

# Mineralization of autochthonous particulate organic carbon is a fast channel of organic matter turnover in Germany's largest drinking water reservoir

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**Abstract.** Turnover of organic matter (OM) is an essential ecological function in inland water bodies and relevant for water quality. This is especially important for the potential of dissolved organic carbon (DOC) removal as well as for emissions of CO<sub>2</sub>. In this study, we investigated various phases of OM including DOC, autochthonous particulate organic carbon (auto-POC), allochthonous particulate organic carbon (allo-POC), and sedimentary matter (SED) in a temperate drinking water reservoir (Rappbode Reservoir, Germany) by means of dissolved inorganic carbon (DIC) concentrations and carbon stable isotope ratios. In order to best outline carbon turnover, we focused on the metalimnion and the hypolimnion of the reservoir, where respiration is expected to be dominant and hardly disturbed by atmospheric exchange or photosynthesis. DIC concentrations ranged between 0.30 and 0.53 mmol L<sup>-1</sup>, while  $\delta^{13}\text{C}_{\text{DIC}}$  values ranged between -15.1 and -7.2 ‰ versus the VPDB (Vienna PeeDee Belemnite) standard. Values of  $\delta^{13}\text{C}_{\text{DOC}}$  and  $\delta^{13}\text{C}_{\text{auto-POC}}$  ranged between -28.8 and -27.6 ‰ and between -35.2 and -26.8 ‰, respectively. Isotope compositions of sedimentary material and allochthonous POC were inferred from the literature and from measurements from previous studies with  $\delta^{13}\text{C}_{\text{SED}} = -31.1$  ‰ and  $\delta^{13}\text{C}_{\text{allo-POC}}$  ranging from -31.8 ‰ to -28.6 ‰. Comparison of DIC concentration gains and stable isotope mass balances showed that auto-POC from primary producers was the main contributor to increases of the DIC pool. Calculated OM turnover rates were within the range for oligotrophic water bodies (0.01 to 1.3  $\mu\text{mol L}^{-1} \text{d}^{-1}$ ). Some higher values in the metalimnion are likely due to increased availability of settling auto-POC from the photic zone. Samples from a Metalimnetic Oxygen Minimum (MOM) also showed dominance of respiration over photosynthesis. Our work shows that respiration in temperate lentic water bodies largely depends on auto-POC production as a major carbon source. Such dependencies can influence vulnerabilities of these aqueous systems.

## 30 1 Introduction

Among the carbon phases in terrestrial surface waters, dissolved inorganic carbon (DIC) is usually most abundant, with concentrations that range from 0.1 mmol L<sup>-1</sup> to more than 1.0 mmol L<sup>-1</sup> (Cole and Prairie, 2014). This wide range of concentrations also links to metabolic processes, because DIC is at the same time a reagent for photosynthesis and a product of respiration. Respiration rates vary with temperature, organic matter load and nutrient availability and

35 phytoplankton assemblages (Gattuso et al., 2002; Hanson et al., 2003; Pace and Prairie, 2005; Wu and Chen, 2011; Mazuecos et al., 2015). A fundamental contribution to DIC budgets in water systems stems from atmospheric and soil CO<sub>2</sub>. For instance, atmospheric CO<sub>2</sub> influences DIC concentrations through the entire water column of lentic bodies during the mixing period, while it mainly affects the epilimnion during stratification periods. Because of its high solubility in waters, this gas plays a major role in the shallower parts of lentic aquatic ecosystems from which it either  
40 degasses (in case of heterotrophy) or it becomes dissolved from the atmosphere (autotrophy) into the surface layer (Wetzel, 1984; Cole et al., 2007; Tranvik et al., 2009; Raymond et al., 2013; Koschorreck et al., 2017; DelSontro et al., 2018). On the other hand, carbon contributions from OM to DIC usually become important at greater water depths. Such respiratory turnover is particularly important for the hypolimnion of eutrophic lakes and reservoirs, where a substantial increase in total inorganic carbon ( $\Sigma\text{CO}_2$ ) can often be observed (Wetzel, 1983). This feature is far less  
45 marked in oligotrophic lentic water bodies.

Other carbon phases in waters are represented by organic matter (OM). Organic carbon compounds result from decomposition processes of dead organic matter within (i.e. autochthonous) or outside (i.e. allochthonous) a water body (Kritzberg et al., 2004). Almost all autochthonous material in the pelagic zone of a water body consists of dead particulate organic carbon (auto-POC) and, to a smaller extent, dissolved organic carbon (DOC) by leaching (Wetzel,  
50 1984). Only a small fraction of the auto-POC accounts for living biota (Kawasaki and Benner, 2006). Allochthonous OM is primarily of terrestrial plant origin, and is transported to lentic systems by runoff as dissolved or particulate phase (allo-DOC and allo-POC). To a minor extent, allo-DOC and allo-POC phases can also derive from atmospheric inputs such as transport of dust by wind (Willey et al., 2000). Residual autochthonous and allochthonous carbon that reaches the bottom of a lentic water body can accumulate and generate sedimentary organic carbon (SED). This carbon  
55 burial in sediments is one of the main mechanisms of carbon sequestration within water bodies (Regnier et al., 2013). DOC and POC in lentic waters are of primary importance in terms of water quality. DOC absorbs light and may inhibit photosynthesis (Karlsson et al., 2009). This affects dissolved oxygen (DO) and DIC dynamics (Blough, 2001; Schindler, 2004). In many cases, DOC can also cause browning of waters that associates with numerous economic disadvantages. In waters used for drinking water supply, elevated DOC contents do not only pose aesthetic concerns.  
60 For instance, DOC reactions with chlorine during water treatment disinfection can produce numerous harmful by-products (Karst et al., 2004; Bond et al., 2014; Fisher et al., 2017). Therefore, the evaluation of OM turnover, especially with respect to DOC, is of critical importance for water quality management of surface waters used for drinking water production. On the other hand, the rate of POC turnover may also affect sedimentation rates and therefore control the amounts of carbon deposited in sediments (Azam et al., 1983; Keaveney et al., 2020). Such carbon accumulation may  
65 then lead to excessive losses of methane from lentic water bodies, which is relevant for greenhouse gas production (Bastviken et al., 2010; Huang et al., 2019; Jansen et al., 2022).

In addition, mineralisation of OM into DIC has implications on greenhouse gas dynamics as it releases CO<sub>2</sub> into the water, a process that also increases DIC (Sun et al., 2016). In lakes that may also be affected by inorganic carbon sequestration processes such as photosynthesis or calcite precipitation (Khan et al., 2022), increases of DIC  
70 concentrations may lead to CO<sub>2</sub> degassing from the water column. From this perspective, lentic water bodies are not

only reactors for carbon turnover but also sources of CO<sub>2</sub> (Åberg et al., 2004; Cole et al., 2007). This highlights the need for aqueous studies with closer investigation of OM contributions to the DIC pool.

