

1 **Effects of Peatland Management on Aquatic Carbon Concentrations and Fluxes**

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3 Amy E. Pickard^{1*} Marcella Branagan^{1,2} Mike F. Billett^{1,3} Roxane Andersen², and Kerry J. Dinsmore¹

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5 ¹UK Centre for Ecology & Hydrology, Edinburgh, Bush Estate, Penicuik, Midlothian, EH26 0QB, UK

6 *Corresponding author: amypic92@ceh.ac.uk

7 ²Environmental Research Institute, University of Highlands and Islands, Castle St., Thurso, KW14 7JD, UK.

8 ³Department of Biological and Environmental Sciences, University of Stirling, UK.

9

10 **Abstract**

11 Direct land to atmosphere carbon exchange has been the primary focus in previous studies of peatland
12 disturbance and subsequent restoration. However, loss of carbon via the fluvial pathway is a significant term
13 in peatland carbon budgets and requires consideration to assess the overall impact of restoration measures.
14 This study aimed to determine the effect of peatland land management regime on aquatic carbon concentrations
15 and fluxes in an area within the UK's largest tract of blanket bog, the Flow Country of N. Scotland. Three sub
16 catchments were selected to represent peatland land management types: non-drained, drained and restoration
17 (achieved through drain blocking and tree-removal). Water samples were collected on a fortnightly basis from
18 September 2008 to August 2010 at six sampling sites, one located upstream and one downstream within each
19 sub catchment. Concentrations of DOC were significantly lower for the upstream non-drained sub catchment
20 compared to the drained sub catchments, and there was considerable variation in the speciation of aquatic
21 carbon (DOC, ~~DOC~~, POC, CO₂ and CH₄) across the monitoring sites, with dissolved gas concentrations
22 inversely correlated with catchment area and thereby contributing considerably more to total aquatic carbon in
23 the smaller headwater catchments, with significantly Significantly higher POC concentrations were observed
24 in the restored sub-catchment most affected by tree-removal. Aquatic carbon fluxes were highest from the
25 drained catchments and lowest from the non-drained catchments at ~~23.55.6~~ and ~~10.47.9~~ g C m⁻² yr⁻¹,
26 respectively, with variability between the upstream and downstream sites within each catchment very low. It
27 is clear from both the aquatic carbon concentration and flux data that drainage has had a profound impact on
28 the hydrological and biogeochemical functioning of the peatland. In the restoration catchment, carbon export
29 varied considerably, from ~~23.321.1~~ g C m⁻² yr⁻¹ at the upper site to ~~11.410.0~~ g C m⁻² yr⁻¹ at the lower site,
30 largely due to differences in runoff generation. As a result of this hydrological variability it is difficult to make
31 definitive conclusions about the impact of restoration on carbon fluxes and further monitoring is needed to
32 corroborate the longer term effects.

33 **Keywords**

34 Flow Country, Aquatic Carbon Fluxes, DOC, Peatlands, Drainage, Ditch Blocking

35 **1. Introduction**

36 The ability of peatlands to store and sequester carbon is of major importance both nationally in terms of
37 greenhouse gas (GHG) accounting, and globally in understanding the carbon cycle and potential changes to
38 atmospheric composition. Loss of carbon via the aquatic pathway constitutes a significant term within peatland
39 carbon budgets, in some past studies accounting for between 34% and 51% of uptake from net ecosystem
40 exchange (NEE) (Dinsmore et al., 2010; Nilsson et al., 2008; Roulet et al., 2007). Aquatic carbon fluxes
41 include dissolved and particulate organic carbon (DOC and POC), dissolved inorganic carbon (DIC), and
42 within this, gaseous carbon in the form of carbon dioxide (CO₂) and methane (CH₄). Fluvial export of DOC is
43 typically the largest aquatic flux, with losses from UK peatland catchments in the range 19 to 27 g C m⁻² yr⁻¹
44 (Billett et al., 2010). Accordingly, DOC is also the most frequently reported of the aquatic carbon fluxes.

45 Whilst there is considerable inter-annual variability evident in many of the carbon flux pathways from
46 peatlands (e.g. Dinsmore et al., 2013; Helfter et al., 2015), a significant increasing trend in DOC concentrations
47 has been detected in the majority of monitored surface waters in Europe and North America since the 1980s
48 (Monteith et al., 2007). On the regional scale this trend has largely been attributed to recovery of soils from
49 acid deposition (Evans et al., 2012; Monteith et al., 2007), however on the catchment scale, anthropogenic
50 disturbance of peatlands has been identified as a potential contributing factor to the observed DOC increases
51 (Billett et al., 2010; Parry et al., 2014). Again, at the catchment scale, POC concentrations can indicate
52 increases in erosion that can often be traced back to changing land use (i.e. drained peatland sites might display
53 higher POC concentrations, and in some severely drained peatlands this can become the dominant C species
54 contributing to total fluvial carbon losses (Pawson et al., 2012)). Dissolved CO₂ and CH₄ have direct relevance
55 for the greenhouse gas (GHG) budgets of the streams themselves, as these gases are quickly evaded from
56 solution to the atmosphere, and can also be affected by peatland disturbance (Huotari et al., 2013).

57 Anthropogenic disturbance covers a range of activities including burning, peat cutting and afforestation, with
58 peatland drainage by far the most prevalent form of disturbance. It is estimated that 447,637 km² of peatlands
59 are drained globally, releasing up to 1,058 Mt CO₂ annually (Joosten, 2010), with a shift in the global peatland
60 biome from a net sink to a net source of C thought to have occurred in the 1960s (Leifeld et al., 2019). The
61 UK alone is thought to produce approximately 9.6 Mt CO₂ yr⁻¹ from degraded, often drained peatlands (Bain
62 et al., 2011). Drainage results in erosion and a lowering of the water table, which exposes greater peat depths

63 to aerobic conditions. Although the exact response differs between peatland types and with time since
64 disturbance (Laiho, 2006), artificially lowering the water table is generally understood to increase
65 decomposition rates. This results in a larger pool of soluble carbon species that can be transported via soil
66 throughflow to the surface drainage system, where increases in DOC concentrations are subsequently detected
67 (Evans et al., 2016a; Menberu et al., 2017; Strack et al., 2008; Worrall et al., 2004). Notably in Great Britain,
68 upland conifer plantations including those on drained, deep peat are estimated to have raised the overall DOC
69 export by as much as 0.168 Tg C year⁻¹ (Williamson et al., 2021).

70 In recognition of the value of intact peatlands there is now a significant national and international effort to
71 reduce peatland drainage and focus on restoration activities (Parry et al., 2014). In most cases the primary goal
72 of restoration is to return the hydrological functioning of the peatland to the assumed pre-management state as
73 a precursor for re-establishing the lost ecosystem functioning. Drain blocks are a cost-effective means by which
74 to raise the water table of human-impacted peatlands ~~and are constructed using a variety of damming methods~~
75 ~~such as plastic piling, heather bales or peat dams~~ (Armstrong et al., 2009; Parry et al., 2014). Their
76 implementation in previously drained catchments has in many cases resulted in successful re-wetting of
77 peatlands (Strack and Zuback, 2013; Waddington and Price, 2000) and reductions in peak discharge
78 (Shuttleworth et al., 2019). However the degree of their success has been shown to be spatially variable as a
79 function of ditch direction across the slope and height of water table prior to intervention (Holden et al., 2017a).
80 Associated reductions in DOC concentrations and fluxes are often an assumed co-benefit of restoration via
81 drain blocking and, therefore, this practice has been funded by water companies that source water from peat
82 catchments in an effort to reduce DOC concentrations in their pre-treatment raw water (Andersen et al., 2017).

83 Despite this assumed co-benefit, the reported effects of drain blocking on concentrations of DOC are not
84 consistent and often show contradictory results depending on time since blocking. Increases in concentrations
85 have been seen up to two years after restoration (Gibson et al., 2009; Worrall et al., 2007), while studies
86 conducted three to four years after blocking report lower concentrations in soil and stream water (Wallage et
87 al., 2006; Wilson et al., 2011). In a paired catchment study with an extended baseline data collection period
88 (three years pre-blocking), drain blocking showed no discernible impact on DOC or other measured carbon
89 species in ditch waters and stream waters after six years (Evans et al., 2018). The balance of evidence suggests
90 that different peatlands will display variable water quality responses to drain blocking controlled by factors

91 such as slope, altitude, rainfall, and further research is required to understand what drives different response
92 mechanisms.

