



# Carbon isotopic ratios of modern C3 and C4 vegetation on the Indian Peninsula and changes along the plant–soil–river continuum; implications for (paleo-)vegetation reconstructions

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## Abstract

The large difference in the fractionation of stable carbon isotopes between C3 and C4 plants is widely used in vegetation reconstructions, where the predominance of C3 plants suggests wetter and that of C4 plants drier conditions. The isotopic composition of organic carbon (OC) preserved in soils or sediments may be a valuable (paleo-)environmental indicator, based on the assumption that plant-derived material retains the carbon isotopic signature of its photosynthetic pathway during transfer from plant to sediment. In this study, we investigated the carbon isotopic signature of C3 and C4 plants ( $\delta^{13}\text{C}$ ) and of organic carbon ( $\delta^{13}\text{C}_{\text{org}}$ ) in soils, river Suspended Particulate Matter (SPM) and riverbed sediments, to gain insight in the control of precipitation on C3 and C4 plant  $\delta^{13}\text{C}$  values and to assess changes in  $\delta^{13}\text{C}_{\text{org}}$  values along the plant–soil–river continuum. This information allows us to elucidate the implications of different  $\delta^{13}\text{C}$  end-members on C3/C4 vegetation reconstructions. Our analysis was performed in the Godavari River basin, which has mixed C3 and C4 vegetation and is situated in the Core Monsoon Zone in peninsular India, a region that integrates the hydroclimatic and vegetation changes caused by variation in monsoonal strength. The Godavari C3 and C4 plants revealed more negative  $\delta^{13}\text{C}$  values than global average vegetation values, suggesting region-specific plant  $\delta^{13}\text{C}$  signatures. Godavari C3 plants confirmed a strong control by Mean Annual Precipitation (MAP) on their  $\delta^{13}\text{C}$  values, with an isotopic enrichment of  $\sim 2.2\text{‰}$  for the interval between  $\sim 500$  and  $1500\text{ mm y}^{-1}$ . Tracing  $\delta^{13}\text{C}_{\text{org}}$  values from plant to soils and rivers revealed that soils and riverbed sediments reflected the transition from mixed C3 and C4 vegetation in the dry upper basin to more C3 vegetation in the humid lower basin. Soil degradation and stabilisation processes and hydrodynamic sorting within the river altered the plant-derived  $\delta^{13}\text{C}$  signal. Phytoplankton dominated the  $\delta^{13}\text{C}_{\text{org}}$  signal carried by SPM in the dry season and year-round in the upper basin. Our analysis revealed that the reconstructed C3/C4 vegetation composition was sensitive to the plant  $\delta^{13}\text{C}$  end-members used as mixing model input. The %C4 plants in the different subbasins was  $\sim 10\text{--}19\%$  higher using Godavari-specific end-members than using global averages, and including a correction for drought enrichment in Godavari C3 plants resulted in a  $2\text{--}10\%$  lower estimated C4 plant cover. Hence, incorporating region-specific plant  $\delta^{13}\text{C}$  end-members and drought correction of the C3 end-member in mixing models need to be considered to determine C3 and C4 distributions of modern- and paleo-vegetation in monsoonal regions.

## 1. Introduction

Vegetation reconstruction of the coverage of C3 and C4 plants uses the distinct  $\delta^{13}\text{C}$  composition of both vegetation types with the assumption that Organic Carbon (OC) retains the stable isotopic signature during



transfer from plant to soils and sediments (e.g., Koch, 1998; Dawson et al., 2002; Wynn and Bird, 2007). The C3 and C4 photosynthetic pathways fractionate carbon isotopes to a different extent; this is reflected in  $\delta^{13}\text{C}$  values of  $\sim$ -20 to -37 ‰ in C3 and  $\sim$ -10 to -16 ‰ in C4 plants (e.g., Bender, 1971; Farquhar et al., 1989; Kohn, 2010). C3 plants fix  $\text{CO}_2$  using the Calvin–Benson cycle and they are prevalent in relatively cold and humid environments. C4 plants add an initial  $\text{CO}_2$  fixation step using PEP carboxylase to concentrate  $\text{CO}_2$  via bundle sheath cells inside the leaf. This additional step in the photosynthesis pathway allows C4 plants to maintain relatively high photosynthesis rates under low stomatal conductance with limited water loss, which enables them to thrive in high temperature and (semi-)arid environments (e.g., Farquhar, 1983; Sage and Monson, 1999; Sage, 2004).

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Given the sensitivity of vegetation type to water availability, shifts in the relative contribution of C3 and C4 plants can be used to infer hydroclimatic changes, with a shift to more dominant C4 vegetation in drier periods or areas and more dominant C3 vegetation in wetter conditions (Koch, 1998; Sage, 2004). The carbon isotopic composition of organic matter ( $\delta^{13}\text{C}_{\text{org}}$ ) preserved in soils or in river-dominated sediments in the marine realm is often used as proxy for (paleo-)vegetation reconstructions as it is considered to represent an integrated signal of the vegetation (e.g., Galy et al., 2007; Sarangi et al., 2021). The monsoon-influenced Indian subcontinent is particularly sensitive to changes in hydroclimate on both short (seasonal) and long (orbital) timescales (Turner and Annamalai, 2012; Sinha et al., 2011, 2015; Banerji et al., 2020; Dutt et al., 2021), resulting in changes in the C3 and C4 vegetation distributions over the Neogene and Quaternary period (e.g., Agrawal et al., 2012; Ghosh et al., 2017; Basu et al., 2018, 2019a; Roy et al., 2020). For example, changes in  $\delta^{13}\text{C}_{\text{org}}$  and leaf wax-specific  $\delta^{13}\text{C}$  values captured the late Miocene (7.4–7.2 Ma) expansion of C4 plants recorded in Himalayan-derived Indus fan sediments (Feakins et al., 2020) as well as in Gangetic plain alluvial sediments and paleosols (Ghosh et al., 2017; Roy et al., 2020). C4 plants spread southward over the Indian peninsula during the mid-Pliocene to mid-Pleistocene (3.5–1.5 Ma) linked to reduced rainfall (Dunlea et al., 2020), whereas an increase in monsoon strength over the last deglaciation led to a shift to a more C3-dominated ecosystem (e.g. Galy et al., 2008a; Contreras-Rosales et al., 2014). Finally, an increase in C4 plants across India from the mid- to late Holocene, establishing the modern-day vegetation, was linked to aridification (Ponton et al., 2012; Contreras-Rosales et al., 2014; Sarkar et al., 2015; Usman et al., 2018; Basu et al., 2019a). At seasonal to decadal scale, changes in monsoon intensity and distribution can affect plant  $\delta^{13}\text{C}$  as well as preservation and provenance of the  $\delta^{13}\text{C}_{\text{org}}$  signal in soils and sediments (e.g. Ittekkot et al., 1985; Galy et al., 2008b). However, the effect of monsoon

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variation on the  $\delta^{13}\text{C}_{(\text{org})}$  signal along the plant–soil–river continuum has not been thoroughly tested for peninsular India.

The mixing models that are used to reconstruct (paleo-)vegetation require C3 and C4  $\delta^{13}\text{C}$  end-members as  
90 input. These end-members can be based on averages in global vegetation or be based on modern vegetation  
samples in a region. For C3 vegetation, a value of  $\sim 27\text{‰}$  is commonly used as global average end-member  
(Cerling et al., 1997; Koch, 1998; Dawson et al., 2002), although Kohn (2010) reported that this value may be  
biased towards dry ecosystems. Instead, Kohn (2010) determined a value of  $\sim 28.5\text{‰}$ , representing an average  
of global C3 vegetation including equatorial and mid-latitude biomass. For C4 vegetation, the global average is  
95 estimated at  $\sim 12\text{‰}$  e.g. Koch et al., 1998; Dawson et al., 2002). However, meta-analyses of global C3  
vegetation revealed that hydroclimatic conditions such as rainfall amount and seasonality affect the plant  $\delta^{13}\text{C}$   
(Diefendorf et al., 2010; Kohn, 2010; Basu et al., 2019b, 2021). In particular drought stress results in a less  
negative  $\delta^{13}\text{C}$  in C3 plants, where mean annual precipitation (MAP) has a much stronger control than other  
environmental factors such as temperature or altitude (Stewart et al., 1995; Diefendorf et al., 2010). Observed  
100 changes in C3 plant  $\delta^{13}\text{C}$  due to drought stress are the result of changes in the ratio of leaf interior to  
atmospheric  $\text{CO}_2$  concentrations, which can be the result of changes in stomatal conductance, photosynthetic  
capacity and photosynthetic rate, or a combination thereof (Farquhar et al., 1989; Diefendorf et al., 2010; Liu et  
al., 2013). Carbon fractionation in C4 plants is generally unaffected by drought stress, although a few field and  
experimental studies have shown that C4 plant  $\delta^{13}\text{C}$  becomes more negative under water-limiting conditions as a  
105 result of a less efficient  $\text{CO}_2$  concentrating mechanism referred to as ‘bundle sheath leakiness’ (e.g., Buchmann  
et al., 1996; Yoneyama et al., 2010; Basu et al., 2015; Ellsworth and Cousins, 2016). Regardless, drought stress  
has the largest impact on C3 plants and is recognised to cause high intraspecies variability in water-limited  
ecosystems ( $<1000\text{ mm y}^{-1}$ ; e.g. Ma et al., 2012; Liu et al., 2013, 2014; Luo et al., 2021). Hence, the existing  
plant community in a region and the impact of water availability on those plant species may vary locally and  
110 result in a C3 plant  $\delta^{13}\text{C}$  value that differs from the global average (Liu et al., 2014; Basu et al., 2019b).

Although it is possible to determine region-specific plant  $\delta^{13}\text{C}$  end-members, this approach requires detailed  
knowledge of  $\delta^{13}\text{C}$  in the regional C3 and C4 vegetation as well as of rainfall distributions. Problematically,  
such detailed information is often unavailable and yet to be established for Indian plants in the Core Monsoon  
115 Zone (CMZ). Alternatively, correction of global average C3 end-member for drought conditions in peninsular



India requires details on regional rainfall distributions and heavily depends on the average  $\delta^{13}\text{C}$  value (-27 or -28.5 ‰) that is chosen. Recently, a study of  $\delta^{13}\text{C}$  in modern vegetation on the Gangetic plain has prompted a recalculation of C3/C4 covers in paleo-vegetation, revealing an underestimation of C4 plants (~20 %) and changing the timing of (Miocene) C4 grassland expansion to an earlier date (~11 Ma) (Basu et al., 2015, 2019b).  
120 This shift highlights the effect of plant  $\delta^{13}\text{C}$  end-member values on paleo-vegetation reconstructions.

