



Organic carbon mass accumulation rate regulates the flux of reduced substances from the sediments of deep lakes

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Abstract. The flux of reduced substances from the sediment to the bottom water (F_{red}) is one of the major factors contributing to the consumption of oxygen in the hypolimnia of lakes and thus crucial for lake oxygen management. This study presents sediment porewater measurements at different water depths from five deep lakes of differing trophic states. F_{red} was directly proportional to the total organic carbon mass accumulation rate (TOC-MAR) measured in the sediments. In eutrophic lakes F_{red} decreased systematically with increasing mean hypolimnion depth (z_{H}). In Lake Baldeg, both TOC-MAR and F_{red} increased with depth due to sediment focusing. Temporarily anoxic conditions increased F_{red} even in the oligotrophic Lake Aegeri, while F_{red} was surprisingly low in the 310 m deep but eutrophic Lake Geneva. As TOC-MAR and z_{H} are based on more commonly available data sets, these relationships provide an estimate for the O_2 consumption by F_{red} , where no direct flux measurements are available.

1. Introduction

Hypolimnetic oxygen (O_2) depletion is a widespread phenomenon in productive lakes and reservoirs. Considerable work has been done to identify parameters responsible for hypolimnetic O_2 consumption (Livingstone and Imboden, 1996; Hutchinson, 1938; Cornett and Rigler, 1979), yet the key processes are still debated. Much to the irritation of lake managers, decreasing phosphorus (P) loads to lakes often did not result in a decrease of O_2 consumption in the hypolimnion, and O_2 consumption even increased in artificially aerated lakes (Müller et al., 2012a). An intuitive explanation for the lack of recovery of O_2 consumption was a delay caused by the mineralization of the large amount of organic carbon (OC) deposited in the sediments during hypertrophy. However, Matzinger et al. (2010) demonstrated that sediment deposits older than 10 years contributed only ~15% to the areal hypolimnetic mineralization rate (AHM), thus putting the magnitude and timescale of the “sediment memory effect” into perspective.

Müller et al. (2012a) proposed two key factors to be responsible for the AHM: (i) The diffusion controlled O_2 consumption by the mineralization of freshly settled OC at the sediment surface, and (ii) the O_2 consumed by the oxidation of reduced substances diffusing from the sediment (F_{red}). The flux of O_2 from the bottom water to the sediment surface is a first order



process with respect to the concentration of O_2 and hence lakes with a large hypolimnion volume can sustain a larger O_2 flux and increase the fraction of settled OC that is mineralized aerobically. As a consequence, AHM systematically increases with mean hypolimnion depth (z_H) of productive lakes. This relationship suggested a constant fraction of O_2 consumption from the sediments, which agreed with the few available estimations from direct of sediment porewater measurements of reduced compounds. The fluxes of NH_4^+ , CH_4 , Fe(II), and Mn(II) from eutrophic lakes determined from porewater concentration profiles (summed up and expressed in O_2 consuming equivalents) were in a surprisingly narrow range of $0.36 \pm 0.12 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ (Müller et al., 2012a). This can be a substantial fraction of total AHM especially in lakes with a small hypolimnion volume. Matthews and Effler (2006) showed the importance of F_{red} for sediment O_2 demand in Onondaga Lake. Further, F_{red} was responsible for up to 42% and 86% of the total AHM in Pfäffikersee and Türlensee, respectively, where NH_4^+ and CH_4 fluxes represented up to 90% of F_{red} , while Fe(II) and Mn(II) fluxes played only a minor role (Matzinger et al., 2010).

Depending on the sedimentation regime and bottom water O_2 availability, F_{red} is expected to vary spatially. Carignan and Lean (1991) documented that porewater fluxes varied with lake depth and increased with increasing sedimentation rate in a mesotrophic but seasonally anoxic lake. They demonstrated the focusing of labile particulate OC as the cause for the depth dependence. Increasing Fe(II) and Mn(II) fluxes with lake depth were attributed to geochemical focusing in Lakes Baldegg and Sempach (Urban et al., 1997; Schaller et al., 1997). In consequence, extrapolating measurements performed at the deepest sites of lakes to the entire hypolimnion area can significantly overestimate the contribution of reduced sediment compounds to AHM. Hence, the aim of this study is to extend sediment flux measurements of reduced compounds systematically and to identify a common driving factor. At least three sampling depths were selected in each lake to gain information on the spatial distribution of fluxes of reduced substances. The combination of porewater sampling and on-site analysis with two portable capillary electrophoresis systems allowed a high sample throughput and the acquisition of an unprecedented dataset of porewater concentration profiles. Based on observations from 50 cores, this paper assesses the constraints of fluxes of reduced compounds (CH_4 , NH_4^+ , Mn(II), and Fe(II)) from the sediments of lakes with a range of trophic histories, discusses their spatial variabilities and the consequences for hypolimnetic O_2 consumption.

2. Materials and Methods

2.1. Study sites

Five lakes of different trophic states and depths were selected for the study (Table 1). Lake Baldegg (66 m depth) is located in an agricultural area dominated by pig farms. After 34 years of artificial aeration and mixing, it is still eutrophic with total phosphorus (TP) concentrations of $\sim 25 \text{ mgP m}^{-3}$. Lake Hallwil is the shallowest of the investigated lakes (48 m) and is presently recovering from its eutrophic past (TP $\sim 12 \text{ mgP m}^{-3}$) after 30 years of artificial aeration. Lake Aegeer is oligotrophic (TP $\sim 6 \text{ mgP m}^{-3}$) and located in a catchment dominated by pastures and forests. Lake Geneva is the largest lake in Central Europe by volume. It is still eutrophic (TP $\sim 20 \text{ mgP m}^{-3}$) and the areal O_2 consumption rate is among the highest



measured in Swiss lakes (Müller et al., 2012a; Schwefel et al., 2016). Lake Zug (197 m) is eutrophic, permanently stratified below ~100 m depth (meromictic) and has a TP value of ~30 mgP m⁻³ in the productive epilimnion. One set of cores was collected from the permanently oxic part (>4 mgO₂ L⁻¹ throughout the year) at 62 m water depth.

