



Holocene phototrophic community and anoxia dynamics in meromictic Lake Jaczno (NE Poland) using high-resolution hyperspectral imaging and HPLC data.

Stamatina Makri¹, Andrea Lami², Luyao Tu¹, Wojciech Tylmann³, Hendrik Vogel⁴, Martin Grosjean¹

¹Institute of Geography & Oeschger Centre for Climate Change Research, University of Bern, Hallerstrasse 12, 3012 Bern, Switzerland

²ISE-CNR Institute of Ecosystem Study, 50 Largo Tonolli, 28922 Verbania Pallanza, Italy

³Faculty of Oceanography and Geography, University of Gdansk, Bazynskiego 4, PL-80952 Gdansk, Poland

⁴Institute of Geological Sciences & Oeschger Centre for Climate Change Research, University of Bern, 3012, Bern, Switzerland

Correspondence to: Stamatina Makri (stamatina.makri@giub.unibe.ch)

Abstract. Global spread of hypoxia and altered mixing regimes in freshwater systems is a growing major environmental concern. Climate change and human impact are expected to increasingly deteriorate aquatic ecosystems. The study of processes and drivers of such changes in the past provides a great asset for prevention and remediation in the future. We used a multi-proxy approach combining high-resolution Hyperspectral Imaging (HSI) pigment data, with specific HPLC chlorophylls and carotenoids to examine Holocene trophic state changes and anoxia evolution in meromictic Lake Jaczno, NE Poland. A redundancy analysis RDA including pollen-inferred vegetation cover, temperature and human impacts provides insight into specific conditions and drivers of changing trophic and redox states in the lake. Anoxic and sulfidic conditions established in Lake Jaczno after initial basin infilling 9500 years ago. Until 6700 cal BP, lake trophy was relatively low, water turbidity was high, and green sulfur bacteria (GSB) were abundant within the phototrophic community, suggesting a deep oxic–anoxic boundary and weak stratification. The period between 6700–500 cal BP is characterized by constantly increasing lake production and a gradual shift from GSB to purple sulfur bacteria (PSB), suggesting a shallower oxic–anoxic boundary and pronounced stratification. Yet, the presence of spheroidene and speroidenone in the sediments indicates intermittent anoxia. After 500 cal BP, increasing human impact, deforestation and intensive agriculture promoted lake eutrophication, with a shift to PSB dominance and establishment of permanent anoxia and meromixis. Our study unambiguously documents the legacy of human impact on processes determining eutrophication and anoxia.

Keywords: Paleolimnology, Anoxia, Meromixis, Varved sediments, North–East Europe, Holocene, Sedimentary pigments, Human impact

1. Introduction

Eutrophication and subsequent oxygen depletion have become primary water quality issues for most freshwater and coastal marine ecosystems globally (Schindler, 2006; Jenny et al., 2016a). Rising mean global temperature can potentially worsen lake anoxia by enhancing water stratification and algal blooms (Adrian et al., 2009;



39 Woolway and Merchant, 2019). Higher lake trophy and reducing conditions in anoxic bottom waters can have
 40 diverse and profound negative effects on lake ecosystems, such as toxic algal blooms, fish kills, biodiversity loss
 41 (Smol, 2010; Battarbee and Bennion, 2012; Makri et al., 2019), and nutrient recycling into the water column from
 42 the sediment through redox processes (Gächter, 1987; Tu et al., 2019). Hence, the global spread of hypoxia grows
 43 into a major environmental concern.

44
 45 Temporal and spatial extents of hypoxia/anoxia are influenced by both biological (aquatic production, organic
 46 matter decomposition) and physical (water stratification and lake mixing) factors (Smith and Schindler, 2009;
 47 Friedrich et al., 2014; Jenny et al., 2016b). Environmental and climatic effects such as temperature, seasonality
 48 and extreme events, catchment vegetation, land use, human impact and nutrient input affect lake production and
 49 oxygen supply in the bottom waters.

50
 51 Observational data of anoxia and aquatic production cover usually only very short periods, which restricts the
 52 understanding of relevant processes and the knowledge of pre-disturbance conditions. This is most relevant for
 53 lake management or restoration. Although recent anoxia and eutrophication have been very well studied and
 54 understood (Naeher et al., 2013; Friedrich et al., 2014; Jenny et al., 2016a), less is known about the onset, cessation
 55 and specific conditions of these changes in the past due to the lack of effective and easily measurable proxies
 56 (Friedrich et al., 2014; Makri et al., 2020). More specifically, to assess lake trophy and/or bottom water
 57 oxygenation, proxies such as sedimentary pigments (Lami et al., 2000; Leavitt and Hodgson, 2001; Guilizzoni and
 58 Lami, 2002), lipid biomarkers (Naeher et al., 2012), diatom (Bennion and Simpson, 2011) and chironomid records
 59 (Little et al., 2000), stable isotopes (Pearson and Coplen, 1978), and redox sensitive elements such as Fe, Mn, Mo,
 60 V, and U (Naeher et al., 2013; Wirth et al., 2013; Costa et al., 2015), have been extensively used so far.
 61 Nonetheless, on long-term Holocene time-scales, most of these proxy records are typically established at a
 62 centennial resolution at best.

63
 64 Laminated lake sediments are valuable archives of natural and anthropogenic impacts, providing long-term records
 65 via various biogeochemical proxies. Sedimentary photosynthetic pigment records can be effectively used to infer
 66 both changes in algal composition and lake oxygen conditions (Guilizzoni et al., 1983; Leavitt, 1993; Lami et al.,
 67 2000). Chlorophylls, together with their derivatives, and various carotenoids specific to particular groups of algae
 68 can be used to reconstruct overall primary production and the composition of past photosynthetic communities
 69 (Leavitt and Hodgson, 2001). Pigments such as okenone and isorenieratene, which are specific to phototrophic
 70 sulfur bacteria that live in the anoxic sulfidic zones, are regarded as very good indicators of anoxia (Züllig, 1989;
 71 Guilizzoni and Lami, 2002). HPLC-inferred pigments have a coarser temporal resolution due to laborious sample
 72 preparation and time-consuming HPLC measurements. Scanning Hyperspectral Imaging (HSI), a novel non-
 73 destructive method to quantitatively infer the abundance of algal (TChl: chlorophylls and their derivatives) and
 74 bacterial pigments (Bphe: bacteriopheophytins *a* and *b*), offers insight into past trophic and oxygen conditions at
 75 unprecedented μm -scale (sub-seasonal) resolution (Butz et al., 2015; Makri et al., 2020), but with lower speciation
 76 sensitivity.

77 In this study, we use the varved sediment record of Lake Jaczno (NE Poland) to explore the specific conditions
 78 and mechanisms of trophic and oxygen state changes in the Holocene, under changing climatic and environmental



conditions. Our research has been guided by the following questions: i) Which conditions drove algae dynamics and oxygen state changes in the Holocene before any significant human intervention? ii) How did climate, catchment vegetation and erosional input affected the phototrophic community in the lake and iii) How does the current trophic state and mixing regime of the lake compare with the past? For this, we combined a high-resolution HSI-inferred record of TChl and Bphe, X-ray fluorescence (XRF) elemental data, and an HPLC pigment record at coarser resolution but specific in the analysis. Our dataset was compared with vegetation and temperature reconstruction data to investigate the environmental conditions at times of aquatic primary production and bottom water oxygenation changes. Lake Jaczno provides ideal conditions to answer these questions. It contains an entirely varved Holocene sediment record, which has so far only been analyzed for the last 1700 years for productivity, anoxia (Butz et al., 2016, 2017) and historical land use (Poraj-Górska et al., 2017). Pollen records have revealed that human pressure was low until the 17th century, when landscapes opened and agriculture intensified (Marcisz et al., 2020). This is rare in Europe. Therefore, this site provides a unique opportunity for a long-term Holocene assessment of the natural causes and dynamics of meromixis and hypoxia with limited anthropogenic impact until historic times.

2. Study site

Lake Jaczno (54°16'25.5" N 22°52'15.9" E, 163 m a.s.l, Fig. 1a) is a small, 26 m deep, exoreic, kettle-hole lake formed sometime after the Weichselian deglaciation ca. 15 ka BP in the Suwałki Lakeland in NE Poland (Krzywicki, 2002). Lake Jaczno has a total surface area of 0.41 km² separated in five distinct basins with narrow sills. It is fed by three permanent inflows (N and W) and one outflow in the south (Fig. 1b). Jaczno is classified as dimictic and mesotrophic (Tylmann et al., 2013), with incomplete mixing or possibly even meromixis during some years (Butz et al., 2016). Butz et al. (Butz et al., 2017) found that anoxic, and even meromictic conditions, established naturally for most of the past 1700 years. Meromixis was interrupted repeatedly following sediment slumping or flood events.

Microscopic and geochemical analyses in the sediments of Lake Jaczno have revealed seasonal layers (calcareous biogenic varves) with a complex succession of diatoms and calcite, detrital siliciclastic material (quartz, clays), organic fragments, and finally amorphous organic matter (Tylmann et al., 2013; Butz et al., 2016; Poraj-Górska et al., 2017). The lake is surrounded by steep slopes and gullies with ephemeral or perennial water flow, transporting detrital material to the lake (Fig. 1c).

The catchment area (ca. 9 km²) is covered by glacial tills, sands and fluvio-glacial deposits. Modern soils are classified as cambisols and podsols in the northern part and ferralic cambisols in the southern part of the catchment. Agricultural lands dominate in the central and northern parts and forests in the southern parts (Fig. 1c). The lake is surrounded by peatlands and forests dominated by birch, alder and spruce (Weisbrodt et al., 2017). The climate of the region is continental with a mean annual temperature of 6.8°C and a mean annual precipitation of 600 mm (Anon, 2017). The lakes in the area typically remain ice covered from December to March (Amann et al., 2014).

Archeological investigations in the Suwałki region indicate sparse or only seasonal human occupation during the Mesolithic and Neolithic (10,000–3800 cal BP) (Engel and Sobczak, 2012). Around 2000 cal BP human presence increases in the region with stronghold settlements, animal husbandry and fishing (Kinder et al., 2019). Yet, the area around Lake Jaczno remained isolated from human influences (Marcisz et al., 2020). Pollen and charcoal



data, and increased soil erosion indicate extensive forest clearance, forest fires and intensified agriculture, suggesting permanent settlements and higher human impact since 500 cal BP, especially after 150 cal BP (1800 CE) (Kinder et al., 2019; Marcisz et al., 2020). The 1970s are marked by a regeneration of forest cover and a significant increase of fertilizer use in agriculture (Poraj-Górska et al., 2017; Kinder et al., 2019), which markedly increased lake primary production (Butz et al., 2016; Poraj-Górska et al., 2017).

3. Materials and methods

Two parallel cores ca. 12.5 m long were retrieved in September 2017, using a UWITEC piston corer. The coring site was located at the deepest part (24 m water depth) of the lake in the southern basin, which is protected from direct external inputs (Fig. 1b). The cores were split lengthwise and then described following Schnurrenberger et al. (2003) and the Munsell color chart (Munsell Color (Firm), 2010). Flood deposits and slumps were identified based on grain size, mineral content, and sediment structure. First, the core halves were analysed using non-destructive methods and further analytical measurements were performed after subsampling. The sampling interval for LOI, CNS and dry-bulk density analysis was 10 cm (ca. 80-year resolution, discrete sampling). For the HPLC and spectrophotometer analysis, 46 discrete samples (1–2 cm³) were taken every ca. 30–35 cm (ca. 230 years resolution) taking into account the HSI scanning data and optimization for the proxy-to-proxy calibration of the HSI indices with spectrophotometer data (Butz et al., 2015). The top 10 cm (last ca. 50 years) were subsampled continuously every 1 cm.

The chronology is based on 18 radiocarbon AMS dates on taxonomically identified terrestrial plant macrofossils (Table 1) measured at the Laboratory for Radiocarbon Analysis at the University of Bern. Samples with < 300 µg C were measured using the gas-source input of the Mini Carbon Dating System (Szidat et al., 2014; Zander et al., 2020). The age–depth model was calculated using Bacon (rbacon v. 2.4.2; Blaauw et al., 2020; Blaauw and Christeny, 2011) and the IntCal13 calibration curve (Reimer et al., 2013). Event layers (>3 cm) and slumps were excluded from the age calculation (Fig. 2). According to changes in lithology, we used model parameters that allowed for a higher sedimentation rate in the lowermost 137 cm (Fig. 2).

XRF scanning was performed at continuous 2 mm steps using an ITRAX µXRF core scanner (exposure time 20 s, 30 kV and 50 mA) equipped with a Cr-tube at the University of Bern. The results are given as counts (peak area). From the detected elements, Ti was used as proxy for erosional input from the catchment, Ca as a proxy for endogenic calcium carbonates, Si/Ti as a proxy for biogenic silica, S, Fe, Mn, and Mn/Fe as proxies of changing redox conditions (Koinig et al., 2003; Croudace and Rothwell, 2015).

