

1 **Effects of Peatland Management on Aquatic Carbon Concentrations and Fluxes**

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9

10 **Abstract**

11 Direct land to atmosphere carbon exchange has been the primary focus in previous studies of peatland
12 disturbance and subsequent restoration. However, loss of carbon via the fluvial pathway is a significant term
13 in peatland carbon budgets and requires consideration to assess the overall impact of restoration measures.
14 This study aimed to determine the effect of peatland land management regime on aquatic carbon concentrations
15 and fluxes in an area within the UK's largest tract of blanket bog, the Flow Country of N. Scotland. Three sub
16 catchments were selected to represent peatland land management types: non-drained, drained and restoration
17 (achieved through drain blocking and tree-removal). Water samples were collected on a fortnightly basis from
18 September 2008 to August 2010 at six sampling sites, one located upstream and one downstream within each
19 sub catchment. Concentrations of DOC were significantly lower for the upstream non-drained sub catchment
20 compared to the drained sub catchments, and there was considerable variation in the speciation of aquatic
21 carbon (DOC, POC, CO₂ and CH₄) across the monitoring sites, with dissolved gas concentrations inversely
22 correlated with catchment area and thereby contributing considerably more to total aquatic carbon in the
23 smaller headwater catchments. Significantly higher POC concentrations were observed in the restored sub-
24 catchment most affected by tree-removal. Aquatic carbon fluxes were highest from the drained catchments and
25 lowest from the non-drained catchments at 23.5 and 7.9 g C m⁻² yr⁻¹, respectively, with variability between the
26 upstream and downstream sites within each catchment very low. It is clear from both the aquatic carbon
27 concentration and flux data that drainage has had a profound impact on the hydrological and biogeochemical
28 functioning of the peatland. In the restoration catchment, carbon export varied considerably, from 21.1 g C m⁻²
29 yr⁻¹ at the upper site to 10.0 g C m⁻² yr⁻¹ at the lower site, largely due to differences in runoff generation. As
30 a result of this hydrological variability it is difficult to make definitive conclusions about the impact of
31 restoration on carbon fluxes and further monitoring is needed to corroborate the longer term effects.

32 **Keywords**

33 Flow Country, Aquatic Carbon Fluxes, DOC, Peatlands, Drainage, Ditch Blocking

34 **1. Introduction**

35 The ability of peatlands to store and sequester carbon is of major importance both nationally in terms of
36 greenhouse gas (GHG) accounting, and globally in understanding the carbon cycle and potential changes to
37 atmospheric composition. Loss of carbon via the aquatic pathway constitutes a significant term within peatland
38 carbon budgets, in some past studies accounting for between 34% and 51% of uptake from net ecosystem
39 exchange (NEE) (Dinsmore et al., 2010; Nilsson et al., 2008; Roulet et al., 2007). Aquatic carbon fluxes
40 include dissolved and particulate organic carbon (DOC and POC), dissolved inorganic carbon (DIC), and
41 within this, gaseous carbon in the form of carbon dioxide (CO₂) and methane (CH₄). Fluvial export of DOC is
42 typically the largest aquatic flux, with losses from UK peatland catchments in the range 19 to 27 g C m⁻² yr⁻¹
43 (Billett et al., 2010). Accordingly, DOC is also the most frequently reported of the aquatic carbon fluxes.

44 Whilst there is considerable inter-annual variability evident in many of the carbon flux pathways from
45 peatlands (e.g. Dinsmore et al., 2013; Helfter et al., 2015), a significant increasing trend in DOC concentrations
46 has been detected in the majority of monitored surface waters in Europe and North America since the 1980s
47 (Monteith et al., 2007). On the regional scale this trend has largely been attributed to recovery of soils from
48 acid deposition (Evans et al., 2012; Monteith et al., 2007), however on the catchment scale, anthropogenic
49 disturbance of peatlands has been identified as a potential contributing factor to the observed DOC increases
50 (Billett et al., 2010; Parry et al., 2014). Again, at the catchment scale, POC concentrations can indicate
51 increases in erosion that can often be traced back to changing land use (i.e. drained peatland sites might display
52 higher POC concentrations, and in some severely drained peatlands this can become the dominant C species
53 contributing to total fluvial carbon losses (Pawson et al., 2012)). Dissolved CO₂ and CH₄ have direct relevance
54 for the greenhouse gas (GHG) budgets of the streams themselves, as these gases are quickly evaded from
55 solution to the atmosphere, and can also be affected by peatland disturbance (Huotari et al., 2013).

56 Anthropogenic disturbance covers a range of activities including burning, peat cutting and afforestation, with
57 peatland drainage by far the most prevalent form of disturbance. It is estimated that 447,637 km² of peatlands
58 are drained globally, releasing up to 1,058 Mt CO₂ annually (Joosten, 2010), with a shift in the global peatland
59 biome from a net sink to a net source of C thought to have occurred in the 1960s (Leifeld et al., 2019). The
60 UK alone is thought to produce approximately 9.6 Mt CO₂ yr⁻¹ from degraded, often drained peatlands (Bain
61 et al., 2011). Drainage results in erosion and a lowering of the water table, which exposes greater peat depths

62 to aerobic conditions. Although the exact response differs between peatland types and with time since
63 disturbance (Laiho, 2006), artificially lowering the water table is generally understood to increase
64 decomposition rates. This results in a larger pool of soluble carbon species that can be transported via soil
65 throughflow to the surface drainage system, where increases in DOC concentrations are subsequently detected
66 (Evans et al., 2016a; Menberu et al., 2017; Strack et al., 2008; Worrall et al., 2004). Notably in Great Britain,
67 upland conifer plantations including those on drained, deep peat are estimated to have raised the overall DOC
68 export by as much as 0.168 Tg C year⁻¹ (Williamson et al., 2021).

69 In recognition of the value of intact peatlands there is now a significant national and international effort to
70 reduce peatland drainage and focus on restoration activities (Parry et al., 2014). In most cases the primary goal
71 of restoration is to return the hydrological functioning of the peatland to the assumed pre-management state as
72 a precursor for re-establishing the lost ecosystem functioning. Drain blocks are a cost-effective means by which
73 to raise the water table of human-impacted peatlands (Armstrong et al., 2009; Parry et al., 2014). Their
74 implementation in previously drained catchments has in many cases resulted in successful re-wetting of
75 peatlands (Strack and Zuback, 2013; Waddington and Price, 2000) and reductions in peak discharge
76 (Shuttleworth et al., 2019). However the degree of their success has been shown to be spatially variable as a
77 function of ditch direction across the slope and height of water table prior to intervention (Holden et al., 2017a).
78 Associated reductions in DOC concentrations and fluxes are often an assumed co-benefit of restoration via
79 drain blocking and, therefore, this practice has been funded by water companies that source water from peat
80 catchments in an effort to reduce DOC concentrations in their pre-treatment raw water (Andersen et al., 2017).

81 Despite this assumed co-benefit, the reported effects of drain blocking on concentrations of DOC are not
82 consistent and often show contradictory results depending on time since blocking. Increases in concentrations
83 have been seen up to two years after restoration (Gibson et al., 2009; Worrall et al., 2007), while studies
84 conducted three to four years after blocking report lower concentrations in soil and stream water (Wallage et
85 al., 2006; Wilson et al., 2011). In a paired catchment study with an extended baseline data collection period
86 (three years pre-blocking), drain blocking showed no discernible impact on DOC or other measured carbon
87 species in ditch waters and stream waters after six years (Evans et al., 2018). The balance of evidence suggests
88 that different peatlands will display variable water quality responses to drain blocking controlled by factors

89 such as slope, altitude, rainfall, and further research is required to understand what drives different response
90 mechanisms.

