

1 Causes and consequences of pronounced variation in the 2 isotope composition of plant xylem water

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27

28 **Abstract**

- 29 1. Stable isotopologues of water are widely used to derive relative root water uptake
30 (RWU) profiles and average RWU depth in lignified plants. Uniform isotope
31 composition of plant xylem water (δ_{xyl}) along the stem length of woody plants is a
32 central assumption of the isotope tracing approach, which has never been properly
33 evaluated.
- 34 2. Here we evaluate whether strong variation in δ_{xyl} within woody plants exists using
35 empirical field observations from French Guiana, northwestern China, and Germany. In
36 addition, supported by a mechanistic plant hydraulic model, we test hypotheses on how
37 variation in δ_{xyl} can develop through the effects of diurnal variation in RWU, sap flux
38 density, diffusion, and various other soil and plant parameters on the δ_{xyl} of woody
39 plants.
- 40 3. The hydrogen and oxygen isotope composition of plant xylem water shows strong
41 temporal (i.e., sub-daily) and spatial (i.e., along the stem) variation ranging up to 25.2‰
42 and 6.8‰ for $\delta^2\text{H}$ and $\delta^{18}\text{O}$ respectively, greatly exceeding measurement error range in
43 all evaluated datasets. Model explorations predict that significant δ_{xyl} variation could
44 arise from diurnal RWU fluctuations and vertical soil water heterogeneity. Moreover,
45 significant differences in δ_{xyl} emerge between individuals that differ only in sap flux
46 densities, or are monitored at different times or heights.
- 47 4. This work shows a complex pattern of δ_{xyl} transport in the soil-root-xylem system, which
48 can be related to the dynamics of RWU by plants. These dynamics complicate the
49 assessment of RWU when using stable water isotopologues, but also open new
50 opportunities to study drought responses to environmental drivers. We propose to
51 include monitoring of sap flow and soil matric potential for more robust estimates of

52 average RWU depth and expansion of attainable insights in plant drought strategies and
53 responses.

54

55 **Keywords**

56 Ecohydrology, Lianas, Root water uptake, Sap flow, Stable isotope composition of water,

57 Tropical trees, Water competition

58

59 **1. Introduction**

60 The use of stable isotope composition of water has strengthened ecohydrology studies by
61 providing insights into phenomena that are otherwise challenging to observe, such as relative
62 root water uptake depth (RWU depth) (Rothfuss & Javaux, 2017), below-ground water
63 competition and hydraulic lift (Hervé-Fernández *et al.*, 2016; Meunier *et al.*, 2017). Compared
64 to root excavation, the technique is far less destructive and labor-intensive. This makes it more
65 flexible for studying multiple individuals across spatial and temporal scales (i.e. individual to
66 ecosystem, daily to seasonal) (Dawson *et al.* 2002). Besides, the study of stable isotope
67 composition of xylem water measures the real effects of RWU at different depths whereas
68 excavation yields only root distribution and architecture. The advantages and wide applicability
69 of this method make it a popular technique that pushes the boundaries of ecohydrology (Dawson
70 *et al.*, 2002; Yang *et al.*, 2010; Rothfuss & Javaux, 2017; Lanning *et al.*, 2020)

71 A variety of methods are used to infer average RWU depth from the isotope composition
72 of plant xylem water (δ_{xyl}), but all rely on a direct relationship between the isotopic compositions
73 of plant xylem and soil water (Ehleringer & Dawson, 1992). All have two key assumptions.
74 The first is that the isotope composition of plant xylem water remains unchanged during
75 transport from root uptake to evaporative sites (e.g. leaves and non-lignified green branches).
76 Hence, isotopic fractionation – i.e. processes that cause a shift in the relative abundances of the
77 water isotopologues, driven by their differences in molecular mass – do not occur during the
78 transport from the uptake to the evaporative site (Wershaw *et al.*, 1966; Zimmermann *et al.*,
79 1967; White *et al.*, 1985; Dawson & Ehleringer, 1991; Walker & Richardson, 1991; Dawson *et*
80 *al.*, 2002; Zhao *et al.*, 2016). Second, all methods assume that xylem water provides a well-
81 mixed isotope composition of water from different soil layers: sampled xylem water
82 instantaneously reflects the distribution and water uptake of the roots independent of the timing
83 or height of sampling.

84 The first assumption is relatively well supported. Isotopic fractionation at root level does
85 not raise concerns for most RWU assessments using water isotopologues (Rothfuss & Javaux,
86 2017) except for kinetic fractionation that might occur during water transported across the root
87 membrane in extreme environments (Lin & Sternberg, 1993; Ellsworth and Williams, 2007;
88 Zhao *et al.*, 2016). Similarly, isotopic fractionation of water within an individual plant, although
89 possible, is generally not considered a serious problem (Yakir, 1992; Dawson & Ehleringer,
90 1993; Cernusak *et al.*, 2005; Mamonov *et al.*, 2007; Zhao *et al.*, 2016). This perception was
91 recently contested by Barbeta *et al* (2020), advocating a more general nature of the occurrence
92 of isotopic offsets between xylem water and potential water sources. As the origin of these
93 offsets remains debated, future research should clarify its impact on the applicability of stable
94 water isotopic compositions for RWU assessment. However, the second assumption of time
95 and space invariance of the isotope composition of xylem water has, to our knowledge, never
96 been assessed.

97 Various plant physiological processes, ranging from very simple to more complex
98 mechanisms, could influence within plant variation in δ_{xyl} at short time scales, i.e. sub-daily to
99 sub-hourly. For instance, plant transpiration during the day is regulated by stomata according
100 to water supply and atmospheric demand, and follows well known diurnal patterns (Steppe &
101 Lemeur, 2004; Epila *et al.*, 2017). This results in a changing water potential gradient between
102 soil and leaves throughout the day (Fig 1a,b), which in turn affects the depth of the average
103 RWU (Goldstein *et al.*, 1998; Doussan *et al.*, 2006; Huang *et al.*, 2017). Hence, shifts in a
104 plant's capacity to take up water at different soil layers during the day can generate diurnal
105 variation in the mixture of isotope composition from water taken up from various depths (Fig
106 1c). Subsequently, this water mixture moves up along the xylem with the velocity of the sap
107 flux density. As these sap flux densities depend on species and individual-specific hydraulic
108 traits and their responses to atmospheric water demand and soil moisture availability, complex

109 dynamics in isotopic composition will emerge and propagate through the plant. The above
110 hypothesis, if true, would make the comparison of isotopic data among individuals, species,
111 and studies difficult.

112 In this study, we provide a critical assessment of the assumption of δ_{xyl} invariance along
113 the length of woody plant stems and over short time periods. We first show that variation in δ_{xyl}
114 along the length of lignified plants exceeds the expected measurement error using three
115 independent datasets including i) canopy trees and lianas sampled at different heights in French
116 Guiana; and ii) plant species from northwestern China (Zhao *et al.*, 2014) and iii) European
117 Beech and Silver firs in south-west Germany (Magh *et al.*, 2020). Second, we build a simple
118 mechanistic model that incorporates basic plant hydraulic transport processes. The model
119 predicts that diurnal changes in water potential gradient between soil and roots result in shifting
120 sources of water absorption that differ in their isotope composition.

121

122 **2. Materials and Methods**

123 **2.1. Part A: Empirical exploration**

124 **2.1.1. Field data French Guiana: variation in δ_{xyl} with plant height**

125 Six canopy trees and six canopy lianas were sampled during two subsequent dry days (24-25
126 August 2017) at the Laussat Conservation Area in Northwestern French Guiana (05°28.604'N-
127 053°34.250'W). Stem xylem tissue of individual plants was sampled at different heights (1.3,
128 5, 10, 15 and 20 m where possible) at the same radial position of the stem, between 9:00 and
129 15:00. Stem samples were stripped off bark and phloem tissues. Soil samples were collected at
130 different depths (0.05, 0.15, 0.30, 0.45, 0.60, 0.90, 1.20, and 1.80m) with a soil auger and in
131 close vicinity to the sampled individuals. Samples were placed in glass collection vials, sealed
132 with a cap, and frozen awaiting cryogenic vacuum distillation (CVD; 4 h at 105°C). When the

133 weight loss of a sample resulting from the extraction process was below 98%, the sample was
134 excluded (after Araguás-Araguás *et al.*, 1998) (see Fig S1).

135 The isotope composition of the water in the samples was measured with a Wavelength-
136 Scanned-Cavity Ring-Down Spectrometer (WS-CRDS, L2120-i, Picarro, California, USA)
137 coupled with a vaporizing module (A0211 High Precision Vaporizer) and a micro combustion
138 module to avoid organic contamination (Martin-Gomez *et al.*, 2015; Evaristo *et al.*, 2016). Post-
139 processing of raw δ -readings into calibrated δ -values (in ‰, V-SMOW) was performed using
140 SICalib (version 2.16; Gröning, 2011). More details on the sampling site and sampling
141 procedure can be found in supplementary methods A.

142 **2.1.2. Field data China: temporal variation in δ_{xyI}**

143 Plant δ_{xyI} was sampled at high temporal resolution in the Heihe River Basin (HRB),
144 northwestern China. Four distinct study locations differing in altitude, climatological
145 conditions, and ecosystem types were selected. At each location, the dominant tree, shrub,
146 and/or herb species were considered for sampling. In August 2009, *Populus euphratica* was
147 sampled in the Qidaoqiao riparian forest (42°01'N-101°14'E) and *Reaumuria soongorica* in the
148 Gobi desert ecosystem (42°16'N-101°17'E; 906-930 m a.s.l). In June–September 2011 *Picea*
149 *crassifolia*, *Potentilla fruticose*, *Polygonum viviparum* and *Stipa capillata* were measured in
150 the Pailugou forest ecosystem (38°33'N-100°18'E; 2700-2900 m a.s.l). All species were
151 sampled every 2-hours over multiple days (3-4), except for *P. crassifolia*, which was measured
152 hourly. Stem samples were collected for trees and shrubs, while root samples were obtained for
153 the herb species. More details are available in Zhao *et al.* (2014).

154 Upon collection, all samples were placed in 8 mL collection bottles and frozen in the
155 field stations before transportation to the laboratory for water extraction via CVD (Zhao *et al.*,
156 2011). Both $\delta^{18}\text{O}$ and $\delta^2\text{H}$ were assessed with an Euro EA3000 element analyzer (Eurovector,

157 Milan, Italy) coupled to an Isoprime isotope ratio mass spectrometer (Isoprime Ltd, UK) at the
158 Heihe Key Laboratory of Ecohydrology and River Basin Science, Cold and Arid Regions
159 Environmental and Engineering Research Institute. Internal laboratory references were used for
160 calibration, resulting in measurement precision of $\pm 0.2\text{‰}$ and $\pm 1.0\text{‰}$ for $\delta^{18}\text{O}$ and $\delta^2\text{H}$,
161 respectively.