Hyperspectral imaging scanning (HSI) was performed on the freshly oxidized core halves using a Specim PFD-CL-65-V10E camera (400 to 1000 nm spectral range; 2.8 nm spectral resolution). We used a spatial resolution of ~68 µm per pixel with a spectral sampling of 1.57 nm. Data were processed using the ENVI software version 5.4 (Exelis Visual Information Solutions, Boulder, Colorado) following Butz et al. (2015). The relative absorption band depths (RABDs) were calculated based on spectral endmembers analysis in ENVI. The RABD₆₇₃ (spectral region 590–730 nm) was used to detect chlorophylls and their diagenetic products (TChl) and served as a proxy for aquatic primary production (Leavitt and Hodgson, 2001). The RABD₈₄₅ (spectral region 790–895 nm) was used to detect bacteriopheophytin *a* and *b* (*Bp**he*) (Butz et al., 2015, 2016), which is a proxy for anoxia and



meromixis as described in Makri et al. (2020). Bphe *a* and *b* is produced by anoxygenic phototrophic purple sulfur and non-sulfur bacteria that proliferate in illuminated anoxic habitats (Yurkov and Beatty, 1998; Madigan and Jung, 2009). Green sulfur bacteria produce bacteriochlorophyll *c*, *d* and *e*, which do not absorb in the RABD₈₄₅ range. Therefore, HSI-inferred Bphe reflects purple bacteria abundance.

The spectral indices were calibrated with absolute pigment concentrations of 46 selected sediment samples (1 cm³) measured by spectrophotometry (Shimadzu UV-1800). Pigments were extracted using pure acetone. The supernatant was evaporated under nitrogen, and extracts were subsequently redissolved in 2 ml of pure acetone (method adapted from Schneider et al. 2018). For the calculation of Bphe concentrations, we used the molar extinction coefficient for Bphe *a* by Fiedor et al. (2002). For TChl, we applied the molar extinction coefficient for chlorophylls and chlorophyll derivatives by Jeffrey et al. (1975). The performance of the proxy-to-proxy linear regression models was assessed using the coefficient of determination (R^2) and the root mean square error of prediction (RMSEP) (Butz et al., 2015) run in R (R Core Team, 2015). The calibration model for TChl showed an R^2 of 0.91 ($p < 0.001$) and a RMSEP ~8 % (Fig. S1a). The calibration model for Bphe showed an R^2 of 0.95 ($p < 0.001$) and a RMSEP ~6 % (Fig. S1b). The Shapiro–Wilk and the Kolmogorov–Smirnov tests of the residuals show that they are most likely normally distributed, suggesting that inferences can be made with both models.

HPLC analysis was conducted on the same 46 samples used for the proxy-to-proxy calibration. Chlorophyll, chlorophyll derivatives and carotenoids were measured using ion pairing reverse-phase (Mantoura and Llewellyn, 1983; Hurley, 1988). The system used a UV-VIS detector set at 460 nm and 656 nm for carotenoids and chloropigments, respectively. The results were corrected for water content and expressed as nmol g OM⁻¹ (Züllig, 1982; Guilizzoni et al., 1983; Lami et al., 1994). According to Jeffrey et al. (2011), Guilizzoni and Lami (2002), chlorophyll *a*, $\beta\beta$ -carotene, pheophytin *a*, and pheophytin *b* are considered as indicators of total algal biomass. Chlorophyll *b* and lutein are associated with green algae. *B*-carotene, dinoxanthin (pyrophytes), diadinoxanthin (siliceous algae), fucoxanthin (diatoms), diatoxanthin (chrysophytes) and alloxanthin (cryptophytes) are related to brown algae. Echinenone and zeaxanthin are associated to blue-green algae, and myxoxanthophyll and canthaxanthin to colonial and filamentous cyanobacteria (Leavitt and Hodgson, 2001). K-myxol (4-keto-myxol-2'-methylpentoside) is associated with N-fixing cyanobacteria (*Anabaena flos-aquae*) (Kosourov et al., 2016). Pheophorbide *a* is considered as indicator of grazing. In the phototrophic bacteria community, BChl *a* is common to all anoxygenic phototrophic purple bacteria. Okenone (*Chromatium* sp.) is associated with purple sulfur bacteria (PSB), whereas spheroidene and spheroidenone (*Rhodospseudomonas sphaeroides*) are related to purple nonsulfur bacteria (PnSB). Both groups are able to oxidize sulfide. Yet, PSB store any S⁰ formed intracellularly, whereas PnSB do so outside the cell (Madigan and Jung, 2009). The main difference between the two groups is that PSB are strong photoautotrophs, whereas PnSB are physiologically versatile and can grow well both phototrophically and in darkness via fermentation or anaerobic respiration (Madigan and Jung, 2009). *R. sphaeroides* are also excellent N-fixing bacteria. Oxygen tolerance varies among species, with *R. sphaeroides* being able to grow under vigorous aeration. Spheroidenone is produced by *R. sphaeroides* only when even small amounts of oxygen are present (Züllig, 1989). Hence, the presence of spheroidenone is used as an indication of better oxygen conditions, whereas the presence of spheroidene with parallel absence of spheroidenone is used as an indication of meromictic conditions (Züllig, 1989; Guilizzoni and Lami, 2002). Isorenieratene is associated with GSB (*Chlorobium* sp.). GSB have low light requirements and can cope with low light availability, occupying deeper layers in stratified



lakes (Montesinos et al., 1983). Hence, a dominance of GSB over PSB is used as an indicator of a deeper oxic–anoxic boundary (Montesinos et al., 1983; Itoh et al., 2003).

Total organic carbon (TOC) was determined by Loss on Ignition (LOI; Heiri et al., 2001). Total carbon (TC) and total nitrogen (TN) were measured with a CNS-Analyzer (Elementar vario EL cube). Total inorganic carbon (TIC) was calculated by the difference between TC and TOC (Enters et al., 2010). The TOC/TN ratio was used to infer changes in OM sources (Meyers, 2003). The lithogenic flux was calculated based on the residual calculation after removing the organic matter and carbonate fraction by LOI.

Statistical analysis was performed in R (R Core Team, 2015). To define the sedimentary lithotypes we performed an hierarchical unconstrained clustering on the geochemical proxies (XRF data: Ti, Ca, Si/Ti, Si, S, Fe, Mn, Mn/Fe; HSI: TChl, Bphe; TOC, TIC, TN, TOC/TN, Fig. 3) using the Euclidean distance matrix and the ward.D2 clustering method (Murtagh and Legendre, 2014). On the same dataset, we performed a PCA analysis with the samples grouped based on the unconstrained clustering to investigate the relationships between the lithotypes and the geochemical variables (Fig. S2). The data were log transformed and scaled before statistical analysis. We performed a redundancy analysis (RDA) using the Vegan package (Oksanen et al., 2016) in R to relate the pigment matrix i.e HPLC- and HSI-inferred pigment concentrations (Hellinger-transformed variables) to the environmental variables i.e. temperature (Heikkilä and Seppä, 2010), arboreal pollen (AP), non-arboreal pollen (NAP) (Kinder et al., 2019; Marcisz et al., 2020) and lithogenic flux (log transformed variables). The elements were plotted using scaling 2 (see Borcard et al., 2011, pp. 166–167). This analysis was followed by a permutation test in R to test for significance in the redundancy analysis (Legendre and Legendre, 1998; Borcard et al., 2011). The zones of pigment data were defined by constrained clustering using the Bray distance and ward.D2 linkage method in R.

4. Results and interpretation

4.1 Chronology

The age–depth model (Fig. 2) reveals a basal age of ca. 9500 cal BP. The model shows a stationary distribution, matching prior and posterior accumulation rates, and a smooth sediment accumulation as indicated by its memory or variability (Fig. 2). Three radiocarbon samples (Fig. 2, in red) have calibrated ages that do not fit with the 95 % confidence interval. Based on the lithology and the much older ages, these samples were considered as containing reworked carbon and were excluded from the Bacon model. The sediment sequence is entirely laminated throughout the Holocene showing regular continuous sedimentation without any hiatus. In the lowermost section (1257–1120 cm), sedimentation rates (SR) are relatively high (0.5 cm y^{-1}) and the mean age error (95% confidence interval) is ca. ± 160 years. Numerous event layers and slumps characterize the part between 1120 cm and 800 cm where the SR is ca. 0.2 cm y^{-1} and the mean age error is ca. ± 200 years. From 800 cm to the top, the sediment is continuously varved and the SR is 0.1 cm y^{-1} (0.2 cm y^{-1} in the last 500 years). The mean age error in this section is ca. ± 140 years.

4.2 Lithotypes and biogeochemical proxies

Figure 3 shows the biogeochemical data that defined four sedimentary lithotypes A–D. Fig. S3 (supplementary material) shows the RGB images and the biogeochemical composition of selected close-ups within the sediment



sequence. Lithotype A and B appear in segments between ca. 9500–6800 cal BP (Fig. 3). Lithotype A, at the bottom part (9500–9200 cal BP), consists of light greenish grey (GLEY 2 7/2) fine sand and continues with pale yellow (2.5Y 7/3) and grey (2.5Y 5/1) laminations with light greenish grey silty lenticular bedding. This part is characterized by high detrital inputs (Ti, lithogenic flux), moderate carbonate content (Ca, TIC), low production and biogenic silica (HSI-TChl, Si/Ti) and low TOC. Low HSI-Bphe and S, and higher Mn/Fe ratio indicate effective oxygenation of bottom waters. From ca. 9200–8500 cal BP, lithotype B is introduced and is characterized by slightly higher production (HSI-TChl) and biogenic silica (Si/Ti); carbonates (TIC, Ca), TOC and TN contents increase, whereas higher S, Fe and HSI-Bphe, and lower Mn/Fe ratio indicate the development of anoxic (sulfidic) conditions. Between ca. 8500–6800 cal BP, lithotype A continues with varved sediments; starting with biogenic pale yellow (2.5Y 7/3) and grey (2.5Y 5/1) varves with intercalated reddish brown (2.5YR 5/4) and reddish black (2.5YR 2.5/1) laminations rich in clastic material and iron oxides. In the second half of this part, varves are less well-preserved with several intercalated clastic-rich laminations. Based on color, layer thickness, and grain size we interpret these intercalated layers as event (flood) deposits. In this period, lithotype A is characterized by high detrital input (Ti, lithogenic flux); primary production (HSI-TChl) remains unchanged and carbonates (Ca, TIC) show increased variability. Biogenic silica (Si/Ti), TOC and Fe slightly decrease. S decreases, HSI-Bphe is very low or absent and Mn/Fe increases, suggesting better oxygen conditions.

Lithotype C occurs between ca. 6800–500 cal BP and consists mainly of light grey (2.5YR) and dark grey (2.5YR 4/1) fine biogenic varves, with some dispersed event layers that occur only at the beginning of this period until ca. 6000 cal BP. This period is characterized by low erosional input (Ti, lithogenic flux), gradually increasing production (HSI-TChl) and TOC content, fluctuating biogenic silica (Si/Ti) and constantly high carbonates content (Ca, TIC). S counts are minimal. HSI-Bphe is mostly present suggesting the development of anoxic conditions in the hypolimnion. Mn/Fe seems to fluctuate, with higher values when HSI-Bphe is lower and vice versa.

Lithotype D occurs from ca. 500 cal BP to the present and consists of biogenic pale yellow (2.5Y 7/3), grey (2.5Y 5/1) and dark grey (2.5Y 4/1) calcareous biogenic varves. This period is characterized by instances of higher detrital input (Ti) and several intercalated event (flood) layers. Mn counts also increase. Primary production (HSI-TChl), TOC and TN reach maximum levels, whereas biogenic silica and carbonates (Ca, TIC) decrease. HSI-Bphe reach maximum values at the top suggesting persistent anoxia in this part. The Mn/Fe ratio and HSI-Bphe show opposite fluctuations indicating phases of better oxygen conditions when Bphe is absent.

4.3 HPLC pigment stratigraphy

Figure 4 presents the pigment dataset of individual chlorophylls and carotenoids measured by HPLC in the Holocene (Fig. 4a), and for the last 50 years (Fig. 4b). The pigments are grouped according to their taxonomic relation and the zones are defined by constrained clustering, which yielded boundaries that are similar to those of the sediment lithotypes (Fig. 3).

In zone I (ca. 9500–9200 cal BP), pigment concentrations are very low. Chromophytes are more abundant than green algae, especially cryptophytes (alloxanthin) and chrysophytes (fucoxanthin). Blue-green algae (echinenone, zeaxanthin) are present in low concentrations. Grazing (pheophorbide *a*) is low. In the purple bacteria group,



276 *Chromatium* species (okenone, PSB) are absent, whereas *R. sphaeroides* (spheroidene and spheroidenone, PnSB)
 277 are both present in low concentrations. *Chlorobium sp.* (isorenieratene, GSB) are present in traces.