93 Determining the effect of drain-blocking can be further complicated or masked by other simultaneous
94 restoration works, for example, removal of trees from peat with heavy machinery, which has previously been
95 shown to result in short-term increases in aquatic DOC concentrations (Zheng et al., 2018; Gaffney et al.,
96 2020). The blanket bogs of the Flow Country have been subject to multiple and changing land management
97 practices over the past half century. Afforestation of the Flow Country peatlands occurred during the 1970s
98 and 1980s and areas designated for planting were first drained to lower the water table and then planted with
99 non-native conifers (Lindsay et al., 1988). Large-scale “forest-to-bog” restoration, whereby non-native
100 conifers are extracted, drains are blocked and further management (e.g. brash crushing, shredding, peat-
101 reprofiling, etc.), has been on-going since the 1990s in an effort to restore the bog’s ecosystem functioning
102 (Andersen et al., 2017). This has resulted in a patchwork of land-use over a relatively small spatial scale, and
103 a unique opportunity to carry out detailed management effects research on quasi replicated catchments that fall
104 within the most extensive area of continuous blanket peatland in Europe (Lindsay et al., 1988), which serves
105 as a nationally important carbon store .

106 Here we utilise the land-use mosaic the Flow Country provides, monitoring aquatic carbon concentrations and
107 water flow in a nested catchment approach to quantify the effect of land management on aquatic carbon
108 concentrations and export. Specifically, we compare concentrations ~~and speciation~~ of aquatic carbon from
109 across three catchment types (non-drained, drained and restoration) to ~~answer the following questions~~test the
110 following hypotheses:

111 H1: DOC concentrations will be lowest in the non-drained catchment, relative to the drained and restoration
112 sites.

113 H2: POC concentrations will be highest in the drained catchment, as it is strongly linked with erosion.

114 H3: Dissolved gas concentrations will be highest in the non-drained catchments, consistent with a high water
115 table linking the terrestrial and aquatic environments.

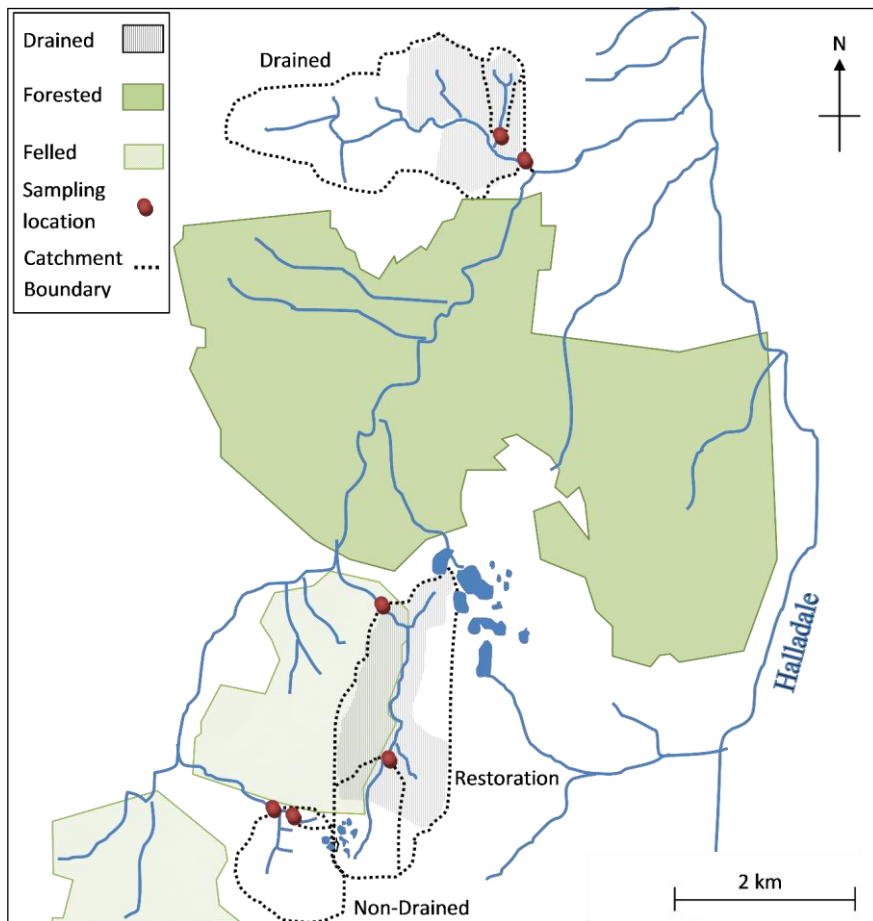
116 ● ~~How do land management practices across the Flow Country blanket bog affect aquatic carbon~~
117 ~~concentrations, and how does this vary by carbon species?~~

118 ● ~~Is there evidence to suggest that aquatic carbon concentrations and fluxes from the restoration site are in~~
119 ~~an intermediate state between drained (disturbed) peatland and non-drained (near-natural) peatland?~~

120 2. Methods

121 2.1 Site description

122 The study catchments are located c. 5 km northwest of Forsinard, northern Scotland, UK. Three study
123 catchments were identified within close proximity to represent three types of land management: non-drained,
124 drained (>40% of total catchment area affected by artificial drainage) and restoration (blocking of artificial
125 drains). Within each catchment, two stream monitoring sites were selected, splitting the experimental design
126 into six nested sub-catchments (Figure 1).



127

128 **Figure 1.** Schematic of experimental catchments including three land management types (Non-Drained,
 129 Drained and Restoration) and 2 nested sub-catchments (Upper and Lower). The diagram centre point has
 130 coordinates 58°24.45'N 3°56.80'W.

131 Both the non-drained and restoration catchments are located in the Cross Lochs area of the Royal Society for
 132 the Protection of Birds (RSPB)'s Forsinard Flows National Nature Reserve, while the restoration catchment
 133 forms part of the Bighouse Estate. The area has a mean annual temperature of 7.5 – 8.0 °C with a mean annual

134 precipitation range of 650 – 1000 mm. The geology consists of Moine granulites and schists over-laid with
135 fluvio-glacial material and blanket peat. Vegetation is dominated by mosses including *Sphagnum* spp. and
136 *Racomitrium lanuginosum* (Hedw.) Brid., sedges such as *Eriophorum* spp. and shrubs *Calluna vulgaris* (L.)
137 Hull and *Erica tetralix* L. Vegetation in the stream riparian zones is dominated by sedges and *Juncus*
138 *squarrosus*.

139 The drains in Cross Lochs are believed to have been created in the 1970s and 1980s when farm capital grants
140 were made available. Areas of Cross Lochs were then planted in the early 1980s with non-native conifer
141 species (*Pinus contorta* and *Picea sitchensis*) (Lindsay et al., 1988). The RSPB began restoration of the area
142 in 2002 through the felling of trees and blocking of drains. At the time, given that the trees were still small,
143 trees were felled-to-waste, i.e. cut at the base and rolled into adjacent furrows. Drains of open ditch formation
144 were created on the Bighouse Estate during the 1950s in response to agricultural subsidies, and have been
145 regularly maintained and free flowing since their installation. In the lower catchment, drains are spaced
146 between 30 - 70 m apart; in the upper catchment, drains are spaced closer at approximately 30 - 40 m apart.

147 The study sites are small headwater streams of order 1 or 2 draining catchments ranging in size from 0.13 to
148 3.58 km² (Table 1). Whilst neither of the non-drained sub-catchments were affected by artificial drainage
149 alone, approximately 20% of the upper sub-catchment area has been influenced by forest-to-bog restoration
150 (where drainage would have occurred prior to tree planting). The two drained sub-catchments contain no
151 forestry or forest-to-bog restoration influence but have 65% and 25% of their total area affected by active
152 artificial drainage (upper and lower sub catchments, respectively). The restoration sub-catchments contain both
153 forest-to-bog restoration and drain-blocking activity, with 40% and 82% of the total area affected by blocked
154 drains in the upper and lower restoration sub-catchments, respectively.

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155 **Table 1.** Sub catchment details.

	Non-Drained		Drained		Restoration	
	Upper	Lower	Upper	Lower	Upper	Lower
Acronym	N _U	N _L	D _U	D _L	R _U	R _L
Catchment size (km²)	0.13	1.03	0.21	3.58	0.73	2.93
Area affected by open drains (%)	0	0	65	25	0	0
Area affected by blocked drains (%)	0	0	0	0	40	82
Tree removal (%)	20	0	0	0	32	19
Stream order	1°	2°	1°	2°	1°	2°
Elevation (m)	201	192	106	103	189	182

156

157 2.2 Field sampling

158 Stream water sampling was carried out approximately fortnightly over a two-year period from September 2008
 159 to August 2010. On each sampling occasion and at each sampling point, a water sample was collected in a 500
 160 mL acid-washed glass bottle for analysis of POC, DOC and DIC and a headspace and ambient air sample
 161 collected in gas-tight syringes for analysis of CO₂ and CH₄. Stream water ~~pH~~-temperature and electrical
 162 conductivity (EC) were also measured using hand-held devices *in-situ* on each sampling occasion.

