

1 Carbon dynamics at the river-estuarine transition: a comparison among tributaries
2 of Chesapeake Bay.

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Abstract

Sources and transformation of carbon (C) were quantified using mass balance and ecosystem metabolism data for the upper segments of the James, Pamunkey and Mattaponi Estuaries. The goal was to assess the role of external (river inputs & tidal exchange) vs. internal (metabolism) drivers in influencing the forms and fluxes of C. C forms and their response to river discharge differed among the estuaries based on their physiographic setting. The James, which receives the bulk of inputs from upland areas (Piedmont and Mountain), exhibited a higher ratio of inorganic to organic C, and larger inputs of particulate organic C (POC). The Pamunkey and Mattaponi receive a greater proportion of inputs from lowland (Coastal Plain) areas, which were characterized by low dissolved inorganic C (DIC) and POC, and elevated dissolved organic C (DOC). I anticipated that transport processes would dominate during colder months when discharge is elevated and metabolism is low, and that biological processes would predominate in summer, leading to attenuation of C through-puts via de-gassing of CO₂. Contrary to expectations, highest retention of organic C occurred during periods of high through-put, as elevated discharge resulted in greater loading and retention of POC. In summer, internal cycling of C via production and respiration was large in comparison to external forcing despite the large riverine influence in these upper estuarine segments. The estuaries were found to be net heterotrophic based on retention of organic C, export of DIC, low primary production relative to respiration, and a net flux of CO₂ to the atmosphere. In the James, greater contributions from phytoplankton production resulted in a closer balance between production and respiration, with autochthonous production exceeding allochthonous inputs. Combining the mass balance and metabolism data with bioenergetics provided a basis for estimating the proportion of C inputs utilized by the dominant metazoan. The findings suggest that invasive catfish utilize 15% of total organic C inputs and up to 40% of allochthonous inputs to the James.

Non-technical summary: Inland waters play an important role in the global carbon cycle by storing, transforming and transporting carbon from land to sea. Comparatively little is known about carbon dynamics at the river-estuarine transition. A study of tributaries of Chesapeake Bay showed that biological processes exerted a strong effect on carbon transformations. Peak carbon retention occurred during periods of elevated river discharge and was associated with trapping of particulate matter.

45 1. Introduction

46 Inland waters occupy a small proportion of surface area but play a disproportionately large role
47 in landscape-scale C fluxes (Cole et al. 2007; Butman et al. 2016; Tranvik et al. 2018; Holgerson
48 and Raymond 2016). River networks act as transport systems delivering C products of mineral
49 weathering (DIC) and plant decomposition (DOC, POC) from the terrestrial realm to the coastal
50 ocean (Meybeck 2003). Inland waters also function as reactors in which biotic and abiotic
51 processes act to augment, transform or attenuate C fluxes. Aquatic primary production
52 supplements terrestrial DOC and POC inputs, and by providing more labile forms of C, may
53 facilitate the decomposition of older, recalcitrant terrestrial C. Decomposition of aquatic and
54 terrestrial organic matter returns C to the atmosphere, which, along with C sequestration via
55 sediment burial, results in the attenuation of C fluxes to the coastal zone (Richey et al. 2002;
56 Vorosmarty et al. 2003; Middelburg and Herman 2007; Tranvik et al. 2009). Acting against
57 these processes are fluvial forces that hasten through-puts of C and favor transport over
58 processing. Along the flowpath from mountains to the sea, aquatic systems differ greatly in their
59 capacity to attenuate C fluxes depending on factors such as water residence time, ecosystem
60 metabolism and capacity for sediment accrual. Relatively complete C budgets are relatively rare,
61 in part due to the effort involved in quantifying C fluxes from various sources (Hanson et al.
62 2015).

63 Estuaries are potentially important sites for C processing and transport given that they intercept
64 the bulk of terrestrial runoff to the oceans. They contain complex mixtures of organic matter
65 originating from diverse sources including terrestrial inputs, estuarine primary production, lateral
66 inputs (e.g., tidal marshes and floodplain forests), and marine-derived organic matter (Raymond
67 and Hopkinson 2003; Tzortziou et al. 2008). As a result, estuarine organic matter includes a
68 complex mixture of compounds that differ in chemical composition and bioavailability. Most of
69 the organic matter delivered by rivers to estuaries is of terrestrial origin, though recent work
70 suggests that autochthonous riverine sources may be important during periods of low river flow
71 (Hosen et al. 2021). The quantity and quality of riverine organic matter is dependent in part on
72 forms of terrestrial vegetation and the extent to which this material is altered by photochemical
73 and microbial processes along the flowpath from upland areas through river networks (Raymond
74 and Bauer 2000; Stedmon et al. 2006; Creed et al. 2015; Zametske et al. 2018; Voss et al. 2020).

75 Historically, terrestrial organic matter inputs were considered largely recalcitrant in part due to
76 their age and their high C:N ratio, though bioassay experiments and non-conservative mixing
77 curves indicate that a fraction is labile (e.g., Moran et al. 1999; Wiegner and Seitzinger 2001).
78 del Giorgio and Pace (2008) showed that the Hudson River Estuary acted as a pipe transporting
79 terrestrial DOC seaward while also functioning as a reactor whereby bacterial activity
80 decomposed POC generated via autochthonous production. Raymond and Hopkinson (2003)
81 showed that estuarine primary production contributes significant quantities of “young” DOC
82 which fueled the majority of heterotrophic respiration. In the context of assessing estuarine
83 influences on C transport and retention, comparatively little attention has been focused on
84 processes occurring at the river-estuarine transition.

85 Tidal freshwaters occur at the transition from riverine to estuarine conditions. They are a
86 common feature of river-dominated estuaries throughout the world, but have received relatively
87 little attention for their role in modifying elemental fluxes from land to sea (Hoitink and Jay
88 2016; Ward et al. 2017; Jones et al. 2020). A key feature of tidal freshwaters is the occurrence of
89 bi-directional flows associated with incoming and outgoing tides (Jones et al. 2017). The
90 combination of freshwater and tidal conditions arises because tidal forces propagate inland
91 beyond the point where mixing of fresh and marine waters occurs. The back and forth of tidal
92 flows reduces net seaward movement resulting in longer transit time that allows for the
93 development of plankton communities and the potential for greater biological influence on C
94 forms and retention. Our prior work in the James Estuary has documented higher rates of
95 ecosystem metabolism in the tidal freshwater segment relative to adjacent riverine and lower
96 estuarine segments (Tassone and Bukaveckas 2019; Bukaveckas et al. 2020). High rates of
97 metabolism and depletion of dissolved inorganic nutrients was associated with the presence of
98 chlorophyll-a and productivity maxima in the tidal fresh zone (Bukaveckas et al. 2011; Qin and
99 Shen 2017). Other studies have also documented tidal freshwaters as biogeochemical hotspots
100 (Vincent et al. 1996; Muylaert et al. 2005; Hoffman et al. 2008; Lionard et al. 2008; Amann et al.
101 2015; Young et al. 2021; Xu et al. 2021).

102 Long water residence time and high rates of ecosystem metabolism in the tidal fresh zone may
103 favor the importance of internal processes (production and respiration) over external
104 (hydrologic) forces in regulating C throughputs. During periods of low river discharge, longer

105 water residence in the estuary allows accrual of phytoplankton biomass and greater
106 phytoplankton production, which may result in net autotrophy and greater export of organic C
107 relative to DIC. Alternatively, the production of autochthonous labile C may facilitate
108 mineralization of allochthonous C inputs (“priming effect”) resulting in CO₂ release and
109 attenuation of organic and total C exports (Bianchi 2011; Steen et al. 2015; Ward et al. 2016).
110 During periods of elevated discharge, freshwater replacement time in the upper estuary is short,
111 thereby favoring transport over retention. However, our recent work has shown that the bulk of
112 N and P retention in the tidal fresh zone of the James Estuary occurs during periods of high
113 sediment loading (Bukaveckas et al. 2018). Although retention of dissolved N and P was highest
114 during peak production in summer, the trapping of particulate N and P in winter accounted for
115 the bulk of total N and P retention. These findings suggest that retention of particulate and total
116 C may be highest during periods of elevated river discharge.

117 The goal of this study was to assess the relative importance of external (river inputs & tidal
118 exchange) vs. internal (metabolism) drivers in influencing C forms and retention in the upper
119 estuary. Mass balance results and ecosystem metabolism data were used to assess C inputs,
120 outputs, transformation and retention in the tidal fresh segments of the James, Pamunkey and
121 Mattaponi estuaries. A key difference among the estuaries is their geographic setting across
122 lowland (Coastal Plain) and upland (Piedmont and Mountain) areas (Figure 1). Freshwater
123 inputs to the James tidal fresh segment are largely (90%) derived from upland sources (i.e.,
124 above the Fall Line), whereas local (Coastal Plain) tributaries contribute ~10% (based on the
125 proportion of contributing area below the Fall Line). By contrast the Pamunkey and Mattaponi
126 Estuaries receive a greater proportion of freshwater inputs from local (Coastal Plain) sources
127 (36% and 51%, respectively). Higher sediment yield from upland sources should result in
128 greater POC inputs to the James relative to the Pamunkey and the Mattaponi. I also expected
129 that higher GPP and R in the phytoplankton-dominated James Estuary would exert a stronger
130 influence on C transformations relative to the Pamunkey and Mattaponi, which are dominated by
131 submerged and emergent aquatic vegetation. Lastly, extensive floodplain and wetland areas
132 along the Pamunkey and Mattaponi would be expected to contribute greater DOC inputs relative
133 to the James. For the James Estuary, C mass balance and metabolism data were used to estimate
134 allochthonous and autochthonous inputs and to assess constraints on food web energetics.

2. Methods

2.1 Study Sites. This study focuses on the upper segments of the two southern tributaries of Chesapeake Bay (James and York Estuaries), the latter of which is comprised of two sub-estuaries (Pamunkey and Mattaponi). This is the third in a series of papers that rely in part on comparisons among these estuaries to draw inferences about processes occurring at the river-estuarine transition. Previous papers focused on the influence of storm events on river and estuarine metabolism and water quality (Bukaveckas et al. 2020), and on factors regulating water clarity and primary production (Henderson & Bukaveckas 2021). The proximity of the estuaries facilitated frequent sampling (1-2 week intervals) that is needed to characterize C fluxes. The study reach within the James Estuary is the tidal fresh segment, which extends 88 km from the Fall Line (Richmond, VA) to the confluence with the Chickahominy River, and accounts for ~50% of the length of the estuary. Study reaches for the Pamunkey and Mattaponi Estuaries encompassed the tidal fresh and oligohaline segments, extending 86 km to their confluence with the York Estuary. The river basins fall within the Temperate Deciduous Forest biome. Though highly fragmented, the area is still predominantly rural and forested (>70%) with small contributions from agricultural lands (row crops and hay fields; 23%) and urban-suburban areas (6%; Smock et al. 2005). The predominant trees include a variety of oaks, hickories, sweetgum, tuliptree and loblolly pine. Floodplain forests along the Pamunkey and Mattaponi are dominated by bald cypress, swamp black gum and water tupelo. Soils of the region are old and highly weathered, with ultisols predominating over much of the area.

2.2 Data Collection. For the James, I am able to present a relatively complete C budget inclusive of Fall Line loads, local tributary inputs and tidal fluxes of inorganic and organic fractions (DIC, DOC, POC). These results are based on data collected from river and estuarine stations over a 10-year span (2010-2019). For the Pamunkey and Mattaponi, the scope is more limited both in the time span over which data were collected (2017-2019) and, due to the lack of data on Fall Line DIC and chloride inputs, which precludes estimation of tidal exchange using Cl mass balance. For the James and Pamunkey, previously published estimates of GPP and ER derived from in situ diel oxygen cycles are used to assess their effect on C transformations. Seasonal patterns in CO₂ concentrations and air-water exchange are provided for all three estuaries.

