

1 Carbon dynamics at the river-estuarine transition: a comparison among tributaries  
2 of Chesapeake Bay.

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14

**Abstract**

Sources and transformation of carbon (C) were quantified using mass balance and ecosystem metabolism data for the upper segments of the James, Pamunkey and Mattaponi Estuaries. The goal was to assess the role of external (river inputs & tidal exchange) vs. internal (metabolism) drivers in influencing the forms and fluxes of C. C forms and their response to river discharge differed among the estuaries based on their physiographic setting. The James, which receives the bulk of inputs from upland areas (Piedmont and Mountain), exhibited a higher ratio of inorganic to organic C, and larger inputs of particulate organic C (POC). The Pamunkey and Mattaponi receive a greater proportion of inputs from lowland (Coastal Plain) areas, which were characterized by low dissolved inorganic C (DIC) and POC, and elevated dissolved organic C (DOC). I anticipated that transport processes would dominate during colder months when discharge is elevated and metabolism is low, and that biological processes would predominate in summer, leading to attenuation of C through-puts via de-gassing of CO<sub>2</sub>. Contrary to expectations, highest retention of organic C occurred during periods of high through-put, as elevated discharge resulted in greater loading and retention of POC. In summer, internal cycling of C via production and respiration was large in comparison to external forcing despite the large riverine influence in these upper estuarine segments. The estuaries were found to be net heterotrophic based on retention of organic C, export of DIC, low primary production relative to respiration, and a net flux of CO<sub>2</sub> to the atmosphere. In the James, greater contributions from phytoplankton production resulted in a closer balance between production and respiration, with autochthonous production exceeding allochthonous inputs. Combining the mass balance and metabolism data with bioenergetics provided a basis for estimating the proportion of C inputs utilized by the dominant metazoan. The findings suggest that invasive catfish utilize 15% of total organic C inputs and up to 40% of allochthonous inputs to the James.

Non-technical summary: Inland waters play an important role in the global carbon cycle by storing, transforming and transporting carbon from land to sea. Comparatively little is known about carbon dynamics at the river-estuarine transition. A study of tributaries of Chesapeake Bay showed that biological processes exerted a strong effect on carbon transformations. Peak carbon retention occurred during periods of elevated river discharge and was associated with trapping of particulate matter.

## 45        **1. Introduction**

46        Inland waters occupy a small proportion of surface area but play a disproportionately large role  
47        in landscape-scale C fluxes (Cole et al. 2007; Butman et al. 2016; Tranvik et al. 2018; Holgerson  
48        and Raymond 2016). River networks act as transport systems delivering C products of mineral  
49        weathering (DIC) and plant decomposition (DOC, POC) from the terrestrial realm to the coastal  
50        ocean (Meybeck 2003). Inland waters also function as reactors in which biotic and abiotic  
51        processes act to augment, transform or attenuate C fluxes. Aquatic primary production  
52        supplements terrestrial DOC and POC inputs, and by providing more labile forms of C, may  
53        facilitate the decomposition of older, recalcitrant terrestrial C. Decomposition of aquatic and  
54        terrestrial organic matter returns C to the atmosphere, which, along with C sequestration via  
55        sediment burial, results in the attenuation of C fluxes to the coastal zone (Richey et al. 2002;  
56        Vorosmarty et al. 2003; Middelburg and Herman 2007; Tranvik et al. 2009). Acting against  
57        these processes are fluvial forces that hasten through-puts of C and favor transport over  
58        processing. Along the flowpath from mountains to the sea, aquatic systems differ greatly in their  
59        capacity to attenuate C fluxes depending on factors such as water residence time, ecosystem  
60        metabolism and capacity for sediment accrual. Relatively complete C budgets are relatively rare,  
61        in part due to the effort involved in quantifying C fluxes from various sources (Hanson et al.  
62        2015).

63        Estuaries are potentially important sites for C processing and transport given that they intercept  
64        the bulk of terrestrial runoff to the oceans. They contain complex mixtures of organic matter  
65        originating from diverse sources including terrestrial inputs, estuarine primary production, lateral  
66        inputs (e.g., tidal marshes and floodplain forests), and marine-derived organic matter (Raymond  
67        and Hopkinson 2003; Tzortziou et al. 2008). As a result, estuarine organic matter includes a  
68        complex mixture of compounds that differ in chemical composition and bioavailability. Most of  
69        the organic matter delivered by rivers to estuaries is of terrestrial origin, though recent work  
70        suggests that autochthonous riverine sources may be important during periods of low river flow  
71        (Hosen et al. 2021). The quantity and quality of riverine organic matter is dependent in part on  
72        forms of terrestrial vegetation and the extent to which this material is altered by photochemical  
73        and microbial processes along the flowpath from upland areas through river networks (Raymond  
74        and Bauer 2000; Stedmon et al. 2006; Creed et al. 2015; Zametske et al. 2018; Voss et al. 2020).

75 Historically, terrestrial organic matter inputs were considered largely recalcitrant in part due to  
76 their age and their high C:N ratio, though bioassay experiments and non-conservative mixing  
77 curves indicate that a fraction is labile (e.g., Moran et al. 1999; Wiegner and Seitzinger 2001).  
78 del Giorgio and Pace (2008) showed that the Hudson River Estuary acted as a pipe transporting  
79 terrestrial DOC seaward while also functioning as a reactor whereby bacterial activity  
80 decomposed POC generated via autochthonous production. Raymond and Hopkinson (2003)  
81 showed that estuarine primary production contributes significant quantities of “young” DOC  
82 which fueled the majority of heterotrophic respiration. In the context of assessing estuarine  
83 influences on C transport and retention, comparatively little attention has been focused on  
84 processes occurring at the river-estuarine transition.

85 Tidal freshwaters occur at the transition from riverine to estuarine conditions. They are a  
86 common feature of river-dominated estuaries throughout the world, but have received relatively  
87 little attention for their role in modifying elemental fluxes from land to sea (Hoitink and Jay  
88 2016; Ward et al. 2017; Jones et al. 2020). A key feature of tidal freshwaters is the occurrence of  
89 bi-directional flows associated with incoming and outgoing tides (Jones et al. 2017). The  
90 combination of freshwater and tidal conditions arises because tidal forces propagate inland  
91 beyond the point where mixing of fresh and marine waters occurs. The back and forth of tidal  
92 flows reduces net seaward movement resulting in longer transit time that allows for the  
93 development of plankton communities and the potential for greater biological influence on C  
94 forms and retention. Our prior work in the James Estuary has documented higher rates of  
95 ecosystem metabolism in the tidal freshwater segment relative to adjacent riverine and lower  
96 estuarine segments (Tassone and Bukaveckas 2019; Bukaveckas et al. 2020). High rates of  
97 metabolism and depletion of dissolved inorganic nutrients was associated with the presence of  
98 chlorophyll-a and productivity maxima in the tidal fresh zone (Bukaveckas et al. 2011; Qin and  
99 Shen 2017). Other studies have also documented tidal freshwaters as biogeochemical hotspots  
100 (Vincent et al. 1996; Muylaert et al. 2005; Hoffman et al. 2008; Lionard et al. 2008; Amann et al.  
101 2015; Young et al. 2021; Xu et al. 2021).

102 Long water residence time and high rates of ecosystem metabolism in the tidal fresh zone may  
103 favor the importance of internal processes (production and respiration) over external  
104 (hydrologic) forces in regulating C throughputs. During periods of low river discharge, longer

105 water residence in the estuary allows accrual of phytoplankton biomass and greater  
106 phytoplankton production, which may result in net autotrophy and greater export of organic C  
107 relative to DIC. Alternatively, the production of autochthonous labile C may facilitate  
108 mineralization of allochthonous C inputs (“priming effect”) resulting in CO<sub>2</sub> release and  
109 attenuation of organic and total C exports (Bianchi 2011; Steen et al. 2015; Ward et al. 2016).  
110 During periods of elevated discharge, freshwater replacement time in the upper estuary is short,  
111 thereby favoring transport over retention. However, our recent work has shown that the bulk of  
112 N and P retention in the tidal fresh zone of the James Estuary occurs during periods of high  
113 sediment loading (Bukaveckas et al. 2018). Although retention of dissolved N and P was highest  
114 during peak production in summer, the trapping of particulate N and P in winter accounted for  
115 the bulk of total N and P retention. These findings suggest that retention of particulate and total  
116 C may be highest during periods of elevated river discharge.

117 The goal of this study was to assess the relative importance of external (river inputs & tidal  
118 exchange) vs. internal (metabolism) drivers in influencing C forms and retention in the upper  
119 estuary. Mass balance results and ecosystem metabolism data were used to assess C inputs,  
120 outputs, transformation and retention in the tidal fresh segments of the James, Pamunkey and  
121 Mattaponi estuaries. A key difference among the estuaries is their geographic setting across  
122 lowland (Coastal Plain) and upland (Piedmont and Mountain) areas (Figure 1). Freshwater  
123 inputs to the James tidal fresh segment are largely (90%) derived from upland sources (i.e.,  
124 above the Fall Line), whereas local (Coastal Plain) tributaries contribute ~10% (based on the  
125 proportion of contributing area below the Fall Line). By contrast the Pamunkey and Mattaponi  
126 Estuaries receive a greater proportion of freshwater inputs from local (Coastal Plain) sources  
127 (36% and 51%, respectively). Higher sediment yield from upland sources should result in  
128 greater POC inputs to the James relative to the Pamunkey and the Mattaponi. I also expected  
129 that higher GPP and R in the phytoplankton-dominated James Estuary would exert a stronger  
130 influence on C transformations relative to the Pamunkey and Mattaponi, which are dominated by  
131 submerged and emergent aquatic vegetation. Lastly, extensive floodplain and wetland areas  
132 along the Pamunkey and Mattaponi would be expected to contribute greater DOC inputs relative  
133 to the James. For the James Estuary, C mass balance and metabolism data were used to estimate  
134 allochthonous and autochthonous inputs and to assess constraints on food web energetics.

## 135 2. Methods

136 2.1 Study Sites. This study focuses on the upper segments of the two southern tributaries of  
137 Chesapeake Bay (James and York Estuaries), the latter of which is comprised of two sub-  
138 estuaries (Pamunkey and Mattaponi). This is the third in a series of papers that rely in part on  
139 comparisons among these estuaries to draw inferences about processes occurring at the river-  
140 estuarine transition. Previous papers focused on the influence of storm events on river and  
141 estuarine metabolism and water quality (Bukaveckas et al. 2020), and on factors regulating water  
142 clarity and primary production (Henderson & Bukaveckas 2021). The proximity of the estuaries  
143 facilitated frequent sampling (1-2 week intervals) that is needed to characterize C fluxes. The  
144 study reach within the James Estuary is the tidal fresh segment, which extends 88 km from the  
145 Fall Line (Richmond, VA) to the confluence with the Chickahominy River, and accounts for  
146 ~50% of the length of the estuary. Study reaches for the Pamunkey and Mattaponi Estuaries  
147 encompassed the tidal fresh and oligohaline segments, extending 86 km to their confluence with  
148 the York Estuary. The river basins fall within the Temperate Deciduous Forest biome. Though  
149 highly fragmented, the area is still predominantly rural and forested (>70%) with small  
150 contributions from agricultural lands (row crops and hay fields; 23%) and urban-suburban areas  
151 (6%; Smock et al. 2005). The predominant trees include a variety of oaks, hickories, sweetgum,  
152 tuliptree and loblolly pine. Floodplain forests along the Pamunkey and Mattaponi are dominated  
153 by bald cypress, swamp black gum and water tupelo. Soils of the region are old and highly  
154 weathered, with ultisols predominating over much of the area.

155 2.2 Data Collection. For the James, I am able to present a relatively complete C budget inclusive  
156 of Fall Line loads, local tributary inputs and tidal fluxes of inorganic and organic fractions (DIC,  
157 DOC, POC). These results are based on data collected from river and estuarine stations over a  
158 10-year span (2010-2019). For the Pamunkey and Mattaponi, the scope is more limited both in  
159 the time span over which data were collected (2017-2019) and, due to the lack of data on Fall  
160 Line DIC and chloride inputs, which precludes estimation of tidal exchange using Cl mass  
161 balance. For the James and Pamunkey, previously published estimates of GPP and ER derived  
162 from in situ diel oxygen cycles are used to assess their effect on C transformations. Seasonal  
163 patterns in CO<sub>2</sub> concentrations and air-water exchange are provided for all three estuaries.

