

Biomarker evidence for the occurrence of anaerobic ammonium oxidation in the eastern Mediterranean Sea during Quaternary and Pliocene sapropel formation

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1 Abstract

2 The eastern Mediterranean Sea sedimentary record is characterised by intervals of
3 organic rich sediment (sapropels), indicating periods of severe anoxia triggered by
4 astronomical forcing. It has been hypothesized that nitrogen fixation was crucial in
5 injecting the Mediterranean Sea with bioavailable nitrogen (N) during sapropel events.
6 However, the evolution of the N biogeochemical cycle of sapropels is poorly
7 understood. For example, the role of the complementary removal reaction, anaerobic
8 ammonium oxidation (anammox), has not been investigated because the traditional
9 lipid biomarkers for anammox, ladderane fatty acids, are not stable over long periods
10 in the sedimentary record. The recent development of an alternative lipid biomarker
11 for anammox (bacteriohopanetetrol stereoisomer; BHT isomer) allowed for the
12 investigation of anammox during sapropel deposition in this marginal sea. We present
13 here the first application of a lipid biomarker for N removal throughout the progression
14 (e.g. formation, propagation, and termination) of basin-wide anoxic events. In this
15 study, BHT isomer and ladderanes were analysed in sapropel records taken from
16 three Eastern Mediterranean sediment cores, spanning the most recent (S1) to
17 Pliocene sapropels. Ladderanes were rapidly degraded in sediments, as recently as
18 the S5 sapropel (ca. 125 ka). BHT isomer, however, was present in all sapropel
19 sediments, as far back as the Pliocene (2.97 Ma), and clearly showed the response of
20 anammox bacteria to marine water column redox shifts in high-resolution records. Two
21 different N removal scenarios were observed in Mediterranean sapropels. During S5,
22 anammox experienced Black Sea-like water column conditions, with the peak of BHT
23 isomer coinciding with the core of the sapropel. Under the alternative scenario
24 observed in the Pliocene sapropel, the anammox biomarker peaked at onset and
25 termination of said sapropel, which may indicate sulphide inhibition of anammox during
26 the core of sapropel deposition. This study shows the use of BHT isomer as a
27 biomarker for anammox in the marine sediment record and highlights its potential in
28 reconstructing anammox during past anoxic events that are too old for ladderanes to
29 be applied (e.g. the history of oxygen minimum zone expansion and oceanic anoxic
30 events).

31 1. Introduction

32 The typical hemipelagic, carbonate-rich, organic carbon-poor sediment record of the
33 eastern Mediterranean Sea is periodically interspersed with dark, organic-rich layers,
34 known as sapropels. Sapropels typically have total organic carbon (TOC) content
35 of >2%, a striking contrast to non-sapropel TOC-lean sediments in the area, with TOC
36 contents of generally 0.2 – 0.6% (Cramp and O'Sullivan, 1999; Mobius et al., 2010).
37 Evidence of Mediterranean sapropels can be found as far back 13.5 Ma in the
38 sedimentary record. These features are the result of changes in astronomical forcing
39 (Rossignol-Strick, 1983). Briefly, at maximum insolation, a wetter, localised
40 monsoonal climate caused an increased discharge of freshwater into the Eastern
41 Mediterranean mainly from the African continent. This brought terrestrial nutrients into
42 the oligotrophic Eastern Basin, while at the same time forming a layer of lower salinity
43 water at the surface of the Mediterranean, inhibiting ventilation of deeper waters (for
44 recent review see Rohling et al., 2015). The consequence of these climate-induced
45 changes were (1) an increase in primary productivity followed by remineralisation and
46 increased oxygen consumption in the underlying waters, and (2) reduced resupply of
47 oxygen to bottom waters leading to a ventilation crisis in the Mediterranean.
48 Combined, this led to the total depletion of oxygen (anoxia) (Sinninghe Damsté and
49 Hopmans, 2008), and raised levels of hydrogen sulfide (euxinia) during the most
50 intense sapropel events (cf. Menzel et al., 2002). The depletion of oxygen is believed
51 to have started first in the pore and bottom waters and progressively shoaled over
52 hundreds of years until the Mediterranean was characterised by photic zone
53 anoxia/euxinia. There is some dispute over whether high TOC values observed in
54 sapropel sediments is primarily due to enhanced productivity, better preservation
55 under anoxic conditions, or a combination of both.

56 The degree of oxygen depletion and presence of euxinic conditions for individual
57 sapropels can vary according to the strength of astronomical forcing. A recent
58 sapropel, S5 (121 – 128.5 ka), is the most well-developed Late Quaternary sapropel,
59 characterised by high TOC content (ca. 7 – 8 %, max. 12%), low bioturbation, and
60 evidence for photic zone euxinia (Marino et al., 2007; Rohling et al., 2006; Struck et al.,
61 2001). In comparison, however, certain Pliocene sapropels have been shown to
62 contain much more elevated TOC content, of up to 30% (Nijenhuis and de Lange,
63 2000), suggesting that sapropels from these periods are more developed. Spatial

64 variation also occurs during sapropel formation, with TOC-rich horizons more
65 commonly forming in the east of the basin, but oxygen depletion not necessarily being
66 stronger in the east (cf. Menzel et al., 2002).

67 The reorganisation of nutrient cycles, e.g. the phosphorus (P) cycle (Slomp et al.,
68 2004), and the nitrogen (N) cycle (Calvert et al., 1992; Higgins et al., 2010) can impact
69 the production and preservation of organic matter during the formation of
70 Mediterranean sapropels. It has been shown that the anoxic water column during
71 sapropel deposition caused enhanced regeneration of sedimentary P (Slomp et al.,
72 2002). If sporadic vertical mixing then brought P to the photic zone, this would have
73 further offset the Redfield ratio. The input of terrestrial N was likely insufficient to
74 balance the enhanced sedimentary P remineralisation that occurred in the newly
75 anoxic water column. This would have shifted phytoplankton communities towards
76 diazotrophy (Higgins et al., 2010).

77 It appears that under anoxic water column conditions in the Mediterranean, N might
78 already have been a limiting nutrient. However, N can also be removed from the
79 marine system via denitrification and anaerobic ammonium oxidation (anammox)
80 (Ward, 2013). Anammox is the oxidation of ammonium using nitrite as the electron
81 acceptor to produce N_2 , and is performed by anaerobic, sulfide-sensitive (Jensen et
82 al., 2008), chemolithoautotrophic bacteria (Strous et al., 1999). Anammox has been
83 observed in the water columns of modern oxygen minimum zones (Hamersley et al.,
84 2007; Pitcher et al., 2011; Rush et al., 2012b), and euxinic basins (Jensen et al.,
85 2008; Kuypers et al., 2003; Wakeham et al., 2012). The anammox process is also
86 proposed to have been an important N cycling process during Cretaceous oceanic
87 anoxic events (Kuypers et al., 2004), removing bio-available N for primary production
88 and forcing a shift in the phytoplankton community to nitrogen-fixing organisms.
89 However, whether anammox is a positive- or negative-feedback to anoxia during
90 sapropel formation is poorly understood. For instance, is the removal of N from the
91 system a way to quench primary productivity, the main source of the organic matter
92 that is remineralised and consuming oxygen? Or, does anammox simply contribute to
93 the continuous removal of N, much in the same way it does in modern euxinic basins
94 like the Cariaco Basin and the Black Sea? Studying the occurrence of anammox
95 during the propagation of sapropels might help clarify the role anammox plays in
96 maintaining anoxic conditions.

