Profiling float observation of thermohaline staircases in the western Mediterranean Sea and impact on nutrient fluxes

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Abstract. In the western Mediterranean Sea, Levantine intermediate waters (LIW), that circulate below the surface productive zone, progressively accumulate nutrients along their pathway from the Tyrrhenian Sea to the Algerian Basin. This study addresses the role played by diffusion in the nutrient enrichment of the LIW, a process particularly relevant inside step-layer structures extending down to deep waters: the thermohaline staircases. Profiling float observations confirmed that staircases develop over epicentral regions confined inside large scale circulation features and maintained by saltier LIW inflows on the periphery. Thanks to a high profiling frequency over the four-years period 2013-2017, float observations reveal the temporal continuity of the layering patterns encountered during the cruise PEACETIME, and documented the evolution of layer properties by about +0.06°C in temperature and +0.02 in salinity. In the Algerian Basin, the analysis of in situ lateral density ratios allowed to untangle double-diffusive convection as driver of thermohaline changes inside epicentral regions and isopycnal diffusion as driver of heat and salt exchanges with the surrounding sources. In the Tyrrhenian Sea, the nitrate flux across thermohaline staircases, opposite to the downward salt flux, contributes up to 25% of the total nitrate pool supplied to the LIW by vertical transfer. Overall, however, the nutrient enrichment of the LIW is driven mostly by other sources, coastal or atmospheric, as well as inputs advected from the Algerian Basin.

1. Introduction

The Mediterranean Sea is an ultra-oligotrophic basin where primary production is generally weak because nutrient fluxes into the sunlit surface layers are very low during most of the year. Apart from dense water formation zones where spring phytoplankton blooms are observed (D'Ortenzio and Ribera d'Alcalà, 2009), nutrient fluxes and phytoplankton uptake occur mostly at the thermocline (Pasqueron de Fommervault et al., 2015), maintaining a subsurface chlorophyll maximum layer (Lavigne et al., 2013; Barbieux et al., 2019).

Similarly to the global ocean (Williams and Follows, 2003), the Mediterranean nutrient stocks below the thermocline are determined by large scale hydrodynamical transport, following three distinct thermohaline circulation cells (Wüst, 1961). In the western Mediterranean, deep waters (hereinafter DW) result from winter convection in the Provençal Basin and in the Ligurian Sea (Medoc Group, 1970; Prieur et al., 1983). Likewise, the eastern Mediterranean DW are formed in the southern

35 Adriatic Sea and intermittently in the Aegean Sea (Lascaratos et al., 1999; Roether et al., 2007). Mediterranean intermediate waters (hereinafter LIW) originate mostly through shallow convection in different sites of the Levantine Basin (Nittis and Lascaratos, 1999; Malanotte-Rizzoli et al., 2003). The thermohaline circulation cells involving DW are distinct of the eastern or the western Mediterranean basins, whereas the one driven by LIW encompasses the whole Mediterranean. They regionally distribute nutrient stocks, through DW that spread from Liguro-Provençal Basin and from Adriatic-Aegean Seas, or LIW from

40 the eastern Mediterranean (Ribera d'Alcalà et al., 2003; Kress et al., 2003).

Interestingly, the preformed nutrient concentrations in LIW are very low (Pasqueron de Fommervault et al., 2015), they are thought to be accumulated along the path, becoming a relevant source of nutrients in the western Mediterranean with nitrate concentration around 5 μmol/kg in the Sicily Strait. These values are already quite high compared to the intermediate concentrations of the eastern Mediterranean, but correspond to half the concentration measured in the western Algerian Basin

45 (Pujo-Pay et al., 2011). In order to reach such concentrations in the Ionian water inflows, LIW should export the major part of atmospheric and terrestrial inputs from the eastern Mediterranean (Ribera d'Alcalà et al., 2003). Conversely, the mechanisms of LIW enrichment (i.e., accumulation of nutrients in the LIW) inside the western Mediterranean are not so clear. External sources (river and coastal runoffs or atmospheric deposition) are larger than in the eastern Mediterranean, but the remineralization of organic matter settling from the surface layer becomes a major contributor there (Béthoux et al., 1998). It

50 is worthwhile to note that the LIW enrichment in the Tyrrhenian Sea is comparable to that occurring in the Provençal Basin, as documented by the cruise PEACETIME (Figure 1). This observation has raised our interest on the contribution of alternative processes that could explain such regional modifications in nutrient stocks.

Although the overall distribution of nutrients is driven by large scale circulation, internal processes acting on the vertical scale modify the layout of inorganic matter. This is the case of diapycnal diffusion, which can be particularly efficient when it is

55 enhanced by vertical mixing process due to salt fingering (Hamilton et al., 1989; Fernandez-Castro et al., 2015). Under appropriate conditions reviewed by Schmitt (1994), salt fingering tends to organize the water column into series of mixed layers separated by sharp temperature and salinity gradients, ultimately leading to the formation of thermohaline staircases. Since this natural phenomenon has been elucidated (Stern, 1960; Stern and Turner, 1969), the western Mediterranean Sea has become one of the world's focus for in situ characterization of the resulting step-layer structures. Molcard and Tait (1977)

60 reported the presence of persistent staircases in the central Tyrrhenian Sea, composed of ten homogeneous layers between 600 m and 1500 m, with constant sea water properties over three years of observation. Later, Zodiatis and Gasparini (1996) described the areal extent of the structure, covering large distances from the central area, progressively weakening and disappearing near the coasts. Krahmann (1997) reported the first synoptic observations of thermohaline staircases in the

Algerian Basin, confirmed by Bryden et al. (2014) from biannual surveys across this region. More recently, Buffett et al. (2017) revealed their remarkable spatial continuity from very high resolution synoptic observations.

Staircases are thought to be sites of thermohaline changes among well-organized homogeneous layers, when such singular structures are maintained over long terms. Changes can either take the form of intrusions of heat and salt spreading horizontally inside layers (McDougall, 1985; Merryfield, 2000), or slow temporal trends induced by the downward flux of heat and salt between layers (Schmitt, 1994; Radko and Smith, 2012). In order to untangle the two processes, an accurate measurement of thermohaline changes requires temporal continuity of layers, which is the most challenging aspect for observations. Indeed, because thermohaline staircases occur far from the coastal zones and develop at depth, data acquisition is often limited to high resolution but short term records (e.g. Buffett et al., 2017), or coarse temporal resolution but long term records (e.g. Falco et al., 2016; Durante et al., 2019). Moreover, most of the existing studies have not considered the role of thermohaline staircases in the nutrient distribution, because pertinent observations of biogeochemical parameters were hard to obtain in the water column at relevant temporal and spatial scales. Profiling floats provide, however, valuable data that can include biogeochemical parameters, allowing to suitably explore the characteristic scales of these features (Biogeochemical-Argo Planning Group, 2016).

In the present study, we focus on the role played by diapycnal diffusion in the distribution of nutrients in the western Mediterranean Sea considering nutrient fluxes between DW, LIW and surface waters, given the regional characteristics of mixing processes. We use the dataset acquired during the cruise PEACETIME (Guieu et al., 2020), that carried out a large scale survey of the western Mediterranean Sea in May-June 2017, although data of earlier cruises are also considered. Shipboard data are combined with observations collected by a unique array of Biogeochemical Argo floats deployed in the western Mediterranean Sea (D'Ortenzio et al., 2020). The aim of this study is i) to provide a fine characterization of the staircases recorded by shipboard data, ii) to infer their spatial extension and temporal persistence using profiling float observations, iii) to confirm the occurrence of salt fingering and iv) to assess the contribution of this mixing process in the progressive nutrients enrichment of LIW.

2. Data and methods

2.1 CTD profiles

During the cruise PEACETIME in May-June 2017 (Guieu and Desboeufs, 2017; Guieu et al., 2020), pressure, in situ temperature and conductivity of sea water were measured using SBE911+ CTD from the surface to the bottom. This instrumental package provides continuous acquisitions at 24 scans per second. The depth of each scan is given as pressure (unit: bar). Raw data are processed into quality-controlled profiles of salinity expressed in practical salinity units and potential temperature referenced to surface (0 dbar), at the vertical resolution of 1 dbar (about 1 m). For sake of simplification in the present study, salinity corresponds to "practical salinity" (no dimension) and temperature corresponds to the derived parameter "potential temperature" (unit: °C). The accuracy of measurement of the CTD unit is about 1 dbar in pressure, 0.001°C in

temperature and 0.003 in salinity. The PEACETIME shipboard dataset is complemented with CTD profiles collected during three earlier cruises with same instrumental package, MedSeA (Ziveri and Grelaud, 2015) in May 2013, SOMBA-GE (Mortier et al., 2014; Keraghel et al., 2020) in August 2014, and BioArgoMed (Taillandier et al., 2018) in May 2015.

Another CTD dataset has been collected by profiling floats, autonomous platforms that drift in the interior ocean and evenly
100 surface for positioning and data transmission. The profiling floats considered in this study belonged to the NAOS Biogeochemical (BGC) Argo array (D'Ortenzio et al., 2020). The sampling strategy of this array is better suited for observations of thermohaline staircases than the MedArgo array (Poulain et al., 2007) because the BGC-Argo profiles are deeper, 1000 dbar instead of 700 dbar and remain longer within the deployment basin thanks to a parking depth of 1000 dbar, instead of 350 dbar for MedArgo array. Furthermore, BGC-Argo floats have higher vertical resolution between 250 and 1000
105 dbar, 10 dbar instead of 25 dbar for MedArgo array. These floats are equipped with SBE41CP pumped CTDs, sensors of high stability adapted from mooring applications, that provide continuous acquisition at 0.5 Hz with instrumental precision of 0.01 for salinity, 0.002°C for temperature, 2.4 dbar for pressure (Wong et al., 2019). CTD profiles are collected during ascent from the parking depth to the surface, lasting about three hours, with a nominal vertical speed of 0.1 m/s. In the layer between 250 and 1000 dbar, each record is an average of temperature and salinity in 10 dbar bins (about 200 scans), which reduces the noise
110 of raw acquisitions.

The selected BGC-Argo profiles were collected in two regions: (8°E-16°E, 38°N-42°N) in the Tyrrhenian Sea, and (2°E-9°E, 36°N-40°N) in the Algerian Basin (Figure 1). The resulting time series of CTD profiles covered four years between May 2013 and May 2017 (date of the cruise PEACETIME) in the first region, it lasted four and half years between May 2013 until December 2017 in the second region (Table 1). The time series have a nominal temporal resolution of seven days that can
115 increase up to one day. In the Tyrrhenian Sea, 323 CTD profiles were collected by two float deployments. The first float 6901491 was deployed in June 2013 during the cruise VENUS2, and recovered while still active two years later in the southwest sector of the basin during the cruise BioArgoMed. The second float 6901769 was deployed immediately (same time and location) following the recovery of float 6901491; it drifted across the Sardinian Channel two years after and was lost in January 2018. In the Algerian Basin, 336 profiles were collected by three consecutive float deployments. The first float
120 6901513 was deployed in May 2013 during the cruise MedSeA, leaving the Algerian Basin more than two years later and was recovered in June 2016 in the Provençal Basin during the cruise MOOSE-GE (Testor et al., 2010). The second float 6902732 was refitted from its previous deployment in the Tyrrhenian Sea and deployed at the date and location of the float 6901513 recovery; it entered the Algerian Basin offshore Minorca in January 2017 and left the basin one year later. The third float 6901600 was deployed during the cruise SOMBA-GE in August 2014, and was lost in the western part of the basin after more
125 than one year of operation.

Overall, this study encompasses a dataset of about 700 profiles, acquired by BGC-Argo floats at 10-dbar vertical resolution and shipboard CTD package at 1-dbar vertical resolution, with a metrological harmonization at the precision of the BGC-Argo standards (0.002°C in temperature and 0.01 in salinity). The systematic metrological verification of BGC-Argo CTD sensors, comparing their first profile at deployment with concomitant shipboard CTD profile, confirmed the absence of initial

130   calibration shift for the five floats. This metrological verification has been done also for the recovered floats (6901513, 6901491), which confirmed the absence of temporal drift larger than the nominal uncertainties of CTD measurements.

2.2 Nitrate concentrations

During the cruise PEACETIME, dissolved inorganic nitrate was determined in seawater samples collected by Niskin bottles at discrete depth levels in conjunction with the shipboard CTD profiles. Two distinct sets have been processed (Guieu et al.,
135   2020): one analyzed within the surface mixed layer at nanomolar concentration levels, and one below analyzed at sub-micromolar concentration levels which is considered in the present study. For this latter set, concentrations were measured on board by the standard automated colorimetric method (Aminot and Kerouel, 2007), using a Seal Analytical continuous flow AutoAnalyzer III (AA3). The profiles have with a vertical resolution of 10 m in the surface layer (0-100 dbar), of 50 m in the intermediate layer (100-500 dbar), and of 500 m in the deep layer (below 500 dbar depth until the sea bottom). Note that the
140   sampling of the surface layer has been performed more than once during two long stations in the western Algerian Basin (ten times), and in the central Tyrrhenian Sea (four times). For the latter station only, the vertical resolution has been increased to 100 m in the upper part of the deep layer (500-1000 dbar).

Another dataset of nitrate concentrations has been collected by the BGC-Argo float 6901769 (Table 1). The float was equipped with a Satlantic SUNA-V2 (Submersible Ultraviolet Nitrate Analyzer) sensor, a miniaturized ultraviolet spectrophotometer
145   with which nitrate concentrations can be retrieved from absorbance spectra (Johnson and Coletti, 2002). To do so, a version of the algorithm developed by Sakamoto et al. (2009) has been adapted to the specificity of the Mediterranean Sea (Pasqueron de Fomervault et al., 2015). The SUNA sensor underwent offset and gain corrected by reference measurements at deployment (detailed in Taillandier et al., 2018); its temporal drift was adjusted to a climatological value at 1000 dbar. Overall, a collection of 144 profiles has been acquired in the Tyrrhenian Sea, every five to seven days during a period of two years, with a vertical
150   nominal resolution of 10 m in the upper layer (0-250 dbar) and 25 m in the lower layer (250-1000 dbar).

2.3 Thermohaline staircases

For sake of clarity, the terminology used in the text is illustrated in Figure 2. Thermohaline staircases are observed where large scale temperature and salinity fields decrease with depth in a manner that favors the mixing process of salt fingering (Schmitt, 1994). This natural process has been predicted by theoretical models and reproduced by laboratory experiments and numerical
155   simulations (Schmitt, 1994; Stern and Turner, 1969; Merryfield, 2000; Radko et al., 2014). Salt fingers take the form of tiny cells (some centimeters wide, some tens centimeters tall) across which the rising and sinking fluids mostly exchange heat, as thermal molecular diffusivity is larger than that of salt by two orders of magnitude. In the vertical extension of the cells, sinking (resp. rising) fluids find themselves saltier (resp. fresher), but with same temperature, than waters at the same depth. The resulting buoyancy instability drives convection in the adjoining mixed layers. When salt fingering is active, the whole
160   transition zone between the warm and salty waters and the cold and fresh waters will be reorganized into mixed layers separated by thin stratified interfaces, until an equilibrium of well-developed staircases is reached (Radko, 2005). The relative stability

of this arrangement, whether across a single interface (local) or considering the whole transition zone (bulk), can be expressed in terms of density ratio

$$R_\rho = (\alpha.\partial\theta/\partial z) / (\beta.\partial S/\partial z) \tag{1}$$

which relates the stabilizing vertical temperature (θ) gradient and the destabilizing vertical salinity (S) gradient. α and β are the thermal expansion and haline contraction coefficients of seawater referenced to the same pressure than potential temperature

$$\alpha = -(1/\rho).\partial\rho/\partial\theta \;, \quad \beta = (1/\rho).\partial\rho/\partial S \tag{2}$$

where ρ is the potential density derived from pressure, temperature and salinity using the equation of state of seawater. Based on field observations, low values of density ratio (between 1 and 1.7) are conditional for staircase formation (Schmitt et al., 1987). In the Tyrrhenian Sea and the Algerian Basin, the probability distribution of local density ratios fits the low conditional values (1-1.7) for staircase formation under the LIW core (Onken and Brembilla, 2003).