165 2.3 C Inputs & Estuarine Export. External C loads for the three estuaries were derived from (a)
166 measured discharge and concentration at the Fall Line, and (b) estimated contributions from
167 ungauged tributaries below the Fall Line. Fall Line loads were based on data collected by the
168 USGS at gauging stations located on the James, Pamunkey and Mattaponi Rivers. Fall Line
169 samples were collected at approximately monthly intervals, with supplemental samples collected
170 during periods of high discharge. Approximately 200 measurements of DOC and POC were
171 obtained at each of the gauging sites over the 10-year span (Table 1), along with continuous
172 measurements of river discharge. For the James, the USGS data were supplemented by
173 measuring DIC and Cl at the Fall Line at 1-2 week intervals during 2012-2019 (189 samples
174 collected). Seasonal, inter-annual and discharge-dependent variation in riverine C concentrations
175 was analyzed using Generalized Additive Models (see Statistics). The models were used to
176 predict daily concentrations at each site, and, in combination with daily discharge, to derive daily
177 loading values at the Fall Line. Local (ungauged) runoff was estimated as a constant fraction of
178 the daily Fall Line discharge based on the proportion of catchment area represented by tributaries
179 entering below the Fall Line. Daily concentrations were used in combination with Fall Line
180 discharge, below Fall Line discharge, and total discharge to derive daily input and export fluxes.
181 Daily fluxes were summed over the budget interval (typically 1-2 weeks) and used, in
182 conjunction with the change in mass of Cl in the estuary between the start and end of each
183 interval, to solve for the net tidal flux of Cl.

$$184 \quad \text{Estuary Cl Mass}_{t+1} = \text{Estuary Cl Mass}_t + \text{Riverine Cl} - \text{Export Cl} \pm \text{Net Tidal Cl} \quad (1)$$

185 The mass of Cl required to balance each budget interval was used in combination with
186 measurements of Cl concentrations in tidal inflow and outflow, as represented by stations located
187 on either side of the seaward boundary of our study reach (JMS69 and JMS56), to derive the
188 effective volume of tidal exchange. This represents the volume of “new” water entering the
189 study reach from the lower estuary with each tidal cycle. The James has an elongate shape that
190 is typical of estuaries that occupy flooded river valleys. The back and forth of tidal flows means
191 that the bulk of the water leaving on an outgoing tide returns on the subsequent incoming tide,
192 and only a small proportion of the large tidal flux is “new” water. For the James, the effective
193 volume of exchange is equivalent to 8% of the tidal prism (Bukaveckas and Isenberg 2013). For
194 this study, estimates of the volume of tidal exchange were derived for each budget interval (N =

195 309 for 2011-19). The effective volume of exchange was used along with measured C
 196 concentrations of tidal inflows and outflows to determine the net exchange of C at the seaward
 197 boundary of the study reach. Net tidal fluxes for each budget interval were aggregated to
 198 monthly values and presented as daily areal values for comparison to riverine input and export
 199 fluxes. Lastly, monthly estimates of estuarine C retention were derived based on the difference
 200 between input and output fluxes taking into account changes in mass storage within the estuary.

$$201 \quad \text{Estuary C Mass}_{t+1} = \text{Estuary C Mass}_t + \text{Riverine C} - \text{Export C} \pm \text{Net Tidal C} \pm \text{Retention} \quad (2)$$

202 For DIC, our estimation of retention also took into account air-water CO₂ exchange (see below).

203 2.5 Estuarine Metabolism. Previously published estimates of Gross Primary Production (GPP)
 204 and Ecosystem Respiration (ER) were used to assess internal C transformations for the James
 205 and Pamunkey (Bukaveckas et al. 2020). Rates of metabolism were derived from continuous (15
 206 min) monitoring of dissolved oxygen at stations located within our study segments of the James
 207 and Pamunkey (Figure 1). The James monitoring station is located at the VCU Rice Center
 208 Research Pier, approximately 2 km from our JMS75 sampling location. The Pamunkey station
 209 (White House Landing) is operated by the Virginia Institute of Marine Science and located near
 210 the mid-point of our study segment. Similar equipment (YSI 6600 or EXO sondes) and
 211 protocols are used at the two stations including routine (2-3 week) maintenance and calibration
 212 of sondes as per manufacturer recommendations. Daily GPP and ER were derived using the
 213 single-station open-water method. Following Caffrey (2003; 2004), 15-minute DO
 214 measurements were smoothed to 30-minute averages and multiplied by water depth to obtain
 215 areal rates of oxygen flux at 30 minute intervals throughout the day.

$$216 \quad \text{O}_2 \text{ flux (g O}_2 \text{ m}^{-2} \text{ d}^{-1}) = (\text{DO}_{t2} - \text{DO}_{t1}) * \text{Water Depth} - \text{AE} \quad (3)$$

217 Atmospheric exchange (AE) was derived at 30-minute intervals based on water column DO
 218 saturation and a generic estuarine gas transfer coefficient. A previous analysis using 23 years of
 219 station data for the James showed that estimates of atmospheric exchange derived from oxygen
 220 saturation and the fixed gas transfer coefficient were not significantly different from exchange
 221 coefficients derived using variable water velocity and wind speed (Tassone and Bukaveckas
 222 2019). ER was derived by extrapolating nightly O₂ fluxes to a 24-hour period. GPP was derived

223 as the sum of daytime oxygen production and ER during daylight hours. Oxygen-based values
224 were converted to C assuming a photosynthetic quotient of 1.2 and a respiratory quotient of 1.

225 2.6 Sampling and Analysis. Methods were described previously (Bukaveckas et al. 2011;
226 Bukaveckas et al. 2020; Henderson and Bukaveckas 2021) and are summarized here. Data were
227 collected from 4 stations in the James tidal fresh segment, 3 stations in each of the Pamunkey
228 and Mattaponi study reaches, and one tributary stream (Kimages Creek) located at the VCU Rice
229 Center (Figure 1; Table 1). Estuarine sites were sampled by boat in the main channel except in
230 the upper, narrow sections of the Pamunkey and Mattaponi where samples were collected from
231 shore in areas of active flow. Owing to vertically well-mixed conditions (no temperature or
232 salinity stratification) water samples and in situ measurements were obtained near the surface
233 (~0.5 m). Water temperature and salinity were measured using a YSI Pro DDS sonde. The
234 partial pressure of carbon dioxide in water and air was measured in the field using a PP Systems
235 EGM 4 portable infrared CO₂ analyzer calibrated at 0 and 2000 ppm. Water samples were
236 analyzed for chlorophyll-a (CHLa), POC, DIC, DOC and Cl. Samples for CHLa and POC were
237 filtered through Whatman GF/A glass filters (0.5- μ m nominal pore size). Filters for CHLa
238 analyses were extracted for 18 h in buffered acetone and analyzed on a Turner Design TD-700
239 Fluorometer (Arar and Collins 1997). Filters for POC analysis were dried at 60 C for 48 h,
240 fumed with HCl to remove inorganic carbon and analyzed on a Perkin–Elmer CHN analyzer.
241 Chloride concentrations were determined using a Skalar segmented flow analyzer by the
242 ferricyanide method (APHA 1998). Samples for DIC and DOC were filtered in the field
243 through Whatman GF/A filters and analyzed using a Shimadzu TOC analyzer.

244 2.7 Air-Water CO₂ Fluxes. Air-water exchange of CO₂ was calculated using the equation from
245 Cai and Wang (1998):

$$246 \quad \text{Flux CO}_2 = K_T K_H (p\text{CO}_{2\text{-water}} - p\text{CO}_{2\text{-air}}) \quad (4)$$

247 where K_T is the gas transfer velocity, K_H is the solubility constant and $p\text{CO}_2$ is the partial
248 pressure of CO₂ in water and air. The solubility constant was derived according to the equation
249 of Weiss (1974) taking into account water temperature and salinity recorded at the time of CO₂
250 measurement. Gas transfer velocities were initially derived from daily average wind speed (U_{10}
251 corrected) measured at the VCU Rice Center Research Pier (James) and the Taskinas Creek
252 NERR station (Pamunkey and Mattaponi). Gas transfer velocities derived from wind speed

253 generally fell within the range of 1 to 1.5 m d⁻¹, which is low in comparison to the global average
254 (5.7 m d⁻¹, Raymond et al. 2017) and to values that are considered appropriate for large rivers
255 (4.3 m d⁻¹, Alin et al. 2011; Reiman and Xu 2019). Based on these considerations, a value of 4.3
256 m d⁻¹ was used for all calculations (see Discussion for further consideration of gas transfer
257 velocities).

258 2.8 Statistics. Generalized Additive Models (GAMs) were used to model river and estuarine C
259 and Cl concentrations based on discharge, day of year (to capture seasonal patterns) and decimal
260 date (to depict inter-annual variation). GAMs are gaining increasing usage for modeling water
261 chemistry due to their ability to account for non-linear effects and to fit trends of a form that is
262 not known *a priori* (Morton & Henderson 2008; Murphy et al. 2019; Yang and Moyer 2020;
263 Wiik et al. 2021). The GAM analysis was performed using the "mgcv" package in R (Wood
264 2006). The package default thin plate regression spline was used to depict the effect sizes of
265 discharge and decimal date; a cyclic cubic regression spline was used to depict seasonal effects.
266 The default output for the effect size was shifted to center on the mean of the modeled dependent
267 variable to show the response of the GAM model within the range of dependent variable values.

268

269 **3. Results**

270 3.1 Estuarine Hydrology

271 The James, Pamunkey and Mattaponi Rivers exhibit similar hydrographs with highest monthly
272 average discharge during January-May and lowest discharge in July-November (Figure 2).
273 Average monthly discharge in winter-spring is approximately 4-fold higher in comparison to
274 summer-fall. Median freshwater replacement times (FRT), taking into account Fall Line inputs
275 plus local (ungauged) tributaries, were 30 d (James), 46 d (Mattaponi) and 60 d (Pamunkey)
276 during the period of study. The mass of Cl in the James tidal fresh segment varied by >20-fold
277 from seasonal minimum values during high discharge (~7 mg L⁻¹) to peak values (>100 mg L⁻¹)
278 during summer base flow (Figure 3). These seasonal increases in estuarine Cl were most
279 pronounced in summers with low freshwater inputs (e.g., 2012, 2017, 2019). Despite the large
280 seasonal variation, Cl changed relatively slowly within the estuary (median = 0.5 % d⁻¹) as input
281 and output fluxes largely offset. In late summer (August-October), the development of strong Cl

282 gradients across the seaward boundary of the study reach resulted in high rates of Cl gain and
283 loss via tidal exchange. As the lower tidal fresh segment accounts for the bulk of total volume
284 (80%), increases in Cl at the seaward end of the study reach had a large effect on estuarine Cl
285 mass. By volume, the effective tidal exchange derived from the Cl mass balance was equivalent
286 to 7.4% (median) and $14 \pm 1\%$ (mean and SE) of the tidal prism.

287 3.2 Discharge Effects on River and Estuarine C

288 Discharge was a significant factor influencing riverine C concentrations, though the strength of
289 these effects differed among C fractions and among the three tributaries. Increasing discharge
290 was associated with increasing river DOC in the Mattaponi (from 6 to 12 mg L⁻¹) and Pamunkey
291 (from 5 to 9 mg L⁻¹), but had little effect on James River DOC, which was generally low over the
292 range of observed discharge (3-4 mg L⁻¹; Figure 4). Generalized Additive Models incorporating
293 discharge, seasonal and inter-annual variation accounted for 50 to 81% of the variation in river
294 DOC (Table 2). Increasing discharge was associated with large increases of POC in the James
295 River (up to 20 mg L⁻¹). The effects of discharge on river POC were weaker in the Mattaponi
296 and Pamunkey, where concentrations were generally low over the range of discharge (<2 and <4
297 mg L⁻¹, respectively). Increasing discharge was associated with large decreases in DIC of the
298 James River (from 20 to 1 mg L⁻¹). Overall, increasing discharge resulted in higher DOC
299 concentrations in the Pamunkey and Mattaponi Rivers, higher POC concentrations in the James
300 River, and lower DIC concentrations in the James River.

301 Although increases in discharge had a positive effect on riverine DOC and POC, estuarine
302 concentrations were only weakly, and in some cases negatively affected by increasing discharge
303 (Figure 5). In the James, estuarine DOC concentrations were typically higher than riverine
304 values, such that increases in river discharge resulted in a reduction in estuarine DOC. In the
305 Pamunkey and Mattaponi, increasing discharge had little effect on estuarine DOC as estuarine
306 concentrations were similar to river concentrations. Discharge was not a significant predictor of
307 variation in DOC for the Pamunkey and Mattaponi Estuaries (Table 2). Similar findings for
308 POC showed weak seasonal, inter-annual and discharge dependent effects and a low proportion
309 of explained variation for the Pamunkey and Mattaponi Estuaries. In contrast, POC
310 concentrations in the James Estuary were strongly influenced by season, with predicted
311 concentrations rising from 1 to 2 mg L⁻¹ during winter to summer. POC concentrations were

312 negatively related to discharge. Increasing discharge had a significant negative effect on DIC in
313 all three estuaries, which decreased by 5-6 mg L⁻¹ over the observed range of discharge. Overall,
314 these findings show that river discharge had strong negative effects on estuarine DIC, but little
315 influence on estuarine DOC and POC. Significant seasonal variation in POC was observed in
316 the James, but not the Pamunkey or Mattaponi.