97 The presence of anammox in water column and sediments is usually inferred from
98 biomarker evidence of ladderane fatty acids. Ladderane lipids contain concatenated
99 cyclobutane rings (Fig. 1) and are synthesised exclusively by anammox bacteria
100 (Sinninghe Damsté et al., 2002). However, ladderanes are labile lipids and are known
101 to be susceptible to diagenetic modification in the sediment record (Rush et al.,
102 2012a; Jaeschke et al., 2008). An alternative biomarker for anammox bacteria in paleo-
103 records has recently been proposed to be bacteriohopanetetrol isomer (BHT isomer;
104 Fig. 1), a much less common stereoisomer of the ubiquitous BHT. Both BHT and BHT
105 isomer are synthesised by marine anammox bacteria ('*Ca. Scalindua sp.*') in roughly
106 equal amounts (Rush et al., 2014b). Notably, the synthesis of BHT isomer has also
107 been seen in a few other non-anammox, non-marine bacteria (van Winden et al.,
108 2012; Rosa-Putra et al., 2001; Peiseler and Rohmer, 1992), and, therefore, some care
109 should be taken when applying this lipid as a biomarker for anammox. However,
110 anammox is the only known marine source of BHT isomer, and BHT isomer has been
111 shown to correlate with ladderanes (Rush et al., 2014b) and metagenomic evidence
112 for anammox bacteria (Matys et al., 2017) in modern oxygen deficient marine settings.

113 Anammox bacteria use the carbon assimilation pathway acetyl co-enzyme A (Strous
114 et al., 2006). This pathway has been shown to result in the production of severely
115 depleted ladderane fatty acids, observed in both cultures and in the Black Sea water
116 column ($\delta^{13}\text{C} \sim -45\text{‰}$; Schouten et al., 2004). In cultures, a C₃₀ hopene also had
117 similar isotopically depleted values as the ladderane fatty acids. Isotopically depleted
118 BHT isomer ($\delta^{13}\text{C}$ value of -51‰) was detected in a singular Pliocene sapropel sample
119 in the Ionian Basin of the eastern Mediterranean (ODP Leg 160, Site 964) (Hemingway
120 et al., 2018). In the same sample, BHT was 21‰ more enriched than BHT isomer.
121 These results indicate that BHT isomer observed in a Mediterranean sapropel was
122 derived from anammox bacteria.

123 Three Mediterranean sapropel records were analysed for ladderanes and/or BHT
124 isomer. Here, for the first time, we report the presence of anammox in high resolution
125 Mediterranean sapropel records. We assess the periodic formation of anoxia in the
126 paleorecord of a constrained basin, and discuss its potential impact on N cycling.

127 2. Method

128 2.1. Sapropel cores

129 2.1.1. Recent S1 – S5 sapropels (Aegean Sea)

130 Core LC21 was collected at 1522 m water depth in the Aegean Sea (34°40'N, 26°35'E;
131 Fig. 2) by the R/V Marion Dufresne in 1995. The split cores have been stored in the
132 British Ocean Sediment Core Research Facility (BOSCORF) in Southampton, UK, and
133 were subsampled in 2014 for BHT analyses. A total of 19 sediments were collected
134 from sapropels S1, S3, S4, and S5, with a background sediment sample from outside
135 each sapropel (taken from sections either before or after the sapropel event).
136 Sediments were freeze-dried and stored at -20°C until extraction for ladderanes and
137 BHT isomer.

138 2.1.2. High-resolution S5 sapropel (Levantine Basin)

139 An S5 sapropel (core 64PE406-E1) was sampled in relatively high resolution (1-cm
140 slices) from a piston core taken at a water depth of 1760 m in the Eastern Basin
141 (Station 1; 33° 18 ' N, 33° 24' E; Fig. 2) aboard the R/V Pelagia in January 2016. The
142 core was opened and slices were immediately transferred to geochemical bags and
143 stored at -40°C until sediments were freeze-dried in preparation for ladderanes and
144 BHT isomer lipid extractions, as well as bulk TOC and isotopic analyses.

145 2.1.3. High-resolution Pliocene sapropel (Levantine Basin)

146 Site 967 of ODP Leg 160 was located at a water depth of 2560 m, south of Cyprus on
147 the lower northern slope of Eratosthenes Seamount, in the Eastern Levantine Basin
148 (34°04N, 32°33E; Fig. 2). 33 1-cm slices were selected from Hole B, Core 9, Section
149 6. These were from 40 – 87 cm within the core section, corresponding to depths of
150 79.70 – 80.16 meters below sea floor (mbsf). This sample set included sediments from
151 above, within, and below the sapropel horizon S65 (Grant et al. 2017), which was
152 characterised by dark coloured sediment. ODP Leg 160 shipboard biostratigraphic
153 studies (Emeis and Party, 1996) and subsequent astrochronologies were used to tune
154 the age model (Grant et al., 2017) that indicated the sediment for this core is of
155 Pliocene age, 2.67 Ma. Sediment was freeze-dried and prepared for lipid extraction
156 and TOC measurements.

157 2.2. TOC content

158 Ca. 0.1 g of freeze-dried sediments from LC21 and ODP 967 were weighed
159 individually into a porous crucible. HCl (1 mL, 4 mM) was added to remove any
160 inorganic carbon from the sediment. After HCl was drained, samples were neutralised
161 with deionised water, and were dried at 65 °C. TOC content of each sample was
162 obtained by means of non-dispersive infrared spectrometry using a LECO CS230
163 analyser. A standard (Chinese stream sediment, NCS DC 73307; LGC, Teddington,
164 UK) was analysed after every 10 samples to check accuracy. TOC content of the
165 64PE406-E1 sediments was determined by a Thermo Scientific Flash 2000 elemental
166 analyser coupled to a Thermo Scientific Delta V isotope ratio monitoring mass
167 spectrometer (EA-irMS) via a Conflo IV.

168 2.3. Bulk isotope measurements

169 Freeze dried 64PE406-E1 sediments were analyzed to determine both bulk $\delta^{15}\text{N}$ and
170 bulk $\delta^{13}\text{C}$ values. For carbon isotope analysis, the sediment was first decalcified using
171 a 2N HCL solution for approximately 18 h. The sediment was rinsed three times using
172 double-distilled water and then freeze-dried again. $\delta^{15}\text{N}_{\text{TOC}}$ and $\delta^{13}\text{C}_{\text{TOC}}$ were
173 measured using a Thermo Scientific EA-irMS (see above). The $^{15}\text{N}_{\text{TOC}}$ and $^{13}\text{C}_{\text{TOC}}$ are
174 expressed relative to air and the Vienna Pee Dee Belemnite (VPDB) standard,
175 respectively and the isotope analysis precision was 0.2 ‰. For nitrogen isotope
176 analysis, acetanilide, urea, and casein with predetermined isotope values were used
177 as reference material; for carbon analysis benzoic acid and acetanilide were used.

178

179 2.4. Lipid extractions

180 2.4.1. Bligh and Dyer lipid extractions

181 Freeze-dried sediments from LC21 (Aegean Sea; S1 – S5) and ODP 967 (Levantine
182 Basin; Pliocene) were extracted at Newcastle University using a modified Bligh and
183 Dyer extraction (BDE) method (Bligh and Dyer, 1959;Cooke et al., 2008). Briefly,
184 freeze-dried material was extracted in a 10:5:4 (v:v:v) mixture of
185 MeOH:chloroform:H₂O in a Teflon tube, sonicated for 15 min at 40°C, and centrifuged
186 for 10 min. After the supernatant was transferred to a second tube, the residue was
187 re-extracted two more times. The chloroform in the supernatant was separated and
188 collected from the aqueous phase by making H₂O:MeOH ratio 1:1 (v:v). This
189 procedure was repeated for the subsequent extractions. The collected BDE was dried

190 by rotary evaporation in a round-bottom flask. Lipid extraction on the high-resolution
191 S5 sapropel (64PE406-E1; Levantine Basin) was performed at NIOZ, where the
192 extraction protocol was similar, but instead used MeOH:Dichloromethane
193 (DCM):phosphate-buffer in the solvent mixtures (see Rush et al., 2012a). All BDE were
194 analysed for BHT isomer, where C₁₆ platelet activating factor (PAF) standard (1-O-
195 hexadecyl-2-acetyl-sn-glycero-3-phosphocholine) was added as an internal standard.
196 Aliquots from the 64PE406-E1 BDEs were taken for ladderane extractions.

