



Human activities determine vegetation water use in the middle and lower reaches of arid areas

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Abstract: In the middle and lower reaches of inland river basins of arid regions, human-intensive exploitation directly determines the distribution patterns of plants in arid areas and further determines the patterns of water use and the water cycle in arid regions. However, human activities on vegetation water utilization and the influence of the water cycle process and mechanism are not clear. In this study, seven observation systems were set up to collect samples in the mountainous, oasis and desert areas of the Shiyang River Basin, an arid inland river in central Asia. In order to quantitatively assess the contribution of different potential water sources to plants, stable isotopes of various water bodies in different geomorphic units of the basin were analyzed. The results showed that precipitation and soil water were the main sources



23 of forest trees in mountainous areas, and the farmland vegetation in the middle and
24 lower reaches of the oasis mainly absorbed soil water supplied by irrigation. The
25 desert area forms vegetation in the ecological water transport area, and vegetation
26 mainly absorbs soil water, lake water and groundwater formed by ecological water
27 transport. On the whole, the water use patterns of plants in mountainous areas are not
28 affected by human activities fundamentally, the oasis area is mainly affected by
29 irrigation activities, and the inland river terminal lake area is mainly affected by
30 ecological water transport. Human activities determine the water use patterns in the
31 middle and lower reaches of inland rivers in arid areas.

32 **Keywords:** Arid areas; Stable isotope; MixSIAR model; Plant water use

33 **1 Introduction**

34 Water availability is one of the most important factors for the growth of
35 individual plants in terrestrial ecosystems (Boyer et al., 1982). Plant survival and
36 activities, as well as ecosystem stability is closely related to water availability (Zhou
37 et al., 2019). In arid and semi-arid areas, water is the main limiting factor for
38 vegetation development (Porporato et al., 2004). Due to water shortage, plant growth
39 is limited, but plants have strategies to prevent water loss and resist drought (Gupta et
40 al., 2020). Precipitation is one of the main sources of water (Zhao et al., 2018) and an
41 important climatic factor of vegetation change (Roca et al., 2004), which controls
42 plant community structure, composition and vegetation type (Weltzin et al., 2003).
43 The uneven distribution of precipitation leads to the extreme spatial and temporal
44 variability of soil moisture (Antunes et al., 2018). Under different precipitation



45 conditions, the water use strategies of vegetation will be different (Miller et al., 2001).
46 The distribution of precipitation and the depth of groundwater level control the spatial
47 pattern of soil moisture availability. This plays a crucial role in plant adaptation and
48 vegetation composition (Zhou et al., 2019). In addition, human beings have been
49 influencing the hydrological cycle since the beginning of civilization (Zhao et al.,
50 2020), and in recent years, human activities have changed the global and regional
51 environment and sustaining making influence (Yang et al., 2011). Human activities
52 are key factors affecting vegetation growth, which are manifested as affecting
53 vegetation types and vegetation degradation, etc. (Klein., 2012; Jiang et al., 2017).
54 Therefore, it is of great significance for ecological restoration and water resources
55 management to study the effects of human activities on vegetation water use patterns
56 under natural precipitation gradients in arid inland river basins.

57 Stable isotopes are natural traces widely distributed in natural water bodies and
58 have been widely used in plant water research (Ehleringer and Dawson., 1992). The
59 stable hydrogen and oxygen isotope characteristics of terrestrial ecosystems can
60 provide clear trace information for hydrological cycles in terrestrial ecosystems (Pan
61 et al.,2020). Generally, there is no stable isotope fractionation in the process of plant
62 water absorption. Thus, xylem water can reflect the isotopic composition of water
63 sources used by most plant species (Wershaw et al., 1966). Previous studies have
64 found that in arid areas, plants mainly absorb shallow soil water supplemented by
65 precipitation or deep groundwater supplemented by groundwater (Zeng et al., 2013),
66 and the water source used by individual plants will change over time (Nie et al., 2012).



67 Under water stress conditions, A steady, long-term source of water is essential for
68 plant survival. In addition, the utilization of rainwater by desert plants in arid and
69 semi-arid ecosystems is related to precipitation intensity. In areas with high annual
70 precipitation, growing *artemisia ordosica* and white thorn, have higher utilization
71 efficiency of shallow soil water, while in areas with low annual precipitation, they
72 mainly utilize deep soil water and groundwater (zhou et al., 2011). In addition, plant
73 water use behaviour can be linked to broader drought resistance strategies (Antunes et
74 al., 2018).

75 Although many studies have been conducted on plant water use in arid and
76 semi-arid environments, in the face of the strong impact of global change and human
77 activities, it is necessary to further clarify the change of vegetation water utilization in
78 mountainous areas, oases and deserts in arid areas and the impact of human activities
79 on vegetation water use patterns in arid areas. This study (1) determined the water
80 sources of different vegetation in mountainous areas, oases and deserts; (2) analyzed
81 the impact of human activities on vegetation water use patterns in arid areas; (3)
82 discussed the implications of vegetation water use strategies for water resources
83 management in arid areas.