91 Determining the effect of drain-blocking can be further complicated or masked by other simultaneous
92 restoration works, for example, removal of trees from peat with heavy machinery, which has previously been
93 shown to result in short-term increases in aquatic DOC concentrations (Zheng et al., 2018; Gaffney et al.,
94 2020). The blanket bogs of the Flow Country have been subject to multiple and changing land management
95 practices over the past half century. Afforestation of the Flow Country peatlands occurred during the 1970s
96 and 1980s and areas designated for planting were first drained to lower the water table and then planted with
97 non-native conifers (Lindsay et al., 1988). Large-scale “forest-to-bog” restoration, whereby non-native
98 conifers are extracted, drains are blocked and further management (e.g. brash crushing, shredding, peat-
99 reprofiling, etc.), has been on-going since the 1990s in an effort to restore the bog’s ecosystem functioning
100 (Andersen et al., 2017). This has resulted in a patchwork of land-use over a relatively small spatial scale, and
101 a unique opportunity to carry out detailed management effects research on quasi replicated catchments that fall
102 within the most extensive area of continuous blanket peatland in Europe (Lindsay et al., 1988), which serves
103 as a nationally important carbon store .

104 Here we utilise the land-use mosaic the Flow Country provides, monitoring aquatic carbon concentrations and
105 water flow in a nested catchment approach to quantify the effect of land management on aquatic carbon
106 concentrations and export. Specifically, we compare concentrations of aquatic carbon from across three
107 catchment types (non-drained, drained and restoration) to test the following hypotheses:

108 H1: DOC concentrations will be lowest in the non-drained catchment, relative to the drained and restoration
109 sites.

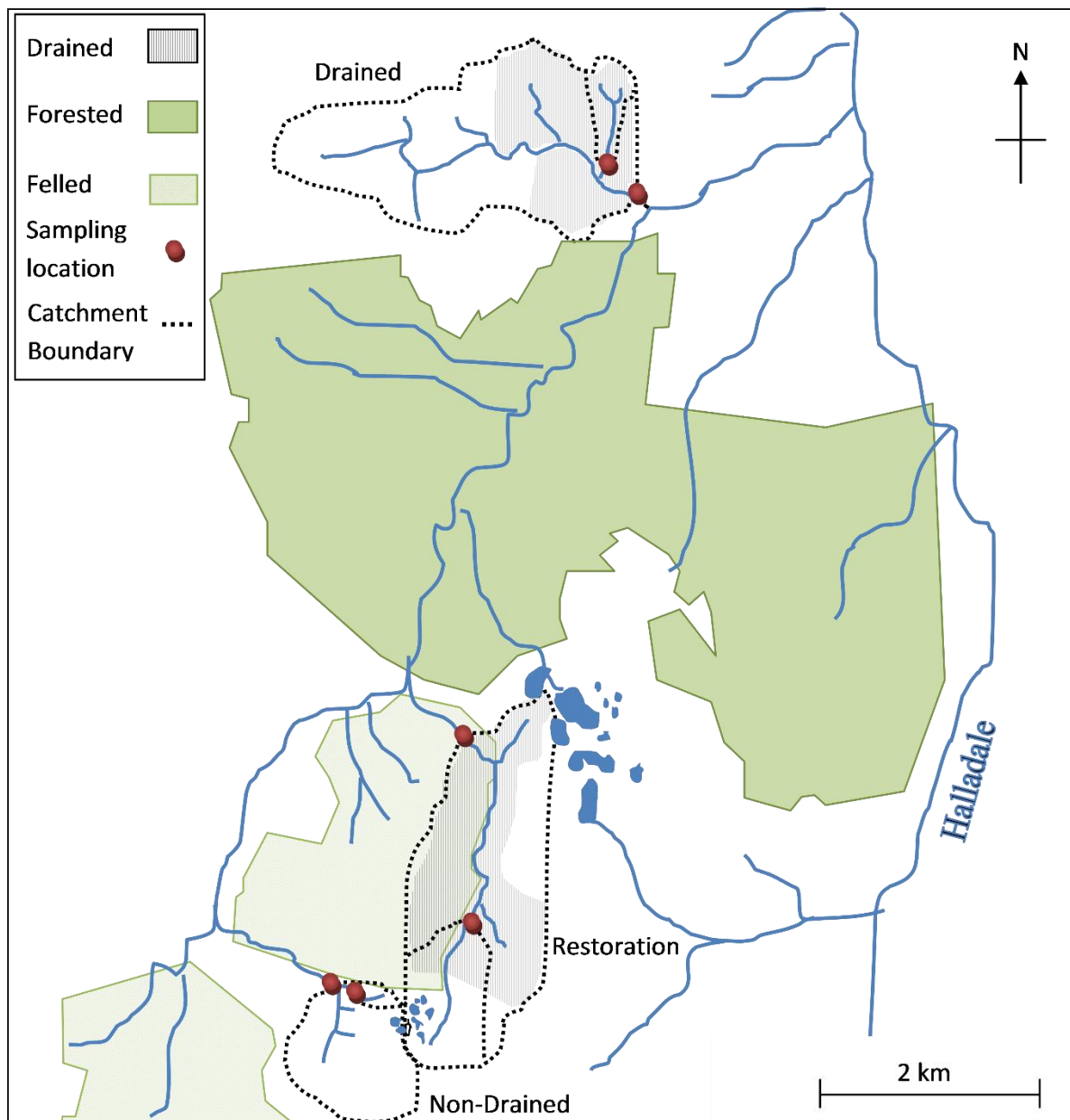
110 H2: POC concentrations will be highest in the drained catchment, as it is strongly linked with erosion.

111 H3: Dissolved gas concentrations will be highest in the non-drained catchments, consistent with a high water
112 table linking the terrestrial and aquatic environments.

113 **2. Methods**

114 **2.1 Site description**

115 The study catchments are located c. 5 km northwest of Forsinard, northern Scotland, UK. Three study
116 catchments were identified within close proximity to represent three types of land management: non-drained,
117 drained (>40% of total catchment area affected by artificial drainage) and restoration (blocking of artificial
118 drains). Within each catchment, two stream monitoring sites were selected, splitting the experimental design
119 into six nested sub-catchments (Figure 1).



120

121 **Figure 1.** Schematic of experimental catchments including three land management types (Non-Drained,
122 Drained and Restoration) and 2 nested sub-catchments (Upper and Lower). The diagram centre point has
123 coordinates 58°24.45'N 3°56.80'W.

124 Both the non-drained and restoration catchments are located in the Cross Lochs area of the Royal Society for
125 the Protection of Birds (RSPB)'s Forsinard Flows National Nature Reserve, while the restoration catchment
126 forms part of the Bighouse Estate. The area has a mean annual temperature of 7.5 – 8.0 °C with a mean annual
127 precipitation range of 650 – 1000 mm. The geology consists of Moine granulites and schists over-laid with
128 fluvio-glacial material and blanket peat. Vegetation is dominated by mosses including *Sphagnum* spp. and
129 *Racomitrium lanuginosum* (Hedw.) Brid., sedges such as *Eriophorum* spp. and shrubs *Calluna vulgaris* (L.)
130 Hull and *Erica tetralix* L. Vegetation in the stream riparian zones is dominated by sedges and *Juncus*
131 *squarrosus*.

132 The drains in Cross Lochs are believed to have been created in the 1970s and 1980s when farm capital grants
133 were made available. Areas of Cross Lochs were then planted in the early 1980s with non-native conifer
134 species (*Pinus contorta* and *Picea sitchensis*) (Lindsay et al., 1988). The RSPB began restoration of the area
135 in 2002 through the felling of trees and blocking of drains. At the time, given that the trees were still small,
136 trees were felled-to-waste, i.e. cut at the base and rolled into adjacent furrows. Drains of open ditch formation
137 were created on the Bighouse Estate during the 1950s in response to agricultural subsidies, and have been
138 regularly maintained and free flowing since their installation. In the lower catchment, drains are spaced
139 between 30 - 70 m apart; in the upper catchment, drains are spaced closer at approximately 30 - 40 m apart.

140 The study sites are small headwater streams of order 1 or 2 draining catchments ranging in size from 0.13 to
141 3.58 km² (Table 1). Whilst neither of the non-drained sub-catchments were affected by artificial drainage
142 alone, approximately 20% of the upper sub-catchment area has been influenced by forest-to-bog restoration
143 (where drainage would have occurred prior to tree planting). The two drained sub-catchments contain no
144 forestry or forest-to-bog restoration influence but have 65% and 25% of their total area affected by active
145 artificial drainage (upper and lower sub catchments, respectively). The restoration sub-catchments contain both
146 forest-to-bog restoration and drain-blocking activity, with 40% and 82% of the total area affected by blocked
147 drains in the upper and lower restoration sub-catchments, respectively.