197 2.4.2. Ladderane fatty acid extractions

198 Freeze-dried sediments of LC21 were also ultrasonically extracted 3 times using a
199 DCM/methanol mixture (2:1 v/v). Extracts of LC21 sediments were combined and
200 dried using rotary evaporation yielding the total lipid extract (TLE), and residues were
201 reserved for direct saponification. The LC21 TLEs, residues, and the aliquots of the
202 64PE406-E1 BDEs were saponified by refluxing with aqueous KOH (in 96% MeOH)
203 for 1h. Fatty acids were obtained by acidifying the saponified samples to a pH of 3 with
204 1N HCl in MeOH and extracted using DCM. The fatty acids were converted to their
205 corresponding fatty acid methyl esters (FAMES) by methylation with diazomethane. N₂
206 was not used to aid evaporation of solvents after derivatisation as this practice was
207 found to significantly decrease the yield of volatile short-chain ladderane fatty acids
208 (Rush et al., 2012a). Instead solvents were air dried. Polyunsaturated fatty acids
209 (PUFAs) were removed by eluting the sample over a small AgNO₃ (5%) impregnated
210 silica column with DCM. Fatty acid fractions were stored at 4 °C until analysis.

211 2.5. Lipid analyses

212 2.5.1. Analysis of derivatised BHT isomer (Newcastle University)

213 A known amount of internal standard (5 α -pregnane-3 β ,20 β -diol) was added to aliquots
214 of LC21 and ODP 967 for BHT isomer analysis. Samples were acetylated in 0.5 mL of
215 a 1:1 (v:v) mixture of pyridine and acetic anhydride at 50 °C for 1 h, then overnight at
216 room temperature. Solvent was dried on a 50°C heating block under a stream of N₂.
217 Samples were dissolved in MeOH:propan-2-ol (3:2; v:v), and filtered on 0.2 μ m PTFE
218 filters.

219 BHT isomer was analysed by high performance liquid chromatography coupled to
220 positive ion atmospheric pressure chemical ionization mass spectrometry

221 (HPLC/APCI-MS), using a data-dependent (3 events) scan mode on a system
222 equipped with an ion trap MS (Talbot et al., 2007;van Winden et al., 2012). Semi-
223 quantification of BHT isomer was achieved at Newcastle University using a BHT
224 standard gifted by M. Rohmer.

225 2.5.2. Analysis of non-derivatised BHT isomer (NIOZ)

226 BHT isomer of the high resolution S5 sapropel (64PE406-E1) was measured on non-
227 derivatised aliquots of BDEs using an ultra high performance liquid chromatography
228 (UHPLC)-Q Exactive Orbitrap MS with electrospray ionisation (Thermo Fischer
229 Scientific, Waltham, MA), using a method for analysis of intact polar lipids according
230 to (Wörmer et al., 2013). Briefly, separation was achieved on an Acquity BEH C18
231 column (Waters, 2.1x150 mm, 1.7 μ m) maintained at 30°C, using (A)
232 MeOH/H₂O/formic acid/14.8 M NH_{3aq} (85:15:0.12:0.04 [v/v/v/v]) and (B)
233 IPA/MeOH/formic acid/14.8 M NH_{3aq} (50:50:0.12:0.04 [v/v/v/v]) as eluent. The elution
234 program was: 95% A for 3 min, a linear gradient to 40% A at 12 min, and then to 0%
235 A at 50 min, which was maintained until 80 min. The flow rate was 0.2 mL min⁻¹.
236 Positive ion ESI settings were: capillary temperature, 300°C; sheath gas (N₂) pressure,
237 40 arbitrary units (AU); auxiliary gas (N₂) pressure, 10 AU; spray voltage, 4.5 kV; probe
238 heater temperature, 50°C; S-lens 70 V. Target lipids were analyzed with a mass range
239 of *m/z* 350–2000 (resolution 70,000 ppm at *m/z* 200), followed by data-dependent
240 tandem MS² with parameters as described by Besseling et al., (2018). The combined
241 extracted ion currents (within 3 ppm) of the protonated, ammoniated, and sodiated
242 adducts (*m/z* 547.472 + 564.499 + 569.454, respectively) were used to integrate BHT
243 isomer. The relative abundance of peak area does not necessarily reflect the actual
244 relative abundance of the different compounds; however, this method allows for
245 comparison between the samples analyzed in this study. BHT and BHT isomer were
246 baseline separated, and the MS² spectra of BHT and its isomer (Fig. S1) were
247 comparable to spectra of non-derivatised BHT published by Talbot et al. (2016b). MS
248 performance was continuously monitored, and matrix effects were assessed using the
249 PAF standard. Peak areas were corrected accordingly. However, as no commercially
250 available authentic standards were available for non-derivatised BHPs, semi-
251 quantitative BHT isomer abundance is reported as the integrated peak area response
252 (response unit, r.u.) for the Levantine S5 (64PE406-E1) record. Although quantification

253 in not possible, this method does allow for comparison of BHT isomer abundances
254 between samples as response factors should be identical across the S5 sample set.

255 2.5.3. Analysis of ladderane fatty acids

256 Methylated fatty acid fractions were dissolved in acetone, filtered through 0.45 μm , 4
257 mm diameter PTFE filters, and analysed by high performance liquid chromatography
258 coupled to positive ion atmospheric pressure chemical ionization tandem mass
259 spectrometry (HPLC/APCI-MS/MS) in selective reaction monitoring mode to detect the
260 four ladderane fatty acids and two short-chain ladderane fatty acids (Hopmans et al.,
261 2006; modified by Rush et al., 2011). Ladderanes were quantified using external
262 calibration curves of three standards of isolated methylated ladderane fatty acids (C₁₄-
263 [3]-ladderane fatty acid, C₂₀-[3]-ladderane fatty acid, and C₂₀-[5]-ladderane fatty acid)
264 (Hopmans et al., 2006;Rush et al., 2011;Rattray et al., 2008).

265 3. Results and Discussion

266 To test the hypotheses that (1) anaerobic ammonium oxidation occurred in the water
267 column during Mediterranean sapropel events, and (2) BHT isomer could be used as
268 a biomarker for anammox during these events, a suite of Quaternary and Pliocene
269 sapropels were examined.