84 **2 Materials and methods**

85 **2.1 Study area**

86 Shiyang River Basin (36°29' - 39°27' N, 101°41' - 104°16'E) is located in the
87 arid region of northwest China, which is a typical temperate arid inland basin in China.
88 Shiyang River Basin is a temperate continental arid climate, which is controlled by



89 several atmospheric circulations of the westerly belt, eastern monsoon and plateau
90 monsoon (Zhang et al., 2008). The average annual temperature is 8.1°C, and the
91 average annual precipitation ranges from 82 to 692mm, 80% of which is concentrated
92 in summer. Annual evaporation ranges from 2000 to 2600mm (Wan et al., 2019).
93 Shiyang River is a typical inland water system with a total length of 250 kilometres.
94 From south to north, Shiyang River mainly includes Qilian mountain area in the south,
95 oasis area in the middle and a desert area in the north. Studies have found that the
96 water vapour transport track in this region is transported from the desert area in the
97 south to the mountainous area in the north through the oasis area (Zhu et al., 2019). In
98 addition, the annual precipitation in the three regions is 124-698mm, 83-124mm and
99 54-82mm from south to north, respectively (Ma et al., 2009), so the soil and
100 vegetation have obvious zonal characteristics (Wang et al., 2012). The main
101 vegetation in the mountainous area is *Picea crassifolia*, willow and ice grass,
102 Vegetation in the oasis area is mainly corn and other farmland vegetation and some
103 shrubs and the main vegetation in the desert area is a white thorn and *Haloxylon*
104 *ammodendron*.

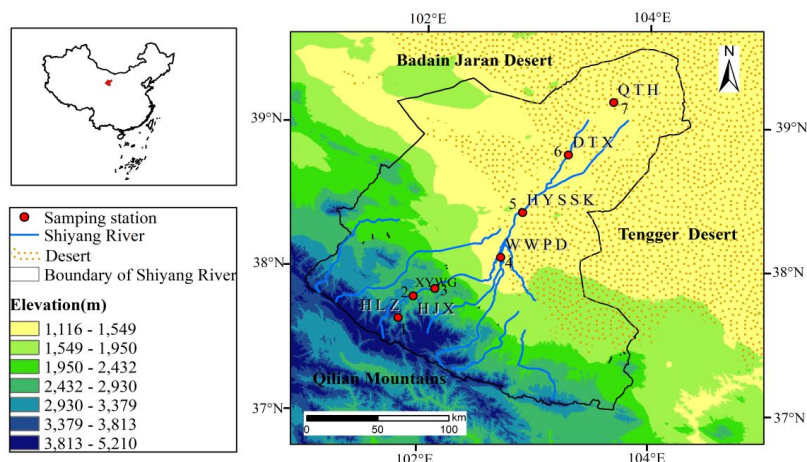


Fig. 1. Overview of the study area.

2.2 Sample collection and measurement

From 2017 to 2019, we collected samples of precipitation, soil, vegetation, and groundwater from seven stations in the Shiyang River Basin during the plant-growing season (April to November). Table 1 shows the summary data of the sample points. The selected sampling points are respectively distributed in the mountainous area, oasis area and desert area of Shiyang River Basin. There are three stations in the mountainous area (Hulinzhan(HLZ),Huajianxiang(HJX),Xiyingwugou(XYWG), three stations in the oasis area (Wuweipendi(WWPD), Hongyashanshuiku(HYSSK), Datianxiang(DTX)), and one station in the desert area (Qingtuhu(QTH)). Soil, vegetation and groundwater were sampled once a month. Rainwater samples were collected according to precipitation events by means of a rainwater gauge cylinder installed at the sampling point. Precipitation samples were collected immediately after the precipitation process. For continuous precipitation, we collect precipitation once a day. For plant collection, we selected stems more than 2 years old, took branches



about 0.35-0.5cm in diameter and 3-5cm in length, quickly stripped the epidermis and phloem of the branches, retained the xylem, and immediately placed them into sampling bottles for sealing. For groundwater collection, we collected groundwater near the sampling point. In the vicinity of the plant sampling site, soil samples were collected every 10cm of the soil using a soil drill, up to 100cm depth if conditions permit. The collected soil samples were divided into two parts. The first part was sealed in 10ml glass bottles with sealing film and stored at -18°C for subsequent analysis of δD and $\delta^{18}O$ in the soil. The second part was placed in aluminium boxes and dried in the laboratory to determine soil water content.

Table 1. Basic information about sampling points.