317 3.3 Estuarine pCO₂

318 GAM analysis revealed significant seasonal and discharge-dependent variation in estuarine pCO₂
319 (Table 2). The effects of discharge on estuarine pCO₂ differed among the 3 tributaries (Figure
320 6). In the Pamunkey and Mattaponi, there was little effect of discharge, except in the upper
321 quartile of the range, which was associated with rising estuarine pCO₂. In the James, estuarine
322 pCO₂ increased linearly over the lower one-third range of discharge, and thereafter plateaued.
323 The Mattaponi and Pamunkey exhibited large seasonal variations in estuarine pCO₂. Peak
324 summer concentrations (~2600 ppmv) were two-fold higher in comparison to winter minimum
325 values (~1200 ppmv;). A more complex seasonal pattern was observed in the James with bi-
326 model peaks in spring and fall (850 and 1250 ppmv, respectively) bracketing low concentrations
327 in mid-summer. In summer, significantly lower pCO₂ was observed at sites located at the CHLa
328 maximum (JMS75 = 789 ppmv, JMS69 = 644 ppmv) relative to stations in the upper tidal fresh
329 segment (JMS99 = 1007 ppmv) and the most seaward station (JMS56 = 909 ppmv; $p < 0.01$).
330 The two stations located at the CHLa maximum were the only sites to exhibit periodic under-
331 saturation of pCO₂ (Supplemental Figure 4). The low values at these stations were not observed
332 in winter. There was little longitudinal variation in pCO₂ among stations in the Pamunkey and
333 Mattaponi. Overall, annual average concentrations in the Pamunkey (2010 ± 117 ppmv) and
334 Mattaponi (1900 ± 120 ppmv) were more than 2-fold higher relative to the James (784 ± 77
335 ppmv). Higher pCO₂ concentrations in the Pamunkey and Mattaponi estuaries were associated
336 with larger air-water CO₂ fluxes (2.97 ± 0.17 and 2.77 ± 0.17 g C m⁻² d⁻¹, respectively) relative
337 to the James (0.87 ± 0.05 g m⁻² d⁻¹; Figure 7). Strong seasonal patterns were observed in the
338 Pamunkey and Mattaponi with monthly average fluxes ranging from 1-2 g m⁻² d⁻¹ in winter to 3-
339 4 g m⁻² d⁻¹ in summer, whereas fluxes from the James were similar year-round (~1 g m⁻² d⁻¹).

340 3.4 C Fluxes & Retention

341 C fluxes into and out of the James Estuary varied seasonally (Figure 8). DOC inputs followed
342 expected seasonal patterns with peak values during months with elevated discharge (January-
343 May) and minimum values during predominantly low discharge in July-November. Seasonal
344 variation in DOC inputs was closely matched by export fluxes. Net tidal fluxes were negligible
345 by comparison owing to small differences in concentration across the segment boundary.
346 Monthly DOC retention was generally negative, indicating net export of DOC. On an annual
347 basis, the DOC balance was $-0.10 \pm 0.02 \text{ g m}^{-2} \text{ d}^{-1}$, with export exceeding inputs by $11 \pm 5\%$.
348 Riverine inputs of POC varied seasonally with highest values in January-May and generally low
349 values in June-December. By contrast, estuarine export of POC was consistently low throughout
350 the year. As a result, POC retention was highest in January-May. Net tidal fluxes were positive
351 indicating a loss of POC with each tidal cycle, but these fluxes were small in comparison to river
352 inputs. On an annual basis, the net retention of POC was $0.59 \pm 0.11 \text{ g m}^{-2} \text{ d}^{-1}$, corresponding to
353 $72 \pm 4\%$ of inputs. DIC input and output fluxes followed a similar pattern as for DOC, with peak
354 values in months with high discharge. Taking into account estuarine export and atmospheric
355 fluxes, the James was a net source of DIC with losses ($4.25 \text{ g m}^{-2} \text{ d}^{-1}$) exceeding inputs (2.82 g
356 $\text{m}^{-2} \text{ d}^{-1}$) by 51%.

357 Our mass balance analysis does not explicitly consider the role of point source inputs in the
358 estuarine C budget. Point sources that discharge to the tidal fresh segment of the James are
359 principally wastewater treatment plants, and some industries associated with the Richmond
360 metro area. The volume of effluent discharged to the James is small (annual average = $15\text{-}21 \text{ m}^3$
361 s^{-1} during 2007-14) in comparison to annual average river discharge ($\sim 225 \text{ m}^3 \text{ s}^{-1}$). But as
362 effluent may contain elevated C concentrations, point sources could potentially contribute an
363 appreciable fraction of C inputs. Point sources typically do not report C concentrations as part of
364 their effluent monitoring, therefore we carried out a 2-year study of DIC, DOC and POC
365 concentrations in effluent from the largest point source (City of Richmond WWTP). Effluent
366 POC concentrations ($1.54 \pm 0.13 \text{ mg L}^{-1}$) were comparable to riverine values, whereas effluent
367 DOC ($13.1 \pm 1.2 \text{ mg L}^{-1}$) and DIC ($22.7 \pm 1.6 \text{ mg L}^{-1}$) were two-fold higher relative to riverine
368 concentrations. These values were extrapolated to all point source inputs to the James as a first
369 approximation of their potential importance to the estuarine C budget. Daily average POC loads
370 from point sources were too small to appreciably affect our estimate of estuarine POC retention.
371 Point source inputs of DOC ($0.21 \text{ g m}^{-2} \text{ d}^{-1}$) and DIC ($0.36 \text{ g m}^{-2} \text{ d}^{-1}$) were equivalent to 23% and

372 12% (respectively) of riverine inputs. Taking into account point source contributions, the mass
373 balance shows that the James tidal fresh segment is a net sink for DOC ($0.12 \text{ g m}^{-2} \text{ d}^{-1}$) and POC
374 ($0.61 \text{ g m}^{-2} \text{ d}^{-1}$) and a net source of DIC ($1.07 \text{ g m}^{-2} \text{ d}^{-1}$). Overall, the James tidal fresh segment
375 was nearly in balance (within 6%) for total C inputs and outputs.

376 Annual average DOC loads to the Pamunkey ($0.67 \pm 0.11 \text{ g m}^{-2} \text{ d}^{-1}$) and Mattaponi (0.89 ± 0.12
377 $\text{g m}^{-2} \text{ d}^{-1}$) were similar to the James ($0.91 \pm 0.12 \text{ g m}^{-2} \text{ d}^{-1}$) on an areal basis. Seasonal variation
378 in DOC inputs followed patterns in discharge with peak values in winter-spring and minimum
379 values in summer-fall (Figure 9). Export fluxes closely matched river inputs on a seasonal basis,
380 and balanced to within 10% on an annual basis. Riverine POC inputs to the Pamunkey and
381 Mattaponi were considerably lower relative to the James. For the James, POC inputs were
382 nearly equal to DOC inputs, whereas for the Pamunkey and Mattaponi, DOC accounted for the
383 bulk of OC inputs (79% and 86%, respectively). Export of POC from the Pamunkey and
384 Mattaponi matched inputs to within 10% on an annual basis.

385 3.5 Estuarine Metabolism

386 Rates of GPP and ER were compared to standing stocks (areal values) of DIC and POC to assess
387 the potential influence of C fixation and remineralization on estuarine C concentrations (Figure
388 10). In the James, GPP and ER followed expected seasonal patterns with peak values ($3.5 - 4.0$
389 $\text{g C m}^{-2} \text{ d}^{-1}$) during June-September and low values ($<1 \text{ g C m}^{-2} \text{ d}^{-1}$) in colder months. GPP and
390 ER tracked closely throughout the year, with ER exceeding GPP in colder months, and being
391 equal, or occasionally smaller (June-July) than GPP in warmer months. C fluxes associated with
392 GPP and ER were small in comparison to ambient concentrations of DIC, which ranged from 30
393 to 40 g m^{-2} . By contrast, POC production via GPP was comparable to ambient concentrations of
394 POC, which ranged from 3 g m^{-2} in colder months to 6 g m^{-2} in warmer months. Metabolism of
395 the Pamunkey Estuary was lower and more heterotrophic in comparison to the James. ER varied
396 seasonally from 0.5 to $1.8 \text{ g C m}^{-2} \text{ d}^{-1}$, whereas GPP was persistently low throughout the year ($<$
397 $0.5 \text{ g C m}^{-2} \text{ d}^{-1}$). Standing stocks of DIC were large by comparison, ranging from 10 to 40 g m^{-2} .
398 GPP was small in comparison to standing stocks of POC (3 to 5 g m^{-2}).

399 **4.0 Discussion**

400 4.1 Riverine C Inputs & Estuarine Concentrations

401 An analysis of C dynamics in the upper portions of the James, Mattaponi and Pamunkey
402 estuaries revealed differences in dominant forms of C and variable responses to changes in river
403 discharge. The James was dominated by products of mineral weathering as DIC accounted for
404 73% of total C with smaller contributions from DOC (20%) and POC (7%). By contrast, organic
405 forms accounted for a larger fraction (49%) of total C in the Pamunkey and Mattaponi. These
406 differences are attributed to variable contributions from local (Coastal Plain) vs. upland
407 (Mountain and Piedmont) runoff. The James Estuary receives inputs from a large catchment
408 with the bulk of runoff (90%) derived from above the Fall Line. By contrast, the Pamunkey and
409 Mattaponi Estuaries receive a greater proportion of their inputs from local tributaries situated
410 within the Coastal Plain. Local floodplains and tidal marshes contribute DOC, while the
411 predominantly sandy soils of the Coastal Plain have low capacity for retaining DOC, and
412 contribute little DIC. Differences in source waters may also account for contrasting response in
413 river and estuarine C to high discharge events. Larger increases in POC were observed during
414 discharge events in the James, relative to the Pamunkey and Mattaponi. Prior studies
415 documented higher sediment yields from Mountain and Piedmont regions in comparison to the
416 Coastal Plain (Gellis et al. 2009). In the James River, changes in C concentrations with
417 increasing discharge were asynchronous as DIC was negatively related to discharge, whereas
418 POC showed a positive relationship. These findings suggest that DIC export from the watershed
419 is limited by weathering rates (source limited) whereas POC export is transport limited (Wymore
420 et al. 2021). For DIC, this resulted in a dilution response in both the river and estuary, whereas
421 high discharge resulted in a flushing response (enrichment) of POC in the river and estuary.
422 Dilution of estuarine DIC during high discharge was also reported in the nearby Delaware
423 Estuary and linked to reductions in acid neutralizing capacity and greater sensitivity to
424 acidification (Joeseff et al. 2017). For DOC, a strong flushing response was observed in the
425 Pamunkey and Mattaponi Rivers, but not the James. Higher DOC concentrations following
426 storm events has been attributed to greater leaching from soils due to higher water elevation and
427 soil inundation (Zarnetske et al. 2018; Patrick et al. 2020). The extensive wetlands and
428 floodplains along the Mattaponi and Pamunkey likely serve as source areas for DOC. Prior work
429 showed that differences in source waters played a role in determining underwater light
430 conditions in these estuaries, as light attenuation in the James was strongly regulated by
431 suspended particulate matter, whereas dissolved organic matter had a greater role in attenuating

432 light in the Pamunkey and Mattaponi estuaries (Henderson and Bukaveckas 2021). Overall, our
433 findings showed strong concentration-discharge relationships in riverine waters, whereas
434 estuarine responses were weaker and more variable. Inter-estuarine differences in C forms and
435 response to discharge were linked to differences in the physiographic setting of the estuarine
436 catchments.