164 2.3 C Inputs & Estuarine Export. External C loads for the three estuaries were derived from (a)  
 165 measured discharge and concentration at the Fall Line, and (b) estimated contributions from  
 166 ungauged tributaries below the Fall Line. Fall Line loads were based on data collected by the  
 167 USGS at gauging stations located on the James, Pamunkey and Mattaponi Rivers. Fall Line  
 168 samples were collected at approximately monthly intervals, with supplemental samples collected  
 169 during periods of high discharge. Approximately 200 measurements of DOC and POC were  
 170 obtained at each of the gauging sites over the 10-year span (Table 1), along with continuous  
 171 measurements of river discharge. For the James, the USGS data were supplemented by  
 172 measuring DIC and Cl at the Fall Line at 1-2 week intervals during 2012-2019 (189 samples  
 173 collected). Seasonal, inter-annual and discharge-dependent variation in riverine C concentrations  
 174 was analyzed using Generalized Additive Models (see Statistics). The models were used to  
 175 predict daily concentrations at each site, and, in combination with daily discharge, to derive daily  
 176 loading values at the Fall Line. Local (ungauged) runoff was estimated as a constant fraction of  
 177 the daily Fall Line discharge based on the proportion of catchment area represented by tributaries  
 178 entering below the Fall Line. Daily concentrations were used in combination with Fall Line  
 179 discharge, below Fall Line discharge, and total discharge to derive daily input and export fluxes.  
 180 Daily fluxes were summed over the budget interval (typically 1-2 weeks) and used, in  
 181 conjunction with the change in mass of Cl in the estuary between the start and end of each  
 182 interval, to solve for the net tidal flux of Cl.

$$183 \quad \text{Estuary Cl Mass}_{t+1} = \text{Estuary Cl Mass}_t + \text{Riverine Cl} - \text{Export Cl} \pm \text{Net Tidal Cl} \quad (1)$$

184 The mass of Cl required to balance each budget interval was used in combination with  
 185 measurements of Cl concentrations in tidal inflow and outflow, as represented by stations located  
 186 on either side of the seaward boundary of our study reach (JMS69 and JMS56), to derive the  
 187 effective volume of tidal exchange. This represents the volume of “new” water entering the  
 188 study reach from the lower estuary with each tidal cycle. The James has an elongate shape that  
 189 is typical of estuaries that occupy flooded river valleys. The back and forth of tidal flows means  
 190 that the bulk of the water leaving on an outgoing tide returns on the subsequent incoming tide,  
 191 and only a small proportion of the large tidal flux is “new” water. For the James, the effective  
 192 volume of exchange is equivalent to 8% of the tidal prism (Bukaveckas and Isenberg 2013). For  
 193 this study, estimates of the volume of tidal exchange were derived for each budget interval (N =

194 309 for 2011-19). The effective volume of exchange was used along with measured C  
 195 concentrations of tidal inflows and outflows to determine the net exchange of C at the seaward  
 196 boundary of the study reach. Net tidal fluxes for each budget interval were aggregated to  
 197 monthly values and presented as daily areal values for comparison to riverine input and export  
 198 fluxes. Lastly, monthly estimates of estuarine C retention were derived based on the difference  
 199 between input and output fluxes taking into account changes in mass storage within the estuary.

$$200 \quad \text{Estuary C Mass}_{t+1} = \text{Estuary C Mass}_t + \text{Riverine C} - \text{Export C} \pm \text{Net Tidal C} \pm \text{Retention} \quad (2)$$

201 For DIC, our estimation of retention also took into account air-water CO<sub>2</sub> exchange (see below).

202 2.5 Estuarine Metabolism. Previously published estimates of Gross Primary Production (GPP)  
 203 and Ecosystem Respiration (ER) were used to assess internal C transformations for the James  
 204 and Pamunkey (Bukaveckas et al. 2020). Rates of metabolism were derived from continuous (15  
 205 min) monitoring of dissolved oxygen at stations located within our study segments of the James  
 206 and Pamunkey (Figure 1). The James monitoring station is located at the VCU Rice Center  
 207 Research Pier, approximately 2 km from our JMS75 sampling location. The Pamunkey station  
 208 (White House Landing) is operated by the Virginia Institute of Marine Science and located near  
 209 the mid-point of our study segment. Similar equipment (YSI 6600 or EXO sondes) and  
 210 protocols are used at the two stations including routine (2-3 week) maintenance and calibration  
 211 of sondes as per manufacturer recommendations. Daily GPP and ER were derived using the  
 212 single-station open-water method. Following Caffrey (2003; 2004), 15-minute DO  
 213 measurements were smoothed to 30-minute averages and multiplied by water depth to obtain  
 214 areal rates of oxygen flux at 30 minute intervals throughout the day.

$$215 \quad \text{O}_2 \text{ flux (g O}_2 \text{ m}^{-2} \text{ d}^{-1}) = (\text{DO}_{t2} - \text{DO}_{t1}) * \text{Water Depth} - \text{AE} \quad (3)$$

216 Atmospheric exchange (AE) was derived at 30-minute intervals based on water column DO  
 217 saturation and a generic estuarine gas transfer coefficient. A previous analysis using 23 years of  
 218 station data for the James showed that estimates of atmospheric exchange derived from oxygen  
 219 saturation and the fixed gas transfer coefficient were not significantly different from exchange  
 220 coefficients derived using variable water velocity and wind speed (Tassone and Bukaveckas  
 221 2019). ER was derived by extrapolating nightly O<sub>2</sub> fluxes to a 24-hour period. GPP was derived



222 as the sum of daytime oxygen production and ER during daylight hours. Oxygen-based values  
223 were converted to C assuming a photosynthetic quotient of 1.2 and a respiratory quotient of 1.

224 2.6 Sampling and Analysis. Methods were described previously (Bukaveckas et al. 2011;  
225 Bukaveckas et al. 2020; Henderson and Bukaveckas 2021) and are summarized here. Data were  
226 collected from 4 stations in the James tidal fresh segment, 3 stations in each of the Pamunkey  
227 and Mattaponi study reaches, and one tributary stream (Kimages Creek) located at the VCU Rice  
228 Center (Figure 1; Table 1). Estuarine sites were sampled by boat in the main channel except in  
229 the upper, narrow sections of the Pamunkey and Mattaponi where samples were collected from  
230 shore in areas of active flow. Owing to vertically well-mixed conditions (no temperature or  
231 salinity stratification) water samples and in situ measurements were obtained near the surface  
232 (~0.5 m). Water temperature and salinity were measured using a YSI Pro DDS sonde. The  
233 partial pressure of carbon dioxide in water and air was measured in the field using a PP Systems  
234 EGM 4 portable infrared CO<sub>2</sub> analyzer calibrated at 0 and 2000 ppm. Water samples were  
235 analyzed for chlorophyll-a (CHLa), POC, DIC, DOC and Cl. Samples for CHLa and POC were  
236 filtered through Whatman GF/A glass filters (0.5- $\mu$ m nominal pore size). Filters for CHLa  
237 analyses were extracted for 18 h in buffered acetone and analyzed on a Turner Design TD-700  
238 Fluorometer (Arar and Collins 1997). Filters for POC analysis were dried at 60 C for 48 h,  
239 fumed with HCl to remove inorganic carbon and analyzed on a Perkin–Elmer CHN analyzer.  
240 Chloride concentrations were determined using a Skalar segmented flow analyzer by the  
241 ferricyanide method (APHA 1998). Samples for DIC and DOC were filtered in the field  
242 through Whatman GF/A filters and analyzed using a Shimadzu TOC analyzer.

243 2.7 Air-Water CO<sub>2</sub> Fluxes. Air-water exchange of CO<sub>2</sub> was calculated using the equation from  
244 Cai and Wang (1998):

$$245 \quad \text{Flux CO}_2 = K_T K_H (p\text{CO}_{2\text{-water}} - p\text{CO}_{2\text{-air}}) \quad (4)$$

246 where  $K_T$  is the gas transfer velocity,  $K_H$  is the solubility constant and  $p\text{CO}_2$  is the partial  
247 pressure of CO<sub>2</sub> in water and air. The solubility constant was derived according to the equation  
248 of Weiss (1974) taking into account water temperature and salinity recorded at the time of CO<sub>2</sub>  
249 measurement. Gas transfer velocities were initially derived from daily average wind speed ( $U_{10}$   
250 corrected) measured at the VCU Rice Center Research Pier (James) and the Taskinas Creek  
251 NERR station (Pamunkey and Mattaponi). Gas transfer velocities derived from wind speed

252 generally fell within the range of 1 to 1.5 m d<sup>-1</sup>, which is low in comparison to the global average  
253 (5.7 m d<sup>-1</sup>, Raymond et al. 2017) and to values that are considered appropriate for large rivers  
254 (4.3 m d<sup>-1</sup>, Alin et al. 2011; Reiman and Xu 2019). Based on these considerations, a value of 4.3  
255 m d<sup>-1</sup> was used for all calculations (see Discussion for further consideration of gas transfer  
256 velocities).

257 2.8 Statistics. Generalized Additive Models (GAMs) were used to model river and estuarine C  
258 and Cl concentrations based on discharge, day of year (to capture seasonal patterns) and decimal  
259 date (to depict inter-annual variation). GAMs are gaining increasing usage for modeling water  
260 chemistry due to their ability to account for non-linear effects and to fit trends of a form that is  
261 not known *a priori* (Morton & Henderson 2008; Murphy et al. 2019; Yang and Moyer 2020;  
262 Wiik et al. 2021). The GAM analysis was performed using the "mgcv" package in R (Wood  
263 2006). The package default thin plate regression spline was used to depict the effect sizes of  
264 discharge and decimal date; a cyclic cubic regression spline was used to depict seasonal effects.  
265 The default output for the effect size was shifted to center on the mean of the modeled dependent  
266 variable to show the response of the GAM model within the range of dependent variable values.

267

### 268 **3. Results**

#### 269 3.1 Estuarine Hydrology

270 The James, Pamunkey and Mattaponi Rivers exhibit similar hydrographs with highest monthly  
271 average discharge during January-May and lowest discharge in July-November (Figure 2).  
272 Average monthly discharge in winter-spring is approximately 4-fold higher in comparison to  
273 summer-fall. Median freshwater replacement times (FRT), taking into account Fall Line inputs  
274 plus local (ungauged) tributaries, were 30 d (James), 46 d (Mattaponi) and 60 d (Pamunkey)  
275 during the period of study. The mass of Cl in the James tidal fresh segment varied by >20-fold  
276 from seasonal minimum values during high discharge (~7 mg L<sup>-1</sup>) to peak values (>100 mg L<sup>-1</sup>)  
277 during summer base flow (Figure 3). These seasonal increases in estuarine Cl were most  
278 pronounced in summers with low freshwater inputs (e.g., 2012, 2017, 2019). Despite the large  
279 seasonal variation, Cl changed relatively slowly within the estuary (median = 0.5 % d<sup>-1</sup>) as input  
280 and output fluxes largely offset. In late summer (August-October), the development of strong Cl

281 gradients across the seaward boundary of the study reach resulted in high rates of Cl gain and  
282 loss via tidal exchange. As the lower tidal fresh segment accounts for the bulk of total volume  
283 (80%), increases in Cl at the seaward end of the study reach had a large effect on estuarine Cl  
284 mass. By volume, the effective tidal exchange derived from the Cl mass balance was equivalent  
285 to 7.4% (median) and  $14 \pm 1\%$  (mean and SE) of the tidal prism.

### 286 3.2 Discharge Effects on River and Estuarine C

287 Discharge was a significant factor influencing riverine C concentrations, though the strength of  
288 these effects differed among C fractions and among the three tributaries. Increasing discharge  
289 was associated with increasing river DOC in the Mattaponi (from 6 to 12 mg L<sup>-1</sup>) and Pamunkey  
290 (from 5 to 9 mg L<sup>-1</sup>), but had little effect on James River DOC, which was generally low over the  
291 range of observed discharge (3-4 mg L<sup>-1</sup>; Figure 4). Generalized Additive Models incorporating  
292 discharge, seasonal and inter-annual variation accounted for 50 to 81% of the variation in river  
293 DOC (Table 2). Increasing discharge was associated with large increases of POC in the James  
294 River (up to 20 mg L<sup>-1</sup>). The effects of discharge on river POC were weaker in the Mattaponi  
295 and Pamunkey, where concentrations were generally low over the range of discharge (<2 and <4  
296 mg L<sup>-1</sup>, respectively). Increasing discharge was associated with large decreases in DIC of the  
297 James River (from 20 to 1 mg L<sup>-1</sup>). Overall, increasing discharge resulted in higher DOC  
298 concentrations in the Pamunkey and Mattaponi Rivers, higher POC concentrations in the James  
299 River, and lower DIC concentrations in the James River.

300 Although increases in discharge had a positive effect on riverine DOC and POC, estuarine  
301 concentrations were only weakly, and in some cases negatively affected by increasing discharge  
302 (Figure 5). In the James, estuarine DOC concentrations were typically higher than riverine  
303 values, such that increases in river discharge resulted in a reduction in estuarine DOC. In the  
304 Pamunkey and Mattaponi, increasing discharge had little effect on estuarine DOC as estuarine  
305 concentrations were similar to river concentrations. Discharge was not a significant predictor of  
306 variation in DOC for the Pamunkey and Mattaponi Estuaries (Table 2). Similar findings for  
307 POC showed weak seasonal, inter-annual and discharge dependent effects and a low proportion  
308 of explained variation for the Pamunkey and Mattaponi Estuaries. In contrast, POC  
309 concentrations in the James Estuary were strongly influenced by season, with predicted  
310 concentrations rising from 1 to 2 mg L<sup>-1</sup> during winter to summer. POC concentrations were

311 negatively related to discharge. Increasing discharge had a significant negative effect on DIC in  
312 all three estuaries, which decreased by 5-6 mg L<sup>-1</sup> over the observed range of discharge. Overall,  
313 these findings show that river discharge had strong negative effects on estuarine DIC, but little  
314 influence on estuarine DOC and POC. Significant seasonal variation in POC was observed in  
315 the James, but not the Pamunkey or Mattaponi.