Carbon turnover in aqueous systems can be investigated by means of concentrations and carbon stable isotopes ( $\delta^{13}\text{C}$ ) of DIC, DOC, and POC (MacKenzie et al., 2004; Schulte et al., 2011; van Geldern et al., 2015). A common scheme is that respiration causes decreases of  $\delta^{13}\text{C}_{\text{DIC}}$  that associate with increases of DIC concentrations in water (Stiller and Nissenbaum, 1999; Gammons et al., 2014). Such  $\delta^{13}\text{C}_{\text{DIC}}$  decreases relate to the fact that processed OM is usually enriched in  $^{12}\text{C}$  and therefore has more negative  $\delta^{13}\text{C}$  values when compared to its inorganic counterparts. During OM degradation, this more negative isotope signal becomes transferred to the DIC pool. Therefore, mass balances that combine carbon concentration data with isotopes may serve as useful source tracers in studies of aqueous carbon turnover (Barth et al., 2017).

In this study, we investigated the turnover of OM into DIC with data from the Rappbode Reservoir, that is Germany's largest drinking water reservoir. Our principal aim was to constrain preferential turnover of the various sources of OM. A further objective was to define turnover rates and to outline in which compartments of the reservoir they might be most pronounced. We also applied this approach to a Metalimnetic Oxygen Minimum (MOM) in the reservoir. Here carbon turnover may be even more pronounced, as MOM are known for its strong depletion in dissolved oxygen (Shapiro, 1960; Nix, 1981; Kreling et al., 2017; Dordoni et al., 2022). The Rappbode Reservoir offered an ideal location for this study because in recent years its logistic settings helped to develop it into an increasingly acknowledged large-scale laboratory of ecological behaviour for man-made lentic water bodies (Kong et al., 2019; Wentzky et al., 2019; Herzsprung et al., 2020; Mi et al., 2020).

## 90 2 Methods

The Rappbode Reservoir in the Harz Mountains has a surface area of 3.9 km<sup>2</sup> and a maximum depth up to 90 m. Its maximum volume can reach up to 0.113 km<sup>3</sup>. The reservoir also produces hydropower (Rinke et al., 2013). It receives water from two streams, the Hassel and the Rappbode. Two pre-reservoirs with a total volume < 0.002 km<sup>3</sup> are located on the path of these two rivers and are described in detail by Friese et al. (2014). Another input to the Rappbode Reservoir is an artificial water transfer gallery from the Königshütte Reservoir. The mixing season at the Rappbode Reservoir normally occurs between the beginning of December and the middle of March. Complete stratification is visible from the end of May, and boundaries between the epilimnion, metalimnion, and hypolimnion usually persist until middle November (cf supplementary material S1, Fig. S1). During the stratification period, the compartments act as close systems and evolve independently from other seasons. For example, dissolved oxygen (DO) can hardly exchange between the different parts of the reservoir and its concentrations are higher in the epilimnion due to biota developments in spring and summer and related photosynthetic production of O<sub>2</sub> (Wentzky et al., 2019). On the other hand, respiration dominates the metalimnion and hypolimnion of the reservoir at different degrees (Dordoni et al., 2022).

105 Sampling campaigns at the Rappbode Reservoir were carried out between March 2020 and December 2020 at a central location of the water body (51° 44' 19" N, 10° 53' 30" E, 420 m a.s.l.; Fig. 1). This monitoring station is located at a

distance of around 515 meters from the main dam and is the best representative point of the reservoir for processes in the water column (Wentzky et al., 2019; Mi et al., 2020; Dordoni et al., 2022). Sampling campaigns took place at least every two weeks. For this work, we investigated depths at 13, 16, 22, 40 and 65 meters below the water surface. Samples were collected with a LIMNOS-Watersampler™ (HYDRO-BIOS) in 1-L airtight amber-glass borosilicate bottles (DURAN™). They were prepared for laboratory analyses within one hour after sampling.

In the field, measurements of temperature and pH were performed on each depth-specific sample by a digital multi-parameter instrument (HQ40d; Hach Company, Loveland, CO, U.S.A. ). Water samples for dissolved inorganic carbon (DIC) and dissolved organic carbon (DOC) were filtered through 0.45 µm pore-size syringe disk filters (Minisart HighFlow PES, Sartorius AG, Germany) into 40-mL amber-glass vials that were closed airtight by butyl rubber septa. These vessels conform to US Environmental Protection Agency (EPA) standards and were pre-poisoned with 20 µL of a supersaturated mercuric chloride (HgCl<sub>2</sub>) solution to avoid secondary microbial activities after sampling. Duplicate samples were stored in the dark at 4 °C.

In the laboratory, water samples were analyzed for carbon stable isotopes of DIC ( $\delta^{13}\text{C}_{\text{DIC}}$ ) and DOC ( $\delta^{13}\text{C}_{\text{DOC}}$ ) by an Aurora 1030W TIC-TOC analyzer (OI Analytical, College Station, Texas) that was coupled in continuous flow mode to a Thermo Scientific Delta V plus isotope ratio mass spectrometer (IRMS). Concentrations were determined from the signal of the OI internal non-dispersive infrared sensor (NDIR) and a set of calibration standards. All stable isotope values in our work are reported as  $\delta$ -notations in per mille (‰) versus the standard reference for carbon isotopes (Vienna Pee Dee Belemnite – VPDB) according to:

$$\delta = [(R_{\text{sample}} / R_{\text{reference}}) - 1] * 1000 \quad (1)$$

where R is the molar ratio of the heavy and light carbon isotopes. Standard deviations of both  $\delta^{13}\text{C}_{\text{DIC}}$  and  $\delta^{13}\text{C}_{\text{DOC}}$  measurements were better than  $\pm 0.3$  ‰ (1- $\sigma$ ).

Particulate organic carbon (auto-POC) from water samples was collected on pre-heated (400°C) glass fibre filters (GFF) with a pore size of 0.4 µm (Macherey Nagel GF-5). The GFF were freeze-dried and subsequently pulverized using a ball mill (Retsch CryoMill). The resulting powder was fumigated by concentrated HCl in a desiccator for 24 hours to eliminate possible carbonate particles on the filters. Afterwards, the sample was stored for 1 hour at 50 °C to allow degassing remaining acid fumes. Grinded and de-calcified GFF sample material was then weighed into tin capsules for isotope analyses. Samples were analyzed for their  $\delta^{13}\text{C}_{\text{auto-POC}}$  signals using a Costech Elemental Analyzer (ECS 4010; Costech International, Pioltello, Italy; now NC Technologies, Bussero, Italy) in continuous flow mode coupled to a Thermo Scientific Delta V plus isotope ratio mass spectrometer (ThermoFisher Scientific, Bremen, Germany). The standard deviation of these measurements was better than  $\pm 0.3$  ‰ (1- $\sigma$ ).