162 **2.1.3. Field data Germany: high temporal variation in δ_{xyl}**

163 A δ_{xyl} monitoring campaign, studying mature Silver firs (*Abies alba*; n=3) and European
164 beeches (*Fagus sylvatica*; n=3), was conducted during progressing drought conditions (6-11
165 July 2017) at the “Freiamt” field site in south-west Germany. Isotopic composition of xylem
166 water was obtained from branch samples, which were collected every two hours between 7:00
167 and 21:00 at the same height and canopy orientation in the sun crown. Branches were stripped
168 of bark and phloem tissue. A Scholander Pressure chamber (Scholander, 1966), which allowed
169 concomitant registration of water potential of the sampled branches, was used to extract xylem
170 water directly in the field (Rennenberg *et al.*, 1996). Both $\delta^{18}\text{O}$ and $\delta^2\text{H}$ of branch samples were
171 determined with a wavelength scanned cavity ring-down spectrometer (Picarro L2130i, Santa
172 Clara, USA), followed by data correction using ChemCorrectTM (Picarro, 2010). For more
173 details see Magh *et al.* (2020).

174

175 **2.1.4. Field data normalization**

176 To aid visual comparisons, we use normalized δ_{xyl} values (β^2H_X and $\beta^{18}O_X$) which describe
177 the deviation of an individual sample from the average isotopic composition (a) along the height
178 h of the stem, or (b) over one day:

$$179 \quad \beta^2H_X = \delta^2H_X - \frac{1}{N} \sum_{j=1}^N \delta^2H_{X,j} \quad \text{Eq. (1)}$$

180 With N the number of sampled heights or time steps during one day.

181

182 **2.2. Part B: Model exploration**

183 **2.2.1. Model derivation**

184 The expected δ_{xyl} at different stem heights within a tree during the course of the day can be
185 derived from plant and physical properties such as root length density, total fine root surface
186 area, water potential gradients, and the isotope composition of soil water (Fig. 2). We call this
187 the SWIFT model (i.e. Stable Water Isotopic Fluctuation within Trees). To derive the SWIFT
188 model, we first describe the establishment of δ_{xyl} entering the tree at the stem base via a multi-
189 source mixing model (Phillips & Gregg, 2003). We subsequently consider vertical water
190 transport within the tree, which relates to the established sap flow pattern.

191 To ensure consistency and clarity in variable declarations we maintain the following
192 notation in the subscripts of variables: uppercase roman to distinguish the medium through
193 which water travels (X for xylem, R for root, S for soil) and lowercase for units of time and
194 distance (h for stem height, t for time and i for soil layer index). A comprehensive list of
195 variables, definitions, and units is given in Table 1. A schematic representation of the model is
196 provided in Fig. 2a. Note that the model presented here focuses on hydrogen isotopes (i.e.
197 $^2\text{H}/^1\text{H}$) but can easily be used to study oxygen isotopes (i.e. $^{18}\text{O}/^{16}\text{O}$).

198 *i. Isotope composition of plant xylem water at stem base.*

199 The $\delta^2\text{H}$ composition of xylem water of an individual plant at stem base ($\delta^2H_{X,0,t}$) (i.e.
200 height zero; $h = 0\text{m}$; Fig. 2a) at time t , can theoretically be derived by calculating a weighted
201 average of water taken up from different soil depths (Phillips & Gregg, 2003). The root zone is
202 divided into n discrete soil layers of equivalent thickness Δz . Here, we assume a constant $\delta^2\text{H}$
203 composition of soil water ($\delta^2H_{S,i}$) over time in each soil layer, a reasonable assumption when

204 isotopic measurements are conducted during rain-free periods, allowing the expression of
 205 $\delta^2H_{X,0,t}$ as:

$$206 \quad \delta^2H_{X,0,t} = \sum_{i=1}^n f_{i,t} \cdot \delta^2H_{S,i} \quad \text{Eq. (2)}$$

207 where $f_{i,t}$ is the fraction of water taken up at the i^{th} soil layer (Fig. 2a) defined as:

$$208 \quad f_{i,t} = \frac{RWU_{i,t}}{\sum_{i=1}^n RWU_{i,t}} \quad \text{Eq. (3)}$$

209 and $RWU_{i,t}$ is the net amount of water entering and leaving the roots at time t in the i^{th} soil layer
 210 ($RWU_{i,t}$ is defined positive when entering the root). The current representation of the model
 211 does not account for water loss via the root system nor for mixing of the extracted water from
 212 different soil layers within the roots until the water enters the stem base. When tree capacitance
 213 is neglected, the sum of $RWU_{i,t}$ across the entire root zone is equal to the instantaneous sap
 214 flow at time t , SF_t :

$$215 \quad SF_t = \sum_{i=1}^n RWU_{i,t} = \sum_{i=1}^n -k_i \cdot A_{R,i} \cdot [\Psi_{X,0,t} - (\Psi_{S,i,t} - z_i)] \quad \text{Eq. (4)}$$

216 Where k_i is the plant-specific total soil-to-root conductance over soil layer i , $\Psi_{X,0,t}$ is the water
 217 potential (i.e. the hydraulic head) at the base of the plant stem and $\Psi_{S,i,t}$ is the soil matric
 218 potential at the i^{th} soil layer (Fig. 2a). Total plant water potential is generally defined as the sum
 219 of the solute, pressure, gravity, and matric potential. As long-distance water transport through
 220 the xylem is studied, the osmotic potential and the kinetic energy head can be assumed
 221 negligible (Früh & Kurth, 1999). The xylem pressure potential is represented as $\Psi_{X,0,t}$. And the
 222 term z_i is the gravimetric water potential necessary to lift the water from depth z_i to the base of
 223 the stem, assuming a hydrostatic gradient in the transporting roots. The model considers z_i to
 224 be a positive value (zero at the surface), thus z_i is subtracted $\Psi_{S,i,t}$. $A_{R,i}$ is the absorptive root
 225 area distribution over soil layer i (Fig. 2a). This parameter $A_{R,i}$ can be derived from plant

226 allometric relations with stem diameter (Čermák *et al.*, 2006), and subsequently distributed over
 227 the different soil layers, considering the power-law distribution of Jackson *et al.* (1995).

228 The total soil-to-root conductance is calculated assuming the root and soil resistances are
 229 connected in series (Fig. 2a):

$$230 \quad k_i = \frac{k_R \cdot k_S}{k_R + k_S} \quad \text{Eq. (5)}$$

231 where k_R is the effective root radial conductivity (assumed constant and uniform), and $k_S =$
 232 $K_{S,i}/\ell$ is the conductance associated with the radial water flow between soil and root surface.
 233 $\ell = 0.53/\sqrt{\pi \cdot B_i}$ represents the effective radial pathway length of water flow between bulk soil
 234 and root surface (De Jong van Lier *et al.*, 2008; Vogel *et al.*, 2013) with B_i giving the overall
 235 root length density distribution per unit of soil. $K_{S,i}$ is the soil hydraulic conductivity for each
 236 soil depth. $K_{S,i}$ depends on soil water moisture and thus relates to the soil matric potential $\Psi_{S,i,t}$
 237 of the soil layer where the water is extracted. $K_{S,i}$ is computed using the Clapp & Hornberger
 238 (1978) formulation:

$$239 \quad K_{S,i} = K_{S,max} \cdot \left(\frac{\Psi_{sat}}{\Psi_{S,i,t}} \right)^{2+\frac{3}{b}} \quad \text{Eq. (6)}$$

240 where $K_{S,max}$ is the soil conductivity at saturation and b and Ψ_{sat} are empirical constants that
 241 depend on soil type (here considered as constant over all soil layers).

242 Subsequently, $f_{i,t}$ can be restructured as:

$$243 \quad f_{i,t} = \frac{k_i \cdot A_{R,i} \cdot \Delta\Psi_{i,t}}{\sum_{i=1}^n k_i \cdot A_{R,i} \cdot \Delta\Psi_{i,t}} \quad \text{Eq. (7)}$$

244 where the root water to soil matric potential gradient is represented as $\Delta\Psi_{i,t} = \Psi_{X,0,t} -$
 245 $(\Psi_{S,i,t} - z_i)$.

246 Combining Eq. (2) and Eq. (7) then allows the derivation of $\delta^2 H_{X,0,t}$ as follows:

247
$$\delta^2 H_{X,0,t} = \sum_{i=1}^n \left(\frac{k_i \cdot A_{R,i} \cdot \Delta \Psi_{i,t}}{\sum_{j=1}^n k_j \cdot A_{R,j} \cdot \Delta \Psi_{j,t}} \cdot \delta^2 H_{S,i} \right)$$
 Eq. (8)

248 This equation requires estimates of $\Delta \Psi_{i,t}$, which is preferably measured instantaneously in the
 249 field (i.e. via stem and soil psychrometers for $\Psi_{X,0,t}$ and $\Psi_{S,i,t}$, respectively). However, as
 250 measurements of $\Psi_{X,0,t}$ are not always available, estimated $\hat{\Psi}_{X,0,t}$ can be derived from sap flow
 251 by re-organizing Eq. (4) into:

252
$$\hat{\Psi}_{X,0,t} = \frac{\sum_{i=1}^n [k_i \cdot A_{R,i} \cdot (\Psi_{S,i,t} - z_i)] - SF_t}{\sum_{i=1}^n k_i \cdot A_{R,i}}$$
 Eq. (9)

253 which then allows replacement of $\Psi_{X,0,t}$ with $\hat{\Psi}_{X,0,t}$ in Eq. (8).

254 *ii. Height-dependent isotope composition of plant xylem water*

255 In our model, the water isotopologues simply move upwards from the stem base with
 256 the sap flow velocity. Assuming negligible diffusion, the $\delta^2\text{H}$ isotope composition in xylem
 257 water at height h and time t ($\delta^2 H_{X,h,t}$) is then the isotope composition of xylem water at stem
 258 base at time $t - \tau$.

259
$$\delta^2 H_{X,h,t} = \delta^2 H_{X,0,t-\tau}$$
 Eq. (10)

260 where τ is the lag before $\delta^2 H_{X,0,t}$ reaches stem height h (Fig. 2a), which depends on the true
 261 sap flux density in the xylem (SF_V). True sap flux density indicates the real speed of vertical
 262 water displacement within a plant, derived by dividing SF_t over the lumen area of the plant (A_x ;
 263 Fig. 2a) i.e. the total cross-sectional area of the vessels. τ can be obtained from the mass
 264 conservation equality:

265
$$h \cdot A_x = \int_{t-\tau}^t SF_t dt$$
 Eq. (11)

266 Note that since most scientific studies express sap flux density as the sap flow over the total
267 sapwood area (SF_S), rather than over the total vessel lumen area (SF_V), for consistency, we will
268 present the model outputs as functions of SF_S .