148 **Table 1.** Sub catchment details.

	Non-Drained		Drained		Restoration	
	Upper	Lower	Upper	Lower	Upper	Lower
Acronym	N _U	N _L	D _U	D _L	R _U	R _L
Catchment size (km²)	0.13	1.03	0.21	3.58	0.73	2.93
Area affected by open drains (%)	0	0	65	25	0	0
Area affected by blocked drains (%)	0	0	0	0	40	82
Tree removal (%)	20	0	0	0	32	19
Stream order	1°	2°	1°	2°	1°	2°
Elevation (m)	201	192	106	103	189	182

149

150 **2.2 Field sampling**

151 Stream water sampling was carried out approximately fortnightly over a two-year period from September 2008
 152 to August 2010. On each sampling occasion and at each sampling point, a water sample was collected in a 500
 153 mL acid-washed glass bottle for analysis of POC, DOC and DIC and a headspace and ambient air sample
 154 collected in gas-tight syringes for analysis of CO₂ and CH₄. Stream water temperature and electrical
 155 conductivity (EC) were also measured using hand-held devices *in-situ* on each sampling occasion.

156 Stream height was continuously monitored throughout the full study period using pressure transducers (In-
 157 Situ® Level TROLL®) positioned at the non-drained lower (N_L), drained lower (D_L) and restored upper (R_U)
 158 stream sampling sites. These locations were chosen for their natural and stable conditions. Continuous
 159 discharge was calculated using stage-discharge rating curves (r^2 between 0.84 and 0.97; Supplementary
 160 Information Figure 1) created from dilution gauging measurements correlating discharge at each individual
 161 sampling site to the catchment specific pressure transducer (Supplementary Information Figure 2).

162 2.3 Laboratory analyses

163 Stream water samples were filtered within 24 hours of collection through pre-ashed (6 hours at 500°C), pre-
164 weighed Whatman GF/F (0.7 µm pore size) filter papers. POC was calculated using loss-on-ignition, following
165 the method of Ball (1964) which has been estimated to introduce an error of ~15% for water samples with low
166 POC concentrations (Dinsmore et al., 2010). The filtrate was stored in the dark at 4°C until analysis within
167 four weeks of sampling. The filtrate was analysed for DOC concentration using a PPM LABTOC Analyser
168 with detection range 0.1 to 4000 mg L⁻¹.

169 *Dissolved CO₂ and CH₄ were calculated using the widely cited headspace technique*
170 *(Billett et al., 2004; Dinsmore et al., 2013; Kling et al., 1991). A 40 mL water sample*
171 *was equilibrated with 20 mL of ambient air at stream temperature by shaking*
172 *vigorously under water for one minute; the equilibrated headspace was then*
173 *transferred to a gas tight syringe until analysis. On each sampling occasion a*
174 *separate sample of ambient air was also collected. Headspace samples were analysed*
175 *on an HP5890 Series II gas chromatograph (Hewlett-Packard), with flame*
176 *ionisation detectors (with attached methaniser) for CH₄ and CO₂. Detection limits*
177 *for CO₂ and CH₄ were 10 ppmv and 70 ppbv, respectively. Concentrations of CO₂*
178 *and CH₄ dissolved in the stream water were calculated from the headspace and*
179 *ambient concentrations using Henry's law (e.g. Hope et al., 2001).* 2.4 Data analysis

180 One-way analysis of variance (ANOVA) was used to test differences in species specific carbon concentrations
181 between sampling sites, and significant differences were detected using a 95% confidence interval. To
182 determine the differences between individual groups, a post-hoc Tukey's test was applied to the ANOVA
183 results. Honestly significant differences were then reported using letters, where common letters indicate
184 statistically similar groups.

185 Carbon species concentration and discharge data were used to calculate the flow weighted mean concentration
186 (FWMC) following Equation 1 (Dinsmore et al., 2013), where c_i is the instantaneous concentration, q_i is the
187 instantaneous discharge and t_i is the time step between concentration measurements.

$$188 \text{FWMC} = \frac{\sum(c_i \times t_i \times q_i)}{\sum(t_i \times q_i)} \quad (1)$$

189 Drivers of variability in the carbon FWMC were explored in multiple linear regressions using a step-wise
190 approach to construct a best-fit predictive model based on catchment land use data. Linear regression analyses

191 of carbon species data by site against air temperature and the natural log of discharge produced r^2 values and
192 p-values; these were then used to determine the strength and statistical significance of the relationships,
193 respectively. These analyses were conducted in R v 3.5.3 (R Core Team, 2018).

194 In order to reconcile the approximately fortnightly carbon concentration measurements with the continuous
195 discharge data to calculate annual carbon export, ‘Method 5’ of Walling and Webb (1985) was used, also
196 described in Dinsmore et al. (2013) and Hope et al. (1997). The method is shown in Equation 2, where C_i is
197 the instantaneous concentration for each carbon species, Q_i is the instantaneous discharge, Q_r is the mean
198 discharge over the study period and n is the number of instantaneous samples analysed.

$$\text{Load} = K \times Q_r \times \frac{\sum_{i=1}^n [C_i \times Q_i]}{\sum_{i=1}^n Q_i} \quad (2)$$

200 Standard error of the load was derived using Equation 3, where F is the annual discharge and C_F is the flow-
201 weighted mean concentration (Hope et al., 1997).

$$\text{SE} = F \times \text{var}(C_F) \quad (3)$$

203 The variance of C_F was estimated using Equation 4, where Q_n is the sum of all the individual Q_i values (Hope
204 et al., 1997).

$$\text{var}(C_F) = \left[\sum (C_i - C_F)^2 \times Q_i / Q_n \right] \times \sum Q_i^2 / Q_n^2 \quad (4)$$

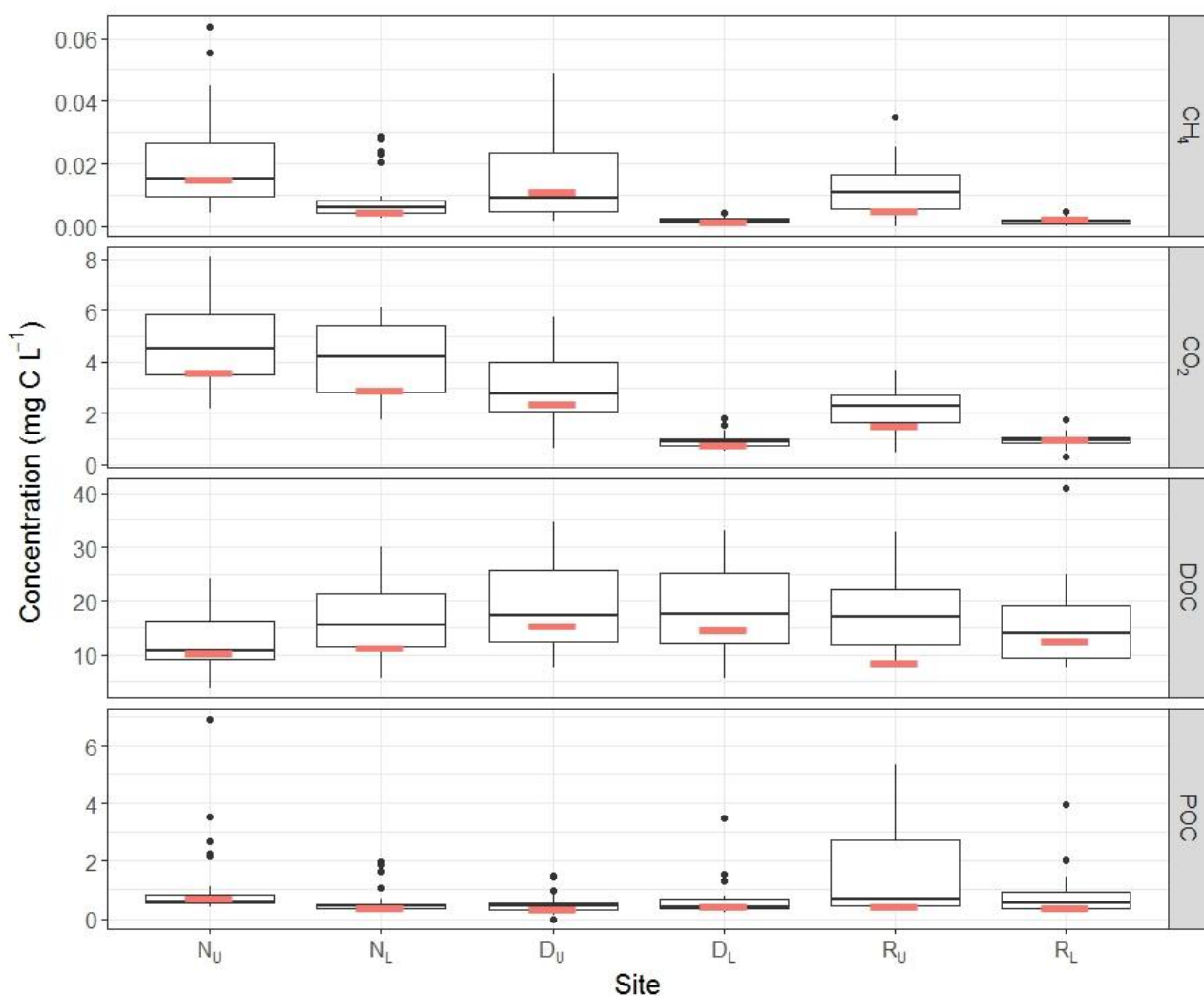
206 Export values for each of the carbon species are reported in $\text{g m}^{-2} \text{yr}^{-1}$ scaled to the catchment areas reported in
207 Table 1.