The vertical division of the water column into the compartments (epilimnion, metalimnion and hypolimnion) was arranged according to temperature data (supplementary material S1, Fig. S1).

The mass balance for carbon turnover calculations works best in environments where respiration is the dominant process. This is because in the epilimnion the  $\delta^{13}\text{C}_{\text{DIC}}$  signal is also influenced by photosynthesis and by degassing of CO<sub>2</sub> to the atmosphere. Both processes shift the  $\delta^{13}\text{C}_{\text{DIC}}$  values towards more positive values in patterns that are

difficult to predict and depend on the type of algae community and magnitudes of CO<sub>2</sub> degassing. These uncertainties render a closed mass balance approach difficult for the epilimnion (Barth et al., 1998; van Geldern et al., 2015). Therefore, we restricted mass balance calculations for OM turnover to the metalimnion and the hypolimnion. The isotope mass balance equation relies on the determination of molar contributions from OM to DIC pool as follows:

$$145 \quad n_{fromOM} = n_t \times \frac{(\delta^{13}C_t - \delta^{13}C_s)}{(\delta^{13}C_s - \delta^{13}C_{OM})} \quad (2)$$

where

$n_{fromOM}$  is the molar C-contribution of OM to the DIC pool

$n_t$  is the molar concentration of the DIC at the time when the water column was homogenised by the lake turnover at the beginning of the year (time 0, i.e. 17 March 2020)

150  $\delta^{13}C_t$  is its corresponding carbon isotope composition

$\delta^{13}C_s$  is the isotope composition of DIC of any sampling event later than time 0

$\delta^{13}C_{OM}$  is the isotope composition of the considered OM source material that may have been turned into DIC.

Further details regarding equation (2) are provided in the supplementary material S1.

One requirement for using this method is the increase in DIC from time 0 to each subsequent sampling event.

155 The organic matter (OM) sources studied were DOC, auto-POC, SED and particulate organic carbon of allochthonous origin (allo-POC). Their individual carbon isotope compositions ( $\delta^{13}C_{OM}$ ) were the variable that was replaced for each sample calculation in equation (2). We used field data for all the variables of the equation, except for  $\delta^{13}C_{SED}$  and  $\delta^{13}C_{allo-POC}$ . For  $\delta^{13}C_{SED}$ , we used data from the with an average of -31.1 ‰ (Liu et al., 2022). For  $\delta^{13}C_{allo-POC}$ , we used a range of values between -31.8 ‰ and -28.6 ‰ that were retrieved from the literature (Tittel et al., 2019) and from  
 160 18 unpublished data points that were collected upstream from entering rivers (supplementary material S2). These data were provided by the Helmholtz Zentrum für Umweltforschung in Magdeburg and collected in 2020. Note that we were not able to sample sedimentary and river input data in the same frequency as the water samples from the reservoir. However, because they are likely less variable we think that they are transferable to our study as averages.

We also tested the validity of equation (2) via an error propagation approach (Ku, 1966; Kretz, 1985):

$$165 \quad S = \sqrt{\left(\frac{\partial n_{fromOM}}{\partial n_t}\right)^2 \cdot s n_t^2 + \left(\frac{\partial n_{fromOM}}{\partial \delta^{13}C_t}\right)^2 \cdot s \delta^{13}C_t^2 + \left(\frac{\partial n_{fromOM}}{\partial \delta^{13}C_s}\right)^2 \cdot s \delta^{13}C_s^2 + \left(\frac{\partial n_{fromOM}}{\partial \delta^{13}C_{OM}}\right)^2 \cdot s \delta^{13}C_{OM}^2} \quad (3)$$

Where S is the total standard variation and s refers to the standard variation of each sampling date. More information about this method is available in the supplementary material S1.

The evaluation of OM turnover into the DIC pool was limited to the metalimnion and the hypolimnion of the Rappbode Reservoir because only in these zones we obtained a good correlation between DIC and its isotopes (supplementary material S1, Fig. S2). For comparison to the isotope mass balance (Eq. 2) we also determined DIC gains with  
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concentration differences from time 0 ( $n_{s-t}$  i.e. 17 March 2020). Here we aimed to find out which correlations would be closest to a 1:1 line in order to narrow down the most plausible source of OM turnover.

We also calculated OM to DIC turnover rates in the metalimnion and in the hypolimnion. For considerations of the metalimnion, we additionally separated the layer showing the minimal oxygen concentration (Metalimnetic Oxygen Minimum, MOM). Our results are expressed in  $\mu\text{mol L}^{-1} \text{d}^{-1}$  for individual sampling dates with their time differences between time 0 (17 March 2020) up to a maximum of 259 days (i.e. 08 December 2020). In order to evaluate OM seasonal turnover rates, we subdivided our database following Wang et al. (2021). According to this scheme, spring ranged from 17 February to 11 June, summer from 12 June to 14 September, autumn from 15 September to 5 December and winter from 6 December to 16 February.

## 180 **3 Results and Discussion**

### **3.1 Dissolved inorganic carbon concentrations**

Figure 2 shows DIC profiles within the studied time period and divided into seasons. DIC concentrations generally increased from time 0 over the course of the study period. The spring profiles showed the smallest range of DIC concentrations ( $0.29 \text{ mmol L}^{-1}$  to  $0.36 \text{ mmol L}^{-1}$ ) and an overall homogeneity throughout the water column. This is in accordance with the theory of biogeochemical uniformity during and shortly after mixing periods of lentic water bodies (Wetzel, 1984). DIC values at this starting point were lower when compared to subsequently collected samples. This low DIC starting point was related to an overall equilibration with the atmosphere. In addition, due to lower temperatures in March and before, metabolic processes were still low. Concentration differences between the different depth profiles that were collected fortnightly were smallest in summer. However, they showed a pronounced increase in DIC concentration with respect to time 0, with values ranging from  $0.33$  to  $0.58 \text{ mmol L}^{-1}$  (Fig. 2). A sample from 22 meters depth on 04/08/2020 had an exceptional high DIC content, whereas a strong decrease in DIC was recorded at 16 meters depth on 18/04/2020. Samples from autumn had the highest DIC concentrations with values between  $0.38$  and  $0.59 \text{ mmol L}^{-1}$  (Fig. 2). Note that in autumn and winter, samples from 13 and 16 metres depth had very high DIC concentrations with values of  $1.00$  and  $0.94 \text{ mmol L}^{-1}$ , respectively (Fig. 2). Overall, continuous increases of DIC below the photic zone in the metalimnion and in the hypolimnion are most plausibly due to respiration and associated turnover of OM. These effects of respiration can best be shown in the hypolimnion, where the counteracting effects of photosynthesis and  $\text{CO}_2$  degassing (processes that both reduce DIC contents) are minimal.