The detection of thermohaline staircases in the CTD dataset (Section 2.1) is carried out by extracting the depth range of the transition zone for each profile from the salinity maximum (LIW) and the salinity minimum (DW) underneath 250 dbar. The bulk vertical gradients of temperature and salinity are derived from water properties at the top and at the bottom of the transition zone. The resulting bulk density ratio (R_ρ, Eq. (1)) is checked to be in the range of 1-1.7. Following that, the distribution of pairs (salinity, temperature) that belong to the transition zone is evaluated by a rapid hierarchical classification algorithm in order to detect concentration points representative of mixed layers (Jambu, 1981). A concentration point is identified as a set of successive scans in which temperature does not vary by 0.005°C, salinity does not vary by 0.005. In addition, this set of scans must be composed of at least 3 scans for BGC-Argo profiles, 15 scans for shipboard profiles, limiting the detection to layers thicker than 30 m and 15 m, respectively. The scans belonging to the concentration points are superimposed onto the full profile and the vertical alternation of interfaces and layers is checked by a visual inspection. After this final step, the profile is reported as an observation of staircases.

Several diagnostics are run on the set of profiles with staircase detection. The fine structure characterization includes layer properties (i.e., seawater temperature and salinity at every validated concentration point), interlayer differences in temperature and salinity, associated interlayer density ratios, layer thickness (i.e., number of concentration points times vertical resolution of profiles), and interface thickness (i.e., depth interval between two adjacent layers). The occurrence of staircase is estimated among the BGC-Argo dataset by the percent of profiles with at least one concentration point per profile (reported in Table 1). The continuity of layers is displayed among the shipboard and BGC-Argo datasets by the persistence of some layer properties. Layers are conventionally numbered using the fine structure characteristics of the profiles collected during the cruise PEACETIME. Changes of temperature ($\Delta\theta_i$) and salinity (ΔS_i) within every indexed layer (i) are examined among the BGC-Argo dataset in terms of lateral density ratio

$$R_L^i = (\alpha.\Delta\theta_i) / (\beta.\Delta S_i) \tag{3}$$

R_L^i are determined by least square fits of layer distributions in a temperature-salinity diagram normalized by β/α.

2.4 Vertical fluxes of nitrate

The vertical transfer of nitrate is parameterized as a diffusive flux, and written as the product of the vertical diffusivity of salts (K) with the vertical gradient in nitrate concentration (C)

$$F_{NO3} = K.\partial C/\partial z \tag{4}$$

Fluxes of nitrate are mostly driven by turbulent diffusion, but in presence of thermohaline staircases, the diffusivities of nitrate are enhanced by salt fingering in the same manner than that of salinity (Hamilton et al., 1989). In consequence for the present study, the two mixing processes are considered separately, turbulent diffusion above LIW and salt fingering below LIW, which implies the utilization of alternative formulations for vertical diffusivities.

Above LIW across the nitracline, K is equal to the vertical eddy diffusivity of density, which can be expressed by the buoyancy frequency (N)

$$N = (-g/\rho_o.\partial\rho/\partial z)^{1/2} \tag{5}$$

and the turbulent kinetic energy dissipation rate (ε) using the Osborn's (1980) relationship, as

$$K_{turb} = \Gamma.\varepsilon / N^2 \tag{6}$$

where g is the gravitational constant, Γ is the mixing efficiency, and ρ_o the reference density of seawater. A constant mixing efficiency $\Gamma = 0.2$ is applied under the assumption that the buoyancy Reynolds number

$$R_{eb} = \varepsilon / \nu.N^2 \tag{7}$$

with kinematic viscosity $\nu = 1.8 \ 10^{-6} \ m^2/s$, remains in the range 8.5 – 400 (Bouffard and Boegman, 2013; Ferron et al., 2017). Substituting Eq.(6) in Eq.(4), the vertical flux of nitrate is expressed across isopycnals as the product of ε and the diapycnal gradient of nitrate concentration

$$F_{NO3} = - \Gamma.\rho_o/g. \ \varepsilon \ . \ \partial C/\partial\rho \tag{8}$$

This formulation is preferred to the one of Eq. (4) because the temporal consistency in the density-nitrate relationship is stronger than in the depth-nitrate relationship (Omand and Mahadevan, 2015). There were no direct measurements of dissipation rates during the cruise PEACETIME, so we rely on estimates from a Thorpe scale based parameterization to infer ε values from vertical overturns of density (Dillon, 1982). Following Park et al. (2014), the full resolution CTD records collected in the Tyrrhenian Sea and the Algerian Basin (13 casts) have been reprocessed in order to identify density overturns in the depth interval above LIW, to compute the associated Thorpe scales, and to reconstruct ε profiles. A look-up table composed of ε values averaged over the 13 profiles by 50 dbar vertical intervals is reported in Table 2. The values inside the surface stratified layer (0-100 dbar) were inconsistent to be considered but the next bin (100-150 dbar) was kept even if its average value still contains important uncertainties; on the other bins, ε values decrease with depth by one order of magnitude with standard deviations comparable to the average. Combined with a mean N profile, there is an increasing turbulent diffusivity K_{turb} until the LIW depths where its maximum value is reached. For the surface layer (20-100 dbar), the look-up table is complemented with ε values of $(6-10).10^{-9}$ W/kg, as reported by Cuypers et al. (2012) in the same geographical area.

The amplitudes used in the look-up table are in agreement with microstructure observations collected over several cruises from 2012 to 2014 in the same locations (Ferron et al., 2017). These direct measurements documented sharply decreasing ε profiles from values of about 8.10^{-9} W/kg at 100 m down to $0.7.10^{-9}$ W/kg at 300 dbar. It has to be noted that the assumption of constant mixing efficiency ($\Gamma = 0.2$) is checked with R_{eb} values of about 90 at 100 dbar and about 80 at 300 dbar.

Regarding the transition zone below LIW, several formulations of diffusivities across the interfaces of thermohaline staircases have been proposed in the literature, considering different R_ρ-dependent parameterizations inferred by laboratory or numerical experimentations. In the present study, the salt fingering diffusivity of nitrates K_{sf} is parameterized considering the fine characteristics of the step-layer structures observed during the cruise PEACETIME, following three different formulations. Although they have been extensively reviewed and compared between each other, the motivation here is to provide uncertainties on K_{sf} values. First, the formulation of salt fingering buoyancy flux proposed by Schmitt (1981) can be expressed in terms of diffusivity using Eq. (4) as

$$K_{sf} = (0.05 + 0.3 / R_\rho^3) . (g. k_T)^{1/3} . (\beta.\delta S)^{4/3} / (\partial S/\partial z) \tag{9}$$

where $k_T = 1.4 \ 10^{-7}$ m²/s is the molecular diffusivity of heat, δS the maximum value of interface salinity differences, $(\partial S/\partial z)$ the mean vertical salinity gradient across the transition layer, and R_ρ the bulk density ratio given by Eq. (1). The second formulation was proposed by Radko and Smith (2012)

$$K_{sf} = k_T.R_\rho.(135.7 / (R_\rho - 1)^{1/2} - 62.75) \tag{10}$$

The third formulation comes from the model of K-profile parameterized diffusivities (Large et al., 1994)

$$K_{sf} = 10^{-4} . (1 - ((R_\rho - 1) / (1.9 - 1))^2)^3 , \quad 1 < R_\rho < 1.9 \tag{11}$$

3. Results

3.1 Observation of staircases in the Tyrrhenian Sea

During the cruise PEACETIME, repeated casts have been carried out at a station located in the central Tyrrhenian Sea, a well-characterized deep area where intense thermohaline staircases are confined (Molcard and Tait, 1977; Zodiatis and Gasparini, 1996; Falco et al., 2016; Durante et al., 2019). The profiles from the surface to the bottom were collected every day during four days, showing well-ordered thermohaline staircases (Figure 3). Observations at this short timescale show strong reproducibility of the vertical structure. LIW properties remain stable at (14.34°C, 38.82), although with a slight uplift of the salinity maximum (470 dbar at cast A, 400 dbar at cast D). DW properties remain equally stable at (12.98°C, 38.50) below 2500 dbar. The bulk temperature and salinity gradients are similar for all the casts, respectively 0.00065°C/m and 0.00015/m. The bulk density ratio R_ρ is equal to 1.32, which is lower than 1.7, the upper threshold for the development of thermohaline staircases (Section 2.3). The transition zone is occupied by mixed layers of homogeneous properties (variance close to the instrumental precision) and of thickness ranging from few meters to some hundred meters at the metric resolution of the profiles. Interface salinity gradients can be sharp or gradually smoothed by small transient layers that split and merge during

the four days of observation. For example, between cast C and cast D (Figure 3), the transient layers disappeared from the interface at 1250 dbar and appeared in the interface at 1700 dbar, meanwhile the layer in between was lifted by about 20 dbar.

260 As reported in Table 3, the layer and interface thickness could fluctuate by up to 17 m during the four days of observation (a sign of active convection), while the temperature-salinity characteristics remained stable. The amplitude of the interface temperature-salinity differences increased with depth until 956 dbar (interface 4/5), then decreased progressively. The three main layers (5, 6, 7) were located between 983 dbar and 1871 dbar, with thickness ranging between 184 to 332 m. They were associated to large interface temperature-salinity differences: 0.06-0.19°C and 0.02-0.05.

265 The spatio-temporal extensions of observations can be inferred from two BGC-Argo deployments that preceded the cruise PEACETIME. This dataset provides continuous observations of the vertical structure in the upper 1000 dbar with a resolution of one to seven days from June 2013 until May 2017 (Section 2.1, Table 1). Temperature and salinity in the depth range of 300 to 1000 dbar show three stripes with roughly constant properties (Figure 4). The stripes correspond to a high density of scans indicating well-mixed layers, while lower densities of scans in between the stripes correspond to interfaces. The

270 temperature and salinity values along these stripes are diagnosed by the detection method (Section 2.3) and analyzed together with the layer properties of the central station (Table 3). The quantification of layer and interface thicknesses can be inaccurate on BGC-Argo profiles because of the limited vertical resolution and the limitation of profiling depth (1000 dbar) that may truncate the lowest detected layer. Thus, only the temporal evolution of the layer properties (temperature, salinity) has to be considered from the BGC-Argo dataset.

275 As shown in Figure 4, thermohaline staircases were observed almost continuously during the four-years period of BGC-Argo deployments. The proportion of staircase detection within this collection reaches 79% (Table 1). This observation extends over the southwest sector of the Tyrrhenian Sea up to the Sardinian Channel (Figure 5, left panel), suggesting a unique structure spreading from the central area up to the southwest border. The obtained vertical structure is in agreement with the shipboard profiles collected at the station PEACETIME and at the float deployment locations two and four years before (Figure 5, right

280 panels). Two layers appear quasi-persistent with steady properties (Figure 5, lower right panels). The first one at (13.65°C, 38.67) corresponds to layer 3 of the station PEACETIME (Table 3), the second one at (13.55°C, 38.65) corresponds to layer 4. The temperature and salinity gradients at interface 3/4 are of similar amplitude. In addition to the above mentioned structure, layer 2 was detected twice for periods of about one year, layer 1 during a period of six months, and layer 5 during a short period of three months. As a result, changes on the top of the transition zone can reduce the number of layers, when LIW are

285 fresher and cooler (second half of 2015), or increase the number of layers, when LIW get warmer and saltier (second half of 2016). Changes in the average depth of a layer similarly modulate the number of layers, due to vertical shifts of the whole structure (Figure 5, upper right panel).

3.2 Observation of staircases in the Algerian Basin

The CTD dataset in the Algerian Basin (Figure 6) covers most of the abyssal plain where thermohaline staircases are able to

290 develop (Krahmann, 1997; Bryden et al., 2014). It is composed of zonal transect of coarse spatial resolution between 1°E and

8°E, and three BGC-Argo float deployments inside the central basin with an average speed of 4 km per day (with a maximum at 10 km per day), twice as fast as the floats in the Tyrrhenian Sea. Such large drifts at 1000 dbar can be attributed to a vigorous basin-scale barotropic circulation, characterized by two permanent cyclonic gyres, and delineated by closed f/H contours (Testor et al., 2005). The area of staircase detection (67% of the profiles, Table 1) seems to be shaped by the barotropic circulation leading to staircase formation primarily inside the so-called Algerian Gyres, more precisely inside the box (37°20'N – 38°N, 4°E – 6°E), whereas staircases were more sporadic everywhere else.

During PEACETIME, four stations were carried out along the 38°N parallel with nine casts, including six daily casts repeated at one station (Figure 7). Thermohaline staircases were observed at every station, in the transition zone from the LIW (300-500 dbar) down to the DW (1400 dbar). They exhibited well-ordered steps and layers in the middle of the transect (casts B-H), with saltier LIW in cast H, while the profiles at the edges show no readily apparent pattern. In the latter casts (A and I), temperature and salinity profiles within the layers are inverted, indicating lateral intrusions of heat and salt along isopycnals. At the station with repeated casts (B-G), the largest steps were gradually smoothed by small transient layers that split and merged during the first days of observation. The structure was eroded in the last days (casts F-G), probably due to the growing influence of a mesoscale eddy sampled at the westernmost station (deeper LIW in cast A) progressively moving eastwards at that time.

Despite the spatial and short-scale temporal fluctuations, the bulk temperature and salinity gradients remained similar for all the central casts, 0.00060°C/m and 0.00013/m respectively, as did the bulk density ratio R_ρ (equal to 1.38). The transition zone was layered quasi-evenly, with six interfaces of about 0.05°C in temperature and 0.01 in salinity (Table 4). The largest interface 3/4 separated the two thickest layers (both about 70 m). Interlayer density ratios decrease from 1.4 to 1.25, with a major variation at the interface 3/4.

The spatio-temporal extensions of this observation was inferred from three BGC-Argo deployments that preceded the cruise (Section 2.1). Two separate periods were sampled: from May 2013 to January 2016 and again during the whole of 2017 (Table 1). The temperature and salinity scans in the depth range of 300 to 1000 dbar show clear stripes over several periods lasting some months (Figure 8). In other periods of similar duration, steps were less marked with denser concentration of scans between stripes. The continuity of the layers (stripes) is less clear than in the Tyrrhenian Sea, and the sharpness of the steps is more variable (depicted in Figure 8 by different densities of scan concentration between stripes).

The layer properties have been diagnosed by the staircase detection method (Section 2.3). Their evolution is depicted considering the shipboard CTD and BGC-Argo datasets (Figure 9). The profiles collected by the floats, although limited to 1000 dbar, can provide an observation of most of the vertical structure (the first five layers over seven reported in Table 4). They reveal the reproducibility of the layering pattern over years, in continuity with the patterns documented in their vicinity by ship surveys. Moreover, gradients at the largest interface 3/4 are in agreement with the values from PEACETIME stations (Table 4), about 0.07°C in temperature and 0.02 in salinity. Layer properties changed as temperature and salinity of LIW increased, as suggested by the two episodes delimited by the red lines in Figures 8 and 9.