278
 279 In zone II (ca. 9200–6700 cal BP), pigment concentrations increase overall. Green algae (chlorophyll *b*, lutein)
 280 still have low concentrations, whereas chromophytes (β -carotene) become more abundant especially pyrophytes
 281 (dinoxanthin) and chrysophytes (diatoxanthin) that show a distinctive local maximum around 7300 cal BP.
 282 Colonial filamentous cyanobacteria (canthaxanthin) appear in this zone. Grazing (pheophorbide *a*) starts
 283 increasing around 8300 cal BP. *Chromatium sp.* (okenone, PSB) is mostly absent. *R. sphaeroides* (spheroidene
 284 and spheroidenone, PnSB) have moderate concentrations, whereas *Chlorobium sp.* (isorenieratene, GSB) reach a
 285 maximum around 7300 cal BP.

286
 287 In zone III (6700–500 cal BP), most pigments concentration increase gradually. Green algae (chlorophyll *b*)
 288 increase significantly. Chromophytes remain abundant. Diatoms and other siliceous algae (diadinoxanthin,
 289 fucoxanthin), and cryptophytes (alloxanthin) show a local maximum around 2000 cal BP. Blue–green algae
 290 (echinenone, zeaxanthin) increase gradually. More colonial filamentous cyanobacteria (myxoxanthophyll) appear
 291 around 2300 cal BP and, together with zeaxanthin, reach a maximum around 2000 cal BP. N-fixing cyanobacteria
 292 (k-myxol) appear at ca. 5000 cal BP. *Chromatium sp.* (okenone, PSB) appear in this zone and increase gradually.
 293 *R. sphaeroides* (spheroidene and spheroidenone, PnSB) also show a gradual increase, whereas *Chlorobium sp.*
 294 (isorenieratene, GSB) decrease to minimum concentrations.

295
 296 Zone IV (500 cal BP to present), is characterized by a further gradual increase of most pigments, reaching
 297 unprecedented maximum concentrations at the top. In more detail, Fig. 4b shows the distribution of pigment
 298 concentrations in the last 50 years. Most pigments reach maximum values around 1997 CE. *Chromatium sp.*
 299 (okenone, PSB) have high concentrations, whereas *R. sphaeroides* are present producing only spheroidene and
 300 almost no spheroidenone. *Chlorobium sp.* (isorenieratene, GSB) show only trace concentrations around 1997 CE.

301 4.4 The relationships between land use, temperature, and pigment stratigraphy

302 We applied a redundancy analysis (RDA) to examine the response of our HPLC- and HSI-inferred pigment dataset
 303 to land use changes (arboreal pollen: AP, and non-arboreal pollen: NAP; Kinder et al., 2019; Marcisz et al., 2020),
 304 annual mean temperature variability (Heikkilä and Seppä, 2010) and catchment surface processes (lithogenic flux).
 305 Figure 5 shows the RDA ordination output in a triplot with the explanatory variables (in blue) and response (in
 306 red) variables, as well as the samples divided into the four distinct zones defined by constrained clustering (see
 307 Sect. 4.3). The numerical output shows that the first two axis (RDA 1 20.95 % and RDA 2 11.25 %) explain 36 %
 308 of the variation (unadjusted values). The R^2_{adj} for the constrained ordinations suggests that this model explains ca.
 309 29 % of the variation in the data. The permutation test on the unconstrained ordinations indicates that the first two
 310 axis are significant ($p < 0.001$; Table S1) and represent the data adequately.

311
 312 The RDA triplot (Fig. 5) shows that AP and NAP play an important role in the distribution of the pigment data
 313 along the first axis (RDA 1). Lithogenic flux and temperature drive pigment variability along the second axis
 314 (RDA 2). Lithogenic flux is strongly correlated with siliceous algae (fucoxanthin, diadinoxanthin) and blue–green
 315 algae (echinenone), as well as enhanced aquatic primary production (HSI-TChl) by green algae (lutein) and



cryptophytes (alloxanthin, β -carotene). Lithogenic flux is clearly anticorrelated with PSB (okenone, HSI-Bphe) and Chl *a*. AP is mainly correlated with GSB pigments (isorenieratene) indicating a deeper oxic–anoxic boundary, and PnSB (spheroidene and spheroidenone) that suggest a more effective oxygenation of the water column. AP is also correlated with variables indicating the presence of chromophyte (brown) algae, pyrophytes (dinoxanthin), chrysophytes (diatoxanthin), as well as some blue–green algae (zeaxanthin). Higher lithogenic input and AP drive pigment variability in zones I and II. Temperature seems to be correlated with higher production of some green algae (Chl *b*, pheophytin *b*), increased cyanobacteria abundance ($\beta\beta$ -carotene, β -carotene) and colonial-filamentous cyanobacteria (myxoxanthophyll, canthaxanthin). Temperature seems to drive pigment variability mainly in zone III. NAP is correlated with PSB production (BChl *a*, HSI-Bphe and okenone), overall higher primary production (Chl *a*, pheophytin *a*), higher grazing (pheophorbide *a*), and N-fixing cyanobacteria (k-myxol). NAP drives pigment variability in zone IV.

5. Discussion

5.1 Combining sedimentological and biogeochemical data to infer past lake production and bottom water oxygenation

The 12.5 m long and almost entirely varved sediment record of Lake Jaczno continuously spans the last ca. 9500 cal yr BP (Fig. 2). The chronology is robust and exclusively based on terrestrial macrofossils. The lithology of Lake Jaczno (Fig. 3) revealed the deposition of frequent event layers between 8500–7000 cal BP, which likely reflect a regional catchment/climatic signal as similar features have been observed, for the same period, in the nearby Lake Szurpity (Kinder et al., 2020). The physical characteristics of the catchment favored the transport of lithogenic material into the lake (Fig. 3), thereby possibly affecting the density stratification, light availability, and subsequently the phototrophic community dynamics. A proper assessment of these changes requires high-resolution data that is impossible to reach using HPLC data alone. Yet, the combination of high-resolution (μ m-scale) calibrated HSI bulk data for TChl and Bphe, combined with scanning XRF and compound specific HPLC data, provides a unique opportunity for paleoproduction and paleooxygenation reconstructions at sub-seasonal scale for multi-millennial-long records (Butz et al., 2017; Makri et al., 2020). This approach is directly applicable to diverse lacustrine (Butz et al., 2017; Schneider et al., 2018; Makri et al., 2020; Sanchini et al., 2020) and potentially marine environments (Hubas et al., 2011, 2013) with uncertain past redox state changes.

The calibration of the RABD₆₇₃ and RABD₈₄₅ to absolute pigment concentrations of green pigments (chlorophylls and diagenetic products) and Bphe (*a* and *b*) respectively, revealed robust calibration statistics (Fig. S1, supplementary material) with very low uncertainties (ca. 6–8 %) comparable to other studies (Butz et al., 2017; Schneider et al., 2018; Makri et al., 2020; Sanchini et al., 2020). Between ca. 9200 and 7000 cal BP, the calibration model of the RABD₆₇₃ for green pigments calculates negative concentrations (Fig. 3). This offset can be produced by matrix effects, i.e. the variability of the reflectance of the sediment matrix or substances that absorb in the same range as chlorophylls and their diagenetic products (590–730 nm) (Makri et al., 2020). Interestingly, GSB (isorenieratene) peak between 9200 and 7000 cal BP (Fig. 4). GSB contain bacteriochlorophyll *c*, *d*, and *e* that absorb in the same range as chlorophylls and chlorophyll derivatives (Oren, 2011). This could indicate that a part of the RABD₆₇₃ calibration error may be due to the increased GSB abundance. Nonetheless, the calibration statistics reveal an overall error of less than 8 %.



355 5.2 Holocene production dynamics and chemocline evolution

356 The presence of anoxygenic sulfur bacteria throughout our record, combined with chlorophylls, carotenoids and
 357 geochemical evidence, suggests that euxinic conditions prevailed in Lake Jaczno for most of the past 9500 years.
 358 Nonetheless, the changing composition of photosynthetic sulfur bacteria indicates persisting but variable euxinia.
 359 Figure 6 summarizes the Holocene evolution of the relative abundance of PSB, PnSB and GSB, *Chromatium*
 360 (okenone) and *Clorobium* (isorenieratene), the content of spheroidene and spheroidenone pigments produced by
 361 *R. sphaeroides*, and the high-resolution calibrated HSI-TChl and Bphe, with respect to lithogenic flux, climate
 362 variability (annual mean temperature; Heikkilä and Seppä, 2010) and human impact (land use and vegetation
 363 cover; Kinder et al., 2019; Marcisz et al., 2020).

364 5.2.1 Low trophic levels with a deep oxic–anoxic boundary

365 In the period from 9500 to 6700 cal BP, which corresponds to pigment zones I and II, the phototrophic bacteria
 366 population is dominated by GSB (Fig. 6). A small percentage of PnSB (*R. sphaeroides*) is present and seems to
 367 produce both spheroidene and spheroidenone during this time. *Chromatium* (okenone, PSB) is almost completely
 368 absent. Considering that *R. sphaeroides* produces spheroidenone only when even small amounts of oxygen is
 369 present (Züllig, 1989) we suggest that, in this period, euxinic conditions were already present but the strength or
 370 extent of anoxia was likely weak. HSI-Bphe that corresponds to purple bacteria is very low. Anoxia is mainly a
 371 function of lake stratification and productivity. HSI-TChl, which indicates total primary production, is still at low
 372 levels (Fig. 6). Indeed, the stratigraphy of individual pigments indicates low to moderate in-lake production, which
 373 mainly consists of chromophyte (brown) algae and some colonial cyanobacteria (canthaxanthin) (Fig. 4), which is
 374 also confirmed in the RDA analysis (Fig. 5). Brown siliceous algae are well adapted and tolerant algae species that
 375 thrive in oligotrophic conditions in symbiosis with other algae species and bacteria (Bird and Kalf, 1986; Wetzel,
 376 2001). Similar observations of algae composition were made in Lake Peipsi (Tönno et al., 2019; Estonia) and Lake
 377 Łazduny (Sanchini et al., 2020; NE Poland).

378
 379 Temperature gradually increased and a closed forest canopy with pine/birch and later elm/hazel/alder persisted in
 380 the catchment (Fig. 6) (Galka, 2014). These provided shelter from wind and increased the nutrient pools in the
 381 catchment soils (Bajard et al., 2017). The closed forest canopy, combined with the deep and relatively small basin
 382 (relative depth 3.01 %), favors the establishment of a naturally anoxic hypolimnion (Zolitschka et al., 2015). Yet,
 383 it seems that enhanced permanent stratification was still not established in the lake. This phase of GSB dominance
 384 corresponds to a period of high lithogenic flux or high-energy sedimentation (Fig. 3, 6), as confirmed in the RDA
 385 analysis (Fig. 5). Turbidity currents and underflows can increase turbidity and nutrient availability, but can also
 386 cause sporadic ventilation of bottom waters. Higher suspended matter and/or algal growth would decrease light
 387 availability in the oxic–anoxic boundary. Since GSB and PnSB are more tolerant to low light intensities than PSB
 388 (Biebl and Pfennig, 1978; Parkin and Brock, 1980; Madigan and Jung, 2009), a dominance of GSB and presence
 389 of spheroidene and spheroidenone in the sediments is expected under these conditions. Similar observations were
 390 made in Lake Cadagno (Wirth et al., 2013). GSB often inhabit the lowermost part of stratified water bodies due to
 391 their efficient light capture (Manske et al., 2005; Imhoff, 2014). Higher abundance of GSB could also indicate a
 392 deep oxic–anoxic boundary in the lake (Itoh et al., 2003; Antoniadis et al., 2009).