163 Stream height was continuously monitored throughout the full study period using pressure transducers (In-
 164 Situ® Level TROLL®) positioned at the non-drained lower (N_L), drained lower (D_L) and restored upper (R_U)
 165 stream sampling sites. These locations were chosen for their natural and stable conditions. Continuous
 166 discharge was calculated using stage-discharge rating curves (r² between 0.84 and 0.97; [Supplementary](#)
 167 [Information Figure 1](#)) created from dilution gauging measurements correlating discharge at each individual
 168 sampling site to the catchment specific pressure transducer ([Supplementary Information Figure 2](#)).

169 2.3 Laboratory analyses

170 Stream water samples were filtered within 24 hours of collection through pre-ashed (6 hours at 500°C), pre-
171 weighed Whatman GF/F (0.7 µm pore size) filter papers. POC was calculated using loss-on-ignition, following
172 the method of Ball (1964) ~~which has been estimated to introduce an error of ~15% for water samples with low~~
173 ~~POC concentrations (Dinsmore et al., 2010)~~. The filtrate was stored in the dark at 4°C until analysis within
174 four weeks of sampling. The filtrate was analysed for DOC ~~and DIC~~ concentration using a PPM LABTOC
175 Analyser with detection range 0.1 to 4000 mg L⁻¹.

176 Dissolved CO₂ and CH₄ were calculated using the widely cited headspace technique (Billett et al., 2004;
177 Dinsmore et al., 2013; Kling et al., 1991). A 40 mL water sample was equilibrated with 20 mL of ambient air
178 at stream temperature by shaking vigorously under water for one minute; the equilibrated headspace was then
179 transferred to a gas tight syringe until analysis. On each sampling occasion a separate sample of ambient air
180 was also collected. Headspace samples were analysed on an HP5890 Series II gas chromatograph (Hewlett-
181 Packard), with flame ionisation detectors (with attached methaniser) for CH₄ and CO₂. Detection limits for
182 CO₂ and CH₄ were 10 ppmv and 70 ppbv, respectively. Concentrations of CO₂ and CH₄ dissolved in the stream
183 water were calculated from the headspace and ambient concentrations using Henry's law (e.g. Hope et al.,
184 2001). ~~Although dissolved gaseous CO₂ and CH₄ form part of the DIC pool, due to the different measurement~~
185 ~~methods employed here they are treated independently from DIC throughout this study, allowing comparison~~
186 ~~with previous studies of peatland carbon budgets where this distinction has been made (e.g. Dinsmore et al.,~~
187 ~~2010; Worrall et al., 2003).~~

188 2.4 Data analysis

189 One-way analysis of variance (ANOVA) was used to test differences in species specific carbon concentrations
190 between sampling sites, and significant differences were detected using a 95% confidence interval. To
191 determine the differences between individual groups, a post-hoc Tukey's test was applied to the ANOVA
192 results. Honestly significant differences were then reported using letters, where common letters indicate
193 statistically similar groups.

194 Carbon species concentration and discharge data were used to calculate the flow weighted mean concentration
 195 (FWMC) following Equation 1 (Dinsmore et al., 2013), where c_i is the instantaneous concentration, q_i is the
 196 instantaneous discharge and t_i is the time step between concentration measurements.

$$197 \quad \text{FWMC} = \frac{\sum(c_i \times t_i \times q_i)}{\sum(t_i \times q_i)} \quad (1)$$

198 Drivers of variability in the carbon FWMC were explored in multiple linear regressions using a step-wise
 199 approach to construct a best-fit predictive model based on catchment land use data. Linear regression analyses
 200 of carbon species data by site against air temperature and the natural log of discharge produced r^2 values and
 201 p-values; these were then used to determine the strength and statistical significance of the relationships,
 202 respectively. These analyses were conducted in R v 3.5.3 (R Core Team, 2018).

203 In order to reconcile the approximately fortnightly carbon concentration measurements with the continuous
 204 discharge data to calculate annual carbon export, ‘Method 5’ of Walling and Webb (1985) was used, also
 205 described in Dinsmore et al. (2013) and Hope et al. (1997). The method is shown in Equation 2, where C_i is
 206 the instantaneous concentration for each carbon species, Q_i is the instantaneous discharge, Q_r is the mean
 207 discharge over the study period and n is the number of instantaneous samples analysed.

$$208 \quad \text{Load} = K \times Q_r \times \frac{\sum_{i=1}^{i=n} [C_i \times Q_i]}{\sum_{i=1}^{i=n} Q_i} \quad (2)$$

209 Standard error of the load was derived using Equation 3, where F is the annual discharge and C_F is the flow-
 210 weighted mean concentration (Hope et al., 1997).

$$211 \quad \text{SE} = F \times \text{var}(C_F) \quad (3)$$

212 The variance of C_F was estimated using Equation 4, where Q_n is the sum of all the individual Q_i values (Hope
 213 et al., 1997).

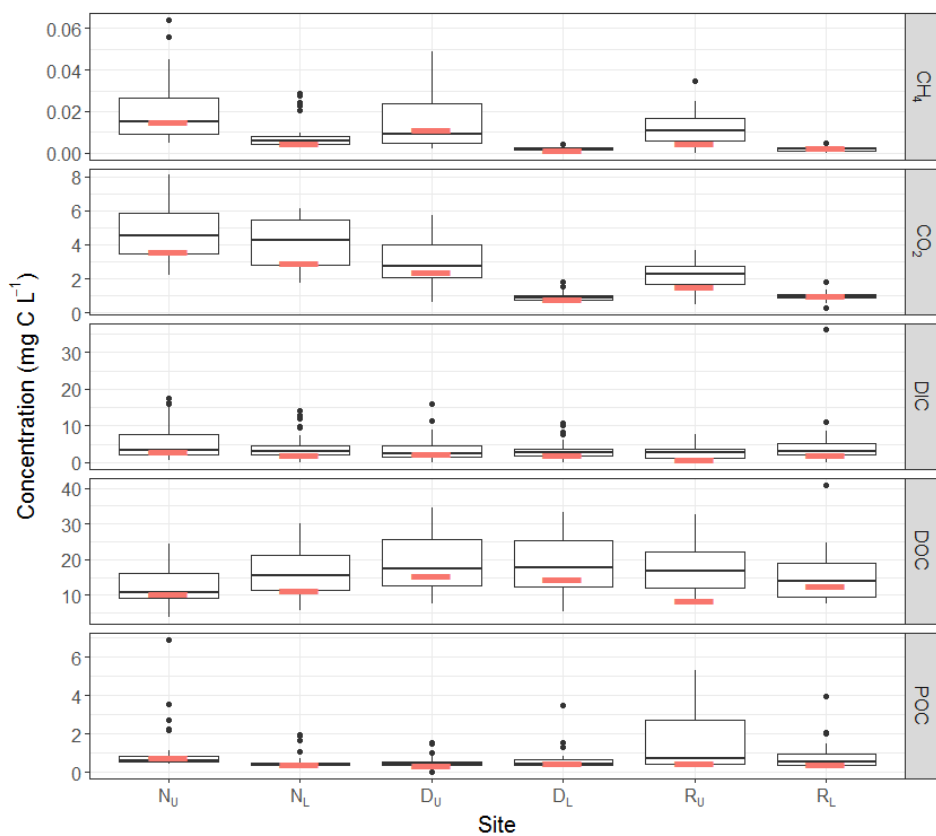
$$214 \quad \text{var}(C_F) = \left[\sum (C_i - C_F)^2 \times Q_i / Q_n \right] \times \sum Q_i^2 / Q_n^2 \quad (4)$$

215 Export values for each of the carbon species are reported in $\text{g m}^{-2} \text{yr}^{-1}$ scaled to the catchment areas reported in
 216 Table 1.