Sample station	Longitude	Latitude	Elevation	Mean annual	Annual
				temperature	precipitation
				(°C)	(mm)
Hulinzhan (HLZ)	101°50'	37°41'	2721	3.2	370
Huajianxiang(HJX)	102°00'	37°50'	2323	6.6	363.5
Xiyiwugou(XYWG)	102°11'	37°53'	2097	7.9	262.5
Wuweipendi(WWPD)	102°40'	37°55'	1531	10.2	186.5
Hongyashanshuiku(HYSSK)			1475		113
Datanxiang(DTX)	103°13'	38°47'			113.2
Qingtuhu(QTH)	103°35'	39°05'	1300	7.8	110

2.3 Isotopic composition and analysis of hydrogen and oxygen



132 All samples were analyzed for $\delta^2\text{H}$ and $\delta^{18}\text{O}$ at the Stable Isotope Laboratory of
 133 Northwest Normal University using a Liquid Water analyzer (DLT-100, Los Gatos
 134 Research, USA). Soil water and vegetation water were extracted and analyzed by a
 135 vacuum low-distillation device (LI-2100, LICA United Technology Limited, China).
 136 The extraction accuracy of the low-temperature and low-pressure distillation device
 137 was up to 98%. The measured values of isotopes are denoted by the symbol " δ " and
 138 expressed as one-thousandth of the Vienna standard means sea water:

$$139 \quad \delta = \left[\frac{R_{\text{sample}}}{R_{\text{standard}}} - 1 \right] \times 1000\% \quad (1)$$

140 Where, R_{sample} represents the ratio of $^{18}\text{O}/^{16}\text{O}$ or $\text{D}/^1\text{H}$ in the precipitation sample,
 141 and R_{standard} is the ratio of $^{18}\text{O}/^{16}\text{O}$ or $\text{D}/^1\text{H}$ in V-SMOW.

142 2.4 Data analysis

143 The MixSIAR isotope mixing model based on Bayesian theory was used to
 144 identify soil water sources and quantitatively analyze the contribution ratio of
 145 different water sources (Stock and Semmens., 2013). Bayesian mixed models have
 146 advantages over simple linear mixed models in estimating the probability distribution
 147 of source contributions (Zhu et al., 2021). In the MixSIAR model, the input of xylem
 148 water and soil water isotope values in each soil layer were all original data, TDF data
 149 was set as 0, and isotope fractionation did not occur by default. The operating length
 150 of the Markov chain Monte Carlo (MCMC) was set as "extreme", and the error
 151 structure was set as Rm. Soil water in different soil layers was considered the
 152 potential water source for vegetation in arid areas. The classification of potential
 153 water sources was based on the isotopic composition of soil water and soil water



154 content. The shallow layer (0-20 cm) was greatly affected by precipitation, irrigation
 155 water and evaporation, and the soil water content and isotopic composition of soil
 156 water changed greatly. The changes in soil water content and soil water isotopic
 157 composition in the middle layer (20-60 cm) were relatively small. The variation of
 158 soil water content in the deep layer (60-100cm) was the least, and the isotopic
 159 composition of soil water was stable. The $\delta^{18}\text{O}$ values of each potential water source
 160 were brought into the MixSIAR model to determine the contribution ratio of each
 161 potential water source.

162 **3 Results and analysis**

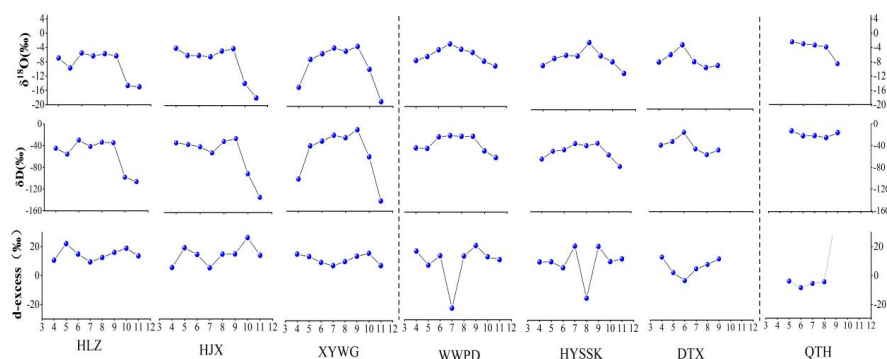
163 **3.1 Isotopic values of different water bodies**

164 **3.1.1 Precipitation isotope**

165 Precipitation gradually decreased from mountainous to desert areas, with
 166 significant differences between δD and $\delta^{18}\text{O}$ (Fig. 2). The annual precipitation of the
 167 seven sampling sites was ranked as follows: HLZ > HJX > XYWG > WWPD >
 168 HYSSK > DTX > QTH (Table 1). Because the Shiyang River Basin is located in the
 169 inland region, it is difficult for warm and wet water vapor from the western Pacific
 170 Ocean to reach it, and it is affected by secondary evaporation during the precipitation
 171 process, which leads to the enrichment of precipitation isotopes in summer. In
 172 September, the stable isotope values of precipitation begin to decrease. In the growing
 173 season from April to November, the d-excess ranking of the seven sampling sites was
 174 in the following order: HLZ (14.8‰) > HJX (12.5‰) > XYWG (12.4‰) > HYSSK
 175 (8.8‰) > WWPD (8.7‰) > DTX (7.6‰) > QTH (5.7‰). The reason for these results



176 may be the intense evaporation of raindrops as they fall.



177
 178 **Fig. 2.** Variation of $\delta D(\text{‰})$, $\delta^{18}O(\text{‰})$ and d-excess in vegetation growth season (April-November)
 179 in mountainous, oasis and desert areas of the arid region. HLZ, HJX, XYWG, WWP, HYSSK
 180 and DTX, respectively, represent the Hulinzhan, Huajianxiang, Xiyingwugou, Wuweipendi,
 181 Hongyashanshuiku, Datanxiang and Qingtuhu.