437 4.2 C Mass Balance

438 The tidal freshwater segment of the James Estuary was a net sink for POC and DOC, and a net
439 source of DIC. On an annual basis, external organic matter inputs were attenuated by 28% (± 3)
440 within the tidal fresh segment. The mass balance indicates that a high proportion (72%) of POC
441 inputs were retained in the tidal fresh segment and that retention of POC accounted for the bulk
442 (84%) of organic matter retention. Amann et al. (2012) similarly documented high retention of
443 POC in tidal freshwaters of the River Elbe. The transition from fluvial to tidal conditions favors
444 the settling of suspended particulate matter, which contained ~10-20% organic matter
445 (Bukaveckas et al. 2019). Peak retention occurred during periods of elevated discharge when
446 inputs of particulate matter to the estuary were highest. Our findings do not support the view
447 that inland waters function primarily as transport systems (“pipes”) during periods of elevated
448 discharge (Zarnetske et al. 2018) as the bulk of organic matter retention occurred during high
449 flows in winter, and was associated with the retention of particulates. High retention of
450 particulate C is consistent with prior results showing that peak retention of N and P occurred
451 during colder months with elevated river discharge (Bukaveckas and Isenberg 2013). Retention
452 of dissolved N and P was highest during low discharge in summer, but this accounted for a
453 relatively small proportion of total N and P retention on an annual basis. For C, as for N and P,
454 the mass of particulate matter delivered to the estuary during high discharge appears to be the
455 most important determinant of the amount retained within the estuary. The counter-intuitive
456 finding that peak retention occurs during periods of high transport (when “pipe” conditions
457 might prevail) is based on a consideration of the fate of both dissolved and particulate organic
458 matter, as the former largely passes through, while the latter is highly retained. The retention of
459 particulate matter reflects the underlying hydrodynamics of estuaries, and lakes, where the rapid
460 dissipation of fluvial forces promotes high retention of particulate matter during periods of
461 elevated discharge.

462 For the James, atmospheric losses were a small component of the C budget, equivalent to 18% of
463 riverine total C inputs and 15% of total C export. Volta et al. (2016) similarly report that CO₂
464 loss via evasion was ~15% of C export from North Sea estuaries. By contrast, CO₂ evasion from
465 the Pamunkey and Mattaponi was appreciably greater (by 3-fold) relative to the James. Our
466 pCO₂ concentrations for the Pamunkey were similar to those previously reported by Raymond et
467 al. (2000), whereas our air-water flux values were higher (~3 g C m⁻² d⁻¹ vs. ~0.7 g C m⁻² d⁻¹).
468 Comparisons of CO₂ fluxes are complicated by uncertainty regarding atmospheric exchange
469 (Raymond and Cole 2001; Borges et al. 2004; Raymond et al. 2017; Ward et al. 2017).
470 Raymond et al. (2000) used what they considered a conservative exchange coefficient (1.1 m d⁻¹
471 ¹). More recent studies have adopted higher exchange coefficients, particularly for systems
472 where tidal and fluvial forces likely play a greater role in determining boundary layer conditions
473 than are predicted from wind-based models. Wind speeds are low in the upper segments of these
474 estuaries because the prevailing winds (SSW) are nearly perpendicular to the long axis of the
475 channel, which runs mostly east-west. Turbulence generated by strong tidal forces in shallow
476 channels likely plays a greater role in influencing boundary conditions for gas exchange
477 (Raymond and Cole 2001; Borges et al. 2004). These conditions support the use of higher
478 exchange coefficients than would be derived from wind speed alone.

479 Tidal fluxes were not a large component of the mass balance for any of the C fractions.
480 Although the volume of water exchanged during a tidal cycle was large (tidal prism = 28% of
481 estuarine volume), the elongate shape of the estuary dictates that water leaving on an out-going
482 tide returns on the subsequent in-coming tide. Results from the Cl mass balance suggest that the
483 net tidal exchange was ~7% of the tidal prism, equivalent to 2% of estuarine volume. In
484 addition, weak C gradients across the lower boundary of the study reach indicate that tidal inputs
485 and outputs largely offset.

486 4.3 Metabolism & Carbon

487 Mass balance and metabolism data provide independent evidence that these estuaries are net
488 heterotrophic. The mass balance indicates that on an annual basis the James Estuary is a sink for
489 organic C and a source of inorganic C. This finding is consistent with the metabolism results
490 showing that ecosystem respiration exceeds GPP. Greater heterotrophy was observed in the
491 Pamunkey where respiration rates were comparable to the James, but GPP was substantially

492 lower. This finding was consistent with the observed higher CO₂ concentrations and efflux. The
493 evasion of CO₂ from the Pamunkey and Mattaponi was large (3x) in comparison to riverine
494 inputs of DOC and POC, whereas CO₂ loss from the James was ~50% of riverine OM inputs.
495 Greater heterotrophy of the former is attributed to differences in hydrogeomorphology and forms
496 of primary production. Higher chlorophyll-a values in the James indicate greater phytoplankton
497 contributions to GPP, which brings the tidal fresh segment more closely in balance with respect
498 to production and respiration. The Pamunkey and Mattaponi have low chlorophyll-a by
499 comparison (Bukaveckas et al. 2020) but extensive lateral floodplains and emergent marshes
500 (Hupp et al. 2009; Noe and Hupp 2009; Lake et al. 2013). Decomposition of terrestrial organic
501 matter during floodplain inundation may account for the high CO₂ concentrations and air-water
502 fluxes during high discharge conditions. Van Dam et al. (2018) similarly reported that high CO₂
503 losses during flooding events accounted for 30-40% of annual emissions from North Carolina
504 estuaries. An accounting of changes in floodplain C stores before and after inundation events is
505 needed to better understand their role in supporting respiration in these systems. Organic matter
506 inputs following senescence of emergent vegetation may also contribute to higher rates of
507 respiration and CO₂ evasion. Emergent plant production would not be captured in the diel
508 dissolved-O₂ based estimates of ecosystem GPP, which may over-estimate heterotrophy in this
509 system. Overall, C mass balance and ecosystem metabolism data show that the upper segments
510 of these estuaries are net heterotrophic. This finding is consistent with a meta-analysis of
511 metabolism data showing that estuaries are generally net heterotrophic (Hoellein et al. 2013), but
512 contrasts with recent work by Brodeur et al. (2019) showing that the Susquehanna River and
513 mainstem Chesapeake Bay are a net sink for DIC, and therefore net autotrophic. In the case of
514 Chesapeake Bay, it may be that much of the terrestrial organic matter (or at least, the POC
515 fraction) is captured in the tributaries, thereby favoring a prevalence of autochthony over
516 allochthony, and GPP in excess of R.

517 Despite the large riverine influence in these upper estuarine segments, internal cycling of C via
518 production and respiration was large in comparison to external forcing via fluvial and tidal
519 exchange (Figure 11). In summer, remineralization of C via respiration was almost 2-fold
520 greater in comparison to external DIC inputs. In winter, the balance tipped strongly in favor of
521 external inputs as riverine DIC contributions were 3-fold greater than internal production via
522 respiration. Internal production of POC via GPP was an order of magnitude higher than external

523 inputs of POC in summer. In winter, GPP contributions were approximately equal to external
524 inputs of POC. Based on GPP, the estimated turnover time of the POC pool was 1.5 d in
525 summer. Taking into account that 60% of POC in the James is algal (Wood et al. 2016), the
526 estimated phytoplankton turnover time was 0.9 d. The high rates of internal biological
527 processing relative to through-puts of C places the James toward the lake-end, rather than the
528 stream-river end, on the metabolism and residence time spectrum (Hotchkiss et al. 2018). This is
529 likely a consequence of tidal conditions, which allow for longer water residence time compared
530 to non-tidal rivers. Proximal nutrient inputs (from riverine and point sources) and poor water
531 clarity (due to suspended sediments), likely also contribute to the dominance of phytoplankton
532 over aquatic plants in this system. If recent increases in water clarity continue (Henderson and
533 Bukaveckas 2021), we would expect a shift toward macrophyte dominance, lower GPP:ER, and
534 a diminished influence of internal C cycling.

535 The tidal fresh segment of the James has moderately low DIC and high GPP, which raises the
536 question whether primary production is limited by the availability of inorganic C. Our data show
537 that daily autotrophic C demand is small (~10%) relative to the available DIC pool. In summer,
538 DIC requirements to sustain GPP exceed the rate of external supply via river inputs, but
539 remineralization of C via respiration is approximately equal to GPP, indicating that internal
540 cycling is sufficiently large to preclude C limitation. However, a case could be made for
541 potential C limitation of photosynthesis due to depletion of pCO₂. The diffusion of CO₂ in water
542 occurs more slowly than in air, potentially resulting in depletion during periods of high
543 autotrophic demand. In the James, low CO₂, with occasional under-saturation, was observed in
544 summer at stations corresponding to the CHLa maximum. Other studies in riverine settings have
545 shown that phytoplankton can reduce CO₂ to near or below atmospheric equilibrium (Raymond
546 et al. 1997; Crawford et al. 2017). As CO₂ is energetically favored for carbon fixation, depletion
547 of CO₂ may reduce production efficiency and alter community structure by favoring taxa capable
548 of using bicarbonates. A number of prior studies have linked primary production and pCO₂
549 (Jansson et al. 2012; Low-Decarie et al. 2015; Hasler et al. 2016). Our CO₂ data were collected
550 mid-morning, closer to the diel maximum than the afternoon minimum (Crosswell et al. 2017;
551 Reiman and Xu 2019), thereby potentially under-estimating CO₂ depletion. The possibility that
552 phytoplankton-driven CO₂ depletion in the James may affect production and community

553 composition cannot be discounted, though this effect appears limited to mid-summer and stations
554 located at the CHLa maximum.

555 4.4 C Sources & Consumer Energetics

556 Lastly, I consider the utility of our C mass balance for understanding trophic energetics of the
557 James food web, particularly with respect to autochthony and allochthony. Combining mass
558 balance, ecosystem metabolism and bioenergetics is a potentially powerful approach to
559 advancing our understanding of C cycles, but there are few examples, often, as in this case, due
560 to a lack of data on consumer production (Ruegg et al. 2021). From a mass flux perspective, a
561 comparison of autochthonous ($GPP = 719 \pm 32 \text{ g C m}^{-2} \text{ y}^{-1}$) and allochthonous ($POC = 298 \pm 56$,
562 $DOC = 340 \pm 44 \text{ g C m}^{-2} \text{ y}^{-1}$) inputs suggests that internal C sources are nearly equal ($54 \pm 4\%$)
563 to external inputs, despite the large riverine influence in the upper estuary. These estimates can
564 be refined to better reflect availability for consumers by discounting GPP by 40% to reflect loss
565 via autotrophic respiration (Ruegg et al. 2021) and taking into account the fraction of POC and
566 DOC that is retained ($28 \pm 3\%$). By this estimate, autochthonous production contributes 70%
567 ($431 \text{ g C m}^{-2} \text{ y}^{-1}$) and allochthonous inputs 30% ($203 \text{ g C m}^{-2} \text{ y}^{-1}$) of C available to consumers.
568 These percentages are based on annualized values though their relative importance varies
569 seasonally with the majority of GPP occurring in May to October, and the bulk of POC delivered
570 in January to May.

571 Comparisons of mass fluxes may not be indicative of C supporting secondary production if
572 consumers preferentially utilize one source over another. A number of studies have suggested
573 that autochthonous sources account for a disproportionately large fraction of C assimilation due
574 to the higher nutritional quality of algae over partially decomposed terrestrial plant matter (Brett
575 et al. 2009; Thorp and Bowes 2017). Stable isotope analysis of the James food web has shown
576 that the dominant metazoans by biomass, which are benthic omnivores (catfish, adult gizzard
577 shad), carry a predominantly terrestrial C signature, whereas zooplankton and planktivorous fish
578 (juvenile gizzard shad and threadfin shad) were dependent on autochthonous C sources (Wood et
579 al. 2016). These patterns were consistent with analysis of basal resources showing that the
580 sediments in the estuary were largely (90%) comprised of terrestrial C, whereas seston contained
581 a greater fraction of autochthonous C (60% in summer).