270 3.1. Anammox lipids in S1 – S5 sapropels from the Aegean Sea

271 Sapropels spanning four of the most recent five events in the Aegean Sea were
272 sampled from core LC21 from the Aegean Sea and analysed for anammox biomarkers
273 (Fig. 3a). Ladderane fatty acids (i.e. C₁₈-[3]-ladderane fatty acid, and C₁₈-[5]-ladderane
274 fatty acid, C₂₀-[3]-ladderane fatty acid, and C₂₀-[5]-ladderane fatty acid; Fig. 1), the
275 traditional biomarkers for anammox bacteria (Jaeschke et al., 2009; Rush et al.,
276 2012a; Sinninghe Damsté et al., 2002), were found in the most recent sapropel (290 –
277 610 ng/g TOC; in S1, ~7 ka; Fig. 3a) in abundances comparable to those found in
278 sediments of the Peru Margin and Arabian Sea (Rush et al., 2012a). Conversely,
279 ladderanes were not detected in the sediment sampled directly below this sapropel
280 layer (out S1, Fig. 3a), indicating anammox was an important process during S1
281 deposition, but likely not before the onset of sapropel deposition. Ladderane
282 concentration progressively decreased with increasing age of the deeper sapropels:
283 80 – 170 ng/g TOC in S3 (~85 ka); not detected in S4 (~100 ka); and 0 – 90 ng/g TOC
284 in S5 (~125 ka). It is worth noting that 2 of the 3 sediments from within S5 did not
285 contain detectable ladderanes. This demonstrates the previously described sensitivity
286 of ladderane lipids to diagenesis (Rush et al., 2012a; Jaeschke et al., 2008), and
287 highlights their potential weakness as a biomarker proxy for past anammox bacteria
288 in ancient sediments. Residues of TLEs were also saponified for ladderane analysis,
289 as these have previously been shown to extend the detection of anammox in older
290 sediments by releasing more matrix-bound ladderanes (Rush et al., 2012a). However,
291 this did not show any difference in the presence of anammox (i.e. there was no
292 detection of ladderanes in residues in which the original TLEs did not contain these
293 biomarkers). The non-detection of ladderanes in most of the S5 samples is particularly
294 surprising as this is the most intense of the Late Quaternary sapropels (Struck et al.,
295 2001), having been described as analogous to the modern-day Black Sea (Menzel et
296 al., 2006). Since anammox is currently present and actively removing N in the cline of

297 a strong redox gradient (redoxcline) of the Black Sea (Jensen et al., 2008; Kuypers et
298 al., 2003), it was expected that anammox behaved similarly in the nitrogen cycle of the
299 Eastern Mediterranean during deposition of the S5 sapropel. Given that the oldest
300 detection of ladderanes comes from a slightly older record in the Arabian Sea
301 (Jaeschke et al., 2009), it is unclear why ladderane detection in S5 is sporadic.
302 Perhaps degradation is responsible for the rapid removal of ladderanes from the
303 system during deposition, or the low resolution in the S5 record made these specific
304 sediment depths not ideal targets for anammox activity.

305 Bacteriohopanetetrol isomer (BHT isomer; Fig. 1) has recently been proposed to be
306 an alternative biomarker for anammox bacteria in paleo-records (Rush et al., 2014b).
307 Our analysis of non-derivatised BHT isomer was based on the previously published
308 method analysing intact polar lipids via reverse phase liquid chromatography (Wormer
309 et al., 2013), and achieved better separation of BHT isomer from BHT compared to
310 the acetylated LC-MS method (cf. Rush et al., 2014b; Fig. S1). The concentration of
311 BHT isomer in the Aegean Sea sapropels showed a similar trend as ladderanes in the
312 shallow sediment layers (Fig. 3b): the concentration was high in S1 (71 – 360 µg/g
313 TOC), and low in the underlying sediment (12 µg/g TOC; out S1), in good agreement
314 with the ladderane data. In contrast, however, BHT isomer was detected in all deeper
315 sapropels at higher concentrations (64 – 180 µg/g TOC in S3; 67 – 90 µg/g TOC in
316 S4; and 68 – 160 µg/g TOC in S5) than the ladderanes. Sediments from outside the
317 sapropel had relatively low, but measurable BHT isomer concentration (8 – 17 µg/g
318 TOC). As BHT isomer was detected in all sapropels, including the oldest S5
319 sediments, it appears that the rapid removal of ladderanes from the system is due to
320 degradation during deposition. These results clearly demonstrate the utility of BHT
321 isomer as a biomarker for anammox in paleorecords compared to the more labile
322 ladderane lipids. A hemipelagic, light, non-sapropel sediment sampled between S3
323 and S4 contained neither ladderanes nor BHT isomer (Fig. 3; out S4), indicating a
324 period where anammox was likely not active in the Mediterranean nitrogen cycle.
325 Furthermore, the detection of BHT isomer in the non-sapropel sediments underlying
326 S1 and S5 and overlying S3 shows that this lipid is a better biomarker than ladderanes
327 for recording trace amounts of anammox throughout the history of the Mediterranean
328 system, especially in sediment deposited under oxic (bottom) water conditions.

329 3.2. High-resolution evidence shows anammox responds to marine redox shifts in
330 S5 sapropel record

331 To further investigate the occurrence of anammox during sapropel deposition, we
332 analysed in high resolution the well-developed S5 (TOC content up to 12%; Fig. 4)
333 recovered from the Levantine Basin in the Eastern Mediterranean during a cruise of
334 the R/V Pelagia in 2016 (64PE406-E1; Fig. 2). X-Ray Fluorescence scanning of this
335 core showed no peak in Mn/Ti in the top of the sapropel, indicating this S5 record does
336 not contain the burndown effect of oxygen diffusing downward post-deposition
337 (Dirksen et al., 2019). This was corroborated by the Ba/Ti record, used as a proxy for
338 paleo-productivity, which followed the same trend as organic carbon throughout this
339 sapropel. Thus, it was expected that ladderane fatty acids would be preserved in the
340 high TOC sediments of this S5 record. However, in line with the earlier results of
341 ladderane analyses for S5 in the Aegean Sea record, the results from the Levantine
342 Basin were inconclusive. Ladderanes were detected in all, except two, of the thirty
343 sapropel samples, but were at the detection limit (i.e. peak area of 3x background),
344 preventing interpretation of the ladderane profile in S5. The cause of low ladderane
345 concentration even in sediments with high TOC may be due to unknown degradation
346 in Mediterranean sapropel sediments, and future work should include anoxic
347 degradation experiments with anammox biomass to elucidate potential mechanisms.

348 The BHT isomer does not appear to have been affected by degradation in the same
349 way as ladderane lipids; it was above detection limit in all S5 sediments (Fig. 4b). The
350 concentration of BHT isomer increased progressively by a factor of 10 from the onset
351 of S5 until the core of the sapropel event (from average pre-sapropel value $2.69 \text{ E}+11$
352 r.u./g TOC to $2.28 \text{ E}+12$ r.u./g TOC at 33 – 34 cm core depth; Fig. 4) and then waned
353 until the termination. This indicates that anammox was an important process during
354 the formation of S5, actively removing nitrogen from the marine system. Photic zone
355 euxinia has been observed in cores from the western part of the Eastern Basin during
356 S5 formation by the identification of isorenieratene (Marino et al., 2007; Rohling et al.,
357 2006). Isorenieratene is a biomarker lipid for the brown strains of the photosynthetic,
358 green sulfur bacteria (*Chlorobiaceae*). These organisms require the unique conditions
359 of light, albeit at relatively low intensity, *and* euxinic waters, as they are very sensitive
360 to the presence of molecular oxygen (Overmann et al., 1992). Although anammox
361 bacteria are inhibited by the presence of free sulfide, they likely thrived at the

362 redoxcline during deposition of S5 (Fig. 5a). This is the case, for instance, in the
363 modern Black Sea: at 90 m water depth, where oxygen and sulfide concentrations are
364 both low and nitrite and ammonium are readily available, the presence and activity of
365 anammox has been confirmed via rate measurements and ladderane biomarker
366 observations (Kuypers et al., 2003; Jensen et al., 2008).