269 Note that SF_V presents the sap flux density normalized over the total vessel lumen area, and
270 as vessel lumen area correlates with plant diameter at breast height (DBH), there is no need for
271 explicit consideration of DBH in the model for comparison among field measurements.

272 Model analyses show that the impact of the mutual diffusion coefficient of heavy water in
273 normal water on the transport flux is negligible for plants with high sap flux densities, which is
274 the case for the theoretical examples below. However, in plants with low sap flow densities,
275 consideration of diffusion might be required. Diffusion might also be generated by water
276 passing through a complex network of vessels, in analogy to diffusion in a porous media (see
277 supplementary methods B for some analytical results, simulated cases of and a detailed
278 discussion on the role of diffusion). SWIFT was implemented in R version 3.4.0 (R Core Team,
279 2017), and is publicly available (see GitHub repository HannesDeDeurwaerder/SWIFT).

280 *iii. Model parameterization and analyses*

281 The model's primary purpose is to gain insight into 1) which processes are capable of
282 generating $\delta_{xy|}$ variance, and 2) how sensitive the variance in $\delta_{xy|}$ along the stem is in response
283 to the modeled plant hydraulic processes. To this end, we adopted the basic plant parameters
284 from Huang *et al.* (2017) who studied soil-plant hydrodynamics of loblolly pine (*Pinus taeda*
285 *L.*) during a 30-day extended dry down period (Table S1). We started with synthetic basal sap
286 flow patterns and volumes extracted from the model runs of Huang *et al.* (2017) for a typical
287 drought day (day 11). Both basal sap flow patterns and volumes are repeated over the studied
288 period, as no variation between days is assumed. Sap flow follows the plant's water demand
289 which is the result of daily cycles of transpiration driven by photosynthetic active solar radiation

290 (PAR), vapor pressure deficit (VPD), and optimal stomatal response (Epila *et al.*, 2017).
291 Secondly, both the soil matric potential ($\Psi_{S,i,t}$) and $\delta^2\text{H}$ composition of soil water ($\delta^2H_{S,i}$)
292 profiles with soil depth were adopted from Meißner *et al.* (2012) (Fig. S8, see Table S1 for
293 equations) as driver data of the model, and were assumed to stay constant over time. Since
294 measurements of Meißner *et al.* (2012) were conducted at a silt loam plot in the temperate
295 climate of central Germany, corresponding soil parameters were selected from Clapp &
296 Hornberger (1978). Subsequently, the following model simulations were executed (see Fig. 2a):

- 297 1) **Analysis A1: impact of temporal SF_t variation on the isotope composition of**
298 **xylem water at a fixed stem height.** Temporal patterns in $\delta^2\text{H}$ isotope composition
299 in xylem water (δ^2H_X) were evaluated for a typical situation, i.e. measurement at
300 breast height ($h=1.30$ m) (e.g. White *et al.*, 1985; Meinzer *et al.*, 1999; Goldsmith
301 *et al.*, 2012; Hervé-Fernández *et al.*, 2016; De Deurwaerder *et al.*, 2018; Muñoz-
302 Villers *et al.*, 2019).
- 303 2) **Analysis A2: impact of temporal SF_t variation at different tree heights.**
304 Temporal patterns in δ^2H_X within a tree at various sampling heights (5, 10, and 15
305 m).
- 306 3) **Analysis A3: impact of temporal SF_t variation on the isotope composition of**
307 **xylem water and the timing of sampling.** Representation of the profile of δ^2H_X
308 along the full height of a tree, measured at different sampling times (9:00 and 11:00),
309 with the standard parameterization given in Table S1.
- 310 4) **Analysis B: variation in δ^2H_X due to differences in absolute daily average sap**
311 **flow speed.** Diurnal patterns in the δ^2H_X in trees that differ solely in daily averaged
312 SF_V , which are set to 0.64, 0.42, and 0.19 m h^{-1} , respectively corresponding to SF_S
313 values of 0.09, 0.06 and 0.03 m h^{-1} .

314 All parameters of the four analyses are given in Table S1. The model simulations
315 for each analysis were compared to a null model.

316

317 *iv. The null model*

318 The null model adopts the standard assumption of zero variation in δ_{xyl} along the length
319 of the plant body, but allows for potential measurement errors related to the extraction protocol.
320 In reality, empirically obtained data will have some variation as observed values (*Obs.* δ_{xyl})
321 are the sum of the true δ_{xyl} -values and their extraction error (*error*_{extraction}).

$$322 \quad \text{Obs. } \delta_{xyl} = \text{True } \delta_{xyl} + \text{error}_{\text{extraction}} \quad (\text{eq. 12})$$

323 Hence, the null model attributes any variance in isotopic composition to extraction errors, with
324 maximum extraction error ranges of 3‰ for δ^2H samples (0.3‰ for $\delta^{18}O$) expected for water
325 extraction recovery rates higher than 98% (e.g. Orłowski *et al.*, 2013). These extraction errors
326 are negatively skewed following the Rayleigh distillation model, which predicts that extraction
327 error for incomplete water recovery will be negative, and therefore $\text{Obs. } \delta_{xyl} \leq \text{True } \delta_{xyl}$. The
328 null model represents this *error*_{extraction} by a negative skew-normal distribution (with location
329 parameter $\zeta = 0\text{‰}$, the scale $\omega = 3\text{‰}$ for δ^2H or 0.3‰ for $\delta^{18}O$, and shape $\alpha = -\infty$) (Azzalini,
330 2013).

331

332 **2.2.2. Estimation of average RWU depth**

333 Average RWU depths (i.e. the weighted mean of the depths of RWU, with the uptake fractions
334 at the different depths as weights) were derived from the simulated δ^2H_x values by use of both
335 the direct inference method and the end-member mixing analysis method. Together, these
336 techniques represent 96% of the applied methods in the literature (Rothfuss & Javaux, 2017),
337 and the reader is referred to Rothfuss & Javaux (2017) for a complete discussion of both

338 techniques. In line with the general approach assessing RWU with stable water isotopes, the
339 average RWU depth is obtained by relating the δ^2H_X with the $\delta^2H_{S,i}$ depth profile. We
340 compared average RWU depth estimates obtained from simulated δ^2H_X , as described in the
341 analyses above, with the true average RWU depth. Here, the true average RWU depth was
342 defined as the depth corresponding to the daily weighted average δ^2H_X , calculated as the
343 weighted sum of $\delta^2H_{X,i,t}$ and the relative fraction of water taken up at each depth.

344

345 **2.2.3. Transport dynamics and sensitivity analysis**

346 We perform a basic model validation of our model assumption that the propagation of an
347 isotopic signature is driven by diurnal sap flow dynamics and diffusion alone. In essence, the
348 model assumes that once water with a given isotopic signature enters the stem, it moves
349 upwards with the speed of sap flow, and changes only due to the effect of diffusion. The effects
350 of capacitance on δ^2H_X dynamics by the release of storage water in the xylem flow can be
351 ignored. To validate this assumption we compare model predictions against observed δ^2H_X
352 dynamics monitored within a pine tree (*Pinus pinea* L.) following 2H -enrichment in a controlled
353 greenhouse experiment, as detailed in Marshall *et al.* (2020). δ^2H_X was measured at two heights
354 (0.15 and 0.65m) using a novel *in situ* technique, the borehole equilibration method. Performed
355 model simulations consider the absolute ranges of sap flux densities during the entire
356 monitoring campaign, with the account of tree tapering effect on sap flux densities over the
357 studied stem length (supplementary method C). Validation of diurnal variation in δ^2H_X requires
358 high temporal resolution monitoring of δ^2H_X dynamics in plants stems, with simultaneous high
359 temporal resolution monitoring and characterization of sap flow, soil water potential, and
360 isotopic composition. Such data does not yet exist to our best of knowledge.

361 In addition, we performed two sensitivity analyses to assess the relative importance of each
362 parameter in generating variance in δ^2H_X along the length of a plant. In both sensitivity analyses,

363 we varied model parameters one-at-a-time to assess the local sensitivity of the model outputs
364 for soil type, sap flux density, root properties, and sampling strategies. The sensitivity analysis
365 provides insight into possibilities for improving the design of field protocols, by revealing
366 potential key measurements and caveats in field setups. More details on the performed
367 sensitivity analysis and validation of transport dynamics are available in supplementary method
368 C.

369

370 **3. Results**

371 **3.1. Part A: Empirical exploration**

372 The null model assumes constant isotopic composition of root water uptake, with only limited
373 variance in isotopic composition introduced by extraction errors ($\beta^2H_X < 3\text{‰}$; $\delta^{18}O_X < 0.3\text{‰}$).
374 However, pronounced δ^2H_X variance within individual plants, exceeding the null model ranges,
375 are observed in all three independent datasets. The normalized δ^2H composition in xylem water
376 (β^2H_X) along the stem length of lianas and trees in French Guiana exceeded the null model by
377 a factor of 3.2 and 4.3, respectively (Fig. 3c, Fig. S2). Differences up to 13.1‰ and 18.3‰ in
378 δ^2H and 1.3‰ and 2.2‰ in $\delta^{18}O$ were observed in individuals of trees and lianas, respectively
379 (Supplementary method A, table A.).

380 Similarly, diurnal intra-individual δ^2H_X variances were found for all considered plant
381 growth forms, i.e. trees, shrubs, and herbs, monitored in China (Fig. 4b-d, Fig S3). Observed
382 daily maximum differences in δ^2H_X were 18.0‰, 21.0‰, and 25.2‰ for trees, shrubs and herbs
383 respectively (2.8‰, 6.8‰, and 6.5‰ in $\delta^{18}O_X$ in Fig. S4). The expected null model variance
384 was exceeded for each species during its measurement period.

385 Finally, pronounced intra-individual δ^2H_X variance was also observed for all monitored
386 firs and beeches in Germany (Fig 4e, Fig. S5). Here, daily maxima differences in δ^2H_X were 8.2

387 ‰ and 14.2 ‰ for *Abies alba* and *Fagus sylvatica* respectively (2.0‰ and 4.2 ‰ in $\delta^{18}O_X$ in
388 Fig. S6).

389

390 **3.2. Part B: Model exploration**

391 *Isotope composition of xylem water at stem base and basic model behavior*

392 At the stem base, simulated $\delta^2H_{X,0,t}$ displays a diurnal fluctuation (Fig. 2b, Fig S7) that
393 corresponds to the daily sap flow pattern (Fig. S7). This pattern is caused by shifting diurnal
394 average RWU depth. Early in the morning, when transpiration is low, most of the RWU occurs
395 in deeper layers, where soil matric potential is less negative and where soil water is more
396 depleted in 2H compared with the soil layers above (Fig. S8a-b). As transpiration increases
397 during the day, a significant proportion of RWU can now be extracted from the drier, shallower
398 layers, where the soil water is enriched in 2H , i.e., having a higher δ^2H . In the afternoon, as
399 transpiration declines, the isotopic composition reflects again the composition of the more
400 depleted soil water in the deeper soil layers, and it remains constant throughout the night
401 because apart from diffusion SWIFT does not consider mixing of the internal stem water. The
402 mixing effects of diffusion are only noticeable at low sap flow speeds (Fig. 3b).