DIC concentration increases near the bottom of the lake (65 m) may also be related to further contributions from processes involving organic turnover within the sediments (Wetzel, 1984). On the other hand, higher DIC concentrations found in the metalimnion are related to respiration processes that link to OM input from above. Note that the MOM samples had the highest DIC concentrations, with values up to  $1 \text{ mmol L}^{-1}$ . This matches with findings by Giling et al. (2017) who also found that the metalimnion may act as a metabolic hotspot in oligotrophic water bodies. Additionally, MOM samples also had the highest auto-POC and DOC concentrations (cf supplementary material S2), which commonly mark zones close to phytoplankton assemblages (Wetzel et al., 1972). Such high OM

205 concentrations may indicate the collapse of an algae bloom, when settling detritus becomes directly subject to decomposition and accelerates respiratory turnover. This hypothesis is supported by our data that show predominant autochthonous POC consumption. Temperature-related viscosity changes that are typical of the metalimnion may also have enhanced the residence time of organic matter. Altogether, these findings suggest a link between the MOM and a productive biotic assemblage in vertical proximity above the MOM. This connection is also supported by data from the literature (Kreling et al., 2017; McDonald et al., 2022) and was already highlighted independently by previous studies with dissolved oxygen isotope insights on the Rappbode Reservoir (Dordoni et al., 2022).

## 3.2 Carbon stable isotopes of organic matter and its mineralization

### 3.2.1 Epilimnion

215 It was not possible to evaluate OM contributions to the DIC pool for the epilimnion because no reasonable correlation between DIC concentration and its isotopes was found in this compartment (supplementary material S1, Fig. S2). This result was expected due to the intense influence of CO<sub>2</sub> degassing to the atmosphere and due to photosynthesis that generates more positive  $\delta^{13}\text{C}_{\text{DIC}}$  (Ahad et al., 2008; Wachniew, 2006; Gammons et al., 2011). Therefore, OM turnover calculations could not be corrected for these counteracting and less systematic effects. Nonetheless, it is likely that OM turnover rates in the epilimnion are at least as high as in the metalimnion and hypolimnion because the photic zone directly offers fresh autochthonous POC material for turnover. In this regard, previous studies reported that respiration exceeded photosynthesis in the epilimnion of oligotrophic water bodies (del Giorgio and Peters, 1993; del Giorgio et al., 1997; Duarte and Agustí, 1998),

### 3.2.2 Metalimnion, MOM and hypolimnion

225 Variations of  $\delta^{13}\text{C}_{\text{DOC}}$  during our observation period were small and ranged from -28.8 ‰ to -27.1 ‰ (Fig. 3). Instead, changes in  $\delta^{13}\text{C}_{\text{auto-POC}}$  followed the development of stratification, with the mixing period characterized by lower values (down to -35.2 ‰ in the upper part of the water column). On the other hand, we also found more positive  $\delta^{13}\text{C}_{\text{auto-POC}}$  that reached values above -24.0 ‰ around 16 meters depth at the end of August 2020 (Fig. 3). This range likely indicates developments of different species of biota in the water column during the year with different  $\delta^{13}\text{C}_{\text{auto-POC}}$ . In correspondance of the MOM, a species that likely drives the carbon cycle is the cyanobacterium *Planktothrix rubescens*. This type of cyanobacterium finds an optimum at metalimnetic depths (Nürnberg et al., 2003; Gisriel et al., 2020). Its blooms in the metalimnion of Rappbode Reservoir from late summer to autumn have been reported before (Wentzky et al., 2019).

235 In order to evaluate OM contributions to the DIC pool, we determined DIC gains with concentration differences from time 0 ( $n_{s-t}$ ) and compared them to DIC concentration gains as calculated by the isotope mass balance (eq. (2) and Fig. 4). With this analysis, results with input from auto-POC showed the best linear regression that was closest to a 1:1 line (Tab. 1). This was most obvious when only the hypolimnion was considered, with an angular coefficient of the regression line for auto-POC being 1.00. Note that the green zone in figure 4 marks the minimum and maximum  $\delta^{13}\text{C}$  values of the allo-POC according to data that come from Rappbode Catchment. This shows that in the metalimnion

and in correspondance of the MOM a clear differentiation between allo- and auto-POC was not possible. Even though  
240 a clear differentiation between auto- and allo-POC turnover in the metalimnion was not possible, it is still likely that  
also in this zone auto-POC is the main contributor to DIC increases. This is supported by the clear signal from the  
hypolimnion and the fact that the metalimnion is the zone that receives most of the freshly produced OM that mostly  
consists of auto-POC. Except for samples at the bottom, it is also unlikely the sedimentary OM influenced DIC increases  
245 in the entire water column above. Calculation-related uncertainties may be higher because we used average  $\delta^{13}\text{C}$  input  
values of SED and allo-POC from the literature to constrain their contribution to the DIC pool. This is because neither  
sedimentary material nor allo-POC were sampled in a fortnightly interval over the observation period.

One reason why allochthonous-related OM does not seem to contribute significantly to the DIC pool in the reservoir  
might be that its mass is insufficient to exert enough impact on the entire carbon budget. This suggests either low  
inputs from the tributaries and the catchment or low turnover of this carbon phase within the reservoir. The latter  
250 option is more plausible as POC concentrations were often higher than expected by autochthonous POC concentrations  
and reached values of up to  $1.05 \text{ mg L}^{-1}$  (supplementary material S2). In addition the averages of  $\delta^{13}\text{C}_{\text{allo-POC}}$  and  
 $\delta^{13}\text{C}_{\text{SED}}$  are very close with values of  $-30.6 \text{ ‰}$  and  $-31.1 \text{ ‰}$ . This is another indication that most of the allo-POC  
reaches the sedimentary pool with little or no further processing. Despite its high concentrations in the water column,  
DOC may also have had secondary influences on DIC increases. This was obvious by the regression lines in figure 4.  
255 Although studies on rivers have proven that DOC can fuel metabolic processes in peat-dominated heterotrophic  
ecosystems (Thurman, 1985; Billett et al., 2010), the DOC pool in lentic oligotrophic water bodies consists primarily  
of carbon compounds that are older and more resistant to bacterial decomposition (Wetzel, 1984). As a result, bacteria  
preferentially consume autochthonous POC that consists mainly of fresh material (Cole et al., 1984; Barth et al., 2017).  
Note, however, that if part of the DOC pool found in the Rappbode reservoir resulted from leaching of auto-POC, it  
260 should have the same isotope composition as the original POC material itself. If this part of the DOC pool becomes  
turned over into DIC by respiration, we would not be able to differentiate from a direct auto-POC input.

### 3.3 Turnover rates

DIC production rates from auto-POC turnover as the dominant OM input in the water column of the Rappbode  
Reservoir are reported in figure 5. They ranged from  $0.1$  to  $1.3 \text{ } \mu\text{mol L}^{-1} \text{ d}^{-1}$  and were comparable to those found in  
265 other oligotrophic water bodies (Cole et al., 1984; Scavia and Laird, 1987; Carignan et al., 2000; Lammers et al.,  
2017). Therefore, our results seem to successfully approximate the expected carbon processing of the aquatic  
environment and could be used as an alternative approach to quantify turnover rates of OM without the use of in situ  
incubation experiments.