367 There are two considerable peaks in BHT isomer that fall outside of the S5 trend (Fig.
368 4b), occurring at the onset (2.43×10^{12} r.u./g TOC; 46 – 47 cm core depth) and
369 termination (1.12×10^{12} r.u./g TOC; 16 – 17 cm core depth) of the sapropel. Sea-level
370 rise and gradual freshening of the Mediterranean are believed to have caused a
371 stepwise removal of oxygen and subsequent slow build-up of anoxia ca. 3 kyr before
372 the (massive) freshwater discharge from the African continent instigated the real onset
373 of S5 (Schmiedl et al., 2003). The intense anammox peak pre-sapropel formation
374 could be a response to this marine redox shift (Fig. 5a). Anammox would have thrived,
375 consuming the residual low-levels of ammonium and nitrite in an anoxic Mediterranean
376 water column. Then, once monsoonal discharge brought in the initial pulse of nutrients
377 from the Nile, the slow-growing anammox bacterial population would have been
378 rapidly outcompeted by heterotrophic denitrifiers consuming sinking organic carbon
379 being produced in the overlying oxic waters. As S5 progressed and N supply became
380 scarcer, anammox would have repopulated the niche of redoxcline N-remover at core
381 sapropel conditions. The peak of BHT isomer observed at S5 termination (Fig. 4)
382 shows that the conditions were again favourable for anammox to thrive. However, this
383 may have occurred at the anoxic sediment-water interface, rather than in the water
384 column, where low concentrations of nitrite and ammonium could have persisted from
385 the degradation of organic matter settling on the seafloor after the re-oxidation of the
386 water column. The BHT isomer ratio (BHT isomer/total BHT; Sáenz et al., 2011)
387 normalises the contribution of the anammox biomarker to other potential sources of
388 BHT. The ratio in the S5 record (Fig. 4c) showed the same trend as BHT isomer
389 concentration in the sapropel (e.g. the ratio was highest during the core sapropel, 0.58
390 at 30 – 32 cm, and showed distinct peaks at its onset and termination). The slight
391 decrease in BHT isomer ratio before and after the sapropel event is likely due to an
392 increased production of BHT by other bacterial sources, rather than a change of the
393 BHT isomer producer.

394 Short-chain (SC) ladderane fatty acids (i.e. C₁₄-[3]-ladderane fatty acid and C₁₄-[5]-
395 ladderane fatty acid; Fig. 1) are oxic biodegradation products of ladderane fatty acids
396 (Rush et al., 2011), and are used to infer exposure of ladderane lipids to oxic
397 conditions either pre- or post-deposition. SC ladderane fatty acids were only detected
398 in three of the S5 sediments (Fig. 4b), specifically at sapropel onset (46 – 47 cm core
399 depth) and termination (15 – 16 cm and 16 – 17 cm core depth). This implies that
400 during sapropel maximum, anammox was thriving at the Mediterranean redoxcline.
401 Anammox detritus would then have sunk through an anoxic (euxinic) ‘Black Sea’ water
402 column, unexposed to oxygen and the effects of β -oxidation that produces SC
403 ladderane fatty acids (Rush et al., 2011). This has been seen in the modern Cariaco
404 Basin, where ladderanes are observed, but SC ladderanes are absent (Rush et al.,
405 2012a). The presence of SC ladderanes at the onset and termination, yet absence in
406 the core S5 record, could also corroborate the concept of “split-anoxia” (as proposed
407 for S1 by Bianchi et al., 2006), which hypothesizes for the first 100 to 1000+ years of
408 sapropel formation euxinia was present as a mid-depth “oxygen minimum zone”,
409 rather than a continuation from the seafloor. During these periods where the water
410 column was not fully euxinic, ladderanes would have been oxidised to SC ladderanes
411 in the underlying waters, which would have contained a certain amount of available
412 oxygen. Alternatively, as productivity waned, sedimentation rates would have
413 decreased in the Levantine Basin. Lower sedimentation rates at the onset and
414 termination of S5 would suggest a longer residence time of ladderanes in sediment
415 that would periodically be exposed to (sub)oxic bottom water conditions. Oxic water
416 in-flow of pore waters would have stimulated the β -oxidation responsible for SC
417 ladderane formation (Rush et al., 2011). It is worth noting that in the low-resolution
418 Aegean Sea sample set (LC21), all samples from S1 and S3 that contained
419 ladderanes also contained a high concentration of SC-ladderane fatty acids, whereas
420 the singular S5 sediment did not contain SC ladderanes. This would appear to indicate
421 that the Aegean water column during S1 and S3 deposition was not fully euxinic, and
422 that S5 in the Aegean mirrored the euxinic Levantine Basin.

423 Nitrogen isotope ratios ($\delta^{15}\text{N}$) values of bulk nitrogen in S5 sediment show a strong
424 shift towards low values within the sapropel (Fig. 4a), a feature seen in most sapropels
425 (Calvert et al., 1992; Sachs and Repeta, 1999; Struck et al., 2001; Higgins et al.,
426 2010; Mobius et al., 2010). This could potentially be explained by either enhanced

427 diazotrophic N₂-fixation because N was limited in the system (Mobius et al., 2010), or
428 the preferential uptake and burial of ¹⁴N when nitrate is present in excess and primary
429 producers have the opportunity to fractionate maximally (Calvert et al., 1992). As a
430 biomarker for N removal from the system was not available, previous work has only
431 been able to approach this conundrum with evidence for N fixation processes. Using
432 isotopic evidence of diazotrophic phytoplankton, Sachs and Repeta (1999) and
433 Higgins et al. (2010) argue that Mediterranean surface water was nitrogen-limited
434 during sapropel events. Here, for the first time, we present evidence of N loss in a
435 Mediterranean sapropel using BHT isomer as an anammox biomarker. The fact that
436 BHT isomer concentration increases towards the core of S5 appears to suggest that
437 N species were not limited, and rather that freshwater run-off could be resupplying
438 these nutrients to microorganisms in the water column and enhancing the pool of N.
439 However, anammox thrive at the redoxclines of modern oxygen minimum zones
440 (Pitcher et al., 2011;Rush et al., 2012b) and euxinic basins (Wakeham et al.,
441 2012;Kuypers et al., 2003), where pulses of “fresh” N species do not necessarily
442 reach. At the S5 ‘Black Sea type’ redoxcline, anammox did not need a riverine supply
443 of N, but could have instead been sustained by the advection of N from deeper waters
444 (Rohling et al., 2006) or by N remineralised from the sinking pool of (diazotrophic)
445 organic matter from above. We can interpret BHT isomer results as N removal by
446 anammox was at its highest flux during core S5 sapropel conditions, and that the
447 anammox process appears to play an integral role in N cycling during sapropel events.

448 3.3. Anammox distribution varies between sapropel formations: evidence from a 449 Pliocene sapropel event

450 To confirm that anaerobic ammonium oxidation has occurred throughout the history of
451 anoxia in the Mediterranean basin, not only in the most recent Quaternary sapropels,
452 BHT isomer concentration was analysed across a high-resolution Pliocene sapropel
453 (ODP Leg 160, Site 967; Fig. 2). The Ba record of this sapropel shows the same trend
454 with depth as TOC, indicating no significant burndown of organic matter after its
455 deposition (Grant et al., 2017). BHT isomer is present throughout this older record
456 (Fig. 6b), and as the BHT isomer ratio (BHT isomer/total BHT) is consistently elevated
457 (average 0.48; Fig. 6c), anammox is the likely source in the entirety of the record.
458 Much like the trend seen in the S5 Levantine sapropel, sapropel S65 showed two
459 distinct peaks in BHT isomer concentration at its onset (110 – 240 µg/ g TOC; 69 – 73

460 cm core depth) and termination (640 – 1100 µg/g TOC; 54 – 59 cm core depth).
461 However, BHT isomer concentration displayed a distribution different to that of the S5
462 record during the core Pliocene sapropel event (Fig. 6b). BHT isomer concentration
463 was low, likely representing unfavourable conditions for anammox during this
464 sapropel. Isorenieratene has been detected in the Pliocene record of Site 967, albeit
465 in a different sapropel event (Menzel et al., 2002). It is possible that euxinia shoaled
466 further into the photic zone during this Pliocene sapropel, forcing anammox at the
467 redoxcline to compete for N with phytoplankton (Fig. 5b). Anammox would have
468 therefore only thrived during the build-up and termination periods when photic zone
469 euxinia would have been deeper/less intense. Nevertheless, this hypothesis should
470 be confirmed through future analysis of photic zone euxinia biomarkers (e.g.
471 isorenieratene). There was a spike in BHT isomer concentration mid-sapropel that
472 coincided shortly after with a decrease in TOC (65 – 67 cm core depth; Fig. 6a). Mid-
473 sapropel breaks have been reported elsewhere, as repopulation events of benthic
474 fauna (e.g. Rohling et al., 1993), and could be due to inflow of freshly ventilated deep-
475 water. Re-ventilation would have directly stimulated anammox bacteria that were
476 inhibited by euxinia, whereas there may have been a slight delay on the effect of
477 decreasing TOC (Fig. 5b). The concentration of BHT isomer was still high after
478 sapropel deposition (~250 µg/g TOC; <40 cm core depth), relative to that pre-sapropel.
479 This may indicate that the anammox process remained an important N process in the
480 Mediterranean after bottom water anoxia waned.