403 Highest δ^2H_X -values (approx.-59‰) are found in alignment with the diurnal minimum
404 of $\Psi_{X,0,t}$ (approx.-0.85 MPa, Fig. S7). At this moment, the difference between $\Psi_{X,0,t}$ and $\Psi_{S,i,t}$
405 is maximal, enabling water extraction from the upper and driest soil layers. Most root biomass
406 is located near the surface (cf. Jackson *et al.*, 1995; Fig. S8c) and uptake in these layers will
407 result in relatively high contributions to the total RWU.

408 In contrast, differences between $\Psi_{X,0,t}$ and $\Psi_{S,i,t}$ are smaller in the early morning and
409 late afternoon causing root water uptake in the upper soil layers to halt. The decreasing in
410 absolute range of $\Delta\Psi_{i,t}$ translates into higher proportions of RWU originating from deeper, more

411 depleted soil layers. This causes δ^2H_X to drop to a baseline of approx. -67‰. This afternoon
412 depletion of δ^2H_X will henceforth be referred to as the δ^2H_X -baseline drop.

413 *Isotope composition of xylem water at different times, heights and SF_V*

414 Temporal fluctuation in δ^2H_X within a tree at 1.3 m (i.e. the standard sampling height;
415 Analysis A1; Fig. 2a) and other potential sampling heights (e.g. branch collection; Analysis A2;
416 Fig. 2a), are provided in Fig. 2b and 3a. Both analyses show that fluctuations in δ^2H_X depend
417 on the height of measurement and the corresponding time needed to move the water along the
418 xylem conduits. Note that it depends on the selected temporal resolution whether the δ^2H_X -
419 baseline drop at a given height equals the (stem base) minimum (here 1 min, see Fig. S12). In
420 addition to sampling height, analysis A3 depicts the importance of sampling time (Fig. 3a).
421 Outputs of analysis B predict that the occurrence and width of the δ^2H_X -baseline drop are a
422 function of the sap flow velocity SF_V (Fig. 3b). To aid model interpretation and comparability
423 with field data, we (i) provide an illustrative example of normalized δ^2H isotope composition
424 of model-simulated xylem water (β^2H_X) with consideration of extraction error (Fig. 4a), and (ii)
425 display the relation between δ^2H_X variance and cumulative sap flow volumes, for which the
426 piston flow dynamics in SWIFT originate from lateral translation of the δ^2H_X fluctuation at
427 $\delta^2H_{X,0,t}$ (Fig. 2b).

428

429 **3.2.1. Potential biases in average RWU depth estimation**

430 Both timing of measurement (Fig. 5a) and SF_V (Fig. 5b) influence average RWU depth
431 estimates derived via the direct inference and end-member mixing analysis method (Fig. S9).
432 Collection of tree samples at 1.30 m can result in erroneous estimation, deviating up to 104 %
433 from the average daily RWU depth (Fig. 5). Plotting the relative error in average RWU depth
434 as a function of time and SF_V (Fig. 5) shows that it is possible to time δ^2H_X measurements in a

435 fashion that captures unbiased estimates of the average RWU depth. Xylem water sampling
436 should be timed to capture the δ^2H_X that corresponds to water extracted at peak RWU, and the
437 expected sampling time can be derived by considering the time needed for the water to reach
438 the point of measurement (i.e. at 1.30 m in Fig. 5).

439

440 **3.2.2. Transport dynamics and sensitivity analysis**

441 Our sensitivity analyses show that the expected absolute error in average RWU depth
442 assessment is directly related to both 1) maximum variance in and 2) the probability of sampling
443 non-representative δ^2H_X values. The maximum variance depends on the height, while the
444 probability of sampling non-representative areas depends on the width of the “ δ^2H_X -baseline
445 drop” respectively (defined above). Hence, variation in δ^2H_X is determined by several factors,
446 including the sampling strategy (timing and height of sampling), sap flow velocity (Fig. S10),
447 and below-ground biophysical parameter (Fig. S11). We summarized the most important
448 variables as predicted by SWIFT, which should be considered in subsequent RWU studies.

449 Plants on loamy soils show larger diurnal δ^2H_X variances in comparison with those on clay
450 soils for a similar prevailing isotope gradient across the soil profile. Larger variances
451 correspond to potentially larger errors, but the steeper slope of the δ^2H_X curve results in a thinner
452 δ^2H_X -baseline drop. Hence, loamy soil can result in potentially the large error but this is
453 mediated by a lower probability of sampling non-representative δ^2H_X values during the day.

454 The volume of water taken up by the plant (SF_t ; Fig. S11b) affects xylem water potential
455 of the plant at stem base ($\hat{\Psi}_{X,0,t}$). Higher SF_t requires more negative $\hat{\Psi}_{X,0,t}$, enabling the plant
456 to access the enriched soil water of more shallow soil layers. Therefore, an increase in SF_t
457 results in the increase of maximum δ^2H_X values (increased maximum error) but also results in

458 a smaller width of the baseline drop (Fig. 2-3). Lower SF_t result in smaller errors, but a larger
459 probability of sampling a non-representative area (Fig. 3b).

460 Root properties, i.e. root membrane permeability (Fig. S11c) strongly influence both the
461 total range of δ^2H_X variance and the width of the δ^2H_X -baseline drops. Decreasing root
462 membrane permeability, but with no alterations to the sap flow volumes, results in thinner δ^2H_X -
463 baseline drops, but higher maximum δ^2H_X variance.

464 In addition, the true sap flow velocity (SF_t per unit of lumen area) will determine the relative
465 importance of diffusion on the δ^2H_X dynamics. Diffusion can cause a smoothing of the peak and
466 a consequent increase in the width of the δ^2H_X -baseline drop. However, as diffusion is
467 proportional to the time that water isotopologues remain in the xylem, its absolute impact on
468 δ^2H_X is negligible in plants with a high true sap flow velocity. In contrast, the impact of diffusion
469 on δ^2H_X dynamics is substantial for plants with very low velocities, where water takes many
470 days to pass from roots to leaves (see supplementary method B).

471 The role of diffusion was investigated using a stepwise 2H enrichment experiment in Marshall *et al.*
472 (2020) (Fig 6). Analytical solutions of an advection-diffusion equation show that at 0.15 cm, a relatively
473 small diffusivity was required to reproduce the initial increase of xylem isotope signature, with values
474 comparable to these reported for diffusivity of heavy water (Meng *et al.*, 2018). However, at 65 cm, the
475 value of diffusivity required to match the observed initial increase was much higher, suggesting other
476 processes besides molecular diffusivity might contribute to the isotope transport (e.g. variable flow
477 velocities within vessels and among vessels of the xylem network). Note also that the analytical solutions
478 were not able to recover the second part of the curve where the isotope reaches the asymptotic enriched
479 value, which is more gradual in the observations (Fig. 6). This also suggests a complex transport of δ^2H_X
480 in the xylem.

481

482 **4. Discussion**

483 **4.1. Dynamic diurnal isotope compositions of xylem water along plant stems**

484 Empirical field data show pronounced δ_{xyl} variance along the stem length (Fig. 3) and over a
485 sub-daily time period (Fig. 4). Our model explorations suggest that basic plant hydraulic
486 functioning can result in shifting mixtures of δ^2H_X entering the plant (Fig. 2-3). Daily $\Psi_{X,0,t}$
487 fluctuations interact with the $\Psi_{S,i,t}$ profile causing different parts of the root distribution to be
488 active during the day. The fluctuations in δ^2H_X at the stem base propagate along the xylem with
489 a velocity proportional to the sap flow and this produces variability in sampled δ^2H_X that is
490 much larger than the expected measuring error. Consequently, rather than being static, δ^2H_X
491 values along the height of a plant should be envisioned as a dynamic diurnal process.

492 Importantly, we show that high variance in δ^2H_X can result in an incorrect assessment
493 of differences in average RWU depths between plants. Differences do not necessarily result
494 from variability in average RWU depth, but may result from monitoring plants at different
495 heights (Fig. 2-3), at different times (Fig. 3a) or by comparing individuals which have different
496 SF_V (Fig. 3b) and xylem anatomical properties. For example, depending on SF_V and lumen area,
497 the isotopic signal can take hours or days to travel from roots to leaves - as was also observed
498 experimentally (Steppe *et al.*, 2010; Magh *et al.*, 2020; Marshall *et al.*, 2020).

499 Low SF_V allows multiple δ^2H_X -baseline drops over the length of a single tree. Sampled
500 δ^2H_X can reflect soil isotopic composition of the past several days. Our sensitivity analysis
501 reveals that various soil and plant characteristics have an important role in determining both the
502 daily maximum δ^2H_X variance as well as the width of the δ^2H_X -baseline drop. These two
503 characteristics directly impact (i) the expected maximum bias in estimates of average RWU
504 depth and (ii) the chance of measuring δ^2H_X values that do not represent a mixture of all rooting
505 layers during peak RWU (i.e. measurements in the baseline drop). Ultimately, these factors will
506 challenge the use of stable water isotope to study the terrestrial water fluxes as recently

507 reviewed by Penna *et al.* (2018). We additionally advocate that future research should explore
508 the minimum set of (bio)physiological drivers and processes that require quantification to
509 correctly interpret δ^2H_X along the hydraulic pathway length of a plant.

510

511 **4.2. General applicability of model and results**

512 A necessary condition for diurnal shifts in RWU is the existence of water potential differences,
513 e.g. more negative water potentials in the upper layers where trees usually have higher root
514 density, which can cause a disproportional partitioning of diurnal RWU between deep and
515 shallow roots over a diurnal course. The pronounced variance in δ_{xyl} identified in this study is
516 intrinsic to the isotopic tracing technique for RWU assessment, as this method relies on the
517 existence of a soil water isotopic profile. Such profiles are the result of soil evaporation, a
518 process inextricably coupled to water potential heterogeneity, and hence to variance in δ^2H_X .

519 Plant transpiration results from a complex interaction between atmospheric demands
520 (i.e. driven by VPD and radiation) and stomatal conductance that depends on tolerance for
521 drought stress and soil moisture content. We may expect diurnal fluctuation in radiation and
522 VPD, and hence in water transport and depth of water absorption, as modeled here to be a
523 general phenomenon in nature. Moreover, much greater fluctuations in VPD and radiation
524 should be expected under natural conditions than the diurnal cycle described here, and these
525 will increase the variability of transpiration fluxes, leading to even more complex dynamics of
526 $\Psi_{X,0,t}$. Specifically, the model simulations suggest that intra-individual variability of δ^2H_X will
527 reflect the past changes of RWU dynamics, including RWU dynamics driven by changes of
528 environmental demands. For instance, a changing degree in cloud cover that impacts sap flow
529 dynamics can influence $\Psi_{X,0,t}$ rather abruptly (e.g. in lianas; Chen *et al.*, 2015) and lead to

530 instantaneous changes in the δ^2H composition of the water mixture taken up at the root level.
531 This can complicate the comparison of different plants sampled at different heights and times.