### 316 3.3 Estuarine pCO<sub>2</sub>

317 GAM analysis revealed significant seasonal and discharge-dependent variation in estuarine pCO<sub>2</sub>  
318 (Table 2). The effects of discharge on estuarine pCO<sub>2</sub> differed among the 3 tributaries (Figure  
319 6). In the Pamunkey and Mattaponi, there was little effect of discharge, except in the upper  
320 quartile of the range, which was associated with rising estuarine pCO<sub>2</sub>. In the James, estuarine  
321 pCO<sub>2</sub> increased linearly over the lower one-third range of discharge, and thereafter plateaued.  
322 The Mattaponi and Pamunkey exhibited large seasonal variations in estuarine pCO<sub>2</sub>. Peak  
323 summer concentrations (~2600 ppmv) were two-fold higher in comparison to winter minimum  
324 values (~1200 ppmv;). A more complex seasonal pattern was observed in the James with bi-  
325 model peaks in spring and fall (850 and 1250 ppmv, respectively) bracketing low concentrations  
326 in mid-summer. In summer, significantly lower pCO<sub>2</sub> was observed at sites located at the CHLa  
327 maximum (JMS75 = 789 ppmv, JMS69 = 644 ppmv) relative to stations in the upper tidal fresh  
328 segment (JMS99 = 1007 ppmv) and the most seaward station (JMS56 = 909 ppmv;  $p < 0.01$ ).  
329 The two stations located at the CHLa maximum were the only sites to exhibit periodic under-  
330 saturation of pCO<sub>2</sub> (Supplemental Figure 4). The low values at these stations were not observed  
331 in winter. There was little longitudinal variation in pCO<sub>2</sub> among stations in the Pamunkey and  
332 Mattaponi. Overall, annual average concentrations in the Pamunkey (2010 ± 117 ppmv) and  
333 Mattaponi (1900 ± 120 ppmv) were more than 2-fold higher relative to the James (784 ± 77  
334 ppmv). Higher pCO<sub>2</sub> concentrations in the Pamunkey and Mattaponi estuaries were associated  
335 with larger air-water CO<sub>2</sub> fluxes (2.97 ± 0.17 and 2.77 ± 0.17 g C m<sup>-2</sup> d<sup>-1</sup>, respectively) relative  
336 to the James (0.87 ± 0.05 g m<sup>-2</sup> d<sup>-1</sup>; Figure 7). Strong seasonal patterns were observed in the  
337 Pamunkey and Mattaponi with monthly average fluxes ranging from 1-2 g m<sup>-2</sup> d<sup>-1</sup> in winter to 3-  
338 4 g m<sup>-2</sup> d<sup>-1</sup> in summer, whereas fluxes from the James were similar year-round (~1 g m<sup>-2</sup> d<sup>-1</sup>).

### 339 3.4 C Fluxes & Retention

340 C fluxes into and out of the James Estuary varied seasonally (Figure 8). DOC inputs followed  
341 expected seasonal patterns with peak values during months with elevated discharge (January-  
342 May) and minimum values during predominantly low discharge in July-November. Seasonal  
343 variation in DOC inputs was closely matched by export fluxes. Net tidal fluxes were negligible  
344 by comparison owing to small differences in concentration across the segment boundary.  
345 Monthly DOC retention was generally negative, indicating net export of DOC. On an annual  
346 basis, the DOC balance was  $-0.10 \pm 0.02 \text{ g m}^{-2} \text{ d}^{-1}$ , with export exceeding inputs by  $11 \pm 5\%$ .  
347 Riverine inputs of POC varied seasonally with highest values in January-May and generally low  
348 values in June-December. By contrast, estuarine export of POC was consistently low throughout  
349 the year. As a result, POC retention was highest in January-May. Net tidal fluxes were positive  
350 indicating a loss of POC with each tidal cycle, but these fluxes were small in comparison to river  
351 inputs. On an annual basis, the net retention of POC was  $0.59 \pm 0.11 \text{ g m}^{-2} \text{ d}^{-1}$ , corresponding to  
352  $72 \pm 4\%$  of inputs. DIC input and output fluxes followed a similar pattern as for DOC, with peak  
353 values in months with high discharge. Taking into account estuarine export and atmospheric  
354 fluxes, the James was a net source of DIC with losses ( $4.25 \text{ g m}^{-2} \text{ d}^{-1}$ ) exceeding inputs ( $2.82 \text{ g}$   
355  $\text{m}^{-2} \text{ d}^{-1}$ ) by 51%.

356 Our mass balance analysis does not explicitly consider the role of point source inputs in the  
357 estuarine C budget. Point sources that discharge to the tidal fresh segment of the James are  
358 principally wastewater treatment plants, and some industries associated with the Richmond  
359 metro area. The volume of effluent discharged to the James is small (annual average =  $15\text{-}21 \text{ m}^3$   
360  $\text{s}^{-1}$  during 2007-14) in comparison to annual average river discharge ( $\sim 225 \text{ m}^3 \text{ s}^{-1}$ ). But as  
361 effluent may contain elevated C concentrations, point sources could potentially contribute an  
362 appreciable fraction of C inputs. Point sources typically do not report C concentrations as part of  
363 their effluent monitoring, therefore we carried out a 2-year study of DIC, DOC and POC  
364 concentrations in effluent from the largest point source (City of Richmond WWTP). Effluent  
365 POC concentrations ( $1.54 \pm 0.13 \text{ mg L}^{-1}$ ) were comparable to riverine values, whereas effluent  
366 DOC ( $13.1 \pm 1.2 \text{ mg L}^{-1}$ ) and DIC ( $22.7 \pm 1.6 \text{ mg L}^{-1}$ ) were two-fold higher relative to riverine  
367 concentrations. These values were extrapolated to all point source inputs to the James as a first  
368 approximation of their potential importance to the estuarine C budget. Daily average POC loads  
369 from point sources were too small to appreciably affect our estimate of estuarine POC retention.  
370 Point source inputs of DOC ( $0.21 \text{ g m}^{-2} \text{ d}^{-1}$ ) and DIC ( $0.36 \text{ g m}^{-2} \text{ d}^{-1}$ ) were equivalent to 23% and

371 12% (respectively) of riverine inputs. Taking into account point source contributions, the mass  
372 balance shows that the James tidal fresh segment is a net sink for DOC ( $0.12 \text{ g m}^{-2} \text{ d}^{-1}$ ) and POC  
373 ( $0.61 \text{ g m}^{-2} \text{ d}^{-1}$ ) and a net source of DIC ( $1.07 \text{ g m}^{-2} \text{ d}^{-1}$ ). Overall, the James tidal fresh segment  
374 was nearly in balance (within 6%) for total C inputs and outputs.

375 Annual average DOC loads to the Pamunkey ( $0.67 \pm 0.11 \text{ g m}^{-2} \text{ d}^{-1}$ ) and Mattaponi ( $0.89 \pm 0.12$   
376  $\text{g m}^{-2} \text{ d}^{-1}$ ) were similar to the James ( $0.91 \pm 0.12 \text{ g m}^{-2} \text{ d}^{-1}$ ) on an areal basis. Seasonal variation  
377 in DOC inputs followed patterns in discharge with peak values in winter-spring and minimum  
378 values in summer-fall (Figure 9). Export fluxes closely matched river inputs on a seasonal basis,  
379 and balanced to within 10% on an annual basis. Riverine POC inputs to the Pamunkey and  
380 Mattaponi were considerably lower relative to the James. For the James, POC inputs were  
381 nearly equal to DOC inputs, whereas for the Pamunkey and Mattaponi, DOC accounted for the  
382 bulk of OC inputs (79% and 86%, respectively). Export of POC from the Pamunkey and  
383 Mattaponi matched inputs to within 10% on an annual basis.

### 384 3.5 Estuarine Metabolism

385 Rates of GPP and ER were compared to standing stocks (areal values) of DIC and POC to assess  
386 the potential influence of C fixation and remineralization on estuarine C concentrations (Figure  
387 10). In the James, GPP and ER followed expected seasonal patterns with peak values ( $3.5 - 4.0$   
388  $\text{g C m}^{-2} \text{ d}^{-1}$ ) during June-September and low values ( $<1 \text{ g C m}^{-2} \text{ d}^{-1}$ ) in colder months. GPP and  
389 ER tracked closely throughout the year, with ER exceeding GPP in colder months, and being  
390 equal, or occasionally smaller (June-July) than GPP in warmer months. C fluxes associated with  
391 GPP and ER were small in comparison to ambient concentrations of DIC, which ranged from 30  
392 to  $40 \text{ g m}^{-2}$ . By contrast, POC production via GPP was comparable to ambient concentrations of  
393 POC, which ranged from  $3 \text{ g m}^{-2}$  in colder months to  $6 \text{ g m}^{-2}$  in warmer months. Metabolism of  
394 the Pamunkey Estuary was lower and more heterotrophic in comparison to the James. ER varied  
395 seasonally from 0.5 to  $1.8 \text{ g C m}^{-2} \text{ d}^{-1}$ , whereas GPP was persistently low throughout the year ( $<$   
396  $0.5 \text{ g C m}^{-2} \text{ d}^{-1}$ ). Standing stocks of DIC were large by comparison, ranging from 10 to  $40 \text{ g m}^{-2}$ .  
397 GPP was small in comparison to standing stocks of POC ( $3$  to  $5 \text{ g m}^{-2}$ ).

## 398 **4.0 Discussion**

### 399 4.1 Riverine C Inputs & Estuarine Concentrations

400 An analysis of C dynamics in the upper portions of the James, Mattaponi and Pamunkey  
401 estuaries revealed differences in dominant forms of C and variable responses to changes in river  
402 discharge. The James was dominated by products of mineral weathering as DIC accounted for  
403 73% of total C with smaller contributions from DOC (20%) and POC (7%). By contrast, organic  
404 forms accounted for a larger fraction (49%) of total C in the Pamunkey and Mattaponi. These  
405 differences are attributed to variable contributions from local (Coastal Plain) vs. upland  
406 (Mountain and Piedmont) runoff. The James Estuary receives inputs from a large catchment  
407 with the bulk of runoff (90%) derived from above the Fall Line. By contrast, the Pamunkey and  
408 Mattaponi Estuaries receive a greater proportion of their inputs from local tributaries situated  
409 within the Coastal Plain. Local floodplains and tidal marshes contribute DOC, while the  
410 predominantly sandy soils of the Coastal Plain have low capacity for retaining DOC, and  
411 contribute little DIC. Differences in source waters may also account for contrasting response in  
412 river and estuarine C to high discharge events. Larger increases in POC were observed during  
413 discharge events in the James, relative to the Pamunkey and Mattaponi. Prior studies  
414 documented higher sediment yields from Mountain and Piedmont regions in comparison to the  
415 Coastal Plain (Gellis et al. 2009). In the James River, changes in C concentrations with  
416 increasing discharge were asynchronous as DIC was negatively related to discharge, whereas  
417 POC showed a positive relationship. These findings suggest that DIC export from the watershed  
418 is limited by weathering rates (source limited) whereas POC export is transport limited (Wymore  
419 et al. 2021). For DIC, this resulted in a dilution response in both the river and estuary, whereas  
420 high discharge resulted in a flushing response (enrichment) of POC in the river and estuary.  
421 Dilution of estuarine DIC during high discharge was also reported in the nearby Delaware  
422 Estuary and linked to reductions in acid neutralizing capacity and greater sensitivity to  
423 acidification (Joesef et al. 2017). For DOC, a strong flushing response was observed in the  
424 Pamunkey and Mattaponi Rivers, but not the James. Higher DOC concentrations following  
425 storm events has been attributed to greater leaching from soils due to higher water elevation and  
426 soil inundation (Zarnetske et al. 2018; Patrick et al. 2020). The extensive wetlands and  
427 floodplains along the Mattaponi and Pamunkey likely serve as source areas for DOC. Prior work  
428 showed that differences in source waters played a role in determining underwater light  
429 conditions in these estuaries, as light attenuation in the James was strongly regulated by  
430 suspended particulate matter, whereas dissolved organic matter had a greater role in attenuating

431 light in the Pamunkey and Mattaponi estuaries (Henderson and Bukaveckas 2021). Overall, our  
432 findings showed strong concentration-discharge relationships in riverine waters, whereas  
433 estuarine responses were weaker and more variable. Inter-estuarine differences in C forms and  
434 response to discharge were linked to differences in the physiographic setting of the estuarine  
435 catchments.