2.2 Sediment sampling and porewater analysis

5 Sediment cores were retrieved with a Uwitec gravity corer equipped with a PVC tube (6.5 cm inner diameter, 60 cm length). The PVC tube has pre-drilled holes (Ø 2 mm) at 5 mm intervals. The holes were sealed with adhesive tape prior to sampling. Sediment cores were taken along a depth gradient (Table 1). Porewaters were sampled on site immediately after retrieval. 10-50 µl of sediment porewater were retrieved by punctuating the adhesive tape and horizontally inserting a MicroRhizon
 10 filter tube (1 mm diameter, 0.20 µm pore size; Rhizosphere Research Products, Wageningen, Netherlands). The porewater retrieval time was between 10 to 30 s and samples were immediately analyzed to minimize oxidation. The samples were analyzed with two capillary electrophoresis devices each equipped with a capacitively coupled contactless conductivity detector (CE-C⁴D) (calibrated for anions and cations) directly at the lake shore. Full separation of ions of interest (NH₄⁺, Mn(II), Fe(II), SO₄²⁻, NO₃⁻, NO₂⁻) was achieved within six minutes by applying a voltage of 15 kV and a current of 0.5 µA. The background electrolyte solution and all calibration standards were freshly prepared before sampling with UltraPure
 15 water (Merck) and the corresponding salts. All five-point calibrations were checked against a multi ion standard (Fluka), and standard deviations of all measurements were < 5%. The procedure is described in detail by Torres et al. (2013).

Methane samples were collected from additional sediment cores retrieved on the same day and location. Core liners had holes of 1.2 cm diameter pre-drilled staggered at 1 cm vertical intervals and covered with adhesive tape. Immediately after retrieval the cores were sampled from top to bottom by cutting the tape and inserting a plastic syringe where the tip was cut
 20 off. 2 cm³ of sediment were transferred into 125 ml serum flasks containing 2 ml of 7 M NaOH and capped with a septum stopper. CH₄ was analyzed in the headspace by gas chromatography (Agilent) using a 1010 Supelco Carboxene column.

Additional sediment cores were extruded and sampled in 0.5 cm to 1 cm sections. Water content was calculated from the weight difference before and after freeze-drying, and the porosity estimated from the density and the respective TOC content (Och et al., 2012). Freeze-dried sediments were ground in an agate mortar and further analyzed for TOC/TN with an
 25 ElementAnalyzer Euro EA 3000 (Hekatech). Net sedimentation rates were determined based on the assumption of constant rate of supply with γ-ray measurements of ²¹⁰Pb and ¹³⁷Cs with a Canberra GeLi borehole detector and/or by varve counting which was possible in all cores except the cores from Lake Hallwil. The net sedimentation rates were further validated by the characteristic ¹³⁷Cs peaks of the Chernobyl fallout (1986) and the bomb spike of 1963. As TOC content and net sedimentation rates were not determined from our sediment cores in Lake Geneva, literature data was used to calculate the
 30 total organic carbon mass accumulation rate (TOC-MAR). By comparing our coring sites to sites published by Span et al. (1990), Vernet et al. (1983) and Loizeau et al. (2012) we estimated an average net sediment accumulation rate of 1000 g m⁻² yr⁻¹ with a TOC content of 1.1 % resulting in TOC-MAR of 11 gC m⁻² yr⁻¹ for the deep basin. Although TOC content and net



sedimentation can vary drastically due to turbidites and the inflow of the Rhone river, we deem this estimate to be representative for the deep undisturbed central basin of Lake Geneva.

2.3 Gross sedimentation

Sediment traps were deployed in Lakes Baldegg and Aegeri from March 2013 until the end of November 2014 to determine TOC gross sedimentation rates. In Lake Hallwil sediment traps were deployed from January 2014 to December 2014 (see Suppl. Information Table S1). The sediment trap material was collected biweekly. The traps consisted of two cylindrical PVC tubes with an inner diameter of 9.2 cm and were positioned at 15 m water depth and 1 m above the sediment surface. The collected material was weighed, freeze-dried and analyzed for TOC and TN with the same methods as the sediment.

2.4 Calculation of the flux of reduced compounds, F_{red}

Porewater fluxes were calculated from vertical porewater concentration gradients with a one-dimensional reaction-transport model (Müller et al., 2003) that was adapted from Epping and Helder (1997) and extended from O_2 to other parameters. The fluxes (J) of reduced compounds (CH_4 , NH_4^+ , $Fe(II)$, and $Mn(II)$), denoted in $mmol\ m^{-2}\ d^{-1}$, were converted to equivalent O_2 fluxes ($gO_2\ m^{-2}\ d^{-1}$) based on redox stoichiometry and summed up in F_{red} (Eq.1). $S(-II)$ was considered negligible as we detected dissolved $Fe(II)$ in all cores.

$$F_{red} = 2 * J_{CH_4} + 2 * J_{NH_4} + 0.5 * J_{Mn(II)} + 0.25 * J_{Fe(II)} \quad (1)$$

F_{red} represents the total O_2 required per area to oxidize all reduced compounds released by the sediment (Matzinger et al., 2010). As total phosphorus concentration and hypolimnetic O_2 consumption rate did not change during the past years, sediment diagenetic processes are assumed to be in quasi steady state. Although seasonally varying deposition rates of OC and varying oxygen concentrations may alter $Fe(II)$ and $Mn(II)$ concentration gradients, the fluxes of NH_4^+ and CH_4 dominating F_{red} did not change systematically with the seasons.