182 3.1.2 Isotopic composition of soil water, groundwater and xylem water

183 A linear relationship was established between δD and $\delta^{18}O$ in precipitation, soil
 184 water, xylem water and groundwater samples at seven stations (Fig. 3). The slope and
 185 intercept of LMWL at seven sampling points were all smaller than GMWL, because
 186 Shiyang River Basin was located in the arid region of Northwest China, where
 187 evaporation was intense. The slope ranking of LMWL of the seven sampling points
 188 was $QTH < DTX < HLZ < HYSSK < XYWG < WWP < HLZ$, indicating that the
 189 evaporation in the desert area of Shiyang River Basin was the strongest, followed by
 190 the oasis area, and mountain area was the weakest. The isotopic values of soil water in
 191 mountainous areas (HLZ, HJX, XYWG) and oasis areas (WWP, HYSSK) were
 192 consistent with LMWL, indicating that precipitation in these areas may be the



193 potential water source for soil water recharge. However, the soil water isotopes in the
 194 oasis area (DTX) and the desert area (QTH) were inconsistent with the LMWL,
 195 indicating that the precipitation had less soil water recharge in these two areas.

196 With the increase of soil depth, the deviation of the soil water isotope from
 197 LMWL gradually decreased. There were significant differences in the utilization of
 198 soil water in different soil layers by vegetation in different locations with precipitation.
 199 The $\delta^{18}\text{O}$ values of xylem water from the mountainous area to the oasis area to the
 200 desert area (The $\delta^{18}\text{O}$ values of xyloxyeme water from Qinghai spruce in HLZ, willow
 201 in HJX, white poplar in XYWG, corn in WWP, poplar in HYSSK, corn in DTX and
 202 white prickly tree in QTH were -5.02‰ , -4.64‰ , -5.51‰ , -7.60‰ , -5.64‰ , -5.45‰ ,
 203 -1.59‰ , respectively) are similar to the $\delta^{18}\text{O}$ values of soil water in the surface layer,
 204 and the middle layer, respectively. The $\delta^{18}\text{O}$ values of xylem water were the highest in
 205 the desert area (QTH) and the lowest in the oasis area (WWP). These results
 206 indicated that vegetation gradually used deep soil water with a decrease in
 207 precipitation.

208 The $\delta^{18}\text{O}$ value of soil water decreased with the increase of soil depth in
 209 mountainous and oasis areas of arid regions, and the maximum value appeared in the
 210 soil surface layer (Fig. 4). In the three regions, the $\delta^{18}\text{O}$ of soil water in the
 211 mountainous area varied greatly from 0 to 30cm (in the HLZ and XYWG) and from 0
 212 to 40cm (in HJX), with the variation range from -4.62 to -7.05 in the HLZ and
 213 XYWG, and from -7.04 to -9.69 in the HJX. Soil $\delta^{18}\text{O}$ of the two sampling sites in the
 214 oasis area also varied greatly from 0 to 30cm (WWP) and 0 to 40cm (HYSSK), with



215 a variation range of -4.98 to -8.79 in WWPDP and -1.80 to -5.88 in HYSSK. In the
216 desert area (QTH), the $\delta^{18}\text{O}$ of soil water in the 0-20cm soil layer changed greatly,
217 ranging from -3.07 to -2.39, indicating that the soil layer in other stations except DTX
218 had undergone drastic evaporation.

219 The $\delta^{18}\text{O}$ values of groundwater in the oasis area (WWPD and DTX) were
220 similar to the $\delta^{18}\text{O}$ values of soil water in 50cm and 90cm, respectively, indicating that
221 groundwater could replenish soil water in these two locations, while the $\delta^{18}\text{O}$ values
222 of soil water in other locations were significantly different from those of groundwater,
223 indicating that groundwater did not replenish soil water in these locations. In addition,
224 the $\delta^{18}\text{O}$ values of xylem water at seven sampling sites were close to the $\delta^{18}\text{O}$ values
225 of soil water at different depths. the mountain area is 10~20cm (HLZ, XYWG) and
226 30~40cm (XJX); The oasis area is 10-20cm (WWPD)) and 30-40cm (HYSSK),
227 respectively. The desert area is 40~50cm (QTH); These results indicate that soil water
228 is a potential source of water for vegetation at these sites, and that vegetation
229 gradually uses deep soil water as precipitation decreases. In addition, the $\delta^{18}\text{O}$ value
230 of xylem water of maize in the oasis area (DTX) was significantly different from that
231 of soil water, which may be because irrigation water was the main water source for
232 farmland in the oasis area (DTX).