208 **3. Results**

209 **3.1 Carbon concentrations**

210 The concentration of DOC represented the greatest proportion of the total aquatic carbon component at all sites
211 with mean concentrations ranging from a low of 12.8 mg C L⁻¹ in the upper non-drained catchment to a high
212 of 20.5 mg C L⁻¹ in the upper drained catchment (Figure 2). Significant differences in DOC concentrations
213 across the sampling period were observed between the upper non-drained catchment compared to the upper
214 restoration catchment and both drained catchments (Table 2).

215



216

217 **Figure 2.** Boxplots showing range of carbon concentrations by species at each site over full measurement
218 period, where the red line represents the flow weighted mean concentration.

219 The non-drained catchment had the greatest mean concentration of CO₂ at both the upper and lower sampling
 220 sites, reaching a maximum of 8.1 mg C L⁻¹ (Table 2). Concentrations of CO₂ in the drained and restored
 221 catchments were strongly dependent on sampling location, with concentrations at the upper sites greater than
 222 those downstream, and this difference was significant for drained and restored catchments (Table 2). A similar
 223 pattern was seen in the FWMCs suggesting this is more than a simple dilution effect (Figure 4). DIC
 224 concentrations were of a similar magnitude to CO₂ at both the non-drained sub-catchments, but were
 225 considerably higher than CO₂ in the drained and lower restored catchments.

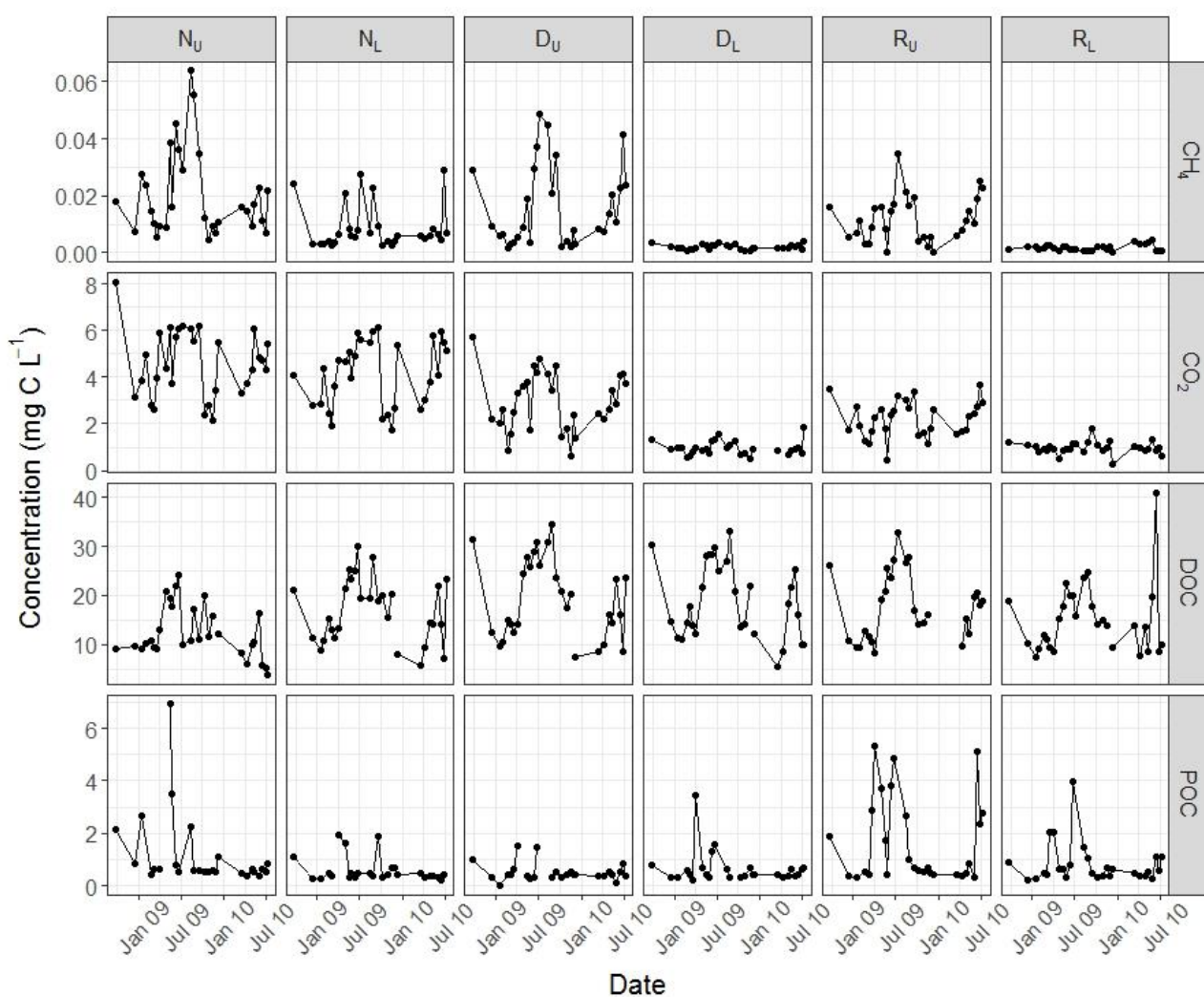
226 **Table 2.** Mean (range) stream water hydrochemical data. * indicates gauged water level monitoring sites.
 227 Letters in italics represent the results from Tukey's family test statistic with common letters indicating
 228 statistically similar groups, as tested for each C species across sampling sites.