481 Combined, the high-resolution results from the S5 and Pliocene sapropels indicate
482 that the functioning of anammox is not always the same during periods of
483 Mediterranean anoxia. This demonstrates that the response of the N cycle to anoxic
484 conditions can vary drastically from one sapropel event to the next.

485

486 4. Conclusion

487 BHT isomer, a lipid synthesised by marine anaerobic ammonium oxidising (anammox)
488 bacteria, was detected at high concentration in all Mediterranean sapropel sediments.
489 This study highlights the potential of BHT isomer as a biomarker for anammox during
490 past periods of basin-wide anoxia. It is also apparent that the response of anammox
491 to shifts in redox conditions during anoxia is not consistent between sapropel events.

492 The anammox peak in S5 occurred during core sapropel conditions, whereas
493 anammox responded in an opposite trend in the Pliocene sapropel record.

494 Investigating the variability of anammox in these sapropel events may enhance our
495 understanding of N cycling during other periods of intense organic matter deposition
496 in the past. Sapropel features have been found in the sediment records of different
497 marginal seas (e.g. Japan Sea, Red Sea; cf. Emeis et al., 1996). The restricted
498 paleogeography during Oceanic Anoxic Events is also thought to have contributed to
499 the propagation of anoxia in the Cretaceous and Jurassic. BHT isomer can possibly
500 be used to explore the role anammox may have played in these basin anoxic events.
501 The residence time of BHT isomer in marine sediment records likely does not extend
502 beyond the Early Cretaceous (van Dongen et al., 2006; Talbot et al., 2016a). However,
503 BHT isomer can be applied to the Paleocene-Eocene Thermal Maximum (PETM; 55
504 Ma). Thermally stable lipid products of anammox biomass (Rush et al., 2014a) could
505 serve as alternative biomarkers for anammox in more mature sediments from the
506 Cretaceous and Jurassic. Furthermore, investigating the compound-specific isotope
507 values of BHT isomer in a marine sample set will strengthen the use of BHT isomer
508 as a biomarker for anammox.

509

510

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702 Figure Captions

703 Figure 1. Structures of anammox biomarker lipids used in this study.
704 Bacteriohopanetetrol (BHT); bacteriohopanetetrol stereoisomer (BHT isomer),
705 unknown stereochemistry; ladderane fatty acids with 3 or 5 cyclobutane moieties and
706 18 or 20 carbon atoms; short-chain ladderane fatty acids with 3 or 5 cyclobutane
707 moieties and 14 carbon atoms.

708 Figure 2. Map of the eastern Mediterranean showing the locations of sapropel cores
709 used in this study. LC21: low-resolution S1, S2, S3, and S5 sapropels from the Aegean
710 Sea; 64PE406: high-resolution S5 sapropel from the Levantine Basin; ODP 967: high-
711 resolution Pliocene sapropel from the Levantine Basin. Map created with
712 SimpleMapp: Shorthouse, David P. 2010. SimpleMapp, an online tool to produce
713 publication-quality point maps.

714 Figure 3. Scattered distribution of (a) ladderane fatty acid concentration and (b) BHT
715 isomer concentration in four recent sapropels (S1 - S5; 7 - 125 ka) from the Aegean
716 Sea (R/V Marion Dufresne LC21). Circles denote data points, and lines are the mean
717 markers when data points are not equal.

718 Figure 4. (a) Total organic carbon (TOC) content, isotope values of bulk nitrogen ($\delta^{15}\text{N}$)
719 and carbon ($\delta^{13}\text{C}$), (b) BHT isomer concentration (circles) and presence of short-chain
720 (SC) ladderane fatty acids (stars), and (c) BHT isomer ratio through a high resolution
721 S5 sapropel record from site 64PE406 (R/V Pelagia) in the Levantine Basin. The
722 sapropel is indicated by the darker sediment. Core photo provided by R. Hennekam.

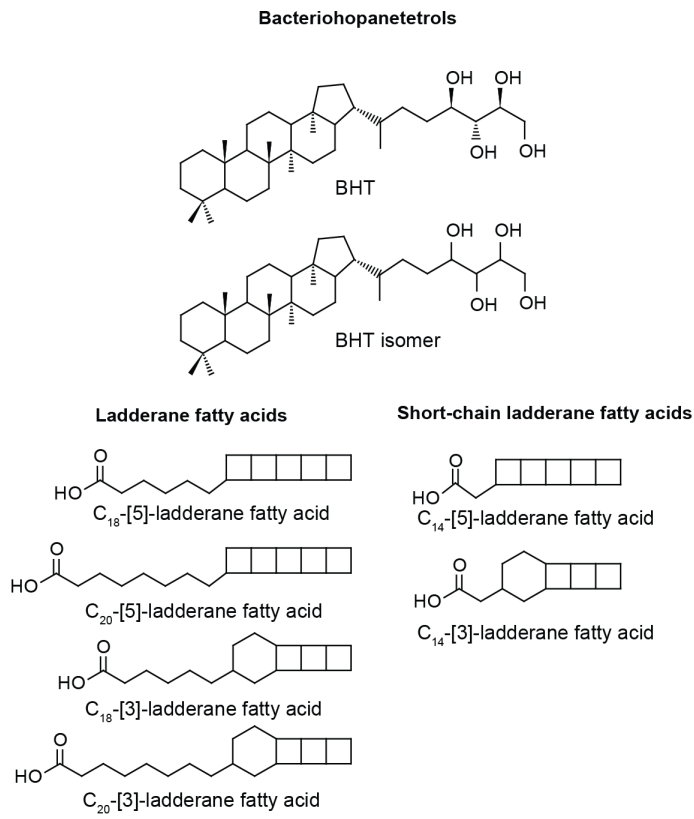
723 Figure 5. Hypothesised temporal evolution of anammox in the Levantine Basin water
724 column during sapropel formations. a) scenario of S5, b) scenario of Pliocene S65.
725 Depth not to scale. Proposed niches for anammox bacteria are shaded in dotted red.
726 Light grey area represents water column anoxia; dark grey is euxinia. Stars denote
727 periods when short chain ladderanes were formed by β -oxidation in the oxic water
728 column. Figure should be used as a guide for the text.

729 Figure 6. (a) Total organic carbon (TOC) content, (b) BHT isomer concentration, and
730 (c) BHT isomer ratio through a Pliocene sapropel (2.67 Ma) from the Levantine Basin
731 (ODP Leg 160 Site 967). The sapropel is indicated by the darker sediment. Core photo
732 provided by L. Handley.

733 Supplemental Figure 1. (a) High resolution MS analysis of 64PE406-E1 core depth 46
734 – 47 cm. (a) Base peak chromatogram, (b) combined extracted ion currents (within 3
735 ppm) of protonated, ammoniated, and sodiated adducts (m/z 547.472 + 564.499 +
736 569.454, respectively) of non-derivatised BHT and BHT isomer, (c) averaged orbitrap
737 HRMS² (n = 6) of the BHT isomer ammoniated adduct ($[M+NH_4]^+$; m/z 564.499).