#### 436 4.2 C Mass Balance

437 The tidal freshwater segment of the James Estuary was a net sink for POC and DOC, and a net  
438 source of DIC. On an annual basis, external organic matter inputs were attenuated by 28% ( $\pm 3$ )  
439 within the tidal fresh segment. The mass balance indicates that a high proportion (72%) of POC  
440 inputs were retained in the tidal fresh segment and that retention of POC accounted for the bulk  
441 (84%) of organic matter retention. Amann et al. (2012) similarly documented high retention of  
442 POC in tidal freshwaters of the River Elbe. The transition from fluvial to tidal conditions favors  
443 the settling of suspended particulate matter, which contained ~10-20% organic matter  
444 (Bukaveckas et al. 2019). Peak retention occurred during periods of elevated discharge when  
445 inputs of particulate matter to the estuary were highest. Our findings do not support the view  
446 that inland waters function primarily as transport systems (“pipes”) during periods of elevated  
447 discharge (Zarnetske et al. 2018) as the bulk of organic matter retention occurred during high  
448 flows in winter, and was associated with the retention of particulates. High retention of  
449 particulate C is consistent with prior results showing that peak retention of N and P occurred  
450 during colder months with elevated river discharge (Bukaveckas and Isenberg 2013). Retention  
451 of dissolved N and P was highest during low discharge in summer, but this accounted for a  
452 relatively small proportion of total N and P retention on an annual basis. For C, as for N and P,  
453 the mass of particulate matter delivered to the estuary during high discharge appears to be the  
454 most important determinant of the amount retained within the estuary. The counter-intuitive  
455 finding that peak retention occurs during periods of high transport (when “pipe” conditions  
456 might prevail) is based on a consideration of the fate of both dissolved and particulate organic  
457 matter, as the former largely passes through, while the latter is highly retained. The retention of  
458 particulate matter reflects the underlying hydrodynamics of estuaries, and lakes, where the rapid  
459 dissipation of fluvial forces promotes high retention of particulate matter during periods of  
460 elevated discharge.



461 For the James, atmospheric losses were a small component of the C budget, equivalent to 18% of  
462 riverine total C inputs and 15% of total C export. Volta et al. (2016) similarly report that CO<sub>2</sub>  
463 loss via evasion was ~15% of C export from North Sea estuaries. By contrast, CO<sub>2</sub> evasion from  
464 the Pamunkey and Mattaponi was appreciably greater (by 3-fold) relative to the James. Our  
465 pCO<sub>2</sub> concentrations for the Pamunkey were similar to those previously reported by Raymond et  
466 al. (2000), whereas our air-water flux values were higher (~3 g C m<sup>-2</sup> d<sup>-1</sup> vs. ~0.7 g C m<sup>-2</sup> d<sup>-1</sup>).  
467 Comparisons of CO<sub>2</sub> fluxes are complicated by uncertainty regarding atmospheric exchange  
468 (Raymond and Cole 2001; Borges et al. 2004; Raymond et al. 2017; Ward et al. 2017).  
469 Raymond et al. (2000) used what they considered a conservative exchange coefficient (1.1 m d<sup>-1</sup>)  
470 <sup>1</sup>). More recent studies have adopted higher exchange coefficients, particularly for systems  
471 where tidal and fluvial forces likely play a greater role in determining boundary layer conditions  
472 than are predicted from wind-based models. Wind speeds are low in the upper segments of these  
473 estuaries because the prevailing winds (SSW) are nearly perpendicular to the long axis of the  
474 channel, which runs mostly east-west. Turbulence generated by strong tidal forces in shallow  
475 channels likely plays a greater role in influencing boundary conditions for gas exchange  
476 (Raymond and Cole 2001; Borges et al. 2004). These conditions support the use of higher  
477 exchange coefficients than would be derived from wind speed alone.

478 Tidal fluxes were not a large component of the mass balance for any of the C fractions.  
479 Although the volume of water exchanged during a tidal cycle was large (tidal prism = 28% of  
480 estuarine volume), the elongate shape of the estuary dictates that water leaving on an out-going  
481 tide returns on the subsequent in-coming tide. Results from the Cl mass balance suggest that the  
482 net tidal exchange was ~7% of the tidal prism, equivalent to 2% of estuarine volume. In  
483 addition, weak C gradients across the lower boundary of the study reach indicate that tidal inputs  
484 and outputs largely offset.

#### 485 4.3 Metabolism & Carbon

486 Mass balance and metabolism data provide independent evidence that these estuaries are net  
487 heterotrophic. The mass balance indicates that on an annual basis the James Estuary is a sink for  
488 organic C and a source of inorganic C. This finding is consistent with the metabolism results  
489 showing that ecosystem respiration exceeds GPP. Greater heterotrophy was observed in the  
490 Pamunkey where respiration rates were comparable to the James, but GPP was substantially

491 lower. This finding was consistent with the observed higher CO<sub>2</sub> concentrations and efflux. The  
492 evasion of CO<sub>2</sub> from the Pamunkey and Mattaponi was large (3x) in comparison to riverine  
493 inputs of DOC and POC, whereas CO<sub>2</sub> loss from the James was ~50% of riverine OM inputs.  
494 Greater heterotrophy of the former is attributed to differences in hydrogeomorphology and forms  
495 of primary production. Higher chlorophyll-a values in the James indicate greater phytoplankton  
496 contributions to GPP, which brings the tidal fresh segment more closely in balance with respect  
497 to production and respiration. The Pamunkey and Mattaponi have low chlorophyll-a by  
498 comparison (Bukaveckas et al. 2020) but extensive lateral floodplains and emergent marshes  
499 (Hupp et al. 2009; Noe and Hupp 2009; Lake et al. 2013). Decomposition of terrestrial organic  
500 matter during floodplain inundation may account for the high CO<sub>2</sub> concentrations and air-water  
501 fluxes during high discharge conditions. Van Dam et al. (2018) similarly reported that high CO<sub>2</sub>  
502 losses during flooding events accounted for 30-40% of annual emissions from North Carolina  
503 estuaries. An accounting of changes in floodplain C stores before and after inundation events is  
504 needed to better understand their role in supporting respiration in these systems. Organic matter  
505 inputs following senescence of emergent vegetation may also contribute to higher rates of  
506 respiration and CO<sub>2</sub> evasion. Emergent plant production would not be captured in the diel  
507 dissolved-O<sub>2</sub> based estimates of ecosystem GPP, which may over-estimate heterotrophy in this  
508 system. Overall, C mass balance and ecosystem metabolism data show that the upper segments  
509 of these estuaries are net heterotrophic. This finding is consistent with a meta-analysis of  
510 metabolism data showing that estuaries are generally net heterotrophic (Hoellein et al. 2013), but  
511 contrasts with recent work by Brodeur et al. (2019) showing that the Susquehanna River and  
512 mainstem Chesapeake Bay are a net sink for DIC, and therefore net autotrophic. In the case of  
513 Chesapeake Bay, it may be that much of the terrestrial organic matter (or at least, the POC  
514 fraction) is captured in the tributaries, thereby favoring a prevalence of autochthony over  
515 allochthony, and GPP in excess of R.

516 Despite the large riverine influence in these upper estuarine segments, internal cycling of C via  
517 production and respiration was large in comparison to external forcing via fluvial and tidal  
518 exchange (Figure 11). In summer, remineralization of C via respiration was almost 2-fold  
519 greater in comparison to external DIC inputs. In winter, the balance tipped strongly in favor of  
520 external inputs as riverine DIC contributions were 3-fold greater than internal production via  
521 respiration. Internal production of POC via GPP was an order of magnitude higher than external

522 inputs of POC in summer. In winter, GPP contributions were approximately equal to external  
523 inputs of POC. Based on GPP, the estimated turnover time of the POC pool was 1.5 d in  
524 summer. Taking into account that 60% of POC in the James is algal (Wood et al. 2016), the  
525 estimated phytoplankton turnover time was 0.9 d. The high rates of internal biological  
526 processing relative to through-puts of C places the James toward the lake-end, rather than the  
527 stream-river end, on the metabolism and residence time spectrum (Hotchkiss et al. 2018). This is  
528 likely a consequence of tidal conditions, which allow for longer water residence time compared  
529 to non-tidal rivers. Proximal nutrient inputs (from riverine and point sources) and poor water  
530 clarity (due to suspended sediments), likely also contribute to the dominance of phytoplankton  
531 over aquatic plants in this system. If recent increases in water clarity continue (Henderson and  
532 Bukaveckas 2021), we would expect a shift toward macrophyte dominance, lower GPP:ER, and  
533 a diminished influence of internal C cycling.

534 The tidal fresh segment of the James has moderately low DIC and high GPP, which raises the  
535 question whether primary production is limited by the availability of inorganic C. Our data show  
536 that daily autotrophic C demand is small (~10%) relative to the available DIC pool. In summer,  
537 DIC requirements to sustain GPP exceed the rate of external supply via river inputs, but  
538 remineralization of C via respiration is approximately equal to GPP, indicating that internal  
539 cycling is sufficiently large to preclude C limitation. However, a case could be made for  
540 potential C limitation of photosynthesis due to depletion of pCO<sub>2</sub>. The diffusion of CO<sub>2</sub> in water  
541 occurs more slowly than in air, potentially resulting in depletion during periods of high  
542 autotrophic demand. In the James, low CO<sub>2</sub>, with occasional under-saturation, was observed in  
543 summer at stations corresponding to the CHL<sub>a</sub> maximum. Other studies in riverine settings have  
544 shown that phytoplankton can reduce CO<sub>2</sub> to near or below atmospheric equilibrium (Raymond  
545 et al. 1997; Crawford et al. 2017). As CO<sub>2</sub> is energetically favored for carbon fixation, depletion  
546 of CO<sub>2</sub> may reduce production efficiency and alter community structure by favoring taxa capable  
547 of using bicarbonates. A number of prior studies have linked primary production and pCO<sub>2</sub>  
548 (Jansson et al. 2012; Low-Decarie et al. 2015; Hasler et al. 2016). Our CO<sub>2</sub> data were collected  
549 mid-morning, closer to the diel maximum than the afternoon minimum (Crosswell et al. 2017;  
550 Reiman and Xu 2019), thereby potentially under-estimating CO<sub>2</sub> depletion. The possibility that  
551 phytoplankton-driven CO<sub>2</sub> depletion in the James may affect production and community

552 composition cannot be discounted, though this effect appears limited to mid-summer and stations  
553 located at the CHLa maximum.

#### 554 4.4 C Sources & Consumer Energetics

555 Lastly, I consider the utility of our C mass balance for understanding trophic energetics of the  
556 James food web, particularly with respect to autochthony and allochthony. Combining mass  
557 balance, ecosystem metabolism and bioenergetics is a potentially powerful approach to  
558 advancing our understanding of C cycles, but there are few examples, often, as in this case, due  
559 to a lack of data on consumer production (Ruegg et al. 2021). From a mass flux perspective, a  
560 comparison of autochthonous ( $GPP = 719 \pm 32 \text{ g C m}^{-2} \text{ y}^{-1}$ ) and allochthonous ( $POC = 298 \pm 56$ ,  
561  $DOC = 340 \pm 44 \text{ g C m}^{-2} \text{ y}^{-1}$ ) inputs suggests that internal C sources are nearly equal ( $54 \pm 4\%$ )  
562 to external inputs, despite the large riverine influence in the upper estuary. These estimates can  
563 be refined to better reflect availability for consumers by discounting GPP by 40% to reflect loss  
564 via autotrophic respiration (Ruegg et al. 2021) and taking into account the fraction of POC and  
565 DOC that is retained ( $28 \pm 3\%$ ). By this estimate, autochthonous production contributes 70%  
566 ( $431 \text{ g C m}^{-2} \text{ y}^{-1}$ ) and allochthonous inputs 30% ( $203 \text{ g C m}^{-2} \text{ y}^{-1}$ ) of C available to consumers.  
567 These percentages are based on annualized values though their relative importance varies  
568 seasonally with the majority of GPP occurring in May to October, and the bulk of POC delivered  
569 in January to May.

570 Comparisons of mass fluxes may not be indicative of C supporting secondary production if  
571 consumers preferentially utilize one source over another. A number of studies have suggested  
572 that autochthonous sources account for a disproportionately large fraction of C assimilation due  
573 to the higher nutritional quality of algae over partially decomposed terrestrial plant matter (Brett  
574 et al. 2009; Thorp and Bowes 2017). Stable isotope analysis of the James food web has shown  
575 that the dominant metazoans by biomass, which are benthic omnivores (catfish, adult gizzard  
576 shad), carry a predominantly terrestrial C signature, whereas zooplankton and planktivorous fish  
577 (juvenile gizzard shad and threadfin shad) were dependent on autochthonous C sources (Wood et  
578 al. 2016). These patterns were consistent with analysis of basal resources showing that the  
579 sediments in the estuary were largely (90%) comprised of terrestrial C, whereas seston contained  
580 a greater fraction of autochthonous C (60% in summer).