532 Note that, based on our model, we expect that soil isotopic enrichment experiments will
533 generate extensive δ^2H_X variation along the length of trees whenever diurnal RWU fluctuations
534 cause water extraction to shift between labeled and unlabeled soil layers. Furthermore, when
535 enrichment experiments target trees with different hydraulic properties (such as SF_V) care
536 should be taken to determine when and where to sample these trees to assess a potential 2H
537 enrichment in xylem water (Fig. 6, but see Magh *et al.*, 2020;).

538

539 **4.3. Alternative causes of δ_{xyl} fluctuation**

540 The SWIFT model provides a simple traceable and mechanistic explanation, using diurnal
541 variations in SF_t and RWU, for the pronounced variance and dynamic nature of the δ_{xyl}
542 fluctuations with plant height and time of field samples (e.g. Fig. 3-4) and elsewhere (Cooper
543 *et al.* 1991). However, several other processes might contribute to generate variability, while
544 others can act to damp this variability. In the next section, we will discuss alternative causes,
545 complementary and antagonistic, that contribute to the observed intra-individual δ_{xyl} variances.

546 *i. Fractionation at root or stem level*

547 An increasing body of observations shows the occurrence of isotopic fractionation at the
548 root level governed by root membrane transport (Lin & Sternberg, 1993; Vargas *et al.*, 2017)
549 or by unknown reasons (Zhao *et al.*, 2016). Brinkmann *et al.* (2019) hypothesize that root level
550 fractionation causes disparity when average RWU depth calculations based on δ^2H_X
551 measurements are compared with those of $\delta^{18}O_X$. However, it is difficult to imagine a scenario
552 where root fractionation by itself can explain the observed diurnal fluctuations in δ_{xyl} with
553 height and time. Even if root fractionation significantly contributed to variation in δ_{xyl} , we

554 would still need to take into account diurnal fluctuation in RWU to explain the observed
555 patterns. Isotopic enrichment of xylem water along the stem length was observed in association
556 with stem transpiration (Dawson & Ehleringer, 1993; Barnard *et al.*, 2006). However, this
557 phenomenon is generally restricted to non-suberized plants and in woody branches in close
558 vicinity to the evaporative surface of the plant (Dawson & Ehleringer, 1993). Isotopic
559 enrichment can, therefore, not explain the variances in δ_{xyl} observed in our empirical data, which
560 were sampled within the main stem (data French Guiana) or from lignified branch segment
561 distant from evaporative surfaces (data China and Germany).

562 ii. *Temporal and spatial soil dynamics*

563 Soil water content can be extremely heterogeneous in the three spatial dimensions as well
564 as in time with complex dynamics of soil water movement. For example, hydraulic lift vertically
565 redistributes soil water through the roots (Dawson & Ehleringer, 1993), which may change the
566 water isotopic composition of the water mixture in the rhizosphere that is taken up by roots.
567 Specifically, hydraulic lift redistributes and mixes the isotopic signal of depleted soil water in
568 deeper layers with the enriched soil water signal in the rhizosphere in shallower layers. This
569 should lead to lower variation in the soil water accessible to the plant, and hence less variation
570 along plant height. Horizontal heterogeneity of water content may also affect δ_{xyl} variance as
571 soil water potentials and the isotope composition of soil water are interlinked. Under these
572 conditions, it is important to understand how much the radial distribution of roots will naturally
573 average out soil heterogeneity. However, note that heterogeneity in the soil does not
574 automatically translate in variability in the xylem. Differential root water uptake driven by the
575 diurnal fluctuation in water potential gradients in the soil-plant interface is still required to
576 generate variability in the xylem isotopic signature.

577 iii. *Storage tissue and phloem enrichment*

578 Storage tissues release water and sugars into the xylem conduits on a daily basis to support
579 water transpiration demand (Goldstein et al., 1998; Morris et al., 2016; Secchi et al., 2017) or
580 to repair embolism (Salleo et al., 2009; Secchi et al., 2017). Both water and sugars are
581 transported in and out of storage tissue via symplastic pathways using plasmodesmata and
582 aquaporins (Knipfer et al., 2016; Secchi et al., 2017), a pathway that has been linked to isotopic
583 fractionation in roots (Ellsworth & Williams, 2007). Moreover, phloem transports
584 photosynthetic assimilates that were produced in the leaves and are therefore potentially
585 affected by transpiration fractionation (Gessler *et al.*, 2013). Hence, these metabolic molecules
586 might show higher values of δ^2H and $\delta^{18}O$ compared to RWU. Water release from storage or
587 phloem tissue might locally alter δ_{xyl} (White et al., 1985). Additionally, the time between water
588 storage and release could bridge multiple days, and corresponding isotopic composition may
589 reflect soil conditions antecedent a dry spell when the isotopic signature of soil was less
590 vertically stratified. It is evident that such dynamics are complex, and it is hard to predict how
591 storage tissue and phloem enrichment affect observed δ_{xyl} patterns. Importantly, xylem isotopic
592 sampling cannot differentiate between water resulting from RWU or storage, and therefore we
593 cannot exclude the possibility that tissue and phloem enrichment play a role. At a minimum this
594 adds further uncertainty to RWU assessment. Water derived from storage tissues might also be
595 present in larger fraction in higher parts of the plants, especially branches, as contamination
596 accumulates as water moves upwards.

597 Unfortunately, to our best knowledge, empirical data on the isotopic composition of storage
598 tissue and its spatiotemporal dynamics are absent in the literature. Future research should target
599 impact assessment of storage water on intra-individual δ_{xyl} , allowing proper implementation in
600 the model.

601 *Diffusion processes*

602 Diffusion is a process of net movement of molecules from a region of higher concentration
603 to a region of lower concentration. Consequently, diffusion dampens δ_{xyl} variability, both in
604 time and space within water xylem. Although the mutual diffusion coefficient of heavy water
605 in normal water is very small and flow within vessels is laminar, other processes might still
606 contribute to generating diffusion along the xylem. For example, as the water moves through
607 the complex network of vessels, differences in velocities between vessels of different sizes
608 cause some particles to move faster or slower than average flow. According to the Hagen–
609 Poiseuille law, the flow in each vessel is proportional to the fourth power of the vessel radius
610 and the mean velocity to the square of the radius, thus potentially generating large differences
611 in particle velocities depending on the vessel size distribution and other anatomical properties.
612 Even within a single vessel, velocity is parabolic with a maximum flow velocity in the center
613 and zero at the vessel walls.

614 **4.4. A way forward**

615 The observed large δ_{xyl} variance and temporal dynamics in the empirical data suggest
616 the need for a critical assessment of the stable isotope tracer technique for RWU studies.
617 However, it also creates new opportunities. Since δ_{xyl} variance and temporal dynamics herein
618 likely relate to various plant physiological processes, monitoring of variation in δ_{xyl} can allow
619 a more integrated understanding of plant water transport and hydraulic properties.

620 Combining a plant hydraulic model with *in situ* SF_V , $\delta^2H_{S,i}$ and $\Psi_{S,i,t}$ can also help
621 improve the robustness of RWU assessment and interpretation. Measurements of $\delta^2H_{S,i}$ and
622 $\Psi_{S,i,t}$ at multiple depths, i.e. by installing soil water suction cups working at a vacuum (i.e.
623 Rennenberg *et al.*, 1996) and multiple soil matric potential sensors that measure at a high
624 temporal frequency, should be especially valuable since the SWIFT model showed high
625 sensitivity to alterations of this variable and these can be directly supplied as model inputs. At

626 the same time, the availability of SF_t measurements allows for identifying the moment when
627 water uptake from all root layers is at its maximum, which can be used to determine the optimal
628 timing of sampling at a given height providing a more robust estimation of average RWU depth
629 and uptake.

630 Alongside the modeling approach presented here, new ways to study δ^2H_X at a high
631 temporal scale are strongly encouraged. For example, the pioneering work of Volkmann *et al.*
632 (2016) to the development of an *in situ* continuous isotope measurement technique that offers
633 the possibility for monitoring δ_{xyl} at a sub-hourly resolution. This technique holds strong
634 promise for further elucidating the natural δ^2H_X variances found within plants and the
635 physiology processes from which these variances result. Such high temporal resolution of
636 isotope measurements, coupled with *in situ* monitoring of various environmental and plant
637 biophysical metrics, are needed for both model improvement and further validation. Moreover,
638 these seem inevitable to eventually differentiate all causal mechanisms of the observed intra-
639 individual δ_{xyl} variance.

640

641 **5. Conclusions**

642 A collection of empirical field data show pronounced variance and high temporal
643 fluctuations in δ_{xyl} . Moreover, these high temporal fluctuations in δ_{xyl} emanate from basic plant
644 hydraulic functioning as model explorations show. We expect the observed δ_{xyl} variance and
645 sub-daily fluctuations result, for a large part, from the mechanisms considered here, though
646 various other physiological processes could also affect δ_{xyl} .

647 Our theoretical explorations warn that variability in the isotope composition of plant
648 xylem water can result in erroneous average RWU depth estimation and will complicate the
649 interpretation and comparison of data: samples taken at different heights, times or plants

650 differing in SF_V may incorrectly show differences in average RWU depth. We further predict
651 that various soil parameters and plant hydraulic parameters affect (i) the absolute size of the
652 error and (ii) the probability of measuring δ_{xyl} values that do not represent the well-mixed values
653 during the plants' peak RWU. Hydraulic models, such as SWIFT, could help to design more
654 robust sampling regimes that enable improved comparisons between studied plants. We
655 advocate the addition of SF_t , which indirectly reflects diurnal RWU fluctuations, and $\Psi_{S,i,t}$
656 monitoring as a minimum in future RWU assessments since these parameters were predicted to
657 be the predominant factors introducing variance in δ_{xyl} from the SWIFT model exploration.
658 However, soil texture and root permeability are also key measurements especially when
659 comparing across species and sites.

660 Our findings do not exclude additional factors that impact the observed intra-individual
661 δ_{xyl} variance and temporal fluctuation as many processes can act simultaneously and are not
662 mutually exclusive. Therefore, we strongly emphasize the need for more research. Directed
663 studies that validate and quantify the relative impact of other plant physiological processes
664 towards variance in δ_{xyl} are a prerequisite before improved modeling tools can be developed.

