

Biomarker evidence for the occurrence of anaerobic ammonium oxidation in the eastern Mediterranean Sea during Quaternary and Pliocene sapropel formation

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Keywords: anaerobic ammonium oxidation, sapropel, nitrogen cycle, ladderane, bacteriohopanetetrol, BHT isomer

1 Abstract

2 The eastern Mediterranean Sea sedimentary record is characterised by intervals of
3 organic rich sapropel sediments, indicating periods of severe anoxia triggered by
4 astronomical forcing. It has been hypothesized that nitrogen fixation was crucial in
5 injecting the Mediterranean Sea with bioavailable nitrogen (N) during sapropel events.
6 However, the evolution of the N biogeochemical cycle of sapropels is poorly
7 understood. For example, the role of the complementary removal reactions like
8 anaerobic ammonium oxidation (anammox) has not been investigated because the
9 traditional lipid biomarkers for anammox, ladderane fatty acids, are not stable over
10 long periods in the sedimentary record. Using alternative lipid biomarker for anammox,
11 bacteriohopanetetrol stereoisomer (BHT isomer), we present here for the first time N
12 removal throughout the progression, e.g. formation, propagation, and termination, of
13 basin-wide anoxic events. BHT isomer and ladderanes were analysed in sapropel
14 records taken from three Eastern Mediterranean sediment cores, spanning S1 to
15 Pliocene sapropels. Ladderanes were rapidly degraded in sediments, as recently as
16 the S5 sapropel. BHT isomer, however, was present in all sapropel sediments, as far
17 back as the Pliocene, and clearly showed the response of anammox bacteria to marine
18 water column redox shifts in high-resolution records. Two different N removal
19 scenarios were observed in Mediterranean sapropels. During S5, anammox
20 experienced Black Sea-like water column conditions, with the peak of BHT isomer
21 coinciding with the core of the sapropel. Under the alternative scenario observed in
22 the Pliocene sapropel, the anammox biomarker peaked at onset and termination of
23 said sapropel, which may indicate sulphide inhibition of anammox during the core of
24 sapropel deposition. This study shows the use of BHT isomer as a biomarker for
25 anammox in the marine sediment record and highlights its potential in reconstructing
26 anammox during past anoxic events that are too old for ladderanes to be applied, e.g.
27 the history of oxygen minimum zone expansion and oceanic anoxic events.

28 1. Introduction

29 The typical hemipelagic, carbonate-rich, organic carbon-poor sediment record of the
30 eastern Mediterranean Sea is periodically interspersed with dark, organic-rich layers,
31 known as sapropels. Sapropels typically have total organic carbon (TOC) content
32 of >2%, a striking contrast to non-sapropel TOC-lean sediments in the area, with TOC
33 contents of generally 0.2 – 0.6% (Cramp and O'Sullivan, 1999; Mobius et al., 2010).
34 Evidence of Mediterranean sapropels can be found as far back 13.5 Ma in the
35 sedimentary record. These features are the result of changes in astronomical forcing
36 (Rossignol-Strick, 1983). Briefly, at maximum insolation, a wetter, localised
37 monsoonal climate caused an increased discharge of freshwater into the Eastern
38 Mediterranean mainly from the African continent. This brought terrestrial nutrients into
39 the oligotrophic Eastern Basin, while at the same time forming a layer of lower salinity
40 water at the surface of the Mediterranean, inhibiting ventilation of deeper waters (for
41 recent review see Rohling et al., 2015). The consequences of these climate-induced
42 changes were (1) an increase in primary productivity followed by remineralisation and
43 increased oxygen consumption in the underlying waters, and (2) reduced resupply of
44 oxygen to bottom waters leading to a ventilation crisis in the Mediterranean.
45 Combined, this led to the total depletion of oxygen (anoxia) (Sinninghe Damsté and
46 Hopmans, 2008), and raised levels of hydrogen sulfide (euxinia) during the most
47 intense sapropel events (cf. Menzel et al., 2002). The depletion of oxygen is believed
48 to have started first in the pore and bottom waters and progressively shoaled over
49 hundreds of years until the Mediterranean was characterised by photic zone
50 anoxia/euxinia. There is some dispute over whether high TOC values observed in
51 sapropel sediments is primarily due to enhanced productivity, better preservation
52 under anoxic conditions, or a combination of both.

53 The degree of oxygen depletion and presence of euxinic conditions for individual
54 sapropels can vary according to the strength of astronomical forcing. A recent
55 sapropel, S5 (121 – 128.5 ka), is the most well-developed Late Quaternary sapropel,
56 characterised by high TOC content (ca. 7 – 8 %, max. 12%), low bioturbation, and
57 evidence for photic zone euxinia (Marino et al., 2007; Rohling et al., 2006; Struck et al.,
58 2001). In comparison, however, certain Pliocene sapropels have been shown to
59 contain much more elevated TOC content, of up to 30% (Nijenhuis and de Lange,
60 2000), suggesting that sapropels from these periods are more developed. Spatial

61 variation also occurs during sapropel formation, with TOC-rich horizons more
62 commonly forming in the east of the basin, but oxygen depletion not necessarily being
63 stronger in the east (cf. Menzel et al., 2002).

64 The reorganisation of nutrient cycles, e.g. the phosphorus (P) cycle (Slomp et al.,
65 2004), and the nitrogen (N) cycle (Calvert et al., 1992; Higgins et al., 2010) can impact
66 the production and preservation of organic matter during the formation of
67 Mediterranean sapropels. It has been shown that the anoxic water column during
68 sapropel deposition caused enhanced regeneration of sedimentary P (Slomp et al.,
69 2002). If sporadic vertical mixing then brought P to the photic zone, this would have
70 further offset the Redfield ratio. The input of terrestrial N was likely insufficient to
71 balance the enhanced sedimentary P remineralisation that occurred in the newly
72 anoxic water column. This would have shifted phytoplankton communities towards
73 diazotrophy (Higgins et al., 2010).

74 It appears that under anoxic water column conditions in the Mediterranean, N might
75 already have been a limiting nutrient. However, N can also be removed from the
76 marine system via denitrification and anaerobic ammonium oxidation (anammox)
77 (Ward, 2013). Anammox is the oxidation of ammonium using nitrite as the electron
78 acceptor to produce N₂, and is performed by anaerobic, sulfide-sensitive (Jensen et
79 al., 2008), chemolithoautotrophic bacteria (Strous et al., 1999). Anammox has been
80 observed in the water columns of modern oxygen minimum zones (Hamersley et al.,
81 2007; Pitcher et al., 2011; Rush et al., 2012b), and euxinic basins (Jensen et al.,
82 2008; Kuypers et al., 2003; Wakeham et al., 2012). The anammox process is also
83 proposed to have been an important N cycling process during Cretaceous oceanic
84 anoxic events (Kuypers et al., 2004), removing bio-available N for primary production
85 and forcing a shift in the phytoplankton community to nitrogen-fixing organisms.
86 However, whether anammox is a positive- or negative-feedback to anoxia during
87 sapropel formation is poorly understood. For instance, is the removal of N from the
88 system a way to quench primary productivity, the main source of the organic matter
89 that is remineralised and consuming oxygen? Or, does anammox simply contribute to
90 the continuous removal of N, much in the same way it does in modern euxinic basins
91 like the Cariaco Basin and the Black Sea? Studying the occurrence of anammox
92 during the propagation of sapropels might help clarify the role anammox plays in
93 maintaining anoxic conditions.