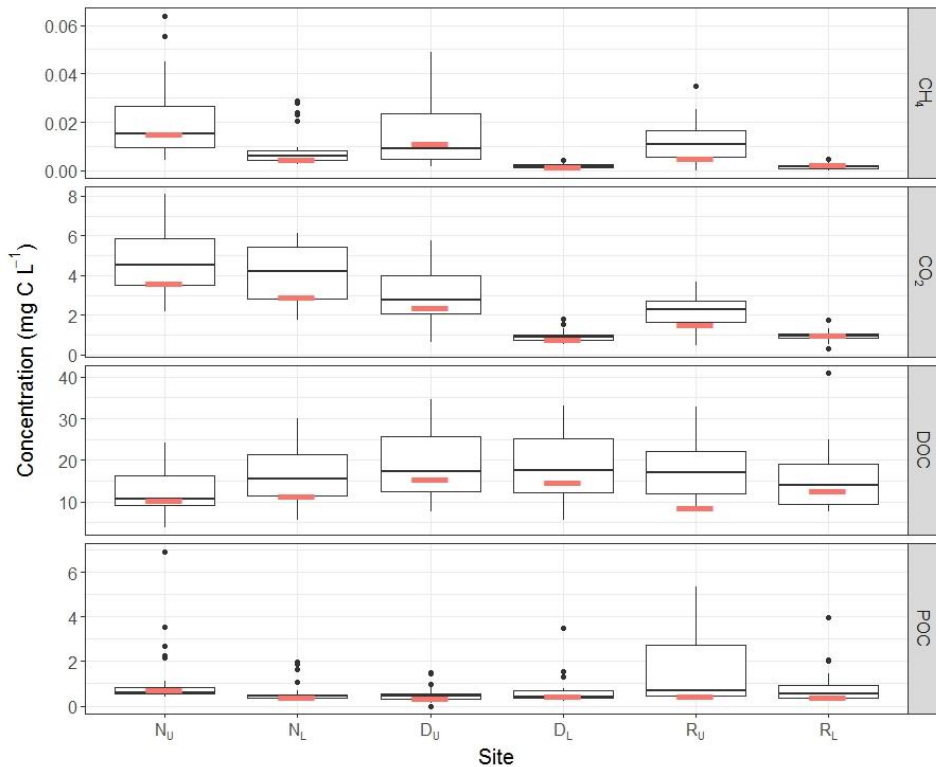
217 **3. Results**

218 **3.1 Carbon concentrations**

219 The concentration of DOC represented the greatest proportion of the total aquatic carbon component at all sites
220 with mean concentrations ranging from a low of 12.8 mg C L⁻¹ in the upper non-drained catchment to a high
221 of 20.5 mg C L⁻¹ in the upper drained catchment (Figure 2). Significant differences in DOC concentrations
222 across the sampling period were observed between the upper non-drained catchment compared to the upper
223 restoration catchment and both drained catchments (Table 2).



224



225

226 **Figure 2.** Boxplots showing range of carbon concentrations by species at each site over full measurement
 227 period, where the red line represents the flow weighted mean concentration.

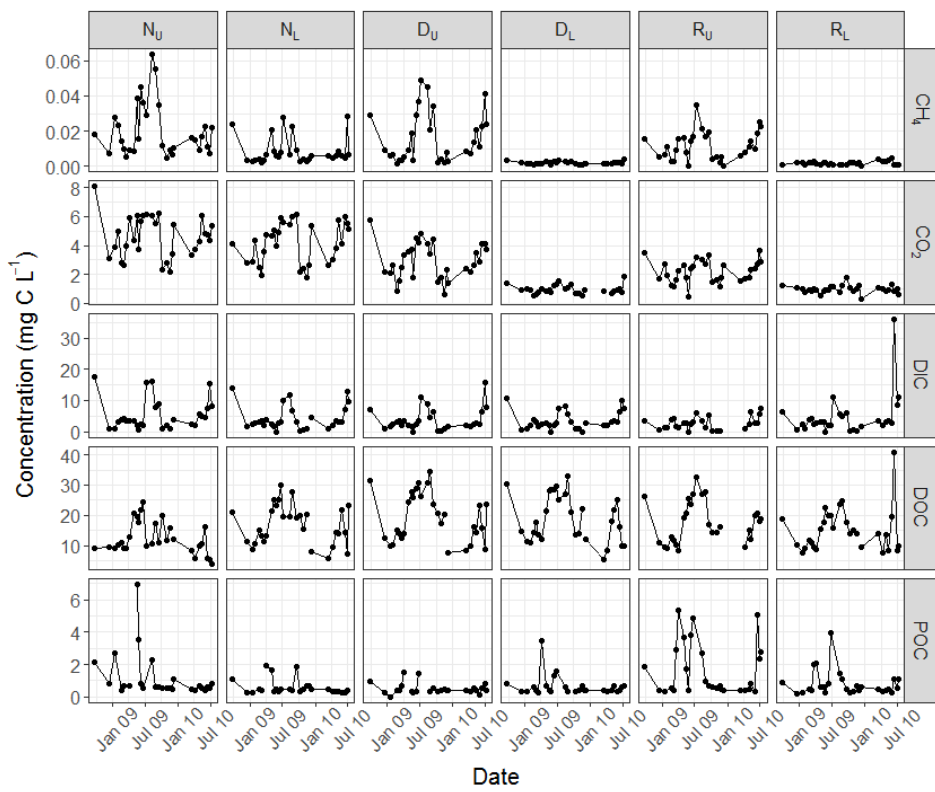
228 The non-drained catchment had the greatest mean concentration of CO₂ at both the upper and lower sampling
 229 sites, reaching a maximum of 8.1 mg C L⁻¹ (Table 2). Concentrations of CO₂ in the drained and restored
 230 catchments were strongly dependent on sampling location, with concentrations at the upper sites greater than
 231 those downstream, and this difference was significant for drained and restored catchments (Table 2). A similar
 232 pattern was seen in the FWMCs suggesting this is more than a simple dilution effect (Figure 4). DIC
 233 concentrations were of a similar magnitude to CO₂ at both the non-drained sub-catchments, but were
 234 considerably higher than CO₂ in the drained and lower restored catchments.

235 **Table 2.** Mean (range) stream water hydrochemical data. * indicates gauged water level monitoring sites.
 236 Letters in *italics* represent the results from Tukey's family test statistic with common letters indicating
 237 statistically similar groups, as tested for each C species across sampling sites.

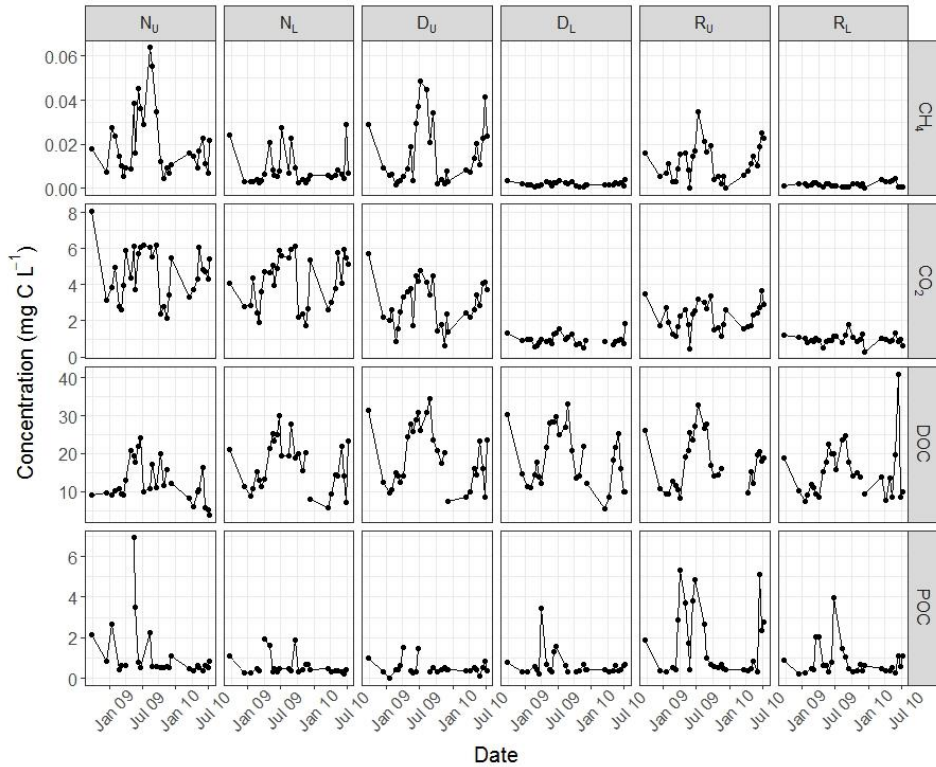
	Non-Drained		Drained		Restoration	
	Upper	Lower*	Upper	Lower*	Upper*	Lower
Discharge (L s ⁻¹)	1.97 (0.37-16.03)	15.81 (<0.01-154.34)	7.39 (1.48-33.93)	129.34 (5.3-686.44)	32.51 (<0.01-300.69)	64.14 (2.42-573.25)
CO ₂ (mg C L ⁻¹)	4.64 (2.17-8.08) <i>a</i>	4.23 (1.75-6.13) <i>a</i>	2.97 (0.61-5.74) <i>b</i>	0.98 (0.52-1.83) <i>d</i>	2.24 (0.47-3.66) <i>c</i>	0.97 (0.29-1.77) <i>d</i>
CH ₄ (μg C L ⁻¹)	20.28 (4.49-63.87) <i>a</i>	8.38 (2.49-28.76) <i>cd</i>	17.32 (1.75-48.73) <i>ab</i>	2.04 (0.7-4.15) <i>d</i>	12.57 (0.04-34.94) <i>bc</i>	1.74 (<0.01-4.66) <i>d</i>
DOC (mg C L ⁻¹)	12.82 (3.81-24.42) <i>a</i>	17.73 (5.69-35.06) <i>ab</i>	20.45 (7.53-42.19) <i>b</i>	19.7 (5.49-33.13) <i>b</i>	19.06 (8.19-36.34) <i>b</i>	16.24 (7.53-40.96) <i>ab</i>
DIC (mg C L ⁻¹)	5.72 (0.7-17.61) <i>a</i>	4.49 (0.04-14.09) <i>a</i>	4.00 (<0.01-15.84) <i>a</i>	3.82 (<0.01-10.82) <i>a</i>	2.89 (<0.01-7.6) <i>a</i>	4.64 (<0.01-36.08) <i>a</i>
POC (mg C L ⁻¹)	1.18 (0.39-6.93) <i>ab</i>	0.59 (0.24-1.96) <i>a</i>	0.56 (<0.01-1.51) <i>a</i>	0.65 (0.24-3.47) <i>a</i>	1.66 (0.34-5.34) <i>b</i>	0.84 (0.21-3.96) <i>a</i>
Total C (mg C L ⁻¹)	24.38 18.66	22.56 27.05	24.00 28.00	25.15 21.33	25.86 22.97	22.69 18.05