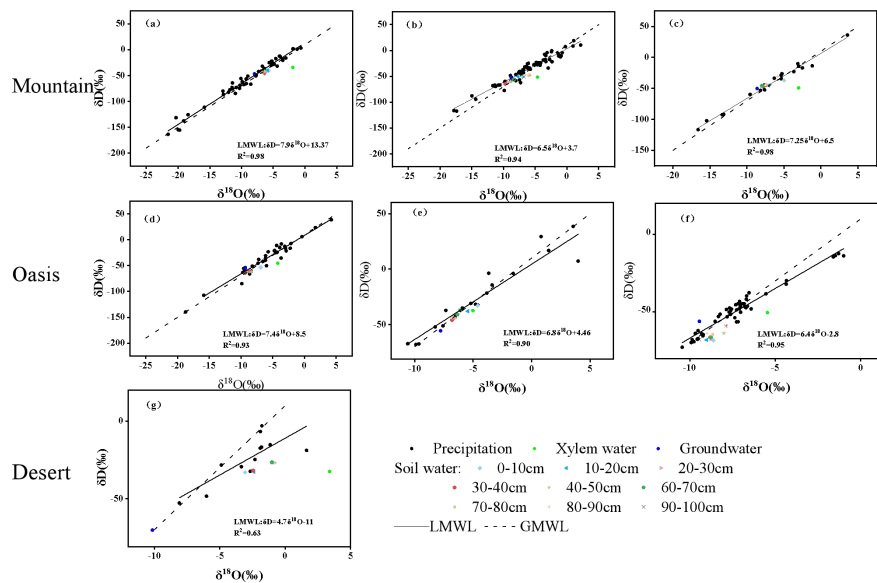


Fig. 3. Stable isotopes ($\delta^{18}\text{O}(\text{‰})$, $\delta\text{D}(\text{‰})$) of soil water, plant xylem water and groundwater at different depths in mountainous, oasis and desert areas of arid regions. LMWL represents the local atmospheric water line (solid line), and GMWL represents the global atmospheric water line ($\delta\text{H}=8\delta^{18}\text{O}+10$). (a)~(f) respectively represent the Hulinzhan, Huajianxiang, Xiyingsugou, Wuweipendi, Hongyashanshuiku, Datianxiang and Qingtuhu.

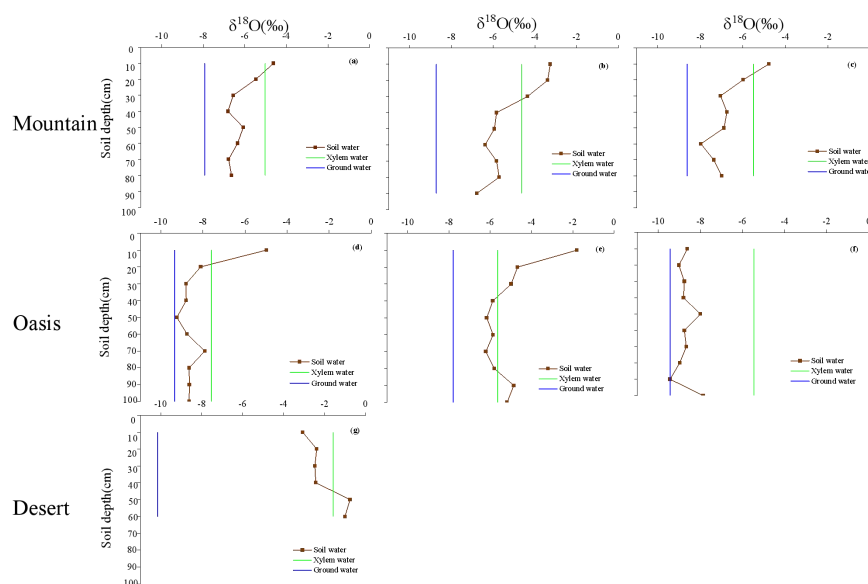


Fig. 4. $\delta^{18}\text{O}$ values of xylem water, soil water and groundwater in different soil layers of mountainous, oasis and desert areas in the arid region. (a) ~ (f) respectively represent the Hulanzhan, Huajianxiang, Xiyingwugou, Wuweipendi, Hongyashanshuiku, Datanxiang and Qingtuhu.

3.2 Calculation of vegetation water sources

The relative contributions of potential water sources to vegetation in seven sites of the mountainous area, oasis and deserts were calculated (FIG. 5). In the mountainous area (HLZ, HJX and XYWG), the vegetation utilization rate of precipitation is 23.1%, 12% and 16.8% respectively, while the utilization rate of soil water is 65.5%, 74.5% and 65% respectively. Because precipitation is the main source of soil water in mountainous areas, 85.6% of vegetation water comes directly or indirectly from precipitation.

Vegetation in the oasis area (WWPD, HYSSK and DTX) uses soil water at 65%,



254 65.8% and 45.8%, respectively, and groundwater at 18%, 17.7% and 18.1%,
255 respectively. Surface and underground irrigation water are the main sources of water
256 for crops in the oasis area (DTX). The reason for the low utilization rate of soil water
257 by the vegetation in DTX is that the vegetation in this area directly uses river water
258 and groundwater at a ratio of 37.6%. Therefore, irrigation water directly or indirectly
259 contributes 83.4% of the water at this sampling point.

260 Vegetation in the desert area (QTH) uses soil water at a rate of 46.1%, and
261 directly uses lake water and groundwater at a rate of 37.7%. Around the QTH,
262 vegetation was formed in the affected area of artificial ecological water transport, and
263 the ecological water transport directly or indirectly contributed 83.8% of the water
264 content of the plants.