94 The presence of anammox in water column and sediments is usually inferred from
95 biomarker evidence of ladderane fatty acids. Ladderane lipids contain concatenated
96 cyclobutane rings (Fig. 1) and are synthesised exclusively by anammox bacteria
97 (Sinninghe Damsté et al., 2002). However, ladderanes are labile lipids and are known
98 to be susceptible to diagenetic modification in the sediment record (Rush et al.,
99 2012a; Jaeschke et al., 2008). An alternative biomarker for anammox bacteria in paleo-
100 records has recently been proposed to be bacteriohopanetetrol isomer (BHT isomer;
101 Fig. 1), a much less common stereoisomer of the ubiquitous BHT. Both BHT and BHT
102 isomer are synthesised by marine anammox bacteria ('*Ca. Scalindua sp.*') in roughly
103 equal amounts (Rush et al., 2014b). Notably, the synthesis of BHT isomer has also
104 been seen in a few other non-anammox, non-marine bacteria (van Winden et al.,
105 2012; Rosa-Putra et al., 2001; Peiseler and Rohmer, 1992), and, therefore, some care
106 should be taken when applying this lipid as a biomarker for anammox. However,
107 anammox is the only known marine source of BHT isomer, and BHT isomer has been
108 shown to correlate with ladderanes (Rush et al., 2014b) and metagenomic evidence
109 for anammox bacteria (Matys et al., 2017) in modern oxygen deficient marine settings.

110 Anammox bacteria use the carbon assimilation pathway acetyl co-enzyme A (Strous
111 et al., 2006). This pathway has been shown to result in the production of severely
112 depleted ladderane fatty acids, observed in both cultures and in the Black Sea water
113 column ($\delta^{13}\text{C} \sim -45\%$; Schouten et al., 2004). In cultures, a C_{30} hopene also had
114 similar isotopically depleted values as the ladderane fatty acids. Isotopically depleted
115 BHT isomer ($\delta^{13}\text{C}$ value of -51%) was detected in a singular Pliocene sapropel sample
116 in the Ionian Basin of the eastern Mediterranean (ODP Leg 160, Site 964) (Hemingway
117 et al., 2018). In the same sample, BHT was 21‰ more enriched than BHT isomer.
118 These results indicate that BHT isomer observed in a Mediterranean sapropel was
119 derived from anammox bacteria.

120 Three Mediterranean sapropel records were analysed for ladderanes and/or BHT
121 isomer. Here, for the first time, we report the presence of anammox in high resolution
122 Mediterranean sapropel records. We assess the periodic formation of anoxia in the
123 paleorecord of a constrained basin, and discuss its potential impact on N cycling.

124 2. Method

125 2.1. Sapropel cores

126 2.1.1. Recent S1 – S5 sapropels (Aegean Sea)

127 Core LC21 was collected at 1522 m water depth in the Aegean Sea (34°40'N, 26°35'E;
128 Fig. 2) by the R/V Marion Dufresne in 1995. The split cores have been stored in the
129 British Ocean Sediment Core Research Facility (BOSCORF) in Southampton, UK, and
130 were subsampled in 2014 for BHT analyses. A total of 19 sediments were collected
131 from sapropels S1, S3, S4, and S5, with a background sediment sample from outside
132 each sapropel (taken from sections either before or after the sapropel event).
133 Sediments were freeze-dried and stored at -20°C until extraction for ladderanes and
134 BHT isomer.

135 2.1.2. High-resolution S5 sapropel (Levantine Basin)

136 An S5 sapropel (core 64PE406-E1) was sampled in relatively high resolution (1-cm
137 slices) from a piston core taken at a water depth of 1760 m in the Eastern Basin
138 (Station 1; 33° 18 ' N, 33° 24' E; Fig. 2) aboard the R/V Pelagia in January 2016. The
139 core was opened and slices were immediately transferred to geochemical bags and
140 stored at -40°C until sediments were freeze-dried in preparation for ladderanes and
141 BHT isomer lipid extractions, as well as bulk TOC and isotopic analyses.

142 2.1.3. High-resolution Pliocene sapropel (Levantine Basin)

143 Site 967 of ODP Leg 160 was located at a water depth of 2560 m, south of Cyprus on
144 the lower northern slope of Eratosthenes Seamount, in the Eastern Levantine Basin
145 (34°04N, 32°33E; Fig. 2). 33 1-cm slices were selected from Hole B, Core 9, Section
146 6. These were from 40 – 87 cm within the core section, corresponding to depths of
147 79.70 – 80.16 meters below sea floor (mbsf). This sample set included sediments from
148 above, within, and below the sapropel horizon S65 (Grant et al. 2017), which was
149 characterised by dark coloured sediment. ODP Leg 160 shipboard biostratigraphic
150 studies (Emeis and Party, 1996) and subsequent astrochronologies were used to tune
151 the age model (Grant et al., 2017) that indicated the sediment for this core is of
152 Pliocene age, 2.67 Ma. Sediment was freeze-dried and prepared for lipid extraction
153 and TOC measurements.

154 2.2. TOC content

155 Ca. 0.1 g of freeze-dried sediments from LC21 and ODP 967 were weighed
156 individually into a porous crucible. HCl (1 mL, 4 mM) was added to remove any
157 inorganic carbon from the sediment. After HCl was drained, samples were neutralised
158 with deionised water, and were dried at 65 °C. TOC content of each sample was
159 obtained by means of non-dispersive infrared spectrometry using a LECO CS230
160 analyser. A standard (Chinese stream sediment, NCS DC 73307; LGC, Teddington,
161 UK) was analysed after every 10 samples to check accuracy. TOC content of the
162 64PE406-E1 sediments was determined by a Thermo Scientific Flash 2000 elemental
163 analyser coupled to a Thermo Scientific Delta V isotope ratio monitoring mass
164 spectrometer (EA-irMS) via a Conflo IV.

165 2.3. Bulk isotope measurements

166 Freeze dried 64PE406-E1 sediments were analyzed to determine both bulk $\delta^{15}\text{N}$ and
167 bulk $\delta^{13}\text{C}$ values. For carbon isotope analysis, the sediment was first decalcified using
168 a 2N HCL solution for approximately 18 h. The sediment was rinsed three times using
169 double-distilled water and then freeze-dried again. $\delta^{15}\text{N}_{\text{TOC}}$ and $\delta^{13}\text{C}_{\text{TOC}}$ were
170 measured using a Thermo Scientific EA-irMS (see above). The $^{15}\text{N}_{\text{TOC}}$ and $^{13}\text{C}_{\text{TOC}}$ are
171 expressed relative to air and the Vienna Pee Dee Belemnite (VPDB) standard,
172 respectively and the isotope analysis precision was 0.2 ‰. For nitrogen isotope
173 analysis, acetanilide, urea, and casein with predetermined isotope values were used
174 as reference material; for carbon analysis benzoic acid and acetanilide were used.

175

176 2.4. Lipid extractions

177 2.4.1. Bligh and Dyer lipid extractions

178 Freeze-dried sediments from LC21 (Aegean Sea; S1 – S5) and ODP 967 (Levantine
179 Basin; Pliocene) were extracted at Newcastle University using a modified Bligh and
180 Dyer extraction (BDE) method (Bligh and Dyer, 1959; Cooke et al., 2008). Briefly,
181 freeze-dried material was extracted in a 10:5:4 (v:v:v) mixture of
182 MeOH:chloroform:H₂O in a Teflon tube, sonicated for 15 min at 40°C, and centrifuged
183 for 10 min. After the supernatant was transferred to a second tube, the residue was
184 re-extracted two more times. The chloroform in the supernatant was separated and
185 collected from the aqueous phase by making H₂O:MeOH ratio 1:1 (v:v). This
186 procedure was repeated for the subsequent extractions. The collected BDE was dried

187 by rotary evaporation in a round-bottom flask. Lipid extraction on the high-resolution
188 S5 sapropel (64PE406-E1; Levantine Basin) was performed at NIOZ, where the
189 extraction protocol was similar, but instead used MeOH:Dichloromethane
190 (DCM):phosphate-buffer in the solvent mixtures (see Rush et al., 2012a). All BDE were
191 analysed for BHT isomer, where C₁₆ platelet activating factor (PAF) standard (1-O-
192 hexadecyl-2-acetyl-sn-glycero-3-phosphocholine) was added as an internal standard.
193 Aliquots from the 64PE406-E1 BDEs were taken for ladderane extractions.