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239 Mean site CH₄ concentrations ranged from 1.7 μg C L⁻¹ at the lower restoration site to 20.3 μg C L⁻¹ in the
 240 outflow of the upper non-drained catchment (Table 2). Within each site ranges were extremely high with the
 241 maximum recorded concentration 63.9 μg C L⁻¹ at the upper non-drained catchment during Autumn 2009
 242 (Figure 3). POC was also highly variable within catchments following a temporal pattern of low baseline
 243 concentrations with sporadic peaks (Figure 3). Significantly higher POC concentrations were observed for the
 244 upper restoration catchment (Table 2).



245



246

247 **Figure 3.** Time series of carbon concentrations by species across the six sampling sites.

248 Whilst the speciation of carbon was highly variable between catchments (Figure 3S) with a number of between-
 249 site significant differences at species level (Table 2), the site-specific mean total carbon concentrations were
 250 all within the narrow range of $18.0522.7$ mg C L⁻¹ (R_L) to $284.0.0$ mg C L⁻¹ (N_{D_U}).

251 Linear regression models were constructed with the aim of explaining the described site specific differences
 252 in carbon concentrations based on catchment characteristics including total area, percent of catchment drained,
 253 percent of catchment with blocked drains and percent of catchment that had undergone tree removal. When
 254 single variables were included only total catchment area correlated significantly with CO₂ and CH₄ FWMCs;
 255 no significant relationships existed for POC_{or}, DOC_{or} DIC. Whilst not significant, the proportion of the
 256 catchment that had been drained explained 58% of the site variation in CO₂ FWMC ($p = 0.08$, negative
 257 relationship) and the proportion of the catchment that contained blocked drains explained 54% of the between

258 site variation in DOC FWMC (p = 0.09, positive relationship). These were the only other variables that had p-
 259 values of less than 0.10.

260 Multiple linear regressions were then applied using a step-wise selection process that produced explanatory
 261 models with p < 0.10 for CH₄, CO₂ and DOC (Table 3). High FWMCs of CH₄ were associated with sites that
 262 contained few blocked drains and areas of tree removal. However as these variables themselves are correlated,
 263 with blocked drains and tree removal occurring simultaneously, it is difficult to draw process-based
 264 conclusions from these results. The CO₂ model suggests an increase in the drained area leads to lower stream
 265 water concentrations. ~~this is also seen in the DIC model that was non-significant. Catchments affected by tree~~
 266 ~~removal showed greater DIC concentrations.~~ Given the inter-correlation between drain blocking and tree
 267 removal at our test catchments, the positive relationship between CO₂ concentrations and blocked area may
 268 be, in part, due to ~~the same drivers as DIC and tree removal area~~ both drivers.

269 **Table 3.** Best fit model describing between site variability in carbon FWMC based on stepwise multiple
 270 linear regressions. Log10 transformation was applied to CH₄ FWMC before regressions were carried out.

Species	Variables	Sign of relationship	r ²	p-value
<i>CH₄</i>	Blocked Area	-	0.87	0.02
	Deforested Area	+		
<i>CO₂</i>	Total Area	-	0.84	0.09
	Blocked Area	-		
	Drained Area	-		
<i>DOC</i>	Total Area	+	0.69	0.08
	Deforested Area	+		
<i>DIC</i>	<i>No model found</i>	---	---	---
<i>POC</i>	<i>No model found</i>	---	---	---

271

272 Concentrations in all carbon species varied throughout the year (Figure 3). The majority of species, across all
 273 sites, followed a seasonal pattern that positively correlated with air temperature (Table 4). Only DOC in the
 274 upper non-drained and CO₂ in the lower restoration site did not display a positive relationship with average
 275 daily air temperature. Temporal variability in carbon concentrations were also strongly linked to discharge,
 276 primarily with a negative concentration-discharge relationship (Table 4). Only CH₄ concentrations in the lower
 277 restored catchment showed a positive concentration-discharge relationship, and this was not significant at the
 278 0.05 confidence interval.

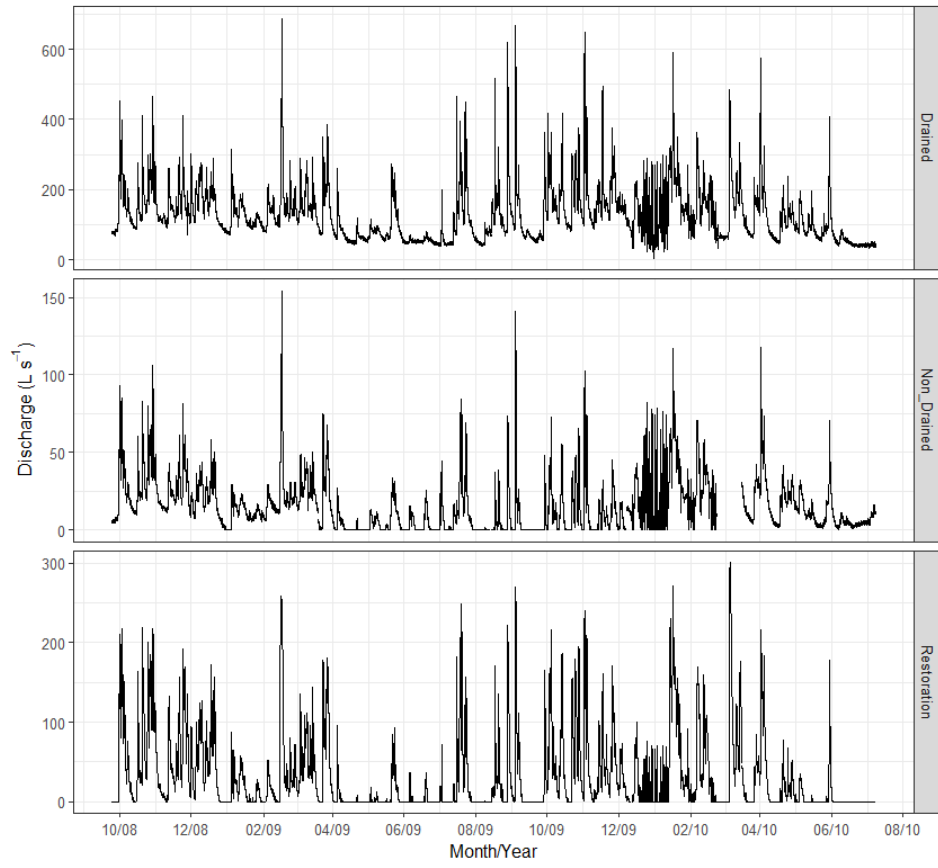
279 **Table 4.** Results from linear regressions of concentration against log discharge and air temperature. Values
 280 represent modelled r² values with †, * and ** representing p-values of <0.10, <0.05 and <0.01, respectively;
 281 “ns” denotes non-significance at p > 0.10. +/- represents the sign of the relationship where one exists.