During the first episode lasting three months, float 6901513 drifted eastwards profiling every 20 km, along a 250 km zonal transect around the 37°30'N parallel (Figure 10, left panel). In contrast with the middle of the transect, the profiles appear jumbled at the eastern and western edges (Figure 10, upper right panel), indicating a disruption of the layers as consequence of lateral intrusions. These local inversions among layers reflect the changes of layer properties reported above (Figure 9). Changes in layer and interface thicknesses can be more clearly seen from profiles aligned at the depth of the interface 3/4 (Figure 10, lower panel). Staircases appear well developed in the middle of the transect: steps are sharper and layers are thicker than at the edges, showing a small transient layer splitting the interface 3/4. This observation suggests well-ordered thermohaline staircases confined inside an epicentral region between 4°15'E and 5°30'E meridians.

During the second episode lasting four months, float 6901600 completed a cyclonic gyration, profiling every 10 km along a path of 60 km radius inside the eastern Algerian Gyre (Figure 11, left panel). Lateral intrusions were found in most of the area surveyed by the float until 22 February 2015 (Figure 11 upper right panel), covering the sector north of 38°10'N and east of 5°40'E. In contrast, the layering is well defined in profiles collected in the neighborhood of the position (37°45'N, 5°20'E). As mentioned earlier, local inversions within layers are associated to changes in layer properties (Figure 9, right panel between red lines) that intensify with distance to the position (37°45'N, 5°20'E), documenting the development of lateral intrusions in the surrounding area.

The two episodes detailed the spatial extension sketched out in Figure 6, with active well-ordered thermohalines staircases confined inside the eastern Algerian Gyre, and their progressive erosion all around. Moreover, these episodes confirmed the connection between layers of fluctuating properties and their continuity over the whole period of observation (suggested in Figures 8 and 9). The layer properties in a temperature-salinity diagram are aggregated by layer along separate lines (Figure 12, upper left panel). Floats and cruises records are distributed from the oldest to the newest along these lines, with the temporal succession starting with float 6901513 (blue), followed by SOMBA-GE (purple triangles), float 6901600 (green), PEACETIME (purple dots), and float 6902732 (red). As a result, these lines document inter-annual trends, as the five connected layers get warmer (by about 0.06°C) and saltier (by about 0.02) during the four years of observation.

The changes in layer properties in terms of lateral density ratio as expressed in Eq.(3) and estimated from the slope of layer distributions in the temperature-salinity diagrams (Section 2.3) are reported in Table 5. Considering the whole period, each layer is distributed along a line crossing isopycnals as a composite of segments nearly parallel to isopycnals (Figure 12, upper left panel). The gross lateral density ratio associated to this distribution is in the range of 0.65 – 0.78, with an average of 0.72. In each episode considered separately, the distribution of layer properties is encapsulated in single segments with slopes closer to isopycnals (Figure 12, lower panels). Lateral density ratios are in the range of 0.89 to 0.93 for the first episode, 0.82 to 0.98 for the second episode, with an average of 0.91 in both episodes. Given the short timescale of each episode (3-4 months), these ratios are inferred by changes in layer properties attributed to spatial variations, in agreement with the previous descriptions of the episodes. In the epicentral region, the distribution extents along lines crossing isopycnals (Figure 12, upper right panel). Lateral density ratios are in the range of 0.74 to 0.83, with an average of 0.80. This ratio is the result of the inter-annual trend in the relative changes between layer temperature and layer salinity. As detailed further in Section 4.3, these estimations of

lateral density ratios assume water mass conversion within thermohaline staircases driven by two distinct processes, one acting at large spatial scales, the other at large temporal scales.

3.3 Estimation of nitrate fluxes in presence of thermohaline staircases

The large scale nutrient distribution in the LIW, based on nitrate profiles collected during PEACETIME in May-June 2017, shows a progressive increase along its pathway from the Ionian Sea to the Algerian Basin (Figure 1). The LIW enrichment is particularly significant in the Tyrrhenian Sea, with an increase of 2 µmol/kg in nitrate concentration between the eastern Tyrrhenian station and the southwestern Sardinian station. This observation is analyzed using five contrasted stations selected along the LIW pathway (Figure 13). Saltier LIW are found in the Ionian station (higher than 38.9) at 200 dbar depth, whereas fresher LIW are found in the Algerian station (salinity 38.6 at 450 dbar). The three intermediate stations have transitional properties, reaching 38.7 in salinity southwest of Sardinia. Nitrate concentrations follow an inverse trend as compared to salinity: profiles at the five stations are clearly differentiated below 250 dbar, showing inflow of low nutrient waters from the Ionian Sea to the eastern Tyrrhenian (same nitrate values at 450 dbar) and their progressive enrichment until the Algerian Basin.

In the central Tyrrhenian Sea and Algerian Basin where thermohaline staircases occur (Figure 14, left panel), the sunlit surface layers were equally depleted at this time of the year, while the nutrient stocks were similar in the DW with nitrate concentrations of about 8.7 µmol/kg. Differences occur in the transition zone: in the Algerian Basin, nitrate concentrations slightly decrease by 0.7 µmol/kg over a depth range of 500-1500 dbar towards their DW concentrations; while in the Tyrrhenian Sea nitrate concentrations increase by 2.3 µmol/kg over a depth range of 500 to 2000 dbar. Another major difference between the two basins appears on the depth extension of the nitracline. In the Algerian Basin, the base of the nitracline is within the LIW (350-500 dbar), where nitrate concentrations reach their maximum value, followed by a decrease towards DW values. In the Tyrrhenian Sea instead, the nitracline extends to 250 dbar, nitrate concentrations reach a local maximum above the LIW, and slightly decrease inside the LIW core where the salinity maximum is found at 400 dbar.

The "S-shape" delineated by the nitrate profile between LIW and the nitracline marks the isopycnal inflow inside the Tyrrhenian Sea of the nutrient-poor waters from the Ionian Sea. Float 6901769 documented this feature during the two years preceding the cruise (Figure 14, right panel). The S-shape appears as a persistent feature in the southwest sector of the basin, with variable amplitude depending on the location. It is pronounced in the southeasternmost profiles of the distribution, with a decrease in nitrate concentrations down to 4 µmol/kg along the isopycnal 29. Moving west towards the Sardinian Channel, the minimum reaches 5.6 µmol/kg. In the central Tyrrhenian Sea, the minimum increases to 6 µmol/kg. Along the eastern Sardinian coast, the nitrate profile shows only a slight inflexion at 6.5 µmol/kg. In summary, the Ionian water inflow gradually impacts the nutrient distribution above LIW. This will be further discussed in connection to the LIW circulation pathway in Section 4.4.

In order to quantify the roles played by thermohaline staircases or Ionian-Algerian inflows on LIW nutrient distribution, the vertical transfers of nitrate were estimated on three distinct approaches and locations: (i) the central Tyrrhenian station of the cruise PEACETIME, with four casts at the same location providing a snapshot on density and nitrate concentrations, each measured with high accuracy; (ii) the Algerian stations of the cruise, in which spatial and temporal inhomogeneities are found affecting only the surface layer; (iii) using data collected by float 6901769, with a broader range (see Figure 5) but less accurate nitrate measurements (Section 2.2). In the two first cases, diapycnal nitrate fluxes are computed using parameterizations detailed in Section 2.4; stages of computation and results are reported in Table 6. In the case of float data, only diapycnal fluxes above the LIW were estimated using a similar procedure as for the other estimates (Table 6). An average nitrate flux has been estimated using 98% of the float based profiles, yielding 241 +/- 93 $\mu mol/m^2/d$ upward through the nitracline, and -31 +/- 21 $\mu mol/m^2/d$ downward from the base of the nitracline into the LIW.

The overall nitrate transfers along a zonal transect crossing the southwestern Mediterranean is displayed in Figure 15. It appears that the largest fluxes correspond to the nutrient supply in the surface productive waters. In the Algerian Basin, there was a net loss of LIW nitrate, mostly towards the surface layer, whereas in the Tyrrhenian Sea, a net augmentation of LIW nitrate was found. The contribution from the DW reservoir through thermohaline staircases represents one fourth of that supply. Considering that they also receive nitrates from above during their transit through the Tyrrhenian Sea, LIW are net exporter of nutrients from the basin. The implications will be further discussed in comparison with other processes in Section 4.4.

4. Discussion

4.1 Different vertical structures

In the Tyrrhenian Sea, thermohaline staircases are the predominant feature in the water column (Figure 3), spreading from 600 to 2275 dbar and made up of ten layers that can reach unusual thickness of 330 m. Only the upper part of these structures has been observed by the BGC-Argo floats because their profiling depth was limited to 1000 dbar. In contrast, the thermohaline staircases of the Algerian Basin are well documented by the BGC-Argo collection as they extend between 600 and 1200 dbar depth (Figure 7), with seven layers 30 to 75 m thick. Structural differences between the two basins are due in part to the inflow of newly formed DW in the Algerian Basin laying on the seafloor up to 2300 dbar (Figure 7) uplifting the "older" DW (Zunino et al., 2012; Send and Testor, 2017). Consequently, the DW pool presents a temperature-salinity minimum at 1400 dbar that intrinsically limits the vertical extension of the structure. In the Tyrrhenian Sea, the transition zone is not bounded so that staircases can extend over larger depths. Moreover, Tyrrhenian LIW are warmer and saltier than Algerian LIW, leading to lower density ratios which drive preferential development of thicker layers (further detailed below).

The thermohaline staircases observed during the cruise PEACETIME have similar characteristics than those previously reported in the same basins. The vertical structure in the Tyrrhenian Sea is very close to those observed in 2007-2010 (Falco et al., 2016), and more interestingly, to the one observed 44 years ago in May 1973 (Molcard and Trait, 1977). Meanwhile, Zodiatis and Gasparini (1996) observed a lower number of layers inside the same depth range (only 6 in 1991, even 5 in 1992),

together with larger individual thicknesses (up to 543 m). Notably, the DW properties were modified during this period as an effect of the eastern Mediterranean transient (Gasparini et al., 2005): the observed injection of heat and salt in the deep Tyrrhenian Sea would have favored the deepest layers to merge. Moreover, Durante et al. (2019) documented an upward lift of the vertical structure by several hundred meters after 2010, and the presence of smaller steps below the deepest thick step, which is likely due to the ingression of a new denser water mass from the large production of anomalous DW in the Liguro-Provençal basin during the winters of 2005 and 2006. In the Algerian Basin, the present vertical structure is similar to those observed in 1994 (Krahmann, 1997): the vertical structure extended between 500 and 1300 dbar, with seven layers ranging between 28 m and 67 m in average thickness. From biannual surveys carried out between 2006 and 2010, Bryden et al. (2014) report that the transition zone extended in depth, bounded by a temperature-salinity minimum at 1600 dbar, with eight layers averaging 93 m in thickness and a bulk density ratio of 1.28. In comparison with the present observation, an uplift of the "old" DW by 200 dbar and an increase of the density ratio to 1.38 could explain such structural differences.

As discussed above, layers tend to be thicker when bulk density ratios decrease. The theoretical model of Radko (2005) describes the macroscopic formation of thermohaline staircases by salt fingering as a series of merging events that make thin and unsteady layers grow into an equilibrated vertical structure. At the ultimate stage, layer thicknesses reach a critical value determined by the bulk density ratio (see the Figure 3 of Radko, 2005). The model predicts critical layer thickness to decrease with increasing bulk density ratios, to about 200 m for the bulk density ratios of the Tyrrhenian Sea (1.32) and about 80 m for those of the Algerian Basin (1.38). According to the present observations (Tables 3 and 4), the critical layer thicknesses in the middle of the structures are in good agreement with the model predictions. Moreover, following Radko et al. (2014), there is a tendency for unsteady layers to merge if the thickness of the adjoining layers is lower than their critical value; the preferential merging scenario, denominated "B-merger", should occur in a manner that maintains the temperature-salinity differences between broad layers. This mechanism of adjustment has been found in the present study. The daily profiles at long stations in the Tyrrhenian Sea (casts A-D, Figure 3) and in the Algerian Basin (casts B-G, Figure 7) documented the occurrence of small transient layers at the interface between layers that have likely reached their critical thickness, without any change of layer properties. In addition, the two sequences of BGC-Argo profiles in the Algerian Basin (Figures 10 and 11) also documented the occurrence of a small transient layer that either splits the main interface 3/4 when the adjacent layers are broad or merges when the adjacent layers decrease in width, while the interlayer temperature-salinity gradients remain equal.

4.2 Areal extents delineated by large scale circulation features

In the Tyrrhenian Sea, the present analysis suggests a unique structure spreading from the central area until the southwest border (Figure 5). According to Zodiatis and Gasparini (1996) who studied a set of shore to shore transects all around the basin, thermohaline staircases cover large distances from the central part, becoming progressively weaker and finally disappearing near the borders. The authors reported an extension in the southwestern sector of the basin, documented along two transects southeast Sardinia, which is in agreement with the present case (Figure 5, left panel). Sparnocchia et al. (1999) confirmed such extension northwest of Sicily. More recently, high resolution synoptic observations of staircases by seismic

data have been reported along three zonal transects north of the 40°N parallel (Buffett et al., 2017). The staircases are depicted as continuous stripes, well-ordered in the central part of the basin, weakening close to the continental slope, with remarkable spatial continuity. These independent observations confirm the hypothesis of a unique structure extending over large parts of the Tyrrhenian Sea, with an epicentral region located at its deep central area, as proposed by Molcard and Tait (1977).

Such configuration, with active salt fingering (see Section 4.3) and well-developed staircases that progressively erode with distance from the center, can also applies to the Algerian Basin. The basin-scale survey by BGC-Argo floats pointed out a region of systematic staircase detection around the position (37°45'N, 5°20'E), extending west until the 4°E meridian and south until the 37°20'N parallel. In addition, the zonal transect of the cruise PEACETIME, although of coarse resolution, showed a well-developed vertical structure in this region (cast H, Figure 7). Thermohaline staircases have been previously observed along the same zonal transect (Bryden et al., 2014). Thanks to biannual surveys at higher spatial resolution, the authors reported the different layering aspects: well-ordered vertical structures around 4°E progressively eroded westwards, and jumbled profiles in the eastern stations. More recently, glider surveys along 3°E and 4°E provided high resolution synoptic observations of thermohaline staircases with a remarkable structural spatial continuity between the two layering aspects (Cotroneo et al., 2019). These reports are in agreement with the regionalization by staircase regimes proposed by Krahmann (1997): a region of inverted layers close to Sardinia where LIW enter the basin and flow northwards along the continental slope, farther west a region of well-ordered layering, then a westernmost region with "diffusively reduced" layers.

If DW play a role on the vertical extension (Section 4.1), the areal extent of thermohaline staircases appears to be controlled by LIW circulation features. In other terms, locally high LIW properties, originating either in the southeastern or in the southwestern Sardinian sectors, would drive similar configuration for the two staircase regions as organized around epicentral regions. Warmer and saltier LIW are brought by the eastern Mediterranean outflow into the Tyrrhenian Sea through the Sicily Strait. Following Sparnocchia et al. (1999), the flow is made up of LIW at 200-800 dbar depth and transitional DW down to 1850 m depth. The authors argued that the mixing by salt fingering process acts when the bottom slope does not influence the flow any more. On the other side of the Sardinian Channel, LIW flowing inside the Algerian Basin is warmer and saltier than the central Algerian waters. The saltier LIW circulate northward along the continental slope, resulting in a density front from which interleaving layers are formed (Krahmann, 1997).