	Non-Drained		Drained		Restoration	
	Upper	Lower*	Upper	Lower*	Upper*	Lower
Discharge (L s ⁻¹)	1.97 (0.37-16.03)	15.81 (<0.01-154.34)	7.39 (1.48-33.93)	129.34 (5.3-686.44)	32.51 (<0.01-300.69)	64.14 (2.42-573.25)
CO ₂ (mg C L ⁻¹)	4.64 (2.17-8.08) <i>a</i>	4.23 (1.75-6.13) <i>a</i>	2.97 (0.61-5.74) <i>b</i>	0.98 (0.52-1.83) <i>d</i>	2.24 (0.47-3.66) <i>c</i>	0.97 (0.29-1.77) <i>d</i>
CH ₄ (µg C L ⁻¹)	20.28 (4.49-63.87) <i>a</i>	8.38 (2.49-28.76) <i>cd</i>	17.32 (1.75-48.73) <i>ab</i>	2.04 (0.7-4.15) <i>d</i>	12.57 (0.04-34.94) <i>bc</i>	1.74 (<0.01-4.66) <i>d</i>
DOC (mg C L ⁻¹)	12.82 (3.81-24.42) <i>a</i>	17.73 (5.69-35.06) <i>ab</i>	20.45 (7.53-42.19) <i>b</i>	19.7 (5.49-33.13) <i>b</i>	19.06 (8.19-36.34) <i>b</i>	16.24 (7.53-40.96) <i>ab</i>
POC (mg C L ⁻¹)	1.18 (0.39-6.93) <i>ab</i>	0.59 (0.24-1.96) <i>a</i>	0.56 (<0.01-1.51) <i>a</i>	0.65 (0.24-3.47) <i>a</i>	1.66 (0.34-5.34) <i>b</i>	0.84 (0.21-3.96) <i>a</i>
Total C (mg C L ⁻¹)	18.66	22.56	24.00	21.33	22.97	18.05

229

230 Mean site CH₄ concentrations ranged from 1.7 μg C L⁻¹ at the lower restoration site to 20.3 μg C L⁻¹ in the
 231 outflow of the upper non-drained catchment (Table 2). Within each site ranges were extremely high with the
 232 maximum recorded concentration 63.9 μg C L⁻¹ at the upper non-drained catchment during Autumn 2009
 233 (Figure 3). POC was also highly variable within catchments following a temporal pattern of low baseline
 234 concentrations with sporadic peaks (Figure 3). Significantly higher POC concentrations were observed for the
 235 upper restoration catchment (Table 2).

236



237

238 **Figure 3.** Time series of carbon concentrations by species across the six sampling sites.

239 Whilst the speciation of carbon was highly variable between catchments (Figure 3) with a number of between-
 240 site significant differences at species level (Table 2), the site-specific mean total carbon concentrations were
 241 all within the narrow range of 18.05 mg C L⁻¹ (R_L) to 24.00 mg C L⁻¹ (N_L).

242 Linear regression models were constructed with the aim of explaining the described site specific differences
 243 in carbon concentrations based on catchment characteristics including total area, percent of catchment drained,
 244 percent of catchment with blocked drains and percent of catchment that had undergone tree removal. When
 245 single variables were included only total catchment area correlated significantly with CO₂ and CH₄ FWMCs;
 246 no significant relationships existed for POC or DOC. Whilst not significant, the proportion of the catchment
 247 that had been drained explained 58% of the site variation in CO₂ FWMC (p = 0.08, negative relationship) and
 248 the proportion of the catchment that contained blocked drains explained 54% of the between site variation in
 249 DOC FWMC (p = 0.09, positive relationship). These were the only other variables that had p-values of less
 250 than 0.10.

251 Multiple linear regressions were then applied using a step-wise selection process that produced explanatory
 252 models with p < 0.10 for CH₄, CO₂ and DOC (Table 3). High FWMCs of CH₄ were associated with sites that
 253 contained few blocked drains and areas of tree removal. However as these variables themselves are correlated,
 254 with blocked drains and tree removal occurring simultaneously, it is difficult to draw process-based
 255 conclusions from these results. The CO₂ model suggests an increase in the drained area leads to lower stream
 256 water concentrations. Given the inter-correlation between drain blocking and tree removal at our test
 257 catchments, the positive relationship between CO₂ concentrations and blocked area may be, in part, due to both
 258 drivers.

259 **Table 3.** Best fit model describing between site variability in carbon FWMC based on stepwise multiple
 260 linear regressions. Log10 transformation was applied to CH₄ FWMC before regressions were carried out.

Species	Variables	Sign of relationship	r ²	p-value
<i>CH₄</i>	Blocked Area	-	0.87	0.02
	Deforested Area	+		
<i>CO₂</i>	Total Area	-	0.84	0.09
	Blocked Area	-		
	Drained Area	-		
<i>DOC</i>	Total Area	+	0.69	0.08
	Deforested Area	+		
<i>POC</i>	<i>No model found</i>	---	---	---

261

262 Concentrations in all carbon species varied throughout the year (Figure 3). The majority of species, across all
 263 sites, followed a seasonal pattern that positively correlated with air temperature (Table 4). Only DOC in the
 264 upper non-drained and CO₂ in the lower restoration site did not display a positive relationship with average
 265 daily air temperature. Temporal variability in carbon concentrations were also strongly linked to discharge,
 266 primarily with a negative concentration-discharge relationship (Table 4). Only CH₄ concentrations in the lower
 267 restored catchment showed a positive concentration-discharge relationship, and this was not significant at the
 268 0.05 confidence interval.

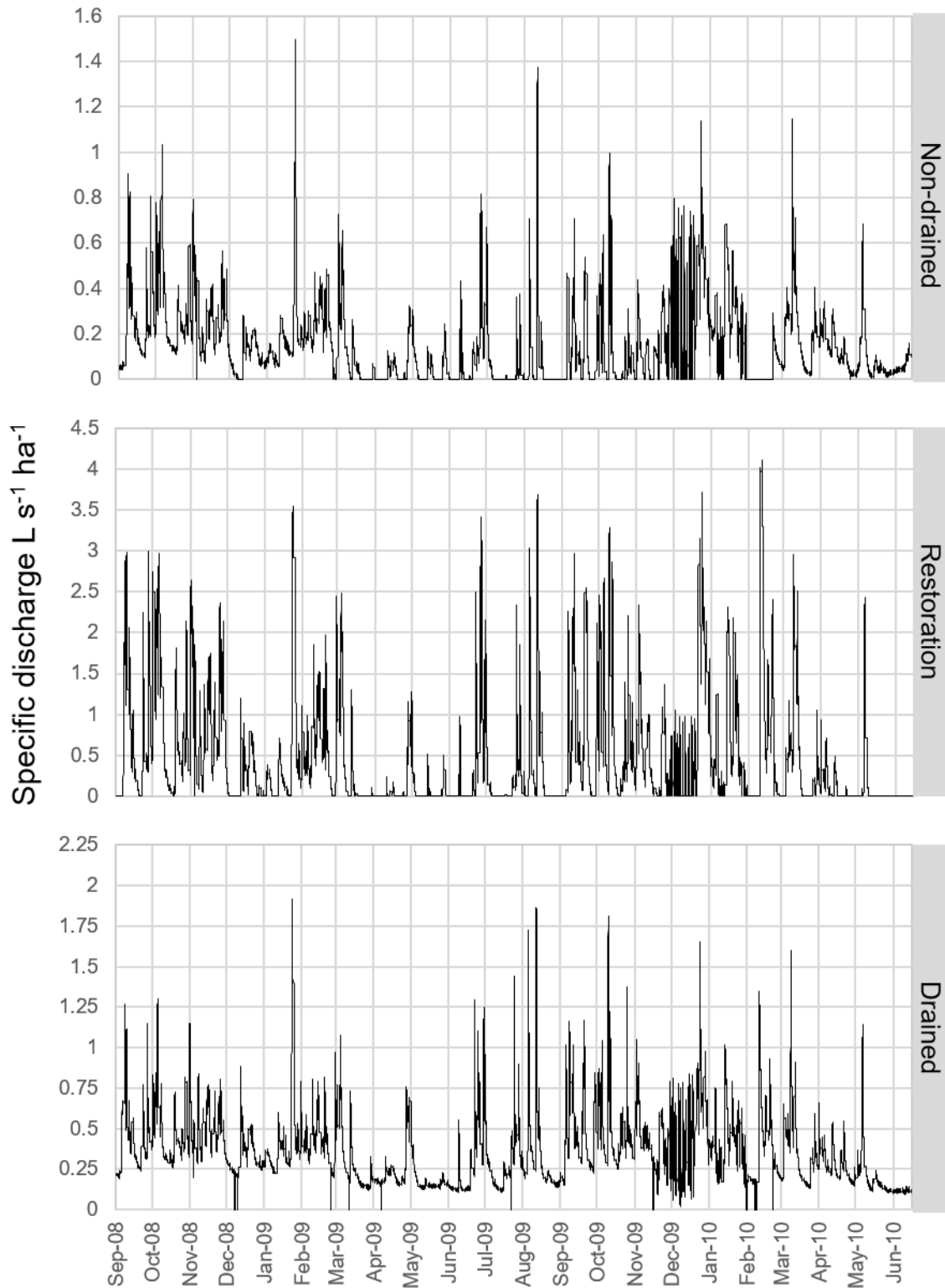
269 **Table 4.** Results from linear regressions of concentration against log discharge and air temperature. Values
 270 represent modelled r² values with †, * and ** representing p-values of <0.10, <0.05 and <0.01, respectively;
 271 “ns” denotes non-significance at p > 0.10. +/- represents the sign of the relationship where one exists.