194 2.4.2. Ladderane fatty acid extractions

195 Freeze-dried sediments of LC21 were also ultrasonically extracted 3 times using a
196 DCM/methanol mixture (2:1 v/v). Extracts of LC21 sediments were combined and
197 dried using rotary evaporation yielding the total lipid extract (TLE), and residues were
198 reserved for direct saponification. The LC21 TLEs, residues, and the aliquots of the
199 64PE406-E1 BDEs were saponified by refluxing with aqueous KOH (in 96% MeOH)
200 for 1h. Fatty acids were obtained by acidifying the saponified samples to a pH of 3 with
201 1N HCl in MeOH and extracted using DCM. The fatty acids were converted to their
202 corresponding fatty acid methyl esters (FAMES) by methylation with diazomethane. N₂
203 was not used to aid evaporation of solvents after derivatisation as this practice was
204 found to significantly decrease the yield of volatile short-chain ladderane fatty acids
205 (Rush et al., 2012a). Instead solvents were air dried. Polyunsaturated fatty acids
206 (PUFAs) were removed by eluting the sample over a small AgNO₃ (5%) impregnated
207 silica column with DCM. Fatty acid fractions were stored at 4 °C until analysis.

208 2.5. Lipid analyses

209 2.5.1. Analysis of derivatised BHT isomer (Newcastle University)

210 A known amount of internal standard (5 α -pregnane-3 β ,20 β -diol) was added to aliquots
211 of LC21 and ODP 967 for BHT isomer analysis. Samples were acetylated in 0.5 mL of
212 a 1:1 (v:v) mixture of pyridine and acetic anhydride at 50 °C for 1 h, then overnight at
213 room temperature. Solvent was dried on a 50°C heating block under a stream of N₂.
214 Samples were dissolved in MeOH:propan-2-ol (3:2; v:v), and filtered on 0.2 μ m PTFE
215 filters.

216 BHT isomer was analysed by high performance liquid chromatography coupled to
217 positive ion atmospheric pressure chemical ionization mass spectrometry

218 (HPLC/APCI-MS), using a data-dependent (3 events) scan mode on a system
219 equipped with an ion trap MS (Talbot et al., 2007;van Winden et al., 2012). Semi-
220 quantification of BHT isomer was achieved at Newcastle University using a BHT
221 standard gifted by M. Rohmer.

222 2.5.2. Analysis of non-derivatised BHT isomer (NIOZ)

223 BHT isomer of the high resolution S5 sapropel (64PE406-E1) was measured on non-
224 derivatised aliquots of BDEs using an ultra high performance liquid chromatography
225 (UHPLC)-Q Exactive Orbitrap MS with electrospray ionisation (Thermo Fischer
226 Scientific, Waltham, MA), using a method for analysis of intact polar lipids according
227 to (Wörmer et al., 2013). Briefly, separation was achieved on an Acquity BEH C18
228 column (Waters, 2.1x150 mm, 1.7 μ m) maintained at 30°C, using (A)
229 MeOH/H₂O/formic acid/14.8 M NH_{3aq} (85:15:0.12:0.04 [v/v/v/v]) and (B)
230 IPA/MeOH/formic acid/14.8 M NH_{3aq} (50:50:0.12:0.04 [v/v/v/v]) as eluent. The elution
231 program was: 95% A for 3 min, a linear gradient to 40% A at 12 min, and then to 0%
232 A at 50 min, which was maintained until 80 min. The flow rate was 0.2 mL min⁻¹.
233 Positive ion ESI settings were: capillary temperature, 300°C; sheath gas (N₂) pressure,
234 40 arbitrary units (AU); auxiliary gas (N₂) pressure, 10 AU; spray voltage, 4.5 kV; probe
235 heater temperature, 50°C; S-lens 70 V. Target lipids were analyzed with a mass range
236 of *m/z* 350–2000 (resolution 70,000 ppm at *m/z* 200), followed by data-dependent
237 tandem MS² with parameters as described by Besseling et al., (2018). The combined
238 extracted ion currents (within 3 ppm) of the protonated, ammoniated, and sodiated
239 adducts (*m/z* 547.472 + 564.499 + 569.454, respectively) were used to integrate BHT
240 isomer. The relative abundance of peak area does not necessarily reflect the actual
241 relative abundance of the different compounds; however, this method allows for
242 comparison between the samples analyzed in this study. BHT and BHT isomer were
243 baseline separated, and the MS² spectra of BHT and its isomer (Fig. S1) were
244 comparable to spectra of non-derivatised BHT published by Talbot et al. (2016b). MS
245 performance was continuously monitored, and matrix effects were assessed using the
246 PAF standard. Peak areas were corrected accordingly. However, as no commercially
247 available authentic standards were available for non-derivatised BHPs, semi-
248 quantitative BHT isomer abundance is reported as the integrated peak area response
249 (response unit, r.u.) for the Levantine S5 (64PE406-E1) record. Although quantification

250 in not possible, this method does allow for comparison of BHT isomer abundances
251 between samples as response factors should be identical across the S5 sample set.

252 2.5.3. Analysis of ladderane fatty acids

253 Methylated fatty acid fractions were dissolved in acetone, filtered through 0.45 μm , 4
254 mm diameter PTFE filters, and analysed by high performance liquid chromatography
255 coupled to positive ion atmospheric pressure chemical ionization tandem mass
256 spectrometry (HPLC/APCI-MS/MS) in selective reaction monitoring mode to detect the
257 four ladderane fatty acids and two short-chain ladderane fatty acids (Hopmans et al.,
258 2006; modified by Rush et al., 2011). Ladderanes were quantified using external
259 calibration curves of three standards of isolated methylated ladderane fatty acids (C₁₄-
260 [3]-ladderane fatty acid, C₂₀-[3]-ladderane fatty acid, and C₂₀-[5]-ladderane fatty acid)
261 (Hopmans et al., 2006;Rush et al., 2011;Rattray et al., 2008).

262 3. Results and Discussion

263 To test the hypotheses that (1) anaerobic ammonium oxidation occurred in the water
264 column during Mediterranean sapropel events, and (2) BHT isomer could be used as
265 a biomarker for anammox during these events, a suite of Quaternary and Pliocene
266 sapropels were examined.

267 3.1. Anammox lipids in S1 – S5 sapropels from the Aegean Sea

268 Sapropels spanning four of the most recent five events in the Aegean Sea were
269 sampled from core LC21 from the Aegean Sea and analysed for anammox biomarkers
270 (Fig. 3a). Ladderane fatty acids (i.e. C₁₈-[3]-ladderane fatty acid, and C₁₈-[5]-ladderane
271 fatty acid, C₂₀-[3]-ladderane fatty acid, and C₂₀-[5]-ladderane fatty acid; Fig. 1), the
272 traditional biomarkers for anammox bacteria (Jaeschke et al., 2009; Rush et al.,
273 2012a; Sinninghe Damsté et al., 2002), were found in the most recent sapropel (290 –
274 610 ng/g TOC; in S1, ~7 ka; Fig. 3a) in abundances comparable to those found in
275 sediments of the Peru Margin and Arabian Sea (Rush et al., 2012a). Conversely,
276 ladderanes were not detected in the sediment sampled directly below this sapropel
277 layer (out S1, Fig. 3a), indicating anammox was an important process during S1
278 deposition, but likely not before the onset of sapropel deposition. Ladderane
279 concentration progressively decreased with increasing age of the deeper sapropels:
280 80 – 170 ng/g TOC in S3 (~85 ka); not detected in S4 (~100 ka); and 0 – 90 ng/g TOC
281 in S5 (~125 ka). It is worth noting that 2 of the 3 sediments from within S5 did not
282 contain detectable ladderanes. This demonstrates the previously described sensitivity
283 of ladderane lipids to diagenesis (Rush et al., 2012a; Jaeschke et al., 2008), and
284 highlights their potential weakness as a biomarker proxy for past anammox bacteria
285 in ancient sediments. Residues of TLEs were also saponified for ladderane analysis,
286 as these have previously been shown to extend the detection of anammox in older
287 sediments by releasing more matrix-bound ladderanes (Rush et al., 2012a). However,
288 this did not show any difference in the presence of anammox (i.e. there was no
289 detection of ladderanes in residues in which the original TLEs did not contain these
290 biomarkers). The non-detection of ladderanes in most of the S5 samples is particularly
291 surprising as this is the most intense of the Late Quaternary sapropels (Struck et al.,
292 2001), having been described as analogous to the modern-day Black Sea (Menzel et
293 al., 2006). Since anammox is currently present and actively removing N in the cline of

294 a strong redox gradient (redoxcline) of the Black Sea (Jensen et al., 2008; Kuypers et
295 al., 2003), it was expected that anammox behaved similarly in the nitrogen cycle of the
296 Eastern Mediterranean during deposition of the S5 sapropel. Given that the oldest
297 detection of ladderanes comes from a slightly older record in the Arabian Sea
298 (Jaeschke et al., 2009), it is unclear why ladderane detection in S5 is sporadic.
299 Perhaps degradation is responsible for the rapid removal of ladderanes from the
300 system during deposition, or the low resolution in the S5 record made these specific
301 sediment depths not ideal targets for anammox activity.