2.5 Estimation of total organic carbon mass accumulation rates (TOC-MAR)

Total organic carbon mass accumulation rate (TOC-MAR, in $gC\ m^{-2}\ yr^{-1}$) at each coring site was calculated from the sedimentation rate (SR, in $cm\ yr^{-1}$), porosity (ϕ), dry density ($g\ cm^{-3}$) and TOC ($mg\ g^{-1}$) for each 5 mm interval (Och et al., 2012) (Eq. 2 and 3). The values were then averaged from 2 to 10 cm sediment depth. The first two centimeters were excluded to neglect freshly deposited matter. The lower TOC-MAR calculation depth of 10 cm was chosen to remain within the timeframe where steady state conditions can be assumed.

$$MAR = SR * dry\ density * (1 - \phi) * 10000 \quad (2)$$

$$TOC - MAR = MAR * (TOC/1000) \quad (3)$$



3 Results and Discussion

3.1 Porewater concentration profiles and fluxes of reduced compounds

The porewater concentration profiles of the reduced compounds CH_4 , NH_4^+ , Fe(II) , and Mn(II) measured at different depths in the four Lakes Baldegg, Aegeri, Hallwil and Geneva are presented in Figure 1 and for Lake Zug in Figure S1 (see Suppl. Information). The profiles of all parameters indicated positive fluxes from the sediment to the bottom water in all lakes at all depths. This is a consequence of the permanently oxic hypolimnia of these lakes. The highest overall porewater concentrations occurred in Lake Baldegg (Figure 1a) and the lowest in Lake Geneva (Figure 1d) in spite of its high productivity. Porewater concentrations in the oligotrophic Lake Aegeri (Figure 1b) were low at the shallow sites, but high at the deepest site. A distinct pattern of increasing porewater concentrations with increasing sampling depth was apparent in Lake Aegeri, but more pronounced in Lake Baldegg (Figure 1a). Nitrate concentrations in the overlying water of the sediment core were on average $101 \mu\text{mol L}^{-1}$ in Lake Baldegg, $23 \mu\text{mol L}^{-1}$ in Lake Aegeri, $61 \mu\text{mol L}^{-1}$ in Lake Hallwil, $32 \mu\text{mol L}^{-1}$ in Lake Geneva and $20 \mu\text{mol L}^{-1}$ in Lake Zug and steeply declined to zero within the first cm of the sediment.

The trend of increasing ion concentrations with lake depth observed in the porewater is also reflected in the areal fluxes of the reduced compounds from the sediment to the lake bottom waters (Table 2). The fluxes showed variations due to local heterogeneity and possible seasonal variations of OM deposition and O_2 availability. Fluxes measured at the same locations but at up to six different dates between March and October varied by 23% for CH_4 and 45% for NH_4^+ , while Mn(II) fluxes (54%) and Fe(II) fluxes (67%) showed higher variability but without a distinct seasonal pattern. A summary of all fluxes and F_{red} is given in Table 2. In Lake Baldegg the highest fluxes of CH_4 , NH_4^+ , and Fe(II) of all lakes, and a clear increase with sampling depth were observed. Fluxes at the deepest site agreed well with earlier measurements from dialysis samplers (Urban et al., 1997). In the oligotrophic Lake Aegeri fluxes of CH_4 and NH_4^+ were small at the shallow sites and similar to those observed in other oligotrophic lakes (Frenzel et al., 1990; Carignan et al., 1994), while at the deepest location considerably higher fluxes were measured for CH_4 . Fluxes in Lake Hallwil did not show an overall increase with lake depth. In Lake Geneva, the smallest fluxes of CH_4 , NH_4^+ , and Fe(II) were observed in spite of its high productivity, without systematic variations with lake depth.

NH_4^+ and CH_4 contributed 85% to 98% to the O_2 consuming capacity while Fe(II) and Mn(II) played only a minor role. Müller et al. (2012a) estimated F_{red} for a range of eutrophic lakes to be $0.36 \pm 0.12 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$, based on a relationship between hypolimnetic O_2 consumption rates and mean hypolimnion depths. F_{red} values observed at 24 m ($0.32 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$) and 40 m ($0.34 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$) depth in the eutrophic Lake Baldegg (see Table 2) matched the modeled value. F_{red} at the deepest site of Lake Baldegg ($0.49 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$) agreed with a previous observation of $0.55 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$. Likewise in Lake Hallwil, F_{red} varied between $0.18 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ and $0.25 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$, matching earlier measurements of $0.28 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ (Müller et al., 2012a). In Lake Aegeri, F_{red} varied strongly between the shallow and deepest sampling sites. At 34 m and 49 m water depth, F_{red} was $0.07 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$, and thus typical for a deep oligotrophic lake. At 79 m, a markedly higher F_{red} of $0.24 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$



was observed. In eutrophic Lake Geneva, F_{red} varied between 0.02 and 0.09 $\text{gO}_2 \text{ m}^{-2} \text{ d}^{-1}$, which is surprisingly low for a productive lake. In summary, we did not observe a direct relationship between the trophic state of the lake and the fluxes of reduced substances. For example, fluxes were low in productive Lake Geneva but high in the deep basin of oligotrophic Lake Aegeri.