Data from the metalimnion and the upper part of the hypolimnion showed higher turnover rates of up to  $1.3 \text{ } \mu\text{mol L}^{-1}$   
270  $\text{d}^{-1}$ . The metalimnion showed less variations than the hypolimnion and ranged from  $0.3$  to  $1.1 \text{ } \mu\text{mol L}^{-1} \text{ d}^{-1}$ . The highest  
DIC production rates were found within the MOM samples. This observation matches with the fact that oxygen  
depletion is most intense in this layer (Dordoni et al., 2022). DIC production rates for the hypolimnion ranged from  
 $0.1$  to  $1.3 \text{ } \mu\text{mol L}^{-1} \text{ d}^{-1}$ , with the highest variance at a water depth of 22 meters ( $0.2$  to  $1.3 \text{ } \mu\text{mol L}^{-1} \text{ d}^{-1}$ ). Samples from

275 40 m depth had the lowest DIC productivity with values below  $0.2 \mu\text{mol L}^{-1} \text{d}^{-1}$ . Higher rates of auto-POC turnover  
above 23 meters depth may have been caused by higher availabilities of fresh auto-POC produced by photosynthesis  
within the photic zone. This also indicates that OM turnover in this part of the water column depends largely on freshly  
produced auto-POC material that sinks downward and may decompose more rapidly due to high oxygen availability  
(Pace and Prairie, 2005). This concept agrees with the appearance of epilimnetic diatom blooms in early spring and  
with phytoplankton blooms in the metalimnion of the Rappbode Reservoir from summer to early autumn (Wentzky  
280 et al., 2019). This explanation likely also applies to samples from a water depth of 40 metres, where the rate of  
respiratory carbon turnover depends primarily on the residence time of OM (Robarts, 1986). In support of this  
explanation, summer and autumn turnover rates of our study are higher than the spring ones particularly at this depth  
(Fig. 5). With one exception at 40 m depth, data from 65 meters depth showed higher rates but covered a narrower  
range of variation ( $0.5$  to  $0.7 \mu\text{mol L}^{-1} \text{d}^{-1}$ ). Increased turnover rates for this depth may appear as a contradiction.  
285 However, such values likely result from detritus decomposition with carbon contributions from the sediments.

Turnover rates from springtime had the highest spread of auto-POC turnover for each depth except for 13 meters. At  
this depth, MOM waters exceeded the springtime range of variation. Samples from summer and autumn showed higher  
turnover rates than those of spring. Overall, the highest carbon turnover rates into DIC were found in springtime and  
during summer, when the MOM developed. The complete database is available in the supplementary material S2. The  
290 reason why spring turnover values are generally lower may relate to combined effects of temperature, residence time  
and nature of decomposing detritus. During springtime, most of the organic matter derived from diatom blooms is  
sequestered within the epilimnion (Sommer et al., 1986) and the amount of detritus that can reach greater depths to  
become mineralized is low. Additionally, heavy silica shells of diatoms decrease their residence time in the water  
column. Moreover, cold temperatures in spring reduce mineralisation rates.

295 Unlike the the rest of the metalimnion, MOM samples hardly seem to be influenced by photosynthesis and show a  
clear predominance of respiration. Also in this zone auto-POC was determined as the main contributor to the DIC  
pool, with turnover rates that were highest for summertime and among the highest in the whole database (Fig. 5). Once  
again, this result suggests close relationships between metabolism of the autochthonous phytoplankton community  
and its decay and the following emergence of the MOM (Shapiro, 1960). This finding also supports the interpretations  
300 by Kreling et al. (2017) and McDonald et al. (2022) about downward fluxes of POC that promote the development of  
MOM zones. Overall, our study agrees with preliminary studies on the pre-reservoir dams in the Rappbode System  
(Barth et al., 2017). This suggests that similar OM turnover principles apply despite volume differences between the  
main water body and its pre-reservoirs.

#### 4 Conclusions

305 Comparisons between DIC concentration differences and stable carbon isotope mass balances of OM turnover in an  
oligotrophic drinking water reservoir demonstrated dominant turnover of freshly produced auto-POC. DOC turnover  
seemed negligible, unless part of this pool was generated by leaching from the auto-POC pool. This sort of DOC  
would be isotopically identical to its precursor POC material.

310 Calculated rates of auto-POC turnover into DIC by respiration are typical of oligotrophic water bodies and could be  
assessed with our method without the use of in situ incubation experiments. Therefore, our approach may provide a  
promising alternative to complex incubation experiments. Nevertheless, such findings based on isotope mass balances  
should be tested in parallel with data from incubations to evaluate and narrow down uncertainties.

315 When turnover rates are low, this is a good indication of the environmental fragility of the Rappbode Reservoir. For  
instance, if large amounts of carbon were added to the system, it likely could transfer only part of this load into the  
DIC pool. Such a scenario could for instance occur with excessive algae blooms under higher nutrient loads or  
mobilisation of external OM under different land use and climate conditions. In such scenarios, the current in situ  
respiration would likely be unable to cope with the excessive C loads. This would lead to higher sedimentation and  
water browning. Likely, such modifications of metabolic balances would also compromise the water quality. Overall,  
320 a comparison between DIC production rates with DO depletion as described by Dordoni et al. (2022) should be  
evaluated in order to prove the consistency of both isotope approaches. Such investigations will be subject of future  
studies.

The above considerations are transferable to other temperate lentic systems, in which links between auto-POC turnover  
and associated DIC gains may operate under similar conditions but at different rates. Nonetheless, this study only  
treated one single point with detailed depth profiles at high frequency. We therefore suggest that future studies should  
325 also inquire spatial and lateral heterogeneities. Overall, our results may help to improve water management strategies  
to help foster economic and environmental management of drinking water reservoirs.

## **5 Data availability**

Data are available in the supplementary material S2.

## **6 Author contribution**

330 MD performed the formal analysis and was responsible for investigation, data curation and visualization. MD and JB  
cured the conceptualization, methodology, validation, resources, and writing of the original draft. MS, KR and RvG  
cured manuscript review and editing. KR and JB were responsible for project administration and funding acquisition.  
JB provided constant supervision.