302 Bacteriohopanetetrol isomer (BHT isomer; Fig. 1) has recently been proposed to be
303 an alternative biomarker for anammox bacteria in paleo-records (Rush et al., 2014b).
304 Our analysis of non-derivatised BHT isomer was based on the previously published
305 method analysing intact polar lipids via reverse phase liquid chromatography (Wormer
306 et al., 2013), and achieved better separation of BHT isomer from BHT compared to
307 the acetylated LC-MS method (cf. Rush et al., 2014b; Fig. S1). The concentration of
308 BHT isomer in the Aegean Sea sapropels showed a similar trend as ladderanes in the
309 shallow sediment layers (Fig. 3b): the concentration was high in S1 (71 – 360 µg/g
310 TOC), and low in the underlying sediment (12 µg/g TOC; out S1), in good agreement
311 with the ladderane data. In contrast, however, BHT isomer was detected in all deeper
312 sapropels at higher concentrations (64 – 180 µg/g TOC in S3; 67 – 90 µg/g TOC in
313 S4; and 68 – 160 µg/g TOC in S5) than the ladderanes. Sediments from outside the
314 sapropel had relatively low, but measurable BHT isomer concentration (8 – 17 µg/g
315 TOC). As BHT isomer was detected in all sapropels, including the oldest S5
316 sediments, it appears that the rapid removal of ladderanes from the system is due to
317 degradation during deposition. These results clearly demonstrate the utility of BHT
318 isomer as a biomarker for anammox in paleorecords compared to the more labile
319 ladderane lipids. A hemipelagic, light, non-sapropel sediment sampled between S3
320 and S4 contained neither ladderanes nor BHT isomer (Fig. 3; out S4), indicating a
321 period where anammox was likely not active in the Mediterranean nitrogen cycle.
322 Furthermore, the detection of BHT isomer in the non-sapropel sediments underlying
323 S1 and S5 and overlying S3 shows that this lipid is a better biomarker than ladderanes
324 for recording trace amounts of anammox throughout the history of the Mediterranean
325 system, especially in sediment deposited under oxic (bottom) water conditions.

326 3.2. High-resolution evidence shows anammox responds to marine redox shifts in
327 S5 sapropel record

328 To further investigate the occurrence of anammox during sapropel deposition, we
329 analysed in high resolution the well-developed S5 (TOC content up to 12%; Fig. 4)
330 recovered from the Levantine Basin in the Eastern Mediterranean during a cruise of
331 the R/V Pelagia in 2016 (64PE406-E1; Fig. 2). X-Ray Fluorescence scanning of this
332 core showed no peak in Mn/Ti in the top of the sapropel, indicating this S5 record does
333 not contain the burndown effect of oxygen diffusing downward post-deposition
334 (Dirksen et al., 2019). This was corroborated by the Ba/Ti record, used as a proxy for
335 paleo-productivity, which followed the same trend as organic carbon throughout this
336 sapropel. Thus, it was expected that ladderane fatty acids would be preserved in the
337 high TOC sediments of this S5 record. However, in line with the earlier results of
338 ladderane analyses for S5 in the Aegean Sea record, the results from the Levantine
339 Basin were inconclusive. Ladderanes were detected in all, except two, of the thirty
340 sapropel samples, but were at the detection limit (i.e. peak area of 3x background),
341 preventing interpretation of the ladderane profile in S5. The cause of low ladderane
342 concentration even in sediments with high TOC may be due to unknown degradation
343 in Mediterranean sapropel sediments, and future work should include anoxic
344 degradation experiments with anammox biomass to elucidate potential mechanisms.

345 The BHT isomer does not appear to have been affected by degradation in the same
346 way as ladderane lipids; it was above detection limit in all S5 sediments (Fig. 4b). The
347 concentration of BHT isomer increased progressively by a factor of 10 from the onset
348 of S5 until the core of the sapropel event (from average pre-sapropel value $2.69 \text{ E}+11$
349 r.u./g TOC to $2.28 \text{ E}+12$ r.u./g TOC at 33 – 34 cm core depth; Fig. 4) and then waned
350 until the termination. This indicates that anammox was an important process during
351 the formation of S5, actively removing nitrogen from the marine system. Photic zone
352 euxinia has been observed in cores from the western part of the Eastern Basin during
353 S5 formation by the identification of isorenieratene (Marino et al., 2007; Rohling et al.,
354 2006). Isorenieratene is a biomarker lipid for the brown strains of the photosynthetic,
355 green sulfur bacteria (*Chlorobiaceae*). These organisms require the unique conditions
356 of light, albeit at relatively low intensity, *and* euxinic waters, as they are very sensitive
357 to the presence of molecular oxygen (Overmann et al., 1992). Although anammox
358 bacteria are inhibited by the presence of free sulfide, they likely thrived at the

359 redoxcline during deposition of S5 (Fig. 5a). This is the case, for instance, in the
360 modern Black Sea: at 90 m water depth, where oxygen and sulfide concentrations are
361 both low and nitrite and ammonium are readily available, the presence and activity of
362 anammox has been confirmed via rate measurements and ladderane biomarker
363 observations (Kuypers et al., 2003; Jensen et al., 2008).

364 There are two considerable peaks in BHT isomer that fall outside of the S5 trend (Fig.
365 4b), occurring at the onset (2.43×10^{12} r.u./g TOC; 46 – 47 cm core depth) and
366 termination (1.12×10^{12} r.u./g TOC; 16 – 17 cm core depth) of the sapropel. Sea-level
367 rise and gradual freshening of the Mediterranean are believed to have caused a
368 stepwise removal of oxygen and subsequent slow build-up of anoxia ca. 3 kyr before
369 the (massive) freshwater discharge from the African continent instigated the real onset
370 of S5 (Schmiedl et al., 2003). The intense anammox peak pre-sapropel formation
371 could be a response to this marine redox shift (Fig. 5a). Anammox would have thrived,
372 consuming the residual low-levels of ammonium and nitrite in an anoxic Mediterranean
373 water column. Then, once monsoonal discharge brought in the initial pulse of nutrients
374 from the Nile, the slow-growing anammox bacterial population would have been
375 rapidly outcompeted by heterotrophic denitrifiers consuming sinking organic carbon
376 being produced in the overlying oxic waters. As S5 progressed and N supply became
377 scarcer, anammox would have repopulated the niche of redoxcline N-remover at core
378 sapropel conditions. The peak of BHT isomer observed at S5 termination (Fig. 4)
379 shows that the conditions were again favourable for anammox to thrive. However, this
380 may have occurred at the anoxic sediment-water interface, rather than in the water
381 column, where low concentrations of nitrite and ammonium could have persisted from
382 the degradation of organic matter settling on the seafloor after the re-oxidation of the
383 water column. The BHT isomer ratio (BHT isomer/total BHT; Sáenz et al., 2011)
384 normalises the contribution of the anammox biomarker to other potential sources of
385 BHT. The ratio in the S5 record (Fig. 4c) showed the same trend as BHT isomer
386 concentration in the sapropel (e.g. the ratio was highest during the core sapropel, 0.58
387 at 30 – 32 cm, and showed distinct peaks at its onset and termination). The slight
388 decrease in BHT isomer ratio before and after the sapropel event is likely due to an
389 increased production of BHT by other bacterial sources, rather than a change of the
390 BHT isomer producer.