- 5 Determination of sedimentation rates from core dating revealed increasing sediment deposition with increasing lake depth in Lake Baldegg and at the deepest site of Lake Aegeri. The sediment TOC content was around 3.4 % and varied only little between the different coring sites and lakes (see Table 2), except for Lake Geneva with an estimated 1.1% TOC. Consequently, mass accumulation rates varied substantially and increased with depth in Lake Baldegg and to a lesser extent in Lake Aegeri. We attribute this observation to sediment focusing, which has also been documented by Urban et al. (1997)
- 10 for Lake Baldegg. Sediment focusing transports fine, freshly settled organic rich material from the shallower to the deeper parts of a lake and consequently increases TOC-MAR with lake depth (Lehman, 1975). Carignan and Lean (1991) documented that porewater fluxes increased with lake depth caused by the focusing of labile particulate OC into the deeper part of the lake. A study at oligotrophic Little Rock Lake also showed elevated NH_4^+ concentrations at the deepest site due to a greater supply of fine-grained organic particles caused by sediment focusing (Sherman et al., 1994). In eutrophic Lake Zug,
- 15 Maerki et al. (2009) found that NH_4^+ fluxes increased proportionally with the sediment contents of TOC and total nitrogen (TN), indicating a link between fluxes of reduced substances and TOC-MAR. In Lakes Baldegg and Hallwil, geochemical focusing, caused by recurring redox-sensitive dissolution and precipitation of Mn and Fe phases, is an additional process that increases Fe(II) and Mn(II) concentrations with lake depth (Urban et al., 1997; Schaller and Wehrli, 1996).

Sediment focusing increased TOC-MAR by ~104% in the deepest part of Lake Baldegg and by ~43% in Lake Aegeri. Since

20 F_{red} depends on the sedimentation regime and bottom water O_2 availability, this explains the spatial variability of F_{red} in these two lakes. No sediment focusing was observed in Lake Hallwil which is in agreement with a previous study by Bloesch and Uehlinger (1986). In consequence, extrapolating measurements performed at the deepest sites of lakes to the entire lake area can significantly overestimate the average contribution of reduced sediment compounds to AHM in case sediment focusing is active.

25 3.2 F_{red} controlled by sediment TOC mass accumulation rate

All lakes investigated have a predominance of autochthonous OC input, implied by similar C/N ratios (7.0 – 9.9), a proxy for the origin of OC (see Table 2), and a permanently oxic hypolimnion (see Suppl. Information Fig S2). As a consequence, the burial efficiency of OC, defined as the ratio between TOC-MAR and OC gross sedimentation rate by Sobek et al. (2009) should be rather similar in these lakes. Based on gross TOC sedimentation data from sediment traps (see Suppl. Information

30 Table S1) and TOC-MAR values (Table 2), burial efficiencies at the deepest sampling locations were calculated from sediment trap data of Lakes Baldegg (44 %), Hallwil (41 %) and Sempach (46 %). All values were close to the average value of 48% determined from 27 sediment cores from 11 lakes by Sobek et al. (2009). As a consequence, a similar proportion of



gross OC sedimentation is buried and contributes to the formation of F_{red} and TOC-MAR in all studied lakes. An exception is Lake Aegeri, with a surprisingly high burial efficiency of OC of 77 %, which can be explained by the deepest sampling location. It is positioned in a small trough with surrounding steep slopes predestined for sediment slides and remobilization of settled particles. The locally high ratio of sediment area to water volume presumably leads to the annual development of an anoxic deep water layer which increases OC burial, which however is not representative for the whole lake.

As primary production and hypolimnetic O_2 concentrations did not considerably change during the last decade, the burial efficiency and thus TOC-MAR and F_{red} generation likely remained unchanged. Further, porewater profiles do not capture the effects of rapid primary mineralization which occurs within in the top millimeters of the sediment, but they mirror the slower processes of anaerobic degradation of buried OC and F_{red} . Hence, in Figure 2 we related F_{red} to the corresponding TOC-MAR at each sampling location. Additional datasets from earlier measurements in various lakes were added to complement the relationship.

Figure 2 reveals two characteristic facts concerning the release of reduced compounds from lake sediments: (i) A distinct increase of F_{red} was observed when TOC-MAR exceeded $\sim 10 \text{ gC m}^{-2} \text{ yr}^{-1}$, (ii) F_{red} increased proportionately with TOC-MAR between 10 and $45 \text{ gC m}^{-2} \text{ yr}^{-1}$ up to $\sim 0.50 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ in all seasonally mixed lakes investigated. The highest F_{red} value was measured at the deepest point of Lake Baldegg with $0.49 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ at a TOC-MAR of $45 \text{ gC m}^{-2} \text{ yr}^{-1}$, despite much higher TOC-MAR in Rotsee. The mineralization of sediment OC appeared to be the main driver of F_{red} independent of the cause of TOC accumulation. The areal accumulation of TOC per time is controlled by gross sedimentation (which is related to primary production), O_2 concentration in the lake bottom water, biological factors like grazing and bioturbation, and physical parameters such as sediment focusing. At low TOC-MAR, the total flux of reduced substances was very low (e.g. Lakes Baikal, Erie and Superior, Figure 2), as only little carbon is available for anaerobic degradation, and the reduced substances diffusing up from deeper sediment strata were quantitatively oxidized in the upper sediment layers.