## **7 Competing interests**

335 The authors declare that they have no conflict of interest.

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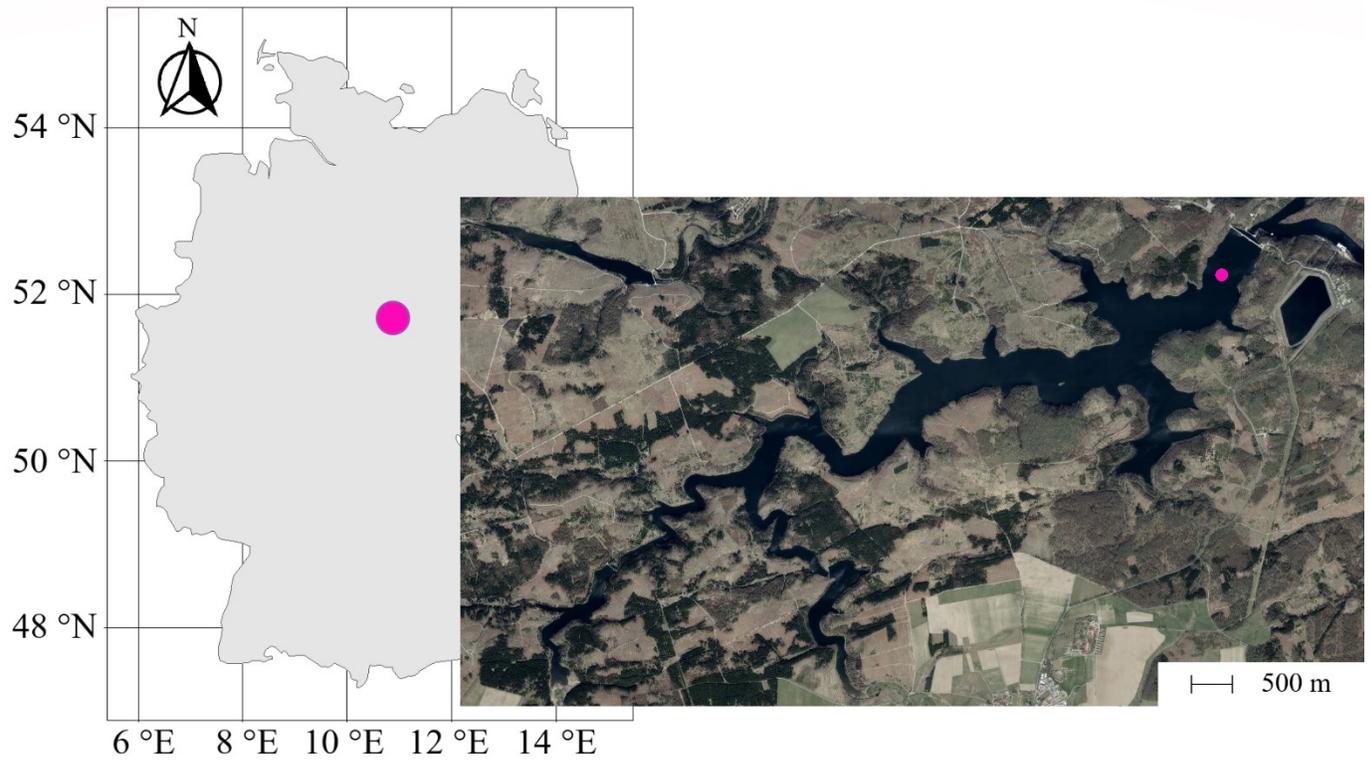
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545 **Figure 1 : Position of the Rappbode Reservoir in Germany with the sampling location marked by a pink point in the main reservoir (source: ESRI).**