Next to precipitation controls on vegetation  $\delta^{13}\text{C}$ , the initial plant  $\delta^{13}\text{C}$  signal may be altered during transit from plant to the sedimentary archive, depending on physical and biogeochemical processes that determine the stability i.e., protection against degradation and transport efficiency of this plant-derived OC (e.g., Battin et al.,  
125 2009; Ward et al., 2017). First of all, it is well-established that soil degradation processes enrich OC isotopes, which is usually estimated to be ~1–3‰ but can be as high as 6‰ in tropical and semi-arid regions (e.g., Krull et al., 2005). Possible factors that contribute to this enrichment are preferred uptake and degradation to  $\text{CO}_2$  of  $^{13}\text{C}$ -depleted OC by microbes, incorporation of  $^{13}\text{C}$ -enriched microbial and fungal biomass in the soil and/or preferential adsorption of  $^{13}\text{C}$  by fine mineral particles (Krull et al., 2005; Wynn, 2007; Wynn and Bird, 2007).  
130 OC comprises a complex mixture of different types of material (e.g., lipids, proteins, carbohydrates etc.), while compound-specific degradation or preservation rates in soils have been reported to affect the  $\delta^{13}\text{C}$  signatures of long-chain fatty acids, *n*-alkanes and *n*-alkanoic acids derived from Indian vegetation (Sarangi et al., 2021; Roy and Sanyal, 2022) which may challenge their use for vegetation reconstructions. Furthermore, the marked hydrological changes in Indian monsoonal rivers can change the source and thereby the  $\delta^{13}\text{C}$  value of the OC  
135 that it contains at a seasonal scale, from mainly soil-derived OC in the wet season to aquatic produced OC in the dry season, or change its provenance by sourcing from particular parts of the basin with a different vegetation cover in response to the rainfall distribution (Gupta et al., 1997; Balakrishna and Probst, 2005; Aucour et al., 2006; Galy et al., 2008b, 2011; Kirkels et al., 2020a; Menges et al., 2020). For example, Galy et al. (2008b) showed that  $\delta^{13}\text{C}_{\text{org}}$  values of suspended particulate matter (SPM) in the Ganges-Brahmaputra River reflected  
140 dominant C3 input in the Himalayan tributaries, but after in-river degradation, this signal was replaced by C4 inputs in the Gangetic plain. Finally, hydrodynamic sorting within the river may result in depth-specific OC distributions and thereby influence the  $\delta^{13}\text{C}$  signal that is transported downriver (Galy et al., 2008b; Bouchez et al., 2014; Feng et al., 2016; Repasch et al., 2022). Hence, interpretation of  $\delta^{13}\text{C}$ -based vegetation reconstructions needs to consider potential alterations during transit from plant source to sedimentary deposits.

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In this study, we examine the  $\delta^{13}\text{C}$  of C3 and C4 vegetation in the modern-day Godavari River basin, the largest monsoonal river of peninsular India (Fig. 1a), to examine links between monsoon-driven hydroclimate and plant  $\delta^{13}\text{C}$  values. In addition, we analyse the  $\delta^{13}\text{C}_{\text{org}}$  values in soils, river SPM and riverbed sediments collected in a wet and dry season to explore the evolution of the initial plant-derived  $\delta^{13}\text{C}$  signal along the plant–soil–river  
150 continuum. Finally, we use our insights in the modern system to assess the influence of drought stress and the use of region-specific plant  $\delta^{13}\text{C}$  end-members on C3/C4 vegetation mixing model estimates and thus the uncertainty of  $\delta^{13}\text{C}$ -based (paleo-)vegetation reconstructions.

## 2. Materials and methods

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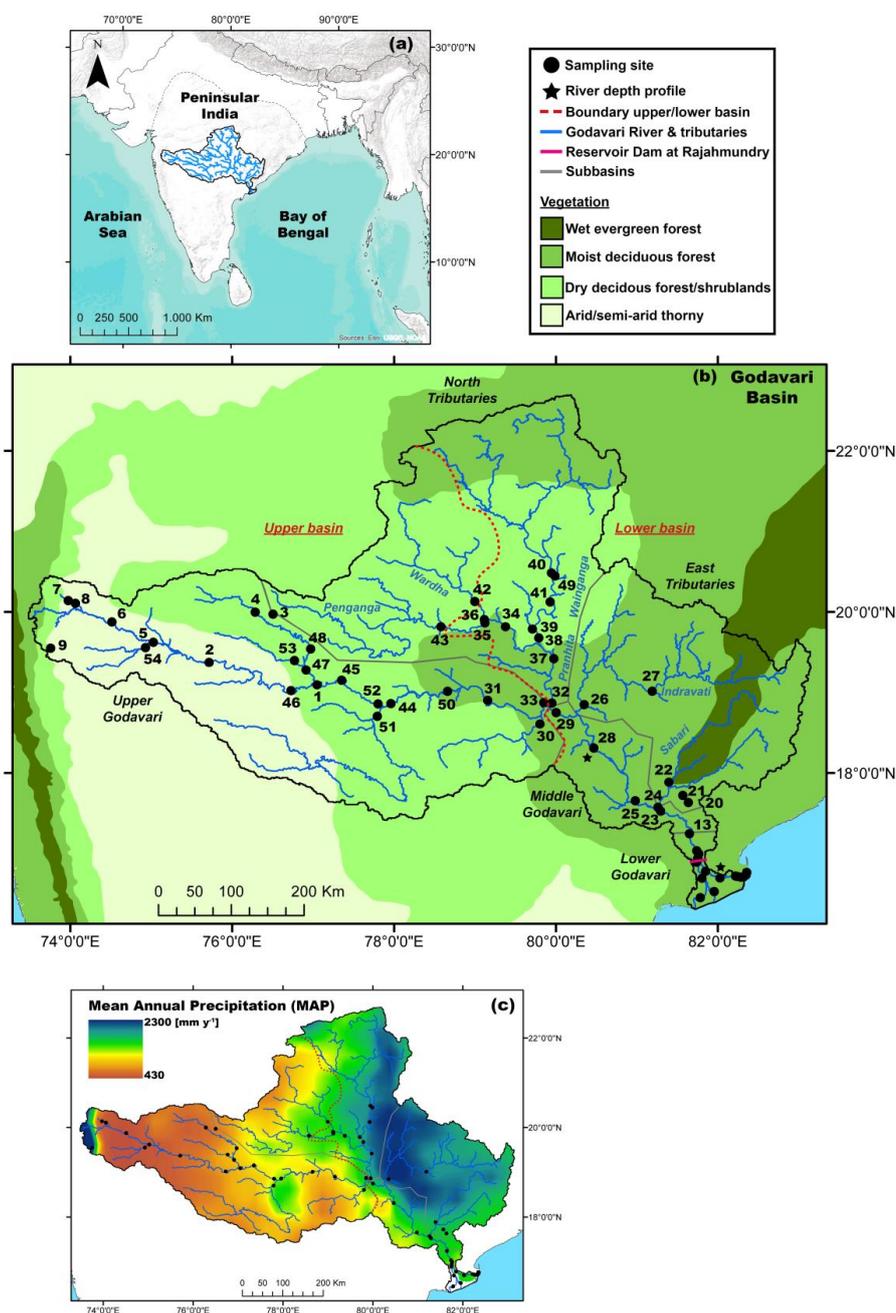
### 2.1. Regional Setting

The natural vegetation in the Godavari basin varies from (C4) grasses, dry deciduous forests and thorny shrublands in the upper basin to moist and evergreen deciduous forests with mostly C3 flora in the lower basin (Olson et al., 2001; Asouti and Fuller, 2008; Fig. 1b). Agriculture covers ~60 % of the basin with dominant C4  
160 crops (sorghum, millet, maize, sugar cane) in the upper basin and rice fields (C3) in the lower basin (CWC, 2014; Pradhan et al., 2014). The vegetation distribution reflects the precipitation gradient in the basin, ranging from ~430 mm  $\text{y}^{-1}$  in the interior upper basin that is located in the rain shadow of the Western Ghats mountain range to ~2300 mm  $\text{y}^{-1}$  in near the Bay of Bengal coast (Fig. 1c).

165 The passage of the Indian monsoon dictates the seasonality of the Godavari River, with 75–85% of the annual rainfall and 98 % of the sediment transport in the monsoon/wet season between June and September (Biksham and Subramanian, 1988a,b). The Godavari is the largest peninsular river of India (catchment area:  $3.1 \cdot 10^5 \text{ km}^2$ , length: 1465 km) with an annual discharge of  $110 \text{ km}^3$  and sediment load of 170 Mt of which ~2.8 Mt of OC (Biksham and Subramanian, 1988a,b; Gupta et al., 1997). The Godavari River starts in the Western Ghats  
170 mountains and flows across peninsular India before emptying in the Bay of Bengal, and is situated in the Core Monsoon Zone (Ponton et al., 2012; Sarkar et al., 2015; Giosan et al., 2017) (Fig. 1a). The upper basin developed on Deccan flood basalts and the lower basin on felsic rock formations (Giosan et al., 2017); petrogenic OC is absent in the former (Reddy et al., 2021) and very sporadic (i.e., coal deposits) in the latter (Usman et al., 2018). The Godavari basin is divided in 5 subbasins: the Upper (~37 % of the total basin area),  
175 Middle (6 %) and Lower (2 %) Godavari cover the main stem river, and are joined by the North (35 %;



Wainganga, Penganga, Wardha and Pranhita rivers) and East Tributaries (20 %; Indravati and Sabari rivers) (Babar and Kaplay, 2018) (Fig. 1b, S1). Abundant dams in the upper basin limit the river flow, while a large dam with reservoir lake at Rajahmundry controls the flow into the tidally influenced delta (Pradhan et al., 2014).





180 **Fig. 1: (a) Location of the Godavari River basin in peninsular India. (b) Godavari River basin and**  
**sampling sites, with the major vegetation zones (Olson et al., 2001; Asouti and Fuller, 2008). Names of the**  
**subbasins (grey) and major rivers (blue) are indicated, a zoom for the Godavari delta is available in Fig.**  
**S1. (c) Mean Annual Precipitation spatial distribution in the Godavari basin (30-year average, 0.25°,**  
**APHRODITE dataset; Yatagai et al., 2009).**

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## 2.2. Sample collection

Samples of above-ground plant material were collected in February/March 2015 (dry season) across the Godavari basin, selecting the 3–5 most dominant species at each site and spanning the full range of plant lifeforms (i.e., trees, shrubs, herbaceous plants and grasses). Depending on plant size, each sample consisted of approximately 10 to 50 grams of leaves or aboveground plant parts of 3–5 individuals of the same species or multiple 'sun' and 'shade' leaves of the same individual. Dominant agricultural crops (e.g. sorghum, maize, millet, sugarcane) were also sampled. After collection, plant samples were air-dried and subsequently frozen upon arrival in the laboratory. In total, 77 samples of C3 plants and 16 samples of C4 plants were prepared for analysis.