The influence of saltier LIW intrusions inside the adjoining basins can extend over large distances. In the case of the Tyrrhenian Sea, the deep circulation is weak enough that saltier LIW, progressively entrained cyclonically along the continental slope, affect the central basin through lateral intrusions (Zodiatis and Gasparini, 1996). In the case of the Algerian Basin, the eastern Algerian Gyre, a component of the basin-scale barotropic cyclonic circulation (Testor et al., 2005), plays a stabilizing role for interleaving layers to take the form of thermohaline staircases, and extend westwards until the epicentral region. Interesting to note, warmer and saltier LIW are found in the western part of the gyre (between 4°E and 6°E) even though this area is farther from the inflow of Tyrrhenian LIW (Mallil et al., 2016). The anomaly is also present during the PEACETIME transect: cast H located in the western part of the gyre presents saltier LIW than cast I located in its eastern part (Figure 7). This patch matches with the epicentral region where staircases become active and well-developed (Figure 6). The origin of this patch can

be inferred from specific mesoscale structures: the Sardinian eddies (anticyclones with a deep LIW core around 600 dbar depth) that detach from the continental slope and evolve at the periphery of the eastern Algerian Gyre (Testor and Gascard, 2005). As a result, saltier LIW transported by Sardinian eddies likely end up confined in the western part of the gyre with slightly modified properties. Float 6901513 was trapped three times inside Sardinian eddies. This is evidenced by the high anomalies of LIW properties (Figure 9), and deeper LIW core as profiles, truncated by the 1000 dbar profiling depth, show narrower temperature-salinity ranges (see Figure 8). Two of these events (July 2013 and July 2014) were located in the northern part of the western Algerian Gyre (39°N, 5-6°E), the third event (March-April 2015) was located along the eastern border of the basin.

4.3 Temporal continuity and water mass conversion

The temporal continuity of thermohaline staircases is the most challenging aspect to assess from observations. In the present study, the large timeseries collected by the BGC-Argo floats with a resolution of some days revealed the continuity of the layering pattern over months and years (Figures 4, 8). As a result, adjustments of the vertical structures, or even their decay, have been documented at short timescales (some days) in response to changes in LIW properties (Figures 5, 9). In the case of the Algerian Basin, these changes have been analyzed under the caveat of rapid float motions leading to spatial variations that may insert distortions (Figure 10, 11). Thanks to the BGC-Argo deployments, thermohaline staircases are found to be long-lived, in the Tyrrhenian Sea, in agreement with the early estimate of Molcard and Tait (1977), as well as in the Algerian Basin. Quasi-permanent staircases are thought to be sites of thermohaline changes among continuous mixed layers, characterized according to two specific regimes and identified by lateral density ratios (R_L, Eq. (3)). In a first type of regime, thermohaline changes can take the form of intrusions of heat and salt spreading horizontally inside layers. This spatial regime is triggered and sustained by isopycnal stirring from a steady interleaving state (McDougall, 1985; Merryfield, 2000), which would lead to lateral density ratios close to 1 (Schmitt, 1994). Alternatively, thermohaline changes can take the form of slow temporal trends induced by the downward flux of heat and salt. In this type of regime, the lateral density ratio is identifiable by the convergence flux ratio that relates heat and salt fluxes across salt fingers (Schmitt, 1994). Observations often reveal a mixture of the two regimes (Schmitt et al., 1987), regardless relative changes in layer properties can be documented either spatially with synoptic surveys, or temporally with long term records at fixed locations. Lateral density ratios derived from observations can be compared to theoretical models in order to identify whether isopycnal stirring or salt fingering is active. As shown in Section 3.2, the present estimations of lateral density ratios can be characteristic of one of the two regimes specifically, depending on the spatial or temporal limitations of the considered distributions.

To the best of our knowledge, the present BGC-Argo collection provides the first measurements for the western Mediterranean of lateral density ratios at inter-annual scales, with a temporal resolution ensuring the continuity of the layers. Lateral density ratios have been evaluated in the Tyrrhenian Sea (Zodiatis and Gasparini, 1996) as well as in the Algerian Basin (Krahmann, 1997) from synoptic field surveys. Their results are in agreement with the theoretical prediction of the spatial regime with values close to 1. An attempt to evaluate long-term trends using historical data has been proposed by Zodiatis and Gasparini

(1996), but the fluctuations encountered in the vertical structure (Section 4.1) did not lead to reliable estimate of lateral density ratios within single and continuous layers. Falco et al. (2016) provided interannual trends of vertical averaged properties, which could neither give access to any estimate of lateral density ratios.

Layer temperature and salinity changes have been analyzed in both spatial and temporal scales using the BGC-Argo data. In the Tyrrhenian Sea, both floats drifted slowly in the southwest sector, moving progressively away from the epicentral region. An estimate of long-term trends would be affected by such slow motion, making it difficult untangling from spatial variations. Moreover, the upper vertical structure sampled by the floats (until 1000 dbar) is more likely affected by adjustments and inversions among layers because the eastern Mediterranean flow is preferentially injected in that depth range (Sparnocchia et al., 1999). As a result, the fluctuations are within the range of instrumental precision (0.01 in salinity), hence lateral density ratios have not been reported for the Tyrrhenian Sea in the present study.

The present study provided extensive and synoptic surveys of the Algerian Basin, with several pathways across the eastern Algerian Gyre. In particular, the temporal coverage of the BGC-Argo deployments allowed the assessment of variations in layer properties, about 0.02 in salinity during the four years of acquisition, larger than the instrumental precision limit. The collection enabled the characterization of the main layers (3 and 4) and the largest steps (interface temperature-salinity differences larger than instrumental precision) of the vertical structure. The resulting distributions lay out in a temperature-salinity diagram as a superimposition of episodes marked by distinct segments with an overall trend, where the two regimes of water mass conversion appear untangled (Figure 12). Lateral density ratios of 0.91 have been estimated from distributions limited to short episodes. This is in agreement with theoretical results of thermohaline changes driven by isopycnal intrusions (McDougall, 1985; Merryfield, 2000). In the western sector of the eastern Algerian Gyre (epicentral region), the lateral density ratios dropped down to values in the range of 0.74 to 0.83 depending on layers. The gross lateral density ratio reaches an average value of 0.72 if the whole dataset is considered. These estimates compared to the theoretical flux ratios, equal to 1 for isopycnal stirring process, dropping down to 0.5-0.7 when salt fingering is active (Schmitt et al., 1987). The flux ratio predicted by the model of Radko and Smith (2012) is 0.60 using bulk density ratio from the Algerian Basin (1.38). This result supports layering patterns by active salt fingering in the western sector of the eastern Algerian Gyre.

4.4 Nitrate enrichment of LIW across the Tyrrhenian Sea

The nutrient pool below the surface productive zone is interconnected over the whole Mediterranean by its thermohaline circulation. LIW are thought to act as a conveyor belt that progressively accumulate nutrients from the eastern to the western basins of the Mediterranean Sea. During the cruise PEACETIME, LIW enrichment has been observed in particular across the Tyrrhenian Sea: nitrate concentrations increased by 2 μmol/kg within a 100 m thick layer (Figures 1 and 13). Vertical transfer of nutrients through diffusion likely contributes to this enrichment : as a consequence of the presence of thermohaline staircases, the salt fingering diffusivity is estimated to about three times larger than the turbulent diffusivity reported by Ferron et al. (2017) in the depth range of 1000-2000 m, which is in agreement with the theoretical prediction of Hamilton et al. (1989). In addition, low nutrient Ionian LIW flowing inside the Tyrrhenian Sea lead to a reversal and accentuation of the vertical

gradient with DW (Figure 13). As a result, based on the analysis of the PEACETIME dataset, the nitrate flux between DW and LIW is opposite to salt fluxes and contributes one fourth of the nitrate supply inside LIW, while three fourth of that nitrate supply is transferred from above LIW (Figure 15). However, the cumulated vertical nutrient fluxes, reaching values of 10.9-39.3 $\mu mol/m^2/d$ nitrate, are not sufficient to explain the observed increase in LIW nutrient concentrations in the Tyrrhenian Sea: the time necessary for vertical nitrate fluxes to balance the 2 $\mu mol/kg$ increase is in the range of 14-60 years. This is not consistent with LIW residence times in the Tyrrhenian Sea, estimated as a few years, based on trajectories of MedArgo floats drifting at 350 dbar depth (Poulain et al., 2007).

In addition to vertical diffusion, horizontal advection by large scale circulation could also contribute to the observed modifications in nutrient content in the Tyrrhenian Sea. The Ionian inflow through the Sicily Strait is bounded at 200 dbar depth by the modified Atlantic water outflow. The depth of the sill at 480 m delineates its lower limit. As a consequence, the surface layer (above 200 dbar) is not influenced by the Ionian inflow; the deeper layer (below 500 dbar) is quickly and locally affected by the cascading of the dense Ionian waters that are modified by turbulent mixing with DW until they reach their level of equilibrium (between 500 and 1400 dbar, Sparnocchia et al., 1999). As evidenced in Figures 13 and 14, only the layer between 200 and 500 dbar gradually changes in large scale properties with an increase in nutrient concentrations over the whole Tyrrhenian Sea. In this depth range, there is an overall agreement between the signature of Ionian LIW (the S-shape in the nitrate profiles, Figure 14) and the pathway of LIW circulation (Krivosheya and Ovchinnikov, 1973; Astraldi and Gasparini, 1994). The strongest perturbations in nitrate concentrations are found in the southwestern sector (brown, red and blue circles, Figure 14) corresponding to the branch of circulation between the Sicily Strait and the Sardinian Channel. This pattern is eroded along the eastern Sardinian coast (red circles, Figure 14) that corresponds to the LIW outflow. Note that the regional circulation scheme of Krivosheya and Ovchinnikov (1973) also reports inflow of Algerian waters in the surface layer along the southern border of the basin: the presence of this nutrient-rich water mass above LIW accentuates the contrast with nutrient-poor Ionian waters and the changes in nitrate concentrations reported in the southwestern sector of the Tyrrhenian Sea (Figure 14, right panel). An additional physical process that might contribute to LIW nutrient enrichment is the contribution of terrestrial inputs by isopycnal diffusion on the LIW horizons (400-500 dbar). These inputs might be transferred to the intermediate layer by the biological pump acting along the Tyrrhenian shelves, followed by advection through lateral intrusions that occur along the continental slope and feed the thermohaline staircase in the central part of the basin (Zodiatis and Gasparini, 1996; Sparnocchia et al., 1999).

The upward flux of nitrate to the surface layer estimated in the present study (420-700 $\mu mol/m^2/d$, Figure 15) has the same order of magnitude than measured during spring in the northwestern Mediterranean (Mouriño-Carballido et al., 2016); it corresponds to 11-20 $gC/m^2/y$ new production. A rough estimate based on the increase in LIW nitrate concentrations of 2 $\mu mol/kg$ in its passage through the southern Tyrrhenian Sea would lead to ~30 $gC/m^2/y$ new production, assuming a LIW transport of 1 Sv and a southern Tyrrhenian surface of 150000 km^2. These independent estimates are close to the 10 $gC/m^2/y$ new production calculated from the phosphorus budget in the Tyrrhenian Sea (Béthoux, 1989). Annual carbon fixation rates,

equivalent to total production, were estimated at 87 gC/m^2/y from ocean color imagery in the Tyrrhenian Sea (Morel and André, 1991). To support the observed total production, nitrogen in LIW should turnover 5.4 times in the productive layer with a hypothetical f-ratio of 0.18, in agreement with f-ratio values of other oligotrophic areas.

590 All this depicts a more complex scenario. Contrary to what one would expect based on the strong nutrient gradient between LIW and DW at the southeastern entrance of the basin, the nutrient pool accumulated by LIW is not the main fertilizer of the Tyrrhenian Sea. Instead primary production is supported by other sources, coastal or atmospheric, and possibly, by inputs from the Algerian Basin. The latter are likely contributed by organic matter sinking from the layer above 100 dbar (Santinelli et al., 2018), given that existing data do not show significant inorganic nutrients concentrations in the surface along the Sardinian

595 Channel (e.g., Astraldi et al., 2002). An additional source could be through entrainment from Algerian waters below the surface. These nutrients utilized within the basin, are transferred to depth by the biological pump into the LIW and exported to the Algero-Provençal Basin, thereby compensating the surface and deep inputs from the latter. Overall, the Tyrrhenian Sea acts as a remineralization basin and as a source of nutrients for the Algero-Provençal Basin rather than a sink for nutrients originating in the eastern Mediterranean.

600 **5. Conclusion**

In this study, we report long term observations of thermohaline staircases in two sites of the western Mediterranean, the Tyrrhenian Sea and the Algerian Basin, in association with their fine characterization carried out during the cruise PEACETIME. The staircases develop in the transition zone between LIW and DW, organized around epicentral regions. The epicentral regions are located inside large scale circulation features, that stabilize the influence of interleaving layers triggered

605 by saltier LIW inflows. As observed in the Algerian Basin, epicentral regions are sites of active mixing, with changes in seawater properties of about +0.06°C in temperature and +0.02 in salinity, during the four years of observation. The dataset collected by profiling floats allowed the measurement of in situ lateral density ratios over inter-annual scales, with a resolution ensuring the continuity of the layers among the vertical structure. These lateral density ratios have been analysed in the view of theoretical predictions to identify and untangle salt fingering as driver for water mass conversion, and isopycnal diffusion

610 as driver for heat and salt transfers from the surrounding sources.

Thermohaline staircases constitute regimes of enhanced diapycnal diffusivity for inorganic nutrients. In addition to large scale advection and isopycnal stirring, they actively contribute to the enrichment in nitrate of LIW across the Tyrrhenian Sea, in conjunction with the remineralization of particulate biogenic material produced in surface or dissolved organic matter advected from the Algerian Basin and Tyrrhenian coastal areas. The respective role of these sources and processes in the nitrate

615 enrichment of LIW has been first guessed in the present study and would require dedicated studies to address, in particular, nitrate accumulation in conjunction with apparent oxygen utilization along the LIW pathway and their agreement with Redfield ratio. A more detailed picture of the long term evolution of Tyrrhenian staircases and interplay with nutrients will undoubtedly emerge with ongoing deployments of BGC-Argo floats carrying both nitrate and oxygen sensors.

Author contribution

620 VT, LP and FDO contribute to the experimental setup, to the data analysis and to the writing of the manuscript. MRA and EPV contribute to the analysis of nutrient data and to the review of the manuscript.

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Float WMO	First profile	Last profile	Algerian Basin	Tyrrhenian Sea
6901513	09 May 2013 - 0	16 Jun 2015 - 182	116 / 183 (63%)	/
6901600	23 Aug 2014 - 1	23 Dec 2015 - 101	92 / 102 (90%)	/
6902732	16 Jan 2017 - 41	18 Dec 2017 - 91	16 / 51 (31%)	/
6901491	16 Jun 2013 - 0	30 May 2015 - 178	/	152 / 179 (85%)
6901769	31 May 2015 - 0	02 May 2017 - 143	/	102 / 144 (71%)
TOTAL	09 May 2013	18 Dec 2017	224 / 336 (67%)	254 / 323 (79%)

Table 1: Selection of CTD profiles collected by five floats in the Algerian Basin and in the Tyrrhenian Sea. Each deployment is labeled using the float Word Meteorological Organization (WMO) number. Right columns: date and cycle number of the first and the last profiles of this selection. Left columns: total number of profiles / number of profiles with staircase detection (fraction of profiles with staircase detection).