3.3 Factors limiting F_{red} and TOC-MAR

Given that all investigated lakes are seasonally mixed and have a permanently oxic hypolimnion, the likely driving factors for the positive relationship between F_{red} and TOC-MAR are (i) hypolimnetic O_2 concentrations, (ii) the quality and quantity of OC. An influence of temperature and benthic production can be ruled out as all sampling stations were located in the cold hypolimnia well below the thermocline. Generally, high O_2 concentrations lead to a high fraction of aerobic OC mineralization and hence decrease of TOC-MAR as OC is decomposed by oxygenases and other reactive oxygen species (Maerki et al., 2006; Sobek et al., 2009; Stumm and Morgan, 1996). Furthermore, elevated hypolimnetic O_2 concentrations increase the oxidation of reduced compounds near or within the top sediment layer and thus increase the regeneration of alternative electron acceptors such as NO_3^- and SO_4^{2-} (Urban et al., 1997). In contrast, low O_2 concentrations or even temporally anoxic conditions increase OC burial and thus TOC-MAR and favor F_{red} formation (Sobek et al., 2009).



Low TOC-MAR occurred in lakes with low primary production and low allochthonous input. In the oligotrophic Lakes Superior and Baikal, TOC-MAR was 4 and 7 $\text{gC m}^{-2} \text{yr}^{-1}$ (see Suppl. Information Table S2), respectively, and the resulting F_{red} from the sediment was virtually zero (Och et al., 2012; Klump et al., 1989; Remsen et al., 1989; Richardson and Nealson, 1989). In addition to low gross sedimentation of OC, the high sediment O_2 penetration (of around 1-3 cm) causes a long exposure time to oxic conditions and thus oxic mineralization of a large fraction of the deposit (Maerki et al., 2006; Martin et al., 1993; Li et al., 2012). In consequence, the TOC buried in lakes like Superior and Baikal is already highly mineralized and therefore does not generate significant amounts of reduced substances. However, low TOC-MAR were also observed in Lake Geneva. Although Lake Geneva is highly productive, its hypolimnetic O_2 concentration remained high throughout the year (see Suppl. Information Fig. S2) (Schwefel et al., 2016). Randlett et al. (2015) concluded that ~75% of the OC in Lake Geneva was mineralized aerobically at the sediment surface. Measurements performed by Schwefel et al. (2017) further confirmed that >96% of the organic carbon in Lake Geneva is mineralized aerobically within the water column or at the sediment surface. As the buried OC only generated low F_{red} of 0.03 to 0.09 $\text{gO}_2 \text{m}^{-2} \text{d}^{-1}$ (see Table 2), we concluded that the buried OC was already recalcitrant. In contrast to the other lakes investigated, in Lake Geneva high porewater concentration and sediment penetration of SO_4^{2-} enhanced the degradation of OC and actively diminished F_{red} by oxidation of CH_4 and formation of Fe-sulfides. Norđi et al. (2013) showed the efficiency of anaerobic CH_4 oxidation by SO_4^{2-} and a reactive Fe(III) pool which in turn reduced the flux of CH_4 out of the sediment. Sediment core measurements at 210 m and 240 m but in proximity to the Rhone river delta by Randlett et al. (2015) showed that at even higher TOC-MARs of 20 to 30 $\text{gC m}^{-2} \text{yr}^{-1}$ (two to three times the rate estimated for the open lake), F_{red} values remained at similarly low values of 0.04 to 0.05 $\text{gO}_2 \text{m}^{-2} \text{d}^{-1}$. This case highlights the importance of OC quality, as refractory OC can be sequestered and offset TOC-MAR without a noticeable increase of F_{red} . Consequently, lakes with a higher input of land derived organic material should show a higher offset in TOC-MAR values as more recalcitrant OC is buried without a direct effect on F_{red} . While TOC-MAR values were similar at all three stations in Lake Aegeri, F_{red} peaked at the deepest point. In addition to a likely sediment focusing, a small anoxic bottom layer develops at the end of the summer stratification at the deepest location (see Suppl. Information Fig. S2) due to the steep topography. This condition diminishes oxic mineralization of settled OC and thus supports the formation of higher F_{red} .

Under the assumptions that primary production even under ideal circumstances can generate only a limited amount of OC of around ~400 to 500 $\text{gC m}^{-2} \text{yr}^{-1}$ (Wetzel, 2001) and that allochthonous, soil and land-plant derived OC is comparatively less accessible for mineralization, F_{red} should remain within a certain boundary even at high total TOC-MAR. As lakes with a very high primary production tend to become anoxic during the stratification period and thereby starting to accumulate reduced substances in the deepest part of the hypolimnion, F_{red} should not further increase as the concentration gradients between sediment and water would start to decrease. The F_{red} value encountered in Lake Baldegg (~0.49 $\text{gO}_2 \text{m}^{-2} \text{d}^{-1}$) could thus represent an upper boundary of F_{red} , as it is an example of a highly eutrophic lake with an additional supply of OC to the deepest part by sediment focusing while only retaining an oxic hypolimnion due to artificial aeration. At the highest TOC-



MAR value of $\sim 170 \text{ gC m}^{-2} \text{ yr}^{-1}$ measured in the seasonally anoxic Rotsee (RO), F_{red} remained at $0.46 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$ (measured after lake mixing in the oxic hypolimnion), showing no further increase of F_{red} , while measurements performed at the end of summer stagnation and an anoxic hypolimnion revealed a F_{red} value of $0.26 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$. However, whether F_{red} consistently levels off at high TOC-MAR remains to be demonstrated by measurements in additional eutrophic lakes with an oxic hypolimnion and high TOC-MAR.