Species	N _U	N _L	D _U	D _L	R _U	R _L
<i>Log(Discharge)</i>						
Log(CH ₄)	- 0.2 *	- 0.28 **	- 0.62 **	- 0.58 **	- 0.31 **	+ 0.11 †
CO ₂	- 0.44 **	- 0.34 **	- 0.71 **	- 0.49 **	- 0.54 **	Ns
DOC	-0.15 *	ns	-0.37 **	-0.33 **	-0.34 **	-0.13 †
DOC	- 0.15 *	- 0.19 *	ns	ns	- 0.14 †	Ns
POC	ns	- 0.32 **	- 0.13 †	- 0.11 †	- 0.55 **	- 0.20 *
<i>Air Temperature</i>						
Log(CH ₄)	+ 0.06 **	+ 0.14 **	+ 0.18 **	+ 0.03 **	+ 0.08 **	+ 0.02 **
CO ₂	+ 0.08 **	+ 0.18 **	+ 0.15 **	+ 0.09 **	+ 0.14 **	
DOC	+0.11 **	+0.14 **	+0.19 **	+0.13 **	+0.07 **	+0.03 **
DOC	ns	+ 0.14 **	+ 0.15 **	+ 0.05 **	+ 0.19 **	+ 0.05 **
POC	+ <0.01 *	+ 0.03 **	+ 0.17 **	+ 0.10 **	+ 0.17 **	+ 0.20 **

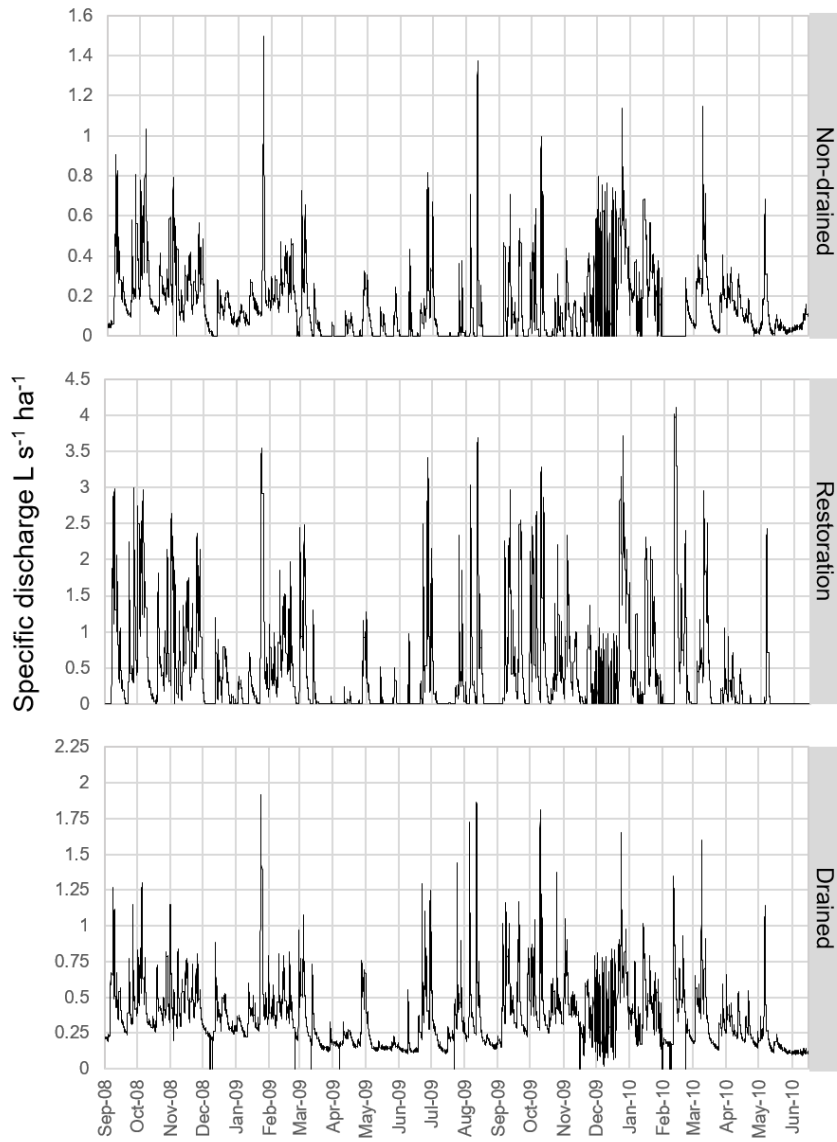
282 3.2 Hydrology

283 Temporal hydrological regimes were similar among catchments with multiple ‘flashy’ storm peaks occurring
 284 across all seasons. Peak flows were concurrent in time at all gauged streams (Figure 4). The drained site had
 285 the highest mean (129 L s⁻¹) and peak discharge (686 L s⁻¹), compared to non-drained or restoration sites that
 286 had discharge means of 15 L s⁻¹ and 32 L s⁻¹, respectively. Since the gauged catchments cover a range of
 287 upstream catchment areas (Table 1), it is, therefore, potentially more useful to compare runoff values (Table
 288 2). Of the gauged sites, annual runoff was greatest from the restoration site (1404 mm), followed by the drained
 289 (1139 mm) and the non-drained sites (475 mm), respectively. The annual runoff for both the upper and lower
 290 sites in the non-drained and drained catchments were very similar, however runoff at the upper site was more

291 than double that at the lower site in the restoration catchment with values of 1404 mm and 679 mm,
292 respectively. The two restoration sub-catchments also differed significantly in the percent of the catchment
293 that is affected by blocked drains (upper 40%, lower 82%).



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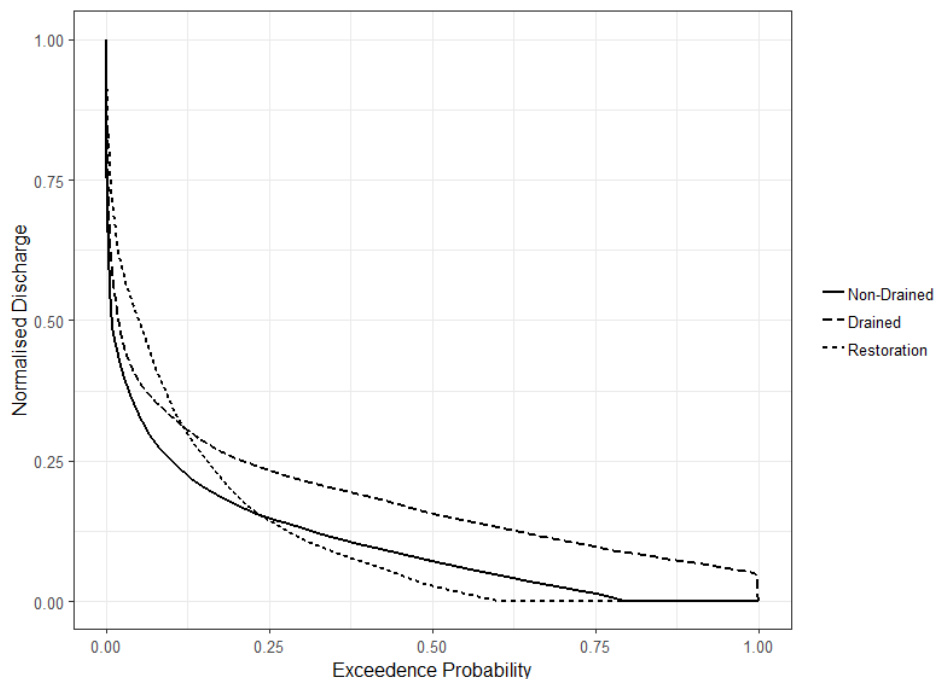


295

296 **Figure 4.** Specific discharge time series from pressure transducers located at sites N_L, D_L, R_U, representing
 297 the Non-Drained, Drained and Restoration catchments, respectively.

298 The gauged site in the non-drained catchment displayed the steepest flow duration curve indicating high flows
 299 lasting the shortest periods (Figure 5); this is most likely a result of the small catchment size rather than an

300 indication of the water holding capacity. Despite a much larger upstream catchment area, the drained site also
 301 displayed a steep curve, with the shallowest curve at the upper flow limit displayed by the restoration
 302 catchment. The base flow contributions follow the expected distribution based on catchment size (drained >
 303 non-drained > restoration).



304 **Figure 5.** Flow duration curve showing exceedance probability of normalised discharge across the three
 305 gauged sites.
 306

307 3.3 Carbon Export

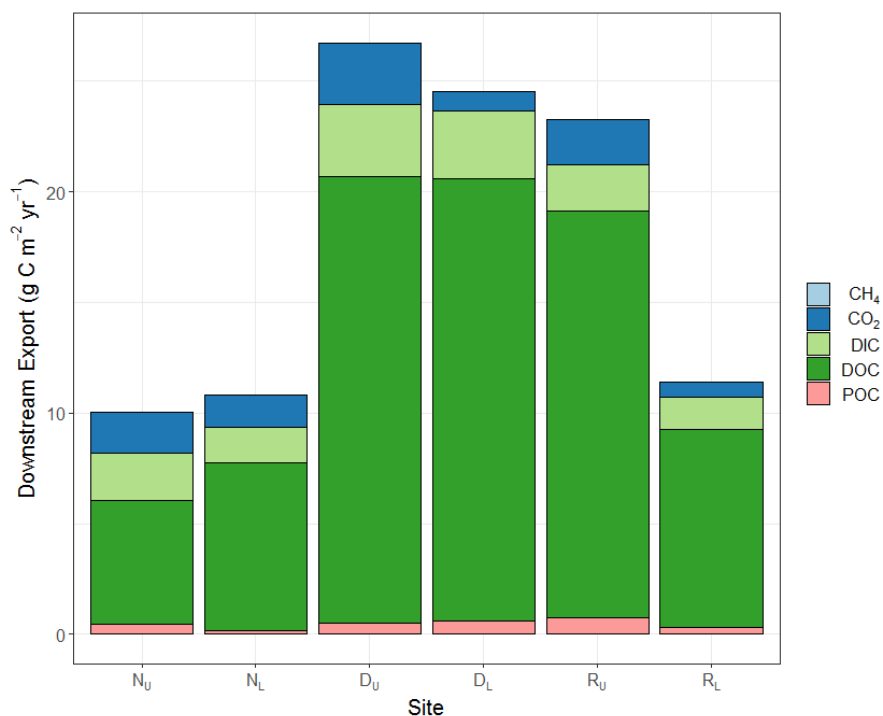
308 Only downstream fluvial carbon export is calculated in this study, therefore, the results below do not take
 309 account of aquatic exports via the vertical evasion of dissolved gases from the water surface. The greatest total
 310 fluvial carbon exports were measured in the two drained sites (26.723.5 and 24.621.5 g C m⁻² yr⁻¹ for the
 311 upstream and downstream catchments, respectively); the smallest measured total exports were for the two non-
 312 drained sites (7.910.0 and 10.89.2 g C m⁻² yr⁻¹ for the upstream and downstream catchments, respectively;
 313 Table 5).