393 5.2.2 Gradually increasing trophic levels with a shallower oxic–anoxic boundary

394 The period from 6700 to 500 cal BP, which corresponds to pigment zone III, is characterized by a gradual shift in
 395 the phototrophic bacterial community to higher PSB abundance, especially after ca. 2000 cal BP (Fig. 6). GSB are
 396 present, inhabiting the anoxic layers below PSB and seem to fluctuate as a function of the primary production in
 397 the oxic layer (HSI-TChl) and related light availability (Montesinos et al., 1983). When production was higher in
 398 the oxic layers, *Chromatium* (okenone, PSB) increased and *Chlorobium* (isorenieratene, GSB) decreased. This is
 399 also confirmed by the individual pigment stratigraphy (Fig. 4). Green algae (chlorophyll *b*, lutein) and N-fixing
 400 cyanobacteria (k-myxol) increase markedly since ca. 5500 cal BP, indicating a higher lake trophic than before,
 401 driven most probably by lake ontogeny and a gradual increase of nutrient availability. The appearance of N-fixing
 402 cyanobacteria at that time agrees with this interpretation. Prolonged periods of anoxia leading to intense recycling
 403 of phosphorous from the sediments would decrease the N:P ratio in the water column promoting nitrogen fixation
 404 by N-fixing algae (Howarth et al., 1999; Vitousek et al., 2002). Similar trends in lake trophic evolution are reported
 405 from nearby Lake Szurpily (Kinder et al., 2019) and Lakes Albano and Peipsi (Lami et al., 2000; Guilizzoni and
 406 Lami, 2002; Tönno et al., 2019). An increase of *Chromatium* (okenone, PSB) over *Chlorobium* (isorenieratene,
 407 GSB) with increasing lake trophic has been reported from other lakes, e.g. Lake Albano in Italy (Lami et al., 1994),
 408 Little Round Lake in Canada (Brown et al., 1984), and Lake Hamana in Japan (Itoh et al., 2003). *R. sphaeroides*
 409 (PnSB) are also present producing both spheroidene and spheroidenone, suggesting phases of effective aeration of
 410 bottom waters (Züllig, 1989).

411
 412 The catchment is continuously densely forested and human impact is very low (Fig. 6). The RDA analysis points
 413 to a temperature driven pigment variability in this zone, but mainly for cyanobacteria abundance (Fig. 5).
 414 Cyanobacteria can benefit from higher water temperature, yet nutrient inputs have in most cases a much stronger
 415 and synergetic effect (Lürling et al., 2018). Temperature variability did not seem to have affected lake stratification
 416 directly. However, seasonality, precipitation and windiness play an important role in lake circulation and are not
 417 reflected in the annual mean temperature variability. Hence, the role of climate may be underestimated. The oxic–
 418 anoxic stratification was enhanced in this period but permanent perennial anoxia was still not established as
 419 indicated also by the low HSI-Bphe concentrations. The increase in PSB abundance suggests a shallower oxic–
 420 anoxic boundary (Itoh et al., 2003). It appears that during most of the Holocene, anoxia was largely influenced by
 421 primary production and lithogenic flux. The case of Lake Jaczno is different from e.g. Lake Łazduny (Masurian
 422 Lake District, NE Poland; Sanchini et al., 2020), where erosional input is negligible and anoxia was mainly a
 423 function of primary production and forest cover.

424 5.2.3 20th century eutrophication, shallow oxic–anoxic boundary and meromixis

425 In the period from 500 cal BP to the present, which corresponds to pigment zone I, phototrophic sulfur bacteria
 426 composition changed to an almost complete dominance of purple bacteria (Fig. 6). Between 500–200 cal BP, HSI-
 427 Bphe and the absolute concentrations of PSB (okenone,) and PnSB (spheroidene and spheroidenone) are at a
 428 minimum, but dominate the phototrophic bacteria community since GSB are completely absent (Fig. 4, 6). Lake
 429 production (HSI-TChl) also decreases while lithogenic flux increases (Fig. 6). These suggest an oxic rather than
 430 anoxic phase during this period, with some intervals of weak euxinia. Increased Mn accumulation during this time
 431 (Fig. 3) supports the indications of rather oxygenated bottom waters.

432



Between 200 cal BP to the present, when human impact starts to increase in the catchment (Fig. 5), PSB increase as well. Presence of spheroidene and only trace concentrations of spheroidenone (PnSB) and isorenieratene (GSB) suggest increasing and gradually persisting anoxia. Intensive agriculture in the last 100 years and use of fertilizers increased primary production (HSI-TChl) substantially to unprecedented levels in the 1990s, relative to the Holocene baseline. This is also reflected in the individual pigment stratigraphy (Fig. 4). Bphe reaches maximum levels suggesting persisting anoxia and mostly meromictic conditions in the lake, especially since the 1970s when gradual afforestation in the catchment is observed. This is also supported by the HPLC-inferred composition of phototrophic bacteria (Fig. 3).

In this period, the high-resolution HSI-Bphe record indicates that the intervals of lowest AP in the catchment coincide with absence of Bphe, indicating oxic bottom waters. Bphe increases again only when AP and the tree canopy recovers (Fig. 6), with a parallel absence of spheroidenone (PnSB), suggesting meromictic conditions. Butz et al. (Butz et al., 2016, 2017) showed that these intervals of low AP and low or absent Bphe in the sediments were accompanied by strong pulses of terrigenous material from the catchment. The role of human impact with regard to anoxia and interrelated catchment processes (deforestation/afforestation and nutrient inputs) has also been shown in other lakes with diverse timing of human impact onset. For example, Lake Moossee (Makri et al., 2020) and Soppensee (Lotter, 1999) on the Swiss Plateau, Lakes Albano and Nemi in Italy (Guilizzoni et al., 2002), Lake Zazari in Greece (Gassner et al., 2020) with an early Mid-Holocene human impact, and Lake Szurpity (Kinder et al., 2019) in the vicinity of Lake Jaczno with a late human impact, mainly in the last 500 years.

6. Conclusions

In this study, we used a multiproxy approach, combining high-resolution HSI pigment data with lower resolution HPLC-inferred concentrations of specific algal pigments, and geochemical data to investigate algal community composition and its relationship with aquatic production and water column oxygenation in a 9500-years sediment record from NE Poland. Land use changes, vegetation cover and climate variability were also taken into account. Our aim was to examine factors that determine trophic state changes and lake stratification, in a lake system with stable catchment vegetation and low human impact until very recent times.

The Holocene sedimentary pigment and geochemical record of Lake Jaczno revealed distinct changes in lake trophy and stratification states, mainly driven by the catchment evolution, lithogenic flux, nutrient input and subsequent increase in primary production. The lake had a first phase (9500–6700 cal BP) of low production that consisted mainly of brown algae in the oxic zone, yet an early immediate establishment of weak euxinic conditions in a deep water column dominated by GSB in its anoxic zone. Increased suspended loads, turbidity currents and underflows seem to have increased turbidity and restricted the proliferation of PSB at the deep oxic–anoxic boundary. Between 6700–500 cal BP, primary production increased gradually with higher contributions of green algae and cyanobacteria, following lake ontogeny in a continuously densely forested catchment. The oxic–anoxic boundary became gradually shallower with a shift from GSB to PSB. The composition of phototrophic bacteria and the presence of spheroidene and spheroidenone (PnSB) in the sediments suggest pronounced yet intermittent euxinia in the lake. Between 500 cal BP to the present, lake trophy increases dramatically, especially in the last 100 years, due to intensified human impact. Eutrophication accompanied by catchment deforestation and



471 subsequent afforestation after land abandonment were the main driving forces for the establishment of permanently
 472 anoxic and meromictic conditions in the modern lake.

473

474 This study highlights the great potential of calibrated and validated HSI measurements combined with HPLC data.
 475 Lake Jaczno provided a rare site to explore the mechanisms that can potentially induce changes in lake mixing,
 476 production and sustained bottom water anoxia in times from minimum to intensive human impact, in a naturally
 477 stratified lake system. Our findings, together with findings from other lakes across Europe, can greatly expand our
 478 understanding on these major environmental problems while providing a tailored toolset for implementing
 479 effective remediation techniques in the future.

480 **Data availability**

481 The data will be made available at PANGAEA

482 **Author contributions**

483 **Stamatina Makri:** Investigation, Data Curation, Formal analysis, Writing - Original Draft, Visualization. **Luyao**
 484 **Tu:** Investigation, Writing - Review & Editing. **Andrea Lami:** Investigation, Writing - Review & Editing.
 485 **Wojciech Tylmann:** Writing - Review & Editing. **Hendrik Vogel:** Writing - Review & Editing, **Martin**
 486 **Grosjean:** Conceptualization, Methodology, Writing - Review & Editing, Supervision, Funding acquisition.

487 **Competing interests**

488 The authors declare that they have no conflict of interest.

489 **Acknowledgments**

490 This study was funded by the Hans Sigrist Stiftung and the Swiss National Science Foundation Grants (SNF
 491 200021_172586). We thank Andre F. Lotter, Willi Tanner, Paul Zander and Maurycy J Żarczyński for their help
 492 during field work. We thank Petra Boltshauser-Kaltenrieder for plant macrofossils identification. Further, we
 493 acknowledge Daniela Fischer and Patrick Neuhaus for their assistance in the lab.

494 **References**

- 495 Adrian, R., O'Reilly, C. M., Zagarese, H., Baines, S. B., Hessen, D. O., Keller, W., Livingstone, D. M.,
 496 Sommaruga, R., Straile, D., Van Donk, E., Weyhenmeyer, G. A. and Winder, M.: Lakes as sentinels of climate
 497 change, *Limnol. Oceanogr.*, 54(6 PART 2), 2283–2297, doi:10.4319/lo.2009.54.6_part_2.2283, 2009.
 498 Amann, B., Lobsiger, S., Fischer, D., Tylmann, W., Bonk, A., Filipiak, J. and Grosjean, M.: Spring temperature
 499 variability and eutrophication history inferred from sedimentary pigments in the varved sediments of Lake
 500 Zabińskie, north-eastern Poland, AD 1907–2008, *Glob. Planet. Change*, 123(PA), 86–96,
 501 doi:10.1016/j.gloplacha.2014.10.008, 2014.
 502 Anon: IMGW-PIB, Suwałki Meteorological Station, Inst. Meteorol. Water Manag. - Natl. Res. Inst. [online]
 503 Available from: <https://www.imgw.pl/>, 2017.



- 504 Antoniadis, D., Veillette, J., Martineau, M. J., Belzile, C., Tomkins, J., Pienitz, R., Lamoureux, S. and Vincent,
505 W. F.: Bacterial dominance of phototrophic communities in a High Arctic lake and its implications for
506 paleoclimate analysis, *Polar Sci.*, 3(3), 147–161, doi:10.1016/j.polar.2009.05.002, 2009.
- 507 Bajard, M., Poulenard, J., Sabatier, P., Develle, A. L., Giguët-Covex, C., Jacob, J., Crouzet, C., David, F.,
508 Pignol, C. and Arnaud, F.: Progressive and regressive soil evolution phases in the Anthropocene, *Catena*, 150,
509 39–52, doi:10.1016/j.catena.2016.11.001, 2017.
- 510 Battarbee, R. W. and Bennion, H.: Using palaeolimnological and limnological data to reconstruct the recent
511 history of European lake ecosystems: introduction, *Freshw. Biol.*, 57(10), 1979–1985, doi:10.1111/j.1365-
512 2427.2012.02857.x, 2012.
- 513 Bennion, H. and Simpson, G. L.: The use of diatom records to establish reference conditions for UK lakes
514 subject to eutrophication, *J. Paleolimnol.*, 45(4), 469–488, doi:10.1007/s10933-010-9422-8, 2011.
- 515 Biebl, H. and Pfennig, N.: Growth yields of green sulfur bacteria in mixed cultures with sulfur and sulfate
516 reducing bacteria, *Arch. Microbiol.*, 117(1), 9–16, doi:10.1007/BF00689344, 1978.
- 517 Bird, D. F. and Kalff, J.: Bacterial Grazing by Planktonic Lake Algae, *Science* (80-.), 231(4737), 493–495,
518 doi:10.1126/science.231.4737.493, 1986.
- 519 Blaauw, M. and Christeny, J. A.: Flexible paleoclimate age-depth models using an autoregressive gamma
520 process, *Bayesian Anal.*, 6(3), 457–474, doi:10.1214/11-BA618, 2011.
- 521 Blaauw, M., Christen, J. A., A. Aquino L., M., Esquivel Vazquez, J., Gonzalez V., O. M., Belding, T., Theiler,
522 J., Gough, B. and Karney, C.: Age-Depth Modelling using Bayesian Statistics, 2020.
- 523 Borcard, D., Gillet, F., Legendre, P., Borcard, D., Gillet, F. and Legendre, P.: Canonical Ordination, in
524 *Numerical Ecology with R*, pp. 153–225, Springer, New York, NY., 2011.
- 525 Brown, S. R., McIntosh, H. J. and Smol, J. P.: Recent paleolimnology of a meromictic lake: Fossil pigments of
526 photosynthetic bacteria, *SIL Proceedings, 1922–2010*, 22(3), 1357–1360, doi:10.1080/03680770.1983.11897499,
527 1984.
- 528 Butz, C., Grosjean, M., Fischer, D., Wunderle, S., Tylmann, W. and Rein, B.: Hyperspectral imaging
529 spectroscopy: a promising method for the biogeochemical analysis of lake sediments, *J. Appl. Remote Sens.*,
530 9(1), 096031, doi:10.1117/1.JRS.9.096031, 2015.
- 531 Butz, C., Grosjean, M., Poraj-Górska, A., Enters, D. and Tylmann, W.: Sedimentary Bacteriopheophytin as an
532 indicator of meromixis in varved lake sediments of Lake Jaczno, north-east Poland, CE 1891–2010, *Glob.*
533 *Planet. Change*, 144, 109–118, doi:10.1016/j.gloplacha.2016.07.012, 2016.
- 534 Butz, C., Grosjean, M., Goslar, T. and Tylmann, W.: Hyperspectral imaging of sedimentary bacterial pigments: a
535 1700-year history of meromixis from varved Lake Jaczno, northeast Poland, *J. Paleolimnol.*, 58(1), 57–72,
536 doi:10.1007/s10933-017-9955-1, 2017.
- 537 Costa, K. M., Russell, J. M., Vogel, H. and Bijaksana, S.: Hydrological connectivity and mixing of Lake Towuti,
538 Indonesia in response to paleoclimatic changes over the last 60,000years, *Palaeogeogr. Palaeoclimatol.*
539 *Palaeoecol.*, 417, 467–475, doi:https://doi.org/10.1016/j.palaeo.2014.10.009, 2015.
- 540 Croudace, I. W. and Rothwell, R. G.: Future Developments and Innovations in High-Resolution Core Scanning,
541 in *Micro-XRF Studies of Sediment Cores. Developments in Paleoenvironmental Research*, edited by I. Croudace
542 and R. Rothwell, pp. 627–647, Springer, Dordrecht., 2015.
- 543 Engel, M. and Sobczak, C.: Nie tylko archeologia. Interdyscyplinarne badania wielokulturowego zespołu
544 osadniczego w Szurpiłach na Suwalszczyźnie., *Pruthenia*, 7, 137–157 [online] Available from:



- 545 https://d1wqtxts1xzle7.cloudfront.net/33693318/Pruthenia_7_2012_Engel-C_Sobczak-
 546 [C_Nie_tylko_archeologia_Interdyscyplinarne_badania_w_Szurpilach.pdf?1400025472=&response-content-](https://d1wqtxts1xzle7.cloudfront.net/33693318/Pruthenia_7_2012_Engel-C_Sobczak-C_Nie_tylko_archeologia_Interdyscyplinarne_badania_w_Szurpilach.pdf?1400025472=&response-content-)
 547 [disposition=inline%3B+filename%3DNie_tylko_archeologia_Interdyscyplinarne.pdf&](https://d1wqtxts1xzle7.cloudfront.net/33693318/Pruthenia_7_2012_Engel-C_Sobczak-C_Nie_tylko_archeologia_Interdyscyplinarne_badania_w_Szurpilach.pdf?1400025472=&response-content-), 2012.
 548 Enters, D., Kirilova, E., Lotter, A. F., Lücke, A., Parplies, J., Jahns, S., Kuhn, G. and Zolitschka, B.: Climate
 549 change and human impact at Sacrower See (NE Germany) during the past 13,000 years: A geochemical record,
 550 *J. Paleolimnol.*, 43(4), 719–737, doi:10.1007/s10933-009-9362-3, 2010.
 551 Fiedor, J., Fiedor, L., Kammhuber, N., Scherz, A. and Scheer, H.: Photodynamics of the bacteriochlorophyll-
 552 carotenoid system. 2. Influence of central metal, solvent and beta-carotene on photobleaching of
 553 bacteriochlorophyll derivatives, *Photochem. Photobiol.*, 76(2), 145–152, doi:https://doi.org/10.1562/0031-
 554 8655(2002)076<0145:potbcs>2.0.co;2, 2002.
 555 Friedrich, J., Janssen, F., Aleynik, D., Bange, H. W., Boltacheva, N., Çagatay, M. N., Dale, A. W., Etiope, G.,
 556 Erdem, Z., Geraga, M., Gilli, A., Gomoiu, M. T., Hall, P. O. J. J., Hansson, D., He, Y., Holtappels, M., Kirf, M.
 557 K., Kononets, M., Kononov, S., Lichtschlag, A., Livingstone, D. M., Marinaro, G., Mazlumyan, S., Naeher, S.,
 558 North, R. P., Papatheodorou, G., Pfannkuche, O., Prien, R., Rehder, G., Schubert, C. J., Soltwedel, T., Sommer,
 559 S., Stahl, H., Stanev, E. V., Teaca, A., Tengberg, A., Waldmann, C., Wehrli, B. and Wenzhöfer, F.: Investigating
 560 hypoxia in aquatic environments: Diverse approaches to addressing a complex phenomenon, *Biogeosciences*,
 561 11(4), 1215–1259, doi:10.5194/bg-11-1215-2014, 2014.
 562 Gächter, R.: Lake restoration. Why oxygenation and artificial mixing cannot substitute for a decrease in the
 563 external phosphorus loading, *Swiss J. Hydrol.*, 49(2), 170–185, doi:10.1007/BF02538501, 1987.
 564 Galka, M.: Pattern of plant succession from eutrophic lake to ombrotrophic bog in NE Poland over the last 9400
 565 years based on high-resolution macrofossil analysis, *Ann. Bot. Fenn.*, 51(1), 1–21, doi:10.5735/085.051.0101,
 566 2014.
 567 Gassner, S., Gobet, E., Schwörer, C., van Leeuwen, J., Vogel, H., Giagkoulis, T., Makri, S., Grosjean, M.,
 568 Panajiotidis, S., Hafner, A. and Tinner, W.: 20,000 years of interactions between climate, vegetation and land
 569 use in Northern Greece, *Veg. Hist. Archaeobot.*, 29(1), 75–90, doi:10.1007/s00334-019-00734-5, 2020.
 570 Guilizzoni, P. and Lami, A.: Paleolimnology: Use of Algal Pigments as Indicators, in *Encyclopedia of*
 571 *Environmental Microbiology*, edited by G. Bitton, pp. 2306–2317, John Wiley & Sons, Inc., 2002.
 572 Guilizzoni, P., Bonomi, G., Galanti, G. and Ruggiu, D.: Paleolimnology: Relationship between sedimentary
 573 pigments and primary production: evidence from core analyses of twelve Italian lakes, in *Hydrobiologia*, vol.
 574 103, edited by J. Meriläinen, P. Huttunen, and R. W. Battarbee, pp. 103–106, Kluwer Academic Publishers, The
 575 Hague, Netherlands., 1983.
 576 Guilizzoni, P., Lami, A., Marchetto, A., Jones, V., Manca, M. and Bettinetti, R.: Palaeoproductivity and
 577 environmental changes during the Holocene in central Italy as recorded in two crater lakes (Albano and Nemi),
 578 *Quat. Int.*, 88(1), 57–68, doi:10.1016/S1040-6182(01)00073-8, 2002.
 579 Heikkilä, M. and Seppä, H.: Holocene climate dynamics in Latvia, eastern Baltic region: A pollen-based summer
 580 temperature reconstruction and regional comparison, *Boreas*, 39(4), 705–719, doi:10.1111/j.1502-
 581 3885.2010.00164.x, 2010.
 582 Heiri, O., Lotter, A. F. and Lemcke, G.: Loss on ignition as a method for estimating organic and carbonate
 583 content in sediments: reproducibility and comparability of results, *J. Paleolimnol.*, 25(1), 101–110, 2001.
 584 Howarth, R. W., Chan, F. and Marino, R.: Do top-down and bottom-up controls interact to exclude nitrogen-
 585 fixing cyanobacteria from the plankton of estuaries? An exploration with a simulation model, *Biogeochemistry*,



- 586 46(1–3), 203–231, doi:10.1007/BF01007580, 1999.
- 587 Hubas, C., Jesus, B., Passarelli, C. and Jeanthon, C.: Tools providing new insight into coastal anoxygenic purple
 588 bacterial mats: Review and perspectives, *Res. Microbiol.*, 162(9), 858–868, doi:10.1016/j.resmic.2011.03.010,
 589 2011.
- 590 Hubas, C., Jesus, B., Ruivo, M., Meziane, T., Thiney, N., Davoult, D., Spilmont, N., Paterson, D. M. and
 591 Jeanthon, C.: Proliferation of purple sulphur bacteria at the sediment surface affects intertidal mat diversity and
 592 functionality, *PLoS One*, 8(12), 1–13, doi:10.1371/journal.pone.0082329, 2013.
- 593 Hurley, J. P.: Analysis of aquatic pigments by high performance liquid chromatography, *J. Anal. Purif.*, 3, 12–
 594 16, 1988.
- 595 Imhoff, J. F.: Biology of Green Sulfur Bacteria, eLS, doi:doi:10.1002/9780470015902.a0000458.pub2, 2014.
- 596 Itoh, N., Tani, Y., Nagatani, T. and Soma, M.: Phototrophic activity and redox condition in Lake Hamana, Japan,
 597 indicated by sedimentary photosynthetic pigments and molybdenum over the last ~250 years, *J. Paleolimnol.*,
 598 29(4), 403–422, doi:10.1023/A:1024407210928, 2003.
- 599 Jeffrey, S., Wright, S. and Zapata, M.: *Phytoplankton Pigments.*, 2011.
- 600 Jeffrey, S. W. and Humphrey, G. F.: New spectrophotometric equations for determining chlorophylls a, b, c1 and
 601 c2 in higher plants, algae and natural phytoplankton, *Biochem. und Physiol. der Pflanz.*, 167(2), 191–194,
 602 doi:10.1016/S0015-3796(17)30778-3, 1975.
- 603 Jenny, J.-P., Francus, P., Normandeau, A., Lapointe, F., Perga, M. E., Ojala, A., Schimmelmann, A. and
 604 Zolitschka, B.: Global spread of hypoxia in freshwater ecosystems during the last three centuries is caused by
 605 rising local human pressure, *Glob. Chang. Biol.*, 22(4), 1481–1489, doi:https://doi.org/10.1111/gcb.13193,
 606 2016a.
- 607 Jenny, J.-P., Normandeau, A., Francus, P., Taranu, Z. E., Gregory-Eaves, I., Lapointe, F., Jautzy, J., Ojala, A. E.
 608 K., Dorioz, J.-M., Schimmelmann, A. and Zolitschka, B.: Urban point sources of nutrients were the leading
 609 cause for the historical spread of hypoxia across European lakes, *Proc. Natl. Acad. Sci.*, 113(45), 12655–12660,
 610 doi:https://doi.org/10.1073/pnas.1605480113, 2016b.
- 611 Kinder, M., Tylmann, W., Bubak, I., Filoc, M., Gąsiorowski, M., Kupryjanowicz, M., Mayr, C., Sauer, L.,
 612 Voellering, U. and Zolitschka, B.: Holocene history of human impacts inferred from annually laminated
 613 sediments in Lake Szurpiły, northeast Poland, *J. Paleolimnol.*, 61(4), 419–435, doi:10.1007/s10933-019-00068-
 614 2, 2019.
- 615 Kinder, M., Tylmann, W., Rzeszewski, M. and Zolitschka, B.: Varves and mass-movement deposits record
 616 distinctly different sedimentation dynamics since the late glacial (Lake Szurpiły, northeastern Poland), *Quat.*
 617 *Res. (United States)*, 93(1), 299–313, doi:10.1017/qua.2019.61, 2020.
- 618 Koinig, K. A., Shotyk, W., Lotter, A. F., Ohlendorf, C. and Sturm, M.: 9000 years of geochemical evolution of
 619 lithogenic major and trace elements in the sediment of an alpine lake - the role of climate, vegetation, and land-
 620 use history, *J. Paleolimnol.*, 30(3), 307–320, 2003.
- 621 Kosourov, S., Murukesan, G., Jokela, J. and Allahverdiyeva, Y.: Carotenoid biosynthesis in *calothrix* sp. 336/3:
 622 Composition of carotenoids on full medium, during diazotrophic growth and after long-term H₂
 623 photoproduction, *Plant Cell Physiol.*, 57(11), 2269–2282, doi:10.1093/pcp/pcw143, 2016.
- 624 Krzywicki, T.: The maximum ice sheet limit of the Vistulian Glaciation in northeastern Poland and neighbouring
 625 areas, *Geol. Q.*, 46(2), 165–188, 2002.
- 626 Lami, A., Niessen, F., Guilizzoni, P., Masafarro, J. and Belis, C. A.: Palaeolimnological studies of the