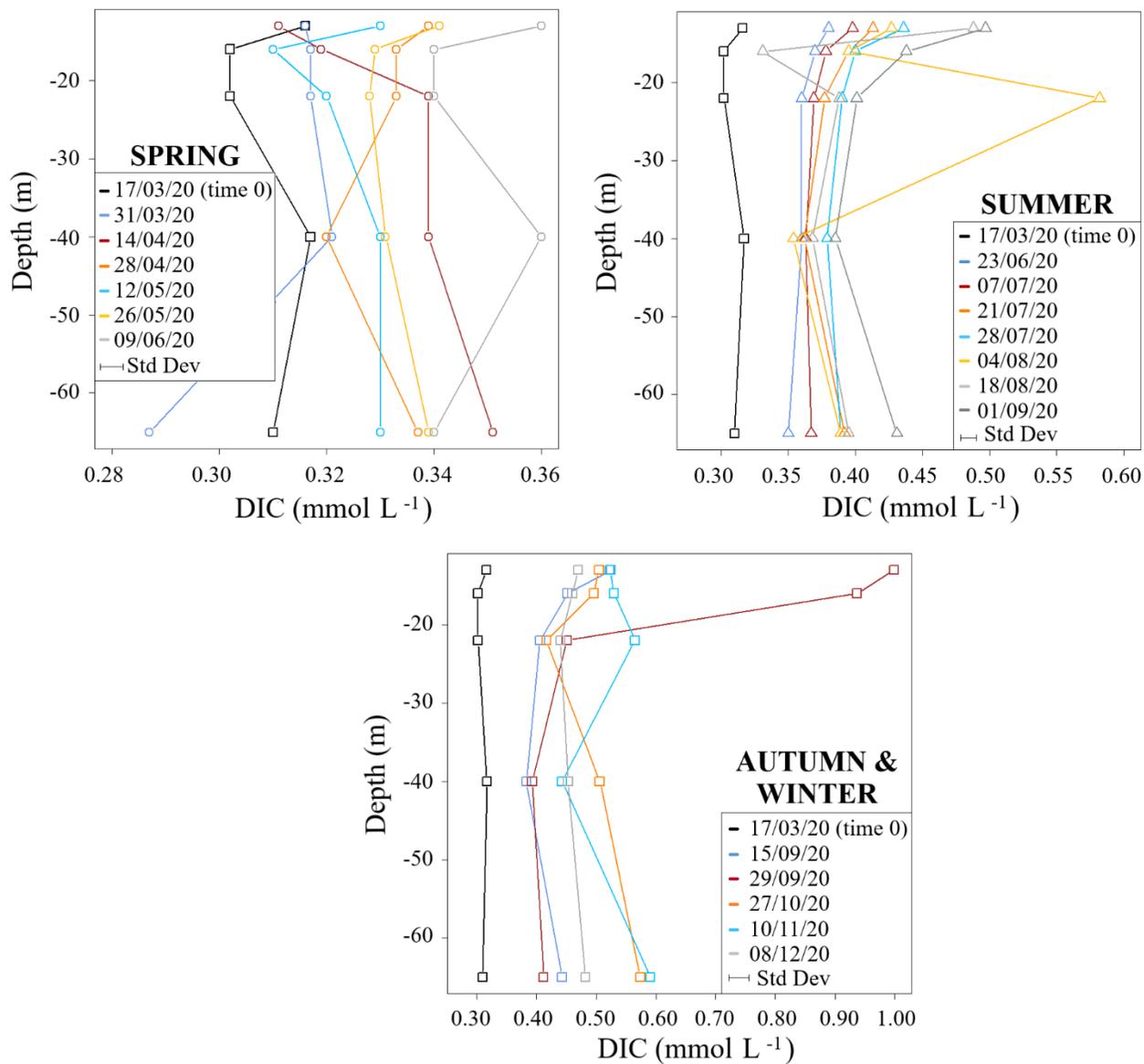
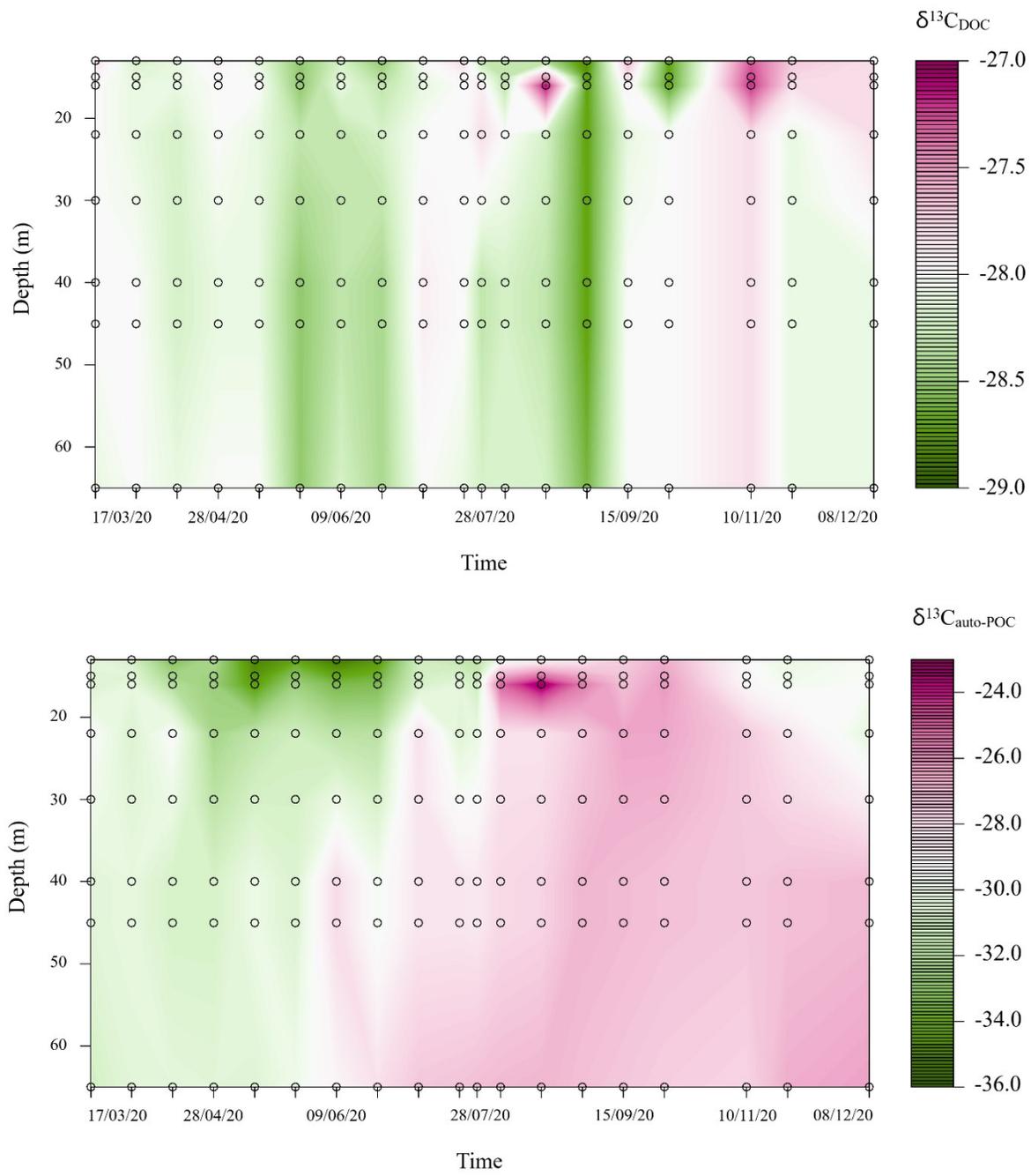


Figure 2 : DIC seasonal concentration profiles. Standard deviations relative to each dataset ( $\pm 3\%$ ) are reported in the plot below the legend.

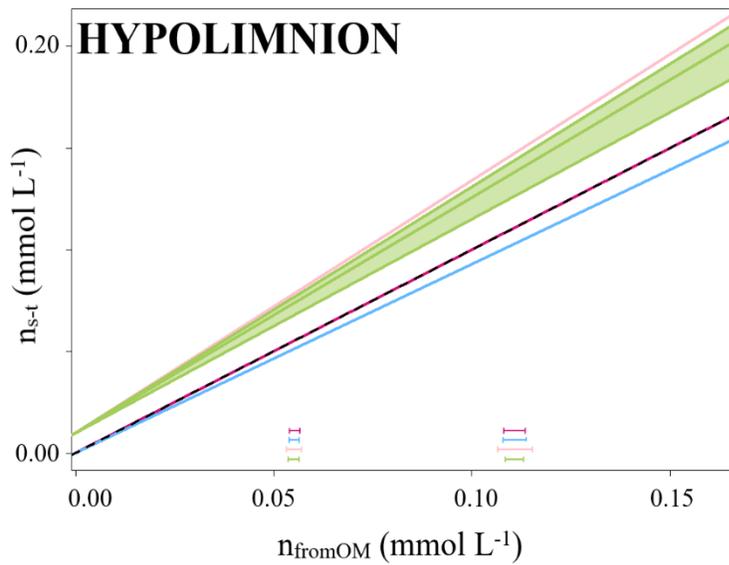
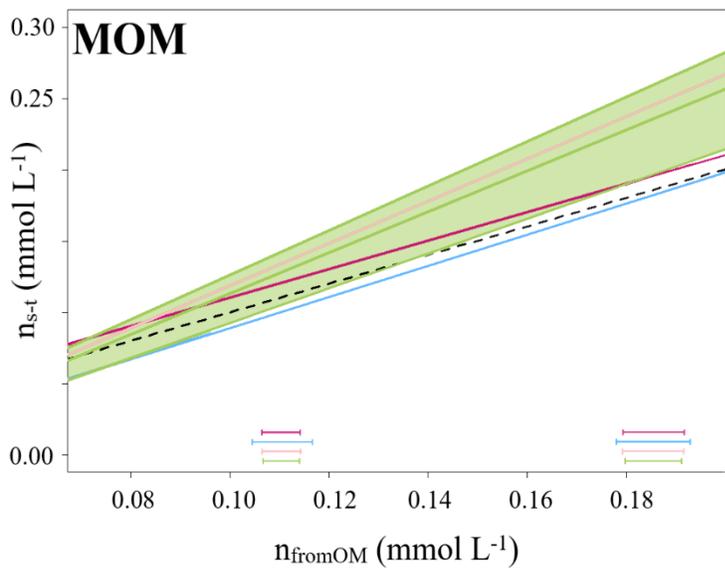
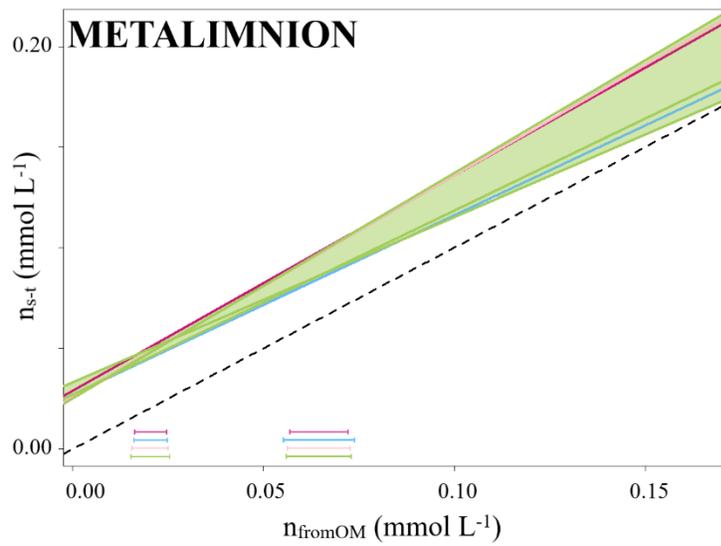
550