3.4 Relationship between F_{red} and mean hypolimnion depth

The increasing oxic mineralization of OC with increasing O_2 supply in eutrophic lakes is further supported by a systematic decrease of F_{red} with increasing mean hypolimnion depth (z_{H}) in productive lakes, conceptually shown in Figure 3. During the stratified period, the hypolimnetic O_2 reservoir in eutrophic lakes with a small z_{H} is quickly exhausted, giving rise to a higher OC burial rate, an increased anaerobic mineralization, and thus the formation of reduced substances e.g. in Rotsee, 10 Türlensee and Pfäffikersee. In these lakes F_{red} becomes the dominant fraction of AHM with values of $\sim 0.40 \text{ gO}_2 \text{ m}^{-2} \text{ d}^{-1}$. In the deep Lakes Geneva and Baikal (not shown), the hypolimnetic O_2 inventory increases with z_{H} , and the lakes' resilience to O_2 depletion rises. Consequently, more O_2 is available for aerobic remineralization of OC with probable higher regeneration rates of alternative electron acceptors such as NO_3^- and SO_4^{2-} and less and/or more degraded OC is buried. Hence F_{red} 15 diminishes with increasing z_{H} . Coherently, very deep eutrophic lakes such as Lake Geneva are well protected from anoxia. Lake Baldegg deviates from this general correlation in Figure 3 due to the high sediment focusing, that caused the sedimentation rate to increase by a factor of 1.9 compared to the shallower sites. Likewise, sediment focusing might increase F_{red} in other lakes. Yet it is unclear to what extent sediment focusing increases F_{red} and TOC-MAR, for example, in Lake Sempach (Urban et al., 1997). These findings complement and extend the observation presented in Müller et al. (2012a) that 20 AHM of fully productive lakes increased linearly with their mean hypolimnion depth if $z_{\text{H}} < \sim 25 \text{ m}$, with a similar contribution of reduced compounds from the sediments of all lakes. A closer look to the fluxes of reduced compounds, however, revealed that they as well depend on the accessibility of hypolimnetic O_2 to the sediment surface.

4 Conclusion

We demonstrate that F_{red} is strongly related to the local mass accumulation rate of OC (Figure 2) and to the mean 25 hypolimnion depth as a proxy for the potential O_2 supply to the sediment in eutrophic lakes (Figure 3). These observations indicate that the fluxes of reduced compounds from the sediment are constrained mainly by the deposition rate and quality of OC, O_2 availability to the sediment surface and lake bathymetry (i.e. the occurrence of sediment focusing). Hence, the sediment O_2 demand of lakes may be estimated without elaborate O_2 measurements at the sediment-water interface based on the proportionality between F_{red} and TOC-MAR in lakes with similar biogeochemical boundary conditions. The relationship 30 between F_{red} and z_{H} in eutrophic lakes will further help to assess the fluxes of reduced substances based on the O_2 inventory of a lake. By considering secondary processes such as sediment focusing, single core data sets can be further evaluated.



Despite uncertainties related to OC quality, the flux of reduced substances from the sediments, a major sink for O₂ in the hypolimnion, can now be estimated for a broad range of lakes with a permanently oxic hypolimnion based on TOC-MAR values and z_H, which are more commonly available than porewater measurements.

5 Data Availability Statement

5 The data will be made available over Figshare.com

6 Appendices

Table S1 summarizes parameters used for OC burial efficiency rate calculations e.g. TOC-MAR values and benthic OC gross sedimentation. Table S2 sums up information about F_{red} and TOC-MAR values of lakes taken or calculated from literature. Figure S1 shows the porewater concentrations of CH₄, NH₄⁺, Fe(II) and Mn(II) in the sediment of Lake Zug at 62
10 m water depth, Figure S2 depicts the oxygen concentrations throughout one year in five different lakes at the core sampling depths.

Author contribution statement

MS, AW, BW and BM designed the study. TS conducted porewater measurements and analyzed the sediment cores and wrote the manuscript. RS performed oxygen microprofiles. All authors contributed to the writing of the manuscript.

15 Competing interests

The authors declare that they have no conflict of interest.

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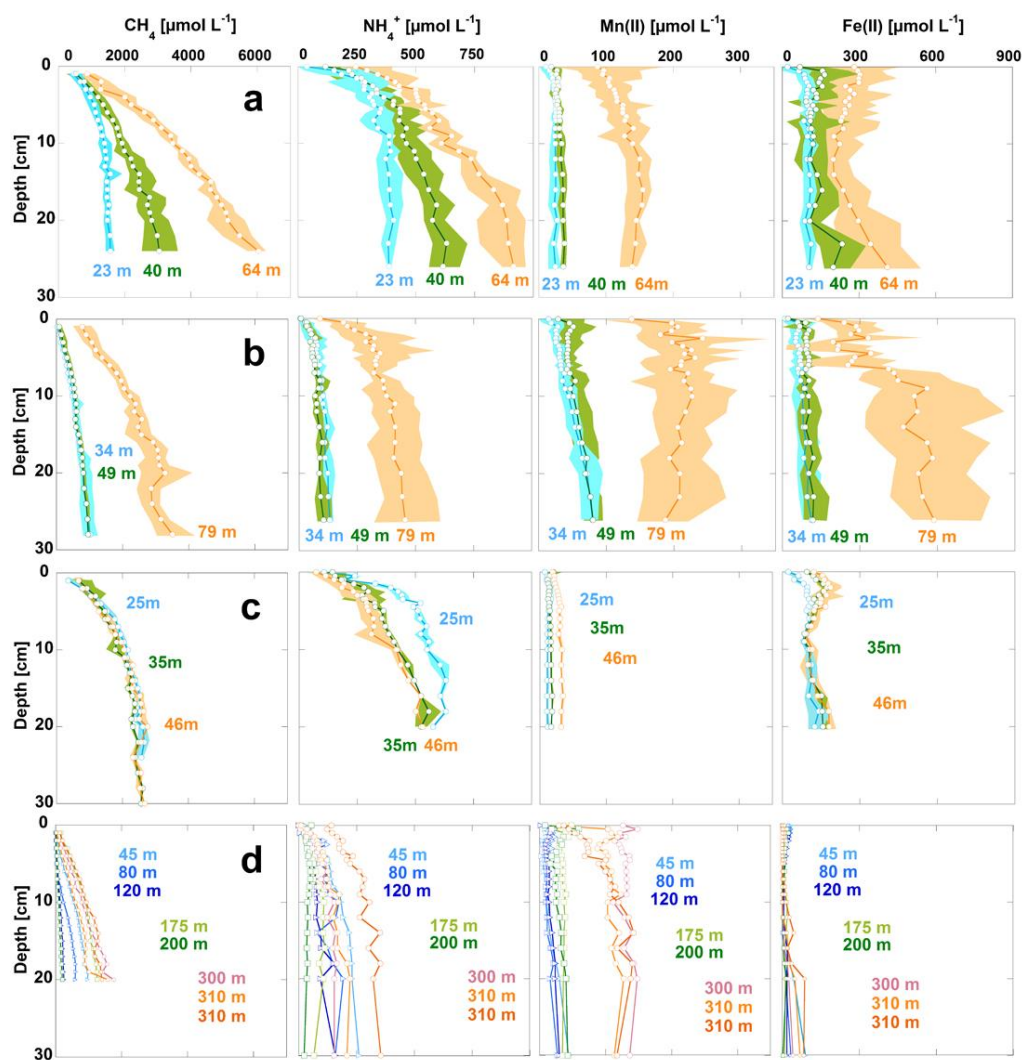