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Topsoils (1–10 cm) were collected during the same campaign (n=47), after removal of the litter layer and by combining 3–5 spatial replicates. This topsoil layer receives most plant input and gets most likely eroded and transported into the river. SPM (n=40) and riverbed sediments (n=37) were collected in a dry (February/March 2015) and wet (July/August 2015) season. For SPM, surface river water (10–80 L) was collected at mid-channel position from a bridge or boat, or 2–3 m out of the riverbank, and filtered on pre-combusted (450 °C, 6 h) GFF filters (0.7 µm, Whatman) using pressurized steel filtration units (after Galy et al., 2007). Additional river depth profiles (2–3 depths, 1–3 sites across river) were sampled in the Godavari delta and in the Middle Godavari (Fig. 1b; site 10 and 28). At these sites, river water was collected at equal increments to the riverbed with a custom-built depth sampler (after Lupker et al., 2011). Riverbed sediments were dredged at each location with a sediment grabber (Van Veen grab 04.30.01, Eijkelkamp) or with a shovel when the water level was low. The fine fraction ( $\leq 63$  µm) was isolated by sieving for a selection of sites for soils (n=10) and riverbed sediments collected in the wet season (n=25). All samples were frozen upon arrival in the laboratory.

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## 2.3. Elemental and isotopic analysis



210 Prior to analysis, C3 and C4 plants, bulk soils and riverbed sediments were freeze-dried, homogenised and ground into powder using an agate mortar and pestle or a steel ball-mill. The bulk soils and sediments were decalcified by overnight treatment with 1 M HCL, then rinsed twice with deionised water and left to dry at 60 °C, following van Helmond et al. (2017). SPM was decalcified by vapour acidification (Komada et al., 2008; van der Voort et al., 2016). In short, randomly selected, small pieces of GFF filters containing the SPM were

215 placed in pre-combusted (450°C, 6h) Ag capsules and put in a desiccator at 70 °C with 37 % HCl for 72 h and subsequently dried for minimal 120 h with NaOH. Fine fraction ( $\leq 63 \mu\text{m}$ ) soils and sediments were placed in pre-combusted Ag capsules and decalcified by addition of 100  $\mu\text{L}$  1 M HCL and then left to dry overnight at 60 °C, following Vonk et al. (2008, 2010).

220 Total Organic Carbon (TOC) content and stable carbon isotopic composition ( $\delta^{13}\text{C}$ ) of plants, (bulk) soils, riverbed sediments and SPM was measured with a Flash 2000 Organic Element Analyser connected to a Thermo Delta V Advantage isotope ratio mass spectrometer (Thermo Scientific, Italy), at NIOZ (Texel, The Netherlands). Total Nitrogen (TN) was measured for plants and in non-decalcified bulk soils in the same way. Integration was performed with Isodat 3.0 software. TN in non-decalcified bulk sediments was measured with a

225 NA 1500 NCS Analyser (Fisons Instruments, United Kingdom), at Utrecht University (Utrecht, The Netherlands). Fine fraction ( $\leq 63 \mu\text{m}$ ) soils and riverbed sediments were analysed with a NC2500 Elemental Analyser coupled to a Thermo Finnigan DeltaPlus isotope ratio mass spectrometer (ThermoQuest, Germany), at VU University (Amsterdam, The Netherlands). The results were normalized to certified standards (Acetanilide, Benzoic acid and Urea at NIOZ and USGS40, USGS41 and IAEA601 at VU University), with an analytical

230 uncertainty  $< 0.1 \%$  for TOC,  $< 0.2 \%$  for  $\delta^{13}\text{C}$  and  $< 3 \%$  for TN, based on replicate analysis of standards and samples. The  $\delta^{13}\text{C}$  values are reported in the standard delta notation, relative to the international Vienna Pee Dee Belemnite (VPDB) standard for  $\delta^{13}\text{C}$ .

#### 2.4. Precipitation and regression analysis

235 The Mean Annual Precipitation (MAP) in the Godavari basin is used to evaluate the control of drought stress on plant  $\delta^{13}\text{C}$  values, as a robust relationship between MAP and  $\delta^{13}\text{C}$  has been shown to prevail in C3 plants around the world (Stewart et al., 1995; Diefendorf et al., 2010; Kohn, 2010). We focused on MAP in 2014, the growing season preceding the sampling campaign in the dry season in early 2015, considering that the majority ( $> 80 \%$ ) of rainfall falls in the wet season and that dry to moist deciduous vegetation is prevalent, which grows new



240 leaves over the wet season and sheds them at the end of the dry period (Kushwaha and Singh, 2005; Elliott et al., 2006). Long-term MAP (1901–2015) was markedly lower in the upper than the lower basin ( $p \leq 0.001$ ) and this contrast became more extreme for the 5-year average and 2014 MAP, which resulted in pronounced drought conditions in the upper basin (Kirkels et al., 2021a) (Fig. S2). The effect of atmospheric  $\text{CO}_2$  concentrations on C3 plant  $\delta^{13}\text{C}$  values is highly debated and may be confounded by changes in MAP, but on geological  
245 timescales  $p\text{CO}_2$  effects are considered minor or negligible (e.g. Arens et al., 2000; Diefendorf et al., 2015; Kohn, 2016; Schlanser et al., 2020; Stein et al., 2021), so we focused here on MAP. In order to deal with inherent inter- and intraspecies variability in C3 plant  $\delta^{13}\text{C}$  values in response to MAP, regression analysis was performed on binned C3 plant  $\delta^{13}\text{C}$  values, rather than on  $\delta^{13}\text{C}$  values of individual C3 plants.

## 250 2.5. Mixing model

The relative abundance of C3 and C4 plants was estimated using the following linear mass-balance equations (adapted from Philips and Gregg, 2001):

$$\%C3 = [(\delta^{13}\text{C}_S - \delta^{13}\text{C}_{C4}) / (\delta^{13}\text{C}_{C3} - \delta^{13}\text{C}_{C4})] * 100\% \quad \text{Eq. (1)}$$

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$$\%C4 = 100 - \%C3 \quad \text{Eq. (2)}$$

In Eq. (1)  $\delta^{13}\text{C}_{C3}$  and  $\delta^{13}\text{C}_{C4}$  represent the  $\delta^{13}\text{C}$  plant end-member values (‰) and  $\delta^{13}\text{C}_S$  is the (sub)basin-specific, concentration-weighted  $\delta^{13}\text{C}$  value (‰) of soil or riverbed sediments.

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To evaluate the impact of C4 and C3 plant end-members on the reconstructed vegetation distribution, we compared four scenarios that included average global and regional vegetation end-members and C3 plant end-members with and without a correction for drought-induced enrichment (i.e., drought correction). This included: (1) Godavari C4 and C3 plant end-members, with drought correction of C3 plant  $\delta^{13}\text{C}$  (2) Godavari C4 and C3  
265 end-members, with no drought correction of C3 plant  $\delta^{13}\text{C}$  (3) average global C4 (-12 ‰; Koch, 1998; Dawson et al., 2002) and C3 (-28.5 ‰; Kohn, 2010) end-members, and (4) average global C4 (-12 ‰) and the commonly used global C3 (-27 ‰; Cerling et al., 1997; Koch, 1998; Dawson et al., 2002) end-members. Correction of the C3 plant end-member for drought effects was done using the correlation established by regression analysis and the (sub)basin-specific MAP. A  $\delta^{13}\text{C}$  end-member for Godavari C3 plants with no



270 drought stress was determined using the correlation established by the regression analysis for MAP of 1750 mm  
y<sup>-1</sup>, as above this MAP the C3 plant  $\delta^{13}\text{C}$  value can be considered constant as there is no water limitation (Kohn,  
2010). The plant  $\delta^{13}\text{C}$  signal is subsequently transferred to soils or sedimentary deposits, where the  $\delta^{13}\text{C}_{\text{org}}$  signal  
is assumed to integrate long-term and/or spatial areas and thus incorporate/average the plant  $\delta^{13}\text{C}$  signal for a  
range of precipitation within this period/region.

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## 2.6. Statistics

Spatial and seasonal differences were evaluated with (Welch's) one and two-way ANOVA, (paired) t-tests and  
non-parametric Mann-Whitney and Kruskal-Wallis tests with R software package for statistical computing  
(R4.0.4; RStudio, v. 1.2.5033) and SPSS (IBM, v. 27.0.1.0). The level of significance was  $p \leq 0.05$ . The reported  
280 values are the mean  $\pm$  standard error (SE). Linear regression analysis (Pearson's R) was performed to obtain the  
correlation between  $\delta^{13}\text{C}$  and MAP. Spatial patterns were further investigated with ArcGIS software (ESRI, v.  
10.8.1).

## 3. Results and Discussion

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### 3.1. Modern C3 and C4 plants in the Godavari basin and control by MAP

The Godavari plants (n=96) showed two distinct groups, with  $\delta^{13}\text{C}$  values that ranged from -24.3 to -33.2 ‰ for  
C3 plants (n=77, 38 different species) and from -12.7 to -15.1 ‰ for C4 plants (n=16, 9 different species)  
(Kirkels et al., 2021a) (Fig. 2a,b, 3a). The sampled Godavari plants fell within, but at the lower end of the  
290 typical ranges of  $\sim -20$  to  $-37$  ‰ and  $-10$  to  $-16$  ‰ for global C3 and C4 plants, respectively (e.g. Cerling et al.,  
1997; Dawson et al., 2002; Kohn, 2010).