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314 **Table 5.** Downstream carbon export for each catchment \pm SE over full study period in $\text{g C m}^{-2} \text{yr}^{-1}$.

	N_U	N_L	D_U	D_L	R_U	R_L
CH_4	$0.007 \pm <$ 0.001	$0.002 \pm <$ 0.001	$0.014 \pm <$ 0.001	$0.002 \pm <$ 0.001	$0.006 \pm <$ 0.001	$0.002 \pm <$ 0.001
CO_2	1.81 ± 0.04	$1.49 \pm <0.01$	2.77 ± 0.02	$0.91 \pm <0.01$	$2.00 \pm <0.01$	$0.69 \pm <0.01$
DIC	2.15 ± 0.31	1.60 ± 0.03	3.25 ± 0.10	$3.04 \pm <0.01$	2.10 ± 0.01	1.46 ± 0.01
DOC	5.62 ± 0.44	7.56 ± 0.10	20.16 ± 0.63	19.98 ± 0.04	18.40 ± 0.08	8.94 ± 0.02
POC	0.44 ± 0.02	$0.18 \pm <0.01$	$0.53 \pm <0.01$	$0.62 \pm <0.01$	$0.75 \pm <0.01$	$0.32 \pm <0.01$

315
 316 Whilst variability between the nested sub-catchments at the non-drained and drained sites was very low, the
 317 two sub-catchments in the restored area varied significantly from a total carbon export of ~~23.321.1~~ $\text{g C m}^{-2} \text{yr}^{-1}$
 318 ¹ at the upper site to ~~11.410.0~~ $\text{g C m}^{-2} \text{yr}^{-1}$ at the lower site (Figure 6). The species which contributed most to
 319 the total fluvial carbon export was DOC across all catchments, with the second most important export
 320 component ~~DIC followed by~~ CO_2 . POC fluxes were typically an order of magnitude lower than ~~CO_2 DIC~~ fluxes,
 321 and export of CH_4 was minor across all catchments.



322
 323 **Figure 6.** Total downstream carbon export from each site separated by carbon species.

324 4. Discussion

325 4.1 Carbon concentrations under different peatland land management

326 This study provides ~~the first~~ assessment of concentrations of ~~all~~-waterborne carbon species (including
327 dissolved CO₂ and CH₄) in small headwater catchments located in the Flow Country and will provide a
328 reference point for future comparisons of these systems, particularly as they respond over the long-term to
329 management. Under all peatland land management types DOC was the largest component of total aquatic
330 carbon. Concentrations were within the range measured in previous studies of blanket bogs (Evans et al., 2018;
331 de Wit et al., 2016) and followed the typical seasonal cycle observed in peatlands, where concentrations tend
332 to peak during late summer/early autumn (Figure 3). ~~Whilst significant differences were detected for specific~~
333 ~~sub-catchments (Table 2), and lowest mean concentrations were detected for the non-drained catchment,~~
334 ~~consistent with H1, the restoration effect on DOC concentration was unclear. Highest mean concentrations~~
335 ~~were observed in the drained catchment.~~ Previous studies in the Flow Country have indicated that stream DOC
336 concentrations increase in the short-term following peatland restoration interventions, in part due to the
337 disturbance of the land (Shah and Nisbet, 2019; Gaffney et al., 2020), yet this effect was not detected here.
338 Time since intervention may have subdued the effect of restoration on DOC concentration, as measurements
339 were started approximately six years after restoration work began in the area. ~~It should be noted that~~ However
340 in a 17-year-old forest-to-bog restoration site also located within the Flow Country, mean DOC concentrations
341 remained ~ two fold higher than non-drained bog sites in both surface- and pore-water (Gaffney et al., 2018),
342 suggesting that these effects can be detected over the longer timescales. ~~Potential drivers of variability between~~
343 ~~the findings of this study and Gaffney et al. (2018) include percentage of catchment area affected by restoration~~
344 ~~works and the scale of investigation (plot scale versus catchment scale).~~ Our findings are consistent with noisy
345 biogeochemical signals occurring over varying timescales and across catchments with varying land use, and
346 suggest that monitoring should ideally span the timescale required for peatlands to reset and reach a new
347 equilibrium following catchment interventions.

348 POC concentrations were relatively low across all sites, and there was little evidence of drainage increasing
349 concentrations, contrary to H2, as has been observed in highly degraded peatlands in the UK (Pawson et al.,
350 2012; Yeloff et al., 2005). This suggests that the ditches in the drained catchment were not actively eroding at
351 the time of this study or that our fortnightly sampling interval did not capture peak flows when increased POC

352 export might be expected, although no positive POC-discharge relationships were observed at the sampling
353 sites in this study (Table 4). Peatland disturbances other than drainage can also contribute to short-term
354 increases in POC concentrations (Heal et al., 2020; Nieminen et al., 2017) and a significant difference was
355 detected for concentrations in the upper restoration catchment, which, in percentage coverage terms, was most
356 affected by forest-to-bog restoration (Table 1). The technique of fell-to-waste, whereby tree material is left on-
357 site post-restoration, was utilised in the Cross Lochs area, and this may have contributed to the observed POC
358 effect. The degree to which sediment traps put in place as part of the drain blocking process during forest-to-
359 bog restoration are effective at capturing POC (Andersen et al., 2018) requires further testing.

360 Concentrations of dissolved CO₂ were highest in the non-drained catchments, although the degree to which
361 this can be attributed to peatland land management is uncertain. Whilst increased CO₂ partial pressures have
362 similarly been found in undrained catchments compared to drained catchments in a Finnish peatland (Rantakari
363 et al., 2010), a more likely explanation in this study is that total catchment area was the dominant driver of
364 dissolved CO₂ concentrations, as detected in multiple linear regression modelling (Table 3). Concentrations
365 were consistently higher in the upper catchments of all land management types, with significant differences
366 observed in the drained and restoration sub catchments. Low order streams in small catchments inherently
367 have a higher degree of connectivity with the surrounding peatland soil, resulting in CO₂ supersaturation
368 (Wallin et al., 2010). Rapid evasion of supersaturated CO₂ from headwater peatland streams has been widely
369 observed (Billett et al., 2015; Hope et al., 2004; Kokic et al., 2015), and is suggestive that the differences
370 detected in this study could, at least in part, be attributed to evasion during transit between first and second
371 order streams. That the lowest difference in CO₂ concentration was detected in the non-drained catchment
372 where there was the smallest distance between upper and lower sampling points (Figure 1) further supports
373 this proposition. Evasion of CO₂ in headwaters may be a significant component of peatland carbon budgets
374 and should be quantified as a specific loss term, particularly when isotopic analyses have determined the
375 evaded CO₂ to be 'young', and therefore intrinsically related to the peatland's contemporary net ecosystem
376 carbon balance (Billett et al., 2015).

377 Dissolved CH₄ concentrations followed the same trend as CO₂: highest concentrations were consistently
378 detected in the upper catchments. Several studies have examined CH₄ emissions in peatlands where water
379 tables have been artificially raised through ditch blocking and suggest that infilled drains may be acting as "hot

spots”, particularly when the presence of species with aerenchyma such as *Eriophorum angustifolium* allows CH₄ to bypass oxidative pathways (Cooper et al., 2014; Günther et al., 2020; Waddington and Day, 2007), but comparatively fewer studies have looked at dissolved CH₄ in streams receiving water from peatlands. However, in a study of dissolved CO₂ and CH₄ concentrations in blocked and open ditches in a blanket bog in N Wales with a higher level of experimental replication than in this study, there was no evidence of systematic differences between the two ditch types (Evans et al., 2018). Similarly, there was no evidence of this effect in the catchments monitored in this study and concentrations were similar to those detected by Evans et al. (2018). While the lack of detection of a land management effect is perhaps unsurprising as a consequence of the low experimental replication and time since intervention, it may also relate to multiple controls (organic matter, terminal electron acceptors, hydrology, geomorphology, etc.) that operate in relation to methane production and processing in streams, which remain poorly understood (Stanley et al., 2016).