581 The lack of secondary production data does not allow us to align C supply from autochthonous  
582 and allochthonous sources with C demands of consumers. However, the rate of biomass removal  
583 for one of the dominant metazoans (catfish) can be used as a first approximation of their annual  
584 production. Catfish were introduced to the James during the 1970's and 1980's and now  
585 dominate the fishery (Fabrizio et al. 2018), which has led to questions about their influence on  
586 food webs and ecosystem processes (Greenlee and Lim 2011; Hilling et al. 2019; Schmitt et al.  
587 2019). The biomass of catfish removed from the James represents a conservative estimate of  
588 their annual production in that current harvest rates have not brought about declines in the catfish  
589 population, indicating that annual production exceeds the amount of biomass removed (Orth et  
590 al. 2017). During 2010-2020, the commercial harvest of catfish in the tidal James averaged  
591 1,000,000 lbs  $y^{-1}$  (data provided by Virginia Marine Resources Commission), which taking into  
592 account the area of the fresh-brackish estuary, yields a harvest rate of  $8.6 \text{ kg ha}^{-1} \text{ y}^{-1}$ . In addition  
593 to the commercial harvest, piscivorous birds are an important component of biomass removal.  
594 Here we focus on predation by bald eagles and osprey as there are census data during the  
595 breeding season (from areal surveys) and estimates of catfish contributions to adult and nestling  
596 diets (from direct observations and stable isotopes; Garman et al. 2010). Based on census data  
597 and bioenergetics modeling, fish consumption by bald eagles and osprey was estimated at  $0.6 \text{ kg}$   
598  $\text{ha}^{-1} \text{ d}^{-1}$  for the James tidal fresh segment. Taking into account the contribution of catfish to the  
599 diet of bald eagles and osprey ( $\sim 35\%$ ) yields an estimate of catfish biomass removal of  $77 \text{ kg ha}^{-1}$   
600  $\text{y}^{-1}$ , which is  $\sim 9$ -fold higher than for commercial fisheries. With further corrections for the  
601 moisture content (75%; Cresson et al. 2017) and C content of fish tissues (45%; Tanner et al.  
602 2000), the total catfish removal by birds and commercial fishing is  $0.96 \text{ g C m}^{-2} \text{ y}^{-1}$ . Their  
603 trophic position in the James (trophic level = 3.1; Orth et al. 2017) suggests a production  
604 efficiency of  $\sim 1\%$  (Ruegg et al. 2021), which yields an estimated C demand to maintain this  
605 level of production/harvest of  $96 \text{ g C m}^{-2} \text{ y}^{-1}$ . The C demand for this introduced species  
606 corresponds to 15% of C available to consumers from allochthonous and autochthonous sources.  
607 Stable isotope data indicate that catfish in the James tidal fresh obtain 9% of their C from  
608 autochthonous sources and 81% from allochthonous sources (Wood et al. 2016). Applying these  
609 values suggests that 2% of GPP and 41% of allochthonous inputs are required to sustain current  
610 levels of catfish biomass removal from the James tidal fresh. The high rate of utilization for  
611 allochthonous inputs is consistent with our prior finding that consumer-mediated recycling is an

612 important component of nutrient supply, and may account for the lack of response in primary  
613 production to large reductions in point source nutrient inputs (Wood et al. 2014).

#### 614 4.5 Summary

615 This paper provides an accounting of C fluxes at the river-estuarine transition for three tributaries  
616 of Chesapeake over a span of years and discharge conditions. The findings show that the  
617 relative importance of external (river inputs & tidal exchange) vs. internal (metabolism) drivers  
618 differed among the three estuaries based on their physiographic setting and forms of primary  
619 production. Estuarine C forms were influenced by variable contributions from upland (DIC-rich,  
620 POC-rich) and lowland (DOC-rich) sources. Peak organic matter retention was associated with  
621 trapping of POC during high discharge conditions. Tidal exchange was not an important  
622 component of the C budget, whereas biological transformations via production and respiration  
623 were large in the phytoplankton-dominated James Estuary. Contrary to expectations,  
624 autochthonous sources accounted for the bulk of organic matter inputs despite the large riverine  
625 influence on the upper estuary. Commercial harvest data and previously derived estimates of  
626 piscivory by birds provided a basis for estimating consumer C demand, albeit for a single  
627 dominant species, and at a coarse (annualized) scale. Further progress in aligning C flows to  
628 food web energetics depends on the availability of production data for a greater range of  
629 consumers and at shorter time intervals. Bringing together C mass balance, ecosystem  
630 metabolism and consumer production data would enable a potentially powerful approach for  
631 advancing our understanding of how the timing and sources of C inputs constrain trophic  
632 energetics.

633

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641 ability to turn numbers into interesting stories.

642 Data availability

643 Data can be accessed upon request to the corresponding author.

644 Competing interests

645 The author declares that there is no conflict of interest.

646

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- 907

908 Table 1. Data collection sites for this study include USGS Fall Line gauging stations (Q denotes  
 909 discharge), estuarine sampling sites and an ungauged Coastal Plain tributary of the James  
 910 (Kimages Creek). Station numbers denote distance in river miles from the confluence with  
 911 Chesapeake Bay (James) or the York (Pamunkey and Mattaponi). Observations denote the  
 912 number of sampling dates for water chemistry within the specified time span.

Tributary	Segment	Stations	Parameters	Years	Observations	Source
James	River	JMS110	Q, DOC, POC	2010-19	197	USGS (02037500)
		JMS110	Cl, DIC, pCO <sub>2</sub>	2012-19	189	This Study
	Estuary	JMS99,75,69,56	Cl, DOC, POC, DIC, pCO <sub>2</sub>	2015-19	105	This Study
	Ungauged	Kimages Creek	Cl, DOC, POC, DIC, pCO <sub>2</sub>	2012-19	211	This Study
Pamunkey	River	PMK82	Q, DOC, POC	2010-19	202	USGS (01673000)
	Estuary	PMK50,39,6	DOC, POC, DIC, pCO <sub>2</sub>	2017-19	60	This Study
Mattaponi	River	MPN54	Q, DOC, POC	2010-19	203	USGS (01674500)
	Estuary	MPN36,29,4	DOC, POC, DIC, pCO <sub>2</sub>	2017-19	60	This Study

913

914

915 Table 2. GAM analysis of seasonal (day of year; DOY), inter-annual (date) and discharge  
 916 dependent variation in river, tributary and estuarine DOC, POC, DIC, pCO<sub>2</sub> and Cl. Data are for  
 917 riverine and upper estuarine segments of the James, Mattaponi and Pamunkey as well as a local  
 918 (below Fall Line) tributary (Kimages Creek). Statistics include the adjusted R<sup>2</sup>, root mean  
 919 square error (RMSE as mg L<sup>-1</sup>, except pCO<sub>2</sub> = ppmv), and significance of s values with their  
 920 effective degrees of freedom (\*\* denotes p < 0.001; \* p < 0.05).

921

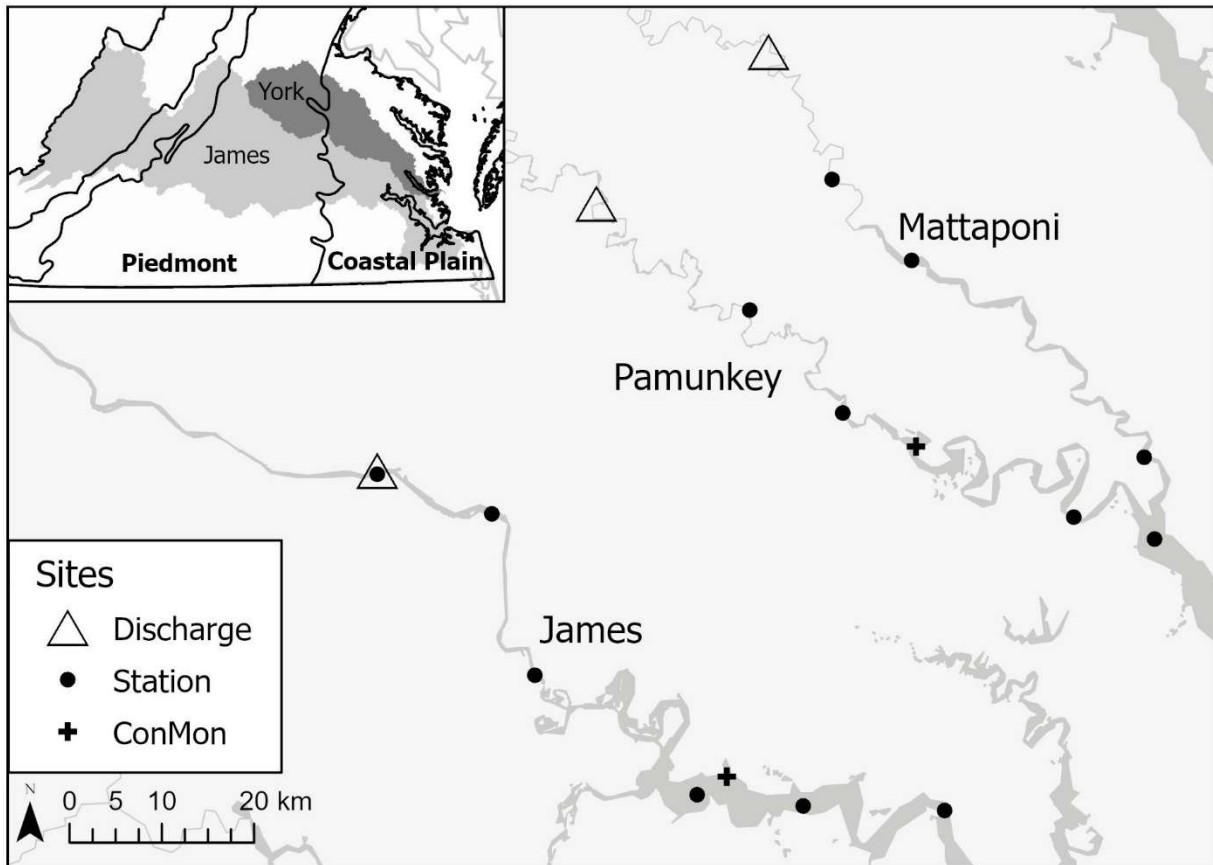
Model	Fraction	Site	Adj R <sup>2</sup>	RMSE	s(DOY)	s(date)	s(discharge)
River	DOC	James	0.50	0.82	3.42**	8.52**	3.00**
		Mattaponi	0.81	1.00	5.66**	8.93**	5.43**
		Pamunkey	0.67	1.06	4.64**	8.61**	5.54**
	POC	James	0.76	1.74	3.67**	7.89**	8.20**
		Mattaponi	0.38	0.61	3.99**	6.34	6.25**
		Pamunkey	0.51	1.08	2.39**	8.95**	7.79**
	DIC	James	0.44	4.19	2.42**	7.89**	8.20**
	pCO <sub>2</sub>	James	0.67	149	3.37**	6.43**	3.59**
	Cl	James	0.48	4.36	7.23**	8.30**	6.73**
Tributary	DOC	Kimages	0.33	3.22	4.70**	8.26**	NA
	POC	Kimages	0.24	0.57	4.61**	7.63**	NA
	DIC	Kimages	0.19	3.00	0.41	8.26**	NA
	Cl	Kimages	0.23	8.63	6.46**	6.48**	NA
Estuary	DOC	James	0.13	3.44	4.29	1.96	1.91*
		Mattaponi	0.27	2.37	5.65	3.42**	1.00
		Pamunkey	0.27	2.61	5.94*	3.95**	1.00
	POC	James	0.75	0.22	5.77**	2.64**	3.68**
		Mattaponi	0.14	0.53	1.79*	1.00	4.13**
		Pamunkey	0.40	0.30	2.46**	1.27	7.59**
	DIC	James	0.76	1.55	1.27**	4.41**	2.50**
		Mattaponi	0.74	2.05	1.74**	2.27**	1.48**
		Pamunkey	0.68	2.10	1.30*	3.16**	1.00**
	pCO <sub>2</sub>	James	0.40	241	5.84**	3.48	2.38*
		Mattaponi	0.82	367	3.31**	2.65**	4.14**
		Pamunkey	0.81	357	3.81**	2.73**	4.01**
Cl	James	0.46	24.7	6.26**	8.54**	6.97**	

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923



924 Figure 1. Map showing USGS discharge gauging locations, estuarine sampling sites and  
925 continuous dissolved oxygen monitoring locations on the Mattaponi, Pamunkey and James.  
926 Inset: James and York watersheds in relation to physiographic provinces.



927

Figure 2. Seasonal variation in instantaneous discharge measured at the Fall Line of the James, Mattaponi and Pamunkey Rivers. Here and in subsequent figures, symbols denote median (bar), 25 and 75 %-tiles (box), 5 and 95 %-tiles (whiskers) and outliers (dots).