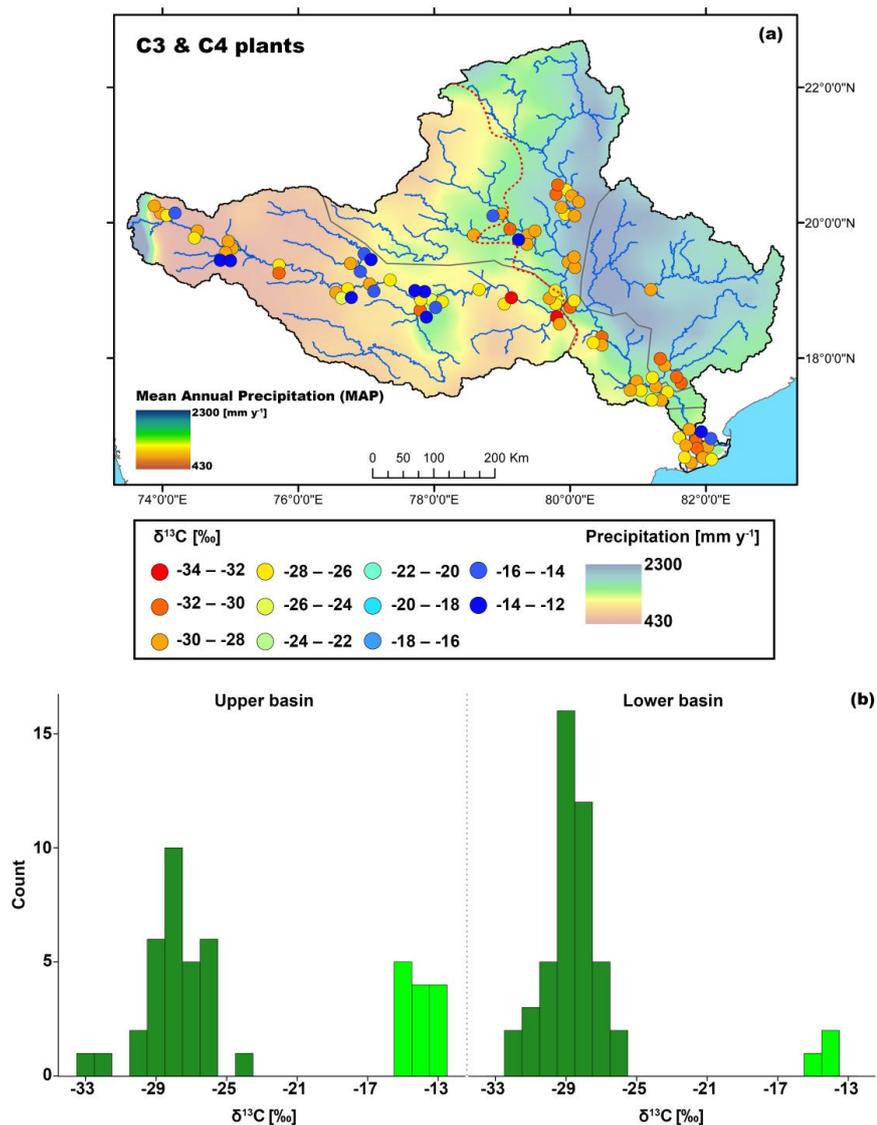


Fig. 2: (a) Map showing the spatial distribution of C3 and C4 plant  $\delta^{13}\text{C}$  values in the Godavari basin. The red dashed line indicates the upper/lower basin boundary. The coloured points refer to the  $\delta^{13}\text{C}$  values and the 30-year average rainfall distribution is shown on the background. (b) Histogram of  $\delta^{13}\text{C}$  values of C3 and C4 plants in the upper and lower Godavari basin.

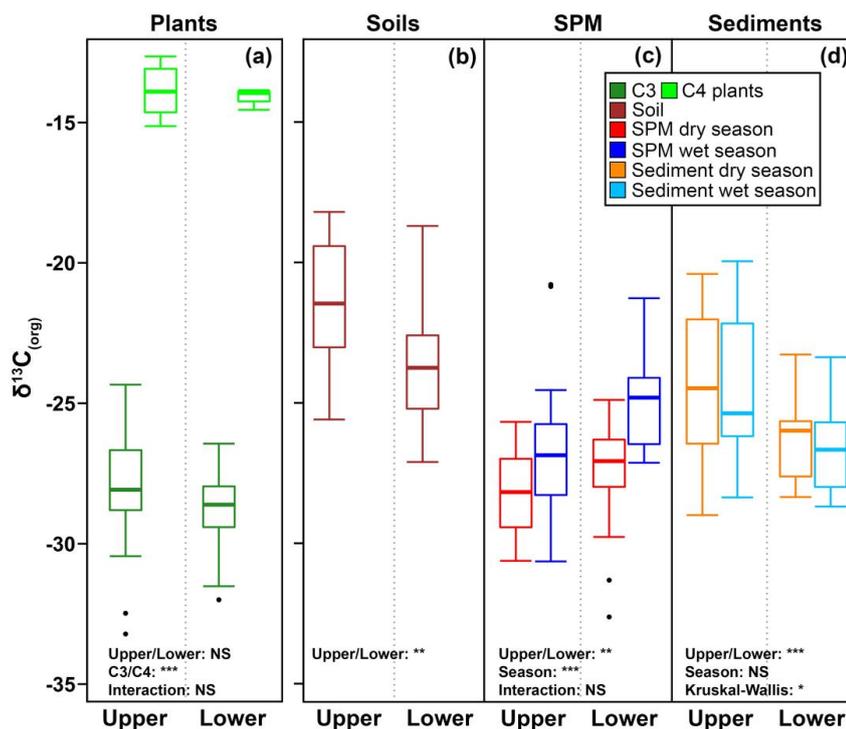


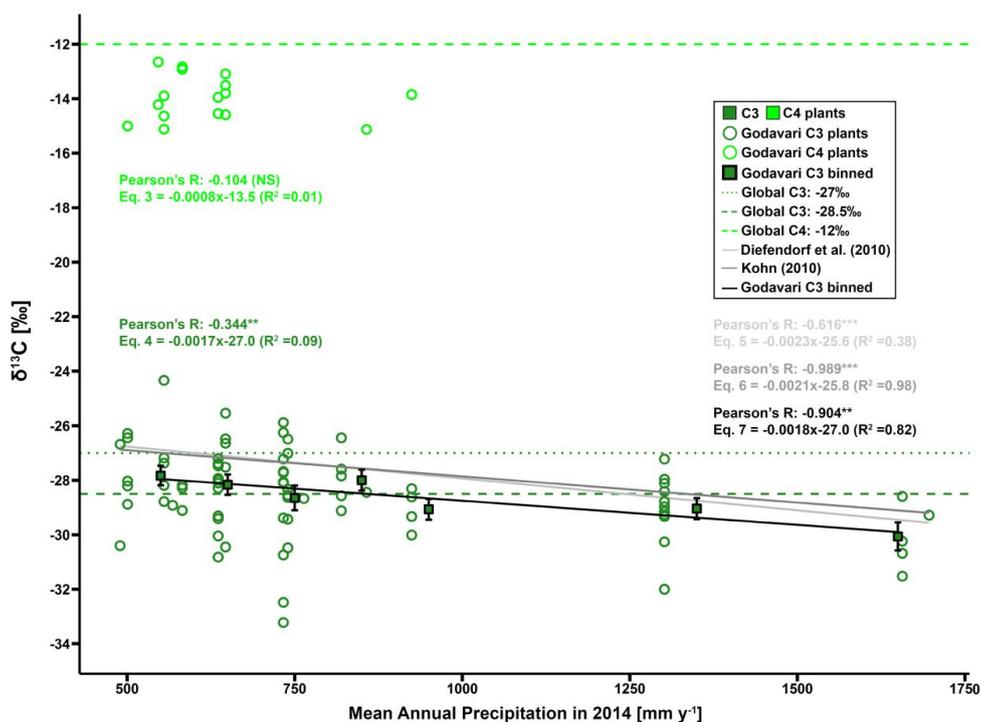
Fig. 3: Box-and-whisker plot of  $\delta^{13}\text{C}_{(\text{org})}$  values in C3 and C4 plants, soils, SPM and riverbed sediments  
 300 collected in the dry and wet season in the upper and lower Godavari basin. The box represents the first  
 (Q1) and third (Q3) quartiles, and the line in the box represents the median value, the whiskers extent to  
 1.5\*(Q3–Q1) values and outliers are shown as points. Outcomes of the two-way ANOVA are indicated for  
 plants, soils and SPM, and of non-parametric tests (Mann-Whitney and Kruskal-Wallis) for the  
 sediments. The level of significance is: (NS) not significant, \*  $p \leq 0.05$ , \*\*  $p \leq 0.01$  and \*\*\*  $p \leq 0.001$ .

305

For C4 plants, the plants collected in the Godavari basin had significantly more negative  $\delta^{13}\text{C}$  values than the  
 global average estimate ( $-14.0 \pm 0.2$  ‰ ( $\pm$ standard error: SE) vs  $-12.0$  ‰;  $p \leq 0.001$ ), revealing a difference  
 between the local and global average C4 end-members (Eq. 3; Fig. 4). Notably, the C4 crops *Z. mays*, *S. vulgare*  
 and *S. officinarum* had similar  $\delta^{13}\text{C}$  values as a few earlier samples taken in the Godavari basin (Pradhan et al.,  
 310 2014; Krishna et al., 2015). The Godavari C4 plants showed no significant correlation with MAP (Eq. 3;  
 Pearson's  $R = -0.10$ ;  $p = 0.70$ ) (Fig. 4), in contrast to Indian C4 plants from the Gangetic plain which revealed a  
 positive relation (Basu et al., 2015). Similarly to the Godavari C4 plants, earlier studies found mostly no trend of  
 C4 plant  $\delta^{13}\text{C}$  values in response to MAP in dry ecosystems around the globe ( $< 800 \text{ mm y}^{-1}$ ; Schulze et al.,



1996; Swap et al., 2004), as a result of the CO<sub>2</sub> concentrating mechanism in C4 plants. This adaption to water  
 315 loss due to evaporation in warm and dry climates may be influenced by leaking of CO<sub>2</sub> from bundle sheath cells  
 during extreme drought, but functions relatively robustly for a wide range of environmental conditions,  
 including drought stress (Murphy and Bowman, 2009). Thus, our findings on Godavari C4 plants warrant no  
 correction of the δ<sup>13</sup>C C4 end-member in response to MAP.



320 Fig. 4: Regression analysis of δ<sup>13</sup>C values against MAP (2014, previous growing season) for C3 and C4  
 plants in the Godavari basin and estimates based on global C3 vegetation models by Diefendorf et al.  
 (2010) and Kohn et al (2010). For Godavari C3 plants, δ<sup>13</sup>C values are also binned per MAP of 100 mm y<sup>-1</sup>  
 1, and the mean ± standard error (SE; whiskers) is presented. The bin of 500–600 mm y<sup>-1</sup> includes two  
 samples with a MAP of 489 mm. The solid lines denote the linear fit for the Diefendorf et al. (2010), Kohn  
 325 (2010) and C3 binned correlation. The Pearson's R, equation and R<sup>2</sup> are given for each correlation.  
 Global averages for C4 plant δ<sup>13</sup>C (-12 ‰) (green dashed) and for C3 plant δ<sup>13</sup>C are given. The latter is  
 represented by a commonly used δ<sup>13</sup>C value of -27 ‰ (dark green dotted) that is potentially biased  
 toward dry ecosystems and a δ<sup>13</sup>C value of -28.5 ‰ (Kohn, 2010) (dark green dashed) that includes more  
 equatorial and mid-latitude C3 biomass.