391 Short-chain (SC) ladderane fatty acids (i.e. C₁₄-[3]-ladderane fatty acid and C₁₄-[5]-
392 ladderane fatty acid; Fig. 1) are oxic biodegradation products of ladderane fatty acids
393 (Rush et al., 2011), and are used to infer exposure of ladderane lipids to oxic
394 conditions either pre- or post-deposition. SC ladderane fatty acids were only detected
395 in three of the S5 sediments (Fig. 4b), specifically at sapropel onset (46 – 47 cm core
396 depth) and termination (15 – 16 cm and 16 – 17 cm core depth). This implies that
397 during sapropel maximum, anammox was thriving at the Mediterranean redoxcline.
398 Anammox detritus would then have sunk through an anoxic (euxinic) ‘Black Sea’ water
399 column, unexposed to oxygen and the effects of β-oxidation that produces SC
400 ladderane fatty acids (Rush et al., 2011). This has been seen in the modern Cariaco
401 Basin, where ladderanes are observed, but SC ladderanes are absent (Rush et al.,
402 2012a). The presence of SC ladderanes at the onset and termination, yet absence in
403 the core S5 record, could also corroborate the concept of “split-anoxia” (as proposed
404 for S1 by Bianchi et al., 2006), which hypothesizes for the first 100 to 1000+ years of
405 sapropel formation euxinia was present as a mid-depth “oxygen minimum zone”,
406 rather than a continuation from the seafloor. During these periods where the water
407 column was not fully euxinic, ladderanes would have been oxidised to SC ladderanes
408 in the underlying waters, which would have contained a certain amount of available
409 oxygen. Alternatively, as productivity waned, sedimentation rates would have
410 decreased in the Levantine Basin. Lower sedimentation rates at the onset and
411 termination of S5 would suggest a longer residence time of ladderanes in sediment
412 that would periodically be exposed to (sub)oxic bottom water conditions. Oxic water
413 in-flow of pore waters would have stimulated the β-oxidation responsible for SC
414 ladderane formation (Rush et al., 2011). It is worth noting that in the low-resolution
415 Aegean Sea sample set (LC21), all samples from S1 and S3 that contained
416 ladderanes also contained a high concentration of SC-ladderane fatty acids, whereas
417 the singular S5 sediment did not contain SC ladderanes. This would appear to indicate
418 that the Aegean water column during S1 and S3 deposition was not fully euxinic, and
419 that S5 in the Aegean mirrored the euxinic Levantine Basin.

420 Nitrogen isotope ratios ($\delta^{15}\text{N}$) values of bulk nitrogen in S5 sediment show a strong
421 shift towards low values within the sapropel (Fig. 4a), a feature seen in most sapropels
422 (Calvert et al., 1992; Sachs and Repeta, 1999; Struck et al., 2001; Higgins et al.,
423 2010; Mobius et al., 2010). This could potentially be explained by either enhanced

424 diazotrophic N₂-fixation because N was limited in the system (Mobius et al., 2010), or
425 the preferential uptake and burial of ¹⁴N when nitrate is present in excess and primary
426 producers have the opportunity to fractionate maximally (Calvert et al., 1992). As a
427 biomarker for N removal from the system was not available, previous work has only
428 been able to approach this conundrum with evidence for N fixation processes. Using
429 isotopic evidence of diazotrophic phytoplankton, Sachs and Repeta (1999) and
430 Higgins et al. (2010) argue that Mediterranean surface water was nitrogen-limited
431 during sapropel events. Here, for the first time, we present evidence of N loss in a
432 Mediterranean sapropel using BHT isomer as an anammox biomarker. The fact that
433 BHT isomer concentration increases towards the core of S5 appears to suggest that
434 N species were not limited, and rather that freshwater run-off could be resupplying
435 these nutrients to microorganisms in the water column and enhancing the pool of N.
436 However, anammox thrive at the redoxclines of modern oxygen minimum zones
437 (Pitcher et al., 2011;Rush et al., 2012b) and euxinic basins (Wakeham et al.,
438 2012;Kuypers et al., 2003), where pulses of “fresh” N species do not necessarily
439 reach. At the S5 ‘Black Sea type’ redoxcline, anammox did not need a riverine supply
440 of N, but could have instead been sustained by the advection of N from deeper waters
441 (Rohling et al., 2006) or by N remineralised from the sinking pool of (diazotrophic)
442 organic matter from above. We can interpret BHT isomer results as N removal by
443 anammox was at its highest flux during core S5 sapropel conditions, and that the
444 anammox process appears to play an integral role in N cycling during sapropel events.

445 3.3. Anammox distribution varies between sapropel formations: evidence from a 446 Pliocene sapropel event

447 To confirm that anaerobic ammonium oxidation has occurred throughout the history of
448 anoxia in the Mediterranean basin, not only in the most recent Quaternary sapropels,
449 BHT isomer concentration was analysed across a high-resolution Pliocene sapropel
450 (ODP Leg 160, Site 967; Fig. 2). The Ba record of this sapropel shows the same trend
451 with depth as TOC, indicating no significant burndown of organic matter after its
452 deposition (Grant et al., 2017). BHT isomer is present throughout this older record
453 (Fig. 6b), and as the BHT isomer ratio (BHT isomer/total BHT) is consistently elevated
454 (average 0.48; Fig. 6c), anammox is the likely source in the entirety of the record.
455 Much like the trend seen in the S5 Levantine sapropel, sapropel S65 showed two
456 distinct peaks in BHT isomer concentration at its onset (110 – 240 µg/ g TOC; 69 – 73

457 cm core depth) and termination (640 – 1100 $\mu\text{g/g}$ TOC; 54 – 59 cm core depth).
458 However, BHT isomer concentration displayed a distribution different to that of the S5
459 record during the core Pliocene sapropel event (Fig. 6b). BHT isomer concentration
460 was low, likely representing unfavourable conditions for anammox during this
461 sapropel. Isorenieratene has been detected in the Pliocene record of Site 967, albeit
462 in a different sapropel event (Menzel et al., 2002). It is possible that euxinia shoaled
463 further into the photic zone during this Pliocene sapropel, forcing anammox at the
464 redoxcline to compete for N with phytoplankton (Fig. 5b). Anammox would have
465 therefore only thrived during the build-up and termination periods when photic zone
466 euxinia would have been deeper/less intense. Nevertheless, this hypothesis should
467 be confirmed through future analysis of photic zone euxinia biomarkers (e.g.
468 isorenieratene). There was a spike in BHT isomer concentration mid-sapropel that
469 coincided shortly after with a decrease in TOC (65 – 67 cm core depth; Fig. 6a). Mid-
470 sapropel breaks have been reported elsewhere, as repopulation events of benthic
471 fauna (e.g. Rohling et al., 1993), and could be due to inflow of freshly ventilated deep-
472 water. Re-ventilation would have directly stimulated anammox bacteria that were
473 inhibited by euxinia, whereas there may have been a slight delay on the effect of
474 decreasing TOC (Fig. 5b). The concentration of BHT isomer was still high after
475 sapropel deposition (~ 250 $\mu\text{g/g}$ TOC; <40 cm core depth), relative to that pre-sapropel.
476 This may indicate that the anammox process remained an important N process in the
477 Mediterranean after bottom water anoxia waned.

478 Combined, the high-resolution results from the S5 and Pliocene sapropels indicate
479 that the functioning of anammox is not always the same during periods of
480 Mediterranean anoxia. This demonstrates that the response of the N cycle to anoxic
481 conditions can vary drastically from one sapropel event to the next.