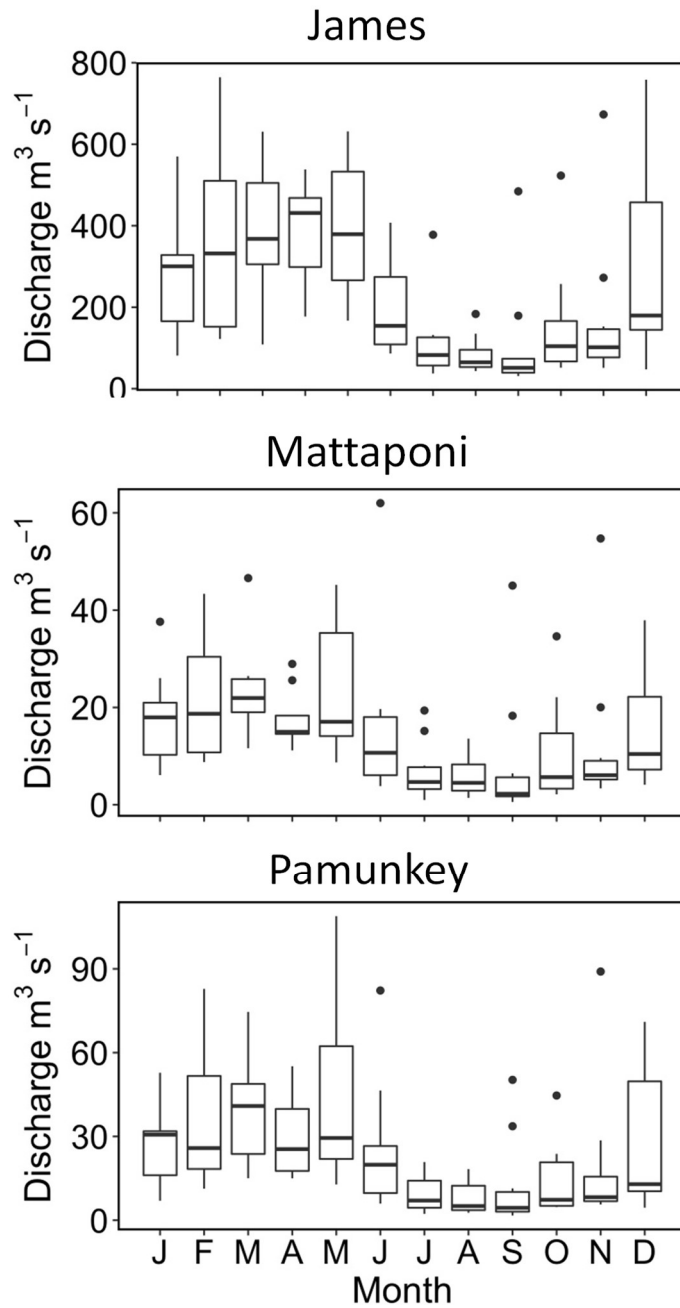


Figure 3. Time series of Cl concentrations in the tidal fresh segment of the James Estuary (upper panel) and Cl fluxes associated with river inputs, estuarine export and net tidal exchange (lower panels).

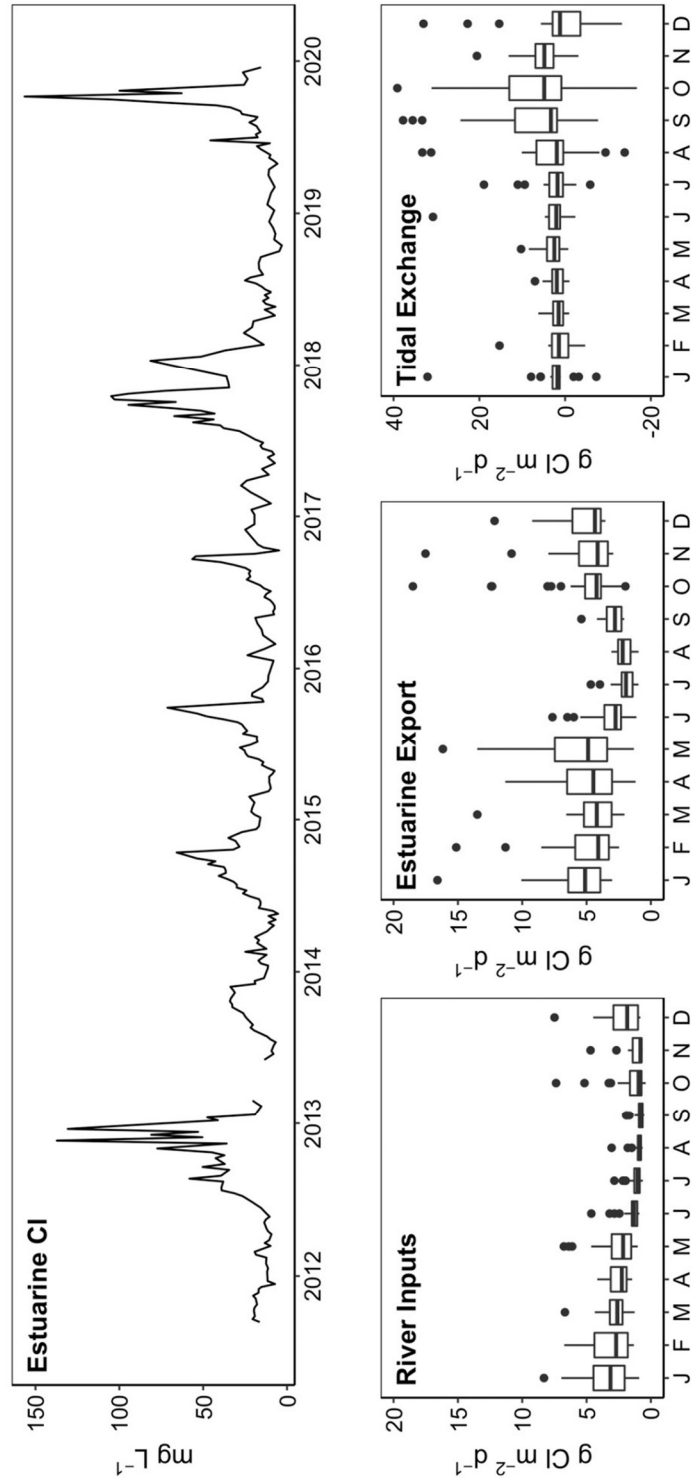


Figure 4. Results from GAM analysis depicting changes in riverine DOC, POC and DIC as a function of discharge (Q) for the James Mattaponi and Pamunkey Rivers.

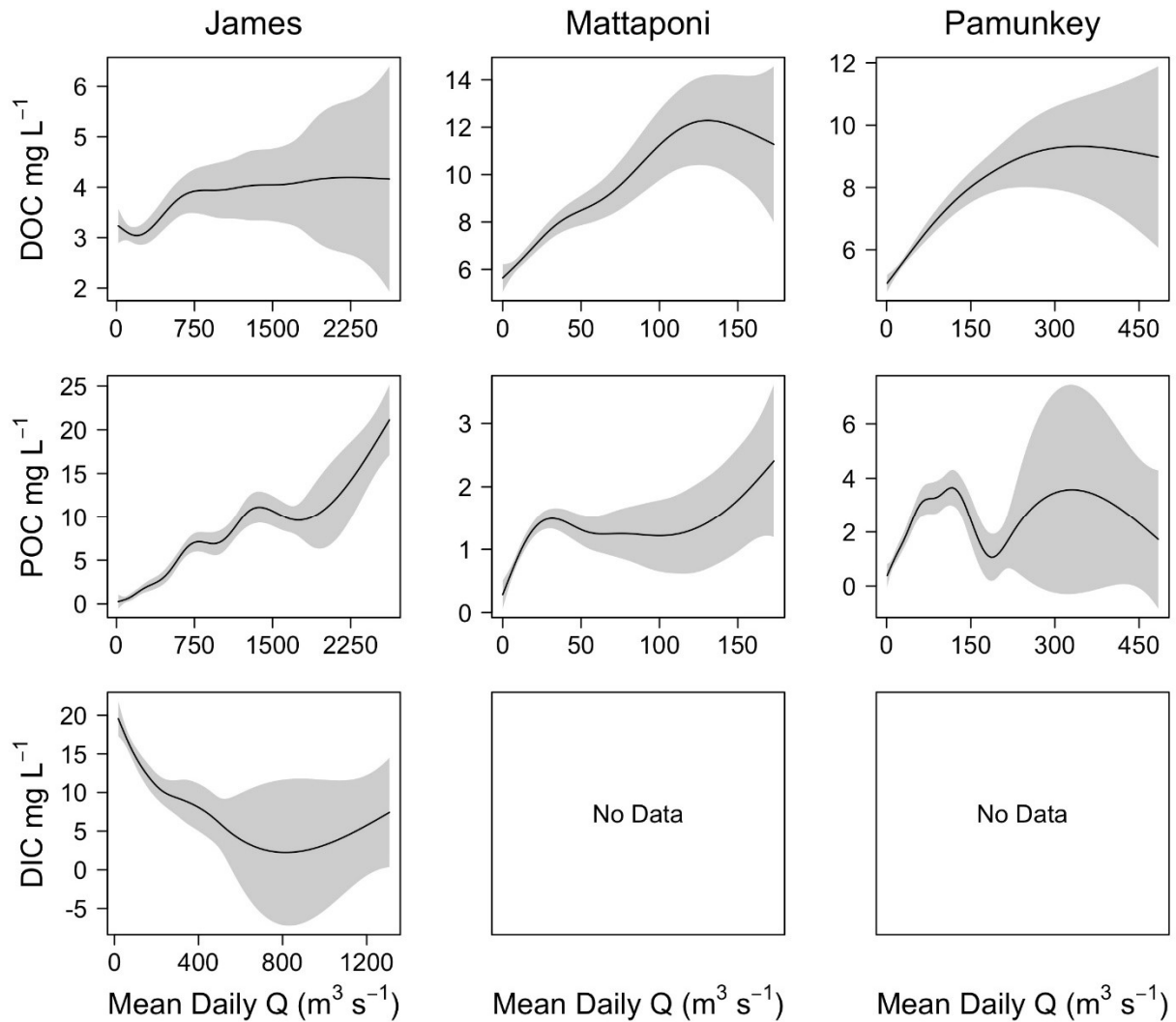


Figure 5. Results from GAM analysis depicting the effects of discharge (Q) on estuarine DOC, POC and DIC for the James Mattaponi and Pamunkey Estuaries. Concentrations are volume-weighted averages among estuarine sampling locations.

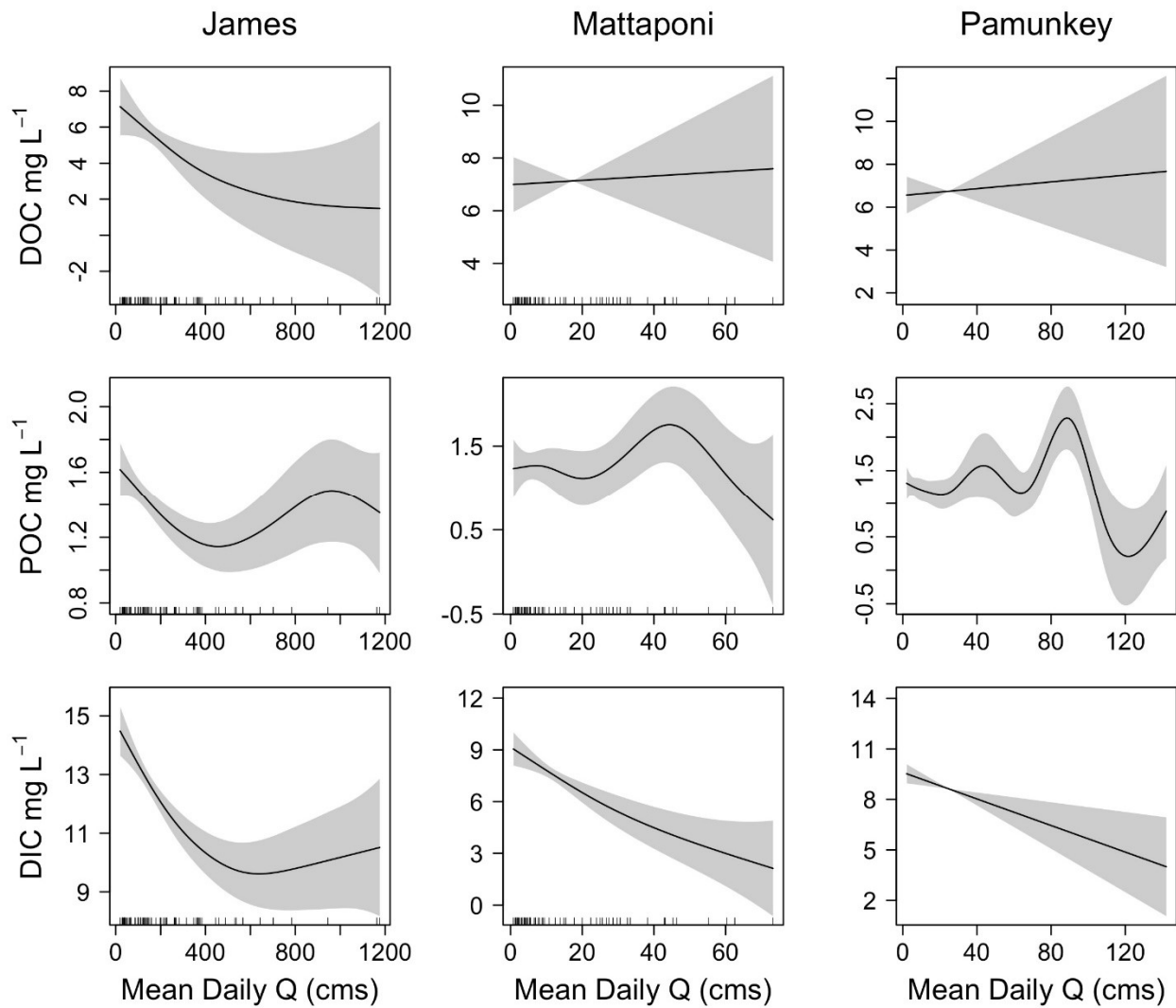


Figure 6. Results from GAM analysis depicting seasonal (day of year; DOY), inter-annual (decimal date) and discharge dependent variation in pCO<sub>2</sub> of the James, Mattaponi and Pamunkey Estuaries. Analyses were based on volume-weighted averages from 3-4 sampling locations in each estuary.