330

For C3 plants, the Godavari C3 plants differed not significantly from the global average  $\delta^{13}\text{C}$  value determined by Kohn (2010) ( $-28.5\pm 0.2\text{‰}$  vs  $-28.5\text{‰}$ ;  $p=0.90$ ). However, the Godavari C3 plants were significantly more negative than the average global estimate of  $-27\text{‰}$  ( $p\leq 0.001$ ) (e.g. Cerling et al., 1997; Koch et al., 1998; Dawson et al., 2002). This difference suggests that the latter value, which is reportedly strongly biased towards dry ecosystems, is not representative of Indian C3 vegetation (Fig. 4). For Godavari C3 plants, the average  $\delta^{13}\text{C}$  value was significantly less negative in the upper basin ( $-28.0\pm 0.3\text{‰}$ ,  $n=32$ ) than in the lower basin ( $-28.8\pm 0.2\text{‰}$ ,  $n=45$ ;  $p\leq 0.05$ ) (Fig. 3a), reflecting the gradient in MAP. The most negative subbasin-averaged  $\delta^{13}\text{C}$  value for C3 plants was found in the East Tributaries subbasin that received most precipitation ( $\delta^{13}\text{C}$ :  $-30.1\pm 0.5\text{‰}$ ,  $n=5$ ; MAP:  $1530\pm 142\text{ mm y}^{-1}$ ), compared to the least negative value in the Upper Godavari that received significantly less precipitation ( $\delta^{13}\text{C}$ :  $-28.0\pm 0.3\text{‰}$ ,  $n=30$ ;  $p\leq 0.05$ ; MAP:  $593\pm 18\text{ mm y}^{-1}$ ;  $p\leq 0.01$ ) (Fig. 2a, S2). Indeed, the individual Godavari C3 plants revealed a significant effect by MAP on their  $\delta^{13}\text{C}$  values (Eq. 4; Pearson's  $R = -0.34$ ;  $p\leq 0.0.1$ ) (Fig. 4). This finding supports earlier studies by Diefendorf et al. (2010) and Kohn (2010) that found a strong control by MAP on C3 plant  $\delta^{13}\text{C}$  on a global scale and established quantified relationships between the fractionation of carbon and environmental conditions, including MAP. Application of these established relations for the Godavari basin revealed very similar trends as the Godavari C3 plants (Eq. 5 and Eq. 6, respectively; Fig. 4), although the Kohn (2010) relation was most similar in terms of slope and with a smaller offset and a higher  $R^2$  than the Diefendorf et al. (2010) correlation. For the Godavari C3 plants, we noted considerable variation in  $\delta^{13}\text{C}$  values for any certain amount of precipitation, in line with earlier studies that found high inter- and intraspecies variation in C3 plant  $\delta^{13}\text{C}$  values in response to MAP (Ma et al., 2012; Liu et al., 2013, 2014; Basu et al., 2021; Luo et al., 2021). Moreover, the Godavari C3 plants were not evenly distributed over the entire precipitation range. Together, this resulted in a relatively weak linear correlation with MAP for the individually measured C3 plants (Eq. 4;  $R^2 = 0.09$ ).

Subsequent binning of C3 plant  $\delta^{13}\text{C}$  values revealed a strong and significant correlation with MAP (Eq. 7; Pearson's  $R = -0.90$ ;  $p\leq 0.0.1$ ) (Fig. 4). The slope of this binned C3 plant correlation (i.e.,  $-0.18\text{‰}$  per 100 mm MAP) could be used to estimate the offset of measured plant  $\delta^{13}\text{C}$  values to those expected as a function of MAP. This linear relation applied to the interval of  $\sim 500$  to  $1750\text{ mm y}^{-1}$  precipitation, above which the C3 plant  $\delta^{13}\text{C}$  value is assumed to be constant as there is no water limitation (Kohn, 2010). For very dry ecosystems with MAP  $< 500\text{ mm y}^{-1}$ , non-linear effects on C3 plant  $\delta^{13}\text{C}$  values need to be considered due to extreme drought



360 stress (Kohn, 2010, 2011; Freeman et al., 2011). Similar to the Godavari C3 plants, a meta-analysis for low  
latitude regions (11–30°N) showed that the average C3 plant  $\delta^{13}\text{C}$  value would change by  $\sim 0.2\text{‰}$  for every 100  
mm increase in MAP for the interval of 500–1500 mm  $\text{y}^{-1}$  (Basu et al., 2019b). We note that although the slope  
of the binned Godavari C3 plants was similar to that of the Kohn (2010) correlation, the  $\sim 1.5\text{‰}$  offset in  
intercept suggests consistently more negative  $\delta^{13}\text{C}$  signatures for Indian peninsular than average global C3  
365 vegetation. Interestingly, within the MAP interval of  $\sim 1000\text{--}1500\text{ mm y}^{-1}$ , Godavari C3 plants had similar  $\delta^{13}\text{C}$   
values ( $-29.0\pm 0.4\text{‰}$ ,  $n=11$ ;  $p>0.20$ ) as those collected on the Gangetic plain situated in the Himalayan foreland  
( $-29.6\pm 0.2\text{‰}$ ,  $n=76$ ; Basu et al., 2015). This similarity corroborates that Indian C3 plants have typically more  
negative  $\delta^{13}\text{C}$  signatures than average global vegetation, with a strong control by MAP, suggesting that these  
factors need to be considered for (paleo-)vegetation reconstructions in regions influenced by the Indian  
370 monsoon.

### 3.2. Tracing the plant $\delta^{13}\text{C}$ signal along the plant–soil–river continuum

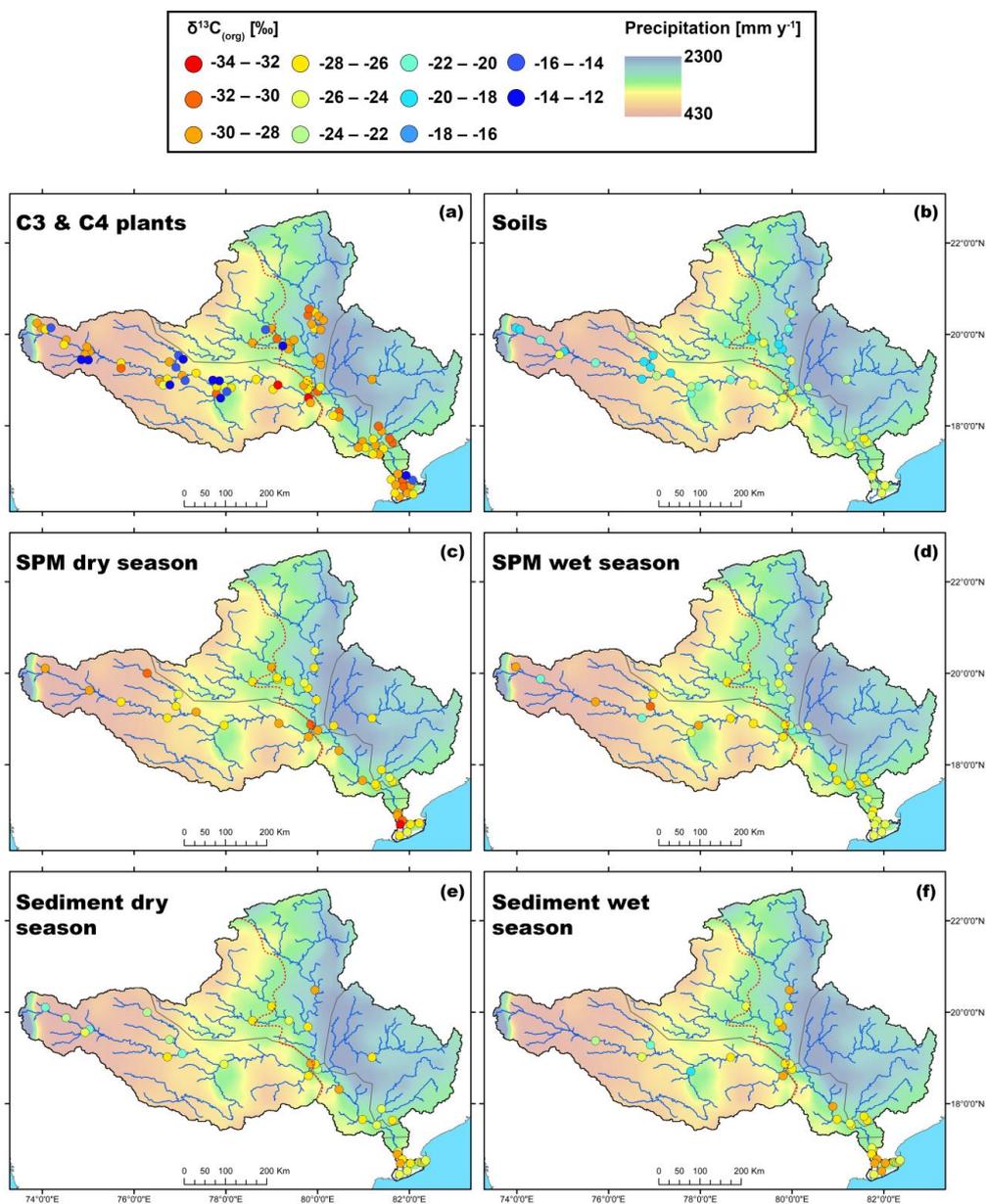
The  $\delta^{13}\text{C}_{\text{org}}$  signal preserved in soil or sedimentary archives depends on the input and integration of the of C3  
and C4 plant-derived  $\delta^{13}\text{C}$  signal, but may also be influenced by hydroclimatic controls on OC degradation and  
375 stabilisation mechanisms in soils and in the river (e.g., Carvalhais et al., 2014; Ward et al., 2017; Hein et al.,  
2020; Eglinton et al., 2021). The river-transported OC, in the form of suspended (SPM) or riverbed sediments,  
may be a complex mixture depending on soil- and plant/litter-derived OC sourcing from particular parts of the  
basin following rainfall distributions, soil mobilisation, aquatic primary production and hydrodynamic sorting  
processes within the river. This complexity warrants further exploration of the evolution and provenance of the  
380  $\delta^{13}\text{C}_{\text{org}}$  signal along the plant–soil–river continuum in the Godavari basin.

#### 3.2.1. Soils

The Godavari (bulk) soils had on average less negative  $\delta^{13}\text{C}_{\text{org}}$  values in the upper than in the lower basin ( $-$   
 $21.4\pm 0.5\text{‰}$ ,  $n=22$  vs  $-23.5\pm 0.5\text{‰}$ ,  $n=25$ ;  $p\leq 0.01$ ) (Kirkels et al., 2021a) (Fig. 3b, 5b). This isotopic contrast  
385 corresponds with the vegetation distribution in the basin, with mixed C3 and C4 vegetation in the upper basin  
and more C3 plants in the lower basin (Fig. 1b, 2). The least negative  $\delta^{13}\text{C}_{\text{org}}$  values were found in soils in the  
Upper Godavari and North Tributaries ( $-21.3\pm 0.5\text{‰}$ ,  $n=20$  and  $-22.0\pm 0.7\text{‰}$ ,  $n=12$ , respectively) covered by  
thorny shrublands, dry deciduous forest and predominantly C4 crops, followed by the Middle Godavari ( $-$   
 $23.5\pm 0.5\text{‰}$ ,  $n=4$ ) in a transition zone, and most negative  $\delta^{13}\text{C}_{\text{org}}$  values were found in soils in the East



390 Tributaries and Lower Godavari that were covered by moist/evergreen forests and C3 crops ( $-24.7 \pm 0.6$  ‰,  $n=6$  and  $-25.1 \pm 0.6$  ‰,  $n=5$ , respectively) (Fig. 1b, 5a,b, S3). The  $\delta^{13}\text{C}_{\text{org}}$  values in Godavari soils can thus be interpreted as a time-averaged signal on decadal to centennial scale that reflects the long-term hydrological conditions that underlie this vegetation distribution.