665

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679

680 **Author contribution**

681 H.V., M.D.V, and P.B. supervised and provided guidance throughout all aspects of the research.
682 H.D.D., M.D.V, and H.V. designed the study. H.D.D., K.K., R.K.M., J.D.M., L.W., and L.Z.
683 collected and processed the empirical datasets. The model was developed and coded by H.D.D,
684 M.D.V, M.D., and F.M. All authors contributed to the interpretation of the results and the text
685 of the manuscript.

686

687 **Data availability**

688 Both the French Guiana data and the SWIFT model are available on the GitHub repository
689 HannesDeDeurwaerder/SWIFT. For the availability of the data collected in China and
690 Germany, readers are referred to Zhao *et al.* (2014) and Magh *et al.* (2020), respectively.

691

692 **Competing interests**

693 The authors declare that they have no conflict of interest.

694

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Symbol	Description	Unit
$A_{R,i}$	The absorptive root area distribution over soil layer i	m^2
A_{Rtot}	The plants' total active fine root surface area	m^2
$A_{SAPWOOD}$	Sapwood area	m^2
A_x	Total lumen area	m^2
b	Shape parameter for the soil hydraulic properties (Clapp & Hornberger, 1978)	dimensionless
B_i	The overall root length density distribution per unit of soil, not necessarily limited to the focal plant.	m m^{-3}
$\delta^2H_{X,0,t}$	Isotope composition of plant xylem water at stem base at time t	in ‰ VSMOW
$\delta^2H_{X,h,t}$	Isotope composition of plant xylem water at height h and time t	in ‰ VSMOW
$\delta^2H_{S,i}$	Isotope composition of soil water of the i^{th} soil layer (constant over time)	in ‰ VSMOW
δ_{sample}	Isotope composition of water within a sample	in ‰ VSMOW
$\Delta\hat{\Psi}_{i,t}$	Estimated water potential gradient between stem base and the i^{th} soil layer at time t derived from Eq. (8)	m
$\Delta\Psi_{i,t}$	Soil matric potential gradient between soil and roots at the i^{th} soil layer at time t	$\text{m H}_2\text{O}$
$\beta^2H_X; \beta^{18}O_X$	Normalized isotope composition of plant xylem water	in ‰ VSMOW
$f_{i,t}$	The fraction of water taken up in the i^{th} soil layer at time t	dimensionless
h	Measurement height	m
i	Soil layer index	dimensionless
δ_{xyl}	Isotope composition of plant xylem water	in ‰ VSMOW
k_i	Soil-root conductance of the i^{th} soil layer	s^{-1}
K_{max}	Maximum soil hydraulic conductivity	m s^{-1}
k_R	Effective root radial conductivity	s^{-1}
k_S	The conductance associated with the radial water flow between the soil and the root surface	s^{-1}
$K_{S,i}$	Soil hydraulic conductivity at the i^{th} soil layer	m s^{-1}
ℓ	The approximated radial pathway length of water flow between bulk soil and root surface	m
LF	Lumen fraction per unit sapwood area	$\text{m}^2 \text{m}^{-2}$
n	Number of unique contributing water sources	#
Ψ_{sat}	Soil matric potential at soil saturation	m
$\Psi_{S,i,t}$	Soil matric potential of the i^{th} soil layer at time t	m
$\Psi_{X,0,t}$	Water potential at the base of the plant stem at time t	m
R	Heavy to light isotope ratio measured in the sample or standard	%

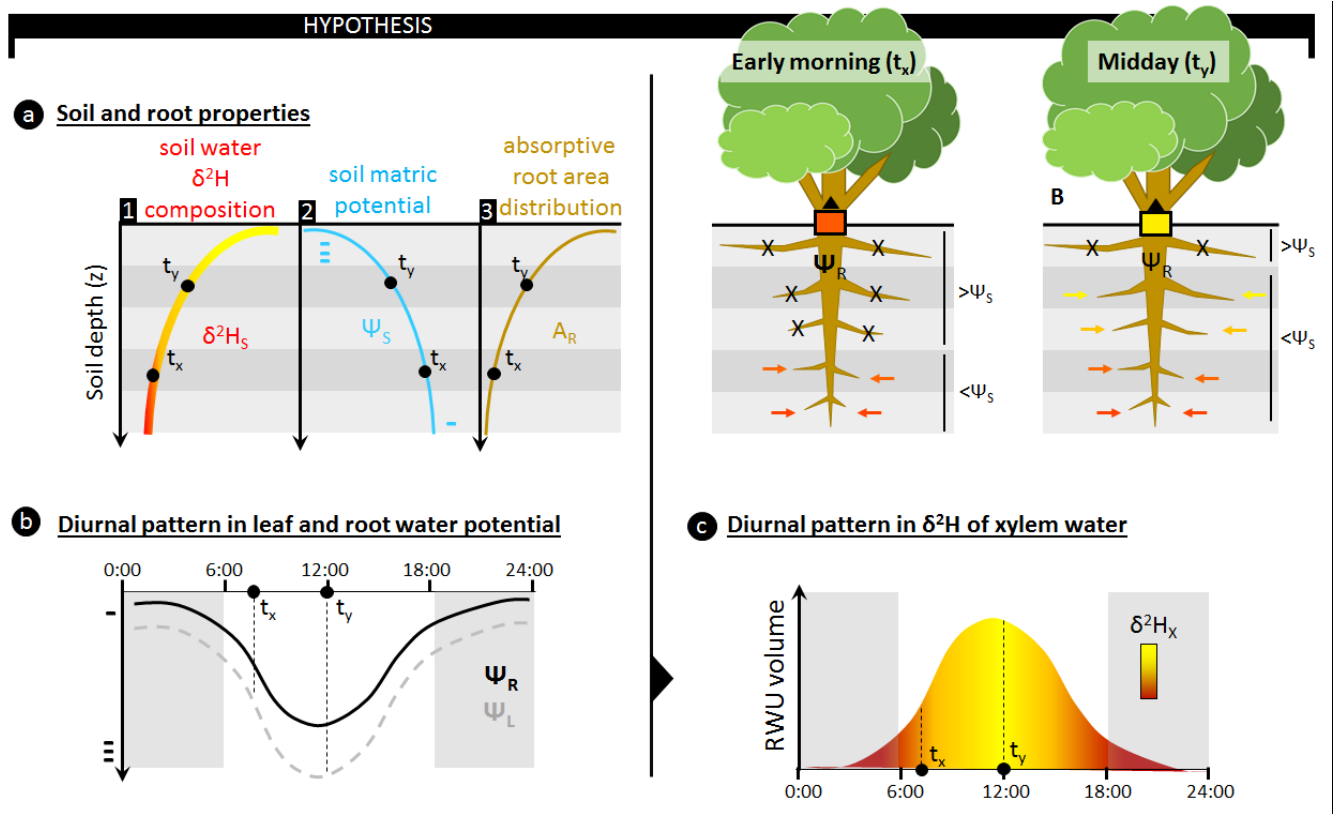
$RWU_{i,t}$	Net amount of water entering and leaving the root tissues per unit of time in the i^{th} soil layer at time t	$\text{m}^3 \text{s}^{-1}$
SF_t	Instantaneous sap flow at time t	$\text{m}^3 \text{s}^{-1}$
SF_S	Sap flow velocity, calculated as the sap flow per sapwood area	m h^{-1}
SF_V	True sap flux density, calculated as the sap flow per lumen area	m h^{-1}
τ	Delay before the isotope composition of xylem water at stem base reaches stem height h	s
θ_{sat}	Soil moisture content at soil saturation	$\text{m}^3 \text{m}^{-3}$
$\theta_{S,i,t}$	Soil moisture content of the i^{th} soil layer at time t	$\text{m}^3 \text{m}^{-3}$
z_i	Soil depth of the i^{th} soil layer	m

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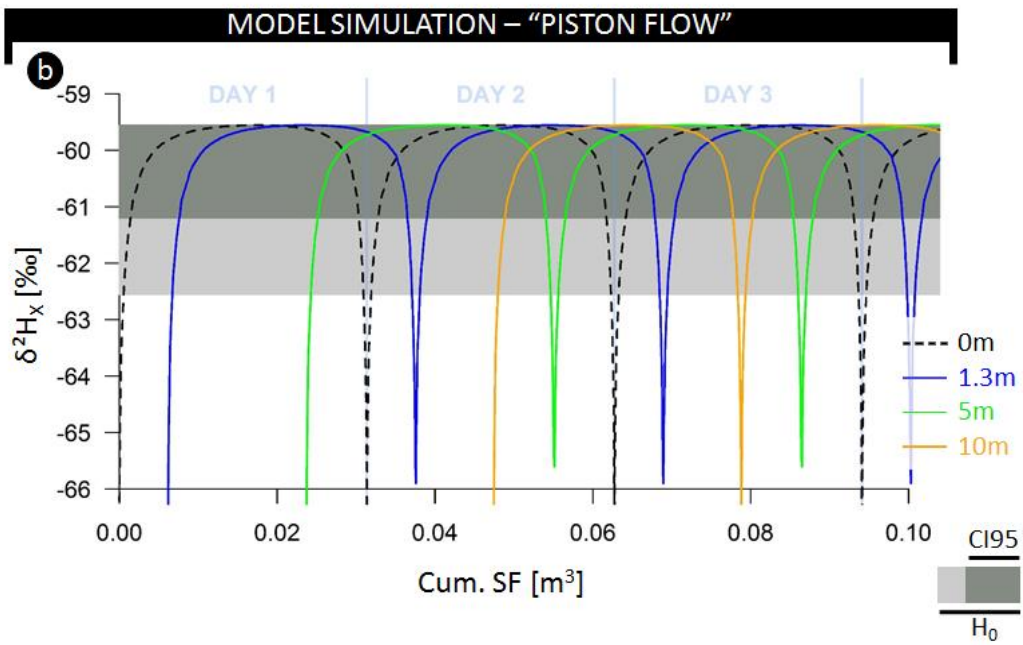
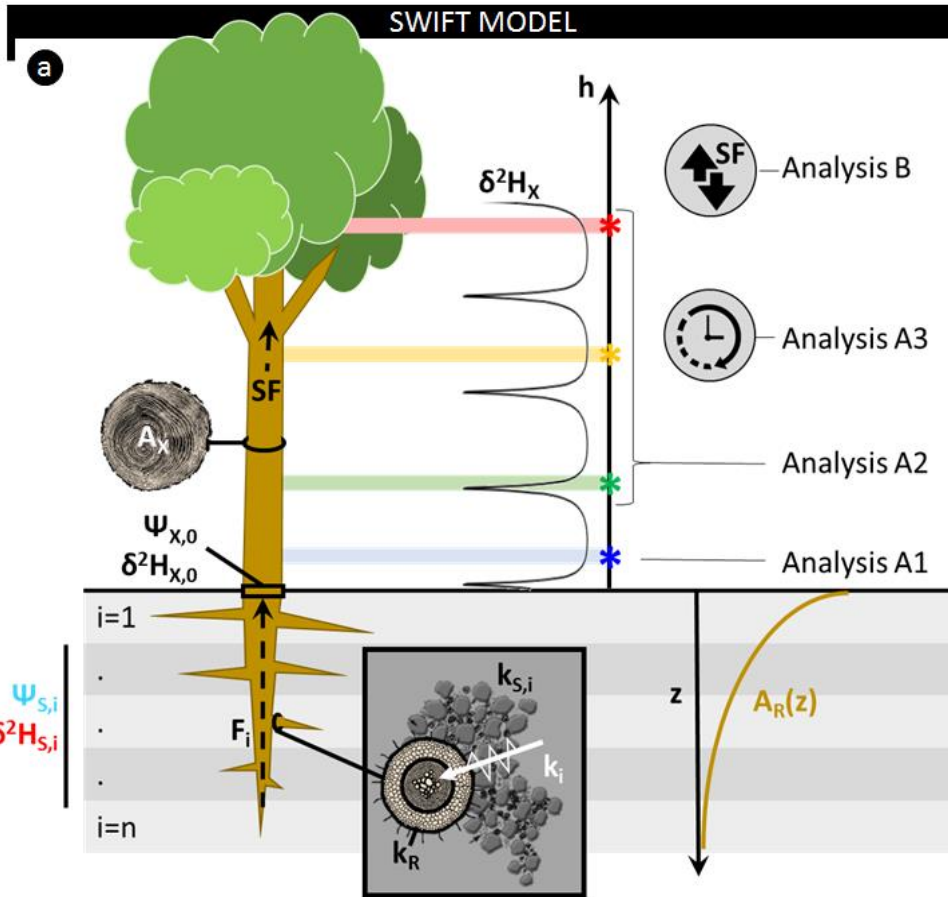
Figures