582 The lack of secondary production data does not allow us to align C supply from autochthonous
583 and allochthonous sources with C demands of consumers. However, the rate of biomass removal
584 for one of the dominant metazoans (catfish) can be used as a first approximation of their annual
585 production. Catfish were introduced to the James during the 1970's and 1980's and now
586 dominate the fishery (Fabrizio et al. 2018), which has led to questions about their influence on
587 food webs and ecosystem processes (Greenlee and Lim 2011; Hilling et al. 2019; Schmitt et al.
588 2019). The biomass of catfish removed from the James represents a conservative estimate of
589 their annual production in that current harvest rates have not brought about declines in the catfish
590 population, indicating that annual production exceeds the amount of biomass removed (Orth et
591 al. 2017). During 2010-2020, the commercial harvest of catfish in the tidal James averaged
592 1,000,000 lbs y^{-1} (data provided by Virginia Marine Resources Commission), which taking into
593 account the area of the fresh-brackish estuary, yields a harvest rate of $8.6 \text{ kg ha}^{-1} \text{ y}^{-1}$. In addition
594 to the commercial harvest, piscivorous birds are an important component of biomass removal.
595 Here we focus on predation by bald eagles and osprey as there are census data during the
596 breeding season (from areal surveys) and estimates of catfish contributions to adult and nestling
597 diets (from direct observations and stable isotopes; Garman et al. 2010). Based on census data
598 and bioenergetics modeling, fish consumption by bald eagles and osprey was estimated at 0.6 kg
599 $\text{ha}^{-1} \text{ d}^{-1}$ for the James tidal fresh segment. Taking into account the contribution of catfish to the
600 diet of bald eagles and osprey ($\sim 35\%$) yields an estimate of catfish biomass removal of 77 kg ha^{-1}
601 y^{-1} , which is ~ 9 -fold higher than for commercial fisheries. With further corrections for the
602 moisture content (75%; Cresson et al. 2017) and C content of fish tissues (45%; Tanner et al.
603 2000), the total catfish removal by birds and commercial fishing is $0.96 \text{ g C m}^{-2} \text{ y}^{-1}$. Their
604 trophic position in the James (trophic level = 3.1; Orth et al. 2017) suggests a production
605 efficiency of $\sim 1\%$ (Ruegg et al. 2021), which yields an estimated C demand to maintain this
606 level of production/harvest of $96 \text{ g C m}^{-2} \text{ y}^{-1}$. The C demand for this introduced species
607 corresponds to 15% of C available to consumers from allochthonous and autochthonous sources.
608 Stable isotope data indicate that catfish in the James tidal fresh obtain 9% of their C from
609 autochthonous sources and 81% from allochthonous sources (Wood et al. 2016). Applying these
610 values suggests that 2% of GPP and 41% of allochthonous inputs are required to sustain current
611 levels of catfish biomass removal from the James tidal fresh. The high rate of utilization for
612 allochthonous inputs is consistent with our prior finding that consumer-mediated recycling is an

613 important component of nutrient supply, and may account for the lack of response in primary
614 production to large reductions in point source nutrient inputs (Wood et al. 2014).

615 4.5 Summary

616 This paper provides an accounting of C fluxes at the river-estuarine transition for three tributaries
617 of Chesapeake over a span of years and discharge conditions. The findings show that the
618 relative importance of external (river inputs & tidal exchange) vs. internal (metabolism) drivers
619 differed among the three estuaries based on their physiographic setting and forms of primary
620 production. Estuarine C forms were influenced by variable contributions from upland (DIC-rich,
621 POC-rich) and lowland (DOC-rich) sources. Peak organic matter retention was associated with
622 trapping of POC during high discharge conditions. Tidal exchange was not an important
623 component of the C budget, whereas biological transformations via production and respiration
624 were large in the phytoplankton-dominated James Estuary. Contrary to expectations,
625 autochthonous sources accounted for the bulk of organic matter inputs despite the large riverine
626 influence on the upper estuary. Commercial harvest data and previously derived estimates of
627 piscivory by birds provided a basis for estimating consumer C demand, albeit for a single
628 dominant species, and at a coarse (annualized) scale. Further progress in aligning C flows to
629 food web energetics depends on the availability of production data for a greater range of
630 consumers and at shorter time intervals. Bringing together C mass balance, ecosystem
631 metabolism and consumer production data would enable a potentially powerful approach for
632 advancing our understanding of how the timing and sources of C inputs constrain trophic
633 energetics.

634

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642 ability to turn numbers into interesting stories.

643 Data availability

644 Data can be accessed upon request to the corresponding author.

645 Competing interests

646 The author declares that there is no conflict of interest.

647

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- 921

922 Table 1. Data collection sites for this study include USGS Fall Line gauging stations (Q denotes
 923 discharge), estuarine sampling sites and an ungauged Coastal Plain tributary of the James
 924 (Kimages Creek). Station numbers denote distance in river miles from the confluence with
 925 Chesapeake Bay (James) or the York (Pamunkey and Mattaponi). Observations denote the
 926 number of sampling dates for water chemistry within the specified time span.

Tributary	Segment	Stations	Parameters	Years	Observations	Source
James	River	JMS110	Q, DOC, POC	2010-19	197	USGS (02037500)
		JMS110	Cl, DIC, pCO ₂	2012-19	189	This Study
	Estuary	JMS99,75,69,56	Cl, DOC, POC, DIC, pCO ₂	2015-19	105	This Study
	Ungauged	Kimages Creek	Cl, DOC, POC, DIC, pCO ₂	2012-19	211	This Study
Pamunkey	River	PMK82	Q, DOC, POC	2010-19	202	USGS (01673000)
	Estuary	PMK50,39,6	DOC, POC, DIC, pCO ₂	2017-19	60	This Study
Mattaponi	River	MPN54	Q, DOC, POC	2010-19	203	USGS (01674500)
	Estuary	MPN36,29,4	DOC, POC, DIC, pCO ₂	2017-19	60	This Study

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929 Table 2. GAM analysis of seasonal (day of year; DOY), inter-annual (date) and discharge
 930 dependent variation in river, tributary and estuarine DOC, POC, DIC, pCO₂ and Cl. Data are for
 931 riverine and upper estuarine segments of the James, Mattaponi and Pamunkey as well as a local
 932 (below Fall Line) tributary (Kimages Creek). Statistics include the adjusted R², root mean
 933 square error (RMSE as mg L⁻¹, except pCO₂ = ppmv), and significance of s values with their
 934 effective degrees of freedom (** denotes p < 0.001; * p < 0.05).

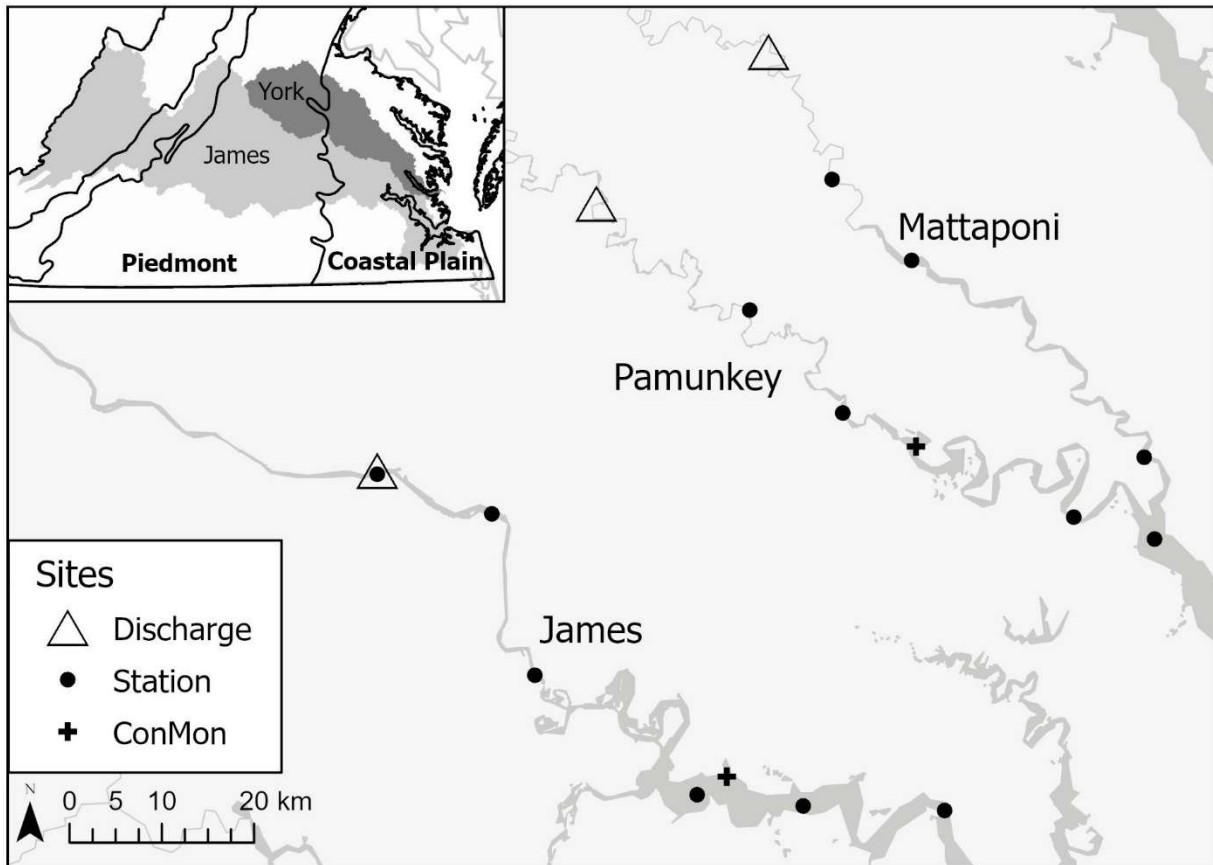
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Model	Fraction	Site	Adj R ²	RMSE	s(DOY)	s(date)	s(discharge)
River	DOC	James	0.50	0.82	3.42**	8.52**	3.00**
		Mattaponi	0.81	1.00	5.66**	8.93**	5.43**
		Pamunkey	0.67	1.06	4.64**	8.61**	5.54**
	POC	James	0.76	1.74	3.67**	7.89**	8.20**
		Mattaponi	0.38	0.61	3.99**	6.34	6.25**
		Pamunkey	0.51	1.08	2.39**	8.95**	7.79**
	DIC	James	0.44	4.19	2.42**	7.89**	8.20**
	pCO ₂	James	0.67	149	3.37**	6.43**	3.59**
	Cl	James	0.48	4.36	7.23**	8.30**	6.73**
Tributary	DOC	Kimages	0.33	3.22	4.70**	8.26**	NA
	POC	Kimages	0.24	0.57	4.61**	7.63**	NA
	DIC	Kimages	0.19	3.00	0.41	8.26**	NA
	Cl	Kimages	0.23	8.63	6.46**	6.48**	NA
Estuary	DOC	James	0.13	3.44	4.29	1.96	1.91*
		Mattaponi	0.27	2.37	5.65	3.42**	1.00
		Pamunkey	0.27	2.61	5.94*	3.95**	1.00
	POC	James	0.75	0.22	5.77**	2.64**	3.68**
		Mattaponi	0.14	0.53	1.79*	1.00	4.13**
		Pamunkey	0.40	0.30	2.46**	1.27	7.59**
	DIC	James	0.76	1.55	1.27**	4.41**	2.50**
		Mattaponi	0.74	2.05	1.74**	2.27**	1.48**
		Pamunkey	0.68	2.10	1.30*	3.16**	1.00**
	pCO ₂	James	0.40	241	5.84**	3.48	2.38*
		Mattaponi	0.82	367	3.31**	2.65**	4.14**
		Pamunkey	0.81	357	3.81**	2.73**	4.01**
Cl	James	0.46	24.7	6.26**	8.54**	6.97**	

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938 Figure 1. Map showing USGS discharge gauging locations, estuarine sampling sites and
939 continuous dissolved oxygen monitoring locations on the Mattaponi, Pamunkey and James.
940 Inset: James and York watersheds in relation to physiographic provinces.



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Figure 2. Seasonal variation in instantaneous discharge measured at the Fall Line of the James, Mattaponi and Pamunkey Rivers. Here and in subsequent figures, symbols denote median (bar), 25 and 75 %-tiles (box), 5 and 95 %-tiles (whiskers) and outliers (dots).