Depth Interval (dbar)	ε (10^{-9} W/kg)	K_{turb} (10^{-5} m²/s)
20 – 100	6 – 10 *	
100 – 150	7.7 +/- 10.4	3.5 +/- 4.8
150 – 200	4.6 +/- 4.6	6.0 +/- 6.0
200 – 250	4.7 +/- 4.4	11.0 +/- 10.2
250 – 300	3.1 +/- 1.7	14.0 +/- 7.9
300 – 350	3.1 +/- 2.3	24.4 +/- 18.3
350 – 400	0.9 +/- 0.3	9.6 +/- 3.0

805   **Table 2: look-up table for turbulent kinetic energy dissipation rates and vertical eddy diffusivity derived from a Thorpe scale based parameterization, and applied to the full resolution CTD profiles of the cruise PEACETIME collected in the Algerian Basin and in the central Tyrrhenian Sea. The methodological approach described by Park et al. (2014) has been strictly followed, by averaging in 50 m bins over the 13 profiles represented in Figures 3 and 7. For surface values (*), the range of estimation proposed by Cuypers et al. (2012) is used.**

Layer	Depth interval (dbar) Top	Depth interval (dbar) Bottom	Layer Thickness (m)	Layer Temperature (°C)	Layer Salinity	Interface Thickness (m)	Interface Temperature Difference (°C)	Interface Salinity Difference	Density Ratio
1	614 +/- 3	660 +/- 1	46 +/- 2	13.862 +/- 0.000	38.720 +/- 0.000				
						4 +/- 1	0.079 +/- 0.000	0.017 +/- 0.000	1.38 +/- 0.03
2	664 +/- 2	728 +/- 3	64 +/- 3	13.784 +/- 0.001	38.703 +/- 0.000				
						14 +/- 4	0.134 +/- 0.001	0.031 +/- 0.000	1.32 +/- 0.03
3	741 +/- 6	821 +/- 8	80 +/- 9	13.650 +/- 0.001	38.672 +/- 0.000				
						6 +/- 2	0.096 +/- 0.001	0.022 +/- 0.000	1.31 +/- 0.03
4	827 +/- 8	956 +/- 8	129 +/- 5	13.554 +/- 0.001	38.650 +/- 0.000				
						28 +/- 6	0.192 +/- 0.001	0.047 +/- 0.000	1.26 +/- 0.01
5	983 +/- 3	1259 +/- 15	276 +/- 14	13.362 +/- 0.000	38.603 +/- 0.000				
						56 +/- 10	0.147 +/- 0.001	0.038 +/- 0.000	1.20 +/- 0.00
6	1314 +/- 7	1647 +/- 8	332 +/- 1	13.216 +/- 0.000	38.565 +/- 0.000				
						40 +/- 9	0.063 +/- 0.001	0.018 +/- 0.000	1.14 +/- 0.03
7	1687 +/- 7	1871 +/- 5	184 +/- 8	13.153 +/- 0.000	38.547 +/- 0.000				
						78 +/- 8	0.054 +/- 0.001	0.015 +/- 0.000	1.16 +/- 0.03
8	1948 +/- 9	2033 +/- 20	85 +/- 13	13.099 +/- 0.000	38.532 +/- 0.000				
						35 +/- 15	0.022 +/- 0.000	0.006 +/- 0.000	1.20 +/- 0.02
9	2067 +/- 8	2167 +/- 17	100 +/- 14	13.077 +/- 0.000	38.526 +/- 0.000				
						32 +/- 16	0.021 +/- 0.000	0.007 +/- 0.000	1.19 +/- 0.03
10	2199 +/- 8	2275 +/- 18	76 +/- 17	13.056 +/- 0.000	38.519 +/- 0.000				

810 **Table 3: Characteristics of the staircases in the Tyrrhenian Sea, extracted from the four casts carried out during PEACETIME (Figure 3). The selected layers are thicker than 15 m. The layer numbering increases with depth. Parameters are presented as average value and standard deviation over the four casts.**

Layer	Depth interval (dbar)		Layer Thickness (m)	Layer Temperature (°C)	Layer Salinity	Interface Thickness (m)	Interface Temperature Difference (°C)	Interface Salinity Difference	Density Ratio
1	611 +/- 21	636 +/- 17	25 +/- 8	13.249 +/- 0.003	38.555 +/- 0.001				
						33 +/- 6	0.062 +/- 0.002	0.013 +/- 0.001	1.42 +/- 0.04
2	669 +/- 18	713 +/- 15	44 +/- 10	13.188 +/- 0.001	38.542 +/- 0.000				
						32 +/- 8	0.054 +/- 0.002	0.012 +/- 0.001	1.37 +/- 0.05
3	744 +/- 21	807 +/- 13	63 +/- 12	13.133 +/- 0.002	38.530 +/- 0.001				
						48 +/- 13	0.072 +/- 0.001	0.016 +/- 0.000	1.31 +/- 0.02
4	850 +/- 16	923 +/- 8	74 +/- 15	13.061 +/- 0.002	38.514 +/- 0.000				
						41 +/- 12	0.030 +/- 0.001	0.007 +/- 0.001	1.23 +/- 0.09
5	965 +/- 12	999 +/- 4	35 +/- 11	13.031 +/- 0.003	38.507 +/- 0.001				
						35 +/- 9	0.039 +/- 0.001	0.009 +/- 0.001	1.25 +/- 0.06
6	1034 +/- 9	1101 +/- 23	67 +/- 25	12.992 +/- 0.001	38.498 +/- 0.001				
						45 +/- 26	0.034 +/- 0.002	0.008 +/- 0.001	1.24 +/- 0.07
7	1154 +/- 13	1193 +/- 30	39 +/- 29	12.957 +/- 0.003	38.489 +/- 0.001				

Table 4: Characteristics of the staircases in the Algerian Basin, extracted from the nine casts carried out during PEACETIME (Figure 7). The selected layers are thicker than 15 m. The layer numbering increases with depth. Parameters are presented as average value and standard deviation over the four casts.

815

Layer	All datasets May 2013 – Dec 2017	Inside box (37°20'N-38°N, 4°E-6°E)	Float 6901513 Sep 2013 – Dec 2013	Float 6901600 Nov 2014 – Apr 2015
1	0.78	0.82	0.89	0.91
2	0.77	0.83	0.90	0.98
3	0.73	0.83	0.93	0.94
4	0.67	0.76	0.90	0.89
5	0.65	0.74	0.91	0.82
AVERAGE	0.72	0.80	0.91	0.91

Table 5: lateral density ratios ($R_L{}^i$, Eq. (3)) defined by the changes of temperature and salinity within each layer (i). Ratios computed considering the whole dataset (Figure 12, upper left panel), the selection inside the box (37°20'N-38°N, 4°E-6°E) (Figure 12, upper right panel), and the two episodes (Figure 12, lower panels). Average values over the five layers also reported.

		Depth interval (dbar)	Density interval	Nitrate interval (μmol/kg)	Nitrate gradient (μmol/m⁴)	ε (10⁻⁹ W/kg)	K_sf (10⁻⁵ m²/s)	F_NO3 (μmol/m²/d)	Formulation
TYRRHENIAN SEA	Upper Nitracline	60 – 100	28.55 – 28.65	0 – 3.5	87.5	6 – 10		420 – 700	Eq. (8)
	Lower Nitracline	100 – 250	28.65 – 29.01	3.5 – 6.3	18.6	4.7 – 7.7		73 – 120	Eq. (8)
	Above LIW	250 – 400	29.01 – 29.07	6.3 – 6	-2	0.9 – 3.1		-31 – -9	Eq. (8)
	Below LIW	400 – 2000		6 – 8.3	1.4	-	1.5	1.9	Eq. (9)
	Below LIW	400 – 2000		6 – 8.3	1.4	-	3.3	4.0	Eq. (10)
	Below LIW	400 – 2000		6 – 8.3	1.4	-	6.7	8.3	Eq. (11)
ALGERIAN BASIN	Upper Nitracline	(70, 80) – 150	(28.08, 28.2) – 28.65	0 – 3.5	43.7 – 50	6 – 10		70 – 118 *	Eq. (8)
	Above LIW	150 – 350	28.65 – 29.03	3.5 – 10.1	33	3.1 – 4.6		108 – 160	Eq. (8)
	Below LIW	500 – 1500		9.7 – 9	-0.7	-	0.7	-0.2	Eq. (9)
	Below LIW	500 – 1500		9.7 – 9	-0.7	-	3.0	-1.8	Eq. (10)
	Below LIW	500 – 1500		9.7 – 9	-0.7	-	5.5	-3.3	Eq. (11)

* using $\partial C/\partial \rho$ computed by a linear regression of nitrate-density diagram within the density interval

Table 6: estimates of nitrate fluxes in the central Tyrrhenian Sea and the Algerian Basin in presence of thermohaline staircases. Above LIW, the depth, density and nitrate intervals have been chosen to characterize well-defined segments from the nitrate dataset collected during the cruise PEACETIME (Figure 14, left panel). The dissipation rates were extracted from the look-up Table 2. A linear regression was used to account for the fluctuations of the nitracline depth in the Algerian stations. Below LIW, the three formulations of the salt finger diffusivities in the transition zone have been applied with density ratios of 1.38 in the Algerian Basin and 1.32 in the Tyrrhenian Sea.

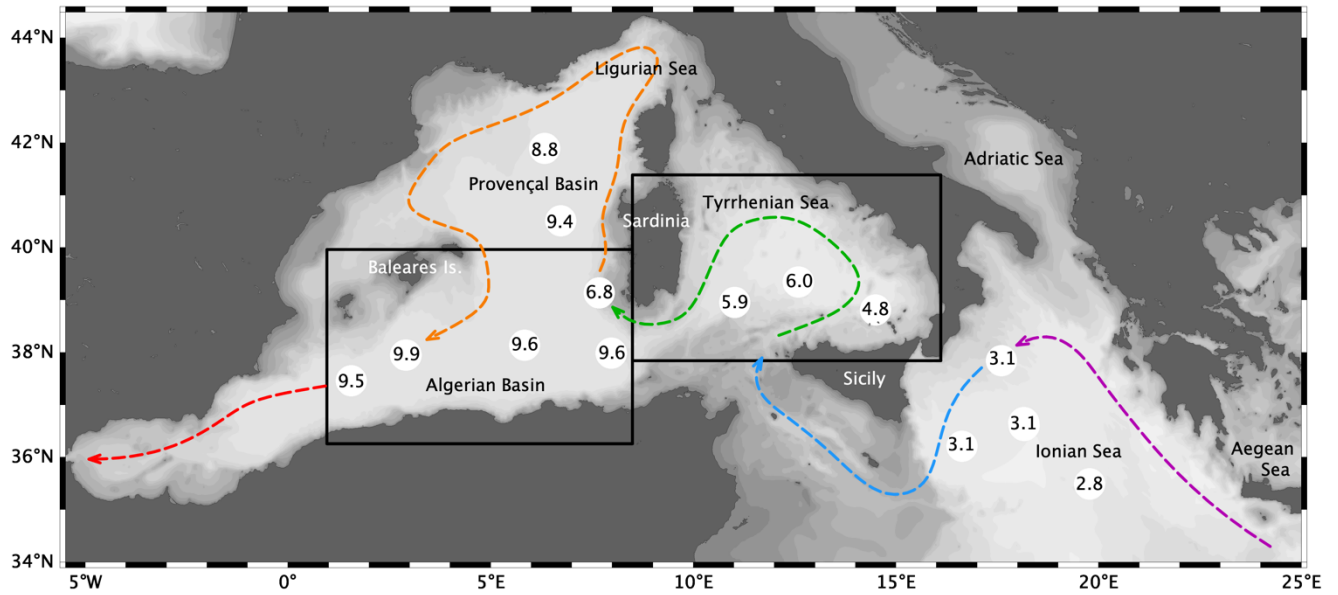



Figure 1: Pathway of LIW in the western Mediterranean (dash line), crossing the two geographical areas under study (black boxes). Numbers in white circles correspond to the nitrate concentrations (in µmol/kg) in LIW (at the salinity maximum) measured during the cruise PEACETIME.

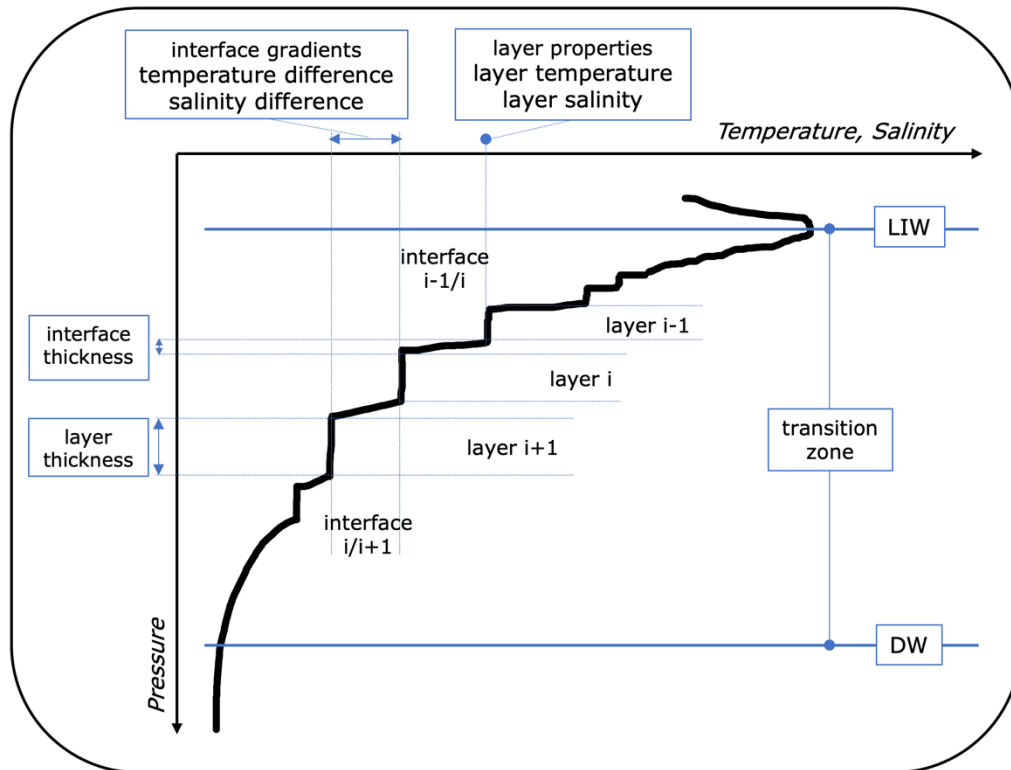



Figure 2: Terminology used to characterize the vertical structure of typical thermohaline staircases in the study area. The layer number (i) and the interface number (i/i+1) increase downwards.