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868 **Fig 1.** The use of stable water isotopes ($\delta^2\text{H}$ and $\delta^{18}\text{O}$) to assess the relative depth of root water
869 uptake (RWU) requires a depth gradient in isotopic composition of soil water ($\delta^2\text{H}_s$) to be
870 present (**a, line 1**), as only then can the relative contribution of different soil layers to the
871 isotopic composition in a plant's xylem water ($\delta^2\text{H}_x$) be derived. These $\delta^2\text{H}_s$ gradients occur
872 naturally as the result of evaporative soil drying during drought conditions, however, these
873 conditions also result in the formation of a gradient in soil matric potential (Ψ_s), ensuring an
874 increasing Ψ_s with depth (**a, line 2**). RWU and sap flow in plants are passive processes where
875 water flows in the direction of decreasing water potentials. Specifically for RWU, this implies
876 that water influx through the absorptive root area (A_R ; **a, line 3**) of a plant's root is facilitated
877 whenever the water potential in the root (Ψ_R) is more negative than the surrounding Ψ_s . As A_R
878 and Ψ_s are generally not uniform with soil depth (z), the relative contribution of a specific soil
879 layer to RWU will depend on (i) the difference between Ψ_s and Ψ_R in that soil layer, and (ii)
880 the relative amount of absorptive root area in that soil layer. Stable water isotopes techniques

881 assume that the δ^2H_X reflects the contribution of δ^2H_S from all soil layers. However, this does
882 not account for diurnal fluctuations in Ψ_R which are invoked by the diurnal patterns in a plant's
883 transpiratory water demands (**panel b**). Typically, more negative Ψ_R values are observed when
884 water demands are high, i.e. around midday. However, a decrease in Ψ_R will result in higher
885 RWU, and alter the contribution of different soil layers to RWU. Specifically, dryer and
886 shallower soil layers, with more negative Ψ_S , could start contributing to RWU as Ψ_R decreases
887 (**panel c**). For example, in the early morning (situation t_x) when Ψ_R is high, only deeper soil
888 layers where $\Psi_S > \Psi_R$ contribute to overall δ^2H composition of the RWU flux. As Ψ_L and Ψ_R
889 decrease towards midday (situation t_y) more water can be absorbed from shallower soil layers.
890 As the A_R in these shallow soil layers is high, they strongly affect the relative contribution of
891 δ^2H_S entering the plant. Hence, diurnal fluctuations in Ψ_R will result in fluctuating mixtures of
892 δ^2H_S entering the plant. As these δ^2H_S mixtures are transported along the xylem pathway, they
893 produce variance in δ^2H_X , which could complicate RWU assessments via stable water isotope
894 analysis.



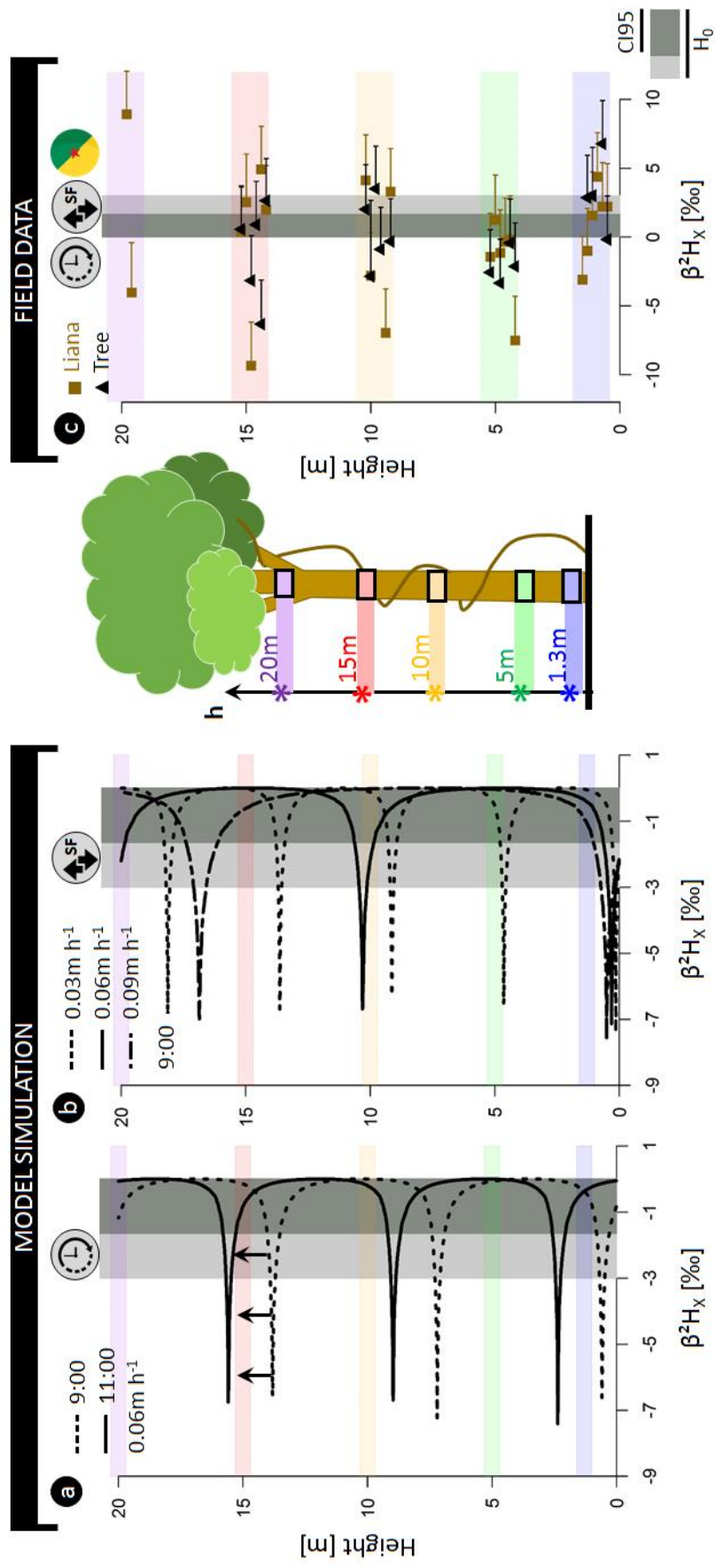
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897 **Fig. 2. (a)** Schematic representation of the model and considered analysis detailed in the text.
898 **(b)** Simulated fluctuations in δ^2H composition of plant xylem water as a function of the
899 cumulative sap flow volume measured at various heights: stem base (0 m, black dashed), 1.3 m
900 (blue), 5 m (green) and 10 m (red). The horizontal grey colored envelope delineates the
901 acceptable variance from the stem mean according to the null model (H_0), i.e. assuming no
902 variance along the length of a lignified plant aside from potential extraction error (i.e. 3‰).
903 Herein, the dark grey envelope indicates the confidence interval comprising 95% of potential
904 extraction error (CI95).