- 627 eutrophication of volcanic Lake Albano (Central Italy), *J. Paleolimnol.*, 10(3), 181–197, 1994.
- 628 Lami, A., Guilizzoni, P. and Marchetto, A.: High resolution analysis of fossil pigments, carbon, nitrogen and
- 629 sulphur in the sediment of eight European Alpine lakes: the MOLAR project, edited by A. Lami, N. Cameron,
- 630 and A. Korhola, *J. Limnol.*, 59(1), 15–28, 2000.
- 631 Leavitt, P. R.: A review of factors that regulate carotenoid and chlorophyll deposition and fossil pigment
- 632 abundance, *J. Paleolimnol.*, 9, 109–127, 1993.
- 633 Leavitt, P. R. and Hodgson, D.: Sedimentary Pigments, in *Tracking Environmental Change Using Lake*
- 634 *Sediments*, vol. 3, edited by J. Smol, H. Birks, and W. Last, pp. 295–325, Kluwer, Dordrecht., 2001.
- 635 Legendre, P. and Legendre, L.: *Numerical ecology*. 2nd, Amsterdam., 1998.
- 636 Little, J. L., Quinlan, R., Smol, J. P. and Hall, R. I.: Past trophic status and hypolimnetic anoxia during
- 637 eutrophication and remediation of Gravenhurst Bay, Ontario: Comparison of diatoms, chironomids, and
- 638 historical records, *Can. J. Fish. Aquat. Sci.*, 57(2), 333–341, doi:10.1139/f99-235, 2000.
- 639 Lotter, A. F.: Late-glacial and Holocene vegetation history and dynamics as shown by pollen and plant
- 640 macrofossil analyses in annually laminated sediments from Soppensee, central Switzerland, *Veg. Hist.*
- 641 *Archaeobot.*, 8(3), 165–184, doi:10.1007/BF02342718, 1999.
- 642 Lüring, M., Mello, M. M., van Oosterhout, F., Domis, L. de S. and Marinho, M. M.: Response of natural
- 643 cyanobacteria and algae assemblages to a nutrient pulse and elevated temperature, *Front. Microbiol.*, 9(AUG),
- 644 doi:10.3389/fmicb.2018.01851, 2018.
- 645 Madigan, M. T. and Jung, D. O.: An Overview of Purple Bacteria: Systematics, Physiology, and Habitats, in *The*
- 646 *Purple Phototrophic Bacteria. Advances in Photosynthesis and Respiration*, edited by C. N. Hunter, F. Daldal, M.
- 647 C. Thurnauer, and J. T. Beatty, pp. 1–15, Springer, Dordrecht., 2009.
- 648 Makri, S., Lami, A., Lods-Crozet, B. and Loizeau, J.-L.: Reconstruction of trophic state shifts over the past
- 649 90 years in a eutrophicated lake in western Switzerland, inferred from the sedimentary record of photosynthetic
- 650 pigments, *J. Paleolimnol.*, 61(2), doi:10.1007/s10933-018-0049-5, 2019.
- 651 Makri, S., Rey, F., Gobet, E., Gilli, A., Tinner, W. and Grosjean, M.: Early human impact in a 15,000-year high-
- 652 resolution hyperspectral imaging record of paleoproduction and anoxia from a varved lake in Switzerland, *Quat.*
- 653 *Sci. Rev.*, 239, 106335, doi:https://doi.org/10.1016/j.quascirev.2020.106335, 2020.
- 654 Manske, A. K., Glaeser, J., Kuypers, M. M. M. and Overmann, J.: Physiology and Phylogeny of Green Sulfur
- 655 Bacteria Forming a Monospecific Phototrophic Assemblage at a Depth of 100 Meters in the Black Sea, *Appl.*
- 656 *Environ. Microbiol.*, 71(12), 8049 LP – 8060, doi:10.1128/AEM.71.12.8049-8060.2005, 2005.
- 657 Mantoura, R. F. C. and Llewellyn, C. A.: The rapid determination of algal chlorophyll and carotenoid pigments
- 658 and their breakdown products in natural waters by reverse-phase high-performance liquid chromatography, *Anal.*
- 659 *Chim. Acta*, 151(Supplement C), 297–314, 1983.
- 660 Marcisz, K., Kołaczek, P., Gałka, M., Diaconu, A.-C. and Lamentowicz, M.: Exceptional hydrological stability
- 661 of a Sphagnum-dominated peatland over the late Holocene, *Quat. Sci. Rev.*, 231, 106180,
- 662 doi:https://doi.org/10.1016/j.quascirev.2020.106180, 2020.
- 663 Meyers, P. A.: Applications of organic geochemistry to paleolimnological reconstructions: A summary of
- 664 examples from the Laurentian Great Lakes, in *Organic Geochemistry*, vol. 34, pp. 261–289, Pergamon., 2003.
- 665 Montesinos, E., Guerrero, R., Abella, C. and Esteve, I.: Ecology and Physiology of the Competition for Light
- 666 Between *Chlorobium limicola* and *Chlorobium phaeobacteroides* in Natural Habitats, *Appl. Environ. Microbiol.*,
- 667 46(5), 1007–1016, doi:10.1128/aem.46.5.1007-1016.1983, 1983.



- 668 Munsell Color (Firm): Munsell soil color charts : with genuine Munsell color chips, 2009 year revised. Grand
 669 Rapids, MI : Munsell Color, 2010. [online] Available from:
 670 <https://search.library.wisc.edu/catalog/9910109259802121>, 2010.
- 671 Murtagh, F. and Legendre, P.: Ward's Hierarchical Agglomerative Clustering Method: Which Algorithms
 672 Implement Ward's Criterion?, *J. Classif.*, 31(3), 274–295, doi:10.1007/s00357-014-9161-z, 2014.
- 673 Naeher, S., Smittenberg, R. H., Gilli, A., Kirilova, E. P., Lotter, A. F. and Schubert, C. J.: Impact of recent lake
 674 eutrophication on microbial community changes as revealed by high resolution lipid biomarkers in Rotsee
 675 (Switzerland), *Org. Geochem.*, 49, 86–95, doi:10.1016/j.orggeochem.2012.05.014, 2012.
- 676 Naeher, S., Gilli, A., North, R. P., Hamann, Y. and Schubert, C. J.: Tracing bottom water oxygenation with
 677 sedimentary Mn/Fe ratios in Lake Zurich, Switzerland, *Chem. Geol.*, 352, 125–133,
 678 doi:10.1016/j.chemgeo.2013.06.006, 2013.
- 679 Oksanen, J., Kindt, R., Pierre, L., O'Hara, B., Simpson, G. L., Solymos, P., Stevens, M. H. . H. H., Wagner, H.,
 680 Blanchet, F. G., Kindt, R., Legendre, P., Minchin, P. R., O'Hara, R. B., Simpson, G. L., Solymos, P., Stevens,
 681 M. H. . H. H. and Wagner, H.: *vegan: Community Ecology Package*, R package version 2.4-0, R Packag. version
 682 2.2-1 [online] Available from: <http://vegan.r-forge.r-project.org>, 2016.
- 683 Oren, A.: 12 - Characterization of Pigments of Prokaryotes and Their Use in Taxonomy and Classification, in
 684 *Taxonomy of Prokaryotes*, vol. 38, edited by F. Rainey and A. B. T.-M. in M. Oren, pp. 261–282, Academic
 685 Press., 2011.
- 686 Parkin, T. B. and Brock, T. D.: Photosynthetic bacterial production in lakes: The effects of light intensity,
 687 *Limnol. Oceanogr.*, 25(4), 711–718, doi:10.4319/lo.1980.25.4.0711, 1980.
- 688 Pearson, F. J. and Coplen, T. B.: Stable Isotope Studies of Lakes, in *Lakes*, edited by A. Lerman, pp. 325–339,
 689 Springer, New York, NY., 1978.
- 690 Poraj-Górska, A. I., Żarczyński, M. J., Ahrens, A., Enters, D., Weisbrodt, D. and Tylmann, W.: Impact of
 691 historical land use changes on lacustrine sedimentation recorded in varved sediments of Lake Jaczno,
 692 northeastern Poland, *Catena*, 153, 182–193, doi:10.1016/j.catena.2017.02.007, 2017.
- 693 R Core Team: R: A language and environment for statistical computing., [online] Available from: <http://www.r-project.org>, 2015.
- 694 Reimer, P. J., Bard, E., Bayliss, A., Beck, J. W., Blackwell, P. G., Ramsey, C. B., Buck, C. E., Cheng, H.,
 695 Edwards, R. L., Friedrich, M., Grootes, P. M., Guilderson, T. P., Hafflidason, H., Hajdas, I., Hatté, C., Heaton, T.
 696 J., Hoffmann, D. L., Hogg, A. G., Hughen, K. A., Kaiser, K. F., Kromer, B., Manning, S. W., Niu, M., Reimer,
 697 R. W., Richards, D. A., Scott, E. M., Southon, J. R., Staff, R. A., Turney, C. S. M. and van der Plicht, J.:
 698 IntCal13 and Marine13 Radiocarbon Age Calibration Curves 0–50,000 Years cal BP, *Radiocarbon*, 55(4), 1869–
 699 1887, doi:10.2458/azu_js_rc.55.16947, 2013.
- 700 Sanchini, A., Szidat, S., Tylmann, W., Vogel, H., Wacnik, A. and Grosjean, M.: A Holocene high-resolution
 701 record of aquatic productivity, seasonal anoxia and meromixis from varved sediments of Lake Łazduny, North-
 702 Eastern Poland: insight from a novel multi-proxy approach, *J. Quat. Sci.*, in press, 2020.
- 703 Schindler, D. W.: Recent advances in the understanding and management of eutrophication, *Limnol. Oceanogr.*,
 704 51(1part2), 356–363, doi:https://doi.org/10.4319/lo.2006.51.1_part_2.0356, 2006.
- 705 Schneider, T., Rimer, D., Butz, C. and Grosjean, M.: A high-resolution pigment and productivity record from the
 706 varved Ponte Tresa basin (Lake Lugano, Switzerland) since 1919: insight from an approach that combines
 707 hyperspectral imaging and high-performance liquid chromatography, *J. Paleolimnol.*, 60(3), 381–398,
 708



- 709 doi:10.1007/s10933-018-0028-x, 2018.
- 710 Schnurrenberger, D., Russell, J. and Kelts, K.: Classification of lacustrine sediments based on sedimentary
- 711 components, *J. Paleolimnol.*, 29(2), 141–154, doi:10.1023/A:1023270324800, 2003.
- 712 Smith, V. H. and Schindler, D. W.: Eutrophication science: where do we go from here?, *Trends Ecol. Evol.*,
- 713 24(4), 201–207, doi:https://doi.org/10.1016/j.tree.2008.11.009, 2009.
- 714 Smol, J. P.: The power of the past: using sediments to track the effects of multiple stressors on lake ecosystems,
- 715 *Freshw. Biol.*, 55(Suppl. 1), 43–59, doi:doi:10.1111/j.1365-2427.2009.02373.x, 2010.
- 716 Stuiver, M. and Reimer, P. J.: Extended 14C data base and revised CALIB 3.0 14C age calibration program,
- 717 *Radiocarbon*, 35(1), 215–230, doi:10.1017/S0033822200013904, 1993.
- 718 Szidat, S., Salazar, G. A., Vogel, E., Battaglia, M., Wacker, L., Synal, H.-A. and Türler, A.: 14C Analysis and
- 719 Sample Preparation at the New Bern Laboratory for the Analysis of Radiocarbon with AMS (LARA),
- 720 *Radiocarbon*, 56(02), 561–566, doi:10.1017/s0033822200049602, 2014.
- 721 Tönno, I., Nauts, K., Belle, S., Nömm, M., Freiberg, R., Kõiv, T. and Alliksaar, T.: Holocene shifts in the
- 722 primary producer community of large, shallow European Lake Peipsi, inferred from sediment pigment analysis,
- 723 *J. Paleolimnol.*, 61(4), 403–417, doi:10.1007/s10933-019-00067-3, 2019.
- 724 Tu, L., Jarosch, K. A., Schneider, T. and Grosjean, M.: Phosphorus fractions in sediments and their relevance for
- 725 historical lake eutrophication in the Ponte Tresa basin (Lake Lugano, Switzerland) since 1959, *Sci. Total*
- 726 *Environ.*, 685, 806–817, doi:10.1016/j.scitotenv.2019.06.243, 2019.
- 727 Tylmann, W., Zolitschka, B., Enters, D. and Ohlendorf, C.: Laminated lake sediments in northeast Poland:
- 728 Distribution, preconditions for formation and potential for paleoenvironmental investigation, *J. Paleolimnol.*,
- 729 50(4), 487–503, doi:10.1007/s10933-013-9741-7, 2013.
- 730 Vitousek, P. M., Cassman, K., Cleveland, C., Crews, T., Field, C. B., Grimm, N. B., Howarth, R. W., Marino,
- 731 R., Martinelli, L., Rastetter, E. B. and Spret, J. I.: Towards an ecological understanding of biological nitrogen
- 732 fixation, in *Biogeochemistry*, vol. 57–58, pp. 1–45., 2002.
- 733 Weisbrodt, D., Enters, D., Żarczyński, M. J., Poraj-Górska, A. I. and Tylmann, W.: Contribution of non-pollen
- 734 palynomorphs to reconstructions of land-use changes and lake eutrophication: case study from Lake Jaczno,
- 735 northeastern Poland, *Limnol. Rev.*, 16(4), 247–256, doi:10.1515/limre-2016-0027, 2017.
- 736 Wetzel, R. G.: *Limnology: Lake and River Ecosystems*, 3rd ed., Academic Press., 2001.
- 737 Wirth, S. B., Gilli, A., Niemann, H., Dahl, T. W., Ravasi, D., Sax, N., Hamann, Y., Peduzzi, R., Peduzzi, S.,
- 738 Tonolla, M., Lehmann, M. F. and Anselmetti, F. S.: Combining sedimentological, trace metal (Mn, Mo) and
- 739 molecular evidence for reconstructing past water-column redox conditions: The example of meromictic Lake
- 740 Cadagno (Swiss Alps), *Geochim. Cosmochim. Acta*, 120, 220–238, doi:10.1016/j.gca.2013.06.017, 2013.
- 741 Woolway, R. I. and Merchant, C. J.: Worldwide alteration of lake mixing regimes in response to climate change,
- 742 *Nat. Geosci.*, 12(4), 271–276, doi:10.1038/s41561-019-0322-x, 2019.
- 743 Yurkov, V. V. and Beatty, J. T.: Aerobic Anoxygenic Phototrophic Bacteria, *Microbiol. Mol. Biol. Rev.*, 62(3),
- 744 695 LP – 724 [online] Available from: <http://mmbr.asm.org/content/62/3/695.abstract>, 1998.
- 745 Zander, P. D., Szidat, S., Kaufman, D. S., Żarczyński, M., Poraj-górska, A. I. and Grosjean, M.: Miniature
- 746 radiocarbon measurements (< 150 µg C) from sediments of Lake Żabińskie , Poland : effect of precision and
- 747 dating density on age- depth models, *Geochronology*, 2(April), 63–79, doi:10.5194/gchron-2-63-2020, 2020.
- 748 Zolitschka, B., Francus, P., Ojala, A. E. K. and Schimmelmann, A.: Varves in lake sediments - a review, *Quat.*
- 749 *Sci. Rev.*, 117, 1–41, doi:10.1016/j.quascirev.2015.03.019, 2015.