4.2 Effects of peatland land management on flow regimes

Flow regimes varied considerably between the six monitoring sites included in this study. Increased annual runoff was detected in the drained catchments (mean: 1125 mm) relative to the non-drained catchments (mean: 471 mm), suggesting that peatland drainage has had a profound impact on catchment hydrological functioning. Drainage of blanket peatland has previously been shown to modify flow pathways, via a shift from overland flow to throughflow (Holden et al., 2006), and to increase peak flows (Ballard et al., 2012). Flow duration curves indicated that peak flows lasted longer in the drained catchment relative to the non-drained catchment, although it was in the restoration catchment where peak flows were sustained for the longest periods. This was a surprising result, although it should be noted that the restoration catchment was the only land management type where flow monitoring occurred at the upper rather than lower sampling point, and it was at this site that highest catchment runoff was observed. Lack of pre-intervention data means that we are unable to assess inherent differences in hydrology between the study sites, although the occurrence of periods of dry-out at both the non-drained and restoration stream monitoring sites (Figure 4) suggests that there may be significant movement of water out of the catchment via other flow paths (e.g. sub-surface or overland) which are not quantified here.

Annual runoff for the two restoration sites was markedly different (Table 2), with the lower site’s runoff similar to the non-drained catchments, and the upper site’s runoff exceeding that of the drained catchments. There

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408 was a large difference in the percentage of catchment area affected by restoration activities, with the lower
409 catchment affected by considerably more ditch blocking. It follows that water flux from the lower catchment
410 would be reduced, as has been discerned in other ditch-focussed studies of peatland restoration (Evans et al.,
411 2018). This has previously been attributed to an increase in evaporation relative to precipitation in restored
412 catchments, which occurs because water is retained in the catchment for longer, partly due to the physical
413 barrier that peatland ditch blocks create whereby water pools behind the peat or piling dams (Peacock et al.,
414 2013) and is more susceptible to evaporative loss. However, whilst this process may have had a small role in
415 contributing toward the observed runoff differences, its overall impact is likely to be limited in the northern,
416 temperate climate of the Flow Country, where high cloud cover, low temperatures and high contributions from
417 occult precipitations reduces potential for evaporation (Lapen et al., 2000).

418 Another potential explanation for the observed differences in runoff is that in areas affected by peatland
419 restoration works, a greater proportion of total runoff occurs as overland or near-surface flow (Holden et al.,
420 2017b). This flow can effectively bypass typical drainage networks and is therefore not necessarily represented
421 in the stream discharge data presented in this study. Previous studies have found diversion to overland flow to
422 explain the difference in runoff measured between restored and control peatland catchments (Holden et al.,
423 2017a; Turner et al., 2013). Although data were not collected here that can verify the contribution of different
424 flow paths to total catchment runoff, it is feasible that flow path shifts have been initiated in the lower
425 restoration catchment following ditch blocking. As clear differences in runoff are evident between the drained
426 and non-drained catchments, this could be interpreted as a signal of the successful hydrological restoration of
427 the lower catchment and its movement towards more natural functioning.

428 **4.3 Impacts of restoration on carbon fluxes**

429 Aquatic carbon fluxes from all catchments were within the same order of magnitude, although were
430 consistently lower than those detected in a previous study of all waterborne carbon species in a stream draining
431 from a peatland in southern Scotland, where DOC alone contributed to a flux of 25.4 g C m² yr⁻¹ (Dinsmore et
432 al., 2010). The fluxes were within the range measured for other temperate peatlands (Evans et al., 2016b;
433 Swenson et al., 2019) ~~similar to those detected and for from~~ headwater streams in the Flow Country (Gaffney et
434 al., 2020). Although the Gaffney et al., (2020) study did not measure CO₂ and CH₄, this did not lead to large
435 differences in carbon export between the studies, as DOC was the dominant flux term in both overall budgets.

436 ~~However, CO₂ was the third largest contributor to total carbon export following DOC and DIC suggesting that~~
437 ~~the dissolved gaseous component is important to include in total export estimates, particularly as it has potential~~
438 ~~for rapid evasion and, therefore, influence on peatland greenhouse gas budgets. This region of Scotland has~~
439 ~~been identified as an important contributor to the total carbon flux from land to sea on the GB scale~~
440 ~~(Williamson et al., 2021), and as such, it is important that the effects of land management on fluvial carbon~~
441 ~~exports are considered, as this may have disproportionately larger impacts than in other areas of the country.~~
442 ~~As to the end fate of this exported carbon, specifically DOC, the short residence time of the Halladale river~~
443 ~~into which the streams feed suggest that much of this carbon is delivered to the estuarine environment, which,~~
444 ~~for this particular system, has been shown to displayed conservative mixing behaviour (García-Martín et al.,~~
445 ~~2021).~~

446 The same catchment was employed as the non-drained lower catchment in this study (measurements from
447 2008 to 2010) and as the ‘bog control’ in the Gaffney et al. (2020) study (measurements from 2013-2015), and
448 carbon fluxes here were notably lower (10.8 vs. 18.4 g C m² yr⁻¹; mean of 2014 and 2015 C export). As there
449 is only a small difference in carbon concentrations between the studies, the difference is likely to be due to
450 inter-annual hydrological and climatic variation. This finding highlights the limitation of taking measurements
451 over only a few years, as it is well established that carbon export can vary considerably as a function of inter-
452 annual hydrological variation. The influence of varying hydrology, including precipitation and evaporation
453 balances, catchment water storage and flow path routing, may mask the potentially more subtle differences in
454 biogeochemistry, and associated carbon fluxes, that arise due to land management practices.

455 Aquatic carbon export varied between the land management types, and the drained and non-drained sites were
456 markedly different in their overall carbon flux, with average fluxes nearly 150% greater from the drained
457 catchments. This finding indicates the dramatic effect that drainage, particularly when maintained, can have
458 on peatland aquatic carbon fluxes or, at the very least, the dominant flow paths within a catchment, for example
459 open channel flow (as measured here) versus overland and sub-surface flow (not quantified here). There was
460 large intra-site variability in carbon fluxes within the restoration sub-catchments, which means it is difficult to
461 determine the impact of the restoration activities on aquatic carbon losses. Previous studies have determined
462 successful recovery of peatland hydrology and water chemistry following restoration, yet have referenced
463 longer (~10 year) data sets to determine this effect (Haapalehto et al., 2014).

464 The degree to which the nested experimental design employed here can determine a confident land
465 management effect on stream carbon concentrations and fluxes is questionable. The nested design limited true
466 replication between the land management types, and greater replication of all land types would be required to
467 conclude that land management alone was the driver of the observed differences. Furthermore assessment of
468 restoration success without prior monitoring of stream carbon is not optimal and a before-after-control-
469 intervention approach is a better experimental approach (e.g. Menberu et al., 2017). Turner *et al.*, (2008),
470 examined stream DOC concentrations pre- and post-restoration and demonstrated that without pre-restoration
471 information, a different conclusion regarding the success of restoration would have been reached. Thus, where
472 practical, monitoring of pre-restoration conditions should be attempted to give a more accurate assessment of
473 restoration success, and this requires active communication between researchers and land managers in order
474 to ensure that monitoring is established ideally at least one year before restoration interventions occur.

475 **5 Conclusions**

476 Our study measured ~~all~~ waterborne carbon species in streams draining from blanket bog in the Flow Country
477 in order to assess the effects of varying peatland land management. Increased dissolved organic carbon
478 concentrations were detected in areas of drained peatland relative to non-drained peatland, and there was
479 considerable variation in speciation of carbon across the monitoring sites. Aquatic carbon fluxes were
480 intrinsically linked to catchment hydrology, and large differences in runoff, particularly between the
481 restoration sites, generated uncertainty regarding the impact of peatland restoration on fluvial carbon losses.
482 We recommend that future studies combine detailed measurements of carbon speciation, as presented here,
483 with rigorous hydrological monitoring to quantify carbon losses via different catchment flow paths, before and
484 after peatland management interventions. With this approach the impact of peatland restoration on both aquatic
485 carbon concentrations and fluxes can be fully quantified.

486 **6 Data Availability**

487 Carbon concentration data for all sites are available via the Environmental Information Data Centre (Pickard
488 et al., 2021).

489 **7 Author Contributions**

490 MB collected field samples and undertook laboratory analyses. Data analysis was performed by KJD, AEP
491 and MB. MFB provided guidance on the scope and design of the project and RA contributed land
492 management data. AEP prepared the manuscript, with contributions from KJD, MFB and RA.

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502 for facilitating access to the sampling sites across the project duration, and to the RSPB for confirming the
503 chronology of restoration activities within the Cross Lochs area.

504 **9 Competing interests**

505 The authors declare that they have no conflict of interest.

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