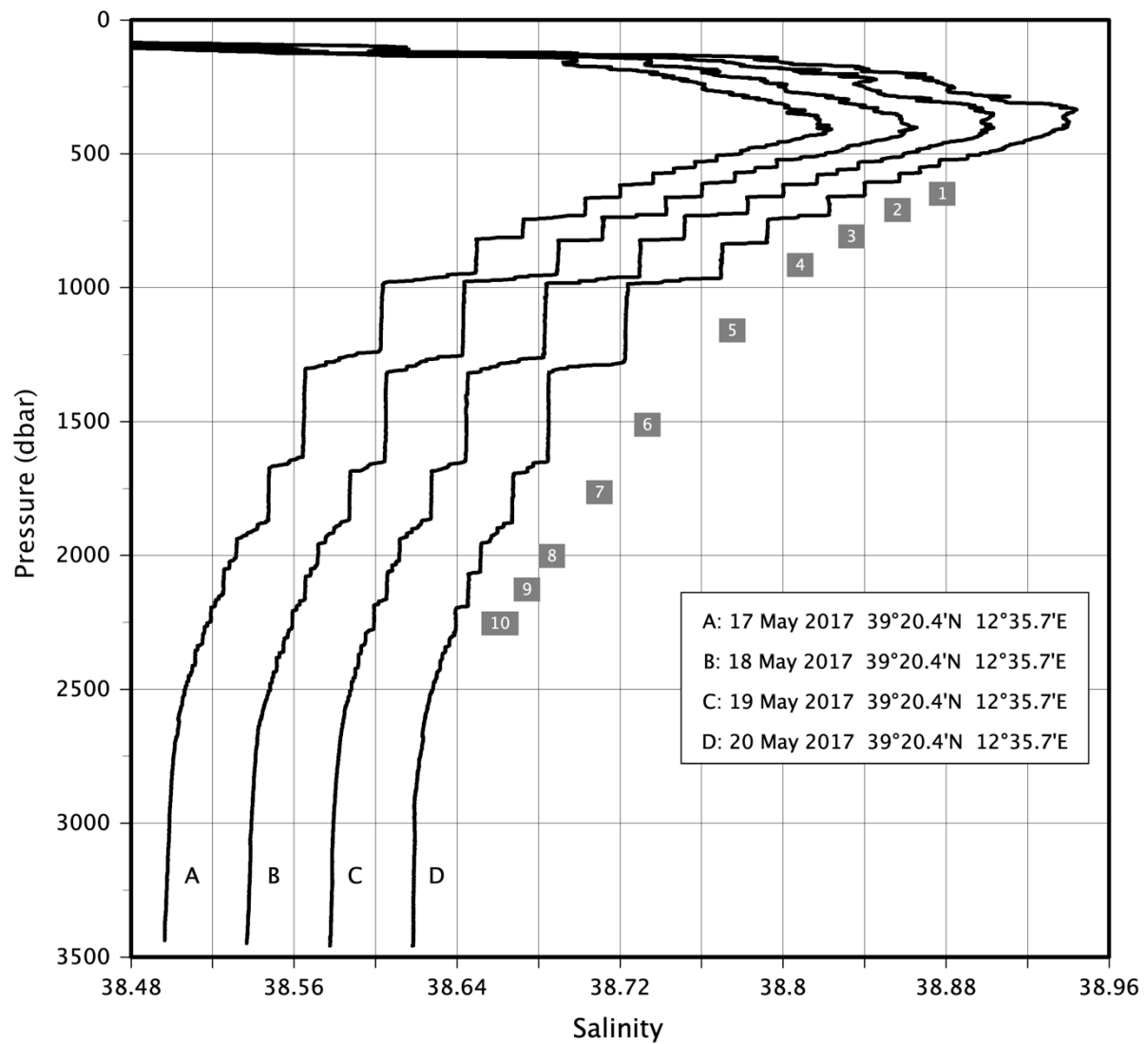
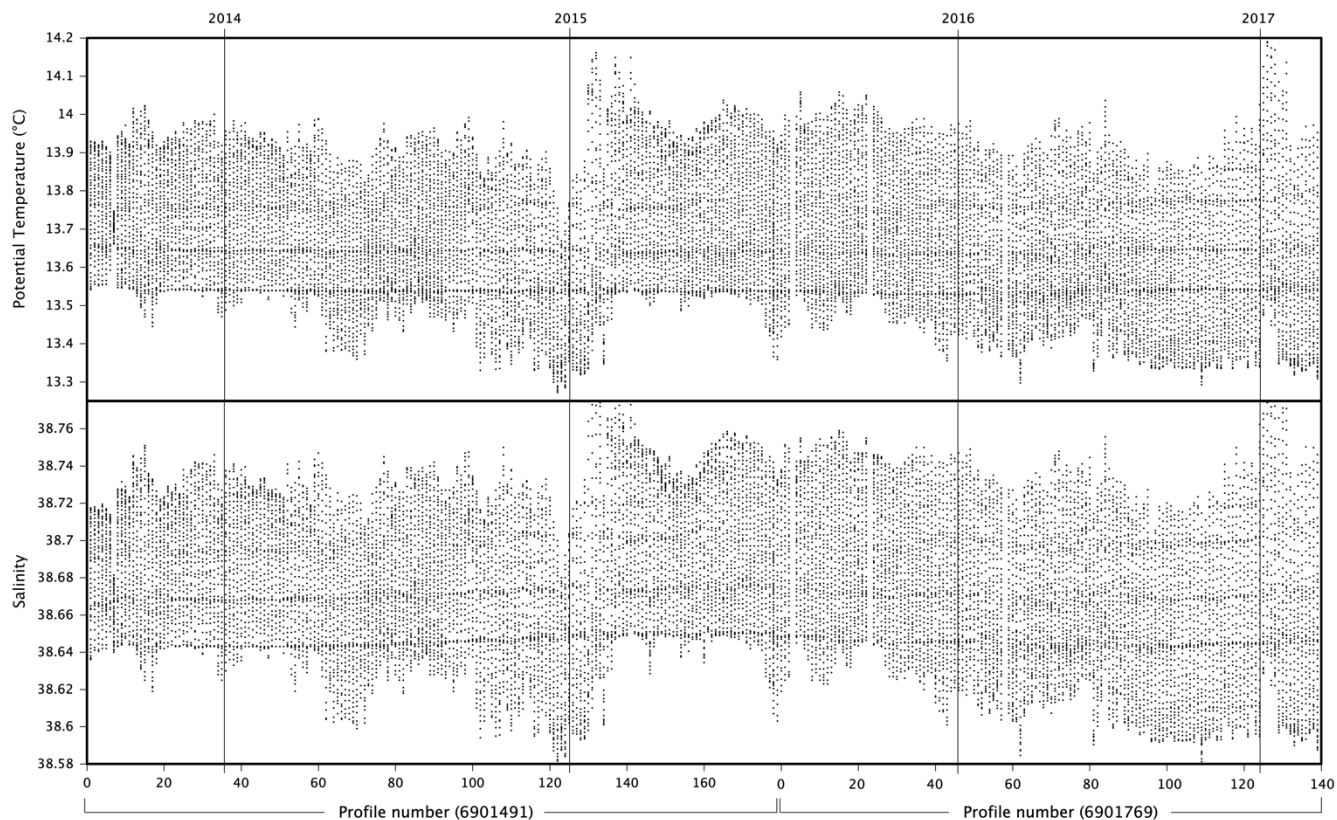



Figure 3: Sequence of daily salinity profiles observed in the central Tyrrhenian Sea during the cruise PEACETIME over the whole water column. The salinity scale is correct for profile A and each subsequent profile is offset by 0.04. The layer numbering in Table 3 is indicated by grey boxes at average layer depths.

835 **Figure 4: Temperature (upper panel) and salinity (lower panel) recorded between 300 and 1000 dbar at a vertical resolution of 10 dbar, by the consecutive deployments of floats 6901491 and 6901769 in the Tyrrhenian Sea. In the x-axis, the number of successive profiles for each float with a resolution of one to seven days is indicated. The years of deployment are indicated by the vertical lines.**

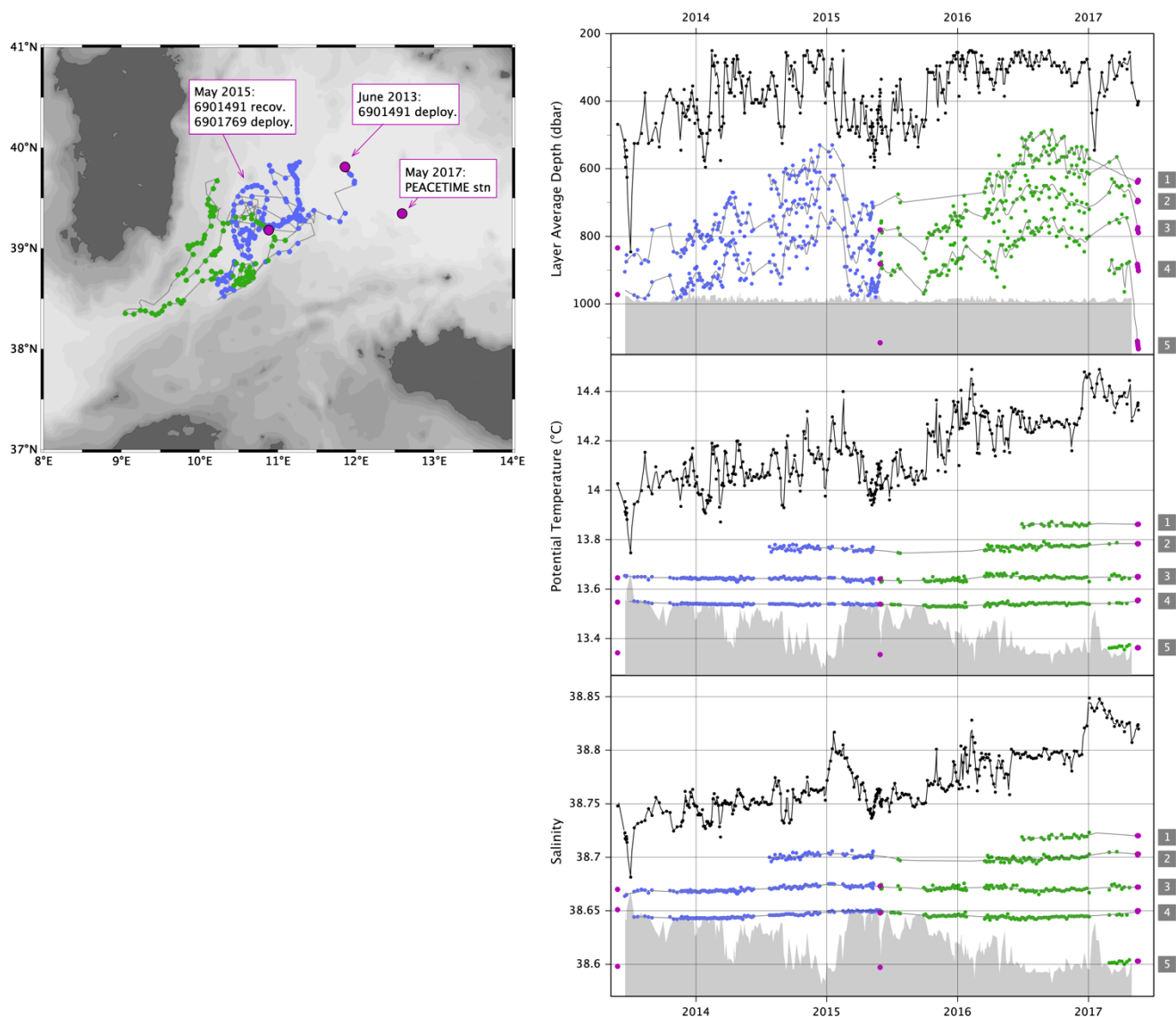



Figure 5: Left panel, location of staircase detected along the trajectory of the consecutive floats deployed in June 2013 and May 2015. Right panels, time series of layer properties and depth (colored dots) of shipboard and float profiles with staircases. LIW properties and depth are indicated in black lines. Grey shadows indicate the depth ranges below 1000 dbar. The layer numbering of the station PEACETIME (Table 3) is indicated inside the grey boxes. All panels: station locations and layer properties are indicated in purple for shipboard profiles, in blue for float 6901491 and in green for float 6901769.

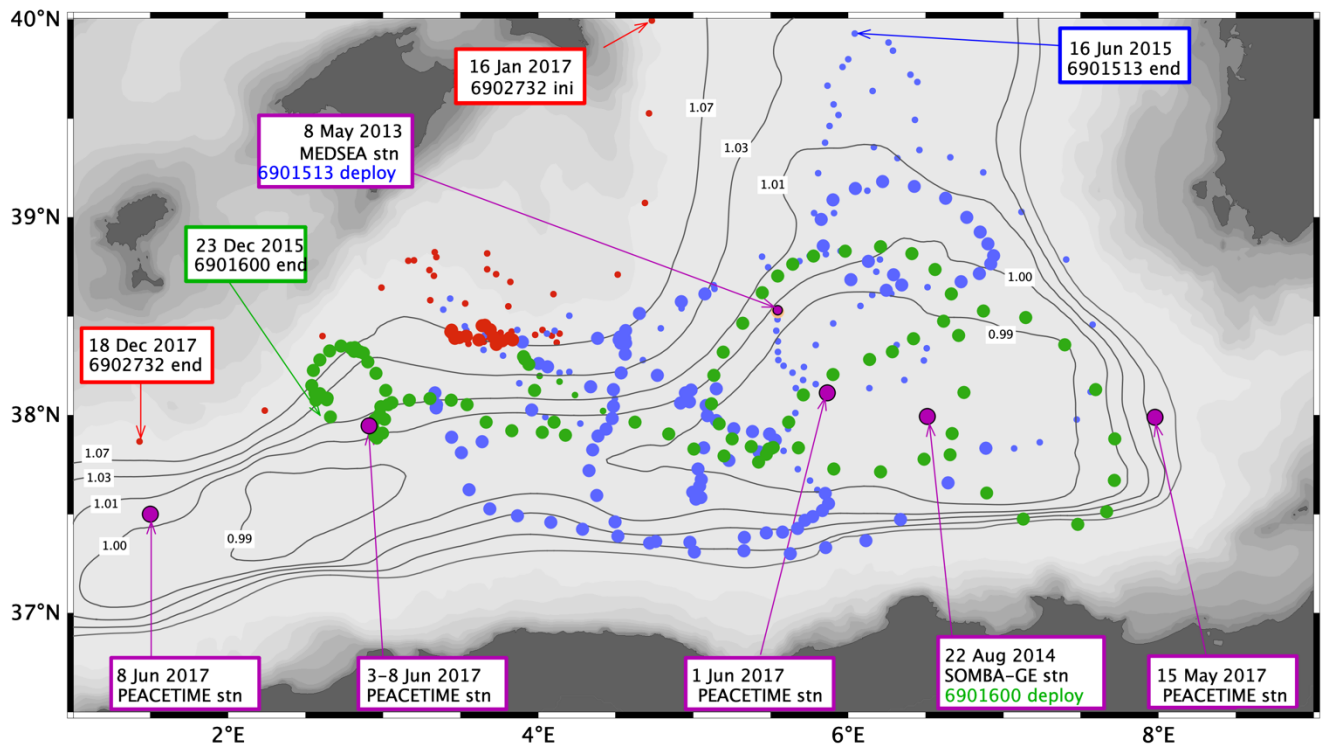



Figure 6: Locations of the CTD profiles in the Algerian Basin. The large dots mark the positions where staircases were detected. Float 6901513 deployment is indicated in blue, in green for 6901600 and in red for 6902732. Shipboard stations during float deployments and the cruise PEACETIME are indicated in purple. Thin black lines: contours f/H normalized by f_o at 37°45'N and $H_o = 2800$ m.