Species	N _U	N _L	D _U	D _L	R _U	R _L
<i>Log(Discharge)</i>						
Log(CH ₄)	- 0.2 *	- 0.28 **	- 0.62 **	- 0.58 **	- 0.31 **	+ 0.11 †
CO ₂	- 0.44 **	- 0.34 **	- 0.71 **	- 0.49 **	- 0.54 **	Ns
DOC	- 0.15 *	- 0.19 *	ns	ns	- 0.14 †	Ns
POC	ns	- 0.32 **	- 0.13 †	- 0.11 †	- 0.55 **	- 0.20 *
<i>Air Temperature</i>						
Log(CH ₄)	+ 0.06 **	+ 0.14 **	+ 0.18 **	+ 0.03 **	+ 0.08 **	+ 0.02 **
CO ₂	+ 0.08 **	+ 0.18 **	+ 0.15 **	+ 0.09 **	+ 0.14 **	
DOC	ns	+ 0.14 **	+ 0.15 **	+ 0.05 **	+ 0.19 **	+ 0.05 **
POC	+ <0.01 *	+ 0.03 **	+ 0.17 **	+ 0.10 **	+ 0.17 **	+ 0.20 **

272 3.2 Hydrology

273 Temporal hydrological regimes were similar among catchments with multiple ‘flashy’ storm peaks occurring
 274 across all seasons. Peak flows were concurrent in time at all gauged streams (Figure 4). The drained site had
 275 the highest mean (129 L s⁻¹) and peak discharge (686 L s⁻¹), compared to non-drained or restoration sites that
 276 had discharge means of 15 L s⁻¹ and 32 L s⁻¹, respectively. Since the gauged catchments cover a range of
 277 upstream catchment areas (Table 1), it is, therefore, potentially more useful to compare runoff values (Table
 278 2). Of the gauged sites, annual runoff was greatest from the restoration site (1404 mm), followed by the drained
 279 (1139 mm) and the non-drained sites (475 mm), respectively. The annual runoff for both the upper and lower
 280 sites in the non-drained and drained catchments were very similar, however runoff at the upper site was more
 281 than double that at the lower site in the restoration catchment with values of 1404 mm and 679 mm,

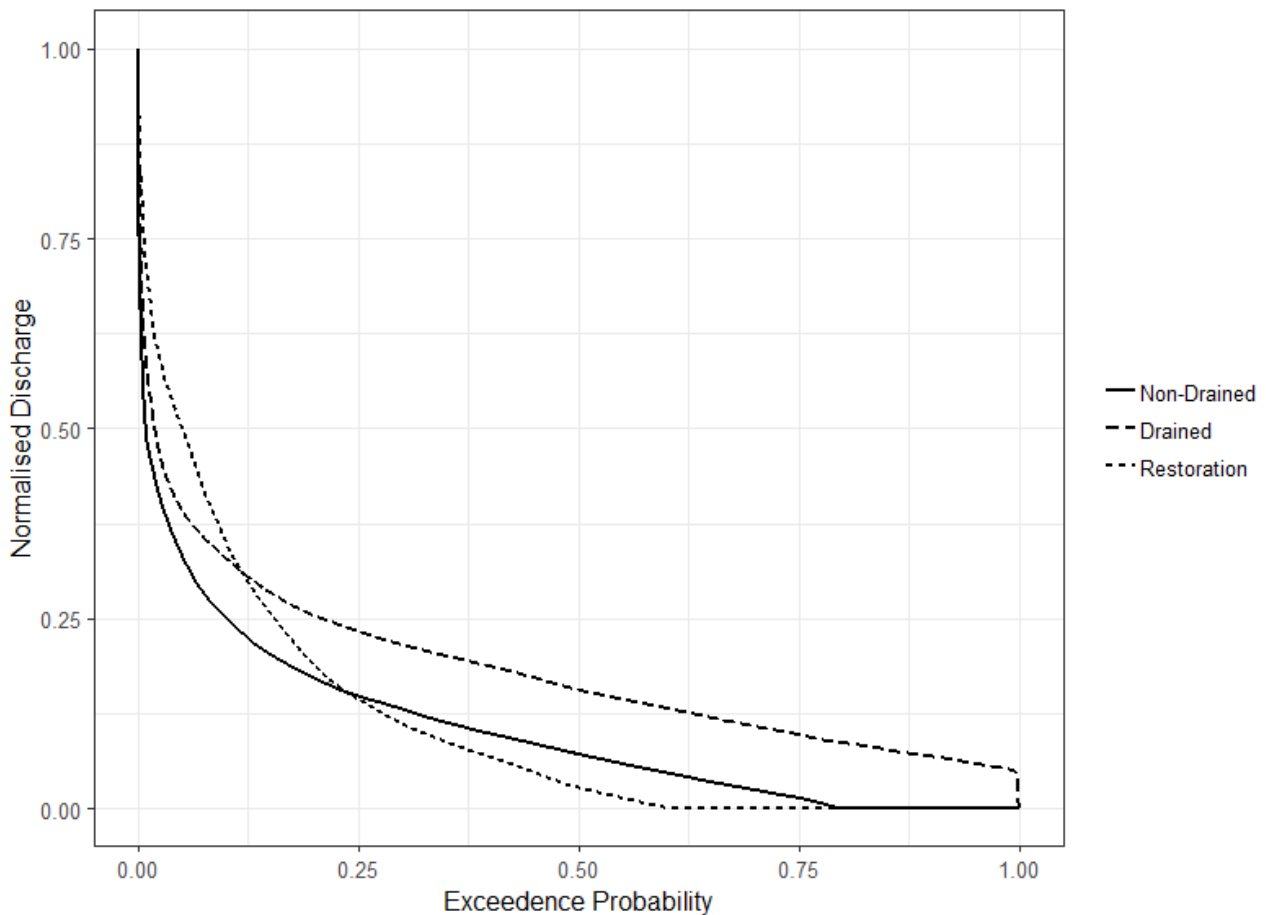
282 respectively. The two restoration sub-catchments also differed significantly in the percent of the catchment
283 that is affected by blocked drains (upper 40%, lower 82%).



284

285 **Figure 4.** Specific discharge time series from pressure transducers located at sites N_L, D_L, R_U, representing
286 the Non-Drained, Drained and Restoration catchments, respectively.

287 The gauged site in the non-drained catchment displayed the steepest flow duration curve indicating high flows
288 lasting the shortest periods (Figure 5); this is most likely a result of the small catchment size rather than an
289 indication of the water holding capacity. Despite a much larger upstream catchment area, the drained site also
290 displayed a steep curve, with the shallowest curve at the upper flow limit displayed by the restoration
291 catchment. The base flow contributions follow the expected distribution based on catchment size (drained >
292 non-drained > restoration).



293
294 **Figure 5.** Flow duration curve showing exceedance probability of normalised discharge across the three
295 gauged sites.

296 3.3 Carbon Export

297 Only downstream fluvial carbon export is calculated in this study, therefore, the results below do not take
298 account of aquatic exports via the vertical evasion of dissolved gases from the water surface. The greatest total
299 fluvial carbon exports were measured in the two drained sites (23.5 and 21.5 g C m⁻² yr⁻¹ for the upstream and
300 downstream catchments, respectively); the smallest measured total exports were for the two non-drained sites
301 (7.9 and 9.2 g C m⁻² yr⁻¹ for the upstream and downstream catchments, respectively; Table 5).

302 **Table 5.** Downstream carbon export for each catchment \pm SE over full study period in $\text{g C m}^{-2} \text{ yr}^{-1}$.