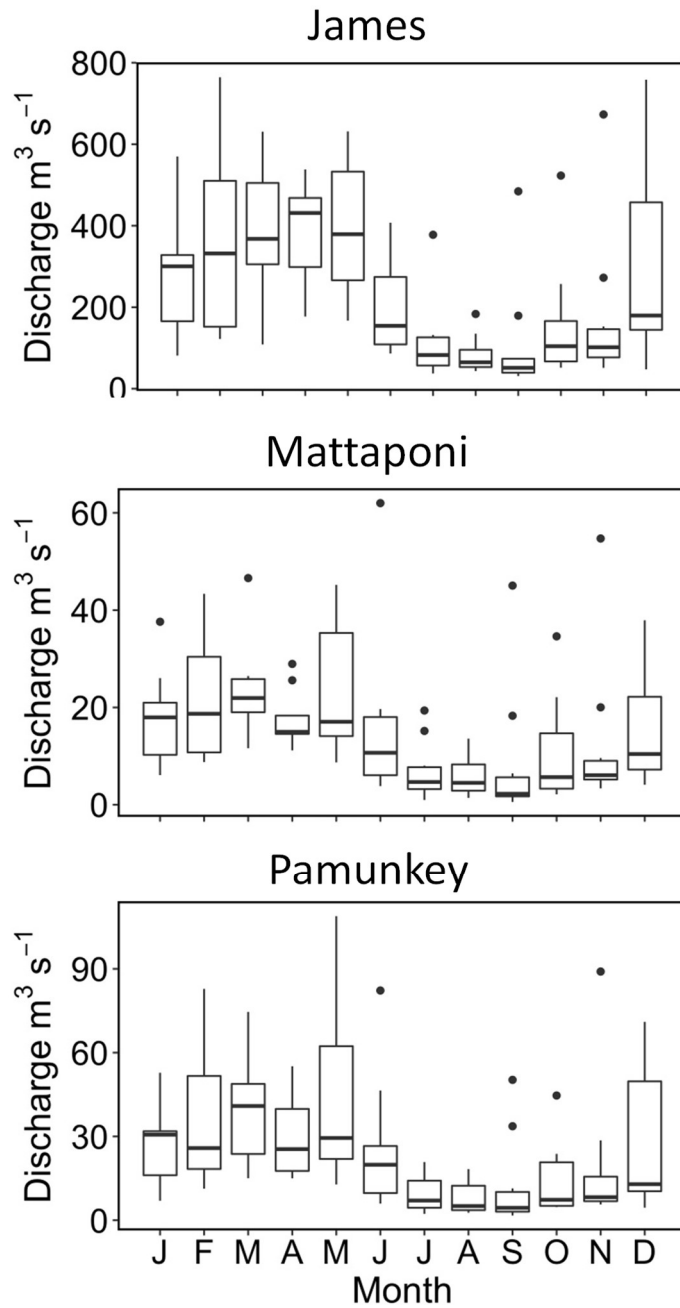


Figure 3. Time series of Cl concentrations in the tidal fresh segment of the James Estuary (upper panel) and Cl fluxes associated with river inputs, estuarine export and net tidal exchange (lower panels).

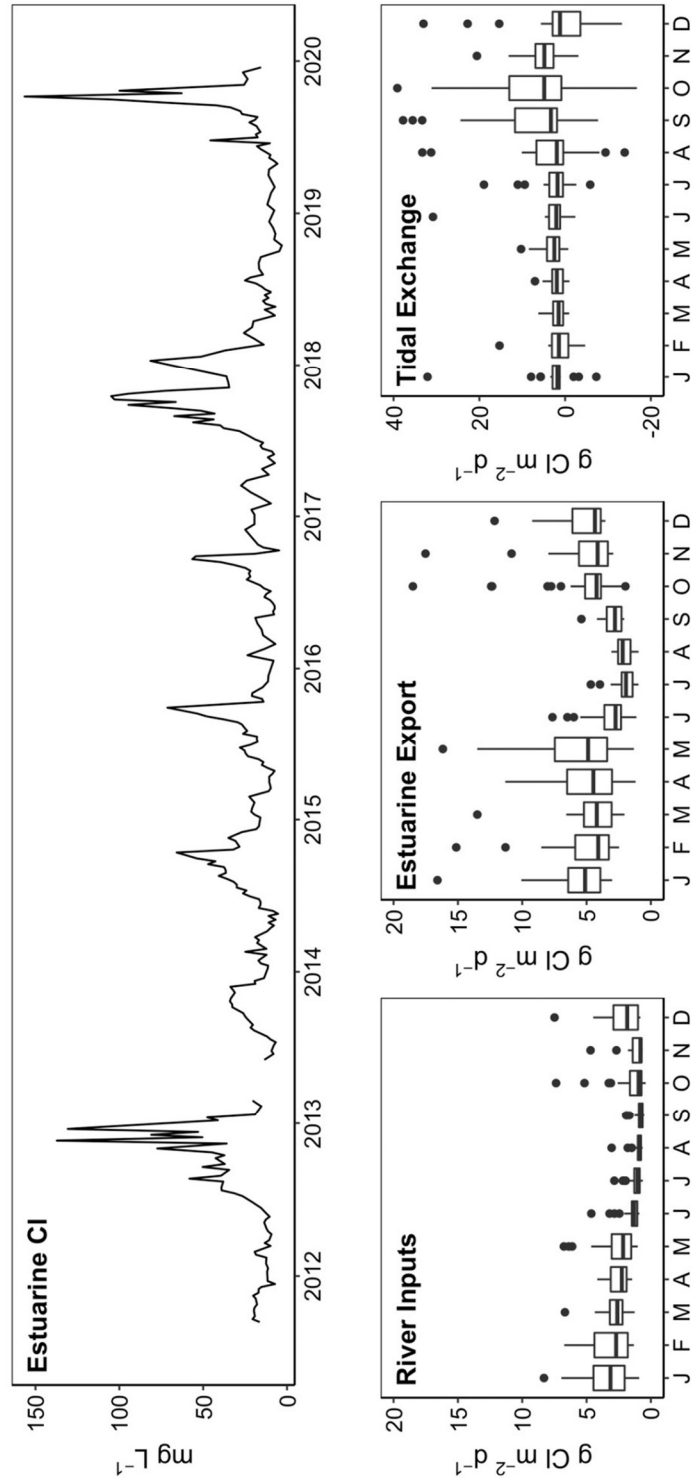


Figure 4. Results from GAM analysis depicting changes in riverine DOC, POC and DIC as a function of discharge (Q) for the James Mattaponi and Pamunkey Rivers.

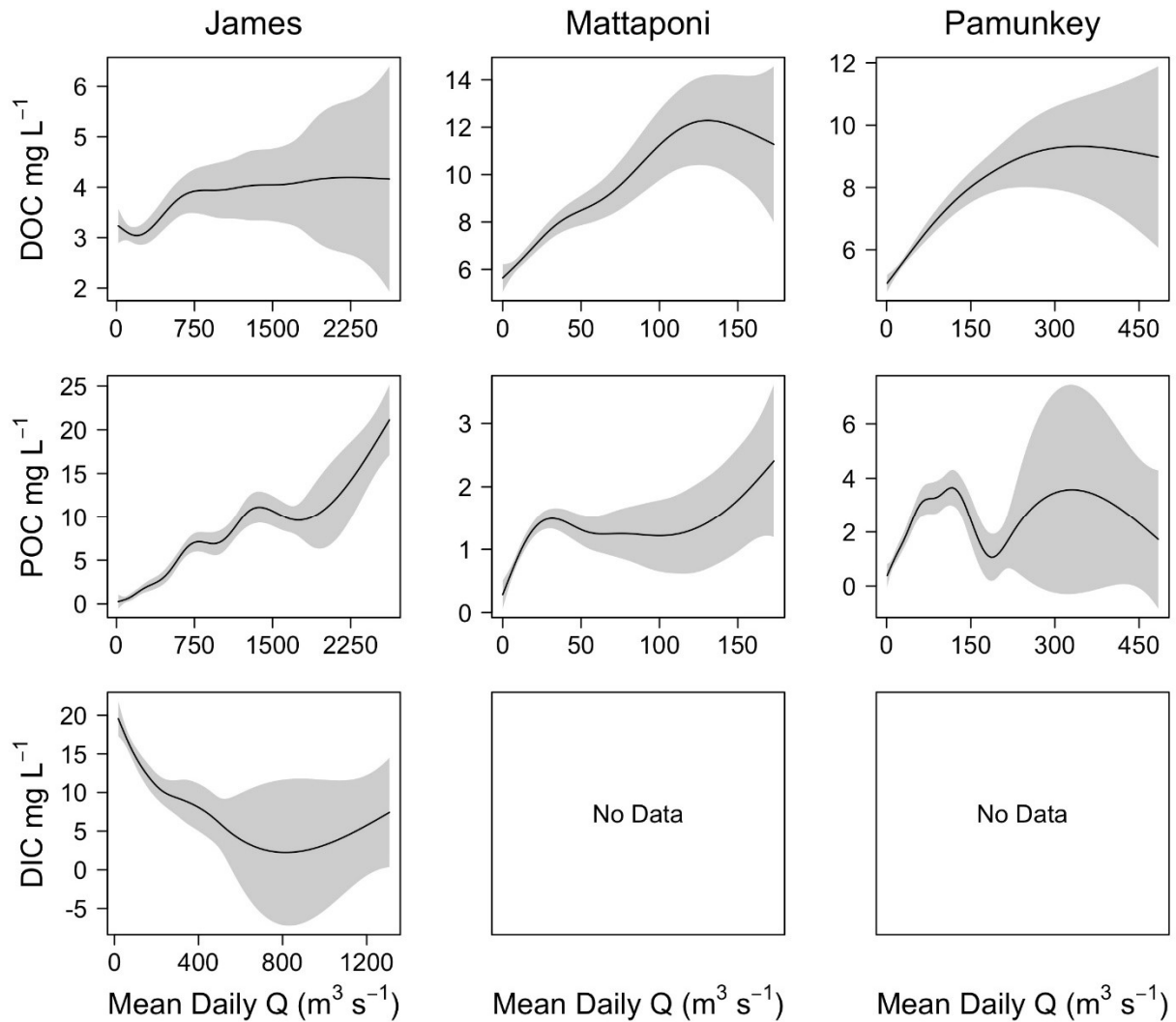


Figure 5. Results from GAM analysis depicting the effects of discharge (Q) on estuarine DOC, POC and DIC for the James Mattaponi and Pamunkey Estuaries. Concentrations are volume-weighted averages among estuarine sampling locations.

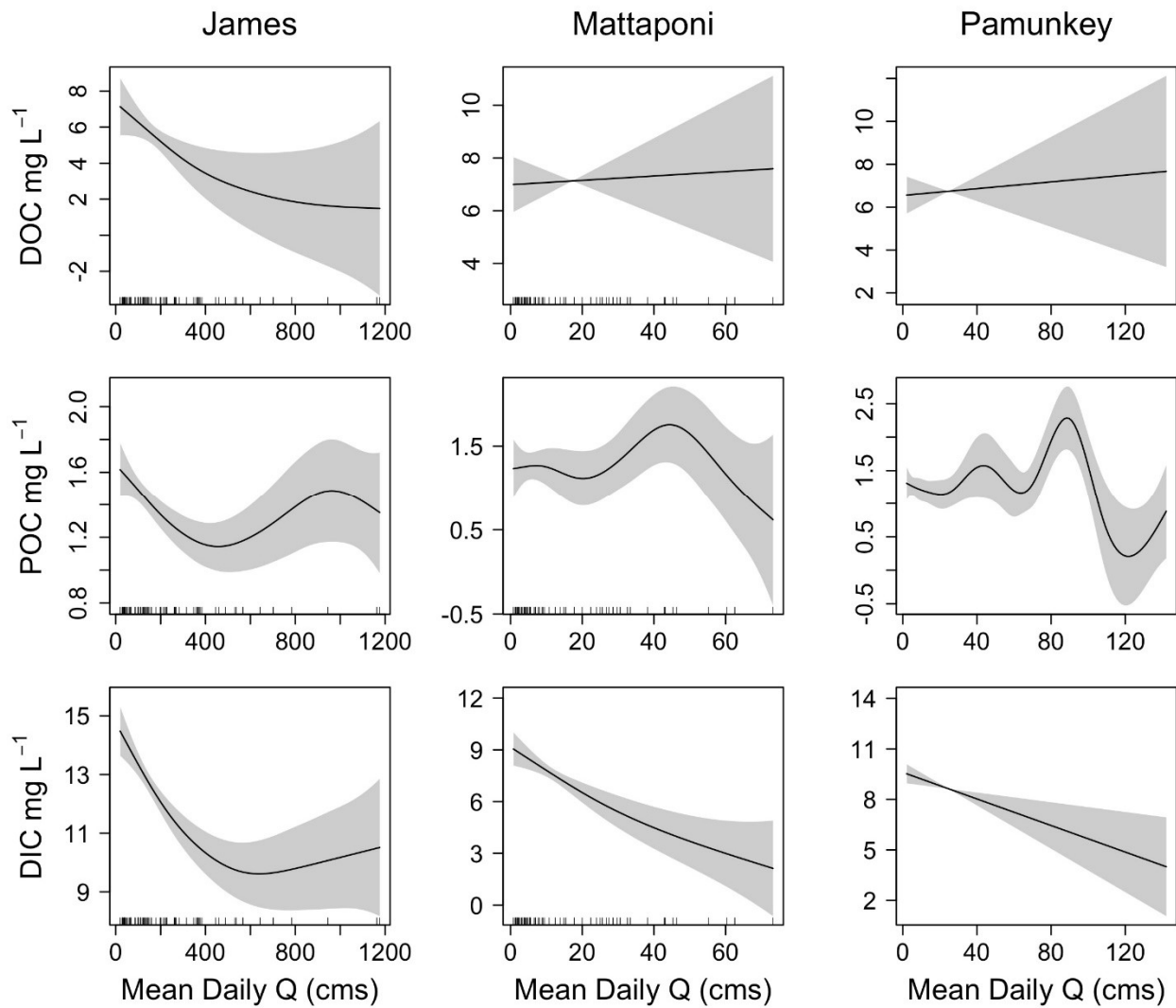


Figure 6. Results from GAM analysis depicting seasonal (day of year; DOY), inter-annual (decimal date) and discharge dependent variation in pCO₂ of the James, Mattaponi and Pamunkey Estuaries. Analyses were based on volume-weighted averages from 3-4 sampling locations in each estuary.