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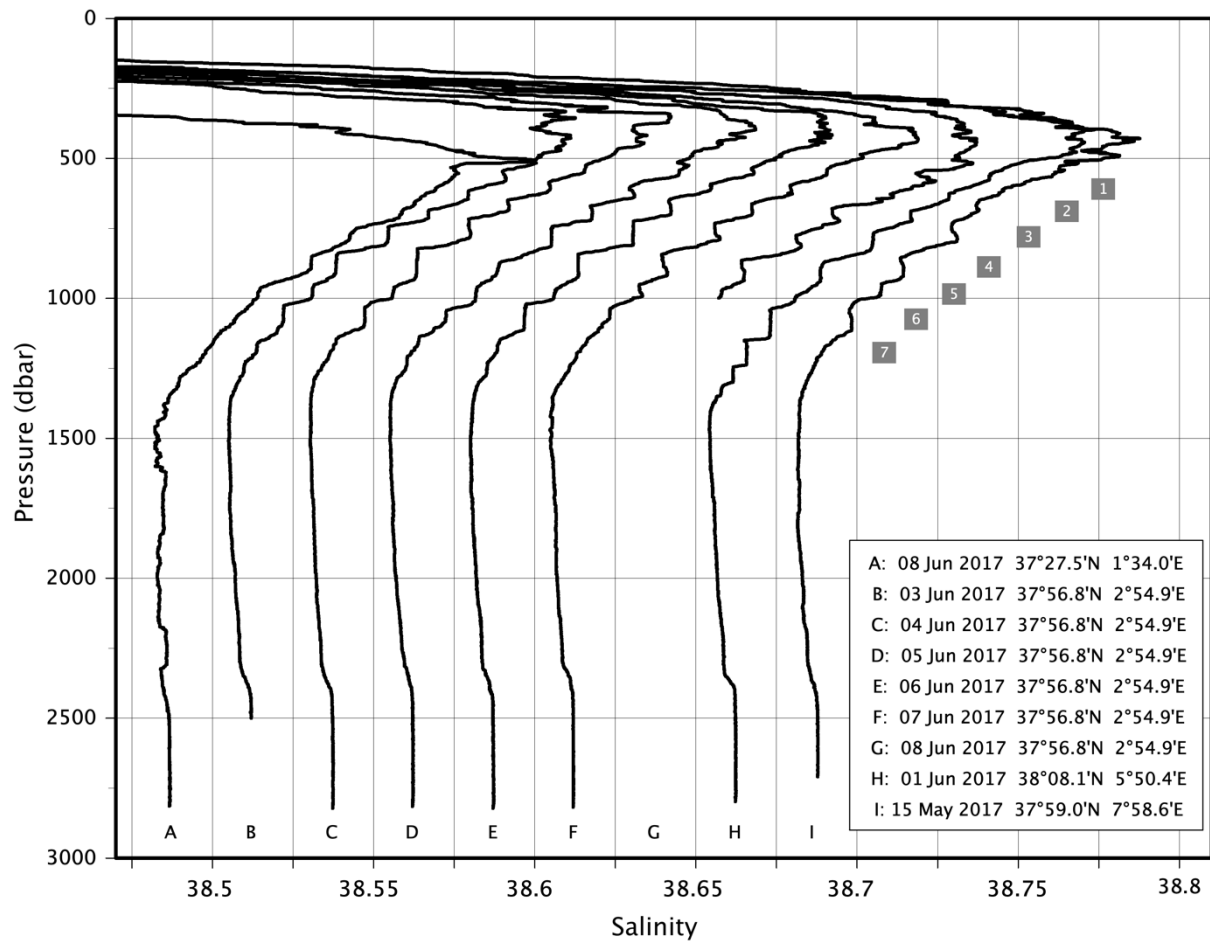
Figure 7: Sequence of salinity profiles along a zonal transect with four stations across the Algerian Basin during PEACETIME. The second station was repeated 6 times (casts B-G). The casts were performed from the surface to the bottom, except cast B (down to 2500 dbar) and cast G (down to 1000 dbar). The salinity scale is correct for the profile A and each subsequent profile is offset by 0.025. The layer numbering of Table 4 is indicated by grey boxes at the average layer depths.
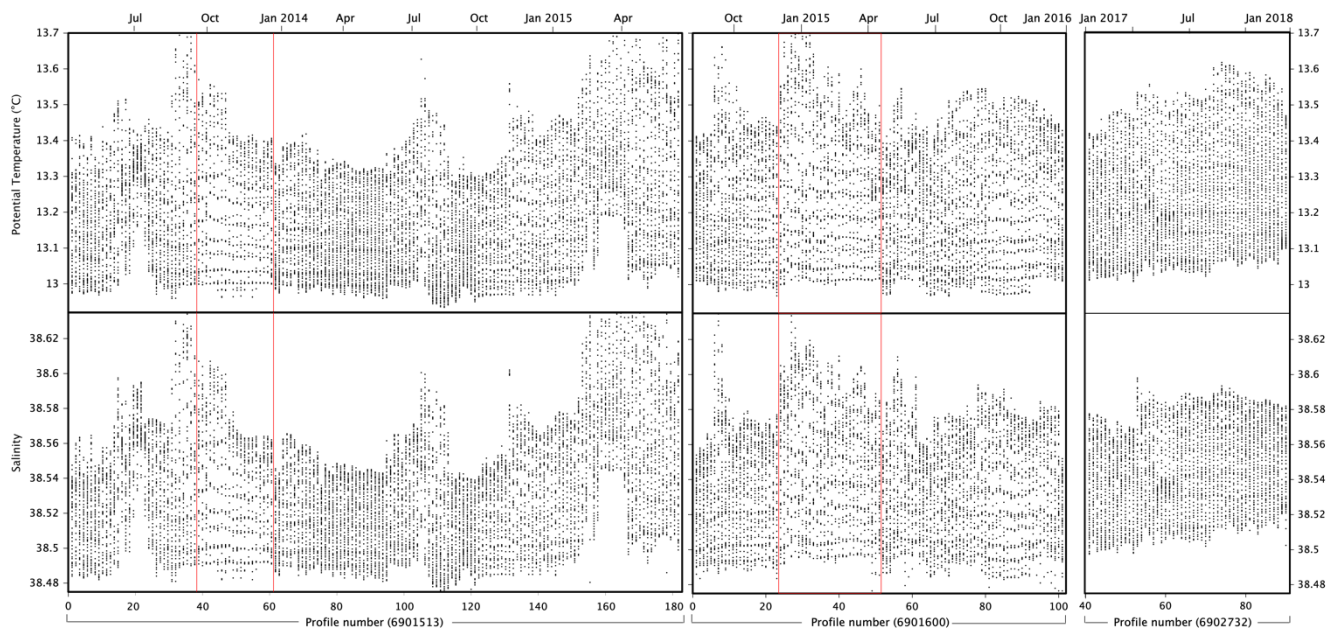
Figure 8: Temperature (upper panels) and salinity (lower panels) recorded between 300 and 1000 dbar with a vertical resolution of 10 dbar, by the three floats 6901513 (left panels), 6901600 (middle panels) and 6902732 (right panels) deployed in the Algerian Basin. Values in the x-axis correspond to the number of the successive profiles with a temporal resolution of one to seven days. The timeframe (in trimesters) is superimposed on top of the x-axis. The two episodes described in the text (Section 3.2) are delimited by red vertical lines.

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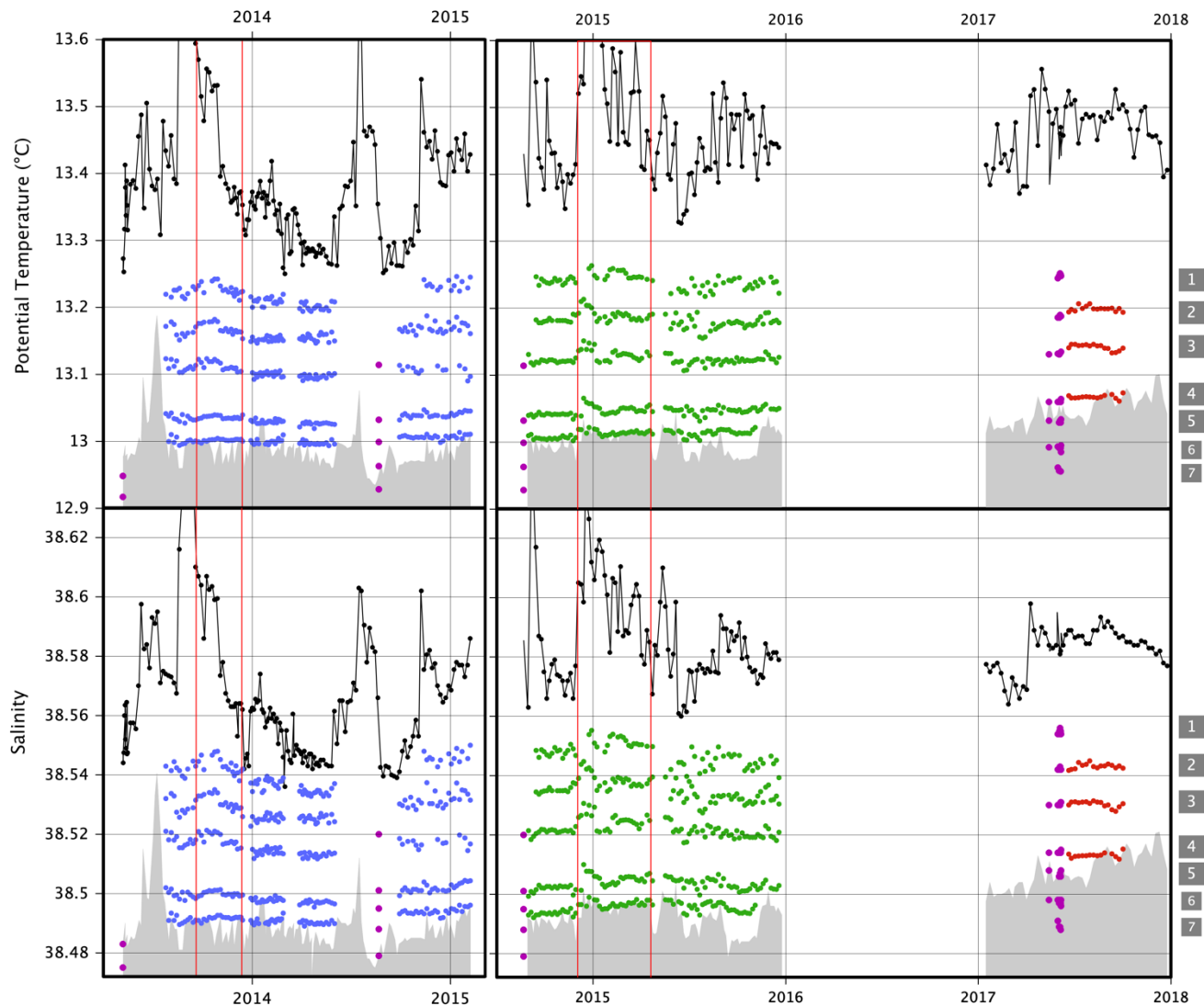
Figure 9: Time series of properties (colored dots) of shipboard and float profiles for detected staircase layers. Temperature is shown in the upper panel and salinity in the lower panel. LIW properties are indicated by the black lines. The shipboard CTD profiles are indicated in purple, the float CTD profiles in blue (float 6901513), green (float 6901600) and red (float 6902732). Grey shadows indicate the depth ranges below 1000 dbar. Time series of floats 6901513 and 6901600 are represented in different panels to avoid overlapping. The layer numbering for the stations PEACETIME (Table 4) is indicated inside the grey boxes on the right. The two episodes described in the text (Section 3.2) are delimited by red vertical lines.

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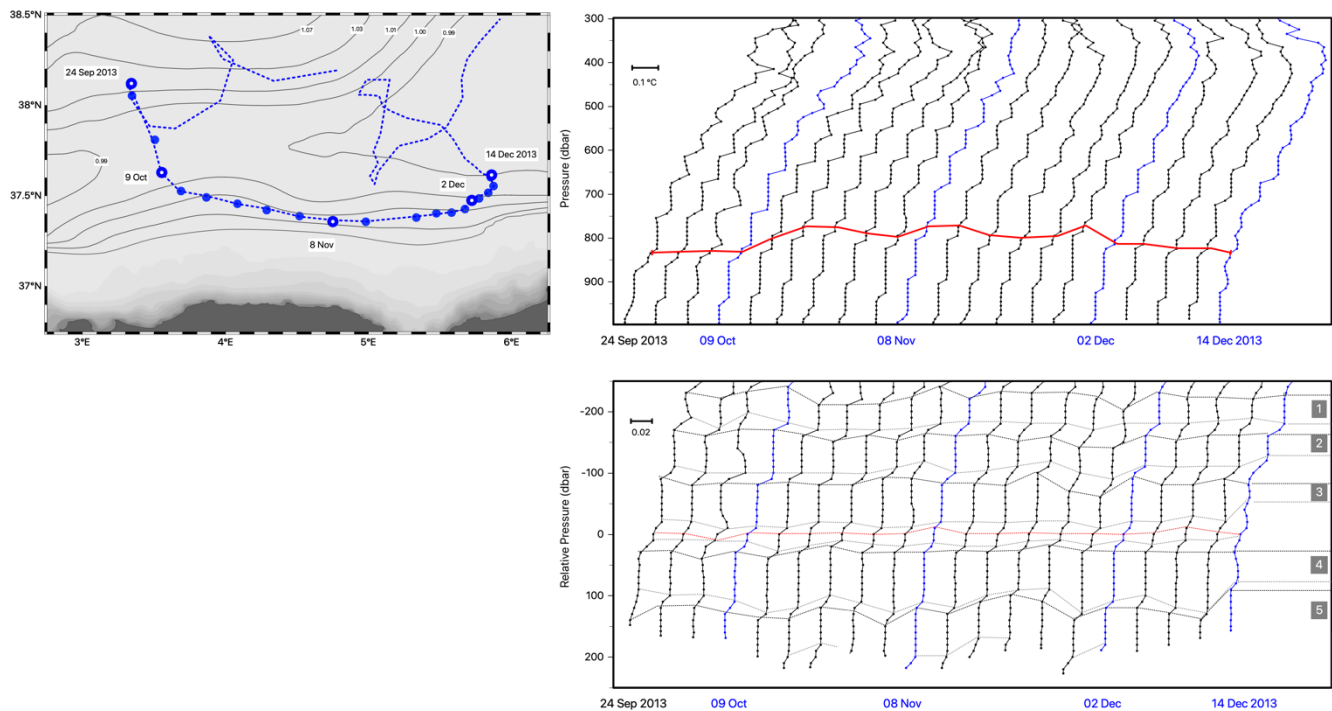


Figure 10: Drift trajectory (upper panel) and successive profiles of temperature and salinity (upper and lower right panels, respectively) collected by float 6901513 between 24 September 2013 and 14 December 2013, with a vertical resolution of 10 dbar. Temperature profiles are shifted by 0.1°C, salinity profiles by 0.02. Values in the y-axis correspond to the pressure referenced to the surface (upper right panel), or to the relative pressure referenced to the interface 3/4 indicated by the red line (lower right panel).

