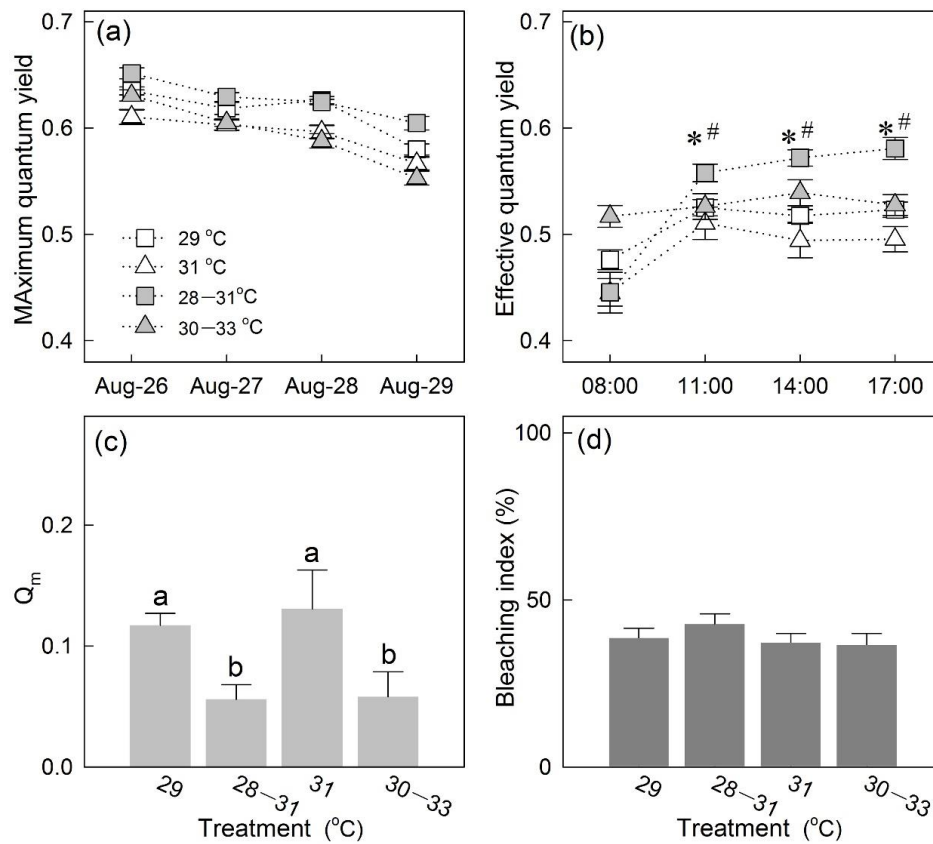
768 **Fig 1.** Temperature profiles for each treatment throughout the experiment. The inset
 769 shows the one-day temperature trajectory in the two oscillating treatments. Time
 770 course in fluctuating treatments was: 10 h at minimum temperature; 5 h of upward
 771 ramping; 2 h at maximum temperature; 7 h of downward ramping (passive).

772



773

774 **Fig 2.** Percentage of *P. damicornis* larvae that (a) survived, (b) metamorphosed while
 775 floating and remained pear-shaped, and (c) successfully settled after 24 h exposure to
 776 temperature treatments. Error bars represent 1SEM (n = 4). Different letters denote
 777 significant differences between treatments.



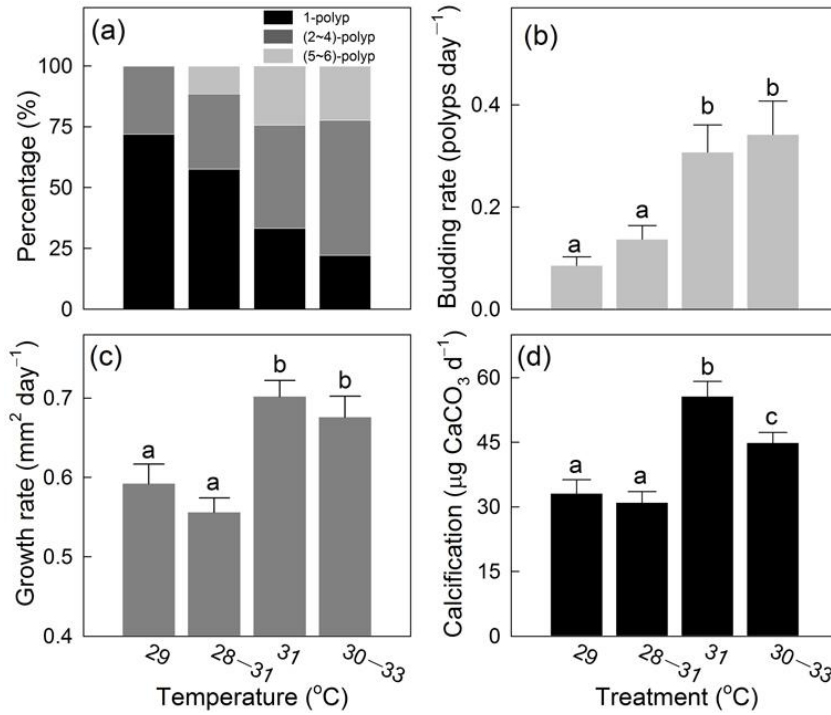
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779 **Fig 3.** Photo-physiology and bleaching of *P. damicornis* recruits under constant and
 780 fluctuating conditions of two temperatures (29 and 31 °C). (a) F_v/F_m over four
 781 consecutive days, (b) $\Delta F/F_m'$ throughout the last day of the experiment, (c) Q_m and (d)
 782 bleaching rates. Error bars represent 1SEM ($n = 20$ for F_v/F_m ; $n = 15$ for $\Delta F/F_m'$ and
 783 Q_m ; $n = 25-33$ for bleaching index). Asterisks and hashes indicate significant effects
 784 of temperature increase and fluctuations at a specific time, respectively. Different
 785 letters represent significant differences between treatments.

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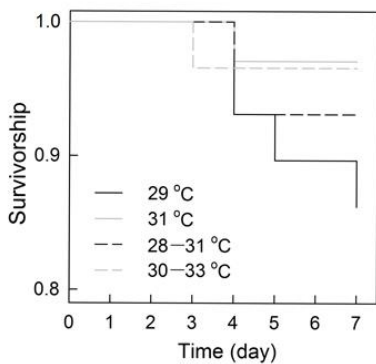
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791 **Fig 4.** (a) Budding state, (b) polyp formation rate, (c) lateral growth and (d)
 792 calcification of *P. damicornis* recruits under constant and fluctuating conditions of
 793 two temperatures (29 and 31 °C). Error bars represent 1SEM (*n* = 25–33). Different
 794 letters denote significant differences between treatments.



795

796 **Fig 5.** Survivorship of *P. damicornis* recruits estimated using Kaplan-Meier analysis in

797 each treatment over the 7-day experiment. The numbers of recruits at the start of the
798 experiment in each treatment are 30 for the treatments 29 °C, 30–33 °C and 28–31 °C,
799 and 35 for 31 °C