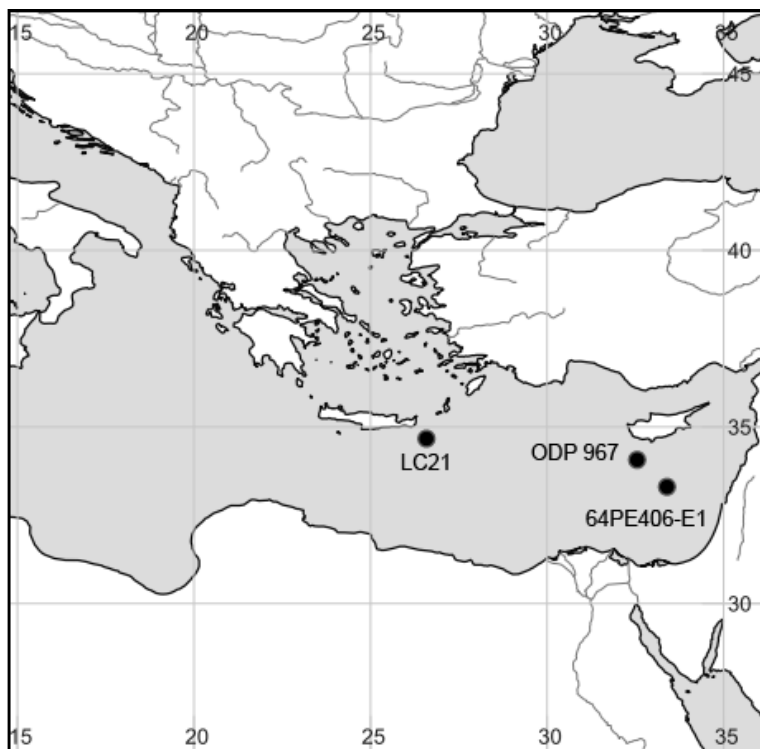
738 Figures

739 Figure 1



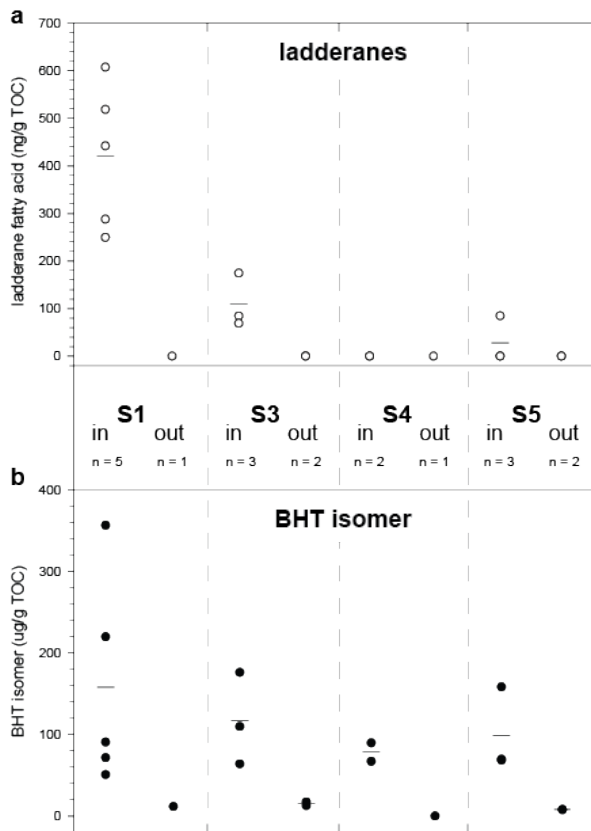
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741 Figure 2



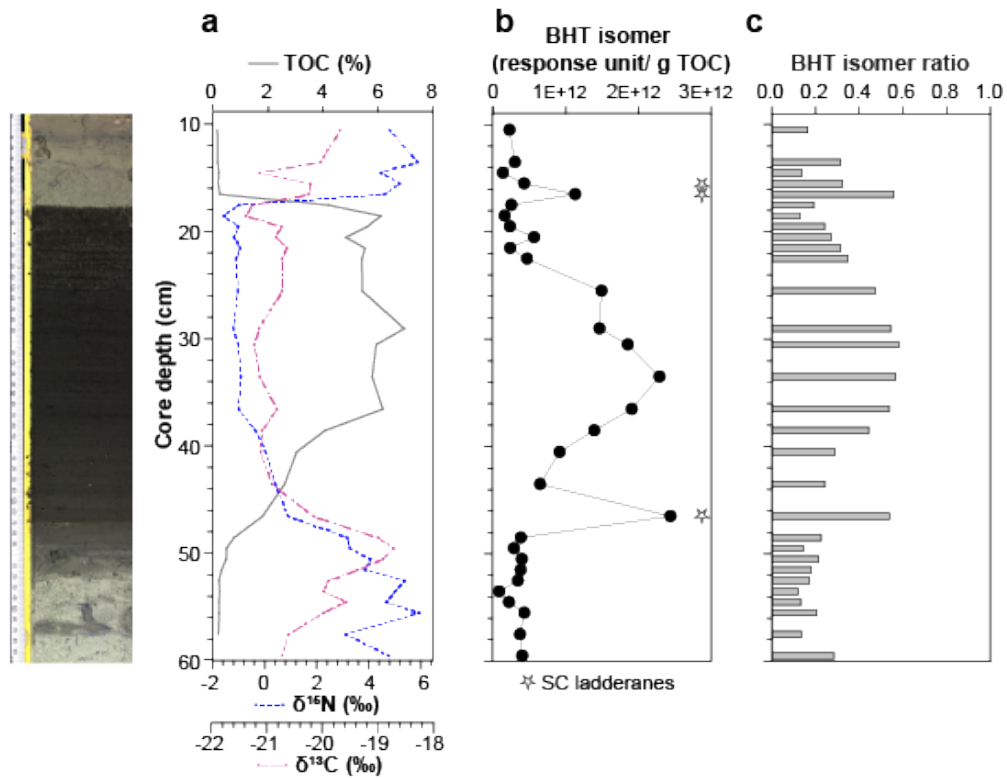
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743 Figure 3