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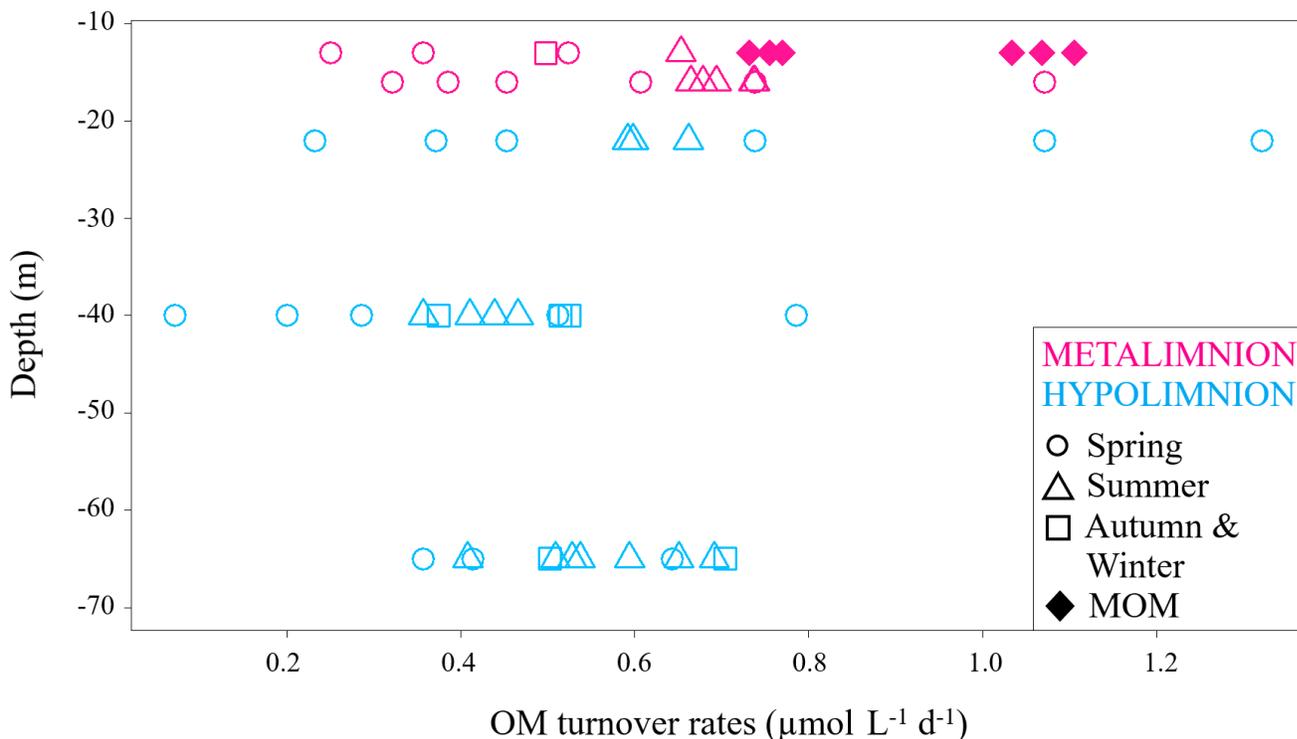
**Figure 3 : Carbon stable isotopes variations (‰) of dissolved organic carbon (DOC) and autochthonous particulate organic carbon (auto-POC) during the observation period in the metalimnion and hypolimnion of Rappode Reservoir.**



**autoPOC**   **DOC**   **SED**   **alloPOC**

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Figure 4 : Molar gain by concentration from time 0 ( $n_{s-t}$ ) and as calculated by mass balance with carbon stable isotopes ( $n_{fromOM}$ ) in the metalimnion, MOM and hypolimnion of the Rappbode Reservoir. Datasets are reported in different colours according to the considered OM. Green fields represent the variation of allo-POC. Standard variations for each OM are reported within the plot.



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Figure 5 : DIC production rates at specific depths of the hypolimnion and metalimnion during the studied time period, marked with different symbols according to sampling season. MOM samples belong to summertime and are displayed as diamond shapes for clarity.

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OM input →	Auto-POC	DOC	SED	Allo-POC
<i>Metalimnion</i>	$y = 1.107x + 0.03$ $R^2 = 0.95$	$y = 0.892x + 0.03$ $R^2 = 0.85$	$y = 1.10x + 0.03$ $R^2 = 0.94$	$y = (0.82 \text{ to } 1.21)x + 0.03$ $R^2 = 0.92$
<i>MOM</i>	$y = 1.01x + 0.01$ $R^2 = 0.95$	$y = 1.09x - 0.02$ $R^2 = 0.94$	$y = 1.48x - 0.03$ $R^2 = 0.93$	$y = (1.22 \text{ to } 1.56)x - 0.03$ $R^2 = 0.94$
<i>Hypolimnion</i>	$y = 1.00x + 0.00$ $R^2 = 0.91$	$y = 0.93x + 0.00$ $R^2 = 0.82$	$y = 1.24x + 0.01$ $R^2 = 0.90$	$y = (1.05 \text{ to } 1.21)x + 0.01$ $R^2 = 0.90$

Table 1 : Equations of the regression lines for autochthonous particulate organic carbon (auto-POC), dissolved organic carbon (DOC), sedimentary material (SED), and allochthonous particulate organic carbon (allo-POC) in the metalimnion, MOM and hypolimnion of the Rappbode Reservoir. The coefficient of determination ( $R^2$ ) is reported below each equation. All p-values < 0.001.

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