395 **Fig. 5: Maps showing the spatial distribution of (bulk)  $\delta^{13}\text{C}_{(\text{org})}$  values in the Godavari basin for (a) C3 and C4 plants, (b) (bulk) soils, SPM collected in the (c) dry and (d) wet season, and (bulk) riverbed sediments collected in the (e) dry and (f) wet season. The coloured points refer to the  $\delta^{13}\text{C}_{(\text{org})}$  values and the 30-year average rainfall distribution is shown on the background.**

400 A potential degradation-related enrichment of the plant-derived  $\delta^{13}\text{C}$  signal in soils may be suggested by the ~5 ‰ difference between C3 plant  $\delta^{13}\text{C}$  and soil  $\delta^{13}\text{C}_{\text{org}}$  values found in the C3-dominated lower basin (Fig. 3a,b). This offset is relatively large compared to typical 1–3 ‰ enrichment due to soil OC degradation (e.g., Krull et al., 2005; Sreemany and Bera, 2020). Instead of a degradation-induced shift, deforestation since the late 19<sup>th</sup> century and agricultural expansion with predominantly drought-adapted C4 crops (Ponton et al., 2012; CWC, 405 2014; Pradhan et al., 2014) may have contributed to more C4 input and thus enrichment of topsoil  $\delta^{13}\text{C}_{\text{org}}$  values. Regardless, soil OC degradation and stabilisation processes in tropical to subtropical biomes may have an opposite effect on soil  $\delta^{13}\text{C}_{\text{org}}$  signals. In mixed C3/C4 ecosystems, C4 plant-derived OC has been shown to degrade more rapidly than C3 plant-derived OC (Wynn, 2007; Wynn and Bird, 2007). However, C4-derived OC has also been shown to be preferentially incorporated into fine fractions where it is better protected against 410 degradation, whereas C3-derived OC is preferentially added to the coarse fraction thus leaving it less protected (Bird and Pousai, 1997; Wynn and Bird, 2007). In the Godavari basin, Usman et al. (2018) reported similar  $^{14}\text{C}$  ages for soil OC in the upper and lower basin that have different C3 and C4 plant covers, suggesting that the net effect of preferential degradation (more young OC) and stabilisation (more old OC) is minor. Indeed, extensive degradation of C4 plant-derived OC is unlikely, given that the upper basin with most C4 plants contains clay- 415 rich, fine particles from weathering of the Deccan basalts (Giosan et al., 2017; Usman et al., 2018; Kirkels et al., 2021b), which would contribute to stabilise the C4-derived OC. Fine soils ( $\leq 63 \mu\text{m}$ ) sampled in the upper basin had on average slightly less negative  $\delta^{13}\text{C}_{\text{org}}$  values than the bulk soils ( $-19.7 \pm 1.0 \text{ ‰}$ ,  $n=8$  vs  $-21.1 \pm 0.7 \text{ ‰}$ ,  $n=8$ ;  $p \leq 0.09$ ), pointing towards preferential stabilisation of C4-derived OC in the fine fraction (Fig. S4). This result highlights that differences between bulk and fine size fractions need to be considered for the  $\delta^{13}\text{C}_{\text{org}}$  signal 420 preserved in soils.

### 3.2.2. Suspended particulate matter

For SPM collected in the Godavari River,  $\delta^{13}\text{C}_{\text{org}}$  values were consistently more negative in the dry than in the wet season, and more negative in the upper than the lower basin, but there was no significant interaction



425 between the seasonal and upper/lower basin effects (Fig. 3c). In the dry season, SPM  $\delta^{13}\text{C}_{\text{org}}$  values were significantly more negative than in Godavari soils ( $-27.8\pm 0.3\text{‰}$ ,  $n=40$  vs  $-22.5\pm 0.4\text{‰}$ ,  $n=47$ ;  $p\leq 0.001$ ), making predominant soil-to-river input in this season unlikely (Fig. 3b,c, 5b,c). Instead, the quiescent waters behind dams and very low river discharge favour aquatic primary production (Pradhan et al., 2014). Freshwater phytoplanktonic matter usually has negative  $\delta^{13}\text{C}_{\text{org}}$  values. The isotopic fractionation between phytoplankton and dissolved inorganic carbon (DIC) has been estimated at  $\sim -23\text{‰}$ , resulting in typical phytoplankton-derived  $\delta^{13}\text{C}_{\text{org}}$  values between  $-31$  and  $-35\text{‰}$  in the Ganges-Brahmaputra as well as at the start of the dry season in the Godavari River (e.g., Aucour et al., 2006; Galy et al., 2008b; Krishna et al., 2015). The observation of slightly less negative  $\delta^{13}\text{C}_{\text{org}}$  values in our SPM collected at the end of the dry season may be explained by eutrophic conditions due to agricultural/wastewater inputs which fuelled intense aquatic production in the Godavari River

430 (Balakrishna and Probst, 2005; Pradhan et al., 2014). During periods of high aquatic productivity, the fractionation factor becomes smaller (up to  $0\text{‰}$ ; Torres et al., 2012) and more  $^{13}\text{C}$  gets incorporated into the phytoplanktonic biomass. Aquatic primary production is also supported by the strong increase in %OC from soils to dry season SPM ( $0.8\pm 0.1\text{‰}$ ,  $n=47$  vs  $11.4\pm 1.1\text{‰}$ ,  $n=39$ ;  $p\leq 0.001$ ), since phytoplankton-derived SPM is typically high in %OC (Aucour et al., 2006; Galy et al., 2008b). Interestingly,  $\delta^{13}\text{C}_{\text{org}}$  values of dry season SPM

435 became less negative near the Godavari's outflows into the Bay of Bengal (Fig. 5c, S3), suggesting mixing of freshwater and estuarine/marine phytoplankton in the delta, where the latter has typically less negative  $\delta^{13}\text{C}_{\text{org}}$  values (i.e.,  $-22.8$  to  $-24.4\text{‰}$ ; Dehairs et al., 2000; Krishna et al., 2015; Gawade et al., 2018). This result is also consistent with changes in electrical conductivity and water isotopic signature ( $\delta^{18}\text{O}$ ) that showed seawater intrusion in the delta in the dry season (Kirkels et al., 2020b).

445

In the wet season, there was a strong isotopic contrast between SPM in the upper and lower basin ( $-26.4\pm 0.8\text{‰}$ ,  $n=14$  vs  $-25.0\pm 0.3\text{‰}$ ,  $n=26$ ;  $p\leq 0.001$ ) (Fig. 3c). The negative  $\delta^{13}\text{C}_{\text{org}}$  values in the upper basin suggest continuous aquatic production, allowed by the limited rainfall and abundant dams in this region that created standing waters and facilitated year-round aquatic productivity (Pradhan et al., 2014; Kirkels et al., 2020b). A

450 few sites in the upper basin had remarkably less negative  $\delta^{13}\text{C}_{\text{org}}$  values, suggesting that some local soil or C4 plant input occurred at locations where agricultural fields with exposed topsoils were situated next to the river (Fig. 5d). In the lower basin, wet season SPM  $\delta^{13}\text{C}_{\text{org}}$  values varied from  $-21.3$  to  $-27.1\text{‰}$  and fell within the range of bulk soils in this region ( $-18.7$  to  $-27.1\text{‰}$ ). This resemblance suggests contribution of soil-derived OC to wet season SPM in the lower basin. Water isotopic signatures and rainfall distributions confirmed substantial



455 discharge in the wet season and identified the Weinganga/Pranhita rivers in the North Tributaries and the  
Indravati River in the East Tributaries subbasin as major source areas (Kirkels et al., 2020b). It is generally  
assumed that the high flow velocity and turbidity in the wet season would limit aquatic production as well as  
OC degradation during fluvial transport (Balakrishna and Probst, 2005; Acharyya et al., 2012). In contrast, Galy  
et al. (2008b) showed for the Ganges-Brahmaputra that ~50 % of the wet season SPM derived from the upper  
460 reaches of the basin was degraded during river transit and replaced by local input from the plains. Quantifying  
the extent of OC degradation during fluvial transport is thus not straightforward as it depends on the stability of  
OC in the river e.g., protected by mineral-associations or unbound and on its residence time in a specific basin  
(e.g., Ward et al., 2017; Eglinton et al., 2021).

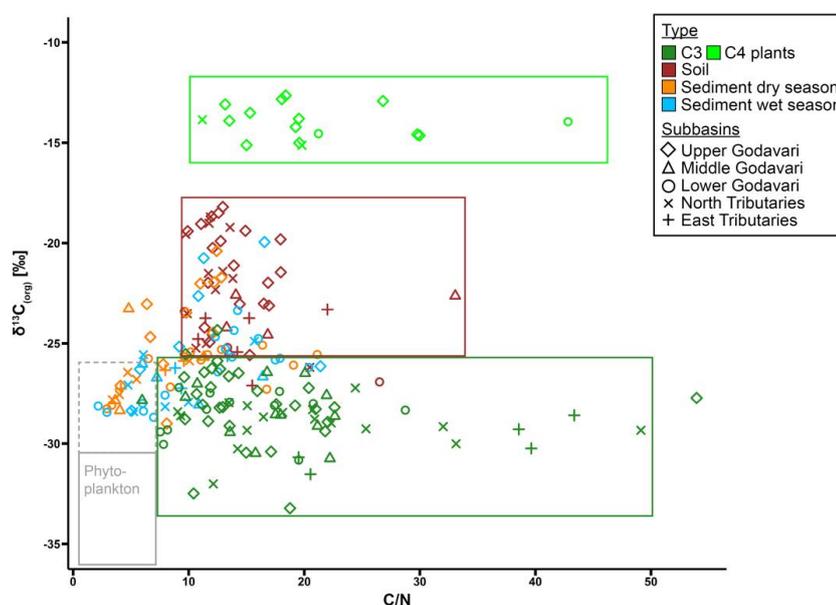
### 465 3.2.3. Riverbed sediments

For riverbed sediments collected in the Godavari River,  $\delta^{13}\text{C}_{\text{org}}$  values were consistently less negative in the  
upper than in the lower basin ( $-24.4 \pm 0.6$  ‰,  $n=21$  vs  $-26.6 \pm 0.2$  ‰,  $n=53$ ;  $p \leq 0.001$ ), but there was no significant  
seasonal effect (Fig. 3d, 5e,f). The latter suggests that riverbed sediments represented a season-integrated  $\delta^{13}\text{C}_{\text{org}}$   
signal, versus SPM that showed more seasonal variation. A Kruskal-Wallis test revealed that sediments  
470 collected in the upper basin in the dry season and those collected in the lower basin in the wet season were  
significantly different ( $-24.4 \pm 0.7$  ‰,  $n=13$  vs  $-26.6 \pm 0.3$  ‰,  $n=29$ ; (Bonferroni-corrected)  $p \leq 0.05$ ) (Fig. 3d).  
However, riverbed sediments showed a high spatial variation in  $\delta^{13}\text{C}_{\text{org}}$  values, which ranged from  $-20.0$  to  $-29.0$   
‰ in the upper and  $-23.3$  to  $-28.7$  ‰ in the lower basin (Fig. 5e,f). The strong control by upper/lower basin  
location on sediment  $\delta^{13}\text{C}_{\text{org}}$  values corresponds to the vegetation distribution with more C4 plants and drought-  
475 stressed C3 plants in the upper basin, leading to less negative plant  $\delta^{13}\text{C}$  and soil  $\delta^{13}\text{C}_{\text{org}}$  values to be transferred  
to the riverbed sediments. Riverbed sediment  $\delta^{13}\text{C}_{\text{org}}$  values were consistently more negative than soil  $\delta^{13}\text{C}_{\text{org}}$   
values in the upper and lower basin (Fig. 3b,d), suggesting input from an additional, depleted source, likely  
phytoplankton- or C3 plant-derived OC.