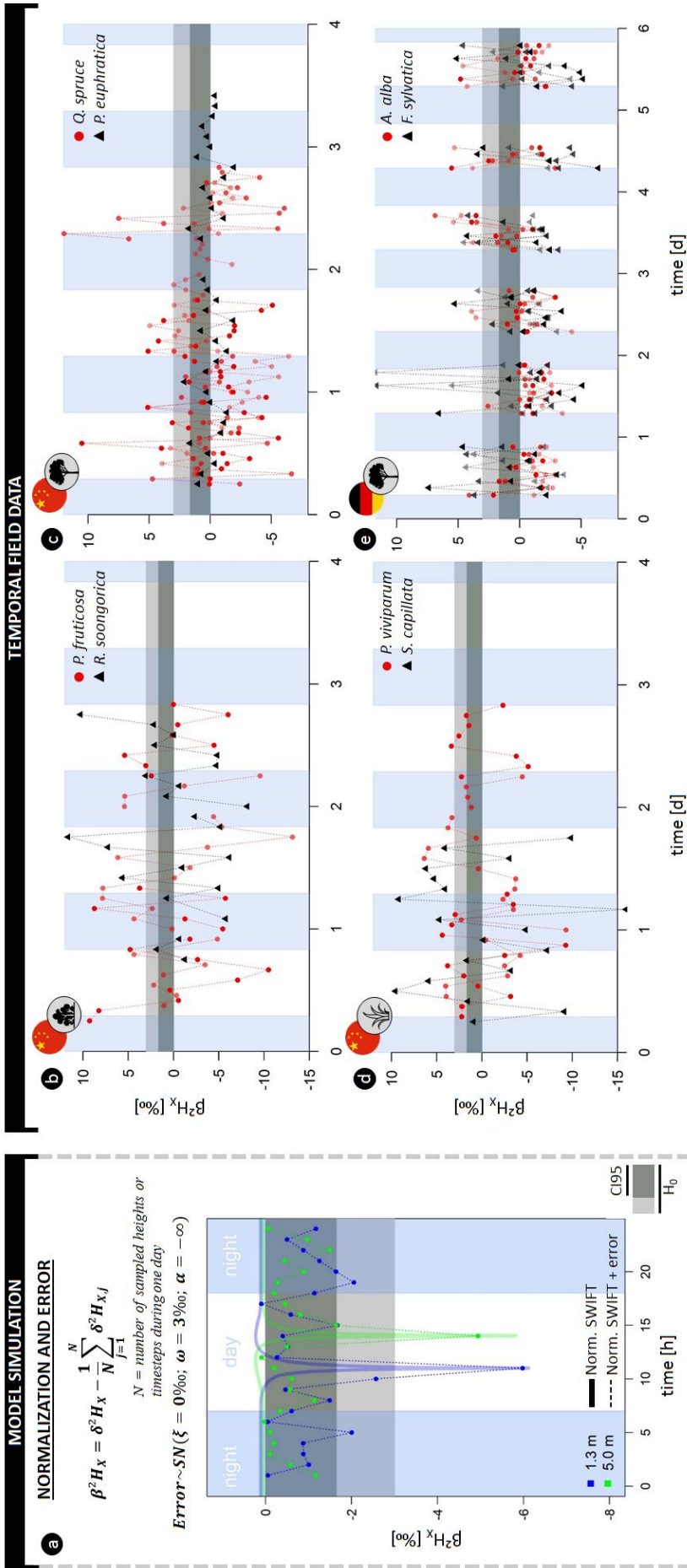
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908 **Fig 3. (a)** Model outputs for model analysis A3 representing the normalized $\delta^2\text{H}$ composition
909 of xylem water ($\beta^2\text{H}_\text{X}$) as a function of the tree height simulated for different sampling times
910 (9:00 and 11:00). The modeled tree has an average daily sap flux density of 0.06 m h^{-1} (SF_s ; \sim
911 daily true sap flux density $SF_V = 0.42 \text{ m h}^{-1}$). **(b)** Model outputs for model analysis B where
912 $\beta^2\text{H}_\text{X}$ in relation to stem height is shown at 9:00 a.m., but parameterized with distinct SF_s , i.e.
913 $0.09, 0.06$ and 0.03 m h^{-1} (corresponding to SF_V of $0.64, 0.42$ and 0.19 m h^{-1} , respectively). The
914 standard parameterization used for both study analysis is detailed in Table S1. **(c)** Field
915 measurements of $\beta^2\text{H}_\text{X}$ for six lianas (■) and six trees (▲). Error whiskers are the combination
916 of potential extraction and measurement errors of the isotope analyzer. A species-specific
917 breakdown of the field data is provided in Fig S2. The horizontal grey colored envelope in all
918 panels delineates the acceptable variance from the stem mean according to the null model (H_0),
919 i.e. assuming no variance along the length of a lignified plant aside from potential extraction
920 error (i.e. 3%). Herein, the dark grey envelope indicates the confidence interval comprising
921 95% of potential extraction error (CI95).

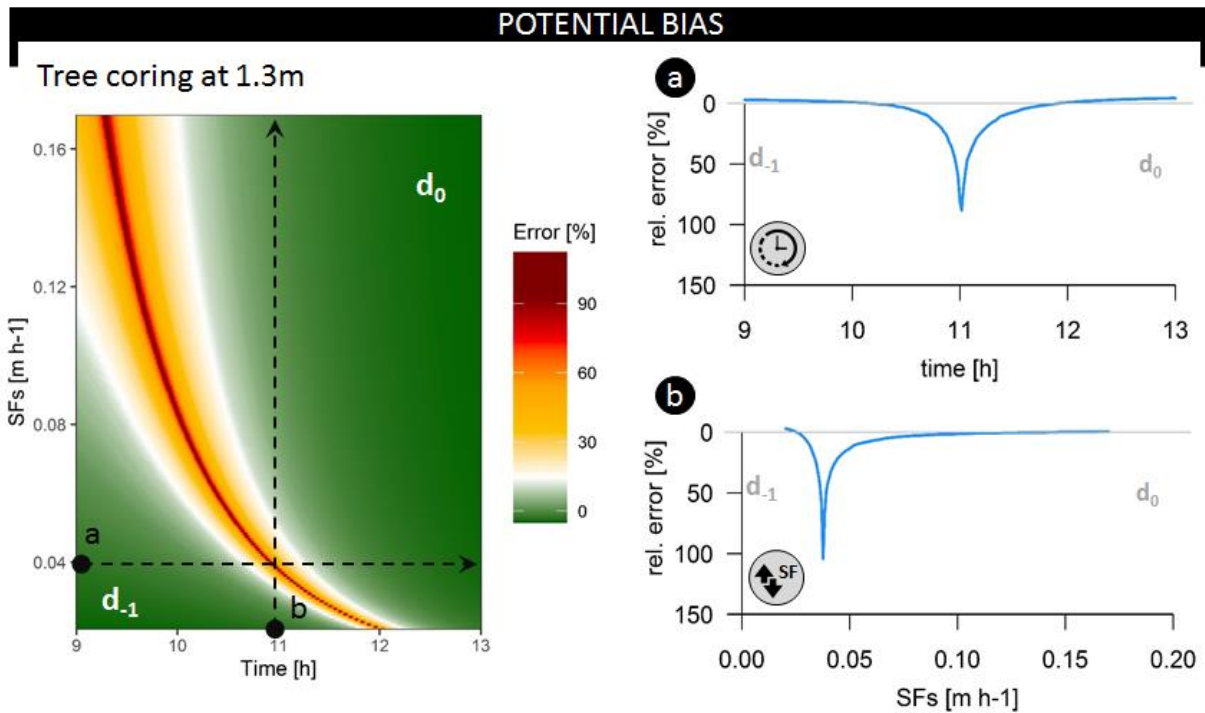
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924 **Fig 4. (a)** Illustrative example of model simulations transformed in normalized $\delta^2\text{H}$ composition
925 of xylem water ($\beta^2\text{H}_X$) at 1.3 (blue) and 5m (green) sampling height, with the formula provided.
926 Thicker lines indicate model simulations without error, line connected dots indicate a scenario
927 of hourly sampling with consideration of extraction error (i.e. a negative skew-normal
928 distribution; $\zeta = 0\text{‰}$, the scale $\omega = 3\text{‰}$, and shape $\alpha = -\infty$). **(b-e)** High temporal field
929 measurements of $\beta^2\text{H}_X$ of (b) two shrubs, (c) two trees, and (d) two herb species sampled in the
930 Heihe River Basin (northwestern China); and (e) two tree species sampled in the “Freiamt”
931 field site in south-west Germany. The horizontal grey colored envelope in all panels delineates
932 the acceptable variance from the stem mean according to the null model (H_0), i.e. assuming no
933 variance along the length of a lignified plant aside from potential extraction error (i.e. 3‰).
934 Herein, the dark grey envelope indicates the confidence interval comprising 95% of potential
935 extraction error (CI95). A breakdown of the field data on species and individual level is
936 provided in the supplementary figures (Fig S3-S4-S5-S6)

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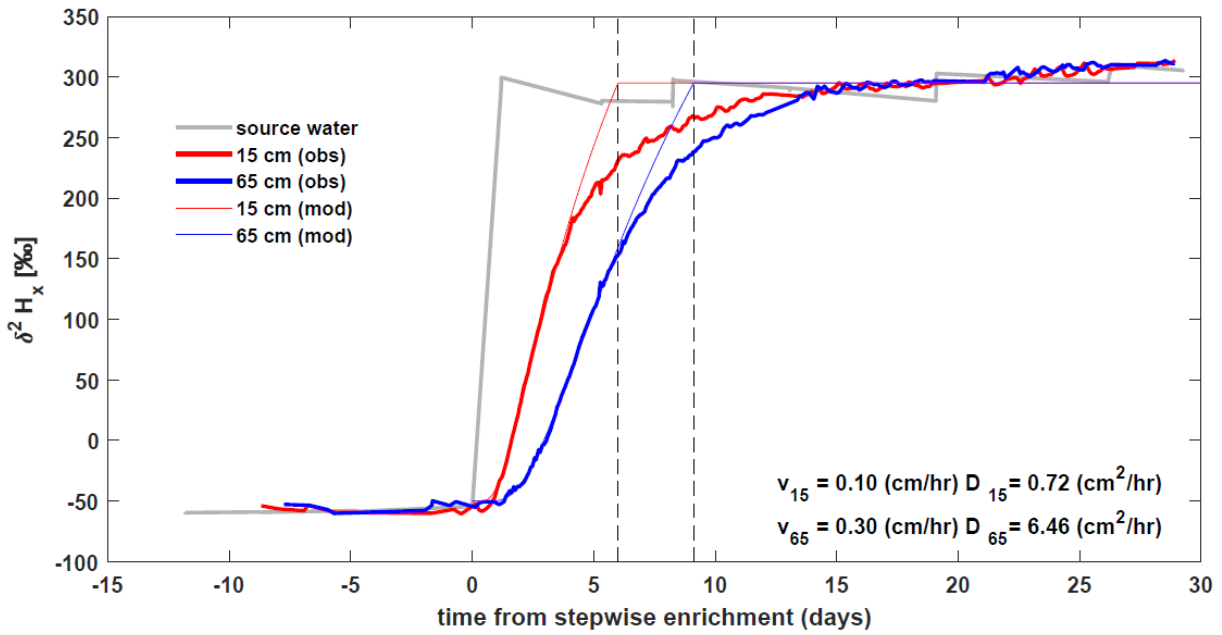
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940 **Fig 5.** Relative error on the inferred average root water uptake depth (i.e. bias between the
 941 average daily and the instantaneous derived average RWU depth) at coring height of 1.3m,
 942 throughout the common sampling period (9:00 until 13:00) and over a range of potential SF_S
 943 (in m h^{-1}) – corresponding to SF_V range of $0.15\text{--}1.25 \text{ m h}^{-1}$. Both dotted lines describe test
 944 scenarios evaluated in the breakup panels. The dynamics in relative error when sampling (a)
 945 over different time steps, restricting sap flux density at 0.04 m h^{-1} (i.e. $SF_V = 0.28 \text{ m h}^{-1}$), or (b),
 946 over different SF_S -values when restricting sampling time at 11 am. d_{-1} and d_0 indicate whether
 947 the derived average RWU depth error corresponds to the previous or current day of
 948 measurement.

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951 **Fig. 6.** Basic model validation, comparing continuous *in situ* δ^2H_X measurements of a stepwise
 952 2H enrichment experiment (Marshall *et al.*, 2020) with analytical solutions of advection-
 953 diffusion equation, at heights 0.15m (—) and 0.65m (—) on a pine tree (*Pinus pinea* L). The
 954 source water of the intact-root, isotopic enrichment greenhouse experiment, is presented in
 955 grey. Model parameters, velocity, and diffusion were fitted by visual inspection independently
 956 for the two heights to match the initial increase in isotope signature (values reported in the
 957 bottom right)