265 With the decrease in precipitation, the highest soil water use efficiency of
266 vegetation in seven sites in mountainous, oasis and desert areas of arid region
267 gradually shifted from shallow soil layer to deep soil layer. Vegetation in a
268 mountainous area (HLZ, HJX, XYWG) mainly uses shallow soil water, while
269 vegetation in an oasis area (HYSSK, DTX) and desert area (QTH) mainly uses middle
270 and deep soil water.

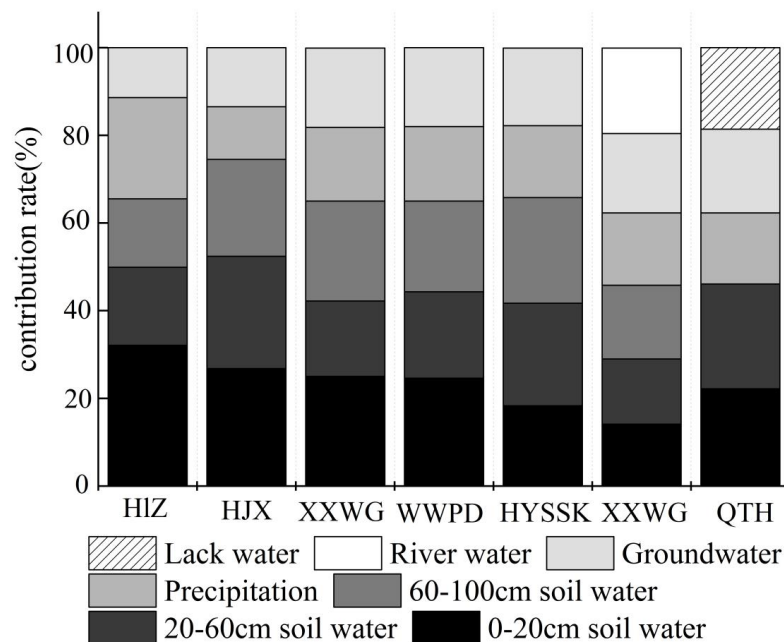


Figure 5. The relative contribution of different potential water sources (soil water, precipitation, groundwater, river water, lake water) to the vegetation of mountainous, oasis and desert areas in arid region. HLZ, HJX, XYWG, WWP, HYSSK, and DTX represent the Hulinzhan, Huajianxiang, Xiyiwugou, Wuweipendi, Hongyashanshuiku, Datangxiang and Qingtuhu.

4 Discussion

4.1 Effects of precipitation on plant water use strategies

As one of the main sources of water (Zhao et al., 2018), precipitation is the main factor limiting the growth and development of vegetation in arid and semi-arid areas (Jiang et al., 2017). Moreover, effective precipitation and physiological characteristics of vegetation affect the rate of precipitation utilization by vegetation (Poorter et al., 2019; Sankaran and Staver et al., 2019). Under different precipitation conditions, the



284 main water sources of vegetation are different. When precipitation is high, the surface
285 soil water replenished by rain increases, and plants increase their use of shallow soil
286 water (Lin et al., 1996; Williams & Ehleringer., 2000; Duan et al., 2008). However,
287 when precipitation decreases, the soil water content decreases significantly, and
288 shallow soil water cannot meet the needs of vegetation, so deep soil water is sought to
289 sustain life activities, thus improving the utilization efficiency of deep soil water by
290 plants (Groisman et al., 1999). The precipitation isotope values at each sampling point
291 in this study differed due to the influence of precipitation, evaporation source, and
292 topography. The isotope values of precipitation generally indicated a tendency of
293 gradual increase from mountainous areas to oasis areas to desert areas. In the 7
294 sampling points, precipitation decreases from south to north. Although the study area
295 is located in an arid area, due to the high altitude in the mountainous area,
296 precipitation can reach 124-698mm, while the precipitation in the oasis area is
297 83-124mm, and the precipitation in the downstream desert area is 54-82mm (Ma et al.,
298 2009), thus forming three precipitation gradients. The results showed that the
299 utilization rate of Qinghai spruce in the mountain forest station was the highest
300 (23.1%), and the utilization rate of vegetation in other sampling sites was lower than
301 that in the forest station and similar, with a ratio of about 16%-17%.

302 Precipitation is an important factor controlling soil water isotopes (Wang et al.,
303 2017). In arid and semi-arid areas, plants mainly absorb shallow soil water
304 supplemented by precipitation or deep soil water supplemented by groundwater
305 (Dodd et al., 1998; Zeng et al., 2013). Under the conditions of rare precipitation, deep