480 Possible contributions of additional sources can be further explored using a source diagram, where the relation  
between  $\delta^{13}\text{C}_{\text{org}}$  values and C/N ratios reveals source-specific distributions which help to identify the  
provenance of OC sources in aquatic ecosystems (e.g., Lamb et al., 2006). For the Godavari basin, riverbed  
sediments plotted close to Godavari C3 plants, albeit at lower C/N ratios (Fig. 6). This may suggest that slightly  
degraded C3 plant-derived OC is selectively transported by/stored in the lower basin sediments. The lower C/N



485 ratios suggest slight degradation of this OC, although there could also be a small contribution of phytoplankton-derived OC that settled onto the riverbed. Notably, the upper basin sediments plotted generally closer to the upper basin soils, suggesting an inherited soil  $\delta^{13}\text{C}_{\text{org}}$  signal in these sediments, as soil input was diminished by limited rainfall in this region during our sampling campaigns.



490

**Fig. 6:** Source plot with relation between  $\delta^{13}\text{C}_{\text{org}}$  values and C/N ratios for C3 and C4 plants, (bulk) soils and riverbed sediments collected in the dry and wet season in the Godavari basin. C/N ratios are retrieved from Kirkels et al. (2021c). Freshwater phytoplankton is defined for Indian monsoonal rivers in the dry season (solid line) (C/N: 1–8; data from Balakrishna and Probst, 2005;  $\delta^{13}\text{C}_{\text{org}}$ : -31 – -35 ‰; data from Aucour et al., 2006; Galy et al., 2008b; Krishna et al., 2015), and based on SPM collected at the end of the dry season in this study (dashed line).

495

### 3.2.4. Hydrodynamic sorting

Fluvial transport of fine particles is of particular interest as they are generally enriched in OC and their size facilitates effective offshore transport to sedimentary deposits (e.g. Bianchi et al., 2018). At the same time, coarse- and fine-grained particles have been shown to be sensitive to hydrodynamic sorting effects within the river, resulting in depth-specific OC distributions and/or preferential transport of certain OC components (Galy

500



et al., 2008b; Bouchez et al., 2014; Feng et al., 2016; Repasch et al., 2022). Similar to the Godavari soils, riverbed sediments collected in the wet season revealed distinctly less negative  $\delta^{13}\text{C}_{\text{org}}$  values for the fine  
505 fractions than the corresponding bulk sediments ( $-24.4\pm 0.3\text{‰}$ ,  $n=25$  vs  $-25.7\pm 0.4\text{‰}$ ,  $n=25$ ;  $p\leq 0.001$ ) (Fig. 5f, S4). This difference corresponds to previous findings that C4 plant-derived OC is preferentially associated with finer fractions whereas C3 plant-derived OC is contained in the coarser fraction of soils (Bird and Pousai, 1997; Wynn and Bird, 2007) and river(-dominated) sediments (e.g., France-Lanord and Derry, 1994; Bianchi et al., 2002). This finding suggests differential transport of C3- and C4-derived OC in the fine and bulk Godavari  
510 riverbed sediments.

Furthermore, wet season SPM collected along river depth profiles in the Middle and Lower Godavari showed in general more negative  $\delta^{13}\text{C}_{\text{org}}$  values with depth (Fig. S5). Also, the riverbed sediments dredged at each location had more negative  $\delta^{13}\text{C}_{\text{org}}$  values than the SPM in the water column above. This trend in  $\delta^{13}\text{C}_{\text{org}}$  values suggests  
515 that more negative, C3-derived OC was transported in coarse-grained sediments and SPM near the riverbed, similar to findings at peak discharge for the Himalayan-derived Ganges-Brahmaputra (Galy et al., 2008b) and the Rio Bermejo draining the central Andes (Repasch et al., 2022). Alternatively, a depleted phytoplankton source was unlikely given that the high flow velocity and turbidity in the monsoon season prevent light penetration and generally limit algae production (Balakrishna and Probst, 2005; Acharyya et al., 2012). Indeed,  
520 analysis of lignin, a macromolecule that is exclusively produced by plants, revealed a C3-derived ‘woody undercurrent’ in Godavari riverbed sediments collected in the wet season in the lower basin (Pradhan et al., 2014), similar to earlier findings in the Madre de Dios and Mississippi rivers with strong seasonal variability in their hydrology (Bianchi et al., 2002; Feng et al., 2016). This information corroborates differential transport of fine and coarse-grained particles and their associated OC sources in the Godavari basin. This insight has  
525 important implications for the  $\delta^{13}\text{C}_{\text{org}}$  signal that is finally exported to sedimentary deposits in the marine realm, where C4-derived OC with less negative  $\delta^{13}\text{C}_{\text{org}}$  values may be overrepresented, as fine fractions are transported farther offshore and in greater quantities than coarse-grained particles (Goñi et al., 1997, 1998; Bianchi et al., 2002).

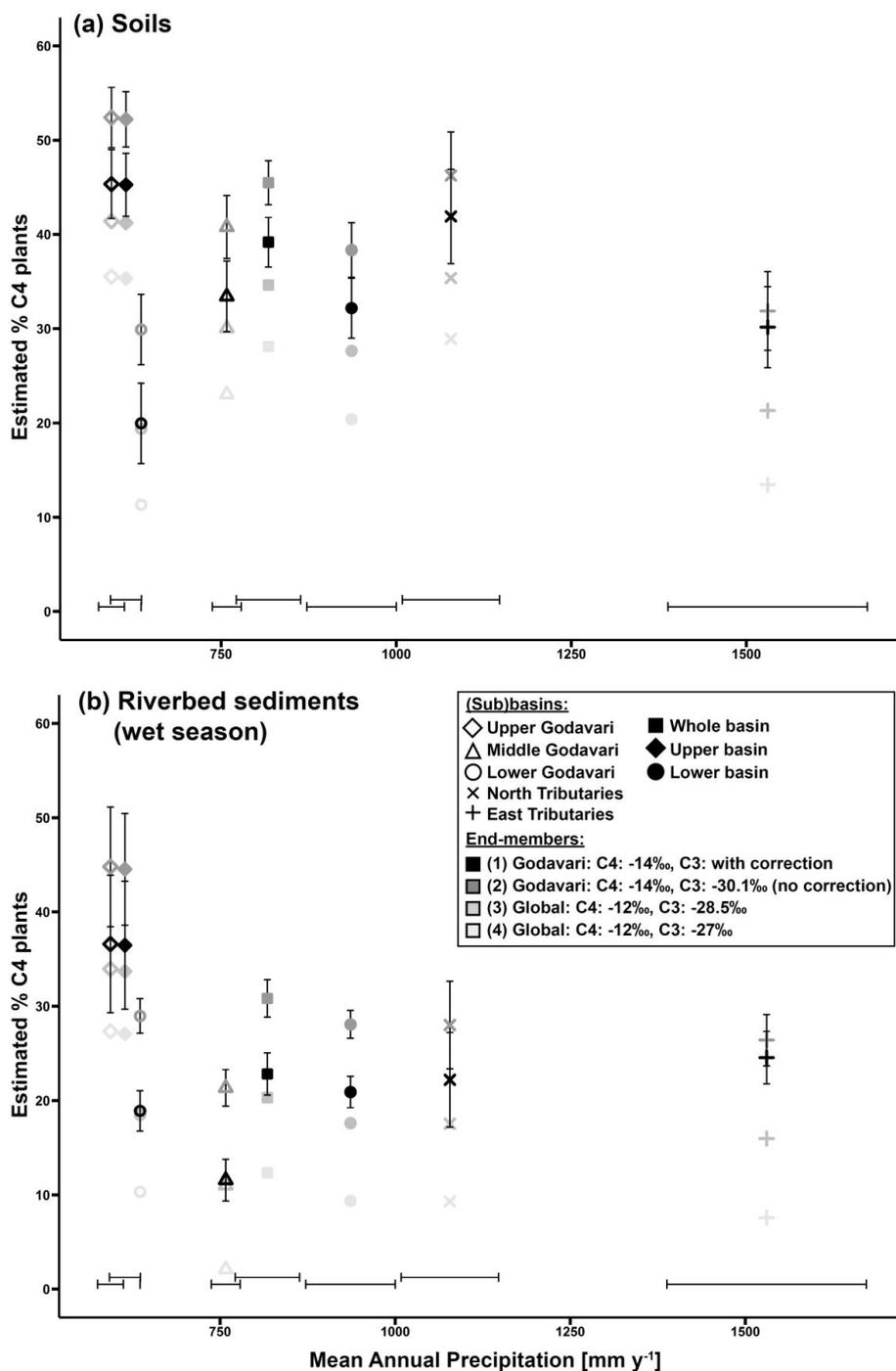
### 530 3.3. C3/C4 vegetation reconstruction and end-member analysis

Mixing model estimates based on the  $\delta^{13}\text{C}_{\text{org}}$  signal in Godavari soils revealed a high %C4 plants in the Upper Godavari subbasin ( $45\pm 4\%$ ; scenario 1) and in general in the upper basin ( $45\pm 3\%$ ), that decreased toward the



lower basin ( $32\pm 3\%$ ), from the North Tributaries ( $42\pm 5\%$ ), Middle Godavari ( $33\pm 4\%$ ) and East Tributaries ( $30\pm 4\%$ ) to the lowest %C4 plants in the Lower Godavari subbasin ( $20\pm 4\%$ ) (Fig. 7a). This result is consistent with the vegetation structure in the Godavari basin, with a mixed C3/C4 vegetation in the dry upper basin and dominant C3 vegetation in the lower basin (Fig. 1b,c, 2) (Giosan et al., 2017; Usman et al., 2018). Pollen assemblages of the modern vegetation corroborate these findings, as they found ~50% *Poaceae* (here C4 grasses) in the upper basin based on surface sediments of the Lonar crater lake (Prasad et al., 2014; Riedel et al., 2015), and ~30 % *Poaceae* for the whole Godavari basin based on marine surface sediments in front of the Godavari mouth in the Bay of Bengal (Zorzi et al., 2015), which was close to our estimate of  $39\pm 3\%$  C4 plants for the whole basin. Notably, the estimated %C4 plants in the C3-dominated lower basin was relatively high ( $32\pm 3\%$ ), and may have been influenced by degradation-related enrichment of the soil  $\delta^{13}\text{C}_{\text{org}}$  signal leading to a potential overestimation of the %C4 plants. The C3/C4 abundances based on the  $\delta^{13}\text{C}_{\text{org}}$  signal of riverbed sediments collected in the wet season also reflected the vegetation gradient (Fig. 7b, 1b,c, 2). The estimated %C4 plants was consistently lower for riverbed sediments than for soils (-1 to -22 %; scenario 1), particularly in the North Tributaries (-20 %) and the Middle Godavari (-22 %) subbasins. Hydrodynamic sorting and preferential transport of C3 plant-derived OC in the coarse-grained riverbed sediments may have influenced the C3/C4 plant estimates, resulting in a potential underestimation of the %C4 plants in these basins.