482

483 4. Conclusion

484 BHT isomer, a lipid synthesised by marine anaerobic ammonium oxidising (anammox)
485 bacteria, was detected at high concentration in all Mediterranean sapropel sediments.
486 This study highlights the potential of BHT isomer as a biomarker for anammox during
487 past periods of basin-wide anoxia. It is also apparent that the response of anammox
488 to shifts in redox conditions during anoxia is not consistent between sapropel events.

489 The anammox peak in S5 occurred during core sapropel conditions, whereas
490 anammox responded in an opposite trend in the Pliocene sapropel record.

491 Investigating the variability of anammox in these sapropel events may enhance our
492 understanding of N cycling during other periods of intense organic matter deposition
493 in the past. Sapropel features have been found in the sediment records of different
494 marginal seas (e.g. Japan Sea, Red Sea; cf. Emeis et al., 1996). The restricted
495 paleogeography during Oceanic Anoxic Events is also thought to have contributed to
496 the propagation of anoxia in the Cretaceous and Jurassic. BHT isomer can possibly
497 be used to explore the role anammox may have played in these basin anoxic events.
498 The residence time of BHT isomer in marine sediment records likely does not extend
499 beyond the Early Cretaceous (van Dongen et al., 2006; Talbot et al., 2016a). However,
500 BHT isomer can be applied to the Paleocene-Eocene Thermal Maximum (PETM; 55
501 Ma). Thermally stable lipid products of anammox biomass (Rush et al., 2014a) could
502 serve as alternative biomarkers for anammox in more mature sediments from the
503 Cretaceous and Jurassic. Furthermore, investigating the compound-specific isotope
504 values of BHT isomer in a marine sample set will strengthen the use of BHT isomer
505 as a biomarker for anammox.

506

507

508 5. Acknowledgement

509 Guy Rothwell is thanked for his help collecting LC21 samples from the BOSCORF
510 repository. We thank the Captain and crew of the R/V Pelagia for the collection of the
511 sapropel S5 (cruise 64PE406). Pieter Dirksen subsampled the S5 record. Denise van
512 der Slikke-Dorhout and Çağlar Yildiz are acknowledged for extracting the S5 record.
513 We are grateful to the Ocean Drilling Program (ODP) for the samples used in this study
514 as well as to the ODP Core Repository (Bremen, Germany) where Luke Handley and
515 Thomas Wagner were involved in the collection of ODP Leg 160 sapropel sequences.
516 Eelco Rohling is thanked for initial discussion about sapropel sampling, Rick
517 Hennekam is thanked for fruitful discussions of XRF data in 64PE406-E1, and Lucas
518 Lourens is thanked for Pliocene sapropel discussions. Michel Rohmer is thanked for
519 gifting the original BHT standard to Helen Talbot at Newcastle. This work was
520 supported by the Natural Environment Research Council (NERC) project
521 ANAMMARKS (NE/N011112/1) awarded to DR. This work was also supported by
522 funding from the Netherlands Earth System Science Center (NESSC) through a
523 gravitation grant (NWO 024.002.001) from the Dutch Ministry for Education, Culture
524 and Science to JSSD. NERC (Grant number NE/E017088/1) and the European
525 Research Council (ERC) (Starting Grant No. 258734 awarded to HMT for project
526 AMOPROX) are gratefully acknowledged for partially funding this research.

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699 Figure Captions

700 Figure 1. Structures of anammox biomarker lipids used in this study.
701 Bacteriohopanetetrol (BHT); bacteriohopanetetrol stereoisomer (BHT isomer),
702 unknown stereochemistry; ladderane fatty acids with 3 or 5 cyclobutane moieties and
703 18 or 20 carbon atoms; short-chain ladderane fatty acids with 3 or 5 cyclobutane
704 moieties and 14 carbon atoms.

705 Figure 2. Map of the eastern Mediterranean showing the locations of sapropel cores
706 used in this study. LC21: low-resolution S1, S2, S3, and S5 sapropels from the Aegean
707 Sea; 64PE406: high-resolution S5 sapropel from the Levantine Basin; ODP 967: high-
708 resolution Pliocene sapropel from the Levantine Basin. Map created with
709 SimpleMappr: Shorthouse, David P. 2010. SimpleMappr, an online tool to produce
710 publication-quality point maps.

711 Figure 3. Scattered distribution of (a) ladderane fatty acid concentration (squares) and
712 (b) BHT isomer concentration (circles) in four recent sapropels (S1 - S5; 7 - 125 ka)
713 from the Aegean Sea (R/V Marion Dufresne LC21). Filled symbols denote samples
714 taken within a sapropel sediment, open symbols from outside. Lines are the mean
715 markers when data points are not equal.

716 Figure 4. (a) Total organic carbon (TOC) content, isotope values of bulk nitrogen ($\delta^{15}\text{N}$)
717 and carbon ($\delta^{13}\text{C}$), (b) BHT isomer concentration (circles) and presence of short-chain
718 (SC) ladderane fatty acids (stars), and (c) BHT isomer ratio through a high resolution
719 S5 sapropel record from site 64PE406 (R/V Pelagia) in the Levantine Basin. The
720 sapropel is indicated by the darker sediment. Core photo provided by R. Hennekam.

721 Figure 5. Hypothesised temporal evolution of anammox in the Levantine Basin water
722 column during sapropel formations. a) scenario of S5, b) scenario of Pliocene S65.
723 Depth not to scale. Proposed niches for anammox bacteria are shaded in dotted red.
724 Light grey area represents water column anoxia; dark grey is euxinia. Stars denote
725 periods when short chain ladderanes were formed by β -oxidation in the oxic water
726 column. Figure should be used as a guide for the text.

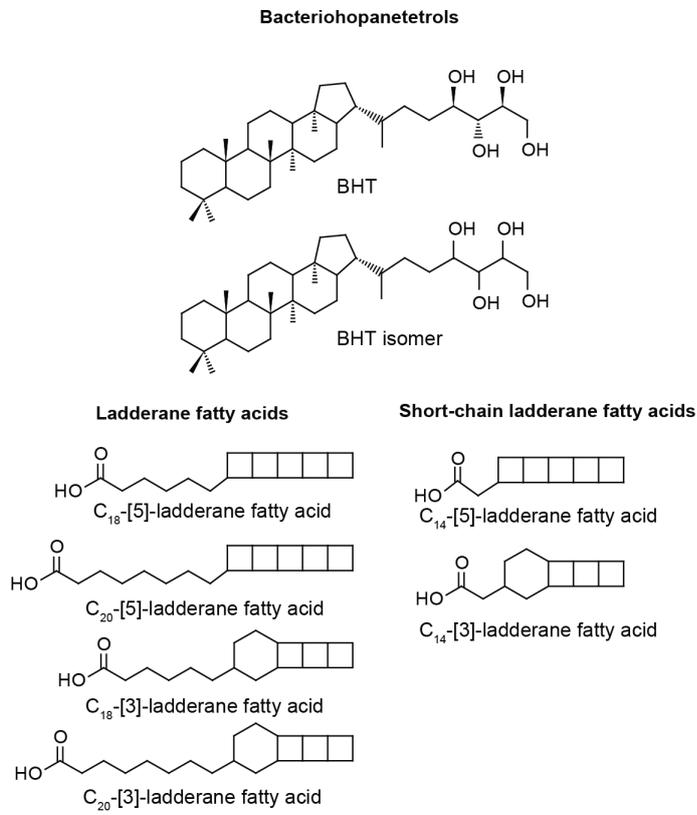
727 Figure 6. (a) Total organic carbon (TOC) content, (b) BHT isomer concentration, and
728 (c) BHT isomer ratio through a Pliocene sapropel (2.67 Ma) from the Levantine Basin

729 (ODP Leg 160 Site 967). The sapropel is indicated by the darker sediment. Core photo
730 provided by L. Handley.