	N_U	N_L	D_U	D_L	R_U	R_L
CH_4	$0.007 \pm <$ 0.001	$0.002 \pm <$ 0.001	$0.014 \pm <$ 0.001	$0.002 \pm <$ 0.001	$0.006 \pm <$ 0.001	$0.002 \pm <$ 0.001
CO_2	1.81 ± 0.04	$1.49 \pm <0.01$	2.77 ± 0.02	$0.91 \pm <0.01$	$2.00 \pm <0.01$	$0.69 \pm <0.01$
DOC	5.62 ± 0.44	7.56 ± 0.10	20.16 ± 0.63	19.98 ± 0.04	18.40 ± 0.08	8.94 ± 0.02
POC	0.44 ± 0.02	$0.18 \pm <0.01$	$0.53 \pm <0.01$	$0.62 \pm <0.01$	$0.75 \pm <0.01$	$0.32 \pm <0.01$

303

304 Whilst variability between the nested sub-catchments at the non-drained and drained sites was very low, the
 305 two sub-catchments in the restored area varied significantly from a total carbon export of $21.1 \text{ g C m}^{-2} \text{ yr}^{-1}$ at
 306 the upper site to $10.0 \text{ g C m}^{-2} \text{ yr}^{-1}$ at the lower site. The species which contributed most to the total fluvial
 307 carbon export was DOC across all catchments, with the second most important export component CO_2 . POC
 308 fluxes were typically an order of magnitude lower than CO_2 fluxes, and export of CH_4 was minor across all
 309 catchments.

310 4. Discussion

311 4.1 Carbon concentrations under different peatland land management

312 This study provides an assessment of concentrations of waterborne carbon species including dissolved CO_2
 313 and CH_4 in small headwater catchments located in the Flow Country and will provide a reference point for
 314 future comparisons of these systems, particularly as they respond over the long-term to management. Under
 315 all peatland land management types DOC was the largest component of total aquatic carbon. Concentrations
 316 were within the range measured in previous studies of blanket bogs (Evans et al., 2018; de Wit et al., 2016)
 317 and followed the typical seasonal cycle observed in peatlands, where concentrations tend to peak during late
 318 summer/early autumn (Figure 3). Whilst significant differences were detected for specific sub-catchments
 319 (Table 2), and lowest mean concentrations were detected for the non-drained catchment, consistent with H1,
 320 the restoration effect on DOC concentration was unclear. . Previous studies in the Flow Country have indicated
 321 that stream DOC concentrations increase in the short-term following peatland restoration interventions, in part
 322 due to the disturbance of the land (Shah and Nisbet, 2019; Gaffney et al., 2020), yet this effect was not detected
 323 here. Time since intervention may have subdued the effect of restoration on DOC concentration, as
 324 measurements were started approximately six years after restoration work began in the area. However in a 17-
 325 year-old forest-to-bog restoration site also located within the Flow Country, mean DOC concentrations
 326 remained \sim two fold higher than non-drained bog sites in both surface- and pore-water (Gaffney et al., 2018),

327 suggesting that these effects can be detected over the longer timescales. Our findings are consistent with noisy
328 biogeochemical signals occurring over varying timescales and across catchments with varying land use, and
329 suggest that monitoring should ideally span the timescale required for peatlands to reset and reach a new
330 equilibrium following catchment interventions.

331 POC concentrations were relatively low across all sites, and there was little evidence of drainage increasing
332 concentrations, contrary to H2, as has been observed in highly degraded peatlands in the UK (Pawson et al.,
333 2012; Yeloff et al., 2005). This suggests that the ditches in the drained catchment were not actively eroding at
334 the time of this study or that our fortnightly sampling interval did not capture peak flows when increased POC
335 export might be expected, although no positive POC-discharge relationships were observed at the sampling
336 sites in this study (Table 4). Peatland disturbances other than drainage can also contribute to short-term
337 increases in POC concentrations (Heal et al., 2020; Nieminen et al., 2017) and a significant difference was
338 detected for concentrations in the upper restoration catchment, which, in percentage coverage terms, was most
339 affected by forest-to-bog restoration (Table 1). The technique of fell-to-waste, whereby tree material is left on-
340 site post-restoration, was utilised in the Cross Lochs area, and this may have contributed to the observed POC
341 effect. The degree to which sediment traps put in place as part of the drain blocking process during forest-to-
342 bog restoration are effective at capturing POC (Andersen et al., 2018) requires further testing.

343 Concentrations of dissolved CO₂ were highest in the non-drained catchments, although the degree to which
344 this can be attributed to peatland land management is uncertain. Whilst increased CO₂ partial pressures have
345 similarly been found in undrained catchments compared to drained catchments in a Finnish peatland (Rantakari
346 et al., 2010), a more likely explanation in this study is that total catchment area was the dominant driver of
347 dissolved CO₂ concentrations, as detected in multiple linear regression modelling (Table 3). Concentrations
348 were consistently higher in the upper catchments of all land management types, with significant differences
349 observed in the drained and restoration sub catchments. Low order streams in small catchments inherently
350 have a higher degree of connectivity with the surrounding peatland soil, resulting in CO₂ supersaturation
351 (Wallin et al., 2010). Rapid evasion of supersaturated CO₂ from headwater peatland streams has been widely
352 observed (Billett et al., 2015; Hope et al., 2004; Kokic et al., 2015), and is suggestive that the differences
353 detected in this study could, at least in part, be attributed to evasion during transit between first and second
354 order streams. That the lowest difference in CO₂ concentration was detected in the non-drained catchment

355 where there was the smallest distance between upper and lower sampling points (Figure 1) further supports
356 this proposition. Evasion of CO₂ in headwaters may be a significant component of peatland carbon budgets
357 and should be quantified as a specific loss term, particularly when isotopic analyses have determined the
358 evaded CO₂ to be ‘young’, and therefore intrinsically related to the peatland’s contemporary net ecosystem
359 carbon balance (Billett et al., 2015).

360 Dissolved CH₄ concentrations followed the same trend as CO₂: highest concentrations were consistently
361 detected in the upper catchments. Several studies have examined CH₄ emissions in peatlands where water
362 tables have been artificially raised through ditch blocking and suggest that infilled drains may be acting as “hot
363 spots”, particularly when the presence of species with aerenchyma such as *Eriophorum angustifolium* allows
364 CH₄ to bypass oxidative pathways (Cooper et al., 2014; Günther et al., 2020; Waddington and Day, 2007), but
365 comparatively fewer studies have looked at dissolved CH₄ in streams receiving water from peatlands.
366 However, in a study of dissolved CO₂ and CH₄ concentrations in blocked and open ditches in a blanket bog in
367 N Wales with a higher level of experimental replication than in this study, there was no evidence of systematic
368 differences between the two ditch types (Evans et al., 2018). Similarly, there was no evidence of this effect in
369 the catchments monitored in this study and concentrations were similar to those detected by Evans et al. (2018).
370 While the lack of detection of a land management effect is perhaps unsurprising as a consequence of the low
371 experimental replication and time since intervention, it may also relate to multiple controls (organic matter,
372 terminal electron acceptors, hydrology, geomorphology, etc.) that operate in relation to methane production
373 and processing in streams, which remain poorly understood (Stanley et al., 2016).

374 **4.2 Effects of peatland land management on flow regimes**

375 Flow regimes varied considerably between the six monitoring sites included in this study. Increased annual
376 runoff was detected in the drained catchments (mean: 1125 mm) relative to the non-drained catchments (mean:
377 471 mm), suggesting that peatland drainage has had a profound impact on catchment hydrological functioning.
378 Drainage of blanket peatland has previously been shown to modify flow pathways, via a shift from overland
379 flow to throughflow (Holden et al., 2006), and to increase peak flows (Ballard et al., 2012). Flow duration
380 curves indicated that peak flows lasted longer in the drained catchment relative to the non-drained catchment,
381 although it was in the restoration catchment where peak flows were sustained for the longest periods. This was
382 a surprising result, although it should be noted that the restoration catchment was the only land management

383 type where flow monitoring occurred at the upper rather than lower sampling point, and it was at this site that
384 highest catchment runoff was observed. Lack of pre-intervention data means that we are unable to assess
385 inherent differences in hydrology between the study sites, although the occurrence of periods of dry-out at both
386 the non-drained and restoration stream monitoring sites (Figure 4) suggests that there may be significant
387 movement of water out of the catchment via other flow paths (e.g. sub-surface or overland) which are not
388 quantified here.