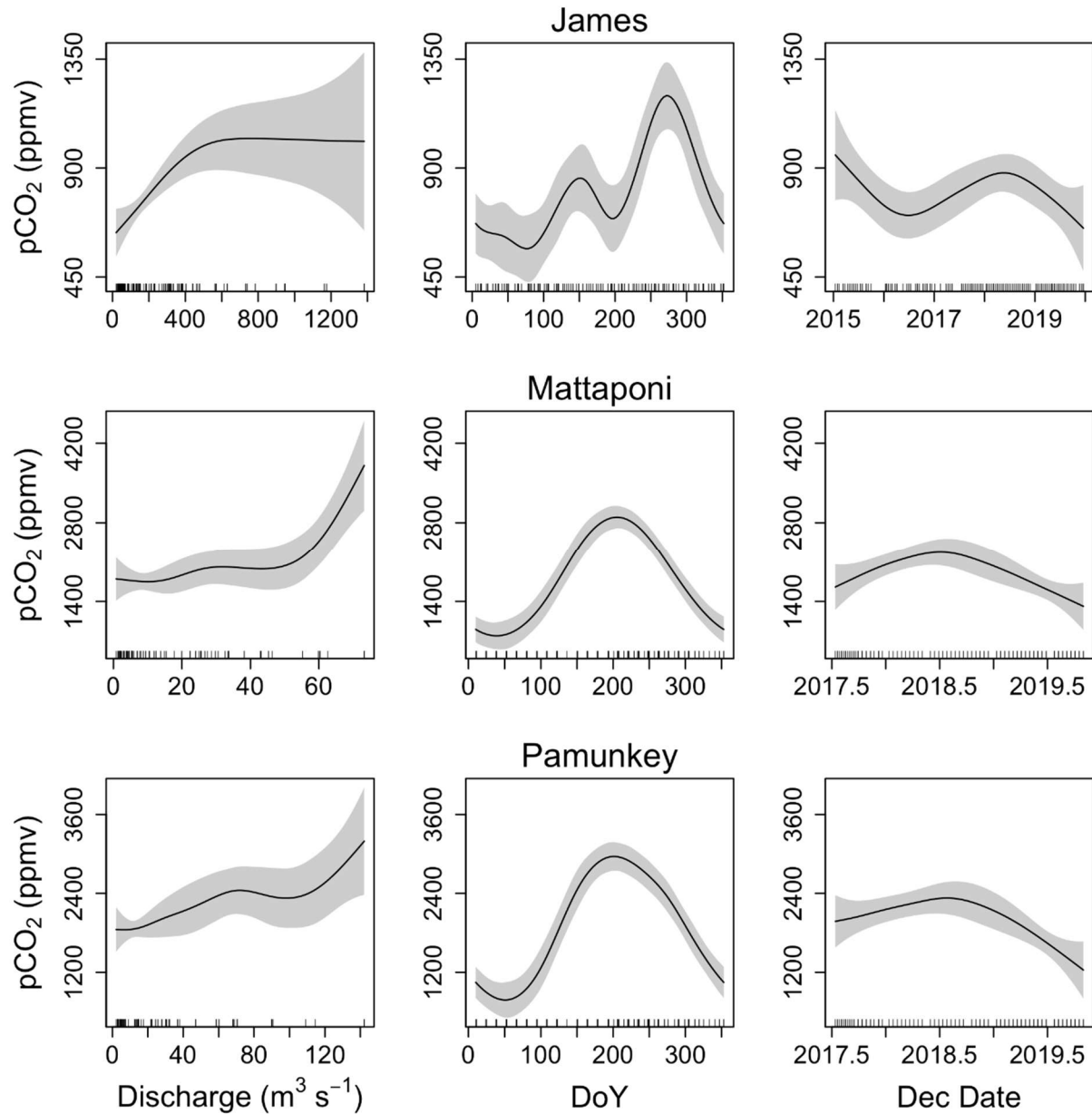


Figure 7. Monthly average values of air-water CO<sub>2</sub> fluxes for the James, Mattaponi and Pamunkey Estuaries. Positive values denote efflux of CO<sub>2</sub> from the estuary.

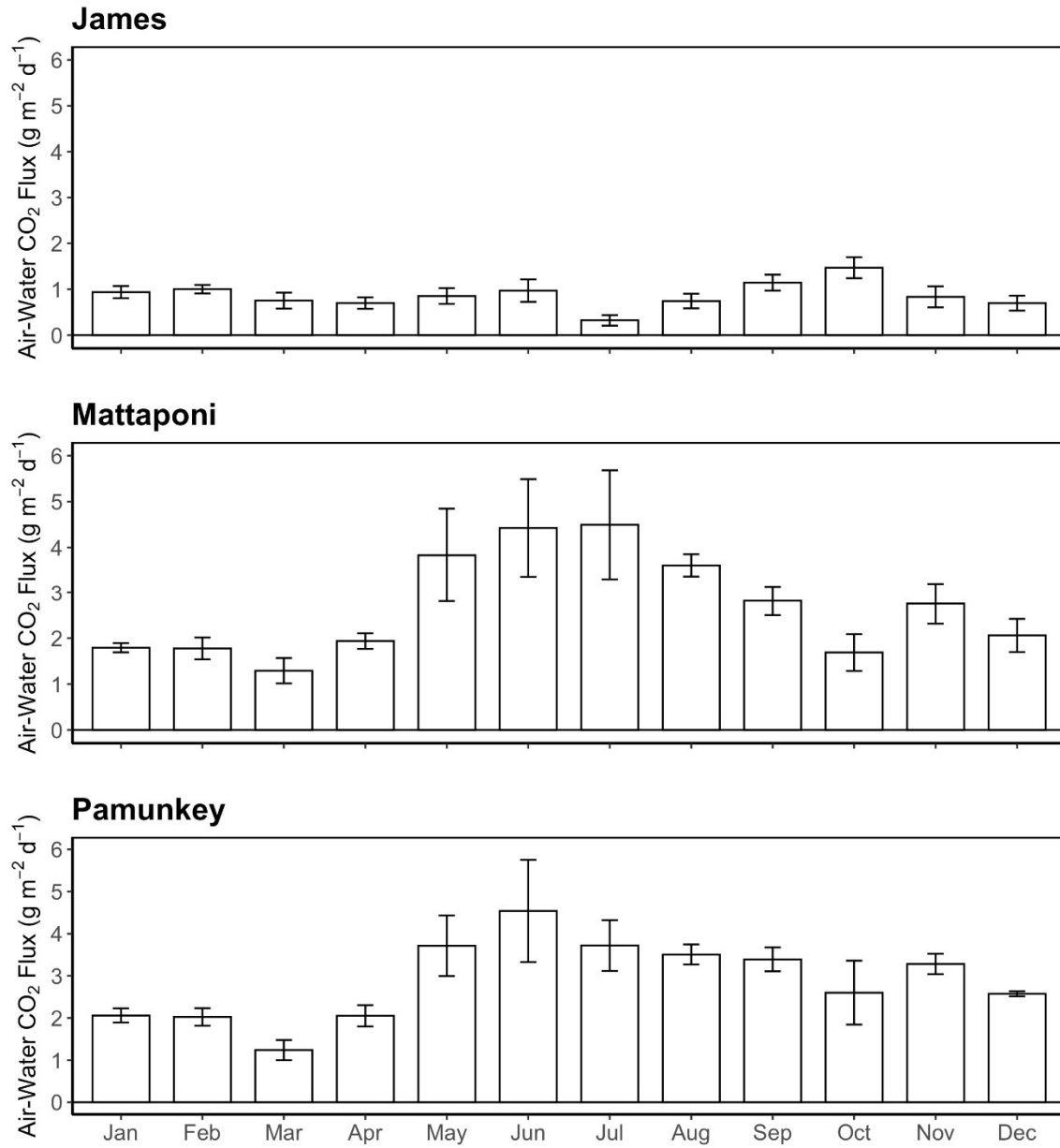


Figure 8. Seasonal variation in DOC, POC and DIC fluxes associated with riverine inputs, estuarine export, tidal exchange and estuarine retention for the tidal freshwater segment of the James Estuary (note differences in y axis scaling). Negative values for estuarine retention denote a net loss. DIC retention estimates take into account atmospheric losses of CO<sub>2</sub>.

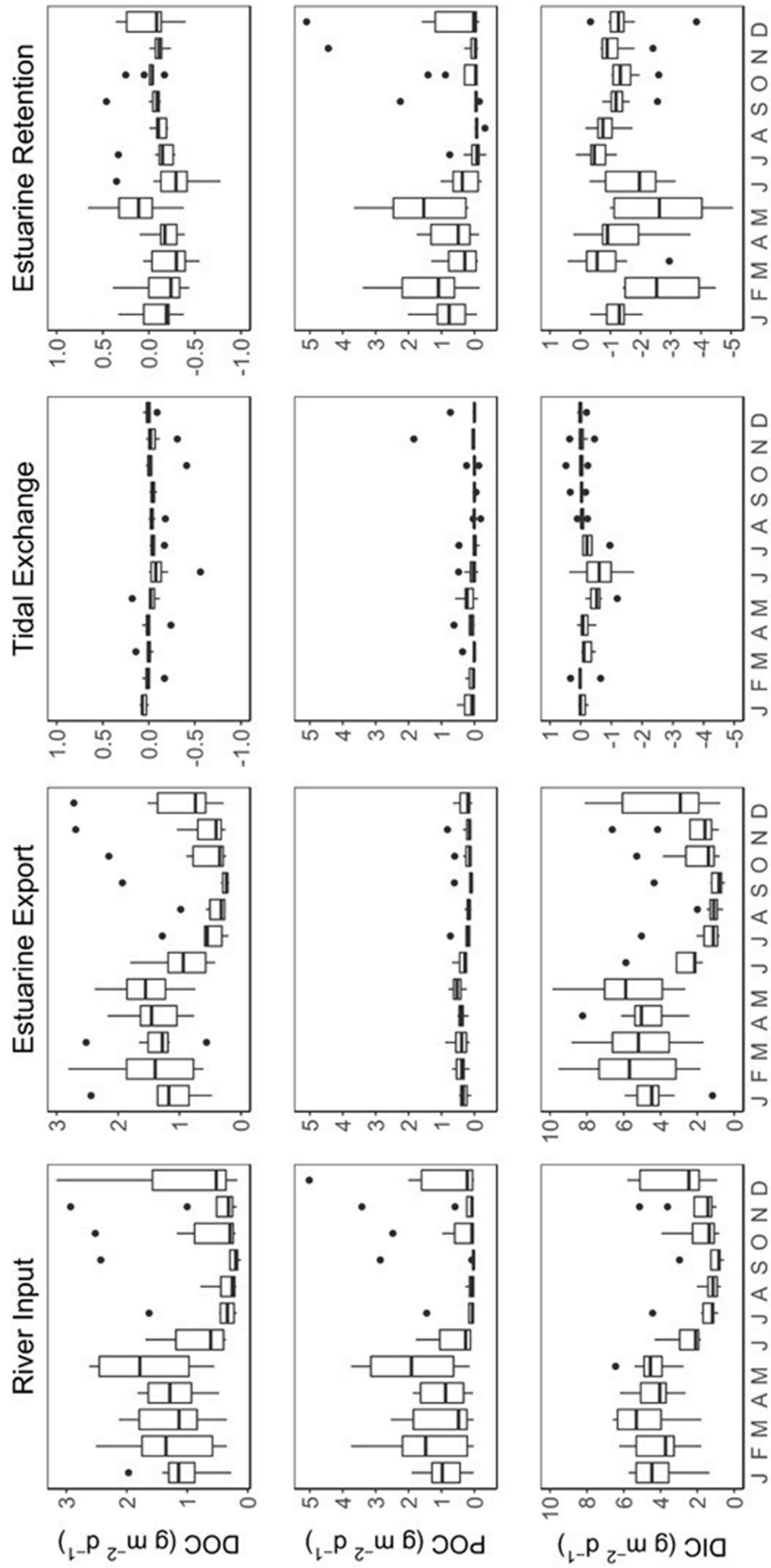




Figure 9. River input and estuarine export fluxes of DOC and POC for the Pamunkey (PMK) and Mattaponi (MPN) estuaries.