731 Supplemental Figure 1. (a) High resolution MS analysis of 64PE406-E1 core depth 46
732 – 47 cm. (a) Base peak chromatogram, (b) combined extracted ion currents (within 3
733 ppm) of protonated, ammoniated, and sodiated adducts (m/z 547.472 + 564.499 +
734 569.454, respectively) of non-derivatised BHT and BHT isomer, (c) averaged orbitrap
735 HRMS² (n = 6) of the BHT isomer ammoniated adduct ($[M+NH_4]^+$; m/z 564.499).

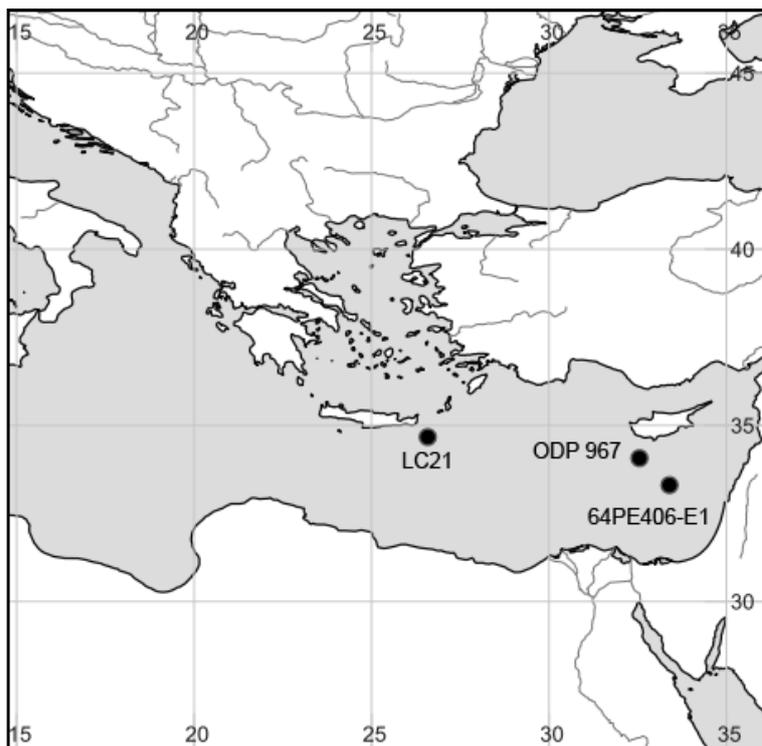
736 Figures

737 Figure 1



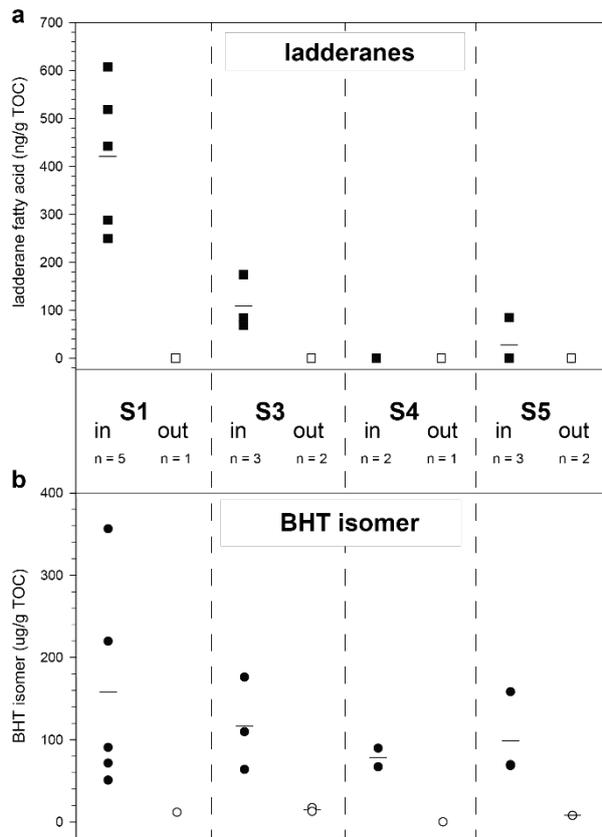
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739 Figure 2



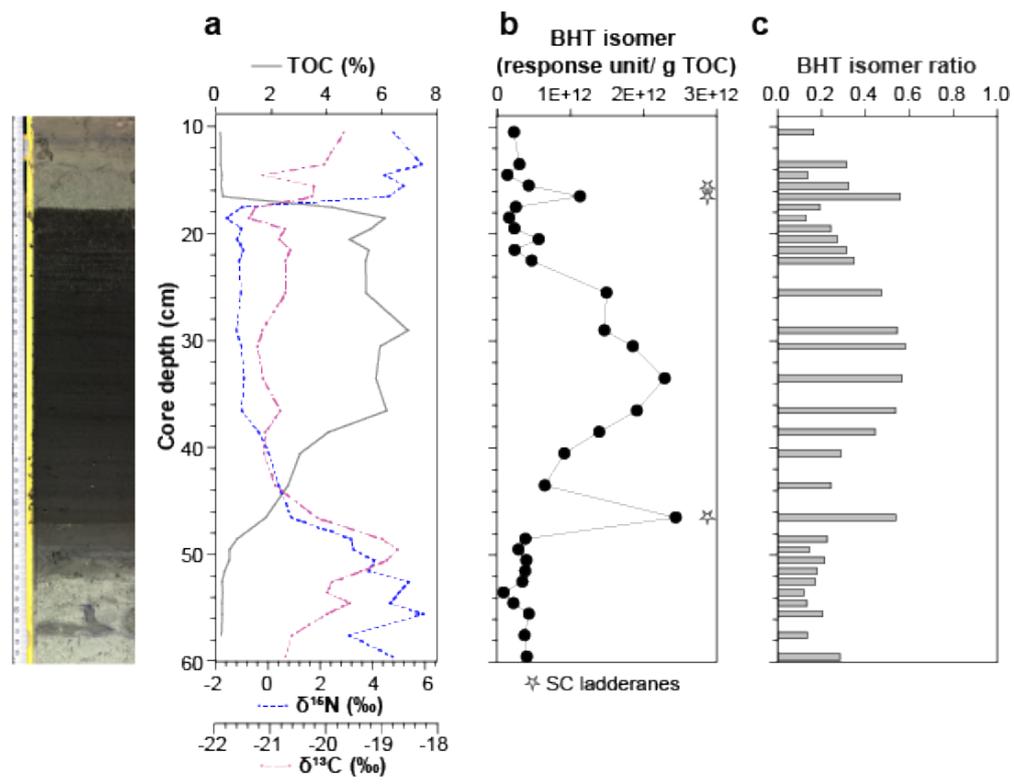
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741 Figure 3