389 Annual runoff for the two restoration sites was markedly different (Table 2), with the lower site's runoff similar
390 to the non-drained catchments, and the upper site's runoff exceeding that of the drained catchments. There
391 was a large difference in the percentage of catchment area affected by restoration activities, with the lower
392 catchment affected by considerably more ditch blocking. It follows that water flux from the lower catchment
393 would be reduced, as has been discerned in other ditch-focussed studies of peatland restoration (Evans et al.,
394 2018). This has previously been attributed to an increase in evaporation relative to precipitation in restored
395 catchments, which occurs because water is retained in the catchment for longer, partly due to the physical
396 barrier that peatland ditch blocks create whereby water pools behind the peat or piling dams (Peacock et al.,
397 2013) and is more susceptible to evaporative loss. However, whilst this process may have had a small role in
398 contributing toward the observed runoff differences, its overall impact it likely to be limited in the northern,
399 temperate climate of the Flow Country, where high cloud cover, low temperatures and high contributions from
400 occult precipitations reduces potential for evaporation (Lapen et al., 2000).

401 Another potential explanation for the observed differences in runoff is that in areas affected by peatland
402 restoration works, a greater proportion of total runoff occurs as overland or near-surface flow (Holden et al.,
403 2017b). This flow can effectively bypass typical drainage networks and is therefore not necessarily represented
404 in the stream discharge data presented in this study. Previous studies have found diversion to overland flow to
405 explain the difference in runoff measured between restored and control peatland catchments (Holden et al.,
406 2017a; Turner et al., 2013). Although data were not collected here that can verify the contribution of different
407 flow paths to total catchment runoff, it is feasible that flow path shifts have been initiated in the lower
408 restoration catchment following ditch blocking. As clear differences in runoff are evident between the drained
409 and non-drained catchments, this could be interpreted as a signal of the successful hydrological restoration of
410 the lower catchment and its movement towards more natural functioning.

411 **4.3 Impacts of restoration on carbon fluxes**

412 Aquatic carbon fluxes from all catchments were within the same order of magnitude, although were
413 consistently lower than those detected in a previous study of all waterborne carbon species in a stream draining
414 from a peatland in southern Scotland, where DOC alone contributed to a flux of 25.4 g C m² yr⁻¹ (Dinsmore et
415 al., 2010). The fluxes were within the range measured for other temperate peatlands (Evans et al., 2016b;
416 Swenson et al., 2019) and for headwater streams in the Flow Country (Gaffney et al., 2020). Although the
417 Gaffney et al., (2020) study did not measure CO₂ and CH₄, this did not lead to large differences in carbon
418 export between the studies, as DOC was the dominant flux term in both overall budgets. This region of
419 Scotland has been identified as an important contributor to the total carbon flux from land to sea on the GB
420 scale (Williamson et al., 2021), and as such, it is important that the effects of land management on fluvial
421 carbon exports are considered, as this may have disproportionately larger impacts than in other areas of the
422 country. As to the end fate of this exported carbon, specifically DOC, the short residence time of the Halladale
423 river into which the streams feed suggest that much of this carbon is delivered to the estuarine environment,
424 which, for this particular system, has been shown to displayed conservative mixing behaviour (García-Martín
425 et al., 2021).

426 The same catchment was employed as the non-drained lower catchment in this study (measurements from
427 2008 to 2010) and as the 'bog control' in the Gaffney et al. (2020) study (measurements from 2013-2015), and
428 carbon fluxes here were notably lower (10.8 vs.18.4 g C m² yr⁻¹; mean of 2014 and 2015 C export). As there
429 is only a small difference in carbon concentrations between the studies, the difference is likely to be due to
430 inter-annual hydrological and climatic variation. This finding highlights the limitation of taking measurements
431 over only a few years, as it is well established that carbon export can vary considerably as a function of inter-
432 annual hydrological variation. The influence of varying hydrology, including precipitation and evaporation
433 balances, catchment water storage and flow path routing, may mask the potentially more subtle differences in
434 biogeochemistry, and associated carbon fluxes, that arise due to land management practices.

435 Aquatic carbon export varied between the land management types, and the drained and non-drained sites were
436 markedly different in their overall carbon flux, with average fluxes nearly 150% greater from the drained
437 catchments. This finding indicates the dramatic effect that drainage, particularly when maintained, can have
438 on peatland aquatic carbon fluxes or, at the very least, the dominant flow paths within a catchment, for example

439 open channel flow (as measured here) versus overland and sub-surface flow (not quantified here). There was
440 large intra-site variability in carbon fluxes within the restoration sub-catchments, which means it is difficult to
441 determine the impact of the restoration activities on aquatic carbon losses. Previous studies have determined
442 successful recovery of peatland hydrology and water chemistry following restoration, yet have referenced
443 longer (~10 year) data sets to determine this effect (Haapalehto et al., 2014).

444 The degree to which the nested experimental design employed here can determine a confident land
445 management effect on stream carbon concentrations and fluxes is questionable. The nested design limited true
446 replication between the land management types, and greater replication of all land types would be required to
447 conclude that land management alone was the driver of the observed differences. Furthermore assessment of
448 restoration success without prior monitoring of stream carbon is not optimal and a before-after-control-
449 intervention approach is a better experimental approach (e.g. Menberu et al., 2017). Turner *et al.*, (2008),
450 examined stream DOC concentrations pre- and post-restoration and demonstrated that without pre-restoration
451 information, a different conclusion regarding the success of restoration would have been reached. Thus, where
452 practical, monitoring of pre-restoration conditions should be attempted to give a more accurate assessment of
453 restoration success, and this requires active communication between researchers and land managers in order
454 to ensure that monitoring is established ideally at least one year before restoration interventions occur.

455 **5 Conclusions**

456 Our study measured waterborne carbon species in streams draining from blanket bog in the Flow Country in
457 order to assess the effects of varying peatland land management. Increased dissolved organic carbon
458 concentrations were detected in areas of drained peatland relative to non-drained peatland, and there was
459 considerable variation in speciation of carbon across the monitoring sites. Aquatic carbon fluxes were
460 intrinsically linked to catchment hydrology, and large differences in runoff, particularly between the
461 restoration sites, generated uncertainty regarding the impact of peatland restoration on fluvial carbon losses.
462 We recommend that future studies combine detailed measurements of carbon speciation, as presented here,
463 with rigorous hydrological monitoring to quantify carbon losses via different catchment flow paths, before and
464 after peatland management interventions. With this approach the impact of peatland restoration on both aquatic
465 carbon concentrations and fluxes can be fully quantified.

466 **6 Data Availability**

467 Carbon concentration data for all sites are available via the Environmental Information Data Centre (Pickard
468 et al., 2021).

469 **7 Author Contributions**

470 MB collected field samples and undertook laboratory analyses. Data analysis was performed by KJD, AEP
471 and MB. MFB provided guidance on the scope and design of the project and RA contributed land
472 management data. AEP prepared the manuscript, with contributions from KJD, MFB and RA.

473 **8 Acknowledgments**

474 Field and laboratory work for this study was undertaken during a PhD studentship awarded to Marcella
475 Branagan, and was funded via the ‘UHI Addressing Research Capacity’ Project, with financial contributions
476 from the European Regional Development Fund, Highlands and Islands Enterprise and the Scottish Funding
477 Council. Manuscript preparation time was funded by the Natural Environment Research Council, UK, as part
478 of the Land Ocean Carbon Transfer (LOCATE; <http://locate.ac.uk>) project, grant number NE/N018087/1.
479 RA was funded by a Leverhulme Leadership Award (RL-2019-02) and access to land management data was
480 made possible through the NERC “How does land management influence FIRE RESilience in BLANKET bogs
481 (FIRE BLANKET)” project, grant number NE/T006528/1. Thanks to both the RSPB and the Bighouse Estate
482 for facilitating access to the sampling sites across the project duration, and to the RSPB for confirming the
483 chronology of restoration activities within the Cross Lochs area.

484 **9 Competing interests**

485 The authors declare that they have no conflict of interest.

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