750 Züllig, H.: Untersuchungen über die Stratigraphie von Carotinoiden im geschichteten Sediment von 10
751 Schweizer Seen zur Erkundung früherer Phytoplankton-Entfaltungen, Schweizerische Zeitschrift für Hydrol.,
752 44(1), 1–98, 1982.
753 Züllig, H.: Role of carotenoids in lake sediments for reconstructing trophic history during the late Quaternary, J.
754 Paleolimnol., 2(1), 23–40, doi:10.1007/BF00156982, 1989.
755
756
757
758
759
760
761
762
763
764
765
766

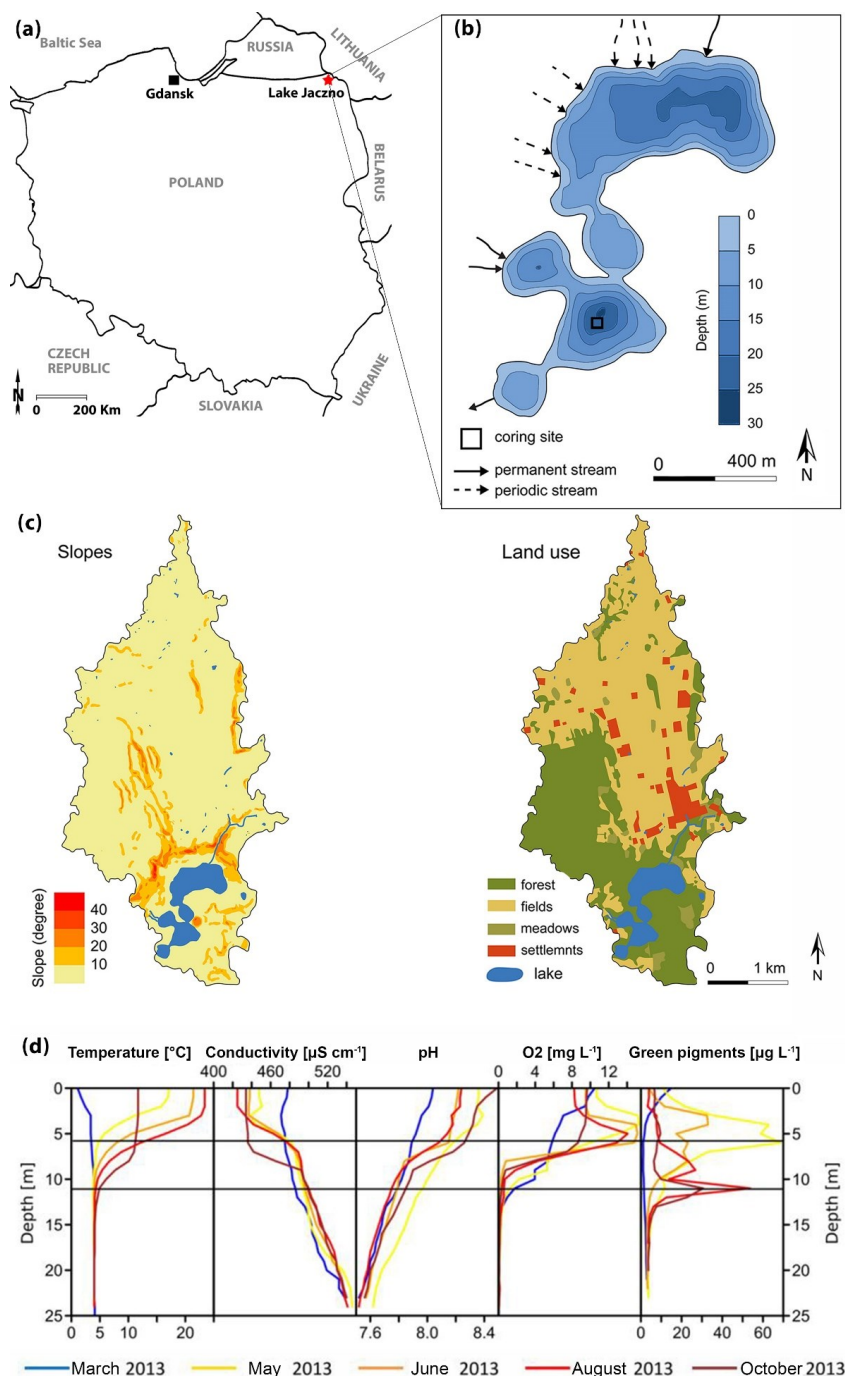
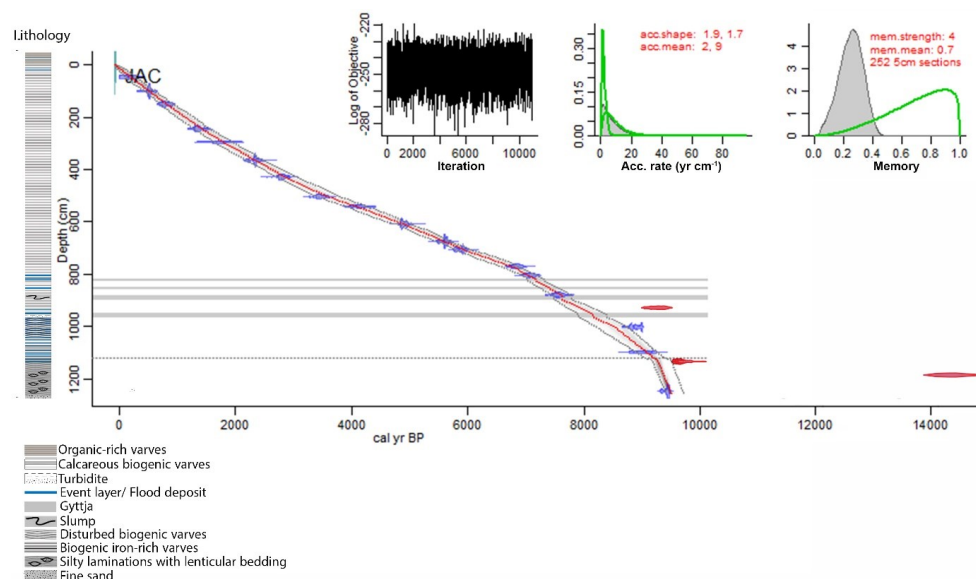


Figure 1: a) Localization of Lake Jaczno. b) Lake bathymetry (modified from Poraj-Górska et al., 2017) and coring position c) Slopes and land use maps of the catchment (modified from Poraj-Górska et al., 2017) d) Seasonal limnological parameters in 2013 CE (Butz et al., 2016).



771



772

773

774 **Figure 2: Age depth model and lithology of Lake Jaczno. The red line is the modelled chronology using**
 775 **Bacon (Blaauw and Christeny, 2011; Blaauw et al., 2020); the excluded outliers are shown in red. The grey**
 776 **dotted lines indicate the 95 % (2σ) probabilities. The grey horizontal areas indicate event layers (>3 cm)**
 777 **excluded from the model. The horizontal dashed line marks the boundary of a higher sedimentation rate**
 778 **(model parameter). The upper left panel shows the log objective vs. MCMC iteration that indicates a**
 779 **stationary distribution. The middle and right panels indicate the distributions (prior in green, posterior in**
 780 **grey) for the accumulation rate and the memory, respectively.**

781

782

783

784

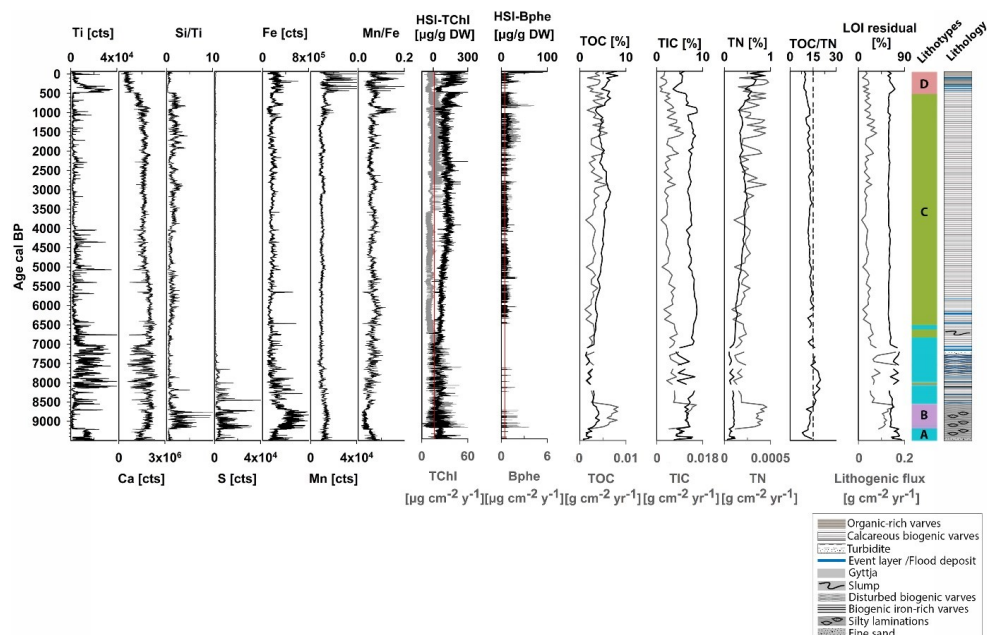
785

786

787

788

789



790
 791 **Figure 3: Selected biogeochemical proxies that defined the four sedimentary lithotypes A–D (in different**
 792 **color) after unconstrained clustering and PCA analysis (Fig. S2). On the right: sediment lithology based on**
 793 **visual examination.**
 794