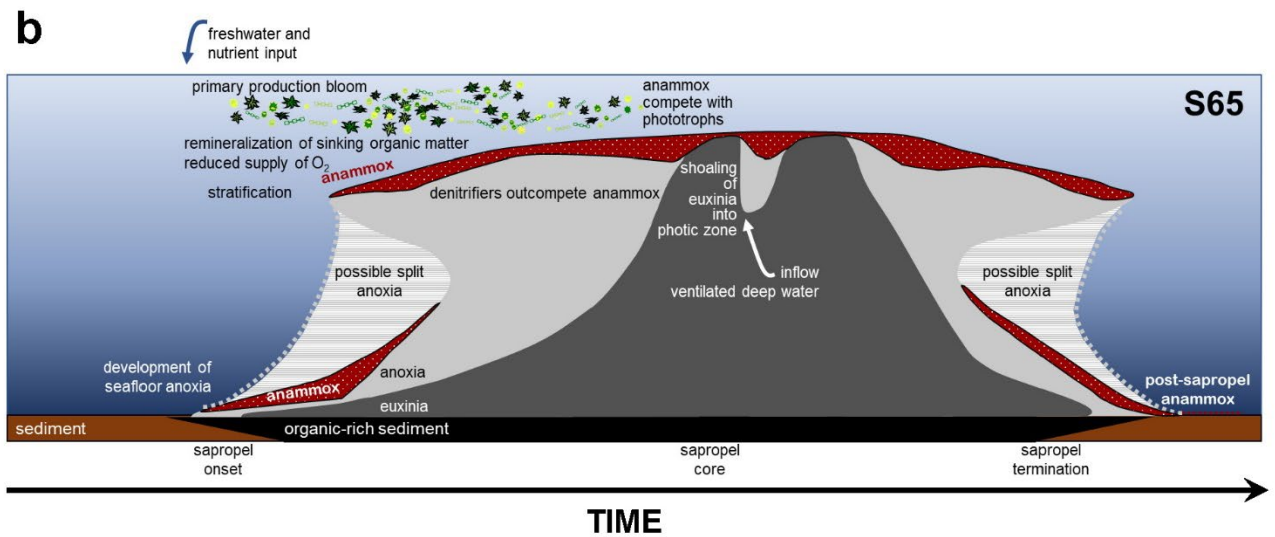
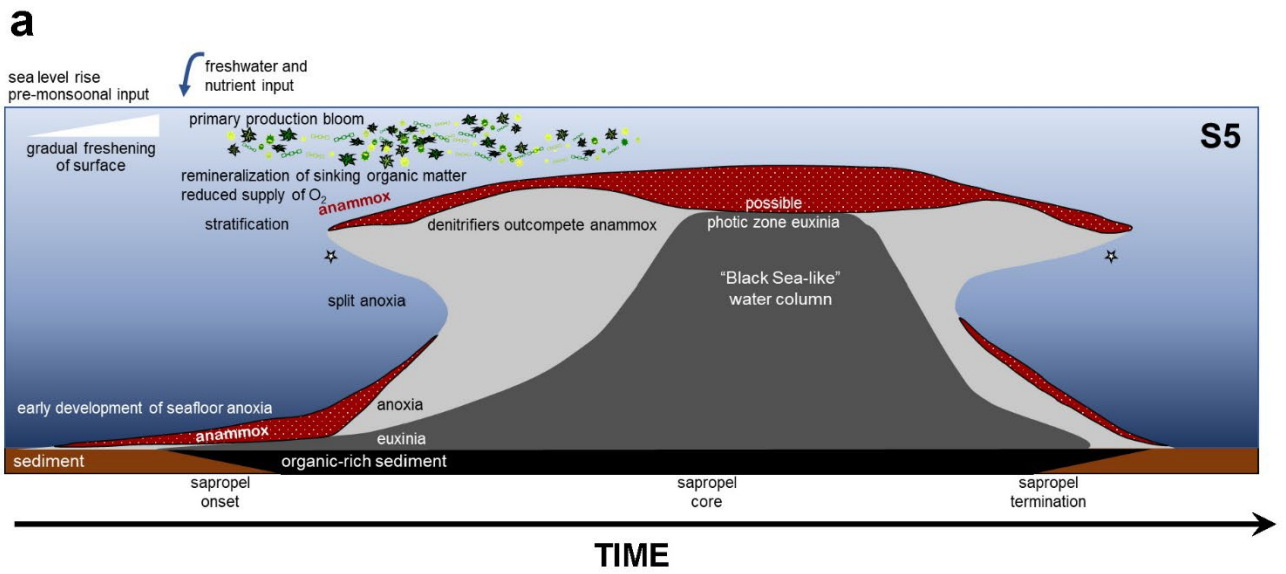
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745 Figure 4



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747 Figure 5



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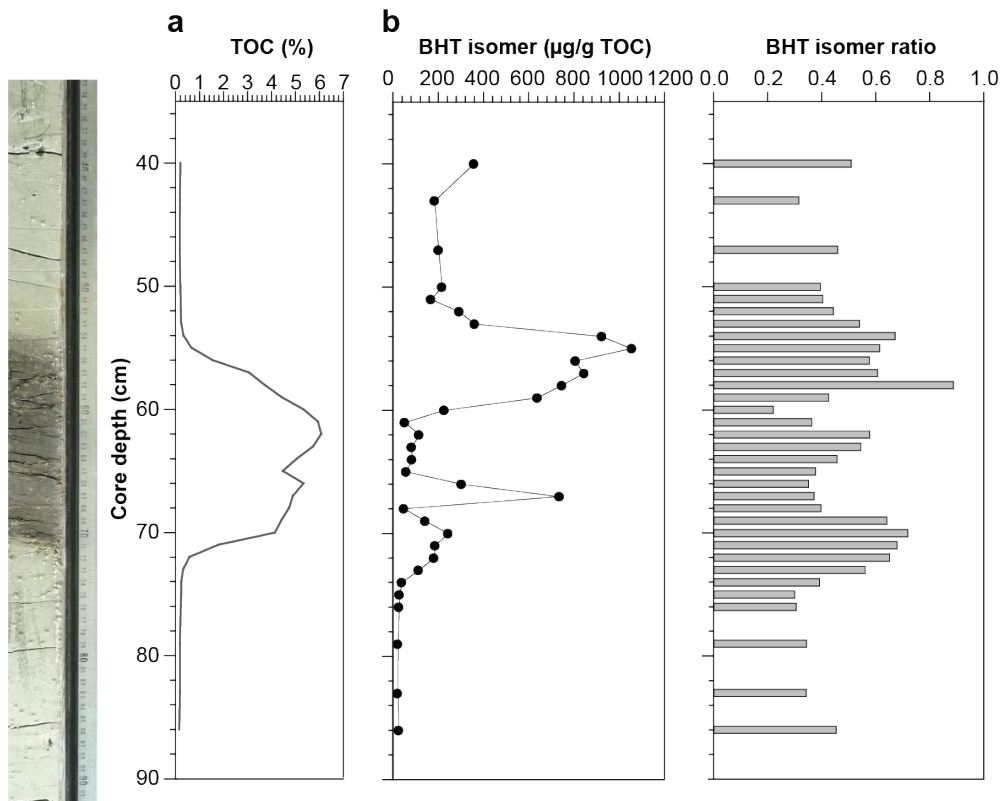
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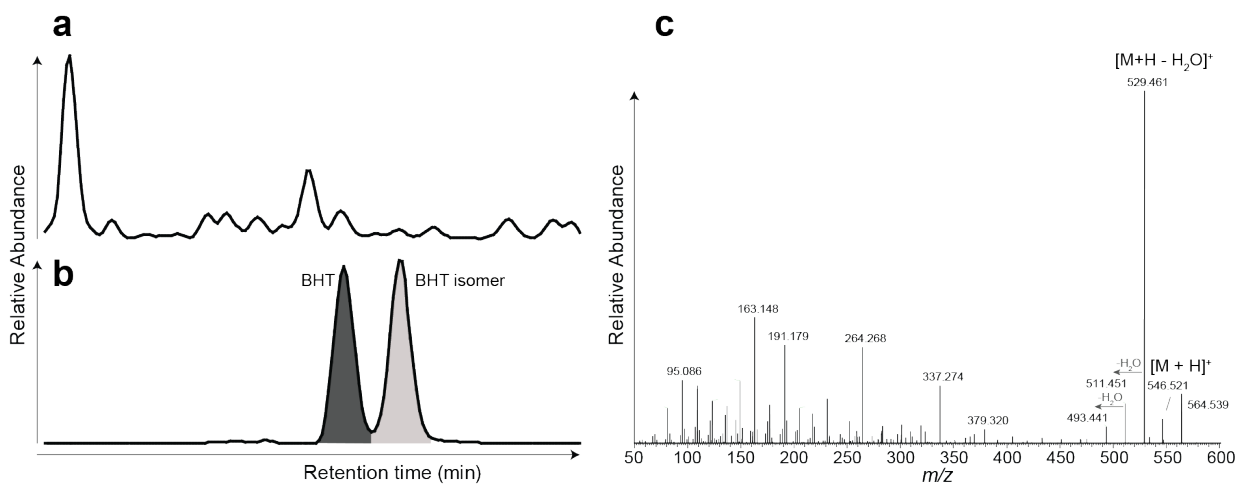
755 Figure 6



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757

758 Sup Fig 1.



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