Figure 1. Porewater concentration profiles of NH_4^+ , CH_4 , Mn(II) , and Fe(II) from a) Lake Baldeg, b) Lake Aegeri, c) Lake Hallwil, and d) Lake Geneva. Bold lines are averaged values of up to six measurements while the areas of corresponding colors show the range of minimal and maximal values. Coring sites of Lake Geneva (d) were sampled only once.

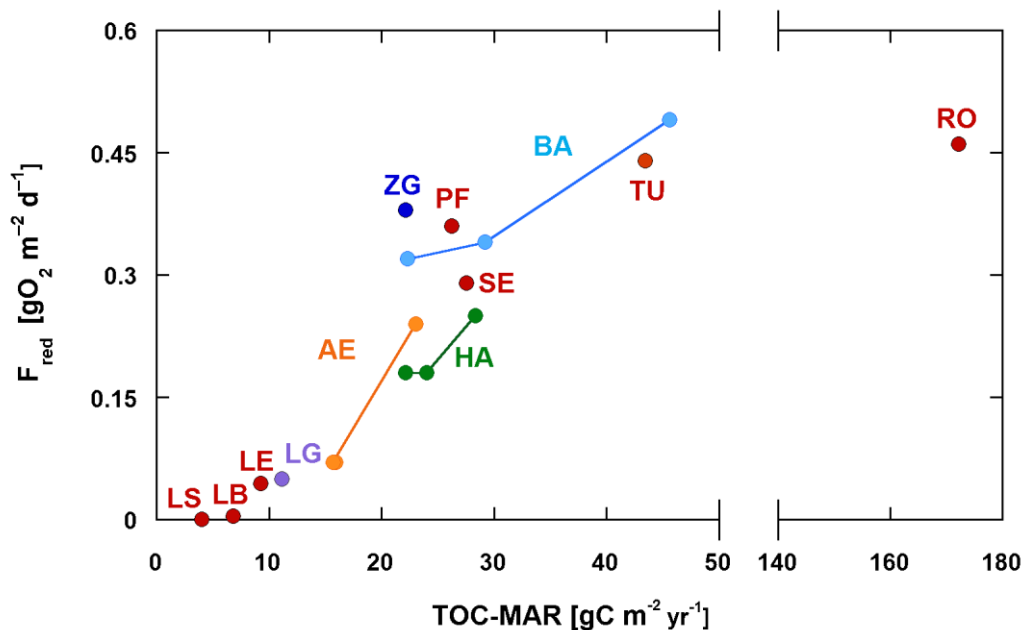


Figure 2. F_{red} of 11 different lakes plotted against the total organic carbon mass accumulation rate (TOC-MAR). Values for Lakes Baldegg (BA), Hallwil (HA) and Aegeri (AE) were averaged from up to six measurements at different depths, those for Lake Zug (ZG) were calculated from a single core at 62 m water depth. Red marks were calculated from single core literature data (Lake Baikal (LB), Och et al. (2012); Lake Sempach (SE), Müller et al. (2012b); Rotsee (RO), Naeher et al. (2012); Pfäffikersee (PF, unpublished); and Türlensee (TU, unpublished)). TOC-MAR from Lake Geneva (LG) are based on sedimentation rate estimates from the literature (Vernet et al., 1983; Loizeau et al., 2012; Span et al., 1990). TOC-MAR and F_{red} values from Lake Erie (LE) were gathered from various sources (Adams et al., 1982; Smith and Matisoff, 2008; Matisoff et al., 1977). Values for Lake Superior (LS) were compiled from several data sets (Klump et al., 1989; Li et al., 2012; Remsen et al., 1989; Richardson and Neilson, 1989; Heinen and McManus, 2004).