306 underground water depth or unstable soil water, herbage plants and deep-rooted plants
307 can provide water through hydraulic uplift to meet the water demand of the formation
308 (Tang et al., 2018). When the precipitation recharge of soil water cannot meet the
309 water demand, Water absorption shifts from shallow soil to deep soil (Yang et al.,
310 2015), and local water cannot meet the growing demand of vegetation, which will
311 suffer from water stress (Tang et al., 2018). Deeper soil water is generally more
312 deficient in heavy isotopes than shallow soil water collected at the same location
313 (Zhou et al., 2019), partly due to the capillary movement of groundwater containing
314 light isotopes (Rezzoug et al., 2004). In this study, soil water was the main water
315 source for vegetation in the arid area. With the increase of soil depth, the variation
316 range of $\delta^{18}\text{O}$ value of soil water gradually decreased and tended to be stable. The
317 vegetation utilization rate of soil water in the study area ranged from 45.8 to 74.5%.
318 In the whole arid region, the soil water content of the mountainous area, oasis and
319 desert showed a great difference in space. The soil water content of the three regions
320 was ranked as follows: mountainous area, oasis area and desert area. Soil moisture
321 content in the region with the altitude of the down trend is obvious, mainly because of
322 shiyang river basin upstream of high altitude mountainous area precipitation more, is
323 the recharge area of water resources of the region, and the oasis and desert rely mainly
324 on the mountains of ice and snow melt water supply, but the condition of oasis area is
325 better than in the desert region.

326 In the three regions, along the precipitation gradient, from the mountain area to
327 the oasis area and then to the desert area, the use of soil water by vegetation gradually



328 shifted from the shallow layer to the deep layer. *Picea crassifolia* in the mountain
329 (HLZ) used 0~20cm of shallow soil water at a ratio of 32.1%, while willow in HJX in
330 the mountain area, poplar in XYWG in the mountain area and corn in WWPD in the
331 oasis area slightly reduced the use rate of shallow soil water compared with the HLZ,
332 which was 26.8%, 25% 24.6%. In the HYSSK in the oasis area, the utilization rate of
333 shallow soil water by poplar trees in this location is lower (18.3%), but the utilization
334 rate of medium and deep soil water is increased, with values of 23.4% and 24.1%,
335 respectively. In DTX of the oasis area, under the conditions of less precipitation and
336 strong evaporation, irrigation water becomes the main water source for local farmland
337 vegetation. Therefore, the utilization rate of soil water by local vegetation is lower
338 than that of other places, and the utilization of deep soil water is slightly higher than
339 that of shallow and middle soil water. In the QTH in the desert area, the utilization
340 ratio of the vegetation in this area to the middle and shallow soil water is relatively
341 average.

342 **4.2 Effects of human activities on plant water use strategies**

343 Human activities have an important impact on plant water use patterns in arid
344 areas, and the impacts mainly occur in the middle and lower reaches. With the further
345 strengthening of human factors on hydrological control, the water use strategies of
346 vegetation around the water body of Shiyang River Basin are also affected. Through
347 the calculation of vegetation water sources at various stations and previous studies on
348 vegetation water use strategies in arid areas, the influence of human activities on
349 vegetation water use patterns in the middle and lower reaches of arid areas is



350 discussed.

351 Reservoirs are a transitional link between terrestrial and aquatic ecosystems, and
352 their hydrological changes are vulnerable to local human activities (Naiman and
353 Décamps et al., 1997; Newman et al., 2006; Tonkin et al., 2018), and the seepage
354 from reservoirs can have an impact on the water use strategies of vegetation around
355 reservoirs. The impact is mainly that the reservoir recharges the surrounding soil
356 water through seepage, which affects the water use strategy of vegetation around the
357 reservoir, and results showed that the construction of reservoirs had an important
358 impact on the water consumption strategy of riparian trees in the arid region, and the
359 influence range of reservoirs on vegetation water absorption pattern was within 2Km.
360 In the study area of Oasis Hongyashan Reservoir, with the increase in distance,
361 vegetation increased the utilization of soil water and decreased the utilization of
362 groundwater. In addition, irrigation has a significant impact on the agricultural water
363 cycle in arid areas with low precipitation and high evaporation, and in areas with
364 extreme water scarcity, agricultural water resources account for 80% of total water
365 resources (Zhu et al., 2021). The sampling site in the oasis area, DTX, has low
366 precipitation, and agricultural irrigation is a key factor in the existence of the oasis.
367 Due to anthropogenic irrigation, agricultural vegetation such as maize in the area is
368 used for irrigation, in addition to precipitation and soil water, and river water and
369 groundwater are used as the main water source for vegetation in the area. The
370 vegetation absorbs soil water supplemented by past irrigation water in addition to the
371 direct use of current irrigation water, and the utilization rate of current irrigation water



372 is larger at 37.6%. In some terminal lake areas of arid regions, artificial ecological
373 water transfer is carried out to protect the ecological environment and in these areas,
374 ecological water is an important water source used by plants, and the water use
375 strategy of desert plants adapts when the hydrological environment such as
376 precipitation and groundwater changes (Chen et al., 2017). The ecological water
377 transfer project launched in 2007 has changed the hydrological conditions in the
378 surrounding areas of Qingtu Lake in the desert region, which resulted in the changes
379 in vegetation water use strategies in the catchment area of Qingtu Lake. The study
380 showed that spatially, the water use of white spurge in this area gradually shifted from
381 topsoil water to deep soil water as the distance between the sample site and the lake
382 catchment increased (Jiang et al., 2019). Therefore, we conclude that human activities
383 control the water use pattern of mid- and downstream vegetation in the arid zone to
384 some extent.