In order to assess the influence of drought stress and the use of region-specific plant  $\delta^{13}\text{C}$  end-members on C3/C4 vegetation mixing model estimates, we compared four scenarios (Fig. 7). Comparing Godavari-specific end-members with and without drought correction of the C3 plant  $\delta^{13}\text{C}$  end-member (scenario 1 and 2, respectively) revealed that the estimated %C4 plants was 2–10 % higher without this correction for MAP, suggesting a potential overestimation of the %C4 plants. Notably, drought correction of the C3 plant  $\delta^{13}\text{C}$  end-member became increasing important with decreasing MAP, from a minor ( $\leq 2\%$ ) difference in the estimated %C4 plants above  $1500\text{ mm y}^{-1}$ , to 4–6 % for the interval of  $\sim 1000\text{--}1500\text{ mm y}^{-1}$  and up to 6–10 % for  $\sim 500\text{--}1000\text{ mm y}^{-1}$  (Fig. 7).





**Fig. 7: The estimated proportion (%) of C4 plants determined by a linear mixing model versus MAP for different (sub)basins, based the OC-weighted  $\delta^{13}\text{C}_{\text{org}}$  signal in (a) soils and (b) riverbed sediments collected in the wet season. The whiskers represent  $\pm$  standard error (SE). Four scenarios are included: (1) Godavari C4 and C3 plant end-members, with drought correction of C3 plant  $\delta^{13}\text{C}$  (2) Godavari C4 and C3 end-members, with no drought correction of C3 plant  $\delta^{13}\text{C}$  (3) average global C4 (-12 ‰; Koch, 1998; Dawson et al., 2002) and C3 (-28.5 ‰; Kohn, 2010) end-members, and (4) average global C4 (-12 ‰) and the commonly used C3 (-27 ‰; Cerling et al., 1997; Koch, 1998; Dawson et al., 2002) end-members. For scenario (2) the mean  $\delta^{13}\text{C}$  value for Godavari C3 plants with no drought stress (i.e., -30.1 ‰) was determined at MAP of 1750 mm  $\text{y}^{-1}$  using Eq. 7 (see Fig. 4).**

Comparing mixing model results for Godavari-specific end-members with drought correction and global average end-members for C4 plants (-12‰) and C3 plants (-28.5 ‰; based on Kohn, 2010) (scenario 1 and 3, respectively) revealed that the estimated %C4 plants was 0–9 % lower for the latter, suggesting a potential, minor underestimation. The estimated %C4 plants was 5–9 % lower for the wetter North and East Tributaries, while the difference was minor ( $\leq 5$  % lower) for the other subbasins as well as for the whole, upper and lower basin. Interestingly, comparing Godavari-specific end-members with drought correction and global average end-members for C4 plants (-12‰) and the commonly used estimate of -27 ‰ for C3 plants (Cerling et al., 1997; Koch, 1998; Dawson et al., 2002) (scenario 1 and 4, respectively), showed that the estimated %C4 plants was 9–17 % lower for the latter, suggesting a substantial underestimation when using these global end-members. This would result in a %C4 plants of only  $35 \pm 3$  % for the upper basin, where C4 grasses and crops are most abundant (Pradhan et al., 2014; Prasad et al., 2014; Riedel et al., 2015; Giosan et al., 2017) and only  $20 \pm 3$  % C4 plants in the C3-dominated lower basin. Finally, the underestimation of %C4 plants was even larger (17–19 %) for all (sub)basins when comparing the latter global end-members with Godavari-specific end-members without drought correction (scenario 4 and 2, respectively). Together, these different estimates highlight the importance of prior knowledge of the plant  $\delta^{13}\text{C}$  signal in regional C3 and C4 vegetation to select those end-member values that are best representative of the region-specific vegetation. Our results from the Godavari basin suggest that the use of region-specific plant  $\delta^{13}\text{C}$  end-members and drought correction of the C3 end-member in mixing models need to be considered for the interpretation of  $\delta^{13}\text{C}_{\text{org}}$ -based (paleo-)vegetation reconstructions in monsoonal regions.



#### 4. Conclusion – Implications for (paleo-)vegetation reconstructions

590 Our analysis of contemporary C3 and C4 plants, soils and sediments from the Godavari basin has resulted in three clear recommendations for the reconstruction of vegetation composition using  $\delta^{13}\text{C}$ . Firstly, C3 and C4 plants sampled in the Godavari basin in the CMZ in peninsular India had more negative  $\delta^{13}\text{C}$  signatures than average global vegetation. Rather, our samples closely resembled observations of other plants on the Indian subcontinent and thus represented a region-specific plant  $\delta^{13}\text{C}$  signature. In particular in tropical to subtropical

595 regions with generally high vegetation biomass and more negative  $\delta^{13}\text{C}$  C3 plant end-members, the use of regional plant end-members would yield a higher %C4 plants compared to global average end-members. For the Godavari basin, using region-specific plant end-members resulted in a ~0–9 % higher estimated %C4 plants compared to a global average C3 end-member (i.e., -28.5 ‰) that roughly approximated the Godavari C3 vegetation (Table 1). However, the estimated %C4 plants was ~9–19 % higher using regional plant end-

600 members compared to global average end-members that had an offset from the Godavari end-members of ~2 ‰ for C4 and ~3 ‰ for C3 plants (i.e., -12 and -27 ‰, respectively). It is therefore recommended to evaluate a potential offset between the average  $\delta^{13}\text{C}$  value of the regional and global vegetation, to accurately establish  $\delta^{13}\text{C}$  plant end-members.

605 **Table 1: Summary of processes/factors influencing the C3/C4 mixing model estimates**

Mixing model parameters	Compared to	Estimated %C4 plants
Regional plant end-members	Global C4 (-12‰) and C3 (-28.5‰)	≈ / <sup>1</sup> ↑
	Global C4 (-12‰) and C3 (-27‰)	↑
Drought correction	Godavari C3 plants without correction	↓
	Godavari C4 plants without correction	–
Soil-river continuum	Specification	
Soil degradation	More degradation C3-derived OC	↑
	More degradation C4-derived OC	↓
In-river OC processing	More phytoplankton production	↓
	More riverine OC degradation	↑
Hydrodynamic sorting	More coarse particles	↓
	More fine particles	↑

<sup>1</sup> With/without drought correction of the regional end-member

Secondly, it is well-known that C3 plant  $\delta^{13}\text{C}$  values become less negative with decreasing amounts of precipitation, which may result in an underestimation of the %C4 plants. Incorporating a drought correction for

610 the C3 plant end-member resulted in a 2–10 % lower %C4 plants for the different Godavari subbasins, but the extent of this effect will be most pronounced in C3-dominated ecosystems with low MAP. For the Godavari basin, we established that the impact of drought correction on the estimated %C4 plants was relatively minor



(<6 %) for C3-dominated areas that received 1000–1500 mm y<sup>-1</sup> but that this effect became larger (6–10 %) for areas with ~500–1000 mm y<sup>-1</sup> rainfall and mixed C3 and C4 vegetation.

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Thirdly, C3/C4 vegetation reconstructions based on the  $\delta^{13}\text{C}_{\text{org}}$  signal preserved in soils, riverine and/or marine sediments should take potential alterations in this signal along the plant–soil–river continuum into account. Differential degradation and stabilisation of C3- and C4-derived OC in soils and sediments, as well as phytoplankton contributions in the river and hydrodynamic sorting effects that separate coarse and fine fractions and their associated OC may result in a complex interplay affecting the mixing model estimates (Table 1). For the Godavari basin, our results suggest that the  $\delta^{13}\text{C}$  signatures of C3 and C4 plants are relatively well-maintained throughout the transport chain, so  $\delta^{13}\text{C}_{\text{org}}$  values of soils and riverbed sediments can be used as proxy for C3/C4 vegetation distributions.

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625 Finally, our results in the Godavari basin highlight that precipitation plays a crucial role in the reconstruction of (paleo-)vegetation by influencing plant  $\delta^{13}\text{C}$  end-members, OC decomposition rates and driving OC transport by rivers. Our results thereby support the assumption that in monsoon-influenced regions, wetter conditions/periods require no drought correction of the C3 plant end-member and generate more erosion and rapid transport downstream, which generally limits degradation during river transit. This implies that the  $\delta^{13}\text{C}_{\text{org}}$  signal exported to sedimentary deposits would reflect the C3/C4 vegetation distribution in the basin.

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#### Data availability

Research data associated with this article are available in the open access Pangaea Data Repository (Kirkels et al., 2022; accessible via: <https://doi.pangaea.de/10.1594/PANGAEA.940189>). Background geochemical data on the Godavari basin and TN data (Kirkels et al., 2021; accessible via: <https://doi.pangaea.de/10.1594/PANGAEA.937965>) are also available in the Pangaea Data Repository.

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#### Author contributions

FMSAK, HJB, SB and FP conceptualised this research. FMSAK, MOU and FP planned the fieldwork and carried it out with help from CRTM and SB. FMSAK, PCH, CRTM and MTJM performed laboratory analyses. FMSAK prepared the manuscript, HJB and FP revised and edited the draft with contributions from the other co-authors.

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### Competing interests

645 The authors declare that they have no conflict of interest.

### Acknowledgements

This research was supported by Veni Grant 863.13.016 from the Dutch Research Council (NWO) to F.P. at Utrecht University (UU). We thank prof. Prasanta Sanyal for his guidance and help in planning the fieldwork in  
650 the Godavari basin. We thank dr. Maarten Lupker (ETH Zurich) and Huub Zwart (UU) for their assistance in the field. We are grateful to C. Mulder, D Kasjaniuk, A. van Leeuwen-Tolboom, D. van den Meent-Olieman and K. Nierop for technical and analytical support. We thank J.F. Veldkamp (Naturalis Biodiversity Centre/National Herbarium of the Netherlands, Leiden) as expert on Southeast Asian botany for his help with taxonomical classification of the Indian peninsular plants.

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