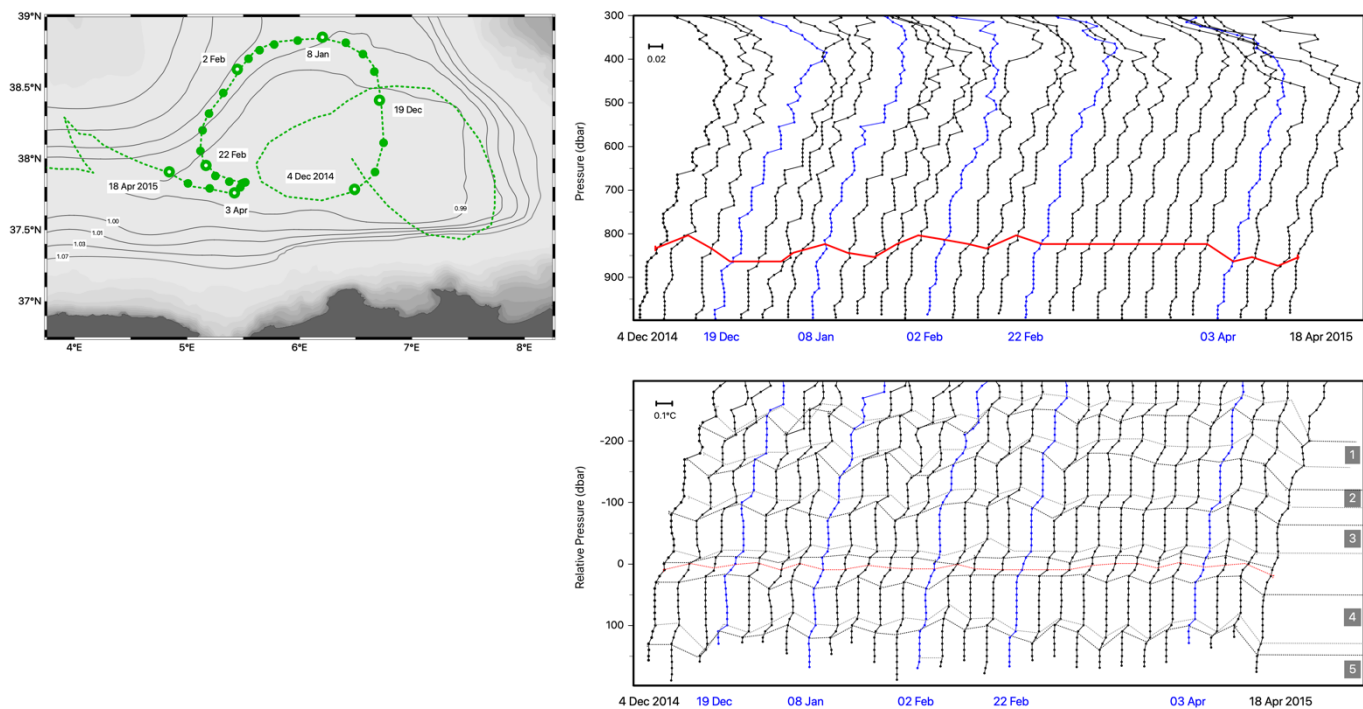
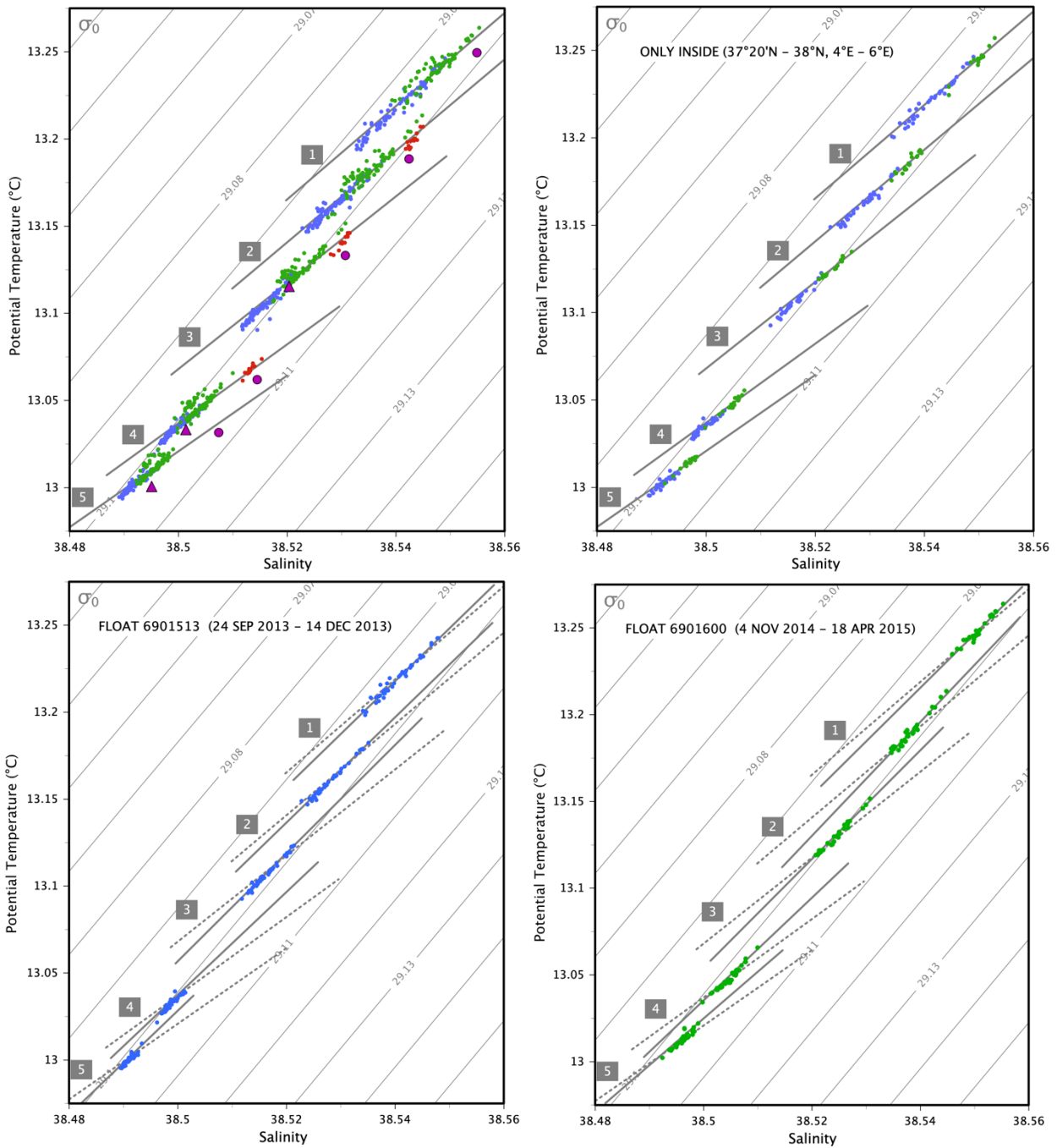
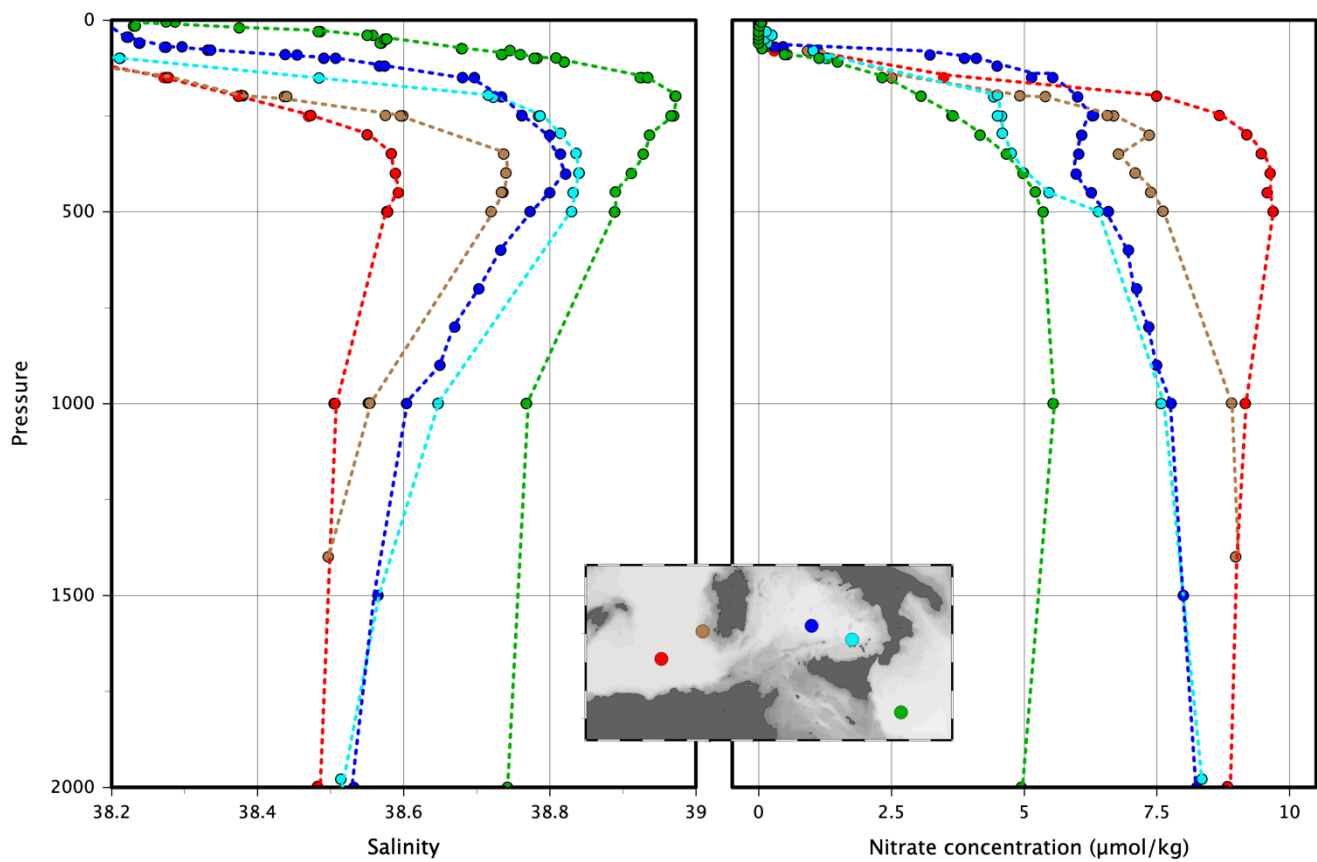



Figure 11: Drift trajectory (upper panel) and successive profiles of temperature and salinity (lower and upper right panels, respectively) collected by float 6901600 between 4 December 2014 and 18 April 2015, with a vertical resolution of 10 dbar. Temperature profiles are shifted by 0.1°C, salinity profiles by 0.02. Values in the y-axis correspond to the pressure referenced to the surface (upper right panel), or to the relative pressure referenced to the interface 3/4 indicated by the red line (lower right panel).

870 **Figure 12: Temperature – salinity diagram of the layers. Colored dots correspond to the different floats in blue (6901513), green (6901600) and red (6902732); stations PEACETIME (2017) are given by the purple circles, station SOMBA-GE (2014) by the purple triangles. Layer numbers are similar to those in Table 4. The least square fit for each layer is indicated by the grey lines. Whole dataset (upper left panel), selection inside the box (37°20'N-38°N, 4°E-6°E) (upper right panel), and the two episodes (lower panels). The least square fit in the upper left panel is reported in the lower panels with the dotted lines.**

875 **Figure 13: discrete profiles of salinity and nitrate (in µmol/kg) measured during the cruise PEACETIME. The station in the central Tyrrhenian Sea (dark blue dots) corresponds to cast A reported in Figure 3. The station in the Algerian Basin (red dots) corresponds to cast H reported in Figure 7.**

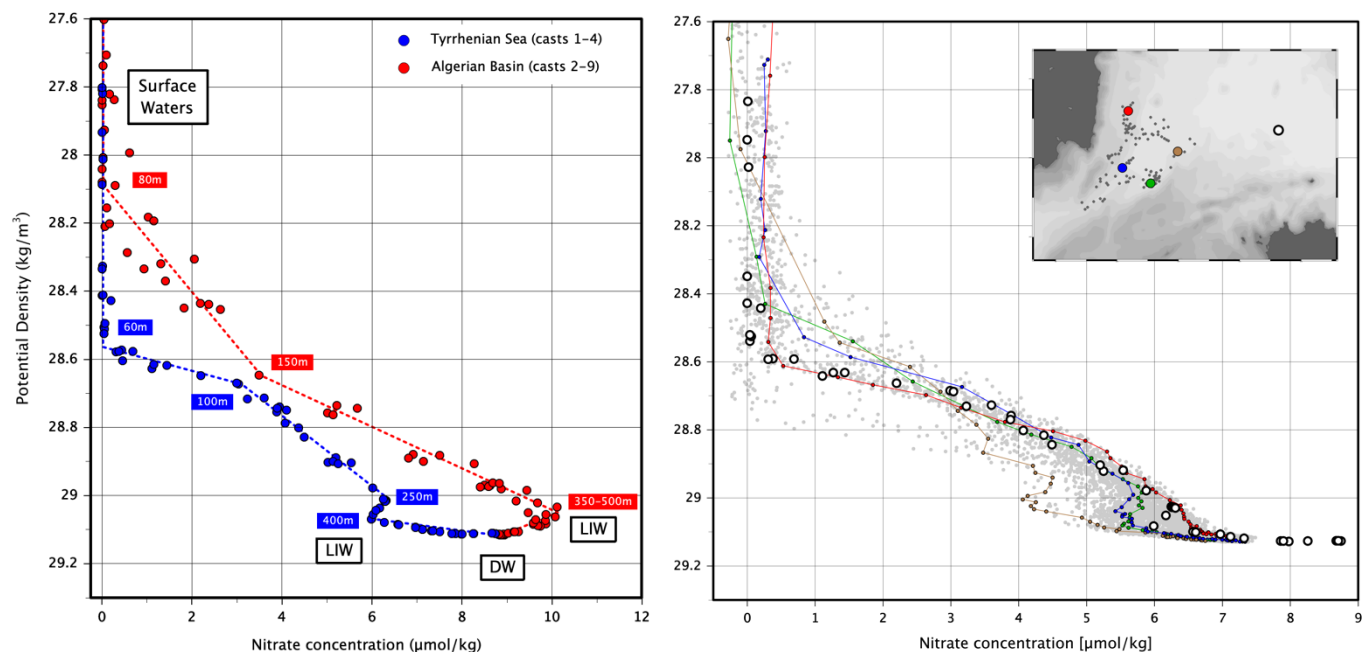



Figure 14: Potential density versus nitrate concentrations (in μmol/kg). Left panel: Data from water samples collected during PEACETIME. Blue dots: casts A-D in the Tyrrhenian Sea (locations indicated in Figure 3). Red dots: casts B-I in the Algerian Basin (locations indicated in Figure 7). Right panel: cruise data (open circles) and data from float 6901769 (grey dots) as well as float profiles of the 3rd of October 2015 (red), 29th November 2016 (green), 27th December 2016 (brown), and 11th of April 2017 (blue).

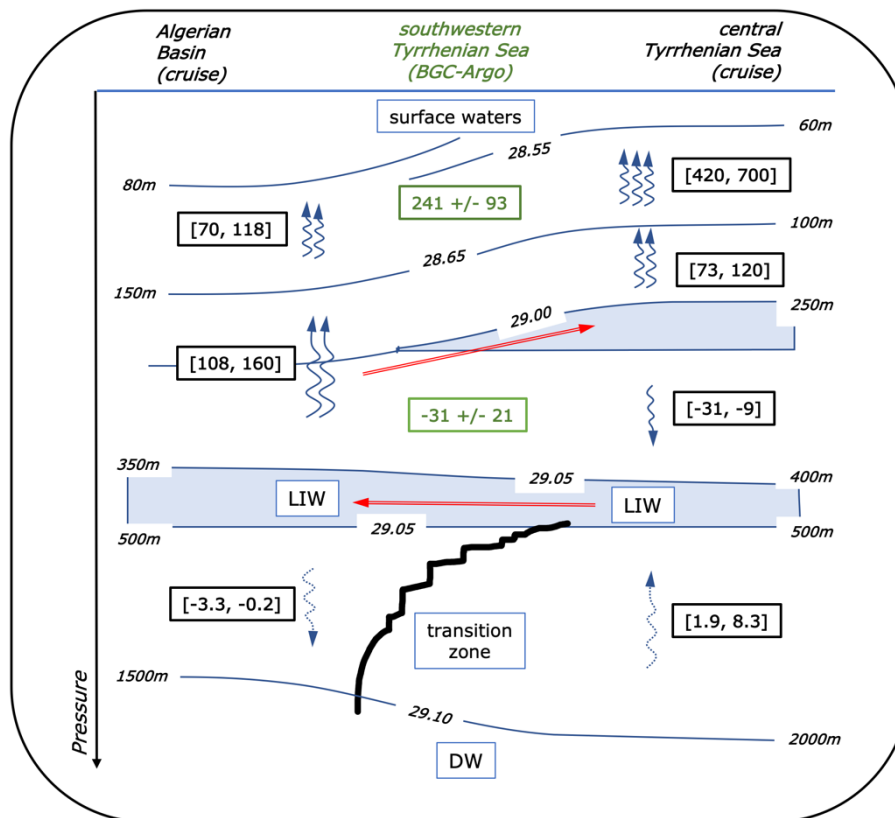



Figure 15: Vertical fluxes of nitrate F_{NO3} (in $\mu mol/m^2/d$) in the presence of thermohaline staircases. Range of estimations reported from Table 6 for the stations collected during PEACETIME (in black), or computed from float 6901769 (in green), with positive diffusive flux oriented upwards. Proposed isopycnal advection is indicated by the red arrows.