385 **4.3 Implications of vegetation water use strategies in different geomorphic units** 386 **for water resources management**

387 Water resources in arid and semi-arid areas of social and economic development
388 and ecological protection play an important role, and space-time distribution of the
389 heterogeneity of water shortages in arid regions of the northwest means that the
390 fragile ecological system of the region and the interior of the shiyang river basin has a
391 unique water cycle, and water resources have significant characteristics, main show is
392 mountain is forming region, Oases and deserts are dissipation zones (Chen et al.,
393 2016). In order to meet regional water demand, local water resources can be



394 supplemented by external water sources, such as inter-regional rivers and
395 long-distance water transmission channels. When regional water resources are greater
396 than the maximum demand, no additional water supply is needed (Wang et al., 2008).
397 The water resources management system based on administrative management should
398 be established to strengthen the management of Shiyang River basin, so as to promote
399 the orderly development, effective distribution and rational utilization of water
400 resources in Shiyang River Basin. The isotopic composition reflects how plants
401 respond to drought and water scarcity: At the ingestion point (root system),
402 differences in isotope ratios between plant species are clearly caused by
403 species-dependent strategies of plants to cope with water stress, through different
404 utilization of suitable water along the soil profile (shallow or deep) (Yakir and
405 Yechieli., 1995). This is mainly due to the differences in soil water absorption depth
406 and the time of stomatal opening in the daily cycle (Gat et al., 2007). The results of
407 MixSIAR model showed that the vegetation of different geomorphic units in Shiyang
408 River Basin had different potential water sources, and the utilization ratio of main
409 water sources was different. In the mountainous area, vegetation has higher utilization
410 of precipitation and surface soil water and less utilization of groundwater, while the
411 mountainous area has abundant water resources and provides a continuous water
412 source for the oasis in the basin, so it is necessary to improve the water connotation
413 function in the mountainous area and strengthen the construction of water connotation
414 forest, in addition, in order to reduce evaporation, mountain reservoirs can be built to
415 abandon the plain reservoirs to reduce the evaporation loss in a large area of the plain.



416 In the oasis area, agriculture irrigation consumes a large number of water resources.
417 The main use of irrigation water and farmland vegetation water in deep soil layers, so
418 it can optimize the structure of planting crops, and using advanced water-saving
419 irrigation technology, combined with the crop growing period, reasonable
420 arrangement of irrigation depth and quantity so as to improve the efficiency of
421 management, to meet the appropriate management of water resources, realize the
422 sustainable development of agriculture. In the desert area, precipitation is scarce and
423 evaporation is strong. The decline of groundwater level in this area will speed up the
424 process of ecological degradation and desertification, especially the vegetation growth
425 in the lake catchment area is affected by the ecological water transfer. In order to
426 protect the ecological environment, we can continue to do artificial ecological water
427 transport, rationally plan the spatial distribution of sand-fixing plants, and improve the
428 vegetation structure in order to preserve the ecological environment and promote
429 ecological restoration.

430 **5 Conclusion**

431 In this study, δD and $\delta^{18}O$ stable isotope methods were used to study the water
432 use characteristics of vegetation in mountainous, oasis and desert areas of Shiyang
433 River basin in arid northwest China. Precipitation and soil water are the main sources
434 of forest trees in mountainous areas, and the proportion of irrigation water
435 replenishment for woodland and farmland vegetation in the middle and lower reaches
436 of the oasis region is high. The desert area forms vegetation in the ecological water
437 transport area, and the vegetation mainly absorbs the groundwater, soil water and lake



438 water formed by the ecological water transport. On the whole, plant water use patterns
439 in mountainous areas are basically not affected by human activities, oasis areas are
440 mainly affected by irrigation activities and leakage of water conservancy facilities,
441 and the inland river terminal lake areas are mainly affected by ecological water
442 transport. As precipitation decreased from mountainous areas to desert areas, the
443 utilization of soil water by vegetation at different sampling sites gradually shifted
444 from shallow to deep layers. In addition to the important impact of precipitation on
445 the growth and development of vegetation in arid areas, human activities also
446 determine the vegetation water use patterns in the middle and lower reaches of arid
447 areas through irrigation and artificial ecological water transport. Therefore, basin
448 management should be strengthened in Shiyang River Basin to promote the orderly
449 development, effective distribution and rational utilization of water resources in the
450 basin.

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455 **Data Availability Statement**

456 The data that support the findings of this study are available on request from the
457 corresponding author, stable isotope data are not publicly available due to privacy or
458 ethical restrictions.

459 **Conflict of Interest Statement**



460 The authors declare no conflicts of interest.

461 Contributions

462 Siyu Lu: Writing-Original draft preparation; Guofeng Zhu: Writing-Reviewing and
 463 Editing; Rui Li: Data curation; Yinying Jiao: Methodology; Gaojia Meng:
 464 Visualization; Dongdong Qiu: Investigation; Yuwei Liu: Supervision; Lei Wang:
 465 Software; Xinrui Lin: Software; Yuanxiao Xu: Validation; Qinqing Wang: Software;
 466 Longhu Chen: Software.

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