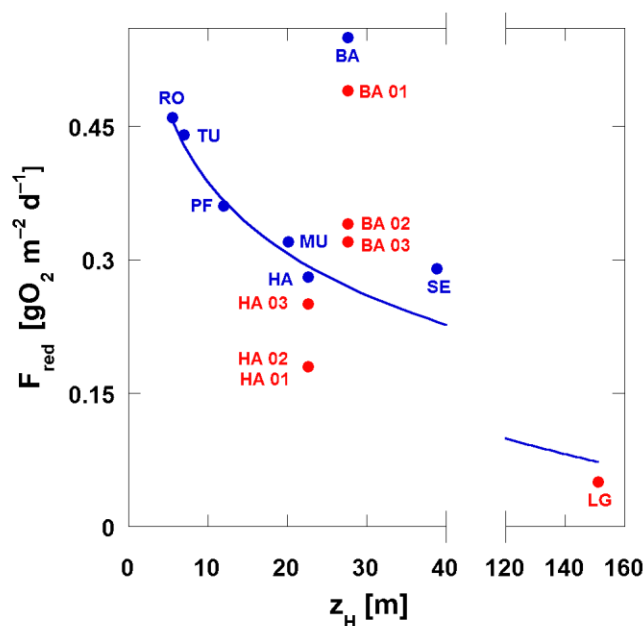


Figure 3. Fluxes of reduced compounds from the sediments of eight meso- to eutrophic lakes decrease systematically with mean hypolimnion depth (z_H), except for sediments sampled at the deepest sites of lakes with pronounced sediment focusing (BA, BA 01). F_{red} values of Lake Baldeg (BA01 to 03) show a significant increase with sampling depth due to strong sediment focusing. Blue dots indicate data for Rotsee (RO), Türlensee (TU), Pfäffikersee (PF), Lake Murten (MU), and Lake Sempach (SE), taken from Müller et al. (2012a) while red dots show data of the current study. Meromictic Lake Zug is not shown. Blue line is used for eye guidance.



Table 1. Lake characteristics, sampling depths and dates. The mean hypolimnion depth (z_H) is defined as the hypolimnetic volume divided by the hypolimnetic area below 15 m water depth.

Lake	Tropic status	Hypolimnion surface area, (km ²)	Hypolimnion volume (m ³)	z_H (m)	Max. depth (m)	Sampling depths (m)	Sampling time
Lake Baldegg	eutrophic	4.53	125	27.6	66	23, 40, 64	March 2013, May 2013, August 2013, Oktober 2013, March 2014, June 2014
Lake Aegeri	oligotrophic	6.64	283	42.6	81	34, 49, 79	March 2013, May 2013, August 2013, Oktober 2013, March 2014, June 2014
Lake Hallwil	mesophic - recovering	8.58	194	22.6	48	25, 35, 46	April 2014, August 2014
Lake Zug	eutrophic - meromictic	34.5	2660	77.1	197	62	Mai 2016
Lake Geneva	eutrophic	534	80800	151	310	40, 80, 120, 175, 200, 300, 310	July 2014, July 2015

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Table 2. Results from sediment and porewater analyses. TOC and TN were averaged from 2 to 10 cm sediment depth. TOC, TN and net sedimentation from Lake Geneva were not determined (n.d). Lake Baldegg (BA), Lake Aegeri (AE), Lake Hallwil (HA), Lake Zug (ZG) and Lake Geneva (LG).

Core	Depth (m)	SR (mm yr ⁻¹)	TOC (%)	C/N ratio	TN (%)	J_{NH_4}	J_{CH_4}	$J_{Fe(II)}$	$J_{Mn(II)}$	F_{red} (gO ₂ m ⁻² d ⁻¹)	TOC-MAR (gC m ⁻² yr ⁻¹)
BA 03	23	1.75	2.70	7.5	0.31	2.04	2.16	0.34	0.05	0.32	22.3
BA 02	38	2.63	2.63	7.0	0.33	2.19	2.79	0.40	0.07	0.34	29.1
BA 01	64	3.32	3.42	7.5	0.38	2.84	4.24	1.00	0.22	0.49	45.6
AE 03	34	1.43	3.49	8.1	0.35	0.45	0.45	0.33	0.08	0.07	16.0
AE 02	49	1.37	3.47	7.6	0.38	0.50	0.65	0.34	0.18	0.07	16.3
AE 01	79	1.91	3.43	7.9	0.36	1.44	2.20	0.66	0.40	0.24	22.8
HA 03	25	2.00	3.46	9.9	0.40	1.58	2.26	0.28	0.03	0.25	28.3
HA 02	35	1.93	3.42	9.5	0.42	1.18	1.64	0.40	0.04	0.18	23.8
HA 01	46	1.95	3.41	9.9	0.40	0.98	1.74	0.58	0.05	0.18	22.5
ZG	62	2.20	3.99	7.6	0.45	2.80	3.11	0.24	0.03	0.38	21.9
LG 08	45	n.d	n.d	n.d	n.d	0.26	0.45	0.18	0.01	0.05	n.d
LG 07	80	n.d	n.d	n.d	n.d	0.42	0.41	0.14	0.03	0.05	n.d
LG 06	120	n.d	n.d	n.d	n.d	0.16	0.11	0.16	0.05	0.02	n.d
LG 05	175	n.d	n.d	n.d	n.d	0.15	0.87	0.03	0.05	0.07	n.d
LG 04	200	n.d	n.d	n.d	n.d	0.13	0.08	0.11	0.04	0.02	n.d
LG 03	300	n.d	n.d	n.d	n.d	0.21	0.61	0.00	0.15	0.05	n.d
LG 02	310	n.d	n.d	n.d	n.d	0.30	0.54	0.04	0.21	0.06	n.d
LG 01	310	n.d	n.d	n.d	n.d	0.52	0.79	0.12	0.16	0.09	n.d