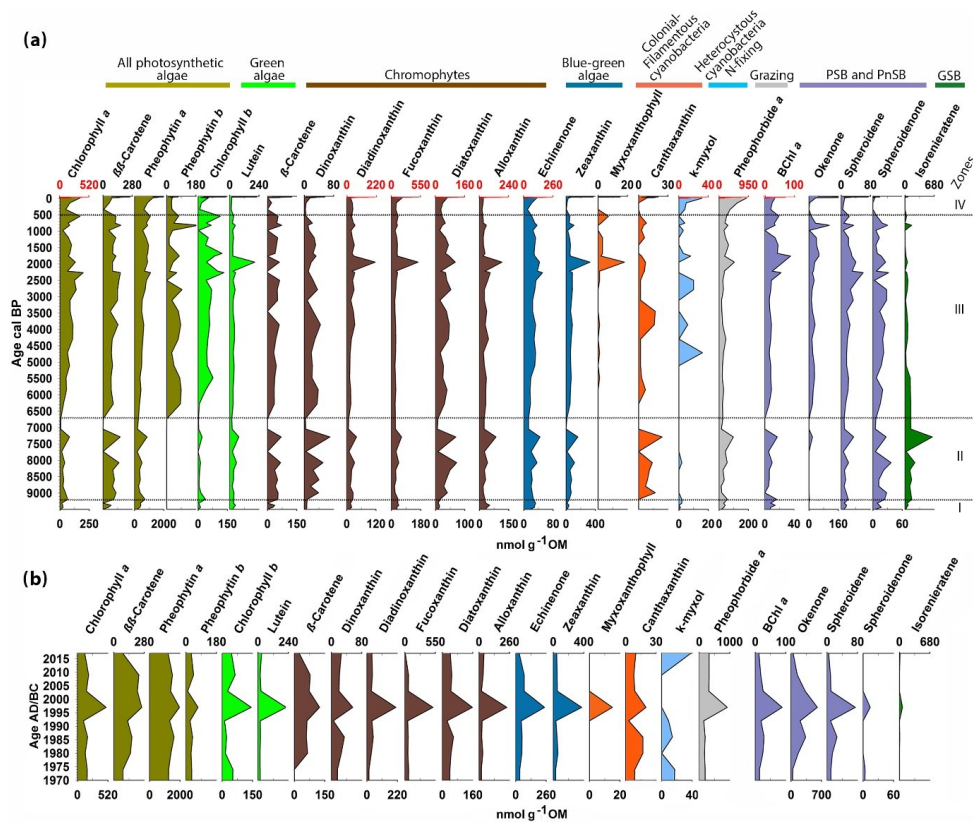


Figure 4: Chlorophyll, chlorophyll derivatives, carotenoids and bacterial pigments concentrations measured by HPLC a) for the entire Holocene, and b) for the last 50 years. The zones are defined by constrained hierarchical clustering. The different colors indicate different algal groups based on the pigments' taxa affiliation. The occasional red scale on top marks the significantly higher concentrations of these pigments in the last 50 years.

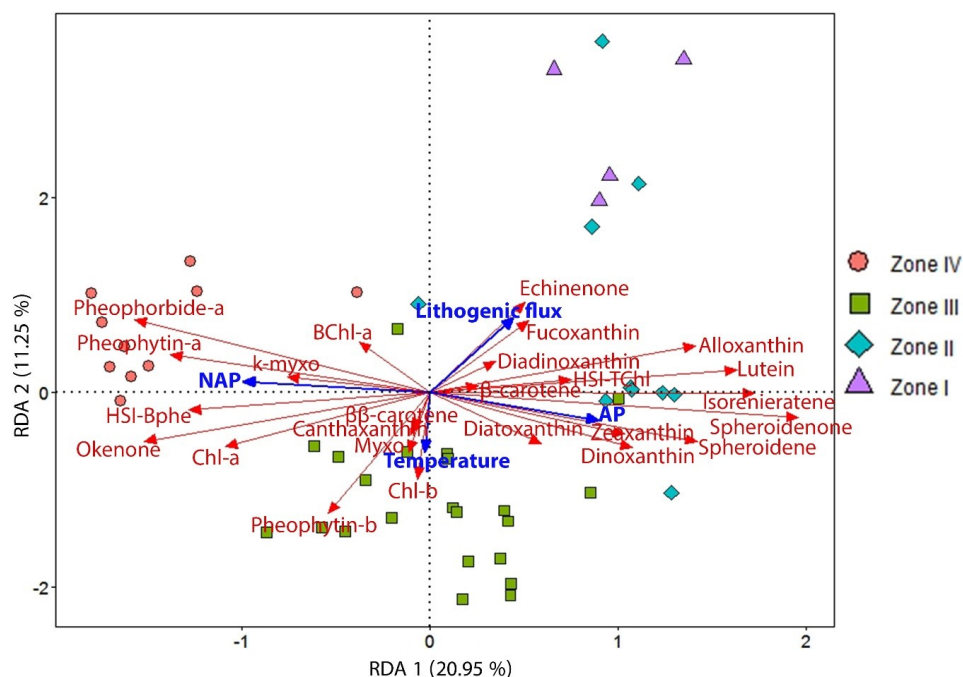


Fig 5: RDA triplot showing the explanatory variables (AP, NAP, temperature and lithogenic flux) in blue, and the response variables (HPLC- and HSI-inferred pigment concentrations) in red. The samples are grouped according to the pigment zones (Fig. 4a).

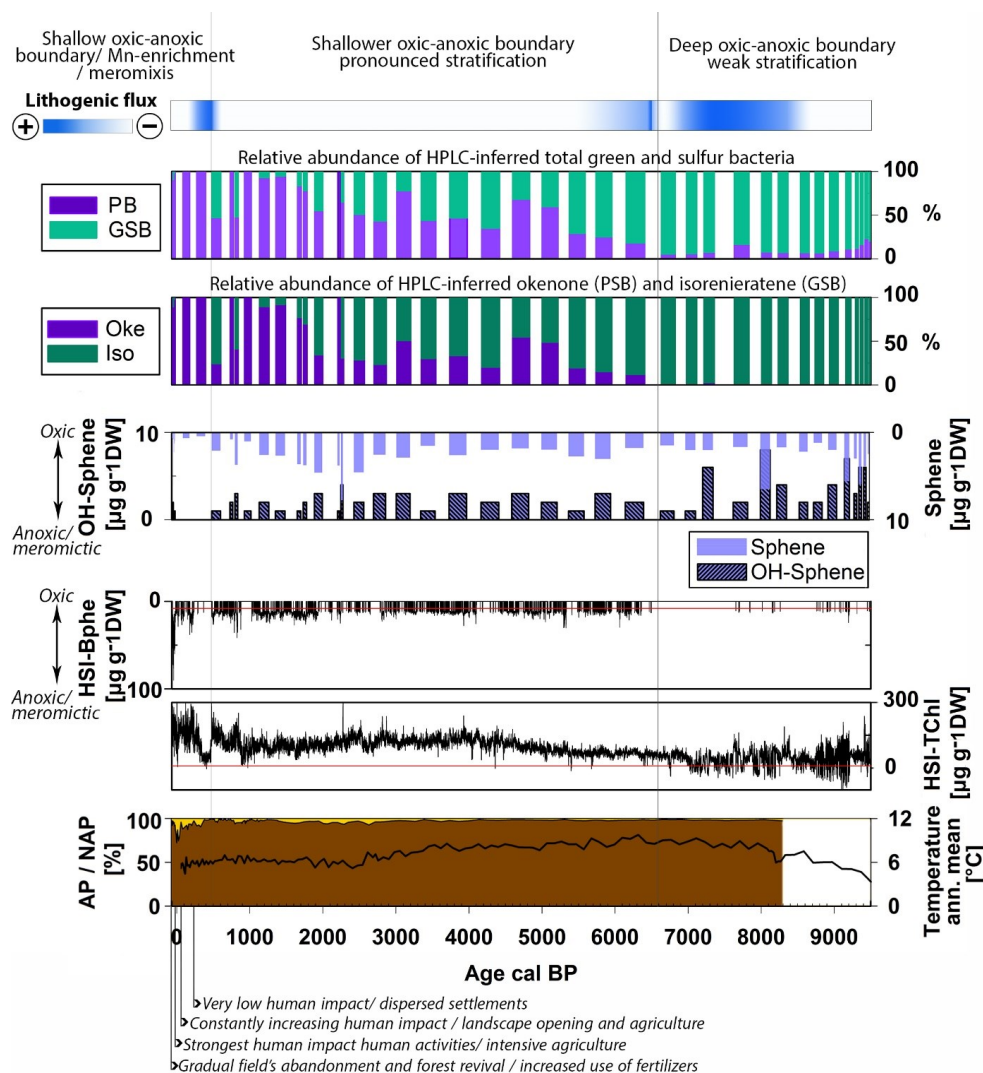


Figure 6: Holocene summary of the relative abundance of purple bacteria (sum of PSB and PnSB) and GSB, *Chromatium* (okenone, PSB) and *Clorobium* (isorenieratene, GSB), the content of spheroidene and spheroidenone pigments produced by *R. sphaeroides* (PnSB), and the high-resolution calibrated HSI-Tchl and HSI-Bphe concentrations. Top: indication of lithogenic flux and general evolution of the chemocline. Bottom: AP/NAP percentages (Kinder et al., 2019; Marcisz et al., 2020) with archaeological evidence of human impact, and the annual mean temperature variability (Heikkilä and Seppä, 2010).



818 **Table 1: Radiocarbon age results and calibrated ages. Uncertainties for ^{14}C ages refer to 68 % probabilities**
 819 **(1 σ), whereas ranges of calibrated ages refer to 95 % probabilities (2 σ). Outlier samples are marked with**
 820 **an asterisk. Indet: indeterminable, dicot: dicotyledonous.**

Sample ID	Material	C mass ($\mu\text{g C}$)	Age ^{14}C BP	Age (cal BP) ^a	Age range (cal BP) ^b	Graphite/ Gas
BE-10957.1.1	<i>Betula alba</i> fruit, woody scale, <i>Pinus sylvestris</i> needle base	104	132±64	142	0–284	gas
BE-10958.1.1	<i>Betula alba</i> fruit scale, woody scale, dicot leaf fragment	219	482±44	755	679–904	graphite
BE-10959.1.1	<i>Pinus sp.</i> periderm, coniferous wood and periderm fragment, <i>Betula alba</i> fruit fragments, coniferous scales	118	872±55	790	694–912	graphite
BE-10960.1.1	<i>Pinus sp.</i> periderm, <i>Betula alba</i> fruit fragments, conifer scale, <i>Pinus sp.</i> periderm, <i>Betula alba</i> fruit fragments	64	1460±67	1364	1283–1522	gas
BE-10961.1.1	<i>Betula alba</i> fruit fragments, conifer scale, <i>Betula alba</i> fruit, semi-charred periderm	19	1781±127	1706	1410–1987	gas
BE-10962.1.1	<i>Alnus glutinosa</i> fruit, <i>Betula alba</i> fruit fragments, needle/leaf indet, male anthere indet	268	2321±39	2341	2180–2458	graphite
BE-10963.1.1	<i>Betula alba</i> fruit fragments, <i>Pinus sp.</i> periderm, male anthere indet, <i>Betula alba</i> fruit fragments, <i>Pinus sp.</i> periderm, conifer scales	73	2677±69	2801	2545–2959	gas
BE-10964.1.1	<i>Betula alba</i> fruit fragments, <i>Pinus sp.</i> periderm, male anthere indet, <i>Betula alba</i> fruit fragments	74	3229±72	3458	3259–3633	gas
BE-10965.1.1	<i>Alnus glutinosa</i> fruit fragment, <i>Betula alba</i> fruit fragments, conifer scales, dicot leaf fragments	130	3758±60	4125	3927–4383	graphite
BE-10966.1.1	Male anthere indet, dicot leaf fragments, conifer scales, indet scale, wood indet	399	4322±36	4887	4836–4972	graphite
BE-10967.1.1	Dicot leaf fragments, indet scale, male anthere indet	428	4860±37	5601	5491–5650	graphite
BE-10968.1.1	Dicot leaf fragments, wood remains	348	5144±39	5906	5753–5989	graphite
BE-10969.1.1	Dicot leaf fragments, indet periderm, wood remains	183	5998±57	6839	6678–6977	graphite



BE-10970.1.1	Deciduous woody scale	365	6153±41	7062	6942–7166	graphite
BE-10971.1.1	<i>Betula alba</i> fruit fragments, <i>Pinus sp.</i> periderm, conifer scale, wood indet	111	6699±79	7567	7439–7674	graphite
*BE-10972.1.1	<i>Pinus sylvestris</i> needle fragments, wood indet	58	8291±99	9279	9029–9475	gas
BE-10973.1.1	Dicot leaf fragments, deciduous periderm, wood indet	996	8018±22	8896	8778–9007	graphite
BE-10974.1.1	<i>Betula alba</i> fruit fragments, <i>Pinus sylvestris</i> needle fragments, dicot leaf fragments	117	8094±91	9019	8651–9287	gas
*BE-10975.1.1	<i>Pinus sylvestris</i> needle fragments, <i>Betula alba</i> fruit fragments, indet periderm	280	8715±54	9677	9548–9887	graphite
*BE-10976.1.1	Dicot. leaf fragments, male anthere indet, conifer needle tip, indet periderm	308	12446±69	14580	14198–14994	graphite
BE-10977.1.1	Dicot leaf fragments, <i>Pinus sp.</i> periderm, woody scale	999	8388±22	9440	9318–9479	graphite

821 ^a Median probability (Stuiver and Reimer, 1993)

822 ^b Calibrated age range with the IntCal 13 calibration curve (Stuiver and Reimer, 1993; Reimer et al.,
 823 2013)

824

825