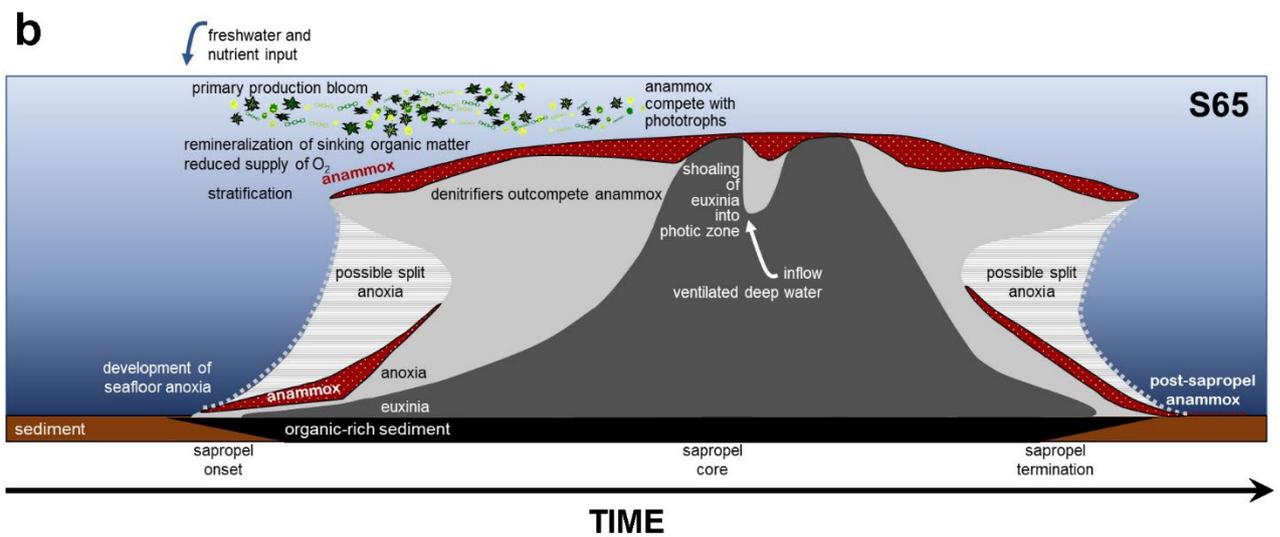
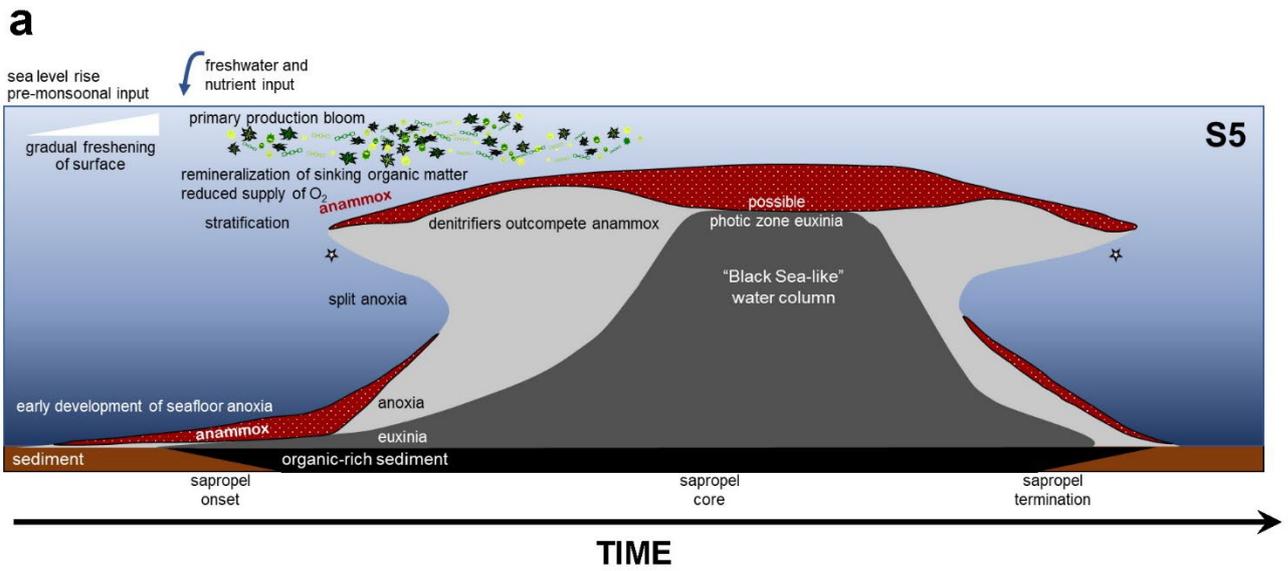
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743 Figure 4



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745 Figure 5



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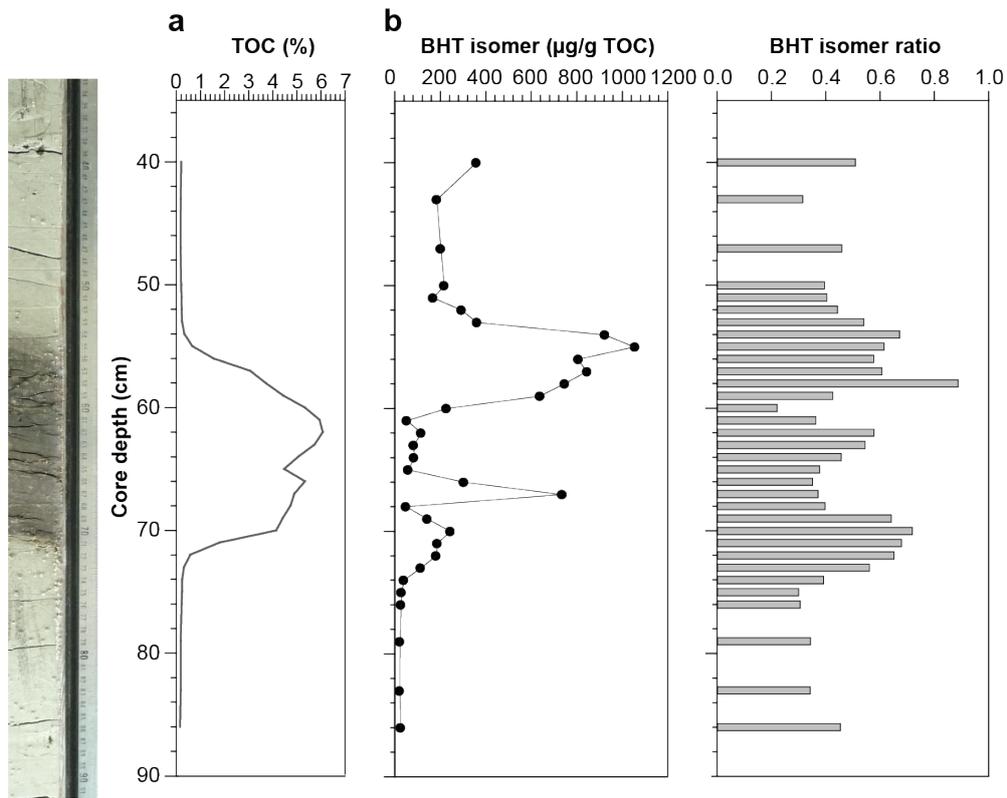
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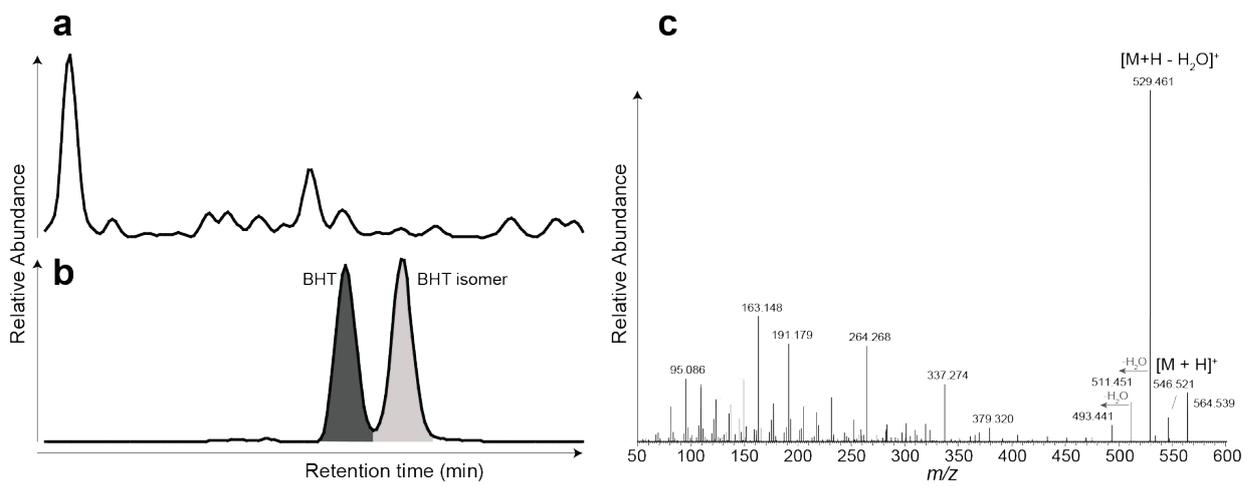
753 Figure 6



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755

756 Sup Fig 1.



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