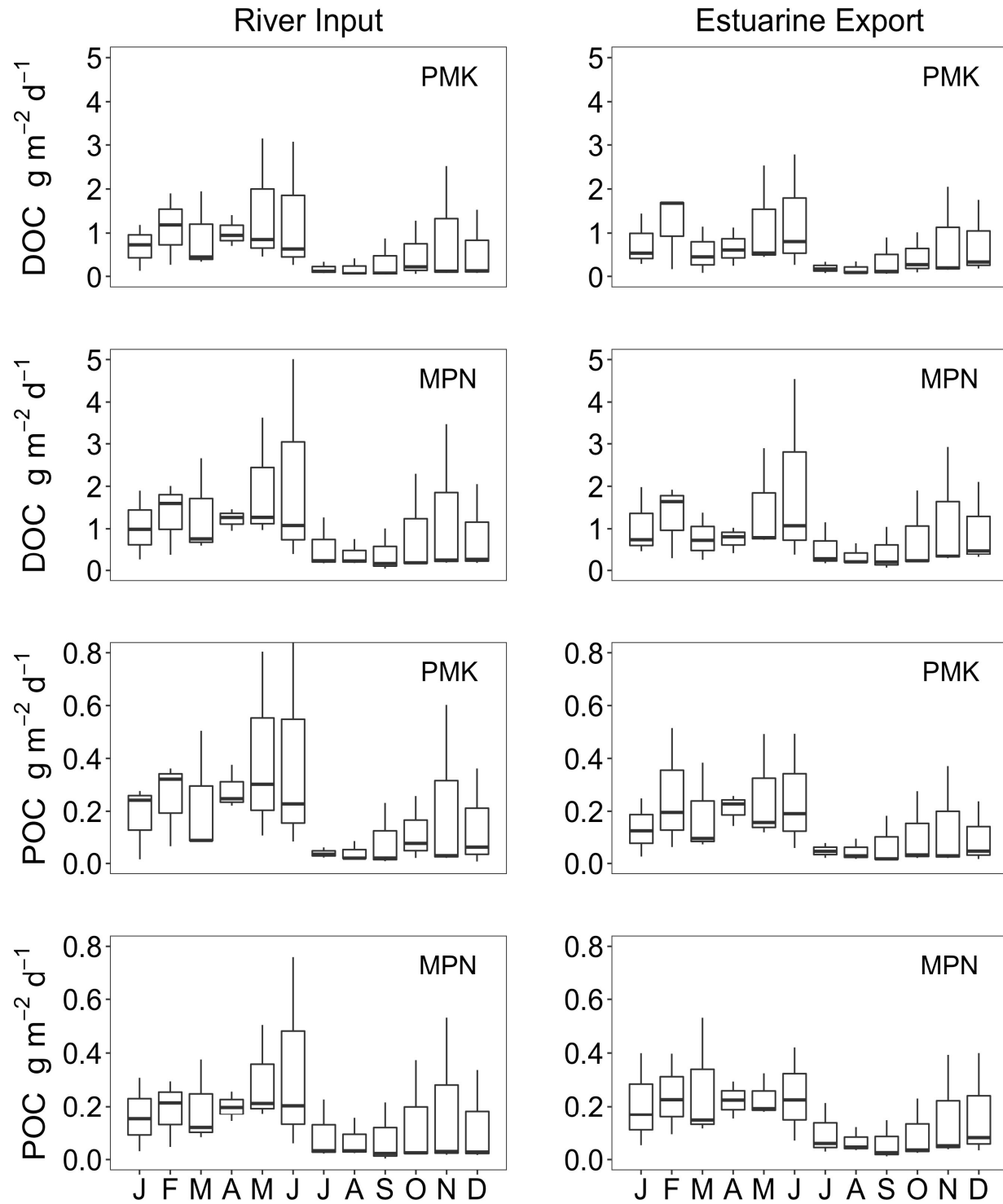
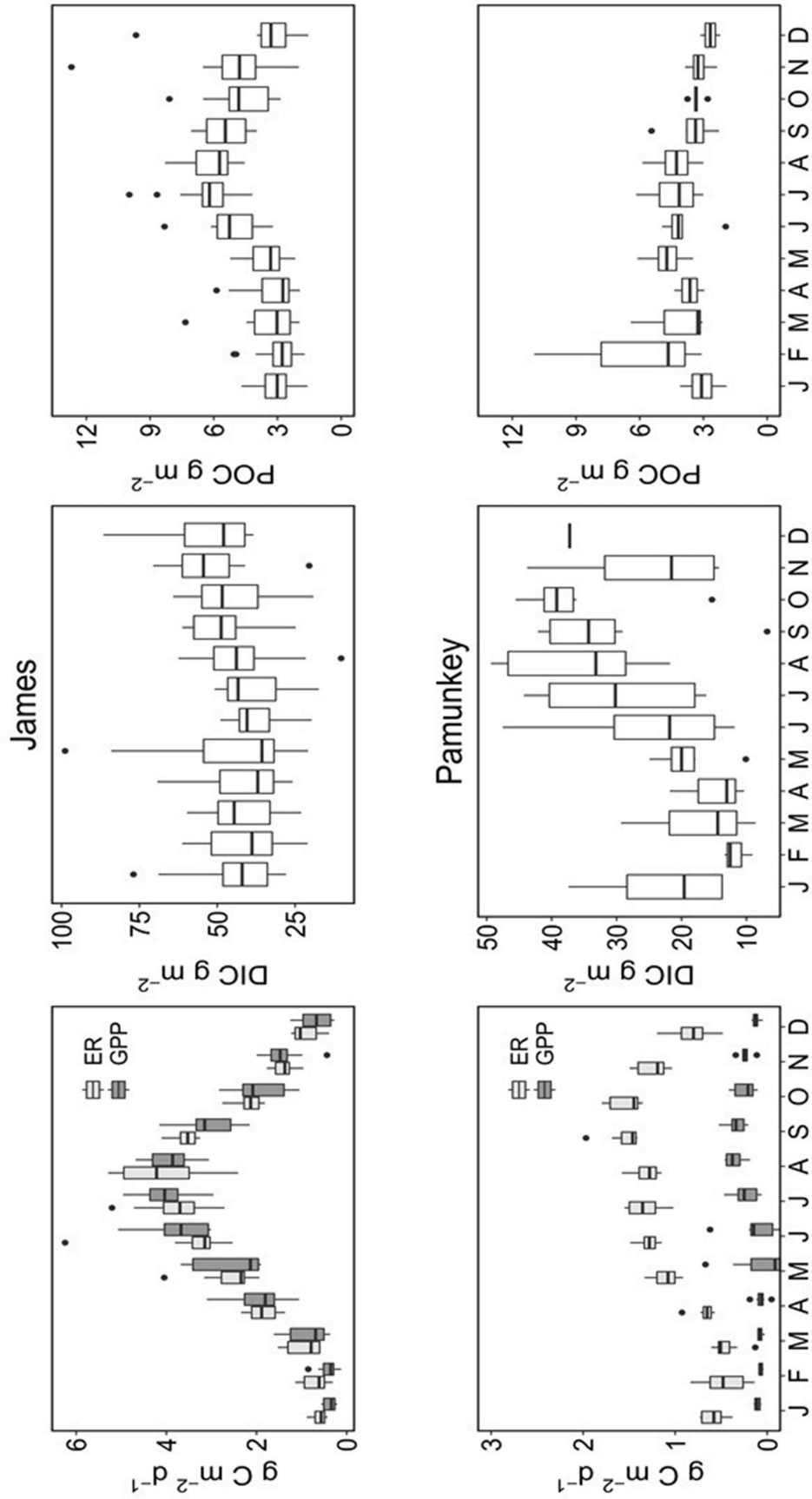


Figure 10. Seasonal variation in ecosystem metabolism (GPP and ER) in comparison to DIC and POC concentrations in the James and Pamunkey estuaries.



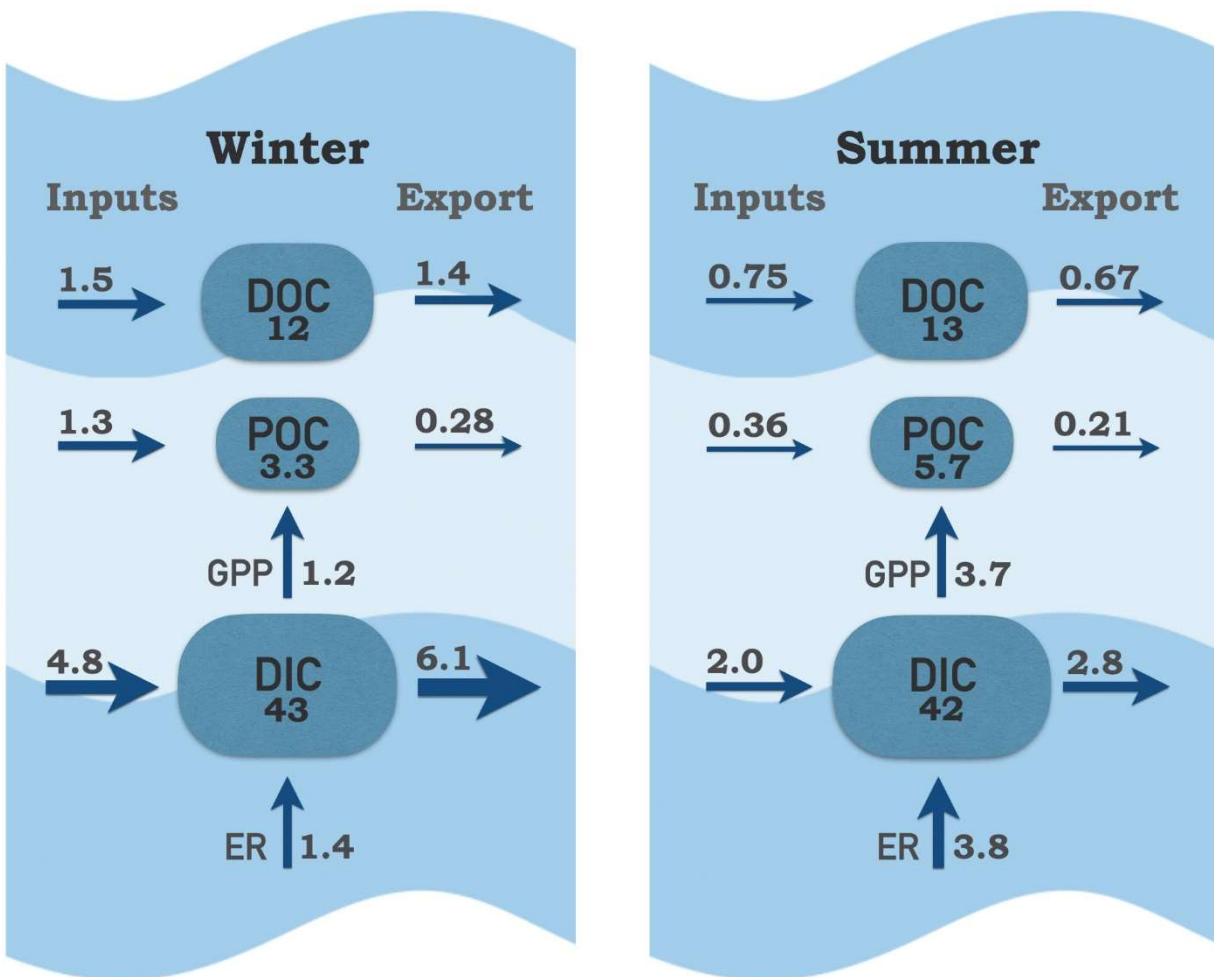


Figure 11. Carbon pools and fluxes within the tidal fresh segment of the James Estuary during winter (Jan-May) and summer (June-Sept). Inputs include riverine, local tributary and point source contributions; exports include tidal exchange and atmospheric losses of  $\text{CO}_2$ . Carbon pools (boxes) are  $\text{g C m}^{-2}$ ; fluxes (arrows) are  $\text{g C m}^{-2} \text{d}^{-1}$ .