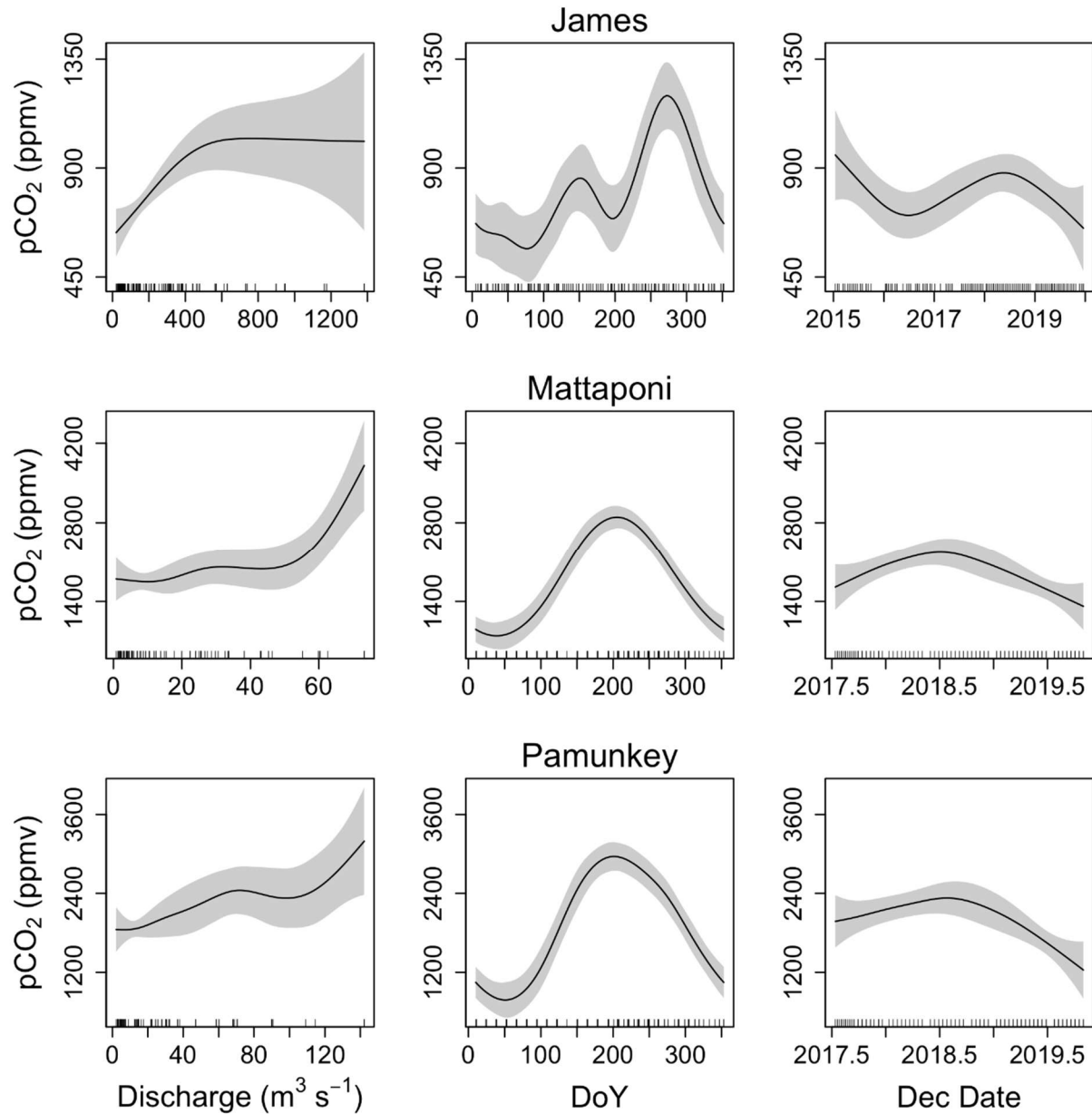


Figure 7. Monthly average values of air-water CO₂ fluxes for the James, Mattaponi and Pamunkey Estuaries. Positive values denote efflux of CO₂ from the estuary.

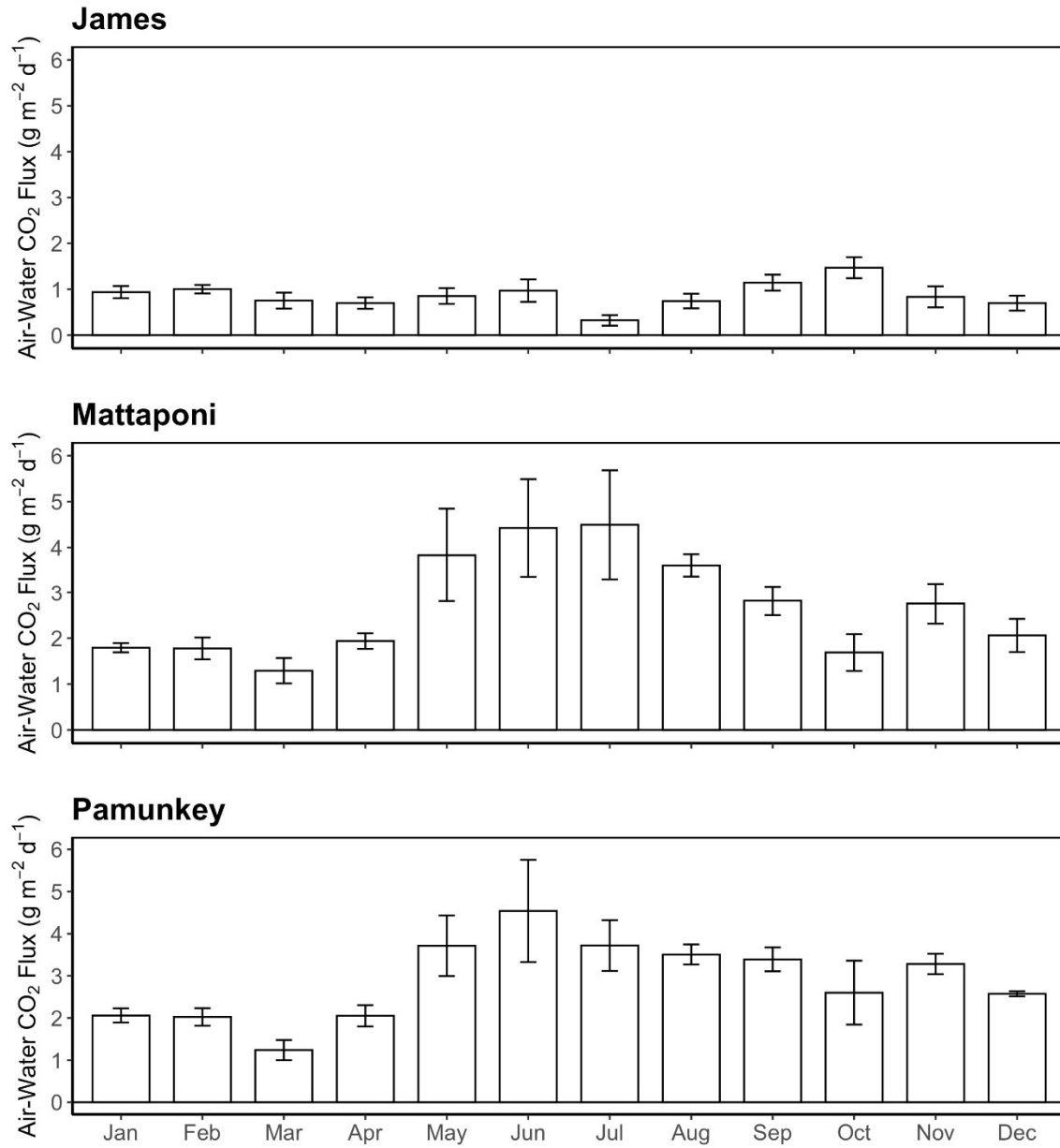


Figure 8. Seasonal variation in DOC, POC and DIC fluxes associated with riverine inputs, estuarine export, tidal exchange and estuarine retention for the tidal freshwater segment of the James Estuary (note differences in y axis scaling). Negative values for estuarine retention denote a net loss. DIC retention estimates take into account atmospheric losses of CO₂.

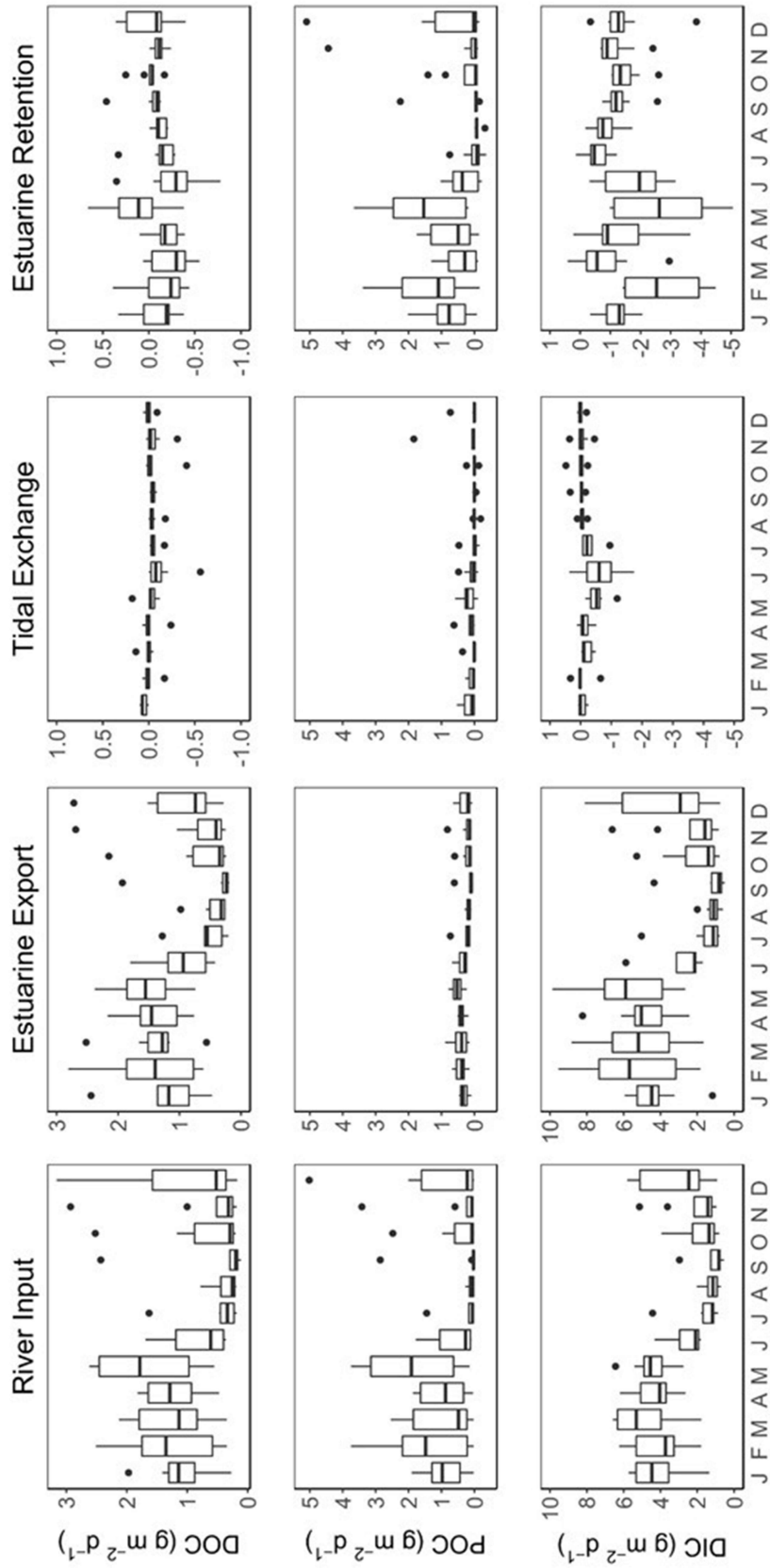


Figure 9. River input and estuarine export fluxes of DOC and POC for the Pamunkey (PMK) and Mattaponi (MPN) estuaries.

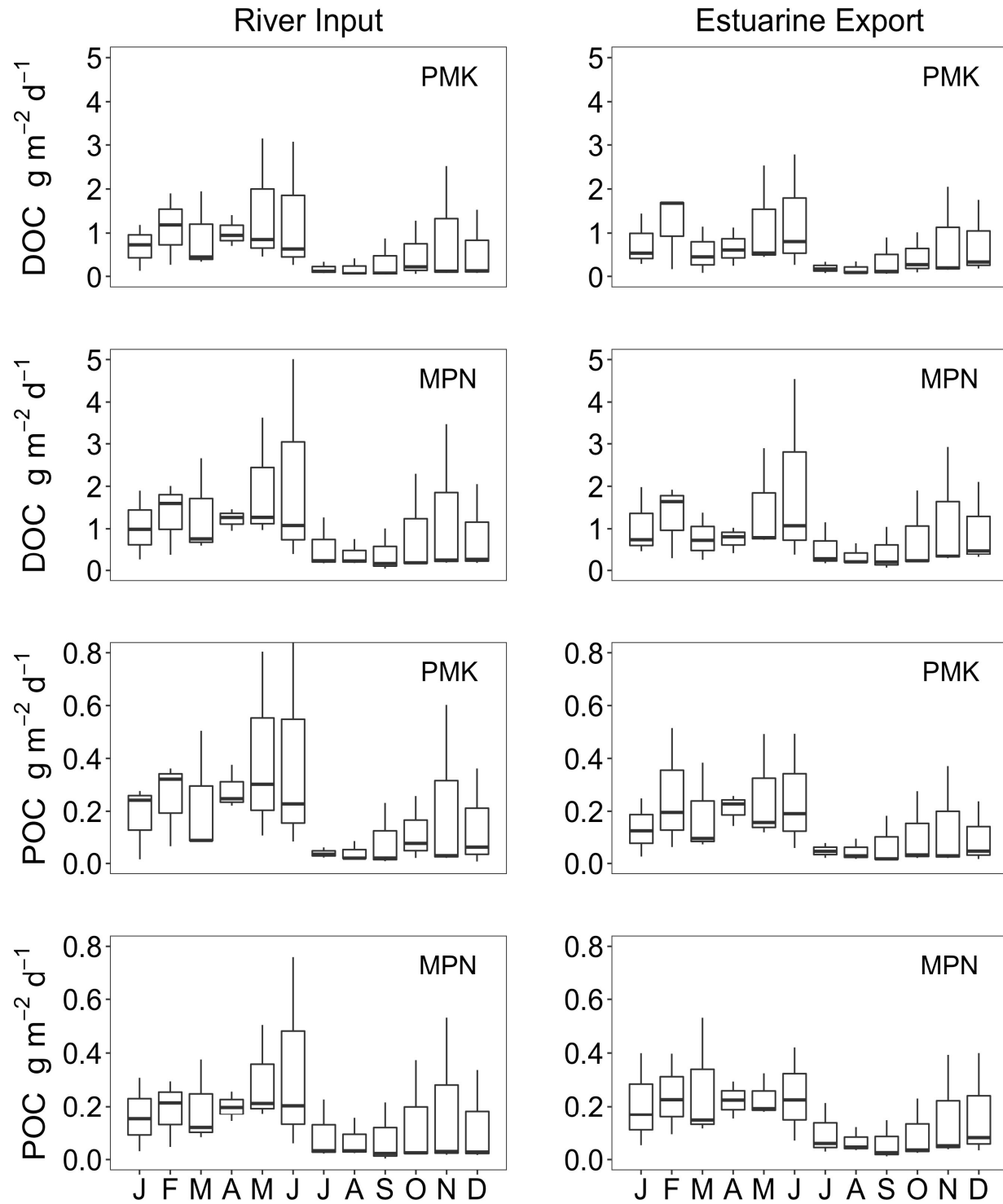
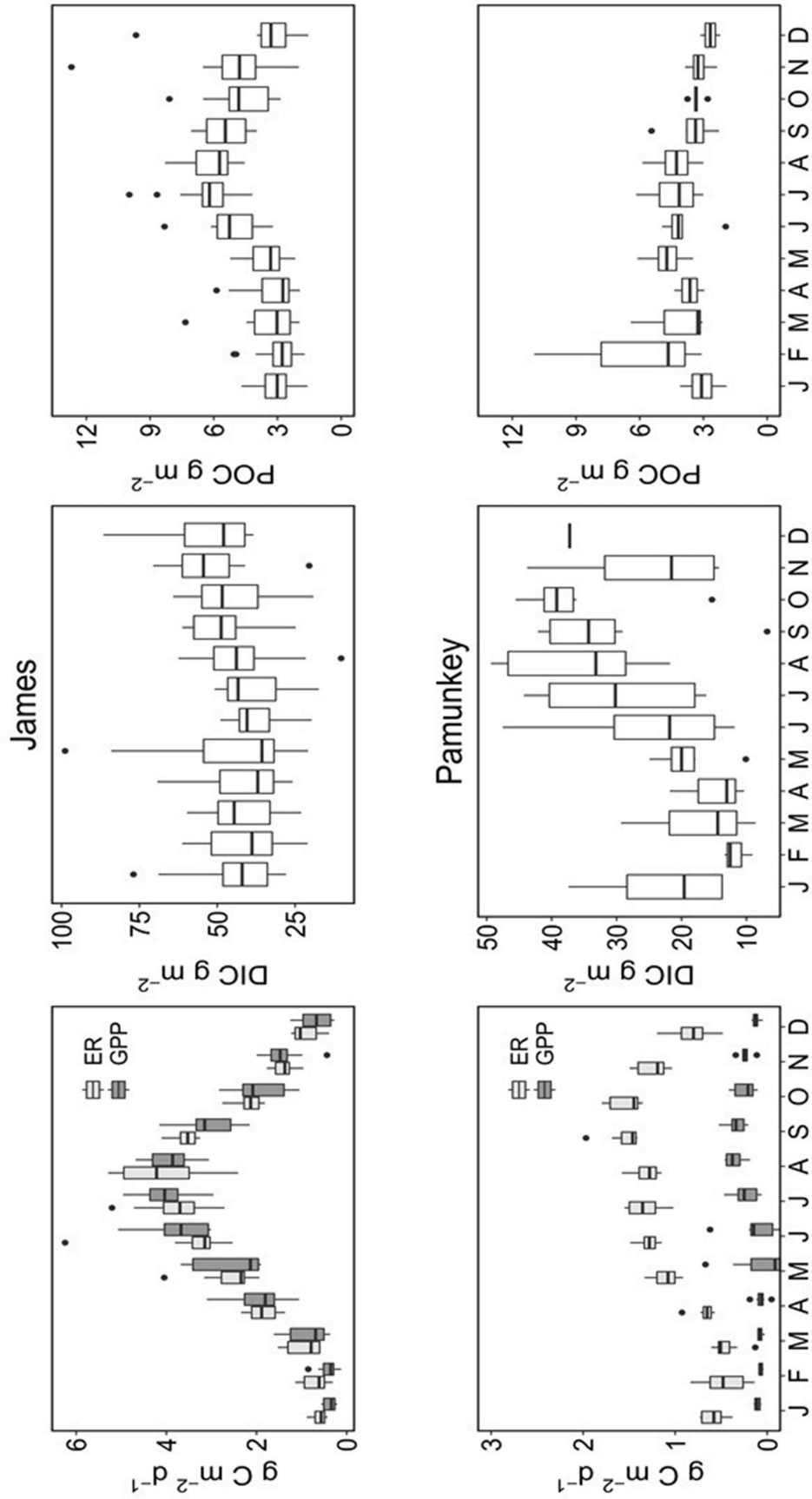


Figure 10. Seasonal variation in ecosystem metabolism (GPP and ER) in comparison to DIC and POC concentrations in the James and Pamunkey estuaries.



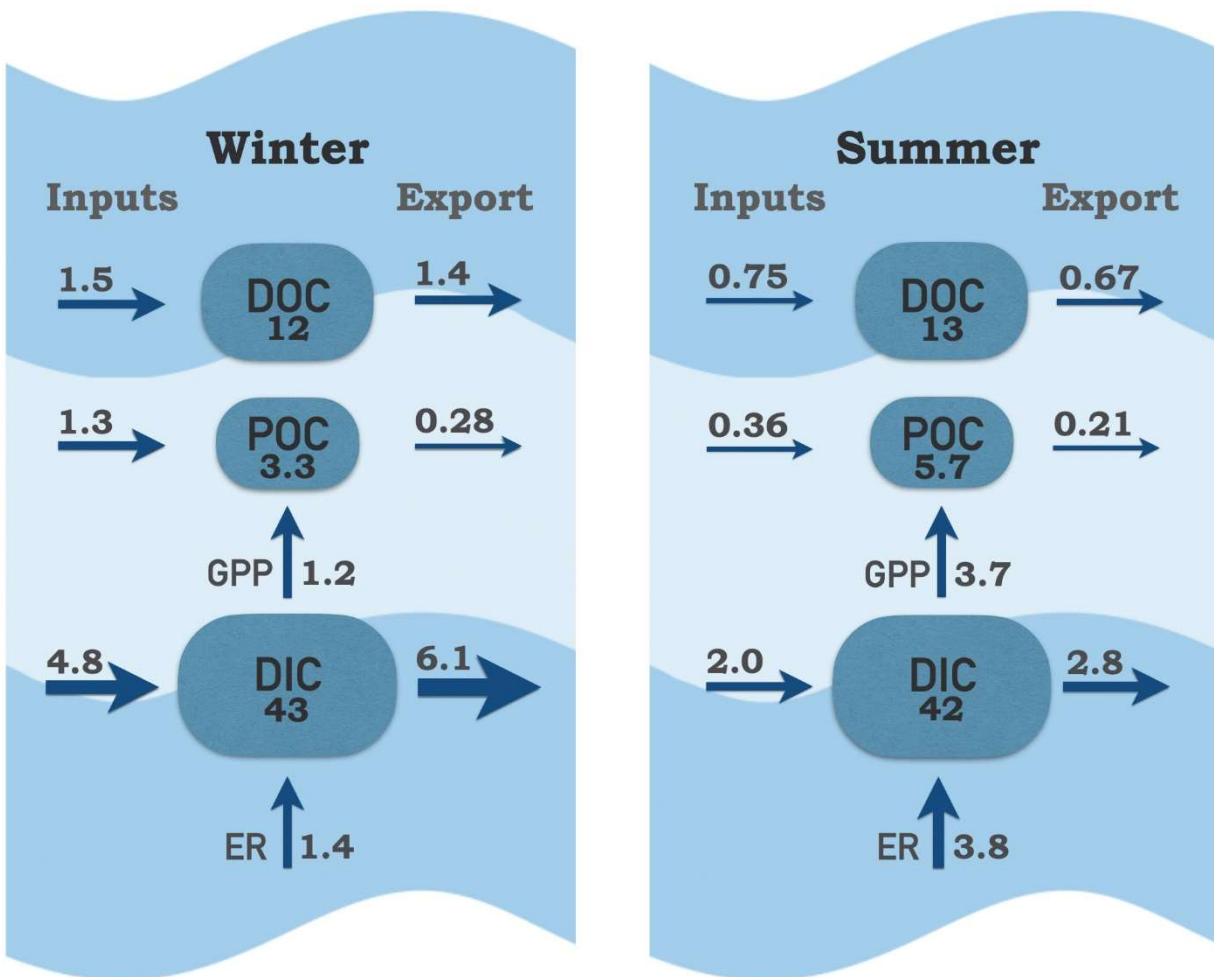


Figure 11. Carbon pools and fluxes within the tidal fresh segment of the James Estuary during winter (Jan-May) and summer (June-Sept). Inputs include riverine, local tributary and point source contributions; exports include tidal exchange and atmospheric losses of CO₂. Carbon pools (boxes) are g C m⁻²; fluxes (arrows) are g C m⁻² d⁻¹.